



NATSAP
 NATIONAL ASSOCIATION
 OF THERAPEUTIC
 SCHOOLS AND PROGRAMS

2016-2017
DIRECTORY

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About The National Association of Therapeutic Schools and Programs

NATSAP was created in January of 1999 to serve as a national resource for programs and professionals assisting young people beleaguered by emotional and behavioral difficulties. NATSAP publishes a directory annually to inform professionals, programs, and families about the many residential placement alternatives available to help struggling young people.

Listed alphabetically, the schools and programs in the *2016-2017 Directory* are diverse. From boarding schools and residential treatment centers to wilderness therapy programs and group homes, the directory's listings offer a wide range of programmatic types, lengths of stay and services to meet the needs of a variety of troubled young people. The upper section in each listing provides the reader with pertinent contact and program information, while the paragraph section is split into three parts describing operational philosophy, candidate and population specifics and an overview of how services are provided.

Matching the services of a particular school or program to the specific needs of a young person is arguably the most important decision that will ever be made on behalf of that young person. The NATSAP directory is not intended to supply enough information to make a placement. NATSAP encourages programs, professionals and families to have appropriate academic and psychological testing conducted and to use multiple informational resources before suggesting or pursuing a placement for any young person in any program.

Each young person has his or her own specific needs that must be determined in detail before placement in any program is appropriate. Since NATSAP has no means of determining the needs of young people whose counselors or families may be using this directory, we do not recommend specific programs.

The National Association of Therapeutic Schools and Programs is a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people. NATSAP is not an accrediting or licensing body. All members are either licensed by their respective state or accredited by one or more nationally-recognized accreditation bodies.

All programs listed in the *2016-2017 Directory* are members as of September 1, 2016.

Ethical Principles

Members of the National Association of Therapeutic Schools and Programs (NATSAP) provide residential, therapeutic, and/or education services to children, adolescents and young adults entrusted to them by parents and guardians. The common mission of NATSAP members is to promote the healthy growth, learning, motivation and personal well-being of program participants. The objective of member therapeutic and educational programs is to provide excellent treatment for program participants, treatment that is rooted in good-hearted concern for their well-being and growth, respect for them as human beings and sensitivity to their individual needs and integrity.

Therefore, all NATSAP member programs strive to:

1. Be conscious of, and responsive to, the dignity, welfare and worth of our program participants.
2. Honestly and accurately represent ownership, competence, experience, and scope of activities related to our program and to not exploit potential clients' fears and vulnerabilities.
3. Respect the privacy, confidentiality and autonomy of program participants within the context of our facilities and programs.
4. Be aware and respectful of cultural, familial and societal backgrounds of our program participants.
5. Avoid dual or multiple relationships that may impair professional judgment, increase the risk of harm to program participants or lead to exploitation.
6. Take reasonable steps to ensure a safe environment that addresses the emotional, spiritual, educational and physical needs of our program participants.
7. Maintain high standards of competence in our areas of expertise and to be mindful of our limitations.
8. Value continuous professional development, research and scholarship.
9. Place primary emphasis on the welfare of our program participants in the development and implementation of our business practices.
10. Manage our finances to ensure that there are adequate resources to accomplish our mission.
11. Fully disclose to prospective candidates the nature of services, benefits, risks and costs.
12. Provide informed, professional referrals when appropriate or if we are unable to continue service.
13. NATSAP members agree to not facilitate or practice reparative therapy.

Program Definitions

Therapeutic Boarding Schools – These schools generally provide an integrated educational milieu with an appropriate level of structure and supervision for physical, emotional, behavioral, familial, social, intellectual and academic development. These schools grant high school diplomas or award credits that lead to admission to a diploma granting secondary school. Each school will vary in their approach to the emotional and behavioral needs of the child and we urge parents to review this approach with the professional that has been working with their child to ensure appropriate placement. Placement at these boarding schools can range from 12 months to 2 years depending on the program's therapeutic components.

Non-Residential Programs – These programs are designed to serve youth and young adults who can benefit from community-based treatment including, but not limited to: outpatient therapy, recreational therapy, community service, academics, mentoring, coaching and support with addictions. These programs are overseen by a licensed clinician, and when offering academic credits, must have appropriate accreditation. Day treatment models, as well as community-based mentoring and counseling models which include in-home and community interventions may be typical of this category.

Outdoor Behavioral Health (Wilderness Therapy Programs and Outdoor Therapeutic Programs) – subscribe to a diverse treatment model that incorporates a blend of therapeutic modalities, but do so in the context of wilderness environments and backcountry travel. The approach has evolved to include client assessment, development of an individual treatment plan, the use of established psychotherapeutic practice, and the development of aftercare plans. Outdoor behavioral health programs apply wilderness therapy in the field, which contains the following key elements that distinguish it from other approaches found to be effective in working with adolescents: 1) the promotion of self-efficacy and personal autonomy through task accomplishment, 2) a restructuring of the therapist-client relationship through group and communal living facilitated by natural consequences, and 3) the promotion of a therapeutic social group that is inherent in outdoor living arrangements.

Residential Treatment Centers – The focus of these programs is behavioral support. Medication management and medical monitoring is generally available on-site. These facilities treat adolescents with serious psychological and behavior issues. Most are Joint Commission (JCAHO) accredited. These facilities provide group and individual therapy sessions. They are highly structured and offer recreational activities and academics.

Transitional Independent Living Programs – These programs are designed to serve young adults over the age of 18 years who could benefit from a safe, supportive environment and life skills training as they transition into adulthood. Many offer access to community-based self-help groups such as 12 step programs and may have a psychiatric component. Generally, these programs offer educational programs that are linked to community colleges or universities or provide schooling at their location. Volunteering, employment arrangements, community service and re-integration into the community at large are general components of the programs. Many operate on a small residential model and transition to a community based, independent living apartment model. Young Adult Programs are designed to work exclusively with young adults and may not be able to be fully licensed or accredited as an entity but have therapeutic services that are overseen by a licensed clinical professional.

NATSAP's Role

NATSAP is not a referral or placement agency, or an accreditation or licensing organization. We are a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people.

About NATSAP's Members

NATSAP's membership is composed of programs, both established and new, that have made a commitment to following national standards.

All programs applying for membership or renewing in NATSAP must:

1. Be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally accredited behavioral health accreditation agency — Joint Commission, COA, CARF, NIPSA - Therapeutic
2. Have therapeutic services with oversight by a qualified clinician
3. Aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice

Questions to Ask Before Making A Final Placement Selection

You will probably never have to make a more important decision in your life than placing your child in a residential treatment facility, whether it is a therapeutic boarding school, a wilderness/outdoor behavioral program or a residential treatment center. As we have indicated on our web site and provided in many of our articles, we presume you have explored all options before deciding to send your child to a residential program. By now, you have selected one or more that you believe will best serve your child. Before making that final decision, we highly recommend that you take the time to explore the following very important areas concerning your child's care in the facility. We urge you not to make a decision until you have explored all of these factors.

Overall

- What makes your program a good choice for my child (medical, therapeutic, academic factors)?
- What kind of supervision is there as the child progresses through the day?

Admissions

- What are your admissions criteria?
- What criteria exclude a child from consideration?
- When will space be available? How many clients are enrolled?
- What patient consents are needed, if any?
- What play/entertainment activities are available?
- Who reviews my child's application? What are their credentials?
- What are the costs? What does this cost cover?
- Are there additional costs? If so, what are they?
- How long will the admissions process take?
- Who will I be meeting with during the admissions process?
- Will I be able to say goodbye to my child after the admissions process is complete?

Questions to Ask Before Making A Final Placement Selection

Licensing and Accreditation

- Are you licensed by the State? What type of license? What State office issued the license?
- Are you accredited by a mental health agency, such as The Joint Commission (JCAHO), Council on Accreditation (COA), Commission on Accreditation of Rehabilitation Facilities (CARF), or National Independent Private School Association (NIPSA)
- Do you have a Clinical Director? What are his/her credentials? May I meet him/her? What is their degree of involvement with the child? Are they on-site full-time?
- What are the credentials of the staff that will be working with my child? Specifically the credentials of the counselors and/or therapists. Are they certified? Licensed within your State?
- With what organizations are you affiliated?

Therapeutic Model/Clinical

- Is there a description of your therapeutic model using terminology one can use to gain a better understanding through further research?
- How would you describe your therapeutic model? How is the child's behavior shaped?
- Will my child be receiving clinical therapy? How often?
- What will be expected of the parents during the program?
- Do you provide family therapy? How is it executed?
- Do you provide group therapy? If so, who facilitates the therapy sessions? Are there specific group therapies offered? (i.e. adoption issues, drug/alcohol abuse, etc.)
- How is my child's progress judged? Who participates in determining my child's progress?

If applicable:

- By what means will the child improve their understanding of their true nature? Be able to sense the onset of issues? Be able to cope with these issues?
- How closely involved are the psychiatrists/medical staff involved? What is the link between the neurological assessment and medication and the therapeutic components of the treatment and between the medical and therapeutic staff?

Academics

- Do you provide an academic curriculum?
- If so, what is the core curriculum?
- Are you accredited by a national or regional accrediting agency? Is this accreditation through a 3rd party? If so, what is their name?
- Do you have teachers? If so, are they certified or licensed within your State? Academic qualifications? Special Ed qualifications?
- How many students are in a class?
- Is your academic curriculum internet/computer based?
- Do you offer high school credits that can be transferred to other educational institutions?
- Do you award high school diplomas? Of the graduates, what percentage go to college? What do the others do?
- Any vocational training? Vocational certificates?
- What accommodations are available for needs defined by IEPs or by their equivalences?
- How heterogeneous are the classes? How much individual instruction is the norm and how are varied skill levels accommodated?

Questions to Ask Before Making A Final Placement Selection

Academics (Cont'd)

- What percentage of your student body fails courses they do not like?
- Will a student transitioning to a public school at the same grade level be on par academically?
- Is the academic program a 12-month program?
- Is homework given regularly? How is its accomplishment managed?

If applicable:

- Do any neuro-psychological or therapeutic assessments influence the teaching style?

Medical

- Can my child be on medication while at your facility?
- Who is responsible for the medication management? His/her credentials?
- Where is the medication stored? Who has access to the medication?
- Who administers the medication? What is their training?
- How will the efficacy of the child's medication be assessed both initially and thereafter?

If applicable:

- Will there be a physiological/neurological component and how will that be used to inform the choice of medication? How/when will the parents be notified?
- How does the interaction between the medical (and medicinal), therapeutic, and academic staff ensure integrated treatment?

Direct Care Staff

- What type of training is provided to your direct care staff?
- What are their duties and qualifications?
- Do you perform background checks? Who does the background check? How extensive is it?
- Do you provide on-going training for your staff?
- What is the staff experience level and qualifications and what is the staff's stability?

Risk Management

- What measures do you have in place to keep my child safe?
- What are your discipline procedures with resistant students? How are outbursts handled and what means are used to obtain control? Quiet room upon request? Locked room? Restraints? Sedation?
- How do you deal with risk-taking behaviors? (i.e. running away, self-harm, etc.)
- Will my child be exposed to other students that have more negative behaviors? Will children with criminal pasts interact with my child?
- What if my child becomes ill? Do you have a nurse on staff? Will you transport my child to medical facilities? In case of a medical/psychological emergency, how close is the nearest fully capable emergency facility?
- How do you handle children at risk of suicide?
- What special programs do you offer, for example, for children that have experimented with drugs?
- What steps do you take to negate risky behavior—for example, checking medication?
- How do you handle allegations of abuse? What protections are there for the children and staff? How high in the organization does the person handling abuse complaints report to?

Questions to Ask Before Making A Final Placement Selection

Questions for Specific Program Types

- *Short Term Outdoor/Wilderness Program*
 - How do you handle severe weather?
 - How do you handle emergencies?
 - What type of food do you provide?
 - How do you manage personal hygiene?
- *Long Term Residential Specific*
 - Are you a locked facility? Locked for how long? Any opportunity to go outside? To play sports? What relief is offered?
 - Is there 24-hour awake staff supervision?
 - How often will I see my child?
 - Will I be able to speak with my child on the telephone?
 - Will I be able to write and receive letters?
 - What is the reporting structure to parents? Periodic? At decision points?
 - Who is the parental point of contact?
 - How are parents kept in-the-loop? What are parental roles and expected interactions, if any?

Success Rate / Outcomes

- What is your success rate?
- Do you administer an outcome study? If so, where is that data?
- Do you have students return to your program? What percentage?
- What percentage of your graduates are subsequently hospitalized?
- What constitutes successful treatment? What criteria are used to evaluate the degree of success achieved? Who evaluates success?
- What percentage do not succeed therapeutically after spending enough time so that more time would not help?
- How much follow-up do you do and what kind of data do you collect?

Transition / Next Step

- How many of your students return home after the program? If they don't return home, where do they go?
- Will your program help us assess what is the next best step? The kind of care required in the next step?
- Will I need an educational consultant to plan a next step? Do you compensate an educational consultant for any reason?
- Do you provide aftercare?
- If there are transitions between discrete components of the program, how is continuity maintained?
- If the child will transition to an outside program, what arrangements will be made to prepare the child for a smooth transition?
- How will your products (e.g., reports/assessments) be useful in the next step?
- Do you help prepare the child for the activities of daily living?
- When pertinent, how do you assist re-integration into the family?

More Information

NATSAP has more information on the selection of the appropriate placement plus other important information on our web site www.natsap.org. We encourage you to review the Parent and Referring Professional section of our web site.

The National Association of Therapeutic Schools and Programs

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No member of the National Association of Therapeutic Schools and Programs may discriminate on the basis of race, color, national or ethnic origin in their programmatic or admission policies, or in their scholarship, loan, or extracurricular programs.

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The NATSAP Alumni Advisory Council is committed to establishing and promoting excellence in both national standards for therapeutic programs and in aiding NATSAP to guide individual member programs to strive for and achieve the highest possible excellence in care and treatment. We have all had an amazing experience, which did not come from a cookie-cutter approach to healing, recovery or therapy. Our lives have been impacted by people and relationships, which brought options, alternatives and opportunities to grow and change in environments best suited to us as unique individuals and families.

Support Network for Alumni & Parents (SNAP) has been developed by the Alumni Advisory Council of the **National Association of Therapeutic Schools and Programs (NATSAP)** to empower and support families throughout their journey. SNAP serves as an advocate and resource for families and their at-risk children or young adults when seeking high-quality therapeutic and academic programs such as residential treatment centers, therapeutic boarding schools, or wilderness programs. SNAP is there for you every step of the way and can provide support when considering a program, during participation in the program and after leaving the program.

NATSAP Board Liaison: Sue Barnes

Alumni Advisory Council Members

Sue Barnes (Chair)
Helaine Sandler
Scott Wentz
Shannon Maganiezin
Kate Deily

Jan Rao
Monica Lynn Miller
Rudy Novak
Mike Kahrnoff
Peter Frankel

Dear Parents, Students and Referring Professionals,

We are writing to you as parents and students impacted by emotional, behavioral, relational and developmental conditions which devastatingly hijacked our families.

As parents, our search for and discovery of places, which could offer the safety, resources, and caring, professionally staffed programs designed to promote healing and recovery for our entire family, not just the individual, was the biggest gift we could imagine. Sadly, for some of us, we were unable to find the combination of those critical safeguards in our own communities. When our child began treatment our journey as parents was anything but easy or quiet. It unexpectedly, and even at times discouragingly, proved to be a blessing.

As student alumni of treatment programs, we have been impacted by a variety of caring professionals who helped us to help ourselves. The success we achieved came from our own character, but was not something that we knew how to channel in a positive way on our own. The skills we have gained from our trials and tribulations and the courage to overcome them have enabled us to become the strong, successful, and happy young adults that we are today. We are thankful that we had an opportunity — whether we saw it when we began treatment or not — to better ourselves.

If you are reading this letter, you may be in a place of uncertainty or fear; you may be researching or exploring possibilities; you may be searching for peace or identity. Please remember that there are many others of us who have walked this path before you, are willing to walk it alongside you and that there is hope. We urge you visit the parent information available on the NATSAP website www.natsap.org/to_parents.asp. You will find useful resource material including *Questions to Ask Before Making a Final Placement and Selecting the “Right” School/Program*.

With much hope for your future and the future of those you care for,

The NATSAP Alumni Advisory Council

NATSAP Member Benefits

As a member of NATSAP, the following benefits are available:

- **National & Regional Conferences** - All NATSAP members are encouraged to attend and present at our Annual and Regional Conferences, which occur throughout the year. A few of the many benefits of attending include professional development, continuing educational credits, and networking. Members may also promote their schools, programs, and businesses by exhibiting at conferences at preferred member rates.
- **Link ‘n Learn** - Link ‘n Learn is an innovative service that allows educational consultants and NATSAP programs to meet and network. Programs and Educational Consultants are given time to learn about and get to know one another.
- **NATSAP Leadership Summit** - The purpose of the NATSAP Leadership Summit is to create a dedicated, private, and confidential space for NATSAP program leaders to meet and discuss program development, professional growth, best practices, needed improvements, and other issues best suited to a closed group format.
- **Electronic Newsletter** - NATSAP newsletters are sent to members on a seasonal basis. These newsletters include information on developments within the Association, reviews of recently past conferences, news about upcoming conferences, committee reports, announcements of new members, and much more.
- **Electronic & Printed Directory** - All schools, programs, individual members, affiliates, and business partners are given a print and website listing in our NATSAP Directory. Listings include a page description with all contact information and detailed program information.
- **Website** – NATSAP’s website offers a wide array of information useful to programs, educational consultants, parents, and others. Besides listing our entire membership, the website contains information on all NATSAP activities, enables members to post classified ads, spells out best practice guidelines, and much, much more. Visit us at www.natsap.org.
- **Government Representation** - The NATSAP Government Relations Committee seeks to analyze all legislation coming from Capitol Hill that will affect member programs. Through the committee, NATSAP formulates responses that would best support our members’ beliefs. Our government representation takes several forms, including: Washington Fly-in day when members can meet key legislators to discuss issues of importance; review of and commentary on recently-introduced legislation; participation in hearings; and participation in key coalitions, among others.
- **Participation on Committee** - One of the best ways to maximize your membership in NATSAP is to participate in one of our many committees addressing various needs of programs and professionals in our field. Our Committees can only benefit from the new ideas that representatives from our member programs bring. Committees include: Membership, Member Services, Government Relations, Research, Best Practices, Alumni Advisory Council, Education, and Public Relations.

NATSAP Member Benefits (cont'd)

- **Public Relations** - NATSAP has retained a professional public relations firm to help outside entities understand and appreciate the work our member programs do. A Public Relations Toolkit has been created to help member programs interface with the public in their local communities.
- **Participation in Coalitions** - NATSAP seeks to align with various other like-minded organizations on a wide spectrum of issues and projects. We will continue to belong to various coalitions and will consider partnerships that provide a greater voice in issues of importance to our membership.
- **Youth Advocate Bulletin** - NATSAP circulates a newsletter on Senate and House happenings in our periodically-published Youth Advocate Bulletin. This newsletter contains information on government relations issues that may have a direct impact on our association's members.
- **Networking** - NATSAP seeks to create a strong network of programs and individuals across North America. A variety of regional and annual conferences are held during the year to promote networking amongst our membership. Conferences are a place to circulate new research and ideas contemplated or implemented in member programs. NATSAP events also provide a chance for programs to meet with various suppliers of goods and services.
- **Vendor Discounts** - NATSAP has negotiated rate reductions for member programs with Hertz, Jiffy Lube, Satmodo, GroupRx, HotelStorm and more.
- **Surveys** - NATSAP conducts periodic surveys on topics of interest to members. Past surveys have addressed employee salaries, how member programs impact the local and regional economy, and educational consultant/program relations.
- **Research Designated Program (RDP)** - The Board has decided it is now time to push our efforts to the next level and make clear to consumers that not all programs are alike, and those who honestly examine their work, and contribute to the scholarly, professional, and practical understanding of the effects of our interventions deserve to be set apart and receive the proper recognition for their efforts. To this end the Board of NATSAP has established the new status of Research Designated Program to be given to programs that apply and demonstrate they are involved in supplying data that is aimed at evaluating NATSAP program effectiveness and increasing the understanding of our programs impact on youth and their families.
- **Outcomes Research Project** - NATSAP and the University of New Hampshire are working in cooperation to study the long-term effects of residential treatment centers and wilderness programs on clients. This provides a unique opportunity to quantify the benefits of attending our programs well beyond student graduation. Outcomes are a key component guiding NATSAP's Best Practices Committee. The Journal of Therapeutic Schools & Programs is circulated on a yearly basis to augment the findings of our outcome research.

NATSAP Member Benefits (cont'd)

- **Webinars** - NATSAP Webinars are a new service provided to enhance the knowledge of our member organizations. We provide live web broadcasts on our website from industry experts on various issues that may affect our members. Previous webinars are stored on our website and can be viewed at any time.
- **Active Alumni Advisory Council** - Our Alumni Advisory Council is a committee of programs, alumni, and parents of alumni created to gain further knowledge from end users of our member programs. We are currently in the process of expanding into an all-encompassing alumni association to further enhance our association outreach to former alumni.
- **Scholarship Funding** - NATSAP has teamed up with affiliated granting organizations to create greater opportunities to raise money which fund scholarships for families in need. NATSAP is also looking at other similar foundations in order to further expand scholarship opportunities.
- **Monitoring of Applicable Federal Grants** - NATSAP regularly monitors Federal grants for those that may be beneficial and applicable to our membership. Qualifying NATSAP members are welcome to apply for grants directly with the government.
- **Spotlight on NATSAP Members** - NATSAP provides a weekly highlight on individual programs through our social networking platforms.
- **We Are NATSAP** - We Are NATSAP is our bimonthly newsletter which focuses on the latest news and events occurring at your program. Participation is open to all NATSAP Member Programs.
- **Online Continuing Education** - NATSAP has partnered with the Telemental Health Institute to offer discounted training seminars for NATSAP members who are interested in the legal, ethical and clinical issues relevant to evidence-based distance counseling and other technology-mediated best practices.
- **Membership Directory Listing** - Inclusion in NATSAP Membership Directory with widespread distribution, in both printed and electronic versions



Full Membership: (only programs with Full Membership have voting rights). Programs applying for Full Membership must be in operation beginning with the first client admission for 2 years or more and must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth, adolescents, and young adults or accredited by one or more of the following: JCAHO, COA, CARF, NIPSA – Therapeutic. This category includes non-residential treatment programs. (Educational accreditation is not accepted as licensure.)
 - have therapeutic services with oversight by a qualified clinician
 - aspire to the NATSAP Ethical Principles and Principles of Good Practice
- *A young adult program is defined as a program that is exclusively designed to work with young adults aged 18 and older.**

Provisional Membership: Programs applying for Provisional Membership must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth, adolescents or young adults, or accredited by one or more of the following: JCAHO, COA, CARF, NIPSA – Therapeutic
 - have therapeutic services with oversight by a qualified clinician
 - aspire to the NATSAP Ethical Principles and Principles of Good Practice
- *The Provisional Member is approved for a period of 2 years. At that time the program is subject for review by the membership committee for an extension of the provisional membership.**

Associate Program Membership: This category includes unlicensed or non-accredited residential, non-residential programs, or Young Adult Programs. Programs applying for the Associate Program Membership must:

- membership must be in operation beginning with the first client admission for at least one year prior to applying for membership
- unlicensed/non-accredited programs serving an adult population of 18 and older
- therapeutic services implemented by a state-licensed mental health provider
- aspire to the NATSAP Ethical Principles and Principles of Good Practice

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Academy at Sisters

(Therapeutic Boarding School)

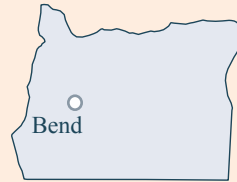
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NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: Girls Only
Ages: 13 - 18
Grades: 8 - 12
Enrollment: 24
Duration: 12 - 18 months
Founded: 1994



Airport: Redmond, OR (RDM)

The Academy at Sisters is a small, safe, therapeutic boarding school designed specifically to help young women address challenges such as: depression, anxiety, academic decline and school avoidance, social media misuse, relationship issues, family conflict, adoption and substance abuse.

Academy at Sisters employs a program model centered in Accountability and Cognitive Awareness. Additionally, components of DBT and Mindfulness allow youth to identify their patterns and practice alternative methods of coping both in the moment and long term.

Individual, Group and Family Therapy is facilitated by Licensed Therapists, and supported on a daily basis by experienced Treatment Coordinators.

Equine-Assisted Psychotherapy is a key component of our program. Youth participate in individual, group and family therapy using the horses. Youth also have the opportunity to participate in our basic horsemanship program and learn basic Western or English riding skills.

The Academy's Accredited Academic component utilizes a Proficiency Based Model of experiential learning which encourages youth to integrate and maximize individual learning styles. Classes are facilitated by masters level teachers who are skilled at making learning relevant and fun. Youth who meet criteria, are eligible to transition into the local high school to practice their new skills in a "real world" setting.

Recreational and community service opportunities are abundant and round out the overall experience at the Academy. Identifying ones purpose and passion in the community and in nature, affords youth the opportunity to connect and build relationships through leadership and service.

Individual Psychotherapy Available: Yes

Accreditation & Licensure: Oregon Department of Human Services; AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Oregon Alliance of Children's Programs; Coalition of Advocates for Equal Access for Girls; National Network for Youth

Alpine Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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What if residential treatment didn't feel like treatment? What if healing could take place in a safe, nurturing family environment? What if a girl could not only recover credit, but also discover she loves learning? What if the most productive therapy took place not only in the therapist's office, but also in natural environments? Alpine Academy provides all of this as part of a research-born, evidence-based, trauma-informed model of care unparalleled by any other private-pay treatment center in the country.

The Teaching-Family Model uses a relational, brain-based learning approach that is proven to heal trauma and effect lasting change, creating an environment where students feel seen, heard, and safe. Ten students live in each of our 7 homes, which are lived in and overseen by a married couple that is trained and certified as professional parents in the Model. By living in the home, these family teachers and their support team get to know each student and family individually and cater the treatment process to meet their goals. This also allows for continuous, immersive therapeutic work to take place.

Advanced training and certification in evidence-based, cutting-edge modalities enables our therapists to help students develop insight, heal trauma, strengthen the family system, establish identity, and see their future potential. DBT, EMDR, Family Systems, and EAGALA are integrated into daily therapeutic work, individualized to each girl's needs.

Alpine is accredited through AdvancEd and scored 47 points above the national average in educational quality scoring. Classrooms are led by direct instruction from highly qualified teachers that are certified in core subjects and have Special Education endorsements. Small class sizes, individual tutoring time, credit recovery/remediation, weekly academic outings that focus on experiential learning, and opportunities for advanced coursework are just a few elements of our individualized academic approach.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *AdvancEd; Teaching-Family Model; State of Utah, Department of Licensing; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP-Full Member; NAPSEC-Full Member; IECA; IAPSEC*

ANASAZI Foundation

(Wilderness Therapy Program)

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NATSAP Member
 Since: 2002



PROGRAM OUTLINE

Gender: Boys & Girls in
 Single Gender Groups
Ages: 12 - 31+
Grades: N/A
Enrollment: 40
Duration: 49 days minimum
Founded: 1988



Airport: Phoenix, AZ (PHX)

The mission of the non-profit ANASAZI Foundation is to prepare parents and children to turn their hearts to one another and walk in harmony in the wilderness of the world.

ANASAZI Foundation's Joint Commission-accredited behavioral health care services are effective for adolescents and young adults with mood disorders, behavioral concerns, attachment disorders and/or adjustment difficulties. Treatment addresses depression, anxiety, oppositional behavior, substance abuse, relational problems, school failure, self-harming behaviors (eating disorders, cutting, suicidal ideation, etc.), poor social skills, lack of motivation, entitlement and other issues related to a lack of self-regulation and moral identity.

Youth and young adults whose parents are willing to play an active role in treatment are more likely to achieve the desired outcomes. Parents participate in an admissions-day orientation; attend a relationship workshop; consult weekly (via phone or in person) with their child's therapist; and join their child in the wilderness for the final two nights/three days of the program.

ANASAZI also encourages the consideration and exploration of the spiritual component of one's life as a part of treatment. The choice to include spirituality is purely voluntary. ANASAZI does not endorse or favor a particular religion or belief system.

Founded by wilderness therapy pioneers Larry Olsen and Ezekiel Sanchez, the nurturing approach at ANASAZI summons introspection and personal responsibility—it powerfully invites a change of heart that promotes a lasting change of behavior. Treatment is individualized and provided by a licensed and credentialed staff specializing in child and adolescent psychology, marriage and family therapy, social work, nursing and experiential education. Staffing ratios are 2:1 and group sizes range from 3-8. Outpatient, aftercare and alumni services are available to support and sustain changes made while at ANASAZI. Fees may be covered by insurance and financial aid is available for families in need. Admissions occur every week, year-round.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing, Level II Behavioral Health Care Provider; The Joint Commission

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); OBH Council, Accredited Outdoor Behavioral Healthcare Program; Association for Experiential Education (AEE)

Ashcreek Ranch Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Gender: Boys Only
Ages: 13 - 17
Grades: 8 - 12/College Prep
Enrollment: 35
Duration: 10 - 12 months
Founded: 2012

NATSAP Member
Since: 2012



Airport: Saint George, UT (SGU),
 Las Vegas, NV (LAS)

Ashcreek Ranch Academy (ARA) is passionate about creating and maintaining an environment where young men are given the tools and skills needed to break free from the stranglehold of Substance Abuse. Addictive behavior is replaced with pro-social behavior resulting in sobriety, academic excellence and a happy, healthy and meaningful outlook on life.

Ashcreek Ranch is a 24-bed treatment program working with boys ages 14-17 who are struggling with substance abuse as well as other emotional and behavioral issues such as ADHD, oppositional defiance, depression, adoption, etc. Located at the edge of a small rural community the campus has a large beautiful home on a gorgeous 15 acre horse ranch.

The ARA program was created by professionals with extensive experience who are committed to working with teenagers. The primary focus at ARA is to have a program which is unsurpassed in assisting adolescent boys in overcoming the damaging effects of substance abuse. ARA is an individualized program with small therapeutic case-loads and is operated based on the knowledge that recovery is possible and with the right tools and information each student can learn to make new choices for a happy, healthy and meaningful life.

Ashcreek Ranch combines an intense clinical model with the evidenced based Seven Challenges® Program which specializes in substance abuse for adolescents combined with a 12-step program, a challenging college prep academic program focused on maximizing a student's potential, an amazing horsemanship program designed to encourage hard work, to build self-esteem and self-improvement by working daily with the elite horses in an amazing horse breeding ranch, a challenging sports, physical fitness and adventure program, weekly community service which allows the students to build character through serving and helping others, and a Spirituality building program designed to enhance their relationship with a power greater than themselves.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Human Services - Residential Treatment; AdvancED, National Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Membership; NATSAP Research Designated Program (RDP); JCAHO - Joint Commission of Accredited Health Care Organizations

Aspiro Group, Inc.

(Wilderness Therapy Program)

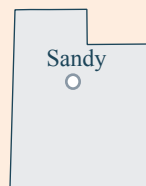
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PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 28
Grades: N/A
Enrollment: 8 participants per group
Duration: 6 - 10 weeks
Founded: 2005

NATSAP Member
Since: 2007



Airport: Salt Lake City Int'l (SLC)

Aspiro is the most clinically advanced Wilderness Adventure Therapy program in the United States. Licensed as an outdoor treatment program by the State of Utah Department of Human Services; Aspiro not only provides a dynamic clinical treatment model, it fully integrates evidence based psychology within the constructs of our sequential high adventure components. Aspiro takes treatment out of the confines of the traditional facility setting. We utilize the real world, front and back country environments, to craft therapeutic experiences which provide real time assessment and educational opportunities. Our therapeutic approach is bolstered by the activities our students engage in such as; mountain biking, rock climbing, rappelling, alpine skiing, canyoneering, snow shoeing and backpacking. Through their experiences, students gain greater depth during individual and group talk therapy sessions, focusing on solutions and overcoming challenges from the past.

The Aspiro clinical team utilizes empirically based approaches to therapy consisting of Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Family Systems Therapy, Adventure Therapy and Motivational Interviewing. Individual therapy, group therapy and family therapy take place on a weekly basis. A formalized Individualized Treatment Plan is also developed for each participant. An emphasis is placed on family systems therapy, including regular weekly communication, therapeutic assignments and a mid-program family seminar on site. Through this hands on, integrated clinical model, participants gradually begin to develop healthier relationships, learn new, healthy coping strategies, and enhance emotional/behavioral regulation skills, social skills and life skills that lead to future success. The goal is to help participants develop a higher level of self-efficacy and eliminate negative unhealthy behaviors.

Aspiro operates year-round and application for admission may take place at any time. Acceptance is based on a thorough review of the participant's current and past history of behavior, consultation with parents and relevant professionals and psychological testing when appropriate. Appropriate candidates are adolescent males and females, ages 13-17, and young adult males and females, ages 18-28, with a history of mild to moderate behavioral problems, low self-esteem, academic under-achievement, anxiety, depression, ADD/ADHD, adoption and attachment issues, learning disabilities, drug/alcohol use, processing difficulties and family conflict.

Aspiro also facilitates a specialized group called Vantage Point (www.vantagept.org) that focuses more specifically on adolescents and young adults dealing with neurodevelopmental challenges, executive function, social and learning deficits.

Psychological or psycho-educational testing is available at an additional cost upon request. In addition, medication and/or psychiatric assessment are also available as needed. Participants earn academic credit while attending Aspiro that is transferable to accredited schools.

Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *State of Utah Office of Licensing, Department of Human Services, Outdoor Youth Treatment*
Professional Affiliations: *NATSAP-Full Member; NATSAP Research Designated Program (RDP); NATWC Association for Challenge Course Technology (ACCT); Leave No Trace*

Auldern Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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Gender: Girls Only
Ages: 13 - 18
Grades: 8 - 12/College Prep
Enrollment: 60
Duration: 14 - 18 months
Founded: 2001



NATSAP Member
Since: 2002

Airport: Raleigh/Durham, NC (RDU)

Auldern Academy is a therapeutic boarding school offering an excellent college-prep academic curriculum, and an outstanding therapeutic program both in a warm and nurturing environment. Our goal is to prepare young women academically, emotionally and socially for the challenges of the coming college years.

Young women who succeed at Auldern are academically capable, but there has been some concern about the risks they may face in more traditional schools. Most of our students will have completed some prior therapeutic or wilderness program to help bring them awareness of, and willingness to continue to address personal issues. Auldern Academy offers a college preparatory 9th through 12th grade academic curriculum, which includes Honors coursework. Our small classes rarely exceed ten students, allowing the student and her teacher to have a high level of interaction, communication and ability to meet the needs of each students, no matter what their academic needs may be. In addition, Auldern Academy offers a strong visual arts program that includes ceramics, photography, drawing and painting. Evening enrichment classes include yoga, dance, horseback riding, guitar and choir. Students are able to form and join clubs such as fitness, drama, tennis and reading.

Auldern Academy’s Clinical Services Program is built upon a gender specific, evidence based curriculum designed to specifically help young women in their quest for self-confidence, emotional health and relational healing. The Clinical Services Program is staffed by master’s level clinicians who provide support in the form of individual, group and family therapy. Specialized substance abuse and trauma counseling is also available to those who need these services. Upon admission, each student is partnered with a clinician who helps her and her family create a Personal Growth Plan that keeps treatment focused and directed.

Our Student Life department strives to create a nurturing and caring community that is filled with camaraderie and fun. Our goal is to create a warm, safe atmosphere while teaching girls to take responsibility for their behaviors, relationships and living situation. During their time at Auldern, students develop the confidence, integrity and compassion they need to lead them to success as a young adult. Most importantly, Auldern girls learn to build friendships built on mutual respect, honesty and trust. Weekends are enriched with a large variety of off-campus activities that allow girls to interact with the robust and diverse Chapel Hill and Raleigh communities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: National Independent Private School Association (NIPSA) Therapeutic Certification Level III; North Carolina Department of Education, Non-Public School Accreditation; National Independent Private School Association (NIPSA); AdvancEd (formerly SACS/CASI); Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Bayes Achievement Center

(Residential Treatment Center)

CONTACT

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Website: www.bayescenter.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 6 - 22
Grades: K - 12
Enrollment: 75
Duration: 1 month - Open
Founded: 1993



NATSAP Member
Since: 2013

Airport: Houston (IAH)

Bayes Achievement Center (BAC) is a state-licensed and nationally-accredited Residential Treatment Center and Day School program serving boys and girls ages 6-22 with severe behavioral problems. We serve students with a wide range of exceptionalities including emotional and behavioral disorders, autism and intellectual disabilities. The one characteristic common to all of our students is that the severity of their behaviors prevents them from being successful in less-restrictive environments.

Our mission is to help the children and young people who are most in need have the best life possible. To this end, we will accept any student into our program regardless of the severity of his behavior. Once in our program, we are committed to our students; there is no problem behavior that will get them expelled. We believe that children need loving care and treatment regardless of their behavior, and rejecting them from treatment for misbehavior worsens their condition and society's ultimate burden.

In our teaching homes, we offer a warm, caring and comfortable atmosphere that replicates the home environment. There, our students engage in the same activities that they would do at their own homes. They learn chores, prepare snacks and meals, play games, swim, shoot hoops and spend time in the community.

In the classroom, for many of our students, their past history of failure in school has led them to believe that misbehaving is the only thing they can do well. By helping them end their negative behavioral cycles while at the same time providing them with top-quality individualized education, our students begin to experience success in school for the first time in their lives. With increased success comes increased self-confidence. A new positive behavioral cycle begins which propels them towards transitioning back home, graduation, vocation or college.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: Texas Department of Family and Protective Services; the Joint Commission (TJC)

Professional Affiliations: NATSAP-Full Member; National Association of Special Education Teachers (NASSET); Designated School of Excellence

Benchmark Transitions

(Residential Treatment Center & Transitional Independent Living & Young Adult Program)

CONTACT	PROGRAM OUTLINE
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<p>NATSAP Member Since: 1999</p>	 <p>Airport: San Bernadino International, CA (SBD)</p>

Benchmark provides a comprehensive multi-disciplinary approach to residential treatment. Our services include Detox, Residential Treatment, Extended Care (PHP & IOP), Transitional Living and Aftercare. We also help in the transition for clients coming out of other programs such as acute detox, other RTC, wilderness therapeutic programs, stabilization units and teens aging-out of therapeutic boarding schools.

Our program is more than just rehab or behavioral health treatment of most residential treatment centers. We also provide educational, vocational and life skills assistant to help young adults grow into health independent men and women.

Benchmark treats young adult men & women, 18-28 years of age, exhibiting behavioral and clinical issues such as: Academic challenges, Addiction, Anger management, ADD/ADHD, Autism Spectrum, Anxiety, Bi-Polar, Depression, Distressed relationships, Emotional & Behavioral issues, Gaming/Gambling, Learning differences, ODD/PTSD, PDD, Socially isolated, Substance use/abuse and Trauma.

Academics: Benchmark Transitions includes an integrated, on-site high school component and the flexible curriculum allows students to obtain WASC-accredited HS diploma from Redlands Unified School District/Redlands Adult School, concurrently within the independent living curriculum.

Facilities in Redlands and Yucaipa, CA

Wildwood Canyon for Men - Situated on a 52-acre working ranch with sprawling 7000 square foot main house, equine arenas and miles of rustic charm.

Panorama Ridge for Women - Beautifully appointed oasis retreat is a peaceful environment for our young adult women.

Outpatient & Learning Center for Extended Care, featuring Clinical Assessment Center, Education classroom, Work Education, Creative Arts and 3-bay teaching kitchen for Culinary Arts.

Clients reside in a luxury apartment complex for Transitional Living with amenities such as swimming pool, spa, clubhouse, BBQ areas, fitness room and laundry. Near bus lines and shopping, with easy access to Benchmark's Outpatient and Learning Center, as well as to local colleges and community services.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of California Department of Health Care Services (DHCS); National Private Schools Association Group (NPSAG)

Professional Affiliations: NATSAP-Full Member; California Consortium of Addiction Programs & Professionals (CCAPP); National Association of Addiction Treatment Providers (NAATP); Young Adult Transition Association (YATA)

Blue Ridge Therapeutic Wilderness

(Wilderness Therapy Program)

CONTACT

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Website: www.blueridgewilderness.com

NATSAP Member

Since: 2004

PROGRAM OUTLINE

Gender: Boys and Girls in Single Gender Groups
Ages: 13 - 17
Grades: 9 - 12
Enrollment: Groups of 8 - 10
Duration: 8 - 10 weeks
Founded: 2002



Airport: Atlanta, GA (ATL)

Founded in 2002, Blue Ridge Therapeutic Wilderness is a licensed treatment program for adolescents in Georgia. Located two hours northeast of Atlanta, Blue Ridge provides sophisticated clinical treatment in a nomadic wilderness model. This combination of advanced clinical skill with over-simplified natural setting allow for intensive therapeutic impact, development of coping skills, learning accountability and responsibility, acquisition of communication skills, healthy emotional and behavioral habits, as well as improved relationships with peers and adults. At the heart of the work at Blue Ridge is the cultivation of truly individualized treatment by a committed community of professionals. Our high staff retention has resulted over time in consistent service, exceptional care, and reliable program delivery.

Blue Ridge Therapeutic Wilderness has three program tracks to serve students ages 10-17. The adolescent track includes single gender groups for girls and boys ages 14-17. Students referred to these groups in part because of their more specific group profiles, which enhance the peer to peer support in treatment. The Footsteps and SPARK tracks at Blue Ridge serve pre-adolescents and younger adolescents. Footsteps is a co-ed wilderness experience for boys and girls ages 11-14 serving a range of life, school, family, and mental health issues. SPARK is a boys only group for ages 10-15 developed for students with neurodevelopmental delays or disorders.

All students at Blue Ridge Therapeutic Wilderness struggle with mental health issues including, but not limited to, trauma, behavioral problems, developmental issues, oppositional defiance, substance abuse/dependence, learning disabilities, academic issues, attachment issues, and relational difficulties. Treatment plans are highly individualized and include flexible lengths of stay, multidisciplinary assessment provided by masters level clinicians and a licensed clinical psychologist, individual therapy, group therapy

Family support is critical at Blue Ridge. In addition to weekly update phone calls with their child's clinician, parents also have access to support through peers and mentors in support groups, access to weekend long parent workshops, parallel parent curriculum, and psycho-education through videos and podcasts. Visits to the field and parent/child phone calls are utilized with intention, when appropriate.

Safety is our number one concern at Blue Ridge Therapeutic Wilderness and we have an outstanding safety record. Each group is comprised of highly trained field instructors. Both level of medical training and staff to student ratios exceed state requirements and industry averages.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Georgia Department of Human Resources - Outdoor Therapeutic Camp; North Carolina Department of Human Services - Outdoor Habilitative Camp

Professional Affiliations: NATSAP-Full Member; Association of Experiential Education; Outdoor Behavioral Health Council

BlueFire Wilderness Therapy

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
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 Gooding, ID 83330-1858
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Gender: Boys and Girls in Single Gender Groups
Ages: 11 - 17
Grades: 6 - 12
Enrollment: 40
Duration: 8 - 12 weeks
Founded: 2013

NATSAP Member
 Since: 2014



Airport: Boise, Idaho (BOI)

BlueFire Wilderness Therapy is a comprehensive and licensed intervention for teens who are struggling in their lives. We provide a state-of-the-art and progressive treatment approach by incorporating a multidisciplinary treatment team to participate in the treatment planning and implementation for every child and family. We utilize an ideal balance of wilderness expeditions, high-adventure activities, equine interaction, individual and group therapy, academic work, service projects, and family connections, all designed to deliver treatment opportunities and life-skills attainment.

Going above and beyond traditional wilderness therapy interventions, BlueFire involves a breadth of experiences from a multidisciplinary treatment team (Psychologist, Primary Therapist, Recreation Therapist, Academic Director, Family Therapist, Equine Specialist, Physician/RN). This progressive approach means that every client and family gains the benefit of a team of professionals who understand the comprehensive and subtle aspects that can be gained in the outdoor setting. End goals are substantiated and supported by a comprehensive treatment plan involving input from all disciplines.

BlueFire immerses each client in the wilderness program setting to interrupt the pattern of negative behaviors, elicit a true desire for life change, and identify a concrete plan for long-term success. We work in concert with parents and involved professionals to determine the most appropriate plan for long-term progress. As part of this family systems approach, parents participate in a multi-day family workshop in which they witness their child's successes and address behavioral progress and ongoing concerns within the parent-child relationship. Preparing for transition (either home or placement) is the final emphasis of treatment.

Located in the high plains desert at the base of the Sawtooth Mountains in southcentral Idaho, BlueFire team members are pioneers of wilderness therapy programs with over 30 years of experience working with struggling teens and their families. We believe that our combination of wilderness environment and adventure activities creates the ideal therapeutic milieu in which to help clients recognize and build upon their sense of self-worth. Our multidisciplinary treatment team provides a comprehensive and highly individualized treatment plan for every child and family. Our "identified client" is the family system, not just the acting-out child who is placed for behavioral and emotional concerns.

Education is an important aspect of BlueFire. While we understand that many of our clients are failing or not attending school regularly, we aim to help get them on the right track with their educational goals. Initially, we endeavor to help our clients gain confidence in their ability to learn and perform tasks. The curriculum at BlueFire is designed in collaboration with certified teachers in the state of Idaho and will eventually be accredited through a nationally recognized entity. Our clients work daily in their curriculum, complete journal exercises, and participate in education seminars during their outings to state parks.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Idaho Department of Health & Welfare Child Care License
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Boulder Creek Academy

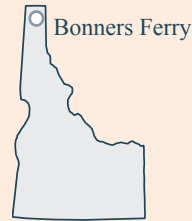
(Therapeutic Boarding School)

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PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 18
Grades: 9 - 12
Enrollment: 45
Duration: 12 - 18 months
Founded: 1993



Airport: Spokane, WA (GEG)

NATSAP Member
Since: 1999

At Boulder Creek Academy students rediscover their academic and social confidence. The key to our success is that we reignite our students' belief in themselves by utilizing time-tested and proven methods. Students begin to experience academic achievement, regain self-esteem, learn to embrace their uniqueness and become capable learners who are confident in themselves.

Boulder Creek Academy has spent more than two-decades focused on meeting the unique needs of adolescents ages 13 to 18 that have experienced school failure and feel socially disconnected. Typical student challenges include social cognitive deficits, communication deficits, executive function issues, learning disorders, non-verbal learning disorder, compulsive internet and gaming use, social isolation, low self-esteem, anxiety, and depression. Students are also bright, creative, and compassionate young people.

To help our students achieve to their full potential, we offer a carefully designed blend of academics, therapy, plus adventure and leadership opportunities. Students benefit from: college preparatory curriculum; personalized learning plans; special educational support; individual, group and family therapy; recreational therapy; milieu counseling; character development; restorative circles; adventure education; plus our horticulture, animal husbandry, and therapeutic canine and equine program.

At Boulder Creek Academy, special care is taken to introduce students to the academic program in a manner that ensures success. In the classroom teachers utilize experiential learning practices and bring tools to students such as graphic organizers, color coding and sequencing, and task initiation. Students requiring additional academic support benefit from evidence-based programs that help develop phonemic awareness, passage comprehension, attention and concentration capabilities, operational and problem solving abilities, and working memory. Students who once thought they were incapable of academics find themselves thriving in our academic setting and experiencing success.

Each day at Boulder Creek Academy is purposefully designed to maximize experiences that allow students to practice social skills, exhibit leadership qualities, benefit from therapeutic learning and to have fun. Students also enjoy purposeful breaks and programming designed specifically for single-gender experiences

Boulder Creek Academy's campus is situated on 180 acres at the base of the spectacular Cabinet Mountains in Northern Idaho. The campus has many unique features, including a working farm, a horticulture program, equine arena, canine kennel, music and art studios, a climbing wall, and ponds for fishing and swimming. The main academic building is equipped with individual classrooms, a computer lab, a science lab and a library, creating a traditional academic environment.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health Welfare, Childcare; Idaho Department of Education Approved Special Education Program; Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

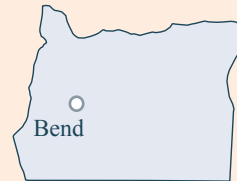
Bridges Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Jeff Wenger, MA Ed
Admissions Contact: Joan McOmber, LMFT (ca)
Academic Contact: Jeff Wenger, MA Ed
Email: info@bridgesboysacademy.com
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Address: 67030 Gist Rd.
 Bend, OR 97703
Website: www.bridgesboysacademy.com

Gender: Boys Only
Ages: 13 - 18
Grades: 8 - 12/College Prep
Enrollment: 22
Duration: 12 - 14 months
Founded: 1997



NATSAP Member
Since: 2004

Airport: Redmond, OR (RDM)
 Portland, OR (PDX)

Bridges Academy is a year-round therapeutic boarding school for teenage boys ages 13-18 who are struggling with emotional, behavioral, academic and family issues. With 19 years of success, we combine several philosophies surrounding personal growth, community living, the creation of a positive peer environment and experiential learning. While at Bridges Academy, students are challenged daily to identify their positive and negative behavior patterns. They explore their role in family dynamics and examine ways in which their choices have influenced and been influenced by their peer interactions. Ultimately, during the students' tenure with our program, they learn the tools necessary to make healthy, positive choices in their lives, as well as in their peer and family relationships.

Our rustic setting and structured, family-size program, provides students with individualized attention while working with each family as a whole. This work encompasses the following: A clear work-to-earn trust building system, a strong positive peer environment, community service opportunities, family counseling/ workshops, and an effective addiction studies program. Our graduates tell us they've learned the value of hard work and history shows they obtain great jobs, get promoted to positions of supervision and make good use of their continuing education.

Bridges Academy offers a planned, accredited program for students of all academic abilities and goals including college preparatory. Student-teacher ratio is 6-1. This attention provides the opportunity for experiential learning for school credit. The curriculum is individualized to fit each student's needs and accommodates grades 8-12 with year-round classes.

The typical Bridges Academy graduate demonstrates confidence to effect positive outcomes within their interpersonal relationships and become contributing and significant members of their families and communities.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Oregon Department of Human Services; NWAC/AdvancED; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member

Building Bridges

(Residential Treatment Program)

CONTACT

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Address: 100 Graves Creek/PO Box 1310
 Thompson Falls, MT 59873
Website: www.buildingbridgesinc.net

PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 - 18
Grades: 8 - 12
Enrollment: 24
Duration: 12 - 18 months
Founded: 1996



NATSAP Member
Since: 2002

Airport: Missoula, MT (MSO),
 Spokane, WA (GEG)

Located in the scenic mountains of northwestern Montana, Building Bridges is a residential program for young men, ages 14-18, who are often experiencing chemical dependency, emotional and behavioral problems. Our students are committed to making the type of lifestyle changes that allow them to live a sober life. Through numerous weekly peer group sessions and one-on-one sessions with their counselor, a Building Bridges student will work on his behaviors and begin to rebuild his life. Building upon each personal and academic success, our students begin to experience the joys and pride of personal growth and achievement.

Using an individualized, multidisciplinary approach we are able to tailor a plan unique to each student. Each of our students begins with a framework that focuses on individual, family and group therapy. Our students are able to draw on the tools they have learned to make significant changes in their external behavior patterns as well as their internal thoughts and patterns. A student who successfully completes our program is able to return home, or to college, confident in themselves and their abilities.

Focus on academics is a key component in our program. Students are given ample layers of support and encouraged to challenge themselves both academically and socially. Our students will experience a wide variety of academic experiences. For those that are ready, this includes full time enrollment in a public school in a peer supportive environment. Building Bridges is licensed by P.A.A.R.P. in the state of Montana and is proud to have been a part of the process creating licensing requirements in our state.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs

Professional Affiliations: NATSAP-Full Member; PAARP

Calo Preteens

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Chris Perkins Admissions Contact: Nicole Fuglsang, MA, NCC, LPC Academic Contact: Tami Heidbrink Email: nfuglsang@caloprograms.com Phone: (877) 879-CALO (2256) Fax: (573) 365-2221 Address: 130 Calo Lane Lake Ozark, MO 65049-9208 Website: www.calopreteens.com</p>	<p>Gender: Boys and Girls in Single Gender Groups Ages: 9 - 14 Grades: Elementary and Middle School Enrollment: 18 girls / 18 boys Duration: 12 months avg. Founded: 2014</p>
<p>NATSAP Member Since: 2015</p>	<div data-bbox="740 503 952 668" data-label="Image"> </div> <p>Airport: Columbia, MO (COU), Springfield, MO (SGF), Kansas City, MO (MCI), Saint Louis, MO (STL)</p>

Calo Preteens serves adopted boys and girls between the ages of 9 and 14 who experienced early childhood stress and trauma. Our preteens are struggling to make and keep relationships in all aspects of their lives – with their parents and, perhaps, other authority figures, their siblings, and their peers. Our boys and girls are emotionally unstable and need help learning how to self and auto regulate their emotions so they feel that they “fit” with their families and friends. Indeed, most of them have trouble making and/or maintaining friendships. Calo Preteens is a safe haven to resolve past trauma along with helping your child develop a more positive and coherent sense of self.

We have worked with adoptive families for almost a decade and specialize in healing the effects of early childhood stress. These adverse childhood experiences not only generate issues of emotional regulation, but also create pervasive shame. Early stress develops into anxiety, ADHD, recklessness and the inability to develop consistent and healthy relationships. These hurting children struggle to understand empathy, altruism, and how relationships are formed and actually work. Every aspect of Calo Preteens – from our project-based classrooms to our transferable attachment canine program, our sensory integration work with each student, and our neurotherapy work – combine to truly change the lives of the families we serve. Our kids learn to not only value relationship, but also learn they are worthy of relationship.

The Calo Preteens profile could include diagnoses such as: anxiety, attachment issues, depression, oppositional defiant disorder, neglect, abuse, ADHD, learning disabilities, PTSD, and RAD. Many are charming, manipulative and controlling, particularly in their homes. They are often socially awkward and/or behave in ways that are far younger than their peers. Many have received a number of diagnoses in their short years, only some of which are applicable. Calo Preteens is truly dedicated to providing the most unique, safe and loving environment to help you and your family.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Missouri, Department of Social Services, Children’s Division, Residential Treatment Facility; Joint Commission (JCAHO) Accreditation; Approved Private Agency, Missouri Department of Elementary and Secondary Education; Approved provider for Illinois (ISBE) & California School (as an NPS) districts*
Professional Affiliations: *NATSAP-Full Member; NAPHS – Full Member; Connecticut Council on Adoption*

Calo Teens

(Residential Treatment Center)

CONTACT

Executive Contact: Chris Perkins
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Address: 130 Calo Lane
 Lake Ozark, MO 65049
Website: www.caloteens.com

NATSAP Member
Since: 2007

PROGRAM OUTLINE

Gender: Boys & Girls In Single
 Gender Groups
Ages: 13 - 18
Grades: 8 - 12
Enrollment: 32 girls / 48 boys
Duration: 12 months avg.
Founded: 2006



Airport: Columbia, MO (COU), Springfield, MO (SGF), Kansas City, MO (MCI), Saint Louis, MO (STL)

Calo Teens is the nation's first adoption-specific family treatment center. We are the country's leading experts at working with adoptive families and addressing the dysfunctional patterns that prevent healthy relationship. We have healed and restored the trust of hundreds of families over the past almost decade.

Calo Teens espouses a true relational approach to create change from the inside out, heart first and behavior second. At Calo Teens, we treat a very specific subset of the struggling teen population: we heal the effects of adverse childhood experiences using a relational paradigm along with some of the most innovative and effective clinical treatment available anywhere. Most of the adopted teenagers we work with have had exposure to early childhood stress and even trauma. The unhealthy and negative behaviors, and DSM diagnoses, they have developed are a means to cope with this underlying anxiety.

We employ Golden Retrievers to supplement our talented therapists and to help heal this underlying stress. Our students raise, train, feed, and sometimes adopt these canines in a process we call "transferable attachment." Through this process our students learn how to create and maintain reciprocal relationships. They learn empathy. They learn to give. They heal trauma. We also heal trauma by utilizing the most cutting edge neurotherapies that help integrate the body and mind.

Calo also harnesses the power use the stunning resources of Lake of the Ozarks. We teach fly fishing, wake boarding, water skiing, canoeing, rock climbing, and even distance biking. What we are really doing is engineering successes that improve self-esteem, trust, communication and relationship. After experiencing repetitive, relevant, relational, rewarding successes, our students begin to become comfortable succeeding. They stop looking for the world to punish or hurt them. They start expecting the world to be rewarding. They relate to caregivers and parents in trusting ways. They begin to experience joy. They become safe.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Missouri, Department of Social Services, Children's Division, Residential Treatment Facility; Joint Commission (JCAHO) Accreditation; Approved Private Agency, Missouri Department of Elementary and Secondary Education; Approved provider for Illinois (ISBE) & California School (as an NPS) districts

Professional Affiliations: NATSAP-Full Member; NAPHS - Full Member; Connecticut Council on Adoption

Canyon River Ranch

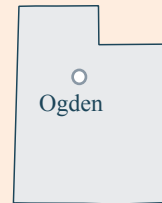
(Residential Treatment Center)

CONTACT

Executive Contact: Mace Warren
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Phone: (801) 645-5455
Fax: 1-866-695-1412
Address: 244 Ogden Canyon
Ogden, Utah 84401
Website: www.utahresidentialtreatment.com

PROGRAM OUTLINE

Gender: Boys Only
Ages: 12 - 17
Grades: K - 12
Enrollment: 8
Duration: 9 - 12 months
Founded: 2015



NATSAP Member
Since: 2016

Airport: Salt Lake City, UT (SLC)

Mission Statement

Canyon River Ranch is dedicated to providing a safe and structured environment that encourages clients to make positive changes and to improve their lives. We are committed to working with our youth to explore and discover the behaviors that must change in order for them to be safe, more skilled, satisfied, and happy with their life. Our mission is to empower youth to set constructive goals, make positive choices, and to commit to healthy life changes.

Core Values

Canyon River Ranch has integrated the following core values as the principles that guide us as individuals and as a company.

Dedication to Our Clients

We promote healthy development and healing of our clients through our dedication to their therapy.

Safe Nurturing Environment

We promote a welcoming and safe environment that allows for open honest communication and growth of the client.

Individualized Therapy

We promote a relationship-centered approach to each client, allowing our therapists to design thoughtful sophisticated treatment plans to support each client's unique strengths and abilities.

Clinical Expertise

We hire professionals who are educated as well as dynamic and are committed to growing their knowledge base through continued learning.

Trust and Integrity

We promote honesty, trust, and respect through our interactions and our words while demonstrating high integrity with our work.

Teamwork

We work for the good of the company, we provide praise for each other, we collaborate with each other to come up with new ideas, and we realize that our success depends on each other.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Office of Licensing - Department of Human Services

Professional Affiliations: NATSAP-Provisional Member

Cascade Crest Transitions

(Transitional Independent Living Program)

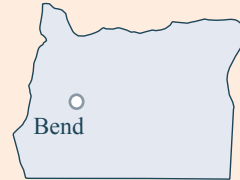
CONTACT

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Email: admissions@cascadecresttransitions.com
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Fax: (866) 442-4499
Address: 164 NW Hawthorne Avenue
 Bend, OR 97701
Website: www.cascadecresttransitions.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 23
Grades: College
Enrollment: 40
Duration: 9 - 12 months
Founded: 2011

NATSAP Member
Since: 2015



Airport: Redmond, OR (RDM)
 Portland, OR (PDX)

Cascade Crest Transitions is a program designed specifically to work and empower young adults. Our students are ages 18-23, who are struggling in their launch to become healthy, independent adults. A typical profile of our students' challenges might be: difficulty sustaining healthy relationships, problematic mood and anxiety-related issues, mild learning disorders, and drug/alcohol use. Cascade Crest offers individual and specialized treatment tracks for students with co-occurring substance abuse issues on our Discovery Track and those who utilized other internalizing coping mechanisms with no real history of substance use on the Wellness Track. We offer a setting in which students develop healthy, independent living skills, while receiving support and supervision from our licensed therapists, academic advisers, and independent living staff. The Cascade Crest team utilizes Dialectical Behavioral Therapy as the toolbox for our students, and Motivational Interviewing as the foundational client-centered approach in our interactions in order to elicit positive change.

Cascade Crest is divided into three distinct phases:

Belay Phase (3-4 months): students participate in a more structured and supervised schedule, including: weekly individual and group therapy, equine therapy, bi-weekly family therapy, independent living classes, DBT, academic orientation, personal finance, and healthy living tasks.

Ascent Phase (6 months): students are given greater autonomy, as they attend college and/or work in the local community, participate in recovery, and engage in weekly therapy and advising. This phase is designed to provide students with more "real life" experiences of adult independence, while continuing to offer program scaffolding of support and accountability.

Summit Phase (aftercare): students are expected to be more or less fully independent by this stage. However, they can choose to continue to receive individual therapy, academic mentoring, and/or drug screening as they transition to life as a fully independent young adult.

During each students' residence at CCT, parents are asked to attend at least one, three-day Parent Workshop. We have found that these workshops provide opportunities for transformative work to take place between parents and their adult- children, all within the context of a safe and supportive therapeutic environment.

About Bend: Cascade Crest Transitions is located in beautiful Bend, Oregon. Bend offers a small and close-knit community with college opportunities and bountiful recreational activities to choose from year-round. Bend provides an ideal place for young adults to experience and deal effectively with life's challenges, while developing healthy lifestyles that will serve them for years to come.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Associate Member; Young Adult Transitions Association; Central Oregon Program Association

Catalyst Residential Treatment, LLC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Kreg Edgmon, PhD, LMFT
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Phone: (435) 723-4600
Fax: (435) 723-1670
Address: 970 South 1025 West
 Brigham City, UT 84302
Website: www.catalystrtc.com

Gender: Boys Only
Ages: 13 - 18
Grades: 9 - 12/College Prep
Enrollment: 48
Duration: 9 months average
Founded: 2006



NATSAP Member
Since: 2007

Airport: Salt Lake City, UT (SLC)

The mission of Catalyst is to create opportunities for meaningful change and success for all those associated with the program. We believe that with the proper care and environment, we help facilitate and accelerate the process of change in each individual and family. Our vision is to lead boys on the path to manhood and true independence, and to lead families on the path to wholeness.

Catalyst is a clinically-driven substance abuse and dual diagnosis residential treatment center for boys ages 13 to 18. Catalyst is operated in two large beautiful homes, each providing living quarters for 24 students. Surrounded by many acres of open space on the outskirts of Brigham City, Utah, Catalyst is just 50 minutes north of Salt Lake City.

Catalyst provides truly individualized treatment based on a foundation of a thorough assessment of each youth upon admission as well as on-going assessments on a weekly basis. Each therapist carries of caseload of no more than eight youth and we are very staff intensive with a true staff-to-youth ratio of one-to-four. We also pride ourselves on the professionalism of our staff, as we train in workshops on a regular basis.

Our treatment model is truly holistic in addressing the six major areas of each youth’s life including the family, heart, body, mind, soul and friends core elements. We help youth and families on the path to healing and balance in all of these important areas of their lives.

Youth also gain significant personal experience with healthy living in Catalyst by participating in three types of experiential activities: music, exercise and sober fun. Youth participate in healthy exercise on a daily basis and have opportunity to take part in a triathlon and gain a real sense of personal accomplishment, if they choose. Sober-fun activities include snowboarding, mountain biking, camping, hiking, swimming and the like. Youth involvement in challenging and other experiential and recreational activities provides a very useful avenue for assessment and treatment of youth issues which may not be revealed in traditional “talk” therapy.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools through Catalyst Preparatory Academy*
Professional Affiliations: *NATSAP-Full Member*

Cedar Ridge Academy RTC

(Residential Treatment Center)

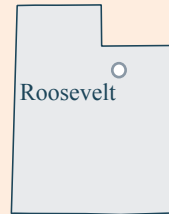
CONTACT

Executive Contact: Wes Nielson
Admissions Contact: Millie Anderson
Academic Contact: Robert Nielson
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Phone: (866) 471-6629
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Address: 4270 W. 5625 N.
 Roosevelt, UT 84066
Website: www.cedaridge.net

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 18
Grades: 6 - 12
Enrollment: 50
Duration: 14 months avg.
Founded: 1997



Airport: Salt Lake City Int'l (SLC)

Cedar Ridge Academy is a residential treatment center that specializes in working with youth who have issues such as anxiety, depression, low self-esteem, childhood trauma, mild to moderate substance abuse, ADD/ADHD, and anger management problems.

Our mission is to guide youth in a process of positive internal change by helping them acquire the skills and self-knowledge they need to form healthy relationships with others and utilize their individual inner strengths to become mature, well-balanced, productive persons. Cedar Ridge Academy is dedicated to the concept of using the least restrictive means necessary to induce change, helping students to utilize their internal resources to grow and mature, given the right tools and environment.

Our program functions on a system of trust levels which measure and promote the students' trust in themselves, the trust of their peers, and the trust of the program staff. Licensed therapists implement individual service plans based on an exposure desensitization model to help students address the underlying fears that precipitate their negative behaviors. Regular physical activity and low-key competitive athletics help develop character and physical well-being. The program seeks to help youth become physical, emotionally, and spiritually congruent.

Our accredited high school provides individualized and direct instruction academics geared to teaching students how to be lifelong learners. We emphasize preparation for higher education and can also accommodate those who struggle to learn. With an average class size of 8 students, our certified teachers have the opportunity to meet individual needs and to build relationships with their students. Our guidance counselor helps students with test preparation and college applications.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; AdvancEd; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

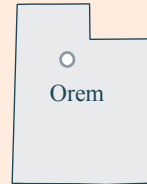
Center for Change

(Residential Treatment Center - Eating Disorders)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Michael E. Berrett, PhD
Admissions Contact: Pam Kidd
Academic Contact: Elayne McArthur
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Fax: (801) 224-8301
Address: 1790 North State Street
 Orem, Utah 84057
Website: www.CenterForChange.com

Gender: Girls Only
Ages: 13+
Grades: 8 - 12
Enrollment: 56
Duration: 2 - 3 months
Founded: 1989



NATSAP Member
 Since: 2000

Airport: Salt Lake City, UT (SLC)

Center for Change is devoted to providing a warm and caring atmosphere for those suffering with Anorexia, Bulimia, Binge Eating Disorder, OSFED and co-occurring conditions. We provide intensive treatment that gives hope, healing and recovery towards a full and meaningful life. Our programs are founded upon three basic principles: 1) eating disorders are learned behaviors and therefore can be unlearned; 2) everyone has the capacity for full recovery; and 3) high-quality intervention by trained professionals in a nurturing and loving environment is the optimal treatment setting for providing positive solutions to these self-destructive behaviors.

Center for Change is a program offering a full continuum of care, including acute inpatient and residential treatment, for adolescent girls and adult women who suffer from eating disorders. We understand that eating disorders are complex, intensely personal illnesses that can damage a woman physically, emotionally and spiritually. We work to heal the “whole person,” not simply temporarily change behavior. Our Center offers complete and specialized treatment for eating disorders, as well as concurrent illnesses including depression, anxiety, trauma, addiction, self-injurious behaviors and more.

Center for Change utilizes a step-by-step phase program and a multidisciplinary approach in which patients first realize and acknowledge the impact of their eating disorder. Next they accept ownership of their illness and regain a sense of responsibility and hope. Patients then commit to a plan for recovery that includes facing underlying issues and actively working to resolve them. During the final phase, they increase self-acceptance and esteem through self-correction, relapse prevention, increased self-love, sharing and supporting others who are likewise struggling. We use multiple therapeutic methods and experiential opportunities to ensure a comprehensive and individualized experience: i.e. individual therapy, dietary counseling, group therapy, medical and psychiatric care, art class, music therapy, Yoga and body movement therapy, family therapy, 12-Step groups, drug & alcohol groups, body image therapy, DBT skills groups and various and extensive life skills classes. The Center’s residential treatment program also houses Cascade Mountain High School, a full academic program for adolescents grades 8-12 which is AdvancED accredited.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Health; The Joint Commission; TRICARE Certified; AdvancED
Professional Affiliations: NATSAP-Full Member; International Association of Eating Disorders Professionals (IAEDP) National Eating Disorders Association (NEDA); Eating Disorders Coalition (EDC)

Chamberlain International School

(Therapeutic Boarding School)

CONTACT

Executive Contact: Sarah Norfleet
Admissions Contact: John Mendonca
Academic Contact: Scott Davignon
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Fax: (508) 947-1953
Address: 1 Pleasant Street, PO Box 778
 Middleboro, MA 02346
Website: www.chamberlainschool.org

NATSAP Member
 Since: 2005

PROGRAM OUTLINE

Gender: Coeducational
Ages: 11 - 22
Grades: 6 - 12/Post Grad
Enrollment: 98
Duration: 365 days
Founded: 1976



Airport: Boston, MA (BOS),
 Providence, RI (PVD)

Chamberlain School is a private, non-profit, co-educational Therapeutic Boarding and Day School for students' ages 11-22 founded in 1976. Chamberlain offers degree granting academics and intensive clinical services to students who require a high level of structure and care at this point in their lives. Students are capable and talented children and young adults within the average to superior range who are faced with multiple complex diagnoses who tend to be emotionally fragile. Often family systems and peer relationships have become strained.

Diagnoses include but are not limited to a combination of any of the following: ADHD; NVLD; Aspergers; ASD; OCD; Depression; Mood Disorders; Anxiety; Attachment; Trauma; Self esteem; BPD traits; atypical psychosis/schizo affective disorder. Many have a wide range of specific learning disabilities.

Chamberlain's on-grounds school accommodates many learning styles and needs. From multi modality and project based instruction to creative assessment of learning the approach is designed to maximize student academic potential. Life skills, general education and college prep curriculum are offered. SAT prep and administration as well as state mandated testing. Small class sizes and student to faculty ratio, Speech Language, OT, Wilson/Sonday and Orton Gillingham reading programs.

Masters level clinicians offer individual, group and family therapy. Two on grounds Psychiatrists and nursing dept. round out the clinical team. The clinical focus is Cognitive Behavioral Therapy with a strengths based approach. Within the clinical department many therapists specialize in areas such as Family Therapy, DBT, ERP, Grief and Loss, Play Therapy and Trauma. Parent Workshops and Parent Support groups are offered throughout the year and weekly communication between families and therapist are ongoing.

Students live in 9 residences, which are designed to create a homelike environment with much care and attention given to the atmosphere to ensure they are conducive to assisting each student utilizing a relational model. Our residential department works with the educational and clinical team to ensure related services from each students treatment goals are being carried out within the evening and weekend programming. Set routines provide external structure whilst independent living skills and fun, therapeutic and recreational activities are taking place daily.

Throughout the school year multiple Educational and Recreational trips are offered to our students including Marine Science in Bermuda; History in Europe; Habitat for Humanity, ski trips, camping trips and more.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education; Massachusetts Department of Early Education and Care; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; National Association of Private Special Education Centers

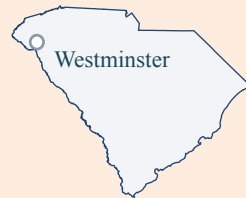
Cherokee Creek Boys School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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Executive Contact: David LePere
Admissions Contact: Shaler Black Cooper
Academic Contact: Denise Savidge
Email: admissions@cherokeecreek.net
Phone: (864) 647-1885
Fax: (866) 399-1869
Address: 198 Cooper Road
 Westminster, SC 29693
Website: www.cherokeecreek.net

Gender: Boys Only
Ages: 10 - 15
Grades: 5 - 9
Enrollment: 39
Duration: 12 - 24 months
Founded: 2003



NATSAP Member
Since: 2009

Airport: Spartanburg/Greenville, SC (GSP)

At Cherokee Creek Boys School our mission is to “Challenge boys and their families to discover what is real and true about themselves and the world around them.”

Nestled in the foothills of the Blue Ridge Mountains, Cherokee Creek is a therapeutic boarding school where struggling middle school boys, ages 10-15, come to discover a sense of hope and optimism for their future. Our students are great kids with very real challenges. By the time boys reach Cherokee Creek, family relationships are often strained and the home environment may be in chaos. Many of our students are unwilling or incapable of recognizing the negative impact that their actions have on themselves, their families and those around them. Our students come to us with many challenges including, but not limited to: attention deficit disorder, depression, anxiety, oppositional behavior, learning style differences, academic frustration or failure, divorce, adoption issues, abandonment, trauma and grief and loss.

Cherokee Creek Boys School is a warm, positive, nurturing learning community that offers the benefits of small enrollment, individual, group, family and equine assisted therapy, hands-on academics, counseling, recreation and a talented staff dedicated to helping boys find their way to a life of balance and harmony. Our PATH program creates a journey for students to gain insight, grow, develop and succeed through a combination of Personal Enrichment opportunities, Academics, Therapy, and Health and Recreation activities tailored to each student and his specific needs.

Families of Cherokee Creek students attend quarterly seminars, Family Trek adventures, women’s retreats, & Father/Son Treks designed to promote healthy family relationships. We also build parenting skills through education, staff and community support and successful visits that serve as the building blocks for students to transition back home.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: South Carolina Department of Social Services; AdvancEd; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; Gurian Model School; Southern Association of Colleges and Schools (SACS)

Cherry Gulch

(Therapeutic Boarding School)

CONTACT

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 Emmett, ID 83617
Website: www.cherrygulch.org

NATSAP Member

Since: 2006

PROGRAM OUTLINE

Gender: Boys Only
Ages: 10 - 14
Grades: 5 to 9
Enrollment: 47
Duration: 8 to 18 months
Founded: 2004

**Airport:** Boise, ID (BOI)

Cherry Gulch is passionate about providing early intervention and prevention to help boys reach their full potential and become well-rounded pro-social young men. We are dedicated to providing outstanding academic and therapeutic services to students and their families in the context of a safe, supportive environment and work toward “Building Brighter Tomorrows for the Boys of Today.”

Cherry Gulch is a ranch style therapeutic boarding school designed specifically for 10 to 14 year old boys. Our services are appropriate for boys with various difficulties including oppositional-defiance, depression, ADHD, learning differences, low self-esteem, poor motivation, anger, anxiety, family conflict, and other behavioral and emotional problems.

A unique therapeutic environment is provided on our beautiful 200-acre ranch, with small animals and horses, where every experience is educational and therapeutic in a fun purposeful environment. We strive to provide the most effective therapeutic strategies into the student’s daily life. We offer at least 10-15 hours of scheduled therapeutic services a week but much more therapy takes place as life unfolds and a therapeutic moment arises. Our therapeutic services take shape as creative approaches to empirically based treatments and include individual, group, and family therapy, with experienced masters level therapists. We also offer equine assisted psychotherapy, social thinking, emotional literacy (RULER), neuro-technology, occupational therapy and adoption group and a wide variety of active experiential learning and therapeutic activities.

Cherry Gulch utilizes brain-based learning strategies in an experiential hands-on learning environment. We offer small class sizes, experienced credentialed teachers, and individualized academic plans. Parents are very important to our program and the success of our students and we offer a number of resources for parents including training them on the structure of our program and helping them implement the same program in their home. We maintain a high staff-to-student ratio and have highly skilled and compassionate staff.

Individual Psychotherapy Available: Yes**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare; Student and Exchange Visitor Information System (SEVIS), AdvancED**Professional Affiliations:** NATSAP-Full Member; AACRC

Chrysalis

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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 Eureka, MT 59917
Website: www.chrysalisschoolmontana.com

Gender: Girls Only
Ages: 13 - 18
Grades: 8 - 12
Enrollment: 40
Duration: 12 - 18 months
Founded: 1998



NATSAP Member
 Since: 2000



Airport: Glacier Park International, MT (FCA)

Chrysalis is a therapeutic boarding school for adolescent girls ages 13-18. Nestled in beautiful northwest Montana, location is crucial to our treatment modality of identity formation. Eureka and the surrounding area allows us to expose students to a variety of activities ranging from downhill skiing, hiking, rock climbing, biking, and numerous community service opportunities.

A Chrysalis student is one who has lost her sense of identity and is trying to figure out who she is, and who she wants to be. Our students are relationally motivated, but have lacked the skills to maintain healthy friendships. We believe that healing happens in relationship, thus we utilize a family systems approach both within a student’s family, as well as how the treatment team functions on campus.

A student’s treatment team has members from the residential, clinical, academic, and adventure teams, and is facilitated by the clinical and program director. The treatment team meets weekly, and makes data informed treatment decisions. Students and families are regularly completing surveys that allow us to measure a student’s progress. Our surveys continue two years after treatment.

Chrysalis academics focus on reigniting a passion for learning and getting girls back on track for high school graduation. With seven full time teachers for 40 students classes are small. Every student has an academic adviser whom she meets with weekly, as well as daily executive functioning check ins. Our students are typically college bound, and some choose a gap year program.

In short, Chrysalis helps a student build connections, heal wounds, and find strengths. We believe that a student’s strengths are just as genuine as her struggles. Family involvement is crucial, and happens through weekly family therapy calls, weekly social calls, family weeks, parent retreats, international service trips, and of course local and home visits.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Montana Department of Labor and Industry, Board of Private Alternative Adolescent Resident and Outdoor Programs; National Independent Private Schools Association (NIPSA); AdvancEd
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

ClearView Communities, LLC

(Young Adult Program)

CONTACT

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 Frederick, MD 21701
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PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 60+
Grades: N/A
Enrollment: 16
Duration: +/- 1 year average
Founded: 2011



NATSAP Member
Since: 2013

Airport: Baltimore, MD (BWI)

ClearView Communities offers a comprehensive assessment and therapeutic living program for adults with mental illness seeking recovery and independent living. ClearView combines a psychosocial rehabilitation program and individual support with well-supervised living accommodations and community-based activities. With a strong emphasis on symptom management and a vocational program, residents are taught living well with mental illness is possible.

Our clinical team provides an array of services including individual and group psychotherapy, family therapy, cognitive remediation skills, EMDR, vocational coaching, and health and wellness services. Residents utilize the experience of the therapeutic community as they practice life skills necessary for successful interpersonal relationships and independent living.

ClearView Communities offers a range of residential accommodations, from intensely staffed 24/7 housing to semi-independent living residences with wrap around services from staff. A predetermined length of stay is not required at ClearView, although it is expected that after 12 to 18 months of residential treatment most clients will be prepared to live independently in their own homes or apartments.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Maryland Department of Health and Mental Hygiene
Professional Affiliations: NATSAP-Associate Member

Clearview Horizon, Inc.

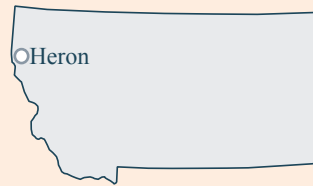
(Therapeutic Boarding School)

CONTACT

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PROGRAM OUTLINE

Gender: Girls Only
Ages: 13 - 21
Grades: 7 - College
Enrollment: 33
Duration: 18 - 24 months
Founded: 1997



NATSAP Member
Since: 2001

Airport: Spokane, WA (GEG)

Clearview Horizons is a therapeutic boarding school for girls set in the beautiful mountains near the year-round resort town of Sandpoint, Idaho. Parents send girls here from every state to take advantage of our expert therapists. Enrollment is year-round and can happen very quickly. Clearview Horizon is for girls age 13-21 with life-controlling issues such as addictions, self-harm, or inappropriate behaviors that may be threatening their future. We treat the emotional underpinnings of inappropriate or self-harming behaviors. Our therapists work best with girls who are acting out, self-harming or making poor decisions due to emotional issues stemming from: major trauma or loss in their life, abuse, death of a loved one, or attachment disorders related to adoption.

With expert psychotherapists, Clearview cares up to 33 girls in a gorgeous mountainside facility that was once a prestigious corporate hunting lodge. Our multi-disciplinary team is dedicated to helping each girl start on a new and more productive path in life. Residents in the Clearview therapeutic boarding school for girls receive an individual treatment plan aligned with their medical, emotional, and psychological needs. Clearview has online curriculum that is accredited directed by a certified teacher. Clearview Horizon is a non-threatening, structured, yet nurturing and caring therapeutic boarding school for girls who are making poor choices and need to develop stronger interpersonal and academic skills. Our Christian staff specializes in working with adopted girls and girls who have attachment disorders or a history of abuse or a major loss in their life.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana Department of Labor and Industry, Board of Private Alternative Adolescent Resident and Outdoor Programs; AvancEd

Professional Affiliations: NATSAP-Full Member

Collegiate Coaching Services

(Transitional Independent Living Program)

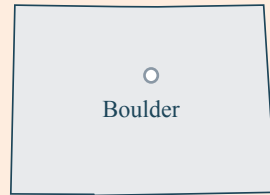
CONTACT

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 Boulder, CO 80302
Website: www.collegiatecoachingservices.com

NATSAP Member
 Since: 2012

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 30
Grades: N/A
Enrollment: 23
Duration: 6 - 12 months
Founded: 2008



Airport: Denver Int'l Airport (DIA)

Our Program Mission is to inspire and empower young adults to reach their full potential

Appropriate Candidates for CCS:

Young men and women ages 18-30 who want therapeutic coaching, academic coaching, and clinical services to support their involvement and success in academics, wellness and recovery, community connection and building independent living skills.

Candidates have a high school diploma and may have the goal of attending a college or university and/or obtaining employment in or around Boulder, CO. They require coaching and clinical support to develop a healthy connection with the community, which will enhance their social support system, facilitate and promote a successful recovery from mental health issues, drug and alcohol abuse, gaming/Internet addiction, academic failure, isolation, and low motivation and self-confidence.

The young adults may have received and participated in previous treatment, such as outpatient or residential programs, and they are prepared for the supervised independent living structure.

Overview of Services:

Our team of community-based therapeutic and executive function coaches, parent coaches, and therapists provide support, guidance and leadership to young adults who have the goal to become more self-sufficient and empowered in all areas of their lives.

Our clients receive support and coaching in the areas of:

- Higher education - executive function - employment - improved practical skills - sobriety - a sense of community - improved emotional health

The young men and women we provide services for live in or around Boulder, CO. They may attend or be seeking to attend local community colleges or universities. Our coaches provide support on campus and off to promote a positive academic experience.

We provide job coaching and support in obtaining volunteer positions.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Department of Regulatory Agency in Colorado

Professional Affiliations: NATSAP-Associate Member

Compass Rose Academy

(Residential Treatment Center)

CONTACT

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 Wabash, IN 46992
Website: www.compassroseacademy.org

PROGRAM OUTLINE

Gender: Girls Only
Ages: 14 - 18
Grades: 6 - 12
Enrollment: 20
Duration: 9 - 12 months
Founded: 2012



NATSAP Member
 Since: 2014

Airport: Fort Wayne Int'l Airport (FWA/KFWA)

Mission Statement:

Compass Rose is a Christ-centered organization committed to enriching the lives of children and families through emotional healing, personal development, and spiritual growth.

Appropriate Candidates:

Our residential treatment center provides a positive, nurturing environment for teenage girls ages 14-18 struggling with a variety of emotional and behavioral problems including Depression, Anxiety, ADHD, Bipolar Disorder, Reactive Attachment Disorder and issues related to adoption. Primarily, our girls tend to be those who turn inward and tend toward emotional numbing versus aggressive acting out.

Overview of Services:

Compass Rose Academy's distinctive features include:

1. We are centrally located in the Hoosier Heartland, especially for those families from the Midwest region who are looking for expert care but without the distance of traveling across the country. Recreation facilities on our beautiful 700-acre wooded campus setting include a women's fitness center, two gymnasiums, an indoor pool, two softball fields and a low ropes course.
2. Many families don't want to have to choose between expert clinical care and the experience of a healing, nurturing Christian environment. Compass Rose Academy exists so that families don't have to choose between those two important aspects of care. Our Growth Model Philosophy of Care is based on the work of leading Christian psychologist/author Dr. John Townsend, Ph.D., co-author of the best-selling Boundaries series. We blend intensive clinical services into a thriving Christian environment. Throughout clinical and residential programming, we utilize affect-based approaches that emphasize the central role of experience in the therapeutic healing process. Clinical services include individual, group, and family therapy, equine-assisted growth and learning group, spiritual life group, and quarterly Intensive Parent Weekends.
3. Through a scholarship program based on our organization's endowment and annual fundraising efforts, we are able to offer financial assistance so that our quality services are available to the average family.
4. We offer a comprehensive educational program through a partnership with the Metropolitan School District of Wabash County which operates our on-campus school, White's Jr./Sr. High School. The school is fully accredited by the Indiana Department of Education and provides many levels of support from Special Education Services to Advanced Placement (AP) courses and work experience (both paid and volunteer). Our on-campus work sites include a Greenhouse business and a Cafe.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Indiana Department of Child Services; Indiana Department of Education and Metropolitan School District of Wabash County; Council on Accreditation (COA)

Professional Affiliations: NATSAP - Full Member

Cumberland Heights

(Residential Treatment Center - Substance Abuse)

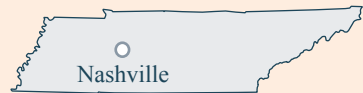
CONTACT

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Admissions Contact: Dale Kirkham
Academic Contact: Kevin Goddard
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Phone: 1-800-646-9998
Fax: (615) 432-3186
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 Nashville, TN 37209
Website: www.cumberlandheights.org

PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 - 18
Grades: 7 - 12 (onsite private school)
Enrollment: 24
Duration: 30 - 120 days
Founded: 1985

NATSAP Member
Since: 2009



Airport: Nashville, TN (BNA)

Cumberland Heights Adolescent Treatment Program is committed to the tradition of providing the highest quality of care possible in a cost effective manner, for adolescents and their families who are at risk for, or suffering from substance abuse or substance dependency issues. Treatment encompasses the physical, mental, emotional and spiritual dimensions of recovery by offering professional excellence, the principles of the Twelve Steps, proven clinical intervention and a safe, loving environment.

We specialize in adolescent males ages 14-18 who have a primary addiction diagnosis and will benefit from the structure and therapy provided in this description. Our average length of stay is 30 to 120 days. Treatment is designed to provide physical and emotional safety and education in order to begin abstinence and long term recovery from addiction. We offer our patients an opportunity of connecting or reconnecting with their own spiritual life and how this has relevance in their day to day recovery. Additionally our patients are introduced to new and effective coping skills that involve their physical, spiritual emotional and overall sober support system.

Adolescent treatment at Cumberland Heights provides for a combination of recovery/education and therapy delivered through individual, group, didactic and experiential modalities. These therapies are experienced through a combination of indoor traditional therapies along with our outdoor adventure based techniques. We utilize both high and low ropes course elements, an indoor climbing wall, a full size gymnasium as well as our natural setting on 177 acres to engage teenagers.

School services are provided through River Road Academy, a TN State licensed school on campus. For those who will retain enrollment in their own home school our teachers collaborate with that school and provide tutoring to keep the adolescent caught up with their work.

The boys sleep two to a room and have a lodge style day room for morning and evening meditation and just relaxing. Meals, recreation and all activities are supervised and accompanied by staff. Our patients attend a minimum of three off site 12-step meetings per week. Cumberland Heights understands that teenagers cannot be treated individually and in isolation of their family. Our treatment utilizes Family Systems Theory methods to support change in the entire family. Weekly family sessions along with a 4-day family program are at the heart of the overall treatment experience.

Individual Counseling Available: Yes

Accreditation, Licensure: State of Tennessee, Department of Mental Health and Substance Abuse Services; Tennessee Department of Education; The Joint Commission

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP); Association of Recovery Schools; Tennessee Association of Alcohol, Drug & other Addiction Services (TAADAS); Tennessee Association of Addiction Treatment Providers (TAATP)

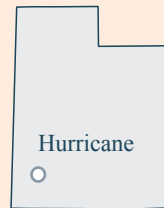
Diamond Ranch Academy - Crystal Springs

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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 Hurricane, UT 84737
Website: www.diamondranchacademy.com

Gender: Girls Only
Ages: 12 - 17
Grades: 6 - 12/College Prep
Enrollment: 24
Duration: 10 - 12 months
Founded: 1999



NATSAP Member
Since: 2012

Airport: Saint George, UT (SGU)

Diamond Ranch Academy (DRA) is a premier licensed Residential Treatment Center for youth, located on 55 acres in Utah's beautiful color country. Our mantra is "Healing Families One Youth at a Time" and we are dedicated to creating life-long positive change in the lives of our students and their families. Typical diagnoses that are appropriate at Diamond Ranch Academy include: Depression, Anxiety, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse.

Diamond Ranch Academy is designed to equip young women with self-worth and an understanding of how to navigate the struggles women face in today's society. We provide our students with opportunities to learn and practice emotional regulation, distress tolerance, mindfulness, and interpersonal effectiveness. Our caring, therapeutic environment allows students to love and accept themselves and develop and maintain healthy relationships with others.

All students work with a licensed Doctoral or Masters level therapist. Our therapists are creative in developing individual treatment plans that integrate all aspects of DRA's Milieu. DRA offers Individual Therapy, Group Therapy, Family Therapy, Equine Therapy, and AA/NA groups. In addition, DRA offers twelve parenting seminars yearly to help equip parents with improved parenting skills.

DRA's accredited academic program is specifically designed to empower students by providing individual support from certified teachers in a traditional classroom environment. To ensure mastery of the learning process and the development of essential study skills, DRA utilizes a student-paced mastery curriculum. Mastery learning empowers students to develop the academic skills, foundation of knowledge, and confidence needed for success in the classroom. Special Education personnel assist with identifying students with learning disabilities and providing services of existing Individual Education Plans (IEP). In addition to core and other elective courses, a comprehensive Vocational Education program gives students the opportunity to explore career pathways and learn valuable occupational skills to support future career pursuits.

Competitive athletic teams and extra-curricular clubs are an important part of DRA. Participation in such activities allows the student to improve individual talent and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect, and humility. Athletic teams and extra curricular clubs include activities such as: Art, Track and Field, Volleyball, Basketball, Dance, Cheer, Guitar, Hiking, Yoga, Horseback Riding, Choir, Speech and Debate, Skateboarding, and Small Animal Care.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Resources; Utah State Office of Education; AdvancED; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP - Full Member

Discovery Academy

(Therapeutic Boarding School)

CONTACT

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 Provo, UT 84601
Website: www.discoveryacademy.com

NATSAP Member
Since: 1999



PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 18
Grades: 7 - 12
Enrollment: 82
Duration: 6 - 18 months
Founded: 1989



Airport: Salt Lake City, UT (SLC)

Discovery Academy is a co-ed clinical boarding school located in Provo, Utah for adolescents aged 13-18. We offer separate programming in a small school environment for just 50 boys and 32 girls. Discovery Academy is an excellent bridge from previous treatment programs to a more academically-oriented therapeutic approach. We are able to help students break out of the treatment bubble and step-down into the community while continuing to address trauma, attachment and other previous treatment issues.

Our treatment protocol in academics, clinical and residential living focuses on a balance of experiential and relationship-based therapeutic experiences. Discovery Academy serves three types of students: Bright academic underachievers who have been unsuccessful in their previous academic settings; students with learning disabilities who have not achieved academic success and students who have made poor peer and/or lifestyle choices.

Many of our students have been diagnosed with ADHD, depression, substance abuse, attachment and oppositional defiance or similar conditions. Each student has the opportunity to excel at Discovery Academy through individualized academic plans and therapy designed to challenge and inspire both the student and family.

Accredited by the State of Utah and the Northwest Accreditation Commission, Discovery Academy offers math, science, English and history as well as Advanced Placement courses and college preparatory work. On occasion, our Boys and Girls programs are combined for meaningful activities like student government, service projects, and extra-curricular clubs. Our students who have achieved the highest Honor Phase are allowed to work in the community or take additional academic courses through two neighboring universities, giving them a chance to practice real-life in real time, all with continuing clinical and academic support.

Discovery Academy clinicians use traditional therapy in combination with experiential therapies like drama, art, horticultural, equine, high and low ropes courses and real-time residential learning activities. Aftercare options are also available.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); American Psychological Association (APA)

Discovery Connections

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Brent Hall, LMFT Admissions Contact: Christin Prestwich Academic Contact: Laurie Laird Email: brenth@discoveryconnections.com Phone: (801) 800-8033 Fax: (801) 373-4451 Address: 1834 South Sandhill Rd Orem, UT 84058 Website: www.discoveryconnections.com</p> <p>NATSAP Member Since: 2011</p>	<p>Gender: Boys Only Ages: 13 - 18 Grades: 7 - 12 Enrollment: 12 Duration: 6 - 18 months Founded: 2010</p> <div data-bbox="755 491 908 687" data-label="Image"> </div> <p>Airport: Salt Lake City, UT (SLC)</p>

Discovery Connections is a small, twelve-bed program focused on helping 13-17 year-old male adolescents who often have experienced failure in a larger treatment milieu and have a high risk of acting out. These students can be socially manipulative and need a smaller clinical setting to aid in the development of more a behaviorally authentic response to social stimuli and environmental stressors.

Because of the small milieu, Discovery Connections is able to make each boy’s treatment more immediate, detailed and individual. Trained staff utilize the time-honored Governing Principles to direct and help boys to appropriately and positively influence each other to perform and act in acceptable ways. Students also gain experience in our Career Development program which evaluates and trains each young man in a practical setting based on his interests and abilities. This specialized programmatic component is utilized to help both the student and parents understand career aptitude and educational needs. Students also participate in community-based athletic teams and community service. Experiential activities are the foundation of our therapeutic success. Parent involvement is also a critical part of a student’s programming.

Educationally, each student can be on a traditional or non-traditional track such as a GED. Discovery Connections offers a personalized mastery-based, tutorial learning atmosphere where teachers are licensed educators, many with master’s level degrees, with each class also having a special education teacher in the classroom to help with individual student needs.

In a therapeutic house style, this location facilitates easy access to mentors, teachers and therapists in a manner that develops trust and togetherness. Boys are involved in cleaning, cooking, and maintaining the program grounds and facilities. Students are free to engage in sports and other recreation activities on the facility’s sport court and open grass area during free time on the program property.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Utah, Office of Licensing, Dept of Human Services, Northwest Accrediting Commission*
Professional Affiliations: *NATSAP-Full Member*

Discovery Ranch

(Residential Treatment Center)

CONTACT

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 Mapleton, UT 84664
Website: www.discoveryranch.net

NATSAP Member
 Since: 2005



PROGRAM OUTLINE

Gender: Boys Only
Ages: 13 - 18
Grades: 7 - 12
Enrollment: 60
Duration: 10 months
Founded: 2005



Airport: Salt Lake City, UT (SLC)

Discovery Ranch combines the power of traditional therapy and experiential therapy to create a clinically sophisticated, relationship based residential treatment program for boys ages 13-18.

Troubled teens with emotional and behavioral issues receive the help they need through relationships and experiences in a strength based environment.

Our brand of emotionally rich experiential therapy is effective because it lowers students' defenses and creates a safe environment for change. It doesn't look or feel like traditional therapy. Our experiential program is more than just filling time. It's a mind set. Students progress faster because they have more opportunities to practice what they are learning.

Therapeutically intense and carefully supervised, students learn who they really are as they work side by side with therapists and staff who model, motivate and mentor. Many students have come to the ranch behind in school or struggling to find success in learning. At Discovery Ranch we take your child's education as serious as our own learning and growth and have worked hard to create an academic atmosphere that allows students the one on one attention and focus that is needed to kick start their love of learning and future high school and college success! Many of our students who have progressed through our accredited academic program have begun to find success and enjoyment in their studies and have left better prepared for higher education opportunities.

At Discovery Ranch, we don't rescue students from difficult life experiences. We teach them how to deal with them. We model, mentor and motivate, giving our students the tools they need to recognize and regulate their emotions and behaviors.

Our treatment model is built on a foundation of experiential therapy to create strong relationships. Therapists, mentors, teachers and staff work side by side with our students every day. This experiential approach makes students more open to the therapeutic process.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; California Dept of Special Education Non-public School

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Discovery Ranch for Girls

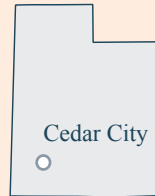
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Website: www.discoveryranchforgirls.com

Gender: Girls Only
Ages: 13 - 18
Grades: 8 - 12
Enrollment: 44
Duration: 9 - 11 months
Founded: 2005

NATSAP Member
Since: 2005



Airport: Cedar City (CDC)
 Saint George (SGU)

Discovery Ranch is a residential treatment center located on a spectacular 60 acre campus just ten minutes from Cedar City, Utah. Discovery’s open campus is designed for experiential therapy in residential living, academics, and ranch responsibilities. Our treatment team protocol is founded on helping students develop self esteem and identity through skill mastery. Discovery Ranch serves students ages 13-18 who struggle with a variety of of emotional and behavioral issues such as anxiety, depression, eating disorders, adoption, self-harm, substance abuse, etc.

Relationships underscore our competency based model. Students, mentors and therapists participate together in equine activities, caring for newborn calves, high and low ropes courses, community service projects and academics.

The Ranch offers one of the most veteran therapeutic teams in the industry. All therapists are licensed Master’s and PhD level practitioners with an average of 19 years experience each working with adolescents. Clinically intensive, each student receives individual, group and family therapy sessions each week. Real time therapeutic intervention through relationship based interaction is the heart of our program.

Discovery specializes in student centered academics. Students and parents work with teachers and therapists to develop a customized education plan with specific learning goals. Then, therapeutics and academics work in tandem to achieve a competency based progression. Coursework is fully accredited by the State of Utah and taught by licensed educators. Academics are complimented by remedial assistance, experiential learning activities and small learning communities. Special education and IEP/504 assistance is also available.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NWAC) through Discovery Academy

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

The Discovery Schools of Virginia

(Therapeutic Boarding School)

CONTACT

Executive Contact: Mark Mellusi
Admissions Contact: Susan Lewis
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Phone: (434) 983-5616
Fax: (434) 983-5617
Address: PO Box 1160
 Dillwyn, VA 23936
Website: www.discoveryschool.org

PROGRAM OUTLINE

Gender: Boys and Girls in Single Gender Groups
Ages: 12 - 18
Grades: 6 to 12
Enrollment: 54 boys/24 girls
Duration: 12 - 18 months
Founded: 1998



NATSAP Member
Since: 2007

Airport: Richmond, VA (RIC)

The Discovery Schools of Virginia's guiding principles are a product of the founders' particular experiences in the outdoor therapeutic group setting. These principles include: Academic success follows emotional and personal growth. Family reintegration is based on mutual respect, good communication and effective problem solving. Young people with emotional and behavioral problems must be held accountable for their actions. The outdoor setting and the group process play a vital role in helping young people see themselves honestly. Young people who are properly challenged emotionally, mentally, and physically will develop a positive sense of self-worth and a sense of responsibility.

Our students will have experienced ongoing frustration or failure in the traditional or other non-traditional academic settings. The essential goal of The Discovery School's academic program is to teach each student to take responsibility for his/her education and to respect it as a privilege.

Discovery Schools' group setting is a structured yet nurturing environment in which students mature by becoming accountable for their problematic behaviors. By stressing the importance of honesty, responsibility to others and accountability for self, the group experience provides each group member with a positive means to address unresolved emotional, developmental and family issues which are frequently acted out through opposition to schools and to school rules.

Students having histories of drug and alcohol problems are welcome to join Recovery Dynamics throughout their enrollment. This helps them accept the solutions that treat addiction and to begin their personal journey or recovery.


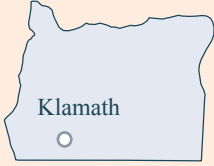
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Virginia Department of Social Services; Virginia Department of Education; Virginia Associate of Independent Specialized Educational Facilities; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Dragonfly Transitions

(Transitional Independent Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Glenn White Admissions Contact: Dori Them Email: Dori@dragonflytransitions.com Phone: (541) 850-0841 Fax: (866) 341-3053 Address: 505 N 9th Street Klamath Falls, OR 97601 Website: www.dragonflytransitions.com</p>	<p>Gender: Coeducational Ages: 18 - 26 Grades: High School/GED and College Enrollment: 50 Duration: 9 - 12 months Founded: 2000</p>
<p>NATSAP Member Since: 2005</p> 	 <p>Airport: Medford, OR (MFR)</p>

Founded by Mona Treadway and Glenn White, Dragonfly Transitions is a therapeutic transition program for young men and women ages 18-26.

Dragonfly Transitions has three distinct locations: The Homestead, Klamath Falls, and Ashland.

The ultimate goal is to integrate Dragonfly students back into the flow of life in a healthy, adaptive, and sustainable way. The program is interwoven into the community. Students are expected to build a weekly schedule that includes academics, apprenticeship/volunteer work, therapy, groups, exercise, and recreation. Students are mentored to learn how to connect with their community to build a meaningful and sustainable social network and healthy recreational outlets. Dragonfly owns and operates a café and organic farm that provide opportunities for job skills training.

Dragonfly has a multidisciplinary treatment team comprised of mentors, therapists, program directors, academic director, fitness director, a medication manager, and a psychiatrist. This multidisciplinary approach allows the team to make use of the teachable moments that invariably occur in everyday living.

Dragonfly Transitions is designed to address problems that result from:

- Mood and Anxiety disorders
- Substance/Technology Abuse
- Delayed emotional development
- Adjustment Disorders
- Trauma
- Adoption
- ASD

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Transitional Living, The Joint Commission Accreditation

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); Young Adult Transition Association

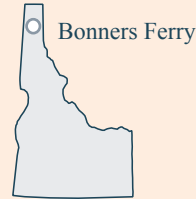
Echo Springs Transition Study Center

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
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Executive Contact: John Winton
Admissions Contact: Emily Phillips
Academic Contact: Chris Ankney
Email: chris@echo-springs.com
Phone: (888) 688-3246
Fax: (208) 267-1122
Address: 3210 Kootenai Trail Road
 Bonners Ferry, ID 83805
Website: www.echo-springs.com

Gender: Coeducational
Ages: 18 - 24
Grades: N/A
Enrollment: 25
Duration: 10 - 14 months
Founded: 1993



NATSAP Member
Since: 2009

Airport: Spokane, WA (GEG)

Echo Springs is one of the oldest and most experienced young adult transition programs in the US. Developed and refined for over 2 decades, Echo Springs has successfully served students in finding their place.

Inherent in our approach, is the belief that every student has something important to give to themselves and the world. They may not know exactly what that is when they first arrive, but they will by the time they leave.

Students learn life skills, engage with the local community, enjoy the beauty of nature, and maintain employment. For many of our students it is quite gratifying to create a weekly menu and grocery lists for preparing healthy individual and group meals, volunteer in the community, take a hike in the woods, or earn a paycheck!

Students will progress toward their independence through our foundations, experience and interdependence phases.

Foundations is all about helping students establish healthy balanced systems and rhythms. As students identify individual interests they acquire more opportunities to tailor their schedule to follow those pursuits.

Students demonstrating self-reliance will continue their academic, social, physical, and financial pursuits according to their schedule. A mentor is always available to coach and support students and there is also weekly advising meetings, where students are encouraged and empowered to practice more and more independence.

Now is it time for students to put all the pieces together implementing the skills to live as a healthy independent adult. In this last phase, students move into their own living space of their choice while continuing to work, learn, recreate and be a part of your community. Though we may stand back a little to give students more room to grow, we are always present and watchful and willing to help along the way.


Individual Counseling Available: *Yes*

Accreditation, Licensure: *NIPSA*

Professional Affiliations: *NATSAP-Associate Member; National Independent Private School Association; Young Adult Transition Association*

EDGE Learning & Wellness Collegiate Community

(Transitional Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Jason Wynkoop Admissions Contact: John Conway Email: info@edgelearningcommunity.com Phone: (224) 616-2655 Address: 63 East Lake Street Chicago, IL 60601 Website: www.edgelearningcommunity.com</p>	<p>Gender: Coeducational/ Single Gender Groups Ages: 18 - 24 Grades: College Enrollment: 16 Duration: 6 - 10 months Founded: 2011</p>
<p>NATSAP Member Since: 2011</p>	 <p>Airport: Chicago, IL - O'Hare (ORD), Chicago, IL - Midway (MDW)</p>

EDGE is a wellness community in Chicago committed to supporting college students striving for academic and social success.

Quick Facts:

- EDGE is a substance-free, co-educational young adult transition program with an emphasis on college-level learning and holistic wellness.
- 85% of all EDGE students go on to independent living following their time at EDGE and continue to be living independently six months post-discharge. Over 90% of EDGE students who finish the program successfully continue to have success in independent living twelve months post-completion.
- With a limit of 16 students, EDGE provides a nurturing community that emphasizes connection and relationship as well as a high degree of individual support and accountability.
- EDGE students take classes at or pursue admission to any of the more than 20 colleges and universities within 5 miles of the program.
- Each student works with a Therapeutic Life Coach as well as our Learning Coordinator, to individualize their success plan, with emphasis on academic and life skills development.
- Each EDGE Student develops a digital portfolio, tracking mastery over academic and life skills, demonstrating their ability to lead healthy, independent lives. The portfolio guides the process of their eventual graduation from EDGE and the healthy launch to independence.

The EDGE Advantage:

- EDGE has masters-level clinical coaching staff who live on-site and go with you on your journey to greater independence and academic success, making EDGE the most clinically supportive young adult program
- EDGE offers a metropolitan setting like no other young adult program, giving you the freedom and support to explore intellectual, social, service, and recreational opportunities
- EDGE has a unique philosophy that provides a framework for highly individualized, responsive support in a warm, encouraging community environment
- EDGE students have access to more colleges and universities than any other young adult program which allows you to choose the right school and academic plan among a diverse array of college options

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Council on Accreditation (COA)

Professional Affiliations: NATSAP-Associate Member; Association for Experiential Education (AEE)

Elevations RTC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Judi Jacques Admissions Contact: Laura Burt Email: admissions@elevationsrtc.com Phone: (801) 773-0200 Fax: (801) 773-0208 Address: 2650 West 2700 South Syracuse, UT 84075 Website: www.elevationsrtc.com</p>	<p>Gender: Coeducational Ages: 13 - 18 Grades: 8 - 12/College Prep Enrollment: 50 - 60 Duration: 8 - 10 months Founded: 2014</p>
<p>NATSAP Member Since: 2014</p>	<p>Airport: Salt Lake City, UT (SLC)</p>



Elevations provides an intensive, highly professional, therapeutic program utilizing an interdisciplinary approach. Our program includes; college preparatory academics, therapeutic recreation activities, and individual, family and group psychotherapy. On-site medical/psychiatric services are also available to all students.

Students may be experiencing issues such as depression, anxiety, attention challenges, mood disorders, negative relationships, academic difficulties, history of trauma, substance use, impaired daily functioning and other associated psycho-behavioral concerns.

Students are housed in small single gender therapeutic communities which allow for student mentoring, team accountability and peer oriented social development. Unlike dormitory living, the school setting is coeducational to provide students with a more traditional high school experience. All classes are taught by teachers who are credentialed in their subject area. Our class size averages 8-12 students allowing for more individualized instruction and support.

Our clinical philosophy is based upon Systemic, Relational and Social Learning theories. Within the integrated framework of these three theories, the treatment team at Elevations individualizes treatment based on the family's needs. The clinical care provided relies on Evidence Based Practices which are well-documented, effective approaches to treatment. Individual, group and family therapy are provided by masters or doctoral level clinicians. Our clinical program includes 25+ hours of weekly clinical/therapeutic services, expertise in ADHD & Executive functioning, Trauma work utilizing EMDR and Trauma-Focused CBT, Substance Use, Dialectical Behavioral Therapy and Art Therapy. Elevations offers 6-8 on-site Parent Seminars per year.

Our Therapeutic Recreation Services address the adolescent's need for physical, emotional and mental outlets through structured physical fitness, outdoor education, experiential education, community service learning and leisure education opportunities. These activities are intended to support goals set forth by each student's treatment team. Regular consultations with the clinical team and medical staff ensure that student's needs are being met along with a high standard for safety in all activities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Joint Commission on Accreditation of Healthcare Organizations (JCAHO), Utah Department of Human Services, Department of Licensure, Utah State Board of Education, Northwest Accreditation Commission (NWAC) a division of AdvancED, California Department of Education as a Non-Public School, Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member, American Association of Children's Residential Centers (AACRC)

Elk River Treatment Program

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Karen Lee, CEO
Admissions Contact: Kathy DeMellier
Academic Contact: Angie Griffin
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Fax: (256) 518-9941
Address: 500 Governors Drive, SW
 Huntsville, AL 35801
Website: www.elkrivertreatment.com

Gender: Coeducational
Ages: 12 - 18
Grades: 6 - 12
Enrollment: 60
Duration: 18 weeks
Founded: 2005

NATSAP Member
Since: 2006



Airport: Huntsville, AL (HSV),
 Birmingham, AL (BHM),

Elk River Treatment Program (ERTP) provides a structured residential setting for adolescents and teens that are exhibiting behaviors that negatively impact their lives and their families. ERTP specializes in identifying the source of maladaptive behaviors and any other unidentified mental health and/or substance abuse issues. The program is accredited in Behavioral Health Care by The Joint Commission and licensed by the State of Alabama to provide treatment for boys and girls ages 12 – 18. Our year-round, college prep academic program for grades 6 – 12 is accredited by AdvancED/SACS.

ERTP offers rolling admissions and the length of the program is determined by the child’s issues and response to treatment. We do not require long term contracts, yet ERTP can accommodate up to a year or more in treatment. Private insurance and private pay are accepted. ERTP is not a provider for Medicaid.

Upon admission, empirically based assessment and diagnostic tools are used to evaluate and formulate an initial diagnostic impression within the guidelines of the DSM-V. ERTP’s professional Treatment Team then develops a comprehensive treatment and education plan that is immediately implemented. Led by a child, adolescent and forensic psychiatrist, the Treatment Team includes licensed professional counselors, a licensed social worker that specializes in trauma, grief, adoption and attachment disorders, an advanced alcohol and drug counselor, an EAGALA certified instructor, and several highly qualified, state certified educators. Patients are supervised around-the-clock by support staff that are carefully screened and selected for their education and experience in adolescent treatment or related industry.

As a medical model staffed with physicians, registered nurses and a certified nurse practitioner, ERTP can accept youth that some programs consider medically fragile. With close medical oversight, medication management, expert therapeutic care and education, our graduates return home as self-directed, educated and contributing members of society.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Alabama Department of Youth Services; The Joint Commission; AdvancED/SACS
Professional Affiliations: NATSAP-Full member; Association of Experimental Education (AEE); BBB of North Alabama; Association for Training on Trauma and Attachment in Children (ATTACH); Huntsville Madison County Chamber of Commerce; Nashville Chamber of Commerce; Better Business Bureau of North Alabama

Eva Carlston Academy

(Residential Treatment Center)

CONTACT

Executive Contact: Kristi Ragsdale
Admissions Contact: Laura Kemper
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Phone: (801) 449-0089
Fax: (801) 204-9510
Address: 4943 South Wasatch Blvd.
 Salt Lake City, UT 84124
Website: www.evacarlston.com

NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: Girls Only
Ages: 12 - 18
Grades: 7 - 12
Enrollment: 44
Duration: 12 months
Founded: 2011



Airport: Salt Lake City, UT (SLC)

Eva Carlston Academy is a small residential treatment program for adolescent girls who need a clinically intense, yet nurturing environment to help them find their unique place in the world, a passion to inspire and guide them, and a sense of purpose in life. It's through a combination of sophisticated therapy, mentorship, the arts, and experiential learning that students at Eva Carlston heal and grow. They discover that they can succeed, take care of themselves, and love life as they journey toward young adulthood.

Our program takes place in three elegantly appointed houses located in Salt Lake City, giving girls an intimate sense of home as well as access to the cultural resources and opportunities of a large city. In our family-style setting, girls feel safe, valued, and at ease. With only 12-16 girls per house, deep friendships develop quickly. By participating directly in all decisions that affect her house, each girl finds her own unique voice and place in the intimate community.

We offer support in the form of a robust program of individual, group, and family therapy led by seasoned, licensed therapists. Our treatment approach is gender-specific, using the best, research-validated approaches for supporting women's mental health. Our milieubased therapeutic model, the Teaching-Family model, is research validated and serves as an effective way to help students achieve greater emotional health and independence by emphasizing 1) Strength-based approaches to skill building, 2) Problem Solving and emotional regulation, 3) Social-skills development, and 4) Preparation for independent living.

Eva Carlston Academy serves girls ages 12 to 18 who are struggling with emotional and behavioral issues, included but not limited to: Depression, Anxiety, Defiance & behavioral issues, ADHD, Self-harm, Eating disorders, Suicidal ideations, Substance Abuse, Physical and Sexual Abuse. We can safely accommodate those with diabetes, special dietary restrictions, and other medical conditions.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Office of Licensing - Department of Human Services; AdvancED

Professional Affiliations: NATSAP-Full Member

Evangelhouse Christian Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Mark D. Barrentine, LCSW
Admissions Contact: Mark D. Barrentine, LCSW
Academic Contact: Karen Barrentine
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Phone: (800) 924-4012
Fax: (866) 223-6842
Address: PO Box 139
 Saint Martinville, LA 70582
Website: www.evangelhouse.com

Gender: Girls Only
Ages: 12 - 18
Grades: 6 - 12
Enrollment: 14
Duration: 12 - 24 months
Founded: 1995



NATSAP Member
Since: 2005

Airport: Baton Rouge, LA (BTR), Lafayette, LA (LFT), New Orleans, LA (MSY)

Evangelhouse® Christian Academy

For Christian families seeking a values based treatment program for their troubled teen, Evangelhouse Christian Academy offers a clinically driven yet Christian focused option. Founded in 1995, Evangelhouse Christian Academy is a private, parent-choice therapeutic boarding school for girls offering 6th through 12th grades.

Our Mission

We support Christian families by engaging their troubled teen student in a five-stage growth process toward Spiritual, Emotional, Academic, Social and Physical™ maturity.

Our Vision

We are a school of excellence, setting the Christian standard within the marketplace of private, parent-choice therapeutic boarding schools.

Our Philosophy

We take a unique approach integrating Christian values with professional psychological services and psychotherapy. We teach Biblically based non-denominational Christian values. We encourage students to honor their family's denominational heritage.

Profile Student

The profile Evangelhouse Christian Academy student has come from a Christian upbringing, but her current choices and behavior problems require structural change. The problems the student is facing may take on different forms or emerge in multiple areas of functioning.

Parents enroll their daughters for various behavior problems, experimental substance abuse, academic or family difficulties. Many students present with mild to moderate DSM-V diagnoses such as depression, ADHD, bi-polar and other mood, behavior or learning disorders.

More than a School

Our therapeutic boarding school structure provides the focus necessary to complete a long-term life changing experience. The problems students are dealing with can take on different forms, but we treat the outward behaviors as symptoms of an internal struggle. At Evangelhouse Christian Academy we guide students to overcome not only the behavior symptoms, but their underlying root causes.

Our school is organized around five areas of wellness in which students can become rooted - Spiritual, Therapeutic, Academic, Social and Physical™. We call it the LifeLeaf™ treatment model. Through its five-stage structure, it creates the right conditions, the right amount of time and a gauge to measure growth.

Clinical and Spiritual Integration

At Evangelhouse Christian Academy students gain emotional maturity, insight, and self-awareness. As the LifeLeaf™ growth process unfurls clinical expertise guides the assessment, diagnosis and treatment of students. Christian values guide students beyond behavior symptoms to internalized character, integrity, and leadership. The clinical and spiritual components combined complete a long-term life building maturity experience.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Louisiana, Department of Education Division of Non-Public Schools, Alternative School Classification. Teen Challenge International, USA - Accredited with Honors; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP – Full Member

Evoke at Cascades

(Wilderness Therapy Program)

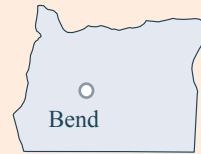
CONTACT

Executive Contact: Mischa Shriver
Admissions Contact: Leah Halverson
Email: leah@evoketherapy.com
Phone: (541) 382-1620
Fax: (541) 382-1817
Address: 20332 Empire Avenue, Suite F-7
 Bend, OR 97703
Website: www.evoketherapy.com

PROGRAM OUTLINE

Gender: Boys and Girls in Single Gender Groups
Ages: 13 - 30
Grades: 8 - 12
Enrollment: 45
Duration: 6 week minimum, 8 week average
Founded: 2005

NATSAP Member
Since: 2006



Airport: Redmond, OR (RDM)

Evoke at Cascades is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to help students with behavioral, emotional, academic, and substance abuse issues. Treatment plans are individualized for each student and include flexible lengths of stay, single- gender adolescent groups, group therapy, and individual therapy with Master's and Doctoral level therapists.

Adolescent: Evoke at Cascades works with students (males and females) ages 13 to 17 with a range of emotional and behavioral issues including depression, anxiety, learning differences, social and emotional difficulties associated with the autism spectrum, oppositional/defiance, attention deficit, substance abuse, history of trauma, and attachment issues. Typical students have failed to respond to previous treatment and have shown a pattern of decreasing ability to function in healthy ways. Treatment goals do not just focus on symptomatic behavior, but work on addressing underlying issues, improving coping skills, insight, and resilience. Clients may earn high school credits.

Adult: Evoke at Cascades young adult program offers two distinct groups. A recovery group is available, which works with clients struggling with substance abuse and/or dependency, utilizing a dual-diagnosis approach, that is, both clinical and 12-step methodology for working with clients ages 18-30. Substance abuse treatment goals include understanding the nature of addiction, learning to live a sober lifestyle, relapse prevention, and managing school and/or employment difficulties. Additionally, Evoke offers a young adult coed group that works with individuals who struggle with various mental health issues, such as depression, anxiety, lack of self-esteem, trauma, self-harm, relationship difficulties, family issues, anger management, attention issues, and mild eating disorders. Clients may earn college credit while attending Evoke.

Evoke at Cascades is a minimum of six weeks (average about 8-9 weeks) wilderness program designed to create a highly impactful therapeutic experience. There is a significant family component, structured to teach parents new skills designed to support their child's growth. There is a strong focus on assisting parents and referring professionals in planning appropriate aftercare. Parents, therapists and referring professionals take part in weekly phone calls. Parents typically are also involved in a mid-program visit in the field.

The cost is \$525 per day plus a \$2950 enrollment fee. Scholarships are available. Evoke serves clients from all over the United States as well as international clients. There is a maximum of nine clients in each group.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services, Office of Licensing and Regulatory Oversight; Oregon Board of Psychologist Examiners; NW Accreditation Commission-OR; AdvancED; Association for Experiential Education (AEE)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Evoke Entrada

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Rick Heizer
Admissions Contact: Stephanie Lewis
Email: stephanie@evoketherapy.com
Phone: (866) 411-6600
Fax: (435) 674-9309
Address: 2711 Santa Clara Drive
 Santa Clara, UT 84765-5466
Website: www.evoketherapy.com

Gender: Coeducational / Boys and Girls
 in Single Gender Groups
Ages: 13 - 30
Grades: 9 - 12
Enrollment: 50
Duration: 42 - 50 days
Founded: 2004

NATSAP Member
 Since: 2005



Airport: St. George, UT (SGU);
 Las Vegas, NV (LAS)

Evoke Therapy Programs provide transformative experiences with innovative models of therapy with experiential and evidence-based therapies. This service is infused with a focus on the whole-health of clients and their families providing teens, young adults and families the most clinically sophisticated care and comprehensive support. Evoke Entrada creates opportunities for participants to discover deeper meaning in their lives and overcome life's challenges. Participants and families learn healthy coping skills that bring families together. The new environment we provide for our clients and families evokes lasting changes.

Evoke at Entrada is a clinically focused intervention to teach adolescents and young adults accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each client and include flexible lengths of stay, single gender and coed treatment groups, daily group therapy and individualized therapy sessions with Masters and Doctorate level therapists.

Adolescent: Evoke Entrada adolescent program works with students ages 13 to 17 with a range of emotional and behavioral issues including depression, learning differences, oppositional defiance, attention deficit, attachment, and substance abuse disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance and may be experiencing parent-child conflict. Evoke Entrada is a flexible 6-9 week program designed to create intensive initial impact, identify coping skills, teach behavioral responsibility and improve family relationships.

Adult: Evoke Entrada's adult program supports a dual-diagnosis approach to working with adults 18 to 30 in the wilderness. It utilizes both clinical and 12-step methodology in order to treat the whole person. The majority of our clients come to us with a dual diagnosis. We specialize in mental health treatment areas like depression, anxiety, lack of self-esteem, bipolar disorder, self-harm, relationship difficulties, family issues, anger management, attentional issues and mild eating disorders. Our substance abuse treatment areas include learning to live a sober lifestyle, understanding the stages of addiction, relapse prevention, dealing with school and/or employment difficulties and developing an overall Ego strength. Entrada is a therapeutic program with adult clients participating on their own volition and retention of all individual rights.

Our individualized family component is structured to teach parents new skills designed to support their own and their child's growth with weekly phone call and visits in the wilderness for family work in the middle and at the end of the program. Parents, therapists and consultants also take part in weekly Treatment Planning sessions and planning appropriate aftercare.

Evoke incorporates carefully tailored academic curriculum accredited by AdvancED with Science, English, P.E., and Psychology credits contextually based in the wilderness experience. This helps clients earn academic credits while away from school and allows for assessment of how clients respond to academic challenges.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); Outdoor Behavioral Health Council (OBHC); Association for Experiential Education (AEE)

Expedition Therapy Associates

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Beth J. Fogel
Admissions Contact: Aaron C. Wilson
Email: expeditiontherapyadmissions@gmail.com
Phone: (435) 899-1750
Fax: (916) 644-8872
Address: PO Box 910075
 St. George, UT 84791
Website: www.expeditiontherapy.com

Gender: Coeducational
Ages: 18 - 26+
Grades: N/A
Enrollment: Open
Duration: 8 weeks
Founded: 2010



NATSAP Member
Since: 2013

Airport: St. George, UT (SGU)

Expedition Therapy is a structured, intensive, hands-on, experiential, solution-focused experience for emerging young adults age 18+ who have yet to find a productive and intentional path in life.

Learning Essential Life Skills - One Expedition At A Time

The Expedition Therapy outdoor adventure experience provides participants with individualized therapy in the context of a back country skills and leadership course. Through a series of challenging weekly expeditions, Expedition Therapy students learn technical, organizational and time management skills, ultimately taking responsibility for planning and leading an expedition themselves. Combined with daily therapeutic goals and group discussions to strengthen the experience and outcomes, these challenging expeditions are integral to personal growth and development.

Discovering Who They Can Be – By Being It

As a result, our students experience and internalize a positive sense of self and gain increased confidence, learning to create balance in their lives, stay sober and reconnect with their authentic selves. At Expedition Therapy, we help young adults discover the inner focus, direction and motivation they need to move themselves forward in their lives.

Therapeutic Expedition Mentality®

Our Therapeutic Expedition Mentality® is a tested and proven, yet innovative approach to leadership, personal growth and empowerment for young adults. Students learn expedition skills from highly qualified instructors who are both technically proficient and experienced in outdoor therapy. Students then teach those skills to peers, increasing their sense of self and individual autonomy. Further benefits include increased self-esteem, better problem-solving skills, improved attitude and a greater sense of control. Students graduate Expedition Therapy with the ability to work effectively as part of a team, establishing a stable foundation for personal recovery and future success.

Family Expeditions – Putting Families Back Together!

A Family Expedition brings together the Expedition Therapy student and his or her closest family members, providing an opportunity to resolve relationship-based issues and reconnect in a positive way. Each Family Expedition is customized to the family’s interests.

Expedition Therapy Can Effectively Address:

- Depression
- Low Self-Esteem
- Social Anxiety
- Lack Of Motivation
- Substance Abuse
- School Failure
- Computer Addiction
- Attachment & Abandonment Issues
- Family Relationship Issues
- An Inability To Move Forward In Life

Individual Psychotherapy Available: Yes

Accreditation, Licensure: CSW-NASW; DOPL UT; LMHCC - DoPL UT; Licensed Professional Counseling Association; National Association of Social Workers

Professional Affiliations: NATSAP-Associate Member; NASW; LPCC; AEE; SMART Recovery; NADACC Wilderness Education Association; The Association of Recovery in Higher Education Affiliate (ARHE), AMGA, LNT, 2xtreme Foundation Supporter

Explorations

(Therapeutic Boarding School)

CONTACT

Executive Contact: Penny James
Admissions Contact: Penny James or Eric Reeves
Email: info@explorationsmt.com
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Address: PO Box 1469
 119 South Hill Road
 Trout Creek, MT 59874
Website: www.explorationsmt.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 17
Grades: 7 - 12
Enrollment: 10 - 12
Duration: 12-18 months/Residential
 21-58 days/Summer
 7-21 days/Custom Family
Founded: 1989

NATSAP Member
Since: 2005



Airport: Spokane, WA (GEG)

For over 25 years, Explorations has offered a variety of unique and relevant program choices that meet the needs of today’s teens and young adults. We promise individualized attention and small groups, support reunification of families through integrated parent involvement, and prioritize successful, supported transitions at the conclusion of each of our offerings.

Explorations Residential looks and feels like home! Students, ages 13 – 17, practice solutions to ‘every-day-life’ problems in a real life environment. Students live in a therapeutic home while balancing out the challenges of family, school, and personal endeavors. Students attend school or complete distance learning and participate in individual and group therapy. Parent involvement is prioritized and supported through parent coaching calls, regular contact with therapists and family weekends. Mentors are nurturing but firm, and teach valuable life skills. International and domestic travel experiences round out the Residential curriculum.

Explorations Summer Adventure serves girls and boys ages 13-18. We teach self-reliance, responsibility, and accountability through rigorous adventures such as backpacking, rock-climbing, and rafting. Our courses are perfect for students who are floundering in school or at home, yet do not require the intensity of a wilderness intervention. Participants benefit from an opportunity to raise self-esteem and learn new strategies in parent and peer relationships. Adult mentors instruct side-by-side the student and therapy is integrated into the adventure curriculum.

AfterCare transition support is available at the conclusion of all offerings. AfterCare specialists work with parents and students to devise an individualized and workable transition plan based on the strengths and needs of each family member.

Custom-Designed Experiences are available year-round for families, parents, young adults, or siblings. We specialize in designing experiences during which extensive therapy, creative outdoor pursuits, and education are integrated to meet the needs of the student, young adult or entire family.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Montana Board of Private Alternative Adolescent Residential Programs (PAARP)
Professional Affiliations: NATSAP - Full Member; Association for Experiential Education (AEE)

Falcon Ridge Ranch

(Residential Treatment Center)

CONTACT

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Phone: (435) 635-5260
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Address: 633 East Highway 9
 Virgin, UT 84779
Website: www.falconridgeranch.com

NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 17
Grades: 6 - 12
Enrollment: 48
Duration: 9 to 12 months
Founded: 2003



Airport: St George Municipal
 Airport (SGU)

Falcon Ridge Ranch is a licensed Residential Treatment Center for girls ages 12 to 18. Our girls are experiencing emotional and behavioral problems but haven't thrived under the traditional care of outpatient treatment and require an out-of-home therapeutic setting. We are located on an 18 acre ranch at the entrance to Zion National Park. We offer hope, healing, and restoration through a unique blend of professional therapeutic services, academic instruction, and equine therapy. Our girls excel in a small, intimate and loving atmosphere where they get plenty of one-on-one support from therapists, teachers, and professional staff.

Falcon Ridge Ranch uses multiple therapeutic modalities to help the girls reach their individual goals. Equine therapy is at the heart of our therapeutic services. Equine therapy teaches compassion, empathy, self-discipline, and understanding as she works with and cares for her horse. Through interaction with horses, our young women build new skills in relationship development in a way that no other therapy approach can offer.

Family Therapy is provided via weekly teleconference. Family involvement is an essential part of the recovery and healing process.

We utilize a treatment methodology called Positive Peer Culture. Positive Peer Culture facilitates an atmosphere of dignity and respect in which girls learn responsibility and accountability.

Academic Educational plans are tailored for each student to remediate academic weaknesses, improve study skills, and bring students up to or beyond grade level. Students develop the academic foundation and motivation necessary to progress academically and achieve lifelong success.

Our program has an integrated approach so that all areas of the program work together to assist each young woman's needs. Therapist, teachers, and residential director meet regularly to coordinate goals and assignments, ensuring that the entire experience is focused on reaching the individual therapeutic goals of each young woman.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED (Northwest Accreditation Commission); Illinois Department of Education; Utah Department of Education

Professional Affiliations: NATSAP-Full Member; Equine Assisted Growth and Learning Association

Forest Heights Lodge

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Linda Clefisch
Admissions Contact: Linda Clefisch
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Address: PO Box 789
 Evergreen, CO 80437
Website: www.forestheightslodge.org

Gender: Boys Only
Ages: 5 - 14 upon admission
Grades: K - 12
Enrollment: 24
Duration: 18 months - 2 years
Founded: 1954



NATSAP Member
Since: 2011

Airport: Denver, CO (DEN)

Forest Heights Lodge is a residential treatment facility for children from age 5 through 14 upon admission. We have 24 boys in residence. Our primary purpose of Forest Heights Lodge is the restoration of children to maximally adaptive social, emotional and academic functioning. Undergirding this purpose is a commitment to the maintenance and strengthening of families and their relationship with their son.

The Lodge was founded in 1954. The philosophy focuses on close, supportive interpersonal relationships that are essential in the building of healthy emotional lives. We believe that children will risk change when they have the opportunity to build close, trusting relationships with our staff members, particularly our child care workers. To that end, therapeutic emphasis is directed toward a child's daily living experience of our therapeutic environment. It is within this therapeutic milieu that the child can learn and practice what he is learning and decide if changing is worth the risk.

Our approach for children is to revitalize their lives through the use of a supportive environment embedded with professional, trained and committed adults. The heart of our philosophy is to make residential treatment a gratifying life experience which enables a child to live successfully in the community with others. Framed art above our fireplace mantle says it best: "Life is good, come join us!"

Treatment is a continuous process at Forest Heights with all staff members functioning as a team in the therapeutic milieu and process. The primary therapeutic interventions and life lessons are experienced in the meaningful, growthful events of every day living. The clinical team, comprised of a child psychiatrist, psychologist, and clinical social workers, work with the child care staff to translate the child's psychological and developmental needs into day-to-day interactions, as well as providing individual, group and family therapy.

Forest Heights Lodge is incorporated as a private, non-profit facility and is governed by a Board of trustees. The Lodge has been accredited by the Joint Commission on Accreditation of Behavioral Healthcare Organizations for children and adolescents continuously since 1972 and is licensed and certified by the State of Colorado Department of Human Services and Department of Education.

Individual Counseling Available: Yes
Accreditation, Licensure: JCAHO, Colorado State Department of Human Services; Colorado Department of Education; California Non-public School; Illinois Department of Education; New Jersey Department of Education; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; American Association of Residential Treatment Centers (AARTC); Rocky Mountain Adoption Exchange

Foundation House

(Transitional Independent Living & Young Adult Program)

CONTACT

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 Portland, ME 04101
Website: www.foundationhouse.com

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Boys Only
Ages: 17 - 35
Grades: GED, post-secondary
Enrollment: 60
Duration: 6+ months
Founded: 2002



Airport: Portland International Jetport (PWM)

Foundation House is an extended-care, transitional sober living program for young adult men ages 17-35. Founded in 2002, Foundation House has built an enduring community of sober and active young men in one of the top cities for young people in recovery - Portland, Maine.

Our program is built to meet a cross-section of behavioral health needs ranging from co-occurring and acute clinical care to motivational and executive functioning issues. Most of our clients have attended a therapeutic wilderness program, primary treatment program or therapeutic boarding school.

At Foundation House we have created a non-punitive, peer-supported environment based on trust, and allow our residents to navigate real life - by living it. Our core belief is that growth occurs when young men find their way through experience. We teach our residents how to do everything sober - that means beginning and maintaining new relationships, finding work or continuing their education, developing practical spending habits and life skills, using technology responsibly, and learning how to have fun in sobriety. We have pioneered this dynamic approach to recovery by creating a balance of independence, structure and community.

Our residents participate in our fully licensed intensive outpatient program Monday through Friday. This program features a fully holistic approach including; weekly individual and group therapy sessions with our licensed therapists that continue throughout the entire stay, process groups, 12 Step instruction, yoga and meditation, nutrition and cooking classes, art & music, athletic leagues, wilderness adventures, money management, job placement, educational advising and alumni support groups. Our groundbreaking International Expedition Program has introduced residents to parts of the world they never imagined – including Europe, Africa and most recently India. Our aim is to use the experience of international travel to adjust our resident's perception of their reality - instead of imagining how things may be, they see them as they are.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maine Department of Human Services, Intensive Outpatient (IOP)

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP)

Fulshear Treatment to Transition

(Transitional Independent Living Program & Young Adult Program)

CONTACT

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Needville, TX 77461
Website: www.fulsheartransition.com

PROGRAM OUTLINE

Gender: Girls Only
Ages: 18 - 25
Grades: N/A
Enrollment: 46
Duration: 10 months
Founded: 2004

NATSAP Member
Since: 2004



Airport: Houston, TX - Hobby (HOU)
Houston, TX (IAH)

Fulshear is a Treatment to Transition program for women ages 18 to 25. We use evidence-based inter-ventions to treat trauma, substance issues, personality disorders, cutting and other challenges. Our ranch is nestled in the countryside just outside of Houston, Texas, and our independent-living apart-ments are located in Stafford, Texas, just a few minutes from Houston.

Individual Counseling Available: *Yes*

Accreditation, Licensure: *Joint Commission on Accreditation of Healthcare Organizations (JCAHO)*

Professional Affiliations: *NATSAP-Full Member; NATSAP Research Designated Program (RDP)*

Gateway Academy, LLC

(Residential Treatment Center)

CONTACT

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Fax: (801) 523-3834
Address: 11706 South 700 East
 Draper, UT 84020
Website: www.gatewayacademy.net

PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 - 17
Grades: 9 - 12/College Prep
Enrollment: 44
Duration: 8 to 10 months
Founded: 2002



NATSAP Member
 Since: 2002



Airport: Salt Lake City, UT (SLC)

Gateway Academy, an owner operated residential program, is dedicated to the healthy development, education and healing of adolescent boys. We provide a safe and nurturing environment through five integrated programs: 1) therapy that is individualized, 2) education that is personal, 3) community that is empowering, 4) outdoor adventures that are therapeutic, and 5) fitness that is focused to prime the brain.

Gateway serves boys ages 14 to 17 struggling with depression, anxiety, impulsivity and attention problems, social and nonverbal learning difficulties, diminished self-esteem, relationship problems, identity and developmental issues, executive functioning and academic deficits.

Grounded in our relationship and brain-based approach, each young man receives an individualized balance of intense therapy, demanding accredited schooling, outdoor experiential learning and comprehensive fitness programming. Through staff mentoring, peer interactions, group activities, and volunteer service, boys learn self-advocacy, life skills, and self-confidence.

Highly credentialed clinicians ensure the disciplines of academics, therapy and experiential activities are dynamically integrated. Specifically, each young man receives weekly individual and family therapy, daily specialized groups, and on-site psychiatric services as needed. Weekend outdoor education solidifies therapeutic gains as activities are intentionally designed to allow students to test clinical gains and grow emotionally, intellectually, and physically. Gateway is purposefully located in an urban community to ensure access to community-based activities and resources. The final phase of each boy's time at Gateway, called the Gateway Phase, is carefully designed and individualized with the purpose of allowing students to experience a less structured environment, while continuing to receive therapeutic support and mentorship. Students begin to navigate their own schedule, increase their personal responsibility and autonomy, manage homework and chores and engage in employment or service and leisure activities in our local community. As a result, each student develops skills they can take home to their own neighborhood to establish value and connection.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, AdvancEd; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Genesee Lake School

(Residential Treatment Center)

CONTACT

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Oconomowoc, WI 53066
Website: www.geneseelakeschool.com

PROGRAM OUTLINE

Gender: Boys and Girls in Single Gender Groups
Ages: Children ages 7-17, Young Adults 18-22
Grades: K - 12
Enrollment: 102
Duration: 12 to 18 months
Founded: 1975



NATSAP Member
Since: 2012

Airport: Milwaukee, WI (MKE)

Genesee Lake School is dedicated to improving the lives of children, adolescents, and young adults with a variety of special needs. Our 160 acre campus in the wooded Wisconsin countryside is a calm and nurturing setting where students from around the country gain the skills and experiences necessary to successfully return to their families, school districts and communities.

As a nationally recognized provider, we offer programs for students with mental health disorders, neurological disorders, emotional disturbances or developmental disabilities. In addition, we offer specialized programs for students with Autism Spectrum Disorders, Mood and Anxiety Disorders and Complex Trauma. We provide an individualized, person-centered and integrated team approach, emphasizing positive behavioral support, therapeutic relationships and developmentally appropriate practices.

At Genesee Lake School, we are also known for our research based educational curriculum. In a sensory and technology rich environment, our licensed special education teachers provide academic instruction, pre-vocational education, and adaptive physical education. Additionally, speech and language, occupational, art and music therapies are integrated throughout each student's program as needed. For our middle and high school students ready to access a generalized curriculum in a supported environment, we offer a departmentalized model in which students change classes, follow a set schedule, and learn to adapt to a variety of teaching styles, just as would occur in the students' home district.

Our goal at Genesee Lake School is to provide an innovative and enriching environment for the students in our care to learn and experience all that life can offer. To provide a place to grow.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Wisconsin Department of Children and Families, Council on Accreditation; State of Wisconsin Department of Instruction

Professional Affiliations: NATSAP-Full Member

The Glenholme School - Devereux Advanced Behavioral Health (Therapeutic Boarding School & Transitional Independent Living Program)

CONTACT	PROGRAM OUTLINE
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Address: 81 Sabbaday Lane
 Washington, CT 06776
Website: www.theglenholmeschool.org

Gender: Coeducational
Ages: 10 - 21
Grades: 5 - 12 + PG
Enrollment: 90
Duration: 2.5 years, average
Founded: 1968



NATSAP Member
Since: 2015

Airport: New Haven, CT (HVN)
 Hartford, CT (BDL)

The Glenholme School is an independent, co-educational, special needs boarding and day school for students with high functioning ASD, ADHD, OCD, Tourette, depression, anxiety, and learning differences. The school provides a positive, nurturing setting and individualized services designed to help students develop competence both socially and academically. Established nearly 50 years ago, Glenholme’s learning environment supports the success of students with special needs.

Academics

The academic program is highly individualized and caters to each young person’s talents and capabilities. Faculty work diligently to cultivate a nurturing and inspirational atmosphere. Academic life involves a strong commitment to optimizing the development of intellectual, personal, and social skills. The comprehensive curriculum, which encompasses both college preparatory and career development courses, supports students of all ability levels and results in a high school diploma.

The Arts

Integrated in all facets of education and boarding services, the visual and performing arts program stimulates a greater understanding of social, emotional, academic, and behavioral areas. Every Glenholme student has the chance to share their creative talents through use of state of the art facilities and equipment.

Clinical and Behavioral Services

Glenholme utilizes principles of ABA and PBIS to help students accomplish their goals and have their needs met in a socially acceptable manner. Vast amounts of research guide and support our treatment approaches and every adult is trained to deliver the PBIS model. The combination of therapeutic services makes the program highly efficient and effective.

The Transitional Living Program

The hallmark of a successful young adult includes strong social capabilities, effective problem solving, and the ability to manage competing demands. While developing these qualities in the Glenholme Transition Program, college-bound or career-oriented individuals are able to reach higher levels of independence.

Summer Program

The Summer Program includes morning academics and a myriad of social and instructional activities that help young people build confidence, friendships, tolerance, and respect for their peers and adults.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Connecticut Department of Children and Families; Connecticut Board of Education; New York Board of Education; California Department of Education; District of Columbia Office of the State Superintendent of Education (OSSE); Illinois State Board of Education; Massachusetts Department of Elementary and Secondary Education; New Jersey State Department of Education; New England Association of Schools and Colleges (NEASC)

Professional Affiliations: NATSAP-Full Member; The Association of Boarding Schools (TABS); Connecticut Association of Independent Schools (CAIS); Small Boarding Schools Association (SBSA); Connecticut Association of Private Special Education Facilities (CAPSEF); International Association of Special Needs Schools; Student and Visitor Exchange Program (SEVIS)

Grove School

(Therapeutic Boarding School)

CONTACT

Executive Contact: Peter J. Chorney
Admissions Contact: Lauren Seltzer, LMFT
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Phone: (203) 245-2778
Fax: (203) 245-6098
Address: 175 Copse Road
 Madison, CT 06443
Website: www.groveschool.org

PROGRAM OUTLINE

Gender: Coeducational
Ages: 11 - 23
Grades: 7 - 12/College Prep
Enrollment: 105
Duration: 2 years
Founded: 1934



NATSAP Member
Since: 1999

Airport: New Haven, CT (HVN),
 Hartford, CT (BDL)

Established in 1934, Grove School is a family-run, co-educational, therapeutic boarding school nestled in the shoreline community of Madison, Connecticut. It is a therapeutic milieu for adolescents with social, emotional and learning challenges that have impacted the quality of their lives. We accept students who are ages 11 or older and in grades 7-12 with average to above average intelligence. We work with students across the diagnostic spectrum including students with diagnoses of ADD/ADHD, Depression, Mood Disorders, Anxiety Disorders, Eating Disorders, Nonverbal Learning Disorders, Asperger’s Syndrome or Learning Disabilities. With a seamless program of clinical services, college preparatory education and diverse activities, Grove School focuses on the development of meaningful relationships and personal growth.

Grove School’s clinical approach uses contextually-based psycho-dynamic psychotherapy delivered in individual sessions twice a week, weekly group therapy, family therapy and milieu therapy. Our clinical staff is composed of 5 psychiatrists and 11 other clinicians including psychologists, LCSWs, LMFTs, and Art Therapists. All students work with a treatment team comprised of a psychiatrist, therapist and advisor who coordinate and implement their clinical goals. The academic curriculum accommodates the individual learner while offering a rigorous college preparatory education including AP courses. We have over 30 certified Content Area and Special Education teachers who instruct small classes with a student: teacher ratio of 4:1. Services such as Supervised Study Hall, tutorials and SAT/ACT preparation are available to students. Activities appeal to students’ wide range of interests and include team and individual sports, over 20 club options, fine arts, theatre, music, outdoor adventure and yoga. Our ASTEE program (Alternative Site Therapeutic and Educational Experiences) offers excursions such as Ski Trips, Caribbean trips and Service trips to El Salvador.

Grove School’s Transition Program meets the needs of students who have graduated from high school, but need additional support and structure for their transition into adulthood. These students participate in therapy, attend community college courses, maintain employment in the community and live in a supported home environment.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Connecticut, Department of Children and Families; State of Connecticut, State Board of Education; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP-Full Member; American Academy of Child & Adolescent Psychiatry (AACAP)*

Havenwood Academy, Inc.

(Residential Treatment Center)

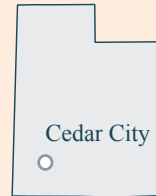
CONTACT

Executive Contact: Oscar Fakahua
Admissions Contact: Marie Payne
Email: blainehofeling@havenwoodacademy.com
Phone: (435) 586-2500
Fax: (435) 586-2727
Address: 1115 S Main Street #250
 Cedar City, UT 84721
Website: www.havenwoodacademy.org

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: Girls Only
Ages: 12 - 18
Grades: 7 - 12
Enrollment: 16
Duration: 1 year
Founded: 2014



Airport: Cedar City (CDC)
 Saint George (SGU)

Havenwood Academy is a residential treatment center for girls from ages 12 to 18. Havenwood Academy operates a Positive Peer Culture system that creates an environment where students build relationships with our therapists, staff and other students that are based on trust and unconditional love and where all decisions are made out of genuine care and concern. In this environment, students find the safety they need to appropriately and effectively deal with the difficult issues impeding their growth and development. Havenwood Academy provides a wide range of therapies custom designed for each student including individual, family, group, experiential and the informal therapy embedded within the Positive Peer Culture. Havenwood Academy also provides equine therapy using the EGALA model allowing students to develop a trusting relationship with a horse and thereby learn essential life skills such as communication, building trust and problem solving. Havenwood Academy also takes advantage of its location surrounded by National Parks and other natural wonders by involving students in outdoor activities such as rock climbing, hiking and other outdoor recreational activities allowing them to connect with a deeper part of themselves, escape normal daily distractions and find peace. While students are enrolled in Havenwood Academy, parents and family members are expected, where appropriate, to participate in weekly family therapy and to follow a program designed by Havenwood Academy and their individual therapists to create a better home environment to increase the chances of permanent and meaningful change for the student and the family. Havenwood Academy is licensed by the Utah Department of Human Services, Division of Licensing and is accredited by the Joint Commission Behavioral Health. Havenwood (through its affiliate Havenwood Schools) is accredited by AdvancED and provides a full range of accredited educational, remedial and career services.

Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *Utah State Department of Human Services Office of Licensing; The Joint Commission; AdvancED*

Professional Affiliations: *NATSAP-Full Member*

Heartspring School

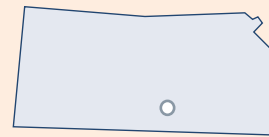
(Residential Treatment Center)

CONTACT

Executive Contact: David Stupay
Admissions Contact: Kristina Baker
Academic Director: Stephen Perry
Email: admissions@heartspring.org
Phone: (316) 634-8700
Fax: (316) 634-8875
Address: 8700 East 29th St. North
 Wichita, KS 67226
Website: www.heartspring.org

PROGRAM OUTLINE

Gender: Coeducational
Ages: 5 - 21
Grades: K - 12
Enrollment: 56
Duration: 2 - 3 years (average)
Founded: 1934



Wichita

NATSAP Member
Since: 2014

Airport: Dwight D. Eisenhower National Airport (ICT)

Heartspring is a not-for-profit day and boarding school serving children ages 5 through 21, from across the country. Heartspring serves students with developmental disabilities such as autism spectrum disorders, speech and language impairments, vision and/or hearing impairments, Down Syndrome, and multiple disabilities. Most of our students have challenging behaviors that interfere with their academic progress at school, as well as interfering with home life and community access.

Heartspring’s school program is truly a unique educational setting that encompasses all areas of a student’s life, including education, residential living, psychological and medical care, as well as therapies such as, speech language pathology and occupational therapy.

Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *Kansas Department of Health and Environment; Kansas State Department of Education; California Department of Education; Illinois Board of Education; Washington Department of Education; Student and Exchange Visitor Information System (SEVIS)*

Professional Affiliations: *NATSAP - Full Member; Association of Directors of Development and Admissions and Marketing (ADDAM); American Psychological Association; National Association of School Psychologist; America Speech and Hearing Association; American Association of Occupational Therapy; Kansas Association of Occupational Therapy; National Board of Certification of Occupational Therapy*

Heritage Schools, Inc.

(Residential Treatment Center)

CONTACT

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 Provo, UT 84604
Website: www.heritagertc.org

PROGRAM OUTLINE

Gender: Boys and Girls in Single
 Gender Groups
Ages: 12 - 17
Grades: 8 - 12
Enrollment: 115
Duration: 12 to 14 months
Founded: 1984

NATSAP Member
Since: 2001



Airport: Salt Lake City, UT (SLC)

Since 1984 parents have entrusted Heritage to help them find the son or daughter they thought they had lost. They know Heritage helps a child prepare for a productive life by providing an inviting and safe therapeutic environment within a clinically designed and nationally recognized community that offers real-world experiences and opportunities. At Heritage, students discover themselves, develop healthy and meaningful relationships, are strengthened both emotionally and physically, and reach their academic potential. Heritage students are prepared to return to their families and a more productive life having experienced life-changing events integrated with diligent therapeutic work with their family.

Located on 18 acres at the base of majestic Mount Timpanogos, our campus provides a serene, safe, and peaceful therapeutic environment where students heal, learn and grow. Students at Heritage join a gender-specific family-like home where they experience healthy relationships. Heritage homes function like families with parental figures, and familial structure, rewards and consequences. It is within this therapeutic environment that students learn to think outside of themselves and prepare to return to live with their families.

The home in which a student lives is also based on their history and desired outcomes. The student may live in a home in the Peers Academy for students who struggle with social deficiencies, emotional regulation or executive functioning. Elevate Academy is appropriate for students that suffer from depression, anxiety, light substance abuse, self-harm or mood disorder. Here they will learn skills that help them manage their moods and emotions. Both academies are built on the relationship model pioneered by Jerry Spanos.

Dedicated, professional and loving staff including one of the most experienced teams of residential staff in the industry, ensures that the needs of each student are met and that they are best prepared to thrive when they return to their families.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah; Department of Human Services; Office of Licensing as a Residential Treatment Center; California Department of Education Non-Public School; Joint Commission; Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

In Balance Ranch Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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Address: 6107 E. Grant Rd
 Tucson, AZ 85712
Website: www.inbalranch.com

Gender: Boys Only
Ages: 14 - 17
Grades: 9 - 12/College Prep
Enrollment: 44
Duration: 12 months
Founded: 2004



NATSAP Member
Since: 2007

Airport: Tucson, AZ (TUS)

In Balance Academy is a therapeutic boarding school combining an exceptional clinical program, outstanding academic curriculum, positive peer culture, and a 12-step recovery approach to help adolescent boys with substance abuse and other mental health issues.

Each of our Master’s level therapists provide individual, family, and group therapy to facilitate growth and change, and equip each young person with the skills and tools to live a healthy, productive, and happy life.

Our Family Weekend workshops, Parent Seminars, and online webinars support and educate parents as a critical part of the recovery team.

Our Positive Peer Culture focuses our students on learning to care about each other in honest and assertive ways. This leadership development is crucial to a young man’s sense of self and emotional resilience.

Our 12-step collaboration educates and inspires our students regarding substance abuse and other addictions. We host meetings on campus, attend meetings in the community, and fly to AA conferences around the country.

Situated in the high desert and mountains an hour from Tucson, the Academy features a beautiful setting with a robust equine program. Our horses help a young man develop Emotional Intelligence through riding, equine therapy, and family equine experiences.

Through service work and involvement in the community, students develop and build character and integrity. We practice Cognitive Mindfulness, which has been proven to be highly effective in helping to improve emotional regulation, as well as decrease anxiety and depression.

Our healthy living initiative optimizes emotional and physical wellness through a focus on physical fitness, and healthy foods.

Our expeditions program includes right-of-passage trips, 12–step conferences, leadership development retreats, and an International Expedition each year.

We believe that for a young person to be successful in recovery it is our responsibility to inspire him; creating activities that are challenging, exciting, and rewarding.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *Arizona Department of Health Services, Bureau of Medical Facilities; North Central Association Commission; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP-Full Member*

Innercept

(Residential Treatment Center)

CONTACT

Executive Contact: Jami Sturges, R.D., MPH, CFO

Admissions Contact: Amy Leavitt

Academic Contact: David Melear, M.Ed.

Email: info@innercept.net

Phone: (208) 665-7178

Fax: (208) 765-6972

Address: 1115 Ironwood Drive
Coeur D'Alene, ID 83814

Website: www.innercept.net

NATSAP Member

Since: 2006

PROGRAM OUTLINE

Gender: Coeducational

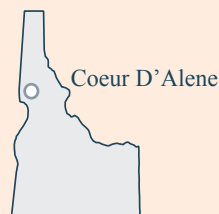
Ages: 13 - 24

Grades: 7 - 12 / College Support

Enrollment: 58

Duration: 6 months minimum

Founded: 2004



Airport: Spokane, WA (GEG)

Innercept offers a continuum of programming for adolescents through young adulthood. Based on holistic principles, our program utilizes Integral Psychology to provide a balanced, on-going treatment approach compatible with each individual's aptitude and assets. Adolescents participate in a full-continuum while residing in a picturesque farm setting. Our young adult continuum offers two distinct paths and residents move from home to home as they progress in functioning from intensive to aftercare. Stabilization services are provided to all residents and are served in either the adolescent stabilization locations.

Innercept has home-environment based programs conceived of and directed by a dynamic group of clinicians and educators who have extensive experience within school, hospital, residential and outpatient psychiatric settings. The group comes together with specialized training in adult, child and adolescent psychiatry, psychology, nutrition, special education, social work, public health and psychiatric nursing. They are actively involved in groups that are designed to engage each resident in the many areas of the self to include values, relationships, emotions, relaxation, nutrition, recreation, Integral Life Practice, spirit, and how to live with others. Each of these groups are supported by a program designed curriculum that provides opportunity for process and respects individualized learning styles.

Special interests of the team include the treatment of anxiety and mood disorders, eating disorders, Asperger's Syndrome, trauma, OCD, bipolar, thought and attachment disorders. Tailor-made therapeutic and academic plans are provided in a thorough, thoughtful manner as the team identifies each individual's strengths, encouraging realistic career and education goals. Utilizing the collective experience of our team, we are able to identify problem areas of functioning and develop support plans to engage each resident on their journey of growth.

Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *Idaho State Department of Health and Welfare, AdvancED/Northwest Association of Accreditation Commission (NWAC); Student and Exchange Visitor Information System (SEVIS)*

Professional Affiliations: *NATSAP-Full Member*

Intermountain

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Jim Fitzgerald, MPA, MSW
Admissions Contact: Jill Richards, BA
Academic Contact: Marvin Williams, M.Ed.
Email: jillr@intermountain.org
Phone: (406) 457-4778
Fax: (406) 442-7949
Address: 500 S. Lamborn Street
 Helena, MT 59601
Website: www.intermountainresidential.org

Gender: Coeducational
Ages: 4 - 13 at admission
Grades: K - 8
Enrollment: 32
Duration: 12 - 24 months
Founded: 1909



NATSAP Member
 Since: 2001

Airport: Helena, MT (HLN)

The mission at Intermountain, “Healing Through Healthy Relationships”, reflects our developmental relational treatment approach. By seeing the developmental needs beneath the disturbed behavior, and meeting those needs through deep relationships, treatment provides a fully orchestrated approach in which every aspect of the child’s life presents an opportunity for growth and change.

Our 107 year-old nonprofit program offers an environment in which care and nurture are difficult to resist. We have over 30 years of experience using the developmental relational approach, which is continually refined by incorporating findings from broad areas of research to reach a sophisticated clinical understanding and to provide treatment of complex childhood disturbances.

Excellent candidates for success in our program are children whose problems include:

- attachment and relationship issues
- impulsivity, including lying and stealing
- adoption issues
- school problems
- intractable anger
- loss and grief issues
- aggression towards self and others
- poor social skills
- depression and anxiety
- high functioning autistic spectrum disorder
- emotional dysregulation
- sexual reactivity

Nestled in the foothills of the Rocky Mountains, children live in four family-style cottages with eight private bedrooms in each cottage. The 40-acre grounds include a physical education center, playground and hiking trails. Because of the excellent location, countless outdoor and community activities are incorporated into daily life such as skiing, swimming, hiking, fishing, camping, backpacking and canoeing. Our Intermountain School provides individualized plans that are tailored by our certified teachers to the unique learning styles and abilities of each student. Technology such as SMART boards and iPads are integrated into the classrooms. Related services and activities include Speech and Language, Occupational Therapy, neurofeedback, PE, Bal-A-Vis-X, music, art, social skills, cultural studies, and soccer and basketball teams. Family participation is critical to the success of the child. We embrace the whole family, the whole child and respect each individual’s uniqueness, knowing their strengths, problems, and development are never in isolation, but always in interaction.

Individual Psychotherapy Available: *Individual, group and family therapy*
Accreditation, Licensure: *Council on Accreditation; Montana Department of Public Health and Human Services (DPHHS); Northwest Accreditation Commission, AdvancED; California Non-Public Schools, Washington; Non-Public Schools, Illinois Non-Public Schools;*
Professional Affiliations: *NATSAP-Full Member; NATSAP Research Designated Program (RDP); Montana Children’s Initiative*

Ironwood Maine

(Residential Treatment Center)

CONTACT

Executive Contact: Susan Horton
Admissions Contact: Megan Ryan
Academic Contact: Molly Feeney
Email: susanh@ironwoodmaine.com
Phone: (877) 496-2463
Fax: (207) 342-3731
Address: 67 Captain Cushman Road
 Morrill, ME 04952
Website: www.ironwoodmaine.com

NATSAP Member
Since: 2007

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 18
Grades: 7 - 12 plus college courses
Enrollment: 35
Duration: 9 - 12 months
Founded: 2006



Airport: Augusta, ME (AUG), Bangor, ME (BGR), Portland, ME (PWM)

Ironwood is an independent residential treatment center and private school committed to helping families in crisis with troubled teens. Ironwood prioritizes positive relationship development, while utilizing a behavioral support model, comprehensive therapy and disciplined academics to cultivate personal growth and positive change. Our goal is to assess and treat the underlying causes of challenging behavior, to cultivate family reunification and to help establish and develop strong self-esteem in the residents we serve.

Ironwood's holistic, therapeutic approach is designed to work with kids who struggle with a variety of different challenges including: oppositional defiance, adoption issues, addictions, grief, mood disorders, social, school, familial withdrawal, learning disabilities, post-traumatic stress, anxiety and depression. We are not designed to work with kids struggling with a history of major violence, psychotic disorders or sexual aggression. Our therapeutic modalities include an eclectic, collaborative approach using both family systems therapy, narrative therapy and cognitive behavioral solutions focused approaches.

Ironwood offers a highly structured treatment program with twice weekly individual therapy sessions, three times weekly group therapy sessions, family therapy, adventure-based experiences and a wide range of special interest programs including equestrian, Equine Assisted Psychotherapy, canine training, art, music, culinary, horticulture and environmental studies. Our school is licensed by the Maine Department of Education and offers a full and accredited individualized academic program taught by certified high school teachers and administrators.

Adolescents leave Ironwood with the necessary skills for effective communication and healthy social interaction, a repertoire of refined coping skills, a more positive association with the learning experience and feelings of pride for their accomplishments, resulting in a significant increase in core confidence and higher self-esteem.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maine, Department of Health & Human Services; State of Maine, Department of Education

Professional Affiliations: NATSAP-Full Member; New England Association of Schools and Colleges (NEASC)

The Journey Home

(Transitional Independent Living)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Dan Stuart, MS, LMFT
Admissions Contact: Jennifer McMurry
Email: dan@solsticertc.com
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Fax: (801) 444-0793
Address: 1018 N 2325 W
 Layton, UT 84041
Website: www.thejourneyhome.com

Gender: Girls Only
Ages: 16 - 21
Grades: 9 - 12
Enrollment: 36
Duration: 7 months
Founded: 2012



NATSAP Member
Since: 2016

Airport: Salt Lake City, UT (SLC)

We specialize in serving females ages 16-21 with emotional, behavioral, or mental health disorders. We specialize in working with girls who struggle with a variety of presenting problems such as: depressive disorders, anxiety disorders, body image issues, learning issues, low self-esteem, and others. Our clients have received prior, more intensive treatment, which has assisted in bringing these issues and behaviors under control. The Journey Home clients are considered to be at a higher level of functioning than those indicated for residential treatment services. They have demonstrated significant progress indicating their readiness for life-skills based transitional living program. The emphasis with these young clients is to assist them in maintaining success in academic, vocational, emotional, social and career goals and plans. These clients have achieved a level of functioning that would provide them with the ability to succeed in these areas given the necessary support. However, a return to their home environment is not seen as able to provide the necessary support, whether it is structurally, socially or academically, to provide these young women with the best chances of ongoing success. The Journey Home focuses on 5 key areas: education, healthy living, social integration, personal responsibility, and life skills. The individual plan and goals of each client revolve around each of these five areas.

Clients participate in weekly individual and group therapy sessions, as well as bi-weekly family therapy sessions. Clients would attend a local high school or college, and learn to take responsibility of a variety of life-skills oriented topics (i.e., shopping, meal preparation, maintaining cleanliness of living space and property, budgeting, transportation, time management, gaining employment, appropriate recreation, personal hygiene, nutrition, fitness, etc.). Clients are provided with education and support in each of these areas to optimize success.

Individual Counseling Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services
Professional Affiliations: NATSAP-Full Member

Kaizen Academy RTC

(Residential Treatment Program)

CONTACT

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Address: PO Box 1674
 Spanish Fork, Utah 84660
Website: www.kaizenrtc.com

NATSAP Member
Since: 2011

PROGRAM OUTLINE

Gender: Boys Only
Ages: 13 - 17
Grades: 9 - 12
Enrollment: 15
Duration: 9 - 12 months
Founded: 1989



Airport: Salt Lake City Int'l (SLC)

Kaizen Academy provides intensive and comprehensive residential treatment for adolescent boys who are struggling with sexual behavior problems. Our message is that there IS hope, and there IS healing for these boys and their families.

Kaizen's programmatic and therapeutic approach is based on attachment theory, a powerful foundation for helping each boy feel deeply loved, highly valued, and securely connected in his journey to healthy relationships. Family involvement is mandatory, as outcomes are profoundly improved when family is an integral part of treatment. Kaizen also utilizes the power of adventure in facilitating the development of translatable skills, healthy recreation, and heightened self-worth and confidence. The word itself – Kaizen – means “continuous improvement” – a theme we embrace programmatically and strive to instill within each young man.

Kaizen is located in the rural mountain community of Birdseye, approximately 30 miles south of Provo, Utah. The 50-acre ranch has a beautiful mountainous backdrop and an abundance of clean air, wildlife and recreational opportunities. The surrounding area consists of land governed by the Division of Wildlife Resources, the Federal Bureau of Land Management, Manti-La Sal National Forest, and the Uinta National Forest. In the ranch setting, young men live outside the mainstream of the community and yet have access to community resources for medical, dental and recreational services.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Utah Department of Human Services

Professional Affiliations: NATSAP-Full Member

Kolob Canyon RTC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Tawny Thomas
Admissions Contact: Anamarie Rodabough
Academic Contact: Susan Mackert
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Fax: (435) 865-1439
Address: 1338 East 600 South
 New Harmony, UT 84757
Website: www.kolobcanyonrtc.com

Gender: Girls Only
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 12
Duration: 9 - 12 months
Founded: 2002



NATSAP Member
 Since: 2005



Airport: Cedar City (CDC), Saint George (SGU), Las Vegas (LAS)

The Kolob Student: Treatment is designed exclusively for girls 14 to 17 years of age suffering from depression, low self-esteem, trauma and difficulties in her relationships with herself and others. Kolob Canyon’s census is intentionally limited to 12 girls in order to maximize one-to-one interaction with peers, staff, teachers and therapists. Student-to-staff ratios are low and therapists with small caseloads maintain a family-like environment.

Goal and Guiding Principle: Kolob Canyon’s program is specifically designed using a relational model, to assist its students to create relationships that will enhance an enduringly positive sense of self. This overarching goal is met through a clinically intense blend of traditional and non-traditional therapy delivered in a safe, supportive and nurturing environment. Therapists have experience with adoption, separation, attachment/loss, substance abuse, eating disorders, social and trauma issues.

Clinical Intensity: Treatment is clinically intensive. Each week students receive 3 hours of individual therapy and family therapy (via the phone), equine or recreational therapy and daily group therapy. Kolob Canyon uses outdoor and recreation therapy, taking advantage of our location on a picturesque horse ranch in Southern Utah’s Canyon Country, right outside of Zion National Park. Therapists are trained in trauma therapy, DBT and equine therapy.

Family Involvement: Parents are encouraged to participate in their own family change process in tandem with their daughter’s program. Regular family therapy, Parent Seminars, family recreation trips, campus therapeutic visits, home visits and the creation of an extensive Home Contract are integral parts of the family change process.

Academics: The intensive and college focused educational program is fully accredited and employs credentialed teachers in small group settings. Academics are designed to work with girls’ learning style and help develop positive self-esteem. Students benefit from hands-on learning, including drama, art and recreation classes.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

La Europa Academy

(Residential Treatment Center)

CONTACT

Executive Contact: Robbi O'Kelley
Academic Contact: Lucy Terzis
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Address: P.O. Box 575780
 Murray, UT 84157
Website: www.laeuropaacademy.com

PROGRAM OUTLINE

Gender: Girls Only
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 36
Duration: 9 - 12 months
Founded: 2005

NATSAP Member
Since: 2005



Airport: Salt Lake City, UT (SLC)

La Europa Academy is a clinically and academically intensive program designed to serve female adolescents from 14-18 years of age. We provide a treatment program that helps young women find themselves through creative expression while developing the skills they need to overcome their current challenges.

Therapy: At La Europa we offer a comprehensive and fully integrated DBT program to address complex clinical issues such as depression, bi-polar, anxiety, trauma, sexual abuse, drug and alcohol abuse, eating disorders, emerging personality disorder and other relational and emotional problems. Our Master's level therapists are all DBT trained and provide weekly individual and family sessions.

La Europa also provides a second layer of clinical intervention with our expressive therapies. Students participate in expressive therapies groups with master's level, nationally board certified therapists four times per week. We offer art, music, dance/movement, sand tray, psychodrama and therapeutic writing expressive therapy groups.

Academics: At La Europa, our belief is that a strong and challenging academic program is an important component of helping our students heal, develop resiliency and competency and establish future direction. The academic component includes college-preparatory high school on site, traditional academic classrooms with direct instruction, full-time licensed teachers in all core subjects, and a full-time learning specialist and small class room sizes.

Transition Support: La Europa provides a unique program component that offers an elevated level of transition support. When students reach a certain level in the program and are demonstrating successful skill generalization, they have the option to transition to Mosaic House in order to assess their readiness for the next step.

Students who would not be appropriate for La Europa Academy are those with active psychosis, conduct disorder, aggressive behavior and criminal behavior or present a high run risk.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Advanced

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Lakemary Center, Inc.

(Residential Treatment Center & Therapeutic Day School)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Gianna Gariglietti Admissions Contact: Melissa Otto Academic Contact: Amanda Martell Email: amartell@lakemaryctr.org Phone: (913) 557-4000 Fax: (913) 557-4910 Address: 100 Lakemary Drive Paola, KS 66071 Website: www.lakemaryctr.org</p> <p>NATSAP Member Since: 2013</p>	<p>Gender: Boys and Girls in Single Gender Groups Ages: 6 - 21 Grades: K - 12 Enrollment: 59 Founded: 1969</p>  <p>Airport: Kansas City International (MCI)</p>

Lakemary is a residential K-12 specialized school and therapeutic treatment facility for some of society’s highest needs children. We exclusively serve youth, ages 6-21, with intellectual/developmental disabilities (I/DD) coupled with psychiatric/behavioral issues who simply cannot be adequately served in their home and community environments.

Lakemary provides a structured behavioral approach for children with Autism Spectrum Disorders and other I/DD who also have extreme behavioral and serious psychiatric disorders. Distance training for families is provided throughout each child’s stay to support a seamless transition when returning home. We provide affordable, time-limited, individualized treatment and educational services, and accept both in-state and out-of-state placements.

Lakemary was founded in 1969 and is located on a beautiful 32-acre campus in Paola, Kansas, just 30 minutes south of the Kansas City metropolitan area. Situated geographically in the center of the U.S., we are easily accessible by air or car.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *CARF; Kansas Department of Aging and Disability Services; Kansas Department of Education; Kansas Department of Health & Environment (KDH&E); California Non Public Schools; Wyoming Non Public Schools; Kansas Non Public Schools; Alaska Non Public Schools; Illinois Non Public Schools; Hawaii Non Public Schools; Iowa Non Public Schools; Missouri Non Public Schools*
Professional Affiliations: *NATSAP-Full Member; Interhab, Inc. The National Association for the Dually Diagnosed (NADD); National Association of Private Special Education Centers (NAPSEC); ADDAM; CAPSES*

Latham Centers

(Residential Treatment Center)

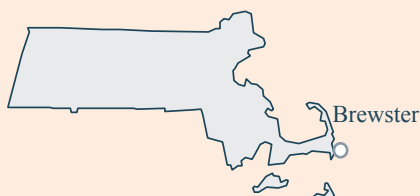
CONTACT

Executive Contact: Anne McManus
Admissions Contact: Susan LaPlant
Academic Contact: Brittini Taylor
Email: admissions@lathamcenters.org
Phone: (774) 353-9237
Fax: (508) 896-8310
Address: 1646 Main Street
 Brewster, MA 02631
Website: www.lathamcenters.org

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: Coeducational
Ages: 8 - 22
Grades: 3 - 12, Special Education
Enrollment: 46
Duration: 2 to 6 years
Founded: 1970



Airport: Barnstable Municipal Airport - Hyannis, MA (HYA)

The Latham School is a private, non-profit, special education and residential treatment program for children ages 8-22, with intellectual disabilities (IQ 40-70) and behavioral challenges, who are also diagnosed with:

- Prader-Willi Syndrome
- PTSD
- Reactive Attachment Disorder
- Mood and Anxiety Disorders
- Autism Spectrum Disorders

Latham Centers is internationally recognized for our programs for individuals diagnosed with Prader-Willi Syndrome (PWS) -- a rare genetic disorder that most often manifests with an insatiable appetite, behavioral challenges and cognitive limitations.

Our students learn in small classes, with a 7:1:1 ratio, and each student meets regularly with a clinician assigned to monitor their social and emotional progress. Besides its traditional academic year, Latham Centers offers a summer academic and activity component, where students explore the natural wonders of Cape Cod, with instructors in environmental sciences.

Latham Centers offers its services to individuals from all 50 states, plus other countries. Latham Centers has been pre-approved to admit students from the following states:

- Massachusetts
- New York
- New Jersey
- Rhode Island

We also accept students from states that do not have a formal approval process. Recent students have come to Latham Centers from: Alaska, California, Colorado, Florida, Ohio, Virginia, and the U.S. territory of Puerto Rico.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education; Massachusetts Department of Early Education and Care; Council on Accreditation

Professional Affiliations: NATSAP-Full Member; Massachusetts Association of 766 Approved Private Schools (MAAPS); Prader-Willi Alliance of NY, Inc.; Prader-Willi Syndrome Association (PWSAUSA); Prader-Willi Syndrome Association of New England (PWSANE); and American Association of Children's Residential Centers (AACRC)

Life Designs, Inc.

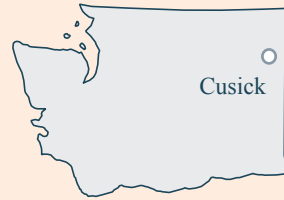
(Young Adult Program)

CONTACT

Executive Contact: Vincent Barranco
Admissions Contact: Jonathan Gross
Email: lifedesignsjonathan@gmail.com
Phone: (509) 671-2487
Fax: (509) 931-1714
Address: 10302 LeClerc Road North
Cusick, WA 99119
Website: www.lifedesignsinc.com

PROGRAM OUTLINE

Gender: Boys Only
Ages: 18 to 30
Grades: N/A
Enrollment: 10
Duration: 6 months
Founded: 1997



NATSAP Member
Since: 2000

Airport: Spokane

Life Designs prepares young people for responsible adulthood, in an age when many young adults are struggling with the challenges and choices in the “real world”. We specialize in leadership training and the transition into adulthood, where the foundation for recovery and autonomy is addressed and created.

Life Designs offers a safe but challenging “homelike” environment where this important introspective journey can take place. Life Designs works to empower young adults to explore who they are: their values, talents and passions. Students learn to take action toward their personal goals, confronting their fears and former ways of self-sabotage. Our experiential learning style uses the home environment and daily work around the 30-acre property to teach “transferable skills” that will apply to any relationship, living situation, or job. Art, music, animal therapy and nature are also used as teaching tools.

The curriculum is self-empowerment in recovery: personal identity, leadership, finance, work ethic, psychology, home management, family-living, problem-solving, friendships, personal fitness, recreation and leisure. Students graduate with a well-defined future plan. Parent growth parallels student progress through educational workshops and bi-weekly communication that fosters post-adolescent parenting. Our staff is excellent at creating an ideal learning climate and “real life” situations where students create new thought patterns and actions for positive self-empowerment.

Life Designs is a 6 month, residential program for young adults who need a smaller, more structured environment and are not yet ready for a transitional living program. We believe in the principles that create long term recovery and successful, independent lives for our graduates.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Associate Member

Life of Purpose Treatment Center

(Young Adult Program)

CONTACT

Executive Contact: Andrew Burki, MSW
Admissions Contact: Sarah Babaa
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Phone: 1-888-PURPOSE
Fax: (561) 447-8991
Address: 3848 FAU Blvd., #100
 Boca Raton, FL 34431
Website: www.lifeofpurposetreatment.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 17 - 29
Grades: College Level
Enrollment: 25
Duration: 60 days
Founded: 2013



NATSAP Member
Since: 2014

Airport: Palm Beach Int'l Airport (PBI / KPBI)

Life of Purpose specializes in the treatment of individuals, age 17 to 29, whose education has been disrupted as a result of substance misuse. There are four levels in our continuum of care including: a 60-day Primary Residential program; a 90-day Intensive Outpatient Program (IOP); an Academically Focused Aftercare Program™ (90+ days); and a luxury transitional housing program for males known as Life in Progress (180 days). For clients transitioning from another inpatient treatment center, we offer a transitional phase as a short-term residential option.

Life of Purpose Treatment is the only primary care academically focused substance use disorder treatment facility located near college campuses across the United States. With facilities at the University of North Texas, Florida Atlantic University and now in Middle Tennessee near MTSU, our program was specifically designed for emerging adults whose education has been disrupted by substance misuse.

What makes Life of Purpose so different is the academically focused aspect of our program. Whereas the standard model of 30-day residential program tends to focus on having clients minimize their life, do things that are humbling and easy, and not stress themselves out, we encourage our clients to push the boundaries on what they think they can achieve. Young adults are a special population requiring focused motivation and tangible results in order to restore their confidence and feelings of self-worth in order to achieve long lasting sobriety.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: Florida Department of Children and Families; JCAHO, FARR

Professional Affiliations: NATSAP-Full Member; Yoga Alliance

Lindner Center of HOPE

(Residential Treatment Center & Specialty Psychiatric & Behavioral Hospital)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Jennifer Pierson Admissions Contact: Kathleen Neher Email: kathleen.neher@lindnercenter.org Phone: (513) 536-0537 Fax: (513) 536-0419 Address: 4075 Old Western Row Rd. Mason, OH 45040 Website: www.lindnercenter.org</p> <p>NATSAP Member Since: 2014</p>	<p>Gender: Coeducational Ages: 11 and older Grades: N/A Enrollment: 18 on average Duration: 20 days Founded: 2008</p>  <p>Airport: Cincinnati/Northern Kentucky (CVG) Dayton, OH (DAY)</p>

The Diagnostic and Treatment Programs at Lindner Center of HOPE for adults and youth offer state of the science Diagnostic Assessments and short term treatment designed to change treatment trajectory and prepare patients to be successful at the next level of care. Both programs offer best practice focused cognitive behavioral and dialectical behavioral therapy as its foundation and include integrated milieu approaches that are designed to enhance skills through on-the spot learning and practicing. Both programs assess and treat complex mental health and co-occurring disorders.

Sibcy House, our adult offering, is composed of two programs; a 10 day diagnostic assessment and also a 28-day (inclusive of the diagnostics) treatment readiness program. In addition to standard evaluations, psychological and neuropsychological testing, a nutritionist and expressive/art therapist all provide detailed assessments that contribute to individualized diagnostics and treatment.

The adolescent program, Williams House, offers a 14 day approach to the diagnostic assessment and treatment readiness. Genetic testing is available and designed to enhance medication selection and dosage. In addition, a year-round educational component, family therapy and extensive array of groups compliment intensive individual therapy.

Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *The Joint Commission for Hospital and Behavioral Health Care; Ohio Mental Health and Addiction Services; Ohio Department of Mental Health and Addiction Services*

Professional Affiliations: *NATSAP-Full Member; National Network of Depression Centers, UC Health; Health Collaborative of Greater Cincinnati*

Little Keswick School

(Therapeutic Boarding School)

CONTACT

Executive Contact: Marc Columbus
Admissions Contact: Terry Columbus
Academic Contact: Jody Berkey
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Phone: (434) 295-0457
Fax: (434) 977-1892
Address: P.O. Box 24
 Keswick, VA 22947
Website: www.littlekeswickschool.net

PROGRAM OUTLINE

Gender: Boys Only
Ages: 9 - 18
Grades: 5 - 12
Enrollment: 35
Duration: 2 years
Founded: 1963



NATSAP Member
Since: 2007

Airport: Charlottesville, VA (CHO)

Located on 25 pastoral acres just outside Charlottesville, Virginia, Little Keswick School has been serving boys with social/emotional challenges and learning disabilities for 53 years. Our small therapeutic non-profit school provides warm and nurturing relationships, intensive clinical interventions, and individualized education for 34 boys in a highly structured environment that ensures that they develop successfully.

Boys between nine and fifteen years of age are admitted from throughout the country and abroad to work on issues related to executive functioning, social and relationship challenges (neuro-developmental, dynamic, or experiential in nature), collaboration, personal competence and learning issues. Intellectual levels of our students range from low-average to superior. Depending on their continuing clinical and educational needs, students can stay through their eighteenth year, with most requiring two years of immersion in our therapeutic community to attain the gains necessary for a successful transition.

Boys accepted carry a combination of the following or related diagnoses: Attention Deficit or Attention Deficit/Hyperactivity Disorder, Specified Learning Disabilities, Anxiety Disorders, Obsessive Compulsive Disorder, Attachment issues, Autism Spectrum Disorders, Tourette's Disorder, Depression, Oppositional Defiant Disorder and Bipolar Disorder. The school does not accept severely emotionally disturbed children, children in conflict with the law, have a drug abuse history or who have sustained patterns of physical aggression. Our boys tend to be gentler and less sophisticated or worldly. We set a high standard of academics while maintaining a balance with therapeutic and social development for each student. Staff use a multi-disciplinary approach to treat the whole child emphasizing brain-based learning and an adapted social thinking curriculum to develop each child's unique sense of self.

All students participate in individual, group and family therapies provided by two experienced Ph.D. psychologists, a licensed clinical social worker, as well as our consulting child psychiatrist, who also manages pharmacology for all of the students. Individual, integrated, and group occupational therapy, speech and communications therapy and art therapy are optional services. A wide array of residential activities are offered, including: art, woodworking, therapeutic horseback riding, creative arts, athletics, soccer, basketball, swimming, fishing, canoeing, mountain biking, rock climbing, hiking, Boy Scouts and optional music instruction.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Department of Behavioral Health and Developmental Services; Commonwealth of Virginia Department of Education; Virginia Association of Independent Specialized Education Facilities; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member, The National Association of Private Special Education Centers (NAPSEC)

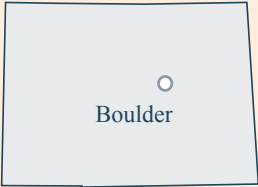
Living Well Transitions

(Transitional Independent Living Program)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Carl Baccellieri
Admissions Contact: Marti Weiskopf
Email: info@livingwelltransitions.com
Phone: (303)245-1020
Fax: (303) 245-1001
Address: 1320 Pearl St. Ste. 320
 Boulder, CO 80302
Website: www.livingwelltransitions.com

Gender: Coeducational
Ages: 18 - 32
Grades: N/A
Enrollment: 32
Duration: 12 months
Founded: 2004



NATSAP Member
Since: 2006

Airport: Denver International, CO (DEN)

Living Well Transitions is a therapeutic, independent living program for young men and women ages 18-32. Our goal is to help young adults create a healthy and rewarding life of independence that is in line with their core values.

We strive to teach our clients how to reduce their current path of confusion by meeting them where they are unconditionally while clarifying and supporting their values and focusing on workability. We help our clients navigate their choices in relationship to their values as they learn to find self-direction, a sense of purpose and lasting change.

We do this by providing our clients with up to 25 hours of clinical support a week by Masters level counselors as they live their lives in the community. Most clients begin our program by moving into a “Landing Pad”, a beautiful home in the community, where they live for 30-90 days prior to moving into their own apartment. They have the opportunity to practice living life without restraints and have their clinical team hold a mirror for self-evaluation and reflection.

Appropriate candidates for Living Well are those that have a desire for change. They must be open to possibilities and are able to recognize things that have gotten in their way of moving forward in their lives. Many have struggled with anxiety and/or depression. Low self esteem, ADD/ADHD, identity and relationship issues, substance use and neurological, personality and learning disorders are also areas our clients have struggled with.

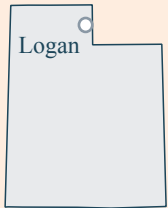
Our treatment team uses ACT, DBT, Gestalt and other mindfulness-based treatment modalities. We also use SMART Recovery, a non-12 step, abstinence based recovery model to help clients dealing with behaviors they feel get in the way of their lives. Clients receive individual psychotherapy, family therapy and parent coaching, life skills, educational and vocational counseling.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Associate Member; NATSAP Research Designated Program (RDP); Association for Community Integration Programs; Young Adult Transition Association (YATA)

Logan River Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Larry Carter Admissions Contact: Larry Carter Academic Contact: Kirk Farmer Email: information@loganriver.com Phone: (866) 755-8540 Fax: (435) 755-8400 Address: PO Box 3662 Logan, UT 84321 Website: www.loganriveracademy.com</p> <p>NATSAP Member Since: 2000</p>	<p>Gender: Coeducational Ages: 12 - 18 Grades: 8 - 12 Enrollment: 60 Duration: Average is 12 months Founded: 2000</p>  <p>Airport: Salt Lake City, UT (SLC)</p>

Logan River Academy is a premier adolescent residential treatment center offering a family of specialized services of the highest quality and ethical standards. We are dedicated to improving the lives of our students and families. We offer safe, caring, structured, therapeutic environments, promoting positive change. Our five distinct and specialized programs are:

- **ESSENCE:** Two dorms serving male students with autism spectrum disorders;
- **Foundations:** Two dorms serving boys who struggle with depression, anxiety, boundary issues, learning problems, family issues and substance use;
- **Maple Rise:** A separately located country home serving female students;
- **Tavasi:** A transitional living dorm for students that have successfully completed a previous treatment program;
- **Y.A.:** A dorm for 18 year old students

Each of these small and intimate programs offer specialized programming to students with specific diagnoses and needs. All students participate in a fully accredited school and an exceptional adventure learning program, keeping students active and learning new skills.


At Logan River Academy we have an overarching philosophy that we call the Principle-Based Model. This model is based on five principles for effective living: honesty, respect, accountability, fairness and caring. These principles guide how we train our team, how we work with our students, and what we expect our students to learn while here. We believe that as a student learns, incorporates and internalizes these principles, they will find great success. Within this model, we utilize Cognitive-Behavioral Therapy (CBT) and Dialectical-Behavioral Therapy (DBT) as guiding therapeutic modalities. This model provides an atmosphere where our students learn and utilize CBT and DBT skills, while incorporating the 5 principles for effective living in their lives.

Our goal is to help each student develop the necessary skills to succeed at home, in school and in the community. This is accomplished through the concerted efforts of the family, the treatment team and an individualized treatment plan. Each student receives individual, group and family therapies by licensed therapists. The treatment plan is implemented in a safe, structured, and supportive living environment. Substance abuse intervention is available for students with that need. All faculty members are certified and the curriculum includes 8th through 12th grade classes and small class sizes.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; AdvancED; California Non-Public School Accreditation
Professional Affiliations: NATSAP-Full Member

Maple Lake Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Patti Hollenbecker-Dial, PhD Admissions Contact: Patti Hollenbeck-Dial, PhD Academic Contact: Joe Kelly Email: info@maplelakeacademy.com Phone: (801) 798-7700 Fax: (801) 798-7739 Address: PO Box 175 Payson, UT 84651 Website: www.maplelakeacademy.com</p>	<p>Gender: Coeducational/Single Gender Groups Ages: 12 - 18 Grades: 8 - 12 Enrollment: 30 Duration: 18 - 24 months Founded: 2005</p> 
<p>NATSAP Member Since: 2007</p>	<p>Airport: Salt Lake City, UT (SLC)</p>

Maple Lake Academy’s mission is to offer the highest quality clinical and academic programs for girls and boys who are struggling with the challenges of learning disabilities and emotional/behavioral problems. Students who enroll at Maple Lake Academy must have a diagnosis/traits of a learning disability (LD, LDNOS, PDDNOS, NLD, Asperger’s Disorder, High Functioning Autism) in conjunction with emotional/behavioral issues (such as Depression, Anxiety, OCD, ODD, Social Phobia, Bipolar Disorder, etc.). Students who have histories of aggression toward staff or peers in previous placements or school settings, have active eating disorders or are currently using drugs would not be appropriate candidates for Maple Lake Academy.

Maple Lake Academy offers an excellent clinical program that includes weekly individual and family therapies, several group therapies per week, recreation therapy four times a week and equine therapy three times a week. We also provide weekly specialty groups that focus on life skills and social skills developments. Students are also involved in assorted leisure and skill building opportunities weekly.

Our academic program truly focuses on the individual. Each student participates in developing a SEOP (student educational occupational plan) that is formulated to help the student address unique learning challenges. In addition, each student will become an expert about learning disabilities and will have coping strategies in hand when his/her program is completed at Maple Lake Academy. A main focus at Maple Lake Academy is to help each student develop the ability to advocate for him/herself in future academic and employment situations.

Our residential program is also an intensive program that teaches daily living skills and social/communications skills. Our staff are well trained in working with our student population and have the knowledge, patience, consistency and nurturance needed to work with our students. We are dedicated to our students and families!

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; Northwest Association of Accredited Schools (NWAC); AvancED; Northwest Accreditation Commission
Professional Affiliations: NATSAP- Full Member; Learning Disabilities of America (LDA)

Meadowridge Academy

(Therapeutic Boarding School)

CONTACT

Executive Contact: Meredith Rapoza
Admissions Contact: Casey Gallagher, LMHC
Email: cgallagher@jri.org
Phone: (508) 677-0304
Fax: (508) 678-9059
Address: 664 Stevens Rd
 Swansea, MA 02777-4701
Website: <http://jri.org/meadowridge>

NATSAP Member

Since: 2016

PROGRAM OUTLINE

Gender: Boys and Girls in Single Gender Groups
Ages: 12 - 22
Grades: 6 - 12
Enrollment: 36
Duration: 12 to 18 months
Founded: 1973



Airport: Boston, MA (BOS)

The Meadowridge Academy serves adolescents between the ages of 12 and 22 who have struggled with significant and chronic past trauma and/or organic mental illness. Typically our students cope with emotional dysregulation, at-risk behaviors, academic issues, and at times psychosis and medical fragility including diabetes.

Our school provides students with a safe and welcoming environment in which to heal, learn, and grow. Our renovated space is characterized by an abundance of natural light, cozy furniture, and vibrant artwork that add to its safe, creative and welcoming atmosphere.

At Meadowridge Academy we provide each student with a supportive, individually tailored program that balances school, personal life and community while fostering individual talents that help build self-esteem and deepen relationships. Through our individualized treatment approach we allow students to heal while creating positive personal growth opportunities that build a strong core of internal skill sets, encourage individual talents, help build self-esteem and deepen their relationships.

Meadowridge Academy is committed to providing each student with the clinical services necessary to help him/her achieve his/her goals. We are trauma-informed in all areas of our program, which serves to support the work that students do in individual, family and group therapy. The Attachment, Self-Regulation, and Competency (ARC) framework is a corecomponents treatment model, developed to provide a guiding framework for thoughtful clinical intervention with complexly traumatized youth and their caregiving systems. Drawing from the fields of trauma, attachment, and child development, the framework recognizes the importance of working with the child-in-context, of acknowledging the role of historical experiences and adaptive responses in current presentation, and of intervening with the surrounding environment - whether primary caregivers or treatment system - to support and facilitate the child's healing.

Individual Psychotherapy Available: Yes

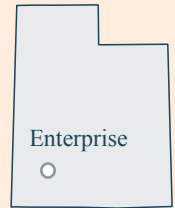
Accreditation, Licensure: Department of Elementary and Secondary Education (DESE); Caring Together - Massachusetts Department of Children and Families and Department of Mental Health Partnership; Department of Early Education and Care (EEC)

Professional Affiliations: NATSAP - Full Member

Medicine Wheel at RedCliff

(Young Adult Program & Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Scott Schill Academic Contact: Darcy Holt Email: chadb@redcliffascent.com Phone: (800) 898-1244 Fax: (435) 878-2860 Address: 709 East Main St Enterprise, UT 84725 Website: www.redcliffascent.com</p>	<p>Gender: Coeducational Ages: 18 - 24 Grades: 8 - 12 Enrollment: 18 Duration: 70 days Founded: 2001</p>
<p>NATSAP Member Since: 2012</p>	<p>Airport: Salt Lake City, UT (SLC)</p>



Medicine Wheel at RedCliff is a wilderness treatment program designed specifically for young adults. Through individualized treatment, clients are presented with opportunities to strengthen positive relationships, improve self esteem, and discover healthy emotional and behavioral activities.

With more than 1,000 psychological evaluations to his credit, Christopher Tolen, Psy.D. is the Director of the Medicine Wheel program which supports a dual diagnosis approach to treatment. Through both clinical and 12 step methodology, clients come to terms with the underlying issues that have inhibited their emotional growth leaving them trapped on “developmental vacation.”

Therapy is at the heart of everything done at Medicine Wheel. Each clinician holds a minimum of Masters level training and has years of experience working with young people in a wilderness setting. In addition to spending two days in the field each week, clinicians are in regular communication with guides. Through regular meetings and phone calls from the field, therapists have the most accurate and up-to-date information about their clients allowing for more effective treatment.

Under the direction of Dr. Tolen, guides conduct one-on-one and group meetings each day to help clients stay focused on their therapeutic and personal goals. Guides are consistent from week to week which allows for deeper and more meaningful interactions and promotes more effective clinical progress.

Medicine Wheel at Redcliff understands the importance of continued care. We view our role as the first step in the treatment process. Our curriculum is designed to help clients develop a comprehensive recovery maintenance plan which includes identifying a transitional living environment which promotes sobriety, positive peer influence, and structured living.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Voluntary Compliance with State of Utah; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP- Associate Member; Outdoor Behavioral Health Industry Council (OBHIC)

Meridell Achievement Center

(Residential Treatment Center & Specialty Psychiatric & Behavioral Hospital)

CONTACT

Executive Contact: Ray Heckerman

Admissions Contact: Jerry Romer

Academic Contact: Wendy Rollins

Email: alan.reiman@uhsinc.com

Phone: (800) 366-8656

Fax: (512) 515-5873

Address: 12550 W Hwy 29

PO Box 87

Liberty Hill, TX 78642

Website: www.meridell.com

NATSAP Member

Since: 2001

PROGRAM OUTLINE

Gender: Boys & Girls in Single
Gender Groups

Ages: 5 - 17

Grades: K - 12

Enrollment: 134

Duration: 2 - 3 months

Founded: 1961



Airport: Austin, TX (AUS)

Meridell is a medical model residential treatment center. We specialize in psychiatry (13-17 years) and neuropsychiatry (11-17 years). Patients have multiple treatment failure: outpatient, hospital, school, RTC. Programs are male or female, not co-ed. Residences are locked. Staff includes child and adolescent psychiatrists, masters-level licensed therapists, registered nurses, neuropsychologist, psychologist, recreational therapists, nutritionist and direct-care staff. Assessments include neuropsychology, psychology and neurophysiology (Cognitrace studies). Our school, John H. Wood Jr. Charter School, is fully accredited. Teachers are dual-certified: core subject areas and special education. We are located 30 miles north of Austin, TX on a 63-acre ranch-style campus (<http://www.meridell.com/brief-overview/>).


Individual Psychotherapy Available: Yes

Accreditation, Licensure: Texas Department of Family and Protective Services; Texas Joint Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; American Neuropsychiatric Association; American Psychiatric Association; American Neuropsychological Association; American Psychological Association

Monarch School Inc.

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Patrick McKenna Admissions Contact: Michelle McKenna Academic Contact: Jamie Jones Email: michelle.mckenna@monarchschool.net Phone: (406) 847-5095 Fax: (406) 847-5014 Address: P.O. Box 1048 Sandpoint, ID 83864 Website: www.monarchschool.com</p>	<p>Gender: Coeducational Ages: 14 - 18 Grades: 9 - 12 Enrollment: 48 Duration: 365 - 480 days Founded: 2000</p>
<p>NATSAP Member Since: 2012</p>	<p>Airport: Spokane International (GEG)</p> 

Monarch School’s Mission as a College Preparatory School

Monarch School was established in September of 2000 to create a college preparatory school with an atmosphere designed to promote academic excellence, positive self-image, strong character and sound reasoning.

Monarch School challenges our students with a rigorous college preparatory curriculum. We believe all students can fulfill their true academic potential when provided with the right environment and support. Monarch School also takes a very integrative approach to therapy and our clinical team works very closely with our academic department, vocational staff, our life skills instructors, and our creative arts department. It is our perspective that adolescents thrive when they are given many opportunities to challenge themselves and succeed and that therapy is not separate from that. In short, we believe that in order to be truly effective as a therapist with adolescents especially, you have to be a part of their lives.

All students are taught to build the necessary foundation to support these goals and fulfill their individual visions. Students learn to persevere, problem-solve and develop strong leadership qualities, while assisting others in learning to help themselves. With the proper mentoring and guidance, our students become powerful role models and lifelong learners with a sense of personal investment, and accountability to self and others.

Monarch School ensures that our students receive the highest quality of education. All of the classes offered at Monarch School are fully accredited and transferable nationally as well as internationally. Not only are our academics recognized for being college preparatory, but we are also nationally certified therapeutically. Nationally certified therapy ensures appropriate therapy is provided by qualified therapists. The therapeutic certification also ensures that Monarch School provides care for students who fit our therapeutic model.

Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *State of Montana License; Northwest Accreditation Commissions Accredited; State of Montana - Board of Private Alternative Adolescent Residential or Outdoors Program; National Independent Private School Association Academic Accreditation; National Council for Private School Accreditation; Student and Exchange Visitor Information System (SEVIS); AdvanceED/NWAC*

Professional Affiliations: *NATSAP-Full Member; National Independent Private School Association Therapeutic Certification*

Montana Academy

(Therapeutic Boarding School)

CONTACT

Executive Contact: John Santa
Admissions Contact: Amy Nimmo
Academic Contact: Phillip Jones
Email: amyn@montanaacademy.com
Phone: (406) 858-2339
Fax: (406) 858-2356
Address: P.O. Box 410
 Heron, MT 59844
Website: www.montanaacademy.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 14 - 17
Grades: 9 - 12
Enrollment: 90
Duration: 14-16 months +opt'l trans.
 program
Founded: 1997

NATSAP Member
Since: 1999



Airport: Glacier Int'l Airport (FCA/KGPI)

Montana Academy is a therapeutic boarding school for struggling teenagers. At its founding in 1997 it was unique in the nation. For it combined well-trained clinicians, an effective therapeutic program and a challenging prep school, all situated on a remote Montana ranch. In the years after its opening, the Academy fulfilled its promise to become a remarkable combination of clinical sophistication, staged incentives and ambitious academics. Emancipated from intrusive insurance companies and the mediocrity of "managed care," its staff has been free to do its best work. Removed from the distractions of mass culture, shielded from ubiquitous illicit drugs, unplugged from the matrix of modern media and protected by adults, MA students have been free to join with staff in a collaborative culture that is dedicated to a restoration of progress in adolescent maturation.

At the Academy we take a distinctive psychiatric approach to adolescent troubles. We recognize that many presenting symptoms and misbehaviors—at school, at home, and among social peers—result from a relative immaturity. For this reason, instead of limiting treatment to symptom relief (pills or brief therapies), we pursue a two-step diagnosis and dual treatment: (a) to identify and then to remove, insofar as possible, the obstacles to psychological development; and (b) to prod students to achieve new psychological milestones and so to restore the momentum of normal maturation. These twin developmental goals require a coordinated and sustained effort, not a quick fix.

Montana Academy's clinical, academic and program structures have been designed from this understanding and promote this goal--to help struggling students to move on to academic and interpersonal successes, which follow from a restoration of normal adolescent maturity.


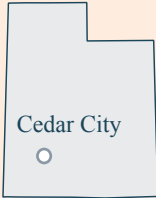
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; Joint Commission, Montana PAARP Board, NCPSA, IECA, NIPSA; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Moonridge Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Tawny Thomas Admissions Contact: Anamarie Rodabough Academic Contact: Susan Mackert Email: shawnaledwilson@gmail.com Phone: (435) 592-3220 Fax: (435) 586-4489 Address: 9450 West 2400 South Cedar City, UT 84721 Website: www.moonridgeacademy.com/</p> <p>NATSAP Member Since: 2012</p> 	<p>Gender: Girls Only Ages: 11 - 14 Grades: 6 - 10 Enrollment: 16 Duration: 9 - 12 months Founded: 2003</p>  <p>Airport: Cedar City (CDC), Saint George (SGU), Las Vegas (LAS)</p>

Moonridge Academy is a clinically intensive program for younger girls, ages 11-15. Located in beautiful Southern Utah and with a maximum size of 16 girls, Moonridge Academy provides individualized treatment and clinical sophistication in a warm, nurturing environment. Treatment is age-adjusted for the younger population and is a safe environment without the concerning influences of older girl issues. Moonridge Academy helps girls resolve issues such as trauma, depression, anxiety, self-harm, school refusal, family conflict, sexual boundaries, school refusal attention issues, etc.

Girls at Moonridge participate in weekly individual, family, and group therapies. Girls participate in weekly all-day Recreation Therapy Activities and monthly multi day Recreation trips. Parent coaching and Family work is paramount at Moonridge. Parents attend family recreation activities, coaching seminars, and quarterly Parent Seminars.

School is traditional style with certified teacher-led classrooms with direct instruction, grades 6-10. Skills assessments and Special Ed services are available to students who may struggle with school or learning.

Moonridge believes that young girls heal through relationships, improving confidence, being physically active, and above all: laughing and experiencing joy in life again. We have miniature horses, big horses, dogs and cats. Our girls climb, rappel, kayak, ski, hike, play and volunteer. We use creative and customized treatment for our girls, including Equine Therapy, DBT, Sandtray Therapy and Play Therapy.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Utah, NWAC (Northwest Accreditation Committee), Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP-Full Member; NATSAP Research Designated Program (RDP); Pony Club, CERTS, DBT Intensive*

Morningside Recovery

(Outpatient/Non Residential & Young Adult Program)

CONTACT **PROGRAM OUTLINE**

Executive Contact: Joel Edwards
Admissions Contact: Kevin Granich
Email: admissions@morningsiderecovery.com
Phone: (888) 919-5736
Fax: (949) 675-0007
Address: 1400 Reynolds Ave., Suite 200
 Irvine, CA 92614
Website: www.morningsiderecovery.com

Gender: Coeducational
Ages: 18+
Grades: N/A
Enrollment: 96
Duration: 30 days to 6 months
Founded: 2002

NATSAP Member
Since: 2012



Airport: John Wayne Airport (SNA)

Morningside Recovery is a pet-friendly alcohol rehab, drug treatment center, and mental health facility in Orange County, CA. Our CARF-accredited programs, diverse therapy options, and SMART Recovery techniques empower individuals to lead healthy lives free from addiction.

Our open, non-lockdown treatment model differs from many traditional programs by integrating care in a real-world setting and customizing programming for each individual's unique needs. Our highly credentialed clinical team is comprised of multiple Doctorate level therapists and psychologists, Masters level LMFs and alternative therapy instructors, as well as a psychiatrist and professional nutritionist. We offer an array of programs and encourage constructive exposure to the community so clients learn the emotional and practical skills necessary to continue their lives of sustainable recovery long after treatment.

Morningside Recovery offers a variety of integral specialty programs including the Morningside Adventure Program (MAP), Academic Program, SMART Recovery, and Alumni/Aftercare Program.

The **Morningside Adventure Program (MAP)** is a therapeutically intensive program where clients go hiking in the mountains, white-water rafting, camping in the desert, and kayaking in the ocean. Not only is natural beauty a catalyst for serenity, MAP takes advantage of the experiential elements found in outdoor challenges to more deeply effect change in clients. Therapeutic growth and change emerge in the individual and as part of group interaction.

The **Academic Program** motivates clients to follow their passions and find gainful employment. A counselor starts by meeting with clients one-on-one to prioritize their personal interests in academics, volunteer work, and employment. Then they create an action plan that incorporates a client's existing skills, education and goals.

SMART Recovery is a science-based alternative to 12-step programs. The progressive program helps individuals make self-directed changes, stay sober, and become self-reliant in recovery. Addiction is treated as a complex maladaptive behavior that clients have the power to change. Mental health professionals at Morningside Recovery receive Self-Management and Recovery Training (SMART).

Alumni/Aftercare Program is dedicated to supporting clients who graduate from treatment. While in treatment clients develop lasting relationships as they recover and discover themselves. They share experiences and a common bond. They become one another's foundation for support and an extended family for one another. Morningside Recovery is committed to maintain these relationships as a client transitions from treatment to "Real Life" early in recovery. These supportive relationships help alumni maintain sobriety, continued wellness and a life free of addiction.

Morningside Recovery proudly offers these, and many other, customized services to aid client's opportunities for growth and ease their transition into healthier, improved lives in recovery.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: CARF Accredited; DHCS Certification

Professional Affiliations: NATSAP-Associate Member; NATSAP Research Designated Program (RDP); Association of Experiential Education; Treatment Professionals in Alumni Services; National Association of Addiction Treatment Professionals; Treatment Providers of Southern California

Mountain Valley Treatment Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Don Vardell, MS Admissions Contact: Jennifer Fullerton, LICSW Academic Contact: Kayte Knowler Email: jfullerton@mountainvalleytreatment.org Phone: (603) 989-3500 Fax: (603) 989-3169 Address: 2274 Mount Moosilauke Hwy. Pike, NH 03780 Website: www.mountainvalleytreatment.org</p> <p>NATSAP Member Since: 2011</p>	<p>Gender: Coeducational Ages: 13 - 20 Grades: 7 - College Sophomore Enrollment: 24 Duration: 60 - 90 days Founded: 2011</p> <div data-bbox="774 468 901 668" style="text-align: center;">  <p>Pike</p> </div> <p>Airport: Boston Logan International (BOS) Manchester-Boston Regional (MHT) Burlington International (BVT)</p>

Mountain Valley Treatment Center, located in beautiful Pike, NH, offers an evidence-based, holistic approach to treating 13-20 year olds with anxiety, Obsessive Compulsive Disorder and related disorders. We are an intensive short-term residential setting that provides highly clinical treatment, focusing specifically on exposure therapy, in a supportive, co-educational setting that feels far from clinical.

With lengths of stay ranging generally 60 to 90 days, our residents receive comprehensive care from well-trained and dedicated professionals. The psycho-educational component of the work allows each teen to learn about anxiety and its treatment in a way that imparts critical information and cultivates motivation to change. The program provides individual and group-based Cognitive-Behavioral Therapy (CBT) with an emphasis on Exposure and Response Prevention (ERP) for residents suffering from social anxiety, specific phobias, panic attacks, separation anxiety, school refusal, selective mutism, and obsessive compulsive disorder (OCD). Stress reduction and mindfulness play a key role in individual and group therapy. The supportive milieu is built around opportunities to participate in wellness modules, which are designed to challenge each resident to face risk, develop mastery, and build confidence.

Family involvement is crucial to our program model, and weekly sessions can be conducted face to face on-site, by conference call, or through video-conferencing. The program is designed to assist families to understand anxiety, communicate with greater effectiveness and participate in relapse prevention.

Recognizing that medication management and psychiatry can play an important role in the treatment of anxiety, we partner with Hanover Psychiatry, a program of Dartmouth College’s Geisel School of Medicine, to offer psychiatric services as well as comprehensive psychological assessments.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of New Hampshire, Department of Health and Human Services, Office of Operations Support, Child Care Licensing Unit; CARF Accreditation*
Professional Affiliations: *NATSAP-Full Member; Upper Valley Stewardship Center; Anxiety and Depression Association of America (ADAA); International OCD Foundation (IOCDF)*

New Beginnings ARC

(Residential Treatment Center)

CONTACT

Executive Contact: Johnny Patout, LCSW
Admissions Contact: Alicia Patout
Email: mdunlap@newbeginningsarc.com
Phone: (337) 942-1171
Fax: (337) 948-9101
Address: 1649 Linwood Loop
 Opelousas, LA 70570
Website: www.newbeginningsteenhlp.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 18
Grades: 5 - 12
Enrollment: 42
Duration: 30 - 90 days
Founded: 1983



NATSAP Member
Since: 2014

Airport: Lafayette Regional Airport (LFT / KLFT)

New Beginnings Adolescent Recovery Center is a 42-bed Residential Substance Abuse program. We provide treatment for teenage boys and girls between the ages of 13 - 18 who are struggling with Substance Abuse/Dependency and Co-Occurring disorders. New Beginnings is licensed in the state of Louisiana through the Department of Health & Hospitals and is CARF Accredited.

While our treatment is deeply rooted in the 12-step philosophy, we utilize a variety of therapeutic approaches such as Rational Emotive Behavioral Therapy, Reality Therapy, Music Therapy, Art Therapy, Sand Tray Therapy, Mindfulness, Ropes Course, EMDR, and more. We firmly believe that embracing abstinence and long term recovery is the best approach. Participation by the entire family is an important aspect of the recovery process.

Although the length of stay for each teenager may vary, we strive to have each one remain in our safe environment for at least 90 days. This affords the time for our young patients to identify irrational thought patterns, dysfunctional behaviors, uncomfortable and/or painful feelings, and to grasp the knowledge and tools necessary to embrace a healthier lifestyle - free of mood altering chemicals.

Teenagers are complex. Their brains are not yet fully developed, they are emotionally immature, and often make poor decisions. Those with substance abuse problems and/or co-occurring disorders are even more complex. In order to effectively motivate troubled teenagers to embrace a healthier lifestyle, a talented, multi-disciplinary team of clinicians is essential.

Our clinical team is comprised of two psychiatrists, Masters level therapists, addition counselors, behavioral health nurses, certified educators, recreation coordinator, registered dietician, and a variety of support staff. Our experienced and dedicated clinical team was recognized for excellence as the sole recipient of the National Association of Addiction Treatment Providers' **2013 James W. West Quality Improvement Award**.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Department of Health and Hospitals; CARF
Professional Affiliations: NATSAP-Full Member; NAATAP

New Haven

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: John Stewart
Admissions Contact: Gretchen Bartlett
Academic Contact: Kori Mayeski
Email: admissions@newhavenrtc.com
Phone: (888) 317-3958
Fax: (801) 794-9558
Address: 2172 E 7200 S.
 Spanish Fork, UT 84660
Website: www.newhavenrtc.com

Gender: Girls Only
Ages: 12 - 18
Grades: 7 - 12/College Prep
Enrollment: 106
Duration: Average 10 - 12 months
Founded: 1995



Spanish Fork

NATSAP Member
Since: 1999



Airport: Salt Lake City, UT (SLC)

New Haven excels in providing a therapeutic safe haven and school to facilitate healing in families. Adolescent girls and their parents have experienced significant emotional and behavioral problems which require New Haven’s sophisticated clinical setting. Healing and positive change is provided through a structure of individual, family, and group therapies along with psychiatric care. Each of our 7 homes (on 3 campuses) has a sophisticated treatment team made up of the caregivers that work in that home- therapists, recreation therapist, residential supervisors, education, nursing and clinical administration. The long-lasting positive change families experience is based upon a systemic/family focus transformation through New Haven’s Values Program- Family, Love, Locus of Control, Selflessness, Spirituality, and Values. Our students and families need trauma focused care and healing which typically are associated with a number of other occurring challenges such as mood disorders (i.e., depression, anxiety), parent-child conflict, PTSD, self-harm, school refusal, low motivation, hopelessness, low self-esteem, and entitlement. We also commonly treat eating disorders, addictions, ADD/ADHD, Learning Disabilities/Challenges, opposition-defiant disorder, personality disorders and attachment disorders. Parent involvement is required.

Our Academics is progressive addressing specific needs of students who are experiencing Learning Challenges, twice-exceptional and gifted, or are in the mainstream of learning. Special Education services provide the learning strategies needed for each student to be successful academically. Education is provided in a classroom setting with full-time teachers. We provide opportunities for team-based sports, exercise, nutrition, dietician, and fitness.

New Haven is an industry leader in research outcomes to be used in assessment and treatment intervention planning. We engage families in research for two years post-graduation.

Hobble Creek is our newest campus addition located in a serene, mountain setting where students who need an intimate, small home setting for enhanced healing supported by increased individualized attention by masters level therapists, artistic and mind-body based healing strategies, and an adventure program to facilitate empowerment and confidence.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Joint Commission Accreditation (JCAHO); AdvancEd Accreditation; Student and Exchange Visitor Information System (SEVIS); Association of Children’s Residential Centers (ACRC)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

New Leaf Academy

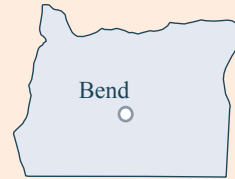
(Therapeutic Boarding School)

CONTACT

Executive Contact: Craig A. Christiansen, M.A.
Admissions Contact: Jennifer Parker
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Email: jparker@newleafacademy.com
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Fax: (541) 318-1709
Address: PO Box 6454
 Bend, OR 97708
Website: www.newleafacademy.com

PROGRAM OUTLINE

Gender: Girls Only
Ages: 10 - 15
Grades: 4 - 10
Enrollment: 28 to 30
Duration: 15 to 18 months
Founded: 1997



NATSAP Member
Since: 1999

Airport: Redmond-Bend (RDM)

Our goal at New Leaf Academy is to effectively facilitate lasting behavioral, social and academic change through a therapeutic, nurturing, family-like environment that meets the specific developmental needs of the pre-adolescent and early adolescent female. New Leaf Academy offers a structured, single-gender living and educational program for girls ages 10 through 15 at time of enrollment who need extra help and guidance in achieving their social, familial and academic goals. New Leaf students struggle with issues ranging from attention deficit disorder, spectrum disorders, anxiety & mood disorders, PTSD, impulsivity, attachment issues and a range of learning differences. A New Leaf girl often lacks personal boundaries, is unable to read social cues, exhibits difficulty making and maintaining friendships, and demonstrates an inability to participate or adhere to family rules, values, and relationships. The girls at New Leaf receive individual, group and family therapy working closely with our clinical team of licensed therapists. Individual treatment plans help families create a successful environment for their daughter to return home. Our developmentally-based program is designed to help foster improved family communication and functioning; build a renewed connection with parents, guardians and siblings; generate a willingness in the child to follow rules and submit to parental authority; build her social and interpersonal skills; instill an ability to identify and manage feelings appropriately; and to help generate improved academic performance.

Activities include equine therapy and horsemanship, 4-H bunny program, hiking, camping, skiing, snowboarding, competitive sports, art, dance, choir and community service. Our school uses a variety of traditional and experiential teaching strategies which include teacher led instruction, hands-on learning, field trips and group projects. We focus both on the academic content of a traditional grade appropriate curriculum as well as on development of specific tools, strategies and skills to be successful learners in the future. New Leaf Academy graduates know how to advocate for themselves and achieve in a school environment.

Due to the developmental age of our students, family participation is expected to achieve optimal success. Parents and guardians receive parent coaching, weekly family therapy and participate in three parent seminars involving multi-family therapy with their daughters to identify and interrupt ineffective family patterns. Families participate in an equine family workshop to deepen their insight. Parent visit weekends, home visits and aftercare services are regularly scheduled to provide opportunities to practice new skills.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services/Children, Adults & Families; AdvancED/Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

New Summit Academy of Costa Rica

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Heather Tracy, Ed.D. Admissions Contact: Marcela Pereira Academic Contact: Martin Naffziger, M.Ed. Email: info@newsummitacademy.com Phone: (800) 609-9496 Fax: (561) 892-3853 Address: Aptdo # 159-4013 Atenas, Alajuela, Costa Rica 20501 Website: www.newsummitacademy.com</p>	<p>Gender: Boys Only Ages: 14 - 18 Grades: 9 - 12 Enrollment: 32 Duration: 12 months+ Founded: 2005</p>
<p>NATSAP Member Since: 2007</p>	<p>Atenas, Alajuela</p>

New Summit Academy Costa Rica nurtures and empowers students toward healthier lifestyles through problem- solving & processing experiences to become more relationship-based, goal-driven, resourceful global citizens. Our innovative therapeutic boarding school integrates our US- accredited school with personal growth objectives and experiential education activities.

NSA students struggle with anxiety, depression, self-confidence, nontraditional learning styles, motivation, decision-making, family dynamics, executive functioning, identity, isolation, social problems, passive defiance or minor substance abuse. NSA students are bright, creative (often musical or artistic), sensitive, passionate about an interest, active, accountable, capable of insight-building, social, interested in attending college, open to other cultures and committed to personal growth.

NSA provides a holistic approach that integrates intentional skill-building into academics, personal growth, and student life. Dynamic teachers and individualized guidance and support are key to student motivation and engagement in NSA’s innovative, college prep curriculum. Small class sizes promote participation and improvement of executive functioning skills by building good academic habits. Therapeutic strategies are empowering and prioritize process and relationship-building over behavior modification. Students participate in individual therapy, community groups (3+ times/week) and peer-driven Honor Council Meetings. Milieu therapists participate in recreational activities and our Aventura program to mentor outside a traditional office environment. Therapists work with families at workshops and via telephone. The Experiential Education department involves students in planning healthy recreational activities on weekends as well as regular community service and cultural immersion opportunities with local families and communities. Furthermore, NSA’s signature Aventura program (rites of passage curriculum via therapeutic and academic outdoor adventure trips in Costa Rica & internationally) gives students experiences they will never forget!

Our young adult program (BridgeYoungAdults.com) accepts US high school graduates (from wilderness programs or home) who would benefit from a gap experience with therapeutic support, community living, internships and vocational exploration, community service and cultural immersion travel opportunities.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *PANI (Patranato Nacional de Infancia de Costa Rica—child welfare organization); AdvancEd*
Professional Affiliations: *NATSAP-Full Member*

New Vision Wilderness Therapy - Bend Oregon

(Wilderness Therapy Program)

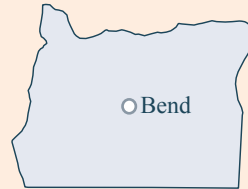
CONTACT

Executive Contact: Andrew Scott
Admissions Contact: Adam Eader
Academic Contact: Summer Hornbeck
Email: ascott@nvwild.com
Phone: (855) 689-8326
Fax: (541) 312-4350
Address: 160 SW Scalehouse Loop Rd.
 Bend, OR 97701
Website: www.newvisionwilderness.com

NATSAP Member
 Since: 2013

PROGRAM OUTLINE

Gender: Boys & Girls in Single
 Gender Groups
Ages: 12 - 17 and 18 - 25
Grades: N/A
Enrollment: N/A
Duration: 10 week average
Founded: 2007



Airport: Roberts Field, Redmond Oregon
 (RDM)

New Vision Wilderness (NVW) is a specialty wilderness therapy treatment program that is Clinically Intensive, Highly Specialized and Trauma Informed. NVW was founded and designed to heal the consequences of early childhood stress. Our clients are often adopted and have experienced grief and loss in their lives. This early stress, often referred to as Complex Developmental Trauma, manifests itself in controlling behaviors such as defiance and opposition, as well as, debilitating behaviors such as anxiety, ADHD and depression. Our clients have typically developed unhealthy coping skills to handle this stress such as; isolation, manipulation, anger, drugs and/or apathy.

NVW is the nation's premier "relational model" wilderness therapy program, and integrates the latest research on adverse childhood experiences. Our "relationship centered" approach coupled with a safe environment and the most effective clinical interventions serves as the backbone to our success and reputation. We believe in relationship, not consequence, as the main vehicle for change.

NVW has highly skilled clinicians in the field facilitating 1:1 sessions with our clients, which deepens the clinical impact. We call it full clinical immersion. Our therapists spend at least three days per week immersed in the wilderness, which results in our clients, staff and families receiving more clinical hours and direction. Therapist caseloads are very small. We believe this, combined with being one of the more affordable programs, provides true value to the families we are dedicated to serving.

Our interventions are unique, specialized and appropriate, and include Brainspotting, EMDR, Heart Math stress reduction techniques and others. All NVW staff are thoroughly trained in how to build, maintain and utilize strong relationships to support deep healing in our clients. To supplement our clinical model, we operate as a nomadic backpacking program. We use high adventure experiences such as rock climbing, whitewater canoeing, rafting, cross country skiing, camping, snowshoeing and fishing to help engage and connect with our clients. We also offer Art Therapy, Integrated Canine Therapy Programming and Trauma Sensitive Yoga. These experiences act as a means to connect, reduce stress and anxiety, and build our clients' self-esteem and hope.

We don't utilize a behavior modification level system. This type of system tends to reinforce our clients' underlying shame and feelings of inadequacy. Rather, we have created a client-centered Mastery Program where each client navigates through an area of interest, at their own pace, with the guidance of NVW team members. The Mastery Program allows a client to create a project or master a skill, teach others about it, and leave behind a legacy for future clients. Examples of Mastery projects include: creative storytelling, bead and necklace making, wild animal identification and tracking, acting, poetry, cooking, and primitive skill building.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: Department of Human Services - Office of Licensing and Regulatory Oversight, Outdoor Youth Program; Outdoor Behavioral Health Council (OBH); Association for Experiential Education

Professional Affiliations: NATSAP - Full Member

Newport Academy - Female - California

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Jamison Monroe Admissions Contact: Blake Kinsey Academic Contact: Ryan Fedoroff Email: bkinsey@newportacademy.com Phone: (877) 628-3367 Fax: (203) 586-1205 Address: 811 N. Ranch Wood Trail Orange, CA 92869 Website: www.newportacademy.com</p> <p>NATSAP Member Since: 2012</p>	<p>Gender: Girls Only Ages: 12 - 18 Grades: 9 - 12 Enrollment: 6 Duration: 30-120 days, average Founded: 2008</p>  <p>Orange</p> <p>Airport: John Wayne Airport (SNA)</p>

Newport Academy offers individualized, gender-specific residential facilities for teens and families struggling with mental health, trauma, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying causes of self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine-Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

Newport Academy combines evidence-based clinical, experiential, and academic elements into each individual’s treatment program and provides a path for teens to heal and live happy, healthy lives. With a staff to resident ratio of five to one, we offer a compassionate staff that is attentive and responsive. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling each week.

Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psycho-educational, experiential, and process-oriented activities throughout the entire treatment process.

The Newport Academy medical team is led by Dr. Rachel Fortune, previous Director of Outpatient Services at Yale University School of Medicine/Yale New Haven Hospital. The clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist, Marcie Beasley, a licensed Clinical Counselor, Dr. Michel Mennesson, Dr. Rizwan Parvez, Dr. Prakash Thomas, and Dr. Geoffrey Phillips, who are all board-certified in general Psychiatry and Child/Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietician, a Clinical Nutritionist, and Nurse Practitioner.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of California Department of Health and Human Services; Commission of Accreditation of Rehabilitation Facilities (CARF); State of California Alcohol and Drug Problems
Professional Affiliations: NATSAP-Full Member

Newport Academy - Female - Connecticut

(Residential Treatment Center)

CONTACT

Executive Contact: Jamison Monroe
Admissions Contact: Blake Kinsey
Academic Contact: Ryan Fedoroff
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Phone: (877) 628-3367
Fax: (203) 586-1205
Address: 64 Double Hill Road
 Bethlehem, CT 06751
Website: www.newportacademy.com

NATSAP Member Since:
2015

PROGRAM OUTLINE

Gender: Girls Only
Ages: 15 - 20
Grades: 9 - 12; college
Enrollment: 10
Duration: 30-120 days, average
Founded: 2008



Airport: Tweed New Haven Airport (HVN)
Hartford Bradley Airport (BDL)

Newport Academy offers individualized, gender-specific residential facilities for teens and families struggling with mental health, trauma, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying causes of self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine-Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

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Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Connecticut, Department of Children and Families; CCF/RT-123

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP), Association of Recovery Schools

Newport Academy - Male - California

(Residential Treatment Center)

CONTACT

Executive Contact: Jamison Monroe
Admissions Contact: Blake Kinsey
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Phone: (877) 628-3367
Fax: (203) 841-1102
Address: 1655 N. Hunters Way
 Orange, CA 92869
Website: www.newportacademy.com

NATSAP Member
Since: 2009

PROGRAM OUTLINE

Gender: Boys Only
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 15
Duration: 30-120 days, average
Founded: 2008



Orange

Airport: John Wayne Airport (SNA)

Newport Academy offers individualized, gender-specific residential facilities for teens and families struggling with mental health, trauma, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying causes of self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine-Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

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Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commission of Accreditation of Rehabilitation Facilities (CARF); State of CA - Department of Health & Human Services; State of CA Alcohol and Drug Programs

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP), Association of Recovery Schools

Newport Academy - Male - Connecticut

(Residential Treatment Center)

CONTACT

Executive Contact: Jamison Monroe
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Phone: (877) 628-3367
Fax: (203) 586-1205
Address: 64 Double Hill Road
 Bethlehem, CT 06751
Website: www.newportacademy.com

NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: Boys Only
Ages: 15 - 20
Grades: 9 - 12; college
Enrollment: 10
Duration: 30-120 days, average
Founded: 2008



Airport: Tweed New Haven Airport (HVN)
 Hartford Bradley Airport (BDL)

Newport Academy offers individualized, gender-specific residential facilities for teens and families struggling with mental health, trauma, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying causes of self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine-Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

Newport Academy combines evidence-based clinical, experiential, and academic elements into each individual's treatment program and provides a path for teens to heal and live happy, healthy lives. With a staff to resident ratio of five to one, we offer a compassionate staff that is attentive and responsive. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling each week.

Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psycho-educational, experiential, and process-oriented activities throughout the entire treatment process.

The Newport Academy medical team is led by Dr. Rachel Fortune, previous Director of Outpatient Services at Yale University School of Medicine/Yale New Haven Hospital. The clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist, Marcie Beasley, a licensed Clinical Counselor, Dr. Michel Mennesson, Dr. Rizwan Parvez, Dr. Prakash Thomas, and Dr. Geoffrey Phillips, who are all board-certified in general Psychiatry and Child/Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietician, a Clinical Nutritionist, and Nurse Practitioner.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Connecticut, Department of Children and Families; CCF/RT-123; CARF

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP), Association of Recovery Schools

Newport Academy Therapeutic Day School - California (Therapeutic Day School)

CONTACT

Executive Contact: Jamison Monroe
Admissions Contact: Blake Kinsey
Academic Contact: Ryan Fedoroff
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Fax: (203) 586-1205
Address: 111 Bayside Drive
 Corona Del Mar, CA 92625
Website: www.newportacademy.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 15
Duration: minimum of 120 days
Founded: 2008



Orange

NATSAP Member
Since: 2009

Airport: John Wayne Airport (SNA)

Newport Academy Day Schools provide a safe environment for teens to reach their full academic potential and develop life skills that help strengthen their mental health recovery process. Our Day Schools allow students to embrace new ways of thinking while continuing their therapeutic treatment and academic programming. The Newport Academy Day Schools are located in Darien, Connecticut; New York, New York; and Newport Beach, California.

Newport Academy’s clinical and academic faculty works with students and their families to develop an optimal program for each individual’s specific needs. Families can choose detailed academic tracks including college preparatory, pursuit of a traditional high school diploma, or GED. The Day Schools’ curriculum focuses on raising self-esteem, practicing time management, establishing healthy friendships, and developing skills for leading a healthy, happy life.

At Newport Academy Day School, we provide

- o An accredited curriculum designed to fit the needs of each student
- o High staff-to-student ratio (1:2) for individualized attention and tutoring
- o Daily process groups and recovery counseling
- o Academic and cognitive testing
- o SAT and ACT prep
- o College application support
- o Twice-weekly drug testing and ongoing monitoring of other self-destructive behaviors.

Newport Academy Day School believes that every student deserves a safe, creative, and nurturing educational environment in which they feel comfortable to grow in mind, body, and spirit. Students also practice a number of experiential therapies that promote self-reflection, foster group support, and encourage spiritual well-being. Examples of weekly holistic therapies include: yoga taught by a certified yoga therapist, meditation, group counseling, art therapy, music therapy, nutrition, and community service. The comprehensive and multi-dimensional approach to academics and therapeutic services within the Newport Academy Day School creates a safe place for students to develop true self-esteem, establish healthy peer-to-peer relationships, and set attainable goals for the future.

Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *State of Connecticut, Department of Children and Families; Commission on Accreditation of Rehabilitation Facilities (CARF)*

Professional Affiliations: *NATSAP-Full Member; Association of Recovery Schools*

Newport Academy Therapeutic Day School - Connecticut (Therapeutic Day School)

CONTACT

Executive Contact: Jamison Monroe
Admissions Contact: Blake Kinsey
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 Darien, CT 06820
Website: www.newportacademy.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 20
Grades: 8 - 12
Enrollment: 10
Duration: 45 days minimum
Founded: 2008



NATSAP Member
Since: 2015

Airport: Westchester County Airport (HPN)

Newport Academy Day Schools provide a safe environment for teens to reach their full academic potential and develop life skills that help strengthen their mental health recovery process. Our Day Schools allow students to embrace new ways of thinking while continuing their therapeutic treatment and academic programming. The Newport Academy Day Schools are located in Darien, Connecticut; New York, New York; and Newport Beach, California.

Newport Academy's clinical and academic faculty works with students and their families to develop an optimal program for each individual's specific needs. Families can choose detailed academic tracks including college preparatory, pursuit of a traditional high school diploma, or GED. The Day Schools' curriculum focuses on raising self-esteem, practicing time management, establishing healthy friendships, and developing skills for leading a healthy, happy life.

At Newport Academy Day School, we provide

- o An accredited curriculum designed to fit the needs of each student
- o High staff-to-student ratio (1:2) for individualized attention and tutoring
- o Daily process groups and recovery counseling
- o Academic and cognitive testing
- o SAT and ACT prep
- o College application support
- o Twice-weekly drug testing and ongoing monitoring of other self-destructive behaviors.

Newport Academy Day School believes that every student deserves a safe, creative, and nurturing educational environment in which they feel comfortable to grow in mind, body, and spirit. Students also practice a number of experiential therapies that promote self-reflection, foster group support, and encourage spiritual well-being. Examples of weekly holistic therapies include: yoga taught by a certified yoga therapist, meditation, group counseling, art therapy, music therapy, nutrition, and community service. The comprehensive and multi-dimensional approach to academics and therapeutic services within the Newport Academy Day School creates a safe place for students to develop true self-esteem, establish healthy peer-to-peer relationships, and set attainable goals for the future.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Connecticut, Department of Children and Families; Commission on Accreditation of Rehabilitation Facilities (CARF)

Professional Affiliations: NATSAP-Full Member; Association of Recovery Schools

NorthStar Academy

(Outpatient/Non Residential)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Gale Saler Admissions Contact: Lonetta Mason Email: info@NorthStarAcademy-metrodc.com Phone: (240) 669-9094 Fax: (240) 833-3066 Address: 12300 Twinbrook Parkway Ste 250 Rockville, MD 20852-1606 Website: www.northstaracademy-metrodc.com</p> <p>NATSAP Member Since: 2016</p>	<p>Gender: Coeducational Ages: 14 - 18 Grades: N/A Enrollment: 18 - 24 Duration: 3-6 months Founded: 2014</p>  <p>Airport: Washington National (DCA) Dullas (IAD)</p>

Northstar Academy offers transitional day treatment and intensive outpatient programs for struggling teens and their families in the metropolitan Washington DC region (Maryland - Virginia - Washington DC).

Northstar Academy embraces the philosophy of Positive Youth Development (PYO) within an adolescent therapeutic community. The result is a strength-based approach consistent with the principles of positive psychology, and an environment that harnesses the positive power of the peer group to create and maintain a therapeutic environment.

It is our mission to be a leader in the provision of quality transitional therapeutic programs for teens and their families.

- To guide adolescents with mental health and/or substance use diagnoses in their recovery.
- To continue the work begun in residential and wilderness therapy programs, hospital programs and/or other therapeutic environments.
- To provide an intensive day treatment and/or intensive outpatient program that may offer the needed stabilization to avoid out-of-home placement.
- To provide therapeutic family services that enhance relationships and opportunities for family growth.
- To help teens achieve greater self-awareness and emotional growth.
- To assist teens in setting and meeting educational goals through guided reentry into mainstream educational settings.

At Northstar Academy we hold the hope and belief that all adolescents have the ability to thrive. We believe that given an appropriate, caring and effective continuum of treatment that includes both the teen and their family, we can together foster the development of self-sufficient, contributing and happy teenagers.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: CARF Accreditation
Professional Affiliations: NATSAP- Associate Member; Maryland Addiction Disorders Consortium (MADC); Treatment Communities of America (TCA); Washington Independent Services for Educational Resources (WISER)

Northwest Academy

(Therapeutic Boarding School)

CONTACT

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 Naples, ID 83847
Website: www.nwacademy.net

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: Coeducational
Ages: 16 - 18
Grades: 9 - 12
Enrollment: 45
Duration: 12 months
Founded: 1994



Airport: Spokane, WA (GEG)

Northwest Academy is a therapeutic boarding school that meets the unique needs of older adolescents ages 16 to 18 and is designed to help students address the roadblocks that are keeping them from successfully transitioning to adulthood. Northwest Academy students repair their GPA, rekindle their desire to attend college, apply and are accepted into college, and examine their thoughts, feelings, behaviors, and the relationships and patterns between them. Students leave Northwest Academy with a high school diploma in hand and the tools and confidence needed to follow a healthy path as a young adult.

Student profile: co-ed ages 16 to 18 (must enroll prior to their 18th birthday), bright, college-capable, at risk of not finishing high school, poor or deteriorating academic performance, affiliating with negative peers, expressing unhealthy independence, oppositional and defiant, using/abusing drugs or alcohol, defying authority and family rules, suffering from depression, limited by anxiety, entitled and indulgent, acting out in opposition to family values, off-track from their post-secondary goals and dreams.

Staff includes: licensed therapists, substance abuse counselor, psychiatrist, tenured milieu staff, recreation instructors, registered nurses, and credentialed teachers. Together, they encourage students to revisit abandoned values, prepare for adulthood, pursue healthy relationships, develop independent living skills, challenge self-imposed limits and self-defeating behavior patterns.

Primary therapists work with students, families and associated professionals to develop the treatment plan. Our team approach is integrative, comprehensive and inclusive, with students active in developing individualized plans. Plans are evaluated and updated bi-weekly with focus assignments that help break down larger goals into immediate action steps. Students receive weekly individual and family therapy and participate in five therapeutic groups. Our certified substance abuse counselor works with students to develop recovery plans that include weekly recovery groups (utilizing the Stages of Change model for achieving/maintaining sobriety) and on/off campus 12-Step meetings.

We have found that in healing primary parent-child relationships, students become more participatory in exploring their deeper; core issues that often impede success. Parent participation is critical and often predictive of a student's future success. Utilizing that input and influence, we provide family therapy, guided writing/communications, goal oriented visits, parent education workshops, parent-child adventure therapy trips, and parent coaching transitional support.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health and Welfare; AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Association for Experiential Education (AEE); Independent Educational Consultant Association

Northwest College Support

(Transitional Independent Living & Young Adult Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Adam Parker Admissions Contact: Traci Stluka Email: admissions@collegesupportnw.com Phone: (877) 485-2776 Fax: (877) 485-2776 Address: 211 E. Coeur d'Alene Ave. Suite 102 Coeur d'Alene, ID 83814 Website: www.collegesupportnw.com</p> <p>NATSAP Member Since: 2015</p>	<p>Gender: Coeducational Ages: 18 - 30 Grades: College and GED Enrollment: 31 Duration: 2 Semesters Founded: 2011</p> <div data-bbox="774 491 964 697" data-label="Image"> </div> <p>Airport: Spokane, WA (GEG)</p>

Northwest College Support is a comprehensive college support program and therapeutic transitional program for young adults. NWCS exists to help young adults transition to independence. Our students are transitioning to college and the world of work. Our students are transitioning from treatment programs, wilderness programs, and leaving their home environment. We are a caring and supportive team of dedicated professionals helping young adults find their path to success in college and independence. Based out of beautiful Coeur d'Alene, Idaho, Northwest College Support provides a wide range of supportive services to help students meet their potential as they attend college. The range of services provided is widely variable based on each student's needs and goals. Our approach is based on a growth model that provides an adequate amount of support. The amount of support provided decreases as each individual grows towards his or her potential.

At NWCS, we collectively commit to succeed at multiple bottom lines. We commit to provide exceptional value, compassionate support, ongoing evaluation and professional expertise to every individual. We see our students as unique individuals, and success comes from creatively enriching the whole person. We honor individual diversity and development by providing the most dynamic, innovative, and adaptive support services possible.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Associate Member; Young Adult Transitional Association (YATA)

Northwest Passage - Riverside

(Residential Treatment Center)

CONTACT

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Admissions Contact: Carey Lillehaug
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 Webster, WI 54893-8545
Website: www.nwpltd.org

PROGRAM OUTLINE

Gender: Boys only
Ages: 12 - 17
Grades: 6 - 12
Enrollment: 25
Duration: 8-12+ months
Founded: 1978

NATSAP Member
Since: 2016



Airport: Minneapolis, MN (MSP)

Northwest Passage Riverside is an intensive therapeutic residential treatment program. The treatment experience of this program is designed to address each client's mental health issues while promoting the ability to live a therapeutic lifestyle. Treatment and programming are designed for clients with pervasive and complex issues including mood disorders, anxiety, ADHD, Autism Spectrum Disorder, developmental trauma, psychosis, maladaptive personality traits, significant social skills deficits, history of self-harm and/or suicidal ideation, and challenging behavioral issues.

The 70-acre Riverside campus is located along the Clam River in northwestern Wisconsin and offers a home-like environment with single bedrooms. The campus also has an indoor gymnasium, school, an expressive arts building (that includes a woodshop and pottery space) and an abundance of outdoor space, including a yurt along the banks of the river. Riverside clients enjoy many staff supervised off grounds activities including nature photography expeditions through our one-of-a-kind In a New Light programming – a nationally-recognized nature-based photography project.

Riverside uses integrated Dialectical Behavioral Therapy (DBT) within the clinical model. Clinical services include weekly individual, group, and family therapy. Family visits are incorporated into treatment in order to help clients and families practice communication and relationship skills learned in therapy. Riverside programming centers around the understanding that sustainable change occurs when our clients connect with their community, explore their identity, develop their passions, appreciate time in nature, attend to their relationships, discover effective recreation opportunities, learn healthy nutritional habits, and move their bodies.

Our accredited educational services help clients reconnect with their role as students and make academic progress. With only 25 beds, and clients living in homes of 8-9 kids each, Riverside offers a significantly individualized treatment experience for clients who have often either struggled to engage in previous services or for whom traditional outpatient services have been unsuccessful.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Wisconsin, Department of Children and Families; AdvancEd

Professional Affiliations: NATSAP-Full Member; Wisconsin Association of Family and Children's Agencies (WAFCA)

Northwest Passage Child & Adolescent Center & Northwest Passage Prairieview Residential Program (Residential Treatment Center)

CONTACT

Executive Contact: Ellen Race
Admissions Contact: Carey Lillehaug
Email: CareyL@nwpltd.org
Phone: (715) 327-4402
Fax: (715) 327-4470
Address: 203 United Way Dr.
 Frederic, WI 54837
Website: www.nwpltd.org

PROGRAM OUTLINE

Gender: Coeducational
Ages: 6 - 18 in Assessment /
 12 - 17 in Prairieview
Grades: 1 - 12
Enrollment: 12 in Assessment and
 16 in Prairieview
Duration: 30-days in Assmt. / 3-12
 months in Prairieview
Founded: 1994



Airport: Minneapolis, MN (MSP)

**NATSAP Member
 Since: 2011**

Northwest Passage Child & Adolescent Center provides comprehensive clinical assessment for male and female clients, ages 6-18 and our Prairieview Program – an intensive residential mental health program serves females ages 12-17.

While for some, an assessment is an appropriate first step, clients may also be admitted directly into Prairieview without attending the assessment program.

Assessment Overview:

Our interdisciplinary format of assessment includes focus on neuropsychological evaluation, family, psychiatric, educational and behavioral, health/medical and, when necessary, chemical health. Our assessments are completed in a highly integrated team model that is more intensely beneficial than traditional outpatient evaluation services. Our assessment generates a comprehensive clinical conceptualization and a dynamic treatment plan designed by the interdisciplinary team to address the needs of both the child and family.

Prairieview Overview:

Northwest Passage Prairieview provides a small group (two units of 8 girls each) therapeutic and skill-building experience. Prairieview addresses the need to increase self-esteem, develops healthy coping skills, promotes positive relationship-building and social skills, and encourages connections within the community. Emphasis is placed upon living a therapeutic lifestyle through nature, relaxation, nutrition, exercise, relationships, giving back, and individual spirituality.

Our treatment approach includes integrated Dialectical Behavioral Therapy (DBT), psychiatric services, expressive arts programming including our unique In a New Light photography project, equine-assisted therapy, and individual, group, and family therapy. Northwest Passage programs, including Prairieview, are capable of working with and managing the safety needs of many clients with chronic self-harm behaviors and suicidal ideation.

The program is located in the same facility as Northwest Passage Child and Adolescent Center but has separate living, educational, and recreational areas. Prairieview utilizes many regional resources such as wooded areas for hiking, cross-country skiing, and camping, as well as the rivers and lakes for swimming and canoeing.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed as a Residential Care Center by the State of Wisconsin; Dept. of Health and Family Services; Wisconsin Department of Public Instruction; AdvancED

Professional Affiliations: NATSAP-Full Member; Wisconsin Association of Family and Children's Agencies (WAFCA)

Novitas Academy

(Therapeutic Boarding School)

CONTACT

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Fax: (208) 365-7235
Address: 2627 N. Plaza Rd.
 Emmett, ID 83617
Website: www.novitasacademy.org

PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 - 18
Grades: Middle School through High School
Enrollment: 24
Duration: 6 to 12 months+
Founded: 2014



NATSAP Member
Since: 2014

Airport: Boise Airport (BOI / KBOI)

Located on 26 acres of majestic river front property, Novitas Academy is a unique fully accredited therapeutic boarding school for boys ages 14-18. The program is designed to meet the needs of young men struggling with life skills, learning differences, lack of academic motivation, ADHD as well as mild to moderate behavioral and emotional problems. Novitas is a relationship-based program that strives to help our students build their self-esteem and self-confidence through discovering and nurturing their strengths, passions and dreams.

Novitas Academy uses a blended learning approach that consists of project-based learning, differentiated instruction, online credit recovery classes and career development. Students also partake in a career & college assessment program, local internships and develop an individualized 10-year-plan. Novitas students will also have the opportunity to attend a local professional technical academy which offers an array of hands on vocational training. Students receive individual, group and family therapy.

The mission is to provide students a safe, therapeutic, and nurturing learning environment in order to facilitate a successful transition into early adulthood. At Novitas Academy students are inspired to believe in themselves, their dreams, and their visions. Students are encouraged to be innovative, entrepreneurial, outside-the-box thinkers, as well as to pursue their interests and passions.

“With inspiration from the books *Mindset* and *David and Goliath*, we have combined the *Anatomy of Peace*, *The Ruler Approach* and a modified collaborative problem solving approach into a relational strengths-based vocational-prep program that inspires students to reach their goals” says Andy Sapp, Founder & Owner of both *Cherry Gulch* and *Novitas Academy*.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: *State of Idaho Department of Health and Wellness; AdvancED*

Professional Affiliations: *NATSAP-Full Member; NAPSEC, CHADD, LDA*

Oakley School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Caleb Cottle
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Academic Contact: Brandon Watkins
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Fax: (435) 783-5010
Address: 251 W. Weber Canyon Road
 P.O. Box 357
 Oakley, UT 84055
Website: www.oakley-school.com

Gender: Coeducational
Ages: 14 - 18
Grades: 9 - 12, limited concurrent enrollment
Enrollment: 75
Duration: Min. 7 months; Max 4 years
Founded: 1998



NATSAP Member
Since: 1999



Airport: Salt Lake City, UT (SLC)

For teens struggling in high school, The Oakley School is a therapeutic college-preparatory boarding school that has proven over the last decade that excellence in education can be combined with effective therapy and life experiences. The four cornerstones of The Oakley School program set the national standard, with rigorous academic curriculum, sophisticated clinical support through individual, group and family therapy, an active and empowering student life experience and diverse experiential education program. The Oakley School's integrative approach is reflected by its natural environment. The private boarding school is located in the Intermountain West – known for its diversity with pristine mountain ranges, red rock vistas, desert playgrounds, and metropolitan sophistication. Similarly, the Oakley School provides a diverse educational and developmental experience, balanced by opportunities for students to incorporate self-discipline and responsibility, truly preparing students to enter college life.

The Oakley School, however, is not for everyone. It is designed for students who are ready for change, have some distance from their behaviors and who are willing to be challenged in mind, body and passion. With this balanced approach, these college bound students are given opportunities to do more than improve academic scores. They are given the tools to overcome self-defeating behaviors; they uncover individual talents; they develop life skills; they learn how to improve relationships with family and peers.

The Oakley School offers over 40 different academic courses taught by endorsed faculty each semester to better customize learning needs. In addition to the academic week, every student participates in our two day Experiential Education module program, developing lifelong expertise in outdoor skills, the fine arts and community service. Students also compete against local high schools in cross country, swimming, track & field and speech & debate. The Oakley School carefully integrates a strong daily structure with a social model of clinical support. The Oakley School allows students to have community experiences, in order to provide real life choices that are not available in short term, and/or more restrictive environments.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools; Utah State Office of Education; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); Oakley City Business License

Onward Transitions

(Young Adult Program)

CONTACT

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Address: 57 Exchange St, Ste 100
 Portland, ME 04101-5000
Website: www.onwardtransitions.com

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 27
Grades: N/A
Enrollment: 8
Duration: 6 months
Founded: 2015



Airport: Portland International Jetport (PWM)

We all share the same goal. Our final goal providing independent living support for emerging adults is for them to actually be established and living on their own. But before that is fully accomplished, supported reality testing is a necessary first step. Onward Transitions' mission is to be that step.

Onward Transitions is a comprehensive, non-residential independent living service that supports young adults, ages 18-27 living independently in the neighborhood of their choice in Portland, Maine

Our Defining Components:

- **Integrated Therapy** – Individual, family and group therapy are handled in house by our therapists, who have the whole picture and communicate directly with all staff members, referral sources and families.
- **Owner Operated** – Tracy Bailey and Darrell Fraize live in the Pine House, prepare breakfast and dinner, provide coaching, therapy, visit members at their apartments and work sites, lead recreation activities and are available for drop-ins.
- **8-Member Cohort Group** – The small group in this “boutique” allows for intense focus by our staff, and identity formation by our members.
- **Resource-Rich Portland, Maine** – We chose this city for all that it has to offer: educationally, vocationally, recreationally, spiritually, not to mention the specialized support and interest groups and mini-communities here. Our members are enrolling in a vibrant city and all it has to offer. Not just a program.

Individualized Family Agreements – No cookie cutter contracts, phases or levels. Our members are beyond that. Treatment plans are individualized through the admissions process and team constructed with the emerging adult, family and our therapist prior to moving into their apartment in Portland.

Four Objectives

- Education,
- Work,
- Service,
- Personal Development
 - Health & Wellness
 - “Nesting”
 - Interpersonal
 - Nutrition/Cooking
 - Finances
 - Counseling/Coaching/Mentoring
 - Support Groups
 - Club/Social Groups
 - Other Personal Responsibilities

Individual Psychotherapy Available: *Yes*

Professional Affiliations: *NATSAP-Full Member*

Open Sky Wilderness Therapy

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Emily Demong
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Address: P.O. Box 2201
 Durango, CO 81302
Website: www.openskywilderness.com

Gender: Coeducational / Boys & Girls
 in Single Gender Groups
Ages: Adolescents 13 - 28+
Grades: N/A
Enrollment: 62
Duration: Average 60 days
Founded: 2006

NATSAP Member
Since: 2006



Airport: Durango, CO (DRO)

Open Sky’s holistic wilderness program engages the transformational power of nature to strengthen relationships, foster growth, cultivate awareness, and develop overall health and wellness. Our unique approach combines traditional therapeutic approaches, naturopathic philosophy, innovative substance abuse treatment, whole foods nutrition and healthy outdoor living for all of our students.

Open Sky works with male and female adolescents, ages 13-17, and male and female young adults, ages 18-28, in a separate adult program. Our clinicians effectively treat a variety of behavioral and emotional issues. The average group size at Open Sky is seven, to provide for a higher level of individualized care.

Open Sky is designed around developing physical, mental, emotional, and spiritual well-being. Students participate in yoga and meditation on a daily basis. Other opportunities for spiritual growth include ceremonies, solos, sweat lodges and vision quests.

Our therapy utilizes the most current, proven methods for healing. Open Sky has a PhD-level Research Director who guides outcome studies on the effectiveness of our program and is well-versed in current trends in psychotherapy literature and adolescent treatment.

The comprehensive programming provided by our Family Services team supports the family systems approach employed by Open Sky. This is the centerpiece of the Open Sky experience and is integral to a student’s success. Families participate in weekly therapeutic phone calls, weekly conference-call support groups, interactive webinar presentations, parent Wellness Weekends and a field-based family reunion and graduation process at the conclusion of the program. Our customized Family Quest wilderness adventures support and actualize the parallel growth experienced by individual students and their families.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services State of Colorado, Department of Human Services
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); Outdoor Behavioral Health Industry Council (OBHIC); Association for Experiential Education (AEE)

Optimum Performance Institute

(Young Adult Program)

CONTACT

Executive Contact: Jessica Breton, MA, LMFT
Admissions Contact: Shannon Hagen
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Fax: (818) 610-3912
Address: 21051 Warner Center Lane, Suite 105
 Woodland Hills, CA 91367
Website: www.optimumperformanceinstitute.com

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: Coeducational
Ages: 17 - 28
Grades: 12/College
Enrollment: 25
Duration: 1 to 3 months minimum/
 5 to 8 months average
Founded: 2004



Airport: Burbank, CA (BUR),
 Los Angeles, CA (LAX)

Optimum Performance Institute is a highly therapeutic program for young adults ages 17-28 willing to commit to finding a sense of balance and becoming responsible members of society while completing high school, college, or gaining employment skills and discovering their place in the world.

For many, leaving home and transitioning to college or the workforce is daunting. Most of our Participants have the capability of becoming successful and during the transition are often overwhelmed by a lack of structure and support. OPI provides these in an environment similar to one where they will eventually live – a metropolitan setting.

Participants come from around the world to engage in our group and individual therapy, medication management, one-to-one life skills, and substance abuse counseling when indicated. They also work with our Departments of Education, Volunteer and Career Development, and Extracurricular Services.

For over a decade OPI has focused on successfully helping “Failure to Launch” young adults through our highly individualized, integrated model of care. Additional diagnoses range from Learning Disabilities, anxiety, depression, OCD, Asperger’s Syndrome, bipolar disorder, to PTSD, etc.

OPI’s specialized Roanne Program is dedicated to rapid stabilization for those with complex disorders such as Borderline Personality Disorder, BPD traits, and co-occurring conditions (PTSD, Eating Disorders, to substance abuse) (see www.roanneprogram.com).

OPI, Roanne, and IOP Participants utilize the plethora of opportunities available in the greater Los Angeles area as they move through phases achieving greater levels of independence. On-going support continues in the Outpatient phase and beyond as families establish new bridges of communication allowing for greater understanding and clarification of differences and shared values.

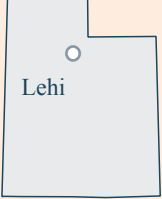
Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *The Joint Commission on the Accreditation of Hospital Organizations (JCAHO)*

Professional Affiliations: *NATSAP-Full Member*

Outback Therapeutic Expeditions

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: McKay Deveraux, CSW Admissions Contact: Patrick McAvoy Academic Contact: Courtney Bedke Email: mdeveraux@outbacktreatment.com Phone: (801) 766-3933 Fax: (801) 766-3932 Address: 50 N 200 E Lehi, UT 84043 Website: www.outbacktreatment.com</p> <p>NATSAP Member Since: 2002</p>	<p>Gender: Boys & Girls in Single Gender Groups Ages: 13 - 17 Grades: 8 - 12 Enrollment: 50 Duration: 65 days Founded: 2001</p>  <p>Airport: Salt Lake City, UT (SLC)</p>

Outback is a licensed treatment program that uses the wilderness as an alternative to traditional treatment settings, while employing conventional yet highly sophisticated therapeutic methods. Treatment through evidence-based psychological practices, not wilderness or survival skills, is the primary focus at Outback. To accomplish this, Outback has licensed PhD and Masters level therapists, individualized treatment planning, individual therapy, group therapy, flexible lengths of stay, daily group processing sessions, single gender groups using a continuous flow model, mid-stay parent seminar and visit and weekly parent/consultant communication.

Outback works with students 13 to 17 years of age with a range of emotional and behavioral issues that may include Oppositional Defiance, Digital Media Addictions, Attention Deficit, Learning Differences, Low Self-Esteem, Depression, Adoption/Attachment Issues, Substance Abuse and Family Conflict.

Outback’s goal is to empower the students by focusing on insight, self-mastery and choice. These foci, combined with individual and group therapy sessions, individualized treatment planning, and the program’s philosophy of promoting personal responsibility, allows the students to better internalize new, healthy habits and improve self-esteem.

Outback students receive therapy 7 days a week. We have In-Field therapists with the students 24/7 that teach clinical skills regarding the challenges and experiences that arise daily. We also have primary therapists that process the deeper psychological issues and manage the direction of treatment. This model provides four times more therapy than the typical wilderness program and can provide a much larger savings for parents seeking insurance reimbursement.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; CARF Accreditation, AdvancED(North Central)Academic Accreditation; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member

Oxbow Academy

(Residential Treatment Center & Therapeutic Boarding School)

CONTACT

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Admissions Contact: Tiffany Silva
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 Wales, UT 84667
Website: www.oxbowacademy.net

PROGRAM OUTLINE

Gender: Boys Only
Ages: 12 - 18
Grades: 9 - 12
Enrollment: 24
Duration: 11 - 14 months
Founded: 2007

NATSAP Member
 Since: 2007



Airport: Salt Lake City, UT (SLC)

Oxbow Academy works with families that are struggling with a son who is burdened with sexual behavioral problems. Often this is excessive use of pornography, inappropriately touching a sibling, friend or neighbor or other compulsive sexual behaviors. About half of our students come to us with some type of LD issue and 60% are adopted...80 and above IQ, but socially awkward. We have two residential campuses which use the same experiential therapy approach to compassionately work with these boys and their families. Our East Campus is structured for boys who struggle with sexual issues and may also be burdened with developmental delays or disorders such as

- Autism spectrum characteristics (ASD)
- Asperger's related issues
- Recognizing and de-coding social cues.
- Pervasive Developmental Disorder (PDD)
- Non-verbal Learning Disorder (NLD)

Our first phase of treatment includes a consolidated evaluation and is 90 days. Students integrate into academics, residential living and therapy. They work with their therapist in providing a full sexual disclosure and then take a polygraph to validate honesty.

Oxbow Academy offers a specialized therapeutic environment that focuses on a holistic approach built on therapeutic experiential activities such as equine therapy and horsemanship, fishing and camping, art and music. In these activities, students develop positive relationships with peers and mentors. Students also receive individual, group and family therapy.

Oxbow's academic program works in tandem with therapeutic goals, helping students prepare to successfully transition to the next level of learning. Accredited by the State of Utah, licensed teachers provide instruction in core curriculum subjects such as math, science, language arts and history.

Accountability is a critical aspect of treatment. We can assist families in navigating any mandatory reporting or legal issues that may result from their child's behavior. When needed, we have systems in place to communicate directly with the courts.

Addressing sexual issues is an extremely sensitive matter for students and their families. Oxbow Academy assists our students in learning to live happy, productive lives.

Oxbow Academy – New Hope, New Help, No Secrets.®


Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; NWAC; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); Association for the Treatment of Sexual Abusers (ATSA); International Institute for Trauma and Addiction Professional (IITAP); Society for the Advancement of Sexual Health; Network on Juveniles Offending Sexually (NOJOS)

Pacific Quest

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Mike McKinney Admissions Contact: Erin Marcus-Levine Academic Contact: Martha Bouchard Email: erin@pacificquest.org Phone: (808) 937-5802 Fax: (888) 977-1323 Address: 301 Kalanianole St. Hilo, HI 96720 Website: www.pacificquest.org</p> <p>NATSAP Member Since: 2013</p>	<p>Gender: Coeducational Ages: 18 - 24 Grades: N/A Enrollment: 28 Duration: 60 - 90 days Founded: 2004</p>  <p>Airport: Hilo International Airport</p>

Pacific Quest at Reeds Bay is a clinically-innovative, outdoor therapeutic program for young adults (18-25) located on the Big Island of Hawaii. Over the past ten years, Pacific Quest has worked with young adults struggling in environments that allow them to make discoveries in safe, structured, experimental and natural ways. Pacific Quest provides sustainable living skills for young adults through outdoor programming and offers a holistic, yet highly clinical approach to individualized treatment.

Life at Pacific Quest is a community-living experience, providing young adults opportunities to practice relevant and essential life skills. Pacific Quest provides a very structured environment with room to achieve individual goals and make personal choices. The program structure, curriculum, focus on wellness and the community-living environment, help to provide a solid foundation which fosters awareness and development. Owned and operated by a veteran team of professionals with hundreds of years of combined program experience, Pacific Quest offers a unique approach to treatment that is individualized for each student.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *AdvancED; North Central Association Commission on Accreditation and School Improvement (NCA CASI)*
Professional Affiliations: *NATSAP-Associate Member; Association for Experiential Education; National Association of Therapeutic Wilderness Camping; Hawaii Organic Farmer’s Association; Association of Horticultural Therapy; Surfriders Foundation; Academy of Integrative Health and Medicine*

Paradigm Malibu

(Residential Treatment Center)

CONTACT

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Admissions Contact: Jeremy Manne
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Fax: (310) 457-6318
Address: 6323 Via Escondido Drive
 Malibu, CA 90265-4484
Website: www.paradigmmalibu.com

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 18
Grades: 7 - 12
Enrollment: 24
Duration: 30 to 45 days
Founded: 2013



Airport: Los Angeles Int'l Airport (LAX / KLAX)

Paradigm Malibu is an unlocked, 30-45 day specialized treatment program for 12 to 18 year old adolescents seeking more effective ways to manage their anxiety, depression and trauma. We also offer dual diagnosis treatment to support and actively treat substance use disorders. We provide a comprehensive treatment approach, which includes:

- A diagnostic evaluation and nutritional assessment for each client during their first week of treatment
- 7 hours of weekly individual therapy
- 5 hours of weekly parent skills and support groups, multi-family group and family therapy
- 15 hours of weekly didactic and process-oriented group therapy
- 20 hours of weekly experientially-based therapy
- 15 hours of academic support each week through classroom instruction and tutoring provided by collegiate students from UCLA or Pepperdine

While many of our clients have found shorter-term strategies to manage their affect such as avoidance, social isolation, substance abuse and disordered eating, our mission is to help each adolescent identify healthy and sustainable methods to regulate moods, access personal strengths and establish and maintain productive relationships with family and friends. Our primary goal is to provide effective, short-term treatment with the goal of helping adolescents and families transition back to their home and access their community supports, treatment and school.

Our four beautiful Malibu-based residences compassionately each care for six adolescents and provide a safe and comfortable home-like environment to support each resident's treatment and their anticipated transition home. We provide a 2:1 staff-to-client ratio to ensure that adolescents experience the support, relationships and expertise of our clinicians and staff. Paradigm Malibu provides specialty groups and programming to reinforce adolescent's strengths in athletics, academics or the arts. We also work with a number of insurance providers to try and ensure that treatment is financially accessible.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of California Department of Social Services; JCAHO

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP); Substance Abuse and Mental Health Services Administration

Pasadena Villa

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Jenny Stokes Admissions Contact: Craig Bosse Email: jeff.mangrum@pasadenavilla.com Phone: (407) 872-0044 Fax: (407) 329-3300 Address: 216 Pasadena Pl. Orlando, FL 32803 Website: www.pasadenavilla.com</p> <p>NATSAP Member Since: 2003</p>	<p>Gender: Coeducational Ages: 18+ Grades: N/A Enrollment: 24 Duration: 6 to 9 months average Founded: 2002</p> <div data-bbox="743 505 965 682" style="text-align: center;"> <p>Orlando</p> </div> <p>Airport: Orlando, FL - International (MCO), Orlando, FL - Herndon (ORL) Sanford/Orlando, FL- Sanford (SFB)</p>

Pasadena Villa is a residential treatment facility for adults and young adults with mental illness, and those with co-occurring issues, including substance abuse, developmental disorders and Autism Spectrum disorders. We provide a comprehensive program of education, support and therapy in a dynamic environment supported by many amenities.

Pasadena Villa implements a truly unique social integration model as the core component of treatment. No matter what diagnoses our residents have upon coming to our program, they all share similar impairments and deficits in social functioning. Our social integration model is supported by individual, group and family therapies, recreational and activities therapies, medication management and life skills training.

Pasadena Villa offers a full continuum of care, which includes intensive residential treatment, community residential homes and day treatment. Through its affiliate program, Transitional Living and Learning Center, we offer supportive case management, social mentoring and academic/vocational assistance to young adults.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Florida Agency for Healthcare Administration, Residential Treatment Facility (ARTA); Joint Commission on Accreditation of Healthcare Organization (JCAHO)
Professional Affiliations: NATSAP-Full Member; Mental Health Association of Central Florida; American Residential Treatment Association (ARTA); NAATP; NAMI; University of Central Florida College of Medicine affiliate

Pine River Institute

(Residential Treatment Program)

CONTACT

Executive Contact: Vaughan Dowie
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 Toronto, Ontario M4T 2T5
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NATSAP Member
Since: 2006



PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 19
Grades: 8 - 12
Enrollment: 36
Duration: 12 months average
Founded: 2001



Airport: Toronto, ON - International (YYZ)

Pine River Institute (PRI) is a not-for-profit residential treatment program for youth ages 13 to 19 struggling with addictive behaviours and frequently other mental health issues. Students can self-refer or be referred by parents, other family members, teachers, or health care professionals. Admission is voluntary. We offer continuous intake and variable length of stay. We have a 36-bed capacity, 29 beds funded by the Ontario Ministry of Health (for Ontario residents), and 7 private pay beds.

The staff team is comprised of experienced professionals including psychologists, social workers, addiction specialists, creative arts therapists, wilderness therapists, certified teachers, and child and youth care workers. We have a consulting MD who visits our campus bi-weekly. The student to staff ratio is 4:1.

We are an integrated family-centered program where wilderness, therapeutic, and academic elements come together in a unique treatment and education model. Every student, upon entering the program, spends 6-8 weeks in wilderness before moving to the residence treatment phase. Youth live and work in nature in groups of up to eight, with three staff. Our campus is situated about 60 miles northwest of Toronto. The residential program includes individual, group, and family therapy, expressive arts, athletics, recreation, outdoor education, community service, life skills, and traditional academic offerings.

Educational engagement is a key element of our program. We are staffed by certified teachers and an Educational Assistant from the Upper Grand District School Board. All students are working toward a Secondary School Diploma or Certificate, or are enrolled in online post-secondary courses.

Another unique strength of Pine River Institute is our program evaluation and research strategy. We are committed to making a meaningful contribution to best practices knowledge. We are a member of the research consortium for NATSAP and serve on their Ethics Review Board.

Individual Psychotherapy Available: Yes

Accreditation, Licensure, Approval: Ontario Ministry of Health and Long-Term Care, Ontario Ministry of Education, Council on Accreditation (COA)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); Association for Experiential Education (AEE); Council of Outdoor Educators of Ontario, Addictions and Mental Health Ontario (Youth Sector), Independent Educational Consultant's Association (IECA)

Polaris Teen Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Ari Brown
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Address: 4670 Encino Avenue
 Encino, CA 91316-3844
Website: www.polaristeen.com

Gender: Coeducational
Ages: 13 - 17
Grades: N/A
Enrollment: 6
Duration: 45 days
Founded: 2014



NATSAP Member
Since: 2016

Airport: Los Angeles International (LAX)

Polaris Teen Center is a residential treatment center providing girls and boys ages 13 to 17 with high quality clinical care. Polaris is located on a two-acre estate home in the Encino Hills area of Los Angeles. Polaris will house a maximum of only six adolescents at any given time, giving us the unique ability to provide truly customized treatment. Given the complex and sensitive nature of the psychological, biological and/or familial background of the clients we serve, we offer specialized treatment modalities in order to comprehensively treat behavioral, social, and emotional difficulties.

Each client attends at least three individual sessions a week with a licensed clinician. Each family member attends two family sessions (in person or via phone) per week with a licensed clinician. Each client also sees with a board certified adolescent psychiatrist for assessment and medication management when needed. Group therapy is offered multiple times a day and is either topical (healthy relationships, body image, life story), clinically focused (DBT, trauma focused,) or experiential in nature (art, creative writing, music, equine therapy). We also offer a weekly family psycho education and process group. School is held five days per week, led by a credentialed teacher who ensures that each client is meeting his/her educational goals.

With an average length of stay of 45-60 days, the focus of the clinical work at Polaris is primarily psychiatric stabilization and improvement in functioning, so that the teen may successfully transition to the next phase of their recovery, be that a therapeutic boarding school, extended care, or outpatient setting.

We are able to accept some insurance plans that have out of network benefits for residential treatment. We are especially mindful of working with referral sources and outside providers in helping to create a solid plan for the next phase of recovery.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: California Department of Social Services, Community Care Licensing Division
Professional Affiliations: NATSAP-Full Member

Project Patch

(Residential Treatment Program)

CONTACT

Executive Contact: Chuck Hagele
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Phone: (360) 690-8495
Fax: (360) 690-8498
Address: 2404 E. Mill Plain Blvd. Suite A
 Vancouver, WA 98661
 (Business Office address. Program is located in Garden Valley, ID)
Website: www.projectpatch.org

PROGRAM OUTLINE

Gender: Boys & Girls in Single Gender Groups
Ages: 12 - 17
Grades: 6 - 12
Enrollment: 36
Duration: Minimum 12 months
Founded: 1984



NATSAP Member
Since: 2015

Airport: Boise Airport (BOI)

Our campus is nestled in a secluded valley surrounded by mountains and bordered by a scenic river in Southern Idaho. This 169-acre facility is the perfect environment for healing. The ranch staff is comprised of dedicated staff members, including counselors who hold Masters Degrees in Counseling or a related field. The Youth Ranch is a licensed and accredited therapeutic residential treatment program which houses up to 36 residents at a time. We work with both genders separately; ages 12 to 17 (must place prior to 17th birthday).

Project Patch provides:

- Group Therapy
- Individual Therapy
- Accredited Education
- Recreational Activities
- Independent Living Skills
- Pre-employment training
- Structured, caring, stable, and family-like environment

The program is a minimum of 12 months and consists of Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT), which includes skills for emotional regulation. Each teen works with their counselor on a treatment plan, gaining the skills and healing necessary for completing the program. During this time, family visits take place at various times and parents are encouraged to attend parent weekends to learn new skills as a family.

We want our clients to complete the program with the following:

- Restored family relationships
- Emotional Regulation skills
- Increased awareness and respect of self and how they relate to others
- Realization of educational potential
- Motivation to engage in their life and planning for their future
- Healthy skills for managing life's risks
- Increased ownership of personal responsibility
- Resilience through life's difficulties

Project Patch's Youth Ranch is a faith-based ministry with a mission of restoring hope to teens through compassionate therapeutic relationships that empower them to discover their self-worth and potential while encountering God's grace. While we are unable to accommodate individual religious practices other than those provided, all are respected.


Individual Psychotherapy Available: Yes

Accreditation, Licensure, Approval: The Joint Commission, State of Idaho Department of Health and Welfare, AdvancED, State of Idaho Board of Education

Professional Affiliations: NATSAP-Full Member

Pure Life Aspiro

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Andrew Taylor Admissions Contact: Andrew Taylor Email: info@purelifeadventure.com Phone: (801) 896-9490 Fax: (801) 454-3805 Address: 63 E 11400 S #186 Sandy, UT 84070-6705 (This is the office location. Program operates in Costa Rica.) Website: www.purelifeadventure.com</p> <p>NATSAP Member Since: 2016</p>	<p>Gender: Coeducational Ages: 18 - 30 Grades: N/A Enrollment: 16 Duration: 75 days Founded: 2013</p>  <p>Airport: Aeropuerto Juan Santamaria, Alajuela, (SJO) San Jose, Costa Rica</p>

Pure Life Aspiro is a research-based Wilderness Adventure Therapy program for young adults located in the beautiful country of Costa Rica. The program provides a unique opportunity for young adults to develop a higher level of intrinsic motivation, coping skills, and core identity that increases their ability to thrive. Pure Life implements a strengths-focused, integrated therapeutic model with an emphasis on adventure therapy, cultural immersion, health/wellness, community service, individual, group, and family therapy. Some of the adventure therapy components include white-water rafting, sea kayaking, rock climbing, rappelling, surfing, backpacking, and certification courses.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah Office of Licensing, Department of Human Services
Professional Affiliations: NATSAP-Full Member

Red Mountain Sedona

(Transitional Independent Living Program)

CONTACT

Executive Contact: Josh White
Admissions Contact: Stacey Reynolds
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Phone: (928) 284-2690
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Address: 90 Bell Rock Plaza, Suite 100A
 Sedona, AZ 86351
Website: www.redmountainsedona.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 31
Grades: N/A
Enrollment: 20
Duration: 6 to 9 months
Founded: 2015



NATSAP Member
Since: 2016

Airport: Phoenix, AZ (PHX)

We work with young men and women ages 18 and up who are failing to gain traction in life due to drug and alcohol abuse, poor life skills, emotional challenges, and compulsive behavior. Our clients have completed previous treatment and are ready to launch into a full, rich life. Our clients are willing to change from the inside out, engaging in a path of mindfulness, physical fitness, fellowship, spiritual and emotional depth, and personal transformation.

Our clients engage in a daily matrix of training the mind, body and spirit including mindfulness, martial arts, Yoga, 12-step work, life skills, therapy, and vigorous physical activity. We help our clients to find their joy, develop real-life skills to handle life on life's terms, and turn imagination into reality. We help them cease from harmful and immature behavior, replacing these behaviors with healthier choices which instill wisdom, competence, confidence, self-esteem, and determination.

Mindfulness is an ancient practice with cutting-edge connotations. Through the simple act of noticing-becoming mindful of habitual thoughts and patterns - clients learn to interrupt their self-destructive patterns of thought and behavior, and re-wire the brain to pause before acting, and make better choices. This is achieved through seated meditation; moving meditations such as martial arts, Yoga, hiking and other adventures; and cognitive-behavioral therapy.

Our graduates embody accountability, dignity, open-mindedness, curiosity, serenity, and strength of character. They are strong in their recovery, respectful of self and others, confident and engaged. They have established goals and are clear on how to reach them, are strong and healthy in mind, body and spirit, have healed their interpersonal relationships, and are engaged in positive activities and choices on a daily basis.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing

Professional Affiliations: NATSAP-Associate Member; Better Business Bureau (BBB)

Red Oak Recovery

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Jack Kline
Admissions Contact: Mark Oerther
Email: megn@redoakrecovery.com
Phone: (828) 318-0148
Fax: (828) 683-4345
Address: 631 Willow Creek Rd.
 Leicester, NC 28748
Website: www.redoakrecovery.com

Gender: Boys & Girls in Single Gender Groups
Ages: 18 - 30
Grades: N/A
Enrollment: 33
Duration: 60 - 90 days
Founded: 2014



NATSAP Member
Since: 2014

Airport: Asheville Regional Airport
 (AVL / KAVL)

Red Oak Recovery is a clinically-dynamic substance abuse and co-occurring mental health treatment program specializing in gender-specific programming for young adults ages 18-30.

Red Oak is a team of committed professionals that uses research-supported clinical methodologies, integrated with outdoor adventure therapy, to create a uniquely engaging treatment modality.

We employ an eco-therapeutic model, which is based on a combination of three distinct approaches: experiential, clinical, and organic.

1. Experiential: the most effective learning system

Our active program integrates challenges that build self-efficacy, demonstrate how to have sober fun, expose clients to the beauty of nature, and foster connection with the natural self. Each weekend our clients go out for a specific adventure that becomes a peak experience. These activities include hiking, fly fishing, rock climbing, white water rafting and other seasonal adventure activities. Clients are enabled to safely step out and face fear, get in touch with themselves, and feel what's real. Through these peak experiences, clients begin to understand and determine their place in the real world.

2. Clinical: specific and personalized care

Because everyone's underlying issues are unique, we build a natural progression of individualized treatment that works for both the client and their families. Our practices involve evidence-based, research-proven methodologies based on the needs of each individual. Our clinical team includes Masters and Doctoral level professionals, dually licensed in mental health and substance abuse

3. Organic: a natural progression towards health; a developmental process

We have a seed-to-plate nutritional and horticulture therapy program that teaches young adults how to have a healthy relationship with food. Our executive chef teaches our clients how to prepare healthy meals and snacks for themselves in an experiential way. This allows for personal expression as well as fun, encouraging clients to try out new positive behaviors and attitudes. Nutritional education on a number of levels creates a space for clients to understand that what they eat influences how they feel.

We offer an abundant amount of individual therapy, family therapy, adventure therapy, traditional 12 step programming, teamwork, acupuncture and more. Red Oak is person-centered, meeting clients where they are mentally, physically, and spiritually—not where they think they should be. Our flexible length of stay allows for a self-change process which follows the client's rate of change, not that of a "one size fits all" approach.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of North Carolina, Department of Health and Human Services; CARF

Professional Affiliations: NATSAP-Full Member, NAATP, & NAADC

Red Rock Canyon School

(Residential Treatment Center)

CONTACT

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Address: 747 E. St. George Blvd
 St George, UT 84770
Website: www.rrrtc.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 18
Grades: 6 - 12
Enrollment: 89
Duration: 9 - 12 months
Founded: 1999



NATSAP Member Since:
2000

Airport: Saint George, UT (SGU)

Red Rock Canyon School is a state-licensed residential treatment center serving boys and girls ages 12 to 18. We are located in St. George, Utah. We are a complete residential facility with accredited academic school with state-certified teachers and professional clinicians. Our students are involved with many activities, including sports, enrichment classes in dance, music, art and service projects.

We utilize the concepts and values of Positive Peer Culture for our program model. We place each youth into a peer group with a team of trained staff to work with. Each peer group becomes a cohesive team as they work together to provide each other help and concern, regardless of the problem. As each youth gives of himself and becomes of value to others in the peer group, he increases his own feelings of worthiness and positive self-esteem. We do not measure progress in artificial terms of phases or levels. Rather, we measure increase by specific behavior patterns that reflect true internal change. Our professional staff provides therapeutic interventions for the multitude psychological problems our clients' exhibit. We work very hard at family reunification, emphasizing parental support and family counseling while in treatment. As the youth prepare to leave treatment and return home, they will have the opportunity to work on transitional plans that match their specific needs.

Red Rock Canyon School has been able to help a multitude of youth suffering from different issues and diagnosis. Our typical student is a defiant youth with a mental health diagnosis that has affected their decisions in their life that are preventing them from getting along with their families, causing problems in school and with their extracurricular activities. Since their life is in a downward spiral our youth need the benefits that a caring, residential program with 24 hour supervision can provide.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Utah Department of Human Services; Office of Licensing; AdvancED (Northwest Accreditation Commission); Utah Department of Education, Non-Public School; Illinois Department of Education, Non-Public School; Joint Commission

Professional Affiliations: NATSAP-Full Member

RedCliff Ascent

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
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Admissions Contact: Chad Balagna
Academic Contact: Darcy Holt
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Fax: (801) 491-2279
Address: 709 E. Main St.
 Enterprise, UT 84725
Website: www.redcliffascent.com

Gender: Boys & Girls/
 Single Gender Groups
Ages: 13 - 17
Grades: 8 - 12
Enrollment: 38
Duration: 80 days
Founded: 1993

NATSAP Member
 Since: 1999



Airport: Las Vegas, NV (LAS),
 Saint George, UT (SGU)

RedCliff Ascent, founded in 1993, is a therapeutic wilderness treatment program for adolescents whose emotional and behavioral growth are stalled. They lack the coping mechanisms, competencies and discipline necessary to manage their lives.

RedCliff Ascent therapists, all PhD and Masters level clinicians, use this stalled development as the lens through which to view these students who struggle with diagnosis like ADHD, ODD, bipolar mood disorder, substance abuse or similar complex conditions. These experienced clinicians help students learn to manage their life and their diagnoses.

RedCliff utilizes the wilderness to disrupt dysfunctional patterns that have impeded relationships and maturity. Through non-punitive means, the child is encouraged to develop appropriate relationship and coping skills through accomplishment and competency. The qualified and professional Field Guides at RedCliff plant the seeds of social and emotional success during one on one sessions and group activities, through example and mentoring. True to traditional wilderness therapy, these seeds are nourished through hiking, experiential education and adventure, providing the opportunity for physical, social and emotional growth.

Enrollment at RedCliff Ascent is open-ended. Because the program is achievement based, length of stay will vary from student to student. Clinical and operational functions are directed by one of the most veteran on-site management teams in the industry.

RedCliff is licensed by the State of Utah to provide a therapeutic wilderness experience for adolescents, ages 13-17. Our sister program, Medicine Wheel, treats young adults ages 18 and up.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); Outdoor Behavioral Health Industry Council (OBHIC) National Association of Therapeutic Wilderness Camps (NATWC)

reSTART Life, LLC

(Young Adult Program)

CONTACT

Executive Contact: Hilarie Cash
Admissions Contact: Carly Babcock
Academic Contact: Hilarie Cash
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Phone: (800) 682-6934
Fax: (888) 788-3419
Address: 1001 290th Ave. SE
 Fall City, WA 98024
Website: www.restartlife.com

NATSAP Member

Since: 2013

PROGRAM OUTLINE

Gender: Boys Only
Ages: 18 - 30
Grades: N/A
Enrollment: 8
Duration: 8-12 weeks phase 1; 6-18 months phase 2
Founded: 2009



Airport: Seattle/Tacoma International (SEA)

Young adults are increasingly affected by the rapid changes in digital technology and the “always on” connectivity made possible by the Internet.

OUR MISSION is to enhance the overall well-being of individuals negatively affected by problematic digital technology use by offering individualized experiential growth opportunities in a safe, clinically structured, positive and client-centered environment leading to increased independence and personal growth.

CLIENT SNAPSHOT: Our typical “*no desire to launch*” client is prone to procrastination, denies problematic technology use, prefers using the Internet, computer or gaming system over spending time with others, is failing college classes, has poor hygiene, sleeps most of the day, is out of shape, and often makes excuses and promises to caregivers saying, “this time will be different.” Many of our clients have mental health challenges such as depression, anxiety, trauma, ADHD, mood disorders, OCD, Autism Spectrum Disorder or learning differences.

ABOUT reSTART: reSTART Life provides emerging youth and adults with the necessary skills and strategies to manage their digital technology use while addressing co-occurring mental health conditions. Youth and adults are referred to reSTART by educational consultants, wilderness programs, treatment centers, counselors, and family members who recognize the benefits of having a well-thought out strategy and plan for managing digital distractions. reSTART’s service offerings include: Intensive Primary Residential and Experiential Therapeutic program: Clients engage in a digital “de-vic” and disconnection period while living in a clinically rich therapeutic environment. During an intensive stay, clients gain a better understanding of the factors influencing their digital media use, while developing a plan for sustainable use in the future.

reSTART’s service offerings include:

Intensive Primary Residential and Experiential Therapeutic program: Clients engage in a digital detox and disconnection period while living in a clinically rich therapeutic environment. During each intensive stay, clients gain a better understanding of the factors influencing technology use, while developing a plan for sustainable use in the future.

Secondary Transitional Independent Living program and Continuing Care: Our community based program assists young adults in moderating their technology use while attending college, working in the community and developing the skills needed to live independently.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Washington State Licensure, LICSW, LMHC

Professional Affiliations: NATSAP-Full Member, NASW

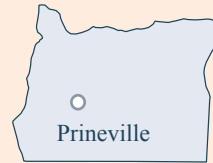
Rimrock Trails Adolescent Treatment Services

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Fax: (541) 447-2616
Address: 1333 NW 9th St.
 Prineville, OR 97754
Website: www.rimrocktrailsats.org

Gender: Coeducational
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 20
Duration: 2 - 3 months
Founded: 1989



NATSAP Member
Since: 2009

Airport: Redmond, OR (RDM)

The mission of Rimrock Trails is to provide holistic, trauma informed treatment in an integrated and coordinated system of care with a wide range of accessible, evidenced based services for adolescents, young adults and families struggling with substance use and mental health disorders.

We have a specialized residential program for the treatment of adolescent substance use disorders. We understand that 70% of youth needing treatment has co-occurring substance use and mental health disorders and often a history of trauma. Therefore, our Primary Counselors are mental health clinicians who are dully certified addiction counselors. Our program serves both boys and girls ages 12-17 in single gender groups. The average length of stay is approximately 60 days but varies based on the needs of each individual.

Referrals are pre-screened for appropriateness of placement and must be assessed as a low risk of disruption to the current group and may not have a history of violent, sex or fire related offenses.

Innovative, creative and experiential approaches are necessary to successfully engage youth in treatment. Structured activities provide youth the opportunity to experience successes, identify obstacles, develop improved self-esteem, and take greater responsibility for their actions. Some activities include various outdoor excursions, hiking, and swimming, team sports, low ropes/team elements and an equine therapy program. Rimrock Trail's utilizes Collaborative Problem Solving as a method for understanding behavior challenges in a compassionate, accurate and non-adversarial way. We believe kids will do well if they can. We also believe that for youth in our programs, doing well is always preferable to not doing well; but only if they have the skills to do well in the first place. CPS is effective for reducing challenging behavior, improving communication, repairing relationship and is a strengths-based and trauma-informed approach.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Oregon Health Authority, Health Systems Division; Oregon Health Authority, Department of Human Services
Professional Affiliations: NATSAP-Full Member; Oregon Prevention Education and Recovery Association (OPERA)

Rogers Behavioral Health

(Residential Treatment Center)

CONTACT

Executive Contact: Bre Meyer
Admissions Contact: Kelly Edwards
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Phone: (262) 646-1050
Fax: (262) 646-7877
Address: 34700 Valley Rd.
 Oconomowoc, WI 53066
Website: www.rogershospital.org

NATSAP Member
Since: 2002

PROGRAM OUTLINE

Gender: Coeducational
Ages: 8 - 30
Grades: 3 - 12
Enrollment: 24
Duration: Open-ended; 45 - 60 days avg
Founded: 1907



Airport: Milwaukee, WI (MKE)

Rogers Behavioral Health, is a private, not-for-profit system based in Wisconsin. Recognized nationally for its specialized psychiatry and addiction services, Rogers offers multiple levels of evidence-based treatment for children and adolescents with depression and mood disorders, eating disorders, obsessive-compulsive disorder and anxiety disorders. Our specialty residential treatment centers provide in-depth psychiatric assessment and age-specific, intensive psychiatric care under the direction of board-certified psychiatrists who are on-site daily.

The Child Center (ages 8 - 13) and the Adolescent Center for OCD and Anxiety (ages 12 - 17) are nationally recognized residential centers led by full-time child and adolescent psychiatrists. The centers provide intensive psychiatry and medication management along with individual, group, experiential and CBT therapies. School and family involvement plays a pivotal role in treatment.

The Nashotah Program for high school girls (17 and younger) with mood disorders and emotional regulation difficulties provides intensive dialectical behavior therapy, in conjunction with CBT to help them learn new skills to help change how they think, behave and feel.

The Eating Disorder Center provides specialized care for adolescents (ages 12 - 17) with anorexia, bulimia and other eating disorders, as well as treatment for co-occurring OCD or other anxiety disorders.

FOCUS Mood Disorders Program is a unique residential program for adolescents (ages 13 - 17) and young adults (ages 18 - 30) faced with complex emotional and behavioral issues associated with depression, bipolar disorder or other mood disorders. Targeted CBT treatment and structured daily activities assist in reducing symptoms to manageable levels.

Located between Milwaukee and Madison, our lakefront campus is set on more than 50 acres of prairie and woodlands, making it ideal for on-site adventure-based experiences, as well as off-site activities in both wilderness and urban settings. Rogers contracts with many national health plans and our financial counselors will work with each family's insurance plan and financial situation.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Wisconsin, Department of Health & Family Services, Division of Children & Family Services, Residential Care Center for Children; Joint Commission

Professional Affiliations: NATSAP-Full Member; American Academy of Child and Adolescent Psychiatry; Anxiety and Depression Association of America; International OCD Foundation; National Eating Disorders Association; International Association of Eating Disorder Professionals

Rose Hill Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Ben Robinson
Admissions Contact: Tabitha Wrobel
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Fax: (248) 634-7754
Address: 5130 Rose Hill Blvd.
 Holly, MI 48439
Website: www.rosehillcenter.org

Gender: Coeducational
Ages: 18 and up
Grades: N/A
Enrollment: 36
Duration: 4 to 8 months
Founded: 1989



NATSAP Member
Since: 2014

Airport: Bishop Int'l Airport (FNT / KFNT)

Located on over 400 acres in Holly, MI, Rose Hill Center is a Joint Commission accredited residential rehabilitation facility for adults with mental illness. Rose Hill Center's psychiatric rehabilitation program is based on the belief that recovery takes place when people receive professional psychiatric care while participating in meaningful activity within a consistent, compassionate, dignified environment. The core program offered provides individuals with insights, life skills, attitudes and medication regimens needed to manage their illness and reach their highest level of independence. Rose Hill's professional mental health team and support staff direct a comprehensive program, including clinical care, a therapeutic work program (horticulture, animal care, kitchen and housekeeping), job readiness classes, social interaction, and recreation. Concurrently, a Rose Hill psychiatrist works closely with each patient to develop an effective medication regimen that establishes the stability required to participate in the rehabilitation process.

A continuum of care is offered (Transitional Living Program (TLP) and Community Support Program (CSP)) as graduates of the core program integrate into the community.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Michigan Department of Human Services; The Joint Commission - Behavioral Health Care Accreditation Program*
Professional Affiliations: *NATSAP-Full Member; National Alliance on Mental Illness (NAMI) - National & State of MI; Michigan Assisted Living Association (MALA); American Residential Treatment Association (ARTA); Michigan Mental Health Association*

Sandhill Child Development Center

(Residential Treatment Center)

CONTACT

Executive Contact: Linda Zimmerman, LPCC, CEO
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Email: emcghee@sandhillcenter.org
Phone: (505) 866-9271
Fax: (505) 866-9278
Address: 50 Calle Del Rio
 Los Lunas, NM 87031
Website: www.sandhillcenter.org

PROGRAM OUTLINE

Gender: Coeducational
Ages: 5 - 13 upon admission
Grades: K - 8
Enrollment: 28
Duration: 18 months
Founded: 2004



NATSAP Member
Since: 2015

Airport: Albuquerque Airport (ABQ)

Sandhill Child Development Center treats children, ages 5 to 14, with a variety of diagnoses. The common denominator amongst all the children at Sandhill is significant emotional dysregulation impacting their ability to function at home, in school, or in their communities. Many of the children that come to Sandhill have been diagnosed with the following: Autism Spectrum Disorder, Mood Disorder, Anxiety, Reactive Attachment Disorder, ADHD, and Oppositional Defiant Disorder. They may exhibit poor social skills, social withdrawal, difficulties in peer relationships, impaired judgment, impulsivity, poor anger management, mild to moderate aggression, lying, and stealing to mention just some of the problem behaviors. Our holistic approach addresses a child's needs on all levels by integrating our treatment philosophy into every aspect of a child's day and creating a therapeutic web. This is done in a relationally-based, clinical approach that is grounded in the Neurosequential Model of Therapeutics (NMT) developed by Bruce Perry, M.D., Ph.D. and The Child Trauma Academy in Houston, Texas. Our individualized approach uses a variety of interventions designed to target the disorganized areas of the brain and develop capacities needed to improve functioning. Understanding the holistic approach, using exercise, diet, animal assisted therapies, individual therapy, family therapy, while incorporating somatosensory interventions keeps us at the forefront of treatment. Students attend the small private school, Del Rio Academy, that works closely to ensure each child's varied academic needs are met, while incorporating the important therapeutic interventions to improve learning readiness.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of New Mexico Children, Youth, and Families Department

Professional Affiliations: NATSAP-Full Member

Second Nature

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Cheryl Kehl, LCSW, Founder Admissions Contact: Jennifer Charrier Academic Contact: Jackie Tumminello Email: jenncc@second-nature.com Phone: (435) 738-2040 or (877) 701-7600 Fax: (435) 738-2046 Address: 382 W. Main Street Duchesne, UT 84021 Website: www.second-nature.com</p>	<p>Gender: Boys & Girls in Single Gender Groups Ages: 13 - 17 Grades: 9 - 12 Enrollment: Groups of 8 - 10 Duration: 8 - 10 weeks Founded: 1998</p>
<p>NATSAP Member Since: 1999</p>	 <p>Airport: Salt Lake City, UT (SLC)</p>

Founded in 1998, Second Nature Uintas is a licensed treatment program for adolescents in Utah. Located two hours east of Salt Lake City, Second Nature Uintas provides sophisticated clinical treatment in an outdoor setting and uses the wilderness to create an intensive initial impact, identify coping skills, teach accountability and communication skills, develop healthy emotional and behavioral habits and improve relationships.

Second Nature Uintas works with adolescents age 13 -17 who struggle with mental health issues, trauma, behavioral problems, developmental issues, oppositional defiance, substance abuse/dependence, learning disabilities, academic issues, attachment issues and relational difficulties. Treatment plans are individualized and include flexible lengths of stay, single gender groups, daily group therapy and individualized therapy sessions with doctorate level therapists. A psychiatrist is available for students in need of medication management.

Family support is critical to the program. Second Nature’s parent program teach new skills to help support growth and provides families with personal support through weekly phone calls with the therapists, field visits or parent/child phone calls, alumni parents mentors, multi-day workshops, support groups and comprehensive online resources. Parents, therapists and consultants work together in planning aftercare.

Students enrolled in the program may experience difficulties in school as a symptom of their struggles; therefore an academic component is critical as part of treatment plan. Students are provided a curriculum packet, which contains a carefully tailored academic curriculum accredited by AdvancED. Science, English, P.E., and Psychology credits contextually based in the wilderness experience. Lessons are created to continue the child’s education and challenge the student to develop skills for academic and classroom success. Students receive academic credits for completed coursework.

Safety is our number one priority and Second Uintas has an outstanding safety record. Each group is comprised of highly trained field instructors and staff-to-student ratios exceeds state requirements.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Utah Office of Licensing Department of Human Services; AdvancEd; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP-Full Member*

Sedona Sky Academy

(Residential Treatment Center)

CONTACT

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 Rimrock, AZ 86335
Website: www.sedonasky.org

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Girls Only
Ages: 13 - 17
Grades: 8 - 12
Enrollment: 45
Duration: 8 - 12 months average
Founded: 2014



Airport: Phoenix, AZ (PHX)

Sedona Sky Academy students and staff work together as a team to create a community of warmth, respect, mutual cooperation, friendship and leadership. Each student learns to confront the past and look forward to the future. Students work to become the best they can be emotionally, mentally, physically, spiritually and socially.

Sedona Sky Academy serves young women 13-17 years of age who exhibit one or more of the following: Poor Choice of Friends, Drug and Alcohol Use, Depression, Anger, Low Self-Esteem, Peer Conflict, Poor Impulse Control, adoption issues, etc.

Sedona Sky Academy provides an innovative and comprehensive approach with all aspects of the program designed to enhance self-esteem, self-awareness, self-reliance, self-confidence and self-management. The highly advanced and unique Horsemanship program which is the primary platform for all other aspects of the program. Students learn to build relationships, set appropriate boundaries and to learn important lessons about themselves while training and working with young Thoroughbred and Quarter Horses.

Sedona Sky Academy utilizes an extremely diversified therapeutic program which includes individual therapy, group therapy, family therapy, family workshops and equine therapy. Also providing a fully accredited, college-preparatory, academic curriculum led by credentialed teachers. Students participate in required core classes as well as an extensive selection of extra curricular classes including art, drama, dance, choir, yoga and PE. 99% of SSA seniors are accepted into college and also score above the national average on SAT/ACT tests.

SSA offers a comprehensive wellness program, and a structured living environment. Students also participate in a number of additional programs such as competitive sports-basketball, softball, soccer and volleyball, hiking, equestrian riding and extensive community service programs.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing; CARF; AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Shelterwood Academy

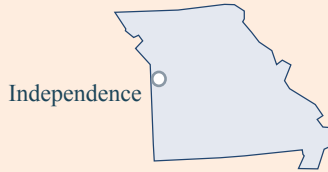
(Residential Treatment Center & Therapeutic Boarding School & Young Adult Program)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Rujon Morrison
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 Independence, MO 64058-3211
Website: www.shelterwood.org

Gender: Coeducational
Ages: 12 - 21
Grades: 7 - 12
Enrollment: 65
Duration: 7+ months
Founded: 1980

NATSAP Member
 Since: 2013



Airport: Kansas City International (KCI)

Shelterwood was founded over thirty years ago and has served thousands of teens and families. It is a faith-based, clinically excellent, and fully accredited therapeutic boarding school located on 200 acres of beautiful rolling hills in Missouri. With almost a one-to-one staff to student ratio, we provide the individual attention and therapeutic interventions struggling teens require.

Shelterwood provides help for teens struggling with emotional, behavioral or academic problems. These behaviors include depression, anxiety, manipulation, conflict with authority, substance abuse, grief and learning difficulties.

A multidisciplinary team is assigned to each teen and family to create an individualized treatment plan based on diverse treatment modalities specific to brain age and development. Each team meets regularly to review progress, celebrate successes and create strategic interventions as needed. The plan and work is all around one goal: success at home.

A key component of our program is its strong relational model. Whether we are in science and computer labs, our gymnasium, soccer field, sand volleyball court, biking, or working alongside each other in a community service project or mission trip, our staff is connecting with our teens. Connection helps teens move from behavioral to heart change and experience a new place of “being” or foundation. We also provide opportunities to explore and expand gifts and talents, learn how to have healthy fun, and grow more in relationship with Jesus.

Research has proven that youth who attend Shelterwood improve significantly in terms of their behavior, family relations, social values and grades.

Our unified treatment approach includes:

- Intense assessment phase
- Multidisciplinary team
- Individual, group and family counseling
- Intensive family and aftercare program
- Substance abuse program
- Brain Balance- a sensory motor and cognitive based program
- Medication management
- Performing Arts
- Vocational and Life Skills
- Spiritual retreats and service trips
- Credit recovery
- AP coursework and SAT/ACT preparation

Individual Psychotherapy Available: Yes

Accreditation, Licensure: *AdvancED, State of Missouri Department of Social Services Childrens Division*

Professional Affiliations: *NATSAP-Full Member; NATSAP Research Designated Program (RDP); Evangelical Council for Financial Accountability (ECEA)*

Shepherd's Hill Academy

(Therapeutic Boarding School)

CONTACT

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Address: 2200 Price Road
 Martin, GA 30557
Website: www.shepherdhillacademy.org

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Boys & Girls in Single
 Gender Groups
Ages: 12 - 17
Grades: 7 - 12
Enrollment: 28
Duration: 1 year
Founded: 2001



Airport: Atlanta International (ATL) &
 Greenville-Spartanburg (GSP)

Shepherd's Hill Academy (SHA) was founded in 2001. The campus is situated on a beautiful 185 acres wilderness facility just 85 miles north of Atlanta, GA. It is a faith-based accredited boarding school as well as an outdoor therapeutic program for students grades 7-12 with behavioral problems and/or disorders such as: ADD, Bi-Polar, RAD, and others. SHA serves troubled boys and girls ages 12-17.

The mission of Shepherd's Hill Academy is to bring hope and healing to youth and families by modeling and teaching God's Truth, resulting in cultural transformation.

Fully-Accredited Academy - SHA offers students a disciplined, structured, and peaceful academic environment conducive for learning. SHA offers state-certified teachers, AP classes & college preparation courses, 5 to 1 student-to-faculty ratio, classroom tutors and monitors, fully equipped conventional classrooms, boys and girls segregation, NCAA eligibility and interscholastic & intramural sports.

A Comprehensive Approach to Healing Spiritual and Therapeutic - Shepherd's Hill Academy offers a wide variety of therapeutic services for the purpose of heart change and family healing.

- On-campus licensed therapy department
- Biblical counsel & world-view training
- O.K. Corral Series Certified Equine Therapy
- Individual, group, & family therapy
- Christ-centered atmosphere
- Monthly parenting workshops
- Time for reflection, contemplation, & prayer
- Devotional, biblical, & apologetic training

Wilderness Environment - The challenge of rustic living takes teens out of their comfort zones, curbs entitlement and teaches them more effective coping skills. Faulty thinking patterns, brought on by negative cultural influences, then diminish.

- Safe, loving, & authoritative environment
- State licensed residential therapeutic facility
- 5 to 1 student/counselor ratio with 24/7 care
- Serving boys and girls 12 to 17 nationwide
- Team-building work projects and activities
- Critical & constructive thinking challenges
- Accepts Insurance

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Georgia Department of Human Services, Outdoor Child Caring Programs; Georgia Accrediting Commission; Licensed Professional Counselors Association of Georgia; State of Georgia Licensed Professional Counselor
Professional Affiliations: NATSAP-Full Member; American Association of Christian Schools; Georgia Association of Christian Schools; American Association of Christian Counselors

Shortridge Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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 Milton, NH 03851
Website: www.shortridgeacademy.com

Gender: Coeducational
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 45
Duration: 10 - 14 months
Founded: 2002



NATSAP Member
Since: 2013

Airport: Manchester, NH (MHT)

Guided by a Positive Youth Development (PYD) perspective, Shortridge Academy provides a therapeutically supportive and inspiring educational community. We support the cognitive, emotional and social development of bright yet struggling adolescents by utilizing clearly defined, goal-directed plans, evidenced-based strategies and an accredited college preparatory academic curriculum. We accomplish our Mission through sustained review and application of best practices while embracing the “Six C’s” of Positive Youth Development (Competence, Confidence, Connection, Character, Caring, and Contribution) in everything we do. This distinctive approach allows us to fully engage our students and their individual strengths. Shortridge Academy utilizes well-trained and supervised staff, and positive peer influence to promote emotional healing, fulfillment of academic potential, character building, improved family relations, and the development of interpersonal and decision-making skills. Individualized Positive Development Plans systematically developed by clinicians, counselors, teachers and parents build on the strengths of each student and guide the use of programmatic, academic, and therapeutic strategies and activities from an authoritative, partnership-based perspective.

In addition to a year-round academic curriculum and schedule, programming includes weekly individual, group, and family counseling. Substance abuse support groups are offered on an as needed basis as well as are trips to off campus Alcoholics Anonymous and other support groups. Seasonal sports and activities include team soccer and basketball, fencing, skiing, climbing, ocean and lake activities, and hiking trips. Students also regularly go to movies, bowling, and other “in-town” events. On-campus activities include a full music studio, photography with dark room, mountain bike shop, hiking/snowshoeing, and more. Community service programming includes volunteering opportunities in the local area.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of New Hampshire Department of Health and Human Services; NEAS&C; New Hampshire Department of Education
Professional Affiliations: NATSAP-Full Member

Skyland Trail

(Young Adult Program)

CONTACT

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 Atlanta, GA 30329
Website: www.skylandtrail.org

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18+
Grades: N/A
Enrollment: 24
Duration: 3 - 6 months
Founded: 1989



Airport: Atlanta, GA (ATL)

Located in Atlanta, Skyland Trail is a nationally recognized nonprofit mental health treatment organization serving adults ages 18 and older with a primary psychiatric diagnosis. Through our residential and day treatment programs, we help our clients grow, recover, and reset to a new normal.

We're focused on individuals with complex mental health issues, helping them understand that they are more than their diagnoses dictate. In addition to a primary mood, thought, or anxiety disorder, many clients have co-occurring substance abuse, borderline personality disorder, or anxiety diagnoses.

We offer a unique continuum of care with deliberate step-downs and reintegration points. Our continuum includes residential care, day treatment, intensive outpatient, transitional housing, and an alumni program.

We offer expert, evidence-based psychiatric care alongside a compassionate, holistic path to wellness. Clients help develop their own individualized treatment plan and are assigned to a specialized treatment team, schedule and peer support group based on their diagnoses, symptoms, and self-defined goals. Specialized teams include Young Adults with First Episode Psychosis, CBT, DBT, and Social Integration. Dual diagnosis programs are offered as a secondary focus across all specialized teams.

Our integrated medical, mental, and social model helps clients develop strategies to improve mental health, physical wellness, independence, and relationships with family and friends. Unique therapies offered include music, art and horticultural therapy, workforce and school readiness, primary care services, family therapy, and healthy living and nutrition coaching.

Opening in 2016: Construction has begun on our new 32-bed Young Adult Campus for emerging adults ages 18 to 26.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: JCAHO; Georgia Department of Human Resources

Professional Affiliations: NATSAP-Full Member

Solstice East

(Residential Treatment Program)

CONTACT	PROGRAM OUTLINE
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 Weaverville, NC 28787
Website: www.solsticeeast.com

Gender: Girls Only
Ages: 14 - 18
Grades: 8 - 12/College Prep
Enrollment: 48
Duration: 12 months
Founded: 2012



NATSAP Member
Since: 2015

Airport: Asheville Regional (AVL)
 Charlotte, NC (CLT)
 Greenville/Spartanburg (GSP)

Solstice East is a clinically sophisticated residential treatment center for girls between the ages of 14 and 18 and utilizes a combination of cognitive-behavioral, family systems, and experiential therapies. Solstice East specializes in trauma, attachment, and loss. Our secondary clinical focus is on addictions, including process addictions and substance abuse. Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal Hero's Journey, creating an environment conducive to healing from trauma of all varieties (i.e. loss, abuse, PTSD, bullying, and other traumatic experiences). Because many trauma survivors also suffer from comorbid anxiety, mood disorders, low self-esteem, addictions, and other unhealthy coping mechanisms, Solstice East provides state-of-the-art treatment for all of these issues. Each week our students receive 3 hours of individual/family therapy and another 15+ hours of group therapy and experiential interventions (including Trauma-Focused Equine Assisted Therapy (TF-EAP), DBT, and other specialty groups), all guided by multidisciplinary treatment team made up of our Master's and Ph.D.-level therapists; psychiatrists; nursing; academic, and residential staff; and the student's parent(s). Solstice East also emphasizes physical fitness and adventure-based therapy, with daily workouts and weekly off-campus activities including: mountain biking, canoeing, camping, hiking, white-water rafting, and more! Academic classes (provided on campus through an AdvancED accredited school) are taught in a conventional classroom setting by certified secondary education and special education teachers.

Individual Counseling Available: *Yes*
Accreditation, Licensure: *State of North Carolina Department of Health and Human Services; AdvancED; CARF; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP-Full Member; NATSAP Research Designated Program (RDP)*

Solstice West

(Residential Treatment Program)

CONTACT

Executive Contact: Dan Stuart, MS, LMFT
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 Layton, UT 84041
Website: www.solsticertc.com

PROGRAM OUTLINE

Gender: Girls Only
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 44
Duration: 9 - 12 months
Founded: 2008



NATSAP Member
Since: 2009



Airport: Salt Lake City, UT (SLC)

Solstice Residential Treatment Center is a groundbreaking treatment facility for troubled adolescent girls that emphasizes the mind-body connection in a unique approach to holistic healthcare.

Solstice RTC is an intensive clinical program with a primary clinical emphasis on trauma, loss and attachment, with a secondary emphasis on addictive behaviors and patterns. Solstice clinicians have specialized training and experience treating trauma and its associated symptoms.

Solstice RTC bases its approach in three, dynamic principles of intervention; namely the Solstice approach is;

- Relationship-based
- Principle-driven, and
- Experiential

These three areas of emphasis drive a very powerful and effective approach to healing young women and their families.

With a strong emphasis on family therapy based intervention, nutrition and physical fitness, and the supportive provision of cutting edge academics, substance abuse/addiction therapy, equine therapy, and psychiatric services, Solstice sets the stage for the infusion of light into the previously darkened lives of the families we serve.

Utilizing the archetypal Hero's Journey as a guide, we help our students to Believe in themselves, Begin their journey toward hope, and Become the Hero that they are destined to be.

Solstice is a 44 bed, clinically sophisticated residential treatment center for girls between the ages of 14 and 18. Solstice RTC is licensed by the State of Utah Department of Human Services and is accredited by AdvancED.

Solstice specializes in the provision of gender-specific treatment for female adolescents who struggle with a variety of presenting problems such as:

- Trauma and loss
- Depression
- Anxiety
- Addiction and Substance Abuse
- Eating Disorders
- Self-harm
- Suicidal Ideation
- ADD/ADHD
- Adoption and Attachment Issues
- Family Conflict
- Academic Problems
- Processing Difficulties

Individual Counseling Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Sonia Shankman Orthogenic School

(Residential Treatment Center)

CONTACT

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and Dr. Diana Kon
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Website: www.oschool.org

NATSAP Member
Since: 2011

PROGRAM OUTLINE

Gender: Coeducational
Ages: 5 - 18
Grades: K - 12
Enrollment: 42
Duration: 12 to 18 months
Founded: 1915



Airport: O'Hare International, (ORD);
Chicago Midway Int'l Airport (MDW)

Continuing nearly a century of tradition, the Orthogenic School remains committed to providing the highest quality of care and education to our 42 students in our Residential Program. We help children feel emotionally strong, socially connected, successful in school, and optimistic about their futures. The school distinguished itself by providing individualized attention to the unique needs of each of the children who pass through its “Yellow Door”, which is symbolic of their entering a safe haven. The Orthogenic School is a intensive therapeutic milieu treatment for children and adolescents, ages of 5 through 21, struggling with severe emotional challenges and/or high functioning autism disorders. Our student population is co-ed at all ages and we work with students from diverse backgrounds, sexual orientations, and gender identities. We offer large room dormitories, double rooms, and single rooms depending on the presenting clinical needs of the child, although most students began in a large dorm room. The Orthogenic School provides a comfortable and nurturing family like environment and is staffed by a talented, well educated, and devoted, multidisciplinary team of professionals. The culture modeled by our staff, allows the children to have healthy and meaningful relationships with staff and peers, and fosters a trusting therapeutic environment. We offer a path to hope and achievement as our students move toward healthy, happy, productive and independent young adults.

For most of our students and families, the success of the Orthogenic School is found in the balance between being a supportive residential treatment intervention while also being a strong academic program. We prepare students to succeed educationally and socially such that they can return to their local school program, attend a less restrictive therapeutic boarding school, or attend post-high school education or vocational training. The Orthogenic School offers departmentalized and college preparatory classes for high school, jr. high and elementary students. Each of our classrooms as a 1:5 teacher to student ration, with a Special Education Certified instruction who is also certified in a particular core competency. While we work with students with average intellect and higher, we specialize in working with students with above average IQ. The Orthogenic School is a time tested and well functioning residential Milieu that promotes individual autonomy at the same time building a strong sense of community. Individual, group, and family therapy are key components of the daily therapeutic regimen that assist children to find the excitement in learning, understanding themselves and helping them become what they aspire to be. With the support of a nursing staff, both psychiatric and medical services are provided by board certified and nationally recognized experts in their particular fields.

Individual Counseling Available: *Yes*

Accreditation, Licensure: *Illinois, Department of Children and Family Services; Council on Accreditation; Illinois Department of Human Services; Mental Health Provider Information; Illinois State Board of Education; North Central Association; Student and Exchange Visitor Information System (SEVIS)*

Professional Affiliations: *NATSAP-Full Member; Child Welfare League of America; American Association of Children's Residential Centers; National Association of Private Special Education Centers*

Spectrum College Transition Program

(Transitional Independent Living Program)

CONTACT

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 Phoenix, AZ 85028
Website: www.spectrumcollegetransition.org

PROGRAM OUTLINE

Gender: Coeducational
Ages: 14 - 24
Grades: 9 - Post Secondary
Enrollment: 12
Duration: 24 months
Founded: 2008



NATSAP Member
Since: 2008

Airport: Phoenix, AZ (PHX)

Spectrum College Transition Program is a nonprofit 501(c)3 corporation and was founded in 2009 by O. Robin Sweet and Dr. Thomas A. Bloom. Spectrum is the first Transition Program in the State of Arizona specializing solely in students with Asperger's Syndrome, and is the first Asperger's Fraternity in the United States which helps normalize their residential college experience.

Our Student Profile:

- Struggles with anxiety, depression, OCD, ADHD, and/or electronics obsession.
- May have a history of drug abuse, due to the overwhelming desire for friends,
- Socially & Emotionally young.
- May have sensory triggers (touch, taste, noise, smells, textures).
- Perception of what is said and done is skewed.
- Strong desire to have a typical College experience.
- Requires support with time management and organizational skills.
- Great brain and good heart, but they are extremely gullible.

The purpose of our program is to offer Post Secondary students the opportunity to earn a Vocational Certificate, College or University Degree. Our program focuses on real-time redirection, such as: perspective taking and cause and effect. Students participate in a broad variety of campus organizations: clubs, social events, tutoring, and internships. Our staff actively support students on campus by helping facilitate meetings with professors and counselors.

Our therapeutic team includes a Neuropsychiatrist, who meets with each student for monthly therapy and medication oversight, and our Licensed Marriage and Family Therapist meets with each student weekly or more, if needed. The therapeutic team works closely with our Program Director, who is a Licensed Professional Counselor, and our Residential Directors to implement Mindfulness-based therapy. Effective tools and strategies are offered to enhance our service delivery.

Our social and life skills program assists students with developing transferable skills to use throughout adulthood. These skills include pragmatic communication, developing relationships, character building, time management, organizational skills, meal preparation, money management and recreational activities. Additional instruction will target the importance of maintaining overall well-being with a balance of diet, fitness, personal hygiene, and stress management.

All parents are supported by our Parent Coach Professionals, as they participate in phone counseling sessions to assist parents with much appreciated support throughout the students' stay at Spectrum and also during crucial transition times throughout the academic year. The support provided by the parent coaches helps both parents and the team to implement consistency, using the same positive behavioral supports across different contexts.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services; AvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Associate Member; Autism Society of America; IECA; Children's Services Network

Spring Ridge Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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Address: 13690 S. Burton Rd.
 Spring Valley, AZ 86333
Website: www.springridgeacademy.com

Gender: Girls Only
Ages: 13 - 17
Grades: 9 - 12/College Prep
Enrollment: 76
Duration: 14 - 18 months
Founded: 1998



NATSAP Member
Since: 2011

Airport: Phoenix, AZ (PHX)

Spring Ridge combines a clinically sophisticated therapeutic approach and rigorous college prep academics. Not only are students immersed in an environment dedicated to fostering maturity and confidence, the entire family is included in the process, creating an atmosphere of change, collaboration and hope. SRA students are bright, creative, unique individuals who are struggling to manage their lives. Often these young women are involved in a variety of destructive behaviors, and are in danger of sabotaging their relationships and academic careers. The SRA student is capable and talented but lacks the self-esteem and self-discipline necessary to succeed. Many of the young women who come to SRA may be struggling with one or more of the following: PTSD & Trauma, Anxiety, Depression, ADD/ADHD, Family Conflict, Defiance, Entitlement, Isolation, Grief and Loss, Negative Peer Group, Technology Abuse, Academic Underachievement, Substance Abuse, Attachment/Adoption Issues, Learning/Social Difficulties, and struggles in relationships.

Our therapeutic approach utilizes a combination of family systems and developmental models to create a comprehensive scope of treatment where students confront and master the self-limiting beliefs, attitudes, and behaviors separating them from success.

Therapeutic services include:

- Weekly individual
- Daily group
- Weekly family
- Psychiatric services
- Therapeutic intensive workshops
- Aftercare planning and support
- Creative and supportive interventions

Students are engaged in a structured but normalized academic setting that includes AP courses, remediation, foreign language study and extensive coursework in the fine arts, dance and yoga. SRA is an SAT and ACT test site offering SAT prep classes. Students have the opportunity to participate in athletics, martial arts, arts, horseback riding, hiking, band/choir, photography, cooking, and other extra-curricular activities.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Arizona Department of Health Services, Behavioral Health Division; North Central Association Commission on Accreditation and School Improvement
Professional Affiliations: NATSAP-Full Member

Spruce Mountain Inn

(Residential Treatment Center & Young Adult Program)

CONTACT

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NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 28
Grades: N/A
Enrollment: 22 across all
 program levels
Duration: Averages 9 months
Founded: 1983



Airport: Burlington, VT (BTV)

Spruce Mountain Inn has been providing compassionate, client-driven residential treatment to young adults experiencing difficulty managing life since 1982. Our comprehensive model employs a high level of structure to integrate intensive mental health treatment with a sophisticated Career & Education Program and independent living skill development to support residents toward renewed health, greater confidence, and a meaningful future. We specialize in the treatment of college-capable young adults who experience mood disorders such as depression, anxiety, and bipolar disorder, as well as trauma and substance abuse concerns. Our residents include college students who are on a leave or have left school, those who have been unable to begin college due to mental health issues, and college graduates who have struggled with the transition to independent adult life.

We believe an interdisciplinary treatment team approach can best serve our residents' diverse needs and create the best environment for success. Spruce addresses clinical needs in conjunction with opportunities for social and community engagement, skill development, and activities that build one's capacity for success in future endeavors. This gives our residents a meaningful chance to practice living well and managing "regular" life at the same time. As residents stabilize and build skills, they progress through our housing continuum and gain increasing opportunities for independence that mirror real-world independent living. Residents continue to be served by their original teams as they move to studio apartments on our main campus, to our unstaffed off-site house, and sometimes to independent housing in the community.

Clinical treatment at Spruce draws heavily on several Evidence-Based and widely-employed methods and approaches, with an emphasis on Cognitive-Behavioral Therapy, mindfulness-based interventions, ACT, neuroscience & neuropsychiatry psychoeducation and interventions, and trauma-informed therapies. In addition to the individual and group therapeutic work, residents participate in groups and activities designed to strengthen their sense of self and promote general health and wellness, including yoga, outdoor and adventure-based programming and recreation, structured and unstructured art opportunities, and supported volunteerism.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Vermont, Agency of Human Services, Therapeutic Community Residence

Professional Affiliations: NATSAP-Full Member; American Residential Treatment Association (ARTA)

Summit Achievement

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Nichol Ernst
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Academic Contact: Bonnie Richardson
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Address: 69 Deer Hill Rd.
 Stow, ME 04037
Website: www.summitachievement.com

Gender: Coeducational
Ages: 13 - 19
Grades: 7 - 12
Enrollment: 32
Duration: 8 weeks to 6 months
Founded: 1996



NATSAP Member
Since: 2000



Airport: Manchester, NH (MHT)
 Portland, ME (PWM)

Summit Achievement is a licensed residential treatment center in the beautiful White Mountains Region of Maine. As an intentionally small, owner-operated program, we serve adolescent boys and girls, ages 13-20, experiencing difficulties with their family, school and/or personal lives. Common issues may include depression, anxiety, low self-esteem, poor impulse control, academic difficulties, family conflict, social challenges (NLD/ASD), defiance, grief/loss, adoption, identity issues, and substance abuse. Summit Achievement offers two programs: Achievement and Traverse.

Summit Achievement consists of 6 levels completed over an average of 8 weeks. This innovative, outcome-focused program combines weekly therapy, accredited classroom academics, and wilderness expeditions. Summit is unique among wilderness-based therapeutic programs in that we provide a beautiful campus where students reside 3 days a week in a supportive community, attend school, and participate in individual, group and family therapy. Expeditions are 4 days a week and may include backpacking, mountaineering, canoeing, climbing and snowshoeing. Through this structured schedule, students experience the therapeutic benefits of adventure-based wilderness expeditions while learning to manage the demands of a more traditional environment.

Guided by positive reinforcement and the power of choice, we employ effective therapeutic and educational principals. Individualized Treatment Plans are designed to meet each student and family's unique needs and utilize a variety of treatment modalities. Families are an integral part of our therapeutic process and are encouraged to actively participate in their child's enrollment and graduation and visit midway through their child's stay. Family therapy is facilitated weekly via video or phone conference. Through this unique model, students become accountable for their behaviors, experience achievement in multiple avenues, and return better prepared to manage the demands of school, family and their social lives.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maine, Department of Education; Association for Experiential Education (AEE); Outdoor Behavioral Health industry Council (OBHC)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Summit Preparatory School

(Therapeutic Boarding School)

CONTACT

Executive Contact: Todd Fiske, M.Ed.
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Address: 1605 Danielson Rd.
 Kalispell, MT 59901
Website: www.summitprepschool.org

NATSAP Member
Since: 2003

PROGRAM OUTLINE

Gender: Coeducational
Ages: 14 - 18
Grades: 9 - 12/College Prep
Enrollment: 60
Duration: 15 months average
Founded: 2003



Airport: Glacier Park International Airport (FCA)

Summit Preparatory School is a non-profit, coed therapeutic boarding school that offers nurturing professional therapeutic services, 24/7 residential care, and college preparatory academics for high school age teens. Summit Prep prepares students for successful reentry into life beyond treatment (not just “success in treatment”) so the program offers more “real world” experiences than typical treatment programs. The campus offers a normalized boarding school experience (i.e. full size gym, indoor pool, weight room, modern academic, recreational and dining facilities, and school nurse). Grounded in the concepts of our unique Summit Model by co-founder Rick Johnson, MSW, the program focuses on promoting the development of students’ psychological, emotional and relational maturity as emerging young men and women. Summit Prep’s thoughtful combination of single gender and coed programming promotes healthy identity development for both girls and boys, and teaches teens how to have healthy relationships with members of the same and opposite sex.

Issues impacting personal success, such as depression, anxiety, substance abuse or learning problems are addressed in individual and group therapies (e.g. CBT, DBT, Smart Recovery Stages of Change, and experiential modalities) by our treatment teams of MA-level therapists and our campus child and adolescent psychiatrist. Parents/guardians are required to participate in family sessions, therapeutic “homework”, and periodic workshops and retreats. Residential life is designed to promote psychological and social maturity, safety and physical health and is facilitated by energetic BA-level residential counselors. Activities include team sports, yoga, skiing, swimming, and challenge trips; participation in community art shows, music lessons and theatre productions, 5K/10K races and wide range of volunteer opportunities. Accredited college preparatory academics are provided by certified teachers in well-equipped classrooms (including an art studio offering drawing, painting, photography, pottery and portfolio preparation) with low student-teacher ratios, and can accommodate mild learning issues, IEP and 504 Plans. Advanced students have opportunity to attend a local junior college for dual high school and college credit.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: *State of Montana, Department of Education; Private Alternative Adolescent Residential of Outdoor Programs; State of Montana, Office of Public Instruction; Student and Exchange Visitor Information System (SEVIS)*

Professional Affiliations: NATSAP-Full Member

Sunrise RTC

(Residential Treatment Center & Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
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 Hurricane, UT 84737
Website: www.sunrisertc.com

Gender: Girls Only
Ages: 13 - 17
Grades: 8 - 12
Enrollment: 60
Duration: 7 - 9 months
Founded: 2000



NATSAP Member
 Since: 2006



Airport: Las Vegas, NV (LAS)

Located in Hurricane, Utah, Sunrise is a licensed residential treatment center and boarding school for adolescent girls ages 13 through 17 whose emotional or behavioral issues are interfering with their ability to succeed in school, at home, or in a mainstream setting. Sunrise offers customized programming that is designed to help girls excel academically and heal emotionally. Because of our customized programming and in-town location, we are able to offer four programs under one roof: intervention/assessment, treatment, college-preparatory school and transition. All aspects of our program are designed to form a healing milieu that combines the warmth of a home, the safety of a residential treatment center, and the community access of a transition program. Sunrise embraces the whole family with therapeutic support to accelerate a healing process that is systemic and therefore, sustainable. Our licensed therapists have the clinical expertise to effectively treat a wide range of issues that include depression/anxiety, borderline personality disorder, trauma, bipolar, substance abuse, low self-esteem and learning differences. Our clinical team is foundationally trained in DBT.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; EAGALA Certified, Joint Commission Accredited; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

SUWS of the Carolinas

(Wilderness Therapy Program)

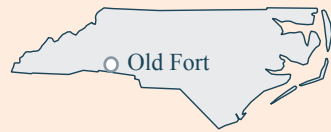
CONTACT

Executive Contact: Shawn Farrell
Admissions Contact: Josh Gunalda
Academic Contact: Shawn Farrell
Email: admissions@suwscarolinas.com
Phone: (888) 828-9770
Fax: (704) 496-2265
Address: 363 Graphite Rd.
 Old Fort, NC 28762
Website: www.suwscarolinas.com

PROGRAM OUTLINE

Gender: Coeducational/
 Single Gender Groups
Ages: 10 - 17
Grades: N/A
Enrollment: 73
Duration: 6 - 8 weeks
Founded: 2000

NATSAP Member
 Since: 2002



Airport: Asheville, NC (AVL)

SUWS of the Carolinas is a therapeutic wilderness program with a focus on short-term, high impact clinical intervention and assessment. Located in the Blue Ridge Mountains in Western North Carolina, the program uses the outdoors as an alternative to conventional treatment environments, while engaging students using traditional therapeutic methods. The wilderness setting removes modern distractions, simplifies choices and teaches valuable lessons. As a result, students begin to accept responsibility for personal decisions, address individual and family issues, and become invested in their own personal growth. In addition to extensive therapeutic services, SUWS of the Carolinas also features an academic component, equine assisted psychotherapy, access to a board-certified psychiatrist and comprehensive testing. Families also benefit from a strong family program and thorough transition planning starting on day-one.

SUWS of the Carolinas revolutionized wilderness treatment by offering unique niche groups, providing a homogeneous environment for treatment resistant children and teens. SUWS, serves adolescent male and females ages 13-17 who are struggling with a range of academic, behavioral, emotional, mental health issues. Students are placed in gender-specific groups and work with therapists who specialize in trauma, adoption issues, depression, anxiety, low self-esteem, ADHD and oppositional behavior. Seasons is a co-ed group for students ages 10-13, who deal with entitlement issues, poor emotional regulation, high family conflict, depression and poor impulse control. Students in this group learn concrete social and behavioral skills to better help them navigate situations appropriately.

Phoenix Outdoor assists students 14-17, who have co-occurring substance use and mental health disorders. Students in this group are engaged through the 12-Step program, yoga, Neurofeedback and relapse prevention. Finally, the newest program, Approach, is a social learning group for students who are living with autism spectrum disorders, nonverbal learning disorders, pervasive developmental disorders or severe social deficits. Similarly to the Seasons program, students in this group learn and practice concrete skills to improve their social functioning as well as their executive functioning skills.

SUWS of the Carolinas uses a multi-faceted treatment approach that is highly effective in helping students and their families. Findings from the Center for Research, Assessment and Treatment Efficacy showed significant symptom improvement and increased adaptive living skills, including academic performance and dealing with family and social conflict.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF); AdvancED

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP); American Society of Addiction Medicine; US Forest Service; Jason Foundation; Outdoor Behavioral Health Council (OBHC); Association for Experiential Education (AEE)

T.C. Harris School

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Audra Whitworth
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 Lafayette, IN 47905
Website: www.tcharris.com

Gender: Coeducational
Ages: 6 - 21
Grades: K - 12
Enrollment: 128
Duration: 12 - 18 months
Founded: 2000



NATSAP Member
Since: 2012

Airport: Lafayette, IN (LAF)

T.C. Harris School is dedicated to advocating for and providing services to students who are diagnosed with a wide range of intellectual/developmental disabilities and emotional disturbances, helping them find greater independence, gain emotional and behavioral control and achieve positive outcomes. It is our philosophy to respond to the needs of each student on an individual basis and provide appropriate therapeutic care and educational opportunities.

Student behaviors can range from verbal outbursts to physical aggression or self-injurious behaviors. Our goal is to guide each student's development of the social, emotional, behavioral, academic and functional skills necessary to enable them to make better choices and, in turn, help them successfully return to their home, school and community.

T.C. Harris School offers full and partial day school programming for area students as well as community based living in group homes and residential living for students who require services 24 hours a day. Our school operates year round and is entirely dedicated to students with special education needs of all levels - our students may be on diploma track, working toward a certificate of completion, functioning near to grade level or be working on the most basic pre-academic skills.

Day School Program:

Our on grounds special education program is accredited as a Freeway School by the State of Indiana Department of Education. This program focuses on academics, life skills instruction and behavior supports addressing the individual education needs of each student. We incorporate therapeutic and cognitive supports to ensure that our students are successful.

Group Homes:

Treatment within our homes focuses on teaching students skills to increase their independence in a community setting to ensure they can be successful in their own community when they transition from services.

Open Residential Program:

Our open residential program is a supportive environment that provides a student with consistency, stability and safety while they work with their treatment team on gaining independence, increase self-esteem and behavioral control.

Autism, Care, & Extensive Supports (ACES):

A specialized program designed for students with Autism Spectrum Disorders, low-incidence syndromes, genetic disorders and neurological handicaps are areas of expertise. Students in the ACES program traditionally are diagnosed with moderate to profound intellectual disabilities and require hand-over-hand care.

Secure Residential Program:

A comprehensive treatment program for students with behaviors that are uncontrollable, unpredictable or dangerous, needing additional structure and supervision. Youth may be acutely aggressive and/or self-injurious.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: National Association of Private Special Education Centers; Indiana Council of Administrators of Special Education

Professional Affiliations: NATSAP-Full Member; Prader-Willi Syndrome Association; Indiana Association of Resources & Child Advocacy

Tamarack Center

(Residential Treatment Center)

CONTACT

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 Spokane, WA 99224
Website: www.tamarack.org

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 17
Grades: 6 - 12
Enrollment: 16
Duration: Flexible 3 - 12 months
Founded: 1984



Airport: Spokane, WA (GEG)

Tamarack Center is a small 16-bed residential Joint Commission accredited and TRICARE approved psychiatric treatment center which provides medically supervised 24-hour residential treatment services for adolescents. Tamarack Center serves adolescents (ages 12 - 17) who are experiencing psychiatric impairment which are not amenable to outpatient treatment.

Treatment at Tamarack is provided in the context of DBT therapy. Residents learn how to live with each other on a daily basis. Problems of living are discussed, solved and new approaches to old patterns of behavior are utilized. Individualized behavior programs for each resident supplement the general milieu expectations. Each resident has an individualized treatment plan which is updated on regular basis to ensure that current specific problem areas are being addressed.

Individual, group and recreational therapies are used to address treatment issues. Family therapy is utilized weekly to focus on family issues. Family and resident participate in monthly case conferences in which the resident's treatment plan is developed and revised. Tamarack also provides a unique group family function called "Family Matters" on a quarterly basis. This function encompasses parent support group, parent education, and family interaction activities provided to the families in a relaxed and supportive atmosphere. Each resident is assigned a masters level family specialist, a nurse and primary counselor, and a recreational staff who work under the supervision a child psychiatrist.


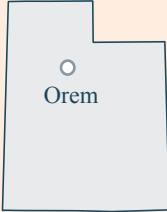
Individual Psychotherapy Available: Yes

Accreditation Licensure: Washington State Department of Health, The Joint Commission, Tri-Care Certified, Spokane District 81

Professional Affiliations: NATSAP-Full Member; American Association of Children's Residential Centers (AACRC); Alliance for Strong Families and Communities

Telos Residential Treatment Center, LLC.

(Residential Treatment Program)


CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Tony Mosier Admissions Contact: Kristin Williams Academic Contact: Kevin Kuykendall Email: tonym@telosrtc.com Phone: (801) 426-8800 Fax: (801) 426-8825 Address: 870 W. Center St. Orem, UT 84057 Website: www.telosrtc.com</p> <p></p> <p>NATSAP Member Since: 2004</p>	<p>Gender: Boys Only Ages: 13 - 17 Grades: 9 - 12 Enrollment: 48 Duration: 11 months Founded: 2004</p> <p></p> <p>Airport: Salt Lake City, UT (SLC)</p>

At Telos we help teenage boys dealing with depression, anxiety, substance abuse, addiction, social problems, and learning differences. Our caring staff use proven clinical therapies coupled with the power of healing relationships to promote deep, lasting change. Our aim is to help teens live principle-based lives characterized by insightful choices. Telos is a place where boys find clarity, healing, and direction.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Northwest Accredited*
Professional Affiliations: *NATSAP-Full Member; NATSAP Research Designated Program (RDP); The Joint Commission*

Three Points Center, LLC

(Residential Treatment Center & Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Glenn Thibault Admissions Contact: Norman Thibault, PhD, LMFT Email: dr.thibault@threepointscenter.com Phone: (435) 635-0636 Fax: (435) 304-0004 Address: 150 N. State St. La Verkin, UT 84745 Website: www.threepointscenter.com</p>	<p>Gender: Boys & Girls in Single Gender Groups Ages: 12 - 17 (11 years old upon review) Grades: 6 - 12 Enrollment: RTC - 27 girls/27 boys; TBS - 10 girls/10 boys Duration: Open Founded: 2014</p>
<p>NATSAP Member Since: 2014</p>	<p> Airport: St. George, UT or McCarran Int'l Airport</p>

Three Points Center only serves adopted adolescents and their families.

Three Points Center provides comprehensive, valuable, and necessary services to adopted adolescents and their families for the primary purposes of healing wounds, understanding identity, and drawing closer, every day. The owners, managers, and employees of Three Points Center have developed treatment procedures designed to support the highest levels of quality care and we will work to exceed these standards, every day.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Department of Health and Human Services, Northwest Accreditation Commission

Professional Affiliations: NATSAP-Full Member, American Adoption Congress; The Association for Training on Trauma and Attachment in Children

Trails Carolina

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
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Fax: (828) 885-3010
Address: 500 Winding Gap Rd.
 Lake Toxaway, NC 28747
Website: www.trailsncarolina.com

Gender: Coeducational
Ages: 10 - 17
Grades: 9 - 12
Enrollment: 36
Duration: 60 - 70 days
Founded: 2008



NATSAP Member
Since: 2009

Airport: Asheville, NC (AVL), Charlotte, NC (CLT), Greenville/Spartanburg, SC (GSP)

Designed for struggling adolescents ages 10 to 17, Trails Carolina is a comprehensive therapeutic wilderness program set amid the tranquil North Carolina Mountains. Developed specifically to address the “whole child”, our clinical model/therapies help change troubling behavior, guide adolescents to a new level of self-awareness, lead families toward unification and healing, and re-engage students in life, including academically.

Trails Carolina operates from the premise that a student’s ability to effectively integrate their wilderness experience into real-world skills is every bit as important as the program experience itself. For this reason, a comprehensive and educational family inclusion program is built into the program model. Trails Carolina integrates clinically sophisticated and research-based modalities including equine therapy (EAP), group and individual therapy with licensed therapists, structured academics with a certified teacher and comprehensive program focused on the inclusion of the family by their designated licensed family therapists. Parents and caregivers are expected to actively participate in their child’s experience by working with their student’s therapist to complete a course curriculum which parallels the curriculum of their child and by participating in parents workshops designed specifically to address their family’s needs. Parents are empowered to help their child better transition their Trails Carolina experience to their “real” lives, as well as enhance the student’s experience by being an active participant in the growth and recovery of the family unit. Additionally, students take part in a comprehensive, experiential-based academic program that helps to continue their formal education while on trail ensuring that a very central part of an adolescents life (school and schoolwork), is not sacrificed as part of a necessary intervention.

Through integration of adventure-based activities, wilderness expeditions, experiential education and an individualized therapeutic treatment plan, students are guided toward cultivating a healthier sense of their self including an awareness of personal strengths/abilities, an acceptance and accountability of their challenges and behaviors, and support the insight and tools needed to succeed through life beyond Trails. Trails Carolina offers family weekly support calls with a licensed marriage family therapist, weekly calls with your child’s primary therapist, bi-weekly calls with your family therapist, a Parent Training Workshop midway through the program and a Two-day Traditional 2 day graduation or an optional 5 day Family Camp graduation.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Commission on Accreditation of Rehabilitation Facilities (CARF), North Carolina Department of Health and Human Services, Division of Health Service Regulation, AdvanCED Accreditation
Professional Affiliations: NATSAP-Full Member, Association of Experiential Education (AEE), Outdoor Behavioral Healthcare (OBH)

Triumph Youth Services, LLC.

(Residential Treatment Program)

CONTACT

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Fax: (435) 538-5066
Address: 62 South 950 West
 Brigham City, UT 84302
Website: www.triumphyouthservices.com

PROGRAM OUTLINE

Gender: Boys Only
Ages: 13 - 17
Grades: 7 - 12
Enrollment: 42
Duration: 6 - 12 months
Founded: 1998



NATSAP Member
Since: 2010

Airport: Salt Lake City, UT (SLC)

Triumph Youth Services is a first class adolescent male residential treatment center for boys ages 12-17. Triumph Youth Services' commitment and mission help empower young men and their families to make positive and lasting changes that will ensure a successful tomorrow.

Triumph Youth Services currently operates multiple Residential Treatment Centers and community based outpatient services available to youth across the US. Triumph Youth Services is located in Brigham City, Utah, just 58 miles north of the Salt Lake City International Airport. Triumph Youth Services specialize in treating emotional disturbances, substance dependence substance abuse, depression, oppositional defiance, non-compliance and more. Our program duration is 6-12 months or can be tailored on a case-by-case basis, regarding the long term treatment plan and/or education plan. Each Triumph Youth Services program utilizes Positive Peer Culture.

Our theoretical makeup is centered around evidence based therapy which is founded on the cognitive behavioral treatment model. This model promotes a safe and therapeutic program at all times in the least restrictive environment. Professionally licensed mental health professionals provide individual, family and group therapy sessions to each student, while overseeing all therapeutic components of the program. All Triumph Youth Services staff are trained and certified in the Positive Control Systems nonviolent crisis intervention program. It focuses on reliable and safe measures of behavior intervention that does not include aversive, excessive force procedures.

Academics are a primary focus at Triumph Youth Services. The school, Triumph Academy, is a non-profit 501c3 organization and is fully accredited through Northwest Accreditation Commission (NWAC) and the teachers are certified through the Utah State Office of Education.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Utah Department of Licensing; Utah State Office of Education; Northwest Accreditation Commission (NWAC)
Professional Affiliations: NATSAP-Full Member

True North Wilderness Program

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
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Address: P.O. Box 857
 Waitsfield, VT 05673
Website: www.truenorthwilderness.com

Gender: Coeducational
Ages: 14 - 22
Grades: N/A
Enrollment: 42
Duration: 56 - 70 days
Founded: 2005



NATSAP Member
Since: 2009

Airport: Burlington International (BTV)

True North Wilderness Program is located in the Green Mountains of Vermont. Our goal is to provide opportunities that inspire and empower our students and their families to reach their full potential. True North students typically present with mild depression, anger, anxiety, oppositional defiance, learning differences, academic difficulty, problems with peer and family relationships and experimentation with substance abuse. Our single gender groups are carefully structured to be a safe and supportive environment for our students to establish strong foundations for the future.

True North's therapeutic process is grounded in the wilderness environment. As our students become adept at living and taking care of themselves in the outdoors, they begin to build the confidence and sense of capability that will sustain the learning and emotional growth process. Our caring and dedicated staff members support students as they explore core issues and develop new tools for a healthy and successful future. The challenges and rewards of outdoor living and group dynamics create opportunities for students to improve communication skills, accept more personal responsibility, build success and self-esteem, and establish positive and supportive relationships with others. Students use the landscape around them to explore their personal strengths and skills and address limiting behaviors.

Our stunning field areas are nestled in the heart of the idyllic Green Mountains of central Vermont, and offer students a variety of educational and recreational activities which are designed to allow them to take full advantage of these scenic locales. During the winter months students are located on the well established campus of Windridge Camp in Roxbury, VT. Students sleep in heated winter cabins at night while still maintaining a hiking-based, expedition model program.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *Independent Educational Consultants Association; Outdoor Behavioral Health Care Council (OBHC); Association for Experiential Education (AEE)*
Professional Affiliations: *NATSAP-Full Member*

Tucson Transitional Living

(Transitional Independent Living & Young Adult Program)

CONTACT

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 Tucson, AZ 85712
Website: www.tucsontransitionalliving.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 25
Grades: N/A
Enrollment: Open
Duration: 6 - 12 months
Founded: 2012

**NATSAP Member**

Since: 2013

Airport: Tucson International TUS

Tucson Transitional Living offers a three phase program dedicated to the recovery of young adults ages 18 to 25. Located in Tucson near the University of Arizona and Pima Community College. Our curriculum is specifically designed to assure sustained sobriety, accountability, strong work ethic, and autonomous independence.

The transition from debilitating drug/alcohol dependency and co-occurring disorders associated this addiction to an exceptional world full of possibility is attainable for every young adult who completes this program. We guarantee residents and families who successfully complete their program will stay sober for a minimum of three years. If they don't, Tucson Transitional Living will welcome them back for another opportunity-at no cost. We are able to offer this because of our high success rate. We are committed to this being the last recovery program their residents will ever need to attend.

Phase 1 (Transitional Living) is a three to six- month program. Our residents are deeply immersed in 12-step recovery and successfully complete the first 9 steps within 90 days with a qualified outside sponsor selected by staff. This technique allows them to speak, learn, and incorporate the language and principles of recovery. TTL's curriculum includes individual and group therapy, life skills, community service, work ethic and time management skills. TTL also incorporates other activities geared towards becoming independent young adults.

Phase 2 (Sober University) is a six-month program. It continues all activities from Phase 1 along with an extensive educational and career component. Residents are coached in submitting educational forms, writing resumes, and pursuing careers. Students take a minimum of 12 college credits and are closely monitored to ensure the student's success. Students apply for and acquire employment.


Phase 3 (Independent Living) is entirely voluntary and requires a three-month minimum commitment. We provide safe, sober, affordable housing for those students who wish to remain in Tucson to further pursue their education and/or career goals. The students have the opportunity to stay for up to one year while remaining part of our sober community and "giving back" to those just beginning their journey.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Associate Member; Independent Educational Consultants Association (IECA)

Turn-About Ranch

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Michelle Lindsay Admissions Contact: Shane Young Academic Contact: Abby Dominy Email: mlindsay@turnabout ranch.com Phone: (800) 842-1165 Fax: (435) 826-4261 Address: 280 North 300 East Escalante, UT 84726 Website: www.turnabout ranch.com</p> <p>NATSAP Member Since: 1999</p>	<p>Gender: Boys & Girls in Single Gender Groups Ages: 12 - 17 Grades: 7 - 12 Enrollment: 51 Duration: 100 day program Founded: 1989</p>  <p>Airport: Las Vegas, NV (LAS)</p>

As the sun rises over the Utah desert, Turn-About Ranch is already bustling with activity. The rooster’s crow marks the start of the day as animals wait to be fed. Our students wake early, enjoy a hearty breakfast and then turn their energy toward a day packed with school, therapy, ranch projects and horsemanship experiences.

Students participate in a rotating schedule of activities. Some attend our fully accredited school, while others practice new skills and riding techniques during horsemanship sessions led by experienced instructors. As a working horse and cattle ranch, students complete projects every week that contribute to the functioning of the ranch. Through cutting wood, harvesting crops, hauling hay and community service, teens learn valuable lessons in teamwork, leadership, coping with frustration and the value of hard work. Highlights of ranch life include riding horses, hiking and cattle drives through the beautiful vistas surrounding the ranch.

Therapy plays an important role in change and is integrated into everything we do at Turn-About Ranch. Students participate in weekly individual and group counseling sessions, in addition to participating with their therapist in ranch projects. Parents also participate in weekly counseling and phone updates with their child’s therapist. At mid-term and graduation, families participate in face to face family therapy, ropes course, horse experiential activities, family sculptures and parenting workshops which prepare parents for the transition home.

Turn-About students have many opportunities to enjoy and be inspired by solitude and the beautiful natural environment that makes Escalante a unique place for healing. At dusk, the ranch falls silent as teens enjoy a few minutes of quiet; to read, journal or write letters home. As they look back on the day, students are satisfied seeing the results of their labor and sleep well knowing they contributed to something bigger than themselves.

Insurance accepted.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED; CARF
Professional Affiliations: NATSAP-Full Member; SHRM

Turning Winds Academic Institute

(Residential Treatment Center)

CONTACT

Executive Contact: Owen Baisden
Admissions Contact: Kristine Miller
Academic Contact: Owen Baisden
Email: owen@turningwinds.com
Phone: (406) 295-5401
Fax: (406) 295-5420
Address: 31733 S. Fork Rd.
 Troy, MT 59935
Website: www.turningwinds.com

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 17
Grades: 7 - 12/College Prep
Enrollment: 45
Duration: 12 - 18 months
Founded: 2002



Airport: Spokane, WA or Kalispell, MT

Turning Winds Academic Institute is a co-ed, therapeutic, boarding school that is accredited by Northwest Accreditation Commission (NWAC). We believe that each student has the capacity to learn, that individual strengths have different learning modalities, and that high expectations are necessary in order for the student to reach their highest potential.

Turning Winds Academic Institute stands out as an elite academic provider. Turning Winds Academic Institute is an official ACT and SAT testing site and offers these tests quarterly. Preparation courses are also offered for these tests. Furthermore, we are also an official testing site for the GED. Turning Winds Academic Institute also offers College-Level Examination Program (CLEP) preparation for students. CLEP provides students with the opportunity to demonstrate college-level achievement through a program of exams in undergraduate college courses. Students can earn up to six credits for each test. There are 2,900 colleges that grant credit and/or advanced standing for CLEP exams.

An indispensable part of the Turning Winds Academic Institute is the therapeutic program. The clinical services are overseen by our Clinical Director who is licensed in the state of Montana. Upon admission, each resident is assessed by our Clinical Director, including through the use of formal testing, to determine their unique psychosocial and mental health needs. Then an individual treatment plan is created by the treatment team in order to address the needs of that individual.

Turning Winds Academic Institute also offers a unique outdoor experience for each student within the TREC program. TREC is a powerful experience which consists of a structured, outdoor journey to remote yet accessible wilderness; the individual is challenged to learn about the self and the environment.

Individual Psychotherapy Available: *Yes*

Accreditation, Licensure: *Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs (PAARP); CARF; AdvancED*

Professional Affiliations: *NATSAP-Full Member*

Uinta Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: R. Jeffrey Simpson
Admissions Contact: Russell Pryor
Academic Contact: Dr. Valarie Giacalone
Email: rpryor@uintaacademy.com
Phone: (435) 245-2600
Fax: (435) 245-2605
Address: PO Box 387
 Wellsville, UT 84339
Website: www.uintaacademy.com

Gender: Girls Only
Ages: 13 - 17 and 18 - 21
Grades: 7 - 12/Post Grad
Enrollment: 52
Duration: 12 to 14 months
Founded: 2003



NATSAP Member
Since: 2004

Airport: Salt Lake City, UT (SLC)

Uinta Academy is a therapeutically intensive residential treatment/academic program serving girls ages 13-17 and young adult women ages 18-21. Our comprehensive services include psychiatric care, individual therapy, family therapy, group therapy, recreational therapy, equine assisted psychotherapy, and an integrated transition program. Uinta Academy uses a cognitive-behavioral clinical approach in concert with an extremely effective milieu that focuses on building strengths, developing self-esteem, and teaching social, academic, and executive functioning skills.

Treatment and support take place in a nurturing, positive, and family-style environment. Every girl participates in daily physical fitness activities, Yoga, weekly recreational activities, meal planning and cooking, school clubs, and monthly explorations activities which include trips and cultural arts outings. Each girl gets her own horse for which she is responsible and participates in weekly equine-assisted therapy, riding, and Parelli natural horsemanship. Uinta's Cultural Arts Program enhances the girls' lives and provides a medium for self-awareness and artistic creativity. All students participate in educational and recreational activities such as sports, hiking, horseback riding, skiing, the cultural arts, service projects, and gardening.

Uinta's academic program is an accredited, year-round educational experience, where each girl has an individualized educational program tailored to meet her needs. Students who are behind are able to catch up to grade level. All classes are taught by state certified teachers. Elective courses include 5 foreign languages, art, photography, and music instruction. Specialized education programs can be provided, such as university level study and vocational training.

Uinta Academy serves females who are experiencing emotional and behavioral problems, including but not limited to: Depression, Bipolar Disorder, Attention Deficit Disorder, Borderline Personality Disorder, Post-Traumatic Stress Disorder, Oppositional-Defiant Disorder, Asperger's Syndrome, substance/alcohol abuse, adoption/attachment issues, anxiety, eating disorders, low self-esteem, self harm issues and academic struggles including learning disabilities. Exclusion criteria: violent tendencies, full scale IQ <90, adjudication.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Student and Exchange Visitor Information System (SEVIS); AdvancED
Professional Affiliations: NATSAP-Full Member; Northern Utah Alliance; Association for the Treatment and Training in the Attachment of Children (ATTACH)

University Neuropsychiatric Institute

(Specialty Psychiatric & Behavioral Hospital)

CONTACT

Executive Contact: Ross Van Vranken
Admissions Contact: Tina Halliday
Email: tina.halliday@hsc.utah.edu
Phone: (801) 587-9321
Fax: (801) 585-5845
Address: 501 Chipeta Way
 Salt Lake City, UT 84108
Website: www.healthcare.utah.edu/uni

PROGRAM OUTLINE

Gender: Coeducational
Ages: 4 - 18
Grades: N/A
Enrollment: 14
Duration: 4 - 6 weeks
Founded: 1986



NATSAP Member
Since: 2015



Airport: Salt Lake City, UT (SLC)

The Comprehensive Assessment and Treatment (CAT) Program at the University Neuropsychiatric Institute offers a 4-6 week, comprehensive clinical evaluation for ages 4-18 in a safe and secure environment. Our multi-disciplinary treatment team will assess psychiatric and medical conditions provide behavioral and educational assessments, psychological testing, therapy, and when necessary, address chemical dependency issues. The program includes inpatient care in our beautiful, state-of-the-art facility, which includes secure outdoor play area, ROPES challenge course and equine therapy, psychological and neuropsychological testing and therapy provided by our psychologists, medical evaluation provided by our board certified pediatricians, active family involvement throughout the assessment period, and appropriate evidence based treatments throughout the program with daily contact with the psychiatrist. Too often children and adolescents enter treatment programs without an accurate diagnosis or a clear understanding of what is to be gained by the treatment. The CAT program will help provide an understanding of the child/adolescent and create a dynamic, individual treatment plan that will facilitate the most appropriate match of community resources with the child/adolescent's specific needs.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: Det Norske Veritas Healthcare, Inc.. Department of Health and Human Services, Centers for Medicare and Medicaid Services

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Urban Edge Denver

(Transitional Independent Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Andrew Moskovitz Admissions Contact: Andrew Moskovitz Academic Contact: Email: andrew@collegiatecoachingservices.com Phone: (800) 960-3185 Fax: N/A Address: PO Box 13411 Denver, CO 80211 Website: www.urbanedge-denver.com</p>	<p>Gender: Coeducational Ages: 18 -26 Grades: N/A Enrollment: 8 Duration: 6 - 12 months Founded: 2015</p>
<p>NATSAP Member Since: 2016</p>	 <p>Airport: Denver Int'l Airport (DIA)</p>

Urban Edge is residential and community based mentorship immersion for young adults who are looking for a strategic way to push their lives forward. We help clients become intrinsically successful, professionally inspired, and self-sufficient all at the same time.

Urban Edge was founded with the intention of creating a lasting community of motivated young adults in one of our greatest cities. The Urban Edge concept was born out of the growing awareness that young adults need to transition somewhere they're passionate about. Urban Edge provides the opportunity for clients to learn, and live a productive lifestyle in a dynamic city where they may want to establish roots.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP- Associate Member; Young Adult Transition Association

Valley View School

(Therapeutic Boarding School)

CONTACT

Executive Contact: Dr. Antonio M. Gonzalez
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Phone: (508) 867-6505
Fax: (508) 867-3300
Address: 91 Oakham Road
 PO Box 338
 North Brookfield, MA 01535
Website: www.valleyviewschool.org

PROGRAM OUTLINE

Gender: Boys Only
Ages: 10 - 15
Grades: 6 - 12/College Prep
Enrollment: 56
Duration: 2 - 3 years
Founded: 1970



NATSAP Member

Since: 2002

Airport: Boston, MA (BOS)

Valley View School is built upon a model of a distinctly structured yet highly nurturing therapeutic milieu. The entire program is designed to meet the developmental and emotional needs of younger (middle school) adolescent boys.

Valley View is a private, not for profit, residential preparatory school providing a supportive therapeutic educational environment for 56 boys between the ages of 11 and 16. These are youngsters who have often experienced difficulties getting along with their families, the world around them and themselves. Typical Valley View students may present attentional problems (ADD and ADHD), mood difficulties and oppositional behavior. Valley View students may be boys who are not functioning up to capacity in school, are psychologically intimidating their parents, have difficulty channeling their physical energy in meaningful ways or may appear overly lethargic. The majority have had difficulty in traditional schools and although bright are sources of frustration to their families. Historically, traditional classroom methods and practices have generally frustrated rather than encouraged students who go to Valley View. These boys have been characterized as "learning disabled", "unmotivated", "hyperactive" or "disruptive" in the classroom setting. With a maximum of 56 students in the school and an average of six students in each class, Valley View School can provide intensive remedial instruction. Classes focus on the development and strengthening of skills in basic subjects, including language arts, mathematics, social and physical education, history and art. An extensive computer facility and Smart Boards in the classrooms integrate current technology into the entire academic curriculum. Valley View School does not deal with "alienated youngsters" including those with significant abuse problems and those who have been diagnosed as being psychotic.

Valley View offers a twelve-month program, and boys are accepted only on that basis. There are 11 full-time academic teachers, all with appropriate degrees in their subject matter, offering a college preparatory curriculum. Seventeen residential staff supervise the program on evenings and weekends. Students participate in a wide range of physical and recreational activities, including competitive athletics. In addition, three clinical psychologists spend a number of days at the school to see boys in individual therapy sessions. A board-certified psychiatrist also makes regularly scheduled consultation visits to monitor psychopharmacological issues where appropriate. The typical period of enrollment at the school is two to three years. A student can earn a recognized high school diploma from Valley View School, however diplomas are infrequently conferred since most students continue their education in a traditional public or private secondary school.

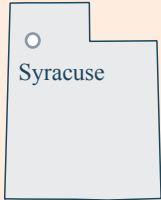
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commonwealth of Massachusetts, Department of Early Education and Care; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member

ViewPoint Center

(Specialty Psychiatric & Behavioral Hospital)


CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Judith Jacques Admissions Contact: Randi Nelson Email: rnelson@viewpointcenter.com Phone: (877) 808-3088 Fax: (801) 825-8222 Address: 2732 West 2700 South Syracuse, UT 84075 Website: www.viewpointcenter.com</p>	<p>Gender: Coeducational Ages: 12 - 17 Grades: N/A Enrollment: 16 Duration: 6 weeks Founded: 2014</p> 
<p>NATSAP Member Since: 2014</p>	<p>Airport: Salt Lake City, UT (SLC)</p>

The ViewPoint Center is a comprehensive therapeutic assessment facility licensed as a specialty psychiatric hospital. ViewPoint employs three tracks, to be used independently or in succession, to accommodate the individualized needs of each student. ViewPoint Center offers medical detox services for teens struggling with substance abuse. A short term stabilization track provides a safe and nurturing environment that helps to psychiatrically and clinically stabilize a student so that they can return to a program or boarding school in a matter of 1-3 weeks. The assessment track provides a comprehensive multidisciplinary evaluation involving psychiatry, clinical, medical, academic, neuropsychological and social milieu functioning. The 6-7 week clinical assessment process provides answers to the most complex diagnostic questions as well as recommendations for longer term treatment. Whether utilizing one or more of these tracks, our programming includes individual, group and family therapy, motivational interviewing, DBT skills and psycho-educational groups. Throughout the assessment process, the therapist has frequent contact with the family and, if desired, with their treatment providers. At the end of the therapeutic assessment, each family receives a multidisciplinary report which summarizes treatment while also providing a comprehensive diagnostic picture of the child along with clearly defined recommendations for subsequent treatment.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: JCAHO, Utah Department of Health; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Associate Member

Visions Adolescent Treatment Centers

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: John Lieberman Admissions Contact: Patrick Schettler Email: info@visionsteen.com Phone: (818) 889-3665 Fax: (818) 889-8221 Address: 33335 Mulholland Hwy Malibu, CA 90265-2438 Website: www.visionsteen.com</p>	<p>Gender: Coeducational Ages: 13 - 18 Grades: 7 - 12 Enrollment: 10 Duration: 45 - 90 days Founded: 2002</p> 
<p>NATSAP Member Since: 2014</p>	<p>Airport: Los Angeles Int'l Airport (LAX / KLAX)</p>

Visions Adolescent Treatment Centers
*Successfully Providing Mental Health, Substance Abuse and
Family Treatment Since 2002.*

MISSION

Visions Treatment Centers offers a comprehensive clinically-based treatment option for adolescents and their families. Visions' multi-modal approach to treating complex issues relies on a team approach including family, previous treatment professionals, teachers, community experts and Visions' team of unparalleled clinicians.

CANDIDATES

Visions serves males & females ages 13 to 18. Our adolescents are struggling with mental health and dual diagnosis issues. All adolescents entering the residential program must have a parent or guardian available to participate in family programming.

SERVICES

The structure of Visions Residential is a safe, supportive, intensive program filled with daily activities that help the resident come to terms with their problems in order to make positive choices that will lead them to a healthy and productive life.

Our treatment team consists of highly skilled professionals who use effective techniques and current modalities. Visions' medical doctors, licensed therapists and counselors will work directly with the client to provide a clinically sophisticated treatment experience.


Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of California Department of Social Services

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Professionals (NAATP)

Vista Adolescent Treatment

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
<p>Executive Contact: Matthew Checketts, PhD, LCSW Admissions Contact: Raymond Archuleta Academic Contact: Aarica Butler Email: raymond@vistatc.com Phone: (801) 558-3335 Fax: (801) 446-7746 Address: 8265 West 2700 South PO Box 69 Magna, UT 84044 Website: www.vistatc.com</p>	<p>Gender: Boys Only Ages: 14 - 18 Grades: 6 - 12 Enrollment: 32 Duration: 6 - 9 months Founded: 1991</p> <div data-bbox="774 494 935 703" style="text-align: center;">  <p>Magna</p> </div> <p>Airport: Salt Lake City, UT (SLC)</p>
<p>NATSAP Member Since: 2003</p>	

Vista Magna is a residential treatment program for adolescent boys and is focused on building relationships that make a significant impact on a teen’s ability to work through behavioral and emotional difficulties. Our clinicians work with reduced caseloads of only 8 - 10 students each to allow for increased one-on-one interaction throughout the week. Due to this strong relational approach to therapy and school, progress is more steady and our students’ average length of stay is generally shorter than industry standards - between 7 and 10 months.

Our typical student may be working on some of the following in his therapy:

- Depression
- Anxiety
- Substance Abuse
- Attachment Difficulties
- Executive Functioning
- ADHD
- Trauma
- Oppositional Defiant Disorder

Vista is a Cognitive Behavioral program that also utilizes Dialectical Behavior Therapy (DBT) to help students to identify patterns in their lives that are destructive. An individualized approach to the 12 Steps in addition to other recovery models are available to those who are struggling with substance abuse, and this allows each student to confront the topic openly and confidently with our licensed drug and alcohol counselors.

Weekly recreational outings off-campus include a wide variety of activities that allows each student to develop new skill sets and to nurture a higher degree of self-confidence in trying new things. Some of these are:

- Hiking
- Fly-fishing
- Golf
- Indoor rock-climbing
- Snowboarding and skiing
- Mountain biking

Vista’s full service private school is called Stansbury Academy. With a full time teaching staff and well-established curriculum, Vista’s students receive their high school educations while participating in therapeutic services. Stansbury Academy is fully accredited by the Northwest Accreditation Commission and boasts a reputation of premium academic services to its students, almost all of whom move on to successful college experiences.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED; Northwest Association of Accredited Schools (NAAS)

Professional Affiliations: NATSAP-Full Member

WayPoint Academy

(Residential Treatment Center)

CONTACT

Executive Contact: Jared Balmer, PhD
Admissions Contact: Emily Deeter
Academic Contact: Jessica Hartman
Email: jbalmer@waypointacademy.com
Phone: (801) 690-7000
Fax: (801) 396-7036
Address: 9091 E 100 S, PO Box 488
 Huntsville, UT 84317
 (Please contact school for physical address.)
Website: www.waypointacademy.com

NATSAP Member
Since: 2013



PROGRAM OUTLINE

Gender: Boys Only
Ages: 13 - 18
Grades: 8 - 12
Enrollment: 44
Duration: 10 - 12 months
Founded: 2013



Airport: Salt Lake City, UT (SLC)

WayPoint Academy, a residential treatment program, utilizes a highly specialized, therapeutic approach in treating young men (14-18) whose lives have been overtaken by anxiety. We provide individualized care that transcends the generalist approach, for we recognize the devastating impact anxiety causes teens and their families.

Our Mindful Completion Model is a unique and innovative approach designed to address anxiety, mood, executive functioning, learning, and healthy identity development. WayPoint's holistic model increases students' distress tolerance and resiliency by identifying and addressing factors that fuel anxiety. We provide the necessary skills, tools, and practice for lifestyles no longer driven by fear and avoidance.

Some of the 8 elements of the Mindful Completion Model are based on years of replicated studies, while others make use of new scientific findings.

Psychotherapy increases distress tolerance through specific therapeutic approaches and techniques, family involvement, and education. Nutrition plays a key role in health and well-being. Cardiovascular Fitness decreases anxiety and depression and improves academic performance. Education improves confidence and increases optimism through achieving academic needs and goals, thereby contributing to present and future successes. Education is designed to meet the learning profile of males. Life Skills furthers competence and independence through the development of practical skills. Executive Function enhances one's ability to navigate life's obstacles and complete promotes interpersonal relationships, negotiation, and community involvement. Recreation/Service/Adventure provides opportunities for developing life passions, acquiring new skills and providing service to others.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Utah Department of Human Services, Office of Licensing; Joint Commission on Accreditation of Health Care Organizations (JCAHO)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

Wediko Children’s Services

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
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Executive Contact: Kimberly Guest, Psy.D.
Admissions Contact: Katie Walsh; M.Div., LICSW
Email: wediko@wediko.org
Phone: (603) 478-5236
Fax: (603) 478-2049
Address: 11 Bobcat Blvd.
 Windsor, NH 03244
Website: www.wediko.org

Gender: Boys Only
Ages: 11 - 19
Grades: 6 - 12
Enrollment: 44
Duration: 12 month average
Founded: 1989



NATSAP Member
Since: 2005

Airport: Manchester, NH (MHT)

Located on a 450-acre lake-front campus, the Wediko School offers therapeutic and educational services for boys in middle and high school (grades 6-12) in a safe, therapeutic and educational environment. Wediko clinicians work closely with the student’s family and referring professional with the goal of returning the child to his home and community, or a less restrictive school, as soon as possible.

Wediko works with students who are struggling with complex psychiatric profiles and disruptive behaviors. Often, students do not fit neatly under the criteria of a specific diagnosis or they have been diagnosed with multiple disorders, including, but not limited to:

- Bipolar Disorders
- Depression & Depressive Disorders
- Anxiety Disorders
- Attention Deficit Hyperactive Disorder (ADHD or ADD)
- Reactive Attachment Disorder
- Post Traumatic Stress Disorder
- Asperger’s Disorder
- Non-Verbal Learning Disorder (NVLD)

Wediko’s therapeutic and educational milieu is the primary intervention. The core of the milieu is the Wediko staff, clinicians and teachers who develop strong relationships with each student, focus on the student’s strengths, and use positive behavioral interventions to teach and reinforce pro-social coping strategies.

Individualized treatment plans for each student include: school, daily group therapy, family therapy, psychopharmacological evaluations and visits home to practice skills learned at Wediko. Additional options may include, individual therapy, psychological and educational testing and issue specific group therapy.

Collaboration between all the important adults in the child’s life (family, school, and referring professional, therapist, mentor, etc.) ensures everyone understands and is in agreement on how to best help the child and what he and the family needs for a successful transition home. Families are essential partners in the therapeutic process. Family therapy is family centered and individualized to meet the needs of each family.

Summer Program (Coed): Since 1934, Wediko has offered an intensive short-term residential treatment program from July 5 to August 18.

Individual Counseling Available: Yes

Accreditation, Licensure: State of New Hampshire, Department of Health and Human Services; New Hampshire Department of Education

Professional Affiliations: NATSAP-Full Member; American Association of Children’s Residential Centers (AACRC); Massachusetts Association of Approved Private Schools (MAAPS)

Wellspring & The Arch Bridge School

(Residential Treatment Center)

CONTACT

Executive Contact: Dan Murray
Admissions Contact: Nancy Thurston
Academic Contact: Ralph Scafariello
Email: info@wellspring.org
Phone: (203) 266-8000
Fax: (203) 266-8030
Address: 21 Arch Bridge Road
 Bethlehem, CT 06751
Website: www.wellspring.org

PROGRAM OUTLINE

Gender: Girls Only
Ages: 10 - 25
Grades: 1 - 12
Enrollment: 26
Duration: 9 - 12 months
Founded: 1977

**NATSAP Member**

Since: 2004

Airport: Bradley International, CT (BDL)

Wellspring is a psychotherapeutic and educational center dedicated to healing through relational approaches -to self, others, creation, and Spirit -which touch and bring forth the wellspring of personal being unique to each individual. Wellspring assists individuals and families in working through the emotional, psychological and educational issues that prevent them from establishing and maintaining healthy and meaningful lives.

Wellspring develops and promotes psychotherapeutic and educational services and approaches that effectively treat, in a comprehensive and personalized way, individuals and families suffering from severe emotional, relational and behavioral problems.

Wellspring works in relationship to families, schools and care givers to build, restore or enhance the ability of clients, students and their families to live productive and rewarding lives in their own homes, schools and communities.

Through teaching, training and the demonstrated effectiveness of our models, we extend our treatment approaches, methods of parenting and the values that underlie them, to our regional communities, to the professional community at large and to public service agencies, in order to enhance their capacity for treatment and prevention.

Wellspring's approach in each of our programs will be inspired by and proceed from a core value that is understood, committed to and mediated by our staff. This cornerstone of our relational approach to treatment and education is an awareness that inherent in each individual is a wellspring of personal being, that is unique, unrepeatable in essence and imbued with spirit. Respect for the sacredness and dignity of each individual, client or staff, proceeds from this belief. In support of this foundational value, each program and service will be designed in size, scope and the holistic nature of its approach to support this personal "heart" of Wellspring as the core of what we do.

Individual Counseling Available: Yes

Accreditation, Licensure: *The Joint Commission and New England Association of Schools and Colleges, The State Of Connecticut (Department of Children and Families) and approved by the State of New York and New Jersey*

Professional Affiliations: *NATSAP-Full Member, American Residential Treatment Association, Children's League of Connecticut, Connecticut Association of Private Special Education Facilities, Connecticut Association of Nonprofits*

Wilderness Treatment Center

(Residential Treatment Center - Substance Abuse & Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
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Email: wtc@wildernesstreatmentcenter.com
Phone: (406) 854-2832
Fax: (406) 854-2835
Address: 200 Hubbart Dam Rd
 Marion, MT 59925
Website: www.wildernesstreatmentcenter.com

Gender: Boys Only
Ages: 14 - 24
Grades: N/A
Enrollment: 35
Duration: 60 - 67 days
Founded: 1983



NATSAP Member
Since: 1999

Airport: Kalispell, MT

Wilderness Treatment Center believes that chemical dependency among adolescents and young adults can effectively be treated by providing a specialized program designed to treat both personal and social problem areas. Our program provides specific activities and a unique setting to allow for personal growth, self-confidence, better decision-making skills and leadership growth. We combine group work and extensive therapy with personal inventory assessments to help residents develop the self-esteem, physical fitness, responsibility and trust necessary to gain freedom from chemical dependency.

Wilderness Treatment Center is a 60-day, in-patient program for males, 14-24 years of age that have been diagnosed “chemically dependent” by a licensed counselor and subsequently referred to an in-patient treatment center.

We provide a comprehensive treatment experience designed to deliver the essentials of traditional chemical dependency treatment and the opportunity for patients to develop new personal standards and ethics. The structured residential daily schedule involves individual and group counseling and therapy, thought-provoking lectures and discussions, AA and NA meetings, and individual work and living responsibilities. The 16-21 day “true” wilderness experience utilizes the Outward Bound philosophy to build trust, accountability, self-respect, and the hard-earned self-confidence and humility that come from accomplishing challenging goals in the wilderness. A licensed Chemical Dependency Counselor is present for the duration of every expedition, maximizing the therapeutic value.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *Montana Department of Labor and Industry - Business Standard Division; Montana Department of Health and Human Services*
Professional Affiliations: *NATSAP-Full Member; NAADAC*

WinGate Wilderness Therapy

(Wilderness Therapy Program)

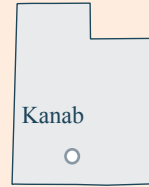
CONTACT

Executive Contact: Shayne Gallagher
Admissions Contact: Brad Matheson
Email: brad@wingatetherapy.com
Phone: (800) 560-1599
Fax: (435) 376-2880
Address: P.O. Box 347
 Kanab, UT 84741
Website: www.wingatewildernesstherapy.com

NATSAP Member
Since: 2008

PROGRAM OUTLINE

Gender: Coeducational young adult groups/
 Single Gender adolescent groups
Ages: 13 - 17; 18 - 26
Grades: 9 - 12
Enrollment: 80
Duration: 8 - 10 weeks
Founded: 2008



Airport: Saint George, UT (SGU), Las Vegas, NV (LAS), Salt Lake City, UT (SLC)

WinGate utilizes a strengths based approach to recognize potential in even the most challenging of students. Proper, thorough assessment coupled with proven treatment strategies implemented in a supportive environment, create the WinGate difference. It begins with our deep-seated belief that every student is unique, gifted, and capable of dramatic emotional and behavioral transformation.

As a result, we seek to provide a nurturing yet challenging environment where students can grow, gain perspective, and attain a new level of maturity, while addressing their specific behavioral issues and problems. We combine the best practices of the wilderness with the best clinical techniques in order to take wilderness therapy to a dramatically higher level of integration and results.

WinGate Wilderness Therapy program provides a powerful and proven intervention for students struggling with a variety of emotional and behavioral problems including but not limited to; academic under achievement, family conflict, oppositionality, substance abuse, depression, personality disorder traits, trauma, poor self image, learning differences, mood instability, negative peer association and groups, ADD and ADHD, anger management, grief and loss, body image issues, lack of motivation and direction, adoption and others.

An average length of stay is eight weeks.

What you can expect from WinGate:

1. Accurate clinical assessments that start the day your child enters the program.
2. Extensive family participation including a parent seminar during the first part of your students stay.
3. A unique and different model that invites changes and encourages strengths in your student.
4. Preparation for the next step to insure a seamless transition.

Students average 8-10 weeks in the program. Admissions are year round, 7 days a week. Licensed therapists spend 2 days/1 night in the field each week and call parents weekly. Truly individualized treatment plans. Parents attend a parent seminar shortly after enrollment. Students earn semester credits by completing the accredited high school curriculum and also complete service learning projects.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; Accreditation Services International (ASI)

Professional Affiliations: NATSAP-Full Member

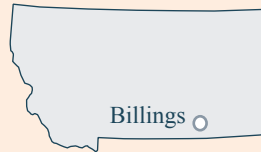
Yellowstone Boys and Girls Ranch

(Residential Treatment Center)

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---------	-----------------

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 Billings, MT 59106
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Gender: Coeducational
Ages: 7 - 18
Grades: K - 12
Enrollment: 77
Duration: 12 - 18 months
Founded: 1957



NATSAP Member
Since: 2011

Airport: Billings, MT (BIL)

Yellowstone Boys and Girls Ranch (YBGR) is an accredited and fully licensed Psychiatric Residential Treatment Facility for emotionally disturbed youth located in Billings, Montana. Clients receive individual, family, group, recreation, and animal assisted therapies. All psychological services and psychotropic medications are provided under the direction of a board certified child psychiatrist. Education services are provided on campus at an accredited K-12 school that offers regular education and special education.

Program Highlights:

- 24-hour medical clinic with child and general psychiatry board certified psychiatrists, mid-level practitioners, and nurses on staff
- Substance use counseling provided by a licensed addiction counselor
- Scenic 410-acre ranch campus
- Vocational and work experience opportunities
- Recreation and animal assisted therapies
- Equestrian program
- Swimming pool, bowling alley, full-sized indoor basketball court
- Optional spiritual life programming
- Locked residential lodges
- On-campus housing for visiting families

Admission Criteria:

YBGR serves boys ages 10 to 18 and girls ages 12 to 18 who struggle with controlling their emotions and behaviors. Many children may have one or more of the following mental health diagnosis: anxiety, attention deficit hyperactivity, bipolar, depression, mild autism spectrum, obsessive-compulsive, oppositional defiance, post-traumatic stress, reactive attachment. Behaviors may include drug use, running away, self-harming, suicidal thoughts, poor social skills, and defiance.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Montana Department of Public Health and Human Services Psychiatric Residential Treatment Facility; COA Accreditation; State of Montana Board of Public Education and Office of Public Instruction; AdvancED/NWAC Accreditation; California Department of Education Certified; Illinois State Board of Education Certified

Professional Affiliations: NATSAP-Full Member; Alliance for Children and Families, Montana Children's Initiative, Association of Directors of Development, Admission Marketing (ADDAM)

Youth Care

(Residential Treatment Center)

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PROGRAM OUTLINE

Gender: Coeducational

Ages: 11 - 17

Grades: 6 - 12

Enrollment: 64

Duration: 3 - 4 months

Founded: 1989

NATSAP Member
Since: 1999



Airport: Salt Lake City, UT (SLC)

For over 25 years Youth Care has provided clinically intensive and individualized interventions for the complex student. We specialize in working with teenagers experiencing emotional or behavioral problems such as: Mood Disorders, Thought Disorders, self-injurious behaviors, physical and sexual abuse, Reactive Attachment Disorder, Autism Spectrum Disorder, substance abuse, anxiety, Oppositional Defiant Disorder and Pregnant teens. Our small, home-like environment combined with a respectful approach provides the safe framework students and families require to promote rapid engagement and positive change. Our program offers a seamless continuum of care that features residential treatment, Independent Community Placement and Day Treatment. Because we are IN NETWORK with most insurance companies, we're seeing anywhere from 90-120 days of coverage under our RTC benefit and/or our Day Treatment license.

Our clinically intensive program features Master(s) or PhD therapists who provide three hours of individual therapy and one hour family therapy per week. Students are involved in twenty plus hours of group therapy (seven of which are by a licensed therapist). Additionally, the students are assessed weekly by our psychiatrist and nursing team. The program offers full chemical addiction counseling which includes a weekly individual session and group therapy that is substance abuse specific. The student will also have the opportunity to attend community based AA and NA group meetings weekly. Youth Care offers a variety of therapeutic approaches to help students. Youth Care offers a DBT (Dialectical Behavioral Therapy) program where therapists, teachers, and line staff are all trained to help students implement these skills into their daily living.

Students attend school for a full school day where they are taught by Utah Certified teachers. Their curriculum is matched with their home school requirements. Students participate in small, interactive classes where they are taught not only subject matter but techniques for improving school appropriate behaviors. Graduation ceremonies are available for students earning a High School diploma.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Office of Licensing, Department of Human Services, Residential Treatment; AdvanceED, The Joint Commission

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)

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Affiliate Members

Affiliate Membership is offered to organizations that provide services and products expressly designed to supplement services rendered by regular NATSAP member programs as well as organizations that provide services directly to regular NATSAP member programs. Examples: transportation companies, educational facilities, insurance agencies, food service companies wilderness equipment companies, etc.

- An application for a NATSAP Affiliate Membership is voluntary on the part of the applicant and is designed to provide organizations the opportunity to show their commitment to the ethics and standards upheld by the National Association of Therapeutic Schools and Programs and its members.
- Acceptance as an Affiliate Member is based upon completion of the application in full and receipt of the Annual Dues and is accepted with the acknowledgement of the applicant that the application is complete.

Members participate in the NATSAP common mission of promoting healthy growth and personal well being of program participants to become a part of the vision and mission of NATSAP.

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Hayes, Davidson and Associates is your trusted ally for navigating the complex world of treatment and recovery options for substance abuse, mental health issues, and process addictions. The Hayes-Davidson team offers a concierge approach to care management, tailoring our services to meet the needs of the behavioral health professionals, organizations, and families we serve. We specialize in trauma-informed interventions for people of all ages and suffering from a range of conditions, including: chemical dependency, eating disorders, trauma, psychiatric disorders/mental health issues, co-dependency, pain, and process addictions. In addition, Hayes-Davidson offers recovery companion services, adult and adolescent transport, and drug screening/monitoring.

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EdOptions Academy, accredited by AdvancEd, provides access to over 300 classes with credentialed teachers online, to help students stay on track to graduate/accelerate/remediate. We help you serve students ages 12-25 who need middle school/high school courses, academic interventions & credit recovery, ACT/SAT prep as well as career/technical programs.

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We provide wrap-a-round academic and therapeutic support to children, adolescents and young adults.

Our programs include an accredited therapeutic educational program, outside academic support, cognitive behavioral therapy, and clinical coaching. These services are tailored to the specific needs of the client.

Our clinicians work collaboratively with our educators to provide a systematic and seamless intervention. Parents are often involved in our programs so we can positively impact the home environment.

Therapy West uses an evidence-based approach known as the Axis protocol, which is highly flexible and feedback driven. Academics West uses Clinically Informed Academics™ to help students become strategic learners.

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Mountain Springs Preparatory (MSPA) is a structured co-ed boarding school that specializes in transition and practice. We are specifically designed for students who are stepping down from a higher level of care. Students are exposed to increased levels of freedom and independence, helping them practice the skills they have learned in a less restrictive environment.

Co-ed boarding school for adolescents ages 14-18; Accredited college preparatory academics (average 1:6) with certified teacher- led instruction; Concurrent enrollment opportunities at Southern Utah University; Career exploration and vocational internships; SAT/ ACT preparation/ testing; Community based therapy model; Individualized programming with weekly staff mentoring; Adventure travel

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Rock Point School is a small, supportive, engaging boarding school serving about 35 high school students. The school sits on 130 acres on Lake Champlain, just minutes from the wonderful college town of Burlington, Vermont. Our students have often found themselves off-track academically, socially, or personally. At Rock Point, they are seen for who they are, what strengths they have, and in what ways they need to be supported. With small classes, individualized attention, a tight-knit community, leadership opportunities, many art offerings (stained glass, photography), hiking, skiing/snowboarding, gardening, community-based services (therapy, support groups), and more, students become their best selves.

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ALABAMA	Elk River Treatment Program	(866) 906-8336
ARIZONA	ANASAZI Foundation In Balance Ranch Academy Red Mountain Sedona Sedona Sky Academy Spectrum College Transition Program Spring Ridge Academy Tucson Transitional Living	(480) 892-7403 (520) 722-9631 (928) 284-2690 (928) 567-1322 (480) 443-7331 (928) 632-4602 (520) 795-3367
CALIFORNIA	Benchmark Transitions Morningside Recovery Newport Academy - Female - California Newport Academy - Male - California Newport Academy - Male - Connecticut Newport Academy Therapeutic Day School - California Optimum Performance Institute Paradigm Malibu Polaris Teen Center Visions Adolescent Treatment Centers	(800) 474-4848 (888) 919-5736 (877) 628-3367 (877) 628-3367 (877) 628-3367 (877) 628-3367 (888) 814-5985 (855) 780-8336 (818) 616-8650 (818) 889-3665
COLORADO	Collegiate Coaching Services Forest Heights Lodge Living Well Transitions Open Sky Wilderness Therapy Urban Edge Denver	(303) 635-6753 (303) 674-6681 (303) 245-1020 (970) 382-8181 (800) 960-3185
CONNECTICUT	The Glenholme School — Devereux Connecticut Grove School Newport Academy - Female - Connecticut Newport Academy Therapeutic Day School - Connecticut Wellspring & The Arch Bridge School	(860) 868-7377 (203) 245-2778 (877) 628-3367 (877) 628-3367 (203) 266-8000
FLORIDA	Life of Purpose Treatment Center Pasadena Villa	1-(888) PURPOSE (407) 872-0044
GEORGIA	Blue Ridge Therapeutic Wilderness Shepherd's Hill Academy Skyland Trail	(706) 212-2037 (706) 779-5736 (404) 315-8333
HAWAII	Pacific Quest	(808) 937-5802
IDAHO	BlueFire Wilderness Therapy Boulder Creek Academy Cherry Gulch Echo Springs Transition Study Center Innercept Northwest Academy Northwest College Support Novitas Academy Project Patch	(208) 610-3232 (877) 348-0848 (208) 365-3437 (888) 688-3246 (208) 665-7178 (877) 882-0980 (877) 485-2776 (208) 954-5085 (360) 690-8495
ILLINOIS	EDGE Learning and Wellness Collegiate Community Sonia Shankman Orthogenic School	(224) 616-2655 (773) 420-2900

Program Members: By State

State	School	Phone
INDIANA	Compass Rose Academy T.C. Harris School	(260) 569-4757 (877) 854-1024
KANSAS	Heartspring School Lakemary Center, Inc.	(316) 634-8700 (913) 557-4000
LOUISIANA	Evangelhouse Christian Academy New Beginnings ARC	(800) 924-4012 (337) 942-1171
MAINE	Foundation House Ironwood Maine Onward Transitions Summit Achievement	(207) 791-2002 (877) 496-2463 (207) 712-1181 (207) 697-2020
MARYLAND	ClearView Communities, LLC NorthStar Academy	(240) 439-4900 (240) 669-9094
MASSACHUSETTS	Chamberlain International School Latham Centers Meadowridge Academy Valley View School	(508) 946-9348 (774) 353-9237 (508) 677-0304 (508) 867-6505
MICHIGAN	Rose Hill Center	(248) 634-5530
MISSOURI	Calo Preteens Calo Teens Shelterwood Academy	(877) 879-CALO (2256) (877) 879-CALO (2256) (800) 584-5005
MONTANA	Building Bridges Chrysalis Clearview Horizon, Inc. Explorations Intermountain Monarch School Montana Academy Summit Preparatory School Turning Winds Academic Institute Wilderness Treatment Center Yellowstone Boys and Girls Ranch	(406) 827-9853 (406) 889-5577 (406) 847-5850 (406) 827-3863 (406) 457-4778 (406) 847-5095 (406) 858-2339 (406) 758-8100 (406) 295-5401 (406) 854-2832 (406) 655-2100
NEW HAMPSHIRE	Mountain Valley Treatment Center Shortridge Academy Wediko Children's Services	(603) 989-3500 (603) 755-3096 (603) 478-5236
NEW MEXICO	Sandhill Child Development	(505) 866-9271
NORTH CAROLINA	Aulderm Academy Red Oak Recovery Solstice East SUWS of the Carolinas Trails Carolina	(919) 837-2336 (828) 318-0148 (828) 484-9946 (888) 828-9770 (828) 885-5920
OHIO	Lindner Center of HOPE	(513) 536-0537

Program Members: By State

State	School	Phone
OREGON	Academy at Sisters	(541) 389-2748
	Bridges Academy	(541) 318-9345
	Cascade Crest Transitions	(866) 357-6357
	Dragonfly Transitions	(541) 850-0841
	Evoke at Cascades	(541) 382-1620
	New Leaf Academy	(541) 318-1676
	New Vision Wilderness	(855) 689-8326
	Rimrock Trails Adolescent Treatment Services	(541) 447-2631
SOUTH CAROLINA	Cherokee Creek Boys School	(864) 647-1885
TENNESSEE	Cumberland Heights	(800) 646-9998
TEXAS	Bayes Achievement Center	(936) 291-3391
	Fulshear Treatment to Transition	(801) 423-5324
	Meridell Achievement Center	(800) 366-8656
UTAH	Alpine Academy	(800) 244-1113
	Ashcreek Ranch Academy	(435) 215-0500
	Aspiro Group, Inc.	(801) 349-2740
	Canyon River Ranch	(801) 645-5455
	Catalyst Residential Treatment, LLC	(435) 723-4600
	Cedar Ridge Academy	(866) 471-6629
	Center for Change	(888) 224-8250
	Diamond Ranch Academy - Crystal Springs	(435) 635-4297
	Discovery Academy	(801) 374-2121
	Discovery Connections	(801) 800-8033
	Discovery Ranch	(801) 489-3311
	Discovery Ranch for Girls	(435) 865-9574
	Elevations RTC	(801) 773-0200
	Eva Carlston Academy	(801) 449-0089
	Evoke Entrada	(866) 411-6600
	Expedition Therapy Associates	(435) 899-1750
	Falcon Ridge Ranch	(435) 635-5260
	Gateway Academy, LLC	(801) 523-3479
	Havenwood Academy, Inc.	(435) 586-2500
	Heritage Schools, Inc.	(801) 226-4600
	The Journey Home	(801) 336-0753
	Kaizen Academy RTC	(877) 467-1681
	Kolob Canyon RTC	(435) 592-3220
	La Europa Academy	(801) 916-5696
	Logan River Academy	(866) 755-8540
	Maple Lake Academy	(801) 798-7700
	Medicine Wheel at Redcliff	(800) 898-1244
	Moonridge Academy	(435) 592-3220
	New Haven	(888) 317-3958
	Oakley School	(435) 783-5001
	Outback Therapeutic Expeditions	(801) 766-3933
Oxbow Academy	(435) 436-9460	
Red Rock Canyon School	(800) 635-4441	
RedCliff Ascent	(435) 878-2868	
Second Nature	(877) 701-7600	
Solstice West	(801) 444-0794	
Sunrise RTC	(435) 635-1185	
Telos Residential Treatment Center, LLC.	(801) 426-8800	

Program Members: By State

State	School	Phone
UTAH (Cont'd)	Three Points Center, LLC	(435) 635-0636
	Triumph Youth Services, LLC	(435) 538-5063
	Turn-About Ranch	(800) 842-1165
	Uinta Academy	(435) 245-2600
	University Neuropsychiatric Institute	(801) 587-9321
	ViewPoint Center	(877) 808-3088
	Vista Adolescent Treatment	(801) 558-3335
	WayPoint Academy	(801) 690-7000
VERMONT	WinGate Wilderness Therapy	(800) 560-1599
	Youth Care	(800) 786-4924
VERMONT	Spruce Mountain Inn	(802) 454-8353
	True North Wilderness Program	(802) 583-1144
VIRGINIA	The Discovery Schools of Virginia	(434) 983-5616
	Little Keswick School	(434) 295-0457
WASHINGTON	Life Designs, Inc.	(509) 671-2487
	reSTART Life, LLC	(800) 682-6934
	Tamarack Center	(509) 326-8100
WISCONSIN	Genesee Lake School	(262) 569-5510
	Northwest Passage - Riverside	(715) 866-8301
	Northwest Passage Child & Adolescent Center & Northwest Passage P	(715) 327-4402
	Rogers Behavioral Health	(262) 646-1050

Program Members: By Gender

Female - Only Programs

Phone

Academy at Sisters	(541) 389-2748
Alpine Academy	(800) 244-1113
Auldern Academy	(919) 837-2336
Center for Change	(888) 224-8250
Chrysalis	(406) 889-5577
Clearview Horizon, Inc.	(406) 847-5850
Compass Rose Academy	(260) 569-4757
Diamond Ranch Academy - Crystal Springs	(435) 635-4297
Discovery Ranch for Girls	(435) 865-9574
Eva Carlston Academy	(801) 449-0089
Evangelhouse Christian Academy	(800) 924-4012
Fulshear Treatment to Transition	(801) 423-5324
Havenwood Academy, Inc.	(435) 586-2500
The Journey Home	(801) 336-0753
Kolob Canyon RTC	(435) 592-3220
La Europa Academy	(801) 916-5696
Moonridge Academy	(435) 592-3220
New Haven	(888) 317-3958
New Leaf Academy	(541) 318-1676
Newport Academy - Female - California	(877) 628-3367
Newport Academy - Female - Connecticut	(877) 628-3367
Sedona Sky Academy	(928) 567-1322
Solstice East	(828) 484-9946
Solstice West	(801) 444-0794
Spring Ridge Academy	(928) 632-4602
Sunrise RTC	(435) 635-1185
Uinta Academy	(435) 245-2600
Wellspring & The Arch Bridge School	(203) 266-8000

Program Members: By Gender

Male - Only Programs

Phone

Ashcreek Ranch Academy	(435) 215-0500
Bridges Academy	(541) 318-9345
Building Bridges	(406) 827-9853
Canyon River Ranch	(801) 645-5455
Catalyst Residential Treatment, LLC	(435) 723-4600
Cherokee Creek Boys School	(864) 647-1885
Cherry Gulch	(208) 365-3437
Cumberland Heights	(800) 646-9998
Discovery Connections	(801) 800-8033
Discovery Ranch	(801) 489-3311
Forest Heights Lodge	(303) 674-6681
Foundation House	(207) 791-2002
Gateway Academy, LLC	(801) 523-3479
In Balance Ranch Academy	(520) 722-9631
Kaizen Academy RTC	(877) 467-1681
Life Designs, Inc.	(509) 671-2487
Little Keswick School	(434) 295-0457
New Summit Academy of Costa Rica	(800) 609-9496
Newport Academy - Male - California	(877) 628-3367
Newport Academy - Male - Connecticut	(877) 628-3367
Northwest Passage - Riverside	(715) 866-8301
Novitas Academy	(208) 954-5085
Oxbow Academy	(435) 436-9460
reSTART Life, LLC	(800) 682-6934
Telos Residential Treatment Center, LLC.	(801) 426-8800
Triumph Youth Services, LLC	(435) 538-5063
Valley View School	(508) 867-6505
Vista Adolescent Treatment	(801) 558-3335
WayPoint Academy	(801) 690-7000
Wediko Children's Services	(603) 478-5236
Wilderness Treatment Center	(406) 854-2832

Program Members: By Gender

Coeducational/Single Gender Groups Programs

Phone

ANASAZI Foundation	(480) 892-7403
Blue Ridge Therapeutic Wilderness	(706) 212-2037
BlueFire Wilderness Therapy	(208) 610-3232
Calo Preteens	(877) 879-CALO (2256)
Calo Teens	(877) 879-CALO (2256)
The Discovery Schools of Virginia	(434) 983-5616
EDGE Learning and Wellness Collegiate Community	(224) 616-2655
Evoke at Cascades	(541) 382-1620
Evoke Entrada	(866) 411-6600
Genesee Lake School	(262) 569-5510
Heritage Schools, Inc.	(801) 226-4600
Lakemary Center, Inc.	(913) 557-4000
Maple Lake Academy	(801) 798-7700
Meadowridge Academy	(508) 677-0304
Meridell Achievement Center	(800) 366-8656
New Vision Wilderness	(855) 689-8326
Open Sky Wilderness Therapy	(970) 382-8181
Outback Therapeutic Expeditions	(801) 766-3933
Project Patch	(360) 690-8495
Red Oak Recovery	(828) 318-0148
RedCliff Ascent	(435) 878-2868
Second Nature	(877) 701-7600
Shepherd's Hill Academy	(706) 779-5736
Three Points Center, LLC	(435) 635-0636
Turn-About Ranch	(800) 842-1165
WinGate Wilderness Therapy	(800) 560-1599

Program Members: By Gender

Coeducational Programs

Phone

Aspiro Group, Inc.	(801) 349-2740
Bayes Achievement Center	(936) 291-3391
Benchmark Transitions	(800) 474-4848
Boulder Creek Academy	(877) 348-0848
Cascade Crest Transitions	(866) 357-6357
Cedar Ridge Academy	(866) 471-6629
Chamberlain International School	(508) 946-9348
ClearView Communities, LLC	(240) 439-4900
Collegiate Coaching Services	(303) 635-6753
Discovery Academy	(801) 374-2121
Dragonfly Transitions	(541) 850-0841
Echo Springs Transition Study Center	(888) 688-3246
EDGE Learning and Wellness Collegiate Community	(224) 616-2655
Elevations RTC	(801) 773-0200
Elk River Treatment Program	(866) 906-8336
Evoke Entrada	(866) 411-6600
Expedition Therapy Associates	(435) 899-1750
Explorations	(406) 827-3863
Falcon Ridge Ranch	(435) 635-5260
The Glenholme School — Devereux Connecticut	(860) 868-7377
Grove School	(203) 245-2778
Heartspring School	(316) 634-8700
Innercept	(208) 665-7178
Intermountain	(406) 457-4778
Ironwood Maine	(877) 496-2463
Latham Centers	(774) 353-9237
Life of Purpose Treatment Center	1-(888) PURPOSE
Lindner Center of HOPE	(513) 536-0537
Living Well Transitions	(303) 245-1020
Logan River Academy	(866) 755-8540
Maple Lake Academy	(801) 798-7700
Medicine Wheel at Redcliff	(800) 898-1244
Monarch School	(406) 847-5095
Montana Academy	(406) 858-2339
Morningside Recovery	(888) 919-5736
Mountain Valley Treatment Center	(603) 989-3500
New Beginnings ARC	(337) 942-1171
Newport Academy Therapeutic Day School - California	(877) 628-3367
Newport Academy Therapeutic Day School - Connecticut	(877) 628-3367
NorthStar Academy	(240) 669-9094
Northwest Academy	(877) 882-0980
Northwest College Support	(877) 485-2776
Northwest Passage Child & Adolescent Center & Northwest Passage Prairieview	(715) 327-4402
Oakley School	(435) 783-5001
Onward Transitions	(207) 712-1181
Open Sky Wilderness Therapy	(970) 382-8181
Optimum Performance Institute	(888) 814-5985
Pacific Quest	(808) 937-5802
Paradigm Malibu	(855) 780-8336

Program Members: By Gender
Coeducational Programs (Cont'd)

	Phone
Pasadena Villa	(407) 872-0044
Pine River Institute	(416) 955-1453
Polaris Teen Center	(818) 616-8650
Pure Life Aspiro	(801) 896-9490
Red Mountain Sedona	(928) 284-2690
Red Rock Canyon School	(800) 635-4441
Rimrock Trails Adolescent Treatment Services	(541) 447-2631
Rogers Behavioral Health	(262) 646-1050
Rose Hill Center	(248) 634-5530
Sandhill Child Development	(505) 866-9271
Shelterwood Academy	(800) 584-5005
Shortridge Academy	(603) 755-3096
Skyland Trail	(404) 315-8333
Sonia Shankman Orthogenic School	(773) 420-2900
Spectrum College Transition Program	(480) 443-7331
Spruce Mountain Inn	(802) 454-8353
Summit Achievement	(207) 697-2020
Summit Preparatory School	(406) 758-8100
SUWS of the Carolinas	(888) 828-9770
T.C. Harris School	(877) 854-1024
Tamarack Center	(509) 326-8100
Trails Carolina	(828) 885-5920
True North Wilderness Program	(802) 583-1144
Tucson Transitional Living	(520) 795-3367
Turning Winds Academic Institute	(406) 295-5401
University Neuropsychiatric Institute	(801) 587-9321
Urban Edge Denver	(800) 960-3185
ViewPoint Center	(877) 808-3088
Visions Adolescent Treatment Centers	(818) 889-3665
WinGate Wilderness Therapy	(800) 560-1599
Yellowstone Boys and Girls Ranch	(406) 655-2100
Youth Care	(800) 786-4924

Program Members: By Age Group

Program	From Age	To Age	Phone
Intermountain	4	13	(406) 457-4778
University Neuropsychiatric Institute	4	18	(801) 587-9321
Sandhill Child Development	5	13	(505) 866-9271
Forest Heights Lodge	5	14	(303) 674-6681
Meridell Achievement Center	5	17	(800) 366-8656
Sonia Shankman Orthogenic School	5	18	(773) 420-2900
Heartspring School	5	21	(316) 634-8700
Northwest Passage Child & Adolescent Center & Northwest Passage Prairieview	6	17	(715) 327-4402
Lakemary Center, Inc.	6	21	(913) 557-4000
T.C. Harris School	6	21	(877) 854-1024
Bayes Achievement Center	6	22	(936) 291-3391
Yellowstone Boys and Girls Ranch	7	18	(406) 655-2100
Genesee Lake School	7	22	(262) 569-5510
Latham Centers	8	22	(774) 353-9237
Rogers Behavioral Health	8	30	(262) 646-1050
Calo Preteens	9	14	(877) 879-CALO (2256)
Little Keswick School	9	18	(434) 295-0457
Cherry Gulch	10	14	(208) 365-3437
Cherokee Creek Boys School	10	15	(864) 647-1885
New Leaf Academy	10	15	(541) 318-1676
Valley View School	10	15	(508) 867-6505
SUWS of the Carolinas	10	17	(888) 828-9770
Trails Carolina	10	17	(828) 885-5920
The Glenholme School — Devereux Connecticut	10	21	(860) 868-7377
Wellspring & The Arch Bridge School	10	25	(203) 266-8000
Moonridge Academy	11	14	(435) 592-3220
BlueFire Wilderness Therapy	11	17	(208) 610-3232
Three Points Center, LLC	11	17	(435) 635-0636
Youth Care	11	17	(800) 786-4924
Wediko Children's Services	11	19	(603) 478-5236
Chamberlain International School	11	22	(508) 946-9348
Grove School	11	23	(203) 245-2778
Lindner Center of HOPE	11	+	(513) 536-0537
Canyon River Ranch	12	17	(801) 645-5455
Diamond Ranch Academy - Crystal Springs	12	17	(435) 635-4297
Explorations	12	17	(406) 827-3863
Falcon Ridge Ranch	12	17	(435) 635-5260
Heritage Schools, Inc.	12	17	(801) 226-4600
Northwest Passage - Riverside	12	17	(715) 866-8301
Project Patch	12	17	(360) 690-8495
Shepherd's Hill Academy	12	17	(706) 779-5736
Tamarack Center	12	17	(509) 326-8100
Turn-About Ranch	12	17	(800) 842-1165
ViewPoint Center	12	17	(877) 808-3088
Alpine Academy	12	18	(800) 244-1113
Cedar Ridge Academy	12	18	(866) 471-6629
Elk River Treatment Program	12	18	(866) 906-8336
Eva Carlston Academy	12	18	(801) 449-0089
Evangelhouse Christian Academy	12	18	(800) 924-4012

Program Members: By Age Group

Program	From Age	To Age	Phone
Havenwood Academy, Inc.	12	18	(435) 586-2500
Logan River Academy	12	18	(866) 755-8540
Maple Lake Academy	12	18	(801) 798-7700
New Haven	12	18	(888) 317-3958
Newport Academy - Female - California	12	18	(877) 628-3367
Newport Academy - Male - California	12	18	(877) 628-3367
Newport Academy Therapeutic Day School - California	12	18	(877) 628-3367
Newport Academy Therapeutic Day School - Connecticut	12	18	(877) 628-3367
Oxbow Academy	12	18	(435) 436-9460
Paradigm Malibu	12	18	(855) 780-8336
Red Rock Canyon School	12	18	(800) 635-4441
Rimrock Trails Adolescent Treatment Services	12	18	(541) 447-2631
The Discovery Schools of Virginia	12	18	(434) 983-5616
Shelterwood Academy	12	21	(800) 584-5005
Meadowridge Academy	12	22	(508) 677-0304
New Vision Wilderness	12	25	(855) 689-8326
ANASAZI Foundation	12	31+	(480) 892-7403
Ashcreek Ranch Academy	13	17	(435) 215-0500
Blue Ridge Therapeutic Wilderness	13	17	(706) 212-2037
Kaizen Academy RTC	13	17	(877) 467-1681
Outback Therapeutic Expeditions	13	17	(801) 766-3933
Polaris Teen Center	13	17	(818) 616-8650
RedCliff Ascent	13	17	(435) 878-2868
Second Nature	13	17	(877) 701-7600
Sedona Sky Academy	13	17	(928) 567-1322
Spring Ridge Academy	13	17	(928) 632-4602
Sunrise RTC	13	17	(435) 635-1185
Telos Residential Treatment Center, LLC.	13	17	(801) 426-8800
Triumph Youth Services, LLC	13	17	(435) 538-5063
Turning Winds Academic Institute	13	17	(406) 295-5401
Academy at Sisters	13	18	(541) 389-2748
Aulderm Academy	13	18	(919) 837-2336
Boulder Creek Academy	13	18	(877) 348-0848
Bridges Academy	13	18	(541) 318-9345
Calo Teens	13	18	(877) 879-CALO (2256)
Catalyst Residential Treatment, LLC	13	18	(435) 723-4600
Chrysalis	13	18	(406) 889-5577
Discovery Academy	13	18	(801) 374-2121
Discovery Connections	13	18	(801) 800-8033
Discovery Ranch	13	18	(801) 489-3311
Discovery Ranch for Girls	13	18	(435) 865-9574
Elevations RTC	13	18	(801) 773-0200
Ironwood Maine	13	18	(877) 496-2463
New Beginnings ARC	13	18	(337) 942-1171
Visions Adolescent Treatment Centers	13	18	(818) 889-3665
WayPoint Academy	13	18	(801) 690-7000
Pine River Institute	13	19	(416) 955-1453
Summit Achievement	13	19	(207) 697-2020

Program Members: By Age Group

Program	From Age	To Age	Phone
Mountain Valley Treatment Center	13	20	(603) 989-3500
Clearview Horizon, Inc.	13	21	(406) 847-5850
Uinta Academy	13	21	(435) 245-2600
Innercept	13	24	(208) 665-7178
WinGate Wilderness Therapy	13	26	(800) 560-1599
Aspiro Group, Inc.	13	28	(801) 349-2740
Evoke at Cascades	13	30	(541) 382-1620
Evoke Entrada	13	30	(866) 411-6600
Open Sky Wilderness Therapy	13	28+	(970) 382-8181
Center for Change	13	+	(888) 224-8250
Gateway Academy, LLC	14	17	(801) 523-3479
In Balance Ranch Academy	14	17	(520) 722-9631
Montana Academy	14	17	(406) 858-2339
Building Bridges	14	18	(406) 827-9853
Compass Rose Academy	14	18	(260) 569-4757
Cumberland Heights	14	18	(800) 646-9998
Kolob Canyon RTC	14	18	(435) 592-3220
La Europa Academy	14	18	(801) 916-5696
Monarch School	14	18	(406) 847-5095
New Summit Academy of Costa Rica	14	18	(800) 609-9496
NorthStar Academy	14	18	(240) 669-9094
Novitas Academy	14	18	(208) 954-5085
Oakley School	14	18	(435) 783-5001
Shortridge Academy	14	18	(603) 755-3096
Solstice East	14	18	(828) 484-9946
Solstice West	14	18	(801) 444-0794
Summit Preparatory School	14	18	(406) 758-8100
Vista Adolescent Treatment	14	18	(801) 558-3335
True North Wilderness Program	14	22	(802) 583-1144
Spectrum College Transition Program	14	24	(480) 443-7331
Wilderness Treatment Center	14	24	(406) 854-2832
Newport Academy - Female - Connecticut	15	20	(877) 628-3367
Newport Academy - Male - Connecticut	15	20	(877) 628-3367
Northwest Academy	16	18	(877) 882-0980
The Journey Home	16	21	(801) 336-0753
Optimum Performance Institute	17	28	(888) 814-5985
Life of Purpose Treatment Center	17	29	1-(888) PURPOSE
Foundation House	17	35	(207) 791-2002
Cascade Crest Transitions	18	23	(866) 357-6357
Echo Springs Transition Study Center	18	24	(888) 688-3246
EDGE Learning and Wellness			
Collegiate Community	18	24	(224) 616-2655
Medicine Wheel at Redcliff	18	24	(800) 898-1244
Pacific Quest	18	24	(808) 937-5802
Fulshear Treatment to Transition	18	25	(801) 423-5324
Tucson Transitional Living	18	25	(520) 795-3367
Dragonfly Transitions	18	26	(541) 850-0841
Urban Edge Denver	18	26	(800) 960-3185
Onward Transitions	18	27	(207) 712-1181
Benchmark Transitions	18	28	(800) 474-4848

Program Members: By Age Group

Program	From Age	To Age	Phone
Spruce Mountain Inn	18	28	(802) 454-8353
Collegiate Coaching Services	18	30	(303) 635-6753
Life Designs, Inc.	18	30	(509) 671-2487
Northwest College Support	18	30	(877) 485-2776
Pure Life Aspiro	18	30	(801) 896-9490
Red Oak Recovery	18	30	(828) 318-0148
reSTART Life, LLC	18	30	(800) 682-6934
Red Mountain Sedona	18	31	(928) 284-2690
Living Well Transitions	18	32	(303) 245-1020
Expedition Therapy Associates	18	26+	(435) 899-1750
ClearView Communities, LLC	18	60+	(240) 439-4900
Morningside Recovery	18	+	(888) 919-5736
Pasadena Villa	18	+	(407) 872-0044
Rose Hill Center	18	+	(248) 634-5530
Skyland Trail	18	+	(404) 315-8333

Program Members: By Type

Non-residential/Outpatient Centers

Morningside Recovery
NorthStar Academy

Residential Treatment Centers

Alpine Academy
Ashcreek Ranch Academy
Bayes Achievement Center
Benchmark Transitions
Building Bridges
Calo Preteens
Calo Teens
Canyon River Ranch
Catalyst Residential Treatment, LLC
Cedar Ridge Academy
Compass Rose Academy
Diamond Ranch Academy - Crystal Springs
Discovery Connections
Discovery Ranch
Discovery Ranch for Girls
Elevations RTC
Elk River Treatment Program
Eva Carlston Academy
Falcon Ridge Ranch
Forest Heights Lodge
Gateway Academy, LLC
Genesee Lake School
Havenwood Academy, Inc.
Heartspring School
Heritage Schools, Inc.
Innercept
Intermountain
Ironwood Maine
Kaizen Academy RTC
Kolob Canyon RTC
La Europa Academy
Lakemary Center, Inc.
Latham Centers
Lindner Center of HOPE
Logan River Academy
Maple Lake Academy
Meridell Achievement Center
Moonridge Academy
Mountain Valley Treatment Center
New Beginnings ARC
New Haven
Newport Academy - Female - California
Newport Academy - Female - Connecticut
Newport Academy - Male - California
Newport Academy - Male - Connecticut

Residential Treatment Centers (Cont'd)

Northwest Passage - Riverside
Northwest Passage Child & Adolescent Center &
Northwest Passage Prairieview
Oxbow Academy
Paradigm Malibu
Pasadena Villa
Pine River Institute
Polaris Teen Center
Project Patch
Red Rock Canyon School
Rimrock Trails Adolescent Treatment Services
Rogers Behavioral Health
Rose Hill Center
Sandhill Child Development
Sedona Sky Academy
Shelterwood Academy
Solstice East
Solstice West
Sonia Shankman Orthogenic School
Spruce Mountain Inn
Sunrise RTC
T.C. Harris School
Tamarack Center
Telos Residential Treatment Center, LLC.
Three Points Center, LLC
Triumph Youth Services, LLC
Turn-About Ranch
Turning Winds Academic Institute
Uinta Academy
Visions Adolescent Treatment Centers
Vista Adolescent Treatment
WayPoint Academy
Wediko Children's Services
Wellspring & The Arch Bridge School
Yellowstone Boys and Girls Ranch
Youth Care

Residential Treatment Centers - Eating Disorders

Center for Change

Residential Treatment Centers - Substance Abuse

Cumberland Heights
Wilderness Treatment Center

Program Members: By Type

Specialty Psychiatric & Behavioral Hospitals

Lindner Center of HOPE
 Meridell Achievement Center
 University Neuropsychiatric Institute
 ViewPoint Center

Therapeutic Day School

Lakemary Center, Inc.
 Newport Academy Therapeutic
 Day School - California
 Newport Academy Therapeutic
 Day School - Connecticut

Therapeutic Boarding Schools

Academy at Sisters
 Auldern Academy
 Boulder Creek Academy
 Bridges Academy
 Chamberlain International School
 Cherokee Creek Boys School
 Cherry Gulch
 Chrysalis
 Clearview Horizon, Inc.
 Discovery Academy
 The Discovery Schools of Virginia
 Evangelhouse Christian Academy
 Explorations
 The Glenholme School — Devereux Connecticut
 Grove School
 In Balance Ranch Academy
 Little Keswick School
 Meadowridge Academy
 Monarch School
 Montana Academy
 New Leaf Academy
 New Summit Academy of Costa Rica
 Northwest Academy
 Novitas Academy
 Oakley School
 Oxbow Academy
 Shelterwood Academy
 Shepherd's Hill Academy
 Shortridge Academy
 Spring Ridge Academy
 Summit Preparatory School
 Sunrise RTC
 Three Points Center, LLC
 Valley View School

Transitional Independent Living Programs

Benchmark Transitions
 Cascade Crest Transitions
 Collegiate Coaching Services
 Dragonfly Transitions
 EDGE Learning and Wellness Collegiate Community
 Foundation House
 Fulshear Treatment to Transition
 The Glenholme School — Devereux Connecticut
 The Journey Home
 Living Well Transitions
 Northwest College Support
 Red Mountain Sedona
 Spectrum College Transition Program
 Tucson Transitional Living
 Urban Edge Denver

Wilderness Therapy Programs

ANASAZI Foundation
 Aspiro Group, Inc.
 Blue Ridge Therapeutic Wilderness
 BlueFire Wilderness Therapy
 Evoke at Cascades
 Evoke Entrada
 Medicine Wheel at Redcliff
 New Vision Wilderness
 Open Sky Wilderness Therapy
 Outback Therapeutic Expeditions
 Pure Life Aspiro
 RedCliff Ascent
 Second Nature
 Summit Achievement
 SUWS of the Carolinas
 Trails Carolina
 True North Wilderness Program
 Wilderness Treatment Center
 WinGate Wilderness Therapy

Young Adult Programs

Benchmark Transitions
 ClearView Communities, LLC
 Dragonfly Transitions
 Echo Springs Transition Study Center
 EDGE Learning and Wellness Collegiate Community
 Expedition Therapy Associates
 Foundation House
 Fulshear Treatment to Transition
 Life Designs, Inc.
 Life of Purpose Treatment Center

Program Members: By Type

Young Adult Programs (Cont'd)

Medicine Wheel at Redcliff
Morningside Recovery
Northwest College Support
Onward Transitions
Optimum Performance Institute
Pacific Quest
Red Oak Recovery
reSTART Life, LLC
Shelterwood Academy
Skyland Trail
Spruce Mountain Inn
Tucson Transitional Living
Urban Edge Denver

RDP (Research Designated Program) Approved

Programs

Phone

ANASAZI Foundation	(480) 892-7403
Ashcreek Ranch Academy	(435) 215-0500
Aspiro Group, Inc.	(801) 349-2740
BlueFire Wilderness Therapy	(208) 610-3232
Chrysalis	(406) 889-5577
Discovery Academy	(801) 374-2121
Discovery Ranch	(801) 489-3311
Discovery Ranch for Girls	(435) 865-9574
Dragonfly Transitions	(541) 850-0841
Evoke at Cascades	(541) 382-1620
Evoke Entrada	(866) 411-6600
Fulshear Treatment to Transition	(801) 423-5324
Gateway Academy, LLC	(801) 523-3479
Heritage Schools, Inc.	(801) 226-4600
Intermountain	(406) 457-4778
Kolob Canyon RTC	(435) 592-3220
La Europa Academy	(801) 916-5696
Living Well Transitions	(303) 245-1020
Montana Academy	(406) 858-2339
Moonridge Academy	(435) 592-3220
Morningside Recovery	(888) 919-5736
New Haven	(888) 317-3958
Oakley School	(435) 783-5001
Open Sky Wilderness Therapy	(970) 382-8181
Oxbow Academy	(435) 436-9460
Pine River Institute	(416) 955-1453
RedCliff Ascent	(435) 878-2868
Shelterwood Academy	(800) 584-5005
Solstice East	(828) 484-9946
Solstice West	(801) 444-0794
Summit Achievement	(207) 697-2020
Sunrise RTC	(435) 635-1185
SUWS of the Carolinas	(888) 828-9770
Telos Residential Treatment Center, LLC.	(801) 426-8800
University Neuropsychiatric Institute	(801) 587-9321
WayPoint Academy	(801) 690-7000
Youth Care	(800) 786-4924

SEVIS (Student and Exchange Visitor Information System) Approved**Programs****Phone**

Academy at Sisters	(541) 389-2748
Alpine Academy	(800) 244-1113
Ashcreek Ranch Academy	(435) 215-0500
Auldern Academy	(919) 837-2336
Boulder Creek Academy	(877) 348-0848
Bridges Academy	(541) 318-9345
Cedar Ridge Academy	(866) 471-6629
Chamberlain International School	(508) 946-9348
Cherokee Creek Boys School	(864) 647-1885
Cherry Gulch	(208) 365-3437
Diamond Ranch Academy - Crystal Springs	(435) 635-4297
Discovery Academy	(801) 374-2121
The Discovery Schools of Virginia	(434) 983-5616
Elevations RTC	(801) 773-0200
Evangelhouse Christian Academy	(800) 924-4012
Forest Heights Lodge	(303) 674-6681
Gateway Academy, LLC	(801) 523-3479
The Glenholme School — Devereux Connecticut	(860) 868-7377
Grove School	(203) 245-2778
Heartspring School	(316) 634-8700
Heritage Schools, Inc.	(801) 226-4600
In Balance Ranch Academy	(520) 722-9631
Innercept	(208) 665-7178
Kolob Canyon RTC	(435) 592-3220
Little Keswick School	(434) 295-0457
Medicine Wheel at Redcliff	(800) 898-1244
Meridell Achievement Center	(800) 366-8656
Monarch School	(406) 847-5095
Montana Academy	(406) 858-2339
Moonridge Academy	(435) 592-3220
New Haven	(888) 317-3958
New Leaf Academy	(541) 318-1676
Northwest Academy	(877) 882-0980
Oakley School	(435) 783-5001
Outback Therapeutic Expeditions	(801) 766-3933
Oxbow Academy	(435) 436-9460
Second Nature	(877) 701-7600
Sedona Sky Academy	(928) 567-1322
Solstice East	(828) 484-9946
Sonia Shankman Orthogenic School	(773) 420-2900
Spectrum College Transition Program	(480) 443-7331
Sunrise RTC	(435) 635-1185
Uinta Academy	(435) 245-2600
Valley View School	(508) 867-6505

Acronym Definitions

- AACAP** American Academy of Child & Adolescent Psychiatry
- AACC** American Association of Christian Counselors
- AACRC** American Association of Children's Residential Centers
- AAMFT** American Association for Marriage and Family Therapy
- ACA** American Camp Association
- ACATA** Alliance Counteracting Alcohol and Tobacco Advertising Targeting Youth
- ACCT** Association for Challenge Course Technology
- AED** Academy for Educational Development
- AEDP** Association of Eminent Domain Professionals
- AEE** Association for Experiential Education
- AHHA** American Holistic Health Association
- AHHAP** Association of Halfway House Alcoholism Programs
- AMCAP** Association of Mormon counselors and Psychotherapists
- ANAD** National Association of Anorexia Nervosa and Associated Disorders
- APA** American Psychological Association
- ARTA** American Residential Treatment Association
- CAMFT** California Association for Marriage and Family Therapy
- CAPS** Christian Association of Psychological Studies
- CHADD** Children and Adults with Attention Deficit Disorder
- CITA** Commission on International and Trans-Regional Accreditation
- CWLA** Child Welfare League of America
- EAGALA** Equine Assisted Growth and Learning Association
- EAP** Employee Assistance Professional Association
- EIA** Education Industry Association
- GAIS** Georgia Association of Independent Schools
- GAPSEC** Georgia Association of Private Schools for Exceptional Children
- GISA** Georgia Independent Schools Association
- IADDA** Illinois Alcoholism and Drug Dependence Association
- IAEDP** International Association of Eating Disorders Professionals
- IASE** International Association for Statistical Education
- IECA** Independent Educational Consultants Association
- ISPA** Independent Small Programs Alliance
- LDA** Learning Disabilities Association of America
- MAAPS** Massachusetts Association of Approved Private Schools
- MADSEC** Maine Administrators of Services for Children with Disabilities
- MEDA** Massachusetts Eating Disorder Association
- MHA** Mental Health Association Children with Disabilities
- MPA** Maine Principles Association
- NAADAC** The Association for Addiction Professionals
- NAAS** Northwest Association of Accredited Schools
- NAATP** National Association of Addiction Treatment Providers
- NAIS** National Association of Independent Schools
- NAPHS** National Association of Psychiatric Health Systems
- NAPSEC** The National Association of Private Special Education Centers
- NASW** National Association of Social Workers
- NATWC** National Association of Therapeutic Wilderness Camping
- NBCDI** National Black Child Development Institute
- NCTRC** National Council for Therapeutic Recreation Certification
- NEDA** National Eating Disorders Association
- NHASEA** New Hampshire Association of Special Education Administrators
- NIPSA** National Independent Private Schools Association
- NNY** Northwest Network of Youth
- NPSAG** National Private Schools Association Group
- NSC** National Safety Council
- NWEA** Northwest Evaluation Association
- OBHIC** Outdoor Behavioral Healthcare Industry Council
- OBHRC** Outdoor Behavioral Healthcare Research Cooperative
- SAATB** Secondary School Admission Test
- SACAVA** Substance Abuse Certification Alliance of Virginia
- SACS** Southern Association of Colleges and Schools
- SBSA** Small Boarding School Association
- SBSI** Strength Based Services International
- SEVIS** Student and Exchange Visitor Information System
- SSATB** Secondary School Admission Test
- TACC** Tennessee Association of Children's Centers
- TAPG** Therapeutic Adventure Professional Group
- USPRA** United States Psychiatric Rehabilitation Association
- VAISEF** Virginia Association of Independent Specialized Education Facilities
- WFMH** World Federation for Mental Health

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