

GROUND RULES FOR AREA VISITS PHASE II

Visit Purpose: The purpose of Phase II visits is to practice being together with family with less arguing, anger, and manipulation and to begin using new communication skills.

I agree to consistently support the following ground rules given my child for her area visits. I understand the importance of consistency in further developing trust in myself and with my child:

1. While off campus SRA rules are in effect. This includes but is not limited to:
 - No sexual activity
 - No drug or aerosol use (other than prescribed by doctor)
 - No inappropriate music or dress
 - Movies as determined by parents
 - No Internet
2. I will be supervised by my parents for my entire visit. I will not participate in any activity without supervision from at least one of my parents or an adult sibling.
3. I will not discuss leaving SRA or graduating early. This includes talk of wanting to go home, being pulled, negotiation for a shorter stay, explaining to your parents how horrible it is at SRA, how your problems are very different than any of the students at SRA, or any variation of these themes.
4. I will not contact **any** of my friends (by mail, phone...). I may only call a parent, grandparents, or siblings with the approval of my therapist and parents. My parents will supervise the phone call.
5. I will not bring back inappropriate items to SRA (including any food). It is my responsibility to inform myself and my parents regarding what is and is not appropriate.
6. I will not accept letters from SRA students to mail while I am on my visit.
7. I will not make phone calls for any SRA student while on my visit.
8. I will not listen to or watch music television on my visit. This includes, but is not limited to: anything with a parental advisory label, heavy metal, or otherwise described as inappropriate at SRA.
9. I will wear make-up and jewelry only as specified for Phase II.
10. I will leave and return to campus in SRA appropriate clothing. (no strapless or spaghetti strap shirts, midriff showing, torn or ripped clothing or anything too short)

Students Signature

Parent Signature

Date