



NATSAP | 2011 DIRECTORY

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NATSAP | About The National Association of Therapeutic Schools and Programs

NATSAP was created in January of 1999 to serve as a national resource for programs and professionals assisting young people beleaguered by emotional and behavioral difficulties. NATSAP publishes a directory annually to inform professionals, programs, and families about the many residential placement alternatives available to help struggling young people.

Listed alphabetically, the schools and programs in the *2011 Directory* are diverse. From boarding schools and residential treatment centers to wilderness programs and group homes, the directory's listings offer a wide range of programmatic types, lengths of stay, and services to meet the needs of a variety of troubled young people. The upper section in each listing provides the reader with pertinent contact and program information, while the paragraph section is split into three parts describing operational philosophy, candidate and population specifics, and an overview of how services are provided.

Matching the services of a particular school or program to the specific needs of a young person is arguably the most important decision that will ever be made on behalf of that young person. The NATSAP directory is not intended to supply enough information to make a placement. NATSAP encourages programs, professionals, and families to have appropriate academic and psychological testing conducted and to use multiple informational resources before suggesting or pursuing a placement for any young person in any program.

Each young person has his or her own specific needs that must be determined in detail before placement in any program is appropriate. Since NATSAP has no means of determining the needs of young people whose counselors or families may be using this directory, we do not recommend specific programs.

The National Association of Therapeutic Schools and Programs is a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people. NATSAP is not an accrediting or licensing body. All members are either licensed by their respective state, or accredited by one or more nationally-recognized accreditation bodies. All programs listed in the *2011 Directory* are members as of March 31, 2011.

Ethical Principles

Members of the National Association of Therapeutic Schools and Programs (NATSAP) provide residential, therapeutic, and/or education services to children, adolescents, and young adults entrusted to them by parents and guardians. The common mission of NATSAP members is to promote the healthy growth, learning, motivation, and personal well-being of program participants. The objective of member therapeutic and educational programs is to provide excellent treatment for program participants; treatment that is rooted in good-hearted concern for their well-being and growth; respect for them as human beings; and sensitivity to their individual needs and integrity.

Therefore, all NATSAP member programs strive to:

1. Be conscious of, and responsive to, the dignity, welfare, and worth of our program participants.
2. Honestly and accurately represent ownership, competence, experience, and scope of activities related to our program, and to not exploit potential clients' fears and vulnerabilities.
3. Respect the privacy, confidentiality, and autonomy of program participants within the context of our facilities and programs.
4. Be aware and respectful of cultural, familial, and societal backgrounds of our program participants.
5. Avoid dual or multiple relationships that may impair professional judgment, increase the risk of harm to program participants, or lead to exploitation.
6. Take reasonable steps to ensure a safe environment that addresses the emotional, spiritual, educational, and physical needs of our program participants.
7. Maintain high standards of competence in our areas of expertise and to be mindful of our limitations.
8. Value continuous professional development, research, and scholarship.
9. Place primary emphasis on the welfare of our program participants in the development and implementation of our business practices.
10. Manage our finances to ensure that there are adequate resources to accomplish our mission.
11. Fully disclose to prospective candidates the nature of services, benefits, risks, and costs.
12. Provide informed, professional referrals when appropriate or if we are unable to continue service.

Program Definitions

Boarding Schools (Emotional Growth, Therapeutic) – These schools generally provide an integrated educational milieu with an appropriate level of structure and supervision for physical, emotional, behavioral, familial, social, intellectual and academic development. These schools grant high school diplomas or award credits that lead to admission to a diploma granting secondary school. Each school will vary in their approach to the emotional and behavioral needs of the child and we urge parents to review this approach with the professional that has been working with their child to ensure appropriate placement. Placement at these boarding schools can range from 12 months to 2 years depending on the program's therapeutic components.

Outdoor Behavioral Health (Wilderness Programs and Outdoor Therapeutic Programs)
Most outdoor behavioral health programs subscribe to a variety of treatment models that incorporates a blend of therapeutic modalities, but do so in the context of wilderness environments and backcountry travel. The approach has evolved to include client assessment, development of an individual treatment plan, the use of established psychotherapeutic practice, and the development of aftercare plans. Outdoor behavioral health programs apply wilderness therapy in the field, which contains the following key elements that distinguish it from other approaches found to be effective in working with adolescents: 1) the promotion of self-efficacy and personal autonomy through task accomplishment, 2) a restructuring of the therapist-client relationship through group and communal living facilitated by natural consequences, and 3) the promotion of a therapeutic social group that is inherent in outdoor living arrangements.

Residential Treatment Centers – The focus of these programs is clinical treatment with both academic and behavioral support included. Medication management and medical monitoring is generally available on-site. These facilities treat children and adolescents with serious psychological and behavior issues. Many programs are accredited by one or more nationally recognized accreditation bodies. These facilities provide group and individual therapy sessions. They are highly structured and offer recreational activities and academics. Specialty residential treatment centers will include psychiatric and behavioral hospitals that will provide a description of their special services.

Small Residential Programs – are designed to serve fewer than 30 students in nurturing, often family-like settings. Small residential programs offer a holistic therapeutic milieu, which is based upon the relationships formed and the social dynamics created in small, intimate environments. These programs offer appropriate levels of structure and supervision for the emotional, social and academic development of their students. These programs often incorporate life skills training, academic instruction, outdoor adventure, recreation, and family involvement into an experiential living environment. Small residential programs often maintain an area of specialty for the students they serve.

Transitional Independent Living / Young Adult Programs – are designed for young people over 18 needing a safe, supportive environment and life skills training as they transition into adulthood. Many offer access to 12-step programs and may have a psychiatric component. Generally they will offer educational programs that are linked to community colleges or universities or provide schooling at their location. Volunteering, employment arrangements, community service and re-integration into the community at large are general components of the programs. Many operate on a small residential model and transition to a community based, independent living apartment model.

Questions to Ask Before Making A Final Placement Selection

NATSAP's Role

NATSAP is not a referral or placement agency. We are a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people.

About NATSAP's Members

NATSAP's membership is comprised of programs, both established and new, that have made a commitment to following national standards.

All programs applying for membership or renewing in NATSAP must:

1. Be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally accredited behavioral health accreditation agency — Joint Commission, COA, CARF, NIPSA - Therapeutic
2. Have therapeutic services with oversight by a qualified clinician
3. Aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice

Questions to Ask Before Making A Final Placement Selection

You will probably never have to make a more important decision in your life than placing your child in a residential treatment facility, whether it is a therapeutic boarding school, a wilderness/ outdoor behavioral program or a residential treatment center. As we have indicated on our web site and provided in many of our articles, we presume you have explored all options before deciding to send your child to a residential program. By now, you have selected one or more that you believe will best serve your child. Before making that final decision, we highly recommend that you take the time to explore the following very important areas concerning your child's care in the facility. We urge you not to make a decision until you have explored all of these factors.

Overall

- What makes your program a good choice for my child (medical, therapeutic, academic factors)?
- What kind of supervision is there as the child progresses through the day?

Admissions

- What are your admission criteria?
- What criteria exclude a child from consideration?
- When will space be available? How many?
- What patient consents are needed, if any?
- What play/entertainment activities are available?
- Who reviews my child's application? What are their credentials?
- What are the costs? What does this cost cover?
- Are there additional costs? If so, what are they?
- How long will the admissions process take?
- Who will I be meeting during the admissions process?
- Will I be able to say goodbye to my child after the admissions process is complete?

Questions to Ask Before Making A Final Placement Selection

Licensing and Accreditation

- Are you licensed by the State? What type of license? What State office issued the license?
- Are you accredited by a mental health agency, such as Joint Commission (JCAHO), Council on Accreditation (COA), Commission on Accreditation of Rehabilitation Facilities (CARF), National Independent Private School Association (NIPSA)
- Do you have a Clinical Director? What are his/her credentials? May I meet him/her? What is their degree of involvement with the child? Are they on-site full-time?
- What are the credentials of the staff that will be working with my child? Specifically the credentials of the counselors and/or therapists. Are they certified? Licensed within your State?
- With what organizations are you affiliated?

Therapeutic Model/Clinical

- Is there a description of your therapeutic model using terminology one can use to gain a better understanding through further research?
- How would you describe your therapeutic model? How is the child's behavior shaped?
- Will my child be receiving clinical therapy? How often?
- What will be expected of the parents during the program?
- Do you provide family therapy? How is it executed?
- Do you provide group therapy? If so, who facilitates the therapy sessions? Are there specific group therapies offered? (i.e. adoption issues, drug/alcohol abuse, etc.)
- How is my child's progress judged? Who participates in determining my child's progress?

If applicable:

- By what means will the child improve their understanding of their true nature? Be able to sense the onset of issues? Be able to cope with these issues?
- How closely involved are the psychiatrists/medical staff involved? What is the link between the neurological assessment and medication and the therapeutic components of the treatment and between the medical and therapeutic staff?

Academics

- Do you provide an academic curriculum?
- If so, what is the core curriculum?
- Are you accredited by a national or regional accrediting agency? Is this accreditation through a 3rd party? If so, what is their name?
- Do you have teachers? If so, are they certified or licensed within your State? Academic qualifications? Special Ed qualifications?
- How many students are in a class?
- Is your academic curriculum internet/computer based?
- Do you offer high school credits that can be transferred to other educational institutions?
- Do you award high school diplomas? Of the graduates, what percentage go to college? What do the others do?
- Any vocational training? Vocational certificates?
- What accommodations are available for needs defined by IEPs or by their equivalences?
- How heterogeneous are the classes? How much individual instruction is the norm and how are varied skill levels accommodated?

Questions to Ask Before Making A Final Placement Selection

Academics (Cont'd)

- What percentage of your student body fails courses they do not like?
- Will a student transitioning to a public school at the same grade level be on a par academically?
- Is the academic program a 12-month program?
- Regular homework? If so, how is its accomplishment managed?

If applicable:

- Do any neuro-psychological or therapeutic assessments influence the teaching style?

Medical

- Can my child be on medication while at your facility?
- Who is responsible for the medication management? His/her credentials?
- Where is the medication stored? Who has access to the medication?
- Who administers the medication? What is their training?
- How will the efficacy of the child's medication be assessed both initially and thereafter?
- If applicable:
- Will there be a physiological/neurological component and how will that be used to inform the choice of medication? How/when will the parents be notified?
- How does the interaction between the medical (and medicinal), therapeutic, and academic staff insure integrated treatment?

Direct Care Staff

- What type of training is provided to your direct care staff?
- What are their duties and qualifications?
- Do you perform background checks? Who does the background check? How extensive is it?
- Do you provide on-going training for your staff?
- What is the staff experience level and qualifications and what is the staff's stability?

Risk Management

- What measures do you have in place to keep my child safe?
- What are your discipline procedures with resistant students? How are outbursts handled and what means are used to obtain control? Quiet room upon request? Locked room? Restraints? Sedation?
- How do you deal with risk-taking behaviors? (i.e. running away, self-harm, etc.)
- Will my child be exposed to other students that have more negative behaviors? Will children with criminal pasts interact with my child?
- What if my child becomes ill? Do you have a nurse on staff? Will you transport my child to medical facilities? In case of a medical/psychological emergency, how close is the nearest fully capable emergency facility?
- How do you handle children at risk of suicide?
- What special programs do you offer, for example, for children that have experimented with drugs?
- What steps do you take to negate risky behavior—for example, checking medication?
- How do you handle allegations of abuse? What protections are there for the children and staff? How high in the organization does the person handling abuse complaints report to?

Questions to Ask Before Making A Final Placement Selection

• Questions for Specific Program Types

- *Short Term Outdoor/Wilderness Program*
 - How do you handle severe weather?
 - How do you handle emergencies?
 - What type of food do you provide?
 - How do you manage personal hygiene?
- *Long Term Residential Specific*
 - Are you a locked facility? Locked for how long? Any opportunity to go outside? To play sports? What relief is offered?
 - Is there 24-hour awake staff supervision?
 - How often will I see my child?
 - Will I be able to speak with my child on the telephone?
 - Will I be able to write and receive letters?
 - What is the reporting structure to parents? Periodic? At decision points?
 - Who is the parental point of contact?
 - How are parents kept in-the-loop? What are parental roles and expected interactions, if any? What are the parents to avoid?

Success Rate / Outcomes

- What is your success rate?
- Do you administer an outcome study? If so, what is that data?
- Do you have students return to your program? What percentage?
- What percentage of your graduates are subsequently hospitalized?
- What constitutes successful treatment? What criteria are used to evaluate the degree of success achieved? Who evaluates success?
- What percentage do not succeed therapeutically after spending enough time so that more time would not help? What percentage of your graduates return?
- How much follow-up do you do and what kind of data do you collect?

Transition / Next Step

- How many of your students return home after the program? If they don't return home, where do they go?
- Will your program help us assess what is the next best step? The kind of care required in the next step?
- Will I need an educational consultant to plan a next step? Do you compensate an educational consultant for any reason?
- Do you provide aftercare?
- If there are transitions between discrete components of the program, how is continuity maintained?
- If the child will transition to an outside program, what arrangements will be made to prepare the child for a smooth transition?
- How will your products (e.g., reports/assessments) be useful in the next step?
- Do you help prepare the child for the activities of daily living?
- When pertinent, how do you assist re-integration into the family?

More Information

NATSAP has more information on the selection of the appropriate placement plus other important information on our web site www.natsap.org. We encourage you to review the Parent and Referring Professional section of our web site.

NATSAP Alumni Advisory Council

The **NATSAP Alumni Advisory Council** is committed to establishing and promoting excellence in both national standards for therapeutic programs and in aiding NATSAP to guide individual member programs to strive for and achieve the highest possible excellence in care and treatment. We have all had an amazing experience, which did not come from a cookie-cutter approach to healing, recovery or therapy. Our lives have been impacted by people and relationships, which brought options, alternatives and opportunities to grow and change in environments best suited to us as unique individuals and families.

NATSAP Board Liaison: John Stewart

Alumni Advisory Council Parents

Sue Barnes
Donelyn Gamble
Terri Elise Goldstein
John Reuben
Susan Reid
Bob Sloan

Alumni Advisory Council Students

Ruth Chiasson
Kristen Gourley
Monica Miller
Jess Simmons

Dear Parents, Students and Referring Professionals,

We are writing to you as parents and students impacted by emotional, behavioral, relational and developmental conditions which devastatingly hijacked our families.

As parents, our search for and discovery of places, which could offer the safety, resources, and caring, professionally staffed programs designed to promote healing and recovery for our entire family, not just the individual, was the biggest gift we could imagine. Sadly, for some of us, we were unable to find the combination of those critical safeguards in our own communities. When our child began treatment our journey as parents was anything but easy or quiet. It unexpectedly, and even at times discouragingly, proved to be a blessing.

As student alumni of treatment programs, we have been impacted by a variety of caring professionals who helped us to help ourselves. The success we achieved came from our own character, but was not something that we knew how to channel in a positive way on our own. The skills we have gained from our trials and tribulations and the courage to overcome them have enabled us to become the strong, successful, and happy young adults that we are today. We are thankful that we had an opportunity — whether we saw it when we began treatment or not — to better ourselves.

If you are reading this letter, you may be in a place of uncertainty or fear; you may be researching or exploring possibilities; you may be searching for peace or identity. Please remember that there are many others of us who have walked this path before you, are willing to walk it alongside you, and that there is hope. We urge you visit the parent information available on the NATSAP website www.natsap.org/to_parents.asp. You will find useful resource material including *Questions to Ask Before Making a Final Placement and Selecting the “Right” School/Program*.

With much hope for your future and the future of those you care for, The NATSAP Alumni Advisory Council

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*Young Adult Affiliate Program

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**Young Adult Affiliate Program*



NATSAP | Member Programs

Full Members

Program/Schools with full membership status have served program participants for more than 2 years, serve adolescents and/or young adults, and must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally recognized behavioral health accreditation agency
- have therapeutic services with oversight by a qualified clinician
- aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

Associate Members

Program/Schools with associate membership status have served program participants for less than 2 years and must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally recognized behavioral health accreditation agency
- have therapeutic services with oversight by a qualified clinician
- aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

Young Adult Affiliate Membership

Program/Schools that are exclusively designed to work with young adults aged 18 and older and are unlicensed and unaccredited. Also:

- therapeutic services implemented by a state-licensed mental health provider
- must aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

Academy at Sisters

(Therapeutic Boarding School)

CONTACT

Phone: (800) 910-0412
 Executive Contact: Stephanie Alvstad
 Admission Contact: Chesley Strowd or
 Denise Kelly-Simpson
 Email: cstrowd@academyatsisters.org
dksimpson@academyatsisters.org
 Fax: (541) 389-2897 (Read Campus)
 (541) 585-1511 (Lodge Campus)
 Address: PO Box 5986
 Bend, OR 97708-5986
 Website: www.academyatsisters.org

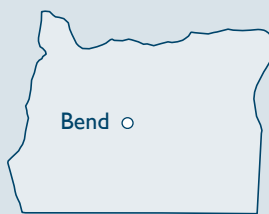


NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13 to 18
 Grades: 8 to 12
 Enrollment: 25 (Read Campus)
 30 (Lodge Campus)
 Duration: 14 to 18 months
 Founded: 1995



Bend ○

Airport: Redmond

Academy at Sisters is a small therapeutic boarding school serving adolescent girls with mental, emotional, behavioral and academic issues since 1995. We help teens struggling with: anxiety, depression, adoption, PTSD/trauma, RAD, ODD, Bi-polar, grief & loss, family conflict, promiscuity, running away, poor peer associations, lying /stealing/manipulation, some drug/alcohol use, ADD/ADHD, academic decline, LD, truancy, and more.

We have two campuses to better serve our clients and families. Located in beautiful Bend, Oregon, recreational opportunities abound every season with everything from snowboarding and cross-country skiing to rock climbing, rafting, caving, horseback riding, hiking and mountain biking. Our students have many opportunities to learn the lessons that nature has to teach in all of these recreational pursuits.

AAS promotes positive and healthy alternatives to the current teen lifestyle and patterns that have become habituated within the struggling teen and family system. We believe that every young woman deserves an opportunity to become aware of her internal dialogue and negative patterns that affect her daily interactions with others in order to discover new paths to creating the outcome and choices she desires. Each troubled teen at AAS learns to take accountability for her actions, develop trust and integrity while developing empathy for others. Our students participate in Community Service Projects and later have the opportunity to volunteer at a place of their choice. This fosters a sense of awareness and connection to their community and allows students to naturally cultivate compassion and empathy for others.

AAS helps to unlock the potential of each young woman using individualized treatment plans and goals specific to her needs. We offer an Equine Assisted Psychotherapy Group with OK Corral Certified Facilitators, other therapeutic and specialty groups, and individualized sessions with on-staff Licensed Psychologist & Case Manager. We utilize CBT, DBT, Motivational Interviewing, Transtheoretical Model of Change and other validated best practices to ensure the internal motivation and success of each girl.

AAS provides a strong Family Component as an integral part of each student and family's success. We support parents through a variety of weekly and quarterly Conference Calls with progress reports, bi monthly Family Groups, quarterly Parent Workshops (New, Intermediate & Transitional), and many Parent Visitation Weekends. Additionally, we provide complimentary coaching sessions with an ICF Certified Parent Coach as well as Individual Family Therapy and Equine Family Therapy with our Licensed Clinical Psychologist.

Our innovative Academic Program employs a Proficiency Based Model with experiential learning in a small classroom setting with many resources. Our model ensures that all of our students achieve individual success and accomplishments by becoming aware of their learning styles and how to build on their personal strengths and compensate for any weaknesses. We accommodate those with Learning Disabilities as well as the over-achiever and are committed to all students becoming life-long learners.

AAS provides students and families with a combination of skill-building, support and implementation of the tools they've learned in an increasingly realistic setting as students move through the program and attain the privilege of going to the local high school, participating in extracurricular activities and going on home visits, all while receiving the support and guidance of the Academy at Sisters.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Child Caring Agency; Northwest Accreditation Commission; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; Northwest Network for Youth (NNY); Oregon Alliance of Children's Programs; Coalition of Advocates for Equal Access for Girls National Network for Youth

Academy at Swift River

(Therapeutic Boarding School)

CONTACT

Phone: (800) 258-1770
 Executive Contact: Paul Hickling
 Admission Contact: Rhonda Papallo
 Email: admissions@swiftriver.com
 Fax: (413) 634-5300
 Address: 151 South Street
 Cummington, MA 01026
 Website: www.swiftriver.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 14 to 18
 Grades: 9 to 12
 Enrollment: 107
 Duration: 12 to 20 months
 Founded: 1997



NATSAP

Member Since: 1999



Airport: Hartford or Albany

The Academy at Swift River is a clinically-oriented, therapeutic co-educational boarding school in the Berkshires for college bound adolescents (ages 14 - 18) with emotional and/or behavioral difficulties. Our mission is to help teens to get back on track by restoring relationships, rediscovering academic success, and to prepare them for the challenges of adolescence and young adulthood.

In addition to rigorous college preparatory academics, our students receive weekly counseling and participate in group counseling several times per week. The Academy at Swift River utilizes an innovative therapeutic structure, or level system, called the Life Phase Model® that incorporates an established theory of change known as the Stages of Change by Prochaska, Norcross & DiClemente. Our master's level clinical counselors employ a range of cognitive-behavioral approaches within a psychodynamic-relational context. Specialized treatment groups include Dialectical-Behavior Therapy Skills Training, Adoption, and Relapse Prevention. Students also participate in onsite Alcoholics Anonymous mutual help support groups. Students also have access to psychiatric consultation and medication management.

Moving beyond an individual problem-child model, counseling staff at Academy at Swift River view students past and current functioning from the lens of the family system. Through weekly telephone calls, onsite workshops, and family sessions, our clinical counselors use a psychoeducational approach to help parents understand and alter parenting styles and maladaptive family dynamics.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commonwealth of Massachusetts Department of Early Education & Care Licensed to operate a Group Care Program; Mohawk Trails Regional School System - Private School; Commission on International and Trans-Regional Accreditation (CITA); Approved by SEVIS; CARF International Accreditation

Professional Affiliations: NATSAP-Full Member; SBSA; SSATB

Adirondack Leadership Expeditions

(Wilderness Program)

CONTACT

Phone: (518) 897-5011
 Executive Contact: Robert F. Theisen, Ph.D.
 Admission Contact: Patrick McAvoy
 Email: admissions@adkle.com
 Fax: (518) 897-5017
 Address: 82 Church Street
 Saranac Lake, NY 12983
 Website: www.adkle.com

PROGRAM OUTLINE

Gender: Single Gender: and
 Coeducational Group
 Ages: 13 to 17
 Grades: N/A
 Enrollment: 8 per group maximum
 Duration: 50 - 55 day average
 Founded: 2003



NATSAP

Member Since: 2004



Airport: Burlington, Vermont, Albany, NY

Adirondack Leadership Expeditions is an intensive, outdoor-based, character development program that promotes personal growth through a focus on insight-oriented experiences. The forested, mountain setting removes distractions and supports students in the development of healthy relationships, critical thinking skills and self-worth. Our dedicated mentors and counselors work shoulder-to-shoulder with students while challenging them to address personal issues and achieve far more than they expect of themselves in a safe and nurturing environment.

Adirondack Leadership Expeditions creates a challenging yet safe environment for students 13 through 17 years old where they face a range of emotional and behavioral concerns. This includes: low self-worth, entitlement, manipulation, academic decline/learning differences, ADHD, family conflict, adoption issues, maladaptive coping strategies, substance abuse, mood disorders, oppositional defiance, problems with relationship/attachment, trauma, negative peer group and technology addiction.

Wilderness moves students out of their "emotional comfort zone" and requires them to use different skills in order to care for themselves. The simplicity of the wilderness environment helps them to recognize the results of their choices and try different strategies to get their needs met. Our goal is to teach participants to honestly reflect on their personal strengths and challenges and to use this as a base for building critical thinking skills, healthy relationships, and self-worth. This is accomplished through an intensive individualized program of daily processing groups, individual and group therapy facilitated by a Master's Level Therapist, participation in initiatives and experiential tasks, and the implementation of natural and logical consequences. Psychological and educational testing is available. Through this process, Adirondack Leadership Expeditions provides the best possible foundation for the student's next step in life.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of New York, Department of Health

Professional Affiliations: NATSAP-Full Member

Alpine Academy

(Residential Treatment Center)

CONTACT

Phone: (800) 244-1113
 Executive Contact: Janet Mulitalo
 Admission Contact: Christian Egan
 Email: jmulitalo@youthvillage.org
 Fax: (435) 843-5416
 Address: 1280 Whispering Horse Drive
 Erda, UT 84074
 Website: www.alpineacademy.org

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 to 17
 Grades: 7 to 12, PG
 Enrollment: 54
 Duration: 6 to 18 months
 Founded: 2001



NATSAP

Member Since: 2001



Salt Lake City

Airport: Salt Lake City

Alpine Academy is a Residential Treatment Center serving girls ages 12-17. At first glance, you'll know Alpine Academy is different. Our 30-acre campus sits at the base of a spectacular mountain range. Six beautiful homes surround our academic & administrative building, an outdoor sports field, community garden, and large riding pastures. We believe our peaceful location is part of what makes our healing process work – the open spaces, clean air and beautiful mountains help to create a calm and safe environment where change can occur.

Girls who are referred to our program are often experiencing emotional and behavioral problems which may include, but are not limited to: Depression, Reactive-Attachment Disorder, low self-esteem, academic struggles including learning disabilities, adoption issues, Post-Traumatic Stress Disorder, Bipolar Disorder, and traits of developing personality disorders. Exclusionary criteria include: violent tendencies towards self or others, extreme runaway risk, primary diagnosis of substance abuse, adjudication or full-scale IQ of less than 80.

All aspects of our treatment program utilizes a cognitive-behavioral approach, including the following elements: LIFE (Learning in a Family Environment) skills teaching, intensive clinical work that includes individual, group, and family therapy, on-site psychiatric services and transition-focused therapeutic family weekends. Alpine offers a variety of experiential therapy interventions as well: equine-assisted psychotherapy, specialty groups, and independent living training are all part of our curriculum. Our Healthy 4 Life program includes elements of Fitness, Nutrition, Leisure & Recreation, and Service.

Alpine Academy is an accredited school with NAC and is certified as a non-public school in California. We are able to service existing IEP's for girls with a variety of special academic needs. Our principal, guidance counselor, and NCLB highly-qualified teaching staff are committed to providing a high-quality academic setting that completes the individual treatment needs for each girl. Small class sizes, individual tutoring time, a variety of elective class choices, credit recovery/remediation, weekly academic outings focused on hands-on learning, and opportunities for advanced course work are all critical elements of our individualized treatment approach.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission; California Non-Public School Accreditation; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member, NAPSEC-Full Member, Teaching-Family Association Sponsor Site; Member of Independent Small Programs Alliance, Utah Private Providers Association

ANASAZI Foundation

(Wilderness Program)

CONTACT

Phone: (800) 678-3445
 Executive Contact: Michael J. Merchant
 Admission Contact: Virginia Robinson
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 Fax: (480) 892-6701
 Address: 1424 S. Stapley Drive
 Mesa, AZ 85204
 Website: www.anasazi.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: Youth (12-17),
 young adults (18-25)
 Grades: 8 to 12
 Enrollment: 40
 Duration: 42 days minimum
 Founded: 1988



NATSAP

Member Since: 2002



Airport: Phoenix

The mission of the non-profit ANASAZI Foundation is to prepare parents and children to turn their hearts to one another and walk in harmony in the wilderness of the world.

ANASAZI Foundation's Joint Commission-accredited behavioral health care services are effective for adolescents and young adults with mood disorders, behavioral concerns, attachment disorders and/or adjustment difficulties. Treatment addresses depression, anxiety, oppositional behavior, substance abuse, relational problems, school failure, self-harming behaviors (eating disorders, cutting, suicidal ideation, etc.), poor social skills, lack of motivation, entitlement, and other issues related to a lack of self-regulation and moral identity.

Youth and young adults whose parents are willing to play an active role in treatment are more likely to achieve the desired outcomes. Parents participate in an admissions-day orientation; attend a relationship workshop; consult weekly (via phone or in person) with their child's therapist; and join their child in the wilderness for the final two nights/three days of the program.

ANASAZI also encourages the consideration and exploration of the spiritual component of one's life as a part of treatment. The choice to include spirituality is purely voluntary. ANASAZI does not endorse or favor a particular religion or belief system.

Founded by wilderness therapy pioneers Larry Olsen and Ezekiel Sanchez, the nurturing approach at ANASAZI summons introspection and personal responsibility—it powerfully invites a change of heart that promotes a lasting change of behavior. Treatment is individualized and provided by a licensed and credentialed staff specializing in child and adolescent psychology, marriage and family therapy, social work, nursing, and experiential education. Staffing ratios are 2:1, and group sizes range from 3-8. Outpatient, aftercare, and alumni services are available to support and sustain changes made while at ANASAZI. Fees may be covered by insurance, and financial aid is available for families in need. Admissions occur every week, year-round.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Joint Commission, Arizona Department of Health Services, Office of Behavioral Health Licensing, Level II Behavioral Health Care Provider

Professional Affiliations: NATSAP-Full Member; OBHIC; NSC

Applewood Academy for Progressive Learning

(Therapeutic Boarding School)

CONTACT

Phone: (613) 962-1042
 Executive Contact: Terry Stevenson
 Admission Contact: Cara Pinchuk
 Email: info@swa-qch.com
 Fax: (613) 967-3998
 Address: 72 Orchard Drive
 Belleville, Ontario-CA K8P2K7
 Website: www.applewoodacademy.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 6 - 18
 Grades: K - 12
 Enrollment: 60
 Duration: 3 Years
 Founded: 2001



NATSAP

Member Since: 2009



Belleville Ontario
CANADA

Airport: Toronto or Ottawa International

Applewood Academy's mission is to maintain academic placements through the development of therapeutic relationships, the application of behavioral management techniques, the implementation of individualized learning programs, and continuous clinical and academic support. It is our vision that children with specialized treatment needs will have access to high quality, compassionate, and therapeutic educational programming that allows for the simultaneous delivery of educational and therapeutic interventions.

Applewood Academy for Progressive Learning's students experience difficulties attending traditional academic placements. Often they are identified as having learning disabilities, mild to moderate intellectual deficiencies, developmental disabilities, behavioral, mood and/or anxiety disorders, or autism.

Applewood Academy for Progressive Learning provides short and long term educational/therapeutic programming for students in this situation. We understand the challenges that families face with traditional academic settings. We work through a multidisciplinary treatment team to treat the underlying mental health issues, create a positive learning environment for the student and maximize the student's learning potential. Applewood Academy for Progressive Learning is open to any child in need. Any parent or guardian in the community may refer their child to Applewood Academy.

Educators, Mental Health staff, and Parent Therapists are the primary providers of Applewood's treatment-based educational programming. Applewood's success is based on the belief that educators, in combination with trained mental health professionals, clinical staff, and parents/guardians are the facilitators of learning and that everyone is an important member of the treatment team. The program monitors a variety of outcome measures, and provides the simultaneous delivery of individualized treatment goals along with Ministry approved academics appropriate to the needs of the individual child. The residential component is delivered via the Parent Therapist (with Child & Youth Worker support within a family modeled home) caring for up to 6 youth in each home.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Approval: Ontario Ministry of Children & Youth Services; Commission on Accreditation for Rehabilitation Facilities (CARF); Ontario Ministry of Education

Professional Affiliations: NATSAP-Full Member; Ontario Federation of Independent Schools; Ontario Association of Residences Treating Youth

Aspen Institute for Behavioral Assessment

(Specialty Psychiatric Hospital)

CONTACT

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 Toll Free: (866) 808-3088
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 sbaldwin@aspenassessment.com
 Admission Contact: Randi Nelson
 Email: rnelson@aspenassessment.com
 Fax: (801) 825-8222
 Address: 2732 W. 2700 S.
 Syracuse, UT 84075
 Website: www.aspenassessment.com

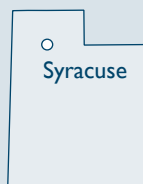


NATSAP

Member Since: 2010

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17
 Grades: N/A
 Enrollment: N/A
 Duration: 4-6 weeks
 Founded: 2007



Airport: Salt Lake City

The Aspen Institute is a comprehensive therapeutic assessment facility licensed as a specialty psychiatric hospital. The ages of the resident range from 13-17 years old. The mission of the therapeutic assessment is to diagnosis, and develop an action plan for the short and long term treatment of the struggling adolescent. The diagnostic profile served at the Institute includes the full spectrum of mental health disorders, including co-morbid medical issues. The assessment is achieved via psychotherapy, psychological testing, classroom assessments, therapeutic milieu, and psychiatric stabilization. The therapeutic assessment consists of two hours of individual therapy, one hour of family therapy and five hours of group therapy by fully licensed therapists. Weekly psychiatric sessions occur for medication management and full psychiatric evaluation. Furthermore, each child is seen by a psychologist who will perform a variety of academic, and psychological, newro-psychological assessment to further define ways to help the adolescent to reach a full sense of well-being. Throughout the process of the therapeutic assessment the therapist will have frequent contact between the family and their professional providers. At the end of the therapeutic assessment, each family will have a “roadmap” to guide them through the next stage of treatment and life.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: JCAHO, Utah Department of Health

Professional Affiliations: NATSAP-Full Member

Aspen Ranch

(Residential Treatment Center)

CONTACT

Phone: (877) 231-0734
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 Fax: (435) 836-2277
 Address: P.O. Box 369
 2000 W. Dry Valley
 Loa, UT 84747
 Website: www.aspenranch.com



NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 18
 Grades: 9 to 12
 Enrollment: 80
 Duration: 6 to 12 months
 Founded: 1995



Loa

Airport: Salt Lake City

Aspen Ranch provides a safe environment for troubled adolescents in need of therapeutic and academic assistance. Through experiential learning, self-examination, and community building, we teach students to develop a sense of their talents and capabilities, to value the gifts of others, and to make meaningful contributions to their families, friends, and society. We believe that academics are therapeutic and essential in the growth and progress of a student. Our objectives for students include education, self-awareness, self-mastery, values clarification, self-esteem, sobriety, teamwork, responsibility, decision-making, coping, and fun.

Aspen Ranch is a residential treatment center for boys and girls ages 13-18 who experience a wide variety of emotional, academic, and behavioral problems. Our high school curriculum offers a healthy balance between the development of group skills and a focus on self.

Aspen Ranch is deeply rooted in the philosophy of the work ethic, particularly as pertaining to ranch-type chores, including animal care, fence repair and maintenance, crop irrigation, carpentry, landscaping, and other similar duties. Participating in ranch activities is both therapeutic and recreational. The primary focus of these activities is character development, education, discovery or enhancement of skills, and enjoyment. Students primarily work with horses while at the Ranch. Each student's work with horses can be among his or her most memorable time spent at Aspen Ranch. Students can learn to ride, general horse care, and more advanced techniques such as ground work, basic training skills, assisting with birthing, medicating sick or injured animals, and farrier (shoeing) work. While the coursework and treatment offered are individualized for specific student needs and abilities, Aspen Ranch's program focuses heavily on group process. Each week students work individually with their own psychotherapist. They also engage in group therapy, equine assisted psychotherapy, substance abuse groups, character development groups, issues groups, levels evaluation groups, ranch work projects, and experiential activities like our ropes course. Aspen Ranch is a "therapeutic community." Every day in our family-like atmosphere provides therapeutic learning.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools through Woodland Hills School; California Non-Public School Accreditation

Professional Affiliations: NATSAP-Full Member

Aspiro Group, Inc

(Wilderness Program)

CONTACT

Phone: (888) 266-5136
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 Admission Contact: Josh Watson, LCSW
 Email: admissions@aspiroadventure.com
 Fax: (801) 454-3805
 Address: 695 West Wakara Ave
 Mount Pleasant, UT 84647
 Website: www.aspiroprograms.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: Adolescents 13-17, Young Adults 18-28
 Grades: N/A
 Enrollment: 6 groups (single gender), 7 per group avg
 Duration: 28 to 60 days, 54 days avg
 Founded: 2005



NATSAP

Member Since: 2007



Airport: Salt Lake City (SLC)

Aspiro is licensed by the state of Utah as a youth treatment program. While Aspiro is classified as a wilderness program, the term “Wilderness Adventure Therapy” (WAT) more accurately describes our approach. Aspiro is a 6-8 week, clinically sophisticated, high-impact intervention designed to help struggling youth develop self-respect, experience healing, and return to basic core values. Students benefit from a highly effective, solution-focused approach through a combination of individual, group, and adventure therapy.

WAT Programs combine best practices from traditional Wilderness Therapy and High Adventure Therapy. In addition to living in the outdoors for their entire stay, participants experience the added benefits of adventure therapy which is critical in developing a healthy level of self-efficacy. Adventure expeditions may include rock climbing, bouldering, canyoneering, kayaking, mountain biking, caving, mountaineering, and more. These expeditions, however, are not used as simple recreational activities. Instead, each activity is used as a tool to develop healthy coping strategies and obtain a thorough clinical assessment to reach a desired therapeutic outcome. Participants become engaged in this process quickly and learn to enjoy and thrive in this powerful model.

Aspiro works with participants 13-17 years of age with gender-specific groups. Vantage Point by Aspiro works with the same ages, but participants often exhibit more significant learning, social, cognitive, psychological and developmental challenges. Kairos by Aspiro works with young adults ages 18-28. Common behaviors and concerns include family conflict, manipulation, depression, substance use or abuse, low self-esteem, oppositional behavior, entitlement, mild learning differences, anxiety, school failure, and negative peer relationships.

Aspiro has pioneered an integrated family component including a three-day workshop, mid-program. When clinically appropriate, parents are also invited to join the group on the trail for a few days, up to a week. Parent participation is critical as our clinical team addresses concerns with progressing family relationships.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment

Professional Affiliations: NATSAP-Full Member; Association for Challenge Course Technology (ACCT), NATWC

Auldern Academy

(Therapeutic Boarding School)

CONTACT

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 Admission Contact: Joyce Latimer
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 Fax: (919) 837-5284
 Address: 990 Glovers Grove Church Rd
 Siler City, NC.27344
 Website: www.auldern.com

PROGRAM OUTLINE

Gender: Girls only
 Ages: 14-19
 Grades: 8-12
 Enrollment: 60
 Duration: 1 to 4 years
 Founded: 2001



NATSAP

Member Since: 2002



Siler City

Airport: Raleigh-Durham

Auldern Academy is a college preparatory boarding school with a strong personal growth curriculum. Our goal is to prepare young women academically, emotionally, and socially for the challenges of the coming college years.

Young women who succeed at Auldern are academically capable, but there is some concern about the risks they may face in more traditional schools. They most likely will have completed some prior therapeutic program and bring with them an awareness of, and willingness to continue to address personal issues.

Auldern Academy offers a college preparatory 8th through 12th grade academic curriculum, which includes Honors and AP coursework. Our small classes rarely exceed ten students, allowing the student and her teacher to have a high level of interaction, communication and LD accommodations. In addition, Auldern Academy offers a strong visual arts program that includes ceramics, photography, drawing, painting, yoga, dance, horseback riding and guitar.

Auldern Academy's Counseling Services Program is designed to help students in their quest for confidence, emotional health, and relational healing. The Counseling Services Program is staffed by master's level clinicians who provide support in the form of both individual and group counseling. Upon admission, each student is partnered with a clinician who helps her create a Personal Growth Plan to help her keep focused on goals.

Our Student Life department strives to create a nurturing and caring community, filled with camaraderie and fun. Our goal is to create a warm, safe atmosphere while teaching girls to take responsibility for their living situation. During their time at Auldern, they develop the confidence, integrity and compassion that will lead them to success as young adults. Most importantly, Auldern girls learn to build friendships built on honesty and trust. Weekends are enriched with a large variety of activities allowing girls to interact with the robust Chapel Hill and Raleigh communities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: National Independent Private School Association (NIPSA) - Therapeutic Certification - Level III; North Carolina Department of Education, Non-Public School Accreditation; National Independent Private School Association (NIPSA) and AdvancEd (formerly SACS/CASI)—Academic Accredited
 Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; Small Boarding School Member

Benchmark Transitions

(Transitional Independent Living; Dual Diagnosis, Young Adult Program)

CONTACT		PROGRAM OUTLINE	
Phone:	Admissions: (800) 474-4848 Office: (909) 307-3973	Gender:	Coeducational
Executive Contact:	Jayne Longnecker, Executive Director/CEO	Ages:	18 to 28
Admission Contact:	Shelley Skaggs, Director of Outreach & Admissions Or Debbi James, Admissions Associate admissions@benchmarkyas.com	Grades:	High School/College/ Vocational
Email:	909-793-4499	Enrollment:	55
Fax:	1971 Essex Ct.	Duration:	6 months min, 12 months typical
Address:	Redlands, CA 92373	Founded:	1993
Website:	www.benchmarktransitions.com		
 NATSAP Member Since: 1999		Airport: Ontario	

Benchmark Transitions is a comprehensive, multi-disciplinary approach to residential transitional living for men and women, ages 18-28. Our dual-diagnosis model combines clinical treatment, behavioral health therapy, addiction recovery & aftercare, educational opportunities, job training and life skills in a structured and nurturing environment that fosters self-discovery and autonomy. Our model is peer-group and community based using a life coaching and therapeutic approach. Practical application, skills-based and cognitive behavioral treatment, allows students to learn personal responsibility and accountability through hands-on trials. The core component of our curriculum requires six months min to complete Level & Level II. The second component of the program includes on/off property independent living, average LOS 10-12 months. Extended care available.

Benchmark offers Dual Treatment options, Recovery & Aftercare students are those who have a history of substance use or abuse. Behavioral Health students have not exhibited any issues with drugs and/or alcohol. Both programs include our comprehensive curriculum of education, vocational & work skills, life skills and clinical treatment.

Facilities: The Education & Life Skills Center houses corporate & staff offices, student group rooms, three-bay teaching kitchen, library classroom/resource lab and Work Skills center; for creative arts, wood & electrical workshop. Students live with other Benchmark students on campus at our exclusive 18-unit apartment complex, featuring 24/7 awake staff. Upper level students may live in Benchmark-approved apartments in the community.

Academics: Benchmark Transitions includes an integrated, on-site high school component and the flexible curriculum allows students to obtain WASC-accredited HS diploma from Redlands Unified School District concurrently within the independent living curriculum. We offer our own HS curriculum, fully accredited by the National Private Schools Association Group (NPSAG) to facilitate a private school diploma. High school is available throughout the year with no additional charge. The on-site Education Department hosts a resource center, monitored internet access for school work, a comprehensive tutoring and study skills program, assistance with college placement and testing, curriculum guidance and career testing.

Family Involvement: Benchmark provides a five part series of complimentary parent coaching calls, to support parents & families when newly enrolled. Parents also attend a three-day Parent Workshop that provides additional insight into our curriculum and coaching philosophies, teaching new communication skills for interacting with their child while at Benchmark. Monthly progress reports family therapy phone conferences are incorporated. Parents are an integral component to the success and delivery of our program model. Visits and meetings are arranged by the student's primary life coach.

Individual Psychotherapy Available: Yes, weekly therapy Ph.D., LCSW, LMFT licensed therapists; MD Psychiatrist avail bi-monthly

Accreditation, Licensure: Fully Accredited as an Outstanding Academic Institution by the National Private Schools Association Group; CA Private School Affidavit

Professional Affiliations: NATSAP - National Association of Therapeutic Schools & Programs since inception; NAATP - National Association of Addiction Treatment Providers

Birdseye RTC

(Residential Treatment Program)

CONTACT

Phone: (877) 467-1681
 Executive Contact: Corbin Linde
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 Fax: (801) 798-8949
 Address: P.O. Box 117,
 Spanish Fork, UT 84660
 Website: www.Birdseyertc.com

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 13 to 18
 Grades: 6 to 12
 Enrollment: 12
 Duration: 9 to 12 months
 Founded: 1977



NATSAP

Member Since: 2001



Airport: Salt Lake City

It is the mission of Birdseye RTC to provide intensive and comprehensive residential treatment by offering a new beginning in the lives of adolescent boys who are struggling with inappropriate sexual behaviors; believing that each boy can learn to live a healthier life by strengthening relationships, increasing awareness, learning new skills, and developing both socially and emotionally.

BRTC is a community-based residential program, providing supportive care and specialized treatment for youth ages 13 through 18 who have inappropriate sexual issues. The program is licensed and monitored by the State of Utah Department of Human Services. The program provides direct supervision with a one to four staff-to-youth ratio during the day and a one to six staff-to-youth ratio during sleeping hours. By holding youth accountable for controlling impulses and behavior and by emphasizing hope for a healthier life, the program offers youth the opportunity to develop a new perspective on relationships and achieve comprehensive rehabilitation.

BRTC is located in the rural mountain community of Birdseye, approximately 30 miles south of Provo, Utah. The 50-acre ranch has a beautiful mountainous backdrop and an abundance of clean air, wildlife, and recreational opportunities. The surrounding area consists of land governed by the Division of Wildlife Resources, the Federal Bureau of Land Management, Manti-La Sal National Forest, and the Uinta National Forest. In the ranch setting, young men live outside the mainstream of the community and yet have access to community resources for medical, dental, and recreational services.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member

Boulder Creek Academy

(Therapeutic Boarding School)

CONTACT

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 Executive Contact: Paul Johnson
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 Admission Contact: Shawna Wilson
 Email: shawna.wilson@uhsinc.com
 Director of Community Outreach: Claude Bisson MEd.
 Email: claud.bisson@uhsinc.com
 Phone: 208-946-0275
 Fax: (208) 267-5715
 Address: 378 Emerson Lane
 Bonners Ferry, ID 83805
 Website: www.bouldercreekacademy.net

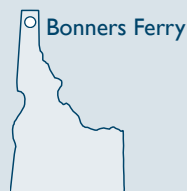


NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 18
 Grades: 8 to 12
 Enrollment: 60
 Duration: 12 to 24 months
 Founded: 1993



Airport: Spokane

Boulder Creek Academy (BCA) provides an integrated, multidisciplinary approach for students with individual learning styles who struggle with distinct learning, behavioral, or emotional challenges. Our students have experienced school failure, anxiety, depression, impulsivity, social and emotional delays. At the same time, they are also bright, creative, compassionate young people who have potentials for greater self-actualization and leadership. Students are given the support and structure needed to gain confidence in their academic, social, and communication skills, while capitalizing on their unique learning strengths.

To help our students achieve their full potential, we offer a carefully designed blend of college preparatory curriculum, technical/vocational studies, personalized learning plans, special educational support, SAT/ACT preparation and testing, tutoring, and a full range of specialized services. Boulder Creek Academy's therapeutic curriculum provides clinical oversight, which allows the integration of individual, family, and group therapy into all aspects of the child's treatment plan. Our dynamic adventure education program strives to create exceptional opportunities and learning experiences for students, parents, and staff through adventure activities and community events. We believe this is the most effective catalyst for personal growth.

At Boulder Creek Academy, special care is taken to introduce students to the academic program in a manner that ensures success. A 3-week assessment period identifies learning styles and highlights areas of strength and difficulty. Experiential learning and a transitional classroom offer practice in the organizational and study skills needed for academic achievement. The educational program is flexible to accommodate students who need support services and curricular adaptations.

Boulder Creek Academy's campus is situated on 180 acres at the base of the spectacular Cabinet Mountains. BCA has many unique features, including student apartments for transitional living skills, a working farm, a horticulture program, welding and woodshop facilities, music and art studios, a climbing wall, and ponds for fishing and swimming. Our activity center is housed in the majestic Quixote Lodge. The main academic building is equipped with individual classrooms, a computer lab, a science lab and a library, creating a traditional academic environment.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Idaho Department of Education Approved Private Special Education Program, State of Idaho, Department of Health and Welfare, Child Care; Northwest Association of Accredited Schools, Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; AEE

Bridges Academy

(Therapeutic Boarding School)

CONTACT

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 Email: info@bridgesboysacademy.com
 Fax: (541) 383-4108
 Address: 67030 Gist Road
 Bend, OR 97701
 Website: www.bridgesboysacademy.com

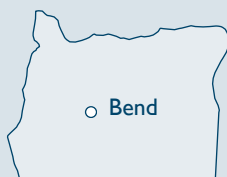
PROGRAM OUTLINE

Gender: Males Only
 Ages: 13 to 18
 Grades: middle school and high school
 Enrollment: 20
 Duration: 6 to 24 months
 Founded: 1997



NATSAP

Member Since: 2004



Airport: Redmond or Portland

Bridges Academy is a year-round therapeutic boarding school for teenage boys ages 13-18 that are struggling with emotional, behavioral and/or academic issues. During our 13 years of success we combine several philosophies surrounding emotional growth, community living, the creation of a positive peer environment and experiential learning. While at Bridges Academy, students are challenged to identify their positive and negative behavior patterns. They explore their role in family dynamics and examine ways in which their choices have influenced and been influenced by their peer interactions. Ultimately, during the students' tenure with our program, they learn the tools necessary to make healthy, positive choices in their lives, as well as in their peer and family relationships.

Our highly structured, rustic family setting provides our students with individualized attention while working with each family as a whole. This work encompasses the following: A clear work-to-earn trust building system, a strong positive peer environment, community service opportunities, family counseling/workshops, and an effective addiction studies program. Our graduates tell us they learn the value of hard work; history shows they obtain great jobs and get promoted to positions of supervision.

Bridges Academy offers a planned, accredited program for students of all academic abilities and goals including college preparatory. Student-teacher ratio is 6-1. This attention provides the opportunity for experiential learning for school credit. The curriculum is individualized to fit each student's needs and accommodates grades 7-12 with year-round classes.

The typical Bridges Academy graduate demonstrates confidence to affect positive outcomes within their interpersonal relationships and become contributing members of their families and communities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Child Caring Agency;

State of Oregon, Northwest Accreditation Commission; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Bridges To Recovery

(Residential Treatment Center)

CONTACT

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 Executive Contact: Katie Gregory (310) 699-6885
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 Email: operationsdirector@bridgestorecovery.com
 Fax: (310) 573-7092
 Address: PO Box 1493
 Pacific Palisades, CA 90272
 Website: www.bridgestorecovery.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 18+
 Grades: N/A
 Enrollment: 12
 Duration: 4-12 Weeks/or Longer up to 6 months if clinically indicated
 Founded: 2002



NATSAP

Member Since: 2011



Pacific Palisades

Airport: Los Angeles, CA - LAX

Bridges to Recovery are premier licensed residential behavioral health facilities designed for men and women suffering from psychiatric disorders who are seeking an alternative to a hospital environment for their care through a unique and effective combination of psychotherapy and integrative therapy.

In our 6 bed facilities we combine intensive, individual psychodynamic psychotherapy (4-5 sessions a week), along with milieu and group therapy (2-3 sessions per day) in order to provide in depth and holistic integrated treatment. This allows our patients to be treated for complex and persistent psychiatric disorders, by addressing their emotional, spiritual and physical needs.

At Bridges to Recovery we provide comprehensive care for those suffering from psychiatric disorders such as:

- Depression, Anxiety & OCD
- Trauma & DID
- Bipolar Disorder
- Pain Management
- Life Transitions Issues
- Sleep Issues
- Personality Disorders
- Chronic Mood Disorders
- Body Dysmorphic Disorder
- Post Traumatic Stress Disorder
- Grief and Loss Issues
- Sexual Identity Issue

Our care includes:

- Individual Psychodynamic Psychotherapy 4-5 times per week
- 2-3 groups sessions per day
- 2:1 staff-to-patient ratio
- Somatic experiencing / EMDR
- DBT / Anger Management
- Spirituality / Mindfulness
- Psychological Evaluation
- Psycho Educational and Group counseling
- Yoga, Meditation, Acupuncture, Fitness and Art therapy
- Medication management on-site

The Bridges to Recovery treatment model will insure that our patients will develop and master a carefully constructed "road map" for a healthier and more productive life.

Our goal is to relieve suffering through compassionate coordinated care in order to empower and motivate our patients to succeed in their world.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of California, Department of Social Services

Professional Affiliations: NATSAP-Full Member; National Association of Mental Illness (NAMI); Women Association of Addiction Treatment (WAAT); National Association of Treatment Providers (NAATP); Los Angeles county Psychological Association (LAPA)

Bromley Brook School

(Therapeutic Boarding School)

CONTACT

Phone: (802) 362-9966
 Executive Contact: David G. Hans, Psy.D.
 Admission Contact: Beth Bove
 Email: bbove@bromleybrook.com
 Fax: (802) 362-5539
 Address: 2595 Depot St., P.O. Box 2328
 Manchester Center, VT 05255
 Website: www.bromleybrook.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13 to 18
 Grades: 8 to 12
 Enrollment: 75
 Duration: 10 - 12 months
 Founded: 2004



NATSAP

Member Since: 2006



Manchester Center

Airport: Albany, NY

Bromley Brook School (BBS) is a nationally accredited all-girl therapeutic boarding school for grades 8-12. The campus is located on 10 acres in the beautiful ski and vacation town of Manchester, Vermont. We offer a college preparatory education combined with evidence-based therapeutic programming, leadership training and active family involvement. Our students are guided by a thoughtfully developed, integrated curriculum, which ignites their passion for learning and their desire to reclaim the joy and fun of adolescence.

The typical Bromley Brook student lacks a coherent set of tools to achieve her aspirations. She may be depressed, anxious, immature or somewhat oppositional. Socially, she may tend to struggle with peers and may engage in risky behaviors including drug and alcohol experimentation. Academically, she is capable but often performs below her abilities due to learning differences, emotional difficulties and struggles with her peer group. Not surprisingly, family relationships are often strained and somewhat disconnected. The complexities of our current society, including advances in technology, further exacerbate this disconnection and often result in addictive behaviors and sexual promiscuity.

At Bromley Brook School, we have adopted Dialectical Behavioral Therapy (DBT) as our overarching treatment philosophy. Our Dialectical Behavioral Therapy program is a fully integrated therapeutic approach to skills acquisition in the areas of Mindfulness, Distress Tolerance, Emotion Regulation, Interpersonal Effectiveness, and Self-Management. These skills help our students and their parents achieve more balanced perspectives, greater acceptance of self and others, and significant behavioral change. All of our therapists have been intensively trained in DBT theory and interventions through Behavioral Tech, based in Seattle, Washington. Additionally, our therapists have conducted numerous in-service trainings and parent workshops to ensure that every member of the Bromley Brook community is skilled in DBT interventions.

Bromley Brook School is a place where girls struggling with school failure, social isolation or strained family relationships develop the skills and confidence required to achieve healthy relationships and a brighter, more productive future.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of VT, Dept. for Children & Families, Residential Child Care Facility; State of VT, Dept. of Education, Recognized Independent School; Middle States Association of Schools and Colleges; Wilson Reading Specialist; CARF accredited; Approved by SEVIS.

Professional Affiliations: NATSAP-Full Member

Building Bridges

(Small Residential Program)

CONTACT

Phone: (406) 827-9853
 Executive Contact: Steve Fairbank
 Admission Contact: Jill Fairbank
 Email: info@buildingbridgesinc.net
 Fax: (406) 827-9854
 Address: P.O. Box 1310
 Thompson Falls, MT 59873
 Website: www.buildingbridgesinc.net

PROGRAM OUTLINE

Gender: Males Only
 Ages: 14 to 18
 Grades: 9 to 12
 Enrollment: 24
 Duration: average 12 months
 Founded: 1996



NATSAP

Member Since: 2002



Airport: Spokane or Missoula

At Building Bridges, we believe the natural environment is an unparalleled teacher, bringing into perspective each student's strengths and shortcomings. Building Bridges is a long-term residential program that teaches students the basics of accountability and responsibility in a nurturing family setting. By addressing our students' behaviors and feelings and having them reevaluate family interaction and priorities, we assist teens in the process of moving back into their families.

Building Bridges is an all male program for students ages 14 to 18. Typically, our students are young people experiencing low self-esteem, wavering self-confidence, poor relations and communications with family. They may have experimented with drugs or have an extensive drug use history.

Building Bridges has three complementary programs; Summer, Intermediate and Residential. We provide a group experience providing students a base regarding how they deal with others in their families and the world as a whole. Our Director is state and nationally certified in Chemical Dependency and has years of experience in family work. Students have a highly structured day, yet attempts at placing them in as "normal" social situations as possible to provide real life choices is our goal. This integration with the public allows the student to grow emotionally at a far faster rate and better prepares them for life after Building Bridges.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs

Professional Affiliations: NATSAP-Full Member; Independent Small Program Alliance (ISPA)

CALO (Change Academy Lake of the Ozarks)

(Residential Treatment Center)

CONTACT

Phone: (877) 879-CALO
(877) 879-2256
Executive Contact: Ken Huey, Ph.D., CEO
Admission Contact: Nicole Fuglsang, MA, NCC, LPC
Email: info@caloteens.com
Fax: (573) 365-2224
Address: 130 Calo Lane
Lake Ozark, MO 65049
Website: www.caloteens.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 to 18
Grades: 7 to 12
Enrollment: 48
Duration: 12 - 20 months
Founded: 2007



NATSAP

Member Since: 2007



Lake Ozark

Airport: Springfield, Columbia, Kansas City, St. Louis

Across the country there are a number of generalist residential treatment centers. Many of them do fine work. They treat a multitude of issues and disorders. Most work from a behavior modification paradigm. A smaller few utilize a community or positive peer culture model. Generalist programs are usually large and consequence-focused in their treatment approach. In order to manage student behavior they frequently put level-systems of rewards and consequences in place. These generalist programs treat a large number of diverse clients by putting them all through the same program.

As residential treatment has matured, the one-size-fits-all approach has lost its appeal. There are many presenting problems that are not well grouped together. Simply put, specialist care is needed for many emotional and behavioral issues.

CALO was created with this need for specialty care in mind. CALO focuses on only three presenting issues: issues of emotion, trauma, and attachment. Our theoretical framework is based on attachment research. Our treatment model relies on relationships and attachment interventions to create lasting change. CALO is a relationship-based change program. Relationships with therapists, residential coaches, and work with purebred Golden Retrievers (what we call "transferable attachment") are at the heart of our treatment model.

The following would be examples of the type of teenager profile CALO would specialize in treating: a teenage adoptee struggling to connect with parents and caregivers; a teen who has been physically, emotionally, or sexually abused and is now acting out behaviorally; a teen who has survived a trauma and cannot maintain emotional control; a foreign-adopted teen who is not fitting in at home or at school and is draining emotional resources from his/her adopted family; a teen with anger, control issues and a history of abuse or neglect; an untrustworthy and sexually promiscuous teenager who does not enjoy deeper connection with family or caregivers.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Missouri, Department of Social Services, Children's Division, Residential Child Care Agency; Joint Commission (JCAHO) Accreditation; Approved Private Agency, Missouri Department of Elementary and Secondary Education

Professional Affiliations: NATSAP-Full Member

Catalyst Residential Treatment, LLC

(Residential Treatment Center)

CONTACT

Phone: (435) 723-4600 ext. 347
 Executive Contact: Kreg Edgmon, Ph.D., LMFT
 Admission Contact: Jordan Larsen, LCSW
 Email: info@catalystrtc.com
 Fax: (435) 723-4700
 Address: 970 South 1025 West
 Brigham City, UT 84302
 Website: www.catalystrtc.com

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 13 to 18
 Grades: 7 to 12
 Enrollment: 24
 Duration: As needed
 Founded: 2006



NATSAP

Member Since: 2007



Brigham City

Airport: Salt Lake City

The mission of Catalyst is to create opportunities for meaningful change and success for all those associated with the program. We believe that with the proper care and environment, we help facilitate and accelerate the process of change in each individual and family. Our vision is to lead boys on the path to manhood and true independence, and to lead families on the path to wholeness.

Catalyst is a 24 bed clinically-driven substance abuse and dual diagnosis residential treatment center for boys ages 14 to 18. Catalyst is operated in a beautiful large colonial style home surrounded by many acres of open space on the outskirts of Brigham City, Utah -- just 50 minutes north of Salt Lake City.

Catalyst provides truly individualized treatment based on a foundation of a thorough assessment of each youth upon admission as well as on-going assessments on a weekly basis. Each therapist carries a caseload of no more than eight youth, and we are very staff intensive with a true staff-to-youth ratio of one-to-four. We also pride ourselves on the professionalism of our staff, as we train in workshops on a regular basis.

Our treatment model is truly holistic in addressing the six major areas of each youth's life including the family, heart, body, mind, soul, and friends core elements. We help youth and families on the path to healing and balance in all of these important areas of their lives.

Youth also gain significant personal experience with healthy living in Catalyst by participating in three types of experiential activities: music, exercise and sober fun. Youth participate in healthy exercise on a daily basis and have opportunity to take part in a triathlon and gain a real sense of personal accomplishment, if they choose. Sober-fun activities include snowboarding, mountain biking, camping, hiking, swimming, and the like. Youth involvement in challenging and other experiential and recreational activities provides a very useful avenue for assessment and treatment of youth issues which may not be revealed in traditional "talk" therapy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential/Substance Abuse; Northwest Association of Accredited Schools through Catalyst Preparatory Academy

Professional Affiliations: NATSAP-Full Member

Catherine Freer Wilderness Therapy Programs

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(800) 390-3983	Gender:	Coeducational
Executive Contact:	Rob Koning	Ages:	13 to 18
Admission Contact:	Natala Larson	Grades:	8 to 12
Email:	info@cfreer.com	Enrollment:	8 per group
Fax:	(541) 812-0116	Duration:	52- Days (23- day option available)
Address:	P.O. Box 1064 Albany, OR 97321	Founded:	1988
Website:	www.cfreer.com		



NATSAP

Member Since: 1999



Airport: Portland or Eugene

For more than 23 years, we have been helping to facilitate long-term change in struggling teens. Our program involves a backpacking and adventure expedition that combines the benefits of outdoor living, physical activity, and extensive psychotherapy. Our participants benefit from 24/7 exposure to a therapist who resides in the field throughout the entire expedition, not for just two days a week, which is the industry standard. This unparalleled therapeutic access results in remarkable and proven outcomes for our participants. Our program integrates clinically sophisticated individual and group therapy, with therapeutic interventions and insight, in addition to substance abuse assessment and treatment.

An appropriate candidate is 13 to 18 years of age and is exhibiting negative behaviors and struggling with a one or more emotional issues including depression and hopelessness, grief and loss, adoption and attachment issues, attention problems, impulsivity, anxiety, as well as, self-destructive behaviors such as substance abuse, academic decline, defiance, lack of motivation, and poor family and peer relationships.

Upon completion of our program, we expect our students to have gained the inner strength and resolve necessary for lasting change. Treatment services are often covered by a family's insurance benefits. Psychological and educational testing is available.

We believe strongly that involved parents result in successful outcomes for their child. We offer a family program which includes multi-family meetings. In addition, families work closely with an experienced therapist who provides weekly therapeutic support and consultation, and assists with aftercare planning.

In addition to our therapeutic wilderness expeditions we operate Santiam Crossing School, a therapeutic boarding school.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Office of Mental Health & Addiction Services; Oregon Department of Human Services - Outdoor Youth Program; Joint Commission

Professional Affiliations: NATSAP-Full Member; OBHIC; OBHRC; AEE

Cedar Ridge Academy

(Therapeutic Boarding School)

CONTACT

Phone: (435) 353-4498
 Executive Contact: Wes Nielson
 Admission Contact: Sean Haggerty
 Email: admissions@cedaridge.net
 Fax: (435) 353-4898
 Address: Rt 1 Box 1477
 Roosevelt, UT 84066
 Website: www.cedaridge.net

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17
 Grades: 8 to 12, College Prep
 Enrollment: 46
 Duration: 10 to 14 months
 Founded: 1996



NATSAP

Member Since: 1999



Roosevelt

Airport: Salt Lake City or Vernal

Cedar Ridge is a coeducational therapeutic school that specializes in working with youth who have issues such as anxiety, depression, low self-esteem, childhood trauma, school problems, NLD, relationship problems, mild to moderate substance abuse, ADD/ADHD, and anger management problems.

Our mission is to guide youth in a process of positive internal change by helping them acquire the skills and self-knowledge they need to form healthy relationships with others and utilize their individual inner strengths to become mature, well-balanced, productive persons. Cedar Ridge Academy is dedicated to the concept of using the least restrictive means necessary to induce change, helping students to utilize their internal resources to grow and mature given the right tools and environment.

Our program functions on a system of trust levels which measure and promote the students' trust in themselves, the trust of their peers, and the trust of the program staff. Licensed therapists implement individual service plans to help students address the underlying fears that precipitate their negative behaviors. Utilizing a non-violent approach to becoming physically, emotionally, and spiritually congruent, our regular karate training promotes character and physical well-being. We also include soccer, basketball, volleyball and weights classes in our physical education classes.

Our accredited high school provides individualized academics geared to teaching students how to be life long learners with a college preparation focus if desired. With an average class size of 5 students per class our certified teachers have great opportunities to teach and build relationships with their students. Two certified guidance counselor's helps students with ACT and PSAT test preparation and college applications.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member

Center for Change

(Inpatient & Residential Treatment for Eating Disorders & Co-Existing Disorders)

CONTACT

Phone: (888) 224-8250
 Executive Contact: Michael E. Berrett, Ph.D.
 Admission Contact: Pam Kidd
 Email: info@centerforchange.com
 Fax: (801) 224-8301
 Address: 1790 North State Street
 Orem, UT 84057
 Website: www.centerforchange.com

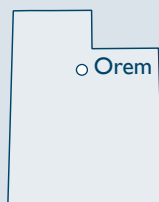
PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13 to 17 and Adult
 Grades: 8 to 12
 Enrollment: 28 Inpatients &
 30 Residents
 Duration: 3 to 12 Months
 Founded: 1989



NATSAP

Member Since: 2000



Orem

Airport: Salt Lake City

Center for Change is devoted to providing a warm and caring atmosphere for those suffering from anorexia, bulimia and compulsive eating and co-occurring conditions. We provide intensive treatment that gives hope, healing, and recovery towards a full and meaningful life. Our programs are founded upon three basic principles: 1) eating disorders are learned behaviors and therefore can be unlearned; 2) everyone has the capacity for full recovery; and 3) high-quality intervention by trained professionals in a nurturing and loving environment is the optimal treatment setting for providing positive solutions to these self-destructive behaviors.

Center for Change is a program offering acute inpatient and residential treatment for women and adolescent girls who suffer from eating disorders, providing various successive and transitional levels of care. We understand that eating disorders are complex, intensely personal illnesses that can damage a woman physically, emotionally, and spiritually. We work to heal the "whole person," not simply temporarily change behavior. Our Center offers complete and specialized treatment for eating disorders, as well as concurrent illnesses including depression, anxiety, trauma, addiction, self-injurious behaviors and more.

Center for Change utilizes a step-by-step phase program and a multidisciplinary approach in which patients first realize and acknowledge the impact of their eating disorder. Next they accept ownership of their illness and regain a sense of responsibility and hope. Patients then commit to a plan for recovery that includes facing underlying issues and actively working to resolve them. During the final phase, they increase self-acceptance and esteem through self-correction, relapse prevention, increased self-love, sharing, and supporting others who are likewise struggling. We use multiple methods and experiential therapies to ensure a comprehensive and individualized experience: individual therapy, dietary counseling, group therapy, medical and psychiatric care, art and music therapy, Yoga, Nia movement therapy, family therapy, 12 Step groups, drug & alcohol groups, body image therapy, DBT skills groups, and various and extensive life skills classes. The Center's residential treatment program also houses Cascade Mountain High School, a full academic program for adolescents grades 8-12 which is Northwest accredited.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Specialty Psychiatric Hospital; State of Utah, Department of Health; Joint Commission; Northwest Accreditation Commission

Professional Affiliations: NATSAP-Full Member; IAEDP; NEDA

Chaddock

(Residential Treatment Center & Transitional Independent Living)

CONTACT

Phone: (217) 222-0034 ext. 347
 Executive Contact: Debbie Reed
 Admission Contact: Michele Stinnett
 Email: mstinnett@chaddock.org
 Fax: (217) 222-3865
 Address: 205 S. 24th St.
 Quincy, IL 62301
 Website: www.chaddock.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 8 to 21
 Grades: K to 12
 Enrollment: 42
 Duration: 12 to 18 months
 Founded: 1989



NATSAP

Member Since: 2006



Airport: St. Louis, MO; Quincy, IL

Chaddock, which has served children and their families since 1853, offers residential and educational services for male and female children and adolescents, ages 8 – 16, who have experienced severe trauma and attachment difficulties, including adopted and post-institutionalized youth, through its Developmental Trauma and Attachment Program (DTAP); as well as Group Home and Transitional Living Programs for youth ages 16 to 21.

The Developmental Trauma and Attachment Program is a highly structured, attachment-based residential program focusing on empathic attunement in a nurturing environment. In addition to cottage interactions, youth in the program may attend an accredited on-grounds special education school, and have supervised access to recreational and campus activities on Chaddock's 30-acre campus. The youth receive individualized therapy, regular family therapy and psychiatric services as needed. A variety of evidence-based trauma therapy techniques are incorporated into treatment including Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). Additionally, Chaddock utilizes Dyadic Developmental Psychotherapy, Theraplay®, and sensory interventions to meet youth needs. Cottage staff actively participate in clients' lives, including involvement in therapy sessions, to engage the youth in a close relationship. Numerous other services are incorporated into treatment including Healing Touch, Recreation Therapy, and various counseling and therapy groups. The staff/client relationship is a key component of the milieu, giving clients the experience and skills to develop and sustain a relationship with family members. Chaddock believes in a holistic approach to treatment that includes meeting clients spiritual needs. A full-time Chaplain is available to work with students in nurturing the spiritual beliefs of the children and adolescents.

Parents are expected to visit the program on a regular basis and participate in family therapy sessions. Education and information will be provided to parents throughout the average 12 – 18 month stay in the program to allow them to develop new skills and techniques as their child progresses through treatment.

A core treatment team comprised of a client's therapist, cottage manager, teacher and family services coordinator meets on a regular basis and develops an individualized treatment plan for each child. Chaddock is affiliated with The United Methodist Church, and spiritual growth and development opportunities are coordinated by the agency Chaplain. Clients also have the opportunity to participate in a range of community service learning activities to further emphasize the impact of reciprocal relationships beyond their immediate family members.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Illinois, Department of Children and Family Services; Council on Accreditation (COA); North Central Association Commission Accreditation and School Improvement (NCACASI); and Educational Assessment Guidelines Leading Toward Excellence (EAGLE)

Professional Affiliations: NATSAP-Full Member; Student and Exchange Visitor Information System (SEVIS) National Child Traumatic Stress Network (NCTSN), Alliance for Children and Families

Cherokee Creek Boys School

(Therapeutic Boarding School)

CONTACT

Phone: (864) 647-1885
 Executive Contact: David LePere
 Admission Contact: Shaler Black Cooper
 Email: info@cherokeecreek.net
 Fax: (866) 399-1869
 Address: 198 Cooper Road
 Westminster, SC 29693
 Website: www.cherokeecreek.net

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 11 to 15
 Grades: 5 to 9
 Enrollment: 32
 Duration: 15 - 24 months
 Founded: 2003



NATSAP

Member Since: 2009



Airport: GSP (Greenville/Spartanburg), Atlanta

At Cherokee Creek Boys School our mission is to “Challenge boys and their families to discover what is real and true about themselves and the world around them.”

Nestled in the foothills of the Blue Ridge Mountains, Cherokee Creek is a therapeutic boarding school where struggling middle -school boys, ages 11-15, come to discover a sense of hope and optimism for their future. Our students are great kids with very real challenges. By the time boys reach Cherokee Creek, family relationships are often strained and the home environment may be in chaos. Many of our students are unwilling or incapable of recognizing the negative impact that their actions have on themselves, their families and those around them. Our students come to us with many challenges including, but not limited to: attention deficit disorder, depression, anxiety, oppositional behavior, learning style differences, academic frustration or failure, divorce, adoption issues, abandonment, trauma and grief and loss.

Cherokee Creek Boys School is a warm, positive, nurturing learning community that offers the benefits of small enrollment, individual, group, family and equine assisted therapy, hands-on academics, counseling, recreation and a talented staff dedicated to helping boys find their way to a life of balance and harmony. Our PATH program creates a journey for students to gain insight, grow, develop and succeed through a combination of Personal Enrichment opportunities, Academics, Therapy, and Health and Recreation activities tailored to each student and his specific needs.

Families of Cherokee Creek students attend quarterly seminars and Family Trek adventures designed to promote healthy family relationships. We also build parenting skills through education, staff and community support and successful visits that serve as the building blocks for students to transition back home.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Southern Association of Colleges and Schools (SACS), South Carolina Department of Social Services; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; Small Boarding School Association (SBSA)

Cherry Gulch

(Therapeutic Boarding School)

CONTACT

Phone: (208) 365-3437 x502
 Executive Contact: Andrew Sapp, Ph.D.
 Admission Contact: Andrew Sapp, Ph.D.
 Email: info@CherryGulch.org
 Fax: (208) 365-7235
 Address: P.O. Box 678
 Emmett, ID 83617
 Website: www.CherryGulch.org

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 10 to 14
 Grades: 5 to 9
 Enrollment: 32
 Duration: 6 months minimum
 Founded: 2004



NATSAP

Member Since: 2006



Emmett

Airport: Boise

Cherry Gulch is passionate about providing early intervention and prevention to help boys reach their full potential and become well-rounded pro-social young men. We are dedicated to providing outstanding academic and therapeutic services to students and their families in the context of a safe, supportive environment and work toward “Building Brighter Tomorrows for the Boys of Today.”

Cherry Gulch is a ranch style therapeutic boarding school designed specifically for 10 to 14 year old boys. Our services are appropriate for boys with various difficulties including oppositional-defiance, depression, ADHD, learning differences, low self-esteem, poor motivation, anger, anxiety, family conflict, and other behavioral and emotional problems.

A unique therapeutic environment is provided on our beautiful 200 acre ranch, with small animals and horses, where every experience is educational and therapeutic in a fun purposeful environment. We strive to entwine the most effective therapeutic strategies into the student's daily life. We offer at least 10 hours of scheduled therapeutic services a week but much more therapy takes place as life unfolds and a therapeutic moment arises. Our therapeutic services take shape as creative approaches to empirically-based treatments and include individual, group, and family therapy, with experienced doctorate and masters level therapists. We also offer equine assisted psychotherapy and a wide variety of active experiential learning and therapeutic activities. Cherry Gulch utilizes brain based learning strategies in an experiential hands-on learning environment. We offer small class sizes, experienced credentialed teachers, and individualized academic plans. Parents are very important to our program and the success of our students and we offer a number of resources for parents including training them on the structure of our program and helping them implement the same program in their home. We maintain a high staff to student ratio and have highly skilled and compassionate staff.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health and Welfare; Northwest Association of Accredited Schools (NAAS), Approved by SEVIS

Professional Affiliations: NATSAP-Full Member, Small Boarding School Association

Chrysalis

(Therapeutic Boarding School)

CONTACT

Phone: (406) 889-5577
 Executive Contact: Kenny Pannell
 Admission Contact: Mary Alexine
 Email: mary@chrysalisschool.net
 Fax: (406) 889-5576
 Address: 77 Trails End Rd.
 Eureka, MT 59917

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13 to 18
 Grades: 8 to 12
 Enrollment: 36
 Duration: 18 to 24 months
 Founded: 1998



NATSAP

Member Since: 2000



Airport: Kalispell

The mission of Chrysalis is to provide the best quality therapeutic services, education, and experiential opportunities to adolescents and their families in the context of a warm and nurturing environment while maintaining a commitment to integrity in all that we do.

Chrysalis is a therapeutic, home based residential setting for adolescent girls ages 13 to 18. Chrysalis enables students to develop healthy coping, living, communication, and interpersonal skills. Residents live “family-style” in large log homes, hold each other accountable for actions, and become responsible for themselves.

Chrysalis provides a special blend of care and therapy with a gentle firmness to recover from a past of pain, sorrow, untenable family situations, personal mistakes and self-destructive behavior. Regular group therapy sessions called “circles” reinforce these ideas of individual responsibility and group support.

Chrysalis school allows our teachers to tailor academics to the individual's abilities and needs through small classes, one-on-one tutorials, and independent study opportunities. Students are able to transition to our local public high school when they demonstrate emotional, social, and academic readiness.

Chrysalis utilizes outdoor adventure to help residents learn about their strength, style of learning, ability to master work, and ability to act as a member of a team. The program is physically active, incorporating horseback riding, downhill and cross-country skiing, rafting, biking, kayaking, climbing, and cultural travel. Safety is primary, with excursions taking place under the direction and leadership of trained professionals.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; National Independent Private Schools Association (NIPSA)

Therapeutic Certification and Academic Accreditation

Professional Affiliations: NATSAP-Full Member

Clearview Horizon, Inc.

(Therapeutic Boarding School)

CONTACT

Phone: (208) 263-5894
 Executive Contact: Tami Gebhardt
 Admission Contact: Mary L. Thielbahr, Educational Psychologist, M.F.T.
 Email: marythielbahr@hotmail.com
 Fax: (406) 847-4242
 Address: 785 Kaniksu Shores Circle
 Sandpoint, ID 83864
 Website: www.clearviewhorizon.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13 to 21
 Grades: 8th grade thru College
 Enrollment: 18
 Duration: 6 to 24 months
 Founded: 1996



NATSAP

Member Since: 2001



○ Sandpoint (office location)

Airport: Spokane

Clearview Horizon is a rustic finishing school designed to encourage girls in academic fitness, emotional fitness, and physical fitness. Nestled in a peaceful clearing in the woods inside an elegantly and warmly decorated log lodge, girls are taught how to become well balanced human beings. Clearview is a Christian based program where the girls go to a community church, youth group, AA/NA and 12-Step Programs.

Typically, the Clearview Horizon student is a teen who is struggling with her self-esteem, motivation, purpose, the influence of a negative peer environment, an eating disorder, sexual abuse, attachment disorder, attention deficit disorder, illegal drugs, or some other destructive behavior pattern. Consequently, the program is highly structured and responsibilities are taken very seriously. The student learns to complete tasks and the importance of the work ethic. The girls experience individual therapy, AA/NA, 12-Step, group therapy, family therapy, and therapeutic seminars which give them behavioral training tools that benefit them for the rest of their lives. Students attend an accredited high school on our campus. During the second phase of our program students may attend a public high school to test themselves. College on-line courses are also offered on our campus. Recreational opportunities include snowboarding, biking, hiking, boating, swimming, and horseback riding.

Each of our students is asked to evaluate her present life choices and then to explore ways she can improve herself. It is through this process that the student focuses on how to set goals and how to take steps necessary to achieve those goals. This is a small program and the staff is able to mentor your child's progress daily. The individual attention our girls receive enables them to be successful. The Clearview staff is very proud of the success of our students. It is our hope that we can help your family as well.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Registered with Montana Association of Alternative Private Programs; National Private School Accreditation Alliance, Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member; AAMFT; CAMFT

Copper Canyon Academy

(Therapeutic Boarding School)

CONTACT

Phone: (877) 617-1222
 Executive Contact: Paul Taylor
 Admission Contact: Paul Ravenscraft and
 Stephanie Coleman
 Email: admissions@coppercanyonacademy.com
 Fax: (928) 567-1323
 Address: P.O. Box 230
 Rimrock, AZ 86335
 Website: www.coppercanyonacademy.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 14 to 17
 Grades: 9 to 12
 Enrollment: 122
 Duration: 12 to 14 months average
 Founded: 1998



NATSAP

Member Since: 1999



Airport: Phoenix

At Copper Canyon Academy, students and staff work together as a team to create a community of warmth, respect, mutual cooperation, friendship, leadership, and love. Each student learns to confront the past and look forward to the future by following a proven trail to success. Students work to become the best they can be emotionally, mentally, physically, spiritually, and socially.

Copper Canyon Academy High School and Middle School Programs serves young women 14-17 years of age who exhibit one or more of the following: Poor Choice of Friends, Drug and Alcohol Use, Depressed, Angry, Low Self-Esteem, Peer Conflict, Poor Impulse Control, Lying, Cheating, Family Discord, Does Not Respect Rules, Sneaking out/Running Away, Anxiety, Poor Communication Skills, Lack of Boundaries, Manipulative, Self-Centered, Feeling Abandoned, High Risk Behavior, Poor Body/Self Image, Lack of Organization, and/or Underachieving.

Copper Canyon Academy is a comprehensive therapeutic boarding school with all aspects of the program designed to enhance self-esteem, self-awareness, self-reliance, self-confidence and self-management. CCA provides a fully accredited, college-preparatory, academic classes led by credentialed (masters and bachelors level) teachers, CCA provides all of the core classes required for High School graduation with an extensive selection of extra curricular classes including art, drama, dance, choir, PE. CCA utilizes an extremely diversified therapeutic program which includes individual therapy, group therapy, family therapy, student seminars, parent seminars, family workshops, equine therapy and canine therapy. CCA offers a challenging physical fitness program, and a structured living environment. Committed to success CCA students also participate in a number of additional programs such as competitive sports-basketball, softball, soccer and volleyball, hiking, equestrian riding, and extensive community service programs.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing; North Central Association Commission on Accreditation and School Improvement

Professional Affiliations: NATSAP-Full Member

Copper Hills Youth Center

(Residential Treatment Center)

CONTACT

Phone: (800) 776-7116
 Executive Contact: Barry Woodward (801) 304-7143
 Email: Barry.Woodward@uhsinc.com
 Admission Contact: Krista Modtland (801) 304-7179
 Fax: 801-280-0362
 Address: 5899 W. Rivendell Dr.
 West Jordan, UT 84081
 Website: www.copperhillsyouthcenter.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 17
 Grades: 7 to 12
 Enrollment: 30
 Duration: 9 months to 3 years
 Founded: 2004



NATSAP

Member Since: 2005



West
Jordan

Airport: Salt Lake International

Copper Hills Youth Center meets the specific needs of residents with Aspergers Syndrome including providing the residents with the life skills, relationship skills, and communication skills necessary to become productive members of their community. The residents' needs will be met in a setting that is developed for, and addresses the special needs of, individuals with Aspergers Syndrome.

Copper Hills Youth Center accepts students between the ages of 12 and 17 who are diagnosed with Aspergers Syndrome, high functioning Autism or other Autism Spectrum Disorders. Students benefit from a structured environment and specific skills training including Relationship Development Intervention (RDI) focusing on modifying behavior through positive reinforcement.

Copper Hills Youth Center provides individual treatment plans that are reviewed every 28 days. Individual and family therapy is held weekly and group therapy is held twice weekly. Five hours of on-site schooling is available and is accredited through the Northwest Association of Accredited Schools. Other services include:

- Daily recreational therapy
- Dietary services under direction of a licensed dietician
- Daily psycho-educational and skill development groups
- Nurses on site 24 hours a day
- Medication management – weekly 1/2 hour consultations with licensed psychiatrists
- IQ 60+

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Joint Commission; Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member

Cottonwood de Tucson

(Residential Treatment Center)

CONTACT

Phone: (800) 877-4520
 Executive Contact: Kathleen Parrish
 Admission Contact: Andrew McIntyre
 Email: amcintyre@cottonwoodtucson.com
 Fax: (520) 743-7991
 Address: 4110 W. Sweetwater Drive
 Tucson, AZ 85745
 Website: www.cottonwooddetucson.com

PROGRAM OUTLINE

Gender: Girls only
 Ages: 13 to 18
 Grades: N/A
 Enrollment: 8
 Duration: minimum 90 days
 Founded: 1984



NATSAP

Member Since: 2000



Airport: Tucson

Cottonwood de Tucson places spirituality at the core of experientially based programs designed to promote self-awareness, empowerment, and the potential for positive life changes. We offer a patient-centered approach with a strong 12-step orientation that allows for the development of new insights and behaviors necessary to promote change. Cottonwood provides each adolescent an opportunity to develop new skills and strengths that enable them to cope more effectively with life challenges. This is accomplished during a minimum 90-day treatment stay.

Cottonwood de Tucson offers in-patient treatment for adolescent females ages 13-18 years of age. Cottonwood offers treatment for co-occurring disorders, including chemical dependency, depression, eating disorders, post-traumatic stress disorder, relationship difficulties, family of origin conflict, self-mutilation, anxiety disorders, and ADD/ADHD. Cottonwood provides a week long, intensive family therapy program designed to improve communication, address conflict, and enhance relationships. Family members are strongly encouraged to participate in the development of treatment strategies and aftercare plans, including a possible return home or a referral to a therapeutic boarding school.

Cottonwood places a strong emphasis on scholastics, offering both structured classroom hours as well as a therapeutic curriculum that is designed to further the intellectual, emotional, and spiritual growth of each girl. Cottonwood's educational programming is offered on site, through a fully accredited school, so that each girl can continue to reach her educational goals.

As part of a holistic treatment approach, Cottonwood provides extensive evaluation and assessment services, including an initial psychiatric and medical evaluation. Nutritional and fitness consultations allow each girl to focus on developing a personal wellness program, consistent with her recovery goals. Cottonwood's clinical team provides ongoing assessment throughout the course of each girl's treatment through both individual and group counseling.

Cottonwood incorporates a variety of treatment modalities including equine assisted therapy, rocks and ropes course, yoga, expressive arts, self-defense, and group and individual therapy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing; Commission on Accreditation of Rehabilitation Facilities (CARF)

Professional Affiliations: NATSAP-Full Member; Better Business Bureau; Chamber of Commerce

Cumberland Heights

(Substance Abuse Residential Treatment Center)

CONTACT

Phone: (615) 356-2700
(800) 646-9998
Executive Contact: Paul Citro/Dean Porterfield
Admission Contact: Hugh Nash
Email: paul_citro@cumberlandheights.org
Fax: (615) 432-3019
Address: P.O. Box 90727; 8283 River Rd.
Nashville, TN 37209
Website: www.cumberlandheights.org

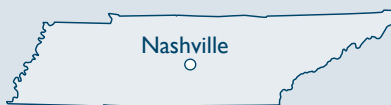
PROGRAM OUTLINE

Gender: Coeducational, Single
Gender Groups
Ages: 14 to 18
Grades: 7 to 12
Enrollment: 24
Duration: 30 - 120 days
Founded: 1985



NATSAP

Member Since: 2009



Airport: Nashville International

Cumberland Heights Adolescent Treatment Program is committed to the tradition of providing the highest quality of care possible in a cost effective manner, for adolescents – and their families who are at risk for, or suffering from the disease of chemical dependency. Treatment encompasses the physical, mental, emotional and spiritual dimensions of recovery by offering professional excellence, the principles of the Twelve Steps, proven clinical intervention and a safe, loving environment.

We specialize in those adolescents ages 14-18 who have a primary addiction diagnosis and will benefit from the structure and therapy provided in this description. Our average length of stay is 30 to 120 days. Treatment is designed provide physical and emotional safety and education in order to begin abstinence and long term recovery from addiction. We offer our patients an opportunity of connecting or reconnecting with their own spiritual life and how this has relevance in their day to day recovery. Additionally our patients are introduced to new and effective coping skills that involve their physical, spiritual emotional and overall sober support system.

Adolescent treatment at Cumberland Heights provides for a combination of recovery / education and therapy delivered through individual, group, didactic and experiential modalities. These therapies are experienced through a combination of indoor traditional therapies along with our outdoor adventure based techniques. We utilize both high and low ropes course elements, an indoor climbing wall, a full size gymnasium as well as our natural setting on 177 acres to engage teenagers. These adventure based therapies often connect and make sense to our teens where traditional techniques may not.

School services are provided through River Road Academy, a TN State licensed school on campus. For those who will retain enrollment in their own home school our teachers collaborate with that school and provide tutoring to keep the adolescent caught up with their work.

Our residents are housed in a gender separate new living space built in 2007 that allows for a comfortable, spacious and therapeutic environment. The boys and girls sleep two to a room and have a lodge style day room for morning and evening meditation and just relaxing. Meals, recreation and all activities are supervised and accompanied by staff. Our patients attend a minimum of three off site 12-step meetings per week and attend a minimum of one in-house 12-step meeting brought out by the local 12-step community weekly. Cumberland Heights understands that teenagers cannot be treated individually and in isolation of their family. Our treatment utilizes Family Systems Theory methods to support change in the entire family. Weekly family sessions along with a 4-day family program are at the heart of the overall treatment experience.

Individual Counseling Available: Yes

Accreditation, Licensure: The Joint Commission, Tennessee Department of Education

Professional Affiliations: NATSAP-Full Member; N.A.A.T.P - National Association of Addiction Treatment Providers; Association of Recovery School

Daybreak Canyon

(Residential Treatment Center)

CONTACT

Phone: (208) 655-4111
 Executive Contact: Larry McArthur
 Admission Contact: Larry McArthur
 Email: info@daybreakcanyon.com
 Fax: (877) 580-3806
 Address: P.O. Box 348
 Twin Falls, ID 83303
 Website: www.daybreakcanyon.com

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 12 to 17
 Grades: 7 to 12
 Enrollment: 22
 Duration: 12 months
 Founded: 2009



NATSAP

Member Since: 2009



Airport: Twin Falls, ID

Daybreak Canyon is a licensed “Green” Residential Treatment Center in Idaho that serves boys ages 12-17. Our clients need a high level of support and supervision after unsuccessful attempts with less restrictive interventions such as wilderness programs, Therapeutic Boarding School, and other community based interventions. We offer a small owner operated facility with a maximum capacity of 22.

The foundation for everything is our belief in the 5 Pillars of Daybreak Canyon; Self, Family, Community, World, and Spirituality. We believe that these 5 Pillars define each of us as human beings. Focusing and developing stewardship in each of these areas leads to a healthy individual.

Our primary modality is experiential therapy. We place youth in a variety of settings that challenge their views and enhance their interactions with each of the 5 Pillars. We use recreational therapy to challenge youth. We believe that through nurturing and challenging adventures we can push the limits of youth’s perception and encourage the development of stewardship within those areas.

Our off the grid, environmentally conscience, facility offers a perfect setting for a youth to learn more about cause and effect. In everyday situations youth will learn how their decisions impact themselves, their families, the community, the world we live in. We use extraordinary settings such as our international service trips or super outings to accentuate this knowledge. We believe that a strong spiritual foundation can be grounding and guiding.

Mission:

We believe that hope is the catalyst for all change. We strive to take hope that exists in parents and youth alike and help it grow. We seek to facilitate a transformation into self-discovered stewardship over self, family, community, world and spirituality through nurturing and rewarding therapeutic adventures.

Individual Counseling Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health and Welfare; Northwest Association of Accredited Schools and Programs (Provisional)

Professional Affiliations: NATSAP-Associate Member

Decision Point Center

(Residential Treatment Center)

CONTACT

Phone: (928) 778-4600
 Toll-Free: (877) 77-ADMIT
 Executive Contact: Bob Perrone, MSW, LCSW
 Admission Contact: 24 hr. Admissions: (877) 77-ADMIT
 Email: info@decisionpointcenter.com
 Fax: (928) 778-2221
 Address: 505 W. Whipple
 Prescott, AZ 86301
 Website: www.decisionpointcenter.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 18+
 Grades: N/A
 Enrollment: 48
 Duration: Avg. is 4 to 6 months/
 Open-Ended
 Founded: 1997



NATSAP

Member Since: 2007



Airport: Phoenix

"Where Recovery is an Adventure"

Decision Point Center is a licensed facility that provides long term care for both men and women ages 18 and over. The program is designed to meet the needs of those who continually struggle with Chronic Relapse Behaviors, Substance Abuse Disorders, Process Addictions, Compulsive Behaviors, Mental Health Issues, Co-Dependency, and Trauma Related Issues. The program is also designed for those who need a continuum of care beyond the traditional 30 day treatment center stay.

At Decision Point, we believe that addictive behaviors are dysfunctional coping mechanisms used as a way to medicate and escape from pain, shame and trauma. Overtime, these dysfunctional behaviors can become a progressive and fatal disease known as "addiction". Through our comprehensive and individualized holistic approach, individuals are able to identify & address their core issues as well as the core features directly related to their addictive behaviors.

The Decision Point Treatment Model engages the union of mind, body and spirit by providing a comprehensive and individualized holistic program. We build new lives through adventure therapy, equine therapy, ropes/challenge course therapy, nutrition and wellness therapy along with a full range of traditional, experiential and integrated therapies with a strong emphasis on trauma resolution, the 12 steps, life skills, social responsibility, and having fun which engages a lifelong recovery.

Our purpose is to provide a confidential, therapeutic, caring environment to reduce or eliminate barriers to recovery. We reintegrate the individual into the community with the skills and tools to maintain a healthy and sober lifestyle through our 3 phase step down program to continue their education and/or back into the work force while attending our continuing care program. Our community offers a wide range of excellent education opportunities through local and state Universities. We facilitate and guide in the process of reintegrating the individual back into continuing their education through the third phase of our program.

Our experienced professional staff guides the individual through this transformation while affirming their dignity and respect. We challenge the individual to discover and use their own personal strengths and goals to become the healthy, loving person they aspire to be.

Individual Psychotherapy Available: Yes

Insurance Accepted: Yes

Accreditation, Licensure: Arizona Department of Health Services

Professional Affiliations: NATSAP-Full Member; NAATP; NAADAC; SASH

Discovery Academy

(Therapeutic Boarding School)

CONTACT

Phone: (801) 374-2121
 Executive Contact: Brent Hall, LMFT
 Admission Contact: Triston Morgan Ph.D.
 Email: drmorgan@discoveryacademy.com
 Fax: (801) 373-4451
 Address: 105 North 500 West
 Provo, UT 84601
 Website: www.discoveryacademy.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 18
 Grades: 7 to 12
 Enrollment: 82
 Duration: 6 to 18 months
 Founded: 1989



NATSAP

Member Since: 1999



Provo

Airport: Salt Lake City

Discovery Academy is a therapeutic boarding school located in Provo, Utah for girls and boys ages 13-18. We offer separate programming in a small school environment for just 50 boys and 32 girls. Discovery Academy is an excellent bridge from previous therapeutic programs to a more academically oriented therapeutic approach.

Our treatment protocol in academics, therapeutics, and residential living focuses on experiential curriculum and trust-based relationships. This model enables students to accomplish more in less time academically and therapeutically. Students discover the difference between image – what I think I am, and identity – who I really am.

Discovery Academy serves three types of students: Bright academic underachievers who have been unsuccessful in their previous academic settings; students with learning disabilities who have not achieved academic success; and students who have made poor peer and/or lifestyle choices.

Typically, our students may have also been diagnosed with conditions such as ADHD, depression, substance abuse, or similar conditions. They have sometimes been expelled from other schools. Each type of student has the opportunity to excel at Discovery Academy through individualized learning and therapy.

Accredited by the State of Utah and the Northwest Accreditation Commission, Discovery offers math, science, English and history, as well as Advanced Placement courses and college preparatory work. On occasion, our Boys and Girls programs are combined for meaningful activities like student government, service projects, and extra-curricular clubs. The Honor Level students are allowed to work in the community or take additional courses through two neighboring universities.

Discovery Academy clinicians use traditional therapy in combination with experiential therapies like drama, art, horticultural, equine, high and low ropes courses, and real-time residential learning activities. The Wilderness Renewal groups give students a chance to review and practice the skills they acquired in prior wilderness therapy.

Clinicians respect the progress a student may have made in a previous placement. They acknowledge those achievements by assigning trust and level responsibilities, at the beginning of a student's stay at Discovery Academy, based on the student's prior therapeutic achievements.

Discovery Academy therapeutic and academic protocols allow students opportunities to practice the skills they will need to function successfully in the community before they return home. After care is also available.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; APA

Discovery Connections

(Residential Treatment Center)

CONTACT

Phone: (801) 374-2121
 Executive Contact: Brent Hall, LMFT
 Admission Contact: Triston Morgan Ph.D.
 Email: drmorgan@discoveryconnections.com
 Fax: (801) 373-4451
 Address: 1834 South Sandhill Rd
 Orem, UT 84058
 Website: www.discoveryconnections.com

PROGRAM OUTLINE

Gender: Male Only
 Ages: 14 to 17
 Grades: 8 to 12
 Enrollment: 12
 Duration: 10 months
 Founded: 2010



NATSAP

Member Since: 2011



Orem

Airport: Salt Lake City

The typical student at Discovery Connections is an oppositional defiant (non-violent), treatment resistant boy who is disruptive or has failed in a larger milieu program and is a high risk of acting out. These students can be socially manipulative and need a smaller milieu to aid in the development of a more behaviorally authentic response. Educationally, each student can be on a traditional or non-traditional track such as a GED.

Discovery Connections offers a small milieu where each boy's treatment has immediate, detailed and individual attention. Trained staff utilize the time-honored Governing Principles to direct and help boys to appropriately and positively influence each other to perform and act in acceptable ways. Students gain experience in the Career Development program which evaluates and trains them in a practical setting based on interests and abilities. This specialized programmatic component is utilized to help both the students and the parents understand career aptitude and educational needs. Students also participate in community-based athletic teams and community service. Experiential activities are the foundation of therapeutic success. Parent involvement is a also critical part of a student's success.

Discovery Connections academics offers a personalized mastery-based, tutorial learning atmosphere. Teachers are licensed educators, many with Master's level degrees.

Families may enroll in Echoes of Discovery, an 8 week aftercare program typically beginning two to four weeks after a student has returned home.

The facility at Discovery Connections was completed in 2010 and allows for a close and open program. Boys are involved in cleaning, cooking, and maintaining and developing the grounds and facilities. In a therapeutic house style, this location facilitates easy access to mentors, teachers, and therapists in a manner that develops trust and togetherness. Students are free to engage in sports and other recreational activities on the sport court and open grass area.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: St. of Utah, Office of Licensing, Dept of Human Services, Northwest Accrediting Commission, SEVIS

Professional Affiliations: NATSAP-Associate Member

Discovery Ranch

(Residential Treatment Center)

CONTACT

Phone: (801) 489-3311
 Executive Contact: Clinton Dorny
 Admission Contact: Jennifer Charrier, 801-361-7062
 Email: info@discoveryranch.net
 Fax: (801) 489-3355
 Address: 1308 South 1600 West
 Mapleton, UT 84664
 Website: www.discoveryranch.net

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 18
 Grades: 8 to 12
 Enrollment: 44
 Duration: 8 to 10 months
 Founded: 2005



NATSAP

Member Since: 2005



Airport: Salt Lake City

Discovery Ranch is a residential treatment center located on a 20 acre ranch near Provo, Utah. Discovery's open campus is designed for experiential therapy in residential living, academics, and ranch responsibilities. Our treatment protocol is founded on helping students develop self esteem through skill mastery. Discovery Ranch serves students ages 13-18 who struggle with a variety of emotional and behavioral issues such as ADHD, oppositional defiance, depression, adoption, eating disorders, substance abuse, etc.

Relationships underscore our competency based model. Students, mentors and therapists participate together in equine activities, caring for newborn calves, high and low ropes courses, community service projects, and academics.

The Ranch offers one of the most veteran therapeutic teams in the industry. All therapists are licensed Master's and Ph.D. level practitioners with an average of 19 years experience each working with adolescents. Clinically intensive, each student receives individual, group and family therapy sessions each week. Real time therapeutic intervention through relationship based interaction is the heart of our program.

Discovery specializes in student centered academics. Students and parents work with teachers and therapists to develop a customized education plan with specific learning goals. Then, therapeutics and academics work in tandem to achieve a competency based progression. Coursework is fully accredited by the State of Utah and taught by licensed educators. Academics are complimented by remedial assistance, experiential learning activities and small learning communities. Special education and IEP/504 assistance is also available.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NWAC) through Discovery Academy

Professional Affiliations: NATSAP-Full Member

The Discovery Schools of Virginia, Inc.

(Emotional Growth Boarding School)

CONTACT

Phone: (434) 983-5616
 Executive Contact: Chris Yates
 Admission Contact: Donald Williams
 Email: dsadmissions@yahoo.com
 Fax: (434) 983-5617
 Address: 2697 Copper Mine Rd.
 Dillwyn, VA 23936
 Website: www.discoveryschool.org

PROGRAM OUTLINE

Gender: Boys/Girls
 (separate campuses)
 Ages: 11 to 17
 Grades: 7 to 12
 Enrollment: 55 boys/40 girls
 Duration: 14 to 16 months
 Founded: 1998



NATSAP

Member Since: 2007



Airport: Richmond

The Discovery Schools of Virginia's guiding principles are a product of the founders' particular experiences in the outdoor therapeutic group setting. These principles include: Academic success follows emotional and personal growth. Family reintegration is based on mutual respect, good communication, and effective problem solving. Young people with emotional and behavioral problems must be held accountable for their actions. The outdoor setting and the group process play a vital role in helping young people see themselves honestly. Young people who are properly challenged emotionally, mentally, and physically will develop a positive sense of self-worth and a sense of responsibility.

Our students will have experienced ongoing frustration or failure in the traditional or other non-traditional academic settings. The essential goal of The Discovery School's academic program is to teach each student to take responsibility for his/her education and to respect it as a privilege.

Discovery Schools' group setting is a structured yet nurturing environment in which students mature by becoming accountable for their problematic behaviors. By stressing the importance of honesty, responsibility to others, and accountability for self, the group experience provides each group member with a positive means to address unresolved emotional, developmental, and family issues which are frequently acted out through opposition to schools and to school rules.

Students having histories of drug and alcohol problems are welcome to join Recovery Dynamics throughout their enrollment. This helps them accept the solutions that treat addiction and to begin their personal journey or recovery.

Individual Psychotherapy Available: No

Accreditation, Licensure: Licensed by the Virginia Department of Social Services and the Virginia Department of Education. Accredited by the Virginia Associate of Independent Specialized Educational Facilities; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Dragonfly Transitions

(Young Adult Program/Transitional Independent Living Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(541) 850-0841	Gender:	Coeducational
Executive Contact:	Glenn White	Ages:	18 to 24
Admission Contact:	Mona Treadway, MSW, LCSW, CADC I	Grades:	High School Completion or GED and College
Email:	admissions@dragonflytransitions.com	Enrollment:	36
Fax:	(866) 341-3053	Duration:	9-12 months
Address:	919 High St. Klamath Falls, OR 97601	Founded:	2000
Website:	www.dragonflytransitions.com		



NATSAP

Member Since: 2005



○ Klamath Falls

Airport: Klamath Falls Int'l Airport

Founded by Mona Treadway and Glenn White, Dragonfly Transitions is an independent living program for young men and women ages 18-24.

Dragonfly Transitions is located in downtown Klamath Falls and serves 18-24 year old men and woman who are struggling to launch in their potential in academics, occupation and relationships. Dragonfly Transitions is designed to address problems that result from:

- Mood and Anxiety disorders
- Substance-Abuse
- Problems related to delayed emotional development
- Adjustment Disorders
- Trauma

Integrating our young adults back into the “flow” of life in healthy, adaptive ways is the ultimate goal. The program is interwoven into the community. Clients are expected to build a full time schedule of school apprenticeships, work, or a combination. Clients are mentored to learn how to connect with their community to build a meaningful social network and healthy recreational outlets.

The treatment team at Dragonfly Transitions is comprised of Bachelor level mentors, Master’s Level Therapists, Program Director, and a Psychiatrist. This multidisciplinary approach allows the team to make use of the teachable moments that invariably occur throughout daily living.

Individual Counseling Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Child Caring Agency

Professional Affiliations: NATSAP-Full Member; Independent Small Program Alliance (ISPA)

Eagle Summit

(Therapeutic Residential Treatment Center)

CONTACT

Phone: (573) 485-3695 OR
1-866-924-0304

Program Contact: Kimberly Robinson, M.A., L.P.C.

Executive Contact and Admission Contact:
Angie Fusco, M.ED.

Admission Contact: Angie Fusco, M.S.

Email: Program: kimberlyrobinson@eaglesummit-mo.com

Email: Admissions: angiefusco@eaglesummit-mo.com

Fax: (573) 485-2100

Address: 1029 Highway Z
Silex, MO 63377

Website: www.eaglesummit-mo.com



NATSAP

Member Since: 2009

PROGRAM OUTLINE

Gender: Boys Only

Ages: 13 - 18

Grades: 6 - 12

Enrollment: 12

Duration: 7-9 months

Founded: 2009



Airport: St. Louis

Eagle Summit is a therapeutic residential treatment center for struggling male teens ages 13-18. It is a place where young men are challenged to grow and thrive intellectually, emotionally, spiritually, and behaviorally...

“A Place Where Young Men’s Futures Take Flight!”

The Program at Eagle Summit is based on a Cognitive and Behavioral restructuring, family/group process model. Through the use of a Positive Peer Culture and the application of Natural and Logical consequences, we foster an environment in which students grow to understand the thoughts and feelings that influence their behaviors and develop skills and strategies to more appropriately and productively deal with these thoughts and feelings now and in the future. Ultimately, students learn to consistently accept responsibility for their actions and become conscious of how their actions affect others.

At Eagle Summit, students confront concrete, immediate challenges through reality-based counseling. Our experiential, outdoor component engages our students in events that place them in unfamiliar settings, where things happen unexpectedly. These situations challenge students to not only work together as a collective team, but to also embrace and accept one another’s strengths and limitations as they look to solve problems and overcome obstacles as a group.

Using the outdoors and the Native American culture as motif, we teach young men to adapt to ever-changing situations with confidence and self-assurance, employing the principles of cognitive behavioral therapy, achievement motivation training, applied social learning theory, group process, and experiential learning. Through the development of positive relationships with our strong, competent, and caring staff, young men learn new ways to think, feel, and behave.

The program includes a strong emphasis on parent support and training, both instructive and experiential. We involve parents as our “partners” in the students’ treatment process through monthly visits on campus, weekly phone calls, and weekly family therapy.

Our typical length of stay is 7-9 months.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Missouri Department of Social Services, Children’s Division; Council on Accreditation (COA), Commission on Accreditation of Rehabilitation Facilities (CARF)

Professional Affiliations: NATSAP-Associate Member

Eagleton School

(Residential Treatment Center)

CONTACT

Phone: (413) 528-4385
 Executive Contact: Bruce Bona
 Admission Contact: Becky Mitchell
 Email: admissions@eagletonschool.com
 Fax: (413) 528-6377
 Address: 446 Monterey Road
 Great Barrington, MA 01230
 Website: www.eagletonschool.com

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 9 - 22
 Grades: K - 12
 Enrollment: 70
 Duration: 15 months
 Founded: 1977



NATSAP

Member Since: 2009



Airport: Albany, NY/Hartford, CT

Eagleton School is a private year round residential, psycho-educational treatment facility for boys ages nine to twenty two with Autism, Asperger's Syndrome, Pervasive Developmental Disorder, Communication and Cognitive Delays, Behavioral Disorders, Emotional Disturbances, and Learning Disabilities. Through a team approach, we share a commitment to helping each student discover his self worth through trust and acceptance of himself and his peers while taking advantage of all the opportunities that surround him. At Eagleton, the boys are immersed in a community of learning that emphasizes their strengths and focuses on attainable solutions.

The campus is nestled within the Berkshire Mountains in a town called Great Barrington located in Western Massachusetts. The property includes home-like residences with single bedrooms and all the amenities. The campus also includes a School/Discovery Center, Greenhouse/Garden area, an outdoor Recreation Field, a Ropes Course, Swimming Pool, Horse Rink, and Chapel.

The Educational, Residential, Clinical, Vocational, Equine, Horticulture, Culinary, Adventure Based Counseling, and Recreational Programs interact to provide meaningful experiences. To create and maintain a culture of trust, influence, and non violence, Eagleton utilizes a behavior intervention model produced by NAPPI (Non-Abusive Psychological and Physical Intervention). UniFy (Understanding Family) is a strength based program designed to promote growth and learning within the family. This exclusive program happens one weekend a month when many families gather together at Eagleton to share in a range of therapeutic activities. Our small size allows us to focus on each individual's needs and allows each boy the opportunity to succeed in future endeavors.

Eagleton School is an accredited program thorough the Massachusetts Department of Education and Massachusetts Department of Early Education and Care. We are members of the National Association of Private Special Education Centers (NAPSEC), Massachusetts Association of Approved Chapter 766 Private Schools (MAAPS), and Asperger's Association of New England (AANE).

Individual Counseling Available: Yes

Accreditation, Licensure: Massachusetts Department of Education, Massachusetts Department of Early Education and Care

Professional Affiliations: NATSAP-Full Member, NAPSEC, IECA, MAAPS, AANE

Eastwood Center

(Residential Treatment Center)

CONTACT

Phone: (435) 713-7777
 Executive Contact: Kimberly Bond
 Admission Contact: Margaret Oak
 Email: eastwoodcenter@mhsinc.org
 Fax: (435) 755-8540
 Address: 1683 S. Highway 89/91
 Logan, UT 84321

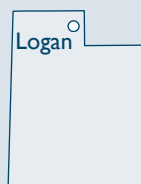
PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17
 Grades: 8th to 12th
 Enrollment: 26
 Duration: 12-18 months
 Founded: 2009



NATSAP

Member Since: 2009



Airport: Salt Lake city, Utah

Eastwood Center is an adolescent residential program operated by non-profit Mental Health Systems, Inc. The program is for adolescent boys and girls ages 13-17 who are having difficulties in the home, community and school due to emotional and behavioral problems. The program is designed to offer state of the art residential, therapeutic and educational services for our clients. Located in the beautiful Cache Valley community of Logan Utah, Eastwood Center offers a warm, caring and safe environment to meet and successfully address the specialized needs of each youth. Our program utilizes a sophisticated and successful treatment model focusing on the delivery of comprehensive assessment, individualized treatment planning and interventions, and successful family and community reintegration. We provide compassionate care and treat our clients with respect and dignity to empower them to meet their full potential and success. The Eastwood Center is dedicated to assisting youth through a client centered and strength based approach that recognizes the individuality of each youth. The program serves up to 26 youth and it is expected that a 12-18 month length of stay will be average. While clients are receiving residential treatment at Eastwood Center, educational services are provided by the on-site Logan River Academy.

Individual Counseling Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing. License Number 1503

Professional Affiliations: NATSAP-Associate Member; Northwest Association of Accredited Schools

Echo Springs Transition Study Center

(Transitional Independent Living and Young Adult Program)

CONTACT

Phone: (888) 688-3246
 Executive Contact: Doug Kim-Brown
 Admission Contact: Lisa Sutton/Rhea Verbanic
 Email: echosprings@meadowcrk.com
 Fax: (208) 267-1122
 Address: 3210 Kootenai Trail Rd.
 Bonners Ferry, ID 83805
 Website: www.echosprings.net

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 18 to 24
 Grades: N/A
 Enrollment: 8 to 10 in each phase
 Duration: 12 to 18 months
 Founded: 1993



NATSAP

Member Since: 2009



Bonners Ferry

Airport: Spokane, WA

Echo Springs is designed to empower young adults to live effective and productive lives. This post-graduate program assists students in identifying their interests and assessing their strengths and weaknesses. It is a time to re-envision their dreams and learn that they can accomplish realistic goals. Echo Springs enables students to move from being passive onlookers to active participants in their lives.

Students who attend Echo Springs are young men and women with the common desire to get on with life, experience success and become confident in themselves again. Students may have dropped out of high school and now seek a diploma or GED, or completed high school but would benefit from an additional year of academic preparation and emotional maturity. Some students lost their way at college, overcome by peer pressure and academic expectations. Common issues include poor organizational and coping skills, lack of motivation, procrastination, poor decision making, ADHD and/or learning disabilities, issues with authority, general immaturity, recovery issues, depression, anxiety, mood disorders and/or social ineptness.

Echo Springs offers a small, family-style living environment of supportive peers, with caring staff who mentor, guide and foster the opportunity for real growth. Students can develop community living skills, practice more effective communication and learn to balance the daily requirements of greater independence. Phase One functions as a kind of laboratory for personal expression where students can express feelings and frustrations, learn to set limits and develop an awareness of time management in relation to immediate and long term goals. These ideas are applied practically to the management of personal finances, home maintenance, employment, academics and independent activities. In Phase Two, students apply the principles they have learned to a new and more independent living situation, creating a support system of their own in addition to the ongoing mentoring of Echo Springs' staff. All students have the opportunity to attend community college, receive therapeutic support and continue a personal recovery program as needed during their enrollment at Echo Springs.

Individual Counseling Available: Yes

Professional Affiliations: NATSAP-Young Adult Affiliate Member

Eckerd Academy at Brooksville

(Outdoor Therapeutic Program)

CONTACT

Phone: (800) 914-3937
 Executive Contact: Todd Johnson
 Admission Contact: Francene Hazel
 Email: admissions@eckerd.org
 Fax: (727) 442-5911
 Address: 397 Culbreath Rd.
 Brooksville, FL 34602-6019
 Website: www.eckerdyouthalternatives.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 10 to 17
 Grades: 4 to 12
 Enrollment: 70
 Duration: 6 to 12 months
 Founded: 1968



NATSAP

Member Since: 2005



Brooksville

Airport: Tampa

Eckerd Youth Alternatives is a national leader in outdoor therapeutic treatment programs for troubled youth. Eckerd Youth Alternatives Academy at Brooksville is a positive, nurturing, highly effective outdoor residential treatment program for boys and girls ages 10 to 17 who are:

- struggling with school;
- causing family conflicts;
- experiencing depression;
- having self esteem issues; and
- exhibiting ADD/ADHD, oppositional defiant disorder or other emotional problems and behavioral issues.

Founded in 1968, Eckerd Academy at Brooksville has helped thousands of kids leave their troubled pasts behind and open the door to brighter futures. Eckerd Academy at Brooksville Outdoor Therapeutic Treatment Program combines fully accredited education with group and individual counseling, high-interest adventure programs and relationship and communication-building skills in a therapeutic outdoor setting. Individual treatment and education plans address special needs, while youths live, learn and grow in small, family-like groups.

A unique element is the positive bond that develops between the counselor and each child. Eckerd Youth Alternatives is one of the few programs nationwide in which trained counselors have around-the-clock contact with troubled youth and make such strong, caring, therapeutic connections. The youth are connected to adult staff role models who help them build self-confidence, develop respect for self and others, accept personal responsibility and make good decisions.

Eckerd Academy at Brooksville is located on 800 beautiful wooded acres just 45- minutes north of Tampa, Florida. Eckerd Academy at Brooksville's natural surroundings not only offer a serene setting free from television and the everyday congestion of life, they also provide a stimulating, activity-rich environment, including:

- Hiking
- Camping
- Ropes course
- Challenge courses
- Swimming and fishing
- Canoe trips

Admissions information and applications available online at www.eckerd.org or call 1-800-914-3937 8 a.m. to 7 p.m. Eastern time for assistance.

Individual Counseling Available: Yes

Accreditation, Licensure: State of Florida, Department of Children & Families; Council on Accreditation; Southern Association of Colleges and Schools; Approved by SEVIS

Professional Affiliations: NATSAP – Full Member; Child Welfare League of America; National Association of Therapeutic Wilderness Camps

Eckerd Academy of the Blue Ridge

(Outdoor Therapeutic Program)

CONTACT

Phone: (800) 914-3937
 Executive Contact: Greg Holeman
 Admission Contact: Micha Mathis
 Email: admissions@eckerd.org
 Fax: (727) 442-5911
 Address: 853 Camp Road
 Suches, GA 30572
 Website: www.eckerdacademy.com

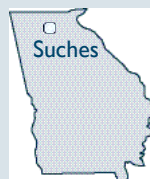
PROGRAM OUTLINE

Gender: Coeducational -
 Single Gender Groups
 Ages: 10 - 18
 Grades: N/A
 Enrollment: 60
 Duration: 6 - 12 months
 Founded: 1996



NATSAP

Member Since: 2008



Airport: Atlanta, GA

Youth Served:

Boys and girls ages 10-18 who exhibit any of the following: low self-esteem, low motivation, poor decision making, impulsivity, susceptibility to negative peer pressure, parent/child relationship problems, defiance of authority, refusal to take responsibility for behavior, refusing to go to school or suspension, confrontational behavior, drug or alcohol experimentation or abuse, adoption issues, social alienation, depression and promiscuity.

Therapeutic Program Highlights: Positive Peer Culture approach; Reality Therapy and Choice Theory; Individualized treatment and academic plans; Psychiatric evaluation and monthly medication management as needed; Individual, group and family counseling (weekly); Non-punitive, strength-based approach; No point systems, level systems or artificially imposed consequences are used for managing behaviors. Students experience natural consequences related to their decisions. Formal substance abuse group held weekly. Actively teaching social skills using the Boys Town Social Skills Model.

Academic Program Highlights:

- Accredited, on-campus school offering block scheduling
- Classworks, an award-winning, diagnostic/prescriptive reading and mathematics curriculum that is proven to boost student achievement and aligned with National Education Standards, as well as learning standards and test objectives of 21 states
- Electronic Virtual Library, giving students access to hundreds of thousands of online books and educational resources.
- Educational videos and 40,000 video clips by Discovery Education, as well as college prep, career advisor and resume building resources
- Assessment driven, individualized academic plans for each child
- Each child is evaluated using the Woodcock-Johnson III Tests of Achievement and Learning Styles Inventory testing (upon admission)
- Specialized lessons plans for children with learning disabilities
- Certified teachers who specialize in special needs and gifted instruction; State-of-the art technology in instructional settings
- Experiential trips that coincide with lessons plans (museums, sporting events, hiking, and canoe trips)
- SAT/ACT and standardized testing prep; Bibliotherapy

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Georgia Department of Education (GA DOE), State of Georgia Office of Regulatory Services (ORS), Southern Association of Colleges & Schools, Secondary Commission Special Purpose Schools (SACS), Council on Accreditation of Services for Families and Children, Inc. (COA), Approved by SEVIS

Professional Affiliations: NATSAP - Associate Member; National Association of Therapeutic Wilderness Camps (NATWC)

Elk Mountain Academy

(Therapeutic Boarding School)

CONTACT

Phone: (406) 847-4400
 Admission Contact: Loretta Olding
 Email: ldolding@elkmountainacademy.org
 Fax: (406) 847-0034
 Address: P.O. Box 330
 Heron, MT 59844
 Website: www.elkmountainacademy.org

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 14 to 18
 Grades: 9 to 12
 Enrollment: 30
 Duration: 12 months
 Founded: 1994



NATSAP

Member Since: 2002



Airport: Spokane

For over 17 years Elk Mountain Academy has created healthy change for teens and families through academic, therapeutic, experiential and 12-Step education. The result is success for students who have struggled with academic deficiency, drug and alcohol abuse and related behavioral issues, emotional challenges, and lack of personal responsibility.

Elk Mountain Academy is dedicated to providing your child:

12 Step based recovery that can be integrated into all areas of his life; enhanced study skills; high quality education with a goal of preparation for a top-ranked college; a return to family values and open communication; the ability to recognize his self-worth; an open and honest relationship with God as *your son understands him*; outdoor activities and adventure leading to the discovery and excitement of sober living and sober fun.

"Rarely have we seen a person fail who has thoroughly followed our path." Alcoholics Anonymous

Elk Mountain Academy has shown considerable success in helping young men overcome the following:

- Substance Abuse
- Social/Family Disorders
- Low Self Esteem
- Anger
- Co-dependency, Victimization and Manipulation
- Learning Disorders
- Behavioral Disorders
- ODD / Conduct Disorder
- ADD/ADHD and related clinical disorders
- Abandonment Issues: Adoption, Divorce, Attachment
- Depression
- Psychosocial and environmental problems

Elk Mountain Academy is not equipped to take students with tendencies toward suicide, or who have a history of violent behavior, arson or perpetrating sexual abuse.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Montana, Board of Private Alternative Adolescent Residential Programs; Northwest Association of Accredited Schools (NAAAS); Idaho State Board of Education; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Estrella Vista Ranch

(Residential Treatment Center)

CONTACT

Phone: (520) 586-9254
 Executive Contact: Cynthia Dickinson
 Admission Contact: Erica Palacios
 Email: info@estrellavistaranch.com
 Fax: (520) 586-9581
 Address: 4911 E. Silk Wind Blvd.
 Dragoon, Arizona 85609
 Website: www.estrellavistaranch.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 to 18
 Grades: 9 - 12
 Enrollment: 8
 Duration: Minimum 90 Days
 Founded: 2008



NATSAP

Member Since: 2010



Airport: Tucson International

Estrella Vista Ranch (EVR) provides an intensive, relatively short-term intervention program in a peaceful environment for teens in need of focused therapeutic support. Our mission is to assist teens in awakening to their true selves and develop an opening to receive their own intuitive guidance, promoting the understanding of who they are and what their purpose is. Through this new understanding, teens are then able to gain self-respect, respect for others, self motivation, self-advocacy and hope for the future, thereby eliminating the need for negative and self-harming behaviors.

We offer an individualized, teen-centered approach emphasizing the balance of spirit, mind and body. A small and intimate therapeutic treatment community for teen girls, ages 14-18 years, EVR provides a unique approach to dealing with such conditions as anxiety disorders, ADD/ADHD, chemical dependency, depression, eating disorders, family conflict, post-traumatic stress disorder, relationship difficulties, self-harm and motivational issues. This is accomplished during a minimum 90-day participation in EVR's treatment program.

As a result of extensive evaluation and assessment, each young lady's treatment plan can draw upon a variety of treatment activities. The therapeutic environment at EVR, positive peer culture and our focus on balancing spirit, mind and body effectively supports therapeutic activities such as group, family and individual therapy, equine care and riding skills, a personal wellness program, leisure education, expressive arts, organic gardening and respect for the environment, nature treks and motivational therapy. Ongoing assessment continues over the course of treatment to ensure flexibility and individual goal evaluation.

The academic program at EVR reflects our desire to reduce the distractions an adolescent has become accustomed to and the challenges that can produce. Instruction is offered in small class settings on-site to promote and protect the healing efforts in the therapeutic community. The therapeutic curriculum is individually tailored to each teen, designed to further assist in the balancing of spirit, mind and body. Our fully accredited academic program assists girls to feel successful and competent while continuing toward their educational goals.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Arizona, Department of Health Services, Office of Behavioral Health Licensing

Professional Affiliations: NATSAP-Associate Member

Evangelhouse® Christian Academy

(Therapeutic Boarding School)

CONTACT

Phone: (800) 924-4012
 Executive Contact: Mark Barrentine, LCSW
 Admission Contact: Mark Barrentine, LCSW
 Email: admissions@evangelhouse.com
 Fax: (866) 223-6842
 Address: P.O. Box 139
 Saint Martinville, LA 70582
 Website: www.evangelhouse.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 to 18
 Grades: 6 to 12
 Enrollment: 14
 Duration: 12 to 24 months
 Founded: 1995



Member Since: 2005



Airport: Lafayette, Baton Rouge or New Orleans

More Than a School

For Christian families seeking a values based treatment program for their troubled teen, Evangelhouse® Christian Academy offers a distinctly Christian yet clinically focused option. Founded in 1995, Evangelhouse® Christian Academy is a private, parent-choice therapeutic boarding school for girls offering 6th through 12th grades.

A Place for Troubled Teen Girls

Parents enroll their daughters for various behavior problems, experimental substance abuse, academic or family difficulties. Many students present with mild to moderate DSM-IV diagnoses such as major depression, ADHD, bi-polar disorder, and other mood, behavior or learning disorders. The problems students are dealing with can take on different forms, but the outward behaviors are treated as symptoms of an internal struggle.

A Place to Become Rooted, Grow and Mature™

Our therapeutic boarding school structure provides the focus necessary to complete a long-term life building experience. Our school is organized around five areas of wellness in which students can become rooted - Spiritual, Therapeutic, Academic, Social and Physical™. The Evangelhouse® Christian Academy Lifeleaf™ treatment model creates the right conditions, the right amount of time, and a gauge to measure growth. At Evangelhouse® we guide students to overcome not only the behavior symptoms, but their underlying causes.

Download the application for admission at www.evangelhouse.com.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Louisiana, Department of Education Division of Non-Public Schools, Alternative School Classification. Teen Challenge International, USA - Accredited with Honors

[*The Evangelhouse® Christian Academy academic curriculum is accredited by the Southern Association of Colleges and Schools (SACS) and the Commission on International and Trans-Regional Accreditation (CITA) through Lighthouse Christian Academy.]

Professional Affiliations: NATSAP – Full Member; American Association of Christian Counselors; Louisiana District of the Assemblies of God Non-Denominational Outreach

Explorations

(Small Residential Program, Outdoor Therapeutic Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(406) 827-3863	Gender:	Coeducational, Girls Only, Boys Only
Executive Contact:	Penny James	Ages:	12-18 & 19+
Admission Contact:	Penny James or Leona Gollen	Grades:	7-12
Email:	info@explorationsMT.com	Enrollment:	16 Residential 24 Summer Program
Fax:	(406) 827-4072	Duration:	12-18 months/Residential 21-58 days/Summer 7-21 days/Custom Family
Address:	P.O. Box 1469 119 South Hill Road Trout Creek, MT 59874	Founded:	1989
Website:	www.explorationsMT.com		



NATSAP

Member Since: 1999



○ Trout Creek

Airport: Spokane, WA

Explorations offers a variety of unique and relevant program choices that meet the needs of today's teens and young adults. For 20 years, we have provided innovative, diverse offerings that promote healthy families. We promise individualized attention and small groups. We support reunification of families through integrated parent involvement. We prioritize successful, supported transitions at the conclusion of our offerings.

HomeBase Residential looks and feels like home! Students, ages 13 – 18, practice solutions to 'every-day-life' problems in a real life environment. Students live in a therapeutic home while balancing out the challenges of family, school and personal endeavors. Students attend school or complete distance learning and participate in individual and group therapy. Parent involvement is prioritized and supported through parent coaching calls, regular contact with therapists and family weekends. Mentors are nurturing, but firm and teach valuable life skills. International and domestic travel experiences round out the HomeBase curriculum.

Big Sky Summer Adventure serves girls and boys ages 13 – 18 in separate offerings. We teach self-reliance, responsibility and accountability through rigorous adventures such as backpacking, rock-climbing, and rafting. Our courses are perfect for students who are floundering in school or at home yet do not require the intensity of a wilderness intervention. Participants benefit from an opportunity to raise self-esteem and learn new strategies in parent and peer relationships. Adult mentors instruct side-by-side the student and therapy is integrated into the adventure curriculum. We offer 3, 4 and 7 week offerings. Week-long Parent & Student float trip available. Parenting skills curriculum and parent coaching included. High school credit available.

AfterCare transition support is available at the conclusion of all offerings. AfterCare specialists work with parents and student to devise an individualized and workable transition plan based on the strengths and needs of each family member. Transition plan options include: home contracts, parent coaching, collaboration with home resources, in-home visits, family intensive weekends and scheduled contact with a therapist.

Custom-Designed Experiences are available year-round for families, parents, young adults, or siblings. We specialize in designing experiences to promote positive change and pro-active life choices. Extensive therapy, creative outdoor pursuits, and education are integrated to meet the needs of the student, young adult or entire family.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensure through Montana Board of Private Alternative Adolescent Residential Programs (PAARP)

Professional Affiliations: NATSAP-Full Member; Association for Experiential Education (AEE), National Association of Therapeutic Wilderness Camps (NATWC)

F.L. Chamberlain School

(Therapeutic Boarding School)

CONTACT

Phone: 508-946-9348
 Executive Contact: William Doherty
 Admission Contact: John Mendonca
 Email: admissions@chamberlainschool.org
 Fax: 508-947-1593
 Address: 1 Pleasant St., P.O. Box 778
 Middleboro, MA 02346
 Website: www.chamberlainschool.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 11-22
 Grades: 6-12;PG/Transition
 Enrollment: 100
 Duration: 365 days
 Founded: 1976



NATSAP

Member Since: 2005



Middleboro

Airport: Boston, MA, Providence, RI

Chamberlain School is a not for profit, co-educational Therapeutic Boarding and Day School for students ages 11-22 founded in 1976. Chamberlain offers intensive academic and clinical intervention to students who require a high level of structure and care at this point in their lives. They are capable and talented children and young adults within the average to superior range who are faced with multiple complex diagnosis and tend to be emotionally fragile. Often family systems and peer relationships have become problematic.

Diagnostic profiles include but are not limited to a combination of any of the following: ADHD; NVLD; Aspergers; ASD; OCD; ODD; Depression; Mood Disorders; Anxiety; Attachment; Trauma; Self esteem, BPD traits; atypical psychosis/schitzo affective disorder. Many have a wide range of specific learning disabilities.

Chamberlain's on grounds school accommodates many learning styles and needs. From multi modality and project based instruction to creative assessment of learning the approach is designed to maximize student academic potential. Our learning theory and model has been developed through research and research based practice and is a proprietary model called IGNITE. Life skills, general education and college prep curriculum are offered. SAT prep and administration as well as state mandated testing. Small class sizes and student to faculty ratio, Speech Language, OT, Wilson/Sondy and Orton Gillingham reading programs.

Masters level clinicians offer individual, group and family therapy. Two on grounds Psychiatrists and nurses round out the clinical team. The clinical focus is Cognitive Behavioral Therapy with a strengths based approach. Within the clinical department many therapists specialize in areas such as Family Therapy, DBT, ERP, Grief and Loss, Play Therapy and Trauma. Parent Workshops and Parent Support groups are offered throughout the year and weekly communication between families and therapist are ongoing.

Students live in 9 residences which are designed to create a homelike environment with much care and attention given to the atmosphere to ensure they are conducive to assisting each student utilizing a relational model. Our residential department works with the educational and clinical team to ensure related services from each students treatment goals are being carried out within the evening and weekend programming. Set routines provide external structure whilst independent living skills and fun, therapeutic and recreational activities are taking place daily.

Throughout the school year multiple Educational and Recreational trips are offered to our students including Marine Science in Bermuda; History in Europe; Habitat for Humanity, ski trips, camping trips and more.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Massachusetts Department of Education; Massachusetts Department of Early Education and Child Care, Group Care Program; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; IASE; ISPA; MAAPS; NAPSEC

Family Foundation School

(Therapeutic Boarding School)

CONTACT

Phone: (845) 887-5213
 Executive Contact: Sidney F. Parham, Ph.D.
 Admission Contact: Jeff Brain, M.A., CTS, CEP
 Email: info@thefamilyschool.com
 Fax: (845) 887-4939
 Address: 431 Chapel Hill Road
 Hancock, NY 13783
 Website: www.thefamilyschool.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 18
 Grades: 9 to 12
 Enrollment: 120
 Duration: Minimum 18 months
 Founded: 1979



NATSAP

Member Since: 1999



Hancock

Airport: Binghamton, NY

The Family Foundation School is a private therapeutic boarding school serving bright, talented teens struggling with behavioral or emotional difficulties who are not fulfilling their full potential. Our integrated approach helps them deal with a range of emotional or behavioral obstacles such as oppositional/defiant attitude and behavior, academic underachievement, substance abuse, anger, truancy, disrespectful behavior toward parents and other authorities, and/or sexual promiscuity. Our students are typically diagnosed with ADHD, ODD (Oppositional Defiant Disorder) depression, and/or anxiety and may also have a history of eating disorders, cutting, trauma, obsessive/compulsive use of computers/internet, and/or low self esteem.

We offer an integrated program of rigorous academics, individual, group and family counseling, and character education based on the principles of 12-Step living. In fostering academic excellence, emotional health and spiritual awareness, the school provides tutoring and other learning support, honors college courses, award-winning programs in forensics, journalism, art, photography, music, dance, and drama; and a strong culture of positive peer support. Extracurricular activities include division-ranked interscholastic sports, as well as fly fishing, horseback riding, tennis, Boy Scouts, Venturing, weight training, hiking, running and woodcarving.

The school, which is situated on a scenic 150-acre campus in the western Catskills of upstate New York, was founded on the idea of family and on the principles of honesty, love, and unselfishness. Students are divided into four family units of about 30 students each where they receive the positive, nurturing attention that fosters these ideals. The structured, therapeutic environment and nurturing, supportive family living are designed to build character and heal student-family relationships.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: The Joint Commission, Middle States Association of Colleges and Schools; New York Board of Regents; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Forest Heights Lodge

(Residential Treatment Center)

CONTACT

Phone: (303) 674-6681
 Executive Contact: Linda Clefisch
 Admission Contact: Linda Clefisch
 Email: lindaclefisch@forestheightslodge.org
 Fax: (303) 674-6805
 Address: P.O. Box 789
 4761 Forest Hill Rd.
 Evergreen, CO 80439
 Website: www.forestheightslodge.org

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 5 to 14 upon admission
 Grades: K to 12
 Enrollment: 24
 Duration: 18 months to 2 years
 Founded: 1954



NATSAP

Member Since: 2011

Evergreen ○

Airport: Denver International

Forest Heights Lodge is a residential treatment facility for children from age 5 through 14 upon admission. We have 24 boys in residence. Our primary purpose of Forest Heights Lodge is the restoration of children to maximally adaptive social, emotional and academic functioning. Undergirding this purpose is a commitment to the maintenance and strengthening of families and their relationship with their son.

The Lodge was founded in 1954. The philosophy focuses on close, supportive interpersonal relationships that are essential in the building of healthy emotional lives. We believe that children will risk change when they have the opportunity to build close, trusting relationships with our staff members, particularly our child care workers. To that end, therapeutic emphasis is directed toward a child's daily living experience of our therapeutic environment. It is within this therapeutic milieu that the child can learn and practice what he is learning and decide if changing is worth the risk.

Our approach for children is to revitalize their lives through the use of a supportive environment embedded with professional, trained and committed adults. The heart of our philosophy is to make residential treatment a gratifying life experience which enables a child to live successfully in the community with others. As a framed art above our fireplace mantle says it best: "Life is good, come join us!"

Treatment is a continuous process at Forest Heights with all staff members functioning as a team in the therapeutic milieu and process. The primary therapeutic interventions and life lessons are experienced in the meaningful, growthful events of every day living. The clinical team, comprised of a child psychiatrist, psychologist, and clinical social workers, work with the child care staff to translate the child's psychological and developmental needs into day-to-day interactions, as well as providing individual, group and family therapy.

Forest Heights Lodge incorporated as a private, non-profit facility and is governed by a Board of trustees. The Lodge has been accredited by the Joint Commission on Accreditation of Behavioral Healthcare Organizations for children and adolescents continuously since 1972 and is licensed and certified by the State of Colorado Department of Human Services and Department of Education.

Individual Counseling Available: Yes

Accreditation, Licensure: JCAHO, Colorado State Department of Social Services; Colorado Department of Education

Professional Affiliations: NATSAP-Full Member; AACRC (American Association of Residential Centers; Rocky Mountain Adoption Exchange

Four Circles Recovery Center

(Young Adult Program)

CONTACT

Phone: (828) 891-2221
 Executive Contact: Jack Kline, MS, LPC, LCAS, CCS
 Admission Contact: Erine Levine, LCSW, LCAS
 Email: jkline@fourcirclesrecovery.com
 Fax: (828) 891-2224
 Address: 156 Clear Crossing Lane
 Horseshoe, NC 28742
 Website: www.fourcirclesrecovery.com

PROGRAM OUTLINE

Gender: Single gender programs for men and women
 Ages: 18 to 28
 Grades: N/A
 Enrollment: 26
 Duration: 42 day minimum with a 60 day average LOS
 Founded: 2006



NATSAP

Member Since: 2010



Airport: Asheville

Four Circles Recovery Center is an innovative wilderness-based treatment program for young adults ages 18-28 who are struggling with addiction, substance abuse, and co-occurring emotional or behavioral issues. Blending the best of all avenues of substance abuse treatment, Four Circles harnesses the power of the wilderness to change lives, while integrating proven, time-tested traditional approaches like individual and group counseling, the 12-step philosophy, and a range of cutting-edge clinical services. This winning combination of treatment services has proven time and again to yield lasting change and a strong foundation for sustained recovery.

Individual Counseling Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF)

Professional Affiliations: NATSAP-Full Member

Fulshear Ranch Academy

(Transitional Independent Living and Young Adult Program)

CONTACT

Phone: (979) 793-3011
 Admissions: (888) 445-4258
 Executive Contact: Dr. Gayle Jensen-Savoie
 Admission Contact: Shay Butts
 Email: info@fulshearranchacademy.com
 Fax: (979) 793-3034
 Address: P.O. Box 1377
 Needville, TX 77461
 Website: www.fulshearranchacademy.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 17 to 25
 Grades: College/GED/
 High School
 Enrollment: 44
 Duration: 12 months
 Founded: 2004



NATSAP

Member Since: 2004



Needville

Airport: Houston Intercontinental Houston Hobby

Fulshear Ranch Academy is a holistic therapeutic learning community where young women come together to experience an environment where their strengths, talents and passions can be discovered and applied. The Academy accepts young women between the ages of 18 – 24 who have issues with body image, boundary setting, addictions, PTSD, low self-esteem, depression, and school failure

At Fulshear Ranch young women are invited on a journey of self-discovery and education. Using a holistic model, participants experience field-based experiential education and classroom academics, therapeutic groups and activities, life skills and career training, all in an environment which promotes overall health and wellness. Our program is divided into six areas of concentration. Each one of these areas has been created to help young women become healthy, strong, and sure of their own power. The six areas are:

- Life Skills
- Education
- Nature-Based Skills and Therapy
- Equine Skills and Therapy
- Holistic Health
- Career Training
- 12 Step Support

The primary focus of all classes, activities and groups is to assist young women in the process of discovering their individual talents and passions, and teaching them the life skills needed to take the next step in pursuing their dreams. We believe through a community based holistic approach to living and learning, we can assist in alleviating issues of negative body image, eating disorders, addictions, sexual boundaries, depression and school difficulties. Our program is divided into phases that offer an individually-paced progressive movement through important transitional phases of personal growth.

Individual Counseling Available: Yes

Professional Affiliations: NATSAP-Young Adult Affiliate Member

Gateway Academy

(Residential Treatment Center)

CONTACT

Phone: (801) 463-7888
 Executive Contact: Karen Flynn
 Admission Contact: Melissa Hickman, LCSW
 Email: melissahickman@gatewayacademy.net
 Fax: (801) 463-7030
 Address: 2487 South 700 East
 Salt Lake City, Ut 84106
 Or
 11706 South 700 East
 Draper, Ut 84020
 Website: www.gatewayacademy.net



NATSAP

Member Since: 2002

PROGRAM OUTLINE

Gender: Males Only
 Ages: 13 to 18
 Grades: 8 to 12
 Enrollment: 32 (16 in each house)
 Duration: 7 to 9 months
 Founded: 2002



Salt Lake City

Airport: Salt Lake City

Gateway Academy combines clinical and academic expertise in a way that gives boys the greatest opportunity to heal and reach their personal best. Boys at Gateway Academy gain a renewed sense of self in a safe environment where they can develop new skills, form healthy relationships, and make better decisions. As they become aware of their behavior patterns and address past experiences, they learn to overcome self-limiting choices. They start to heal and feel personal empowerment.

At Gateway Academy, the owners play a significant role in leading teams, developing programs, incorporating current research, and managing operations. The result is a highly integrated and individualized program that creates an environment for healing and puts each boy on the path to a healthy and fulfilling life. Each student receives individual, family, and group therapy, while having access to an on-site psychiatrist—a distinguishing feature of Gateway.

Gateway Academy offers personalized academic plans to help boys learn according to their own speeds, needs, and styles. Our academic program is provisionally accredited by the Northwest Association of Accredited Schools.

In addition to physical exercise, Gateway Academy practices the SPARK method of movement. This approach is scientifically proven to boost brain power and enhance learning. Movement in the outdoor and weekend programs also improves mental health by building self-esteem and reinforcing therapeutic gains.

The strength of Gateway Academy's integrated program lies in its sense of community. The home-like environment fostered in each of our two homes provides a safe, structured place where boys can learn and grow. Inside the Gateway community, boys learn skills and behaviors from mentors and role models who demonstrate cooperation, responsibility, maturity, and problem-solving. Then the boys, themselves, are given the opportunity to work in the community-at-large to give back in service as they develop the skills to transition to adulthood.

To learn more about Gateway Academy, please contact Melissa Hickman at 801.232.1428, or 801.463.7888.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment

Professional Affiliations: NATSAP-Full Member

Merck Center at Germaine Lawrence

(Residential Treatment Center)

CONTACT

Phone: (781) 648-6200
 Executive Contact: David Hirshberg
 Admission Contact: Kristin Vander Els
 Email: kvanderels@germainelawrence.org
 Fax: (781) 646-9106
 Address: 18 Claremont Avenue
 Arlington, MA 02476-5812
 Website: www.germainelawrence.org

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12-18
 Grades: 7-12
 Enrollment: 18
 Duration: 12 Months
 Founded: 1978



NATSAP

Member Since: 2011



Airport: Boston, Manchester, Povidence

The Merck Center at Germaine Lawrence is designed for girls ages 12-18 with complex behavioral, psychological and learning challenges. Located in a shady residential neighborhood just minutes from Boston, our campus provides a supportive, safe haven for girls who have been making choices that disrupt their family life, academic progress, and social development.

The Merck Center has an impressive track record helping girls who have resisted treatment in other settings. Our research shows that over 80% of the girls we serve successfully complete their treatment goals in less than twelve months.

Girls who thrive at the Merck Center come to us with issues that include depression, attachment disorders, anxiety disorders, borderline features, bipolar disorder, substance abuse, eating disorders and trauma.

The Merck Center is an intensive learning environment in which we use cognitive behavioral approaches to teach girls to take responsibility for their behavior and make better, safer choices. All clinicians provide Dialectical Behavioral Therapy (DBT), an evidence-based method that has been proven effective for adolescents with challenging, high risk behaviors.

Our therapeutic milieu is also a highly structured teaching environment. We use PEM – the PsychoEducational Model – a research-proven approach that teaches students new skills for dealing with painful feelings.

The Merck Center academic program is fully accredited and our curriculum prepares students for college admissions. Additional classes are available at the Harvard Extension School.

Family therapy, parent support groups, parent training, campus visits, home visits, and in-home therapy are integral parts of our family program.

Our programs are supported by board-certified child psychiatrists who are available five days per week. Our nursing staff are on-site seven days per week. A physician from Boston Children's Hospital holds a clinic on-campus weekly and refers students to Children's Hospital for other specialized medical care.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Council on Accreditation, Mass Department of Early Education and Care, Massachusetts Department of Elementary and Secondary Education

Professional Affiliations: NATSAP-Full Member; Independent Small Programs Alliance (ISPA), Massachusetts Association of 766 Approved Private Schools (MAAPS)

Gray Wolf Ranch

(Residential Treatment Center)

CONTACT

Phone: (800) 571-5505
 Executive Contact: Woody Bernas
 Admission Contact: Lisa Aniballi
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 Fax: (360) 385-3605
 Address: P.O. Box 102
 Port Townsend, WA 98368
 Website: www.graywolfranch.com

PROGRAM OUTLINE

Gender: Males Only
 Ages: 14 to 25
 Grades: Day School Program
 Enrollment: 26
 Duration: 4 to 6 months
 Founded: 1995



NATSAP

Member Since: 2000



Airport: Seattle

The mission of Gray Wolf Ranch is to provide a natural, safe, and supportive setting for beginning a structured progression toward a sober lifestyle. Our program is based on two central concepts: that we live and work on recovery as a community, and that each person's needs define their pathway to recovery. We believe that chemical dependency is treatable and that full recovery is possible. We also believe that the most effective and sustainable recovery program involves group activity and group support.

Gray Wolf is an intermediate care residential recovery lodge providing a transitional living environment for young men between the ages of 14 and 25 in early recovery from chemical dependency. To be admitted, each resident must be motivated to make profound changes in lifestyle, have completed a chemical dependency treatment program with chemical dependency as the primary diagnosis, or maintained at least 30 consecutive days of abstinence from chemical use.

A resident's four to six month stay at Gray Wolf Ranch involves a progression through three multidisciplinary phases. Orientation is a highly structured period in which the resident works with the staff to develop his own treatment plan while building upon the 12-Step principles of recovery. Sober Living is a period devoted to acquiring and practicing sober life skills by integrating 12-Step philosophy into daily life, reinforced through individual and group counseling and a wilderness trek. Senior Residency precedes graduation and recognizes sustained sobriety within the framework of the individualized treatment plan. Upon leaving, each resident will have the skills needed for success and will understand that they need the support of others in recovery to maintain sobriety.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Washington State Department of Health, Chemical Dependency; Washington State Department of Health, Residential Treatment Facility; Commission on the Accreditation of Rehabilitation Facilities (CARF); Association for Experiential Education (AEE)

Professional Affiliations: NATSAP-Full Member; ACATA; AEE; AHHA; AHHP; NAADAC; NAATP

Graydon Manor

(Residential Treatment Center)

CONTACT

Phone: (703) 777-3485
 Executive Contact: Robert Smith
 Admission Contact: Judy Klinedist
 Email: jklinedist@graydonmanor.org
 Fax: (703) 777-4887
 Address: 801 Childrens Center Road, SW
 Leesburg, VA 20175
 Website: www.graydonmanor.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 10 - 17
 Grades: 6th - 12th
 Enrollment: 35
 Duration: 3 - 9 months
 Founded: 1957



NATSAP

Member Since: 2009



Airport: Washington Dulles

Graydon Manor is dedicated to treating children and adolescents with serious emotional disabilities, while at the same time helping their families. Founded in 1957 by parents of children with special needs, Graydon Manor now provides a growing continuum of programs, including: Psychiatric Residential Services, Therapeutic Day Schooling, Outpatient Services, and an Intensive Outpatient Program (I.O.P) for adolescents. We are located in Leesburg, Virginia and have been providing residential services in an open campus setting for over 54 years. The program includes a strong academic component, as well as intensive family therapy. While all youngsters participating in the program have a psychiatric diagnosis, co-occurring issues may include substance abuse or learning disabilities. Graydon Manor began as, and remains, a private nonprofit corporation, now affiliated with Grafton School.

We admit females and males ages 10-17, with clinical and behavioral needs appropriate for residential treatment. Students are involved in the full time, on-campus school program, with regular and special education services offered. The rigorous year-round academic program includes all core subjects taught in small classes led by a teacher and classroom counselor. SOL testing is offered as required.

Treatment is provided on a seven-day-a-week basis. While the specific treatment program is tailored to a youngster's special needs, the core program includes individual therapy, group therapy, and family therapy, all provided by licensed mental health professionals. Evidence-based treatment modalities are considered in designing each program. A Treatment Team is assigned to each child, consisting of a Psychiatrist, Individual Therapist, Team Nurse, Teacher, Group Life Counselor, Family Therapist and Consultants. The trauma informed milieu recreational activities and social skills training with anger management and conflict resolution components. Medication management by on-staff psychiatrists, expressive therapies, and substance abuse counseling are available as needed. Twenty-four hour nursing coverage is provided. At Graydon Manor, our history is rich with promising futures.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Virginia Department of Behavioral Health and Developmental Services; Joint Commission Accreditation (JCAHO); Virginia Department of Education

Professional Affiliations: NATSAP-Full Member; Virginia Association of Independent Specialized Education Facilities

Grove School

(Therapeutic Boarding School)

CONTACT

Phone: (203) 245-2778
 President & CEO: Richard L. Chorney
 Executive Contact: Peter J. Chorney
 Admission Contact: Lauren Seltzer, LMFT
 Email: admissions@groveschool.org
 Fax: (203) 245-6098
 Address: P.O. Box 646
 175 Copse Rd.
 Madison, CT 06443
 Website: www.groveschool.org



NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 11-18 on Main Campus,
 18-23 in Transition Program
 Grades: 7-12, PG
 Enrollment: 105
 Duration: 18 to 24 months
 Founded: 1934



Airport: New Haven or Hartford

Established in 1934, Grove School is a family-run, co-educational, therapeutic boarding school nestled in the shoreline community of Madison, Connecticut. It is a therapeutic milieu for adolescents with social, emotional and learning challenges that have impacted the quality of their lives. We accept students who are ages 11 or older and in grades 7-12 with average to above average intelligence. We work with students across the diagnostic spectrum including students with diagnoses of ADD/ADHD, Depression, Mood Disorders, Anxiety Disorders, Eating Disorders, Nonverbal Learning Disorders, Asperger's Syndrome, or Learning Disabilities. With a seamless program of clinical services, college preparatory education and diverse activities, Grove School focuses on the development of meaningful relationships and personal growth.

Grove School's clinical approach uses contextually-based psychodynamic psychotherapy delivered in bi-weekly individual sessions, weekly group therapy, family therapy and milieu therapy. Our clinical staff is composed of 5 psychiatrists and 11 other clinicians including psychologists, LCSWs, LMFTs, and Art Therapists. All students are work with a treatment team comprised of a psychiatrist, therapist and advisor who coordinate and implement their clinical goals. The academic curriculum accommodates the individual learner while offering a rigorous college preparatory education including AP courses. We have over 30 certified Content Area and Special Education teachers who instruct small classes with a student: teacher ratio of 4:1. Services such as Supervised Study Hall, tutorials, and SAT/ACT preparation are available to students. Activities appeal to students' wide range of interests and include team and individual sports, over 20 club options, fine arts, theatre, music, outdoor adventure, and yoga. Our ASTEE program (Alternative Site Therapeutic and Educational Experiences) offers excursions such as Ski Trips, Caribbean trips and Service trips to El Salvador.

Grove School's Transition Program meets the needs of students who have graduated from high school, but need additional support and structure for their transition into adulthood. These students participate in therapy, attend community college courses, maintain employment in the community and live in a supported home environment.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Connecticut, Department of Children and Families; State of Connecticut, State Board of Education and SEVIS approved

Professional Affiliations: NATSAP-Full Member; AACAP; AACRC; ISPA; WFMH

Heritage Schools, Inc.

(Residential Treatment Center)

CONTACT

Phone: (800) 433-9413
 Executive Contact: Glen Zaugg, CEO
 Email: glen.zaugg@heritagertc.org
 Admission Contact: Mary Ann Smith
 Email: maryann.smith@heritagertc.org
 Fax: (801) 226-4641
 Address: 5600 N. Heritage School Dr.
 Provo, UT 84604-7701
 Website: www.heritagertc.org

PROGRAM OUTLINE

Gender: Boys and Girls
 Ages: 12 to 17
 Grades: 7 to 12
 Enrollment: 168
 Duration: 14 months average
 Founded: 1984



NATSAP

Member Since: 2001



Provo

Airport: Salt Lake City

Providing Hope. Changing Lives.

Heritage is a non-profit, long-term free-standing psychiatric residential treatment program located on a 19 acre campus at the base of the Wasatch Mountains in Provo, Utah. "Heritage approaches the treatment and care of adolescents from the point of view that the most crucial issues for them are safety, relationships, and the development of emotional attachments. Our approach is to build on the positive aspects of supportive relationships and to provide nurture and security together with clinical assistance and structured care. Our successful 27 year history has shown that this philosophy of treatment gives troubled teens the skills and attitudes they need to regain control of their lives." – Jerry Spanos, Founder

A program for adolescent girls and boys ages 12 to 17, Heritage typically works with youth who are experiencing one or more of the following: Anxiety Disorders (Panic, Obsessive Compulsive, Posttraumatic Stress Disorders), Attention Deficit/Hyperactivity Disorder, Mood Disorders (Major Depression, Bipolar Disorder, Dysthymia), Impulse Control Disorder, mild Psychotic Disorders, Aspergers, Learning Disorders, Identity Disorder, Cognitive Disorder (functional) Attachment Disorder, Relational Disorders, Oppositional Defiant Disorder, and Substance Related and Use Disorders.

We have created a small home-like environment for our youth and an organizational culture that supports relationships, fosters spirituality, encourages normalization in activities and opportunities, and promotes respect and caring. Heritage offers specialized education, clinical and therapeutic recreational services, an equestrian program, performing arts program, intramural sports program, clubs and more. Campus like setting with indoor/outdoor riding arenas, indoor swimming pool, indoor and outdoor volleyball and basketball courts, full size gymnasium, racquetball court, game room, athletic fields, low-level ropes course, an indoor climbing wall and a 627 seat performing arts center. All professional staff are certified and/or licensed.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing as a Residential Treatment Center; Joint Commission; Northwest Accreditation Commission; CHA-Certified Horseman's Association; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Hunter School

(Therapeutic Boarding School)

CONTACT

Phone: (603) 786-9427
 Executive Contact: Jim Kemmerer
 Admission Contact: Laurie Ferris
 Email: admissions@hunterschool.org
 Fax: (603) 786-2221
 Address: 768 Doetown Road
 P.O. Box 600
 Rumney, NH 03266
 Website: www.hunterschool.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 5 to 15
 Grades: K to 8
 Enrollment: 28
 Duration: 9 to 12 months,
 6 week summer
 Founded: 1998



NATSAP

Member Since: 1999



Airport: Manchester

The Hunter School is a therapeutic day and residential school offering a unique approach to educating young boys and girls with ADD, ADHD, Asperger's Syndrome and related conditions who have not found success in more traditional educational settings. Our classrooms and living quarters are safe and relaxed, creating a welcoming place for your child to thrive while he or she attends school at Hunter.

Our average class size offers a 1:4-6 teacher to student ratio.

At the Hunter School, our goals are to:

- Nourish the child's creativity and strengthen his or her ability to learn.
- Re-engage each child in the world with trust and love.
- Reduce or eliminate the use of psychotropic drugs whenever possible to control the child's behavior.

We offer a specialized program for students with Attention Deficit Disorder, Asperger's Syndrome, emotional and learning disabilities, hyperactive students, and related conditions. Our educational program is focused around ready-to-learn (RTL) skills, communication skills, social skills, and academic skills. The school has guidelines that each student has the opportunity to follow. The child's objectives are individualized and incorporated into the IEP (Individualized Educational Plan) or HEP (Hunter Educational Plan) as goals to work on throughout the school year.

Our therapeutic model is a family style environment, monitored and guided by clinical staff. Six children live in a house with two parents. Each child's program is individually based on a comprehensive developmental assessment. House rules are simple and parallel those of a typical family. The close relationships children develop with the house parents is one of the primary vehicles for growth and healing. Our extraordinary staff works closely with each child to further support and enhance positive growth and development.

The Hunter School is approved by the New Hampshire Department of Education as a Special Education School and non-public school.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: New Hampshire Bureau of Child Care Licensin, New Hampshire Department of Education, Approved by SEVIS

Professional Affiliations: NATSAP - Full Member, IECA Member

In Balance Ranch Academy

(Therapeutic Boarding School)

CONTACT

Phone: (520) 722-9631
 Executive Contact: Patrick Barrasso
 Admission Contact: Betsy Barrasso
 Email: BBarrasso@inbalranch.com
 Fax: (520) 722-9676
 Address: 6107 E. Grant Rd.
 Tucson, AZ 85712
 Website: www.inbalranch.com

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 14 to 17
 Grades: 9 to 12
 Enrollment: 44
 Duration: 12 months
 Founded: 2004



NATSAP

Member Since: 2007



Airport: Tucson

The In Balance Ranch Academy, based on the Twelve Steps of Alcoholics Anonymous and research-based relapse prevention models, is a high quality therapeutic boarding school for adolescent boys 14 – 17 years of age. In Balance Ranch Academy is located in beautiful southern Arizona, less than an hour from Tucson. Mountain ranges serve as a backdrop to a peaceful, desert landscape that promotes self-reflection and serenity. Our ranch provides young men with an experiential program that inspires self-evaluation, interpersonal discovery, personal responsibility, excellence in all endeavors, life-changing values of service, and, most importantly, recovery from chemical dependency.

The In Balance Ranch Community is committed to assisting each student and his family in the journey of recovery, sobriety, and academic achievement. We endeavor to facilitate healing in the individual and in the family, equipping them with the necessary tools to live a healthy, productive and joyful life.

The In Balance Ranch Academy program provides:

- A comprehensive integrated 12 Step Based Recovery Program
- An individualized academic program designed to ensure success
- College prep courses – SAT/ACT testing preparation
- College application counseling and assistance
- Individual, group, and family therapy
- Equine Assisted Therapy
- Family education and support
- Experiential learning –Horsemanship and Riding Program, Challenge Courses, Health, fitness and Nutrition instructions
- Leadership and motivational training
- Wilderness “Success” programs
- “Recovery through Service” projects
- Work Ethic – vocational training
(i.e. carpentry, landscaping and other job skills)
- A positive peer culture
- Family Workshop Weekends three times a year

Counseling services provided by In Balance Counseling, Inc. which is licensed through the Arizona Department of Health Services, Office of Behavioral Health Licensing.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing, North Central Association Commission on Accreditation and School Improvement; The Commission on International and Trans-National Accreditation (CITA)

Professional Affiliations: NATSAP-Full Member

Innercept

(Therapeutic Boarding School, Young Adult Program)

CONTACT

Phone: (208) 665-7178
 Executive Contact: George J. Ullrich, M.D.
 Admission Contact: Lynn Palovich
 Email: info@innercept.net
 Fax: (208) 765-6972
 Address: P.O. Box 1356
 Coeur D'Alene, ID 83816
 Website: www.innercept.net

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17, 18 to 24
 Grades: 7 to 12, College Support
 Enrollment: 52
 Duration: 6 month minimum
 Founded: 2004



NATSAP

Member Since: 2006



Coeur D'Alene

Airport: Spokane, WA

Innercept offers a continuum of programming for adolescence through young adulthood. Based on holistic principles, the program utilizes Integral Psychology to provide a balanced, on-going treatment approach compatible with each individual's aptitude and assets in mind. Programs include Adolescent Intensive, Adolescent Transition, Adolescent Stabilization, Young Adult Intensive, Young Adult Transition, Young Adult Stabilization, Young Adult Intensive Transition, and After Care. These independent living programs are designed to empower youth as they explore their role in their family, peer group, community and world.

Innercept has home-environment based programs conceived of and directed by a dynamic group of clinicians and educators who have extensive experience within school, hospital, residential and out-patient psychiatric settings. The group comes together with specialized training in adult, child and adolescent psychiatry, psychology, nutrition, special education, social work, public health and psychiatric nursing. They are actively involved in groups including DBT, Moral Reconnection Therapy for sobriety maintenance, psychotherapy, anger management, art therapy, psycho-educational group therapy, morals and ethics, mindfulness, and health and fitness. We also provide many life skills groups such as nutrition and cooking classes, study skills, organization, finance and budgeting.

Special interests of the team include the treatment of anxiety and mood disorders, eating disorders, Asperger's Syndrome, trauma, OCD, bipolar, thought and attachment disorders. Tailor-made therapeutic and academic plans are provided in a thorough, thoughtful manner as the team identifies each individual's strengths, encouraging realistic career and education goals. Utilizing the collective experience of this group, problem areas of functioning that left earlier attempts and approaches lacking in results are met with creative solutions. Self-sufficiency is fostered as we teach principles of critical thinking and practical life skills. Our philosophy is that by mentoring responsibility, empathy, respect and integrity as the core elements of moral fiber, we increase the probability of a fulfilling, healthy and successful life.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Idaho State Department of Health and Welfare, Child Care License; Northwest Association of Accredited Schools; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; American Academy of Child & Adolescent Psychiatry, Adolescent Acute and Medical Residential Programs; Adult Acute Psychiatric and Chemical Dependency Programs

Insight Intensive at Gold Lake

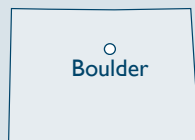
(Young Adult Program)

CONTACT		PROGRAM OUTLINE	
Phone:	877-952-1444	Gender:	Males Only
Executive Contact:	Joseph DeNucci	Ages:	18 to 25
Admission Contact:	Joseph DeNucci and Ashley Auchterlonie	Grades:	High School/GED and College
Email:	enrollment@InsightIntensive.com	Enrollment:	25
Fax:	(303) 952-1499	Duration:	Approximately 90 days (variable depending on individual needs)
Address:	3371 Gold Lake Road Ward, CO 80481	Founded:	2010
Website:	www.insightintensive.com		



NATSAP

Member Since: 2011



Boulder

Airport: Denver International Airport

Located near Boulder, CO on a 100-acre retreat campus in the majestic Rocky Mountains, Insight Intensive at Gold Lake is a short-term, therapeutic residential program that serves young men in need of clinical services, mentoring, coaching, and life skills. Increasingly, young men are unprepared for the challenges and responsibilities of early adulthood. These “failures to launch” often result from a lack of competence, confidence, and clarity necessary for success in college or work and independence. Most are struggling with emotional issues such as depression, anxiety, drug abuse, compulsive or addictive behaviors and remain dependent on their families. They are overwhelmed and under-confident and their futures are uncertain.

At Insight Intensive, we prepare young men for independence using a comprehensive, integrated approach that supports the whole person’s development. This includes highly individualized, goal- oriented mentoring; individual, group, and family therapy; peer and community involvement and support; equine therapy and equestrian riding; experiential activities; recovery support; life skills training; computer and study lab for academic support, therapeutic recreational activities, nutrition and fitness, and on campus work internships. Licensed clinicians and professional mentors team with each participant to create concrete plans for college or employment as well as for independent or semi-independent living. Insight Intensive is focused from day one on a specific, personalized Life Plan for each young man.

Some of our participants have no previous program experience while others come to us directly from other primary programs such as wilderness, RTC’s or recovery programs.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Young Adult Affiliate

Intermountain

(Residential Treatment Center)

CONTACT

Phone: (800) 200-9112
 Executive Contact: Jim Fitzgerald, MPA
 Admission Contact: Sara Murgel, BA
 Email: saram@intermountain.org
 Fax: (406) 442-7949
 Address: 500 South Lamborn Street
 Helena, MT 59601
 Website: www.intermountainschool.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 4 - 13 at admission
 Grades: K - 8
 Enrollment: 32
 Duration: 12 - 24 months
 Founded: 1909



NATSAP

Member Since: 2001



Airport: Helena

The mission at Intermountain, "Healing Through Healthy Relationships", reflects our developmental relational treatment approach. By seeing the developmental needs beneath the disturbed behavior; and meeting those needs through deep relationships, treatment provides a fully orchestrated approach in which every aspect of the child's life presents an opportunity for growth and change.

Our 101 year old nonprofit program offers an environment in which care and nurture are difficult to resist. We have 29 years of experience using the developmental relational approach, which is continually refined by incorporating findings from broad areas of research to reach a sophisticated clinical understanding and to provide treatment of complex childhood disturbances.

Excellent candidates for success in our program are children whose problems include:

- attachment and relationship issues
- adoption issues
- intractable anger
- aggression towards self and others
- depression and anxiety
- emotional dysregulation
- impulsivity, including lying and stealing
- school problems
- loss and grief issues
- poor social skills
- Asperger's Syndrome

In addition, we address issues such as sexual reactivity, seizure disorder, neuropsychological concerns, and learning disabilities.

Nestled in the foothills of the Rocky Mountains, children live in four-family style cottages with eight private bedrooms in each cottage. The 40-acre grounds include a physical education center, playground and hiking trails. Because of the excellent location, countless outdoor activities and community activities are incorporated into daily life such as community theatre, skiing, swimming, hiking, fishing, camping, backpacking, canoeing, and rafting.

Our Intermountain School provides individualized plans that are tailored by our certified teachers to the unique learning styles and abilities of each student. Technology such as SMART boards, computers, and access to an on-line Library are integrated into the classrooms. Related services and activities include, Speech and Language, Occupational Therapy, neurofeedback, biofeedback, PE, Bal-A-Vis-X, music, and soccer and basketball teams.

Family participation is critical to the success of the child. We embrace the whole family, the whole child and respect each individual's uniqueness, knowing their strengths, problems, and development are never in isolation, but always in interaction.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Joint Commission; Northwest Association of Accredited Schools; California Non-Public School; Washington Non-Public School; Illinois Non-Public School, State of Montana

Professional Affiliations: NATSAP-Full Member; CWLA, Alliance for Children and Families

Ironwood

(Residential Treatment Center)

CONTACT

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(877) 496-2463
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Admission Contact: Marion Rodrigue
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Fax: (207) 342-3731
Address: 67 Captain Cushman Rd.
Morrill, ME 04952
Website: www.ironwoodmaine.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 to 18
Grades: 7 to 12
Enrollment: 35
Duration: 6 to 9 months
Founded: 2006



NATSAP

Member Since: 2007



Airport: Bangor, Portland

Ironwood is a residential treatment center committed to helping families in crisis with troubled teens. Our aim is to assess and treat the causes of behavior, while providing self-esteem building activities and life-enriching experiences along with rigorous academic studies – all within our home-like environment. We strive to reunite youth and their families through clinical therapy, discipline, hard work, and shared experiences in a safe, secure, and therapeutic learning environment.

Founded by parents who have faced similar circumstances, Ironwood's treatment program offers therapeutic, clinical, and educational services to bring about positive course correction. Ironwood is unique in its dedication to reunite families whenever appropriate.

Ironwood's approach is designed to work with kids who struggle with a variety of different challenges including: opposition, defiance, addictions, grief, bereavement, mood disorders, social and familial withdrawal, hopelessness, learning disabilities, post-traumatic stress, anxiety, depression, physical disabilities, and association with a negative peer group. We are not designed to work with kids struggling with a history of major violence, psychotic disorders, or sexual aggression.

Ironwood offers a highly structured treatment program with twice weekly individual therapy sessions, three times weekly group therapy sessions, family therapy, satisfying physical work, adventure-based experiences, and a wide range of special interest programs including equestrian, equine-assisted psychotherapy, canine training, art, culinary, horticulture, and nature studies. Ironwood, an accredited Maine approved secondary school, offers a full and individualized academic program taught by certified high school teachers and administrators. Experienced education staff provide daily teaching, supervision, and tutoring.

Adolescents leave Ironwood with the necessary skills for effective communication and healthy social interaction, a repertoire of refined coping skills, a more positive association with the learning experience, feelings of pride for their accomplishments, and a hunger for more success.

Through counseling, self-reflection, simple living, discipline, and engaging work, teens adopt proactive behaviors necessary to lead a productive life as a contributing family member and community citizen.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maine, Department of Health & Human Services; State of Maine, Department of Education

Professional Affiliations: NATSAP-Full Member

Island View RTC

(Residential Treatment Center)

CONTACT

Phone: (801) 773-0200
 Toll Free: (866) 952-7930
 Executive Contact: Don Vardell, M.S.
 Admission Contact: Laura Burt
 Email: dvardell@ivrtc.com
 Fax: (801) 773-0208
 Address: 2650 West 2700 South
 Syracuse, UT 84075
 Website: www.islandview-rtc.com

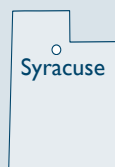
PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17
 Grades: 8 to 12
 Enrollment: 115
 Duration: 9 to 12 months
 Founded: 1994



NATSAP

Member Since: 1999



Syracuse

Airport: Salt Lake International

Island View provides an intensive, highly professional, therapeutic program utilizing an interdisciplinary approach. Our program includes private schooling, therapeutic recreational activities, and individual, family, and group psychotherapy. On-site psychiatric and medical services are available to all students.

Typically, Island View serves young people ages 13 to 17 who experience emotional and behavioral problems not effectively treated in less restrictive settings. Students may be experiencing issues such as clinical depression, attention challenges, substance abuse/dependency, post-traumatic stress disorder, borderline personality features, bipolar symptoms, and other associated psycho-behavioral concerns.

By housing same gender groups of students into separate living areas, Island View develops small therapeutic communities in which student mentoring, team accountability, and social development are emphasized. Each team of 13 – 19 residents function independently with the exception of the six formal school classes offered five days a week. Most classes are coeducational to provide a greater offering of subject matter by fully credentialed teachers. Weekly individual therapy is augmented by at least five formal group sessions. Weekly individual and family work is conducted by Masters or Doctoral level clinicians. Dialectical Behavior Therapy (DBT) is fully integrated in two of the therapeutic communities. Also offered are chemical dependency services and specialty groups focusing on adoption, grief/loss, trauma, interpersonal boundaries, and clients with significant comorbid features. Therapeutic recreational activities include aerobic and anaerobic fitness regimen including pre and post testing, mountain biking, overnight camping trips, community service, intramural sports, snow sports, and climbing. Island View offers several playing fields and a multi-purpose gymnasium with indoor climbing and a weight room.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Joint Commission; Northwest Association of Accredited Schools; California Non-Public School Accreditation; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member, AACRC

The Journey at Mt Pleasant

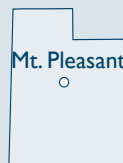
(Residential Treatment Center)

CONTACT		PROGRAM OUTLINE	
Phone:	(801) 375-4240	Gender:	Boys Only
Executive Contact:	Madolyn Liebing	Ages:	13 to 18
Admission Contact:	Mari Allman	Grades:	7 to 12
Email:	mari@discoveringthejourney.com	Enrollment:	24
Fax:	(801) 375-4241	Duration:	7 to 9 months
Address:	619 North 500 West	Founded:	2003
	Provo, UT 84601		
Website:	www.discoveringthejourney.com		



NATSAP

Member Since: 2010



Airport: Salt Lake City, Utah

The Journey at Mt Pleasant: Explore ... Discover ... Become.

Our residential treatment program begins with a 30 to 60 day wilderness segment which allows the youth to get a head start on their treatment. Then, each month the youth experience a 4 to 6 day Discovery Expedition to build upon the lessons they learned in the wilderness. The same therapist will stay with the youth throughout the program creating a smooth transition and continuity of care. The program is owned and operated by Madolyn M. Liebing, Ph.D., Psychologist and Clinical Director, who fostered the concept of wilderness therapy over 20 years ago as a co-founder one of the first wilderness programs.

The Journey, LLC has served over 1000 teenagers in the past 6 years, and we are now offering a new small residential treatment program (24 clients maximum) for young men (13 to 18) to parents who need an affordable, shorter program. The Journey has been utilizing and refining active therapeutic modalities that help accelerate change in youth. Because of our unique approach, treatment takes less time ... the average stay is 7 to 9 months.

In addition to the wilderness program and Discovery Expeditions, our hybrid treatment milieu includes: An accredited school; Evidence-based therapeutic treatment; A 55 acre ranch that includes animal care & training and equine therapy; and a strong work ethic established through ranch chores and service projects. Our Discovery Expeditions are overland educational and service safaris held on a monthly basis. The excursions utilize specialized expedition-equipped vehicles to provide hands-on educational and service experiences as well as wilderness treks.

The young men we serve have educational and learning difficulties, problems with motivation and behavior, mental health issues such as ADHD, Depression and anxiety, addictive patterns of behavior, and/or problems resulting from divorce or trauma.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Utah State Department of Human Services Division of Licensing; Northwest Accreditation Association

Professional Affiliations: NATSAP-Full Member

Kailana

(Residential Treatment Center)

CONTACT

Phone: (808) 236-2288
 Executive Contact: Matt Claybaugh, PhD.
 Admission Contact: Dane Ganes, MA
 Email: matt.claybaugh@marimed.org
 Fax: (808) 235-1074
 Address: 45-021 Likeke Place
 Kane'ohe, HI 96744
 Website: www.marimed.org

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 14 to 18
 Grades: 7 to 12
 Enrollment: 24
 Duration: 6 to 12 months
 Founded: 1993



NATSAP

Member Since: 2010



HAWAII

Airport: Honolulu International Airport

The Kailana model uses culturally-relevant ocean- and land-based experiential activities, including tall-ship sailing. The model fosters positive change and development through experiential, academic, and therapeutic activities in four general areas:

1. Self-Identity and Esteem;
2. Social and Family Relationships and Functioning;
3. Educational and Vocational Abilities and Skills; and
4. Recreational and Physical Competencies.

Land-based activities include growing crops and raising fish on the program's farm, to hiking, camping, ropes courses, and community service projects.

Through the ocean-based component, youth progress from basic water safety skills to outrigger canoe paddling and small boat sailing. Youth then sail on five-day interisland open ocean voyages, planning and crewing three to four voyages before graduation/discharge aboard Marimed's tall-ship, Makani Olu. The ship is a 96', steel hulled, three-masted staysail schooner built in 1997. Makani Olu is a U.S. Coast Guard certified sailing school vessel with berthing for up to 15 students and 5 crew and staff.

Most clinically discharged youth return to their home schools having earned enough credits to work at their age/grade level and with the self-management and social skills needed to be a positive member of the community. Follow up studies show lasting, significant decreases in negative factors twelve months after clinical discharge, (IMO Project Final Evaluation Report, Ap. 2006, The Catalyst Group.)

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Council on Accreditation, U.S. Coast guard, State of Hawai'i Alcohol Drug Abuse Division, Child and Adolescent Mental Health Division, and Office of Health Care Assurance

Professional Affiliations: NATSAP-Full Member, Association of Experiential Education, American Sail Training Association, Hawai'i Youth Services Network, National Network for Youth

King George School

(Therapeutic Boarding School)

CONTACT

Phone: (802) 467-1200
 Executive Contact: Gerard Jones
 Admission Contact: Mary Ellen Reis
 Email: kinggeorgeadmissions@uhsinc.com
 Fax: (802) 467-1041
 Address: 2684 King George Farm Road
 Sutton, VT 05867
 Website: www.KingGeorgeSchool.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 20
 Grades: 9-12 plus post graduate
 Enrollment: 50
 Duration: 12-18 months
 Founded: 1998



NATSAP

Member Since: 2001



Airport: Burlington, VT, Manchester, NH, or Boston, MA

Located in the beautiful Northeast Kingdom of Vermont, the King George School provides a natural, supportive, and stimulating educational environment for bright, creative, and capable adolescents who have struggled with issues of self-esteem, trauma, depression, bi-polar disorder, anxiety, mild learning disabilities, mild to moderate substance abuse, grief and loss, and adoption issues. Our rural setting distances our students from the challenges and complexities of modern life and provides them with the opportunity to discover and reinforce individual strengths to face the challenges inherent in their lives.

Our philosophy is one of caring acceptance. Each student is treated as an individual and personal strengths are assessed to create Integrated Development Plans that are implemented by our integrated team of therapists, community life counselors, and teachers. Our students are challenged throughout every aspect of their lives at King George School to be **passionate learners, responsible community members, and resilient individuals**.

Supervised by a fully licensed clinical staff, the clinical program at the King George School is supported by a strengths-based resiliency model and positive peer culture. The concept of treatment for all students is embedded in the use of an integrated and supportive milieu. We provide a variety of therapeutic modalities including CBT, DBT, AA/NA, and Smart Recovery®. Students learn to identify and work towards the resolution of problems by developing strategies and skills in individual, group, resiliency, and family therapy and throughout all day-to-day activities. Our students practice these skills in the classroom, throughout our community and during off-campus trips, home visits, internships and community service.

Our college-preparatory academic program offers small class sizes (average six students per class), supervised study halls and study skills training, a learning and technology center, college placement counseling, SAT/ACT test preparation, a mandatory health and wellness program and experiential education activities (KGS EdVenture) after school and weekends. In addition, the dynamic visual and performing arts program at the King George School features instruction in painting, drawing, sculpture, ceramics, photography, jewelry design, dance, music, videography, and theatre. Over 90% of King George School graduates are enrolled into many of the finest liberal and fine arts colleges and universities in the country.

Our Character Education Program, including the senior capstone Operation Skybound program, is interwoven with the clinical, academic and community life programs. It encompasses a broad range of concepts such as positive school culture, moral education, a caring school community, social-emotional learning, positive youth development, civic education, and service learning. All of these approaches promote the intellectual, social, emotional, and ethical development of our students and share a commitment to help them become responsible, caring, and contributing citizens.

For students over 18 years of age, we offer a transition program focusing on the development of independent living skills. The program features college classes at local state and community colleges, community service, internships, personal development and life skills training.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Vermont, Department of Education - Independent Private School; State of Vermont, Department of Children and Families – Residential Child Care Facility.

Professional Affiliations: NATSAP-Full Member

Kolob Canyon

(Residential Treatment Center)

CONTACT

Phone: (435) 865-1437
 Executive Contact: Kent Tasso
 Admission Contact: Tawny Davis, LCSW 435-890-9180
 tawnyjdavis@gmail.com
 Email: info@kolobcanyonrtc.com
 Fax: (435) 865-1439
 Address: 1338 East 600 South, P.O. Box 531
 New Harmony, UT 84757
 Website: www.kolobcanyonrtc.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 14 to 17
 Grades: 7 to 12
 Enrollment: 12
 Duration: 8 to 12 months
 Founded: 2002



NATSAP

Member Since: 2005



New Harmony

Airport: Las Vegas, NV

The Kolob student: Treatment is designed exclusively for girls aged 14-17 suffering from depression, low self-esteem, trauma, and difficulties in her relationships with herself and others. Kolob Canyon's census is intentionally limited to 12 girls in order to maximize one-to-one interaction with peers, staff, teachers, and therapists. Student-to-staff ratios are low and therapists with small case loads maintain a family-like environment.

Goal and guiding principle: Kolob Canyon's program is specifically designed using a relational model, to assist its students to create relationships that will enhance an enduringly positive sense of self. This overarching goal is met through a clinically intense blend of traditional and non-traditional therapy delivered in a safe, supportive, and nurturing environment. Students with adoption, separation, attachment/loss, substance abuse, eating disorders, and trauma issues thrive in the Kolob environment.

Clinical Intensity: Treatment is clinically intensive. Each week students receive 3 hours of individual therapy and family therapy, equine and recreational therapy, and daily group therapy. Kolob Canyon uses outdoor and recreation therapy, taking advantage of our location on a horse ranch in Southern Utah's canyon country. Therapists are trained in DBT and equine therapy.

Family involvement: Parents are encouraged to participate in their own family change process in tandem with their daughter's program. Regular family therapy, Parent Weekends, campus therapeutic visits, home visits, and the creation of an extensive Home Contract are integral parts of the family change process.

Academics: The intensive and college focused educational program is fully accredited and employs credentialed teachers in small group settings. Academics are designed to work with girls' learning style and help develop positive self esteem. Students benefit from hands-on learning, including drama, art and recreation classes.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Kootenai Behavioral Health Center

(Residential Treatment Center)

CONTACT

Phone: (208) 765-4800
 Executive Contact: Claudia Miwald
 Admission Contact: Brandee Lawhead
 Email: blawhead@kmc.org
 Fax: (208) 664-1805
 Address: 2301 N. Ironwood Pl.
 Coeur d'Alene, ID 83814
 Website: www.kmc.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17
 Grades: 7 to 12
 Enrollment: 36
 Duration: 3 to 6 months average
 Founded: 1999



NATSAP

Member Since: 2006



Coeur D'Alene

Airport: Spokane, WA

Kootenai Behavioral Youth Residential Program, formerly North Idaho Behavioral Health Youth Residential Program is a service of Kootenai Medical Center located in beautiful Coeur d'Alene Idaho. It is a medical model psychiatric residential treatment center, staffed by board certified child and adolescent psychiatrists, who provide expert evaluations to adolescents 13-17 years old.

The strength of the program is to help youth understand and overcome the challenges that severely disruptive behaviors and psychiatric disorders can pose. We specialize in working with adolescents that experience:

- Depression
- Anxiety Disorders
- Psychosis/Thought Disorders
- Oppositional Defiant Disorder
- Post Traumatic Stress Disorder
- Substance Abuse Disorders
- ADHD
- Bipolar Disorder
- Eating Disorders
- Reactive Attachment Disorder
- Chronic Medical Conditions Complicated by Psychiatric D/O

Two tracks allow for a comprehensive evaluation to accommodate youth who require a thorough psychological, behavioral, academic, and medical assessment. One track is an assessment phase during which time the treatment team is able to observe behaviors and symptoms and intervene based on a cognitive behavioral approach. Recommendations are then made for appropriate settings upon discharge.

The second track would be 3-9 month stabilization. During this time, our multi-disciplinary staff utilizes a team approach to provide an individualized rehabilitation treatment plan that is tailored to reintegrate the resident into the family, school and community.

Individual, family, and group therapy assists youth in dealing with issues that interfere with healthy functioning. A cognitive behavioral approach is utilized both in therapy and milieu programming. Expectations and treatment goals are based on the teen's level of functioning, presenting problems and severity of symptoms. Group activities emphasize goal setting and building positive coping, social, and life skills.

The staff of our fully accredited on-site school, Kootenai Academy, combines specialized education skills with psychotherapeutic techniques that help build self-esteem, confidence and motivation.

It is our goal to offer innovative, comprehensive services that set the standard for behavioral health care in the region.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health and Welfare, Child Care; Joint Commission; Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member; Voluntary Hospitals of America; American Hospitals Association; Idaho Hospital Association

La Europa Academy

(Residential Treatment Center)

CONTACT

Phone: (801) 268-9300
 Executive Contact: Courtney Merrill
 Admission Contact: David Mayeski
 Email: dmayeski@laeuropa.com
 Fax: (801) 268-9303
 Address: 1135 E.Vine Street
 Salt Lake City, UT 84121
 Address Mailing: P.O. Box 575780
 Murray, UT 84157
 Website: www.laeuropaacademy.com



NATSAP

Member Since: 2005

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 14 to 17
 Grades: 8 to 12
 Enrollment: 36
 Duration: 8 to 12 months
 Founded: 2005



South Salt Lake City

Airport: Salt Lake City

La Europa Academy is designed to serve female adolescents from 14-17 years of age. We work with issues and disorders such as depression, bi-polar, anxiety, trauma, sexual abuse, drug and alcohol, personality features and other relational and emotional problems. Students who would not be appropriate for La Europa Academy are those with active psychosis, conduct disorder, are aggressive, have a criminal background or are a high run risk.

At La Europa Academy we work from a strengths perspective. We have combined intensive therapy and high standards of education creating a learning and relational environment for healing. We work together with families, helping them overcome emotional, core patterns and issues. Our goal is to reunite the family after the treatment process.

At La Europa Academy we also focus on the Fine Arts as a medium for therapy. We encourage expression through clay, sculpture, drawings, paintings, dance and photography. Students participate in Fine Arts classes such as: dance, music, art, ceramics, filmmaking, and digital photography. Additionally, we have integrated a Yoga program with certified instructors which meets up to three times weekly.

Our Master's level therapists provide weekly individual and family sessions. Specialized groups provide attention to problems such as trauma, abuse, addiction, body image, attachment, sexual reactivity, and others. Students strive to gain an understanding of who they are and what is driving their self-destructive behavior rather than only focusing on symptom relief.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Accreditation Commission; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Lakeview School at Lakeview NeuroRehabilitation Center (Residential Treatment Center)

CONTACT

Phone: (800) 473-4221
 Executive Contact: David Armstrong, RN/Psych.
 Admission Contact: Janet Keith, BS, OTR/L
 Email: jkeith@lakeview.ws
 Fax: (603) 539-8815
 Address: 244 Highwatch Rd.
 Effingham, NH 03882
 Website: www.lakeviewssystem.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 8 to 21
 Grades: 1 to 12
 Enrollment: 52
 Duration: 4 to 12 months
 Founded: 1995



NATSAP

Member Since: 2008



Effingham

Airport: Manchester, NH/Portland, ME

Lakeview NeuroRehabilitation Center provides a functionally based, individualized treatment program for children, adolescents and young adults with neurologic and behavioral diagnoses. Lakeview uses a person-centered approach that insures that family members are centrally involved through education and training. Funders are assisted through cost effective care and the achievement of functional outcomes. Lakeview is accredited by CARF and JCAHO.

Lakeview's comprehensive program integrates all services through a treatment plan to address behavior management, education and therapeutic rehabilitation so the child can successfully develop and grow. Children and adolescents live in small log cabins with age appropriate peers. The initial 30 days consists of an intensive transdisciplinary team clinical evaluation including Psychiatry, Neurology, Neuropsychology, Applied Behavior Analysis, Nursing, Case Management, Speech Therapy, Physical Therapy, occupational Therapy, and Recreation Therapy.

Lakeview School integrates the Individualized Education Plan to meet the unique needs of each student. Lakeview is licensed by the State of New Hampshire and is approved for Special Educations (grades 1-12). Students attend school Monday-Friday on a year round basis including a comprehensive extended school year program (ESY). Pre-vocational services become central to the young adult who is transitioning from a school based setting to healthy adult activity.

Candidates for Lakeview School are age 8 to 21 years old with a neurological or neurodevelopmental diagnosis. They must be medically stable with a cognitive level of 4 or more on the Rancho Los Amigos Scale. They must have the potential to improve function and benefit from services.

Lakeview facilitates the full realization of human potential for individuals affected by neurological and behavioral challenges through the provision of clinically sound goal-oriented treatment in a safe and caring environment.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: New Hampshire Department of Health and Human Services; Joint Commission; Commission on Accreditation of Rehabilitation Facilities (CARF); New Hampshire Department of Education

Professional Affiliations: NATSAP-Full Member

Life Designs, Inc.

(Young Adult Program)

CONTACT

Phone: (509) 445-0185
 Executive Contact/Admissions Contact:
 Vince Barranco (509) 671-2487
 Program Contact: Clay Garrett (435) 773-8703
 Clinical Contact: Kim Mlinarik, LMHC, CDP
 Email: admissions@lifedesignsranch.com
 Fax: (509) 931-1714
 Address: 10302 N. LeClerc Rd.
 Cusick, WA 99119
 Website: www.lifedesignsranch.com



NATSAP

Member Since: 2000

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 18 to 26
 Grades: Optional GED, High School,
 College: Now available in our new
 second phase
 Enrollment: 20
 Duration: 5 to 18 months
 Founded: 1998



Cusick

Airport: Spokane

Life Designs prepares young people for responsible adulthood, in an age when many students find college to be frightening at first and they are paralyzed by the challenges and choices in the “real world”. We specialize in leadership training and the transition into adulthood, where the foundation for autonomy is addressed and created. Life Designs offers a safe but challenging “homelike” environment where this important introspective journey can take place.

Life Designs works to empower young adults to explore who they are: their values, talents and passions. Students learn to take action toward their personal goals, confronting their fears and former ways of self-sabotage. Our experiential learning style uses the home environment and daily work around the 30-acre property to teach “transferable skills” that will apply to any relationship, living situation, or job. Art, music, animal therapy and nature are also used as teaching tools. The curriculum is self-empowerment: personal identity, leadership, finance, work ethic, psychology, home management, family living, problem-solving, friendships, personal fitness, recreation and leisure. Students graduate with a well-defined future plan. Parent growth parallels student progress through educational workshops and bi-weekly communication that fosters post-adolescent parenting.

Our staff is excellent at creating an ideal learning climate and “real life” situations where students create new thought patterns and actions for positive self-empowerment.

Creative Transitions is the new extended living phase of Life Designs located in Spokane, WA. Students can extend their stay an additional 12 months and can go to school, work, or both while in an urban setting with continued guidance from Life Design’s staff.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Young Adult Affiliate Member

Little Keswick School

(Therapeutic Boarding School)

CONTACT

Phone: (434) 295-0457
 Executive Contact: Marc Columbus
 Admission Contact: Terry Columbus
 Email: lksinfo@littlekeswickschool.net
 Fax: (434) 977-1892
 Address: P.O. Box 24
 Keswick, VA 22947
 Website: www.littlekeswickschool.net

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 10 to 17
 Grades: 4 to 11
 Enrollment: 34
 Duration: 2 to 3 years
 Founded: 1963



NATSAP

Member Since: 2007



Airport: Charlottesville

Little Keswick School has been serving boys with moderately severe social/emotional challenges and learning disabilities for 47 years. Our small therapeutic school provides warm and nurturing relationships, intensive clinical intervention, and individualized education to 34 boys in a highly structured environment that ensures that they develop successfully.

Boys between ten and fifteen years of age are admitted from throughout the country, to work on issues related to executive functioning, social and relationship challenges (neuro-developmental, dynamic, or experiential in nature), collaboration, personal competence, and learning issues. Intellectual levels of our students range from low-average to superior. Depending on their continuing clinical and educational needs, students can stay through their seventeenth year, with most requiring two to three years of immersion in our therapeutic community to attain the gains necessary for a successful transition.

Boys accepted usually carry combination of the following or related diagnoses: Attention Deficit or Attention Deficit/Hyperactivity Disorder, Specified Learning Disabilities, Anxiety Disorders, Depression, Obsessive

Compulsive Disorder, Asperger's Disorder, Bipolar Disorder, Tourette's Disorder, Oppositional Defiant Disorder and Pervasive Developmental Disorder. The school does not accept severely emotionally disturbed

children who have been in conflict with the law, have a drug abuse history, or who have sustained patterns of physical aggression. Our boys tend to be gentler and less sophisticated or worldly.

Our students participate in individual, group and family therapies provided by two experienced Ph.D. level psychologists, as well as our consulting child psychiatrist, who also manages pharmacology for all of the students. Individual, integrated, and group occupational therapy, integrated speech and communications therapy, and art therapy are optional services. A wide array of residential activities are offered, including: horseback riding, woodshop, Boy Scouts, climbing club, athletics, swimming, hiking, creative arts, and optional music instruction.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commonwealth of Virginia Department of Education; Commonwealth of Virginia Department of Behavioral Health and Development Services; Virginia Association Independent Specialized Education Facilities

Professional Affiliations: NATSAP-Full Member; Small Boarding School Association; The National Association of Private Special Education Centers

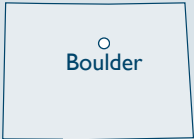
Living Well Transitions

(Transitional Independent Living Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(303) 245-1020	Gender:	Coeducational
Executive Contact:	Julie Randall	Ages:	18+
Admission Contact:	Marti Weiskopf	Grades:	N/A
Email:	info@livingwelltransitions.com	Enrollment:	25
Fax:	(303) 245-1001	Duration:	9 to 15 months
Address:	P.O. Box 1	Founded:	2004
	Boulder, CO 80306-1356		
Website:	www.livingwelltransitions.com		



NATSAP
Member Since: 2006



Boulder

Airport: Denver

Living Well Transitions is a therapeutic, independent-living program for young men and women ages 18+. Our goal is to help young adults create a happy, healthy and rewarding life of independence. We strive to teach our clients how to reduce the harm from high-risk behaviors, while creating a balance in life between opportunity and responsibility.

Appropriate candidates for our program include those aged 18+ who are admitted voluntarily and are capable of caring for themselves in an independent living environment. Our highly trained clinical teams, consisting of Masters level mental health professionals, provide both cognitive and insight-based therapeutic methodologies to assist our clients in achieving personal success. A customized transition plan is developed for each client and is modeled on the five elements of our program: Life, School, Work, Relationships, and Meaning. Services available include individual and group psychotherapy, family counseling, life-skills training, vocational support and assistance, educational support and assistance, community networking, clinical assessment and diagnosis, crisis intervention, and consultation.

Managing the responsibilities of adult life takes time, practice, and support. When these responsibilities are coupled with the challenges posed by learning disabilities, social anxiety, chronic impulsivity, or symptoms related to psychological disorders, they can seem overwhelming. However, the maintenance of these responsibilities is also fundamental to fostering self-esteem and ultimately to one's creation of a successful life.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Young Adult Affiliate Member

Logan River Academy

(Residential Treatment Center)

CONTACT

Phone: (435) 755-8400
 Executive Contact: Jeff Smith
 Admission Contact: Margaret Oak
 Email: information@loganriver.com
 Fax: (435) 755-8540
 Address: P.O. Box 3662
 Logan, UT 84323
 Website: www.loganriver.com

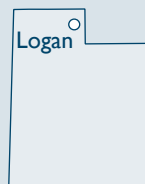
PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 18
 Grades: 8 to 12
 Enrollment: 80
 Duration: Average is 12 months
 Founded: 2000



NATSAP

Member Since: 2000



Airport: Salt Lake City

Logan River Academy is a premier adolescent residential treatment center providing services of the highest quality and ethical standards. We are dedicated to improving the lives of youths and families. LRA offers a safe, caring, structured, therapeutic environment, promoting positive change.

Logan River Academy serves 12 to 18 year old girls and boys experiencing behavioral, emotional, educational, and substance abuse problems. Students are admitted under a DSM IV diagnosis and may be experiencing problems such as: depression, adoption issues, post-traumatic stress disorder (PTSD), attention deficit disorder (ADD or ADHD), borderline personality disorder, substance abuse, bipolar disorder, nonverbal learning disorder (NLD), oppositional-defiant disorder (ODD), anxiety disorders, Asperger's Syndrome, learning disabilities (LD), parent-child conflict, or other emotional-behavioral issues. LRA provides a separate dorm and specialized programming for students with Asperger's and NLD. LRA also provides gender specific programming for girls, which live at a separate location in a large, comfortable, country home a few miles off campus.

Emphasizing a truly individualized approach to treatment, LRA offers a comprehensive therapeutic intervention and a fully accredited, year-round educational experience. Our Admissions Committee reviews all clinical and educational documentation, as well as other relevant information from parents, consultants, counselors, and physicians to ensure an appropriate match between a potential student/family's needs and our program. Our goal is to help each student develop the necessary skills to succeed at home, in school, and in the community. This is accomplished through the concerted efforts of a multidisciplinary treatment team and an individualized treatment plan. The treatment plan is developed following a comprehensive assessment and evaluation; and outlines the goals, objectives, interventions, and priorities for the Logan River Academy experience. Each student receives individual, group, and family therapies by licensed therapists. The treatment plan is implemented in a safe, structured, and supportive living environment. Substance abuse intervention is available for students with that need. All faculty members are certified, and the curriculum includes junior and senior high school classes and small class sizes.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NWAC); California Non-Public School Accreditation; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Maple Lake Academy

(Residential Treatment Center)

CONTACT

Phone: (801) 798-7700
 Executive Contact: Patti Hollenbeck-Dial, Ph.D.
 Admission Contact: Patti Hollenbeck-Dial, Ph.D.
 Email: patti@maplelakeacademy.com
 Fax: (801) 798-7739
 Address: P.O. Box 175
 Payson, UT 84651
 Website: www.maplelakeacademy.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13 to 17
 Grades: 7 to 12
 Enrollment: 15
 Duration: 12 - 15 months
 Founded: 2005



NATSAP

Member Since: 2007



Payson

Airport: Salt Lake City

Maple Lake Academy's mission is to offer the highest quality clinical and academic programs for girls, ages 13-17, who are struggling with the challenges of learning disabilities and emotional/behavioral problems. Girls who enroll at Maple Lake Academy must have a diagnosis of a learning disability (LD, LDNOS, NLD, Asperger's Disorder, High Functioning Autism) in conjunction with emotional/behavioral issues (Depression, Anxiety, OCD, ODD, Social Phobia, Bipolar Disorder, etc.). Girls who have histories of aggression toward staff or peers in previous placements, have active eating disorders, or are currently using drugs would not be appropriate candidates for Maple Lake Academy.

Maple Lake Academy offers an excellent clinical program that includes weekly individual and family therapies. In addition, our students have daily group and recreation therapy. We provide weekly specialty groups that focus on life skills and social skills development. Students are also involved in equine therapy on a weekly basis and assorted leisure and skill building opportunities, such as: choir, fine arts program, dance, private art and piano lessons, etc.

Our academic program truly focuses on the individual. Each girl has her own SEOP (student educational occupational plan) that is developed to help her address her unique learning challenges. In addition, each student will become an expert about her learning disabilities and will have coping strategies in hand when she completes her program at Maple Lake Academy. A main focus at Maple Lake Academy is to help each student develop the ability to advocate for herself in future academic and employment situations.

Our residential program is also an intensive program that teaches daily living skills. Our staff are well trained in working with NLD, AS and HFA students and have the mix of patience, consistency and nurturance needed to work well with this population.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing, Residential Treatment; Northwest Association of Accredited Schools (NAAS)

Professional Affiliations: NATSAP- Full Member; Learning Disabilities of America (LDA)

Menninger Clinic

(Specialty Psychiatric & Behavioral Hospital)

CONTACT

Phone: (800) 351-9058
 Executive Contact: Shawna Morris
 Admission Contact: Charles O'Roark
 Email: aaltman@menninger.edu
 Fax: (713) 275-5107
 Address: 2801 Gessner Dr.,
 Houston TX 77080
 Website: www.menningerclinic.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 through 17
 Grades: 7 to 12
 Enrollment: 16
 Duration: 3 weeks Assessment
 (time individualized)
 4-6 weeks average length of stay
 in treatment program
 Founded: 1925



NATSAP

Member Since: 2010



Houston

Airport: Bush International Houston Houston Hobby

Since 1925, The Menninger Clinic has been an internationally recognized leader in the development and delivery of hospital based psychiatric services for adolescents and adults. Menninger Clinic is currently ranked as the #5 Best Psychiatric hospital in America and has been consistently in the top 10 of US News and World Report Best Hospitals ranking since it began over 20 years ago.

When families and clinical professionals are uncertain of the "best" clinical setting for a struggling teen Menninger Clinic provides a brief stabilization and comprehensive diagnostic service in a safe and secure specialty hospital setting. The 3 week assessment program is designed to stabilize and provide a clear assessment of a teen's psychiatric condition. Following the results of this stabilization and assessment, the treatment team, family and the referring professional review the result and working in partnership identify the "best" next step. In order to base that difficult decision on accurate information, the Menninger Clinic team is able to provide clear recommendations with a well defined clinical rationale tailored to the unique needs of each adolescent and family.

The 3 week assessment provided within the Adolescent Treatment Program is available for adolescents 12-17 years old with emerging borderline personality disorder, bi-polar disorder, major depression, anxiety disorders, mood disorders, gender issues, ADHD, substance use disorders, eating disorders and other process addiction disorders involving internet addictions, gambling and sexual compulsivity disorders. Each patient receives a thorough medical, emotional, educational, developmental and social assessment. A diagnostic evaluation helps the treatment team integrate an appropriate blend of therapeutic interventions to meet the individual needs of each adolescent.

Upon admission, a treatment team is assigned to each adolescent. The team includes a child psychiatrist, a psychologist, social worker, rehabilitation specialist, and nursing staff. Other clinicians, such as a chemical dependency counselor may join the team when needed. The child psychiatrist is actively involved in the treatment planning, medical care and medication management. Decisions about medication are made in concert with the adolescent and their family. Integrating a wide range of treatment methods, the team helps each patient apply their strengths to work on targeted areas of their life among peers and in a caring environment. The program features group therapy, individual therapy, skill building, family therapy, medication therapy, recreation therapy, symptom management, a focus on cultural and spiritual values and chemical dependency treatment with a 12 step orientation when needed. Adolescents advance their education during their stay through instruction led by certified teacher on the Menninger campus. Family support and commitment are crucial to the successful treatment of adolescents in the program. Immediate family members take an active role throughout treatment. The social worker on the treatment team provides weekly progress updates to families and coordinates visitation and weekly family therapy over the phone and in person. The clinical team also provides instruction for the family about their child's illness, treatment and continuing care. As part of discharge planning, the family receives support for strengthening communication and parenting skills to help ensure a smooth transition when the adolescent returns home.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Texas Department of Health Services; Joint Commission (JCAHO) Accreditation; Approved by SEVIS

Professional Affiliations: NATSAP- Full Member; Learning Disabilities of America (LDA)

Meridell Achievement Center

(Residential Treatment Center)

CONTACT

Phone: (800) 366-8656
 Executive Contact: Gail M. Oberta
 Admission Contact: Alan Reiman
 Email: alan.reiman@uhsinc.com
 Fax: (512) 528-2193
 Address: 12550 West Hwy. 29
 Liberty Hill, TX 78642
 Website: www.meridell.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 5 to 17
 Grades: K to 12
 Enrollment: 134
 Duration: 30 to 180 Days
 Founded: 1961



NATSAP

Member Since: 2001



Liberty Hill

Airport: Austin

Meridell Achievement Center is a **Residential Treatment Center (RTC)**. We specialize in psychiatry and neuropsychiatry for children (5-11) and adolescents (12-17).

All of our patients have a history of treatment failure in inpatient and outpatient care. Our patients are referred from throughout the USA and internationally.

Our capacity is 134-beds, distributed into seven residences.

We are a private residential treatment center on a 63-acre ranch-style campus in Liberty Hill, Texas, 35 miles northwest of Austin.

Our medical staff includes Child and Adolescent Psychiatrists, a Pediatric Neurologist, Psychologists and Neuropsychologists.

A University of Texas Charter School is located on our campus. Completed courses and credits are transferred to patients public and private schools throughout the USA and worldwide.

Nurses staff each of seven residences 24/7.

Individual, family and group therapy are conducted by master's level licensed therapists and by certified recreational therapists.

Youth Care Counselors manage structure and safety 24/7.

Clinical and educational professionals work as a team. We look for the best in each patient and focus on their strengths.

We strive for successful outcome: continued success after discharge.

Our web site, **www.meridell.com**, includes an 11-minute virtual tour video.

Meridell opened in 1961 in Liberty Hill, Texas. It started as an emotional-growth ranch with one residence for teenage boys. In 2011, our 50th anniversary, we are a 134-bed co-ed medical-model residential treatment center (RTC). In 1961, Liberty Hill was a rural exurb of Austin. Today, highways make Liberty Hill a northwest suburb of Austin with an easy commute to the city center and international airport.

Meridell Achievement Center is licensed by the Texas Department of Family and Protective Services; accredited by The Joint Commission; certified by Tricare. The Charter School is accredited by the Texas Education Agency.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Texas Department of Family and Protective Services; Joint Commission; Texas Education Agency; Tricare (Nation-wide)

Professional Affiliations: NATSAP-Full Member

Montana Academy

(Therapeutic Boarding School)

CONTACT

Phone: (406) 755-3149
 Executive Contact: John Santa, Ph.D.
 Admission Contact: Rosemary McKinnon, LCSW
 Email: rosemarym@montanaacademy.com
 Fax: (406) 755-3150
 Address: 9705 Lost Prairie Rd.
 Marion, MT 59925
 Website: www.montanaacademy.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 14 to 17
 Grades: 9 to 12
 Enrollment: 70
 Duration: 18 to 24 months
 Founded: 1997



NATSAP

Member Since: 1999



Airport: Kalispell

Montana Academy is a private therapeutic boarding school for young people ages 14 to 17 at crisis points in their lives. Many of our students have endured traumas, struggled with learning difficulties, school or social failure. Many have emotional symptoms which have disrupted their ability to function on a day-to-day basis.

The program combines a college preparatory high school curriculum with a professional treatment program. It is unique in its quality of training and experience with five doctoral level clinicians, including two full-time psychiatrists, as well as four experienced masters level clinicians. Staff seek to formulate a clear, clinical understanding of each child's developmental difficulties and to permeate our program with the appropriate response to promote growth. Our common goal is a sustained momentum in all aspects of a child's development.

We combine an emotional growth curriculum, designed for young people with psychological difficulties, with a dual academic curriculum that is suited to students disenchanted and disengaged from conventional classrooms. Our academic program, informed by the acclaimed Project CRISP, teaches students the study skills they need to enhance learning and explore personal growth. The treatment program based on single-sexed "teams" of 10-12 students utilizes individual, group and family therapy as well as milieu therapy in recreationally-based activities, student work responsibilities and the community. Challenging students to reflect upon their personal histories and stages in life, our emotional growth curriculum teaches and encourages students to make sense of parents and families. Experiential and wilderness opportunities link the learning process with academic content in valued community work and challenging outdoor adventure in the awesome beauty of Montana.

Clinical Directors: Tim Corson, PsyD
 Email: timc@montanaacademy.com
 Nicholas Hong, PhD
 Email: nickh@montanaacademy.com
Program Directors: Dean Marsh
 Email: deanm@montanaacademy.com
 Chris Gibson
 Email: chrisg@montanaacademy.com
Substance Abuse Director: Todd Cardin
 Email: toddc@montanaacademy.com

Sky House Director: Gretchen Boyer
 Email: gretchenb@montanaacademy.com
Business Manager: Amy Zink
 Email: amyz@montanaacademy.com
Dean of Students: Jason Rasco
 Email: jasonr@montanaacademy.com

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; Joint Commission; Registered with Montana Association of Alternative Private Programs; Northwest Association of Accredited Schools; National Independent Private School Association; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Montcalm School For Boys

(Therapeutic Boarding School)

CONTACT

Phone: (866) 244-4321
 Executive Contact: Kelly Jones
 Admission Contact: Norm Ostrum
 Email: OSTRUMN@starr.org
 Fax: (517) 629-4650
 Address: 13725 Starr Commonwealth Rd
 Albion, MI 49224
 Website: www.montcalmschool.org

PROGRAM OUTLINE

Gender: Boys only
 Ages: 12 to 18, STL program through 21
 Grades: 6 to 12
 Enrollment: 70
 Duration: Flexible lengths of stay
 Founded: 2000



NATSAP

Member Since: 2001



Airport: Detroit Metro (DTW)

Montcalm School is a residential treatment program of Starr Commonwealth. Established in 1913, Starr Commonwealth is a pioneer and leader in child welfare practices and therapeutic treatment of troubled youth. Growth over the years, and a firm belief that all children have strengths and value, culminates in an internationally recognized treatment program. Montcalm School is driven by a set of Core Values that promote integrity, excellence, compassion, and faith and ultimately lead to the belief that “There is no such thing as a bad child.”

Montcalm School is ideal for young men who may be adopted, experiencing family conflict, ADD/ADHD/attention issues, Asperger’s Syndrome, learning disabilities/differences, passively non-compliant, oppositional behaviors, substance abuse issues, and other behavioral issues. Our young men may be lacking self-esteem, may have feelings of abandonment, or may need additional assistance in learning social skills, all of which may have been unsuccessfully addressed in previous therapy settings.

Treatment at Montcalm School is founded on principles that integrate the power of interpersonal relationships, peer group treatment, and multidisciplinary teamwork. Daily therapy sessions foster and enable each student’s opportunity to develop self-awareness, care, assistance to others, and pro-social life skills. In addition, each student at Montcalm School receives an asset-based behavioral and educational assessment upon entering the school. Parents, teachers, peers, and the treatment team determine an individualized course of treatment. Other experiences will include Outdoor Adventure Education, recreation therapy, and service learning. Spiritual, substance abuse, and grief counseling are available. Montcalm also has a Structured Transitional Living program designed to teach independent living skills for older boys through age 21. Montcalm is SEVIS approved.

Individual Psychotherapy Available: Yes, upon request

Accreditation, Licensure: Council on Accreditation; State of Michigan Department of Education

Professional Affiliations: NATSAP-Full Member; AEE

Montcalm School For Girls

(Therapeutic Boarding School)

CONTACT

Phone: (866) 244-4321
 Executive Contact: Kelley Jones
 Admission Contact: Norm Ostrum
 Email: info@montcalmschool.org
 Fax: (517) 629-4650
 Address: 13725 Starr Commonwealth Rd
 Albion, MI 49224
 Website: www.montcalmschool.org

PROGRAM OUTLINE

Gender: Girls
 Ages: 12 to 18
 Grades: 6 to 12
 Enrollment: 60
 Duration: flexible length of stay, short to long term
 Founded: 2004



NATSAP

Member Since: 2004



Airport: Detroit Metro (DTW)

Montcalm School for Girls, located in Albion, Michigan, is a private residential treatment program of Starr Commonwealth. Established in 1913, Starr Commonwealth is a pioneer and leader in child welfare practices and therapeutic treatment of troubled youth. Growth over the years, and a firm belief that all children have strengths and value, has culminated in an internationally recognized treatment program. Montcalm School is driven by a set of Core Values that promote integrity, excellence, compassion and faith and ultimately lead to the belief that “there is no such thing as a bad child.”

Montcalm School is ideal for young women who may be experiencing family conflict, adoption issues, Aspergers, ADD/ADHD, attachment difficulties, narcissism, learning disabilities/differences, passive non-compliance, oppositional behaviors, substance abuse, moderate depression and other behavioral issues. Our young women may be lacking self-esteem, have poor body-image issues, may have feelings of abandonment, or need additional support/help in developing social skills, all of which may have been unsuccessfully addressed in previous therapy settings.

Treatment at Montcalm School is founded on the principles of PPC (Positive Peer Culture). This model integrates the power of interpersonal relationships, peer group treatment, dialectical behavioral therapy, assertiveness training, trauma informed care and multidisciplinary teamwork. Daily therapy sessions foster and enable students the opportunity to develop self-awareness, care, assistance to others, and pro-social life skills. Empowerment classes are used to address self-limiting behaviors and attitudes. In addition, each student at the Montcalm School receives an asset-based behavioral and educational assessment upon entering the school. Parents, teachers, peers, and the treatment team determine the individualized course of treatment. Additional program experiences include outdoor adventure education, recreational therapy, body-image and self-esteem education, and a service learning program that promotes social interest and self-worth. Grief and substance abuse counseling are also available. Montcalm is SEVIS approved.

Individual Psychotherapy Available: Yes upon request

Accreditation, Licensure: Council on Accreditation; State of Michigan Department of Education

Professional Affiliations: NATSAP-Full Member; Strength Based Services International (SBSI); NBCDI

Mount Carmel Youth Ranch

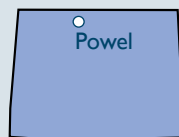
(Outdoor Therapeutic Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(307) 645-3322	Gender:	Boys Only
Executive Contact:	Gerald Schneider	Ages:	12 - 17
Admission Contact:	Matthew Schneider	Grades:	6 to 12
Email:	admissions@mtcarmelyouthranch.com	Enrollment:	12
Fax:	(307) 645-3054	Duration:	12 months
Address:	428 Road 1AF Powel, WY 82435	Founded:	1992
Website:	www.mtcarmelyouthranch.com		



NATSAP

Member Since: 2009



Mount Carmel Youth Ranch is a non-profit organization that uses real life experiences on a cattle ranch to dignify and increase the self-esteem of the troubled youth. Our "Reality Therapy" in a true west setting, is done with a Catholic focus to help mend the troubled youth's relationships with family as well as building a moral conscience within the boy. This is accomplished by educating the mind, strengthening the body, and elevating the spirit.

Our Programs helps at risk young men, ages 12-18, who display difficulty in these areas: Academic underachievement; Alcohol and drug abuse; Rebellious and defiant; Cigarette usage; Suspension or expulsion from school; ADD/ADHD; Poor peer choice; Depression; Narcissistic behavior; Anxiety; Anger management; Parental control; Low self-esteem; Abandonment issues; Social interaction; Adoption issues; Emotionally troubled; Divorce reaction; Peer/Sibling conflict; Occult involvement; Sexual promiscuity

Mount Carmel Youth Ranch is a real working cattle ranch that is located in Northern Wyoming close to Cody and the East entrance to Yellowstone National Park.

Our adventure-experiential therapies based program helps at-risk teens through a mind, body, and spirit approach aimed at the young man's mature emotional development. We offer many first time experiences that will dramatically improve his ability to make changes towards healthier lifestyle choices. We offer a Catholic faith-family relationships based program model. Unique to our program is a character developing Passport to Manhood that emphasizes core principles of: Trustworthiness, Honesty, Integrity, Respect, Responsibility, Courage, Diligence, and Work Ethic.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Wyoming, Department of Family Services as a Group Home

Professional Affiliations: NATSAP-Full Member; The Independent Small Programs Alliance (ISPA)

Mountain Homes Youth Ranch

(Outdoor Therapeutic Program/Wilderness Program)

CONTACT

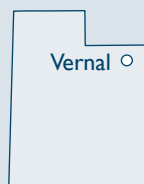
Phone: (435) 781-2450
 Executive Contact: Rob Caldwell
 Admission Contact: Rob Caldwell
 Email: robc@mhyr.com
 Fax: (435) 781-2442
 Address: 247 S.Vernal Ave.
 Vernal, UT 84078
 Website: www.mhyr.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 17; 18 to 25
 Grades: 5 to 12
 Enrollment: 40
 Duration: 12 to 15 weeks
 Founded: 1996



Member Since: 2005



Airport: Grand Junction, CO, Salt Lake City, UT

Mountain Homes Youth Ranch is a licensed therapeutic wilderness program in the state of Colorado. The program uses an outdoor setting to bring out behavioral issues in youth ages 12 – 18. Youth learn to make positive choices throughout their stay in the program as a means to experience natural positive consequences for themselves during their time at Mountain Homes as well as upon returning home. Students gain positive coping skills in the programs that can be directly applied to real life situations with family, peers, at school, and in social activities.

Mountain Homes Youth Ranch is selective in the types of students that are accepted into the program. Students are screened thoroughly through the Clinical Assessment Team. MHYR only accepts students that are appropriate for their program and that we feel we can genuinely help. Because of the screening process, some students are declined. Our goal is to give every youth a life-changing and emotional growth experience. Parent feedback informs our program that youth gain maturity, positive coping skills, improve self-esteem, and are able to make positive choices upon returning home. Our selection process contributes to a very high success rate with the youth that come to the program.

Students accepted into the program display a variety of emotional and behavioral problems. We accept students displaying behavior related to ADD/ADHD, ODD/OCD, peer pressure, low self-esteem, runaway history, anger management, anxiety, substance abuse, lack of motivation, school related problems, respect and defiance. We do not accept students who have major health problems, have a history of physical violence, or students who are currently suicidal.

Safety is a priority at Mountain Homes. We lease a 15,000 acre ranch in Western Colorado where students live in tents in a beautiful wilderness setting. We do not use BLM or Forest Service lands. Having our own ranch provides an ability to control for safety issues related to campers, hikers, and hunters. Staff are screened thoroughly and trained weekly regarding positive interventions to handle negative behavior. The program is overseen by Program Directors that combine over 30 years working with at-risk teens.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Colorado, Department of Human Services, Division of Child Care

Professional Affiliations: NATSAP-Full Member; OBHIC

New Haven

(Residential Treatment Center)

CONTACT

Phone: (801) 794-1218
 Executive Contact: Dustin Tibbitts, CMFTI
 Admission Contact: Jacqueline Fairbanks
 Email: admissions@newhavenrtc.com
 Fax: (801) 794-9558
 Address: 2172 East 7200 South
 Spanish Fork, UT 84660
 Website: www.newhavenrtc.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 to 18
 Grades: 7 to 12, college prep
 Enrollment: 66
 Duration: Average 10 to 12 months
 Founded: 1995



NATSAP

Member Since: 1999



Spanish Fork

Airport: Salt Lake City

New Haven's school and therapeutic haven facilitates positive change and healing in families struggling with troubled adolescent girls. New Haven offers girls with emotional or behavioral problems a feeling of retreat, a safe place where they can learn empowerment skills and discover their maximum social, emotional, and academic potential. We believe that long-lasting change occurs when six areas are addressed: We emphasize family therapy, and we provide girls with the experiences and the structure to learn how to give and receive love and respect. They increase their self-esteem, and take responsibility for choices and consequences, then realign their lives with their individual values systems and spiritual orientation.

New Haven is for girls ages 12-18 who may experience problems including but not limited to the following: depression, drug abuse, manipulation, low motivation, hopelessness, low self-esteem, entitlement, and relationship difficulties. Also, we commonly treat mood disorders, anxiety, eating disorders, addiction, ADD, Learning Disabilities, oppositional-defiance, personality disorders, trauma-related issues, attachment disorders, and depression. We do not treat Conduct Disorders, pregnant girls, or severe psychosis.

New Haven fulfills its mission through the following: An accredited High School and Jr. High School; close ties to local universities; exceptional client service; reliable and frequent communication with parents, programs, and Educational Consultants; medication management supervised by psychiatric staff; rigorous psychological and educational testing; thorough transitional and aftercare services; Masters- or Doctorate-level therapy (family and individual weekly); Equine-assisted therapy and experiential therapies; and a 1-4 direct contact, residential staff-to-student ratio.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Joint Commission; Northwest Accreditation Commission; EAGALA certified; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; Provo-Orem Chamber of Commerce Member; Better Business Bureau (BBB)

New Leaf Academy of Oregon

(Therapeutic Boarding School)

CONTACT

Phone: (541) 318-1676
 Toll-Free: (866) 820-5050
 Executive Contact: Robbi O'Kelley, MSW, LCSW,
 CADCI
 Admission Contact: Sarah Casson Rush
 Email: admissions@newleafacademy.com
 Fax: (541) 318-1709
 Address: P.O. Box 6454
 Bend, OR 97708-6454
 Website: www.newleafacademy.com
 (choose Oregon Campus option)



NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 10 to 14 upon enrollment
 Grades: 5 to 9
 Enrollment: 50
 Duration: 12 to 18 months
 Founded: 1997



Bend ○

Airport: Redmond or Portland

Our goal at New Leaf Academy of Oregon is to effectively facilitate true and lasting behavioral, social and academic change by providing a therapeutic and nurturing, family-style environment that meets the specific developmental needs of the pre-adolescent and early adolescent female. New Leaf Academy of Oregon is a structured, single-gender living and educational program for girls ages 10 through 14 at the time of enrollment who need extra help and guidance in achieving their social, familial and academic goals. New Leaf students struggle with issues ranging from attention deficit disorder, mood disorders, impulsivity, anxiety, attachment issues and a range of learning differences. A New Leaf girl often lacks personal boundaries, is unable to read social cues, exhibits difficulty making and maintaining friendships, and demonstrates an inability to participate or adhere to family rules, values, and relationships. The girls at New Leaf receive individual, group and family therapy working closely with our Clinical Team who provide individual treatment plans that help our families get a better understanding of how to create a successful environment for their daughter to return home. Our developmentally-based program is designed to help foster improved family communication and functioning; build a renewed connection with parents, guardians and siblings; generate a willingness in the child to follow rules and submit to parental authority; build her social and interpersonal skills; instill an ability to identify and manage feelings appropriately; and to help generate increased academic achievement.

Through a combination intensive therapy (weekly individual, group and family) and gender focused activities and interventions, girls at New Leaf Academy of Oregon learn to interact on a meaningful level with both peers and adults, and to develop successful relationships with their families. We offer the girls the opportunity to earn the responsibility to own and care for a Bunny, giving the girls an experience to be a part of 4-H and the local community. Every summer the girls take their Bunnies to show at the Deschutes County Fair which gives them an opportunity to generalize appropriate social skills with the community and develop confidence in personal showmanship. Additionally, New Leaf integrates personal development with the academic process to create a consistency in interventions with girls. Our excellent academic program focuses both on the academic content of a traditional grade-appropriate curriculum as well as on educating girls regarding the specific tools, strategies and skills to be successful learners in the future. New Leaf Academy graduates know how to advocate for themselves and achieve in a school environment.

Due to the developmental age of our students, family participation is expected to achieve optimal success. Parents and guardians receive weekly family therapy and participate in three Parent Seminars in which they are involved in multi-family therapy with their daughters focusing on identifying and interrupting ineffective family patterns. Families also participate in an equine family workshop to deepen their insight into family dynamics. Additionally, parent visit weekends and home visits are scheduled throughout the year to provide opportunities to practice new family skills.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Child Caring Agency; Northwest Association of Accredited Schools; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; SBSA

New Lifestyles

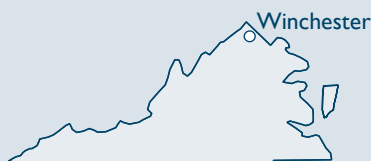
(Young Adult Program, Transitional Independent Living Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(540) 722-4521	Gender:	Coeducational
Executive Contact:	Kenneth L. Cuave, PsyD.	Ages:	18 to 26
Admission Contact:	Paul Hill, PsyD	Grades:	High School Completion and College
Fax:	(540) 722-0223	Enrollment:	18
Address:	230 West Boscawen Street Winchester, VA 22601	Duration:	1 year
Website:	www.newlifestyles.net	Founded:	1985



NATSAP

Member Since: 2002



Airport: Washington Dulles

New Lifestyles is an intensive, therapeutic program for emerging adults located at the northern tip of the Shenandoah Valley in Winchester, Virginia.

Committed to the unique needs of individuals ages 18 to 26, New Lifestyles provides a clinically intensive transition experience for students with average to above average intellect who present with Axis I and/or Axis II diagnoses to include:

- mood disorders (depression, bipolar disorder);
- anxiety disorders (OCD, social phobia, generalized anxiety, PTSD);
- personality disorders and traits (borderline, narcissistic, dependent, avoidant, etc.);
- learning and attention disorders; and
- Aspergers spectrum disorders including NLD.

Central to a student's work at New Lifestyles is his or her participation in intensive individual and group psychotherapy sessions. Individual sessions are provided two to three times weekly, and therapy groups meet an additional four to six times weekly. Therapy sessions focus on clinical issues that impact a student's participation and progress. Specialty treatment tracks are available in the areas of affect regulation, executive functioning, anxiety management, and recovery. Other program components consist of health and recreational activities and psycho-education groups that focus on skill development in a variety of areas including social skills, interpersonal relationships, life competencies, and career and work exploration. A financial component of the New Lifestyles program requires students learn how to manage a checking account, pay bills, and plan and manage a budget.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Clinical Psychologists licensed by State of Virginia

Professional Affiliations: NATSAP-Young Adult Affiliate Member; SACAVA

Newport Academy

(Residential and Outpatient Treatment Programs)

CONTACT

Phone: (877) 628-3367
 Executive Contact: Scott Sowle
 Admission Contact: Jamison Monroe, Jr.
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 Fax: (714) 288-2045
 Address: 811 N. Ranch wood Trail
 Orange, CA 92869
 Website: www.newport-academy.com



NATSAP

Member Since: 2009

PROGRAM OUTLINE

Gender: Separate gender-specific programs for males and female
 Ages: 12 - 17
 Grades: N/A
 College Prep: N/A
 Enrollment: 6 males, 6 females
 Duration: minimum of 45 days
 Founded: 2009



Airport: John Wayne Airport
 Orange County, CA (SNA)

Newport Academy consists of comprehensive, highly individualized, gender-specific residential treatment programs and mixed-gender outpatient treatment programs for adolescents ages 12-17 suffering from substance abuse and co-occurring disorders. Both the residential and outpatient programs offer highly individualized, holistic treatment where psychological, biological, spiritual, social and educational needs are continually assessed and revised throughout the treatment process. Newport Academy's clinical team is led by David Smith, MD, FASAM, past president of American Society of Addiction Medicine and the Immediate Past Medical Director for the State of California, Alcohol and Drug Programs. The program is designed to address key elements defined by the American Medical Association, the American Academy of Pediatrics, and NIDA as crucial in providing effective and comprehensive care in adolescent substance abuse treatment. These include:

- A board-certified addiction psychiatrist and pediatric internal medicine physician on staff
- A PhD, MFT Clinical Director working with each resident.
- Master's and Doctorate level Counselors and Care Coordinators.
- David Smith, MD, FASAM, Chair of Addiction Medicine Department, Newport Academy. Dr. Smith is the immediate past Medical Director, State of California Alcohol and Drug Programs; and Past President, American Society of Addiction Medicine.
- A highly intensive program with over 30 clinical staff to care for 6 residents at each residential center. Clinical staff includes MD's, PhD's, LCSW's, MFT's, Registered Dietitians and other Masters Level Treatment Professionals (over 21.5 clinical hours per resident per week)
- A Director of Educational Services that is both a credentialed teacher and an MFT Intern for the Girls residential program and a State of California credentialed teacher for the Boys residential program. Both classrooms also have a teacher's aide that is also credentialed. The teacher-to-student ratio is 3:12.
- A gender-specific residential treatment environment where adolescents are free from mixed-gender distractions to personal recovery and where sensitive issues can be addressed in a safe, supportive and structured environment.
- On-site equine assisted therapy with a nationally recognized Equine Therapist.
- A Clinical Nutritionist and nationally recognized Registered Dietician to address nutritional concerns and eating disordered behavior.
- A comprehensive family program that includes weekly individual and multi-family groups, as well as a Intensive Family Program where all family members are invited to participate in three full days of therapy on campus at week for of residential treatment.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of California Department of Social Services, Community Care

Professional Affiliations: NATSAP-Associate Member; NAATP

New Roads Treatment Centers

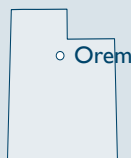
(Transitional Independent Living)

CONTACT		PROGRAM OUTLINE	
Phone:	(801) 669-5888	Gender:	Coeducational
Toll-Free:	(888) 358-8998	Ages:	17.5 to 28
Executive Contact:	Eric Schmidt	Grades:	N/A
Admission Contact:	Devon Romo	Enrollment:	40
Email:	eric@newroadstreatment.com	Duration:	3 to 9 months
Fax:	(801) 669-5889	Founded:	2009
Address:	1365 West 1250 South, Ste. 100 Orem, Utah, 84058		
Website:	www.newroadstreatment.com		



NATSAP

Member Since: 2010



Airport: Salt Lake City, Utah

New Roads Treatment Centers offers a service-rich and co-occurring enhanced treatment continuum, which includes detoxification, residential treatment, sober independent apartment living, intensive outpatient, and outpatient. Each of the programs is designed specifically to address the developmental needs of young adults. Our evidence-based therapeutic approaches, provided by seasoned staff, provide coping strategies that can be used in the “real world”, which allows our clients to ensure their continued success.

Our detoxification program offers medication-assisted detox, which helps clients effectively complete their detoxification so they can enter primary care either here at New Roads or another referring program. Residential treatment is intensive inpatient care, typically lasting 90 days. In the Transitional Program clients live in a drug and alcohol free apartment, while participating in intensive and effective treatment at a professional and comfortable outpatient clinic.

At New Roads Treatment Centers, our programs boast a multi-disciplinary staff, including psychotherapists and life coaches. All are trained in effective and comprehensive addiction and mental health treatment, including the life skills development typically needed by clients at this stage of recovery. Our addiction-trained Medical Director is available to our clients as needed, ensuring physical and psychiatric health.

Clients attend individual therapy, like skills classes, 12-step meetings, etc. in order to continue to fortify their healthy living plan. Clients learn to become self-sufficient and accountable not only to staff, but to one another. The therapeutic culture that has been created consists of a network of positive peers, which helps create a safe and drug-free environment.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Office of Licensing (State of Utah) Outpatient, Residential Treatment, and Detoxification

Professional Affiliations: NATSAP-Associate Member

New Summit Academy of Costa Rica

(Therapeutic Boarding School)

CONTACT

Phone: (414) 921-1388 (USA)
(011) 506-2446-3376 (Costa Rica)
Executive Contact: Marcela Pereira
Admission Contact: Heather Tracy, Ed.M.
Email: admin@newsummitacademy.com
Fax: (561) 892-3853 (USA)
Address: Aptdo #159-4013
Atenas, Alajuela
COSTA RICA 20501
Website: www.newsummitacademy.com

PROGRAM OUTLINE

Gender: Boys Only
Ages: 15 - 18
Grades: 9, 10, 11, 12
College Prep: Yes
Enrollment: 24-26
Duration: 12+ months
Founded: 2004



Airport: (SJO) Aeropuerto Juan Santamaria,
Alajuela, San Jose, Costa Rica



NATSAP

Member Since: 2007

New Summit Academy Costa Rica empowers and nurtures students toward healthier lifestyles through problem-solving & processing experiences to become more relationship-based, goal-driven, resourceful global citizens. Our year-round therapeutic boarding school accomplishes our mission by implementing our unique integration of a SACS-accredited USA academic program with personal growth objectives and experiential education activities.

NSA works with up to 26 males (ages 15-18) who are in or entering grades 10-12. Students may struggle with anxiety / depression, self-confidence, motivation, decision-making, difficult family dynamics, attention deficits, oppositional defiance, or substance abuse. NSA students are bright, creative (often very musical), passionate about an interest, active, accountable, capable of insight-building, socially skilled, interested in attending college and are committed to personal growth.

NSA provides an active, nurturing milieu that focuses on the flow and integration of the academic, therapeutic, and recreational aspects of a student's life. Dynamic teachers and Multiple Intelligences instruction & assessment are key to student motivation and engagement in NSA's academic curriculum. With our small class sizes, students learn to break projects into smaller pieces to make progress in reaching goals. Therapeutic strategies are non-confrontational, empowering, and emphasize process and relationship-building over behavior modification techniques. Students participate in individual therapy, community groups (3 times a week) and Honor Council Meetings. Milieu therapists participate in recreational activities and *Aventuras* to build natural therapeutic relationships with students outside of a traditional office environment. Therapists work with families at workshops and via telephone. The Experiential Education department involves students in planning healthy recreational activities on weekends as well as regular community service and cultural immersion opportunities with local families and friends. Furthermore, NSA's *Aventura* program that therapeutically engages students in Costa Rica's amazing outdoor laboratory at least 12 weeks a year gives students experiences they will never forget!

Individual Psychotherapy Available: Yes

Accreditation, Licensure: PANI (Patranato Nacional de Infancia de Costa Rica—child welfare organization), Ministerio de Salud Costa Rica (Health Ministry), SACS academic accreditation (Southern Association of Colleges and Schools)

Professional Affiliations: NATSAP-Full Member

NorthStar Center

(Young Adult Program)

CONTACT

Phone: (866) 313-7580
 Executive Contact: Sean Fievet
 Admission Contact: Dee Langford
 Email: dlangford@northstarcenter.com
 Fax: (541) 385-0997
 Address: P.O. Box 1387
 Bend, OR 97709
 Website: www.northstarcenter.com

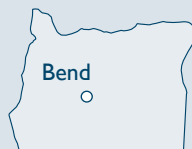
PROGRAM OUTLINE

Gender: Coeducational
 Ages: 17½ to 24
 Grades: High School Diploma/GED/
 College
 Enrollment: 42
 Duration: 6 to 12 months
 Founded: 1991



NATSAP

Member Since: 1999



Airport: Redmond or Portland

The NorthStar Center is an extended-care substance abuse recovery program where students learn to lead a healthy and sober lifestyle while pursuing academic goals and independence. Students transition directly to NorthStar with at least thirty days sobriety upon completing a primary treatment program or wilderness therapy program in which they have received education about addiction and made a commitment to remain sober. NorthStar's mission is to help students learn the skills to transition appropriately into a sober and healthy adult lifestyle.

Students of the NorthStar program are 17.5 – 24 year-olds who seek to move forward in their lives emotionally and academically. For students with a minimal amount of high school to complete, NorthStar assists them in pursuing a high school diploma, or working toward a GED. Students participate in Dialectical Behavioral Therapy (DBT) skills training to learn to regulate emotions, Motivational Interviewing groups and daily 12-Step Meetings to further their understanding of the recovery process and their commitment to recovery.

NorthStar is a dual diagnosis (co-occurring disorders) facility. In addition to substance abuse, students have typically experienced academic failure in their lives and may have learning challenges. A typical student may deal with poor self-esteem, ADD/HD, mood disorders, Anxiety, Depression, Bi-polar, PTSD, impulsivity and/or lack of motivation.

The NorthStar journey to sober, healthy adulthood is designed as a one-year program divided into two phases. During Phase I, students live in a structured residential setting that is staffed 24-hours-per-day. Students are involved in daily chores, exercise, academic pursuits including college classes, group therapy, individual therapy, 12-step recovery meetings and world class recreational activities.

NorthStar also puts tremendous emphasis on rebuilding family relationships in family therapy, Parent Week workshops and parent discussion teleconferences. As an additional benefit, NorthStar parents are assigned a certified Parent Coach for the purpose of helping support the parents in establishing new roles as their young adult transitions into the next phase of his or her life.

NorthStar's Phase II is an opportunity to participate in an independent living component of the program in which students live in the Bend community with another NorthStar student, but remain actively involved in college and academic advising or employment (full or part-time), individual and group therapy, case management, money management, recreation and community activities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services

Professional Affiliations: NATSAP-Full Member; NAATP; NAADAC

Northwest Academy

(Therapeutic Boarding School)

CONTACT

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 Executive Contact: Adam McLain, Psy.D.
 Admission Contact: Brandi Elliott
 Email: brandi.elliott@uhsinc.com
 Fax: (208) 267-3232
 Address: P.O. Box 370
 1 Ruby Creek Rd.
 Naples, ID 83847
 Website: www.nwacademy.net



NATSAP

Member Since: 2006

PROGRAM OUTLINE

Gender: Co-ed
 Ages: 16 – 18 (must enroll prior to 18th birthday)
 Grades: 11 - 12
 Enrollment: 65
 Duration: 11 to 13 months
 Founded: 1994



Naples

Airport: Spokane, WA

Northwest Academy is specifically designed to meet the unique needs of older adolescents. Carefully designed structure and curriculum allows Junior/Senior students: accelerated academics, on-line/off-site college courses, post-secondary guidance, individual, group and family therapy, job shadowing, participation on local sports teams, vocational learning and appropriate community experiences. Recognizing the unique challenges and questions our students face and embracing opportunities available to them keeps Northwest Academy focused on the issues and obstacles that have interfered with transition into adulthood.

Student profile: bright, college-capable, older adolescent, at risk of not finishing high school, poor or deteriorating academic performance, affiliating with negative peers, expressing unhealthy independence, socially or emotionally immature, oppositional and defiant, using/abusing drugs or alcohol, defying authority and family rules, suffering from depression, limited by anxiety, entitled and indulgent, acting out in opposition to family values, off-track from their post-secondary goals and dreams.

Staff includes: Post-secondary advisor, psychologist, licensed therapists, tenured milieu staff, recreation instructors, substance abuse counselor, registered nurses, consulting psychiatrist, credentialed teachers and a special education coordinator. Together, they encourage students to revisit abandoned values, prepare for adulthood, pursue healthy relationships, develop independent living skills, challenge self imposed limits and self defeating behavior patterns.

Primary therapists work with students, families and associated professionals to develop the treatment plan. Our team approach is integrative, comprehensive and inclusive, with students active in developing individualized plans. Plans are evaluated and updated bi-weekly with focus assignments that help break down larger goals into immediate action steps. Students receive weekly individual and family therapy and participate in 5 therapeutic groups. Primary therapists conduct parent updates, oversee progress towards goals and recommend clinically indicated interventions. Our certified substance abuse counselor, works with students to develop recovery plans that include weekly recovery groups (utilizing the Stages of Change model for achieving/maintaining sobriety) and voluntary on/off campus 12-Step meetings.

We have found that in healing primary parent-child relationships, students become more participatory in exploring their deeper; core issues that often impede success and cause discomfort. Respecting parent influence and knowledge of their child; parent participation is critical and often predictive of a student's future success. Utilizing that input and influence, we provide family therapy, guided writing/communications, goal oriented visits and parent education workshops.

The powerful combination of academic progress, therapeutic support, personal growth and facilitated planning provides students with improved self-esteem, practiced coping skills, enhanced range of emotional expression, meaningful relationships, a deeper understanding of self and purposeful direction for their futures.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health and Welfare, Child Care; Northwest Accreditation Commission

Professional Affiliations: NATSAP-Full Member

Northwest Passage Child & Adolescent Center

(Residential Treatment Center)

CONTACT

Phone: (715) 327-4402
 Executive Contact: Mark Elliott
 Admission Contact: Carey Lillehaug
 Email: Careyl@nwpltd.org
 Fax: (715) 327-8447
 Address: 203 United Way
 Frederic, WI 54837-8938
 Website: www.nwpltd.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 6-17
 Grades: 1-12
 Enrollment: 20
 Duration: 30-Days
 Founded: 1994



NATSAP

Member Since: 2011



Frederic

Airport: Minneapolis St. Paul International Airport

Northwest Passage Child & Adolescent Center is home to a very unique and comprehensive clinical assessment program for male and female clients, ages 6-17. Assessments focus on neuropsychological evaluation, family assessment, psychiatric assessment, educational and behavioral assessments, health/medical assessments, and, when necessary, chemical health assessment. We recognize the significant value of professional collaboration; therefore, our assessments are completed in a highly integrated interdisciplinary team model that is more intensely beneficial than traditional outpatient evaluation services. Our assessment generates a dynamic treatment plan designed by the multidisciplinary team to address both the needs of the child and family, which allows for a much greater chance for success.

Through years of providing residential treatment services, we have learned that too often children are enrolled in treatment services without a clear understanding of what is to be gained by the service. This kind of "dart throwing" approach to treatment can easily lead to more costly yet less helpful services and often prevents, rather than promotes, success. We created this one-of-a-kind assessment program to offer children and families a chance to stop the guesswork and find stability. Our mission is to create an individualized and targeted treatment plan that leads to more effective treatment services. Each member of our clinical team brings experience and expertise in their field to a process that allows for complete integration of all of the findings. The result is an assessment that provides clear answers and a coordinated plan that incorporates specific recommendations for the child and the family system.

At NWPCAC, we recognize that our findings are only useful if you are given thorough information in a way that makes sense. While we provide comprehensive reports following our assessments, our unique program design offers so much more. Throughout a child's placement, our case managers maintain consistent contact with you to give you ongoing information about your child's placement and the progress of the assessment. Families are engaged in the assessment directly through individual meetings with the neuropsychologist and family therapist. The connections with the case manager and the family meetings help you shape the assessment to make certain the questions you have about your child's needs are answered thoroughly. Near the completion of the assessment, our clinical team and case manager meet directly with the family and community-based treatment professionals, so that our assessment findings and recommendations can be thoroughly explained and discussed.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed as a Residential Care Center by the State of Wisconsin, Dept. of Health & Family Services

Professional Affiliations: NATSAP-Full Member; Wisconsin Association of Family and Children's Agencies (WAFA)

Oakley School

(Therapeutic Boarding School)

CONTACT

Phone: (435) 783-5001
 Executive Contact: James Meyer
 Admission Contact: Carrie Shoumatoff
 Email: Admissions@Oakley-School.com
 Fax: (435) 783-5010
 Address: P.O. Box 357
 251 West Weber Canyon Rd.
 Oakley, UT 84055
 Website: www.oakley-school.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 14 to 19
 Grades: 9 to 12
 Enrollment: 70-100
 Duration: Min. 1 school yr. - Max. 4 school yrs
 Founded: 1998



NATSAP

Member Since: 1999



Airport: Salt Lake City

For teens struggling in high school, The Oakley School is a therapeutic college-preparatory boarding school that has proven over the last decade that excellence in education can be combined with effective therapy and life experiences. The four cornerstones of the Oakley School program set the national standard, with rigorous academic curriculum, sophisticated clinical support through individual, group, and family therapy, an active and empowering student life experience, and diverse experiential education program. The Oakley School's integrative approach is reflected by its natural environment. The private boarding school is located in the Intermountain West – known for its diversity with pristine mountain ranges, red rock vistas, desert playgrounds, and metropolitan sophistication. Similarly, The Oakley School provides a diverse educational and developmental experience, balanced by opportunities for students to incorporate self-discipline and responsibility, truly preparing students to enter college life.

The Oakley School, however, is not for everyone. It is designed for students who are ready for change, have some distance from their behaviors, and who are willing to be challenged in mind, body, and passion. With this balanced approach, these college-bound students are given opportunities to do more than improve academic scores. They are given the tools to overcome self-defeating behaviors; they uncover individual talents, they develop life skills; they learn how to improve relationships with family and peers.

The Oakley School offers over 40 different academic courses taught by endorsed faculty each semester to better “customize” learning needs. In addition to the academic week, every student participates in our two-day Experiential Education module program, developing lifelong expertise in outdoor skills, the fine arts, and community service. Seven-week intensive courses in up to 70 different subject areas are offered each year. Students also compete against local high schools in cross country, volleyball, swimming, wrestling, soccer, and golf.

The Oakley School carefully integrates a strong daily structure with a social model of clinical support. Oakley School allows students to have community experiences, in order to provide real life choices not available in short-term, and/or more restrictive environments. By the time Oakley students have completed the program, they have already faced choices and pressures that life can bring in ways that truly prepare them for a successful future.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Therapeutic School; Northwest Association of Accredited Schools; Utah State Office of Education

Professional Affiliations: NATSAP-Full Member

Odyssey Wilderness Programs

(Wilderness Program)

CONTACT

Phone: (360) 671-4999
 Executive Contact: Tim Brockman
 Admission Contact: Sarah Brockman
 Email: info@odysseynw.com
 Fax: (360) 671-8444
 Address: 1106 Harris Ave., Ste. 201
 Bellingham, WA 98225
 Website: www.odysseynw.com



NATSAP

Member Since: 2005

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 - 17
 Grades: 7 to 12
 Enrollment: Multiple groups of up to 8 students
 Duration: 4, 6, or 8 weeks
 Founded: 2003



Airport: SeaTac (Seattle, WA)

Odyssey Wilderness Programs is a highly developed and successful wilderness therapy program operating in the pristine backcountry areas of Washington State. The Odyssey mission is to promote positive experiences in wilderness by establishing a community of individuals through a safe, structured, strength-based curriculum and environmentally sound practice.

Odyssey outlines five objectives for students to achieve as a result of program participation. Students learn the skills to meet these objectives as they move through a fluid progression of three program phases, artfully designed to serve as metaphors for real-life situations: Personal Responsibility, Family Responsibility, and Community.

1. Improved **Family Relationships** through openness, trust, and respect.
2. Improved **School Performance** through building positive peer relationships, developing effective study habits, and enhancing motivation to learn.
3. **Good Judgment** by developing decision-making strategies, leadership, and learning through reflection.
4. Improved **Self- Confidence** in abilities and utilizing personal strengths.
5. Improved **Health and Happiness** through physical exercise, a nutritious diet, and developing a positive outlook and attitude.

Typical Odyssey students are male and female, ages 13 - 17. Their struggles may include: conflict with parents, depression, anxiety, anger, trouble in school, low self-esteem, drug/alcohol experimentation, ADD/ADHD, lack of motivation/direction, and oppositional or behavior problems.

Students complete the Odyssey program in 28 - 54 days, depending on their development of skills in the Five Objectives. Each student works individually with an experienced, licensed therapist who helps with them identify their strengths, find solutions to existing problem areas, and ultimately parallel their Odyssey experience with the choices they will make in the next phases of their life. The average length of stay is 6 weeks. Group size is typically four to six students with a maximum of eight.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Northwest Association of Accredited Schools (provisional)

Professional Affiliations: NATSAP-Full Member

Open Sky Wilderness Therapy

(Wilderness Program)

CONTACT

Phone: (970) 382-8181
 Executive Contact: Aaron Fernandes
 Admission Contact: Lauren Lollini
 Email: info@openskywilderness.com
 Fax: (970) 382-9494
 Address: P.O. Box 2201
 Durango, CO 81302
 Website: www.openskywilderness.com

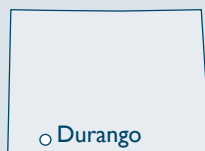
PROGRAM OUTLINE

Gender: Adult co-ed groups
 Ages: Adolescents 13 to 17,
 Adults: 18 to 28
 Grades: N/A
 Enrollment: 7-8 per group
 Duration: Averages 8-9 weeks
 Founded: 2005



NATSAP

Member Since: 2006



Airport: Durango, CO

Open Sky's holistic wilderness therapy program is the most comprehensive and clinically sophisticated wilderness therapy program in the industry, and the only one that is supported by continuous outcome-based research. The Open Sky clinical approach utilizes the latest in evidence-based clinical modalities while incorporating time-honored holistic healing practices, such as yoga and meditation.

Open Sky successfully treats male and female adolescents and young adults dealing with a variety of complex mental health issues, including but not limited to depression, anxiety, family problems, substance abuse, grief, oppositional defiance, and social skills deficits. Our adolescents range in age from 13 to 17 and are placed in single-gender groups while our young adults range in age from 18 to 28 and participate in co-ed groups.

Each student receives weekly intensive therapy from a licensed clinical therapist who has specialized training in treating the student's specific issues. The clinical team is comprised of professional, caring, educated, and highly experienced professionals, who have worked in the wilderness therapy treatment field for many years.

Open Sky employs a family systems approach in the treatment of each student. Each family participates in weekly family therapy sessions, weekly family support group, attends a parent wellness weekend, and participates in a field-based family reunion and graduation process at the conclusion of the program.

Open Sky is proven to work. Open Sky is the only wilderness therapy program in the country that conducts continuous, university-led outcome research. Our research shows that upon arrival, our students have mental health needs consistent with those who need intensive in-patient support and by the time they finish the program, they emerge into the normal range for well-functioning adolescents.

Owned and operated by experienced professionals with over 100 years of collective experience in the field of wilderness treatment, Open Sky is the leading wilderness therapy program for teens, young adults and their families.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, State of Colorado, Department of Human Services, Residential Childcare Facility

Professional Affiliations: NATSAP-Full Member; OBHIC-Member

Optimum Performance Institute

(Young Adult Program)

CONTACT

Phone: (888) 558-0617
 Executive Contact: Robert F. Fischer, M.D.
 Admission Contact: Anne LaRiviere
 Email: anne@opiliving.com
 Fax: (805) 969-1642
 Address: Woodland Hills, CA 91367
 Website: www.opiliving.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 17 to 25
 Grades: 12th grade and beyond
 Enrollment: 6 per townhouse
 Duration: Flexible
 Founded: 2004



NATSAP

Member Since: 2005



Woodland Hills

Airport: Burbank or Los Angeles

The Optimum Performance Institute is for young adults ages 17 – 25 who are willing to commit to finding a sense of balance in their life and their places as a responsible member of society either by completing high school, junior college or university or gaining employment skills.

For many of these young adults, leaving home and making the transition to college or the work world is a daunting and overwhelming challenge. This is true whether they are leaving or trying to compete high school; leaving a highly structured boarding school or a program such as a therapeutic boarding school or wilderness program.

Often these youngsters are high achievers but “thrust” into this new and real world alone, with few advocates, they are often overwhelmed by isolation and lack of structure and support. Some need support with their social skills and ability to interact with peers. Many find they are unable to build a positive sense of self or use skills they might have developed that could help them get good grades, achieve goals and succeed. Often they begin to fail and return to old, negative patterns and peer groups.

At OPI we believe it makes sense to receive help with this transition in the form of individualized, customized educational and emotional support in an environment similar to the one where they will eventually live – a metropolitan setting.

We believe that when young adults become part of a committed peer group— a new and supportive family of friends – they are able to confront the distractions and temptations that exist in the real world while taking advantage of all the exciting opportunities.

OPI participants live in beautiful apartment complexes in Woodland Hills, CA staffed with experienced Independent Living Specialists and professional counselors. Successful adults from the Los Angeles area serve as mentors. Together these skilled professionals work with Participants, helping to put together customized educational experiences and giving emotional support during the “down times” to ensure that each Participant continues working towards their goals.

OPI is unique because it offers: Boutique educational package customized for each Participant utilizing the universities and educational experiences in the Los Angeles area. Extensive therapeutic intervention designed to help internalize a commitment to long term goals, maintain focus, motivation, and cultivate the skills needed to integrate back into society. Our youth may present with varying diagnoses ranging from anxiety disorders, Asperger Syndrome, bipolar disorder, PTSD, depression, Learning Disabilities, OCD, to name a few. Because we are small we handle each case individually; comprehensive substance abuse treatment; experiencing shared adventure and bonding through travel opportunities; on-going support through aftercare with access to a network of peers, counselors and mentors; and assistance to help families establish a bridge of communication allowing for greater understanding, tolerance, and clarification of differences and shared values.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: JCAHO Accreditation

Professional Affiliations: NATSAP-Full Member

Outback Therapeutic Expeditions

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(801) 766-3933	Gender:	Coeducational
Executive Contact:	Rick Meeves, Ph.D.	Ages:	13 to 17
Admission Contact:	Woody Crowell	Grades:	N/A
Email:	rmeeves@outbacktreatment.com	Enrollment:	8 per group, single gender only
Fax:	(801) 766-3932	Duration:	4 to 8 weeks
Address:	50 North 200 East Lehi, UT 84043	Founded:	2001
Website:	www.outbacktreatment.com		



NATSAP

Member Since: 2002



Lehi

Airport: Salt Lake City

Outback is a licensed treatment program that uses the wilderness as an alternative to traditional treatment settings, while employing conventional therapeutic methods. Treatment, not wilderness or survival skills, is the primary focus at Outback. To accomplish this, Outback has licensed Ph.D. and Masters level therapists, individualized treatment planning, individual therapy, group therapy, flexible lengths of stay, daily group processing sessions, single gender groups using a continuous flow model, and weekly parent/consultant communication.

Outback works with students 13 to 17 years of age with a range of emotional and behavioral issues that may include Oppositional Defiance, Attention Deficit, Learning Differences, Low Self-Esteem, Depression, Substance Abuse and Family Conflict.

Outback's goal is to empower the students by focusing on insight, self-mastery, and choice. These foci, combined with individual and group therapy sessions, individualized treatment planning, and the program's philosophy of promoting personal responsibility, allows the students to better internalize new, healthy habits and improve self-esteem.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Oxbow Academy

(Residential Treatment Center)

CONTACT

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 Executive Contact: Shawn Brooks
 Admission Contact: Erin Nester Cell: (435) 469-0683
 Email: Erin@oxbowacademy.net
 Fax: (435) 436-9465
 Address: 95 North State
 HC 13 Box 4245
 Wales, UT 84667
 Website: www.oxbowacademy.net

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 13 to 17
 Grades: 9 to 12
 Enrollment: 24
 Duration: Individualized based on need
 Founded: 2007



NATSAP

Member Since: 2007



Wales

Airport: Salt Lake City

Oxbow Academy works with families that are struggling with a son who is burdened with sexual behavioral problems. Often this is excessive use of pornography, inappropriately touching a sibling, friend or neighbor or other compulsive sexual behaviors. About half of our students come to us with some type of LD issue and 60% are adopted...80 and above IQ, but socially awkward.

Our first phase of treatment includes a consolidated evaluation and is 90 days. Students integrate into academics, residential living and therapy. They work with their therapist in providing a full sexual disclosure and then take a polygraph to validate honesty.

Oxbow Academy offers a specialized therapeutic environment that focuses on a holistic approach built on therapeutic experiential activities such as equine therapy and horsemanship, fishing and camping, drama therapy, and music. In these activities, students develop positive relationships with peers and mentors. Students also receive individual, group and family therapy.

Oxbow's academic program works in tandem with therapeutic goals, helping students prepare to successfully transition to the next level of learning. Accredited by the State of Utah, licensed teachers provide instruction in core curriculum subjects such as math, science, language arts, and history.

Accountability is a critical aspect of treatment. We can assist families in navigating any mandatory reporting or legal issues that may result from their child's behavior. When needed, we have systems in place to communicate directly with the courts.

Addressing sexual issues is an extremely sensitive matter for students and their families. Oxbow Academy assists our students in learning to live happy, productive lives.

Oxbow Academy – New Hope, New Help, No Secrets.®

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services

Professional Affiliations: NATSAP-Full Member, ATSA - Association for the Treatment of Sexual Abusers; NOJOS- Network On Juveniles Offending Sexuality; SASH (The Society for the Advancement of Sexual Health)

Paint Rock Valley

(Residential Treatment Facility)

CONTACT

Phone: (256) 776-2503 or 256-288-6550
 Executive Contact: Scott Cable
 Admission Contact: Kathy DeMellier
 Email: kathy.demellier@sequeltsi.com
 Fax: (256) 776-2561
 Address: 3890 County Road 20
 Trenton, AL 35774
 Website: www.tsi-paintrock.com

PROGRAM OUTLINE

Gender: Male
 Ages: 13 to 18
 Grades: 6 to 12
 Enrollment: 30
 Duration: Minimum of 90 days and
 dependent upon needs of
 students
 Founded: 1985



NATSAP

Member Since: 1999



Trenton

Airport: Huntsville, Birmingham or Atlanta

Paint Rock Valley is a Residential Treatment Facility working with males 13-18 who are experiencing emotional and/or behavioral problems. Here they can safely begin to discover their hidden potential by learning about their personal strengths. Paint Rock Valley recognizes the importance of the family's involvement in the therapeutic process and provides numerous opportunities for the families to participate in the programming with their child.

Paint Rock Valley utilizes a behavioral and clinical approach which helps adolescents work towards solutions to daily problems by emphasizing goal setting and achieving positive thinking and redirection. Through trial and error, these adolescents learn to make better choices in their lives. The program tailors a length of stay for each student depending on the presenting issues and the family needs. Our treatment team which includes our Psychologist, Psychiatrist, Licensed Clinician, Program Nurse and our Certified Teachers/ Guidance counselors formulate an individual clinical and academic plan for each student to help guide the treatment process.

The students attend an on-campus school for eight hours each day which is accredited through SACS. We offer core classes which include Math, Science, English and History. The students also participate in a variety of elective courses which include Adventure Programming, Equine Therapy, Photography, Horticulture, Creative Writing and Sociology. Academic credit is awarded for each elective, however, each elective is very therapeutically based as well. Upon graduation from high school, students can begin earning college credit through on-line courses. Weekly specialty therapy groups are offered four times per week and focus on issues such as adoption, grief, boundaries, separation or divorce of parents, anger management, substance use and abuse, mood regulation.

Individual Psychotherapy Available: Yes, at least once per week with a licensed clinician

Accreditation, Licensure: State of Alabama, Department of Youth Services; Southern Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member; EAP; EAGALA

Pasadena Villa

(Residential Treatment Facility)

CONTACT

Phone: (877) 845-5235
 Executive Contact: David Nissen
 Admission Contact: Heather McMahon
 Email: info@pasadenavilla.com
 Fax: (407) 329-3300
 Address: 625 Virginia Drive
 Orlando, FL 32803
 Website: www.pasadenavilla.com

* Sister school: **Pasadena Villa's Smoky Mountain Lodge**
 Website: www.pasadenavilla.com/smokymountainlodge.html



NATSAP

Member Since: 2003

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 18 and above
 Grades: GED and College
 Enrollment: 24
 Duration: 6 to 9 months average
 Founded: 2002



Airport: Orlando

Pasadena Villa is a residential treatment facility for adults and young adults with mental illness, and those with co-occurring issues, including substance abuse, developmental disorders and Asperger's Syndrome. We provide a comprehensive program of education, support and therapy in a dynamic environment supported by many amenities.

Pasadena Villa implements a truly unique social integration model as the core component of treatment. No matter what diagnoses our residents have upon coming to our program, they all share similar impairments and deficits in social functioning. Our social integration model is supported by individual, group and family therapies, recreational and activities therapies, medication management, and life skills training.

Pasadena Villa offers a full continuum of care, which includes intensive residential treatment, community residential homes and day treatment. Through its affiliate program, Transitional Living and Learning Center, we offer supportive case management, social mentoring and academic/vocational assistance to young adults.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Florida Agency for Healthcare Administration, Residential Treatment Facility

Professional Affiliations: NATSAP-Full Member; Mental Health Association of Central Florida; ARTA; NAATP; NAMI; University of Central Florida College of Medicine affiliate

Passages To Recovery

(Wilderness Program)

CONTACT

Phone: (866) 625-8809
 Executive Contact: Gilbert Hallows
 Admission Contact: Paige Deffert
 Email: info@passagestorecovery.com
 Fax: (435) 836-2258
 Address: 30 South Main Street
 P.O. Box 379
 Loa, UT 84747
 Website: www.passagestorecovery.com

PROGRAM OUTLINE

Gender: Male
 Ages: 18 and up
 Grades: N/A
 Enrollment: 6 per group
 Duration: Flexible with 90 day average
 Founded: 2000



NATSAP

Member Since: 2002



Loa

Airport: Salt Lake City

Passages To Recovery is a clinically integrated 12 Step treatment for young adult men. We are primary care recovery program set in the Utah wilderness. Our program has a flexible length of stay and is designed to be completed in 90 days.

Passages To Recovery is an intervention with a primary focus on the treatment of addiction and co-occurring mental health disorders. We provide each client with a master's level licensed therapist and an LSAC who together deliver individualized treatment planning, a bio-psycho-social assessment, individual and group therapy, life skills training, 12 Step work and meetings, meditation instruction, motivation enhancement, and gender specific treatment. Each client undergoes a psychiatric evaluation upon admission, and psychological testing within the first month.

Passages To Recovery integrates the philosophy of the 12 Steps with evidenced-based therapeutic practices including motivational interviewing and cognitive-behavioral therapy with classical wilderness therapy. Therapeutic interventions are complemented by backpacking, rites of passage ceremonies including sweat lodges and a vision quest, and primitive living skills. The wilderness serves as an alternative to traditional treatment settings. Living outside with a small nomadic group enhances accountability and engenders renewed hope and confidence. At Passages To Recovery, we understand the nature of addiction and the power of personal choice. We educate our clients on the detrimental effects of substance abuse and dependency as it relates to their physical, emotional, mental and spiritual health. The treatment team includes licensed clinicians, highly skilled wilderness guides and licensed substance abuse counseling staff with personal recovery experience.

Passages To Recovery is a journey of reconnection with self, family and loved ones, and one's higher power.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Full Member

Penrith Farms

(Young Adult Program)

CONTACT

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(509) 671-7607
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Newport, WA 99156
Website: www.penrithfarms.com



NATSAP

Member Since: 2004

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 to 26
Grades: High School/GED/College
Enrollment: 15
Duration: 6 months minimum; 12 months recommended
Founded: 1983



Newport

Airport: Spokane International Airport

Penrith Farms, a therapeutic community for young adults, was established in 1983 and offers a unique and innovative community designed to assist troubled and challenged young adults in the acquisition of essential life skills. Our residents learn the importance of personal accountability, effective communication, and appropriate coping skills while living in, and contributing to, a therapeutic, family-based farm community. At Penrith, we pride ourselves on our ability to offer dynamic psychotherapy and equine therapy coupled with an in-depth horsemanship program with educational, and recreational options.

All residents participate in Penrith's Independent Living Skills Curriculum, where they learn the importance of personal, financial, occupational, and academic responsibility.

Through a multitude of vocational training opportunities and community projects, residents of Penrith Farms develop a solid work ethic, while gaining the knowledge and skills necessary to build the foundation for future success. Penrith Farms offers vocational training in the following areas: Animal Husbandry, Basic Automobile Mechanics, Culinary Arts, General Construction, Greenhouse Production, Music (Keyboard/Piano, Vocals, Guitar, Bass and Drums), Music Studio Production, Organic Gardening, Visual Arts, Woodworking, and an Outdoorsman Safety Program.

Penrith Farms provides a variety of interventions as a part of the therapeutic milieu including weekly individual and group therapy, and family therapy conducted as needed. Penrith Farms utilizes a variety of spontaneous and planned therapeutic interventions to create a dynamic environment where community residents are challenged on a regular basis to achieve personal growth.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Young Adult Affiliate Member; AEE; Equine Assisted Growth and Learning Association (EAGALA)

Phoenix Outdoor

(Outdoor Therapeutic Program)

CONTACT

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 Executive Contact: Shawn Farrell
 Admission Contact: Erin Levine
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 Fax: (828) 668-3162
 Address: 363 Graphite Road
 Old fort, NC 28762
 Website: www.phoenixoutdoor.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 14-17+
 Grades: 9-12
 Enrollment: 40
 Duration: 6-8 weeks
 Founded: 2005



NATSAP

Member Since: 2010



Airport: Asheville

Phoenix Outdoor is a therapeutic wilderness program for teens located in the Blue Ridge Mountains near Asheville, North Carolina. We offer comprehensive treatment in an experiential setting for teens ages 14-17 who are struggling with substance abuse/use as well co-occurring behavioral and mental health issues.

In small, single-gender groups, teens hike and camp in the U.S. National Forest, returning to base camp at regular intervals. Beginning with a comprehensive clinical assessment, our clinical team creates individualized treatment plans for each adolescent based on a blend of therapeutic approaches, including Motivational Enhancement Therapy, Family Systems therapy, CBT (Cognitive Behavioral Therapy), DBT (Dialectical Behavioral Therapy), mindfulness skills, yoga, therapeutic drumming and expressive arts.

Additional drug and alcohol education is offered each week so that adolescents can better understand the effects of substance use on their brains, bodies, and lives. Group sessions, including 12-Step meetings, help show the teens how to use a support group to stay substance-free.

We offer crisis intervention, a thorough assessment of both the underlying issues that are driving a teen's negative behaviors and the scope and severity of substance abuse, and a treatment program designed to bring about significant behavioral changes in the adolescents.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services

Professional Affiliations: NATSAP-Full Member

Pine River Institute

(Residential Treatment Center)

CONTACT

Phone: (416) 955-1453
 Admissions: 519.925.9225, x102
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 Admission Contact: Amanda Rodgers
 Email: Amanda.r@pineriverinstitute.com
 Fax: (416) 955-1652
 Address: 2 St. Clair Ave. East, Ste. 800
 Toronto, ON M4T 2T5
 CANADA
 Website: www.PineRiverInstitute.com



NATSAP

Member Since: 2006

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 19
 Grades: 8-12
 Enrollment: 36
 Duration: As needed
 Founded: 2001



Toronto, Ontario
 CANADA

Airport: Toronto

Pine River Institute is a Residential Treatment Centre and Wilderness Program for youth 13 to 19 years of age who are in crisis, largely as a result of addictive behaviors.

Pine River offers a family-centered, individualized, comprehensive program in a safe, substance-free environment. The program addresses the issues of chemical dependency, underlying mental health problems, family stress, and promotes social, emotional, physical, spiritual, and intellectual development. There are 4 seamless Phases: Outdoor Leadership Experience, Residential Treatment Center and School, Transition, and Aftercare. The length of stay is flexible, with the average being 9-12 months. While at Pine River, the students engage in: individual, group, family, recreation, and creative arts therapy; academics - traditional classroom, individual tutoring, outdoor education; expressive arts – art, music, drama; life skills; community service; athletics and recreation

The school is located northwest of Toronto on 200 acres of conservation land, in a UNESCO designated biosphere.

The students at Pine River will have a history of: serious addictive behaviors, school failure & truancy, family conflict, street involvement, defiance, excessive anger, lack of motivation, low self-esteem, depression, anxiety, thoughts of suicide, running away.

Pine River Institute is a not-for-profit treatment centre with a 36-bed capacity, including the Wilderness and Residential phases of the program. The staff to student ratio is 1:4, and the staff team is comprised of experienced professionals including psychologists, social workers, addiction specialists, creative arts therapists, recreational and adventure therapists, educators, and child and youth care workers.

Students can self-refer or be referred by parents, teachers or health care professionals. Admission is on a voluntary basis. Ontario students are eligible for funding from the Ministry of Health and Long-Term Care.

Pine River is deeply committed to the integration of program and outcome evaluation into its model and attendant outcomes, and to enhance knowledge transfer regarding best practices for helping youth and families deal effectively with substance abuse. In consultation with prominent researchers from Canadian universities and the NATSAP Research Consortium, Pine River's comprehensive evaluation will be shared so that it can best contribute to the relevant education and health policies, and programs.

Individual Psychotherapy Available: Yes

Accreditation, Licensure, Approval: Ontario Ministry of Health and Long Term Care, Ontario Ministry of Education, Council on Accreditation

Professional Affiliations: NATSAP -Full Member; Association for Experiential Education; Council of Outdoor Educators of Ontario

The Pinnacle Schools/Elk River

(Residential Treatment Programs)

CONTACT

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(256) 518-9998
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Fax: (256) 518-9941
Address: 500 Governors Dr.
Huntsville, AL 35801
Website: www.thepinnacleschools.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12-18
Grades: 6-12
Enrollment: 48
Duration: Short Term with Flexible
Length of Stay
Founded: 2005



NATSAP

Member Since: 2006



Huntsville

Airport: Huntsville, AL/ Birmingham,
AL/Nashville, TN

The programs of The Pinnacle Schools are empirically derived to provide clinically supported diagnostic, assessment and treatment services to troubled teens ages 12-18. Students present with a myriad of problems including but not limited to: ADD/ ADHD /ODD, bipolar disorder/depression, Asperger's, substance abuse, online gaming addiction, adoption/divorce/family issues, obesity, academic decline/learning differences, and negative peer relationships. Elk River, a program of The Pinnacle Schools, offers a short-term therapeutic program, a step-up midterm program with a flexible length of stay, and a teen weight management program. The therapeutic intervention provided halts maladaptive behaviors and assists teens in growing intellectually, emotionally, behaviorally, and spiritually.

The challenge of the outdoors is used as a therapeutic teaching tool. Students are removed from their "comfort zone" to a base campus providing facilities for therapeutic care, safety, medical care, education and hygiene. Our professional staff includes; physicians, psychiatrist, psychologists, licensed professional counselors, registered nurses, a registered dietitian, and Ph.D. and Master's level educators. We utilize a Treatment Team approach when working with students and their families. The team includes professional staff, parents, educational consultants, and student's psychologist/psychiatrist. Individual treatment plans are designed for each student and necessary modifications are made at bi-weekly treatment team meetings. All members of the team will be updated regularly as the student progresses, and will be involved in developing a transition and aftercare plan which meets the student's specific needs and goals. The Pinnacle Schools Elk River Treatment Program emphasizes parent training throughout a student's stay and a 3-day parent workshop is provided upon completion of the program.

Therapy includes cognitive behavior modification in the group process model led by a psychologist or LPC. Therapeutic workshops include but are not limited to: abandonment, anger management, goal setting, accountability, communication skills, peer relations, and experiential learning. Specialty groups include AA/NA/OA/Olganon and optional Bible Study. All students participate in a one-week off campus expedition challenge.

All programs offer fully accredited (SACS & CASI) academic curricula, credit recovery and state certified educators.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Alabama Department of Youth Services

Professional Affiliations: NATSAP-Full Member; NATWC, AEE, ACCT

Ponca Pines Academy

(Therapeutic Boarding School)

CONTACT

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 Admission Contact: Christy Roubicek
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 Fax: (402) 457-1415
 Address: P.O. Box 12999
 Omaha, NE 68112
 Website: www.poncapinesacademy.org

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 16 - 19
 Grades: 9 - 12
 Enrollment: 12
 Duration: 9 - 12 month
 Founded: 2008



NATSAP

Member Since: 2009



Airport: Eppley Airfield - School is 15 minutes away from airport

Our Mission is helping young women find meaning in their lives, form fulfilling relationships and experience a healthy transition into young adulthood.

Ponca Pines Academy is a therapeutic boarding school serving young women ages 16- 19 who may be experiencing difficulties with low self esteem, poor academic performance, mental health issues, substance use, adoption, attachment and family conflict. The age of majority in Nebraska is 19, giving Ponca Pines the opportunity to work with the older adolescent population as they begin their transition into young adulthood. We provide an intense clinical component along with a college preparatory curriculum, which offers us the opportunity to meet the unique individual needs of each student.

Ponca Pines Academy allows young women to engage in a tapestry of services that address their physical, emotional, social, spiritual and educational needs. Ponca Pines Academy provides clinical oversight and medication management on site. The treatment services provided at the academy include:

- Individual Therapy
- Group Therapy
 - SELF Group (based on Sanctuary Model)
 - Substance Abuse Groups
 - Healthy Relationships Group
- Family Therapy
- Art Therapy (Individual and Group)
- Equine Assisted Psychotherapy (Individual and Group - as needed)
- EMDR and DBT (Individual and Group - as needed)
- Psycho-educational Groups
- Recreational Therapy
- Life Skills/Vocational Training

Ponca Pines Academy embraces the Sanctuary Model, which is a whole-systems approach that focuses on healing, hope, and the future. The Sanctuary Model helps to create a safe, healing environment to foster growth and change. At Ponca Pines Academy the process of addressing the whole person allows young women the opportunity to gain a deeper understanding of themselves, their relationship with others, and their world. This knowledge will remain with them and assist them as they transition into a more independent future.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Nebraska Department of Health and Human Services, Division of Public Health; Joint Commission; Nebraska Department of Education

Professional Affiliations: NATSAP-Full Member

Provo Canyon School

(Psychiatric Residential Treatment Facility)

CONTACT

Phone: (800) 848-9819
 Executive Contact: Jeremy Cottle, Ph.D., CEO
 Admission Contact: Brent Esplin, M.S., L.M.F.T.
 Email: brent.esplin@uhsinc.com
 Fax: (801) 223-7130
 Address: 763 North 1650 West
 Springville, UT 84663
 Website: www.provocanyon.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 8 to 17
 Grades: 3 to 12
 Enrollment: 128
 Duration: flexible, average 6 to 12 months
 Founded: 1971



NATSAP

Member Since: 1999



Airport: Salt Lake City

Provo Canyon School (PCS) is dedicated to providing an outstanding residential and academic treatment setting. PCS has a proven track record of over 40 years, helping youth who are manifesting emotional, behavioral, and learning difficulties and have been unresponsive to previous residential placements, out-patient counseling, substance abuse treatment, and alternative academic treatment settings. Provo Canyon School offers individualized therapeutic treatment and academic instruction through the following specialized services:

- Gender Specific Boy's Residential Treatment Program
- Gender Specific Girl's Residential Treatment Program
- Gender Specific Intensive Residential Treatment Program (separate boy's and girl's program)
- Older Elementary Age Residential Treatment Program (ages 8-11)
- Latency -Age Residential Treatment Program (ages 11-13)
- Aspergers Residential Treatment Program (ages 9-15)

Provo Canyon School is a certified Psychiatric Residential Treatment Facility (PRTF) with two full-time psychiatrists and twenty-four hour nursing support. Provo Canyon School's academics offer over 140 courses each year in a fully accredited Elementary (3rd through 6th), Junior High (7-9th) and High School. Our highly structured and supportive living environment involves a busy schedule; including academic study, athletics, clubs, work training, and outdoor activities. Our continuum of care offers a variety of residential attention, each with its specific formal therapy; individual, family, recreation and group therapies by Certified Clinical Staff. Some of these include:

- Dialectical Behavior Therapy (DBT) fully accredited
- Neuro / Bio-Feedback
- Drug & Alcohol Treatment Program
- Self-harm
- Oppositional Defiant, Conduct Disorder
- Mood Disorders, Anxiety, Depression, Phobias, Poor Self-Esteem
- Reactive Attachment Disorder Treatment

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Joint Commission; Northwest Association of Accredited Schools; California Non-public School Accreditation; SEVIS approved, TRICARE certified, Medicaid accepted

Professional Affiliations: NATSAP-Full Member

Red Rock Canyon School

(Residential Treatment Center)

CONTACT

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 Admission Contact: Todd Hockenbury
 Email: info@rrtc.com
 Fax: (435) 673-0994
 Address: 747 E. St. George Blvd.
 St. George, UT 84770
 Website: www.redrockcanyonschool.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 18
 Grades: 7 to 12
 Enrollment: 90
 Duration: 9 to 12 months
 Founded: 1999



NATSAP

Member Since: 2000



○ St. George

Airport: St. George, UT or Las Vegas, NV

Red Rock Canyon School is a state-licensed residential treatment center serving boys and girls ages 12 to 18. Our spacious and attractive facility is located in St. George, Utah. We have a full residential facility, hosting comfortable living units, an accredited academic school with state-certified teachers, professional clinicians, and a beautiful campus. Our students are involved with many activities, including sports, enrichment classes in dance, music, art, and service projects. The core premise of our care is that each youth is a resource, rather than a liability. We utilize the concepts and values of Positive Peer Culture for our program model. We place each youth into a peer group with a team of trained staff to work with. Each peer group becomes a cohesive team as they work together to provide each other help and concern, regardless of the problem. As each youth gives of himself and becomes of value to others in the peer group, he increases his own feelings of worthiness and positive self-esteem. We do not measure progress in artificial terms of phases or levels. Rather, we measure increase by specific behavior patterns that reflect a deeper, inner change.

Integral to this core process, our professional staff provides strong drug and alcohol treatment and therapy for specific psychological problems. We work very hard at family reunification, emphasizing parental support and family counseling while in treatment. As the teen prepares to leave treatment and return home, he will have the opportunity to work on transitional plans that match his/her specific needs. As they progress, the teen is given greater trust, less structure, more privileges, and greater responsibility.

Red Rock Canyon School has been able to help a multitude of youth suffering from different problems and diagnosis. We believe that our caring environment has allowed us the opportunity to make tremendous progress with the wide range of problems that youth exhibit. A typical student is a defiant youth with a mental health diagnosis that has begun to make decisions in their life that are preventing them from getting along with their families, and causing problems in school and with their extracurricular activities. The youth tend to have been using drugs as a coping mechanism and are not generally truly addicted or in need of true drug rehabilitation. The boys are typically acting out through anger outbursts and verbally abusing the family. The girls are typically acting out through sexual promiscuity, running away, eating problems and self-mutilation. The average age for boys is 16-17. The girl's average age is 14-16.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools, JACHO

Professional Affiliations: NATSAP-Full Member; NPSAG

RedCliff Ascent

(Wilderness Program)

CONTACT

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 709 East Main
 Enterprise, UT 84725
 Website: www.redcliffascent.com

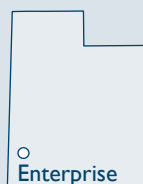


NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Coeducational & single gender groups
 Ages: 13 to 17, 18 to 24
 Grades: N/A
 Enrollment: 6 to 9 per group
 Duration: 45 to 60+ days
 Founded: 1993



Airport: Las Vegas or St. George

RedCliff Ascent is a therapeutic wilderness treatment program for adolescents who are on a “Developmental Vacation.” That means the child’s emotional and behavioral growth is stalled. They lack the coping mechanisms, competencies and discipline necessary to manage their lives.

RedCliff Ascent therapists, all Ph.D. and Master’s level clinicians, use this stalled development as the lens through which to view these students who struggle with diagnosis like ADHD, ODD, bipolar mood disorder, substance abuse, or similar complex conditions. These experienced clinicians help students learn to manage their life, and their diagnoses.

RedCliff has two therapeutic goals. First, we disrupt current behavioral patterns, or the “Developmental Vacation.” Second, we prepare students to rebuild their lives by developing self esteem through competency.

Enrollment at RedCliff Ascent is open-ended. Because the program is achievement based, length of stay will vary from student to student. Clinical and operational functions are directed by an administrative team with more than 11 years experience at RedCliff, making them one of the most veteran on-site management teams in the industry.

RedCliff is licensed by the State of Utah to provide a therapeutic wilderness experience for adolescents, ages 13-17. Our sister program, Medicine Wheel, treats young adults ages 18 and up. Since our founding in 1993, RedCliff Ascent has impacted the lives of more than 4,000 families.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment

Professional Affiliations: NATSAP-Full Member; OBHIC; NATWC

Ridge Creek School

(Therapeutic Boarding School)

CONTACT

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 Address: 830 Hidden Lake Road
 Dahlonega, GA 30533
 Website: www.ridgecreekschool.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 18
 Grades: 7 to 12
 Enrollment: 4 to 12 in a group
 Duration: 12 months
 Founded: 2001



NATSAP

Member Since: 2001



Ridge Creek School (RCS), located on a 215-acre campus one hour north of Atlanta, helps young people make significant gains in emotional maturity and academic achievement. Integral to the RCS program is an equal emphasis on the college-preparatory academic curriculum and student's therapeutic work. The Ridge Creek School staff cooperate to help students develop all aspects of their lives: physical, mental, emotional, social, and spiritual. The 10:1 student to teacher ratio ensures individual attention and a return to academic success.

Typical students exhibit oppositional-defiant behavior, low self-esteem, depression, ADHD, deteriorating family relationships, and are making poor choices. Students typically graduate Ridge Creek School's therapeutic program with a greatly increased ability and motivation to make decisions that will positively impact their lives.

Ridge Creek School utilizes a detailed, sequential therapeutic program which allows for a high degree of program accountability. Each group consists of 10 students and is led by a Master's-level counselor. Students participate in daily group counseling sessions (7 hours.) In addition to group therapy, an addictions education course, planned and staffed by specialists in this field, is included in each student's experience. A wilderness component-consisting of a series of exciting and challenging experiences including hikes, adventure trips, rock climbing and rappelling, a ropes course, and canoeing is carefully integrated into the program. The school provides ample opportunities for spiritual development for students of all faiths and coordinates extensive community services projects and numerous off-campus trips. RCS competes in the Atlanta Athletic Conference. Students participate in basketball, volleyball, baseball, soccer, wrestling, tennis, softball, golf and track. Sports are balanced by strong Drama and Fine Arts Departments.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Georgia Department of Human Resources; Child Caring Institution; Southern Association of Accredited Schools (SAIS-SACS); The Georgia Accrediting Commission; approved by SEVIS for international students

Professional Affiliations: NATSAP-Full Member; GAIS, GAPSEC, GISA, NAIS, SSATB, AAC

Rimrock Trails Adolescent Treatment Center

(Residential Treatment Center)

CONTACT

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(888) 532-6247
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Address: 1333 NW 9th Street
Prineville, OR 97754
Website: www.rimrocktrailsats.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 to 17
Grades: 7 to 12
Enrollment: 20
Duration: 3 - 6 months
Founded: 1989



NATSAP

Member Since: 2009



Pineville

Airport: RDM

The mission of Rimrock Trails Adolescent Treatment Services is to offer quality and effective adolescent substance abuse and dual diagnosis treatment. Rimrock Trails has provided adolescents and their families a values-based program promoting holistic treatment for nearly two decades. Located in the heart of Central Oregon, the Residential Treatment Center provides a living environment designed to promote a feeling of comfort, support and safety that enhances the therapeutic change process. Length of stay is typically 90-120 days but can range from four to six months.

Appropriate referrals for Rimrock Trails include boys and girls ages 12-17 with a primary diagnosis of substance dependence. Referrals are pre-screened for appropriateness of placement and must be assessed as a low risk of disruption to the current group and may not have a history of violent, sex or fire related offenses.

Dialectical Behavior Therapy (DBT) is one of several evidenced-based therapeutic approaches used as a core component of the treatment program. Youth participate in individual and daily group therapy focused on building skills to prevent relapse, promote personal accountability, mindfulness, tolerate distress, regulate emotions, and increase effectiveness in relationships with others. Behavior modification reinforces the use of skillful behavior and effective choices while providing immediate intervention on problematic behavior. Youth participate in daily chores to learn functional life skills and basic self-care.

Students attend school year round and participate in sports and recreation on a daily basis. Off-Campus outings include a variety of recreational activities and are based on eligibility. A half-court gym, weight room, indoor rock climbing wall and art therapy room are available for use as appropriate.

To increase their child's success, families are encouraged to participate and commit to the process of recovery themselves. Parent visits are offered each Sunday.

Rimrock Trails ATS operates outpatient offices in Bend, Redmond, LaPine and Prineville, Oregon.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Oregon, Addictions and Mental Health Division (AMH); State of Oregon, Department of Human Services (DHS), Children, Adults and Families Division

Professional Affiliations: NATSAP-Full Member; NWIAS Northwest Institute of Addiction Studies

Rogers Memorial Hospital-Child & Adolescent Centers

(Intensive Residential Treatment Centers)

CONTACT		PROGRAM OUTLINE	
Phone:	(800) 767-4411	Gender:	Coeducational
Executive Contact:	Mary Jo Wiegratz, ext. 1173	Ages:	8 to 18
Admission Contact:	Kelly Edwards, ext. 1339	Grades:	3 to 12
Email:	mwiegatz@rogershospital.org	Enrollment:	45
Fax:	(262) 646-3158	Duration:	Flexible; average 45 to 60 days
Address:	34700 Valley Road Oconomowoc, WI 53066	Founded:	1907
Website:	www.rogershospital.org		



NATSAP

Member Since: 2002



Oconomowoc

Airport: Milwaukee or Madison, WI

Rogers Memorial is a nonprofit behavioral healthcare hospital with two specialty residential treatment centers that provide sensitive, age-specific intensive psychiatric care for children and teens dealing with a broad spectrum of mental health issues. Treatment services are directed by board-certified child and adolescent psychiatrists who are on-site daily. The hospital is one of the few places in the country that offers intensive cognitive behavioral therapy services for children and teens.

The Child & Adolescent Centers deliver a true multi-modal treatment program that combines the intensity of inpatient psychiatric care with a comprehensive range of psychotherapy, psycho education, experiential therapies and strong parent/family education and involvement. Our in-depth psychiatric assessment includes medical, educational, developmental and social history, which is used to develop a personalized plan of care to address each child's specific needs. Psychological testing is also done when indicated. Treatment components are evidence-based, with results tracked in ongoing outcome studies. High staff to patient ratios ensures that the highest quality treatment is provided in the most personal way. Certified, experienced staff include: child & adolescent psychiatrists; licensed psychologists; masters level psychotherapists; experiential and art therapists; behavioral specialists; substance abuse counselor; registered dietitian; registered nurses; and certified teachers/school liaison. Staff maintains ongoing contact with the referring professionals and provides aftercare planning, school advocacy and coordination of special education needs. Rogers Memorial works with most managed care companies in order to provide the best financial options to the most people.

Set on 50 wooded acres, our picture-perfect campus has outstanding facilities including a multi-purpose gymnasium with indoor climbing wall, an outdoor ropes and challenge course, plus trails for hiking, biking and a private lakefront for canoeing, kayaking and easy access to other off-site experiences.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Wisconsin, Department of Health & Family Services, Division of Children & Family Services, Residential Care Center for Children; Joint Commission

Professional Affiliations: NATSAP-Full Member; American Academy of Child and Adolescent Psychiatry; Anxiety Disorders Association of America; Obsessive Compulsive Foundation; National Eating Disorders Association – sustaining sponsor.

Santiam Crossing School

(Therapeutic Boarding School)

CONTACT

Phone: 800-390-3983
 Executive Contact: Ryan Sturch
 Admission Contact: Julia Andrick
 Email: info@santiamcrossing.com
 Fax: (503) 394-7096
 Address: P.O. Box 482
 Scio, OR 97374
 Website: www.santiamcrossing.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 18
 Grades: 8 to 12
 Enrollment: 24
 Duration: 6 to 9 months
 Founded: 2004



NATSAP

Member Since: 2006



Airport: Portland or Eugene

Santiam Crossing School provides families with a treatment option that is less than one year in length, therapeutically intensive, and enables students to catch up academically. The curriculum integrates academics, therapy, wilderness adventure experiences, professional development and service learning. All aspects of the program are designed to engage students in the process of understanding themselves and appreciating their families.

Appropriate candidates for Santiam Crossing School are adolescents ages 13 to 18 who are exhibiting negative behaviors and struggling with a variety of emotional issues including depression and hopelessness, grief and loss, adoption and attachment issues, attention problems, impulsivity, anxiety, as well as, self-destructive behaviors such as substance abuse, academic decline, defiance, lack of motivation, and poor family and peer relationships. Attendance of a wilderness therapy program is a pre-requisite for enrollment.

Santiam Crossing is accredited by the Northwest Association of Accredited Schools (NAAS.) Our academic program is thoroughly individualized with a focus on credit recovery. Students are engaged in the learning process and learn to develop and maintain skills essential to academic success.

A team of master's level therapists oversees each student's individualized treatment plan. A variety of therapy approaches are used including individual therapy, group sessions, psycho-educational groups, substance abuse and recovery, EMDR, wilderness therapy and family therapy.

Two to three weekends per month students leave campus and take part in a wilderness based adventure and service-learning trip. Activities may include rafting, climbing, equine experiences, and mountain biking. In addition, our professional development program is enabling students to earn nationally recognized professional outdoor credentials. Certifications include Wilderness First Aid and CPR, Swift Water Rescue, and Ropes Course Facilitator.

At Santiam Crossing, parents play an instrumental role in their child's treatment. Parents visit campus monthly and participate in structured and clinically supported family time. Plus, parents are receiving parent coaching and taking part in family therapy sessions.

Santiam Crossing is operated by Catherine Freer Wilderness Therapy Programs, who have been providing high quality adolescent treatment programs since 1988.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Child Caring Agency; Oregon Department of Education; Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member; OBHIC

Schrom Boy's Home at Hawk's Landing

(Residential Treatment Center)

CONTACT

Phone: (208) 267-6569
 Executive Contact: John Schrom
 Admission Contact: Julia Schrom
 Email: john@schromboyshome.com
 Fax: (208) 267-6569
 Address: 222 Nighthawk Road
 Bonners Ferry, ID 83805
 Website: www.schromboyshome.com

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 13 - 17
 Grades: 9 - 12
 Enrollment: 8
 Duration: 9 - 12 months
 Founded: 2008



NATSAP

Member Since: 2009



Bonners Ferry

Located in picturesque North Idaho, Schrom Boy's Home at Hawk's Landing is a therapeutic program committed to providing adolescents and their families with experiences that will enhance their growth and personal development. The program is specifically designed to help adolescents and their families move beyond their self-limiting beliefs that have kept them from achieving their potential.

The students at Schrom Boy's Home at Hawk's Landing are male adolescents ranging in age from 13 to 17 years old who possess special emotional, psychological, and behavioral needs. All of our students possess one common denominator: they have a need for change, and their lives must be provided with the appropriate environment to learn, practice, and internalize these changes. We provide an alternative to large expensive boarding schools by offering a smaller, intimate, quality, cost-effective, safe, and home-like environment. Schrom Boy's Home at Hawk's Landing prides itself on the one-on-one personal attention, creative and individualized treatment, and interpersonal relationships given to your child.

Schrom Boy's Home at Hawk's Landing is dedicated to creating a successful, therapeutic environment with all the comforts of a home-like setting. By creating honest, open, positive relationships, your child has the opportunity to address those concerns and obstacles impeding them from being happy and proactive with their individual lives. Individual, family, group, and milieu therapy are all part of the Schrom Boy's Home at Hawk's Landing program aimed at cognitive and affective skill development, modifying current self-defeating behaviors, promoting interpersonal skills, and improving responsibility to self and others.

Schrom Boy's Home at Hawk's Landing is owned and operated by John and Julia Schrom. For over 25 years, John has been a licensed Psychotherapist, Clinical Director, and Executive Director for profit and non-profit organizations and schools. Julia Schrom has over 20 years experience as a former Family Service Coordinator, Hospice Volunteer, Certified Nursing Assistant, Home Health Aide, and Postpartum Doula.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health and Welfare

Professional Affiliations: NATSAP-Associate Member; American Association of Marriage and Family Therapists (AAMFT)

SeaChange Hawai'i

(Wilderness Program)

CONTACT

Phone: (808) 227-0631
 Executive Contact: Matt Claybaugh, PhD
 Admission Contact: Brian Rossiter
 Email: Brian@SeaChangeHawaii.com
 Fax: (808) 235-1074
 Address: 45-021 Likeke Place
 Kane'ohe, HI 96744
 Website: www.SeaChangeHawaii.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 14 - 17
 Grades: 7 - 12
 Enrollment: 13
 Duration: 28 Days
 Founded: 2010



NATSAP

Member Since: 2010



Airport: Honolulu International Airport

SeaChange Hawai'i is a 28-day Ocean Based Wilderness Therapy Program for boys and girls ages 14-17 that takes place aboard the Sailing School Vessel *Makani Olu*. The program is designed to provide physical and emotional challenges, structure, community building, metaphorical learning, and clinical opportunities that enable your child to overcome personal challenges. A ship is the perfect platform for therapeutic change and SSV *Makani Olu* has been providing safe ocean voyages for challenged youth since 2001. Voyaging and working as crew aboard a ship provides opportunities for your child to rise to their own potential. Shipboard life is rigorous and challenging and provides for physical, emotional, behavioral, and even vocational growth. Our master's level therapist guides individual and group therapy, with support from therapeutic sailing instructors and licensed crew. With this team present during the voyage, therapy can happen at any moment, and in particular, when your child needs it most. With rolling admissions and educational credits help for your family can begin immediately.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Council on Accreditation, U.S. Coast Guard, State of Hawaii Alcohol Drug Abuse Division, Child and Adolescent Mental Health Division, and Office of Health Care Assurance

Professional Affiliations: NATSAP-Full Member, Association of Experiential Education, American Sail Training Association, Hawaii Youth Services Network, National Network for Youth, Independent Small Programs Alliance

Second Nature Blue Ridge

(Outdoor Therapeutic Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(866) 205-2500 (706) 212-2037	Gender:	Coeducational
Executive Contact:	Dan McDougal	Ages:	11 to 17
Admission Contact:	Leah Halverson, Director of Admissions	Grades:	N/A
Email:	leah@snwp.com	Enrollment:	8 per group, single gender only
Fax:	(706) 212-0354	Duration:	6 to 8 weeks
Address:	P.O. Box 809 236 File Street Clayton, GA 30525	Founded:	2002
Website:	www.snwp.com		
 NATSAP Member Since: 1999			
		Airport: Atlanta	

Second Nature Blue Ridge is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with doctorate level therapists twice weekly.

Second Nature Blue Ridge works with students ages 11 to 17 with a range of emotional and behavioral issues including Depression, Learning Differences, Oppositional Defiance, Attention Deficit, Attachment, and Substance Abuse Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance, and may be experiencing parent-child conflict.

Second Nature Blue Ridge is a flexible 6 to 8 week Outdoor program designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Family Component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, Therapists, and Consultants take part in weekly Treatment Planning Sessions.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Association for Experiential Education Accreditation, State of Georgia Department of Human Resource, Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member; SBSA

Second Nature Cascades

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(866) 205-2500 (541) 382-1620	Gender:	Coeducational
Executive Contact:	Willow Huffine, Ph.D., RN	Ages:	13 to 18
Admission Contact:	Leah Halverson, Director of Admissions	Grades:	N/A
Email:	leah@snwp.com	Enrollment:	36
Fax:	(541) 382-1817	Duration:	6 to 8 weeks
Address:	20332 Empire Ave., Ste. F-7 Bend, OR 97702	Founded:	2005
Website:	www.snwp.com		



NATSAP

Member Since: 1999



Airport: Redmond

Second Nature Cascades is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with master's and doctorate level therapists twice weekly.

Second Nature Cascades works with students ages 13 to 18 with a range of emotional and behavioral issues including Depression, learning Differences, Oppositional Defiance, Attention Deficit, Substance Abuse and Attachment Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance, and may be experiencing parent-child conflict.

Second Nature Cascades is a flexible 6 to 8 weeks outdoor program designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Family Component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, Therapists and Consultants take part in weekly Treatment Planning Sessions.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Child Caring Agency; Northwestern Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member; The Outdoor Behavioral Healthcare Industry Council (OBHIC)

Second Nature Entrada

(Outdoor Therapeutic Adolescent and Young Adult Program)

CONTACT

Phone: (866) 205-2500
(435) 674-9310
Executive Contact: Rick Heizer
Admission Contact: Leah Halverson,
Director of Admissions
Email: leah@snwp.com
Fax: (435) 674-9309
Address: 2711 Santa Clara Dr., Ste. 400
St. George, UT 84765
Website: www.snwp.com



Member Since: 2005

PROGRAM OUTLINE

Gender: Single gender adolescent,
coeducational young adult
Ages: 13 - 17 & 18-50
Grades: N/A
Enrollment: 9-10 per group
Duration: Minimum 5 to 6 weeks,
average 7-9 weeks
Founded: 2004



Airport: St. George, UT (SGU); Las Vegas, NV (LAS)

Second Nature Entrada is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with doctorate level therapists twice weekly.

Adolescent: Second Nature Entrada's adolescent program works with students ages 13 to 17 with a range of emotional and behavioral issues including depression, learning differences, oppositional defiance, attention deficit, attachment, and substance abuse disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance, and may be experiencing parent-child conflict. The outdoor program is a flexible 6-9 week program designed to create intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Individualized family component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, therapists and consultants take part in weekly Treatment Planning sessions. In addition, parents are invited to visit in the field for family work in the middle and at the end of treatment.

Adult: Second Nature Entrada's adult program supports a dual-diagnosis approach to working with adults 18 to 50 in the wilderness. It utilizes both clinical and 12-step methodology in order to treat the whole person. The majority of our clients come to us with a dual diagnosis. We specialize in mental health treatment areas like depression, anxiety, lack of self-esteem, bipolar disorder, self-harm, relationship difficulties, family issues, anger management, attentional issues and mild eating disorders. Our substance abuse treatment areas include learning to live a sober lifestyle, understanding the stages of addiction, relapse prevention, dealing with school and/or employment difficulties and developing an overall Ego strength.

Counselors are with the adults day and night for guidance and group sessions. Our trained Field Counselors are skilled in communication strategies, crisis intervention and group counseling techniques. Individual sessions are held weekly with a doctoral or masters level clinician.

Clients are encouraged to involve important people in their treatment as well, with family work being an important part of the program. The identified support people in the client's life are provided weekly phone calls. Entrada is a therapeutic program with clients participating on their own volition and retention of all individual rights.

Second Nature incorporates carefully tailored academic curriculum accredited by Northwest Association of Accredited Schools with Science, English, P.E., and Psychology credits contextually based in the wilderness experience. This helps clients earn academic credits while away from school and allows for assessment of how clients respond to academic challenges.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment; Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member

Second Nature Uintas

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(866) 205-2500 (435) 738-2040	Gender:	Coeducational
Executive Contact:	Jody St. Joseph	Ages:	13 to 17
Admission Contact:	Leah Halverson, Director of Admissions	Grades:	N/A
Email:	uintas@snwp.com	Enrollment:	8-10 per group, single gender only
Fax:	(435) 738-2046	Duration:	Minimum 6 weeks, Avg. 7-9
Address:	P.O. Box 318 382 West Main Street Duchesne, UT 84021	Founded:	1998
Website:	www.snwp.com	 Duchesne	
 NATSAP Member Since: 1999		Airport: Salt Lake City	

Second Nature is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with master's and doctorate level therapists twice weekly.

Second Nature works with students ages 13 to 17 with a range of emotional and behavioral issues including Depression, Learning Differences, Oppositional Defiance, Attention Deficit, Attachment, and Substance Abuse Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance, and may be experiencing parent-child conflict.

Second Nature is a flexible 6 to 8 week Outdoor program designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Family Component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, Therapists, and Consultants take part in weekly Treatment Planning Sessions.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Office of Licensing Department of Human Services Outdoor Youth Treatment, Northern Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member

Solstice RTC

(Residential Treatment Center)

CONTACT

Phone: (801) 444-0794
 Executive Contact: Dan Stuart, M.S., LMFT
 Admission Contact: Sarah Songer-Smith, LSAC
 Email: sarah@solsticertc.com
 Fax: (801) 444-0793
 Address: 1904 W. Gordon Ave.
 Layton, UT 84041
 Website: www.solsticertc.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 14 to 18
 Grades: 9 to 12
 Enrollment: 36
 Duration: 9-12 months
 Founded: 2008



NATSAP

Member Since: 2009



Airport: Salt Lake City

Utilizing a combination of cognitive-behavioral, family systems and experiential theories, Solstice RTC offers a small, clinically intensive program housed in a safe and comfortable outwest environment. Solstice applies a relationship-based approach emphasizing high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal hero's journey to create an environment conducive to healing from trauma of all varieties (i.e., loss, physical abuse, sexual abuse, emotional abuse, PTSD, bullying, and other traumatic experiences). Because many trauma survivors also suffer from comorbid anxiety, mood disorders, addictions, low self-esteem, unhealthy coping mechanisms, and lack of self-care, Solstice RTC provides state-of-the-art treatment for all of these issues.

Each week our students receive 3 hours of individual and family therapy and another 15+ hours of group therapy and experiential interventions (including NAHRA certified equine therapy, DBT, conflict resolution, processing, and other specialty groups)—all guided by a multidisciplinary treatment team made up of our masters and Ph.D. level therapists; psychiatrist; nursing, academic, and residential staff; and the student's parent(s). In addition, students struggling with addictions or compulsive behaviors of any type participate in our gender-specific addictions program which includes individual, family and group intervention with a Licensed Substance Abuse Counselor.

Solstice also provides a strong focus on physical fitness and nutrition which includes daily cardiovascular workouts; weight training; participation in local 5K races, cycling events, and triathlons; weekly yoga, zumba and self-defense classes; as well as healthy home-cooked food and nutrition classes. Academic classes—provided on campus through NWAC accredited Academy at Solstice—are taught in a conventional classroom setting by certified secondary education and special education teachers. Implementing all of the aforementioned services in an owner-operated setting, Solstice facilitates each student's journey away from being a victim of her traumatic experiences towards becoming the hero of her own life story.

Individual Counseling Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Accreditation Commission through Academy at Solstice

Professional Affiliations: NATSAP – Associate Member

Sorenson's Ranch School

(Residential Treatment Center)

CONTACT

Phone: (435) 638-7318
 Executive Contact: Shane Sorenson
 Admission Contact: Layne Bagley
 Email: layneb@sorensranch.com
 Fax: (435) 638-7582
 Address: 410 N. 100 E.
 Koosharem, UT 84744
 Website: www.sorensranch.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12-18
 Grades: 6-12
 Enrollment: 80
 Duration: 12 Months
 Founded: 1983



NATSAP

Member Since: 2011



Airport: Salt Lake City International

Sorenson's is a second generation family owned school with over 30 years of experience helping troubled teens. We were one of the first programs to combine therapy, experiential learning, academics and behavioral modification to help troubled teens overcome issues such as Attention Deficit Disorder (ADD), Attention Deficit Hyperactivity Disorder (ADHD), Reactive Attachment Disorder (RAD), Oppositional Defiant Disorder (ODD), teen cutting, drug and alcohol abuse and many others.

We have found that often what appear to be the primary issues with troubled youth are actually symptoms of the real problem, which is often low self-esteem, depression, anxiety, Post Traumatic Stress Disorder (PTSD), or Reactive Attachment Disorder (RAD). All of which can contribute to problems in school, substance abuse and out of control behavior. Without specifically addressing each issue, the treatment will be significantly less effective. Sorenson's Ranch School is a school for troubled teens.

The clinical department at Sorenson's Ranch uniquely includes both mental health therapists and specially trained substance abuse counselors. Mental health and substance abuse issues are addressed in group and individual settings. This well-rounded approach to assessment and intervention provides our students with the necessary life skills to overcome teen depression, teen anger and many other problems.

Individual Counseling Available: Yes

Accreditation, Licensure: Utah State Licensing, Joint Commission on Accreditation of Health Care Organizations

Professional Affiliations: NATSAP-Full Member; North West Accreditation Commission

South Shore Academy

(Residential Treatment Center)

CONTACT

Phone: (219) 766-2999
 Executive Contact: Brett Miller
 Admission Contact: Brett Miller
 Email: brett.miller@uhsinc.com
 Fax: 219-766-0007
 Address: 2301 Cumberland
 Valparaiso, IN 46383
 Website: www.midwest-center.com



Member Since: 2008

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 - 20
 Grades: 8 - 12
 Enrollment: 15
 Duration: 45 - 90 days
 Founded: 2008



Airport: Chicago, IL

South Shore Academy is an intensive residential treatment center created for treatment resistant females, ages 12-20 with borderline features, self-harming behaviors, substance abuse and intense emotional mood swings using Dialectical Behavioral Therapy (DBT.) Adolescents who have not been amenable to previous treatment efforts can often benefit from intense DBT treatment.

The South Shore Academy's treatment components help clients build relationships, manage emotions and cope effectively with various life problems. DBT targets issues with four skill sets:

- Mindfulness
- Interpersonal Effectiveness
- Distress Tolerance
- Emotion Regulation

Every day these skills are reinforced in every aspect of our program to teach clients how to deal with issues without resorting to self-defeating behaviors (self-mutilation, suicide attempts, substance abuse, sabotaging meaningful relationships, etc.) The final stage of DBT is for the client to feel freedom and happiness with life.

Our intensive residential treatment program is designed to promote stabilization as well as long-term treatment gains through the use of skills groups, individual and family therapy. The treatment is also based on a medical model carried out by highly credentialed staff. Academic credits are provided for students while they are in treatment through our accredited on-site school program. In addition, an on-call DBT therapist is available to residents 24 hours a day to assist with crisis situations as needed. South Shore Academy's Program Director will facilitate wrap-around services for continued outpatient follow-up.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Indiana Department of Child Services Residential Child Care License; Indiana Dept of Education; Joint Commission (JCAHO) Accreditation

Professional Affiliations: NATSAP-Associate Member; National Association of Psychiatric Health Services; National Alliance on Mental Illness; Indiana Association of Children & Family Services.

Spectrum College Transition Program

(Residential Therapeutic Program/Transitional Living)

CONTACT

Phone: (480) 443-7331
 Executive Contact: O. Robin Sweet
 Admission Contact: Carol Rome
 Email: spectrumtransition@gmail.com
 Fax: (480) 998-1046
 Address: 7655 E. Gelding Dr., Suite A-3
 Scottsdale, AZ 85260
 Website: www.spectrumcollegetransition.org

PROGRAM OUTLINE

Gender: Co-educational
 Ages: 17 to 24
 Grades: Post Secondary
 Enrollment: 12
 Duration: 2 Years
 Founded: 2008



NATSAP

Member Since: 2008



Spectrum College Transition Program is a Co-educational, residential, post-secondary program for students with Asperger's Syndrome and High Functioning Autism, PDD-nos, and Executive Function Deficits, who need assistance academically, socially, and emotionally. Participants are senior's in high school and/or high school graduates interested in entering college or a specialty program.

Our Personal Living Program, Academic Program, Communication Program, Get Fit: Mind & Body Program, and Student Employment are the anchors of the two residential years, which are enhanced by a unique association with ASU West and Scottsdale Community College. Resident Directors are onsite 24/7, and are responsible for providing student meals; transportation to and from college; overseeing and offering "reminders and strategies"; establishing a safe environment; and work in conjunction with our Clinical and Academic Directors.

Our curriculum is centered around our Communication Program, which is uniquely designed to facilitate the following skills: Social Language, Social Problem Solving, Friendship Development, Nonverbal and Verbal Communication Skills, Language Processing, Idiomatic Language, and Pragmatic Prosody. Our Academic Program includes: self-advocacy skills, organizational skills, study skills, career exploration, workplace skills, and an introduction to college life. Our Personal Living Program includes: cooking instruction, nutrition, laundry, time management, and money management. Get Fit: Mind & Body is a specially designed physical education program for our students with Asperger's Syndrome and High Functioning Autism. We implement a focus on core fitness and strengthening curriculum with emphasis areas on balance development, body control, and spatial awareness training. We also incorporate all aspects of sports from coaching, training, skill development, and game facilitation. Beyond the physical aspects, Get Fit: Mind & Body, addresses topics of health, nutrition & hygiene, and develops practical application skills that are necessary to each student's success.

Students meet weekly with staff and their positive behavior support team to monitor progress and identify goals. The overall goal is to develop strategies based on the student's individual needs, which will assist them to successfully earn a college degree.

Individual Psychotherapy Available: Yes

Professional Affiliations: Young Adult Affiliate Member

Spring Ridge Academy

(Therapeutic Boarding School)

CONTACT

Phone: (928) 632-4602
 Executive Contact: Jean Courtney
 Admission Contact: Mary Hickey
 Email: admissions@springridgeacademy.com
 Fax: (928) 632-7661
 Address: 13690 S. Burton Rd.
 Spring Valley, AZ 86333
 Website: www.springridgeacademy.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13-17
 Grades: 9-12
 Enrollment: 72
 Duration: 14-18 months
 Founded: 1997



NATSAP

Member Since: 2011



Spring Valley

Airport: Phoenix Sky Harbor

Spring Ridge Academy is a private, therapeutic boarding school for girls, serving students ages 13 -17 in grades 9-12. Spring Ridge combines an empowering emotional growth program with a sophisticated therapeutic approach and a rigorous college prep curriculum. Not only are students immersed in an environment dedicated to fostering maturity and confidence, the entire family is included in the process, creating an atmosphere of change, collaboration and hope. The catalyst for creating this change is a powerful, affirmative and nurturing program that creates confidence and competence in core areas; emotional, physical, academic, community, and family.

SRA students are bright, creative and unique individuals who are struggling to manage their lives. Often these young women are involved in a variety of destructive behaviors, and are in danger of sabotaging their relationships and academic careers. The SRA student is capable and talented but lacks the self-esteem and self-discipline necessary to succeed. Many of the young women who come to SRA have experienced some degree of trauma and may be struggling with one or more of the following: Anxiety, Depression, ADD/ADHD, Family Conflict, Defiance, Entitlement, Isolation, Grief and Loss, Negative Peer Group, Computer/Technology Abuse, Academic Underachievement, Substance Abuse, Attachment/Adoption Issues, Learning/Social Difficulties.

The Therapeutic approach at SRA utilizes a combination of family systems and developmental models to create a comprehensive scope of treatment where students confront and master the self-limiting beliefs, attitudes, and behaviors separating them from success. Therapeutic services include weekly individual, daily group, bi-weekly family, psychiatric services and medication management, issue specific groups, aftercare planning and support, creative and supportive interventions. Students are engaged in a structured but normalized academic setting that includes AP courses, remediation, foreign language study and extensive coursework in the fine arts. Students have the opportunity to participate in competitive athletics, debate and other extra-curricular activities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Central Association - AZ Behavioral Health Department

Professional Affiliations: NATSAP-Full Member; Small Boarding School Association

Spruce Mountain Inn

(Residential Treatment Center and Young Adult Program)

CONTACT

Phone: (802) 454-8353
 Executive Contact: Candace Beardsley, LICSW
 Admission Contact: Candace Beardsley, LICSW,
 Grant Leibersberger, MBA, M.Ed.
 Email: info@sprucemountaininn.com
 Fax: (802) 454-1008
 Address: P.O. Box 153
 Plainfield, VT 05667
 Website: www.sprucemountaininn.com



NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 17 and Up
 Grades: N/A
 Enrollment: 12 Residential beds plus
 variety of step-downs
 Duration: Varies, short to long term
 Founded: 1982



Airport: Burlington

Spruce Mountain Inn offers a structured, comprehensive treatment program that combines therapeutic/psychiatric intervention, vocational development, substance abuse treatment and skills training within the context of a supportive community. The program is structured as a continuum of service with intensive sub-acute services, residential treatment, monitored group and apartment living.

At Spruce Mountain Inn, a typical candidate is 17 years of age or older and has several of the following characteristics: a serious psychiatric problem effecting mood, thinking, and/or the ability to manage stress; difficulty maintaining healthy relationships; difficulty sustaining employment; difficulty managing daily affairs; difficulty managing time; an addiction; and/or a need to become more independent from family.

In the residential program, 12 clients live in single or double rooms and participate in the routine of group living. There are also 3 individual on-site apartments and an un-staffed group residence and community based apartments. Initially, a client's day is highly structured around a variety of groups and activities. As time goes on, days include volunteer and competitive work placements and/or classes in the local community, which replace activities at the Inn. A case manager, psychotherapist, support worker, vocational coordinator, and psychiatrist each meet with the program participants to work on specific treatment goals. As clients make progress, they take on greater levels of independence and the intensity of service is reduced.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Vermont Agency of Human Services, Department of Aging & Disability, Division of Licensing and Protection

Professional Affiliations: NATSAP-Full Member; American Residential Treatment Association

Stone Mountain School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Phone: (828) 669-8639	Gender: Boys Only
Executive Contact: Susan Hardy	Ages: 11 to 17 at time of enrollment
Admission Contact: Shannon Wheat	Grades: 6 to 12
Email: info@stonemountainschool.com	Enrollment: 60
Fax: (828) 669-2521	Duration: minimum 12 months
Address: 126 Camp Elliott Road	Founded: 1990
Black Mountain, NC 28711	
Website: www.stonemountainschool.com	



NATSAP

Member Since: 2002



Black Mountain

Airport: Asheville or Charlotte

Stone Mountain School was established to provide adolescent boys grades 6 through 12 with an exciting alternative to traditional education programs. We are a licensed, year-round intervention school that provides a structured academic and behavioral program in an outdoor environment. Admissions are accepted year round.

Many of our students have exhibited learning disabilities, ADHD, and emotional or behavioral problems. They have had difficulty focusing on schoolwork and other activities. Their parents may be frustrated by their child’s inability to follow through on projects, whether it be a homework assignment or household chore. The experiences at our school provide a foundation for increasing self-confidence and responsible behavior.

Our staff consists of experienced residential counselors and wilderness experts who possess solid life values and are good role models. We have Master’s level counselors and accredited teachers on staff, as well as consulting psychiatrists and medical doctors. We maintain a staff-to-student ratio of 1 to 5 so that we can give each student the individual attention he deserves. Students live with their peer groups in dorms and are supervised 24 hours a day by trained staff. Each group is responsible for the care of its own dorm and all boys participate in daily chores, such as cleaning, laundry, cooking, and wood chopping. The outdoor environment offers many lessons, such as the value of teamwork, self-reliance, and natural consequences of behavior. The boys take part in a wide range of activities including swimming, canoeing, backpacking, whitewater rafting, primitive skills development, basic carpentry, and campsite construction.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of North Carolina, Non-Public School License, Special Education Certification; SACS; CITA; CARF

Professional Affiliations: NATSAP-Full Member; ACA; AEE; NATWC

Summit Achievement

(Wilderness Program)

CONTACT

Phone: (207) 697-2020
 Executive Contact: Will White, L.C.S.W.
 Admission Contact: Adam Tsapis
 Email: admissions@summitachievement.com
 Fax: (207) 697-2021
 Address: 69 Deer Hill Road
 Stow, ME 04037
 Website: www.summitachievement.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 19
 Grades: 8 to 12
 Enrollment: 4 groups of 8
 Duration: 3 to 12 weeks (variable)
 Founded: 1996



NATSAP

Member Since: 2000



Airport: Portland, ME/Manchester, NH

Summit Achievement is a licensed residential facility, operated continuously by the same founders since 1996. Students from throughout the United States and abroad are working on changing unproductive patterns and behaviors. Summit Achievement students are boys and girls ages 13 to 19 who may exhibit any of the following: low self-esteem, low motivation, poor school performance, school refusal, drug or alcohol abuse, impulsive behavior, depression, anxiety, poor decision-making, poor or inaccurate self-image, adoption issues, susceptibility to negative peer pressure, and refusal to take responsibility for actions.

Our evidence based approach provides a comprehensive, positively focused treatment environment. Students participate in individual, group, and family counseling, substance abuse counseling, classroom academic(s), challenging outdoor experiences, and family visits. Licensed, masters level therapists develop individualized treatment plans for each student to address the specific behavioral and motivational problems that they are experiencing at home or in school.

Summit Wilderness (6-8 weeks): 4 days on expedition in the White Mountain National Forest, followed by 3 days on campus attending school is the schedule for this clinically oriented treatment program. Each week, students engage in challenging wilderness expeditions, classroom academics, and formal individual and group counseling. Weekly wilderness expeditions focus on self-esteem building, communication skills, and achievement of treatment goals. Between expeditions, students live in comfortable dormitories while attending Summit's licensed school, earning their middle or high school credits.

Summit Semester (1-4 months): Summit Semester is an academically focused therapeutic program for students transitioning from wilderness programs. Summit Semester provides an effective, flexible length program for students requiring ongoing support and structure. Students earn credits through our Maine state certified school, covering the five major subject areas.

A complete range of psychological and psycho-educational testing/evaluation services are also available.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maine, Department of Health & Human Services, Children's Residential Facility; State of Maine Department of Education; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; AEE; OBHIC

Summit Preparatory School

(Therapeutic Boarding School)

CONTACT

Phone: (406) 758-8113
 Executive Contact: Rick Johnson, MSW
 Jan Johnson, LCSW
 Admission Contact: Judy Heleva, MA, Admissions Counselor
 Email: jheleva@summitprepschool.org
 Fax: (406) 758-8150
 Address: 1605 Danielson Road
 Kalispell, MT 59901
 Website: www.summitprepschool.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 14 to 17
 Grades: 9 to 12
 Enrollment: 60
 Duration: 12 to 18 months
 Founded: 2003



NATSAP

Member Since: 2003



Airport: Kalispell or Missoula

"Growing up" involves learning to navigate and successfully structure one's own life through mastering a series of psychosocial skills that progressively build upon one another. Due to the stress of adolescence and emotional or psychiatric problems, teens get "stuck" in this developmental process and end up on a downward spiral of social or academic failure, conflict with parents, dangerous behavior, emotional instability and loss of direction. Our Summit Model™, developed by Exec Director Rick Johnson, is specifically designed to promote psychosocial maturity. In turn, the three main aspects of our program are interwoven to facilitate the development of our model's key psychosocial skills:

Professional therapeutic programming is provided by licensed therapists, psychologists and staff child and adolescent psychiatrist whose purpose is to reinforce psychosocial maturity and actively treat emotional or psychiatric problems that inevitably interfere with normal development. Clinical services include individual, group, cognitive, DBT, and experiential therapies; med management, and intensive family program (family therapy, parent assignments tied to student advancement, and experiential workshops).

Residential life/emotional growth is designed to gently yet firmly teach students how to live within structure and gradually become self directed in creating their own positive structure in life. Healthy relationships with positive staff are the primary catalyst for this process as well as a student's engagement in the program. Located near Kalispell and Whitefish on 500 wooded acres, healthy engaging activities are available to all students when they demonstrate they are ready to safely participate. We have a campus swimming pool, gym, weight room, and climbing wall. Students are involved in individual and team sports, cultural events, community service, hiking, wilderness camping, mountain biking, and skiing. Our dress code reflects typical yet appropriate "teen" attire, so even "out of the box" teens can thrive with their sense of individuality intact.

Excellent accredited college prep academics are designed to re-engage students. Our teachers are passionate about working with teens in a therapeutic setting and certified in the areas they teach. We have low student-teacher ratios, challenging academics that can accommodate mild learning issues, and have a fully-equipped science lab, photo darkroom and arts area for drawing, painting, sculpture, pottery and portfolio preparation. Our MT accreditation allows students with a Summit Prep HS diploma eligibility for in-state tuition at U of M and MSU.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of MT OPI Academic Accreditation as a private non-public; NW Association of Accredited Aschools (NAAS); State of MT Board of Private Alternative Adolescent Programs; SEVIS, 501(c)(3) non-profit organization

Professional Affiliations: NATSAP-Full Member; CWLA; PNAIS; SBSA

SunHawk Academy

(Residential Treatment Center)

CONTACT

Phone: (800) 214-3878
 Executive Contact: Benjamin Harris, LSAC
 Admission Contact: Jeff Johnson (435) 705-9989
 Email: info@sunhawkacademy.com
 Fax: (435) 656-3213
 Address: 948 North 1300 West
 St. George, UT 84770
 Website: www.sunhawkacademy.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17
 Grades: 8 to 12
 Enrollment: 55
 Duration: 5 months minimum, 6 months average
 Founded: 1996



NATSAP

Member Since: 1999



Airport: Las Vegas

SunHawk Academy's comprehensive treatment program specializes in helping adolescents who are struggling with substance abuse and co-occurring issues such as depression, anxiety, trauma, impulse control, family conflict, grief, and stress. SunHawk is an adolescent substance abuse treatment program, with expertise in these frequently co-occurring problems that interact with and perpetuate the cycle of substance abuse. The 12 step model is the foundation of treatment at SunHawk.

We also utilize evidence-based therapeutic approaches, such as Cognitive Behavioral Therapy and Client-Centered therapy. Much of the therapeutic work is done in group, but individual therapy is also provided. The personal growth of students is encouraged through the use of the SunHawk Seminar series, regular and meaningful community service, and other therapeutic activities.

SunHawk's unique therapeutic components include the following points:

- SunHawk is a therapeutic community with approximately 16-20 groups each week including therapy, 12-step, psycho-educational, skills, recreational therapy, and team-building groups
- Two 12-step meetings on-campus per week, and 4 supervised off-campus meetings per week for students level 3 and above
- Therapist-led groups daily M-F
- Individual therapy weekly, or more frequently as needed
- Nursing staff- led education groups dealing with adolescent health issues Weekly Issues group dealing with Seeking Safety, Depression, Impulse Control, Sober Fun, Expressive Visions, Healthy Relationships, Co-Dependence, Adoption, etc.
- Three 3-day emotional growth seminars
- Family therapy by phone or when possible in person
- Parent Seminar, and Parent Education/Therapy days

Parents are encouraged to interact with therapists in family sessions, and to work with a therapist at home so that change can include the family system, as well as the student. SunHawk's powerful treatment programs are individualized for each student, and outcomes are measured to ensure that progress is being made.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member

Sunrise RTC

(Residential Treatment Center)

CONTACT

Phone: (435) 635-1185
 Executive Contact: Dave Prior
 Admission Contact: Mollie Mylar
 Email: info@sunrisertc.com
 Fax: (435) 635-1187
 Address: 65 North 1150 West
 Hurricane, UT 84737
 Website: www.sunrisertc.com

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13 to 17
 Grades: 7 to 12
 Enrollment: 36
 Duration: 7 to 9 months
 Founded: 2000



NATSAP

Member Since: 2006



○ Hurricane

Airport: Las Vegas

Located in Hurricane, Utah, Sunrise is a licensed residential treatment center and boarding school for adolescent girls ages 13 through 17 whose emotional or behavioral issues are interfering with their ability to succeed in school, at home, or in a mainstream setting. Sunrise offers customized programming that is designed to help girls excel academically and heal emotionally. Because of our customized programming and in-town location, we are able to offer four programs under one roof: intervention/assessment, treatment, college-preparatory school, and transition. All aspects of our program are designed to form a healing milieu that combines the warmth of a home, the safety of a residential treatment center, and the community access of a transition program. Sunrise embraces the whole family with therapeutic support to accelerate a healing process that is systemic and therefore, sustainable. Our licensed therapists have the clinical expertise to effectively treat a wide range of issues that include depression/anxiety, borderline personality disorder, trauma, bipolar, substance abuse, low self-esteem, and learning differences. Our clinical team is foundationally trained in DBT. For more information, please visit our website at www.SunriseRtc.com

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; EAGALA Certified, Joint Commission Accredited

Professional Affiliations: NATSAP-Full Member

SUWS Adolescent and Youth Programs

(Outdoor Therapeutic Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(888) 879-7897	Gender:	Coeducational/All-Girl/ All-Boy
Executive Contact:	Kathy Rex	Ages:	Youth - 11 to 13; Adolescent - 14 to 17
Admission Contact:	Dan Kemp	Grades:	N/A
Email:	admissions@suws.com	Enrollment:	8 per group
Fax:	(208) 886-2153	Duration:	28 day minimum; 45 day average
Address:	911 Preacher Creek Rd. Shoshone, ID 83352	Founded:	1981
Website:	www.suws.com www.suwsyouth.com		



NATSAP

Member Since: 1999



Shoshone

Airport: Boise, Twin Falls, Sun Valley

Operating in southern IDAHO since 1981 SUWS is a licensed treatment program that uses a desert environment in an intervention focused on assessment, wilderness therapy, and a strong clinical team to help struggling teens. Utilizing the outdoors, professionally led experiential activities, and highly individualized treatment plans, SUWS strives to empower adolescents with opportunities for growth as they rediscover their sense of purpose and strengthen their connections to self, family, and community. Begun in 1997, the Youth Program promotes a solid foundation of personal self-worth and value from which students and their families rediscover hope through positive reference experiences.

Research indicates that 11-to-13 year olds have specific needs; they think in concrete terms and require tangible experiences from which to build. For this reason SUWS pioneered the Youth Program, separate from its Adolescent Program for 14-to-17 year olds, to provide the security, structure, and predictability required by this age group. SUWS excels at addressing the underlying causes of negative, unhealthy behavior and working through impasses brought about by internal struggles. Common behaviors and issues include family conflict, low self-esteem, entitlement, manipulation, isolation, depression, substance abuse, oppositional defiance, attention deficit, learning differences, school failure, and negative peer relationships.

SUWS provides families with a safe and immediate intervention. The outdoor environment, emphasis on teamwork, and experiential learning help students gain insight and build upon their own sense of self-worth as they learn the value of helping others. Therapists work closely with each child to help him/her determine the attitudes and behaviors that are negatively impacting self-perceptions. By pinpointing and examining these self-limiting beliefs, the therapist can work with parents, counselors, consultants, and schools to develop customized treatment plans and determine appropriate aftercare arrangements. Program highlights include hiking, primitive skills, ropes course activities, equine assisted psychotherapy, use of llamas as a therapeutic resource and pack animal, mock search-and-rescue drills, licensed therapists, individualized treatment plans, flexible length of stay, individual and group therapy, weekly treatment planning sessions, availability of psychological testing services, parent workshops, therapeutic ropes challenge course, and webbased student updates.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho Department of Health & Welfare, Children's Therapeutic Outdoor Program, CARF accreditation, AdvancEd accreditation (academic transcripts now available)

Professional Affiliations: NATSAP-Full Member, AEE; NATWC, Idaho Outfitters & Guides, Woodbury Reports-Excellence in Education Award

SUWS of the Carolinas

(Wilderness Program)

CONTACT

Admissions: (888) 828-9770
 Executive Contact: Shawn Farrell
 Admission Contact: Erin Levine
 Email: admissions@suwscarolinas.com
 Fax: (828) 668-7959
 Address: 363 Graphite Rd.
 Old Fort, NC 28762
 Website: www.suwscarolinas.com

PROGRAM OUTLINE

Gender: Coeducational/
 Single Gender Groups
 Ages: 10 to 17
 Grades: N/A
 Enrollment: 8 per group
 Duration: Flexible, 6 to 8 weeks
 Founded: 2000



NATSAP

Member Since: 2002



Airport: Asheville Regional Airport

SUWS of the Carolinas is a treatment program with a focus on clinical intervention and assessment. The program uses the outdoors as an alternative to conventional treatment environments, while engaging students using traditional therapeutic methods. The wilderness setting removes modern distractions, simplifies choices, and teaches valuable lessons. As a result, students begin to accept responsibility for personal decisions, address individual and family issues, and become invested in their character development.

SUWS of the Carolinas specializes in treating students 10 to 17 years of age who are experiencing/exhibiting any of the following: Low Self-Esteem, Family Conflict, Defiant Behavior, Attention Deficit/Hyperactivity, Depression, Isolation, Drug and Alcohol Use, Learning Differences, Negative Peer Relationships, Manipulation, Aspergers, and Entitlement.

Treatment, not hiking or survival skills, is the primary focus at SUWS of the Carolinas. Students progress through a sophisticated level system designed to assist them in mastering age-appropriate developmental goals. The program uses a "Search & Rescue" metaphor to teach students character development, as well as to assist in the identification of core values and guiding principles. Parents, referring professionals, and SUWS therapists review progress, emotional issues, and length of stay during weekly treatment planning sessions. Over the last 20 years the SUWS programs have learned the importance of the family in the growth process. Our family component includes a parenting series, which includes a mid-stay experiential parent workshop that is two days in length, weekly treatment planning sessions, and a one-day parent seminar at graduation.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services

Professional Affiliations: NATSAP-Full Member; AEE; NATWC; OBHIC

Tamarack Center

(Residential Treatment Center)

CONTACT

Phone: (800) 736-3410
 Executive Contact: Tim Davis
 Admission Contact: Christopher Dal Pra
 Email: cdalpra@tamarack.org
 Fax: (509) 326-9358
 Address: 2901 W. Fort George Wright Dr.
 Spokane, WA 99224
 Website: www.tamarack.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 17
 Grades: 6 to 12
 Enrollment: 16
 Duration: Flexible 3-12 months
 Founded: 1984



NATSAP

Member Since: 2006



Airport: Spokane

Tamarack Center is a small 16-bed medical model residential psychiatric treatment program for adolescents ages 12-17. Tamarack Center's mission focuses on providing individualized focused care in a safe and therapeutic atmosphere. At the base of Tamarack's treatment philosophy is the concept of relationships. It is our belief that through a healthy, developmentally appropriate relationship, youth can begin to face their emotional difficulties and prepare for the future. Healthy relationships provide the path for reintegration back into the family and community.

Typical diagnoses areas treated include:

- Depression
- PTSD & other anxiety disorders
- ADHD
- Nonverbal Learning Disorders (Asperger's)
- Bi-Polar Disorders
- Reactive Attachment Disorder
- Thought Disorder
- Oppositional Defiant Disorder

Treatment at Tamarack is provided in the context of milieu therapy. DBT is incorporated throughout the milieu programming. Residents learn how to live with each other on a regular basis. Problems of living are discussed; solved and new approaches to old patterns of behavior are developed and utilized. Individualized behavior programs for each resident supplement the general milieu expectations. Each resident has an individualized treatment plan which is updated on a regular basis to ensure that current specific problem areas are being addressed.

Individual, group, and recreational therapies are used to address treatment issues. Family participation and communication is stressed through weekly family therapy, e-mail access with their child, and our "shadowing" program which has parents shadow their child through the program activities to observe staff interventions and communication techniques. Additionally, Tamarack also provides a unique group family function called "Family Matters" which encompasses parent support group, parent education, and family interaction activities provided to the families in a relaxed and supportive atmosphere. Each resident is assigned a masters level family specialist, a nurse and primary counselor; who work under the supervision of a psychiatrist. Education is individualized.

Individual Psychotherapy Available: Yes

Accreditation Licensure: Washington State Department of Health, Residential Treatment Facility; Joint Commission, Tri-Care Certified

Professional Affiliations: NATSAP-Full Member; American Association of Children's Residential Center

Talisman Academy

(Emotional Growth Boarding School)

CONTACT

Phone: 828-697-6313
 Executive Contact: Linda Tatspaugh
 Admission Contact: Tracy Hopkins
 Email: admissions@talismanacademy.com
 Fax: 828-378-0142
 Address: 2075 N. Rugby Road
 Hendersonville, NC 28791
 Website: www.aspergersboardingschools.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 24
 Grades: 7 to 12, + transition
 Enrollment: 55
 Duration: 1 to 4 years
 Founded: 2007



NATSAP

Member Since: 2011



Airport: Asheville, NC

Talisman Academy is a boarding school for adolescents and young adults in grades 7-12 with Asperger's Syndrome, Nonverbal Learning Disorder, and similar spectrum disorders.

Our mission is to offer our students a compassionate and structured environment that allows them to cultivate the foundations for lifelong personal development, academic performance, community membership, and environmental stewardship. We focus on improving social awareness and interaction, independence, and academic self-motivation. On and off campus, students practice independent living skills and group dynamics, and engage in focused social skills groups.

Talisman's academic program utilizes small classes, personalized learning plans, multi-sensory teaching methods and appropriate accommodations allow students to reach their academic potential. Talisman is SACS accredited and follows the NC Standard Course of Study.

Social skills development is integrated into the program on a daily basis. In addition to the structured curriculum of the social skills class during the school day, group living offers many teachable moments on cooperative living, age-appropriate communication, and problem-solving. Program staff lead insight-oriented group discussions to work through daily issues. Students also learn budgeting, scheduling, nutrition, healthy living and personal responsibility.

The residential program includes week-long learning trips, community service projects, physical education, clubs, and participation in many community events. Students live in dorm rooms of 2-6 per room, with boys and girls on separate floors. A comprehensive parent education program and transition planning are offered through our Family Services department. Individual, occupational, physical, and speech therapy are available by contract providers.

Talisman Transitions is a program within the academy that provides comprehensive preparation for college/vocational programs and independent living for young adults between the ages of 18-24. Transitions students live and study in a beautiful Victorian mansion just outside of downtown Hendersonville, NC. Transitions students may attend Blue Ridge Community College as part of their career-preparation curriculum.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: SACS/AdvancEd, CARF

Professional Affiliations: NATSAP-Full Member; National Association of Therapeutic Wilderness Camping, Children and Adults with Attention Deficit/Hyperactivity Disorder, and Autism Society of NC

Telos Residential Treatment, LLC

(Residential Treatment Center)

CONTACT		PROGRAM OUTLINE	
Phone:	(801) 426-8800	Gender:	Boys Only
Executive Contact:	Craig LaMont, MS, LMFT	Ages:	13 to 18
Admission Contact:	Kristin Williams, MS, Ed, Licensed Educational Administrator	Grades:	7 to 12
Email:	Kristin@telosrtc.com	Enrollment:	36
Fax:	(801) 426-8825	Duration:	As needed
Address:	P.O. Box 537 Orem, UT 84059-0537	Founded:	2004
Website:	www.telosrtc.com		



NATSAP

Member Since: 2004



Orem

Airport: Salt Lake City

The mission of Telos is to create inspiring interpersonal relationships that invite and assist all people to move toward their ultimate potential. We believe the five cornerstones of genuine change are love, family, spiritually, principled-living and insightful choices.

Telos cares for 36 boys in a charming, historic mansion built in 1926. The facility size, décor and architecture combine to intentionally create an atmosphere of warmth and security. We strive to employ qualified and compassionate people. We purposefully keep our staff to student ratios high and our group size small. We are a staff-secure program.

Telos is a principles-based program. While rules, consequences and structure are components of our program, real change occurs in a special therapeutic environment combined with staff's efforts to model the importance of principled living. As youth invest in our relationship-driven program, they learn time-tested principles of happiness. By making insightful choices, youth experience the benefits of value-centered living.

Our multidisciplinary treatment team values diversity among therapeutic interventions. In addition to over 20 hours of individual, family, group and recreational therapy per week, Telos offers triathlon training and competition, service projects, family days, community activities and an intensive "principles program."

Telos provides true individualized treatment, family involvement, staff that live the principles we teach, quality improvement and diagnostic precision. As an owner-operated program, we are committed to reaching our own "telos."

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment/ Substance Abuse; Joint Commission; Northwest Association of Accredited Schools through Telos Academy, LLC

Professional Affiliations: NATSAP-Full Member

Trails Carolina

(Wilderness Program)

CONTACT

Phone: 888-387-2457
 Executive Contact: Graham Shannonhouse
 Admission Contact: JD Daubs
 Email: admissions@trailcarolina.com
 Fax: (828) 885-5922
 Address: 500 Winding Gap Road
 Lake Toxaway, NC 28747
 Website: www.trailsncarolina.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 10-13 and 13-17
 Grades: N/A
 Enrollment: 62
 Duration: 60 days
 Founded: 2008



NATSAP

Member Since: 2009



Airport: Asheville Regional, Greenville,
 Spartanburg, Charlotte International

Designed for struggling adolescents ages 13 to 17, Trails Carolina is a comprehensive therapeutic wilderness program set amid the tranquil North Carolina Mountains. Developed specifically to address the “whole child”, our proven methods and clinical therapies help change troubling behavior, guide adolescents up new paths of self-awareness, lead families toward reunification and healing, and re-engage students in an appreciation of academic challenge and learning.

Adolescents today are continually exposed to a fast-paced world of school, home, and a variety of relationships with the expectation that they are prepared to internally motivate and self-regulate. Unfortunately, many adolescents navigate their environment through poor choices, dangerous behaviors, and negative acting out. These destructive choices sabotage their ability to achieve success while damaging family relationships. Through the integration of adventure-based activities, wilderness expeditions, experiential education, and academic coursework, adolescents are guided toward cultivating a more centralized sense of the whole self, an awareness of personal strengths and abilities, an acceptance and accountability of the full impact of their poor decisions, and the insight and tools needed to succeed through life's ongoing challenges.

Trails Carolina operates from the premise that a student's ability to effectively integrate their wilderness experience into real-world skills is every bit as important as the program experience itself. For this reason, a comprehensive and educational family inclusion program is built into the program model. Parents and caregivers are expected to actively participate in their child's experience by working with their student's therapist to complete a course curriculum which parallels the curriculum of their child and by participating in parents workshops designed specifically to address their family's needs. Parents are empowered to help their child better transition their Trails Carolina experience to their “real” lives, as well as enhance the student's experience by being an active participant in the growth and recovery of the family unit. Additionally, students take part in a comprehensive, experiential-based academic program that helps to continue their formal education while on trail. This ensures that a very central part of an adolescents life (school and schoolwork), is not sacrificed as part of a necessary intervention. Academics are presented in such a manner to re-frame the educational experience to elicit excitement in the task of learning. This better prepares the student to more seamlessly return to a challenging academic environment with an improved attitude towards learning and without significant disruption in their academic coursework.

Trails Carolina integrates clinically sophisticated and research-based modalities including equine therapy (EAP), group and individual therapy with licensed therapists, structured academics with a certified teacher, and comprehensive family inclusion to provide students with an impactful experience that encourages and supports self-awareness and confidence and develops unique and effective tools to ensure continued post-program success.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services - Division of Health Service Regulation

Professional Affiliations: NATSAP-Full Member, AEE

Trinity Teen Solutions, Inc.

(Christian Residential Treatment Center)

CONTACT

Phone: (307) 645-3384
 Executive Contact: Angie Woodward
 Admission Contact: Angie Woodward
 Email: admissions@trinityteensolutions.com
 Fax: (307) 645-3385
 Address: 89 Road 8 RA
 Powell, WY 82435
 Website: www.trinityteensolutions.com

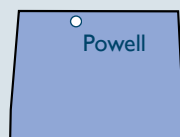
PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 to 17
 Grades: 6 - College
 Enrollment: 14
 Duration: 18 months
 Founded: 2002



NATSAP

Member Since: 2009



Powell

Airport: Cody Wyoming, Billing, Montana

Trinity Teen Solutions, Inc. (TTS) is a Christian Residential Treatment Facility located on a 4,000 acre ranch, that helps troubled teen girls ages 12-17, find the beauty within, heal past wounds, grow inner strength, instill a conscience and learn to manage themselves in today's difficult society.

At TTS each girl will experience a family atmosphere complete with active participation in experiential therapy, wilderness therapy, academics, equine-assisted psychotherapy, non-verbal therapy, chores and caring for animals, all while residing in cozy country cabins with caring live-in staff. By placing the focus on God and how He can impact every area of each girls life, an amazing transformation takes place.

Through Christian counseling, individual, group and family therapy sessions TTS challenges old problematic behaviors and promotes personal growth. By changing each girls' perspective of herself, and her relationships with family and God, she will be able to redefine and rediscover her unique identity with emphasis upon God-given dignity, personal responsibility, and right action.

Trinity Teen Solutions focuses on each young woman's uniqueness, helping her to find the beauty within, heal past wounds, grow inner strength, instill a conscience and learn to manage herself in today's society. Our loving, caring treatment team never gives up on any girl as she struggles through the painful task of transformation and healing.

We apply proven treatment techniques to develop in each girl:

- a strong sense of self
- a working knowledge of her strengths and weaknesses
- respect for God, herself and others
- an improved and continuous relationship with God
- her conscience and judgment when making decisions
- responsibility for her actions
- the ability to protect herself from exploitation and assaults
- desires for wholesome, normal activities such as church, school, family, work, friends and extracurricular activities
- and more

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Wyoming Department of Family Services

Professional Affiliations: NATSAP-Full Member

Triumph Youth Services, LLC

(Residential Treatment Center)

CONTACT

Phone: (435) 538-5061
 Executive Contact: Sterling Lyman
 Admission Contact: Sterling Lyman
 Email: info@triumphyouthservices.com
 Fax: (435) 538-5066
 Address: 62 South 950 West
 Brigham City, UT 84302
 Website: www.triumphyouthservices.com

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 12 to 18
 Grades: 7 - 12
 Enrollment: 68
 Duration: 6 - 12 months
 Founded: 1998



NATSAP

Member Since: 2010



Brigham City

Airport: SLC International

Triumph Youth Services is a first class Adolescent Male Residential Treatment Center for troubled teenage boys ages 12-18. Our Triumph Youth Services mission "Building individuals of truth, integrity and accountability who inspire faith in a Higher Power and become leaders in a quest for excellence" empowers us to help troubled teenage boys and their families in making positive and lasting changes that will in turn ensure a successful tomorrow.

Triumph Youth Services was founded in 1998 and began by providing services to adjudicated youth in Utah for the Department of Human Services Division of Juvenile Justice Services. We quickly earned the respect of local families, communities and professionals. As Triumph Youth Services reputation has grown, its services have become more sought after, leading to an increased number of programs and services.

Triumph Youth Services currently operates 4 Residential Treatment Centers and community based outpatient services available to youth across the globe. Triumph Youth Services is located in Brigham City Utah, just 58 miles north of the Salt Lake City International Airport. Triumph Youth Services Residential Treatment Centers specialize in treating Emotional Disturbance, Substance Dependence, Substance Abuse, Depression, Oppositional Defiance, Non Compliance and more. Our program duration is 6 -12 months or can be tailored on a case by case basis regarding long term treatment plan and/or educational plan. Each Triumph Youth Services program utilizes Positive Peer Culture in conjunction with a behavioral level system which consists of a total of four levels which must be completed in order to graduate the program successfully.

Our theoretical makeup is centered around evidence based therapy which is based on the cognitive behavioral treatment model that promotes a safe and very therapeutic program at all times in the least restrictive environment. Professionally licensed mental health professionals provide individual, family and group therapy sessions to each student while overseeing all therapeutic components of the program. All Triumph Youth Services staff are trained and certified in the Positive Control Systems Non Violent Crisis Intervention Program. It focuses on reliable and safe measures of behavior intervention that does not include aversive, excessive force procedures.

Academics are a primary focus here at Triumph Youth Services our school the Triumph Academy is a nonprofit 501c3 organization and we are fully accredited currently entering our tenth year of accreditation with Northwest Association of Accredited Schools and the Utah State Office of Education.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: NAAS; Department of Human Services for Utah, Department of Licensing

Professional Affiliations: NATSAP-Full Member; Youth Providers Association, Inc; 4-H Clubs

True North Wilderness Program

(Wilderness Program)

CONTACT

Phone: (802) 583-1144
 Executive Contact: Tyler Maves
 Admission Contact: Michael Balotti phone: (215) 888-1318
 Email: info@truenorthvt.com
 Fax: (802) 583-1104
 Address: P.O. Box 857
 Waitsfield, VT 05673
 Website: www.truenorthvt.com

PROGRAM OUTLINE

Gender: Coeducational
 (single-gender groups)
 Ages: 14 to 17
 Grades: N/A
 Enrollment: 24
 Duration: 4 to 12 weeks
 Founded: 2005



NATSAP

Member Since: 2006



Waitsfield

Airport: Burlington

True North Wilderness Program is located in the Green Mountains of Vermont. Our goal is to provide opportunities that inspire and empower our students and their families to reach their full potential. True North students typically present with mild depression, anger, anxiety, oppositional defiance, learning differences, academic difficulty, problems with peer and family relationships, and experimentation with substance abuse. Our single gender groups are carefully structured to be a safe and supportive environment for our students to establish strong foundations for the future.

True North's therapeutic process is grounded in the wilderness environment. As our students become adept at living and taking care of themselves in the outdoors, they begin to build the confidence and sense of capability that will sustain the learning and emotional growth process. Our caring and dedicated staff members support students as they explore core issues and develop new tools for a healthy and successful future. The challenges and rewards of outdoor living and group dynamics create opportunities for students to improve communication skills, accept more personal responsibility, build success and self-esteem, and establish positive and supportive relationships with others. Students use the landscape around them to explore their personal strengths and skills and address limiting behaviors.

Our base camp is a stunning mountain retreat surrounded by gardens, orchards, and protected forestland. Students will participate in a variety of educational and recreational activities designed to take full advantage of the Green Mountains and Vermont. Students will complete a personal portfolio that will help them to stay connected to new skills and confidence as they transition to the next step. We work closely with families, schools, and referring professionals to support a successful transition process. Parents and families can expect professional guidance and support from our clinical team and will have the opportunity to complete weekly parent curriculum assignments. The parent curriculum offers parents insight into their child's True North experience while allowing them to explore family dynamics. True North offers two-day intensive parent workshops designed to increase each family member's awareness of family patterns and support positive growth within the whole family. Our master's level therapists work together with field guides, students, and families to create individualized treatment plans. Our field guides are chosen for their experience and their ability to be positive role models and all of them carry wilderness medicine, CPR, and related therapeutic certifications.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Vermont, Agency of Human Services, Department for Children and Families; Vermont Department of Education

Professional Affiliations: NATSAP-Full Member

Turn-About Ranch

(Residential Treatment Center)

CONTACT

Phone: (800) 842-1165
 Executive Contact: Luke Hatch, MSW, LCSW
 Admission Contact: Yancy Whipple
 Email: admissions@turnabout ranch.com
 Fax: (435) 826-4261
 Address: 280 N. 300 E., P.O. Box 345
 Escalante, UT 84726
 Website: www.turnabout ranch.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17
 Grades: N/A
 Enrollment: 51
 Duration: 100 day program
 Founded: 1989



NATSAP

Member Since: 1999



Escalante

Airport: Las Vegas or Salt Lake City

Turn-About Ranch – Residential Treatment for Teens on a Working Ranch Real Ranch. Real Values. Real Change.

Few images capture the imagination more strongly than that of the American Cowboy – this powerful icon of the American West captivates and inspires teens who have become jaded and hostile toward authority. The Ranch setting takes defiant teens, ages 13-17, out of their comfort zone and reminds them that success is achieved through teamwork and cooperation, not through entitlement and manipulation. They learn that while they might feel entitled to get what they want, when they want it, in the real world rewards come through dedication and hard work.

Turn-About Ranch differs from typical residential treatment centers for troubled teens because it values action not just talk. Your teen participates in therapy and goes to school, but they also participate in the daily running of the ranch. They feed the chickens at dawn and bring the cattle in before dusk. These real life experiences enhance the therapeutic process – we put behavioral changes in action, which is much more effective than just talking about changing behavior. Teens discover the great rewards of working within a family of people, developing trust toward one another, and earning respect. Real change happens on this historic horse and cattle ranch as your child learns the value of a day's work, cooperation with others, and compassion toward their fellow man.

We talk a lot about values at Turn-About Ranch. Real values are something teens often forget or ignore as they get caught up in popularity contests, the desire to get the latest gadgets, and the hunger to seem "cool" to their peers.

We teach traditional Christian ethics and morals of honesty, openness, respect, teamwork, and accountability and remind them how important these values are to their success.

Academics are achieved while at Turn-About Ranch. We are accredited through the Northwest Association of Accredited Schools and can offer up to 4.5 semester credits within the 100-day average stay.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association Commission; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Turnabout/Stillwater Academy

(Small Residential Program and School)

CONTACT

Phone: (866) 359-4600
 Executive Contact: Lee Caldwell
 Admission Contact: Lee Caldwell
 Email: info@turnaboutteens.org
 Fax: (801) 302-7954
 Address: 11175 South Redwood Road
 South Jordan, UT 84095
 Website: www.turnaboutteens.org

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 17
 Grades: 6 to 12
 Enrollment: 50
 Duration: 9 to 14 months
 Founded: 1988



NATSAP

Member Since: 2003



South Jordan

Airport: Salt Lake City

Turnabout/Stillwater Academy serves male and female students 12 to 17 years of age. We offer a one of a kind treatment model that helps families who have experienced profound family disruptions find healing and success. Through our unique approach, students who have had traumatic family experiences (adoption, attachment issues, traumatic divorce, abuse, maladaptive family systems) are kept in a family setting with real families who are extensively trained and licensed and provide a naturally supportive family environment that encourages healthy relationship development. These families are highly committed to the program and the students they serve and are an invaluable part of the treatment team.

Each student's individual treatment plan may include individual therapy, group therapy, substance abuse treatment, equine assisted therapy, psycho-educational groups, an individualized academic plan and in-house psychiatric services. In addition to weekly sessions with their student's counselor, parents from around the country participate weekly in a therapeutic group facilitated by our clinical director and their student's counselor. These groups provide a unique opportunity for parents to grow, change and share with other parents who are experiencing similar challenges.

Stillwater Academy is fully accredited by the Northwestern Association of Schools, Colleges and Universities (NAAS) and all classes are taught by the Utah Certified Teachers. Our small classes and unique credit recovery system are designed to help students meet the requirements for high school graduation, rediscover a love of learning, and provide a successful educational experience that supports the emotional, mental and social growth development of each student. On average our students achieve a 1.5 grade point increase in their cumulative GPA while attending Stillwater Academy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Day Treatment, Child Placing and Outpatient Treatment; Northwest Association of Accredited Schools; SEVIS approved

Professional Affiliations: NATSAP-Full Member; NASET Special Education Teachers School of Excellence

Turning Winds Academic Institute

(Therapeutic Boarding School)

CONTACT

Phone: (800) 845-1380
 Executive Contact: Carl Baisden
 Admission Contact: John Baisden
 Email: info@fsni.org
 Fax: (406) 295-5420
 Address: 32855 S. Ford Rd.
 Troy, MT 59935
 Website: www.turningwinds.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 18
 Grades: 7 to 12
 Enrollment: 40
 Duration: 12 to 18 months
 Founded: 2002



NATSAP

Member Since: 2005



Airport: Spokane, WA or Kalispell, MT

Turning Winds Academic Institute is a co-ed, therapeutic, boarding school that is accredited by Northwest Association of Accredited Schools (NAAS). We believe that each student has the capacity to learn, that individual strengths have different learning modalities, and that high expectations are necessary in order for the student to reach their highest potential.

Turning Winds Academic Institute stands out as an elite academic provider. Turning Winds Academic Institute is an official ACT and SAT testing site and offers these tests quarterly. Preparation courses are also offered for these tests. Furthermore, we are also an official testing site for the GED. Turning Winds Academic Institute also offers College-Level Examination Program (CLEP) preparation for students. CLEP provides students with the opportunity to demonstrate college-level achievement through a program of exams in undergraduate college courses. Students can earn up to six credits for each test. There are 2,900 colleges that grant credit and/or advanced standing for CLEP exams.

An indispensable part of the Turning Winds Academic Institute is the therapeutic program. The clinical services are overseen by a clinical director who is a licensed Clinical Psychologist in the state of Montana. Upon admission, each resident is assessed by this psychologist, including through the use of formal testing, to determine their unique psychosocial and mental health needs. Then an individual treatment plan is created by the treatment team in order to address the needs of that individual.

Turning Winds Academic Institute also offers a unique outdoor experience for each student within the TREC program. TREC is a powerful experience which consists of a structured, outdoor journey to remote yet accessible wilderness; the individual is challenged to learn about the self and the environment.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; Montana Association of Alternative Private Programs; NAAS

Professional Affiliations: NATSAP-Full Member

Uinta Academy

(Residential Treatment Center)

CONTACT

Phone: (435) 245-2600
 Executive Contact: Jeff Simpson, M.S., L.C.S.W.
 Admission Contact: Jeff Simpson, M.S., L.C.S.W.
 Email: jsimpson@uintaacademy.net
 Fax: (435) 245-2605
 Address: P.O. Box 387
 Wellsville, UT 84339
 Website: www.uintaacademy.net

PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 - 18
 Grades: 7 to 12, Post Graduate
 Enrollment: 60-64
 Duration: 12 - 18 months
 Founded: 2003



NATSAP

Member Since: 2004

Wellsville



Airport: Salt Lake City

Uinta Academy is a small, very therapeutically intensive residential treatment /academic program licensed by the State of Utah Department of Human Services. Uinta Academy is located in one of the most beautiful and peaceful mountain valleys in the country. Uinta Academy has 5 campuses: three 12-16 bed Residential Treatment Centers, one 12-bed Integrated Transitional/Independent Living Program, and one Integrated 18-year-old Program. The girls receive psychiatric services, individual therapy, family therapy, group therapy, recreational therapy, and equine therapy. Uinta Academy uses a comprehensive Cognitive-Behavioral clinical approach and has an extremely effective milieu that focuses on building strengths, developing self-esteem, and teaching social, academic, and independent living skills. In-home reunification services are also available to parents during a girl's transition home.

Treatment occurs in a nurturing, positive, and family-style environment. Every girl participates in physical fitness activities at the local sports/fitness complex, Yoga, weekly recreational activities, and monthly explorations activities which include trips to Yellowstone, Teton, Zions, and Arches National Parks. Each girl gets her own horse for which she is responsible and the girls participate in weekly equine-assisted therapy and other equine activities. Uinta's Creative Expressions component uses the arts and dance to enhance the girls lives and provide another medium for self awareness. Students have access to numerous educational/recreational activities such as hiking, horseback riding, skiing, the cultural arts, service projects, gardening, and light farm chores.

The academic program is a fully accredited, year-round educational experience, where each girl has an individualized educational program that is tailored to meet her needs. Students who are behind are able to catch up to grade level. All classes are taught by state certified teachers. Elective courses include foreign languages, art, photography, and music instruction. Specialized education programs can be provided, such as study at the university level and vocational training.

Uinta Academy serves females, ages 12-18, who are experiencing emotional and behavioral problems, including but not limited to the following: Depression, Bipolar Disorder, Attention Deficit Disorder, Borderline Personality Disorder, Post-Traumatic Stress Disorder, Oppositional-Defiant Disorder, Asperger's Syndrome, substance/alcohol abuse, adoption/attachment issues, anxiety, eating disorders, low self esteem, self harm issues, and academic struggles including learning disabilities. Exclusion criteria include: violent tendencies, full scale IQ less than 80, adjudication.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NWAC)

Professional Affiliations: NATSAP-Full Member

Valley View School

(Therapeutic Boarding School)

CONTACT

Phone: (508) 867-6505
 Executive Contact: Philip G. Spiva, Ph.D.
 Admission Contact: Rick Bulger, M.S.W.
 Email: valview@aol.com
 Fax: (508) 867-3300
 Address: P.O. Box 338
 91 Oakham Road
 North Brookfield, MA 01535
 Website: www.valleyviewschool.org

PROGRAM OUTLINE

Gender: Males Only
 Ages: 10 to 15 (at admission)
 Grades: 6 to 12
 Enrollment: 56
 Duration: 2 to 3 years
 Founded: 1970



NATSAP

Member Since: 2002



Airport: Boston, Logan

Valley View School is a highly structured therapeutic milieu that offers a professional interdisciplinary approach. Stress is placed on success-oriented experiences ranging from drama and organized sports to overseas travel.

Valley View is a private residential school providing a therapeutic educational environment for 56 boys between the ages of 11 and 17 who are having difficulty getting along with their families, the world around them and themselves. Typical Valley View students may be boys who challenge authority to the point of psychologically intimidating their parents; others have difficulty in channeling their physical energy in meaningful ways; and a few may appear overly lethargic, bored or depressed. The majority have difficulty in traditional schools and although bright, often have a history of attention deficit disorder, may be oppositional, and are a source of frustration to their families. Traditional classroom methods and practices have generally frustrated rather than encouraged students who go to Valley View. These boys have been characterized as "learning disabled", "unmotivated", "hyperactive", or "disruptive" in the classroom setting. With a maximum of 56 students in the School and an average of 6 in each class, Valley View School can provide intensive remedial instruction. Classes focus on the development and strengthening of skills in basic subjects, including language arts, mathematics, social and physical education, history, and art. An extensive computer facility integrates current technology into the entire academic curriculum.

Valley View offers a twelve-month program, and boys are accepted only on that basis. There are 11 full-time academic teachers, all with appropriate degrees in their subject matter, offering a college preparatory curriculum. Seventeen counselors, supervise the program on evenings and weekends. This includes a wide range of physical and recreational activities. In addition, three clinical psychologists spend a number of days at the School to see boys in individual therapy sessions. A board-certified psychiatrist also makes regularly scheduled consultation visits to monitor psychopharmacological issues where appropriate. The typical period of enrollment at the School is two or three years. A student can earn a recognized high school diploma from Valley View School; however, diplomas are infrequently conferred since most students continue their education in a standard public or private secondary school.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commonwealth of Massachusetts, Department of Early Education and Child Care; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

The Village

(Residential Treatment Center)

CONTACT

Phone: (800) 255-TEEN (8336) or
865-380-4452
Executive Contact: Wesley E. Mason III
Admission Contact: Sarah Blakley
Email: sblakley@acadiahealthcare.com
npfohl@acadiahealthcare.com
Fax: (865)-970-1866
Address: P.O. Box 100
Louisville, TN 37777
Website: www.acdiavillage.com

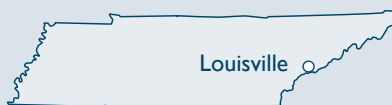
PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 to 18
Grades: 7 to 12
Enrollment: 90
Duration: 3 to 9 months
Alcohol, Drug and Detox - 30-60 Days
Founded: 1986



NATSAP

Member Since: 1999



Airport: Knoxville (McGhee-Tyson)

The Village is an intensive outdoor oriented residential treatment center near Knoxville, Tennessee with a record of success in helping adolescents and their families achieve lasting change. The Village is a nationally recognized program that specializes in the treatment of adolescents who have not responded to more conventional treatment approaches and require extended and concentrated treatment.

The Village admits males and females ages 13-17 with a range of psychological disorders; typically involving disturbances in mood and conduct as well as substance abuse/dependency. Most of the adolescents have entrenched interpersonal or personality difficulties, often those of a narcissistic or borderline nature. Other problems may include self-endangering or out of control behaviors, ADD/ADHD or eating disordered symptoms.

The Village incorporates programs that teach the value of hard work, produce successes on which the adolescents build a sense of realistic pride, and impart skills that they will take with them into later life. Some of these programs include family services designed to improve communication and encourage productive family problem resolution, an individualized education through our private school, psychiatric treatment, vocational and activity therapy and the exploration of Native American images, all in a secluded, wooded setting. All adolescents receive daily group psychotherapy and weekly family therapy. One of the primary reasons for the Village's outstanding success is its reliance on a group-oriented treatment approach. The treatment begins in a locked assessment unit and as the young person stabilizes, they are transitioned into a rustic cabin environment. The adolescents become members of a group of 8-12 students in which the group members positively pressure one another to work and mature, closely supervised by live-in staff.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Tennessee, Department of Mental Health and Developmental Disabilities; Joint Commission; Southern Association of Colleges and Schools (SACS); State of Tennessee, Department of Education; Approved by SEVIS

Professional Affiliations: NATSAP-Full Member

Vista, RTC

(Residential Treatment Center)

CONTACT

Phone: (801) 910-5901
 Executive Contact: Matthew B. Checketts, Ph.D., L.C.S.W.
 Admission Contact: Memory Dixon
 Email: memorydixon@vistatreatmentcenters.com
 Fax: (801) 250-8483
 Address: 8265 West 2700 South
 Magna, UT 84044
 Website: www.vistatreatmentcenters.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 17
 Grades: 7 to 12
 Enrollment: 32
 Duration: 6 to 9 months
 Founded: 1991



NATSAP

Member Since: 2003



Airport: Salt Lake City

Vista Adolescent Treatment Center is a residential treatment center committed to providing adolescents and their families with experiences that will enable them to realize the choices that have limited their growth and personal development. The program is specifically designed to help adolescents and their families go beyond their boundaries and overcome the limiting beliefs that have kept them from achieving their potential.

The adolescents at Vista range in age from 13 to 17 years and are comprised of both males and females who possess special emotional, psychological, and behavioral needs. While these adolescents are as unique and diverse as adolescents everywhere, they all possess one common denominator: they have a need for change, and their lives and must be provided with the appropriate environment to learn, practice, and internalize changes necessary for successful re-entry into their home, social, and educational settings.

We provide an alternative to expensive short-term hospital care by offering a quality, cost-effective, safe, and home-like environment. Vista is a caring, teaching, family-oriented system that allows adolescents and their families to begin to rebuild their lives. This approach provides a more appropriate length of stay in an intensive therapeutic environment to allow adolescents and their families to integrate, internalize, and solidify age-appropriate and effective coping skills. Our multi-disciplinary staff stresses heightened awareness of potential difficulties adolescents may encounter. The staff helps adolescents confront those challenges while currently identifying, confronting, and ultimately resolving those inner conflicts that have interfered with physical, emotional, and intellectual growth. Individual, family, group, and experiential therapy are all part of the Vista program aimed at cognitive and affective skill development, modifying current self-defeating behaviors, promoting interpersonal skills, and improving responsibility to self and others.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Day, Residential & Outpatient Treatment and Child Placing; Joint Commission; Northwest Association of Accredited Schools (NAAS)

Professional Affiliations: NATSAP-Full Member

Waterfall Canyon Academy

(Small Residential Program)

CONTACT

Phone: (801) 621-3901
 Executive Contact: Richard Dimick, MSW
 Admission Contact: Laura Kemper, MSW, LCSW
 Email: laura@waterfallcanyon.com
 Fax: (801) 606-7195
 Address: 3375 Harrison Blvd.
 Ogden, UT 84403
 Website: www.waterfallcanyon.com

PROGRAM OUTLINE

Gender: Boys and Girls
 Ages: 13 to 25
 Grades: K to 12
 Enrollment: 36 adolescent boys and girls/16 young adult males
 Duration: 16 months avg.
 Founded: 2006



NATSAP

Member Since: 2009



Ogden

Airport: Salt Lake City International

It is the mission of Waterfall Canyon Academy to provide the highest quality clinical, academic, and behavioral intervention services in order for our students to become contributing members to their family, and become able to live to their fullest potential as young adults in society. We provide a continuum of care including a Residential Treatment Program for males/females, a Transition Program for males and an Independent Living Program for young adult males. The most appropriate placement will be discussed during the admission process.

Our students can best be described as young men and women with complex social, emotional, behavioral, cognitive and academic issues. Most students have a recent diagnosis of Autism/Aspergers/PDD NOS and struggle with emotional regulation.

Waterfall Canyon Academy provides a highly structured behavioral shaping program designed to teach and instill appropriate social skills and daily living skills. Our Students receive individual and family therapy services at a minimum of two hours per week, and an average of three hours per week. A variety of group therapies are provided daily as well. Each student attends four to five group therapy sessions weekly. Academics are provided by Oak Grove School (accredited by Northwest Association of Accredited Schools) in our school building which includes classrooms, a library and a large physical fitness area. Social and daily living skills classes are taught daily by program staff as an integral piece of the academic program. Educational field trips are provided two times each week.

Recreational opportunities such as boating, snow skiing, sporting events, fishing, camping, fine arts and cultural events are enjoyed on a weekly basis.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Utah Department of Human Services/Office of Licensing

Professional Affiliations: NATSAP-Full Member; Utah Youth Provider Association

The Wediko School

(Residential Treatment Center)

CONTACT

Phone: (603) 478-5236
 Executive Contact: Harry W. Parad, Ph.D.
 Admission Contact: Patrick Ryan; LICSW, MBA or
 Katie Walsh; M.Div., LCSW
 Email: wediko@wediko.org
 Fax: (603) 478-2049
 Address: 11 Bobcat Blvd.
 Windsor, NH 03244
 Website: www.wediko.org

PROGRAM OUTLINE

Gender: Boys Only
 Ages: 6 to 21
 Grades: K to 12
 Enrollment: 44
 Duration: 3 month minimum, 12
 month average
 Founded: 1989



NATSAP

Member Since: 2005



Airport: Manchester, Boston

Located on a 450-acre lake-front campus, the Wediko School offers therapeutic and educational services for boys ages 10 to 18, (licensed 6 to 21) in a safe, therapeutic, and educational environment. Wediko clinicians work closely with the student's family and referring professional with the goal of returning the child to his home and community, or a less restrictive school, as soon as possible.

Wediko works with students who are struggling with complex psychiatric profiles and disruptive behaviors. Often, students do not fit neatly under the criteria of a specific diagnosis or they have been diagnosed with multiple disorders, including, but not limited to:

- Bipolar Disorders
- Depression & Depressive Disorders
- Anxiety Disorders
- Attention Deficit Hyperactive Disorder (ADHD or ADD)
- Reactive Attachment Disorder
- Post Traumatic Stress Disorder
- Asperger's Disorder
- Non-Verbal Learning Disorder (NVLD)

Wediko's therapeutic and educational milieu is the primary intervention. The core of the milieu is the Wediko staff, clinicians, and teachers who develop strong relationships with each student, focus on the student's strengths, and use positive behavioral interventions to teach and reinforce prosocial coping strategies.

Individualized treatment plans for each student include: school, daily group therapy, family therapy, psychopharmacological evaluations, and visits home to practice skills learned at Wediko. Additional options may include, individual therapy, psychological and educational testing, and issue specific group therapy.

Collaboration between all the important adults in the child's life (family, school, and referring professional, therapist, mentor, etc.) ensures everyone understands and is in agreement on how to best help the child and what he and the family needs for a successful transition home. Families are essential partners in the therapeutic process. Family therapy is family centered and individualized to meet the needs of each family.

Summer Program (Coed): Since 1934, Wediko has offered an intensive short-term residential treatment program from July 5 to August 18.

Individual Counseling Available: Yes

Accreditation, Licensure: SEVIS; Department of Education: New Hampshire, Massachusetts, Illinois, New Jersey, New Hampshire Department of Health and Human Services; on an individual basis: Pennsylvania, Rhode Island, and Virginia.

Professional Affiliations: NATSAP-Full Member; Independent Small Programs Alliance (ISPA), Massachusetts Association of 766 Approved Private Schools (MAAPS)

Wellspring Academy

(Specialized Boarding School for HS and College aged)

CONTACT

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 Executive Contact: Timm Tilson
 Admission Contact: Ryan Craig
 Email: admissions@wellspringacademies.com
 Fax: (559) 638-2685
 Address: 42675 Rd. 44
 Reedley, CA 93654
 Website: www.wellspringacademies.com

* Sister school: Wellspring Academy of the Carolinas
 located in Brevard, NC.



NATSAP

Member Since: 2004

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 13 to 18 and 18 to 26
 Grades: 8 to 12 and Reedley College
 Enrollment: 60
 Duration: Minimum 4 months
 Founded: 2004



Airport: Fresno (FAT)

Wellspring Academy is the first comprehensive solution for teens struggling with their weight. Many families with overweight children and teens have sent their children to summer weight loss camps. Wellspring Academy is a year-round weight loss program that is a college preparatory school for grades 8-12 and also includes 2 college programs. So you don't need to wait until next summer to start your child down the path to a healthier and better life.

A minimum of 4 months enrollment is required, but a semester (four months) is recommended. By attending the Academy for a semester, students will be able to:

- Achieve immediate and dramatic weight loss from thorough Diet and Activity Management.
- Undergo behavioral change through intensive cognitive-behavioral therapy, retraining the brain to make better decisions with regard to diet and physical activity as well as addressing other behavioral issues that may be causing (or resulting from) the weight. This will allow students to sustain and continue the weight loss after returning home.
- Accelerate academically through a rigorous, individualized educational program, fueled by the increase in energy and self-esteem that results from the weight loss and therapeutic programs. As our motto *Mens et Salvere* (mind and health) indicates, we believe the two go hand-in-hand.

After a semester at the Academy, students return to school ahead of where they otherwise would have been. The Clinical Director and the Members of the Advisory Board of Healthy Living Academies are among the world's leading experts in weight loss and the weight loss and control strategies employed at Wellspring Academy have been proven to be effective by research published in top scientific journals.

Individual Counseling Available: Yes

Accreditation, Licensure: Western Association of Schools and Colleges

Professional Affiliations: NATSAP-Full Member

Wendigo Lake Expeditions

(Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(705) 386-2376, ext. 201	Gender:	Boys Only
Executive Contact:	Stephen Glass	Ages:	14 to 17
Admission Contact:	Abby Matchette, MSW	Grades:	9 to 12
Email:	admissions@wendigolake.com	Enrollment:	10
Fax:	(705) 386-2345	Duration:	Minimum 90 days
Address:	P.O. Box 2000	Founded:	1998
	Lot 4 Concession 9		
	Ballantyne Township		
	South River, Ontario P0A 1X0		
	CANADA		
Website:	www.wendigolake.com		



NATSAP

Member Since: 2006



Airport: Toronto or North Bay

Wendigo Lake Expeditions (WLE) operates a 10-bed residential adventure therapy program on a continuous basis plus 28-day summer wilderness expedition adventure therapy programs for single-gender groups of students. Wilderness expedition, challenge course activities, school, and interdependent responsibility and accountability within the group are core components of the programs.

WLE specializes in working with male adolescents ages 14-17 who present with a profile of behaviors typically including substance abuse, chronic family conflict, defiance towards adults/authority, depression, poor grades, lack of motivation, low self-esteem, negative peer relations, entitlement and manipulation and conflict with the law.

WLE (originally known as Project D.A.R.E.) has operated continuously since 1971 and is located three hours north of Toronto, Ontario, Canada (four hours from Buffalo, NY) on a well-kept campus on the edge of world-famous Algonquin Park.

WLE seeks to promote positive change and the learning of pro-social values and skills through a blending of experiential education and cognitive behavioral strategies to promote intense and accelerated learning in a safe and supportive environment. Student progress is measured based on the five core values of the program - Responsibility, Effort, Attitude, Community and Honor (REACH).

WLE provides action-learning experiences that promote the development of mind, body and spirit and enable participants to discover their capacity to achieve more than they thought possible. We are committed to the pursuit of excellence and ensuring that all our services operate in a manner which places the safety and security of participants, employees and community as our first priority.

WLE boasts an experienced management team with an average of eighteen years tenure at WLE/Project DARE. The school program is operated under affiliation with the Near North District School Board. Masters level clinicians provide counseling and clinical oversight to the therapeutic program.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Ministry of Children and Youth Services, Children's Residential Services; Association of Experiential Education Accreditation

Professional Affiliations: NATSAP-Full Member; OBHIC; Outdoor Behavioral Healthcare Research Co-Operative; Ontario Camping Association

Wilderness Treatment Center

(Residential Treatment Center and Wilderness Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(406) 854-2832	Gender:	Boys Only
Executive Contact:	John Brekke	Ages:	14 to 24
Admission Contact:	Ben Dorrington	Grades:	N/A
Email:	ben@wildernesstreatmentcenter.com	Enrollment:	35
Fax:	(406) 854-2835	Duration:	60 days
Address:	200 Hubbart Dam Rd. Marion, MT 59925	Founded:	1983
Website:	www.wilderness-therapy-program.com		



NATSAP
Member Since: 1999



Marion

Airport: Kalispell

Wilderness Treatment Center believes that chemical dependency among adolescents and young adults can effectively be treated by providing a specialized program designed to treat both personal and social problem areas. Our program provides specific activities and a unique setting to allow for personal growth, self-confidence, better decision-making skills, and leadership growth. We combine group work and extensive therapy with personal inventory assessment to help residents develop the self-esteem, physical fitness, responsibility, and trust necessary to gain freedom from chemical dependency.

Wilderness Treatment Center is a 60-day, in-patient program for males, 14-24 years of age that have been diagnosed “chemically dependent” by a licensed counselor and subsequently referred to an in-patient treatment center.

We provide a comprehensive treatment experience designed to deliver the essentials of traditional chemical dependency treatment and the opportunity for patients to develop new personal standards and ethics. The structured residential daily schedule involves individual and group counseling and therapy, thought-provoking lectures and discussions, AA and NA meetings, and individual work and living responsibilities. The 16-21 day “true” wilderness experience utilizes the Outward Bound philosophy to build trust, accountability, self-respect, and the hard-earned self-confidence and humility that come from accomplishing challenging goals in the wilderness. A licensed Chemical Dependency Counselor is present for the duration of every expedition, maximizing the therapeutic value.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana Department of Public Health and Human Services; Association of Experiential Education Accreditation

Professional Affiliations: NATSAP-Full Member; AEE; NAADAC

WinGate Wilderness Therapy

(Wilderness Program)

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PROGRAM OUTLINE

Gender: Single Gender Groups
 Ages: 13 – 17 and 18-26 young adults
 Grades: 9-12 and post High School
 Enrollment: 24
 Duration: 60 day average length of stay
 Founded: 2008



NATSAP

Member Since: 2008



Airport: St. George, Las Vegas, or Salt Lake City.

WinGate utilizes a strengths based approach to recognize potential in even the most challenging of students. Proper, thorough assessment coupled with proven treatment strategies implemented in a supportive environment, create the WinGate difference. It begins with our deep-seated belief that every student is unique, gifted, and capable of dramatic emotional and behavioral transformation.

As a result, we seek to provide a nurturing yet challenging environment where students can grow, gain perspective, and attain a new level of maturity, while addressing their specific behavioral issues and problems. We combined the best practices of the wilderness with the best clinical techniques in order to take wilderness therapy to a dramatically higher level of integration and results.

WinGate Wilderness Therapy program provides a powerful and proven intervention for students struggling a variety of emotional and behavioral problems including but not limited to; academic under achievement, family conflict, oppositionality, substance abuse, depression, personality disorder traits, trauma, poor self image, learning differences, mood instability, negative peer association and groups, ADD and ADHD, anger management, grief and loss, body image issues, lack of motivation and direction, adoption and others.

An average length of stay is six – eight weeks.

What you can expect from WinGate:

1. Accurate clinical assessments that start the day your child enters the program.
2. Extensive family participation including a parent seminar during the first part of your students stay.
3. Clinical experience and expertise with 70+ years of combined experience in our clinical and management team we our experts in our field.
4. A unique and different model that invites changes and encourages strengths in your student.
5. Preparation for the next step to insure a seamless transition.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing, Outdoor Youth Treatment

Professional Affiliations: NATSAP-Full Member

Woodland Spring Lodge

(Residential Treatment Center)

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 Website: www.woodlandspring.org



Member Since: 2008

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 6 to 17
 Grades: 1 to 12
 Enrollment: 26
 Duration: 6 to 18 months
 Founded: 1948



Airport: St. Louis, Lambert

Woodland Spring Lodge enjoys a wooded setting in the Missouri Ozarks. Situated on 40 acres, the Lodge is located on the outskirts of St. James, Missouri. Woodland Spring Lodge is a specialized program of Boys and Girls Town of Missouri which has over 60 years of experience in residential care.

Woodland Spring Lodge specializes in long term placements with an average length of stay of 6 to 18 months. The program provides a therapeutic environment to males and females ages 6 through 17 who are experiencing emotional and behavioral problems. These behaviors may include depression, impulsivity, substance abuse, grief, anxieties and trauma issues that interfere with attachment and the development of trusting, healthy family relationships. Woodland Spring Lodge utilizes a philosophy which emphasizes the development of trusting relationships. We help children learn to trust others and sustain meaningful relationships which enable them to enhance their lives and reconnect with their families.

Woodland Spring Lodge consists of four primary treatment components: the therapeutic milieu, family involvement, experiential adventure therapy and year-round academic programming. The healing environment of the therapeutic milieu is the foundation of all programming. As a child progresses in his or her ability to sustain relationships, positive self-esteem results and behavioral difficulties begin to resolve. Family participation is an essential component of the program with parents participating in regular family therapy, day passes, home passes and parent weekends. The treatment team works closely with each child's family to help transition the child through each step of the therapeutic process to ensure successful reunification into the family home.

Experiential and adventure programming is offered through our Meramec Wilderness Learning Ranch. The ranch is located a short distance from the Lodge on 1,200 acres in the Ozarks offering three miles of river front, wooded hills, fields, streams, bluffs and caves. High adventure and wilderness activities are integrated into the therapeutic milieu and treatment goals of each resident. Ranch activities include equine skills and therapy, hiking, extended backpacking expeditions, canoeing, ropes courses, rappelling and cooperative and initiative activities.

The Woodland Spring Lodge School is certified by the Missouri Department of Education. The school offers a full school day taught by Missouri certified teachers and is located on-site of the campus. The school provides traditional classroom experiences including fine arts and practical arts. The school utilizes technology based learning opportunities including SMART boards and computer labs. Credit recovery is available to students who may need additional credits or working towards early completion. A traditional graduation ceremony is held annually for students earning a high school diploma. ACT and SAT preparation is also available.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Joint Commission; State of Missouri, Department of Mental Health, Division of Comprehensive Psychiatric Services; State of Missouri, Department of Social Services, Children's Division; Missouri Department of Education; American Camp Association

Professional Affiliations: NATSAP-Full Member; Alliance for Children and Families; Missouri Coalition of Children's Agencies; National Fellowship of Child Care Executives; Missouri Alliance for Children and Families

Youth Care

(Residential Treatment Center)

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 Draper, UT 84020
 Website: www.youthcare.com



NATSAP

Member Since: 1999

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 18
 Grades: 7 to 12
 Enrollment: 14 to 16 per home
 Duration: Variable
 Founded: 1989



Draper

Airport: Salt Lake City

For over 20 years Youth Care has provided clinically intensive and individualized interventions for the complex student. We specialize in working with teenagers experiencing emotional or behavioral problems such as: Pregnant teens, thought disorder, self injurious behaviors, physical and sexual abuse, reactive attachment disorder, Aspergers syndrome, substance abuse, anxiety, bipolar disorder, oppositional defiant disorder and running away. Our small, home-like environment combined with a respectful approach provides the safe framework students and families require to promote rapid engagement and positive change. Our program offers a seamless continuum of care that feature Youth Care, Pine Ridge Academy, Independent Community Placement, and Day Treatment.

Our clinically intensive program features Master or Ph.D. therapists who provide three hours of individual therapy and one hour family therapy per week. Students are involved in twenty plus hours of group therapy (seven of which are by a licensed therapist). Additionally, the students are assessed weekly by our psychiatrist and nursing team. The program offers full chemical addiction counseling which includes a weekly individual session and group therapy that is substance abuse specific. The student will also have the opportunity to attend community based AA and NA group meetings weekly. Youth Care offers a variety of therapeutic approaches to help students. Youth Care offers a DBT (Dialectical Behavioral Therapy) program where therapists, teachers, and line staff are all trained to help students through a DBT approach.

Students attend school for a full school day where they are taught by Utah Certified teachers. Their curriculum is matched with their home school requirements. Students participate in small, interactive classes where they are taught not only subject matter but techniques for improving success at their home school including note taking, test taking skills, assignment tracking, and school appropriate behaviors.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Joint Commission; Northwest Association of Accredited Schools (Pine Ridge Academy)

Professional Affiliations: NATSAP-Full Member



NATSAP | Individual Affiliate Members

Individual Affiliate Members are:

- referring professionals/educational consultants
- psychologists
- psychiatrists
- licensed counselors and therapists
- college and university professors
- students

Affiliate members participate in NATSAP common mission of promoting healthy growth and personal well being of program participants to become a part of the vision and mission of NATSAP.

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Program Listing by State

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Alabama	Paint Rock Valley	(256) 776-2503
	Pinnacle Schools/Elk River	(256) 518-9998
Arizona	ANASAZI Foundation	(480) 892-7403
	Copper Canyon Academy	(877) 617-1222
	Cottonwood de Tucson	(800) 877-4520
	Decision Point Center	(928) 778-4600
	Estrella Vista Ranch	(520) 586-9254
	In Balance Ranch Academy	(520) 722-9631
	Spectrum College Transition Program	(480) 443-7331
California	Spring Ridge Academy	(928) 632-4602
	Bridges to Recovery	(310) 459-0613
	Benchmark Young Adult School	(800) 474-4848
	Newport Academy	(877) 628-3367
	Optimum Performance Institute	(888) 558-0617
	Wellspring Academy	(866) 364-0808
Colorado	Forest Heights Lodge	(303) 674-6681
	Insight Intensive at Gold Lake	(303) 952-1444
	Living Well Transitions	(303) 245-1020
	Open Sky Wilderness Therapy	(970) 382-8181
Connecticut	Grove School	(203) 245-2778
Florida	Eckerd Academy at Brooksville	(800) 914-3937
	Pasadena Villa	(877) 245-5235
Georgia	Ridge Creek	(706) 867-1720
	Second Nature Blue Ridge	(706) 212-2037
Hawai'i	Kailana	(808) 235-1377
	SeaChange Hawai'i	(808) 235-1377 x275
Idaho	Boulder Creek Academy	(877) 348-0848
	Cherry Gulch	(208) 365-3437 x502
	Clearview Horizon, Inc.	(208) 263-5894
	Daybreak Canyon	(208) 655-4111
	Echo Springs Transition Study Center	(888) 688-3246
	Innercept	(208) 665-7178
	Kootenai Behavioral Health Center	(208) 765-4800
	Northwest Academy	(208) 267-3524
	Schrom Boy's Home at Hawks Landing	(208) 267-6569

Program Listing by State (Cont'd)

State	School	Phone
Illinois	SUWS Adolescent & Youth Programs	(208) 886-2565
	Chaddock	(217) 222-0034 x347
Indiana	South Shore Academy	(219) 766-2999
Louisiana	Evangelhouse® Christian Academy	(800) 924-4012
Massachusetts	Academy at Swift River	(800) 258-1770
	Eagleton School	(413) 528-4385
	F.L. Chamberlain School	(508) 947-7825
	Germaine Lawrence	(781) 648-6200
	Valley View School	(508) 867-6505
Maine	Ironwood	(207) 342-3655
	Summit Achievement	(207) 697-2020
Michigan	Montcalm School for Boys	(866) 244-4321
	Montcalm School for Girls	(866) 244-4321
Missouri	CALO Change Academy Lake of the Ozarks	(877) 879-2256
	Eagle Summit	(573) 485-3695
	Woodland Spring Lodge	(573) 265-3251
Montana	Building Bridges	(406) 827-9853
	Chrysalis	(406) 889-5577
	Elk Mountain Academy	(406) 847-4400
	Explorations	(406) 827-3863
	Intermountain	(800) 200-9112
	Montana Academy	(406) 755-3149
	Summit Preparatory School	(406) 758-8113
	Turning Winds Academic Institute	(406) 295-5400
Nebraska	Wilderness Treatment Center	(406) 854-2832
	Ponca Pines Academy	(402) 457-1421
New Hampshire	Hunter School	(603) 786-2922
	Lakeview School	(603) 539-8712
	The Wediko School	(617) 292-9200
New York	Adirondack Leadership Expeditions	(518) 897-5011
	Family Foundation School	(845) 887-5213

Program Listing by State (Cont'd)

State	School	Phone
North Carolina	Auldern Academy	(919) 837-2336
	Four Circles Recovery Center	(828) 891-2221
	Phoenix Outdoor	(888) 828-9770
	Stone Mountain School	(828) 669-8639
	SUWS of the Carolinas	(888) 828-9770
	Talisman Academy	(828) 697-6313
	Trails Carolina	(888) 387-2457
Oregon	Academy at Sisters	(800) 910-0412
	Bridges Academy	(541) 318-9345
	Catherine Freer Wilderness	(800) 390-3983
	Dragonfly Transitions	(541) 850-0841
	New Leaf Academy of Oregon	(541) 318-1676
	NorthStar Center	(866) 313-7580
	Rimrock Trails Adolescent Treatment	(541) 447-2631
	Santiam Crossing School	(503) 394-4294
	Second Nature Cascades	(541) 382-1620
South Carolina	Cherokee Creek Boys School	(864) 647-1885
Tennessee	Cumberland Heights/River Road Academy	(615) 356-2700
	The Village	(800) 255-8336
Texas	Fulshear Ranch Academy	(888) 874-7503
	Menninger Clinic	(800) 351-9058
	Meridell Achievement Center	(800) 366-8656
Utah	Alpine Academy	(800) 244-1113
	Aspen Institute for Behavioral Assessment	(801) 825-5222
	Aspen Ranch	(877) 231-0734
	Aspiro Group, Inc.	(888) 266-5136
	Birdseye RTC	(877) 467-1681
	Catalyst Residential Treatment, LLC	(435) 723-4600 x347
	Cedar Ridge Academy	(435) 353-4498
	Center for Change	(888) 224-8250
	Copper Hills Youth Center	(800) 776-7116
	Discovery Academy	(801) 374-2121
	Discovery Ranch	(801) 489-3311
	Discovery Connections	(801) 374-2121
	Eastwood Center	(435) 713-7777
	Gateway Academy	(801) 463-7888
	Heritage Schools	(800) 433-9413

Program Listing by State (Cont'd)

State	School	Phone
Utah (cont'd)	Island View RTC	(866) 952-7930
	The Journey, LLC (the Journey at Mount Pleasant)	(801) 375-4240
	Kolob Canyon	(435) 865-1437
	La Europa Academy	(801) 268-9300
	Logan River Academy	(435) 755-8400
	Maple Lake Academy	(801) 798-7700
	Mountain Homes Youth Ranch	(435) 781-2450
	New Haven	(801) 794-1218
	New Roads Treatment Centers	(801) 669-5888
	Oakley School	(435) 783-5001
	Outback Therapeutic Expeditions	(801) 766-3933
	Oxbow Academy	(435) 436-9460
	Passages to Recovery	(866) 625-8809
	Provo Canyon School	(801) 491-3910
	Red Rock Canyon School	(800) 635-4441
	RedCliff Ascent	(800) 898-1244
	Second Nature Entrada	(435) 674-9310
	Second Nature Uintas	(435) 738-2040
	Solstice RTC	(801) 444-0794
	Sorenson's Ranch School	(435) 638-7318
	SunHawk Academy	(800) 214-3878
	Sunrise RTC	(435) 635-1185
	Telos Residential Treatment, LLC	(801) 426-8800
	Triumph Youth Services, LLC	(435) 438-5061
	Turn-About Ranch	(800) 842-1165
	Turnabout/Stillwater Academy	(866) 369-4600
	Uinta Academy	(435) 245-2600
	Vista, RTC	(801) 250-9762
	Waterfall Canyon Academy	(801) 621-3901
	WinGate Wilderness Therapy	(801) 376-2880
	Youth Care	(800) 786-4924
Virginia	Graydon Manor	(703) 777-3485
	Little Keswick School	(434) 295-0457
	New Lifestyles	(540) 722-4521
	The Discovery Schools of Virginia	(434) 983-5616
Vermont	Bromley Brook School	(802) 362-9966
	King George School	(802) 467-1200
	Spruce Mountain Inn	(802) 454-8353
	True North Wilderness Program	(802) 583-1144

Program Listing by State (Cont'd)

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Washington	Gray Wolf Ranch	(800) 571-5505
	Life Designs Ranch	(509) 445-0185
	Odyssey Wilderness Programs	(360) 671-4999
	Penrith Farms	(509) 447-0665
	Tamarack Center	(800) 736-3410
Wisconsin	Northwest Passage Child & Adolescent Center	(715) 327-4402
	Rogers Memorial Hospital - Child & Adolescent Center	(800) 767-4411
Wyoming	Mount Carmel Youth Ranch	(307) 645-3322
	Trinity Teen Solutions, Inc.	(307) 645-3384

International Programs

Canada		
Belleville	Applewood Academy	(613) 962-1042
Ontario	Pine River Institute	(416) 955-1453
Ontario	Wendigo Lake Expeditions	(705) 386-2376
Costa Rica		
Alajuela	New Summit Academy of Costa Rica	(414) 921-1388

Program Listing by Gender

Female Only Programs

	Phone
The Academy at Sisters	(800) 910-0412
Alpine Academy	(800) 244-1113
Aulderm Academy	(919) 837-2336
Bromley Brook School	(802) 362-9966
Center for Change	(888) 224-8250
Chrysalis	(406) 889-5577
Clearview Horizon, Inc.	(208) 263-5894
Copper Canyon Academy	(928) 567-1322
Cottonwood de Tucson	(800) 877-4520
Evangelhouse® Christian Academy	(800) 924-4012
Falcon Ridge Ranch Academy	(435) 635-5260
Fulshear Ranch Academy	(888) 874-7503
Germaine Lawrence	(781) 648-6200
Kolob Canyon	(435) 865-1437
La Europa Academy	(801) 268-9300
Maple Lake Academy	(801) 798-7700
New Haven	(801) 794-1218
New Leaf Academy of Oregon	(541) 318-1676
Ponca Pines Academy	(402) 457-1421
Solstice RTC	(801) 444-0794
South Shore Academy	(219) 766-2999
Spring Ridge Academy	(928) 632-4602
Sunrise RTC	(435) 635-1185
Uinta Academy	(435) 245-2600

Male Only Programs

	Phone
Birdseye Boys Ranch	(877) 467-1681
Catalyst Residential Treatment, LLC	(435) 723-4600 x347
Cherokee Creek Boys School	(864) 647-1885
Cherry Gulch	(208) 365-3437 x502
Coral Reef Academy	(702) 233-0444
Daybreak Canyon	(208) 655-4111
Discovery Connections	(801) 374-2121
Eagle Summit	(573) 485-3695
Eagleton School, Inc	(413) 528-4385
Elk Mountain Academy	(406) 847-4400
Heart Mountain New Beginnings	(307) 754-0180
Forest Heights Lodge	(303) 674-6681
In Balance Ranch Academy	(520) 722-9631
Insight Intensive at Gold Lake	(303) 952-1444
Little Keswick School	(434) 295-0457
Montcalm School for Boys	(866) 244-4321

Program Listing by Gender (Cont'd)

Male Only Programs (cont'd)

	Phone
Mount Carmel Youth Ranch	(307) 645-3322
New Summit Academy of Costa Rica	(414) 921-1388
Oxbow Academy	(435) 436-9460
Penikese Island School	(508) 548-7276
Stone Mountain School	(828) 669-8639
Telos Residential Treatment, LLC	(801) 426-8800
The Discovery Schools of Virginia	(434) 983-5616
Wendigo Lake Expeditions	(705) 386-2376 x201
Wilderness Treatment Center	(406) 854-2832

Coeducational Programs with Single Gender Groups

	Phone
Adirondack Leadership Expeditions	(518) 897-5011
Aspiro, Inc.	(888) 266-5136
Bridges to Recovery	(310) 459-0613
Eastwood Center	(435) 713-7777
Eckerd Academy of the Blue Ridge	(800) 914-3937
Open Sky Wilderness Therapy	(970) 497-2725
Outback Therapeutic Expeditions	(801) 766-3933
Paint Rock Valley	(256) 776-2503
Phoenix Outdoor	(888) 828-9770
RedCliff Ascent	(800) 898-1244
SeaChange Hawai'i	(808) 235-1377
Second Nature Blue Ridge	(706) 212-2037
Second Nature Cascades	(541) 382-1620
Second Nature Uintas	(435) 738-2040
SUWS of the Carolinas	(888) 828-9770
Talisman Academy	(828) 697-6313
The Discovery Schools of Virginia	(434) 983-5616
Trails Carolina	(828) 885-5920
WinGate Wilderness Therapy	(435) 644-3654

Programs Listing by Age Group

Program	From Age	To Age	Phone
Intermountain	4	13	(800) 200-9112
Forest Heights Lodge	5	14 +	(303) 674-6681
Hunter School	5	15	(603) 786-2922
Meridell Achievement Center	5	17	(800) 366-8656
Applewood Academy for Progressive Learning	6	18	(613) 962-1042
Northwest Passage Child & Adolescent Center	6	17	(715) 327-4402
The Wediko School	6	21	(603) 478-5236
Woodland Springs Lodge	6	17	(573) 265-3251 x301
Chaddock	8	21	(217) 222-0034 x347
Lakeview School at Lakeview NeuroRehabilitation Center	8	21	(603) 539-8712
Provo Canyon School	8	17	(801) 491-3910
Rogers Memorial Hospital - Child & Adolescent Center	8	18	(800) 767-4411
Eagleton School	9	22	(413) 528-4385
Cherry Gulch	10	14	(208) 365-3437
Eckerd Academy at Brooksville	10	17	(800) 914-3937
Graydon Manor	10	17	(703) 777-3485
Little Keswick School	10	17	(434) 295-0457
New Leaf Academy of Oregon	10	14	(541) 318-1676
SUWS of the Carolinas	10	17	(888) 828-9770
Trails Carolina	10	13	(888) 387-2457
Valley View School	10	15	(508) 867-6505
Cherokee Creek Boys School	11	15	(864) 647-1885
F.L. Chamberlain School	11	18	(508) 947-7825
Grove School	11	18	(203) 245-2778
Second Nature Blue Ridge	11	17	(706) 212-2037
Stone Mountain School	11	17	(828) 669-8639
SUWS Adolescent & Youth Programs	11	13	(208) 886-2565
The Discovery Schools of Virginia	11	17	(434) 983-5616
Alpine Academy	12	17	(800) 244-1113
ANASAZI Foundation	12	17	(480) 892-7403
Copper Hills Youth Center	12	17	(800) 776-7116
Daybreak Canyon	12	17	(208) 312-4117
Discovery Academy	12	18	(801) 374-2121
Estrella Vista Ranch	12	18	(520) 586-9254
Evangel House Christian Academy	12	18	(800) 924-4012
Explorations	12	18	(406) 827-3863
Germaine Lawrence	12	18	(781) 648-6200
Heritage Schools	12	18	(800) 433-9413

Programs Listing by Age Group (Cont'd)

Program	From Age	To Age	Phone
Logan River Academy	12	18	(435) 755-8400
Menninger Clinic	12	17	(800) 351-9058
Montcalm School for Boys	12	18	(866) 244-4321
Montcalm School for Girls	12	18	(866) 244-4321
Mount Carmel Youth Ranch	12	17	(307) 645-3322
Mountain Homes Youth Ranch	12	17	(435) 781-2450
New Haven	12	17	(801) 794-1218
Newport Academy	12	17	(877) 628 3367
Red Rock Canyon School	12	18	(800) 635-4441
Ridge Creek	12	17	(706) 867-1720
Rimrock Trails Adolescent Treatment Services (ATS)	12	17	(541) 447-2631
Sorenson's Ranch School	12	18	(435) 638-7318
South Shore Academy	12	20	(219) 766-2999
Sunrise RTC	12	17	(435) 635-1185
Talisman Academy	12	24	(828) 697-6313
Tamarack Center	12	17	(800) 736-3410
The Pinnacle Schools/Elk River	12	18	(256) 518-9998
Trinity Teen Solutions, Inc.	12	17	(307) 645-3384
Triumph Youth Services, LLC	12	18	(435) 438-5061
Turnabout/Stillwater Academy	12	17	(866) 369-4600
Turning Winds Academic Institute	12	18	(406) 295-5400
Uinta Academy	12	17	(435) 245-2600
Youth Care	12	18	(800) 786-4924
Adirondack Leadership Expeditions	13	17	(518) 897-5011
Aspen Institute for Behavioral Assessment	13	17	(801) 825-5222
Aspen Ranch	13	18	(877) 231-0734
Aspiro Group, Inc.	13	17	(888) 266-5136
Birdseye RTC	13	18	(877) 467-1681
Boulder Creek Academy	13	18	(877) 348-0848
Bridges Academy	13	18	(541) 318-9345
Bromley Brook School	13	18	(802) 362-9966
CALO (Change Academy Lake of the Ozarks)	13	18	(877) 879-CALO
Catalyst Residential Treatment, LLC	13	18	(435) 723-4600
Catherine Freer Wilderness Therapy Programs	13	18	(800) 390-3983
Cedar Ridge Academy	13	17	(435) 353-4498
Center for Change	13	17	(888) 224-8250
Chrysalis	13	18	(406) 889-5577
Clearview Horizon, Inc.	13	21	(208) 263-5894

Programs Listing by Age Group (Cont'd)

Program	From Age	To Age	Phone
Cottonwood de Tucson	13	18	(800) 877-4520
Discovery Ranch	13	18	(801) 489-3311
Eagle Summit	13	18	(573) 485-3695
Eastwood Center	13	17	(435) 713-7777
Family Foundation School	13	18	(845) 887-5213
Gateway Academy, LLC	13	17	(801) 463-7888
Innercept	13	17	(208) 665-7178
Ironwood	13	18	(207) 342-3655
Island View RTC	13	17	(801) 773-0200
King George School	13	20	(802) 467-1200
Kootenai Behavioral Health Center	13	17	(208) 765-4800
Maple Lake Academy	13	17	(801) 798-7700
Odyssey Wilderness Programs	13	17	(360) 671-4999
Open Sky Wilderness Therapy	13	17	(970) 382-8181
Outback Therapeutic Expeditions	13	17	(801) 766-3933
Oxbow Academy	13	17	(435) 436-9460
Paint Rock Valley	13	18	(256) 776-2503
Pine River Institute	13	19	(416) 955-1453
RedCliff Ascent	13	17	(800) 898-1244
Santiam Crossing School	13	18	(503) 394-4294
Schrom Boy's Home at Hawks Landing	13	17	(208) 267-6569
Second Nature Cascades	13	18	(541) 382-1620
Second Nature Entrada	13	17	(435) 674-9310
Second Nature Uintas	13	17	(435) 738-2040
Spring Ridge Academy	13	17	(928) 632-4602
Summit Achievement	13	19	(207) 697-2020
SunHawk Academy	13	17	(800) 214-3878
Sunrise RTC	13	17	(435) 635-1185
Telos Residential Treatment, LLC	13	17	(801) 426-8800
The Academy at Sisters	13	18	(800) 910-0412
The Journey, LLC (the Journey at Mount Pleasant)	13	18	(801) 375-4240
The Village	13	18	(800) 255-8336
Trails Carolina	13	17	(888) 387-2457
Turn-About Ranch	13	17	(800) 842-1165
Vista, RTC	13	17	(801) 250-9762
Waterfall Canyon Academy	13	25	(801) 621-3901
Wellspring Academy	13	18	(866) 364-0808
WinGate Wilderness Therapy	13	17	(801) 376-2880
Academy at Swift River	14	18	(800) 258-1770
Aulder Academy	14	19	(919) 837-2336

Programs Listing by Age Group (Cont'd)

Program	From Age	To Age	Phone
Building Bridges	14	18	(406) 827-9853
Copper Canyon Academy	14	17	(877) 617-1222
Cumberland Heights/ River Road Academy	14	18	(615) 356-2700
Discovery Connections	14	17	(801) 374-2121
Elk Mountain Academy	14	18	(406) 847-4400
Gray Wolf Ranch	14	25	(800) 571-5505
In Balance Ranch Academy	14	17	(520) 722-9631
Kailana	14	18	(808) 235-1377
Kolob Canyon	14	17	(435) 865-1437
La Europa Academy	14	17	(801) 268-9300
Montana Academy	14	17	(406) 755-3149
Oakley School	14	19	(435) 783-5001
Phoenix Outdoor	14	17+	(888) 828-9770
SeaChange Hawai'i	14	17	(808) 235-1377 x275
Solstice RTC	14	17	(801) 444-0794
Summit Preparatory School	14	17	(406) 758-8113
SUWS Adolescent & Youth Programs	14	17	(208) 886-2565
True North Wilderness Program	14	17	(802) 583-1144
Wendigo Lake Expeditions	14	17	(705) 386-2376 x201
Wilderness Treatment Center	14	24	(406) 854-2832
New Summit Academy of Costa Rica	15	18	(414) 921-1388
Northwest Academy	16	18	(208) 267-3524
Ponca Pines Academy	16	19	(402) 457-1421
Fulshear Ranch Academy	17	25	(888) 874-7503
Optimum Performance Institute	17	25	(888) 558-0617
Spectrum College Transition Program	17	24	(480) 443-7331
Spruce Mountain Inn	17	and up	(802) 454-8353
New Roads Treatment Center	17.5	28	(801) 669-5888
NorthStar Center	17.5	24	(866) 313-7580
ANASAZI Foundation	18	25	(480) 892-7403
Aspiro Group, Inc.	18	28	(888) 266-5136
Benchmark Transitions	18	28	(800) 474-4848
Bridges to Recovery	18+		(310) 459-0613
Center for Change	18+		(888) 224-8250
Decision Point Center	18+		(928) 778-4600
Dragonfly Transitions	18	24	(541) 850-0841
Echo Springs Transition Study Center	18	24	(888) 688-3246
Explorations	19+		(406) 827-3863
Four Circles Recovery Center	18	28	(828) 891-2221
Grove School	18	23	(203) 245-2778
Innercept	18	24	(208) 665-7178
Insight Intensive at Gold Lake	18	25	(303) 952-1444

Programs Listing by Age Group (Cont'd)

Program	From Age	To Age	Phone
Life Designs Ranch	18	26	(509) 445-0185
Living Well Transitions	18+		(303) 245-1020
Mountain Homes Youth Ranch	18	25	(435) 781-2450
New Lifestyles	18	26	(540) 722-4521
Open Sky Wilderness Therapy	18	28	(970) 382-8181
Pasadena Villa	18	Above	(877) 245-5235
Passages to Recovery	18	and up	(866) 625-8809
Penrith Farms	18	26	(509) 447-0665
RedCliff Ascent	18	24	(800) 898-1244
Second Nature Entrada	18	50	(435) 674-9310
Wellspring Academy	18	26	(866) 364-0808
WinGate Wilderness Therapy	18	26	(801) 376-2880

Program Listing by Type

Boarding Schools

Academy at Swift River
Oakley School

Boarding Schools - Emotional Growth

The Discovery Schools of Virginia
Talisman Academy

Boarding Schools - Specialized for HS and College aged

Wellspring Academy

Boarding Schools - Therapeutic

Academy at Sisters
Academy at Swift River
Applewood Academy for Progressive Learning
Aulder Academy
Boulder Creek Academy
Bridges Academy
Bromley Brook School
Cedar Ridge Academy
Cherokee Creek Boys School
Cherry Gulch
Chrysalis
Clearview Horizon, Inc.
Copper Canyon Academy
Discovery Academy
Eagle Summit
Elk Mountain Academy
Evangelhouse® Christian Academy
Family Foundation School
F.L. Chamberlain International School
Forest Heights Lodge
Grove School
Hunter School
In Balance Ranch Academy
Innercept
King George School
Little Keswick School
Montana Academy
Montcalm School for Boys
Montcalm School for Girls

Boarding Schools - Therapeutic (Cont'd)

New Summit Academy of Costa Rica
Northwest Academy
Oakley School
Ridge Creek
Ponca Pines Academy
Santiam Crossing School
Spring Ridge Academy
Stone Mountain School
Summit Preparatory School
Turning Winds Academic Institute
Valley View School

Outdoor Therapeutic Programs

Eckerd Academy at Brooksville
Explorations
Mount Carmel Youth Ranch
Mountain Homes Youth Ranch
Phoenix Outdoor
Second Nature Blue Ridge
Second Nature Entrada
SUWS Adolescent & Youth Programs

Residential Treatment Centers

Alpine Academy
Aspen Ranch
Birdseye Boys Ranch
Bridges to Recovery
CALO (Change Academy Lake of the Ozarks)
Catalyst Residential Treatment, LLC
Center for Change
Chaddock
Copper Hills Youth Center
Cottonwood de Tucson
Cumberland Heights/ River Road Academy
Daybreak Canyon
Decision Point Center
Discovery Connections
Discovery Ranch
Eagleton School

Program Listing by Type (Cont'd)

Residential Treatment Centers (Cont'd)

Eastwood Center
 Estrella Vista Ranch
 Gateway Academy, LLC
 Germaine Lawrence
 Gray Wolf Ranch
 Graydon Manor
 Heritage Schools
 Intermountain
 Ironwood
 Island View RTC
 Kailana at Marimed Foundation
 Kolob Canyon
 Kootenai Behavioral Health Center
 La Europa Academy
 Lakeview School at Lakeview
 NeuroRehabilitation Center
 Logan River Academy
 Maple Lake Academy
 Meridell Achievement Center
 New Haven
 Newport Academy
 Northwest Passage Child & Adolescent Center
 Oxbow Academy
 Paint Rock Valley
 Pasadena Villa
 Pine River Institute
 Provo Canyon School (North University Ave.)
 Red Rock Canyon School
 Rimrock Trails Adolescent Treatment Services (ATS)
 Rogers Memorial Hospital - Child & Adolescent Center
 Schrom Boy's Home at Hawks Landing
 Solstice RTC
 Sorenson's Ranch School
 South Shore Academy
 Spruce Mountain Inn
 SunHawk Academy
 Sunrise RTC
 Tamarack Center

Residential Treatment Centers (Cont'd)

Telos Residential Treatment, LLC
 The Journey, LLC (the Journey at Mount Pleasant)
 The Pinnacle Schools/Elk River
 The Village
 The Wediko School
 Trinity Teen Solutions, Inc.
 Triumph Youth Services, LLC
 Turn-About Ranch
 Uinta Academy
 Vista, RTC
 Wilderness Treatment Center
 Woodland Springs Lodge
 Youth Care

Residential Treatment Centers - Eating Disorders

Center for Change

Small Residential Programs

Building Bridges
 Explorations
 Turnabout/Stillwater Academy
 Waterfall Canyon Academy

Specialty Psychiatric & Behavioral Hospitals

Aspen Institute for Behavioral Assessment
 Rogers Memorial Hospital - Child & Adolescent Center
 Menninger Clinic

Transitional Independent Living Programs

Benchmark Transitions
 Chaddock
 Dragonfly Transitions
 Echo Springs Transition Study Center
 Fulshear Ranch Academy
 Living Well Transitions
 New Roads Treatment Center
 Spectrum College Transition Program

Program Listing by Type (Cont'd)

Wilderness Programs

Adirondack Leadership Expeditions
 ANASAZI Foundation
 Aspiro Group, Inc.
 Catherine Freer Wilderness Therapy Programs
 Mountain Homes Youth Ranch
 Odyssey Wilderness Programs
 Open Sky Wilderness Therapy
 Outback Therapeutic Expeditions
 Passages to Recovery
 RedCliff Ascent
 SeaChange Hawai'i at Marimed Foundation
 Second Nature Cascades
 Second Nature Uintas
 Summit Achievement
 SUWS of the Carolinas
 Trails Carolina
 True North Wilderness Program
 Wendigo Lake Expeditions
 Wilderness Treatment Center
 WinGate Wilderness Therapy

Benchmark Transitions
 Dragonfly Transitions
 Echo Springs Transition Study Center
 Four Circles Recovery Center
 Fulshear Ranch Academy
 Innercept
 Insight Intensive at Gold Lake
 Life Designs, Inc.
 New Lifestyles, Inc.
 NorthStar Center
 Optimum Performance Institute
 Penrith Farms
 Second Nature Entrada
 Spruce Mountain Inn

Young Adult Programs

SEVIS (Student and Exchange Visitor Information System) Approved**Programs**

Academy at Sisters
 Academy at Swift River
 Alpine Academy
 Auldern Academy
 Boulder Creek Academy
 Bridges Academy
 Bromley Brook School
 Chaddock
 Cherokee Creek Boys School
 Cherry Gulch
 Discovery Academy
 Discovery Connections
 Eckerd Academy at Brooksville
 Elk Mountain Academy
 F.L. Chamberlain School
 Family Foundation School
 Grove School
 Heritage Schools, Inc.
 Hunter School
 Innercept
 Island View RTC
 Kolob Canyon
 La Europa Academy
 Logan River Academy
 Menninger Clinic
 Montana Academy
 New Haven
 New Leaf Academy of Oregon
 Outback Therapeutic Expeditions
 Provo Canyon School
 Ridge Creek School
 Summit Achievement
 Summit Preparatory School
 The Discovery Schools of Virginia, Inc.
 The Village
 The Wediko School
 Turn-About Ranch
 Turnabout/Stillwater Academy
 Valley View School

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 (801) 374-2121
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 (203) 245-2778
 (800) 433-9413
 (603) 786-2922
 (208) 665-7178
 (801) 773-0200
 (435) 865-1437
 (801) 268-9300
 (435) 755-8400
 (800) 351-9058
 (406) 755-3149
 (801) 794-1218
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 (801) 766-3933
 (801) 491-3910
 (706) 867-1720
 (207) 697-2020
 (406) 758-8113
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 (800) 255-8336
 (617) 292-9200
 (800) 842-1165
 (866) 369-4600
 (508) 867-6505

Acronym Definitions

AACAP	American Academy of Child & Adolescent Psychiatry	MAAPS	Massachusetts Association of Approved Private Schools
AACC	American Association of Christian Counselors	MADSEC	Maine Administrators of Services for
AACRC	American Association of Children's Residential Centers	MEDA	Massachusetts Eating Disorder Association
AAMFT	American Association for Marriage and Family Therapy	MHA	Mental Health Association Children with Disabilities
ACA	American Camp Association	MPA	Maine Principles Association
ACATA	Alliance Counteracting Alcohol and Tobacco Advertising Targeting Youth	NAADAC	The Association for Addiction Professionals
ACCT	Association for Challenge Course Technology	NAAS	Northwest Association of Accredited Schools
AED	Academy for Educational Development	NAATP	National Association of Addiction Treatment Providers
AEDP	Association of Eminent Domain Professionals	NAIS	National Association of Independent Schools
AEE	Association for Experiential Education	NAPHS	National Association of Psychiatric Health Systems
AHHA	American Holistic Health Association	NAPSEC	The National Association of Private Special Education Centers
AHHAP	Association of Halfway House Alcoholism Programs	NASW	National Association of Social Workers
AMCAP	Association of Mormon counselors and Psychotherapists	NATWC	National Association of Therapeutic Wilderness Camping
ANAD	National Association of Anorexia Nervosa and Associated Disorders	NBCDI	National Black Child Development Institute
APA	American Psychological Association	NCTRC	National Council for Therapeutic Recreation Certification
ARTA	American Residential Treatment Association	NEDA	National Eating Disorders Association
CAMFT	California Association for Marriage and Family Therapy	NHASEA	New Hampshire Association of Special Education Administrators
CAPS	Christian Association of Psychological Studies	NIPSA	National Independent Private Schools Association
CHADD	Children and Adults with Attention Deficit Disorder	NNY	Northwest Network of Youth
CITA	Commission on International and Trans-Regional Accreditation	NPSAG	National Private Schools Association Group
CWLA	Child Welfare League of America	NSC	National Safety Council
EAGALA	Equine Assisted Growth and Learning Association	NWEA	Northwest Evaluation Association
EAP	Employee Assistance Professional Association	OBHIC	Outdoor Behavioral Healthcare Industry Council
EIA	Education Industry Association	OBHRC	Outdoor Behavioral Healthcare Research Cooperative
GAIS	Georgia Association of Independent Schools	SAATB	Secondary School Admission Test
GAPSEC	Georgia Association of Private Schools for Exceptional Children	SACAVA	Substance Abuse Certification Alliance of Virginia
GISA	Georgia Independent Schools Association	SACS	Southern Association of Colleges and Schools
IADDA	Illinois Alcoholism and Drug Dependence Association	SBSA	Small Boarding School Association
IAEDP	International Association of Eating Disorders Professionals	SBSI	Strength Based Services International
IASE	International Association for Statistical Education	SEVIS	Student and Exchange Visitor Information System
IECA	Independent Educational Consultants Association	SSATB	Secondary School Admission Test
ISPA	Independent Small Programs Alliance	TACC	Tennessee Association of Children's Centers
LDA	Learning Disabilities Association of America	TAPG	Therapeutic Adventure Professional Group
		USPRA	United States Psychiatric Rehabilitation Association
		VAISEF	Virginia Association of Independent Specialized Education Facilities
		WFMH	World Federation for Mental Health

The National Association of Therapeutic Schools and Programs

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