

THREE SPRINGS



Helping Troubled Children Discover Lasting Solutions

Our unique methodology restores
the mind, body and spirit
by providing children with a path of self-discovery
combined with loving guidance,
support and discipline.

Helping
Troubled Children
Discover *Lasting Solutions*



The result is a success rate that is one of the best
in the adolescent treatment industry.

mind





Healing Your Child, Healing Your Family

The decision to put a child in a residential treatment program can be difficult – but not as difficult as the consequences of leaving unacceptable behavior unanswered.

Three Springs is a nationally recognized leader in youth services, founded in 1985 to provide therapy and education to adolescents experiencing emotional, behavioral and learning problems. Operating on a year round basis, we offer an atmosphere that is well disciplined, nurturing, optimistic and conducive to bringing out the fullest potential of each student. Counseling, peer group interaction and education are interrelated as our students build self-confidence, problem solving skills and personal responsibility. Children will learn to understand and deal with the emotions, causes and consequences of their behavior.

We firmly believe that our success lies not merely in statistics, but in our graduates leading healthy, happy and fulfilling lives.

Discovering Lasting Solutions

Our goal is simple – to make the children in our care well again, and not just for now, but forever. It will take patience, compassion, discipline and understanding. It will also take a diligent parent. With the parents, the student and Three Springs working together, there is hope.

Our unique methodology has resulted in an excellent success rate. The parent's role is key – participating frequently in parent support weekends, group trips, family therapy and aftercare. Attending and celebrating a child's progress through our Stage System will become important to the entire family. Also, our families network to support each other while their children are at Three Springs.

A child's success begins simply. You must make the first step. Reading this brochure is your initial step.

Our Mission

The mission of Three Springs, Inc.
is the healing and restoration of children and their families.
Every resource at our disposal, be it financial, human or operational,
is directed toward this purpose.



Our efforts will always be governed by the principles
of honor, respect, teamwork, responsibility,
accountability and honesty.

body



We believe that each individual is capable, if they choose, to acquire the skills to think, feel and behave differently. This philosophy does not dismiss the clinical validity of diagnoses and disabilities; however, our focus is on the practical realities of teaching children how to positively cope with the “here and now” in order to address individual issues.

Therapeutic and Educational Programs

With Three Springs’ reality-based approach—cognitive behavioral techniques—children will develop the problem solving, coping, self-help and socialization skills necessary to recognize and change destructive thought processes. By identifying and understanding the factors that lead to irrational thinking and unacceptable behaviors, they will be able to modify their actions.

Our Positive Peer Culture approach focuses on monitoring and modifying inappropriate and even extremely delinquent behavior problems while nurturing responsible thinking and behavior patterns. Teamwork, self-respect and responsibility to others are encouraged, praised and strengthened as we teach students to address issues in a positive and proactive manner.

While the group process is the primary intervention for lasting change, Three Springs recognizes the need for other therapeutic efforts. Psychiatric and psychological services, individual counseling, family counseling, substance abuse counseling/education, abuse victims counseling and special educational services are just a few of the additional services available to more specifically address a child’s needs.

Education also plays a major role in each Three Springs program. Each student undergoes an academic assessment upon admission. From this evaluation an educational plan is developed. Coupled with the Master Treatment Plan, the educational plan accommodates youth that require innovative teaching methods. Because our schools are accredited or licensed, students may graduate directly from a Three Springs school or transfer credit hours to local schools.



Our Creed

We believe that every person, regardless of age, social standing, sex, education or race, is a person worthy of respect, and whose dignity as a human being should be considered at all times.

We believe that every child placed in our care has a goodness and strength to be found, regardless of their problems or unacceptable behavior.

We believe that the physical and emotional health of our residents is paramount. In no case should they be subjected to undue risk or emotional damage because of our actions.

We believe in discipline based upon love and care, and that decisions affecting those in our care should never be made in anger or haste.

We believe that growth and maturation come by doing, and our residents should never be demeaned by having done for them what they can do for themselves.

We believe that each person involved in our treatment program, be they parent, child, social worker, probation officer, counselor or friend is a part of a cooperative team, and that little can be accomplished without the valuable contribution of each team member.

We believe in truth, whatever the potential for embarrassment.

We believe in fairness, knowing that decisions are never fair to all people all of the time.

We believe in building bridges, rather than burning them, and developing friendships based upon understanding and care for others.

We believe in goals and commitment; for without them our lives are undisciplined and non-directed.

spirit



Caring Professionals



Dedicated to Helping Children

You want only the best for the children in your care – that’s why you’re concerned with getting them the best help available. And that is why we set up strong safeguards for our students by hiring the best counselors, family service providers and staff members in our field.

Three Springs’ highly qualified staff has a minimum of a Bachelor of Arts or Sciences as well as field-specific training and extensive Three Springs training. Direct Care Counselors, who work with students on a daily basis, hold a bachelor’s degree or greater in a social science field or therapeutic recreation. Family Service Workers, who work with the whole family, typically have a minimum of a master’s degree in counseling or a related field of study. All programs are also staffed with consulting psychologists and psychiatrists.

In addition to their prior education and yearly on-going training, the Three Springs staff is required to attend our counselor orientation training. This intensive program-specific training assures continuous growth and development of staff teamwork and skills.

All Three Springs programs meet local, state and/or national accreditation and licensure requirements.

Outdoor Therapeutic Programs

Three Springs has both short and long term Outdoor Therapeutic Programs (OTPs). A rural, rustic setting, active physical life, natural and logical consequences, mutual respect, positive peer influences and a safe and nurturing environment are all important qualities of these programs. Our students learn self-respect as they graduate through a series of stages and tackle the challenges offered to them. The setting itself allows adolescents experiencing emotional and behavioral difficulties to safely begin to discover their hidden potential by learning about their personal strengths.



Transitional Living Programs

Sometimes even after a successful stay in a residential treatment program there are remaining issues that need to be addressed. Children enter a transitional living program to do just that, transition. Even though a number of important skills and attitudes may have been adapted through other programs, it is in a transitional living program and “real life” situations that these skills are put to the test.

These programs assist individuals in need of a step-down program or transition back to their home, community, independence or whose therapeutic needs do not warrant long-term treatment.



Secure Residential Programs

Three Springs' secure residential programs are intended for adolescents who have a history of severe emotional and behavioral problems. These Three Springs programs are recommended for children who need a safe, secure program that can help them receive the treatment they so desperately need. Many of the children who necessitate this kind of therapy and supervision fail at less structured facilities. Both the severity of a child's condition and their personal needs vary from child to child. Consequently, secure residential care at Three Springs is tailored to meet the needs of each and every child.



Juvenile Justice Programs

Three Springs has become a leader in providing real solutions to some of the most difficult issues facing juvenile authorities.

Our adolescent programs have been helping states find solutions for troubled children for over 15 years. Operating in numerous states around the country, each program is created to service a specific population of troubled child.

Three Springs operates a number of different program styles. These include: Long Term Outdoor Therapeutic, Short Term – Outdoor High Impact, Short Term – 90 Day Residential, Therapeutic Vocational Programs, Sex Offender Programs, Intensive Secure Residential, Substance Abuse and Emergency Shelters. Many of our open admission programs can also accept children from out of state, giving juvenile authorities the flexibility to place a specific child in one of our existing programs.

The Next Step

The process to determine the best Three Springs' treatment program for a child begins with a confidential, personal interview with Three Springs' staff. The goal is to thoroughly understand the family as well as the child to help you better understand the different types of Three Springs' programs and which might best suit a child's particular needs. Call today. We've helped thousands of troubled children discover lasting solutions—but it begins with you.

mind



Helping
Troubled Children
Discover *Lasting Solutions*



*We're here to help parents, professionals and children
find lasting solutions, and a confident future.*

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