

Join Us For

EXPLORING OUR PROFESSION

2007

NATSAP ANNUAL CONFERENCE



**FEBRUARY 1-3, 2007
HILTON LA JOLLA TORREY PINES
LA JOLLA, CALIFORNIA**



KEYNOTE SPEAKERS



DR. JOHN MCKINNON, M.D.

A Lost Ring

Thursday, February 1st - 1:30pm

Parents bring their sons and daughters to our programs after conventional modern psychological and psychiatric treatments have failed to remedy a flawed approach to the challenges our culture poses for adolescents. A careful study of this flawed approach, and the familiar global failures, misbehaviors and symptom proliferation it makes inevitable, all suggest that psychiatrists, psychologists and other contemporary therapists long ago have misplaced a golden understanding of maturation and—when maturation gets disrupted—psychological immaturity. This powerful idea, and early therapies aimed at a remedy, were mined by clinicians in another era, but got discarded and lost during the murky academic battles of another time. Fortunately, this gold has been preserved implicitly among the leafy hobbit kingdoms of NATSAP.

Dr. McKinnon is a founder and presently co-CEO of Montana Academy, a therapeutic boarding school located on a ranch in NW Montana. For twelve years he practiced adolescent and adult psychiatry in Texas and Montana, where he also directed various adolescent and adult psychiatric/CD hospital programs, the last as Medical Director of Psychiatry at Kalispell Regional Medical Center. He has written two relevant books (on their way to publication)—one about adolescent developmental immaturity, the other about parenting teen-agers.



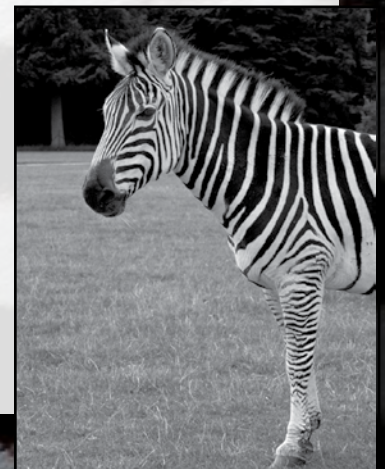
DR. JOHN SEITA, PH.D.

In Whose Best Interest

Friday, February 2nd - 1:30pm

We are losing the battle to reclaim and support our lost children and their families. Children are frequently removed from their natural homes after undergoing neglect and abuse by parents who also need support and training. As an eight-year old child, John Seita was removed from his mother's home and endured multiple placements. In this inspirational and informative session, Dr. Seita retells the story of his own life and his odyssey to overcome the difficulties he faced. Participants will gain insight into the four building blocks of healthy family functioning and learn strategies to help children and families at risk.

Dr. Seita's professional experiences include several years as a child care worker and program administrator for youth and family services, and he has published several books and articles on resilience factors. His most recent book, *Kids Who Outwit Adults*, is co-authored with Dr. Larry Brendtro and deals with troubled but gifted youth.



PRE-CONFERENCE WORKSHOPS (NATSAP MEMBER PROGRAM STAFF ONLY)

WEDNESDAY, JANUARY 31, 2007

- 9:00 am - 12:00 pm**
1. Legislation, Politics & Advocacy
*Michael Barnes, Esq., DCBA Law and
Dr. Andrea Barthwell, M.D., EM Global, LLC*
 2. Joint Commission Accreditation – A Management Tool to Improve Safety
Quality of Care, Treatment and Services
Mary Cesare-Murphy, JCAHO
- 1:00 pm – 4:00 pm**
1. Working with the Media
Matt Hagan, Founder, Bulldog Public Relations
 2. Behavior Support Management from a NATSAP Perspective
Jared Balmer, Ph.D. and Kimball DeLaMare, LCSW



CONFERENCE SCHEDULE

THURSDAY, FEBRUARY 1, 2007

- 8:00 am – 9:00 am** NATSAP Members Only Breakfast
- 9:00 am – 10:00 am** Annual Meeting
- 10:00 am – 10:30 am** Break
- 10:30 am** Conference Begins for All Attendees
- 10:30 am – 11:45 am** Breakout Session "A"

1. Reaching a Program's Ultimate Potential:
Incorporating Cardiovascular Exercise into the
Therapeutic Modality
*Kyle S. Gillett, Ph.D, LMFT and
Craig LaMont, MS, LMFT*

2. Media is at the Door – What Do We Tell
Them Now? - *Michael Merchant*

3. Critical Incident Response
Paul Smith, M.S. ED and Kirk Shimeall

4. New Member Orientation

5. Bridging the Gap: Effective Transition
Between Programs - *Lisa Hampshire, MSW, LCSW
and Michelle Murphy, MSW, CSW*

6. Having Your Cake and Eat It Too: Developing
a Symbiotic Relationship Between Academics
and Therapy - *Judith Jacques, M.Ed. and
Jennifer Capellen*

7. So You Think Your Student Has a Little Bit of
Asperger's? - *Robert Fischer, M.D.*

- 11:45 am – 1:30 pm** Lunch: Guest Speaker - Dr. Andrea Barthwell, M.D.

CONFERENCE SCHEDULE

THURSDAY, FEBRUARY 1, 2007 CON'T.

- 1:30 pm – 3:00 pm **Keynote Address**
A Lost Ring - Dr. John McKinnon, M.D.
- 3:00 pm – 3:30 pm Break
- 3:30 pm – 4:45 pm **Breakout Session "B"**



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| 1. Optimizing Wilderness Treatment for Adolescents with Adoption and Attachment Issues - <i>Joanna Bettman, Ph.D., LCSW and Emily Demong, CSW</i> | 4. What's So "Special" About Special Education
<i>Renée Pancoast, Ed.D.</i> |
| 2. Treating the Triggers: The Effect of Exposure Response Prevention on Reducing Addictive Cravings - <i>Robert DeLetis</i> | 5. Adolescent Schizophrenia: Would You Know It If Your Saw It? - <i>Logan Valentine, LCSW, MSW</i> |
| 3. Youth Who Engage in Sexual Misconduct - What is Developmentally Expected and What is Not - <i>Michelle Gourley, MFT, LCSW, JD and Jennifer Miller Bevan, MS, LPC, CTS</i> | 6. Creating Motivation & Change in Young Adults - <i>Robbi O'Kelly, MSW, LCSW, CADC II, Karen Campbell, Ph.D and Trilby Hoover</i> |
| | 7. Technology, Friend or Foe: Technology 101 for RTC's - <i>Kenneth R. Allen</i> |

- 6:00 pm No Host Reception
- 7:00 pm Gala Dinner

FRIDAY, FEBRUARY 2, 2007

- 8:00 am – 9:00 am Breakfast
- 9:00 am – 10:15 am **Keynote Address: Leadership Award Recipient**
- 10:15 am – 10:45 am Break
- 10:45 am – 12:00 pm **Breakout Session "C"**

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| 1. Bipolar Disorder vs. Borderline Personality Disorder: The Use of the Milieu in Clarifying Diagnosis - <i>Norma Clarke, M.D. and Nancy Diacon, MA, APRI</i> | 3. Note to Self: "Don't Get Sucked In!" Simplify Treatment and Save Your Sanity While Working with Borderline Personality Disorder
<i>Margaret Oak, MS, LMFT-I</i> |
| 2. Who Do We Help? A Look at What Kinds of Families Participate in the Wilderness Therapy Programs and Implications for Intervening Professionals - <i>Troy Faddis, LMFT and Aaron Shaw, CMFT-I</i> | 4. Evaluating Treatment Outcomes in A Sample of Adolescents: Does Wilderness Therapy Promote Behavioral Change? - <i>Sarah F. Lewis, Ph.D. and Ellen Leen-Feldner, Ph.D</i> |

"C" CONT --->

CONFERENCE SCHEDULE

FRIDAY, FEBRUARY 2, 2007 CON'T.

10:45 am – 12:00 pm Breakout Session "C" Con't.

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| 5. Parents As Partners: How Coaching Extends Program Effectiveness - <i>Bill Valentine, Psy.D., CC and Penelope Valentine, CC</i> | 7. Accommodating NLD & Asperger's Syndrome In Therapeutic Schools and Programs
<i>Marcia Brown Rubenstein, MA, CEP</i> |
| 6. Grounding the Helicopter (enmeshed) Parent
<i>James B. Graves, MC and Donna Wittwer</i> | |

12:00 pm – 1:30 pm Lunch

1:30 pm – 2:45 pm **Keynote Address**
In Whose Best Interest - Dr. John Seita, Ph.D.

2:45 pm – 3:15 pm Break

3:15 pm – 4:30 pm Breakout Session "D"

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| 1. Intermittent Explosive Disorder: Managing Explosive Rages in Schools - <i>Larry Fisher, Ph.D</i> | 4. EMDR in Residential Treatment
<i>David H. Stoker, Ph.D and Susan Garner, LCSW</i> |
| 2. Trying to Put Square Pegs into Round Holes?: How Adolescent Treatment Programs May Be Neglecting the Gender-Specific Programs and Treatment Needs of Girls
<i>Alfred C. Dodini, Ph.D, LCSW</i> | 5. The Examination of Family Function in the Lives of Adolescents in Therapeutic Schools and Programs - <i>Nicholas N. Hong, Ph.D.</i> |
| 3. Current Trends in Adolescent Substance Abuse: Inhalants and Prescription Drugs
<i>Robert Pegler, CAS</i> | 6. The Emotional Learning System and the Art of Rewiring the Brain - <i>Laurie Laird, M.Ed and Melissa Staska, LPC</i> |



SATURDAY, FEBRUARY 3, 2007

8:30 am – 9:30 am Breakfast

9:30 am – 10:30 am **Community Gatherings – Session "E"**

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| 1. Community Gathering: Ethics In Marketing <i>Facilitated by: Gil Hallows and John Santa, Ph.D.</i> | 3. Community Gathering: Residential Treatment Centers |
| 2. Community Gathering: Small Residential Programs - <i>Facilitated by: Penny James</i> | 4. Being an Author – Journal of Therapeutic Schools and Programs (JTSP) - <i>Michael Gass, Ph.D., University of Hew Hampshire and Keith Russell, Ph.D., University of Minnesota</i> |

10:30 am – 11:00 am Break

SATURDAY, FEBRUARY 3, 2007 CON'T

11:00 am – 12:00 pm Community Gatherings – Session "F"

1. Community Gathering: Ethics: Inter-Program Relationships - *Facilitated by: Gil Hallows and John Santa, Ph.D.*
2. Community Gathering: Therapeutic Boarding Schools / Education
Facilitated by: John Mercer, Ph.D.
3. Community Gathering: Wilderness / Outdoor Therapeutic
4. Being an Author – Journal of Therapeutic Schools and Programs (JTSP) - *Michael Gass, Ph.D., University of New Hampshire and Keith Russell, Ph.D., University of Minnesota*

12:00 pm – 2:00 pm Lunch and Wrap-Up

HOW TO REGISTER

Each attendee must complete a separate registration form available in the back of this packet, or download at www.natsap.org/conference.asp.

A list of conference attendees will be published based on conference registrations received by January 12th and will be available in the conference attendee packet.

Please note, no pre-registrations will be accepted after January 17th. If you wish to register after January 17th, you must do so at the conference registration desk.

Conference Registration/Hospitality Desk Hours can be found on our website at www.natsap.org/conference.asp.

REGISTRATION CANCELLATION POLICY

Cancellations received in writing via e-mail, FAX, or postal service by January 17th will be issued a refund of 80% of the conference registration fee. There will be no refunds for cancellations received after this date.

CEU INFORMATION

Attendees will have the opportunity to obtain up to 18.75 contact hours (1.875 CEU's) if all available workshops, keynotes and breakout sessions are attended.

CONFERENCE HOTEL INFORMATION

This year's conference is at the Hilton La Jolla Torrey Pines, La Jolla, California. NATSAP has negotiated a special conference attendee rate of \$185.00 single/double. **Deadline to reserve against room block: December 30, 2006**

Room reservations can be made by calling (858) 558-1500, or online at http://www.hilton.com/en/hi/groups/personalized/santphh_nac/index.jhtml. When making reservations, mention the NATSAP Annual Conference in order to receive the conference rate.

GROUND TRANSPORTATION OPTIONS

Shuttle Service: Cost is approx. \$16 pp/one-way for transportation to/from San Diego International Airport (SAN)

Cloud 9 Shuttle: (800) 974-8885

Express Shuttle: (800) 900-7433

Taxi Service: The Hilton La Jolla Torrey Pines is 15 miles from San Diego International Airport (SAN) and cost is approx. \$45 one-way for transportation to/from the airport..

NEED ADDITIONAL INFORMATION?

For questions or additional information, please contact:

NATSAP Executive Offices

126 N. Marina, Ste 2

Prescott, AZ 86301

Phone: (928) 443-9505

FAX: (928) 443-9507

info@natsap.org • www.natsap.org

We strongly encourage NATSAP members to honor the spirit and purpose of our Annual Conference by not competing with activities of the conference through special meetings, receptions, events and outings that conflict with our scheduled program agenda. Your commitment to the conference purpose is appreciated.



CONFERENCE REGISTRATION FORM

"Exploring Our Profession" - NATSAP 2007 Annual Conference
February 1-3 • Hilton La Jolla Torrey Pines • La Jolla, California

ATTENDEE INFO

(Each attendee must complete a separate registration form)

First/Last Name: _____

Nickname: _____ Title/Position: _____

Organization: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____ E-Mail: _____

REGISTRATION

(Pre-registrations will not be accepted after January 17th. If you wish to register after this date, you must do so at the Conference.)

	Prior to Jan. 5th	After Jan. 5th
_____ NATSAP Member Program Rate	\$315	\$365
_____ Additional NATSAP Member Program Attendee	\$305	\$375
_____ 4 or more attendees from NATSAP Member Program	\$295	\$345
_____ Non-Member Program Rate	\$475	\$525
_____ Referring Professional Rate	\$445	\$495
_____ Thursday Evening Dinner Gala	\$50	\$50
_____ Vegetarian _____		
_____ Thursday Evening Dinner Gala (spouse/guest)	\$50	\$50
_____ Vegetarian _____		
\$_____ Total		

SESSION CHOICES

(Please indicate your first and second choice for each session by writing in the session numbers below:)

NATSAP Member Program Staff Only: Wed., 9am Workshop: ____ Wed., 1pm Workshop: ____

All Attendees: Thurs., Session A ____ Thurs., Session B ____ Fri., Session C ____

Fri., Session D ____ Sat., Session E ____ Sat., Session F ____

Please return completed form and payment to: NATSAP, 126 Marina, Ste. 2, Prescott, AZ 86301. **Do not mail or FAX registrations after January 17th.** If you wish to register after this date, you must do so at the conference registration desk.

Cancellations received in writing via e-mail, FAX or postal service by January 17th will be issued a refund of 80% of the conference registration fee. There will be no refunds for cancellations received after this date.

NATSAP Executive Offices • 126 N. Marina, Ste 2 • Prescott, AZ 86301
Phone: (928) 443-9505 • FAX: (928) 443-9507 • E-mail: info@natsap.org

Interested in sponsorship opportunities? Please see the back of this page.

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Date: _____ Check # _____
Amt.: \$ _____ DB _____

CONFERENCE SPONSORSHIP FORM

"Exploring Our Profession" - NATSAP 2007 Annual Conference
February 1-3 • Hilton La Jolla Torrey Pines • La Jolla, California

The National Association of Therapeutic Schools and Programs (NATSAP) would appreciate your organization sponsoring one or more of the following conference meals or breaks at our upcoming "Exploring Our Profession" Conference.

By sponsoring one or more of the following events, your organization will receive formal recognition for its generosity and industry leadership. Our sponsors receive special mention in our on-site conference materials, as well as a marquee at the event, special note of thanks from the event emcee, and the gratitude of all participants.

CONFERENCE EVENT SPONSORSHIP

SPONSORSHIP FEE

(Place a mark by the event you would like to sponsor and return this form with your conference registration materials.)

- | | | |
|--|---|--------|
| ☐ Break: | ☐ Thurs. ☐ Fri. ☐ Sat. | \$400 |
| ☐ Breakfast: | ☐ Thurs. ☐ Fri. ☐ Sat. | \$500 |
| ☐ Luncheon: | ☐ Thurs. ☐ Fri. ☐ Sat. | \$650 |
| ☐ Keynote Speaker: | | \$2000 |
| | ☐ Dr. John Seita, Ph.D. | |
| | ☐ Dr. John McKinnon, M.D. | |
| | ☐ Leadership Award Recipient | |

☐ Please invoice me

☐ I have enclosed a check in the amount of \$ _____

Organization Name: _____

Contact Person: _____

Mailing Address: _____

City: _____ State: _____ ZIP: _____

Phone Number: _____

E-mail: _____

Please list individual/program/organization name as you would like it to appear on conference signage:

Please return completed form to:

NATSAP

126 N. Marina, Ste. 2 Prescott, AZ 86301

Phone: (928) 443-9505 FAX: (928) 443-9507

E-mail: info@natsap.org

NATSAP Office Use Only

Date: _____ Check# _____

Amt.: \$ _____ DB _____