



NATSAP
NATIONAL ASSOCIATION
OF THERAPEUTIC
SCHOOLS AND PROGRAMS

2015-2016 DIRECTORY

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About The National Association of Therapeutic Schools and Programs

NATSAP was created in January of 1999 to serve as a national resource for programs and professionals assisting young people beleaguered by emotional and behavioral difficulties. NATSAP publishes a directory annually to inform professionals, programs, and families about the many residential placement alternatives available to help struggling young people.

Listed alphabetically, the schools and programs in the *2015-2016 Directory* are diverse. From boarding schools and residential treatment centers to wilderness programs and group homes, the directory's listings offer a wide range of programmatic types, lengths of stay and services to meet the needs of a variety of troubled young people. The upper section in each listing provides the reader with pertinent contact and program information, while the paragraph section is split into three parts describing operational philosophy, candidate and population specifics and an overview of how services are provided.

Matching the services of a particular school or program to the specific needs of a young person is arguably the most important decision that will ever be made on behalf of that young person. The NATSAP directory is not intended to supply enough information to make a placement. NATSAP encourages programs, professionals and families to have appropriate academic and psychological testing conducted and to use multiple informational resources before suggesting or pursuing a placement for any young person in any program.

Each young person has his or her own specific needs that must be determined in detail before placement in any program is appropriate. Since NATSAP has no means of determining the needs of young people whose counselors or families may be using this directory, we do not recommend specific programs.

The National Association of Therapeutic Schools and Programs is a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people. NATSAP is not an accrediting or licensing body. All members are either licensed by their respective state or accredited by one or more nationally-recognized accreditation bodies. All programs listed in the *2015-2016 Directory* are members as of July 1, 2015.

Ethical Principles

Members of the National Association of Therapeutic Schools and Programs (NATSAP) provide residential, therapeutic, and/or education services to children, adolescents and young adults entrusted to them by parents and guardians. The common mission of NATSAP members is to promote the healthy growth, learning, motivation and personal well-being of program participants. The objective of member therapeutic and educational programs is to provide excellent treatment for program participants, treatment that is rooted in good-hearted concern for their well-being and growth, respect for them as human beings and sensitivity to their individual needs and integrity.

Therefore, all NATSAP member programs strive to:

1. Be conscious of, and responsive to, the dignity, welfare and worth of our program participants.
2. Honestly and accurately represent ownership, competence, experience, and scope of activities related to our program and to not exploit potential clients' fears and vulnerabilities.
3. Respect the privacy, confidentiality and autonomy of program participants within the context of our facilities and programs.
4. Be aware and respectful of cultural, familial and societal backgrounds of our program participants.
5. Avoid dual or multiple relationships that may impair professional judgment, increase the risk of harm to program participants or lead to exploitation.
6. Take reasonable steps to ensure a safe environment that addresses the emotional, spiritual, educational and physical needs of our program participants.
7. Maintain high standards of competence in our areas of expertise and to be mindful of our limitations.
8. Value continuous professional development, research and scholarship.
9. Place primary emphasis on the welfare of our program participants in the development and implementation of our business practices.
10. Manage our finances to ensure that there are adequate resources to accomplish our mission.
11. Fully disclose to prospective candidates the nature of services, benefits, risks and costs.
12. Provide informed, professional referrals when appropriate or if we are unable to continue service.
13. NATSAP members agree to not facilitate or practice reparative therapy.

Program Definitions

Boarding Schools (Emotional Growth, Therapeutic) – These schools generally provide an integrated educational milieu with an appropriate level of structure and supervision for physical, emotional, behavioral, familial, social, intellectual and academic development. These schools grant high school diplomas or award credits that lead to admission to a diploma granting secondary school. Each school will vary in their approach to the emotional and behavioral needs of the child and we urge parents to review this approach with the professional that has been working with their child to ensure appropriate placement. Placement at these boarding schools can range from 12 months to 2 years depending on the program's therapeutic components.

Outdoor Behavioral Health (Wilderness Therapy Programs and Outdoor Therapeutic Programs) Most outdoor behavioral health programs subscribe to a variety of treatment models that incorporate a blend of therapeutic modalities, but do so in the context of wilderness environments and backcountry travel. The approach has evolved to include client assessment, development of an individual treatment plan, the use of established psychotherapeutic practice and the development of aftercare plans. Outdoor behavioral health programs apply wilderness therapy in the field, which contain the following key elements that distinguish it from other approaches found to be effective in working with adolescents: 1) the promotion of self-efficacy and personal autonomy through task accomplishment, 2) a restructuring of the therapist-client relationship through group and communal living facilitated by natural consequences and 3) the promotion of a therapeutic social group that is inherent in outdoor living arrangements.

Residential Treatment Centers – The focus of these programs is clinical treatment with both academic and behavioral support included. Medication management and medical monitoring is generally available on-site. These facilities treat children and adolescents with serious psychological and behavior issues. Many programs are accredited by one or more nationally recognized accreditation bodies. These facilities provide group and individual therapy sessions. They are highly structured and offer recreational activities and academics. Specialty residential treatment centers will include psychiatric and behavioral hospitals that will provide a description of their special services.

Small Residential Programs – These programs are designed to serve fewer than 30 students in nurturing, often family-like settings. Small residential programs offer a holistic therapeutic milieu, which is based upon the relationships formed and the social dynamics created in small, intimate environments. These programs offer appropriate levels of structure and supervision for the emotional, social and academic development of their students. These programs often incorporate life skills training, academic instruction, outdoor adventure, recreation and family involvement into an experiential living environment. Small residential programs often maintain an area of specialty for the students they serve.

Transitional Independent Living / Young Adult Programs – are designed for young people over 18 needing a safe, supportive environment and life skills training as they transition into adulthood. Many offer access to 12-step programs and may have a psychiatric component. Generally they will offer educational programs that are linked to community colleges or universities or provide schooling at their location. Volunteering, employment arrangements, community service and re-integration into the community at large are general components of the programs. Many operate on a small residential model and transition to a community based, independent living apartment model. Young Adult Programs are exclusively designed to work with young adults aged 18 and older and do not have state licensure or accreditation but have therapeutic services implemented by a licensed clinical professional.

NATSAP's Role

NATSAP is not a referral or placement agency, or an accreditation or licensing organization. We are a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people.

About NATSAP's Members

NATSAP's membership is composed of programs, both established and new, that have made a commitment to following national standards.

All programs applying for membership or renewing in NATSAP must:

1. Be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally accredited behavioral health accreditation agency — Joint Commission, COA, CARF, NIPSA - Therapeutic
2. Have therapeutic services with oversight by a qualified clinician
3. Aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice

Questions to Ask Before Making A Final Placement Selection

You will probably never have to make a more important decision in your life than placing your child in a residential treatment facility, whether it is a therapeutic boarding school, a wilderness/outdoor behavioral program or a residential treatment center. As we have indicated on our web site and provided in many of our articles, we presume you have explored all options before deciding to send your child to a residential program. By now, you have selected one or more that you believe will best serve your child. Before making that final decision, we highly recommend that you take the time to explore the following very important areas concerning your child's care in the facility. We urge you not to make a decision until you have explored all of these factors.

Overall

- What makes your program a good choice for my child (medical, therapeutic, academic factors)?
- What kind of supervision is there as the child progresses through the day?

Admissions

- What are your admissions criteria?
- What criteria exclude a child from consideration?
- When will space be available? How many clients are enrolled?
- What patient consents are needed, if any?
- What play/entertainment activities are available?
- Who reviews my child's application? What are their credentials?
- What are the costs? What does this cost cover?
- Are there additional costs? If so, what are they?
- How long will the admissions process take?
- Who will I be meeting with during the admissions process?
- Will I be able to say goodbye to my child after the admissions process is complete?

Questions to Ask Before Making A Final Placement Selection

Licensing and Accreditation

- Are you licensed by the State? What type of license? What State office issued the license?
- Are you accredited by a mental health agency, such as The Joint Commission (JCAHO), Council on Accreditation (COA), Commission on Accreditation of Rehabilitation Facilities (CARF), or National Independent Private School Association (NIPSA)
- Do you have a Clinical Director? What are his/her credentials? May I meet him/her? What is their degree of involvement with the child? Are they on-site full-time?
- What are the credentials of the staff that will be working with my child? Specifically the credentials of the counselors and/or therapists. Are they certified? Licensed within your State?
- With what organizations are you affiliated?

Therapeutic Model/Clinical

- Is there a description of your therapeutic model using terminology one can use to gain a better understanding through further research?
- How would you describe your therapeutic model? How is the child's behavior shaped?
- Will my child be receiving clinical therapy? How often?
- What will be expected of the parents during the program?
- Do you provide family therapy? How is it executed?
- Do you provide group therapy? If so, who facilitates the therapy sessions? Are there specific group therapies offered? (i.e. adoption issues, drug/alcohol abuse, etc.)
- How is my child's progress judged? Who participates in determining my child's progress?

If applicable:

- By what means will the child improve their understanding of their true nature? Be able to sense the onset of issues? Be able to cope with these issues?
- How closely involved are the psychiatrists/medical staff involved? What is the link between the neurological assessment and medication and the therapeutic components of the treatment and between the medical and therapeutic staff?

Academics

- Do you provide an academic curriculum?
- If so, what is the core curriculum?
- Are you accredited by a national or regional accrediting agency? Is this accreditation through a 3rd party? If so, what is their name?
- Do you have teachers? If so, are they certified or licensed within your State? Academic qualifications? Special Ed qualifications?
- How many students are in a class?
- Is your academic curriculum internet/computer based?
- Do you offer high school credits that can be transferred to other educational institutions?
- Do you award high school diplomas? Of the graduates, what percentage go to college? What do the others do?
- Any vocational training? Vocational certificates?
- What accommodations are available for needs defined by IEPs or by their equivalences?
- How heterogeneous are the classes? How much individual instruction is the norm and how are varied skill levels accommodated?

Questions to Ask Before Making A Final Placement Selection

Academics (Cont'd)

- What percentage of your student body fails courses they do not like?
- Will a student transitioning to a public school at the same grade level be on par academically?
- Is the academic program a 12-month program?
- Is homework given regularly? How is its accomplishment managed?

If applicable:

- Do any neuro-psychological or therapeutic assessments influence the teaching style?

Medical

- Can my child be on medication while at your facility?
- Who is responsible for the medication management? His/her credentials?
- Where is the medication stored? Who has access to the medication?
- Who administers the medication? What is their training?
- How will the efficacy of the child's medication be assessed both initially and thereafter?

If applicable:

- Will there be a physiological/neurological component and how will that be used to inform the choice of medication? How/when will the parents be notified?
- How does the interaction between the medical (and medicinal), therapeutic, and academic staff ensure integrated treatment?

Direct Care Staff

- What type of training is provided to your direct care staff?
- What are their duties and qualifications?
- Do you perform background checks? Who does the background check? How extensive is it?
- Do you provide on-going training for your staff?
- What is the staff experience level and qualifications and what is the staff's stability?

Risk Management

- What measures do you have in place to keep my child safe?
- What are your discipline procedures with resistant students? How are outbursts handled and what means are used to obtain control? Quiet room upon request? Locked room? Restraints? Sedation?
- How do you deal with risk-taking behaviors? (i.e. running away, self-harm, etc.)
- Will my child be exposed to other students that have more negative behaviors? Will children with criminal pasts interact with my child?
- What if my child becomes ill? Do you have a nurse on staff? Will you transport my child to medical facilities? In case of a medical/psychological emergency, how close is the nearest fully capable emergency facility?
- How do you handle children at risk of suicide?
- What special programs do you offer, for example, for children that have experimented with drugs?
- What steps do you take to negate risky behavior—for example, checking medication?
- How do you handle allegations of abuse? What protections are there for the children and staff? How high in the organization does the person handling abuse complaints report to?

Questions to Ask Before Making A Final Placement Selection

Questions for Specific Program Types

- *Short Term Outdoor/Wilderness Program*
 - How do you handle severe weather?
 - How do you handle emergencies?
 - What type of food do you provide?
 - How do you manage personal hygiene?
- *Long Term Residential Specific*
 - Are you a locked facility? Locked for how long? Any opportunity to go outside? To play sports? What relief is offered?
 - Is there 24-hour awake staff supervision?
 - How often will I see my child?
 - Will I be able to speak with my child on the telephone?
 - Will I be able to write and receive letters?
 - What is the reporting structure to parents? Periodic? At decision points?
 - Who is the parental point of contact?
 - How are parents kept in-the-loop? What are parental roles and expected interactions, if any?

Success Rate / Outcomes

- What is your success rate?
- Do you administer an outcome study? If so, where is that data?
- Do you have students return to your program? What percentage?
- What percentage of your graduates are subsequently hospitalized?
- What constitutes successful treatment? What criteria are used to evaluate the degree of success achieved? Who evaluates success?
- What percentage do not succeed therapeutically after spending enough time so that more time would not help?
- How much follow-up do you do and what kind of data do you collect?

Transition / Next Step

- How many of your students return home after the program? If they don't return home, where do they go?
- Will your program help us assess what is the next best step? The kind of care required in the next step?
- Will I need an educational consultant to plan a next step? Do you compensate an educational consultant for any reason?
- Do you provide aftercare?
- If there are transitions between discrete components of the program, how is continuity maintained?
- If the child will transition to an outside program, what arrangements will be made to prepare the child for a smooth transition?
- How will your products (e.g., reports/assessments) be useful in the next step?
- Do you help prepare the child for the activities of daily living?
- When pertinent, how do you assist re-integration into the family?

More Information

NATSAP has more information on the selection of the appropriate placement plus other important information on our web site www.natsap.org. We encourage you to review the Parent and Referring Professional section of our web site.

The National Association of Therapeutic Schools and Programs

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No member of the National Association of Therapeutic Schools and Programs may discriminate on the basis of race, color, national or ethnic origin in their programmatic or admission policies, or in their scholarship, loan, or extracurricular programs.

National Association of Therapeutic Schools and Programs (NATSAP)

5272 River Road, Ste. 600
Bethesda, MD 20816
Phone: (301) 986-8770
Fax: (301) 986-8772
Email: info@natsap.org
Website: www.natsap.org

The NATSAP Alumni Advisory Council is committed to establishing and promoting excellence in both national standards for therapeutic programs and in aiding NATSAP to guide individual member programs to strive for and achieve the highest possible excellence in care and treatment. We have all had an amazing experience, which did not come from a cookie-cutter approach to healing, recovery or therapy. Our lives have been impacted by people and relationships, which brought options, alternatives and opportunities to grow and change in environments best suited to us as unique individuals and families.

NATSAP Board Liaison: Sue Barnes

Alumni Advisory Council Members

Sue Barnes (Chair)
Helaine Sandler
Scott Wentz
Shannon Maganiezin

Jan Rao
Monica Lynn Miller
Rudy Novak
Mike Kahrnoff

Dear Parents, Students and Referring Professionals,

We are writing to you as parents and students impacted by emotional, behavioral, relational and developmental conditions which devastatingly hijacked our families.

As parents, our search for and discovery of places, which could offer the safety, resources, and caring, professionally staffed programs designed to promote healing and recovery for our entire family, not just the individual, was the biggest gift we could imagine. Sadly, for some of us, we were unable to find the combination of those critical safeguards in our own communities. When our child began treatment our journey as parents was anything but easy or quiet. It unexpectedly, and even at times discouragingly, proved to be a blessing.

As student alumni of treatment programs, we have been impacted by a variety of caring professionals who helped us to help ourselves. The success we achieved came from our own character, but was not something that we knew how to channel in a positive way on our own. The skills we have gained from our trials and tribulations and the courage to overcome them have enabled us to become the strong, successful, and happy young adults that we are today. We are thankful that we had an opportunity — whether we saw it when we began treatment or not — to better ourselves.

If you are reading this letter, you may be in a place of uncertainty or fear; you may be researching or exploring possibilities; you may be searching for peace or identity. Please remember that there are many others of us who have walked this path before you, are willing to walk it alongside you and that there is hope. We urge you visit the parent information available on the NATSAP website www.natsap.org/to_parents.asp. You will find useful resource material including *Questions to Ask Before Making a Final Placement and Selecting the “Right” School/Program*.

With much hope for your future and the future of those you care for,

The NATSAP Alumni Advisory Council

NATSAP Member Benefits

As a member of NATSAP, the following benefits are available:

- **National & Regional Conferences:** All NATSAP members are encouraged to attend and present at our Annual and Regional Conferences, which occur throughout the year. A few of the many benefits of attending include professional development, continuing educational credits, and networking. Members may also promote their schools, programs, and businesses by exhibiting at conferences at preferred member rates.
- **Link 'n Learn:** Link 'n Learn is an innovative service that allows Educational Consultants and NATSAP programs to meet and network. Programs and Educational Consultants are given time to learn about and get to know one another.
- **Electronic Newsletter:** NATSAP newsletters are sent to members on a seasonal basis. These newsletters include information on developments within the Association, reviews of recently past conferences, news about upcoming conferences, committee reports, announcements of new members, and much more.
- **Electronic & Printed Directory:** All schools, programs, individual members, affiliates, and business partners are given a print and website listing in our NATSAP Directory. Listings include a page description with all contact information and detailed program information.
- **Website:** NATSAP's website offers a wide array of information useful to programs, Educational Consultants, parents, and others. Besides listing our entire membership, the website contains information on all NATSAP activities, enables members to post classified ads, spells out best practice guidelines, and much, much more. Visit us at www.natsap.org.
- **Government Representation:** The NATSAP Government Relations Committee seeks to analyze all legislation coming from Capitol Hill that will affect member programs. Through the committee, NATSAP formulates responses that would best support our members' beliefs. Our government representation takes several forms, including: Washington Fly-in day when members can meet key legislators to discuss issues of importance; review of and commentary on recently-introduced legislation; participation in hearings; and participation in key coalitions, among others.
- **Participation on Committee:** One of the best ways to maximize your membership in NATSAP is to participate in one of our many committees addressing various needs of programs and professionals in our field. Our Committees can only benefit from the new ideas that representatives from our member programs bring. Committees include: Membership, Member Services, Government Relations, Research, Best Practices, Alumni Advisory Council, Education, and Public Relations.

NATSAP Member Benefits (cont'd)

- **Public Relations:** NATSAP has retained a professional public relations firm to help outside entities understand and appreciate the work our member programs do. A Public Relations Toolkit has been created to help member programs interface with the public in their local communities.
- **Participation in Coalitions:** NATSAP seeks to align with various other like-minded organizations on a wide spectrum of issues and projects. We will continue to belong to various coalitions and will consider partnerships that provide a greater voice in issues of importance to our membership.
- **Youth Advocate Bulletin:** NATSAP circulates a newsletter on Senate and House happenings in our periodically-published Youth Advocate Bulletin. This newsletter contains information on government relations issues that may have a direct impact on our association's members.
- **Networking:** NATSAP seeks to create a strong network of programs and individuals across North America. A variety of regional and annual conferences are held during the year to promote networking amongst our membership. Conferences are a place to circulate new research and ideas contemplated or implemented in member programs. NATSAP events also provide a chance for programs to meet with various suppliers of goods and services.
- **Vendor Discounts:** NATSAP has negotiated rate reductions for member programs with Hertz, Jiffy Lube, and more.
- **Surveys:** NATSAP conducts periodic surveys on topics of interest to members. Past surveys have addressed employee salaries, how member programs impact the local and regional economy, and educational consultant/program relations.
- **Outcomes Research Project:** NATSAP and the University of New Hampshire are working in cooperation to study the long-term effects of residential treatment centers and wilderness therapy programs on clients. This provides a unique opportunity to quantify the benefits of attending our programs well beyond student graduation. Outcomes are a key component guiding NATSAP's Best Practices Committee. The Journal of Therapeutic Schools & Programs is circulated on a yearly basis to augment the findings of our outcome research.
- **Webinars:** NATSAP Webinars are a new service provided to enhance the knowledge of our member organizations. We provide live web broadcasts on our website from industry experts on various issues that may affect our members. Previous webinars are stored on our website and can be viewed at any time.

NATSAP Member Benefits (cont'd)

- **Active Alumni Advisory Council:** Our Alumni Advisory Council is a committee of programs, alumni, and parents of alumni created to gain further knowledge from end users of our member programs. We are currently in the process of expanding into an all-encompassing alumni association to further enhance our association outreach to former alumni.
- **Scholarship Funding:** NATSAP has teamed up with affiliated granting organizations to create greater opportunities to raise money which fund scholarships for families in need. NATSAP is also looking at other similar foundations in order to further expand scholarship opportunities.
- **Monitoring of Applicable Federal Grants:** NATSAP regularly monitors Federal grants for those that may be beneficial and applicable to our membership. Qualifying NATSAP members are welcome to apply for grants directly with the government.
- **Spotlight on NATSAP Members:** NATSAP provides a weekly highlight on individual programs through our social networking platforms.
- **We Are NATSAP:** We Are NATSAP is our bimonthly newsletter which focuses on the latest news and events occurring at your program. Participation is open to all NATSAP Member Programs.



Full Members

Program/Schools with full membership status have served program participants for more than 2 years, serve adolescents and/or young adults, and must:

- Be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally recognized behavioral health accreditation agency
- Have therapeutic services with oversight by a qualified clinician
- Aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

Associate Members

Program/Schools with associate membership status have served program participants for less than 2 years and must:

- Be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally recognized behavioral health accreditation agency
- Have therapeutic services with oversight by a qualified clinician
- Aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

Young Adult Associate Membership

Program/Schools that are exclusively designed to work with young adults aged 18 and older and do not have state licensure or accreditation, but have therapeutic services implemented by a licensed clinical professional.

- Therapeutic services implemented by a state-licensed mental health provider
- Must aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

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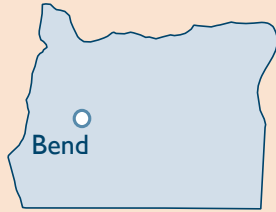
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Academy at Sisters

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Betsy Jacobson Warren Admissions Contact: Chesley Strowd Academic Contact: Lachlan Leaver Email: cstrowd@academyatsisters.org Phone: (541) 389-2748 Fax: (541) 389-2897 Address: PO Box 5986 Bend, OR 97708-5986 Website: www.academyatsisters.org	Gender: Girls Only Ages: 13 - 18 Grades: 8 - 12 Enrollment: 24 Duration: 12 - 18 months Founded: 1994
NATSAP Member Since: 1999	 Airport: Redmond, OR (RDM)

The Academy at Sisters is a small, safe, therapeutic boarding school designed specifically to help young women address challenges such as: depression, anxiety, academic decline and school avoidance, social media misuse, relationship issues, family conflict, adoption and substance abuse.

Academy at Sisters employs a program model centered in Accountability and Cognitive Awareness. Additionally, components of DBT and Mindfulness allow youth to identify their patterns and practice alternative methods of coping both in the moment and long term.

Individual, Group and Family Therapy is facilitated by Licensed Therapists, and supported on a daily basis by experienced Treatment Coordinators.

Equine-Assisted Psychotherapy is a key component of our program. Youth participate in individual, group and family therapy using the horses. Youth also have the opportunity to participate in our basic horsemanship program and learn basic Western or English riding skills.

The Academy's Accredited Academic component utilizes a Proficiency Based Model of experiential learning which encourages youth to integrate and maximize individual learning styles. Classes are facilitated by masters level teachers who are skilled at making learning relevant and fun. Youth who meet criteria, are eligible to transition into the local high school to practice their new skills in a "real world" setting.

Recreational and community service opportunities are abundant and round out the overall experience at the Academy. Identifying ones purpose and passion in the community and in nature, affords youth the opportunity to connect and build relationships through leadership and service.

Individual Psychotherapy Available: Yes

Accreditation & Licensure: Oregon Department of Human Services; AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Oregon Alliance of Children's Programs; Coalition of Advocates for Equal Access for Girls and National Network for Youth

Active Recovery Network

(Transitional Independent Living & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Britton Turkett Admissions Contact: Britton Turkett Email: britton@activerecoverynetwork.com Phone: (858) 704-4264 Fax: (858) 246-7208 Address: PO Box 221076 University City, CA 92192 Website: www.activerecoverynetwork.com	Gender: Coeducational Ages: 18+ Grades: N/A Enrollment: Rolling Duration: 3 - 18 months Founded: 2012
NATSAP Member Since: 2013	 Airport: San Diego Int'l (SAN)

Active Recovery Network - (San Diego/Orange County/Los Angeles)

Active Recovery Network brings a radical and fresh approach to addiction recovery and mental health and wellness continuum of care by providing in home, community-based recovery support and integrated wellness solutions. Many of our clients, families and referring professionals refer to us as a "Street IOP"™ (Intensive Outpatient Program), as we bring our therapeutic and recovery support, coaching, job and life skills training, educational support and wellness program to our clients' front door.

Our clients live in sober living, in their own apartments, with select roommates or in their parents' homes. Many have gone through drug and alcohol or mental health treatment programs and others have not. We work to meet the specific and diverse needs of each client and family. The Active Recovery Network team serves our clients and families with comprehensive wrap around support, clinical case management and recovery services that come to you each day.

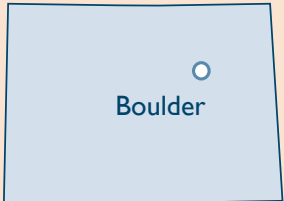
We customize a program to fit your ever evolving bio-psycho-social and spiritual needs. We have both and Adolescent and Adult program and a census of 14 – 61 years old. Whether we are meeting with you between 2 – 15 hours per week, teaming up with your current psychiatrist, psychologist or IOP, or supporting you in the evenings and weekends, Active Recovery Network has you covered.

Active Recovery Network utilizes best practices and implements strengths-based, solutions-focused strategies and mindfulness-based processes to engage our clients in creating healthy, meaningful lives. We are partnered with local treatment centers, psychiatrists, psychologists, and wellness practitioners to provide our clients the optimum level of care and support. This is a very active and engaged, relationship-based type of support that allows us to quickly get at the root causes and begin to help our clients and families get their needs met in a healthy way.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Young Adult Associate

AIM House

(Transitional Independent Living & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Angelo Keely Admissions Contact: Kelly Corn Email: kcorn@aimhouse.com Phone: (720) 289-1525 Fax: (303) 554-0022 Address: 2000 21st St. Boulder, CO 80302 Website: www.aimhouse.com	Gender: Coeducational/ Single Gender Group Ages: 17.5 + Grades: High School and College Enrollment: 39 Duration: 6 - 12 months Founded: 1999
NATSAP Member Since: 2012	 Airport: Denver International, CO (DEN)

Founded by Daniel Conroy and Mae Martin in December 1999, AIM House has both a young men's and young women's program. Ages 17.5 and up, AIM House has been highly successful at helping participants work through issues such as substance abuse, eating disorders, social anxiety, difficulties launching into independence, affective regulatory disorders, attachment and anger problems.

AIM House is an individualized, young adult transitional program. Our program is designed for the individual who is transitioning from residential treatment centers, drug and alcohol rehabilitation centers, wilderness therapy programs and therapeutic boarding schools. We provide a positively structured living environment and a supportive, personalized program that includes:

- Master level therapist supervised by PhD
- One-on-one coaching
- Clinical Psychologist on staff
- Peer support
- 12-step orientation & support
- Group and individual therapy
- Family therapy and workshops
- DBT Skills Building Group
- Tutoring and structured study sessions
- Access to academic institutions, vocational internships and volunteer opportunities.

Our primary goal is to help participants actualize their potential through developing insight and awareness as well as through learning and practicing the important life skills necessary to facilitate growth occurring on the level of long-term behavioral change.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: NIPSA
Professional Affiliations: NATSAP-Young Adult Associate Member

Alpine Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Michele Boguslofski Admissions Contact: Christian Egan Academic Contact: Angie Alvey Email: mboguslofski@alpineacademy.org Phone: (800) 244-1113 Fax: (435) 843-5416 Address: 1280 Whispering Horse Drive Erda, UT 84074 Website: www.alpineacademy.org	Gender: Girls Only Ages: 12 - 18 Grades: 7 - 12 Enrollment: 70 Duration: 12 - 14 months avg. Founded: 2001
NATSAP Member Since: 2001	 Airport: Salt Lake City Int'l (SLC)

Alpine Academy is a Residential Treatment Center serving girls ages 12-18. At first glance, you'll know Alpine Academy is different. Our 35-acre campus sits at the base of a spectacular mountain range. Seven beautiful homes surround our clinical, academic & administrative buildings, fitness & arts center, an outdoor sports field, community garden and large riding pastures. We believe our peaceful location is part of what makes our healing process work – the open spaces, clean air and beautiful mountains help to create a calm and safe environment where change can occur.

Girls who are referred to our program are often experiencing emotional and behavioral problems which may include, but are not limited to: Depression, Reactive-Attachment Disorder, low self-esteem, academic struggles including learning disabilities, adoption issues, Post-Traumatic Stress Disorder, Bipolar Disorder, and traits of developing personality disorders. Exclusionary criteria include: violent tendencies towards self or others, extreme runaway risk, primary diagnosis of substance abuse, adjudication or a full-scale IQ of less than 80.

All aspects of our treatment program utilize a cognitive-behavioral approach, including the following elements: LIFE (Learning in a Family Environment) skills teaching, intensive clinical work that includes individual, group, and family therapy, on-site psychiatric services and transition-focused therapeutic family weekends. Alpine offers a variety of experiential therapy interventions as well: equine-assisted psychotherapy, specialty groups, and independent living training are all part of our curriculum. Our Healthy 4 Life program includes elements of Fitness, Nutrition, Leisure & Recreation and Service. Our treatment model is research and evidenced based, endorsed by the American Psychological Association (APA) and by the California Evidence-Based Clearinghouse

Alpine Academy is an accredited school with NWAC and is certified as a non-public school in California. We are able to service existing IEP's for girls with a variety of special academic needs. Our Principal, guidance counselor, and NCLB highly-qualified teaching staff are committed to providing a high-quality academic setting that completes the individual treatment needs for each girl. Small class sizes, individual tutoring time, a variety of elective class choices, credit recovery/remediation and weekly academic outings focused on hands-on learning, and opportunities for advanced course work are all critical elements of our individualized treatment approach.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission; California Non-Public School Accreditation; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member, NAPSEC-Full Member, Teaching-Family Association Sponsor Site; Member of Independent Small Programs Alliance, Utah Private Providers Association

ANASAZI Foundation

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Michael J. Merchant Admissions Contact: Virginia Robinson Email: info@anasazi.org Phone: (480) 892-7403 Fax: (480) 892-6701 Address: 1424 South Stapley Dr. Mesa, AZ 85204 Website: www.anasazi.org	Gender: Coeducational Ages: 12 - 31+ Grades: N/A Enrollment: 40 Duration: 49 days minimum Founded: 1988 
NATSAP Member Since: 2002	Airport: Phoenix, AZ (PHX)

The mission of the non-profit ANASAZI Foundation is to prepare parents and children to turn their hearts to one another and walk in harmony in the wilderness of the world.

ANASAZI Foundation's Joint Commission-accredited behavioral health care services are effective for adolescents and young adults with mood disorders, behavioral concerns, attachment disorders and/or adjustment difficulties. Treatment addresses depression, anxiety, oppositional behavior, substance abuse, relational problems, school failure, self-harming behaviors (eating disorders, cutting, suicidal ideation, etc.), poor social skills, lack of motivation, entitlement and other issues related to a lack of self-regulation and moral identity.

Youth and young adults whose parents are willing to play an active role in treatment are more likely to achieve the desired outcomes. Parents participate in an admissions-day orientation; attend a relationship workshop; consult weekly (via phone or in person) with their child's therapist; and join their child in the wilderness for the final two nights/three days of the program.

ANASAZI also encourages the consideration and exploration of the spiritual component of one's life as a part of treatment. The choice to include spirituality is purely voluntary. ANASAZI does not endorse or favor a particular religion or belief system.

Founded by wilderness therapy pioneers Larry Olsen and Ezekiel Sanchez, the nurturing approach at ANASAZI summons introspection and personal responsibility—it powerfully invites a change of heart that promotes a lasting change of behavior. Treatment is individualized and provided by a licensed and credentialed staff specializing in child and adolescent psychology, marriage and family therapy, social work, nursing and experiential education. Staffing ratios are 2:1 and group sizes range from 3-8. Outpatient, aftercare and alumni services are available to support and sustain changes made while at ANASAZI. Fees may be covered by insurance and financial aid is available for families in need. Admissions occur every week, year-round.

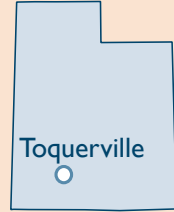
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Joint Commission, Arizona Department of Health Services, Office of Behavioral Health Licensing, Level II Behavioral Health Care Provider

Professional Affiliations: NATSAP-Full Member; OBH Council; Association for Experiential Education (AEE); Accredited Outdoor Behavioral Healthcare Program

Ashcreek Ranch Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tammy P. Behrmann Admissions Contact: Darren L. Prince Academic Contact: Boyd Prince Email: admissions@ashcreekacademy.com Phone: (435) 215-0500 Fax: (928) 300-5353 Address: PO Box 39 Toquerville, UT 84774-0039 Website: www.ashcreekacademy.com	Gender: Boys Only Ages: 13 - 17 Grades: 8 - 12/College Prep Enrollment: 24 Duration: 10 months Founded: 2012
NATSAP Member Since: 2012	 Airport: Saint George, UT (SGU), Las Vegas, NV (LAS)

Ashcreek Ranch Academy (ARA) is passionate about creating and maintaining an environment where young men are given the tools and skills needed to break free from the stranglehold of Substance Abuse. Addictive behavior is replaced with pro-social behavior resulting in sobriety, academic excellence and a happy, healthy and meaningful outlook on life.

Ashcreek Ranch is a 24 bed treatment program working with boys ages 14-17 who are struggling with substance abuse as well as other emotional and behavioral issues such as ADHD, oppositional defiance, depression, adoption, etc. Located at the edge of a small rural community the campus has a large beautiful home on a gorgeous 15 acre horse ranch.

The ARA program was created by professionals with extensive experience who are committed to working with teenagers. The primary focus at ARA is to have a program which is unsurpassed in assisting adolescent boys in overcoming the damaging effects of substance abuse. ARA is an individualized program with small therapeutic case-loads and is operated based on the knowledge that recovery is possible and with the right tools and information each student can learn to make new choices for a happy, healthy and meaningful life.

Ashcreek Ranch combines an intense clinical model with the evidenced based Seven Challenges® Program which specializes in substance abuse for adolescents combined with a 12 step program, a challenging college prep academic program focused on maximizing a student's potential, an amazing horsemanship program designed to encourage hard work, to build self-esteem and self-improvement by working daily with the elite horses in an amazing horse breeding ranch, a challenging sports, physical fitness and adventure program, weekly community service which allows the students to build character through serving and helping others, and a Spirituality building program designed to enhance their relationship with a power greater than themselves.

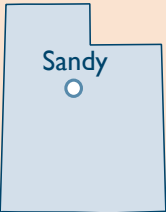
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Utah State Department of Human Services; Advanc-Ed; National Academic Accreditation; Northwest Association of School and College; North Central Association of Schools and Colleges and Utah Office of Education.

Professional Affiliations: NATSAP-Associate Member; Joint Commission of Accredited Health Care Organizations; The Seven Challenges Program

Aspiro Group, Inc.

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Gordon Day Admissions Contact: Josh Watson Email: jwatson@aspiroadventure.com Phone: (801) 349-2740 Fax: (801) 454-3805 Address: 63 East 11400 South, #186 Sandy, UT 84070 Website: www.aspiroadventure.com	Gender: Coeducational Ages: 13 - 28 Grades: N/A Enrollment: 8 participants per group Duration: 6 - 10 weeks Founded: 2005
NATSAP Member Since: 2007	 Airport: Salt Lake City Int'l (SLC)

Aspiro is the most clinically advanced Wilderness Adventure Therapy program in the United States. Licensed as an outdoor treatment program by the State of Utah Department of Human Services, Aspiro not only provides a dynamic clinical treatment model, it fully integrates evidence based psychology within the constructs of our sequential high adventure components. Aspiro takes treatment out of the confines of the traditional facility setting. We utilize the real world, front and back country environments, to craft therapeutic experiences which provide real time assessment and educational opportunities. Our therapeutic approach is bolstered by the activities our students engage in such as; mountain biking, rock climbing, rappelling, alpine skiing, canyoneering, snow shoeing and backpacking. Through their experiences, students gain greater depth during individual and group talk therapy sessions, focusing on solutions and overcoming challenges from the past.

The Aspiro clinical team utilizes empirically based approaches to therapy consisting of Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Family Systems Therapy, Adventure Therapy and Motivational Interviewing. Individual therapy, group therapy and family therapy take place on a weekly basis. A formalized Individualized Treatment Plan is also developed for each participant. An emphasis is placed on family systems therapy, including regular weekly communication, therapeutic assignments and a mid-program family seminar on site. Through this hands on, integrated clinical model, participants gradually begin to develop healthier relationships, learn new, healthy coping strategies, and enhance emotional/behavioral regulation skills, social skills and life skills that lead to future success. The goal is to help participants develop a higher level of self-efficacy and eliminate negative unhealthy behaviors.

Aspiro operates year-round and application for admission may take place at any time. Acceptance is based on a thorough review of the participant's current and past history of behavior; consultation with parents and relevant professionals and psychological testing when appropriate. Appropriate candidates are adolescent males and females, ages 13-17, and young adult males and females, ages 18-28, with a history of mild to moderate behavioral problems, low self-esteem, academic under-achievement, anxiety, depression, ADD/ADHD, adoption and attachment issues, learning disabilities, drug/alcohol use, processing difficulties and family conflict.

Aspiro also facilitates a specialized group called Vantage Point (www.vantagept.org) that focuses more specifically on adolescents and young adults dealing with neurodevelopmental challenges, executive function, social and learning deficits.

Psychological or psycho-educational testing is available at an additional cost upon request. In addition, medication and/or psychiatric assessment are also available as needed. Participants earn academic credit while attending Aspiro that is transferable to accredited schools.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Office of Licensing, Department of Human Services, Outdoor Youth Treatment

Professional Affiliations: NATSAP-Full Member; NATWC Association for Challenge Course Technology (ACCT); Leave No Trace

Auldern Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Angie Fusco Admissions Contact: Amanda Woolard amanda.woolard@sequelyouthservices.com Academic Contact: Jim Phillips Email: auldern.admissions@sequeltsi.com Phone: (919) 837-2336 Fax: (919) 837-5284 Address: 990 Glovers Grove Church Road Siler City, NC 27344 Website: www.auldern.com	Gender: Girls Only Ages: 14 - 18 Grades: 8 - 12/College Prep Enrollment: 60 Duration: 14 - 18 months Founded: 2001
NATSAP Member Since: 2002	 Airport: Raleigh/Durham, NC (RDU)

Auldern Academy is a therapeutic boarding school offering an excellent academic curriculum, an outstanding therapeutic program both in a warm, nurturing environment. Our goal is to prepare young women academically, emotionally and socially for the challenges of the coming college years.

Young women who succeed at Auldern are academically capable, but there is some concern about the risks they may face in more traditional schools. They most likely will have completed some prior therapeutic or wilderness program and bring with them an awareness of, and willingness to continue to address personal issues.

Auldern Academy offers a college preparatory 9th through 12th grade academic curriculum, which includes Honors coursework. Our small classes rarely exceed ten students, allowing the student and her teacher to have a high level of interaction, communication and LD accommodations. In addition, Auldern Academy offers a strong visual arts program that includes ceramics, photography, drawing and painting. Evening enrichment classes include yoga, dance, horseback riding, guitar and choir. Students are able to form and join clubs such as fitness, drama, tennis and reading.

Auldern Academy's Clinical Services Program is built upon a gender specific, evidence based curriculum designed specifically to help young women in their quest for confidence, emotional health and relational healing. The Clinical Services Program is staffed by master's level clinicians who provide support in the form of both individual and group counseling. Clinicians are available to interact informally and help students on an as needed basis. Specialized substance abuse and trauma counseling is also available to those who need these services. Upon admission, each student is partnered with a clinician who helps her create a Personal Growth Plan to help her keep focused on goals.

Our Student Life department strives to create a nurturing and caring community, filled with camaraderie and fun. Our goal is to create a warm, safe atmosphere while teaching girls to take responsibility for their living situation. During their time at Auldern, they develop the confidence, integrity and compassion that will lead them to success as young adults. Most importantly, Auldern girls learn to build friendships built on honesty and trust. Weekends are enriched with a large variety of activities allowing girls to interact with the robust Chapel Hill and Raleigh communities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: National Independent Private School Association (NIPSA) Therapeutic Certification Level III; North Carolina Department of Education, Non-Public School Accreditation; National Independent Private School Association (NIPSA); AdvancEd(formerly SACS/CASI); Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Small Boarding School Member

Austen Riggs Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Suzanne Dewey Admissions Contact: Eric Plakun Email: info@austenriggs.net Phone: 1-800-51-RIGGS Fax: (413) 298-4020 Address: 25 Main Street P.O. Box 962 Stockbridge, MA 01262 Website: www.austenriggs.org	Gender: Coeducational Ages: 18 and older Grades: N/A Enrollment: 60 Duration: 6 weeks minimum Founded: 1919
NATSAP Member Since: 2013	 Airport: Great Barrington Airport (GBR)

Founded in 1919, the Austen Riggs Center is an open, voluntary psychiatric hospital and residential treatment center that specializes in longer-term treatment for diagnostically complex adults.

We offer a range of interventions within an integrated psychodynamic framework. An emphasis is placed on patient authority and responsibility while examining the meaning behind behaviors and how behaviors impact relationships.

Patients have individual, four times/week psychodynamic psychotherapy sessions with a Doctoral level clinician along with support and counseling from an interdisciplinary team that follows each patient from admission to discharge. The team includes a therapist, psychopharmacologist, substance use disorder counselor, social worker, nursing care coordinator, a therapeutic community staff member and others. The goal of treatment at Riggs is to help “treatment-resistant” patients become people taking charge of their lives.

Alongside the work we do with patients is the work of our Erikson Institute, which conducts research and provides educational opportunities including a four-year, post-doctoral training program in psychoanalytic studies accredited by the ACPEinc.

Austen Riggs is located in Stockbridge, Massachusetts, three hours from New York City, two hours from Boston and one hour from Albany, New York. The historic buildings that make up the campus are located along Norman Rockwell's Main Street.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Massachusetts Department of Mental Health, Joint Commission

Professional Affiliations: NATSAP-Full Member; American Hospital Association; National Association of Psychiatric Health Systems; American Residential Treatment Association

Bayes Achievement Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Daniel Bayes Admissions Contact: Pearl Silvis Email: psilvis@bayescenter.com Phone: (936) 291-3391 Fax: (936) 291-7622 Address: 7517 Hwy. 75 South Huntsville, TX 77340-2485 Website: www.bayescenter.com	Gender: Coeducational Ages: 6 - 22 Grades: K - 12 Enrollment: 75 Duration: 1 month - Open Founded: 1993
NATSAP Member Since: 2013	 Airport: Houston (IAH)

Bayes Achievement Center (BAC) is a state-licensed and nationally-accredited Residential Treatment Center and Day School program serving boys and girls ages 6-22 with severe behavioral problems. We serve students with a wide range of exceptionalities including emotional and behavioral disorders, autism and intellectual disabilities. The one characteristic common to all of our students is that the severity of their behaviors prevents them from being successful in less-restrictive environments.

Our mission is to help the children and young people who are most in need have the best life possible. To this end, we will accept any student into our program regardless of the severity of his behavior. Once in our program, we are committed to our students; there is no problem behavior that will get them expelled. We believe that children need loving care and treatment regardless of their behavior, and rejecting them from treatment for misbehavior worsens their condition and society's ultimate burden.

In our teaching homes, we offer a warm, caring and comfortable atmosphere that replicates the home environment. There, our students engage in the same activities that they would do at their own homes. They learn chores, prepare snacks and meals, play games, swim, shoot hoops and spend time in the community.

In the classroom, for many of our students, their past history of failure in school has led them to believe that misbehaving is the only thing they can do well. By helping them end their negative behavioral cycles while at the same time providing them with top-quality individualized education, our students begin to experience success in school for the first time in their lives. With increased success comes increased self-confidence. A new positive behavioral cycle begins which propels them towards transitioning back home, graduation, vocation or college.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Texas Department of Family and Protective Services; the Joint Commission (TJC)

Professional Affiliations: NATSAP-Full Member; National Association of Special Education Teachers (NASSET); Designated School of Excellence

Benchmark Transitions

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jayne Longnecker Admissions Contact: Shelley Skaggs Academic Contact: Nicholas Prelesnik Email: admissions@benchmarkyas.com Phone: (800) 474-4848 Fax: (909) 793-4499 Address: 1971 Essex Court Redlands, CA 92373 Website: www.benchmarktransitions.com	Gender: Coeducational Ages: 18 - 24 Grades: High School; College; Technical Enrollment: 44 Duration: 6 - 12 months Founded: 1993 
NATSAP Member Since: 1999	Airport: San Bernadino International, CA (SBD)

Benchmark Transitions is a comprehensive, multi-disciplinary approach to residential transitional living for men and women, ages 18-24. Our dual-diagnosis model combines clinical treatment, behavioral health therapy, addiction recovery & aftercare, educational opportunities, job training and life skills in a structured and nurturing environment that fosters self-discovery and autonomy. Our model is peer-group and community based using a life coaching and therapeutic approach. Practical application, skills-based and cognitive behavioral treatment, allows students to learn personal responsibility and accountability through hands-on trials. The core component of our curriculum requires six months min to complete Level I & Level II. The second component of the program includes on/off property independent living, average LOS 10-12 months. Extended care is available.

Benchmark offers Dual Treatment options: Recovery & Aftercare students are those who have a history of substance use or abuse and Behavioral Health students have not exhibited any issues with drugs and/or alcohol. Both programs include our comprehensive curriculum of education, vocational & career skills, life skills and clinical treatment.

Facilities: The Education & Life Skills Center houses corporate & staff offices, student group rooms, three-bay teaching kitchen, library classroom/resource lab and Work Skills center; for creative arts, wood & electrical workshop. Students live with other Benchmark students on campus at our exclusive 18-unit apartment complex, featuring 24/7 awake staff. Upper level students may live in Benchmark-approved apartments in the community.

Academics: Benchmark Transitions includes an integrated, on-site high school component and the flexible curriculum allows students to obtain WASC-accredited HS diploma from Redlands Unified School District/Redlands Adult School, concurrently within the independent living curriculum. We offer our own HS curriculum, fully accredited by the National Private Schools Association Group (NPSAG) to facilitate a private school diploma. High school is available throughout the year. The on-site Education Department hosts a resource center, monitored internet access for school work, a comprehensive tutoring and study skills program, assistance with college placement and testing, curriculum guidance and career testing.

Family Involvement: Benchmark provides a six part series of parent coaching calls, to support parents & families when newly enrolled. Parents also attend a three-day Parent Workshop that provides additional insight into our curriculum and coaching philosophies, developing improved parent/young adult child communication skills. Progress reports and family therapy phone conferences are incorporated. Parents are an integral component to the success and delivery of our program model. Visits and meetings are arranged by the student's primary life coach.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: National Private School Accreditation Group; National Private School Accreditation Group

Professional Affiliations: NATSAP-Young Adult Associate Member; Young Adult Transitional Association (YATA); National Association of Addiction Treatment Programs (NAATP)

Birdseye RTC (Residential Treatment Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Clark Hammond Admissions Contact: Lynn Loftin Academic Contact: Paul Youngberg Email: info@birdseyertc.com Phone: (801) 798-9077 Fax: (801) 798-8949 Address: PO Box 117 Spanish Fork, Utah 84660 Website: www.birdseyertc.com	Gender: Boys Only Ages: 13 - 18 Grades: 9 - 12 Enrollment: 15 Duration: 9 - 12 months Founded: 1989
NATSAP Member Since: 2011	 Airport: Salt Lake City Int'l (SLC)

It is the mission of Birdseye RTC (BRTC) to provide intensive and comprehensive residential treatment by offering a new beginning in the lives of adolescent boys who are struggling with inappropriate sexual behaviors; believing that each boy can learn to live a healthier life by strengthening relationships, increasing awareness, learning new skills and developing both socially and emotionally.

BRTC is a community-based residential program, providing supportive care and specialized treatment for youth ages 13 through 18 who have inappropriate sexual issues. The program is licensed and monitored by the State of Utah Department of Human Services. The program provides direct supervision with a one to four staff-to-youth ratio during the day and a one to six staff-to-youth ratio during sleeping hours. By holding youth accountable for controlling impulses and behavior and by emphasizing hope for a healthier life, the program offers youth the opportunity to develop a new perspective on relationships and achieve comprehensive rehabilitation.

BRTC is located in the rural mountain community of Birdseye, approximately 30 miles south of Provo, Utah. The 50-acre ranch has a beautiful mountainous backdrop and an abundance of clean air, wildlife and recreational opportunities. The surrounding area consists of land governed by the Division of Wildlife Resources, the Federal Bureau of Land Management, Manti-La Sal National Forest, and the Uinta National Forest. In the ranch setting, young men live outside the mainstream of the community and yet have access to community resources for medical, dental and recreational services.

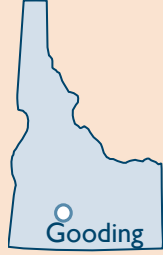
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Utah Department of Human Services; Northwest Association of Accredited Schools

Professional Affiliations: NATSAP-Full Member; American Association of Children's Residential Centers (AACRC)

BlueFire Wilderness Therapy

(Outdoor Therapeutic Program & Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Kathy Rex Admissions Contact: Reid Treadaway Email: reid@bluefirewilderness.com Phone: (208) 610-3232 Fax: (208) 934-5171 Address: 1120 Montana Street Gooding, ID 83330 Website: www.bluefirewilderness.com	Gender: Coeducational/Single Gender Groups Ages: 11 - 17 Grades: 6 - 12 Enrollment: 10 Duration: 8 - 12 weeks Founded: 2013
NATSAP Member Since: 2014	 Airport: Boise, Idaho (BOI)

We are a hybrid base camp model wilderness therapy program with adventure activities. Our therapists are with the groups four days per week. Individual therapy session happens two times per week and group therapy at least four times per week. We provide weekly equine therapy.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Idaho Department of Health and Welfare
Professional Affiliations: NATSAP-Associate Member

Boulder Creek Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Lisa Hester Admissions Contact: Theresa Wardle Academic Contact: Charla Suppe Email: Theresa.wardle@uhsinc.com Phone: (877) 348-0848 Fax: (208) 267-3155 Address: 378 Emerson Lane Bonners Ferry, ID 83805 Website: www.bouldercreekacademy.com	Gender: Coeducational Ages: 13 - 18 Grades: 9 - 12 Enrollment: 45 Duration: 12 - 18 months Founded: 1993
NATSAP Member Since: 1999	 Bonners Ferry Airport: Spokane, WA (GEG)

At Boulder Creek Academy students rediscover their academic and social confidence. The key to our success is that we reignite our students' belief in themselves by utilizing time-tested and proven methods. Students begin to experience academic achievement, regain self-esteem, learn to embrace their uniqueness and become capable learners who are confident in themselves.

Boulder Creek Academy has spent more than two-decades focused on meeting the unique needs of adolescents ages 13 to 18 that have experienced school failure and feel socially disconnected. Typical student challenges include social cognitive deficits, communication deficits, executive function issues, learning disorders, non-verbal learning disorder, compulsive internet and gaming use, social isolation, low self-esteem, anxiety, and depression. Students are also bright, creative, and compassionate young people.

To help our students achieve to their full potential, we offer a carefully designed blend of academics, therapy, plus adventure and leadership opportunities. Students benefit from: college preparatory curriculum; personalized learning plans; special educational support; individual, group and family therapy; recreational therapy; milieu counseling; character development; restorative circles; adventure education; plus our horticulture, animal husbandry, and therapeutic canine and equine program.

At Boulder Creek Academy, special care is taken to introduce students to the academic program in a manner that ensures success. In the classroom teachers utilize experiential learning practices and bring tools to students such as graphic organizers, color coding and sequencing, and task initiation. Students requiring additional academic support benefit from evidence-based programs that help develop phonemic awareness, passage comprehension, attention and concentration capabilities, operational and problem solving abilities, and working memory. Students who once thought they were incapable of academics find themselves thriving in our academic setting and experiencing success.

Each day at Boulder Creek Academy is purposefully designed to maximize experiences that allow students to practice social skills, exhibit leadership qualities, benefit from therapeutic learning and to have fun. Students also enjoy purposeful breaks and programming designed specifically for single-gender experiences

Boulder Creek Academy's campus is situated on 180 acres at the base of the spectacular Cabinet Mountains in Northern Idaho. The campus has many unique features, including a working farm, a horticulture program, equine arena, canine kennel, music and art studios, a climbing wall, and ponds for fishing and swimming. The main academic building is equipped with individual classrooms, a computer lab, a science lab and a library, creating a traditional academic environment.

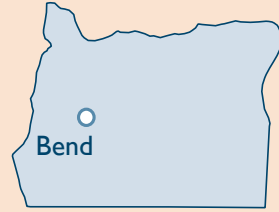
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health Welfare, Childcare; Idaho Department of Education Approved Special Education Program; Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Bridges Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Joan McOmber, LMFT Admissions Contact: Leslie Maielua Academic Contact: Jeff Wenger, MA Ed Email: info@bridgesboysacademy.com Phone: (541) 318-9345 Fax: (541) 383-4108 Address: 67030 Gist Rd. Bend, OR 97703 Website: www.bridgesboysacademy.com	Gender: Boys Only Ages: 13 - 18 Grades: 8 - 12/College Prep Enrollment: 22 Duration: 12 - 14 months Founded: 1997
NATSAP Member Since: 2004	 Airport: Redmond, OR (RDM) Portland, OR (PDX)

Bridges Academy is a year-round therapeutic boarding school for teenage boys ages 13-18 who are struggling with emotional, behavioral, academic and family issues. With 18 years of success we combine several philosophies surrounding personal growth, community living, the creation of a positive peer environment and experiential learning. While at Bridges Academy, students are challenged daily to identify their positive and negative behavior patterns. They explore their role in family dynamics and examine ways in which their choices have influenced and been influenced by their peer interactions. Ultimately, during the students' tenure with our program, they learn the tools necessary to make healthy, positive choices in their lives, as well as in their peer and family relationships.

Our rustic setting and structured, family size program, provides students with individualized attention while working with each family as a whole. This work encompasses the following: A clear work-to-earn trust building system, a strong positive peer environment, community service opportunities, family counseling/ workshops, and an effective addiction studies program. Our graduates tell us they've learned the value of hard work and history shows they obtain great jobs, get promoted to positions of supervision and make good use of their continuing education.

Bridges Academy offers a planned, accredited program for students of all academic abilities and goals including college preparatory. Student-teacher ratio is 6-1. This attention provides the opportunity for experiential learning for school credit. The curriculum is individualized to fit each student's needs and accommodates grades 8-12 with year-round classes.

The typical Bridges Academy graduate demonstrates confidence to affect positive outcomes within their interpersonal relationships and become contributing and significant members of their families and communities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services; NWAC/AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Building Bridges

(Residential Treatment Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Kurt Fairbank Admissions Contact: Sarah Fairbank Academic Contact: Andy Burwig Email: info@buildingbridgesinc.net Phone: (406) 827-9853 Fax: (406) 827-9854 Address: 100 Graves Creek/PO Box 1310 Thompson Falls, MT 59873 Website: www.buildingbridgesinc.net	Gender: Boys Only Ages: 14 - 18 Grades: 8 - 12 Enrollment: 24 Duration: 12 - 18 months Founded: 1996
NATSAP Member Since: 2002	 Airport: Missoula, MT (MSO), Spokane, WA (GEG)

At Building Bridges, we believe the natural environment is an unparalleled teacher, bringing into perspective each student's strengths and shortcomings. Building Bridges is a long-term residential program that teaches students the basics of accountability and responsibility in a nurturing family setting.

By addressing our students' behaviors and feelings and having them reevaluate family interaction and priorities, we assist teens in the process of moving back into their families.

Building Bridges is an all male program for students ages 14 to 18. Typically, our students are young people experiencing low self-esteem, wavering self-confidence, poor relations and communications with family. They may have experimented with drugs or have an extensive drug use history.

Building Bridges has three complementary programs; Summer, Intermediate and Residential. We provide a group experience providing students a base regarding how they deal with others in their families and the world as a whole. Our Director is state and nationally certified in Chemical Dependency and has years of experience in family work. Students have a highly structured day, yet attempts at placing them in as "normal" social situations as possible to provide real life choices is our goal. This integration with the public allows the student to grow emotionally at a far faster rate and better prepares them for life after Building Bridges.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs

Professional Affiliations: NATSAP-Full Member; Independent Small Program Alliance (ISPA)

Calo Preteens

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Laurie Laird Admissions Contact: Elizabeth Burroughs Academic Contact: Tami Heidbrink Email: lburroughs@calopreteens.com Phone: (877) 879-CALO Fax: (573) 365-2224 Address: 130 Calo Ln. Lake Ozark, MO 65049 Website: www.calopreteens.com	Gender: Coeducational/Single Gender Groups Ages: 9 - 14 Grades: Elementary and Middle School Enrollment: 18 girls / 18 boys Duration: 12 months avg. Founded: 2014
NATSAP Member Since: 2015	 Airport: Columbia, MO (COU), Springfield, MO (SGF), Kansas City, MO (MCI), Saint Louis, MO (STL)

Calo Preteens serves adopted boys and girls between the ages of 9 and 14 who experienced early childhood stress and trauma. Our preteens are struggling to make and keep relationships in all aspects of their lives – with their parents and, perhaps, other authority figures, their siblings, and their peers. Our boys and girls are emotionally unstable and need help learning how to self and auto regulate their emotions so they feel that they “fit” with their families and friends. Indeed, most of them have trouble making and/or maintaining friendships. Calo Preteens is a safe haven to resolve past trauma along with helping your child develop a more positive and coherent sense of self.

We have worked with adoptive families for almost a decade and specialize in healing the effects of early childhood stress. These adverse childhood experiences not only generate issues of emotional regulation, but also create pervasive shame. Early stress develops into anxiety, ADHD, recklessness and the inability to develop consistent and healthy relationships. These hurting children struggle to understand empathy, altruism, and how relationships are formed and actually work. Every aspect of Calo Preteens – from our project-based classrooms to our transferable attachment canine program, our sensory integration work with each student, and our neurotherapy work – combine to truly change the lives of the families we serve. Our kids learn to not only value relationship, but also learn they are worthy of relationship.

The Calo Preteens profile could include diagnoses such as: anxiety, attachment issues, depression, oppositional defiant disorder, neglect, abuse, ADHD, learning disabilities, PTSD, and RAD. Many are charming, manipulative and controlling, particularly in their homes. They are often socially awkward and/or behave in ways that are far younger than their peers. Many have received a number of diagnoses in their short years, only some of which are applicable. Calo Preteens is truly dedicated to providing the most unique, safe and loving environment to help you and your family.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Missouri, Department of Social Services, Children's Division, Residential Treatment Facility; Joint Commission (JCAHO) Accreditation; Approved Private Agency, Missouri Department of Elementary and Secondary Education; California Department of Education as a Non-Public School

Professional Affiliations: NATSAP – Associate Member, AdvancED, NAPHS – Full Member

Calo Teens

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Alex Stavros Admissions Contact: Nicole Fuglsang, MA, NCC, LPC Academic Contact: Robert Burroughs, PhD Email: nfuglsang@caloteens.com Phone: (877) 879-CALO Fax: (573) 365-2224 Address: 130 CALO Lane Lake Ozark, MO 65049 Website: www.caloteens.com	Gender: Boys & Girls In Single Gender Groups Ages: 13 - 18 Grades: 8 - 12 Enrollment: 32 girls / 48 boys Duration: 12 months avg. Founded: 2006  Airport: Columbia, MO (COU), Springfield, MO (SGF), Kansas City, MO (MCI), Saint Louis, MO (STL)
NATSAP Member Since: 2007	

Calo Teens is the nation's first adoption-specific family treatment center. We are the country's leading experts at working with adoptive families and addressing the dysfunctional patterns that prevent healthy relationship. We have healed and restored the trust of hundreds of families over the past almost decade.

Most of the adopted teenagers we work with have had exposure to early childhood stress and even trauma. The unhealthy and negative behaviors, and DSM diagnoses, they have developed are a means to cope with this underlying anxiety.

We employ Golden Retrievers to supplement our talented therapists and to help heal this underlying stress. Our students raise, train, feed, and sometimes adopt these canines in a process we call "transferable attachment." Through this process our students learn how to create and maintain reciprocal relationships. They learn empathy. They learn to give. They heal trauma. We also heal trauma by harnessing the power of successful experience using the stunning resources of Lake of the Ozarks. We teach fly fishing, wake boarding, water skiing, canoeing, rock climbing, and even distance biking. What we are really doing is engineering successes that improve self-esteem, trust, communication and relationship. After experiencing repetitive, relevant, relational, rewarding successes, our students begin to become comfortable succeeding. They stop looking for the world to punish or hurt them. They start expecting the world to be rewarding. They relate to caregivers and parents in trusting ways. They begin to experience joy. They become safe.

Calo Teens espouses a true relational approach to create change from the inside out, heart first and behavior second. At Calo Teens, we treat a very specific subset of the struggling teen population: we heal the effects of adverse childhood experiences using a relational paradigm along with some of the most innovative and effective clinical treatment available anywhere. Adopted teens and emotionally instable teens with a history of stress and even trauma (abuse or neglect) in their early years (even in utero) are our focus. Our teens are damaged in the areas of empathy, altruism and relationship formation. Healing this damage requires that lasting change be created within the context of safe relationships, not by virtue of consequences and rewards.

The following would be examples of a teenager profile Calo Teens would specialize in treating: a teenager with a foster care history struggling to connect with parents and caregivers; a teen who was abused as a toddler and now cannot maintain emotional control; a later stage foreign-adopted teen who is not fitting in at home or at school, is hurtful toward parents, and is draining emotional resources from his/her adopted family; a teen with an undetermined, but probably neglected/abused history who is charming, but manipulative (a survivor) and only shows his/her true character around parents and siblings; a challenging teen who was adopted at birth, but who suffered from a neglectful and reckless biological parent.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Missouri, Department of Social Services, Children's Division, Residential Treatment Facility; Joint Commission (JCAHO) Accreditation; Approved Private Agency, Missouri Department of Elementary and Secondary Education; California Department of Education as a Non-Public School
Professional Affiliations: NATSAP – Full Member, The Joint Commission, AdvancED, NAPHS

Cascade Crest Transitions

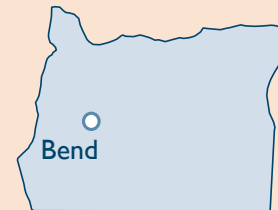
(Young Adult Program)

CONTACT

Executive Contact: Sean Fievet
Admissions Contact: Sarah Casson Rush
Email: admissions@casadecresttransitions.com
Phone: (866) 357-6357
Fax: (866) 442-4499
Address: 164 NW Hawthorne Avenue
 Bend, OR 97701
Website: www.casadecresttransitions.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 23
Grades: College
Enrollment: 34
Duration: 9 - 12 months
Founded: 2011



NATSAP Member
Since: 2015

Airport: Redmond, OR (RDM)
 Portland, OR (PDX)

Cascade Crest Transitions is a program designed specifically to work and empower young adults. Our students are ages 18-23, who are struggling in their launch to become healthy, independent adults. A typical profile of our students' challenges might be: difficulty sustaining healthy relationships, problematic mood and anxiety-related issues, mild learning disorders, and drug/alcohol use. We offer a setting in which students develop healthy, independent-living skills, while receiving support and supervision from our licensed therapists, academic advisers, and independent living staff. The Cascade Crest team utilizes Dialectical Behavioral Therapy (DBT), EMDR, and motivational interviewing with all students.

Cascade Crest is divided into three distinct phases:

Belay Phase (3-4 months): students participate in a more structured and supervised schedule, including: weekly individual and group therapy, bi-weekly family therapy, independent living classes, DBT, academic orientation, personal finance, and healthy living tasks.

Ascent Phase (6 months): students are given greater autonomy, as they attend college and/or work in the local community, participate in recovery, and engage in weekly therapy and advising. This phase is designed to provide students with more "real life" experiences of adult independence, while continuing to offer program scaffolding of support and accountability.

Summit Phase (aftercare): students are expected to be more or less fully independent by this stage. However, they can choose to continue to receive individual therapy, academic mentoring, and/or drug screening as they transition to life as a fully independent young adult.

During each students' residence at CCT, parents are asked to attend at least one, three-day Parent Workshop. We have found that these workshops provide opportunities for transformative work to take place between parents and their adult-children, all within the context of a safe and supportive therapeutic environment.

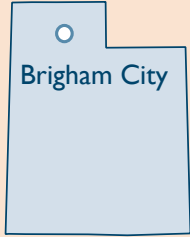
About Bend: Cascade Crest Transitions is located in beautiful Bend, Oregon. Bend offers a small and close-knit community with college opportunities and bountiful recreational activities to choose from year-round. Bend provides an ideal place for young adults to experience and deal effectively with life's challenges, while developing healthy lifestyles that will serve them for years to come.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Young Adult Associate Member; Young Adult Transitions Association; Central Oregon Program Association

Catalyst Residential Treatment, LLC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Kreg Edgmon, PhD, LMFT Admissions Contact: Jordan Larsen, LCSW Academic Contact: Nicole Butler Email: info@catalyststrtc.com Phone: (435) 723-4600 Fax: (435) 723-1670 Address: 970 South 1025 West Brigham City, UT 84302 Website: www.catalyststrtc.com	Gender: Boys Only Ages: 13 - 18 Grades: 9 - 12/College Prep Enrollment: 48 Duration: 9 months average Founded: 2006
NATSAP Member Since: 2007	 Airport: Salt Lake City, UT (SLC)

The mission of Catalyst is to create opportunities for meaningful change and success for all those associated with the program. We believe that with the proper care and environment, we help facilitate and accelerate the process of change in each individual and family. Our vision is to lead boys on the path to manhood and true independence, and to lead families on the path to wholeness.

Catalyst is a clinically-driven substance abuse and dual diagnosis residential treatment center for boys ages 13 to 18. Catalyst is operated in two large beautiful homes, each providing living quarters for 24 students. Surrounded by many acres of open space on the outskirts of Brigham City, Utah, Catalyst is just 50 minutes north of Salt Lake City.

Catalyst provides truly individualized treatment based on a foundation of a thorough assessment of each youth upon admission as well as on-going assessments on a weekly basis. Each therapist carries a caseload of no more than eight youth and we are very staff intensive with a true staff-to-youth ratio of one-to-four. We also pride ourselves on the professionalism of our staff, as we train in workshops on a regular basis.

Our treatment model is truly holistic in addressing the six major areas of each youth's life including the family, heart, body, mind, soul and friends core elements. We help youth and families on the path to healing and balance in all of these important areas of their lives.

Youth also gain significant personal experience with healthy living in Catalyst by participating in three types of experiential activities: music, exercise and sober fun. Youth participate in healthy exercise on a daily basis and have opportunity to take part in a triathlon and gain a real sense of personal accomplishment, if they choose. Sober-fun activities include snowboarding, mountain biking, camping, hiking, swimming and the like. Youth involvement in challenging and other experiential and recreational activities provides a very useful avenue for assessment and treatment of youth issues which may not be revealed in traditional "talk" therapy.

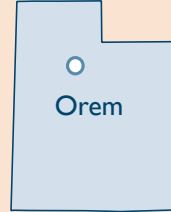
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools through Catalyst Preparatory Academy

Professional Affiliations: NATSAP-Full Member

Center for Change

(Residential Treatment Center - Eating Disorders)

CONTACT	PROGRAM OUTLINE
Executive Contact: Michael E. Berrett, PhD Admissions Contact: Pam Kidd Academic Contact: Elayne McArthur Email: info@centerforchange.com Phone: (888) 224-8250 Fax: (801) 224-8301 Address: 1790 North State Street Orem, Utah 84057 Website: www.centerforchange.com	Gender: Girls Only Ages: 13+ Grades: 8 - 12 Enrollment: 45 Duration: 2 - 3 months Founded: 1989
NATSAP Member Since: 2000	 Airport: Salt Lake City, UT (SLC)

Center for Change is devoted to providing a warm and caring atmosphere for those suffering with Anorexia, Bulimia, Binge Eating Disorder, OSFED and co-occurring conditions. We provide intensive treatment that gives hope, healing and recovery towards a full and meaningful life. Our programs are founded upon three basic principles: 1) eating disorders are learned behaviors and therefore can be unlearned; 2) everyone has the capacity for full recovery; and 3) high-quality intervention by trained professionals in a nurturing and loving environment is the optimal treatment setting for providing positive solutions to these self-destructive behaviors.

Center for Change is a program offering a full continuum of care, including acute inpatient and residential treatment, for adolescent girls and adult women who suffer from eating disorders. We understand that eating disorders are complex, intensely personal illnesses that can damage a woman physically, emotionally and spiritually. We work to heal the "whole person," not simply temporarily change behavior. Our Center offers complete and specialized treatment for eating disorders, as well as concurrent illnesses including depression, anxiety, trauma, addiction, self-injurious behaviors and more.

Center for Change utilizes a step-by-step phase program and a multidisciplinary approach in which patients first realize and acknowledge the impact of their eating disorder. Next they accept ownership of their illness and regain a sense of responsibility and hope. Patients then commit to a plan for recovery that includes facing underlying issues and actively working to resolve them. During the final phase, they increase self-acceptance and esteem through self-correction, relapse prevention, increased self-love, sharing and supporting others who are likewise struggling. We use multiple therapeutic methods and experiential opportunities to ensure a comprehensive and individualized experience: i.e. individual therapy, dietary counseling, group therapy, medical and psychiatric care, art class, music therapy, Yoga and body movement therapy, family therapy, 12-Step groups, drug & alcohol groups, body image therapy, DBT skills groups and various and extensive life skills classes. The Center's residential treatment program also houses Cascade Mountain High School, a full academic program for adolescents grades 8-12 which is Northwest accredited.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Health; Joint Commission; Northwest Accreditation Commission

Professional Affiliations: NATSAP-Full Member; International Association of Eating Disorders Professionals (IAEDP) National Eating Disorders Association (NEDA); TRICARE certified

Chamberlain International School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Sarah Norfleet Admissions Contact: John Mendonca Academic Contact: Scott Davignon Email: admissions@flicis.com Phone: (508) 946-9348 Fax: (508) 947-1953 Address: 1 Pleasant Street, PO Box 778 Middleboro, MA 02346 Website: www.chamberlainschool.org	Gender: Coeducational Ages: 11 - 22 Grades: 6 - 12/Post Grad Enrollment: 100 Duration: 365 days Founded: 1976
NATSAP Member Since: 2005	 Airport: Boston, MA (BOS), Providence, RI (PVD)

Chamberlain International School is a not for profit, co-educational Therapeutic Boarding and Day School for students ages 11-22 founded in 1976.

Chamberlain offers intensive academic and clinical intervention to students who require a high level of structure and care at this point in their lives. Our students are capable and talented children and young adults within the average to superior range who are faced with multiple complex diagnosis.

Chamberlain's on-grounds School accommodates many learning styles and needs. From multi modality and project based instruction to creative assessment of learning the approach is designed to maximize student academic potential. College prep, general education and life skills curriculum are offered. SAT prep and administration as well as state mandated testing, small class sizes and student to faculty ration, Speech Language, OT, Wilson/Sondy and Orton Gillingham reading programs.

Masters level clinicians offer individual, group and family therapy. Two on grounds Psychiatrists as well as three Nurses round out the clinical team. Cognitive Behavioral Therapy is the clinical focus with a strengths based approach. Within the clinical department therapists specialize in areas such as Exposure Response Prevention (ERP), Dialectical Behavior Therapy, Grief and Loss, Play Therapy, Family Therapy and Trauma work. Parent workshops and Parent support groups are offered throughout the year and weekly communication between families and therapist are ongoing.

Students live in 9 residences which are designed to create a homelike environment with much care and attention given to the atmosphere to ensure they are conducive to assisting each student utilizing a relational model. Our residential department works with the education and clinical team to ensure treatment goals are being carried out with the evening and weekend programming.

Throughout the school year multiple Educational and Recreational trips are offered to our students including Marine Science in Bermuda, History and Culture in Europe, Habitat for Humanity, Skiing, Camping and more.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education; Massachusetts Department of Early Education and Care; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; IASE; ISPA; MAAPS; NAPSEC;

Cherokee Creek Boys School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: David LePere Admissions Contact: Shaler Black Cooper Academic Contact: Denise Savidge Email: info@cherokeecreek.net Phone: (864) 647-1885 Fax: (866) 399-1869 Address: 198 Cooper Road Westminster, SC 29693 Website: www.cherokeecreek.net	Gender: Boys Only Ages: 10 - 15 Grades: 5 - 9 Enrollment: 36 Duration: 12 - 24 months Founded: 2003
NATSAP Member Since: 2009	 Airport: Spartanburg/Greenville, SC (GSP)

At Cherokee Creek Boys School our mission is to “Challenge boys and their families to discover what is real and true about themselves and the world around them.”

Nestled in the foothills of the Blue Ridge Mountains, Cherokee Creek is a therapeutic boarding school where struggling middle school boys, ages 10-15, come to discover a sense of hope and optimism for their future. Our students are great kids with very real challenges. By the time boys reach Cherokee Creek, family relationships are often strained and the home environment may be in chaos. Many of our students are unwilling or incapable of recognizing the negative impact that their actions have on themselves, their families and those around them. Our students come to us with many challenges including, but not limited to: attention deficit disorder, depression, anxiety, oppositional behavior, learning style differences, academic frustration or failure, divorce, adoption issues, abandonment, trauma and grief and loss.

Cherokee Creek Boys School is a warm, positive, nurturing learning community that offers the benefits of small enrollment, individual, group, family and equine assisted therapy, hands-on academics, counseling, recreation and a talented staff dedicated to helping boys find their way to a life of balance and harmony. Our PATH program creates a journey for students to gain insight, grow, develop and succeed through a combination of Personal Enrichment opportunities, Academics, Therapy, and Health and Recreation activities tailored to each student and his specific needs.

Families of Cherokee Creek students attend quarterly seminars, Family Trek adventures, women's retreats, & Father/Son Treks designed to promote healthy family relationships. We also build parenting skills through education, staff and community support and successful visits that serve as the building blocks for students to transition back home.

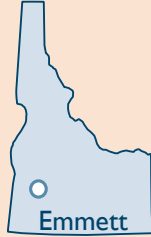
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Southern Association of Colleges and Schools (SACS), South Carolina Department of Social Services; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Small Boarding School Association (SBSA) Gurian Model School

Cherry Gulch

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Bernie Zimmerman Admissions Contact: Krista Zimmerman Academic Contact: Lindsey Olsen Email: info@cherrygulch.org Phone: (208) 365-3437 Fax: (208) 365-7235 Address: P.O. Box 678 3770 East Black Canyon Hwy Emmett, ID 83617 Website: www.cherrygulch.org	Gender: Boys Only Ages: 10 - 14 Grades: 5 - 9 Enrollment: 47 Duration: 8 - 18 months Founded: 2004
NATSAP Member Since: 2006	 Airport: Boise, ID (BOI)

Cherry Gulch is passionate about providing early intervention and prevention to help boys reach their full potential and become well-rounded pro-social young men. We are dedicated to providing outstanding academic and therapeutic services to students and their families in the context of a safe, supportive environment and work toward "Building Brighter Tomorrows for the Boys of Today."

Cherry Gulch is a ranch style therapeutic boarding school designed specifically for 10 to 14 year old boys. Our services are appropriate for boys with various difficulties including oppositional-defiance, depression, ADHD, learning differences, low self-esteem, poor motivation, anger, anxiety, family conflict, and other behavioral and emotional problems.

A unique therapeutic environment is provided on our beautiful 200-acre ranch, with small animals and horses, where every experience is educational and therapeutic in a fun purposeful environment. We strive to provide the most effective therapeutic strategies into the student's daily life. We offer at least 10-15 hours of scheduled therapeutic services a week but much more therapy takes place as life unfolds and a therapeutic moment arises. Our therapeutic services take shape as creative approaches to empirically based treatments and include individual, group, and family therapy, with experienced Masters level therapists. We also offer equine assisted psychotherapy, social thinking, emotional literacy (RULER), neuro-technology, occupational therapy and adoption group and a wide variety of active experiential learning and therapeutic activities.

Cherry Gulch utilizes brain-based learning strategies in an experiential hands-on learning environment. We offer small class sizes, experienced credentialed teachers, and individualized academic plans. Parents are very important to our program and the success of our students and we offer a number of resources for parents including training them on the structure of our program and helping them implement the same program in their home. We maintain a high staff to student ratio and have highly skilled and compassionate staff.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health and Welfare; Student and Exchange Visitor Information System (SEVIS), AdvancED

Professional Affiliations: NATSAP-Full Member, Small Boarding School Association

Chrysalis

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Corey Hickman Admissions Contact: Carrie Kaarre Academic Contact: Darla Kaarre Email: corey@chrysalisschool.net Phone: (406) 889-5577 Fax: (406) 889-5576 Address: 77 Trails End Road Eureka, MT 59917 Website: www.chrysalisschoolmontana.com	Gender: Girls Only Ages: 13 - 18 Grades: 8 - 12 Enrollment: 36 Duration: 15 - 18 months Founded: 1998
NATSAP Member Since: 2000	 Airport: Glacier Park International, MT (FCA)

The mission of Chrysalis is to provide the best quality therapeutic services, education, and experiential opportunities to adolescents and their families in the context of a warm and nurturing environment while maintaining a commitment to integrity in all that we do.

Chrysalis is a therapeutic, home based residential setting for adolescent girls ages 13 to 18. Chrysalis enables students to develop healthy coping, living, communication and interpersonal skills. Residents live family-style in large log homes, hold each other accountable for actions and become responsible for themselves.

Chrysalis provides a special blend of care and therapy with a gentle firmness to recover from a past of pain, sorrow, untenable family situations, personal mistakes and self-destructive behavior. Regular group therapy sessions reinforce these ideas of individual responsibility and group support.

The school has 6 full time, Montana state-certified teachers for the 36 students. All core subjects are teacher led classes, with class sizes being about 3-8 students. Each student has an academic adviser who works directly with her primary therapist, providing an intimate and supportive academic environment.

Chrysalis utilizes outdoor adventure to help residents learn about their strength, style of learning, ability to master work and ability to act as a member of a team. The program is physically active, incorporating horseback riding, downhill and cross-country skiing, rafting, biking, kayaking, climbing and cultural travel. We also take two international trips each year; tuition includes one international trip for each student. Safety is primary, with excursions taking place under the direction and leadership of trained professionals.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana Department of Labor and Industry, Board of Private Alternative Adolescent Resident and Outdoor Programs; National Independent Private Schools Association (NIPSA); Therapeutic Certification and Academic Accreditation

Professional Affiliations: NATSAP-Full Member

ClearView Communities, LLC

(Transitional Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Eric Levine Admissions Contact: Caroline Cantrell Email: info@clearviewcommunities.org Phone: (240) 439-4900 Fax: (301) 378-0113 Address: 617 W. Patrick Street Frederick, MD 21701 Website: www.clearviewcommunities.org	Gender: Coeducational Ages: 18 - 45 Grades: N/A Enrollment: 16 Duration: +/- 1 year average Founded: 2011
NATSAP Member Since: 2013	 Airport: Baltimore, MD (BWI)

ClearView Communities offers a comprehensive assessment and therapeutic living program for adults with mental illness seeking recovery and independent living. ClearView combines a psychosocial rehabilitation program and individual support with well-supervised living accommodations and community-based activities. With a strong emphasis on symptom management and a vocational program, residents are taught living well with mental illness is possible.

Our clinical team provides an array of services including individual and group psychotherapy, family therapy, cognitive remediation skills, EMDR, vocational coaching, and health and wellness services. Residents utilize the experience of the therapeutic community as they practice life skills necessary for successful interpersonal relationships and independent living.

ClearView Communities offers a range of residential accommodations, from intensely staffed 24/7 housing to semi-independent living residences with wrap around services from staff. A predetermined length of stay is not required at ClearView, although it is expected that after 12 to 18 months of residential treatment most clients will be prepared to live independently in their own homes or apartments.

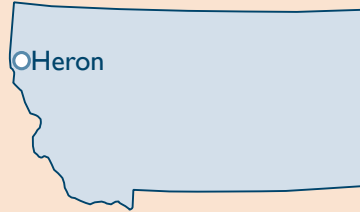
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maryland Department of Health and Mental Hygiene

Professional Affiliations: NATSAP-Young Adult Associate Member

Clearview Horizons, Inc.

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Mickey Manning Admissions Contact: Mickey Manning Email: clearviewstudents@gmail.com Phone: (406) 847-5850 Fax: (406) 847-4242 Address: 20 Bear Foot Lane Heron, MT, 59844 Website: www.clearviewhorizon.com	Gender: Girls Only Ages: 13 - 21 Grades: 7 - College Enrollment: 33 Duration: 18 - 24 months Founded: 1996
NATSAP Member Since: 2001	 Airport: Spokane, WA (GEG)

Clearview Horizons is a therapeutic boarding school for girls set in the beautiful mountains near the year-round resort town of Sandpoint, Idaho. Parents send girls here from every state to take advantage of our expert therapists. Enrollment is year-round and can happen very quickly. Clearview Horizon is for girls age 13-21 with life-controlling issues such as addictions, self-harm, or inappropriate behaviors that may be threatening their future. We treat the emotional underpinnings of inappropriate or self-harming behaviors. Our therapists work best with girls who are acting out, self-harming or making poor decisions due to emotional issues stemming from: major trauma or loss in their life, abuse, death of a loved one, or attachment disorders related to adoption. With expert psychotherapists, Clearview cares up to 33 girls in a gorgeous mountainside facility that was once a prestigious corporate hunting lodge. Our multi-disciplinary team is dedicated to helping each girl start on a new and more productive path in life. Residents in the Clearview therapeutic boarding school for girls receive an individual treatment plan aligned with their medical, emotional, and psychological needs. Clearview has online curriculum that is accredited directed by a certified teacher. Clearview Horizon is a non-threatening, structured, yet nurturing and caring therapeutic boarding school for girls who are making poor choices and need to develop stronger interpersonal and academic skills. Our Christian staff specializes in working with adopted girls and girls who have attachment disorders or a history of abuse or a major loss in their life.

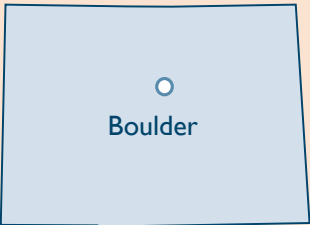
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana Department of Labor and Industry, Board of Private Alternative Adolescent Resident and Outdoor Programs; AvancED

Professional Affiliations: NATSAP-Full Member

Collegiate Coaching Services

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tracy L. Markle MA, LPC Admissions Contact: Tracy L. Markle MA, LPC Email: tracy@collegiatecoachingservices.com Phone: (303) 635-6753 Fax: (303) 593-1058 Address: 2299 Pearl St, Suite 310 Boulder, CO 80302 Website: www.collegiatecoachingservices.com	Gender: Coeducational Ages: 18 - 30 Grades: N/A Enrollment: 23 Duration: 6 - 12 months Founded: 2008
NATSAP Member Since: 2012	 Airport: Denver Int'l Airport (DIA)

Our Program Mission is to inspire and empower young adults to reach their full potential

Appropriate Candidates for CCS:

Young men and women ages 18-30 and their parents, who want therapeutic coaching, parent coaching, and clinical services to support their involvement and success in academics, wellness and recovery, community connection and building practical skills.

The appropriate candidate has a high school diploma and may have the goal of attending a college or university and/or obtaining employment in or around Boulder, CO. They require coaching and clinical support to develop a healthy connection with the community, which will enhance their social support system to facilitate and promote a successful recovery from mental health issues, drug and alcohol abuse, gaming/Internet addiction, academic failure, and low motivation and self-confidence.

The young men and women we work with are capable of basic independent-living skills, which include living in their own apartment or shared living space. They most likely have received and participated in previous treatment, such as outpatient or residential programs, they are prepared for independent living, and are accepting of the coaching and clinical support from our team.

Overview of Services:

Our team of community-based therapeutic coaches, parent coaches, and therapists provide support, guidance and leadership to young adults who have the goal to become to become more self-sufficient.

Our clients receive support and coaching in the areas of:

- Higher education - employment - improved practical skills - sobriety - a sense of community - improved emotional health
The young men and women we provide services for live in or around Boulder, CO. They may attend or be seeking to attend local community colleges or universities. Our coaches provide support on campus and off to promote a positive academic experience.

We provide job coaching and support in obtaining volunteer positions. Our team of coaches facilitates and accompanies our clients to social events in their community to increase the likelihood of connection as many of our clients are coping with social anxiety, low self-confidence and a lack of success in developing healthy, lasting relationships.

Our team specializes in the areas of:

- Mental health, specifically mood disorders, depression, and anxiety
- Drug and Alcohol Recovery (We require a minimum of 6 months sobriety)
- Technology Dependence, specifically, Internet and gaming.

We are well connected to the young adult recovery network in our area and many of our coaches and therapists hold special certifications and licenses in the areas of addiction. In addition, some members of our team are in recovery, which enhances the concept of coaching being a collaborative process with our young adult clients and their parents.

Our clinical services include individual, family, group therapy and crisis intervention.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Department of Regulatory Agency in Colorado; LPC, LAC, CAC

Professional Affiliations: NATSAP-Young Adult Associate Member

Compass Rose Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Mike Haarer Admissions Contact: Denae Green Email: denae.green@compassroseacademy.org Phone: (260) 569-4757 Fax: (260) 569-4758 Address: 5233 S 50 E. Wabash, IN 46992 Website: www.compassroseacademy.org	Gender: Girls Only Ages: 14 - 18 Grades: 6 - 12 Enrollment: 10 Duration: 9 - 12 months Founded: 2012
NATSAP Member Since: 2014	 Airport: Fort Wayne Int'l Airport (FWA/KFWA)

Mission Statement:

Compass Rose is a Christ-centered organization committed to enriching the lives of children and families through emotional healing, personal development and spiritual growth.

Appropriate Candidates:

Our residential treatment center provides a positive, nurturing environment for teenage girls ages 14-18 struggling with depression, anxiety, ADHD or bipolar disorder with a variety of acting out behaviors including running away, drug use, risky sexual behavior, self-harm and defiance.

Overview of Services:

Compass Rose Academy's Growth Model is based on the work of psychologist and author Dr. John Townsend, PhD. In addition to addressing symptoms with elements of therapy models such as Cognitive Behavior Therapy (CBT) and Dialectical Behavior Therapy (DBT), Compass Rose Academy's clinical program features a major emphasis on affect-based approaches that utilize the central role of experience in the therapeutic healing process. Based on advances in affective neuroscience, these corrective experiences in therapy create new neurological pathways that reinforce new ways of being and relating, leading to changes that are deeper and longer lasting.

Clinical services include individual, group, and family therapy, in addition to quarterly Intensive Parent Weekends. Our highly active schedule includes equine-assisted growth and learning group, community service, work experience sites when appropriate, spiritual life activities such as youth group, and a wide variety of activities and recreation. Our on-campus recreation facilities include a women's fitness center, two indoor gymnasiums, an indoor pool and outdoor activity fields including two softball fields.

Compass Rose Academy offers a comprehensive educational program through its partnership with the Metropolitan School District of Wabash County. The Metropolitan School District of Wabash County operates an on-campus school, White's Jr./Sr. High School, that is fully accredited by the Indiana Department of Education.

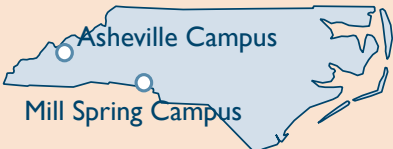
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Indiana Department of Child Services; Council on Accreditation

Professional Affiliations: NATSAP - Associate Member; Independent Small Programs Alliance; National Association of Christian Child and Family Agencies; Christian Leadership Alliance

CooperRiis Healing Community

(Residential Treatment Center & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Virgil Stucker Admissions Contact: Marlena Warren Email: info@CooperRiis.org Phone: (828) 894-7140 Fax: (828) 894-7111 Address: 101 Healing Farm Lane Mill Spring, NC 28756 Website: www.cooperriis.org	Gender: Coeducational Ages: 18+ Grades: N/A Enrollment: 60 Duration: Individualized 6-9 months at our primary campus Founded: 2003
NATSAP Member Since: 2012	 Airport: Charlotte, NC (CLT) Asheville Regional Airport (AVL) Greenville-Spartanburg Int'l (GSP)

CooperRiis is a healing community in western North Carolina where individuals with mental health challenges learn new ways to gain coping skills, learn to become independent and attain fulfillment in life. Typical diagnoses include schizophrenia, schizo-affective disorder, bipolar disorder, major depression or anxiety disorders. Some residents experience borderline personality disorder and many have a history of substance abuse.

CooperRiis practices relationship-centered care which places the relationship at the core of the therapeutic and recovery process. All interactions are based upon a fundamental commitment to mutual respect and self-awareness. As a result, our community functions as a positive, affirming force with the goal of moving residents from being “stuck” and disengaged, toward a more active, fulfilling and hopeful life.

We help each resident create an Overall Recovery Plan that addresses the physical and mental challenges of life, while coaching the resident’s creation of a “Dream Statement.” The Dream Statement becomes the resident’s ‘road map’ for the Core Goals and Objectives they wish to achieve.

Our comprehensive program addresses mind, body, spirit and heart. In addition to the best of modern psychiatry, psychology, substance abuse counseling, we focus on nutrition and exercise. Yoga, meditation and acupuncture are offered. Our holistic nutritionist works with our psychiatrist to offer dietary supplements for optimal mental health. Medication is often a necessary component, however, it is but one aspect of the recovery process. CooperRiis Healing Community embraces and honors the whole person, seeking not only recovery of mental health but restoration of overall health.

CooperRiis is a community; in fact, most residents tell us that aspect is the most important aspect of their recovery experience with us. Our Community Work and Service Program give residents the opportunity to engage in activities that are necessary to the life of CooperRiis. The integration of residents into the work-life of the community is one way of helping them to restore their identity as responsible citizens of the community. In the morning the resident awakens with a sense of purpose knowing that the community needs them, not as a ‘patient’, but as a gardener, a woodworker, an animal caretaker, an artist, a chef, a housekeeper...

Residents who choose the CooperRiis Community Program remain in a formal relationship with CooperRiis while gaining skills in the work-a-day world, in going to college, and in managing their own living arrangements. As residents move through CooperRiis’ four levels of community programming, they become more and more independent.

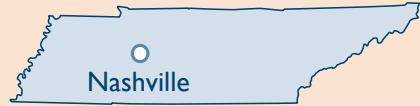
Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services

Professional Affiliations: NATSAP-Full Member; International Society for Psychological Treatments of Schizophrenias and other Psychoses; American Residential Treatment Association; Association of Therapeutic Communities; Young Adult Transition Association

Cumberland Heights

(Residential Treatment Center - Substance Abuse)

CONTACT	PROGRAM OUTLINE
Executive Contact: Dean Porterfield Academic Contact: Kevin Goddard Email: dean_porterfield@cumberlandheights.org Phone: (615) 356-2700 Fax: (615) 432-3186 Address: 8283 River Road Nashville, TN 37209 Website: www.cumberlandheights.org	Gender: Boys Only Ages: 14 - 18 Grades: 7 - 12 (onsite private school) Enrollment: 24 Duration: 30 - 120 days Founded: 1985
NATSAP Member Since: 2009	 Airport: Nashville, TN (BNA)

Cumberland Heights Adolescent Treatment Program is committed to the tradition of providing the highest quality of care possible in a cost effective manner, for adolescents and their families who are at risk for, or suffering from substance abuse or substance dependency issues. Treatment encompasses the physical, mental, emotional and spiritual dimensions of recovery by offering professional excellence, the principles of the Twelve Steps, proven clinical intervention and a safe, loving environment.

We specialize in adolescent males ages 14-18 who have a primary addiction diagnosis and will benefit from the structure and therapy provided in this description. Our average length of stay is 30 to 120 days. Treatment is designed to provide physical and emotional safety and education in order to begin abstinence and long term recovery from addiction. We offer our patients an opportunity of connecting or reconnecting with their own spiritual life and how this has relevance in their day to day recovery. Additionally our patients are introduced to new and effective coping skills that involve their physical, spiritual emotional and overall sober support system.

Adolescent treatment at Cumberland Heights provides for a combination of recovery/education and therapy delivered through individual, group, didactic and experiential modalities. These therapies are experienced through a combination of indoor traditional therapies along with our outdoor adventure based techniques. We utilize both high and low ropes course elements, an indoor climbing wall, a full size gymnasium as well as our natural setting on 177 acres to engage teenagers.

School services are provided through River Road Academy, a TN State licensed school on campus. For those who will retain enrollment in their own home school our teachers collaborate with that school and provide tutoring to keep the adolescent caught up with their work.

The boys sleep two to a room and have a lodge style day room for morning and evening meditation and just relaxing. Meals, recreation and all activities are supervised and accompanied by staff. Our patients attend a minimum of three off site 12-step meetings per week. Cumberland Heights understands that teenagers cannot be treated individually and in isolation of their family. Our treatment utilizes Family Systems Theory methods to support change in the entire family. Weekly family sessions along with a 4-day family program are at the heart of the overall treatment experience.

Individual Counseling Available: Yes

Accreditation, Licensure: The Joint Commission; State of Tennessee, Department of Mental Health and Substance Abuse Services; Tennessee Department of Education

Professional Affiliations: NATSAP-Full Member; N.A.A.T.P - National Association of Addiction Treatment Providers; Association of Recovery Schools

The Devereux Glenholme School

(Therapeutic Boarding School)

CONTACT

Executive Contact: Maryann Campbell
Admissions Contact: David Dunleavy
Email: admissions@theglenholmeschool.org
Phone: (860) 868-7377
Fax: (860) 868-7413
Address: 81 Sabbaday Lane
 Washington, CT 06776
Website: www.theglenholmeschool.org

PROGRAM OUTLINE

Gender: Coeducational
Ages: 10 - 21
Grades: 5 - 12
Enrollment: 85
Duration: 2.5 years, average
Founded: 1968



NATSAP Member
Since: 2015

Airport: New Haven, CT (HVN)
 Hartford, CT (BDL)

The Glenholme School is an independent, co-educational, special needs boarding school for students with high functioning ASD, ADHD, OCD, Tourette's, depression, anxiety, and learning differences. The school provides a positive, nurturing setting and individualized services designed to help students develop competence both socially and academically. Established nearly 50 years ago, Glenholme's learning environment supports the success of students with special needs.

Academics

The academic program is highly individualized and caters to each young person's talents and capabilities. Faculty work diligently to cultivate a nurturing and inspirational atmosphere. Academic life involves a strong commitment to optimizing the development of intellectual, personal, and social skills. The comprehensive curriculum, which encompasses both college preparatory and career development courses, supports students of all ability levels and results in a high school diploma.

The Arts

Integrated in all facets of education and boarding services, the visual and performing arts program stimulates a greater understanding of social, emotional, academic, and behavioral areas. Every Glenholme student has the chance to share their creative talents through use of our state of the art facilities and equipment.

Clinical and Behavioral Services

Glenholme utilizes principles of ABA and PBIS to help students accomplish their goals and have their needs met in a socially acceptable manner. Vast amounts of research guide and support our treatment approaches and every adult is trained to use the PBIS model. The combination of therapeutic services make the program highly efficient and effective.

The Transitional Living Program

The hallmark of a successful young adult includes strong social capabilities, effective problem solving, and the ability to manage competing demands. While developing these qualities in the Glenholme Transitional Living Program, college-bound or career-oriented individuals are able to reach higher levels of independence.

Summer Program

The Summer Program includes morning academics and a myriad of social and recreational activities that help young people build confidence, friendships, tolerance, and respect for their peers and adults.

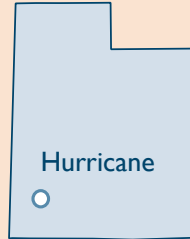
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Connecticut Department of Children and Families; Connecticut Board of Education; New York Board of Education; California Department of Education; District of Columbia Department of Education; Illinois Board of Education; Massachusetts Board of Education; New Jersey Board of Education; Los Angeles Unified School District

Professional Affiliations: NATSAP-Full Member; New England Association of Schools and Colleges (NEASC); The Association of Boarding Schools (TABS); Connecticut Association of Independent Schools (CAIS); Student and Visitor Exchange Program (SEVIS)

Diamond Ranch Academy - Crystal Springs

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Ricky Dias Admissions Contact: Dan Borchardt Academic Contact: Bo Iverson Email: dan@diamondranchacademy.com Phone: (435) 635-4297 Fax: (435) 635-4436 Address: 433 S. Diamond Ranch Pkwy. Hurricane, UT 84737 Website: www.diamondranchacademy.com	Gender: Girls Only Ages: 12 - 17 Grades: 6 - 12/College Prep Enrollment: 24 Duration: 10 - 12 months Founded: 1999
NATSAP Member Since: 2012	 Airport: Saint George, UT (SGU)

Diamond Ranch Academy (DRA) is a premier licensed Residential Treatment Center for youth, located on 55 acres in Utah's beautiful color country. Our mantra is "Healing Families One Youth at a Time" and we are dedicated to creating life-long positive change in the lives of our students and their families. Typical diagnoses that are appropriate at Diamond Ranch Academy include: Depression, Anxiety, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse.

Diamond Ranch Academy is designed to equip young women with self-worth and an understanding of how to navigate the struggles women face in today's society. We provide our students with opportunities to learn and practice emotional regulation, distress tolerance, mindfulness, and interpersonal effectiveness. Our caring, therapeutic environment allows students to love and accept themselves and develop and maintain healthy relationships with others.

All students work with a licensed Doctoral or Masters level therapist. Our therapists are creative in developing individual treatment plans that integrate all aspects of DRA's Milieu. DRA offers Individual Therapy, Group Therapy, Family Therapy, Equine Therapy, and AA/NA groups. In addition, DRA offers twelve parenting seminars yearly to help equip parents with improved parenting skills.

DRA's accredited academic program is specifically designed to empower students by providing individual support from certified teachers in a traditional classroom environment. To ensure mastery of the learning process and the development of essential study skills, DRA utilizes a student-paced mastery curriculum. Mastery learning empowers students to develop the academic skills, foundation of knowledge, and confidence needed for success in the classroom. Special Education personnel assist with identifying students with learning disabilities and providing services of existing Individual Education Plans (IEP). In addition to core and other elective courses, a comprehensive Vocational Education program gives students the opportunity to explore career pathways and learn valuable occupational skills to support future career pursuits.

Competitive athletic teams and extra curricular clubs are an important part of DRA. Participation in such activities allows the student to improve individual talent and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect, and humility. Athletic teams and extra curricular clubs include activities such as: Art, Track and Field, Volleyball, Basketball, Dance, Cheer, Guitar, Hiking, Yoga, Horseback Riding, Choir, Speech and Debate, Skateboarding, and Small Animal Care.

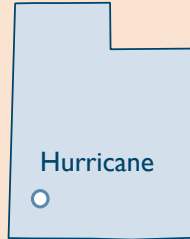
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Resources; Utah State Office of Education; AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member

Diamond Ranch Academy - Lava Falls

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Ricky Dias Admissions Contact: Dan Borchardt Academic Contact: Bo Iverson Email: dan@diamondranchacademy.com Phone: (435) 635-4297 Fax: (888) 838-8183 Address: 433 S. Diamond Ranch Parkway Hurricane, UT 84737 Website: www.diamondranchacademy.com	Gender: Boys Only Ages: 12 - 17 Grades: 6 - 12/College Prep Enrollment: 48 Duration: 10 - 12 months Founded: 1999
NATSAP Member Since: 2012	 Airport: Saint George, UT (SGU)

Diamond Ranch Academy (DRA) is a premier licensed Youth Residential Treatment Center located in Utah's beautiful color country. At DRA we are dedicated to creating life-long positive change in the lives of our students and their families. Typical diagnoses that are appropriate at Diamond Ranch Academy include: Depression, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse.

DRA is designed to equip young men with self-worth and an understanding of how to navigate the struggles teenagers face in today's world. We have created a unique and sophisticated Therapeutic Milieu that uses a well refined "Token Economy" which integrates and reinforces individual accountability in all aspects of student life. Through this process students learn that in real life there are always naturally-occurring rewards and consequences for their choices.

All students are provided with a Utah licensed Doctoral or Masters level therapist. Our therapists are creative in developing individual treatment plans which integrate all aspects of DRA's Milieu. DRA offers Individual, Group and Family Therapy. AA/NA groups are also provided as part of the chemical dependence program. In addition, DRA offers eight parenting seminars yearly to support parents through the process and enhance their parenting skills.

DRA's accredited academic program is specifically designed to empower students by providing individual support from certified teachers in a traditional classroom environment. Mastery based learning empowers students to develop the academic skills, foundation of knowledge, and confidence needed for success in the classroom. Special Education personnel assist with identifying students with learning disabilities and providing services to those with existing Individual Education Plans (IEP).

Competitive athletics and extra curricular clubs are an important part of DRA. These opportunities allow students to improve individual talents and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect and humility. Athletic teams and extra curricular clubs include: Track and Field, Football, Basketball, Baseball, Soccer, Lacrosse, Wrestling, Speech and Debate, Art, Performing Arts and Small Animal Care.

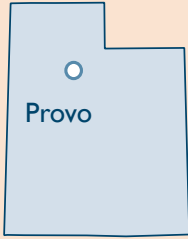
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Resources; Utah State Office of Education; AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member

Discovery Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Brent Hall, LMFT Admissions Contact: Christin Prestwich Academic Contact: Nick Pakidko Email: brenth@discoveryacademy.com Phone: (801) 374-2121 Fax: (801) 373-4451 Address: 105 North 500 West Provo, UT 84601 Website: www.discoveryacademy.com	Gender: Coeducational Ages: 13 - 18 Grades: 7 - 12 Enrollment: 82 Duration: 6 - 18 months Founded: 1989
NATSAP Member Since: 1999	 Airport: Salt Lake City, UT (SLC)

Discovery Academy is a therapeutic boarding school located in Provo, Utah for girls and boys ages 13-18. We offer separate programming in a small school environment for just 50 boys and 32 girls. Discovery Academy is an excellent bridge from previous therapeutic programs to a more academically oriented therapeutic approach.

Our treatment protocol in academics, therapeutics and residential living focuses on experiential curriculum and trust-based relationships. This model enables students to accomplish more in less time academically and therapeutically. Students discover the difference between image – what I think I am, and identity – who I really am.

Discovery Academy serves three types of students: Bright academic underachievers who have been unsuccessful in their previous academic settings; students with learning disabilities who have not achieved academic success; and students who have made poor peer and/or lifestyle choices.

Typically, our students may have also been diagnosed with conditions such as ADHD, depression, substance abuse or similar conditions. They have sometimes been expelled from other schools. Each type of student has the opportunity to excel at Discovery Academy through individualized learning and therapy.

Accredited by the State of Utah and the Northwest Accreditation Commission, Discovery Academy offers math, science, English and history, as well as Advanced Placement courses and college preparatory work. On occasion, our Boys and Girls programs are combined for meaningful activities like student government, service projects, and extra-curricular clubs. The Honor Level students are allowed to work in the community or take additional courses through two neighboring universities.

Discovery Academy clinicians use traditional therapy in combination with experiential therapies like drama, art, horticultural, equine, high and low ropes courses and real-time residential learning activities. The Wilderness Renewal groups give students a chance to review and practice the skills they acquired in prior wilderness therapy.

Clinicians respect the progress a student may have made in a previous placement. They acknowledge those achievements by assigning trust and level responsibilities, at the beginning of a student's stay at Discovery Academy, based on the student's prior therapeutic achievements.

Discovery Academy therapeutic and academic protocols allow students opportunities to practice the skills they will need to function successfully in the community before they return home. After care is also available.

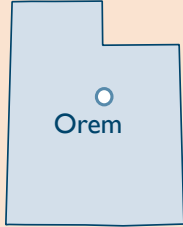
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; APA

Discovery Connections

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Brent Hall, LMFT Admissions Contact: Christin Prestwich Academic Contact: Nick Pakidko Email: brenth@discoveryacademy.com Phone: (801) 800-8033 Fax: (801) 373-4451 Address: 1834 South Sandhill Rd Orem, UT 84058 Website: www.discoveryconnections.com	Gender: Boys Only Ages: 14 - 17 Grades: 8 - 12/College Prep Enrollment: 12 Duration: 6 - 13 months Founded: 2010
NATSAP Member Since: 2011	 Airport: Salt Lake City, UT (SLC)

The typical student at Discovery Connections is an oppositional defiant (non-violent), treatment resistant boy who is disruptive or has failed in a larger milieu program and is a high risk of acting out. These students can be socially manipulative and need a smaller milieu to aid in the development of a more behaviorally authentic response. Educationally, each student can be on a traditional or non-traditional track such as a GED.

Discovery Connections offers a small milieu where each boy's treatment has immediate, detailed and individual attention. Trained staff utilize the time-honored Governing Principles to direct and help boys to appropriately and positively influence each other to perform and act in acceptable ways. Students gain experience in the Career Development program which evaluate and train them in a practical setting based on interests and abilities. This specialized programmatic component is utilized to help both the students and the parents understand career aptitude and educational needs. Students also participate in community-based athletic teams and community service. Experiential activities are the foundation of our therapeutic success. Parent involvement is a also critical part of a student's success.

Discovery Connections academics offers a personalized mastery-based, tutorial learning atmosphere. Teachers are licensed educators, many with Master's level degrees.

Families may enroll in Echoes of Discovery, an 8 week aftercare program typically beginning two to four weeks after a student has returned home.

The facility at Discovery Connections was completed in 2010 and allows for a close and open program. Boys are involved in cleaning, cooking, and maintaining and developing the grounds and facilities. In a therapeutic house style, this location facilitates easy access to mentors, teachers, and therapists in a manner that develops trust and togetherness. Students are free to engage in sports and other recreational activities on the sport court and open grass area.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Dept of Human Services, Northwest Accrediting Commission, Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member

Discovery Ranch

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Clinton Dorny Admissions Contact: Jennifer Charrier Academic Contact: Victoria Fielding Email: info@discoveryranch.net Phone: (801) 489-3311 Fax: (801) 489-3355 Address: 1308 S 1600 W Mapleton, UT 84664 Website: www.discoveryranch.net	Gender: Boys Only Ages: 13 - 18 Grades: 7 - 12 Enrollment: 60 Duration: 10 months Founded: 2005
NATSAP Member Since: 2005	 Airport: Salt Lake City, UT (SLC)

Discovery Ranch combines the power of traditional therapy and experiential therapy to create a clinically sophisticated, relationship based residential treatment program for boys ages 13-18.

Troubled teens with emotional and behavioral issues receive the help they need through relationships and experiences in a strength based environment.

Our brand of emotionally rich experiential therapy is effective because it lowers students' defenses and creates a safe environment for change. It doesn't look or feel like traditional therapy. Our experiential program is more than just filling time. It's a mind set. Students progress faster because they have more opportunities to practice what they are learning.

Therapeutically intense and carefully supervised, students learn who they really are as they work side by side with therapists and staff who model, motivate and mentor. Many students have come to the ranch behind in school or struggling to find success in learning. At Discovery Ranch we take your child's education as serious as our own learning and growth and have worked hard to create an academic atmosphere that allows students the one on one attention and focus that is needed to kick start their love of learning and future high school and college success! Many of our students who have progressed through our accredited academic program have begun to find success and enjoyment in their studies and have left better prepared for higher education opportunities.

At Discovery Ranch, we don't rescue students from difficult life experiences. We teach them how to deal with them. We model, mentor and motivate, giving our students the tools they need to recognize and regulate their emotions and behaviors.

Our treatment model is built on a foundation of experiential therapy to create strong relationships. Therapists, mentors, teachers and staff work side by side with our students every day. This experiential approach makes students more open to the therapeutic process. Because therapy takes place in so many different ways, most students hardly realize they're engaged in therapeutic learning virtually all day long.

We understand the difficulty for some programs to combine the intensive therapy with powerfully effective experiential activities. Our location and facilities put us in a unique position to provide the perfect combination of experience and therapy. With over 20+ acres, indoor and outdoor facilities for equine and ranch therapy, sports facilities, our location in the heart of the Rocky Mountains, proximity to Moab and Zions National Parks and so much more, our highly trained staff has had much success helping boys develop and grow in the perfect environment.

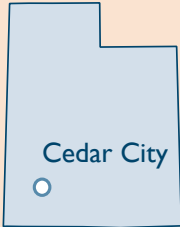
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NWAC) through Discovery Academy

Professional Affiliations: NATSAP-Full Member

Discovery Ranch for Girls

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Andrea Burgess Admissions Contact: Hope Van Dyk Academic Contact: Clint Firth Email: info@discoveryranchforgirls.com Phone: (435) 865-9574 Fax: (435) 865-9584 Address: 4928 North 4500 West Cedar City, UT 84721 Website: www.discoveryranchforgirls.com	Gender: Girls Only Ages: 13 - 18 Grades: 8 - 12 Enrollment: 44 Duration: 9 - 11 months Founded: 2005
NATSAP Member Since: 2005	 Airport: Cedar City (CDC) Saint George (SGU)

Discovery Ranch is a residential treatment center located on a spectacular 60 acre campus just ten minutes from Cedar City, Utah. Discovery's open campus is designed for experiential therapy in residential living, academics, and ranch responsibilities. Our treatment team protocol is founded on helping students develop self esteem and identity through skill mastery. Discovery Ranch serves students ages 13-18 who struggle with a variety of of emotional and behavioral issues such as anxiety, depression, eating disorders, adoption, self-harm, substance abuse, etc.

Relationships underscore our competency based model. Students, mentors and therapists participate together in equine activities, caring for newborn calves, high and low ropes courses, community service projects and academics.

The Ranch offers one of the most veteran therapeutic teams in the industry. All therapists are licensed Master's and PhD level practitioners with an average of 19 years experience each working with adolescents. Clinically intensive, each student receives individual, group and family therapy sessions each week. Real time therapeutic intervention through relationship based interaction is the heart of our program.

Discovery specializes in student centered academics. Students and parents work with teachers and therapists to develop a customized education plan with specific learning goals. Then, therapeutics and academics work in tandem to achieve a competency based progression. Coursework is fully accredited by the State of Utah and taught by licensed educators. Academics are complimented by remedial assistance, experiential learning activities and small learning communities. Special education and IEP/504 assistance is also available.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NWAC) through Discovery Academy

Professional Affiliations: NATSAP-Full Member

The Discovery Schools of Virginia

(Therapeutic Boarding School - Emotional Growth)

CONTACT	PROGRAM OUTLINE
Executive Contact: Mark Mellusi Admissions Contact: Don Williams Email: dsadmissions@yahoo.com Phone: (434) 983-5616 Fax: (434) 983-5617 Address: 2697 Copper Mine Road Dillwyn, VA 23936 Website: www.discoveryschool.org	Gender: Coeducational/ Single Gender Groups Ages: 12 - 18 Grades: 6 to 12 Enrollment: 54 boys/24 girls Duration: 12 - 18 months Founded: 1998
NATSAP Member Since: 2007	 Airport: Richmond, VA (RIC)

The Discovery Schools of Virginia's guiding principles are a product of the founders' particular experiences in the outdoor therapeutic group setting. These principles include: Academic success follows emotional and personal growth. Family reintegration is based on mutual respect, good communication and effective problem solving. Young people with emotional and behavioral problems must be held accountable for their actions. The outdoor setting and the group process play a vital role in helping young people see themselves honestly. Young people who are properly challenged emotionally, mentally, and physically will develop a positive sense of self-worth and a sense of responsibility.

Our students will have experienced ongoing frustration or failure in the traditional or other non-traditional academic settings. The essential goal of The Discovery School's academic program is to teach each student to take responsibility for his/her education and to respect it as a privilege.

Discovery Schools' group setting is a structured yet nurturing environment in which students mature by becoming accountable for their problematic behaviors. By stressing the importance of honesty, responsibility to others and accountability for self, the group experience provides each group member with a positive means to address unresolved emotional, developmental and family issues which are frequently acted out through opposition to schools and to school rules.

Students having histories of drug and alcohol problems are welcome to join Recovery Dynamics throughout their enrollment. This helps them accept the solutions that treat addiction and to begin their personal journey or recovery.

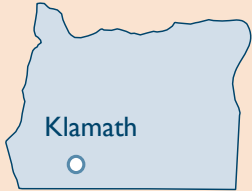
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed by the Virginia Department of Social Services and the Virginia Department of Education. Accredited by the Virginia Associate of Independent Specialized Educational Facilities; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Dragonfly Transitions

(Transitional Independent Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Glenn White Admissions Contact: Dori Them Email: admissions@dragonflytransitions.com Phone: (541) 850-0841 Fax: (866) 341-3053 Address: 505 N 9th Street Klamath Falls, OR 97601 Website: www.dragonflytransitions.com	Gender: Coeducational Ages: 18 - 24 Grades: High School/GED and College Enrollment: 50 Duration: 9 - 12 months Founded: 2000
NATSAP Member Since: 2005	 Airport: Medford, OR (MFR)

Founded by Mona Treadway and Glenn White, Dragonfly Transitions is an independent living program for young men and women ages 18-24.

Dragonfly Transitions has three distinct locations: The Homestead (12 miles south of Klamath), the Klamath Falls campus, and the Ashland campus.

The ultimate goal is to integrate Dragonfly students back into the flow of life in a healthy, adaptive, and sustainable way. The program is interwoven into the community. Students are expected to build a weekly schedule that includes academics, apprenticeship/volunteer work, therapy, groups, exercise, and recreation. Students are mentored to learn how to connect with their community to build a meaningful and sustainable social network and healthy recreational outlets. Dragonfly owns and operates a cafe and organic farm, that provide opportunities for job skills training.

Dragonfly has a multidisciplinary treatment team comprised of Bachelor level mentors, Master level therapists, program director, education coordinator, fitness director, a medication manager, and a psychiatrist. This multidisciplinary approach allows the team to make use of the teachable moments that invariably occur in everyday living.

Dragonfly Transitions is designed to address problems that result from:

- Mood and Anxiety disorders
- Substance/Technology-Abuse
- Problems related to delayed emotional development
- Adjustment Disorders
- Trauma

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services

Professional Affiliations: NATSAP-Young Adult Associate Member; Independent Small Program Alliance (ISPA)

Eagleton School, Inc.

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Bruce Bona Admissions Contact: Kurt Garivaltis Academic Contact: Joy Kiely Email: Kurtg@eagletonschool.com Phone: (413) 528-4385 Fax: (413) 528-6377 Address: 446 Monterey Road Great Barrington, MA 01230 Website: www.eagletonschool.com	Gender: Boys Only Ages: 9 - 22 Grades: K - 12 Enrollment: 75 Duration: up to 15 months Founded: 1977
NATSAP Member Since: 2009	 Airport: Albany, NY (ALB), Hartford, CT (BDL)

Eagleton School is a private year-round residential, psycho-educational treatment facility for boys ages nine to twenty two with Autism, Asperger's Syndrome, Pervasive Developmental Disorder, Communication and Cognitive Delays, Behavioral Disorders, Emotional Disturbances and Learning Disabilities. Through a team approach, we share a commitment to helping each student discover his self worth through trust and acceptance of himself and his peers while taking advantage of all the opportunities that surround him. At Eagleton, the boys are immersed in a community of learning that emphasizes their strengths and focuses on attainable solutions.

The campus is nestled within the Berkshire Mountains in a town called Great Barrington located in Western Massachusetts. The property includes home-like residences with single bedrooms and all the amenities. The campus also includes a School/Discovery Center, Greenhouse/Garden area, an outdoor Recreation Field, a Ropes Course, Swimming Pool, Horse Rink and Chapel.

The Educational, Residential, Clinical, Vocational, Equine, Horticulture, Culinary, Adventure Based Counseling and Recreational Programs interact to provide meaningful experiences. To create and maintain a culture of trust, influence and non violence, Eagleton utilizes a behavior intervention model produced by NAPPI (Non-Abusive Psychological and Physical Intervention). UniFy (Understanding Family) is a strength based program designed to promote growth and learning within the family.

This exclusive program happens one weekend a month when many families gather together at Eagleton to share in a range of therapeutic activities. Our small size allows us to focus on each individual's needs and allows each boy the opportunity to succeed in future endeavors.

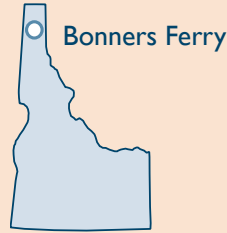
Individual Counseling Available: Yes

Accreditation, Licensure: Massachusetts Department of Education, Massachusetts Department of Early Education and Care

Professional Affiliations: NATSAP-Full Member, NAPSEC, IECA, MAAPS, AANE

Echo Springs Transition Study Center

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: John Winton Admissions Contact: Emily Phillips Academic Contact: Chris Ankney Email: info@echo-springs.com Phone: (208) 267-1111 Fax: (208) 267-1122 Address: 3210 Kootenai Trail Road Bonners Ferry, ID 83805 Website: www.echo-springs.com	Gender: Coeducational Ages: 18 - 24 Grades: N/A Enrollment: 12 Duration: 10 - 14 months Founded: 1993  NATSAP Member Since: 2009 Airport: Spokane, WA (GEG)

Echo Springs is designed to empower young adults to live effective and productive lives. This post-graduate program assists students in identifying their interests and assessing their strengths and weaknesses. It is a time to re-envision their dreams and learn that they can accomplish realistic goals. Echo Springs enables students to move from being passive onlookers to active participants in their lives.

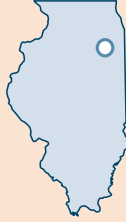
Students who attend Echo Springs are young men and women with the common desire to get on with life, experience success and become confident in themselves again. Students may have dropped out of high school and now seek a diploma or GED, or completed high school but would benefit from an additional year of academic preparation and emotional maturity. Some students lost their way at college, overcome by peer pressure and academic expectations. Common issues include poor organizational and coping skills, lack of motivation, procrastination, poor decision making, ADHD and/or learning disabilities, issues with authority, general immaturity, recovery issues, depression, anxiety, mood disorders and/or social ineptness.

Echo Springs offers a small, family-style living environment of supportive peers, with caring staff who mentor, guide and foster the opportunity for real growth. Students can develop community living skills, practice more effective communication and learn to balance the daily requirements of greater independence. Phase One functions as a kind of laboratory for personal expression where students can express feelings and frustrations, learn to set limits and develop an awareness of time management in relation to immediate and long term goals. These ideas are applied practically to the management of personal finances, home maintenance, employment, academics and independent activities. In Phase Two, students apply the principles they have learned to a new and more independent living situation, creating a support system of their own in addition to the ongoing mentoring of Echo Springs' staff. All students have the opportunity to attend community college, receive therapeutic support and continue a personal recovery program as needed during their enrollment at Echo Springs.

Individual Counseling Available: Yes
Accreditation, Licensure: NIPSA
Professional Affiliations: NATSAP-Young Adult Associate Member

EDGE Learning & Wellness Collegiate Community

(Transitional Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jason Wynkoop Admissions Contact: John Conway Email: info@edgelearningcommunity.com Phone: (224) 616-2655 Address: 63 East Lake Street Chicago, IL 60601 Website: www.edgelearningcommunity.com	Gender: Coeducational/ Single Gender Groups Ages: 18 - 24 Grades: College Enrollment: 16 Duration: 4 - 9 months Founded: 2011
NATSAP Member Since: 2011	 Chicago Airport: Chicago, IL - O'Hare (ORD), Chicago, IL - Midway (MDW)

The transition from adolescence to adulthood isn't easy for anyone, but the right structure, support, and expertise can provide individuals with the foundational skills they need to develop and grow. EDGE Collegiate Learning and Wellness Community is for young adults motivated to achieve success in life. We equip students who would benefit from a support-rich, substance-free environment to be responsible, autonomous adults.

EDGE Collegiate believes that a successful program must address all of the elements of an individual's development. Our curriculum focuses on both learning and wellness to build the skills, connections, and support that students need to achieve a healthy and fulfilling lifestyle. Our 7 dimensions of Wellness include:

- Educational
- Social
- Physical
- Emotional
- Spiritual
- Environmental
- Financial/Career

To facilitate learning, EDGE Collegiate utilizes individualized assessments that evaluate the student's educational support and life skill development needs, augmented by career advice, study halls and peer support, to establish a foundation and identify a constructive path forward. The EDGE Collegiate community is comprised of young adults committed to building the skills to further their education, pursue new opportunities, and create an individual plan to achieve their goals. From a structured living environment in the heart of Chicago, a dedicated team of live-in staff provides direction and support. Our team includes clinicians, learning coaches, life coaches and mentors.

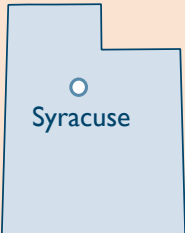
Screening and admissions is based on the premise of matching a student's needs to our program's offerings. There is a written application, reviewed by the admissions team and then, if the student appears appropriate for the program, an interview is scheduled with the family. Upon admission, students complete a writing assessment as well as wellness, learning, and daily living skills assessments that inform the development of individual learning and life management goals. Family involvement is also key to the success of the students and our community. Monthly updates and quarterly events are scheduled for families to participate in.

Due to the substance-free nature of the program, it is customary for admitted students to have demonstrated sobriety for a minimum of 60 days. Enrollment in a program associated with a local college or university, or an intention to enroll within weeks of admission to EDGE Collegiate, is also a requirement. In addition, internships and volunteer opportunities will be available for students to reinforce their passions and career paths.

Individual Psychotherapy Available: No
Professional Affiliations: NATSAP - Young Adult Associate Member

Elevations RTC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Judi Jacques Admissions Contact: Laura Burt Email: lburt@elevationsrtc.com Phone: (866) 952-7930 Fax: (801) 773-0208 Address: 2650 West 2700 South Syracuse, UT 84075 Website: www.elevationsrtc.com	Gender: Coeducational Ages: 13 - 17 Grades: 8 - 12/College Prep Enrollment: 78 Duration: 8 - 10 months Founded: 2014
NATSAP Member Since: 2014	 Syracuse
	Airport: Salt Lake City, UT (SLC)

Elevations provides an intensive, highly professional, therapeutic program utilizing an interdisciplinary approach. Our program includes; college preparatory academics, therapeutic recreation activities, and individual, family and group psychotherapy. On-site medical and psychiatric services are available to all students.

Our students may be experiencing issues such as clinical depression, anxiety, attention challenges, substance use, post-traumatic stress disorder, borderline personality features, bipolar symptoms and other associated psycho-behavioral concerns.

Students are housed in small single gender therapeutic communities which allow for student mentoring, team accountability and peer oriented social development. Unlike dormitory living, the school setting is coeducational to provide students with a more traditional high school experience. All classes are taught by teachers who are credentialed in their subject area. Our class size typically averages 8-12 students thus allowing for more individualized instruction and support.

Our clinical philosophy is based upon Systemic, Relational and Social Learning theories. Within the integrated framework of these three theories, the treatment team at Elevations individualizes treatment based on the family's needs. The clinical care provided relies on Evidence Based Practices which are well-documented, effective approaches to treatment. Individual, group, and family therapy are provided by masters or doctoral level clinicians. Highlights of our clinical program include; 25+ hours of weekly clinical and therapeutic services, expertise in ADHD & Executive functioning, Trauma work utilizing EMDR and Trauma-Focused CBT, Substance Use, Dialectical Behavioral Therapy and Art Therapy. Elevations offers 6-8 on-site Parent Seminars per year.

Our Therapeutic Recreation Services address the adolescent's need for physical, emotional and mental outlets through structured physical fitness, outdoor education, experiential education, community service learning and leisure education opportunities. These programs are available to all students and are intended to support treatment goals set forth by each student's treatment team. Regular consultations with the clinical team and medical staff ensure that each student's needs are being met along with a high standard for safety in all activities.

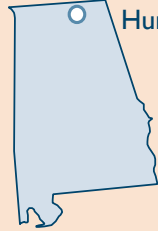
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Joint Commission on Accreditation of Healthcare Organizations (JCAHO); Utah Department of Human Services, Department of Licensure; Utah State Board of Education; Northwest Accreditation Commission (NWAC) a division of Advanced Ed; California Department of Education as a Non-Public School; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Associate Member, American Association of Children's Residential Centers (AACRC)

Elk River Treatment Program

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Karen Lee, CEO Admissions Contact: Kathy DeMellier Academic Contact: Angie Griffin Email: info@elkrivertreatment.com Phone: (866) 906-8336 or (256) 518-9998 Fax: (256) 518-9941 Address: 500 Governors Drive, SW Huntsville, AL 35801 Website: www.elkrivertreatment.com	Gender: Coeducational Ages: 12 - 18 Grades: 6 - 12 Enrollment: 60 Duration: Short Term with Flexible Length of Stay Founded: 2005
NATSAP Member Since: 2006	 Huntsville Airport: Huntsville, AL (HSV), Birmingham, AL (BHM),

The Elk River Treatment Program (ERTP) of The Pinnacle Schools (TPS) is a therapeutic residential program that combines clinically supported treatment services with a strong year-round academic curriculum. Typical residents present with the dual diagnosis of substance abuse, and include, but are not limited to, ADD/ADHD, ODD, bipolar disorder, depression, anxiety, online gaming addiction, adoption/divorce/family issues, academic decline/learning differences, negative peer relationships and obesity. Using a Treatment Team approach, the professional staff develops an individualized treatment plan for each resident while utilizing a group therapy model. A transitional program with an extended length of stay is available for residents who require a transition period before returning home. Residents may attend the Elk River Academy for up to one year. Healthy Lifestyles, a pediatric weight management program, is provided for teens that struggle with food addictions. All programs of TPS are empirically derived to provide clinically supported diagnostic, assessment and treatment services to troubled teens ages 12-18.

The challenge of the outdoors is used as a therapeutic teaching tool. Residents are removed from their comfort zone to a base campus with facilities for safety, medical and therapeutic care, education and hygiene. Equine Assisted Learning is incorporated into treatment plans. The professional staff includes a child psychiatrist, licensed psychologist and social worker, professional counselors, physicians, registered nurses, PhD and Master's level educators and a registered dietician.

Individual treatment plans are designed for each resident and necessary modifications are made at bi-weekly treatment team meetings. All members of the team, including parents and referral sources, are updated regularly as the resident progresses, as all are involved in developing an aftercare plan which meets the child's specific needs. Parent training and family therapy are emphasized throughout treatment. Therapy includes cognitive behavior modification in the group process model led by a psychologist or professional counselor.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Alabama Department of Youth Services

Professional Affiliations: NATSAP-Full Member; National Association of Therapeutic Wilderness Camping (NATWC); Association of Experiential Education (AEE)

Eva Carlston Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Kristi Ragsdale Admissions Contact: Laura Kemper Email: laura@evacarlston.com Phone: (801) 449-0089 Fax: (801) 204-9510 Address: 4943 South Wasatch Blvd. Salt Lake City, UT 84124 Website: www.evacarlston.com	Gender: Girls Only Ages: 12 - 18 Grades: 7 - 12 Enrollment: 39 Duration: 12 months Founded: 2011  NATSAP Member Since: 2015 Airport: Salt Lake City, UT (SLC)

Eva Carlston Academy is a small residential treatment program for adolescent girls who have struggled deeply to find their unique place in the world, a passion to inspire and guide them, and a sense of purpose in life. It's through a combination of sophisticated therapy, mentorship, the arts, and experiential learning that students at Eva Carlston heal and grow. They discover that they can succeed, take care of themselves, and love life as they journey toward young adulthood.

Our program takes place in three elegantly appointed houses located in Salt Lake City, giving girls an intimate sense of home as well as access to the cultural resources and opportunities of a large city. In our family-style setting, girls feel safe, valued, and at ease. With only 12-16 girls per house, deep friendships develop quickly. By participating directly in all decisions that affect her house, each girl finds her own unique voice and place in the intimate community.

Our milieu-based therapeutic model, the Teaching-Family model, is research validated and serves as an effective way to help students achieve greater emotional health and independence by emphasizing 1) Strength-based approaches to skill building, 2) Problem Solving and emotional regulation, 3) Social-skills development, and 4) Preparation for independent living.

Eva Carlston Academy serves girls ages 12 to 18 who are struggling with emotional and behavioral issues, included but not limited to: Depression, Anxiety, Defiance & behavioral issues, ADHD, Self-harm, Eating disorders, Suicidal ideations, Substance Abuse, Physical and Sexual Abuse. We can safely accommodate those with diabetes, special dietary restrictions, and other medical conditions.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah Office of Licensing - Department of Human Services; AdvancED
Professional Affiliations: NATSAP-Full Member

Evangelhouse Christian Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Mark D. Barrentine, LCSW Admissions Contact: Mark D. Barrentine, LCSW Academic Contact: Karen Barrentine Email: admissions@evangelhouse.com Phone: (800) 924-4012 Fax: (866) 223-6842 Address: PO Box 139 Saint Martinville, LA 70582 Website: www.evangelhouse.com	Gender: Girls Only Ages: 12 - 18 Grades: 6 - 12 Enrollment: 14 Duration: 12 - 24 months Founded: 1995
NATSAP Member Since: 2005	 Airport: Baton Rouge, LA (BTR), Lafayette, LA (LFT), New Orleans, LA (MSY)

Evangelhouse® Christian Academy

For Christian families seeking a values based treatment program for their troubled teen, Evangelhouse Christian Academy offers a clinically driven yet Christian focused option. Founded in 1995, Evangelhouse Christian Academy is a private, parent-choice therapeutic boarding school for girls offering 6th through 12th grades.

Our Mission

We support Christian families by engaging their troubled teen student in a five-stage growth process toward Spiritual, Emotional, Academic, Social and Physical™ maturity.

Our Vision

We are a school of excellence, setting the Christian standard within the marketplace of private, parent-choice therapeutic boarding schools.

Our Philosophy

We take a unique approach integrating Christian values with professional psychological services and psychotherapy. We teach Biblically based non-denominational Christian values. We encourage students to honor their family's denominational heritage.

Profile Student

The profile Evangelhouse Christian Academy student has come from a Christian upbringing, but her current choices and behavior problems require structural change. The problems the student is facing may take on different forms or emerge in multiple areas of functioning.

Parents enroll their daughters for various behavior problems, experimental substance abuse, academic or family difficulties. Many students present with mild to moderate DSM-V diagnoses such as depression, ADHD, bi-polar and other mood, behavior or learning disorders.

More than a School

Our therapeutic boarding school structure provides the focus necessary to complete a long-term life changing experience. The problems students are dealing with can take on different forms, but we treat the outward behaviors as symptoms of an internal struggle. At Evangelhouse Christian Academy we guide students to overcome not only the behavior symptoms, but their underlying root causes.

Our school is organized around five areas of wellness in which students can become rooted - Spiritual, Therapeutic, Academic, Social and Physical™. We call it the LifeLeaf™ treatment model. Through its five-stage structure, it creates the right conditions, the right amount of time and a gauge to measure growth.

Clinical and Spiritual Integration

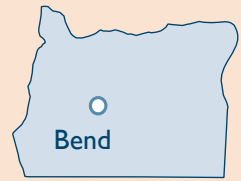
At Evangelhouse Christian Academy students gain emotional maturity, insight, and self-awareness. As the LifeLeaf™ growth process unfurls clinical expertise guides the assessment, diagnosis and treatment of students. Christian values guide students beyond behavior symptoms to internalized character, integrity, and leadership. The clinical and spiritual components combined complete a long-term life building maturity experience.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Louisiana, Department of Education Division of Non-Public Schools, Alternative School Classification. Teen Challenge International, USA - Accredited with Honors; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP – Full Member; American Association of Christian Counselors; Non-Denominational Approval, Louisiana District of the Assemblies of God

Evoke at Cascades (Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Michael Griffin Admissions Contact: Leah Halverson Email: leah@evoketherapy.com Phone: (866) 411-6600 Fax: (541) 382-1817 Address: 20332 Empire Avenue Bend, OR 97701-5712 Website: www.evoketherapy.com	Gender: Coeducational/ Single Gender Groups Ages: 13 - 30 Grades: 8 - 12 Enrollment: 45 Duration: 6 - 8 weeks Founded: 2005
NATSAP Member Since: 2006	 Airport: Redmond, OR (RDM)

Evoke at Cascades is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy and individualized therapy sessions with Master's and Doctoral level therapists twice weekly.

Adolescent: Evoke at Cascades works with students (males and females) ages 13 to 17 with a range of emotional and behavioral issues including depression, learning differences, oppositional defiance, attention deficit, substance abuse, history of trauma and attachment issues. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance and may be experiencing parent-child conflict.

Adult: Evoke at Cascades adult program supports a dual-diagnosis approach to working with adults ages 18-30 in the wilderness. It utilizes both clinical and 12-step methodology in order to treat the whole person. The majority of our clients come to us with a dual diagnosis. We specialize in mental health treatment areas like depression, anxiety, lack of self-esteem, bipolar disorder, self-harm, relationship difficulties, family issues, anger management, attention issues and mild eating disorders. Our substance abuse treatment areas include learning to live a sober lifestyle, understanding the stages of addiction, relapse prevention, dealing with school and/or employment difficulties and developing more ego strength.

Evoke at Cascades is a minimum six weeks (average about 9 weeks) outdoor program designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility and improve family relationships. The family component is structured to teach parents new skills designed to support their child's growth. There is a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, therapists and consultants take part in weekly treatment planning sessions by phone. Parents typically are also involved in a mid-program visit in the field.

The cost is \$485 per day plus a \$2000 enrollment fee. Scholarships are available. Evoke serves clients from all over the United States as well as international clients. It is anticipated there will be two to five groups of students, with a maximum of nine students in each group. Three to five field instructors will staff each group at all times.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Department of Human Services Children, Adults and Families-OR; Oregon Board of Psychologist Examiners; NW Accreditation Commission-OR; AdvancED

Professional Affiliations: NATSAP-Full Member

Evoke at Entrada

(Wilderness Therapy Program)

CONTACT

Executive Contact: Rick Heizer
Admissions Contact: Steve Kirk
Email: rick@evoketherapy.com
Phone: (855) 411-6600
Fax: (435) 674-9309
Address: 2711 Santa Clara Drive, Suite 400
 Santa Clara, UT 84765-5466
Website: www.evoketherapy.com

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 30
Grades: 9 - 12
Enrollment: 50
Duration: 42 - 50 days
Founded: 2004



Airport: St. George, UT (SGU);
 Las Vegas, NV (LAS)

Evoke Therapy Programs provide transformative experiences with innovative models of therapy with experiential and evidence-based therapies. This service is infused with a focus on the whole-health of clients and their families providing teens, young adults and families the most clinically sophisticated care and comprehensive support. Evoke Entrada creates opportunities for participants to discover deeper meaning in their lives and overcome life's challenges. Participants and families learn healthy coping skills that bring families together. The new environment we provide for our clients and families evokes lasting changes.

Evoke at Entrada is a clinically focused intervention to teach adolescents and young adults accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each client and include flexible lengths of stay, single gender and coed treatment groups, daily group therapy and individualized therapy sessions with Masters and Doctorate level therapists.

Adolescent: Evoke Entrada adolescent program works with students ages 13 to 17 with a range of emotional and behavioral issues including depression, learning differences, oppositional defiance, attention deficit, attachment, and substance abuse disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance and may be experiencing parent-child conflict. Evoke Entrada is a flexible 6-9 week program designed to create intensive initial impact, identify coping skills, teach behavioral responsibility and improve family relationships.

Adult: Evoke Entrada's adult program supports a dual-diagnosis approach to working with adults 18 to 30 in the wilderness. It utilizes both clinical and 12-step methodology in order to treat the whole person. The majority of our clients come to us with a dual diagnosis. We specialize in mental health treatment areas like depression, anxiety, lack of self-esteem, bipolar disorder, self-harm, relationship difficulties, family issues, anger management, attentional issues and mild eating disorders. Our substance abuse treatment areas include learning to live a sober lifestyle, understanding the stages of addiction, relapse prevention, dealing with school and/or employment difficulties and developing an overall Ego strength. Entrada is a therapeutic program with adult clients participating on their own volition and retention of all individual rights.

Our individualized family component is structured to teach parents new skills designed to support their own and their child's growth with weekly phone call and visits in the wilderness for family work in the middle and at the end of the program. Parents, therapists and consultants also take part in weekly Treatment Planning sessions and planning appropriate aftercare.

Evoke incorporates carefully tailored academic curriculum accredited by AdvancED with Science, English, PE., and Psychology credits contextually based in the wilderness experience. This helps clients earn academic credits while away from school and allows for assessment of how clients respond to academic challenges.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED

Professional Affiliations: NATSAP-Full Member

Expedition Therapy Associates

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Beth J. Fogel Admissions Contact: Aaron Wilson Email: expeditiontherapyadmissions@gmail.com Phone: (435) 899-1750 Fax: (916) 644-8872 Address: PO Box 910075 St. George, UT 84791 Website: www.expeditiontherapy.com	Gender: Coeducational Ages: 18 - 26+ Grades: N/A Enrollment: Open Duration: 8 weeks Founded: 2010  St. George
NATSAP Member Since: 2013	Airport: St. George, UT (SGU)

Expedition Therapy is a structured, intensive, hands-on, experiential, solution-focused experience for emerging young adults age 18+ who have yet to find a productive and intentional path in life.

Learning Essential Life Skills - One Expedition At A Time

The Expedition Therapy outdoor adventure experience provides participants with individualized therapy in the context of a back country skills and leadership course. Through a series of challenging weekly expeditions, Expedition Therapy students learn technical, organizational and time management skills, ultimately taking responsibility for planning and leading an expedition themselves. Combined with daily therapeutic goals and group discussions to strengthen the experience and outcomes, these challenging expeditions are integral to personal growth and development.

Discovering Who They Can Be – By Being It

As a result, our students experience and internalize a positive sense of self and gain increased confidence, learning to create balance in their lives, stay sober and reconnect with their authentic selves. At Expedition Therapy, we help young adults discover the inner focus, direction and motivation they need to move themselves forward in their lives.

Therapeutic Expedition Mentality®

Our Therapeutic Expedition Mentality® is a tested and proven, yet innovative approach to leadership, personal growth and empowerment for young adults. Students learn expedition skills from highly qualified instructors who are both technically proficient and experienced in outdoor therapy. Students then teach those skills to peers, increasing their sense of self and individual autonomy. Further benefits include increased self-esteem, better problem-solving skills, improved attitude and a greater sense of control. Students graduate Expedition Therapy with the ability to work effectively as part of a team, establishing a stable foundation for personal recovery and future success.

Family Expeditions – Putting Families Back Together!

A Family Expedition brings together the Expedition Therapy student and his or her closest family members, providing an opportunity to resolve relationship-based issues and reconnect in a positive way. Each Family Expedition is customized to the family's interests.

Expedition Therapy Can Effectively Address:

- Depression
- Low Self-Esteem
- Social Anxiety
- Lack Of Motivation
- Substance Abuse
- School Failure
- Computer Addiction
- Attachment & Abandonment Issues
- Family Relationship Issues
- An Inability To Move Forward In Life

Individual Psychotherapy Available: Yes

Accreditation, Licensure: CSW-NASW; DOPL UT; LMHCC - DoPL UT; Licensed Professional Counseling Association; National Association of Social Workers

Professional Affiliations: NATSAP-Young Adult Affiliate Member; NASW; LPCC; AEE; SMART Recovery; NADACC Wilderness Education Association

Explorations

(Outdoor Therapeutic Program & Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Penny James Admissions Contact: Penny James or Eric Reeves Email: info@explorationsmt.com Phone: (406) 827-3863 Fax: (406) 827-4072 Address: PO Box 1469 119 South Hill Road Trout Creek, MT 59874 Website: www.explorationsmt.com	Gender: Coeducational Ages: 12 - 17 Grades: 7 - 12 Enrollment: 10 Duration: 12-18 months/Residential 21-58 days/Summer 7-21 days/Custom Family Founded: 1989
NATSAP Member Since: 2005	 Airport: Spokane, WA (GEG)

Explorations offers a variety of unique and relevant program choices that meet the needs of today's teens and young adults. For 20 years, we have provided innovative, diverse offerings that promote healthy families.

We promise individualized attention and small groups. We support reunification of families through integrated parent involvement. We prioritize successful, supported transitions at the conclusion of our offerings.

HomeBase Residential looks and feels like home! Students, ages 12 – 18, practice solutions to 'every-day-life' problems in a real life environment. Students live in a therapeutic home while balancing out the challenges of family, school and personal endeavors. Students attend school or complete distance learning and participate in individual and group therapy. Parent involvement is prioritized and supported through parent coaching calls, regular contact with therapists and family weekends. Mentors are nurturing, but firm and teach valuable life skills. International and domestic travel experiences round out the HomeBase curriculum.

Big Sky Summer Adventure serves girls and boys ages 13 – 18 in separate offerings. We teach self-reliance, responsibility and accountability through rigorous adventures such as backpacking, rock-climbing and rafting. Our courses are perfect for students who are floundering in school or at home yet do not require the intensity of a wilderness intervention. Participants benefit from an opportunity to raise self-esteem and learn new strategies in parent and peer relationships. Adult mentors instruct side-by-side with the student and therapy is integrated into the adventure curriculum. We offer 3, 4 and 7 week offerings. Week-long Parent & Student float trip available. Parenting skills curriculum and parent coaching included. High school credit available.

AfterCare transition support is available at the conclusion of all offerings. AfterCare specialists work with parents and student to devise an individualized and workable transition plan based on the strengths and needs of each family member. Transition plan options include: home contracts, parent coaching, collaboration with home resources, in-home visits, family intensive weekends and scheduled contact with a therapist.

Custom-Designed Experiences are available year-round for families, parents, young adults, or siblings. We specialize in designing experiences to promote positive change and pro-active life choices. Extensive therapy, creative outdoor pursuits, and education are integrated to meet the needs of the student, young adult or entire family.

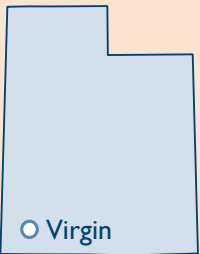
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensure through Montana Board of Private Alternative Adolescent Residential Programs (PAARP)

Professional Affiliations: NATSAP-Full Member; Association for Experiential Education (AEE), National Association of Therapeutic Wilderness Camps (NATWC)

Falcon Ridge Ranch

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Melanie Habibian Admissions Contact: Amber Austin Email: mel@falconridgeranch.com Phone: (435) 635-5260 Fax: (435) 635-5327 Address: 633 East Highway 9 Virgin, UT 84779 Website: www.falconridgeranch.com	Gender: Girls Only Ages: 12 - 17 Grades: 6 - 12 Enrollment: 48 Duration: 9 to 12 months Founded: 2003
NATSAP Member Since: 2015	 Airport: St George Municipal Airport (SGU)

Falcon Ridge Ranch is a licensed Residential Treatment Center for girls ages 12 to 18. Our girls are experiencing emotional and behavioral problems but haven't thrived under the traditional care of outpatient treatment and require an out-of-home therapeutic setting. We are located on an 18 acre ranch at the entrance to Zion National Park. We offer hope, healing, and restoration through a unique blend of professional therapeutic services, academic instruction, and equine therapy. Our girls excel in a small, intimate and loving atmosphere where they get plenty of one-on-one support from therapists, teachers, and professional staff.

Falcon Ridge Ranch uses multiple therapeutic modalities to help the girls reach their individual goals. Equine therapy is at the heart of our therapeutic services. Equine therapy teaches compassion, empathy, self-discipline, and understanding as she works with and cares for her horse. Through interaction with horses, our young women build new skills in relationship development in a way that no other therapy approach can offer.

Family Therapy is provided via weekly teleconference. Family involvement is an essential part of the recovery and healing process.

We utilize a treatment methodology called Positive Peer Culture. Positive Peer Culture facilitates an atmosphere of dignity and respect in which girls learn responsibility and accountability.

Academic Educational plans are tailored for each student to remediate academic weaknesses, improve study skills, and bring students up to or beyond grade level. Students develop the academic foundation and motivation necessary to progress academically and achieve lifelong success.

Our program has an integrated approach so that all areas of the program work together to assist each young woman's needs. Therapist, teachers, and residential director meet regularly to coordinate goals and assignments, ensuring that the entire experience is focused on reaching the individual therapeutic goals of each young woman.

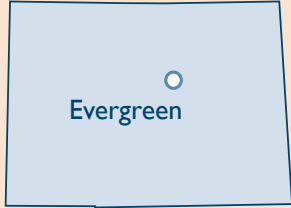
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancEd (Northwest Accreditation Commission); Illinois Department of Education; Utah Department of Education; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Eagala; Washington County 4-H

Forest Heights Lodge

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Linda Clefisch Admissions Contact: Linda Clefisch Academic Contact: Lisa Thoenenes Email: lindaclefisch@forestheightslodge.org Phone: (303) 674-6681 Fax: (303) 674-6805 Address: PO Box 789 Evergreen, CO 80437 Website: www.forestheightslodge.org	Gender: Boys Only Ages: 5 - 14 upon admission Grades: K - 12 Enrollment: 24 Duration: 18 months - 2 years Founded: 1954
NATSAP Member Since: 2011	 Airport: Denver, CO (DEN)

Forest Heights Lodge is a residential treatment facility for children from age 5 through 14 upon admission. We have 24 boys in residence. Our primary purpose of Forest Heights Lodge is the restoration of children to maximally adaptive social, emotional and academic functioning. Undergirding this purpose is a commitment to the maintenance and strengthening of families and their relationship with their son.

The Lodge was founded in 1954. The philosophy focuses on close, supportive interpersonal relationships that are essential in the building of healthy emotional lives. We believe that children will risk change when they have the opportunity to build close, trusting relationships with our staff members, particularly our child care workers. To that end, therapeutic emphasis is directed toward a child's daily living experience of our therapeutic environment. It is within this therapeutic milieu that the child can learn and practice what he is learning and decide if changing is worth the risk.

Our approach for children is to revitalize their lives through the use of a supportive environment embedded with professional, trained and committed adults. The heart of our philosophy is to make residential treatment a gratifying life experience which enables a child to live successfully in the community with others. Framed art above our fireplace mantle says it best: "Life is good, come join us!"

Treatment is a continuous process at Forest Heights with all staff members functioning as a team in the therapeutic milieu and process. The primary therapeutic interventions and life lessons are experienced in the meaningful, growthful events of every day living. The clinical team, comprised of a child psychiatrist, psychologist, and clinical social workers, work with the child care staff to translate the child's psychological and developmental needs into day-to-day interactions, as well as providing individual, group and family therapy.

Forest Heights Lodge is incorporated as a private, non-profit facility and is governed by a Board of trustees. The Lodge has been accredited by the Joint Commission on Accreditation of Behavioral Healthcare Organizations for children and adolescents continuously since 1972 and is licensed and certified by the State of Colorado Department of Human Services and Department of Education.

Individual Counseling Available: Yes

Accreditation, Licensure: JCAHO, Colorado State Department of Human Services; Colorado Department of Education; California Non-public School; Illinois Department of Education; New Jersey Department of Education

Professional Affiliations: NATSAP-Full Member; AACRC (American Association of Children's Residential Centers); Rocky Mountain Adoption Exchange

Foundation House

(Transitional Independent Living & Young Adult Program)

CONTACT

Executive Contact: Patrick Babcock
Admissions Contact: Patrick Babcock
Email: info@foundationhouse.com
Phone: (207) 791-2002
Fax: (207) 771-0236
Address: 38 Deering Street
 Portland, ME 04101
Website: www.foundationhouse.com

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Boys Only
Ages: 17 - 35
Grades: GED, post-secondary
Enrollment: 60
Duration: 6+ months
Founded: 2002



Airport: Portland International Jetport (PWM)

Foundation House is the industry leading, young adult male (ages 17-35), extended care-sober living program. Founded in 2002, Foundation House has brought an entirely new success rate to the question “What happens after treatment?” Our six month minimum program is fully comprehensive, featuring a first month, “9 to 5”, Twelve-Step immersion curriculum. The staff is made up of licensed drug and alcohol therapists, wilderness therapists, a psychiatric nurse practitioner, a holistic doctor, weight trainers, a fully staffed music studio, an art department, an athletic league, a masters level teacher who runs our education department and a fully licensed IOP for our residents and alumni alike. We are well known for our activities. Daily, weekly, monthly, and annually, our residents can expect to engage in anything that Portland, Maine, New England, America, and the globe has to offer. Our residents can meet with their therapist - or any staff member for that matter - not just once a week, but as often as necessary. Our weekly calendar features 12-Step immersion therapy; all forms of clinical therapy modalities; a family program; yoga; cooking classes; individualized advanced nutrition sessions; music and art therapy; personal training sessions; memberships to two gyms; meditation groups; experiential groups; study halls; financial management classes; medication management; job placement assistance; alumni led recovery meetings; athletic leagues featuring 100+ current residents, alumni and staff and countless other activities offered over a seven day period. Every month, we take current residents and alumni on a multi-day wilderness trip, with wilderness therapists. Annually we feature our signature international trip. No other extended care facility has even dreamed to do this. In 2016...our plan is to reach the North Pole. In 2015, we will follow the path of the Buddha's enlightenment across India. In 2014 we successfully summited Mt. Kilimanjaro in Tanzania, Africa, after first working on a coffee farm, and before a three day safari. In 2013 we covered Europe (England, France, Germany and Austria) as we followed the footsteps of “The Band of Brothers” and their well-documented WWII journey across the European theatre.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: CSW-NASW; DOPL UT; LMHCC - DoPL UT; Licensed Substance Use Disorder Counselor - DoPL UT; Licensed Professional Counseling Association; National Association of Social Workers

Professional Affiliations: NATSAP-Young Adult Member; NASW; LPCC; AEE; SMART; Recovery; NADACC

Four Circles Recovery Center

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Todd Weatherly, MEd Admissions Contact: Mills Tate Email: tweatherly@fourcirclesrecovery.com Phone: (877) 893-2221 Fax: (828) 891-2224 Address: 156 Clear Crossing Lane Horse Shoe, NC 28742 Website: www.fourcirclesrecovery.com	Gender: Coeducational/ Single Gender Groups Ages: 18 - 28 Grades: N/A Enrollment: 35 Duration: 42 day minimum with a 60 day average LOS Founded: 2006
NATSAP Member Since: 2010	 Airport: Asheville, NC (AVL)

Four Circles Recovery Center is an innovative, state of the art, clinically sophisticated wilderness-based treatment program for young adults ages 18-28 who are struggling with addiction, substance abuse and co-occurring mental health issues.

Blending the best of all avenues of substance abuse treatment, Four Circles harnesses the power of the wilderness to change lives, while integrating proven, time-tested traditional approaches like individual and group counseling, the 12-step philosophy, family systems work and a range of cutting-edge clinical services. This winning combination of treatment services has proven time and again to yield lasting change and a strong foundation for sustained recovery.

Four Circles also offers extended care programming. Our Admissions counselors are available 24 hours a day, seven days a week.

Individual Counseling Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF) as residential treatment program

Professional Affiliations: NATSAP-Young Adult Associate Member

Fulshear Treatment to Transition

(Transitional Independent Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Nikki Preece Admissions Contact: Helaine Sandler Email: nikki@fulsheartransition.com Phone: (801) 423-5324 Fax: (979) 793-3034 Address: 10514 Oberrender Road Needville, TX 77461 Website: www.fulsheartransition.com	Gender: Girls Only Ages: 18 - 24 Grades: N/A Enrollment: 40 Duration: 10 months Founded: 2004
NATSAP Member Since: 2004	 Airport: Houston, TX - Hobby (HOU) Houston, TX (IAH)

Fulshear Treatment to Transition is a therapeutic community where young women learn to become healthy, strong and influential. Fulshear accepts acute young women between the ages of 18 - 24 who have issues with trauma, attachment, personality disorders, self harm, body image, addictions and mood disorders. Our average length of stay is 8 - 10 months.

At Fulshear, clients participate in our Healthy, Strong and Influential program where they will experience progression through seven unique phases that take them on a journey of not only gaining insight into their issues but also learning and developing their individual core meanings. Our program is divided into three areas of concentration:

1. Healthy. This is a 90 day portion of our program designed for the women to focus solely on becoming healthy by taking opportunities for self discovery through values that help them learn to understand how to balance their emotional, spiritual and physical needs.

2. Strong. This is a 60 - 90 day portion of our program designed for women to learn that strong women have internal strength. They have created a foundation of healthy values that they draw upon when they feel a lack of strength. It is during this phase of the program that women learn to contribute to the world around them and integrate into new and unique situations.

3. Influential. This is a 60 day portion of our program designed for women to become influential. Influential women are a compelling force for good. They learn to not only influence their family and peers but also the community around them.

Fulshear is a relationship based and group driven program. Types of therapy provided are:

- CBT
- DBT
- EAP
- EMDR
- ETR
- Prolonged Exposure
- Experiential

Additionally, women will be able to have support and guidance with their academic and career decisions working with their transition specialists and our academic director.

Individual Counseling Available: Yes
Professional Affiliations: NATSAP-Young Adult Associate Member

Gateway Academy

(Residential Treatment Center)

CONTACT

Executive Contact: Karen Flynn, JD
Admissions Contact: Carrie Shoumatoff
Email: carrieshoumatoff@gatewayacademy.net
Phone: (801) 553-2436
Fax: (801) 523-3834
Address: 11706 South 700 East
 Draper, UT 84020
Website: www.gatewayacademy.net

PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 - 18
Grades: 9 - 12/College Prep
Enrollment: 32
Duration: 8 to 10 months
Founded: 2002



NATSAP Member
Since: 2002

Airport: Salt Lake City, UT (SLC)

Gateway Academy is an owner operated residential program dedicated to the healthy development, education and healing of adolescent boys. We provide a safe and nurturing environment through five integrated programs: 1) therapy that is individualized, 2) education that is personal, 3) community that is empowering, 4) outdoor adventures that are therapeutic, and 5) fitness that is focused to prime the brain. The Gateway difference comes from the purpose and intent infused in every aspect of our programs.

Gateway Academy serves boys ages 14 to 17 struggling with depression, anxiety, impulsivity and attention problems, social problems, diminished self-esteem, oppositional problems, substance abuse difficulties at home, relationship problems, nonverbal learning problems, difficulties in executive functioning and academic deficits, identity and developmental issues and other comparable difficulties. Young men with these issues are mentored in personal, social and intellectual development.

Grounded in our relationship and brain based approach, each young man receives an individualized balance of intense therapy, demanding accredited schooling, outdoor experiential learning; and comprehensive fitness programming. Gateway's small, home-like environment provides the nurturing boys need to thrive and the safety to practice positive relationships. Through staff mentoring, peer interactions, group activities, and volunteer service, boys learn self-advocacy, life skills, and self-confidence.

Gateway Academy's intensive treatment is run by highly credentialed clinicians that ensure the disciplines of academics, therapy and experiential activities are dynamically integrated. Specifically, each young man receives weekly individual and family therapy, as well as daily specialized groups according to their individual needs. Each young man is also provided on-site psychiatric services as needed. Additionally, Gateway's weekend outdoor experiential learning program utilizes outdoor adventures as a means to solidify therapeutic gains and foster personal growth. Individual and group experiential activities are intentionally engineered to allow students to test clinical gains and to grow emotionally, intellectually and physically. Gateway is purposely located in an urban community to ensure our students have access to opportunities to develop their external assets. Through participation in community-based activities and service our students learn how to connect, access resources, and contribute to the community they live in. As a result, each student develops skills they can take home to their own neighborhood to establish value and connection.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Genesee Lake School

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Kim Ray Admissions Contact: Stephanie Koster Peterson Email: admissions@geneseelakeschool.com Phone: (262) 569-5510 Fax: (262) 569-6337 Address: 36100 Genesee Lake Rd. Oconomowoc, WI 53066 Website: www.geneseelakeschool.com	Gender: Coeducational/ Single Gender Groups Ages: Children ages 7-17, Young Adults 18-22 Grades: K - 12 Enrollment: 102 Duration: 12 to 18 months Founded: 1975
NATSAP Member Since: 2012	 Airport: Milwaukee, WI (MKE)

Genesee Lake School is dedicated to improving the lives of children, adolescents, and young adults with a variety of special needs. Our 160 acre campus in the wooded Wisconsin countryside is a calm and nurturing setting where students from around the country gain the skills and experiences necessary to successfully return to their families, school districts and communities.

As a nationally recognized provider, we offer programs for students with mental health disorders, neurological disorders, emotional disturbances or developmental disabilities. In addition, we offer specialized programs for students with Autism Spectrum Disorders, Mood and Anxiety Disorders and Complex Trauma. We provide an individualized, person-centered and integrated team approach, emphasizing positive behavioral support, therapeutic relationships and developmentally appropriate practices.

At Genesee Lake School, we are also known for our research based educational curriculum. In a sensory and technology rich environment, our licensed special education teachers provide academic instruction, pre-vocational education, and adaptive physical education. Additionally, speech and language, occupational, art and music therapies are integrated throughout each student's program as needed. For our middle and high school students ready to access a generalized curriculum in a supported environment, we offer a departmentalized model in which students change classes, follow a set schedule, and learn to adapt to a variety of teaching styles, just as would occur in the students' home district.

Our goal at Genesee Lake School is to provide an innovative and enriching environment for the students in our care to learn and experience all that life can offer. To provide a place to grow.

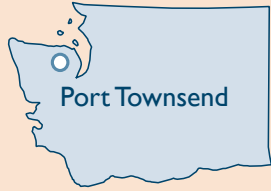
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Wisconsin Department of Children and Families, Council on Accreditation; State of Wisconsin Department of Instruction

Professional Affiliations: NATSAP-Full Member; Council on Accreditation

Gray Wolf Ranch

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Woody Bernas Admissions Contact: Woody Bernas Academic Contact: Susan DeLapp Email: gwr@graywolfranch.com Phone: (360) 385-5505 Fax: (360) 385-3605 Address: P.O. Box 102 Port Townsend, WA 98368 Website: www.graywolfranch.com	Gender: Boys Only Ages: 14 - 25 Grades: N/A Enrollment: 26 Duration: 4 - 6 months Founded: 1995
NATSAP Member Since: 2000	 Port Townsend Airport: Seattle/Tacoma Int'l (SEA)

The mission of Gray Wolf Ranch is to provide a natural, safe, and supportive setting for beginning a structured progression toward a sober lifestyle. Our program is based on two central concepts: that we live and work on recovery as a community, and that each person's needs defines his pathway to recovery.

Gray Wolf is an intermediate care residential lodge providing a transitional living environment for young men between the ages of 14 and 25 in early recovery from chemical dependency. To be admitted, each resident must be motivated to make profound changes in lifestyle, have completed a chemical dependency treatment program with chemical dependency as the primary diagnosis or maintained at least 30 consecutive days of abstinence from chemical use.

During his four to six month stay, a resident works with the staff to develop his own treatment plan while building upon the Twelve Step principles of recovery and practices sober life skills by integrating Twelve Step philosophy into daily life, reinforced through individual and group counseling and wilderness treks. Upon leaving, each resident will have the skills needed for success and will understand that he needs the support of others in recovery to maintain sobriety.

Gray Wolf offers a multidisciplinary approach to treatment and includes, when necessary, the services of mental health professionals to assist with issues beyond addiction. We also offer the option of residence in one of our Port Townsend or Seattle sober houses for those graduates of our program for whom this is appropriate.

Gray Wolf is fully licensed by the State of Washington and accredited by the Commission for the Accreditation of Rehabilitation Facilities (CARF). Our wilderness trek program is accredited by the Association for Experiential Education.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Washington State Department of Health, Chemical Dependency; Washington State Department of Health, Residential Treatment Facility; Commission on the Accreditation of Rehabilitation Facilities (CARF); Association for Experiential Education (AEE)

Professional Affiliations: NATSAP-Full Member; ACATA; AEE; AHHA; AHHAP; NAADAC; NAATP

Grove School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Peter J. Chorney Admissions Contact: Lauren Seltzer, LMFT Email: admissions@groveschool.org Phone: (203) 245-2778 Fax: (203) 245-6098 Address: 175 Copse Road Madison, CT 06443 Website: www.groveschool.org	Gender: Coeducational Ages: 11 - 23 Grades: 7 - 12/College Prep Enrollment: 105 Duration: 2 years Founded: 1934
NATSAP Member Since: 1999	 Airport: New Haven, CT (HVN), Hartford, CT (BDL)

Established in 1934, Grove School is a family-run, co-educational, therapeutic boarding school nestled in the shoreline community of Madison, Connecticut. It is a therapeutic milieu for adolescents with social, emotional and learning challenges that have impacted the quality of their lives. We accept students who are ages 11 or older and in grades 7-12 with average to above average intelligence. We work with students across the diagnostic spectrum including students with diagnoses of ADD/ADHD, Depression, Mood Disorders, Anxiety Disorders, Eating Disorders, Nonverbal Learning Disorders, Asperger's Syndrome or Learning Disabilities. With a seamless program of clinical services, college preparatory education and diverse activities, Grove School focuses on the development of meaningful relationships and personal growth.

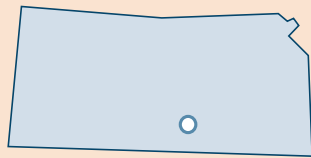
Grove School's clinical approach uses contextually-based psycho-dynamic psychotherapy delivered in individual sessions twice a week, weekly group therapy, family therapy and milieu therapy. Our clinical staff is composed of 5 psychiatrists and 11 other clinicians including psychologists, LCSWs, LMFTs, and Art Therapists. All students work with a treatment team comprised of a psychiatrist, therapist and advisor who coordinate and implement their clinical goals. The academic curriculum accommodates the individual learner while offering a rigorous college preparatory education including AP courses. We have over 30 certified Content Area and Special Education teachers who instruct small classes with a student: teacher ratio of 4:1. Services such as Supervised Study Hall, tutorials and SAT/ACT preparation are available to students. Activities appeal to students' wide range of interests and include team and individual sports, over 20 club options, fine arts, theatre, music, outdoor adventure and yoga. Our ASTEE program (Alternative Site Therapeutic and Educational Experiences) offers excursions such as Ski Trips, Caribbean trips and Service trips to El Salvador.

Grove School's Transition Program meets the needs of students who have graduated from high school, but need additional support and structure for their transition into adulthood. These students participate in therapy, attend community college courses, maintain employment in the community and live in a supported home environment.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Connecticut, Department of Children and Families; State of Connecticut, State Board of Education; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member; American Academy of Child & Adolescent Psychiatry (AACAP); American Association of Children's Residential Centers (AACRC); World Federation for Mental Health (WFMH)

Heartspring School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: David Stupay, President/CEO Admissions Contact: Kristina Baker Academic Director: Stephen Perry Email: kbaker@heartspring.org Phone: 1-800-835-1043 Fax: (316) 634-8875 Address: 8700 East 29th St. North Wichita, KS 67226 Website: www.heartspring.org	Gender: Coeducational Ages: 9 - 21 Grades: K - 12 Enrollment: 56 Duration: 2 - 3 years (average) Founded: 1934
NATSAP Member Since: 2014	 Wichita Airport: Dwight D. Eisenhower National Airport (ICT)

MISSION:

Our mission, in partnership with parents, professionals, and the community, is to help children with special needs grow and learn on a path to a more independent life.

OVERVIEW OF SCHOOL PROGRAM:

Heartspring is a not-for-profit residential and day school serving children ages 5 through 21, from across the country. Heartspring serves students with intellectual and developmental disabilities such as autism spectrum disorders, speech and language impairments, vision and/or hearing impairments, cerebral palsy and multiple disabilities. Most of our students have challenging behaviors that interfere with their academic progress at school, as well as interfering with home life and community access.

Heartspring's school program is truly a unique educational setting that encompasses all areas of a student's life, including education, residential living, psychological and medical care, as well as therapies such as, speech language pathology and occupational therapy.

STUDENT PROFILES/APPROPRIATE CANDIDATES:

- Boys and Girls
- Ages 9-21
- Diagnoses may include, but are not limited to:
 - Autism Spectrum Disorders
 - Cognitive Impairments
 - Down Syndrome
 - Other intellectual/developmental disabilities and multiple disabilities
- May have challenging/aggressive/inappropriate behaviors
- May need assistance with communication and/or activities of daily living (life skills)
- May have mild-moderate health/medical needs

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Kansas Department of Health and Environment

Professional Affiliations: NATSAP - Full Member; Student and Exchange Visitor Information System (SEVIS); Association for Behavior Analysis International (ABAI); National Association of Special Education Teachers (NASSET)

The Help School's Project Six/The Commons

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Elin Bradley Admissions Contact: Ashley Ayres Academic Contact: Elin Bradley Email: ebradley@thehelpgroup.org Phone: (818) 267-2600 Fax: (818) 267-2710 Address: 15339 Saticoy St. Van Nuys, CA 91406-3345 Website: www.thehelpgroup.org NATSAP Member Since: 2014	Gender: Coeducational Ages: 11 - 18 Grades: 6 - 12 Enrollment: 14 Duration: 6 - 18 months Founded: 1975  Van Nuys Airport: Los Angeles International (LAX)

The mission of The Commons is to assist young people in gaining the comprehensive skills necessary to successfully reintegrate into their local school, community and family home.

The program builds on The Help Group's long history of providing residential treatment, special education and therapeutic services to children and adolescents with Asperger's Disorder, Autism Spectrum Disorders, learning disabilities and emotional challenges.

The Commons is a 24-hour therapeutic program offers a safe and structured environment that utilizes a strengths-based approach to support the growth and development of its residents. Positive reinforcement and consistent behavioral expectations are core components of the program's design.

Located in the San Fernando Valley, the Commons offers a dorm-like setting with a structured daily schedule. The program encourages respect, personal and interpersonal development and fosters a sense of community and responsibility. Supported by a highly skilled, compassionate and caring clinical and behavioral staff, residents are encouraged to address their individual needs in a proactive and productive manner.

To ensure that residents successfully transition back into their natural settings a family focused treatment plan is created. Within this plan, the family is an integral member of the team and participates in a broad range of services, programs and events.

Centrally located to many of the recreational opportunities available in Southern California, the Commons incorporates an array of activities into the program, including trips to the beach, hikes in the local mountains, attendance at sporting events, tours of museums, and participation in a variety of community and cultural events.

During the admissions process, residents are assessed to determine which of The Help Group's highly-respected non-public schools will best meet their unique educational and emotional needs.

With a low student-to-teacher ratio, The Help Group's Village Glen, Bridgeport, North Hills Prep, and Parkhill School utilize proven educational models and practices that recognize varying levels of skill, academic interest, and a broad range of cognitive levels. The curriculum provides the knowledge and training students require for successful transition into less restrictive educational environments.

For those who are college bound, the schools offer an enriched and stimulating college preparatory program that fulfills the standards for entrance into four-year colleges and universities.

The road leading to a residential program can often be an arduous one. Through a strong partnership between The Commons, its residents, their families and school districts, the road leading home becomes a positive and productive one.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: California Department of Social Services/Community Care Licensing; California Department of Education; CARF; Western Association of Schools & Colleges (WASC)

Professional Affiliations: NATSAP-Full Member; American Association of Children's Residential Centers

Heritage Schools, Inc.

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jerry Spanos Admissions Contact: Jen Sommers Email: info@heritagertc.org Phone: (801) 226-4600 Fax: (801) 226-4696 Address: 5600 Heritage School Drive Provo, UT 84604 Website: www.heritagertc.org	Gender: Coeducational/ Single Gender Groups Ages: 12 - 17 Grades: 8 - 12 Enrollment: 118 Duration: 12 to 14 months Founded: 1984
NATSAP Member Since: 2001	 Airport: Salt Lake City, UT (SLC)

Since 1984 parents have entrusted Heritage to help them find the son or daughter they thought they had lost. They know Heritage helps a child prepare for a productive life by providing an inviting and safe therapeutic environment within a clinically designed and nationally recognized community that offers real-world experiences and opportunities. At Heritage, students discover themselves, develop healthy and meaningful relationships, are strengthened both emotionally and physically, and reach their academic potential. Heritage students are prepared to return to their families and a more productive life having experienced life-changing events integrated with diligent therapeutic work with their family.

Located on 18 acres at the base of majestic Mount Timpanogos, our campus provides a serene, safe, and peaceful therapeutic environment where students heal, learn and grow. Students at Heritage join a gender-specific family-like home where they experience healthy relationships. Heritage homes function like families with parental figures, and familial structure, rewards and consequences. It is within this therapeutic environment that students learn to think outside of themselves and prepare to return to live with their families.

The home in which a student lives is also based on their history and desired outcomes. The student may live on a home in the Peers Academy for students who struggle with social deficiencies, emotional regulation or executive functioning. Elevate Academy is appropriate for students that suffer from depression, anxiety, light substance abuse, self-harm or mood disorder. Here they will learn skills that help them manage their moods and emotions. Both academies are built on the relationship model pioneered by Jerry Spanos.

Dedicated, professional and loving staff including one of the most experienced teams of residential staff in the industry, ensures that the needs of each student are met and that they are best prepared to thrive when they return to their families.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing as a Residential Treatment Center; Joint Commission; Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

In Balance Ranch Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Patrick Barrasso Admissions Contact: Betsy Barrasso Academic Director: Wendy Morgando Email: bbarrasso@inbalranch.com Phone: (520) 722-9631 Fax: (520) 722-9676 Address: 6107 E. Grant Rd Tucson, AZ 85712 Website: www.inbalranch.com	Gender: Boys Only Ages: 14 - 17 Grades: 9 - 12/College Prep Enrollment: 44 Duration: 12 months Founded: 2004
NATSAP Member Since: 2007	 Airport: Tucson, AZ (TUS)

The In Balance Ranch Academy, based on the Twelve Steps of Alcoholics Anonymous and research-based relapse prevention models, is a high quality therapeutic boarding school for adolescent boys 14 – 17 years of age. In Balance Ranch Academy is located in beautiful southern Arizona, less than an hour from Tucson. Mountain ranges serve as a backdrop to a peaceful, desert landscape that promotes self-reflection and serenity. Our ranch provides young men with an experiential program that inspires self-evaluation, interpersonal discovery, personal responsibility, excellence in all endeavors, life-changing values of service and, most importantly, recovery from chemical dependency.

The In Balance Ranch Community is committed to assisting each student and his family in the journey of recovery, sobriety and academic achievement. We endeavor to facilitate healing in the individual and in the family, equipping them with the necessary tools to live a healthy, productive and joyful life.

The In Balance Ranch Academy program provides:

- A comprehensive integrated 12 Step Based Recovery Program;
- An individualized academic program designed to ensure success;
- College prep courses – SAT/ACT testing preparation;
- College application counseling and assistance;
- Individual, group, and family therapy;
- Equine Assisted Therapy;
- Family education and support;
- Experiential learning – Horsemanship and Riding Program, Challenge Courses, Health, fitness and Nutrition instructions;
- Leadership and motivational training;
- Wilderness “Success” programs;
- “Recovery through Service” projects;
- Work Ethic – vocational training;
(i.e. carpentry, landscaping and other job skills);
- A positive peer culture; and
- Family Workshop Weekends three times a year.

Counseling services provided by In Balance Counseling, Inc. which is licensed through the Arizona Department of Health Services, Office of Behavioral Health Licensing.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing, North Central Assoc. Commission

Professional Affiliations: NATSAP-Full Member

Innercept

(Therapeutic Boarding School & Young Adult Program)

CONTACT

Executive Contact: George J. Ullrich, M.D.
Admissions Contact: Kristine Miller
Academic Contact: David Melear
Email: info@innercept.net
Phone: (208) 665-7178
Fax: (208) 765-6972
Address: 1115 Ironwood Drive
 Coeur D'Alene, ID 83815
Website: www.innercept.net

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 24
Grades: 7 - 12 / College Support
Enrollment: 55
Duration: 6 months minimum
Founded: 2004



Airport: Spokane, WA (GEG)

Innercept offers a continuum of programming for adolescence through young adulthood. Based on holistic principles, the program utilizes Integral Psychology to provide a balanced, on-going treatment approach compatible with each individual's aptitude and assets in mind. Programs include Adolescent Intensive, Adolescent Transition, Adolescent Stabilization, Young Adult Intensive, Young Adult Transition, Young Adult Stabilization, Young Adult Intensive Transition and Aftercare. These independent living programs are designed to empower youth as they explore their role in their family, peer group, community and world.

Innercept has home-environment based programs conceived of and directed by a dynamic group of clinicians and educators who have extensive experience within school, hospital, residential and out-patient psychiatric settings. The group comes together with specialized training in adult, child and adolescent psychiatry, psychology, nutrition, special education, social work, public health and psychiatric nursing. They are actively involved in groups including DBT, Moral Reconciliation Therapy for sobriety maintenance, psychotherapy, anger management, art therapy, psycho-educational group therapy, morals and ethics, mindfulness, health and fitness. We also provide many life skills groups such as nutrition and cooking classes, study skills, organization, finance and budgeting.

Special interests of the team include the treatment of anxiety and mood disorders, eating disorders, Asperger's Syndrome, trauma, OCD, bipolar, thought and attachment disorders. Tailor-made therapeutic and academic plans are provided in a thorough, thoughtful manner as the team identifies each individual's strengths, encouraging realistic career and education goals. Utilizing the collective experience of this group, problem areas of functioning that left earlier attempts and approaches lacking in results are met with creative solutions. Self-sufficiency is fostered as we teach principles of critical thinking and practical life skills. Our philosophy is that by mentoring responsibility, empathy, respect and integrity as the core elements of moral fiber, we increase the probability of a fulfilling, healthy and successful life.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Idaho State Department of Health and Welfare, AdvancED/Northwest Association of Accreditation Commission (NWAC); Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; American Academy of Child & Adolescent; Adolescent Acute and Medical Residential Programs; Adult Acute Psychiatric and Chemical Dependency Programs; ISPS; SEVP

Intermountain

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jim Fitzgerald, MPA, MSW Admissions Contact: ML Rutherford, M.Ed. Academic Contact: Marvin Williams, M.Ed. Email: mlr@intermountain.org Phone: (406) 457-4778 Fax: (406) 442-7949 Address: 500 S. Lamborn Street Helena, MT 59601 Website: www.intermountainresidential.org	Gender: Coeducational Ages: 4 - 13 at admission Grades: K - 8 Enrollment: 32 Duration: 12 - 24 months Founded: 1909
NATSAP Member Since: 2001	 Airport: Helena, MT (HLN)

The mission at Intermountain, “Healing Through Healthy Relationships”, reflects our developmental relational treatment approach. By seeing the developmental needs beneath the disturbed behavior, and meeting those needs through deep relationships, treatment provides a fully orchestrated approach in which every aspect of the child’s life presents an opportunity for growth and change.

Our 106 year-old nonprofit program offers an environment in which care and nurture are difficult to resist. We have over 30 years of experience using the developmental relational approach, which is continually refined by incorporating findings from broad areas of research to reach a sophisticated clinical understanding and to provide treatment of complex childhood disturbances.

Excellent candidates for success in our program are children whose problems include:

- attachment and relationship issues
- impulsivity, including lying and stealing
- adoption issues
- school problems
- intractable anger
- loss and grief issues
- aggression towards self and others
- poor social skills
- depression and anxiety
- high functioning autistic spectrum disorder
- emotional dysregulation
- sexual reactivity

Nestled in the foothills of the Rocky Mountains, children live in four family-style cottages with eight private bedrooms in each cottage. The 40-acre grounds include a physical education center, playground and hiking trails. Because of the excellent location, countless outdoor and community activities are incorporated into daily life such as skiing, swimming, hiking, fishing, camping, backpacking, canoeing and community theater. Our Intermountain School provides individualized plans that are tailored by our certified teachers to the unique learning styles and abilities of each student. Technology such as SMART boards and iPads are integrated into the classrooms. Related services and activities include Speech and Language, Occupational Therapy, neurofeedback, PE, Bal-A-Vis-X, music, art, social skills, cultural studies, and soccer and basketball teams. Family participation is critical to the success of the child. We embrace the whole family, the whole child and respect each individual’s uniqueness, knowing their strengths, problems, and development are never in isolation, but always in interaction.

Individual Psychotherapy Available: Individual, group and family therapy

Accreditation, Licensure: Joint Commission; Montana Department of Public Health and Human Services (DPHHS); Northwest Accreditation Commission, AdvancED; California Non-Public Schools, Washington; Non-Public Schools, Illinois Non-Public Schools

Professional Affiliations: NATSAP-Full Member; Alliance for Children and Families; Montana Children’s Initiative

Ironwood Maine

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Susan Horton Admissions Contact: Megan Ryan Academic Contact: Molly Feeney Email: questions@ironwoodmaine.com Phone: (877) 496-2463 Fax: (207) 342-3731 Address: 67 Captain Cushman Road Morrill, ME 04952 Website: www.ironwoodmaine.com	Gender: Coeducational Ages: 13 - 18 Grades: 7 - 12 plus college courses Enrollment: 35 Duration: 8 - 12 months Founded: 2006 
NATSAP Member Since: 2007	Airport: Augusta, ME (AUG), Bangor, ME (BGR), Portland, ME (PWM)

Ironwood is a residential treatment center committed to helping families in crisis with troubled teens. Our aim is to assess and treat the causes of behavior, while providing self-esteem building activities and life-enriching experiences along with rigorous academic studies – all within our home-like environment. We strive to reunite youth and their families through clinical therapy, discipline, hard work and shared experiences in a safe, secure and therapeutic learning environment.

Ironwood's approach is designed to work with kids who struggle with a variety of different challenges including: opposition, defiance, adoption issues, addictions, grief, bereavement, mood disorders, social and familial withdrawal, hopelessness, learning disabilities, post-traumatic stress, anxiety, depression, physical disabilities and association with a negative peer group. We are not designed to work with kids struggling with a history of major violence, psychotic disorders or sexual aggression.

Ironwood offers a highly structured treatment program with twice weekly individual therapy sessions, three times weekly group therapy sessions, family therapy, satisfying physical work, adventure-based experiences, and a wide range of special interest programs including equestrian, equine-assisted psychotherapy, canine training, art, culinary, horticulture and nature studies. Ironwood, an accredited Maine approved secondary school, offers a full and individualized academic program taught by certified high school teachers and administrators. Experienced education staff provide daily teaching, supervision and tutoring.

Adolescents leave Ironwood with the necessary skills for effective communication and healthy social interaction, a repertoire of refined coping skills, a more positive association with the learning experience, feelings of pride for their accomplishments and a hunger for more success.

Through counseling, self-reflection, simple living, discipline and engaging work, teens adopt proactive behaviors necessary to lead a productive life as a contributing family member and community citizen.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maine, Department of Health & Human Services; State of Maine, Department of Education

Professional Affiliations: NATSAP-Full Member

Kolob Canyon RTC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tawny Thomas Admissions Contact: Shawnale Wilson Academic Contact: Susan Mackert Email: info@kolobcanyonrtc.com Phone: (435) 592-3220 Fax: (435) 865-1439 Address: 1338 East 600 South New Harmony, UT 84757 Website: www.kolobcanyonrtc.com	Gender: Girls Only Ages: 14 - 18 Grades: 9 - 12 Enrollment: 12 Duration: 9 - 12 months Founded: 2002 Member Since: 2005 Airport: Cedar City (CDC), Saint George (SGU), Las Vegas (LAS)

The Kolob student: Treatment is designed exclusively for girls 14 to 17 years of age suffering from depression, low self-esteem, trauma and difficulties in her relationships with herself and others. Kolob Canyon's census is intentionally limited to 12 girls in order to maximize one-to-one interaction with peers, staff, teachers and therapists. Student-to-staff ratios are low and therapists with small caseloads maintain a family-like environment.

Goal and guiding principle: Kolob Canyon's program is specifically designed using a relational model, to assist its students to create relationships that will enhance an enduringly positive sense of self. This overarching goal is met through a clinically intense blend of traditional and non-traditional therapy delivered in a safe, supportive and nurturing environment. Therapists have experience with adoption, separation, attachment/loss, substance abuse, eating disorders, social and trauma issues.

Clinical Intensity: Treatment is clinically intensive. Each week students receive 3 hours of individual therapy and family therapy (via the phone), equine or recreational therapy and daily group therapy. Kolob Canyon uses outdoor and recreation therapy, taking advantage of our location on a picturesque horse ranch in Southern Utah's Canyon Country, right outside of Zion National Park. Therapists are trained in trauma therapy, DBT and equine therapy.

Family involvement: Parents are encouraged to participate in their own family change process in tandem with their daughter's program. Regular family therapy, Parent Seminars, family recreation trips, campus therapeutic visits, home visits and the creation of an extensive Home Contract are integral parts of the family change process.

Academics: The intensive and college focused educational program is fully accredited and employs credentialed teachers in small group settings. Academics are designed to work with girls' learning style and help develop positive self-esteem. Students benefit from hands-on learning, including drama, art and recreation classes.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

La Europa Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Robbi O'Kelley Admissions Contact: Alina Dorsey Lamoreaux Email: rokelley@laeuropa.com Phone: (801) 916-5696 Fax: (801) 268-9303 Address: P.O. Box 575780 Murray, UT 84157 Website: www.laeuropaacademy.com	Gender: Girls Only Ages: 14 - 17 Grades: 8 - 12 Enrollment: 31 Duration: 9 - 12 months Founded: 2005
Member Since: 2005	 Airport: Salt Lake City, UT (SLC)

La Europa Academy is designed to serve female adolescents from 14-17 years of age.

We work with complex clinical issues such as depression, bi-polar, anxiety, trauma, sexual abuse, drug and alcohol abuse, eating disorders, emerging personality disorder and other relational and emotional problems.

Students who would not be appropriate for La Europa Academy are those with active psychosis, conduct disorder, aggressive behavior, criminal behavior or present a high run risk.

At La Europa Academy we work from a resiliency model. We offer an integrated DBT model with combined intensive therapies along with rigorous, teacher driven education. We provide sophisticated family therapies and skill-building resources focused on practical application and experimentation toward successful transition. Our objective is to partner with the family for a meaningful and successful treatment process.

At La Europa Academy we also focus on the arts as an area of interest and a structure for strength based education and therapies. We encourage expression through clay, sculpture, drawings, paintings, dance and photography. Students participate in Art elective classes such as: dance, music, art, ceramics, film making, and digital photography. We provide a team of experienced and credentialed mastered level experiential therapists providing issue focused programming.

Our Master's level therapists provide weekly individual and family sessions. Specialized groups target core issues such as trauma, abuse, addiction, body image, attachment, sexual reactivity and others. Students strive to gain an understanding of who they are and what is driving their self-destructive behaviors along with meaningful treatment toward symptom relief.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Lakemary Center, Inc.

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Gianna Gariglietti Admissions Contact: Melissa Otto Academic Contact: Amanda Martell Email: ahardwick@lakemaryctr.org Phone: (913) 557-4000 Fax: (913) 557-4910 Address: 100 Lakemary Drive Paola, KS 66071 Website: www.lakemaryctr.org	Gender: Coeducational Ages: 6 - 21 Grades: K - 12 Enrollment: 59 Founded: 1969
NATSAP Member Since: 2013	 Airport: Kansas City International (MCI)

Lakemary is a residential K-12 specialized school and therapeutic treatment facility for some of society's highest needs children. We exclusively serve youth, ages 6-21, with intellectual/developmental disabilities (I/DD) coupled with psychiatric/behavioral issues who simply cannot be adequately served in their home and community environments.

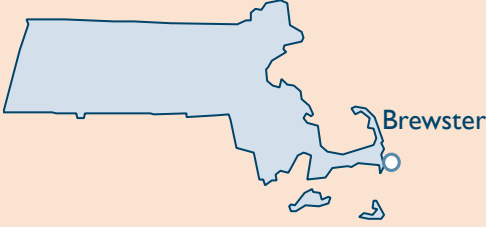
Lakemary provides a structured behavioral approach for children with Autism Spectrum Disorders and other I/DD who also have extreme behavioral and serious psychiatric disorders. Distance training for families is provided throughout each child's stay to support a seamless transition when returning home. We provide affordable, time-limited, individualized treatment and educational services, and accept both in-state and out-of-state placements.

Lakemary was founded in 1969 and is located on a beautiful 32-acre campus in Paola, Kansas, just 30 minutes south of the Kansas City metropolitan area. Situated geographically in the center of the U.S., we are easily accessible by air or car.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: CARF; Kansas Department of Aging and Disability Services; Kansas Department of Education
Professional Affiliations: NATSAP-Full Member; Interhab, Inc. The National Association for the Dually Diagnosed (NADD); National Association of Private Special Education Centers (NAPSEC)

Latham Centers

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Anne McManus Admissions Contact: Susan LaPlant Academic Contact: Brittini Taylor Email: info@lathamcenters.org Phone: (774) 353-9237 Fax: (508) 896-8310 Address: 1646 Main Street Brewster, MA 02631 Website: www.lathamcenters.org	Gender: Coeducational Ages: 8 - 22 Grades: 3 - 12, Special Education Enrollment: 40 Duration: 2 years Founded: 1970
NATSAP Member Since: 2012	 Airport: Barnstable Municipal Airport - Hyannis, MA (HYA)

The Latham School is a private non-profit special education and residential treatment program serving children from across the country with intellectual disabilities, complex special needs and behavioral challenges. Latham provides treatment to children within a wide range of special needs including children diagnosed with Prader Willi Syndrome, Cornelia de Lange Syndrome, hyperphagia, Autism, Reactive Attachment Disorder, PTSD, ADD/ADHD, Anxiety Disorder and Bipolar Disorder.

Located in Brewster on Cape Cod Massachusetts we offer progressive and therapeutic evidence-based treatment ensuring that each child grows to reach their full potential. Additionally our program includes a summer academic and activity component. With the help of the highly skilled dedicated multi-disciplined professionals at Latham School children, adolescents, and their families are able to discover their strengths, develop new skills, and become contributing members of their community.

Latham Centers is approved by the Massachusetts Department of Early and Secondary Education, the State of New York, licensed by the Massachusetts Department of Early Education and Care, and fully accredited by the Council on Accreditation.

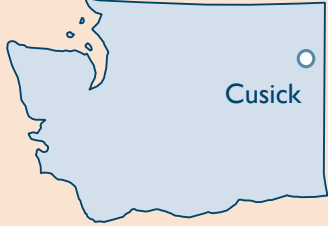
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Massachusetts Department of Elementary and Secondary Education; Massachusetts Department of Early Education and Care; Council on Accreditation

Professional Affiliations: NATSAP-Full Member; Massachusetts Association of Approved Private Schools (Maaps) Independent Small Program Alliance (ISPA); Prader-Willi Alliance, NY Prader-Willi Assoc. (PWSAUSA); Prader-Willi Assoc. (PWSANE); International Prader-Willi Organization (IPWSO); American Assoc. of Children's Residential Centers (AACRC); National Association of Private Special Education Centers (NAPSEC)

Life Designs, Inc.

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Vince Barranco Admissions Contact: Jonathan Gross Email: lifedesignsvince@gmail.com Phone: (509) 671-2487 Fax: (509) 931-1714 Address: 10302 LeClerc Road North Cusick, WA 99119 Website: www.lifedesignsinc.com	Gender: Coeducational Ages: 18 to 30 Grades: N/A Enrollment: 10 Duration: 6 months Founded: 1997 
NATSAP Member Since: 2000	Airport: Spokane

Life Designs prepares young people for responsible adulthood, in an age when many young adults are struggling with the challenges and choices in the “real world”. We specialize in leadership training and the transition into adulthood, where the foundation for recovery and autonomy is addressed and created.

Life Designs offers a safe but challenging “homelike” environment where this important introspective journey can take place. Life Designs works to empower young adults to explore who they are: their values, talents and passions. Students learn to take action toward their personal goals, confronting their fears and former ways of self-sabotage. Our experiential learning style uses the home environment and daily work around the 30-acre property to teach “transferable skills” that will apply to any relationship, living situation, or job. Art, music, animal therapy and nature are also used as teaching tools.

The curriculum is self-empowerment in recovery: personal identity, leadership, finance, work ethic, psychology, home management, family-living, problem-solving, friendships, personal fitness, recreation and leisure. Students graduate with a well-defined future plan. Parent growth parallels student progress through educational workshops and bi-weekly communication that fosters post-adolescent parenting. Our staff is excellent at creating an ideal learning climate and “real life” situations where students create new thought patterns and actions for positive self-empowerment.

Life Designs is a 6 month, residential program for young adults who need a smaller, more structured environment and are not yet ready for a transitional living program. We believe in the principles that create long term recovery and successful, independent lives for our graduates.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Young Adult Affiliate Member, IECA

Life of Purpose Treatment Center

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Andrew Burki, MSW Admissions Contact: Sarah Babaa Email: sbabaa@lifeofpurposetreatment.com Phone: 1-888-PURPOSE Fax: (561) 447-8991 Address: 3848 FAU Blvd., #100 Boca Raton, FL 34431 Website: www.lifeofpurposetreatment.com	Gender: Coeducational Ages: 17 - 29 Grades: College Level Enrollment: 25 Duration: 60 days Founded: 2013
NATSAP Member Since: 2014	 Boca Raton Airport: Palm Beach Int'l Airport (PBI / KPBI)

For those whose education has been unraveled or disrupted by addiction or alcoholism, LIFE OF PURPOSE offers the opportunity to pursue academic goals alongside a comprehensive continuum of care.

Our program will go beneath the surface of addiction to unveil triggering issues of the addiction process, such as low self-esteem, lack of direction or purpose in life, traumatic events, family turmoil, angst in interpersonal relationships, learning disabilities, physical pain, depression, anxiety and other mental health issues.

Our therapists draw from a multi-disciplinary background to incorporate elements from various cognitive-behavioral and psychoanalytic techniques. We also employ individually planned nutrition and physical exercise programs as well as meditation practices. Additionally, LIFE OF PURPOSE utilizes traditional approaches such as group therapy. Our groups are uniquely focused and carefully tailored to the needs of our college bound client population. Groups meet several times daily (which helps accommodate the class schedules of our clients as they begin to reintegrate into university), always with different topics ranging from experiential to group processing dynamics. All clients also have their individual therapist to meet with several times per week for intensive therapy and counseling. At LIFE OF PURPOSE we understand that a focused individual and client-specific group therapy is absolutely essential for healing and growth.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Florida Department of Children and Families
Professional Affiliations: NATSAP-Young Adult Affiliate; Yoga Alliance

Lindner Center of HOPE

(Residential Treatment Center & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jennifer Pierson Admissions Contact: Kathleen Neher Email: kathleen.neher@lindnercenter.org Phone: (513) 536-0537 Fax: (513) 536-0419 Address: 4075 Old Western Row Rd. Mason, OH 45040 Website: www.lindnercenter.org	Gender: Coeducational Ages: 11 and older Grades: N/A Enrollment: 18 on average Duration: 20 days Founded: 2008
NATSAP Member Since: 2014	 Airport: Cincinnati/Northern Kentucky (CVG) Dayton, OH (DAY)

The Diagnostic and Treatment Programs at Lindner Center of HOPE for adults and youth offer state of the science Diagnostic Assessments and short term treatment designed to change treatment trajectory and prepare patients to be successful at the next level of care. Both programs offer best practice focused cognitive behavioral and dialectical behavioral therapy as its foundation and include integrated milieu approaches that are designed to enhance skills through on-the spot learning and practicing. Both programs assess and treat complex mental health and co-occurring disorders.

Sibcy House, our adult offering, is composed of two programs; a 10 day diagnostic sssessment and also a 28 day (inclusive of the diagnostics) treatment readiness program. In addition to standard evaluations, psychological and neuropsychological testing, a neurologist, nutritionist and expressive/art therapist all provide detailed assessments that contribute to individualized diagnostics and treatment.

The adolescent program, Williams House, offers a 21 day approach to the diagnostic assessment and treatment readiness. Inclusive in this program is genetic testing for each patient designed to enhance medication selection and dosage. In addition, a year-round educational component, family therapy and extensive array of groups compliment intensive individual therapy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: The Joint Commission for Hospital and Behavioral Health Care; Ohio Mental Health and Addiction Services; Ohio Department of Mental Health and Addiction Services

Professional Affiliations: NATSAP - Young Adult Affiliate; National Network of Depression Centers, UC Health; Cincinnati Children's Hospital Medical Center, Health Network Foundation

Little Keswick School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Marc Columbus Admissions Contact: Terry Columbus Email: lksinfo@littlekeswickschool.net Phone: (434) 295-0457 Fax: (434) 977-1892 Address: P.O. Box 24 Keswick, VA 22947 Website: www.littlekeswickschool.net	Gender: Boys Only Ages: 9 - 18 Grades: 5 - 12 Enrollment: 34 Duration: 2 years Founded: 1963
NATSAP Member Since: 2007	 Airport: Charlottesville, VA (CHO)

Located on 25 pastoral acres just outside Charlottesville, Virginia, Little Keswick School has been serving boys with social/emotional challenges and learning disabilities for 52 years. Our small therapeutic school provides warm and nurturing relationships, intensive clinical interventions, and individualized education for 34 boys in a highly structured environment that ensures that they develop successfully.

Boys between nine and fifteen years of age are admitted from throughout the country and abroad to work on issues related to executive functioning, social and relationship challenges (neuro-developmental, dynamic, or experiential in nature), collaboration, personal competence and learning issues. Intellectual levels of our students range from low-average to superior. Depending on their continuing clinical and educational needs, students can stay through their eighteenth year, with most requiring two years of immersion in our therapeutic community to attain the gains necessary for a successful transition.

Boys accepted carry a combination of the following or related diagnoses: Attention Deficit or Attention Deficit/Hyperactivity Disorder, Specified Learning Disabilities, Anxiety Disorders, Obsessive Compulsive Disorder, Attachment issues, Asperger's Disorder, Pervasive Developmental Disorder, Tourette's Disorder, Depression, Oppositional Defiant Disorder and Bipolar Disorder. The school does not accept severely emotionally disturbed children, children in conflict with the law, have a drug abuse history or who have sustained patterns of physical aggression. Our boys tend to be gentler and less sophisticated or worldly. We set a high standard of academics while maintaining a balance with therapeutic and social development for each student. Staff use a multi-disciplinary approach to treat the whole child emphasizing brain-based learning and an adapted social thinking curriculum to develop each child's unique sense of self.

All students participate in individual, group and family therapies provided by two experienced PhD psychologists, a licensed clinical social worker, as well as our consulting child psychiatrist, who also manages pharmacology for all of the students. Individual, integrated, and group occupational therapy, speech and communications therapy and art therapy are optional services. A wide array of residential activities are offered, including: art, wood working, therapeutic horseback riding, creative arts, athletics, soccer, basketball, swimming, fishing canoing, mountain biking, rock climbing, hiking, Boy Scouts and optional music instruction.

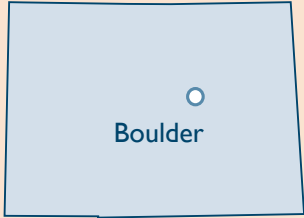
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Department of Behavioral Health and Developmental Services; Commonwealth of Virginia Department of Education; Virginia Association of Independent Specialized Education Facilities; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member, The National Association of Private Special Education Centers (NAPSEC)

Living Well Transitions

(Transitional Independent Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Carl Baccellieri Admissions Contact: Marti Weiskopf Email: info@livingwelltransitions.com Phone: (303)245-1020 Fax: (303) 245-1001 Address: 1320 Pearl St. Ste. 320 Boulder, CO 80302 Website: www.livingwelltransitions.com	Gender: Coeducational Ages: 18 - 32 Grades: N/A Enrollment: 32 Duration: 12 months Founded: 2004
NATSAP Member Since: 2006	 Airport: Denver International, CO (DEN)

Living Well Transitions is a therapeutic, independent living program for young men and women ages 18-32. Our goal is to help young adults create a healthy and rewarding life of independence that is in line with their core values.

We strive to teach our clients how to reduce their current path of confusion by meeting them where they are unconditionally while clarifying and supporting their values and focusing on workability. We help our clients navigate their choices in relationship to their values as they learn to find self-direction, a sense of purpose and lasting change.

We do this by providing our clients with up to 25 hours of clinical support a week by Masters level counselors as they live their lives in the community. Most clients begin our program by moving into a "Landing Pad", a beautiful home in the community, where they live for 30-90 days prior to moving into their own apartment. They have the opportunity to practice living life without restraints and have their clinical team hold a mirror for self-evaluation and reflection.

Appropriate candidates for Living Well are those that have a desire for change. They must be open to possibilities and are able to recognize things that have gotten in their way of moving forward in their lives. Many have struggled with anxiety and/or depression. Low self esteem, ADD/ADHD, identity and relationship issues, substance use and neurological, personality and learning disorders are also areas our clients have struggled with.

Our treatment team uses ACT, DBT, Gestalt and other mindfulness-based treatment modalities. We also use SMART Recovery, a non-12 step, abstinent based recovery model to help clients dealing with behaviors they feel get in the way of their lives. Clients receive individual psychotherapy, family therapy and parent coaching, life skills, educational and vocational counseling.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Young Adult Associate Member

Logan River Academy

(Residential Treatment Center)

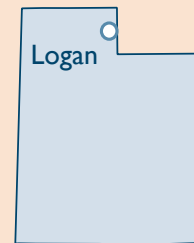
CONTACT

Executive Contact: Larry Carter
Admissions Contact: Larry Carter
Academic Contact: Kirk Farmer
Email: information@loganriver.com
Phone: (866) 755-8540
Fax: (435) 755-8400
Address: PO Box 3662
 Logan, UT 84321
Website: www.loganriver.com

NATSAP Member
Since: 2000

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 80
Duration: Average is 12 months
Founded: 2000



Airport: Salt Lake City, UT (SLC)

Logan River Academy is a premier adolescent residential treatment center offering a family of specialized services of the highest quality and ethical standards. We are dedicated to improving the lives of our students and families. We offer safe, caring, structured, therapeutic environments, promoting positive change. Our five distinct and specialized programs are:

- **ESSENCE:** Two dorms serving male students with autism spectrum disorders;
- **Foundations:** Two dorms serving boys who struggle with depression, anxiety, boundary issues, learning problems, family issues and substance use;
- **Maple Rise:** A separately located country home serving female students;
- **Tavasi:** A transitional living dorm for students that have successfully completed a previous treatment program;
- **Y.A.:** A dorm for 18 year old students

Each of these small and intimate programs offer specialized programming to students with specific diagnoses and needs. All students participate in a fully accredited school and an exceptional adventure learning program, keeping students active and learning new skills.

At Logan River Academy we have an overarching philosophy that we call the Principle-Based Model. This model is based on five principles for effective living: honesty, respect, accountability, fairness and caring. These principles guide how we train our team, how we work with our students, and what we expect our students to learn while here. We believe that as a student learns, incorporates and internalizes these principles, they will find great success. Within this model, we utilize Cognitive-Behavioral Therapy (CBT) and Dialectical-Behavioral Therapy (DBT) as guiding therapeutic modalities. This model provides an atmosphere where our students learn and utilize CBT and DBT skills, while incorporating the 5 principles for effective living in their lives.

Our goal is to help each student develop the necessary skills to succeed at home, in school and in the community. This is accomplished through the concerted efforts of the family, the treatment team and an individualized treatment plan. Each student receives individual, group and family therapies by licensed therapists. The treatment plan is implemented in a safe, structured, and supportive living environment. Substance abuse intervention is available for students with that need. All faculty members are certified and the curriculum includes 8th through 12th grade classes and small class sizes.

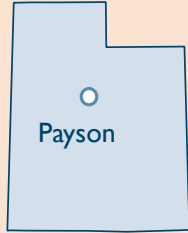
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; AdvancED; California Non-Public School Accreditation; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Maple Lake Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Nichol Holwege Admissions Contact: Patti Hollenbeck-Dial, PhD Academic Contact: Joe Kelly Email: info@maplelakeacademy.com Phone: (801) 798-7700 Fax: (801) 798-7739 Address: PO Box 175 Payson, UT 84651 Website: www.maplelakeacademy.com	Gender: Coeducational/Single Gender Groups Ages: 12 - 18 Grades: 8 - 12 Enrollment: 30 Duration: 18 - 24 months Founded: 2005
NATSAP Member Since: 2007	 Airport: Salt Lake City, UT (SLC)

Maple Lake Academy's mission is to offer the highest quality clinical and academic programs for girls and boys who are struggling with the challenges of learning disabilities and emotional/behavioral problems. Students who enroll at Maple Lake Academy must have a diagnosis/traits of a learning disability (LD, LDNOS, PDDNOS, NLD, Asperger's Disorder, High Functioning Autism) in conjunction with emotional/behavioral issues (such as Depression, Anxiety, OCD, ODD, Social Phobia, Bipolar Disorder, etc.). Students who have histories of aggression toward staff or peers in previous placements or school settings, have active eating disorders or are currently using drugs would not be appropriate candidates for Maple Lake Academy.

Maple Lake Academy offers an excellent clinical program that includes weekly individual and family therapies, several group therapies per week, recreation therapy four times a week and equine therapy three times a week. We also provide weekly specialty groups that focus on life skills and social skills developments. Students are also involved in assorted leisure and skill building opportunities weekly.

Our academic program truly focuses on the individual. Each student participates in developing a SEOP (student educational occupational plan) that is formulated to help the student address unique learning challenges. In addition, each student will become an expert about learning disabilities and will have coping strategies in hand when his/her program is completed at Maple Lake Academy. A main focus at Maple Lake Academy is to help each student develop the ability to advocate for him/herself in future academic and employment situations.

Our residential program is also an intensive program that teaches daily living skills and social/communications skills. Our staff are well trained in working with our student population and have the knowledge, patience, consistency and nurturance needed to work with our students. We are dedicated to our students and families!

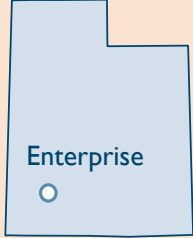
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; Northwest Association of Accredited Schools (NWAC)

Professional Affiliations: NATSAP- Full Member; Learning Disabilities of America (LDA)

Medicine Wheel at RedCliff

(Young Adult Program & Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Scott Schill Admissions Contact: Chad Balagna Academic Contact: Darcy Holt Email: chadb@redcliffascend.com Phone: (800) 898-1244 Fax: (435) 878-2860 Address: 709 East Main St Enterprise, UT 84725 Website: www.redcliffascend.com	Gender: Coeducational Ages: 18 - 24 Grades: 8 - 12 Enrollment: 18 Duration: 70 days Founded: 2001
NATSAP Member Since: 2012	 Airport: Salt Lake City, UT (SLC)

Medicine Wheel at RedCliff is a wilderness treatment program designed specifically for young adults. Through individualized treatment, clients are presented with opportunities to strengthen positive relationships, improve self esteem, and discover healthy emotional and behavioral activities.

With more than 1,000 psychological evaluations to his credit, Christopher Tolen, Psy.D. is the Director of the Medicine Wheel program which supports a dual diagnosis approach to treatment. Through both clinical and 12 step methodology, clients come to terms with the underlying issues that have inhibited their emotional growth leaving them trapped on "developmental vacation."

Therapy is at the heart of everything done at Medicine Wheel. Each clinician holds a minimum of Masters level training and has years of experience working with young people in a wilderness setting. In addition to spending two days in the field each week, clinicians are in regular communication with guides. Through regular meetings and phone calls from the field, therapists have the most accurate and up-to-date information about their clients allowing for more effective treatment.

Under the direction of Dr. Tolen, guides conduct one-on-one and group meetings each day to help clients stay focused on their therapeutic and personal goals. Guides are consistent from week to week which allows for deeper and more meaningful interactions and promotes more effective clinical progress.

Medicine Wheel at Redcliff understands the importance of continued care. We view our role as the first step in the treatment process. Our curriculum is designed to help clients develop a comprehensive recovery maintenance plan which includes identifying a transitional living environment which promotes sobriety, positive peer influence, and structured living.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Voluntary Compliance with State of Utah; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Young Adult Associate Member; Outdoor Behavioral Health Industry Council (OBHIC)

The Menninger Clinic

(Specialty Psychiatric & Behavioral Hospital)

CONTACT

Executive Contact: Stephanie Cunningham
Admissions Contact: Charles O'Roark
Email: bscott@menninger.edu
Phone: (713) 275-5107
Fax: (713) 275-171
Address: 12301 S. Main St.
 Houston, TX 77035
Website: www.menningerclinic.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 17
Grades: 6 - 12
Enrollment: 15
Duration: 30 days
Founded: 1925



NATSAP Member
Since: 2010

Airport: Hobby - Houston, TX (HOU)

The Menninger Clinic continues leading the field in providing transformational diagnosis and treatment of patients with severe psychiatric issues that may be complicated by addiction or other co-existing conditions. Psychiatrists nationwide surveyed by U.S. News & World Report have named Menninger among the top tier of psychiatric hospitals for difficult cases for 25 consecutive years. Additionally, Menninger is the first free-standing psychiatric hospital in the world to receive the Pathways to Excellence designation three consecutive times.

Founded in 1925, Menninger is affiliated with Baylor College of Medicine. Our staff's collective experience and dedication are focused on improving the cornerstones of a patient's health—medically, psychologically, interpersonally and spiritually.

Physician-led treatment teams partner with the patient to identify core issues that have impeded previous treatment and to implement a personalized course of treatment. The patient-centered, multi-model approach integrates evidence-based treatments and standardized clinical assessments. The research-based assessments inform the patient and the treatment team about the patient's unfolding recovery. Results are presented in graphical form and shared with the patient within 24 hours of his/her assessment every two weeks from admission through discharge, providing visual evidence of change. When treatments are effective, patients and teams bear witness to the decrease in debilitating symptoms and increasing sense of well-being. However, when treatment does not bring about expected improvement in the first weeks of treatment, the team and patient mobilize to identify the barriers to successful treatment outcome.

Prior to discharge, the patient and team collaborate on designing a wellness plan to guide the recovery process. Adults who can benefit from a step-down level of care can continue working with Menninger professionals and prepare for reintegration into the community in the Pathfinder program.

Specialty inpatient programs provide the benefits of time in treatment and peer support:

- Adolescent Treatment Program
- Compass Program for young adults
- Comprehensive Psychiatric Assessment & Stabilization
- Hope Program
- Professionals in Crisis Program
- Assessments when structure and safety of inpatient care is appropriate

When indicated, inpatients participate in the Addictions or Eating Disorders Services.

Our hospital programs are located on a state-of-the-art 50-acre campus, to aid introspection as patients create a healthier life. Patients originate from every state as well as internationally. Most patients have a history of two or more previous hospitalizations, depression, personality disorders, suicide attempts or other self-harm, addictive disorders, anxiety, eating disorders or trauma.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Texas Department of Health Services; Joint Commission (JCAHO) Accreditation; Approved by SEVIS

Professional Affiliations: NATSAP- Full Member; Learning Disabilities of America (LDA)

Merck Center at Youth Villages-Germaine Lawrence

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Pam Nourse Admissions Contact: Kristin Vander Els Email: pamela.nourse@youthvillages.org Phone: (781) 859-1233 Fax: (781) 646-9106 Address: 18 Claremont Ave Arlington, MA 02476-5812 Website: www.youthvillages.org/germainelawrence	Gender: Girls Only Ages: 12 - 19 Grades: 7 - 12 Enrollment: 14 Duration: 12 months Founded: 1978
NATSAP Member Since: 2011	 Airport: Boston, MA (BOS), Manchester, NH (MHT), Providence, RI (PVD)

The Merck Center at Youth Villages-Germaine Lawrence is a residential treatment center for girls ages 12-18 with a wide range of clinically complex and treatment-resistant issues best helped through evidence-based treatment approaches. We successfully treat girls with issues that include depression, attachment disorders, anxiety disorders, borderline features, bipolar disorder, substance abuse, eating disorders and trauma. We accept girls who are pregnant.

A high staff-to-child ratio allows for each child to receive the individual attention she needs. Our Masters level clinical staff are trained in using Trauma-Focused Cognitive Behavioral Therapy, an evidence-based treatment model to help children who have suffered trauma. We also provide a wide range of expressive therapies, a challenging recreation program and sensory integration and mindfulness activities.

Our clinical, milieu and teaching staff are trained in Collaborative Program Solving, which is based on the belief that kids will do well if they can, and challenging behavior is a result of a deficit of skills to meet expectations or respond to triggers. Our staff will respond immediately to safety issues and teach skills that will address the underlying problems leading to the unsafe behavior.

The Merck Center includes a 45 day assessment program. We provide comprehensive assessments, including recommendations for placement options. Some students stay with us solely for the assessment period while others complete their treatment at the Merck Center.

Our programs are supported by board-certified child psychiatrists. Our nursing staff are on-site seven days/ week. A physician from Boston Children's Hospital holds a clinic on-campus weekly.

The Merck Center's academic program is fully licensed and meets a wide range of academic abilities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Massachusetts Department of Early Education and Childhood; Massachusetts Department of Elementary and Secondary Education; Joint Commission; Massachusetts Department of Elementary and Secondary Education

Professional Affiliations: NATSAP-Full Member; the Joint Commission; Massachusetts Association of 766 Approved Private Schools; Association of Behavioral Healthcare

Meridell Achievement Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Ray Heckerman Admissions Contact: Jerry Romer Academic Contact: Wendy Rollins Email: alan.reiman@uhsinc.com Phone: (800) 366-8656 Fax: (512) 528-2193 Address: 12550 W Hwy 29 Liberty Hill, TX 78642 Website: www.meridell.com	Gender: Coeducational Ages: 5 - 17 Grades: K - 12 Enrollment: 134 Duration: 2 - 3 months Founded: 1961
NATSAP Member Since: 2001	 Airport: Austin, TX (AUS)

Meridell is a medical model residential treatment center located 30 miles north of Austin in the Texas Hill Country. The goal of Meridell is to provide the highest quality of care in a nurturing and healing manner. Our staff includes psychiatrists, Master level therapists, registered nurses, neuropsychologists, occupational and recreational therapists and trained mental health technicians.

The traditional RTC specializes in the treatment of adolescents (ages 12-17) with mental health issues that can include a psychiatric diagnosis, such as major depression, conduct disorder, oppositional defiant disorder, and other related psychiatric issues. The Neurobehavioral Program is designed for children and adolescents (ages 5-17). This program specializes in the diagnosis and treatment of children and adolescents who may have a neurological basis for their behaviors. The majority of these patients have been unsuccessful in traditional residential or acute care settings. Neuropsychological and neurophysiological assessments are part of the diagnostic workup in this group.

The Charter School at Meridell is managed by John H. Wood Jr. Charter School and is fully accredited. Education is provided for all patients from K-12. The teachers specialize in working with this population and all are certified both in the courses they teach as well as in special education.

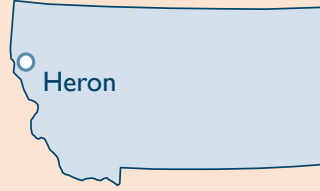
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Texas Department of Family and Protective Services; Texas Education Agency; Student and Exchange Visitor Information System (SEVIS); Texas Joint Commission, and Tricare worldwide certified

Professional Affiliations: NATSAP-Full Member; American Neuropsychiatric Association; American Psychiatric Association; American Neuropsychological Association; American Psychological Association

Monarch School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Patrick McKenna Admissions Contact: Michelle McKenna Academic Contact: Jamie Jones Email: michelle.mckenna@monarchschoo.net Phone: (406) 847-5095 Fax: (406) 847-5014 Address: P.O. Box 410 Heron, MT 59844 Website: www.monarchschoo.com	Gender: Coeducational Ages: 14 - 18 Grades: 9 - 12 Enrollment: 48 Duration: 365 - 480 days Founded: 2000
NATSAP Member Since: 2012	 Airport: Spokane International (GEG)

Monarch School's Mission as a College Preparatory School

Monarch School was established in September of 2000 to create a college preparatory school with an atmosphere designed to promote academic excellence, positive self-image, strong character and sound reasoning.

Monarch School challenges our students with a rigorous college preparatory curriculum. We believe all students can fulfill their true academic potential when provided with the right environment and support. Monarch School also takes a very integrative approach to therapy and our clinical team works very closely with our academic department, vocational staff, our life skills instructors, and our creative arts department. It is our perspective that adolescents thrive when they are given many opportunities to challenge themselves and succeed and that therapy is not separate from that. In short, we believe that in order to be truly effective as a therapist with adolescents especially, you have to be a part of their lives.

All students are taught to build the necessary foundation to support these goals and fulfill their individual visions. Students learn to persevere, problem-solve and develop strong leadership qualities, while assisting others in learning to help themselves. With the proper mentoring and guidance, our students become powerful role models and lifelong learners with a sense of personal investment, and accountability to self and others.

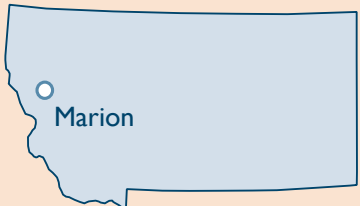
Monarch School ensures that our students receive the highest quality of education. All of the classes offered at Monarch School are fully accredited and transferable nationally as well as internationally. Not only are our academics recognized for being college preparatory, but we are also nationally certified therapeutically. Nationally certified therapy ensures appropriate therapy is provided by qualified therapists. The therapeutic certification also ensures that Monarch School provides care for students who fit our therapeutic model.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Montana License; Northwest Accreditation Commissions Accredited; State of Montana - Board of Private Alternative Adolescent Residential or Outdoors Program; National Independent Private School Association Academic Accreditation; National Council for Private School Accreditation; Student and Exchange Visitor Information System (SEVIS); AdvanceED/NWAC
Professional Affiliations: NATSAP-Full Member; National Independent Private School Association Therapeutic Certification

Montana Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: John Santa Admissions Contact: Amy Nimmo Academic Contact: Phillip Jones Email: amyz@montanaacademy.com Phone: (406) 858-2339 Fax: (406) 858-2356 Address: 9705 Lost Prairie Rd. Marion, MT 59925 Website: www.montanaacademy.com	Gender: Coeducational Ages: 14 - 17 Grades: 9 - 12 Enrollment: 90 Duration: 14-16 months +opt'l trans. program Founded: 1997
NATSAP Member Since: 1999	 Airport: Glacier Int'l Airport (FCA/KGPI)

Montana Academy is a private therapeutic boarding school for troubled teenagers. We take a distinctive psychiatric approach to adolescent troubles. We recognize that many presenting symptoms and misbehaviors - at school, at home and among social peers - result from a relative immaturity. For this reason we pursue a two-step diagnosis and dual treatment: a) to identify and then to remove, in so far as possible, the obstacles to psychological development and b) to prod students to achieve new psychological milestones and so to restore the momentum of normal maturation. These twin developmental goals require a co-ordinated and sustained effort. We also recognize that addictions emerge from developmental struggles and our three-phase Addiction Studies program, designed especially for adolescents, augments individual, group and family therapeutic work.

We combine an emotional growth program, designed for young people with psychological difficulties, with a dual academic curriculum that is suited to bright students disenchanted and disengaged from the conventional classroom. Adolescent maturity is the central goal for Montana Academy's school. We think that young people become truly effective students only if they grow up emotionally, cognitively and ethically, and only if they integrate these aspects of personality into vigorous participation in the classroom. In short, we believe that academic achievement is linked, in the broadest sense, to character development. Rather than drill for mastery of course content we assist students in becoming responsible for their own learning so that our graduates can perform with distinction in any demanding college and will go on learning for the rest of their lives.

Our students complete the first year on campus and then move into one of 5 houses in Kalispell where they attend either Flathead Valley Community College or Flathead High School for a further 6-9 months in order to facilitate a supported, integrated transition to the next phase of their lives.

Experience teaches that students can make little progress unless their parents join our staff in a close, constructive alliance. They are involved in workshops and bi-monthly visits to campus. We strongly recommend that they engage in their own therapeutic work which supports their child's treatment.

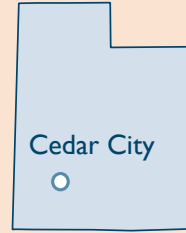
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; Joint Commission for Accreditation of Healthcare Organizations; Northwest Accreditation Commission; National Independent Private School Association; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Moonridge Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tawny Thomas Admissions Contact: Shawna Wilson Academic Contact: Susan Mackert Email: shawnaledwilson@gmail.com Phone: (435) 592-3220 Fax: (435) 586-4489 Address: 9450 West 2400 South Cedar City, UT 84721 Website: www.moonridgeacademy.com/	Gender: Girls Only Ages: 11 - 14 Grades: 6 - 10 Enrollment: 16 Duration: 9 - 12 months Founded: 2003
NATSAP Member Since: 2012	 Airport: Cedar City (CDC), Saint George (SGU), Las Vegas (LAS)

Moonridge Academy is a clinically intensive program for younger girls, ages 11-15. Located in beautiful Southern Utah and with a maximum size of 16 girls, Moonridge Academy provides individualized treatment and clinical sophistication in a warm, nurturing environment. Treatment is age-adjusted for the younger population and is a safe environment without the concerning influences of older girl issues. Moonridge Academy helps girls resolve issues such as trauma, depression, anxiety, self-harm, school refusal, family conflict, sexual boundaries, school refusal attention issues, etc.

Girls at Moonridge participate in weekly individual, family, and group therapies. Girls participate in weekly all-day Recreation Therapy Activities and monthly multi day Recreation trips. Parent coaching and Family work is paramount at Moonridge. Parents attend family recreation activities, coaching seminars, and quarterly Parent Seminars.

School is traditional style with certified teacher-led classrooms with direct instruction, grades 6-10. Skills assessments and Special Ed services are available to students who may struggle with school or learning.

Moonridge believes that young girls heal through relationships, improving confidence, being physically active, and above all: laughing and experiencing joy in life again. We have miniature horses, big horses, dogs and cats. Our girls climb, rappel, kayak, ski, hike, play and volunteer. We use creative and customized treatment for our girls, including Equine Therapy, DBT, Sandtray Therapy and Play Therapy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, NWAC (Northwest Accreditation Committee), Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Pony Club, CERTS, DBT Intensive

Morningside Recovery

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Joel Edwards Admissions Contact: Kevin Granich Email: admissions@morningsiderecovery.com Phone: (866) 942-0095 Fax: (949) 675-0007 Address: 1400 Reynolds Ave., Suite 200 Irvine, CA 92614 Website: www.morningsiderecovery.com	Gender: Coeducational Ages: 18+ Grades: N/A Enrollment: 20 Duration: 30 days to 6 months Founded: 2002
NATSAP Member Since: 2012	 Newport Beach Airport: John Wayne Airport (SNA)

Morningside Recovery is a pet-friendly alcohol rehab, drug treatment center, and mental health facility in Orange County, CA. Our CARF-accredited programs, diverse therapy options, and SMART Recovery techniques empower individuals to lead healthy lives free from addiction.

Our open, non-lockdown treatment model differs from many traditional programs by integrating care in a real-world setting and customizing programming for each individual's unique needs. Our highly credentialed clinical team is comprised of multiple Doctorate level therapists and psychologists, Masters level LMFTs and alternative therapy instructors, as well as a psychiatrist and professional nutritionist. We offer an array of programs and encourage constructive exposure to the community so clients learn the emotional and practical skills necessary to continue their lives of sustainable recovery long after treatment.

Morningside Recovery offers a variety of integral specialty programs including the Morningside Adventure Program (MAP), Launchpad, SMART Recovery, and Alumni/Aftercare Program.

The **Morningside Adventure Program (MAP)** is a therapeutically intensive program where clients living at the beach, go hiking in the mountains, white-water rafting, camping in the desert, and kayaking in the ocean. Not only is natural beauty a catalyst for serenity, MAP takes advantage of the experiential elements found in outdoor challenges to more deeply effect change in clients. This transformation is rooted in tangible and rock-solid experience. Therapeutic growth and change emerge in the individual and as part of group interaction.

The **Launchpad program** motivates clients to follow their passions and find gainful employment. A certified life coach starts by meeting with clients one-on-one to prioritize their personal interests in academics, volunteer work, and employment. Then she creates an action plan that incorporates a client's existing skills, education, career goals, and causes dear to their heart.

SMART Recovery is a science-based alternative to 12-step programs. The progressive program helps individuals make self-directed changes, stay sober, and become self-reliant in recovery. Addiction is treated as a complex maladaptive behavior that clients have the power to change. Mental health professionals at Morningside Recovery receive Self-Management and Recovery Training (SMART).

Alumni/Aftercare Program is dedicated to supporting clients who graduate from treatment. While in treatment clients develop lasting relationships as they recover and discover themselves. They share experiences and a common bond. They become one another's foundation for support and an Extended Family for one another. Morningside Recovery is committed to maintain these relationships as a client transitions from treatment to "Real Life" early in recovery. These supportive relationships help alumni maintain sobriety, continued wellness and a life free of addiction.

Morningside Recovery proudly offers these, and many other, customized services to aid client's opportunities for growth and ease their transition into healthier, improved lives in recovery.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: CARF Accredited, State of California Department of Alcohol and Drug Programs Certification - Day Treatment/ Outpatient alcohol and/or other drug services

Professional Affiliations: NATSAP-Young Adult Associate Member; NAMI, NAATP, AEE, CARF

Mountain Valley Treatment Center

(Residential Treatment Center)

CONTACT

Executive Contact: Don Vardell, MS
Admissions Contact: Jennifer Fullerton, LICSW
Email: jfullerton@mountainvalleytreatment.org
Phone: (603) 989-3500 Ext. 7103
Fax: (603) 989-3169
Address: 2274 Mount Moosilauke Hwy.
 Pike, NH 03780
Website: www.mountainvalleytreatment.org

NATSAP Member
Since: 2011

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 20
Grades: 7 - College Sophomore
Enrollment: 24
Duration: 60 - 90 days
Founded: 2011



Airport: Boston Logan International (BOS)
 Manchester-Boston Regional (MHT)
 Burlington International (BVT)

Mountain Valley Treatment Center is a specialized Residential Treatment Center treating anxiety and related disorders utilizing evidenced based modalities within the context of a unique experiential wellness curriculum. Mountain Valley incorporates Exposure and Response Prevention (ERP) therapy through a supportive clinical model and a robust experiential wellness curriculum that includes Equine, Recreational Therapy, Farm to Table, Community Service, academics (including a longer-term Enhanced Academic Phase), Yoga and Expressive Arts.

Mountain Valley's clinical curriculum is designed to reduce debilitating anxiety and consists of CBT, DBT, psycho-education, multiple individual and group therapy sessions per week and family therapy. Through a partnership with Hanover Psychiatry at nearby Dartmouth-Hitchcock Medical Center, Mountain Valley offers specialized psychiatric services including medication management and neuropsychological testing and educational testing.

An experiential and holistic wellness curriculum which allows for exposure opportunities integrated throughout the day sets Mountain Valley apart from other treatment centers. Residents participate in daily activities such as raising and caring for farm animals including chickens, pigs and cows. Our indoor equine center allows residents to confront their fears and gain new skills or return to horsemanship activities. The organic garden and culinary curriculum supports the farm-to-table and stewardship components of the program and allows for the development of healthy eating habits that support treatment and overall well-being.

Our admissions process includes an interview and, in some cases, in-home admissions support by an experienced clinical team. Consultation with referring professionals and other clinical providers is available. Residents and their families will leave Mountain Valley with skills and tools for managing their anxiety and positively supporting each other, as well as resources and strategies for continuing to increase their overall sense of well-being.

As a non-profit treatment center, Mountain Valley Treatment Center also offers need-based financial aid.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of New Hampshire, Department of Health and Human Services, Office of Operations Support, Child Care Licensing Unit

Professional Affiliations: NATSAP-Full Member; Upper Valley Stewardship Center

New Beginnings ARC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Johnny Patout, LCSW Admissions Contact: Alicia Patout Email: mdunlap@newbeginningsarc.com Phone: (337) 942-1171 Fax: (337) 948-9101 Address: 1649 Linwood Loop Opelousas, LA 70570 Website: www.newbeginningsteenhelp.com	Gender: Coeducational Ages: 13 - 18 Grades: 5 - 12 Enrollment: 42 Duration: 30 - 90 days Founded: 1983
NATSAP Member Since: 2014	 Airport: Lafayette Regional Airport (LFT / KLFT)

New Beginnings Adolescent Recovery Center is a 42-bed Residential Substance Abuse program. We provide treatment for teenage boys and girls between the ages of 13 - 18 who are struggling with Substance Abuse/Dependency and Co-Occurring disorders. New Beginnings is licensed in the state of Louisiana through the Department of Health & Hospitals and is CARF Accredited.

While our treatment is deeply rooted in the 12-step philosophy, we utilize a variety of therapeutic approaches such as Rational Emotive Behavioral Therapy, Reality Therapy, Music Therapy, Art Therapy, Sand Tray Therapy, Mindfulness, Ropes Course, EMDR, and more. We firmly believe that embracing abstinence and long term recovery is the best approach. Participation by the entire family is an important aspect of the recovery process.

Although the length of stay for each teenager may vary, we strive to have each one remain in our safe environment for at least 90 days. This affords the time for our young patients to identify irrational thought patterns, dysfunctional behaviors, uncomfortable and/or painful feelings, and to grasp the knowledge and tools necessary to embrace a healthier lifestyle - free of mood altering chemicals.

Teenagers are complex. Their brains are not yet fully developed, they are emotionally immature, and often make poor decisions. Those with substance abuse problems and/or co-occurring disorders are even more complex. In order to effectively motivate troubled teenagers to embrace a healthier lifestyle, a talented, multi-disciplinary team of clinicians is essential.

Our clinical team is comprised of two psychiatrists, Masters level therapists, addiction counselors, behavioral health nurses, certified educators, recreation coordinator, registered dietician, and a variety of support staff. Our experienced and dedicated clinical team was recognized for excellence as the sole recipient of the National Association of Addiction Treatment Providers' **2013 James W. West Quality Improvement Award**.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Department of Health and Hospitals; CARF
Professional Affiliations: NATSAP-Full Member; NAATAP

New Haven

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: John Stewart Admissions Contact: Jacqueline Fairbanks Academic Contact: Larissa Taylor Email: admissions@newhavenrtc.com Phone: (888) 317-3958 Fax: (801) 794-9558 Address: 2172 E 7200 S. Spanish Fork, UT 84660 Website: www.newhavenrtc.com	Gender: Girls Only Ages: 12 - 18 Grades: 7 - 12/College Prep Enrollment: 107 Duration: Average 10 - 12 months Founded: 1995
NATSAP Member Since: 1999	 Spanish Fork
	Airport: Salt Lake City, UT (SLC)

New Haven's school and therapeutic haven facilitates positive change and healing in families struggling with troubled adolescent girls. New Haven offers girls with emotional or behavioral problems a feeling of retreat, a safe place where they can learn empowerment skills and discover their maximum social, emotional and academic potential. We believe that long-lasting change occurs when six areas are addressed: Love, Locus of Control, Family, Selflessness, Values, and Spirituality. We emphasize Family Therapy. We provide girls with the experiences and the structure to learn how to give and receive love and respect. They increase their self-esteem, and take responsibility for choices and consequences, then realign their lives with their individual values systems and spiritual orientation. Parents experience renewed hope and belief in their ability to parent and positively influence their daughter and their other children.

New Haven is for girls ages 12-17 who may experience problems including but not limited to the following: mood disorders such as depression and anxiety, trauma-related issues, drug abuse, manipulation, low motivation, hopelessness, low self-esteem, entitlement, and family relationship difficulties. Also, we commonly treat eating disorders, addiction, ADD, Learning Disabilities, oppositional-defiance, personality disorders and attachment disorders. We do not treat Conduct Disorders, pregnant girls or severe psychosis.

New Haven fulfills its mission through the following: An accredited High School and Jr. High School; close ties to local universities; exceptional client service; reliable and frequent communication with parents, programs and Educational Consultants; medication management supervised by psychiatric staff; rigorous psychological and educational testing; thorough transitional and aftercare services; Masters or Doctorate level therapy (family and individual weekly); Equine-assisted therapy and experiential therapies; and a 1 - 4 direct contact, residential staff-to-student ratio.

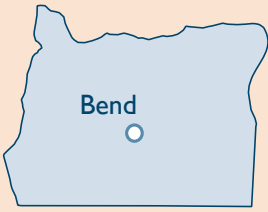
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; JCAHO: Joint Commission Accreditation; AdvancED/Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

New Leaf Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Craig A. Christiansen, M.A. Admissions Contact: Jennifer Parker Academic Contact: Joshua Goldstein, M.A.T. Email: jparker@newleafacademy.com Phone: (541) 318-1676 Fax: (541) 318-1709 Address: PO Box 6454 Bend, OR 97708 Website: www.newleafacademy.com	Gender: Girls Only Ages: 10 - 15 Grades: 4 - 10 Enrollment: 28 to 30 Duration: 15 to 18 months Founded: 1997
NATSAP Member Since: 1999	 Airport: Redmond-Bend (RDM)

Our goal at New Leaf Academy is to effectively facilitate lasting behavioral, social and academic change through a therapeutic, nurturing, family-like environment that meets the specific developmental needs of the pre-adolescent and early adolescent female. New Leaf Academy offers a structured, single-gender living and educational program for girls ages 10 through 15 at time of enrollment who need extra help and guidance in achieving their social, familial and academic goals. New Leaf students struggle with issues ranging from attention deficit disorder, spectrum disorders, anxiety & mood disorders, PTSD, impulsivity, attachment issues and a range of learning differences. A New Leaf girl often lacks personal boundaries, is unable to read social cues, exhibits difficulty making and maintaining friendships, and demonstrates an inability to participate or adhere to family rules, values, and relationships. The girls at New Leaf receive individual, group and family therapy working closely with our clinical team of licensed therapists. Individual treatment plans help families create a successful environment for their daughter to return home. Our developmentally-based program is designed to help foster improved family communication and functioning; build a renewed connection with parents, guardians and siblings; generate a willingness in the child to follow rules and submit to parental authority; build her social and interpersonal skills; instill an ability to identify and manage feelings appropriately; and to help generate improved academic performance.

Activities include equine therapy and horsemanship, 4-H bunny program, hiking, camping, skiing, snowboarding, competitive sports, art, dance, choir and community service. Our school uses a variety of traditional and experiential teaching strategies which include teacher led instruction, hands-on learning, field trips and group projects. We focus both on the academic content of a traditional grade appropriate curriculum as well as on development of specific tools, strategies and skills to be successful learners in the future. New Leaf Academy graduates know how to advocate for themselves and achieve in a school environment.

Due to the developmental age of our students, family participation is expected to achieve optimal success. Parents and guardians receive parent coaching, weekly family therapy and participate in three parent seminars involving multi-family therapy with their daughters to identify and interrupt ineffective family patterns. Families participate in an equine family workshop to deepen their insight. Parent visit weekends, home visits and aftercare services are regularly scheduled to provide opportunities to practice new skills.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Oregon Department of Human Services/Children, Adults & Families; AdvancED/Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)
Professional Affiliations: NATSAP-Full Member

New Lifestyles, Inc.

(Young Adult Program)

CONTACT

Executive Contact: Kenneth L. Cuave, Psy. D.
Admissions Contact: Jonathan Young
Academic Contact: Sarah Wolfberg, Psy.D.
Email: drkcuave@newlifestyles.net
Phone: (540) 722-4521
Fax: (540) 450-0799
Address: PO Box 64
 Winchester, VA 22604
Website: www.newlifestyles.net

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 26
Grades: College
Enrollment: 22
Duration: 8 months
Founded: 1985



NATSAP Member
Since: 2002

Airport: Washington Dulles (IAD)

At the northern end of the Shenandoah Valley, about 1.5 hours from the busy DC metro area, Winchester, Virginia provides a real-life backdrop for a select group of emerging adults intent upon engagement in the active process of therapeutic change. Designed to provide an enriched, meaningful and intensive therapeutic experience while simultaneously minimizing negative attitudes often associated with hospital or residential program placements, New Lifestyles quietly and unobtrusively accomplishes this task in the context of a small town, college community, well suited for young adults seeking opportunities for growth and independence with the support and guidance of a clinically sophisticated staff.

Living in homes nestled within the historic section of this city, attending college or community college, and working, volunteering, and engaging in social and recreational activities, participants experience the challenges of everyday life. Within this context of "real-life," the New Lifestyles student participates in physical, health, wellness and recreational activities as well as psycho-education groups in a variety of areas including mindfulness, social skills, technology use regulation, interpersonal relationships, life competencies, such as financial skills and grocery shopping, as well as career and work exploration. The structure at New Lifestyles is titrated with various levels of support based on each client's needs. The progression from the initial assessment and orientation phase of New Lifestyles leads to an emphasis on core skills acquisition, followed by increasing levels of independence in the transition readiness phase, and ultimately, to program completion. Upon graduation, participants are eligible for Reaching Beyond services which foster an even greater level of independence while maintaining essential supports for on-going success.

The New Lifestyles design is unique in two important aspects:

- 1) Clinical concepts and goals are emphasized throughout the milieu, not just during therapy sessions.
- 2) Quantified performance review is utilized in daily feedback, for on going progress review, and for program self-evaluation and development.

The Life Directions Survey© as well as an individualized treatment plan provide the templates through which general clinical treatment strategies address affect regulation, executive functioning, anxiety management, addiction recovery, and other critical areas customized to each individual throughout the program. Thus, while working as part of a community that overall endorses good mental health hygiene practices, each New Lifestyles client further refines his or her activities in a personally meaningful and relevant manner. Staff interventions are likewise guided by these shifts in direction.

The New Lifestyles philosophy has proven beneficial for those with average to above average ability who present with diagnoses to include: mood disorders (depression, bipolar disorder); anxiety disorders (OCD, social phobia, generalized anxiety, PTSD); personality disorders and traits (borderline, narcissistic, dependent, avoidant); learning, attention and executive functioning disorders; and certain types of autism spectrum disorders.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Clinical Psychologists licensed by State of Virginia

Professional Affiliations: NATSAP-Young Adult Affiliate Member; American Psychological Association (APA)

New Summit Academy of Costa Rica

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Heather Tracy, Ed.D. Admissions Contact: Marcela Pereira Academic Contact: Martin Naffziger, M.Ed. Email: info@newsummitacademy.com Phone: (414) 921-1388 Fax: (561) 892-3853 Address: Aptdo # 159-4013 Atenas, Alajuela, Costa Rica 20501 Website: www.newsummitacademy.com	Gender: Boys Only Ages: 15 - 18 Grades: 9 - 12 Enrollment: 32 Duration: 12 months+ Founded: 2004
NATSAP Member Since: 2007	 Airport: Aeropuerto Juan Santamaria, Alajuela, (SJO) San Jose, Costa Rica

New Summit Academy Costa Rica nurtures and empowers students toward healthier lifestyles through problem-solving & processing experiences to become more relationship-based, goal-driven, resourceful global citizens. Our innovative therapeutic boarding school accomplishes our mission by integrating our US- accredited academic program with personal growth objectives and experiential education activities.

NSA works with up to 32 males (ages 15-18) who are in grades 9-12. Students may struggle with anxiety/ depression, self-confidence, nontraditional learning styles, motivation, decision-making, difficult family dynamics, attention and executive functioning, identity, isolation, social problems, oppositional defiance or substance abuse. NSA students are bright, creative (often very musical or artistic), sensitive, passionate about an interest, active, accountable, capable of insight-building, social, interested in attending college, open to other cultures and are committed to personal growth.

NSA provides a holistic approach that integrates the flow of the academic, therapeutic, and recreational aspects of a student's life. Dynamic teachers are key to student motivation and engagement in NSA's academic innovative, college prep curriculum. Small class sizes and individualized guidance provide quality teacher attention for their particular learning strengths and weaknesses, as well as the ability to participate in class and improve their executive functioning skills by building good academic habits. Therapeutic strategies are empowering and emphasize process and relationship-building over behavior modification techniques. Students participate in individual therapy, community groups (3+ times a week) and peer-driven Honor Council Meetings. Milieu therapists participate in recreational activities and our signature Aventura program to build natural therapeutic relationships outside of a traditional office environment. Therapists and parent coaches work with families at workshops and via telephone. The Experiential Education department involves students in planning healthy recreational activities on weekends as well as regular community service and cultural immersion opportunities with local families and communities. Furthermore, NSA's Aventura program (which therapeutically engages students in Costa Rica's amazing outdoor laboratory at least 12 weeks a year) gives students experiences they will never forget!

NSA also provides a quality transition program & transition house for students before graduation as well as a separate, independent young adult program (Summit to Summit) for students who have completed high school diplomas and need a gap experience with therapeutic support, and a plethora of internships, community service and travel.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: PANI (Patanato Nacional de Infancia de Costa Rica—child welfare organization); AdvancEd

Professional Affiliations: NATSAP-Full Member; New Learning Resources, Inc.

New Vision Wilderness

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Drew Hornbeck Admissions Contact: Adam Eader Email: info@newvisionwilderness.com Phone: (855) 689-8326 Fax: (262) 780-1781 Address: 160 SW Scalehouse Loop Rd. Bend, OR 97701 Website: www.newvisionwilderness.com	Gender: Coeducational/ Single Gender Groups Ages: 11 - 25 Grades: N/A Enrollment: 18 Duration: 30 days minimum Founded: 2012
NATSAP Member Since: 2013	 Airport: General Mitchell Int'l Airport (MKE / KMKE)

New Vision Wilderness (NVW) is a specialty wilderness therapy treatment program that is Clinically Intensive, Highly Specialized and Trauma Informed. NVW was founded and designed to heal the consequences of early childhood stress. Our clients are often adopted and have experienced grief and loss in their lives. This early stress, often referred to as Complex Developmental Trauma, manifests itself in controlling behaviors such as defiance and opposition, as well as, debilitating behaviors such as anxiety, ADHD and depression. Our clients have typically developed unhealthy coping skills to handle this stress such as; isolation, manipulation, anger, drugs and/or apathy.

NVW is the nation's premier "relational model" wilderness therapy program, and integrates the latest research on adverse childhood experiences. Our "relationship centered" approach coupled with a safe environment and the most effective clinical interventions serves as the backbone to our success and reputation. We believe in relationship, not consequence, as the main vehicle for change.

NVW has highly skilled clinicians in the field facilitating 1:1 sessions with our clients, which deepens the clinical impact. We call it full clinical immersion. Our therapists spend at least three days per week immersed in the wilderness, which results in our clients, staff and families receiving more clinical hours and direction. Therapist caseloads are very small. We believe this, combined with being one of the more affordable programs, provides true value to the families we are dedicated to serving.

Our interventions are unique, specialized and appropriate, and include Brainspotting, EMDR, Heart Math stress reduction techniques and others. All NVW staff are thoroughly trained in how to build, maintain and utilize strong relationships to support deep healing in our clients. To supplement our clinical model, we operate as a nomadic backpacking program. We use high adventure experiences such as rock climbing, whitewater canoeing, rafting, cross country skiing, camping, snowshoeing and fishing to help engage and connect with our clients. We also offer Art Therapy and Trauma Sensitive Yoga. These experiences act as a means to connect, reduce stress and anxiety, and build our clients' self-esteem and hope.

We don't utilize a behavior modification level system. This type of system tends to reinforce our clients' underlying shame and feelings of inadequacy. Rather, we have created a client-centered Mastery Program where each client navigates through an area of interest, at their own pace, with the guidance of NVW team members. The Mastery Program allows a client to create a project or master a skill, teach others about it, and leave behind a legacy for future clients. Examples of Mastery projects include: creative storytelling, bead and necklace making, wild animal identification and tracking, acting, poetry, cooking, and primitive skill building.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Department of Human Services - Office of Licensing and Regulatory Oversight, Authorized under provisions of Oregon revised statutes 418.205 to 418.327 and related statutes to provide the following types of child care: Outdoor Youth Program

Professional Affiliations: NATSAP - Full Member

Newport Academy - Female - California

(Residential Treatment Center - Eating Disorder)

CONTACT

Executive Contact: Jamison Monroe
Admissions Contact: Blake Kinsey
Academic Contact: Ryan Fedoroff
Email: bkinsey@newport-academy.com
Phone: (866) 382-6651
Fax: (203) 586-1205
Address: 811 N. Ranch Wood Trail
 Orange, CA 92869
Website: www.newportacademy.com

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: Girls Only
Ages: 12 - 18
Grades: 9 - 12
Enrollment: 6
Duration: 15 - 18 months
Founded: 2008



Airport: John Wayne Airport (SNA)

Newport Academy is an individualized, gender-specific residential facility for teens and families struggling with mental health, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying issues that cause self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

Newport Academy combines evidence-based clinical, experiential, and academic elements into each individual's treatment program and provides a path for teens to heal and live happy, healthy lives. With a staff to resident ratio of four to one, we offer a compassionate staff that is attentive and responsive. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling every week.

Newport Academy utilizes a family system approach to healing. Families attend counseling from 8 to 16 hours each week, both with and without their teen. Families participate in weekly family therapy, the weekend Family Program, the Parent Intensive, and the individual 2-day Family Workshop. Sustainable healing at Newport Academy is about supporting the whole family.

The Newport Academy medical team is led by Dr. Rachel Fortune, former Director of Outpatient Services at Yale University School of Medicine/Yale New Haven Hospital. The clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist and Dr. Michel Mennesson, who is board-certified in general Psychiatry and Child/Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietician, a Clinical Nutritionist, and a Nurse Practitioner.

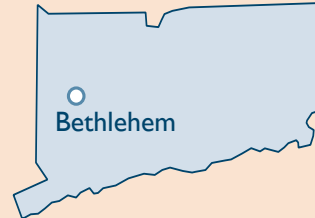
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of California Department of Health and Human Services; Commission of Accreditation of Rehabilitation Facilities (CARF); State of California Alcohol and Drug Problems

Professional Affiliations: NATSAP-Full Member

Newport Academy - Female - Connecticut

(Residential Treatment Center - Eating Disorder)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jamison Monroe Admissions Contact: Blake Kinsey Academic Contact: Ryan Fedoroff Email: bkinsey@newport-academy.com Phone: (877) 628-3367 Fax: (203) 586-1205 Address: 64 Double Hill Road Bethlehem, CT 06751 Website: www.newportacademy.com	Gender: Girls Only Ages: 15 - 20 Grades: 9 - 12; college Enrollment: 10 Duration: 45 days minimum Founded: 2008
NATSAP Member Since: 2015	 Airport: Tweed New Haven Airport (HVN) Hartford Bradley Airport (BDL)

Newport Academy is an individualized, gender-specific residential facility for teens and families struggling with mental health, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying issues that cause self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

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Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Connecticut, Department of Children and Families; CCF/RT-123

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP), Association of Recovery Schools

Newport Academy - Male - California

(Residential Treatment Center - Eating Disorder)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jamison Monroe Admissions Contact: Blake Kinsey Academic Contact: Ryan Fedoroff Email: bkinsey@newport-academy.com Phone: (877) 628-3367 Fax: (203) 841-1102 Address: 1655 N. Hunters Way Orange, CA 92869 Website: www.newportacademy.com	Gender: Boys Only Ages: 12 - 18 Grades: 8 - 12 Enrollment: 15 Duration: 45 days minimum Founded: 2008
NATSAP Member Since: 2009	 Orange Airport: John Wayne Airport (SNA)

Newport Academy is an individualized, gender-specific residential facility for teens and families struggling with mental health, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying issues that cause self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

Newport Academy combines evidence-based clinical, experiential, and academic elements into each individual's treatment program and provides a path for teens to heal and live happy, healthy lives. With a staff to resident ratio of four to one, we offer a compassionate staff that is attentive and responsive. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling every week.

Newport Academy utilizes a family system approach to healing. Families attend counseling from 8 to 16 hours each week, both with and without their teen. Families participate in weekly family therapy, the weekend Family Program, the Parent Intensive, and the individual 2-day Family Workshop. Sustainable healing at Newport Academy is about supporting the whole family.

The Newport Academy medical team is led by Dr. Rachel Fortune, former Director of Outpatient Services at Yale University School of Medicine/Yale New Haven Hospital. The clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist and Dr. Michel Mennesson, who is board-certified in general Psychiatry and Child/Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietician, a Clinical Nutritionist, and a Nurse Practitioner.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commission of Accreditation of Rehabilitation Facilities (CARF); State of CA - Department of Health & Human Services; State of CA Alcohol and Drug Programs

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP), Association of Recovery Schools

Newport Academy - Male - Connecticut

(Residential Treatment Center - Eating Disorder)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jamison Monroe Admissions Contact: Blake Kinsey Academic Contact: Ryan Fedoroff Email: bkinsey@newport-academy.com Phone: (877) 628-3367 Fax: (203) 586-1205 Address: 64 Double Hill Road Bethlehem, CT 06751 Website: www.newportacademy.com	Gender: Boys Only Ages: 15 - 20 Grades: 9 - 12; college Enrollment: 10 Duration: 45 days minimum Founded: 2008
NATSAP Member Since: 2015	 Airport: Tweed New Haven Airport (HVN) Hartford Bradley Airport (BDL)

Newport Academy is an individualized, gender-specific residential facility for teens and families struggling with mental health, eating disorders, and substance abuse issues. Newport Academy focuses on healing the underlying issues that cause self-destructive behaviors through a comprehensive and multi-disciplinary holistic approach to treatment that includes CBT, DBT, EMDR, Guided Imagery, Motivational Interviewing, Equine Assisted Psychotherapy, Art Therapy, Yoga, Meditation, and other experiential and therapeutic modalities.

Newport Academy combines evidence-based clinical, experiential, and academic elements into each individual's treatment program and provides a path for teens to heal and live happy, healthy lives. With a staff to resident ratio of four to one, we offer a compassionate staff that is attentive and responsive. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling every week.

Newport Academy utilizes a family system approach to healing. Families attend counseling from 8 to 16 hours each week, both with and without their teen. Families participate in weekly family therapy, the weekend Family Program, the Parent Intensive, and the individual 2-day Family Workshop. Sustainable healing at Newport Academy is about supporting the whole family.

The Newport Academy medical team is led by Dr. Rachel Fortune, former Director of Outpatient Services at Yale University School of Medicine/Yale New Haven Hospital. The clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist and Dr. Michel Mennesson, who is board-certified in general Psychiatry and Child/Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietician, a Clinical Nutritionist, and a Nurse Practitioner.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Connecticut, Department of Children and Families; CCF/RT-123; CARF

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP), Association of Recovery Schools

Newport Academy Therapeutic Day School - California

(Transitional Independent Living Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jamison Monroe Admissions Contact: Blake Kinsey Academic Contact: Ryan Fedoroff Email: bkinsey@newport-academy.com Phone: (877) 628-3367 Fax: (203) 586-1205 Address: 111 Bayside Drive Corona Del Mar, CA 92625 Website: www.newportacademy.com NATSAP Member Since: 2009	Gender: Coeducational Ages: 12 - 18 Grades: 8 - 12 Enrollment: 15 Duration: minimum of 120 days Founded: 2008  Airport: John Wayne Airport (SNA)

Newport Academy Day School is designed for adolescents committed to remaining abstinent from alcohol and other drugs during their high school education. The Day School provides a balance between recovery counseling and academic programing that helps teens reach their full academic potential and strengthen their recovery processes. All teachers at the Newport Academy Day School hold state credentials and the curriculum is fully accredited. Instructors develop individualized lesson plans that focus on each student's learning style, preferences, and capabilities. Appropriate programming for each student is intricately designed by focusing on personal academic goals, individual potential, and abstinence from drugs and alcohol. Families can choose specific academic tracks including college preparatory, pursuit of a traditional high school diploma, or GED.

Newport Academy Day School believes that every student deserves a safe, creative, and nurturing educational environment in which they feel comfortable to grow in mind, body, and spirit. By providing a clean and sober environment coupled with a caring and passionate staff, Newport Academy allows students to develop character and intelligence, embrace setbacks, and establish kind and supportive peer-to-peer relationships. Students at Newport Academy are provided with the tools and structure needed to flourish in an academic setting.

This includes:

- Accredited Curriculum
- Small class size
- 1:3 staff-to-student ratio for individualized attention
- Full assessment of each student's academic needs
- Individualized education plans
- Recovery groups and individual counseling
- High school diploma
- AP classes
- GED
- Educational testing

Newport Academy practices a number of experiential therapies that promote self-reflection, foster group support, and encourage spiritual well-being. Examples of weekly holistic therapies include: yoga taught by a certified yoga therapist, group counseling, art therapy, music therapy, and community service. The comprehensive and multi-dimensional approach to academics and recovery within the Newport Academy Day School creates a safe place for students to develop true self-esteem and set attainable goals for the future.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Connecticut, Department of Children and Families; Commission on Accreditation of Rehabilitation Facilities (CARF)

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATAP); Association of Recovery Schools

Newport Academy Therapeutic Day School - Connecticut

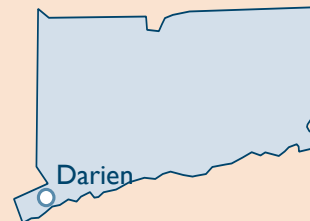
(Residential Treatment Center - Eating Disorder)

CONTACT

Executive Contact: Jamison Monroe
Admissions Contact: Blake Kinsey
Academic Contact: Ryan Fedoroff
Email: bkinsey@newport-academy.com
Phone: (877) 628-3367
Fax: (203) 586-1205
Address: 36 Old Kings Highway South
 Darien, CT 06820
Website: www.newportacademy.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 20
Grades: 8 - 12
Enrollment: 10
Duration: 45 days minimum
Founded: 2008



NATSAP Member
Since: 2015

Airport: Westchester County Airport (HPN)

Newport Academy Day School is designed for adolescents committed to remaining abstinent from alcohol and other drugs during their high school education. The Day School provides a balance between recovery counseling and academic programing that helps teens reach their full academic potential and strengthen their recovery processes. All teachers at the Newport Academy Day School hold state credentials and the curriculum is fully accredited. Instructors develop individualized lesson plans that focus on each student's learning style, preferences, and capabilities. Appropriate programming for each student is intricately designed by focusing on personal academic goals, individual potential, and abstinence from drugs and alcohol. Families can choose specific academic tracks including college preparatory, pursuit of a traditional high school diploma, or GED.

Newport Academy Day School believes that every student deserves a safe, creative, and nurturing educational environment in which they feel comfortable to grow in mind, body, and spirit. By providing a clean and sober environment coupled with a caring and passionate staff, Newport Academy allows students to develop character and intelligence, embrace setbacks, and establish kind and supportive peer-to-peer relationships. Students at Newport Academy are provided with the tools and structure needed to flourish in an academic setting.

This includes:

- Accredited Curriculum
- Small class size
- 1:3 staff-to-student ratio for individualized attention
- Full assessment of each student's academic needs
- Individualized education plans
- Recovery groups and individual counseling
- High school diploma
- AP classes
- GED
- Educational testing

Newport Academy practices a number of experiential therapies that promote self-reflection, foster group support, and encourage spiritual well-being. Examples of weekly holistic therapies include: yoga taught by a certified yoga therapist, group counseling, art therapy, music therapy, and community service. The comprehensive and multi-dimensional approach to academics and recovery within the Newport Academy Day School creates a safe place for students to develop true self-esteem and set attainable goals for the future.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Connecticut, Department of Children and Families; Commission on Accreditation of Rehabilitation Facilities (CARF)

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATAP); Association of Recovery Schools

Northbound Treatment Services

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Paul Alexander Admissions Contact: Greg Rosenbaum Email: admissions@livingsober.com Phone: (866) 538-4356 Fax: (949) 650-5171 Address: 4343 Von Karman Ave, Suite 100 Newport Beach, CA 92660 Website: www.livingsober.com	Gender: Coeducational Ages: 18 - 35+ Grades: GED/College Enrollment: 65 Duration: One semester minimum Founded: 1986
NATSAP Member Since: 2012	 Newport Beach Airport: Orange County, CA (SNA)

At Northbound Treatment Services, we know that the label – co-occurring disorder, dually diagnosed, concurrent disorder, co-morbid disorder – is not as important as the suffering individual. We know that more than half of all individuals who enter addiction treatment have at least one mental disorder in conjunction with their addiction. For clients suffering from a mood, thought or anxiety disorder in conjunction with an alcohol or drug problem, we embrace a total recovery model. Research demonstrates that treatment of substance abuse and mental health issues should be on an equal basis.

The Northbound Academy balances recovery with higher education endeavors. The Academy combines the structure of drug and alcohol treatment with higher education. Our residential school program provides students with the necessary structure and time to internalize positive change and succeed in college, graduate school, or trade school. Northbound also offers an on-site certification for Drug and Alcohol Counseling. This unique combination has proven to be more beneficial and successful than drug and alcohol treatment alone.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: California Department of Drug and Alcohol; CARF

Professional Affiliations: NATSAP - Young Adult Affiliate; National Alliance on Mental Illness (NAMI); National Association of Addiction Treatment Providers (NAATAP)

Northwest Academy

(Therapeutic Boarding School)

CONTACT

Executive Contact: Bruce Wilson
Admissions Contact: Diane Gray
Academic Contact: Travis Swick
Email: nwaadmissions@uhsinc.com
Phone: (877) 882-0980
Fax: (208) 267-3232
Address: 139 Success Ln.
 Naples, ID 83847
Website: www.nwacademy.net

PROGRAM OUTLINE

Gender: Coeducational
Ages: 16 - 18
Grades: 9 - 12
Enrollment: 45
Duration: 12 months
Founded: 1994



NATSAP Member
Since: 2006

Airport: Spokane, WA (GEG)

Northwest Academy is a therapeutic boarding school that meets the unique needs of older adolescents ages 16 to 18 and is designed to help students address the roadblocks that are keeping them from successfully transitioning to adulthood. Northwest Academy students repair their GPA, rekindle their desire to attend college, apply and are accepted into college, and examine their thoughts, feelings, behaviors, and the relationships and patterns between them. Students leave Northwest Academy with a high school diploma in hand and the tools and confidence needed to follow a healthy path as a young adult.

Student profile: co-ed ages 16 to 18 (must enroll prior to their 18th birthday), bright, college-capable, at risk of not finishing high school, poor or deteriorating academic performance, affiliating with negative peers, expressing unhealthy independence, oppositional and defiant, using/abusing drugs or alcohol, defying authority and family rules, suffering from depression, limited by anxiety, entitled and indulgent, acting out in opposition to family values, off-track from their post-secondary goals and dreams.

Staff includes: licensed therapists, substance abuse counselor, psychiatrist, tenured milieu staff, recreation instructors, registered nurses, and credentialed teachers. Together, they encourage students to revisit abandoned values, prepare for adulthood, pursue healthy relationships, develop independent living skills, challenge self-imposed limits and self-defeating behavior patterns.

Primary therapists work with students, families and associated professionals to develop the treatment plan. Our team approach is integrative, comprehensive and inclusive, with students active in developing individualized plans. Plans are evaluated and updated bi-weekly with focus assignments that help break down larger goals into immediate action steps. Students receive weekly individual and family therapy and participate in five therapeutic groups. Our certified substance abuse counselor works with students to develop recovery plans that include weekly recovery groups (utilizing the Stages of Change model for achieving/maintaining sobriety) and on/off campus 12-Step meetings.

We have found that in healing primary parent-child relationships, students become more participatory in exploring their deeper, core issues that often impede success. Parent participation is critical and often predictive of a student's future success. Utilizing that input and influence, we provide family therapy, guided writing/communications, goal oriented visits, parent education workshops, parent-child adventure therapy trips, and parent coaching transitional support.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho, Department of Health and Welfare; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Association for Experiential Education (AEE); Advanced

Northwest College Support

(Transitional Independent Living & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Adam Parker Admissions Contact: Traci Stluka Email: admissions@collegesupportnw.com Phone: (877)485-2776 Fax: (877) 485-2776 Address: 211 E. Coeur d'Alene Ave. Suite 102 Coeur d'Alene, ID 83814 Website: www.collegesupportnw.com	Gender: Coeducational Ages: 18 - 30 Grades: College and GED Enrollment: 26 Students Duration: 2 Semesters Founded: 2011
NATSAP Member Since: 2015	 Airport: Spokane, WA (GEG)

Northwest College Support is a comprehensive college support program and therapeutic transitional program for young adults. NWCS exists to help young adults transition to independence. Our students are transitioning to college and the world of work. Our students are transitioning from treatment programs, wilderness programs, and leaving their home environment. We are a caring and supportive team of dedicated professionals helping young adults find their path to success in college and independence. Based out of beautiful Coeur d'Alene, Idaho, Northwest College Support provides a wide range of supportive services to help students meet their potential as they attend college. The range of services provided is widely variable based on each student's needs and goals. Our approach is based on a growth model that provides an adequate amount of support. The amount of support provided decreases as each individual grows towards his or her potential.

At NWCS, we collectively commit to succeed at multiple bottom lines. We commit to provide exceptional value, compassionate support, ongoing evaluation and professional expertise to every individual. We see our students as unique individuals, and success comes from creatively enriching the whole person. We honor individual diversity and development by providing the most dynamic, innovative, and adaptive support services possible.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Young Adult Associate

Northwest Passage - Lakeshore

(Residential Treatment Center - Mental Health)

CONTACT	PROGRAM OUTLINE
Executive Contact: Mark Elliott Admissions Contact: Carey Lillehaug Email: CareyL@nwpltd.org Phone: (715) 327-4402 Fax: (715) 635-3401 Address: 1661 Hams Road Spooner, WI 54801 Website: www.nwpltd.org	Gender: Boys Only Ages: 12 - 17 Grades: 6 - 12 Enrollment: 10 Duration: 3 - 6 months, longer if necessary Founded: 1988
NATSAP Member Since: 2015	 Airport: Minneapolis, MN (MSP)

Northwest Passage - Lakeshore (formally known as Passage II), is a therapeutic, activity-based, residential treatment program. The small group treatment experience of this program is designed to address each client's mental health issues while promoting the ability to live a therapeutic lifestyle. Treatment and programming focus on empowering clients, increasing self-worth, developing healthy coping skills, building a constructive connection with the community, and positive relationship building.

Lakeshore offers a home-like environment on a secluded Northwood's lake. This 15-acre property also has an indoor gymnasium, an educational facility, and an abundance of outdoor space. Lakeshore is the original home to In a New Light – a nationally-recognized nature-based photography project.

Lakeshore uses integrated Dialectical Behavioral Therapy, or DBT, within the clinical model. Clinical services include weekly individual, group, and family therapy. Family visits are incorporated into treatment in order to help clients and families practice communication and relationship skills learned in therapy.

Lakeshore provides an abundance of outdoor therapeutic activities. Clients are placed in a natural environment that encourages the development of increased social skills, emotional stability, and self-confidence. Lakeshore is often considered for clients whose mental health needs and behavioral issues may make it difficult for them to succeed in a wilderness model.

Our accredited educational services help clients reconnect with their role as students and make academic progress. We also engage our clients in a variety of physical training activities such as running, canoeing, and cross country skiing. Given the highly active nature of the program and unique style of this small group environment, Lakeshore is an ideal program choice for boys who have had difficulty engaging previously in therapeutic services.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed as a Residential Care Center by the State of Wisconsin; Dept. of Health and Family Services; AdvancED

Professional Affiliations: NATSAP-Full Member; Wisconsin Association of Family and Children's Agencies (WAFCA)

Northwest Passage Child & Adolescent Center & Northwest Passage Prairieview Residential Program (Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Ellen Race Admissions Contact: Carey Lillehaug Email: CareyL@nwpltd.org Phone: (715) 327-4402 Fax: (715) 327-4470 Address: 203 United Way Dr. Frederic, WI 54837 Website: www.nwpltd.org	Gender: Coeducational / Girls only Ages: 6 - 18 in Assessment / 12 - 17 in Prairieview Grades: 1 - 12 Enrollment: 12 in Assessment and 16 in Prairieview Duration: 30-days in Assmt. / 3-12 months in Prairieview Founded: 1994
NATSAP Member Since: 2011	 Airport: Minneapolis, MN (MSP)

Northwest Passage Child & Adolescent Center provides comprehensive clinical assessment for male and female clients, ages 6-18 and our Prairieview Program – an intensive residential mental health program serves females ages 12-17.

While for some, an assessment is an appropriate first step, clients may also be admitted directly into Prairieview without attending the assessment program.

Assessment Overview:

Our interdisciplinary format of assessment includes focus on neuropsychological evaluation, family, psychiatric, educational and behavioral, health/medical and, when necessary, chemical health. Our assessments are completed in a highly integrated team model that is more intensely beneficial than traditional outpatient evaluation services. Our assessment generates a comprehensive clinical conceptualization and a dynamic treatment plan designed by the interdisciplinary team to address the needs of both the child and family.

Prairieview Overview:

Northwest Passage Prairieview, formerly known as Northwest Passage III, provides a small group (two units of 8 girls each) therapeutic and skill-building experience. Prairieview addresses the need to increase self-esteem, develops healthy coping skills, promotes positive relationship-building and social skills, and encourages connections within the community. Emphasis is placed upon living a therapeutic lifestyle through nature, relaxation, nutrition, exercise, relationships, giving back, and individual spirituality.

Our treatment approach includes integrated Dialectical Behavioral Therapy (DBT), psychiatric services, expressive arts programming including our unique In a New Light photography project, equine-assisted therapy, and individual, group, and family therapy. Northwest Passage programs, including Prairieview, are capable of working with and managing the safety needs of many clients with chronic self-harm behaviors and suicidal ideation.

The program is located in the same facility as Northwest Passage Child and Adolescent Center but has separate living, educational, and recreational areas. Prairieview utilizes many regional resources such as wooded areas for hiking, cross-country skiing, and camping, as well as the rivers and lakes for swimming and canoeing.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed as a Residential Care Center by the State of Wisconsin; Dept. of Health and Family Services; Wisconsin Department of Public Instruction; AdvancED

Professional Affiliations: NATSAP-Full Member; Wisconsin Association of Family and Children's Agencies (WAFCA)

Novitas Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Andrew Sapp, PhD Admissions Contact: Kylie Peters Email: info@novitasacademy.org Phone: (208) 954-5085 Fax: (208) 365-7235 Address: 2627 N. Plaza Rd. Emmett, ID 83617 Website: www.novitasacademy.org	Gender: Boys Only Ages: 14 - 18 Grades: Middle School through High School Enrollment: 16 Duration: 6 to 12 months+ Founded: 2014
NATSAP Member Since: 2014	 Airport: Boise Airport (BOI / KBOI)

Located on 26 acres of majestic river front property, Novitas Academy is a unique fully accredited therapeutic boarding school for boys ages 14-18. The program is designed to meet the needs of young men struggling with life skills, learning differences, lack of academic motivation, ADHD as well as mild to moderate behavioral and emotional problems. Novitas is a relationship-based program that strives to help our students build their self-esteem and self-confidence through discovering and nurturing their strengths, passions and dreams.

Novitas Academy uses a blended learning approach that consists of project-based learning, differentiated instruction, online credit recovery classes and career development. Students also partake in a career & college assessment program, local internships and develop an individualized 10-year-plan. Novitas students will also have the opportunity to attend a local professional technical academy which offers an array of hands on vocational training. Students receive individual, group and family therapy.

The mission is to provide students a safe, therapeutic, and nurturing learning environment in order to facilitate a successful transition into early adulthood. At Novitas Academy students are inspired to believe in themselves, their dreams, and their visions. Students are encouraged to be innovative, entrepreneurial, outside-the-box thinkers, as well as to pursue their interests and passions.

“With inspiration from the books *Mindset* and *David and Goliath*, we have combined the *Anatomy of Peace*, *The Ruler Approach* and a modified collaborative problem solving approach into a relational strengths-based vocational-prep program that inspires students to reach their goals” says Andy Sapp, Founder & Owner of both Cherry Gulch and Novitas Academy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Idaho Department of Health and Wellness; AdvancED

Professional Affiliations: NATSAP-Associate Member; NAPSEC, CHADD, LDA

Oakley School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Paul Taylor Admissions Contact: Shea Rodriguez Academic Contact: Brandon Watkins Email: admissions@oakley-school.com Phone: (435) 783-5001 Fax: (435) 783-5010 Address: 251 West Weber Canyon Road P.O. Box 357/367 Oakley, UT 84055 Website: www.oakley-school.com	Gender: Coeducational Ages: 14 - 19 Grades: 9 - 12, limited concurrent enrollment Enrollment: 75 Duration: Min. 1 school yr. - Max. 4 school yrs Founded: 1998
NATSAP Member Since: 1999	 Airport: Salt Lake City, UT (SLC)

For teens struggling in high school, the Oakley School is a therapeutic college-preparatory boarding school that has proven over the last decade that excellence in education can be combined with effective therapy and life experiences. The four cornerstones of the Oakley School program set the national standard, with rigorous academic curriculum, sophisticated clinical support through individual, group and family therapy, an active and empowering student life experience and diverse experiential education program. The Oakley School's integrative approach is reflected by its natural environment. The private boarding school is located in the Intermountain West – known for its diversity with pristine mountain ranges, red rock vistas, desert playgrounds, and metropolitan sophistication. Similarly, the Oakley School provides a diverse educational and developmental experience, balanced by opportunities for students to incorporate self-discipline and responsibility, truly preparing students to enter college life.

The Oakley School, however, is not for everyone. It is designed for students who are ready for change, have some distance from their behaviors and who are willing to be challenged in mind, body and passion. With this balanced approach, these college bound students are given opportunities to do more than improve academic scores. They are given the tools to overcome self defeating behaviors; they uncover individual talents, they develop life skills; they learn how to improve relationships with family and peers.

The Oakley School offers over 40 different academic courses taught by endorsed faculty each semester to better “customize” learning needs. In addition to the academic week, every student participates in our two day Experiential Education module program, developing lifelong expertise in outdoor skills, the fine arts and community service. Nine week intensive courses in up to 70 different subject areas are offered each year. Students also compete against local high schools in cross country, volleyball, swimming, basketball, soccer, and speech and debate.

The Oakley School carefully integrates a strong daily structure with a social model of clinical support. Oakley School allows students to have community experiences, in order to provide real life choices not available in short term, and/or more restrictive environments.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, CARF; Northwest Association of Accredited Schools; Utah State Office of Education; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Open Sky Wilderness Therapy

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Emily Demong Admissions Contact: Ryan Corbey Email: info@openskywilderness.com Phone: (970) 382-8181 Fax: (970) 382-9494 Address: P.O. Box 2201 Durango, CO 81302 Website: www.openskywilderness.com	Gender: Coeducational Ages: Adolescents 13 - 17 Adults 18 - 28 Grades: N/A Enrollment: 64 Duration: Average 60 days Founded: 2005
NATSAP Member Since: 2006	 Airport: Durango, CO (DRO)

Open Sky's holistic wilderness program engages the transformational power of nature to strengthen relationships, foster growth, cultivate awareness, and develop overall health and wellness. Our unique approach combines traditional therapeutic approaches, naturopathic philosophy, innovative substance abuse treatment, whole foods nutrition and healthy outdoor living for all of our students.

Open Sky works with male and female adolescents, ages 13-17, and male and female young adults, ages 18-28, in a separate adult program. Our clinicians effectively treat a variety of behavioral and emotional issues. The average group size at Open Sky is seven, to provide for a higher level of individualized care.

Open Sky is designed around developing physical, mental, emotional, and spiritual well-being. Students participate in yoga and meditation on a daily basis. Other opportunities for spiritual growth include ceremonies, solos, sweat lodges and vision quests.

Our therapy utilizes the most current, proven methods for healing. Open Sky has a PhD-level Research Director who guides outcome studies on the effectiveness of our program and is well-versed in current trends in psychotherapy literature and adolescent treatment.

The comprehensive programming provided by our Family Services team supports the family systems approach employed by Open Sky. This is the centerpiece of the Open Sky experience and is integral to a student's success. Families participate in weekly therapeutic phone calls, weekly conference-call support groups, interactive webinar presentations, parent Wellness Weekends and a field-based family reunion and graduation process at the conclusion of the program. Our customized Family Quest wilderness adventures support and actualize the parallel growth experienced by individual students and their families.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services State of Colorado, Department of Human Services

Professional Affiliations: NATSAP-Full Member; Outdoor Behavioral Health Industry Council (OBHIC)

Optimum Performance Institute

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jessica Breton, MA, LMFT Admissions Contact: Shannon Hagen and Michelle Dabach, MA, LMFT Email: jbreton@opiliving.com Phone: (888) 814-5985 Fax: (818) 610-3912 Address: 21781 Ventura Blvd #561 Woodland Hills, CA 91364 Website: www.optimumperformanceinstitute.com	Gender: Coeducational Ages: 17 - 28 Grades: 12/College Enrollment: 25 Duration: 1 to 3 months minimum/ 5 to 8 months average Founded: 2004
NATSAP Member Since: 2005	 Airport: Burbank, CA (BUR), Los Angeles, CA (LAX)

Optimum Performance Institute is a highly therapeutic program for young adults ages 17-28 willing to commit to finding a sense of balance and becoming responsible members of society while completing high school, college, or gaining employment skills and discovering their place in the world.

For many, leaving home and transitioning to college or the workforce is daunting. Most of our Participants have the capability of becoming successful and during the transition are often overwhelmed by a lack of structure and support. OPI provides these in an environment similar to one where they will eventually live – a metropolitan setting.

Participants come from around the world to engage in our group and individual therapy, medication management, one-to-one life skills, and substance abuse counseling when indicated. They also work with our Departments of Education, Volunteer and Career Development, and Extracurricular Services.

For over a decade OPI has focused on successfully helping “Failure to Launch” young adults through our highly individualized, integrated model of care. Additional diagnoses range from Learning Disabilities, anxiety, depression, OCD, Asperger’s Syndrome, bipolar disorder, to PTSD, etc.

OPI’s specialized Roanne Program is dedicated to rapid stabilization for those with complex disorders such as Borderline Personality Disorder, BPD traits, and co-occurring conditions (PTSD, Eating Disorders, to substance abuse) (see www.roanneprogram.com). For those not requiring the structure Roanne Program provides, an option to utilize our DBT groups in conjunction with the regular OPI programming in our OPI Hybrid treatment model exists.

OPI, OPI Hybrid, Roanne, and IOP Participants utilize the plethora of opportunities available in the greater Los Angeles area as they move through phases achieving greater levels of independence. On-going support continues in the After Care and Outpatient phases and beyond as families establish new bridges of communication allowing for greater understanding and clarification of differences and shared values.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Accredited by the Joint Commission on the Accreditation of Hospital Organizations (JCAHO)

Professional Affiliations: NATSAP-Young Adult Associate Member

Outback Therapeutic Expeditions

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: McKay Deveraux, CSW Admissions Contact: Arwynn Harris Jensen Academic Contact: Courtney Bedke Email: mdeveraux@outbacktreatment.com Phone: (801) 766-3933 Fax: (801) 766-3932 Address: 50 N 200 E Lehi, UT 84043 Website: www.outbacktreatment.com	Gender: Coeducational/ Single Gender Groups Ages: 13 - 17 Grades: 8 - 12 Enrollment: 50 Duration: 65 days Founded: 2001
NATSAP Member Since: 2002	 Airport: Salt Lake City, UT (SLC)

Outback is a licensed treatment program that uses the wilderness as an alternative to traditional treatment settings, while employing conventional yet highly sophisticated therapeutic methods. Treatment through evidence-based psychological practices, not wilderness or survival skills, is the primary focus at Outback. To accomplish this, Outback has licensed PhD and Masters level therapists, individualized treatment planning, individual therapy, group therapy, flexible lengths of stay, daily group processing sessions, single gender groups using a continuous flow model, mid-stay parent seminar and visit and weekly parent/consultant communication.

Outback works with students 13 to 17 years of age with a range of emotional and behavioral issues that may include Oppositional Defiance, Attention Deficit, Learning Differences, Low Self-Esteem, Depression, Adoption/Attachment Issues, Substance Abuse and Family Conflict.

Outback's goal is to empower the students by focusing on insight, self-mastery and choice. These foci, combined with individual and group therapy sessions, individualized treatment planning, and the program's philosophy of promoting personal responsibility, allows the students to better internalize new, healthy habits and improve self-esteem.

In 2010, Outback was the first wilderness therapy program to be accredited through CARF. Outback also completed training with The Kinship Center For Adoption Treatment in 2010. Combined with our clinical expertise, this positions Outback as the authoritative wilderness program for adoption and attachment issues.

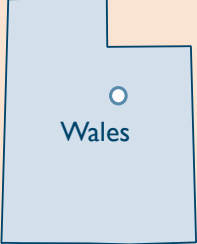
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; CARF Accreditation, AdvancED (North Central) Academic Accreditation; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Oxbow Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Shawn Brooks Admissions Contact: Dan Jensen, CSW Academic Contact: Rick Lee Email: contact@oxbowacademy.net Phone: (435) 436-9460 Fax: (435) 436-9465 Address: 95 North State Wales, UT 84667 Website: www.oxbowacademy.net	Gender: Boys Only Ages: 12 - 18 Grades: 9 - 12 Enrollment: 24 Duration: 11 - 14 months Founded: 2007
NATSAP Member Since: 2007	 Airport: Salt Lake City, UT (SLC)

Oxbow Academy works with families that are struggling with a son who is burdened with sexual behavioral problems. Often this is excessive use of pornography, inappropriately touching a sibling, friend or neighbor or other compulsive sexual behaviors. About half of our students come to us with some type of LD issue and 60% are adopted...80 and above IQ, but socially awkward.

Our first phase of treatment includes a consolidated evaluation and is 90 days. Students integrate into academics, residential living and therapy. They work with their therapist in providing a full sexual disclosure and then take a polygraph to validate honesty.

Oxbow Academy offers a specialized therapeutic environment that focuses on a holistic approach built on therapeutic experiential activities such as equine therapy and horsemanship, fishing and camping, drama therapy and music. In these activities, students develop positive relationships with peers and mentors. Students also receive individual, group and family therapy.

Oxbow's academic program works in tandem with therapeutic goals, helping students prepare to successfully transition to the next level of learning. Accredited by the State of Utah, licensed teachers provide instruction in core curriculum subjects such as math, science, language arts and history.

Accountability is a critical aspect of treatment. We can assist families in navigating any mandatory reporting or legal issues that may result from their child's behavior. When needed, we have systems in place to communicate directly with the courts.

Addressing sexual issues is an extremely sensitive matter for students and their families. Oxbow Academy assists our students in learning to live happy, productive lives.

Oxbow Academy – New Hope, New Help, No Secrets.®

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; NWAC; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Association for the Treatment of Sexual Abusers (ATSA); Network on Juveniles Offending Sexuality (NOJOS); The Society for the Advancement of Sexual Health (SASH)

Pacific Quest

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Mike McKinney Admissions Contact: Erin Marcus-Levine Academic Contact: Martha Bouchard Email: erin@pacificquest.org Phone: (808) 937-5802 Fax: (888) 977-1323 Address: 301 Kalanianole St. Hilo, HI 96720 Website: www.pacificquest.org	Gender: Coeducational Ages: 18 - 25 Grades: N/A Enrollment: 32 Duration: 60 - 90 days Founded: 2004
NATSAP Member Since: 2013	 Airport: Hilo International Airport

Pacific Quest at Reeds Bay is a clinically-innovative, outdoor therapeutic program for young adults (18-25) located on the Big Island of Hawaii. Over the past ten years, Pacific Quest has worked with young adults struggling in environments that allow them to make discoveries in safe, structured, experimental and natural ways. Pacific Quest provides sustainable living skills for young adults through outdoor programming and offers a holistic, yet highly clinical approach to individualized treatment.

Life at Pacific Quest is a community-living experience, providing young adults opportunities to practice relevant and essential life skills. Pacific Quest provides a very structured environment with room to achieve individual goals and make personal choices. The program structure, curriculum, focus on wellness and the community-living environment, help to provide a solid foundation which fosters awareness and development. Owned and operated by a veteran team of professionals with hundreds of years of combined program experience, Pacific Quest offers a unique approach to treatment that is individualized for each student.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Advanced; North Central Association Commission on Accreditation and School Improvement (NCA CASI)

Professional Affiliations: NATSAP-Young Adult Affiliate; Association for Experiential Education; National Association of Therapeutic Wilderness Camping; Hawaii Organic Farmer's Association; Association of Horticultural Therapy; Surfriders Foundation; Academy of Integrative Health and Medicine

Pasadena Villa

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jenny Stokes Admissions Contact: Craig Bosse Email: info@pasadenavilla.com Phone: (877) 845-5235 Fax: (407) 872-0047 Address: 216 Pasadena Pl. Orlando, FL 32803 Website: www.pasadenavilla.com	Gender: Coeducational Ages: 18+ Grades: N/A Enrollment: 24 Duration: 6 to 9 months average Founded: 2002
NATSAP Member Since: 2003	 Airport: Orlando, FL - International (MCO), Orlando, FL - Herndon (ORL) Sanford/Orlando, FL- Sanford (SFB)

Pasadena Villa is a residential treatment facility for adults and young adults with mental illness, and those with co-occurring issues, including substance abuse, developmental disorders and Autism Spectrum disorders. We provide a comprehensive program of education, support and therapy in a dynamic environment supported by many amenities.

Pasadena Villa implements a truly unique social integration model as the core component of treatment. No matter what diagnoses our residents have upon coming to our program, they all share similar impairments and deficits in social functioning. Our social integration model is supported by individual, group and family therapies, recreational and activities therapies, medication management and life skills training.

Pasadena Villa offers a full continuum of care, which includes intensive residential treatment, community residential homes and day treatment. Through its affiliate program, Transitional Living and Learning Center, we offer supportive case management, social mentoring and academic/vocational assistance to young adults.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Florida Agency for Healthcare Administration; Residential Treatment Facility (ARTA), Joint Commission on Accreditation of Healthcare Organizations (JCAHO)

Professional Affiliations: NATSAP-Full Member; Mental Health Association of Central Florida; American Residential Treatment Association (ARTA); NAATP; NAMI; University of Central Florida College of Medicine affiliate

Penrith Farms

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: James Brewster Admissions Contact: James Brewster Academic Contact: Heather Green Email: penrith@penrithfarms.com Phone: (509) 447-0665 Fax: (509) 447-2370 Address: 662 Scotia Rd. Newport, WA 99156 Website: www.penrithfarms.com	Gender: Coeducational Ages: 18+ Grades: N/A Enrollment: 20 Duration: 9 months Founded: 1983
NATSAP Member Since: 2004	 Airport: Spokane, WA (GEG)

Penrith Farms is a co-ed experiential learning program for young adults, 18 and over, that need instruction and guidance in their lives. We provide complete wrap-around services in a dynamic setting where students will learn the virtues of Compassion, Diligence, Honesty and Humility. At Penrith Farms, young adults are free to explore their passions and the directions life can take them in a safe environment where mistakes are expected and accepted. We operate on a discovery model where students choose from a series of activities and make their own daily schedules. Our staff will guide young adults towards goals and obligations they have established for themselves.

In the end, our mission is to provide a challenging and meaningful environment where young adults learn about the purpose of labour and the necessity of fulfilling obligations. We provide a home like atmosphere where early adult transition can transpire, virtues can be learned and individuality can blossom. The emotional growth a young adult experiences at Penrith Farms is foundational and prepares them for the rest of their lives. Penrith Farms will truly be a life changing experience.

At Penrith Farms we strive to give young adults the confidence needed to succeed in an increasingly competitive society. Confidence is acquired through the development of self-worth, work ethics and interpersonal communication skills. With confidence young adults will be better equipped to manage their own affairs and, in the end, become productive self-motivating responsible members of society.

We employ a positive peer culture in which members are responsible for encouraging each other to succeed and be accountable for words and actions. A positive peer culture creates a foundation for developing personal responsibility and essential leadership skills through appropriate role modeling. Our work venues, music instruction, and horsemanship programs offer additional opportunities for students to cultivate effective communication skills and emotional outlets.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Young Adult Associate Member; Association for Experiential Education (AEE)

Pine River Institute

(Residential Treatment Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Vaughan Dowie Admissions Contact: Amanda Rodgers Academic Contact: John Fallis Email: admissions@pineriverinstitute.com Phone: (416) 955-1453 Fax: (416) 955-1652 Address: 2 St.Clair Avenue East, Suite 800 Toronto, Ontario M4T 2T5 Website: www.pineriverinstitute.com	Gender: Coeducational Ages: 13 - 19 Grades: 8 - 12 Enrollment: 36 Duration: 12 months average Founded: 2001
NATSAP Member Since: 2006	 Airport: Toronto, ON - International (YYZ)

Pine River Institute (PRI) is a not-for-profit residential treatment program for youth 13 to 19 years of age. We have a 36-bed capacity - 29 beds funded by the Ministry of Health and Long Term Care, and 7 private pay beds. The staff team is comprised of experienced professionals including psychologists, social workers, addiction specialists, creative arts therapists, recreational and adventure therapists, certified teachers, and child and youth care workers. The student to staff ratio is 4:1.

Students can self-refer or be referred by parents, other family members, teachers, or health care professionals. Admission is on a voluntary basis. We offer continuous intake and variable length of stay.

The students at Pine River have typically experienced a global breakdown – in school, relationships, physical health, and emotional development. They are struggling with addictive behaviours and often other co-occurring mental health issues.

We are a family-centered program where wilderness, therapeutic, and academic elements come together in a unique, integrated treatment and education model. There are 4 seamless phases: Wilderness, Residence, Transition, and Aftercare. The program addresses the issues of addictive behaviours, underlying mental health issues, and family stress, and it promotes social, emotional, physical, spiritual, and intellectual development.

Every student, upon entering the program, spends 6-8 weeks in Algonquin Park before moving to the residence. Day-to-day activities in wilderness include canoeing or snow shoeing, hiking, group initiatives, group and individual therapy, and journaling. Youths live and work in nature in groups of up to eight, with three staff. Our campus is situated on the Niagara Escarpment, about 100 kms northwest of Toronto. The program here includes individual, group, and family therapy, expressive arts, athletics, recreation, outdoor education, community service, and life skills, as well as the more traditional academic offerings.

Educational engagement is a key element of our program. We are staffed by three certified teachers from the Upper Grand District School Board, all with Special Education qualifications. All students are working toward a Secondary School Diploma or Certificate, or are enrolled in online post-secondary courses. In consultation with the clinical team, the academic department will fashion an individual academic plan for each student.

Another unique strength of Pine River Institute is its program evaluation and research strategy. We share knowledge about treatment outcomes and the value of research, across Canada and with stakeholders including parents, staff, funders, and Board members. We are committed to making a meaningful contribution to best practices knowledge in order to help adolescents and families deal effectively with addictive behaviours.

We are a member of the research consortium for the National Association of Therapeutic Schools and Programs (NATSAP), and serve on their Ethics Review Board.

Individual Psychotherapy Available: Yes

Accreditation, Licensure, Approval: Ontario Ministry of Health and Long-Term Care, Ontario Ministry of Education, Council on Accreditation (COA); Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member, Association for Experiential Education; Council of Outdoor Educators of Ontario, Addictions and Mental Health Ontario (Youth Sector), Independent Educational Consultant's Association (IECA)

Project Patch

(Residential Treatment Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Chuck Hagele Admissions Contact: Jessica Hohman Email: info@projectpatch.org Phone: (360) 690-8495 Fax: (360) 690-8498 Address: 2404 E. Mill Plain Blvd. Suite A Vancouver, WA 98661 (This is the mailing address. Program is located in Garden Valley, ID) Website: www.projectpatch.org	Gender: Boys & Girls / Single Gender Groups Ages: 12 - 17 (must place before 17) Grades: 6 - 12 Enrollment: 36 Duration: Minimum 12 months Founded: 1984 
NATSAP Member Since: 2015	Airport: Boise Airport (BOI)

Our campus is nestled in a secluded valley surrounded by mountains and bordered by a scenic river in Southern Idaho. This 169-acre facility is the perfect environment for healing. The ranch staff is comprised of dedicated staff members, including counselors who hold Masters Degrees in Counseling or a related field. The Youth Ranch is a licensed and accredited therapeutic residential treatment program which houses up to 36 residents at a time. We work with both genders separately; ages 12 to 17 (must place prior to 17th birthday).

Project Patch provides:

- Group Therapy
- Individual Therapy
- Accredited Education
- Recreational Activities
- Independent Living Skills
- Pre-employment training
- Structured, caring, stable, and family-like environment

The program is a minimum of 12 months and consists of Cognitive Behavioral Therapy (CBT) and Dialectical Behavior Therapy (DBT), which includes skills for emotional regulation. Each teen works with their counselor on a treatment plan, gaining the skills and healing necessary for completing the program. During this time, family visits take place at various times and parents are encouraged to attend parent weekends to learn new skills as a family.

We want our clients to complete the program with the following:

- Restored family relationships
- Emotional Regulation skills
- Increased awareness and respect of self and how they relate to others
- Realization of educational potential
- Motivation to engage in their life and planning for their future
- Healthy skills for managing life's risks
- Increased ownership of personal responsibility
- Resilience through life's difficulties

Project Patch's Youth Ranch is a faith-based ministry with a mission of restoring hope to teens through compassionate therapeutic relationships that empower them to discover their self-worth and potential while encountering God's grace. While we are unable to accommodate individual religious practices other than those provided, all are respected.

Individual Psychotherapy Available: Yes

Accreditation, Licensure, Approval: The Joint Commission, State of Idaho Department of Health and Welfare, AdvancED, State of Idaho Board of Education

Professional Affiliations: NATSAP-Full Member,

Red Oak Recovery

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jack Kline Admissions Contact: Mark Oerther Email: admissions@redoakrecovery.com Phone: (828) 318-0148 Fax: (828) 683-4245 Address: 631 Willow Creek Rd. Leicester, NC 28748 Website: www.redoakrecovery.com	Gender: Coeducational Ages: 18 - 30 Grades: N/A Enrollment: 33 Duration: 60 - 90 days Founded: 2014
	
NATSAP Member Since: 2014	Airport: Asheville Regional Airport (AVL / KAVL)

Red Oak Recovery is a clinically-dynamic substance abuse and co-occurring mental health treatment program specializing in gender-specific programming for young adults ages 18-30.

Red Oak is a team of committed professionals that uses research-supported clinical methodologies, integrated with outdoor adventure therapy, to create a uniquely engaging treatment modality.

We employ an eco-therapeutic model, which is based on a combination of three distinct approaches: experiential, clinical, and organic.

1. Experiential: the most effective learning system

Our active program integrates challenges that build self-efficacy, demonstrate how to have sober fun, expose clients to the beauty of nature, and foster connection with the natural self. Each weekend our clients go out for a specific adventure that becomes a peak experience. These activities include hiking, fly fishing, rock climbing, white water rafting and other seasonal adventure activities. Clients are enabled to safely step out and face fear, get in touch with themselves, and feel what's real. Through these peak experiences, clients begin to understand and determine their place in the real world.

2. Clinical: specific and personalized care

Because everyone's underlying issues are unique, we build a natural progression of individualized treatment that works for both the client and their families. Our practices involve evidence-based, research-proven methodologies based on the needs of each individual. Our clinical team includes Masters and Doctoral level professionals, dually licensed in mental health and substance abuse

3. Organic: a natural progression towards health; a developmental process

We have a seed-to-plate nutritional and horticulture therapy program that teaches young adults how to have a healthy relationship with food. Our executive chef teaches our clients how to prepare healthy meals and snacks for themselves in an experiential way. This allows for personal expression as well as fun, encouraging clients to try out new positive behaviors and attitudes. Nutritional education on a number of levels creates a space for clients to understand that what they eat influences how they feel.

We offer an abundant amount of individual therapy, family therapy, adventure therapy, traditional 12 step programming, teamwork, acupuncture and more. Red Oak is person-centered, meeting clients where they are mentally, physically, and spiritually—not where they think they should be. Our flexible length of stay allows for a self-change process which follows the client's rate of change, not that of a "one size fits all" approach.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Young Adult Associate Member, NAATP, & NAADC

Red Rock Canyon School

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Brian Pace Admissions Contact: Amber Austin Academic Contact: Joel Becktrand Email: brian@rrrtc.com Phone: (435) 673-6111 Fax: (435) 673-0994 Address: 747 E. St. George Blvd St George, UT 84770 Website: www.redrockcanyonschool.com	Gender: Coeducational Ages: 12 - 18 Grades: 6 - 12 Enrollment: 89 Duration: 9 - 12 months Founded: 1999
NATSAP Member Since: 2000	 Airport: Saint George, UT (SGU)

Red Rock Canyon School is a state-licensed residential treatment center serving boys and girls ages 12 to 18. We are located in St. George, Utah. We are a complete residential facility with accredited academic school with state-certified teachers and professional clinicians. Our students are involved with many activities, including sports, enrichment classes in dance, music, art and service projects.

We utilize the concepts and values of Positive Peer Culture for our program model. We place each youth into a peer group with a team of trained staff to work with. Each peer group becomes a cohesive team as they work together to provide each other help and concern, regardless of the problem. As each youth gives of himself and becomes of value to others in the peer group, he increases his own feelings of worthiness and positive self-esteem. We do not measure progress in artificial terms of phases or levels. Rather, we measure increase by specific behavior patterns that reflect true internal change. Our professional staff provides therapeutic interventions for the multitude psychological problems our clients' exhibit. We work very hard at family reunification, emphasizing parental support and family counseling while in treatment. As the youth prepares to leave treatment and return home, they will have the opportunity to work on transitional plans that match their specific needs.

Red Rock Canyon School has been able to help a multitude of youth suffering from different issues and diagnosis. Our typical student is a defiant youth with a mental health diagnosis that has affected their decisions in their life that are preventing them from getting along with their families, causing problems in school and with their extracurricular activities. Since their life is in a downward spiral our youth need the benefits that a caring, residential program with 24 hour supervision can provide.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Joint Commission; Utah Department of Human Services; Office of Licensing; AdvancED; Utah Department of Education

Professional Affiliations: NATSAP-Full Member

RedCliff Ascent

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Scott Schill Admissions Contact: Chad Balagna Academic Contact: Darcy Holt Email: chadb@redcliffascent.com Phone: (435) 878-2868 Fax: (801) 491-2279 Address: 709 E. Main St. Enterprise, UT 84725 Website: www.redcliffascent.com	Gender: Boys & Girls/ Single Gender Groups Ages: 13 - 17 Grades: 8 - 12 Enrollment: 38 Duration: 80 days Founded: 1993
NATSAP Member Since: 1999	 Airport: Las Vegas, NV (LAS), Saint George, UT (SGU)

RedCliff Ascent, founded in 1993, is a therapeutic wilderness treatment program for adolescents whose emotional and behavioral growth are stalled. They lack the coping mechanisms, competencies and discipline necessary to manage their lives.

RedCliff Ascent therapists, all PhD and Masters level clinicians, use this stalled development as the lens through which to view these students who struggle with diagnosis like ADHD, ODD, bipolar mood disorder, substance abuse or similar complex conditions. These experienced clinicians help students learn to manage their life and their diagnoses.

RedCliff utilizes the wilderness to disrupt dysfunctional patterns that have impeded relationships and maturity. Through non-punitive means, the child is encouraged to develop appropriate relationship and coping skills through accomplishment and competency. The qualified and professional Field Guides at RedCliff plant the seeds of social and emotional success during one on one sessions and group activities, through example and mentoring. True to traditional wilderness therapy, these seeds are nourished through hiking, experiential education and adventure, providing the opportunity for physical, social and emotional growth.

Enrollment at RedCliff Ascent is open-ended. Because the program is achievement based, length of stay will vary from student to student. Clinical and operational functions are directed by one of the most veteran on-site management teams in the industry.

RedCliff is licensed by the State of Utah to provide a therapeutic wilderness experience for adolescents, ages 13-17. Our sister program, Medicine Wheel, treats young adults ages 18 and up.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services

Professional Affiliations: NATSAP-Full Member; Outdoor Behavioral Health Industry Council (OBHIC) National Association of Therapeutic Wilderness Camps (NATWC)

reSTART Life, LLC

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Hilarie Cash Admissions Contact: Carly Babcock Academic Contact: Hilarie Cash Email: restart@netaddictionrecovery.com Phone: (800) 682-6934 Fax: (888) 788-3419 Address: 1001 290th Ave. SE Fall City, WA 98024 Website: www.restartlife.com	Gender: Boys Only Ages: 18 - 30 Grades: N/A Enrollment: 8 Duration: 45 - 90 days Founded: 2009
NATSAP Member Since: 2013	 Airport: Seattle/Tacoma International (SEA)

Young adults are increasingly affected by the rapid changes in digital technology and the “always on” connectivity made possible by the Internet.

OUR MISSION is to enhance the overall well-being of users negatively affected by problematic digital technology use by offering individualized experiential growth opportunities in a safe, clinically structured, positive and client-centered environment leading to increased independence and personal growth.

CLIENT SNAPSHOT: Our typical “no desire to launch” client is prone to procrastination, denies problematic technology use, prefers using the Internet, computer or gaming system over spending time with others, is failing college classes, has poor hygiene, sleeps most of the day, is out of shape, and often makes excuses and promises to caregivers saying, “this time will be different.” Many of our clients have mental health challenges such as depression, anxiety, trauma, ADHD, mood disorders, OCD, Autism Spectrum Disorder or learning differences.

ABOUT reSTART: The reSTART Center for Technology Sustainability is a unique treatment facility that provides emerging adults with the necessary skills and strategies to manage their digital technology use while addressing co-occurring mental health conditions. Young adults 17-28 are referred to reSTART by wilderness programs, treatment centers, educational consultants, counselors, and family members who recognize the benefits of having a well-thought out strategy and plan for managing digital distractions.

reSTART’s service offerings include:

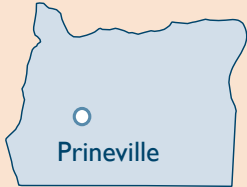
Intensive Primary Residential and Experiential Therapeutic program: Clients engage in a digital detox and disconnection period while living in a clinically rich therapeutic environment. During each intensive stay, clients gain a better understanding of the factors influencing technology use, while developing a plan for sustainable use in the future.

Secondary Transitional Independent Living program and Continuing Care: Our community based program assists young adults in moderating their technology use while attending college, working in the community and developing the skills needed to live independently.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Washington State Licensure, LICSW
Professional Affiliations: NATSAP-Young Adult Associate Member, NASW, APA

Rimrock Trails Adolescent Treatment Services

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Erica Fuller Admissions Contact: Lynn Vigil Email: erica@rimrocktrailsats.org Phone: (541) 447-2631 Fax: (541) 447-2616 Address: 1333 NW 9th St. Prineville, OR 97754 Website: www.rimrocktrailsats.org	Gender: Coeducational Ages: 12 - 18 Grades: 8 - 12 Enrollment: 20 Duration: 4 - 6 months Founded: 1989
NATSAP Member Since: 2009	 Airport: Redmond, OR (RDM)

The mission of Rimrock Trails Adolescent Treatment Services is to offer quality and effective adolescent substance abuse and dual diagnosis treatment. Rimrock Trails has provided adolescents and their families a values-based program promoting holistic treatment for over 20 years. Located in the heart of Central Oregon, the Residential Treatment Center provides a living environment designed to promote a feeling of comfort, support and safety that enhances the therapeutic change process. Length of stay varies on the youth's specific needs, but can range from four to six months.

Appropriate referrals for Rimrock Trails include dual diagnosis boys and girls ages 12-17 with a primary diagnosis of substance dependence. Referrals are pre-screened for appropriateness of placement and must be assessed as a low risk of disruption to the current group and may not have a history of violent, sex or fire related offenses.

Dialectical Behavior Therapy (DBT) is one of several evidenced-based therapeutic approaches used as a core component of the treatment program. Youth participate in individual and daily group therapy focused on building skills to prevent relapse, promote personal accountability, mindfulness, tolerate distress, regulate emotions and increase effectiveness in relationships with others.

Behavior modification reinforces the use of skillful behavior and effective choices while providing immediate intervention on problematic behavior. Youth participate in daily chores to learn functional life skills, self-care and responsibility. All youth have the opportunity to participate in an 8 week Equine Therapy Program.

Students attend school year round and participate in recreational activities on a daily basis. Off-Campus outings include a variety of activities and are based on eligibility. A half-court gym, weight room, indoor rock climbing wall and art therapy room are available for use as appropriate.

Family therapy is highly emphasized and all families are encouraged to participate and commit to the process of recovery themselves.

Rimrock Trails operates outpatient offices in Bend, Redmond and Prineville, Oregon.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Oregon Department of Human Services Children, Adults and Families; Oregon Department of Human Services Addictions & Mental Health Division; Crook County School District

Professional Affiliations: NATSAP-Full Member; Northwest Institute of Addictions Studies

Rogers Behavioral Health

(Specialty Psychiatric & Behavioral Hospital)

CONTACT	PROGRAM OUTLINE
Executive Contact: Samantha Clos Admissions Contact: Jessica Cook Email: info@rogershospital.org Phone: (800) 767-4411 Fax: (262) 646-7877 Address: 34700 Valley Rd. Oconomowoc, WI 53066 Website: www.rogershospital.org	Gender: Coeducational Ages: 8 - 30 Grades: 3 - 12 Enrollment: 50 Duration: Open-ended; 45 - 60 days average Founded: 1907
NATSAP Member Since: 2002	 Airport: Milwaukee, WI (MKE)

Wisconsin-based Rogers Behavioral Health System is a private, not-for-profit system nationally recognized for its specialized psychiatry and addiction services. Anchored by Rogers Memorial Hospital, Rogers offers multiple levels of evidence-based treatment for children and adolescents with depression and mood disorders, eating disorders, obsessive-compulsive disorder and anxiety disorders. Our specialty residential treatment centers provide an in-depth psychiatric assessment and age-specific, intensive psychiatric care under the direction of board-certified psychiatrists who are on-site daily.

The Child Center (ages 8 -13) and the Adolescent Center (ages 12-17) are Rogers' two nationally recognized residential centers. Full-time child and adolescent psychiatrists provide specialized, multimodal treatment ensuring the right mix of individual, group, experiential and CBT therapies, in addition to medication and school and family involvement.

The Nashotah Program for teenage girls (ages 13-17) with mood disorders and emotional regulation difficulties provides intensive dialectical behavior therapy, in conjunction with CBT to help them learn new skills to help change how they think, behave and feel.

The Eating Disorder Center provides specialized care for adolescents (ages 12-17) with anorexia, bulimia and other eating disorders, as well as treatment for co-occurring OCD or other anxiety disorders.

FOCUS is a unique residential program for young adults (age 18 and up) faced with complex emotional and behavioral issues that stem from depression, bipolar disorder or other mood disorders. This targeted CBT treatment and structured daily activity will reduce symptoms to a manageable level.

Located between Milwaukee and Madison, our picture-perfect Oconomowoc campus has more than 50 acres of private prairie, woodland and lakefront areas ideally suited for on-site adventure-based experiences, as well as easy access to off-site activities in both wilderness and urban settings. Rogers has contracts with many national health plans and our financial counselors will work with each family's insurance plan and financial situation.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Wisconsin, Department of Health & Family Services, Division of Children & Family Services, Residential Care Center for Children; Joint Commission

Professional Affiliations: NATSAP-Full Member; American Academy of Child and Adolescent Psychiatry; Anxiety and Depression Association of America; International OCD Foundation; National Eating Disorders Association; International Association of Eating Disorder Professionals

Rose Hill Center

(Residential Treatment Center & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Ben Robinson Admissions Contact: Cheryl Wallace Email: brobinson@rosehillcenter.org Phone: (248) 534-5530 Fax: (248) 634-7754 Address: 5130 Rose Hill Blvd. Holly, MI 48439 Website: www.rosehillcenter.org	Gender: Coeducational Ages: 18 and up Grades: N/A Enrollment: 36 Duration: 4 to 8 months Founded: 1992
NATSAP Member Since: 2014	
	Airport: Bishop Int'l Airport (FNT / KFNT)

Located on over 400 acres in Holly, MI, Rose Hill Center is a Joint Commission accredited residential rehabilitation facility for adults with mental illness. Rose Hill Center's psychiatric rehabilitation program is based on the belief that recovery takes place when people receive professional psychiatric care while participating in meaningful activity within a consistent, compassionate, dignified environment. The core program offered provides individuals with insights, life skills, attitudes and medication regimens needed to manage their illness and reach their highest level of independence. Rose Hill's professional mental health team and support staff direct a comprehensive program, including clinical care, a therapeutic work program (horticulture, animal care, kitchen and housekeeping), job readiness classes, social interaction, and recreation. Concurrently, a Rose Hill psychiatrist works closely with each patient to develop an effective medication regimen that establishes the stability required to participate in the rehabilitation process.

A continuum of care is offered (Transitional Living Program (TLP) and Community Support Program (CSP)) as graduates of the core program integrate into the community.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Michigan Department of Human Services; The Joint Commission - Behavioral Health Care Accreditation Program

Professional Affiliations: NATSAP-Full Member; National Alliance on Mental Illness (NAMI) - National & State of MI; Michigan Assisted Living Association (MALA); American Residential Treatment Association (ARTA); Michigan Mental Health Association

Sandhill Child Development Center

(Residential Treatment Center)

CONTACT

Executive Contact: Linda Zimmerman, LPCC, CEO
Admissions Contact: Elizabeth McGhee, LCSW
Email: info@sandhillcenter.org
Phone: (505) 866-9271
Fax: (505) 866-9278
Address: 50 Calle Del Rio
 Los Lunas, NM 87031
Website: www.sandhillcenter.org

PROGRAM OUTLINE

Gender: Coeducational
Ages: 5 - 13 upon admission
Grades: K - 8
Enrollment: 26
Duration: 18 months
Founded: 2004



NATSAP Member
Since: 2015

Airport: Albuquerque Airport (ABQ)

At Sandhill Child Development Center we strive to combine clinical excellence and a home-like nurturing environment in order to create a space “where healing begins” for children and families. Our commitment is to maintaining the highest clinical standards and integrity, while staying abreast of cutting edge therapeutic practices. It is our mission to focus on the individual needs of each child to help develop the capacity to selfregulate, form meaningful connections, and continue on to rewarding healthy lives.

Sandhill Child Development Center treats children, ages 5 to 14, with a variety of diagnoses. The common denominator amongst all the children at Sandhill is significant emotional dysregulation impacting their ability to function at home, in school, or in their communities. Many of the children that come to Sandhill have been diagnosed with the following: Autism Spectrum Disorder, Mood Disorder, Anxiety, Reactive Attachment Disorder, ADHD, and Oppositional Defiant Disorder. They may exhibit poor social skills, social withdrawal, difficulties in peer relationships, impaired judgment, impulsivity, poor anger management, mild to moderate aggression, lying, and stealing to mention just some of the problem behaviors. Our holistic approach addresses a child’s needs on all levels by integrating our treatment philosophy into every aspect of a child’s day and creating a therapeutic web.

This is done in a relationally-based, clinical approach that is grounded in the Neurosequential Model of Therapeutics (NMT) developed by Bruce Perry, M.D., Ph.D. and The Child Trauma Academy in Houston, Texas. Our individualized approach uses a variety of interventions designed to target the disorganized areas of the brain and develop capacities needed to improve functioning. Understanding the holistic approach, using exercise, diet, animal assisted therapies, individual therapy, family therapy, while incorporating somatosensory interventions keeps us at the forefront of treatment. Students attend the small private school, Del Rio Academy, that works closely to ensure each child’s varied academic needs are met, while incorporating the important therapeutic interventions to improve learning readiness.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of New Mexico Children, Youth, and Families Department

Professional Affiliations: NATSAP-Full Member; Certified Neurosequential Model of Therapeutics Flagship Site by the Child Trauma Academy

Second Nature Blue Ridge

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Dan McDougal Admissions Contact: Tere Snodgrass Academic Contact: Greg Hudnall Email: tere@snwp.com Phone: (706) 212-2037 Fax: (706) 212-0354 Address: 236 File St. Clayton, GA 30525 Website: www.secondnatureprograms.com	Gender: Coeducational/ Single Gender Groups Ages: 13 - 17 Grades: 9 - 12 Enrollment: Groups of 8 - 10 Duration: 8 - 10 weeks Founded: 2002
NATSAP Member Since: 2004	 Airport: Atlanta, GA (ATL)

Founded in 2002, Second Nature Blue Ridge is a licensed treatment program for adolescents in Georgia. Located two hours northeast of Atlanta, Second Nature Blue Ridge provides sophisticated clinical treatment in an outdoor setting and uses the wilderness to create an intensive initial impact, identify coping skills, teach accountability and communication skills, develop healthy emotional and behavioral habits and improve relationships.

Second Nature Blue Ridge works with adolescents age 13 -17 who struggle with mental health issues, trauma, behavioral problems, developmental issues, oppositional defiance, substance abuse/dependence, learning disabilities, academic issues, attachment issues and relational difficulties. Treatment plans are individualized and include flexible lengths of stay, single gender groups, daily group therapy and individualized therapy sessions with doctorate level therapists. A psychiatrist is available for students in need of medication management.

Family support is critical to the program. Second Nature's parent program teach new skills to help support growth and provides families with personal support through weekly phone calls with the therapists, field visits or parent/child phone calls, alumni parents mentors, multi-day workshops, support groups and comprehensive online resources. Parents, therapists and consultants work together in planning aftercare.

Students enrolled in the program may experience difficulties in school as a symptom of their struggles; therefore an academic component is critical as part of treatment plan. Students are provided a curriculum packet, which contains a carefully tailored academic curriculum accredited by AdvancED. Science, English, P.E., and Psychology credits contextually based in the wilderness experience. Lessons are created to continue the child's education and challenge the student to develop skills for academic and classroom success. Students receive academic credits for completed coursework.

Safety is our number one priority and Second Nature Blue Ridge has an outstanding safety record. Each group is comprised of highly trained field instructors and staff-to-student ratios exceeds state requirements.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Association for Experiential Education Accreditation, State of Georgia Department of Human Resource, AdvancED

Professional Affiliations: NATSAP-Full Member; Outdoor Behavioral Healthcare

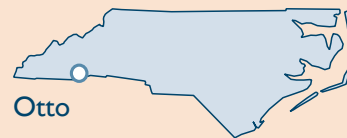
Second Nature Blue Ridge Carolina (Wilderness Therapy Program)

CONTACT

Executive Contact: Dan McDougal
Admissions Contact: Tere Snodgrass
Academic Contact: Bryan Delaney
Email: bryand@snwp.com
Phone: (828) 230-9832
Fax: (706) 212-0354
Address: 16 Swiss Village Rd
 Otto, NC 28763-8719
Website: www.secondnatureprograms.com

PROGRAM OUTLINE

Gender: Coeducational
Ages: 10 - 14
Grades: Middle School
Enrollment: Groups of 8 - 10
Duration: 8 - 10 weeks
Founded: 2011



NATSAP Member
Since: 2013

Airport: Asheville, NC (AVL),
 Atlanta, GA (ATL)

Second Nature Footsteps program is a licensed, clinically driven wilderness program designed to meet the unique needs of younger teens, ages 10-14. Nestled in the Blue Ridge Mountains North Carolina, therapists utilize clinically proven treatment modalities to address the specific needs of younger adolescents and their families with sensitivity and compassion.

Along with utilizing the outdoors, students also spend time at a base camp, known as The Fort. A small cabin-like setting, The Fort is designed to enhance the learning experience for each student and complement the strengths of wilderness programming. Every two weeks, students are transported to The Fort to spend an average of three days. While at The Fort, students reflect and refocus on their wilderness experience, work on therapeutic and academic curriculum, garden, practice wilderness skills and prepare for field days.

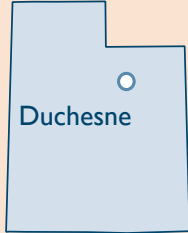
Our Footsteps program works with students age 10-14 with a range of emotional and behavioral issues including: Depression, Anxiety, Learning Differences, Oppositional Defiance, Attention Deficit, and Attachment issues. Typical students fail to respond to limits and rules, act entitled, may have difficulties with peers, underachieve, have low self-esteem, experience a decline in academic performance and may be experiencing parent-child conflict. Footsteps groups are typically co-educational, however we have the ability to have single gender groups. Interventions and activities are designed to meet the specific needs of this age group. Treatment plans are individualized for each student and include flexible lengths of stay, daily group therapy and individual therapy sessions with masters level therapists. Therapists hold a weekly parent sessions by phone, with a strong focus on assisting parents with skills and strategies to improve their child's growth. Therapists work with parents and consultants on a treatment plan, including aftercare. When therapeutically appropriate, parents may visit their child during the program. Monthly parent workshops are also available.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services, AdvancEd

Professional Affiliations: NATSAP-Full Member, Outdoor Behavioral Health Council

Second Nature Uintas (Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Devan Glissmeyer Admissions Contact: Tere Snodgrass Academic Contact: Greg Hudnall Email: tere@snwp.com Phone: (435) 738-2040 Fax: (435) 738-2046 Address: 382 W. Main Street Duchesne, UT 84021 Website: www.secondnatureprograms.com	Gender: Coeducational/ Single Gender Groups Ages: 13 - 17 Grades: 9 - 12 Enrollment: Groups of 8 - 10 Duration: 8 - 10 weeks Founded: 1998
NATSAP Member Since: 1999	 Airport: Salt Lake City, UT (SLC)

Founded in 1998, Second Nature Uintas is a licensed treatment program for adolescents in Utah. Located two hours east of Salt Lake City, Second Nature Uintas provides sophisticated clinical treatment in an outdoor setting and uses the wilderness to create an intensive initial impact, identify coping skills, teach accountability and communication skills, develop healthy emotional and behavioral habits and improve relationships.

Second Nature Uintas works with adolescents age 13 -17 who struggle with mental health issues, trauma, behavioral problems, developmental issues, oppositional defiance, substance abuse/dependence, learning disabilities, academic issues, attachment issues and relational difficulties. Treatment plans are individualized and include flexible lengths of stay, single gender groups, daily group therapy and individualized therapy sessions with doctorate level therapists. A psychiatrist is available for students in need of medication management.

Family support is critical to the program. Second Nature's parent program teach new skills to help support growth and provides families with personal support through weekly phone calls with the therapists, field visits or parent/child phone calls, alumni parents mentors, multi-day workshops, support groups and comprehensive online resources. Parents, therapists and consultants work together in planning aftercare.

Students enrolled in the program may experience difficulties in school as a symptom of their struggles; therefore an academic component is critical as part of treatment plan. Students are provided a curriculum packet, which contains a carefully tailored academic curriculum accredited by AdvancED. Science, English, P.E., and Psychology credits contextually based in the wilderness experience. Lessons are created to continue the child's education and challenge the student to develop skills for academic and classroom success. Students receive academic credits for completed coursework.

Safety is our number one priority and Second Uintas has an outstanding safety record. Each group is comprised of highly trained field instructors and staff-to-student ratios exceeds state requirements.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Office of Licensing Department of Human Services; AdvancED

Professional Affiliations: NATSAP-Full Member; Outdoor Behavioral Health Council

Sedona Sky Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tammy Behrmann Admissions Contact: Paul Ravenscratt Academic Contact: Jason Metzger Email: admissions@sedonasky.org Phone: (928) 567-1322 Fax: (928) 300-5353 Address: 3095 Coronado Trail Rimrock, AZ 86335 Website: www.sedonasky.org	Gender: Girls Only Ages: 13 - 17 Grades: 8 - 12 Enrollment: 45 Duration: 8 - 12 months average Founded: 2014
NATSAP Member Since: 2014	 Airport: Phoenix, AZ (PHX)

Sedona Sky Academy students and staff work together as a team to create a community of warmth, respect, mutual cooperation, friendship and leadership. Each student learns to confront the past and look forward to the future. Students work to become the best they can be emotionally, mentally, physically, spiritually and socially.

Sedona Sky Academy serves young women 13-17 years of age who exhibit one or more of the following: Poor Choice of Friends, Drug and Alcohol Use, Depression, Anger, Low Self-Esteem, Peer Conflict, Poor Impulse Control, adoption issues, etc.

Sedona Sky Academy provides an innovative and comprehensive approach with all aspects of the program designed to enhance self-esteem, self-awareness, self-reliance, self-confidence and self-management. The highly advanced and unique Horsemanship program which is the primary platform for all other aspects of the program. Students learn to build relationships, set appropriate boundaries and to learn important lessons about themselves while training and working with young Thoroughbred and Quarter Horses.

Sedona Sky Academy utilizes an extremely diversified therapeutic program which includes individual therapy, group therapy, family therapy, family workshops and equine therapy. Also providing a fully accredited, college-preparatory, academic curriculum led by credentialed teachers. Students participate in required core classes as well as an extensive selection of extra curricular classes including art, drama, dance, choir, yoga and PE. 99% of SSA seniors are accepted into college and also score above the national average on SAT/ACT tests.

SSA offers a comprehensive wellness program, and a structured living environment. Students also participate in a number of additional programs such as competitive sports-basketball, softball, soccer and volleyball, hiking, equestrian riding and extensive community service programs.

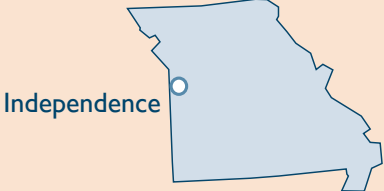
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Office of Behavioral Health Licensing; CARF; AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Associate Member

Shelterwood Academy

(Therapeutic Boarding School & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jim Subers Admissions Contact: John DeVries & Jimmy Faseler Academic Contact: John Lawrence Email: info@shelterwood.org Phone: (800) 584-5005 Fax: (888) 388-9066 Address: 3205 N.Twyman Rd. Independence, MO 64058-3211 Website: www.shelterwood.org	Gender: Coeducational Ages: 13 - 21 Grades: 7 - 12 Enrollment: 55 Duration: 7+ months Founded: 1980
NATSAP Member Since: 2013	 Independence
	Airport: Kansas City International (KCI)

Shelterwood is a fully accredited therapeutic boarding school on 200 acres of beautiful rolling hills in Missouri. We provide the kind of respite and care that parents recommend to friends and students rave about years later. With almost a one-to-one staff to student ratio, we are able to provide the individual attention that struggling teens require. Shelterwood provides a therapeutic environment for those who are experiencing emotional, behavioral or academic problems. These behaviors are typically mild to moderately severe and include depression, manipulation, anxiety, grief, substance misuse, conflict with authority and learning difficulties.

Whether we are in the classroom, playing in our spacious gymnasium, supporting each other on our ropes course, working alongside one another on a community service project, or saddling up a horse and riding together, our staff helps teens look beneath outward behaviors and uncover the pain that limits their progress. We believe that there is hope found in Jesus and with internal change, teens often experience real freedom.

Our school is ideally suited to ensure teens also receive a top-notch accredited education while they are rebuilding their lives. From our science and computer labs, to our swimming pool, tennis courts and dorm lounges, our students have opportunities to explore and expand their various talents in a nurturing environment. Research has proven that youth who attend Shelterwood improve significantly in terms of behavior, family relations, social values and school grades.

Our unified treatment approach includes:

- Multi-Disciplinary assessment
- Individual growth and re-entry support plans
- Individual, group, and family counseling
- Cognitive behavioral brain function, art, recreation, and sand tray therapies
- Equine, vocational, life skills, outdoor recreation, & positive peer culture programming
- Medication management
- Spiritual retreats and service trips
- Family therapeutic retreats
- Credit recovery program
- AP coursework and SAT/ACT preparation

Individual Psychotherapy Available: Yes
Accreditation, Licensure: AdvancED, State of Missouri Department of Social Services Childrens Division
Professional Affiliations: NATSAP-Full Member

Shepherd's Hill Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Trace Embry Admissions Contact: Beth Embry Academic Contact: Steve Schyck Email: office@shepherdshillacademy.org Phone: (706) 779-5766 Fax: (706) 779-5052 Address: 2200 Price Road Martin, GA 30557 Website: www.shepherdshillacademy.org	Gender: Coeducational Ages: 12 - 17 Grades: 7 - 12 Enrollment: 28 Duration: 1 year Founded: 2001
NATSAP Member Since: 2014	 Airport: Atlanta International (ATL) & Greenville-Spartanburg (GSP)

Shepherd's Hill Academy (SHA) was founded in 2001. The campus is situated on a beautiful 86 acre wilderness facility just 85 miles north of Atlanta, GA. It is a faith-based accredited boarding school as well as an outdoor therapeutic program for students grades 7-12 with behavioral problems and/or disorders such as: ADD, Bi-Polar, RAD, and others. SHA serves troubled boys and girls ages 12-17.

The mission of Shepherd's Hill Academy is to bring hope and healing to youth and families by modeling and teaching God's Truth, resulting in cultural transformation.

Fully-Accredited Academy - SHA offers students a disciplined, structured, and peaceful academic environment conducive for learning. SHA offers state-certified teachers, AP classes & college preparation courses, 5 to 1 student-to-faculty ratio, classroom tutors and monitors, fully equipped conventional classrooms, boys and girls segregation, NCAA eligibility and interscholastic & intramural sports.

A Comprehensive Approach to Healing Spiritual and Therapeutic - Shepherd's Hill Academy offers a wide variety of therapeutic services for the purpose of heart change and family healing.

- On-campus licensed therapy department
- Biblical counsel & world-view training
- O.K. Corral Series Certified
- Individual, group, & family therapy
- Christ-centered atmosphere
- Monthly parenting workshops
- Time for reflection, contemplation, & prayer
- Devotional, biblical, & apologetic training

Wilderness Environment - The challenge of rustic living takes teens out of their comfort zones, curbs entitlement and teaches them more effective coping skills. Faulty thinking patterns, brought on by negative cultural influences, then diminish.

- Safe, loving, & authoritative environment
- State licensed residential therapeutic facility
- 5 to 1 student/counselor ratio with 24/7 care
- Serving boys and girls 12 to 17 nationwide
- Team-building work projects and activities
- Critical & constructive thinking challenges

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed Professional Counselors Association of Georgia, State of Georgia Licensed Professional Counselor, Georgia Accrediting Commission, Georgia Department of Human Resources

Professional Affiliations: NATSAP-Full Member; American & Georgia Association of Christian Schools; NCAA Sanctioned; Association of Christian Therapeutic Programs and Services; American Association of Christian Counselors; National Religious Broadcasters

Shortridge Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Adam Rainer Admissions Contact: Katie Rainer Academic Contact: Anne Downey Email: dalbert@shortridgeacademy.com Phone: (603) 755-3096 Fax: (603) 755-9096 Address: 619 Governors Rd Milton, NH 03851 Website: www.shortridgeacademy.com	Gender: Coeducational Ages: 14 - 18 Grades: 9 - 12 Enrollment: 45 Duration: 10 - 14 months Founded: 2002
NATSAP Member Since: 2013	 Milton Airport: Manchester, NH (MHT)

Guided by a Positive Youth Development (PYD) perspective, Shortridge Academy provides a therapeutically supportive and inspiring educational community. We support the cognitive, emotional and social development of bright yet struggling adolescents by utilizing clearly defined, goal-directed plans, evidenced-based strategies and an accredited college preparatory academic curriculum. We accomplish our Mission through sustained review and application of best practices while embracing the “Six C’s” of Positive Youth Development (Competence, Confidence, Connection, Character, Caring, and Contribution) in everything we do. This distinctive approach allows us to fully engage our students and their individual strengths. Shortridge Academy utilizes well-trained and supervised staff, and positive peer influence to promote emotional healing, fulfillment of academic potential, character building, improved family relations, and the development of interpersonal and decision-making skills. Individualized Positive Development Plans systematically developed by clinicians, counselors, teachers and parents build on the strengths of each student and guide the use of programmatic, academic, and therapeutic strategies and activities from an authoritative, partnership-based perspective.

In addition to a year-round academic curriculum and schedule, programming includes weekly individual, group, and family counseling. Substance abuse support groups are offered on an as needed basis as well as are trips to off campus Alcoholics Anonymous and other support groups. Seasonal sports and activities include team soccer and basketball, fencing, skiing, climbing, ocean and lake activities, and hiking trips. Students also regularly go to movies, bowling, and other “in-town” events. On-campus activities include a full music studio, photography with dark room, mountain bike shop, hiking/snowshoeing, and more. Community service programming includes volunteering opportunities in the local area.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: New England Association of Schools and Colleges (NEASC); New Hampshire State Department of Education, Attendance and Program Approval; New Hampshire State Department of Health & Human Services, Licensed Educational Health Center

Professional Affiliations: NATSAP-Full Member

Skyland Trail

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Joyce Latimer Admissions Contact: Nicole Murphy, LMSW Email: jlatimer@skylandtrail.org Phone: (404) 315-8333 Fax: (678) 686-5919 Address: 1961 N. Druid Hills Rd. NE Atlanta, GA 30329 Website: www.skylandtrail.org	Gender: Coeducational Ages: 18+ Grades: N/A Enrollment: 24 Duration: 3 - 6 months Founded: 1989
NATSAP Member Since: 2012	 Airport: Atlanta, GA (ATL)

LOCATED IN ATLANTA, Skyland Trail is a nationally recognized nonprofit mental health treatment organization serving adults ages 18 and older with a primary psychiatric diagnosis. Through our residential and day treatment programs, we help our clients grow, recover, and reset to a new normal.

We're focused on individuals with complex mental health issues, helping them understand that they are more than their diagnoses dictate. In addition to a primary mood, thought, or anxiety disorder, many clients have co-occurring substance abuse, borderline personality disorder, or anxiety diagnoses.

We offer a unique continuum of care with deliberate step-downs and reintegration points. Our continuum includes residential care, day treatment, intensive outpatient, transitional housing, and an alumni program.

We offer expert, evidence-based psychiatric care alongside a compassionate, holistic path to wellness. Clients help develop their own individualized treatment plan and are assigned to a specialized treatment team, schedule and peer support group based on their diagnoses, symptoms, and self-defined goals. Specialized teams include Young Adults with First Episode Psychosis, CBT, DBT, and Social Integration. Dual diagnosis programs are offered as a secondary focus across all specialized teams.

Our integrated medical, mental, and social model helps clients develop strategies to improve mental health, physical wellness, independence, and relationships with family and friends. Unique therapies offered include music, art and horticultural therapy, workforce and school readiness, primary care services, family therapy, and healthy living and nutrition coaching.

Opening in 2016: Construction has begun on our new 32-bed Young Adult Campus for emerging adults ages 18 to 26.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: JCAHO; Georgia Department of Human Resources

Professional Affiliations: NATSAP-Young Adult Associate Member; American Residential Treatment Association, National Alliance on Mental Health; Employee Assistance Professional Association, Metro Atlanta Therapeutic Network; Behavioral Health Services Coalition

Solstice East

(Residential Treatment Program)

CONTACT

Executive Contact: Dr. Kyle Gillett
Admissions Contact: Becca Jefferies
Academic Contact: Bryan Tomes
Email: becca@solsticeeast.com
Phone: (828) 484-9946
Fax: (877) 219-7006
Address: 530 Upper Flat Creek Rd.
 Weaverville, NC 28787
Website: www.solsticeeast.com

NATSAP Member
 Since: 2015

PROGRAM OUTLINE

Gender: Girls Only
Ages: 14 - 18
Grades: 8 - 12/College Prep
Enrollment: 48
Duration: 9 - 12 months
Founded: 2012



Airport: Asheville Regional (AVL)
 Charlotte, NC (CLT)
 Greenville/Spartanburg (GSP)

Solstice East is a clinically sophisticated residential treatment center for girls between the ages of 14 and 18 and utilizes a combination of cognitive-behavioral, family systems, and experiential therapies. Solstice East specializes in the provision of gender-specific treatment for female adolescents with a specialization in trauma, attachment, and loss. Our secondary clinical focus is on addictions, including process addictions and substance abuse. Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal Hero's Journey, creating an environment conducive to healing from trauma of all varieties (i.e. loss, abuse, PTSD, bullying, and other traumatic experiences). Because many trauma survivors also suffer from comorbid anxiety, mood disorders, low self-esteem, addictions, and other unhealthy coping mechanisms, Solstice East provides state-of-the-art treatment for all of these issues. Each week our students receive 3 hours of individual/family therapy and another 15+ hours of group therapy and experiential interventions (including Trauma-Focused Equine Assisted Therapy (TF-EAP), DBT, and other specialty groups), all guided by multidisciplinary treatment team made up of our Master's and Ph.D.-level therapists; psychiatrists; nursing; academic, and residential staff; and the student's parent(s). Solstice East also emphasizes physical fitness and adventure-based therapy, with daily workouts and weekly off-campus activities including: mountain biking, canoeing, camping, hiking, white-water rafting, and more! Academic classes (provided on campus through an AdvancED accredited school on campus) are taught in a conventional classroom setting by certified secondary education and special education teachers.

With a strong emphasis on family therapy-based intervention, nutrition and physical fitness, and the supportive provision of cutting edge academics, substance abuse/addiction therapy, equine therapy, and psychiatric services, Solstice East sets the stage for the infusion of light into the previously darkened lives of the families we serve. Utilizing the archetypal Hero's Journey as a guide, we help our students to believe in themselves, begin their journey toward hope, and become the hero that they are destined to be.

Individual Counseling Available: Yes

Accreditation, Licensure: State of North Carolina Department of Health and Human Services; AdvancED; CARF; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Solstice West

(Residential Treatment Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Dan Stuart, MS, LMFT Admissions Contact: Jennifer McMurry Email: dan@solsticertc.com Phone: (801) 444-0794 Fax: (801) 444-0793 Address: 1904 W. Gordon Ave. Layton, UT 84041 Website: www.solsticertc.com	Gender: Girls Only Ages: 14 - 18 Grades: 9 - 12 Enrollment: 36 Duration: 9 - 12 months Founded: 2008
NATSAP Member Since: 2009	 Airport: Salt Lake City, UT (SLC)

Utilizing a combination of cognitive-behavioral, family systems and experiential theories, Solstice RTC offers a small, clinically intensive program. Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries and a phase program based on the archetypal hero's journey, creating an environment conducive to healing from trauma of all varieties (i.e., loss, abuse, PTSD, bullying, and other traumatic experiences). Because many trauma survivors also suffer from comorbid anxiety, mood disorders, low self-esteem, addictions and other unhealthy coping mechanisms, Solstice RTC provides state-of-the art treatment for all of these issues.

Each week our students receive 3 hours of individual/family therapy and another 15+ hours of group therapy and experiential interventions (including NAHRA certified equine therapy, DBT, and other specialty groups)—all guided by a multidisciplinary treatment team made up of our Masters and PhD level therapists; psychiatrist; nursing, academic, and residential staff; and the student's parent(s). In addition, students struggling with addictions or compulsive behaviors of any type participate in our gender-specific addictions program which includes individual, family and group intervention with a licensed addictions counselor; (ASUDC).

Solstice emphasizes physical fitness and nutrition—including daily cardiovascular workouts; weight training; participation in local fitness events; yoga and Zumba; as well as healthy home-cooked food and nutrition classes. Academic classes—provided on campus through AdvancED accredited Academy at Solstice—are taught in a conventional classroom setting by certified secondary education and special education teachers.

Solstice also offers a community based step-down program, called The Journey Home, which emphasizes the five core principles of adolescent and young adult development, which are: Healthy Living, Education, Life Skills, Personal Responsibility and Social Integration. This transition program serves girls aged 16-21 yrs old who have successfully completed a therapeutic program, and continue to need more support and structure than is provided at home. The program takes place in a nice home in a residential neighborhood approximately ¼ mile from Solstice RTC. The girls in the program attend school in the community at public high schools, colleges and universities, and also work part time jobs as they learn independent living skills.

Implementing all of the aforementioned services in an owner-operated setting, Solstice facilitates each student's journey away from being a victim of her traumatic experiences towards becoming the hero of her own life story.

Individual Counseling Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED

Professional Affiliations: NATSAP-Full Member

Sonia Shankman Orthogenic School

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Peter Myers and Diana Kon Admissions Contact: Kristin Friesen, LCSW Academic Contact: Jerry Martin Email: pmyers@oschool.org Phone: (773) 420-2900 Fax: (773) 420-2805 Address: 6245 S. Ingleside Chicago, IL 60637 Website: www.oschool.org	Gender: Coeducational Ages: 5 - 18 Grades: K - 12 Enrollment: 60 Duration: 30 months Founded: 1915
NATSAP Member Since: 2011	 Airport: O'Hare International, (ORD)

Continuing nearly a century of tradition, the Orthogenic School remains committed to providing the highest quality of care and education to our 42 students in our Residential Program. We help children feel emotionally strong, socially connected, successful in school, and optimistic about their futures. The school distinguished itself by providing individualized attention to the unique needs of each of the children who pass through its "Yellow Door", which is symbolic of their entering a safe haven. The Orthogenic School is a intensive therapeutic milieu treatment for children and adolescents, ages of 5 through 21, struggling with severe emotional challenges and/or high functioning autism disorders. Our student population is co-ed at all ages and we work with students from diverse backgrounds, sexual orientations, and gender identities. We offer large room dormitories, double rooms, and single rooms depending on the presenting clinical needs of the child, although most students began in a large dorm room. The Orthogenic School provides a comfortable and nurturing family like environment and is staffed by a talented, well educated, and devoted, multidisciplinary team of professionals. The culture modeled by our staff, allows the children to have healthy and meaningful relationships with staff and peers, and fosters a trusting therapeutic environment. We offer a path to hope and achievement as our students move toward healthy, happy, productive and independent young adults.

For most of our students and families, the success of the Orthogenic School is found in the balance between being a supportive residential treatment intervention while also being a strong academic program. We prepare students to succeed educationally and socially such that they can return to their local school program, attend a less restrictive therapeutic boarding school, or attend post-high school education or vocational training. The Orthogenic School offers departmentalized and college preparatory classes for high school, jr. high and elementary students. Each of our classrooms as a 1:5 teacher to student ration, with a Special Education Certified instruction who is also certified in a particular core competency. While we work with students with average intellect and higher, we specialize in working with students with above average IQ. The Orthogenic School is a time tested and well functioning residential Milieu that promotes individual autonomy at the same time building a strong sense of community. Individual, group, and family therapy are key components of the daily therapeutic regimen that assist children to find the excitement in learning, understanding themselves and helping them become what they aspire to be. With the support of a nursing staff, both psychiatric and medical services are provided by board certified and nationally recognized experts in their particular fields.

Individual Counseling Available: Yes

Accreditation, Licensure: Illinois, Department of Children and Family Services; Council on Accreditation; Illinois Department of Human Services; Mental Health Provider Information; Illinois State Board of Education; North Central Association; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Child Welfare League of America; American Association of Children's Residential Centers; National Association of Private Special Education Centers

Spectrum College Transition Program

(Transitional Living & Young Adult Program)

CONTACT

Executive Contact: O. Robin Sweet
Admissions Contact: Max McFadden
Academic Contact: Kelly Heikens
Email: spectrumtransition@gmail.com
Phone: (480) 443-7331
Fax: (480) 998-1046
Address: 9659 N. Hayden Rd.
 Scottsdale, AZ 85258
Website: www.spectrumcollegetransition.org

PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 - 24
Grades: 9 - Post Secondary
Enrollment: 12
Duration: 24 months
Founded: 2008



NATSAP Member
Since: 2008

Airport: Phoenix, AZ (PHX)

Spectrum College Transition Program is a nonprofit 501(c)3 corporation and was founded in 2009 by O. Robin Sweet and Dr. Thomas A. Bloom. Spectrum is the first Transition Program in the State of Arizona specializing solely in students with Asperger's Syndrome, and is the first Asperger's Fraternity in the United States which helps normalize their residential college experience.

Our Student Profile:

- Struggles with anxiety, depression, OCD, ADHD, and/or electronics obsession.
- May have a history of drug abuse, due to the overwhelming desire for friends,
- Socially & Emotionally young.
- May have sensory triggers (touch, taste, noise, smells, textures).
- Perception of what is said and done is skewed.
- Strong desire to have a typical College experience.
- Requires support with time management and organizational skills.
- Great brain and good heart, but they are extremely gullible.

The purpose of our program is to offer Post Secondary students the opportunity to earn a Vocational Certificate, College or University Degree. Our program focuses on real-time redirection, such as: perspective taking and cause and effect. Students participate in a broad variety of campus organizations: clubs, social events, tutoring, and internships. Our staff actively support students on campus by helping facilitate meetings with professors and counselors.

Our therapeutic team includes a Neuropsychiatrist, who meets with each student for monthly therapy and medication oversight, and our Licensed Marriage and Family Therapist meets with each student weekly or more, if needed. The therapeutic team works closely with our Program Director, who is a Licensed Professional Counselor, and our Residential Directors to implement Mindfulness-based therapy. Effective tools and strategies are offered to enhance our service delivery.

Our social and life skills program assists students with developing transferable skills to use throughout adulthood. These skills include pragmatic communication, developing relationships, character building, time management, organizational skills, meal preparation, money management and recreational activities. Additional instruction will target the importance of maintaining overall well-being with a balance of diet, fitness, personal hygiene, and stress management.

All parents are supported by our Parent Coach Professionals, as they participate in phone counseling sessions to assist parents with much appreciated support throughout the students' stay at Spectrum and also during crucial transition times throughout the academic year. The support provided by the parent coaches helps both parents and the team to implement consistency, using the same positive behavioral supports across different contexts.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Young Adult Associate Member; Autism Society of America; IECA; Children's Services Network

Spring Ridge Academy

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Suzie Courtney Admissions Contact: Kate Deily Academic Contact: Justin Zych Email: admissions@springridgeacademy.com Phone: (928) 632-4602 Fax: (928) 632-7661 Address: 13690 S. Burton Rd. Spring Valley, AZ 86333 Website: www.springridgeacademy.com	Gender: Girls Only Ages: 13 - 17 Grades: 9 - 12/College Prep Enrollment: 76 Duration: 14 - 18 months Founded: 1997 
NATSAP Member Since: 2011	Airport: Phoenix, AZ (PHX)

Spring Ridge Academy is a private, therapeutic boarding school for girls, serving students ages 13 -17 in grades 9-12. Spring Ridge combines an empowering emotional growth program with a sophisticated therapeutic approach and a rigorous college prep curriculum. Not only are students immersed in an environment dedicated to fostering maturity and confidence, the entire family is included in the process, creating an atmosphere of change, collaboration and hope. The catalyst for creating this change is a powerful, affirmative and nurturing program that creates confidence and competence in core areas; emotional, physical, academic, community, and family.

SRA students are bright, creative and unique individuals who are struggling to manage their lives. Often these young women are involved in a variety of destructive behaviors, and are in danger of sabotaging their relationships and academic careers. The SRA student is capable and talented but lacks the self-esteem and self-discipline necessary to succeed. Many of the young women who come to SRA may be struggling with one or more of the following: PTSD, Anxiety, Depression, ADD/ADHD, Family Conflict, Defiance, Entitlement, Isolation, Grief and Loss, Negative Peer Group, Computer/Technology Abuse, Academic Under-achievement, Substance Abuse, Attachment/Adoption Issues and Learning/Social Difficulties.

The therapeutic approach at SRA utilizes a combination of family systems and developmental models to create a comprehensive scope of treatment where students confront and master the self-limiting beliefs, attitudes and behaviors separating them from success. Therapeutic services include weekly individual, daily group, bi-weekly family, psychiatric services and medication management, issue specific groups, aftercare planning and support, creative and supportive interventions. Students are engaged in a structured but normalized academic setting that includes AP courses, remediation, foreign language study and extensive coursework in the fine arts. Students have the opportunity to participate in competitive athletics, debate and other extra-curricular activities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services, Behavioral Health Division, License #BH-1721; North Central Association Commission on Accreditation and School Improvement, Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Small Boarding School Association

Spruce Mountain Inn

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Candace Beardsley Admissions Contact: Candace Beardsley & Shauna Hill Silva Academic Contact: Candace Beardsley Email: info@sprucemountaininn.com Phone: (802) 454-8353 Fax: (802) 454-8011 Address: 155 Towne Ave. Box 153 Plainfield, VT 05667 Website: www.sprucemountaininn.com	Gender: Coeducational Ages: 18 - 27 Grades: N/A Enrollment: 22 across all program levels Duration: Averages 9 months Founded: 1982 
NATSAP Member Since: 1999	Airport: Burlington, VT (BTV)

Spruce Mountain Inn has been providing compassionate, client-driven residential treatment to young adults experiencing difficulty managing life since 1982. Our comprehensive model employs a high level of structure to integrate intensive mental health treatment with a sophisticated Career & Education Program and independent living skill development to support residents toward renewed health, greater confidence, and a meaningful future. We specialize in the treatment of college-capable young adults who experience mood disorders such as depression, anxiety, and bipolar disorder, as well as trauma and substance abuse concerns. Our residents include college students who are on a leave or have left school, those who have been unable to begin college due to mental health concerns, and college graduates who have struggled with the transition to independent adult life.

We believe an interdisciplinary treatment team approach can best serve our residents' diverse needs and create the best environment for success. Spruce addresses clinical needs in conjunction with opportunities for social and community engagement, skill development, and activities that build one's capacity for success in future endeavors. This gives our residents a meaningful chance to practice living well and managing "regular" life at the same time. As residents stabilize and build skills, they progress through our housing continuum and gain increasing opportunities for independence that mirror real-world independent living. Residents continue to be served by their original teams as they move to studio apartments on our main campus, to our unstaffed off-site house, and sometimes to independent housing in the community.

Clinical treatment at Spruce draws heavily on several Evidence-Based and widely-employed methods and approaches, with an emphasis on Cognitive-Behavioral Therapy, mindfulness-based interventions, neuroscience & neuropsychiatry psychoeducation and interventions, and trauma-informed therapies. In addition to the individual and group therapeutic work, residents participate in groups and activities designed to strengthen their sense of self and promote general health and wellness, including yoga, outdoor and adventure-based programming and recreation, structured and unstructured art opportunities, and supported volunteerism.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Vermont Agency of Human Services, Department of Aging & Disability, Division of Licensing and Protection

Professional Affiliations: NATSAP-Young Adult Associate Member; American Residential Treatment Association (ARTA)

Summit Achievement

(Transitional Living & Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Nichol Ernst Admissions Contact: Shannon Higgins Academic Contact: Bonnie Richardson Email: admissions@summitachievement.com Phone: (207) 697-2020 Fax: (207) 697-2021 Address: 69 Deer Hill Rd. Stow, ME 04037 Website: www.summitachievement.com	Gender: Coeducational Ages: 13 - 19 Grades: 7 - 12 Enrollment: 32 Duration: 8 weeks to 6 months Founded: 1996
NATSAP Member Since: 2000	 Airport: Manchester, NH (MHT) Portland, ME (PWM)

Summit Achievement is a licensed residential treatment center in the beautiful White Mountains Region of Maine. As an intentionally small, owner-operated program, we serve adolescent boys and girls, ages 13-20, experiencing difficulties with their family, school and/or personal lives. Common issues may include depression, anxiety, low self-esteem, poor impulse control, academic difficulties, family conflict, social challenges (NLD/ASD), defiance, grief/loss, adoption, identity issues, and substance abuse. Summit Achievement offers two programs: Achievement and Traverse.

Summit Achievement consists of 6 levels completed over an average of 8 weeks. This innovative, outcome-focused program combines weekly therapy, accredited classroom academics, and wilderness expeditions. Summit is unique among wilderness-based therapeutic programs in that we provide a beautiful campus where students reside 3 days a week in a supportive community, attend school, and participate in individual, group and family therapy. Expeditions are 4 days a week and may include backpacking, mountaineering, canoeing, climbing and snowshoeing. Through this structured schedule, students experience the therapeutic benefits of adventure-based wilderness expeditions while learning to manage the demands of a more traditional environment.

Guided by positive reinforcement and the power of choice, we employ effective therapeutic and educational principals. Individualized Treatment Plans are designed to meet each student and family's unique needs and utilize a variety of treatment modalities. Families are an integral part of our therapeutic process and are encouraged to actively participate in their child's enrollment and graduation and visit midway through their child's stay. Family therapy is facilitated weekly via video or phone conference. Through this unique model, students become accountable for their behaviors, experience achievement in multiple avenues, and return better prepared to manage the demands of school, family and their social lives.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Maine, Department of Education; North Central Association Commission on Accreditation and School Improvement; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Outdoor Behavioral Health industry Council (OBHIC); AEE

Summit Preparatory School

(Therapeutic Boarding School)

CONTACT

Executive Contact: Todd Fiske
Admissions Contact: Judy Heleva
Academic Contact: Shelley Eberhardy
Email: jheleva@summitprepschool.org
Phone: (406) 758-8100
Fax: (406) 758-8150
Address: 1605 Danielson Rd.
 Kalispell, MT 59901
Website: www.summitprepschool.org

PROGRAM OUTLINE

Gender: Coeducational
Ages: 14 - 18
Grades: 9 - 12/College Prep
Enrollment: 60
Duration: 15 months average
Founded: 2003



NATSAP Member
Since: 2003

Airport: Glacier Park International
 Airport (FCA)

Summit Preparatory School is a non-profit, coed therapeutic boarding school that offers nurturing professional therapeutic services, 24/7 residential care, and college preparatory academics for high school age teens. Summit Prep prepares students for successful reentry into life beyond treatment (not just "success in treatment") so the program offers more "real world" experiences than typical treatment programs. The campus offers a normalized boarding school experience (i.e. full size gym, indoor pool, weight room, modern academic, recreational and dining facilities, and school nurse). Grounded in the concepts of our unique Summit Model by co-founder Rick Johnson, MSW, the program focuses on promoting the development of students' psychological, emotional and relational maturity as emerging young men and women. Summit Prep's thoughtful combination of single gender and coed programming promotes healthy identity development for both girls and boys, and teaches teens how to have healthy relationships with members of the same and opposite sex.

Issues impacting personal success, such as depression, anxiety, substance abuse or learning problems are addressed in individual and group therapies (e.g. CBT, DBT, Smart Recovery Stages of Change, and experiential modalities) by our treatment teams of MA-level therapists and our campus child and adolescent psychiatrist. Parents/guardians are required to participate in family sessions, therapeutic "homework", and periodic workshops and retreats. Residential life is designed to promote psychological and social maturity, safety and physical health and is facilitated by energetic BA-level residential counselors. Activities include team sports, yoga, skiing, swimming, and challenge trips; participation in community art shows, music lessons and theatre productions, 5K/10K races and wide range of volunteer opportunities. Accredited college preparatory academics are provided by certified teachers in well-equipped classrooms (including an art studio offering drawing, painting, photography, pottery and portfolio preparation) with low student-teacher ratios, and can accommodate mild learning issues, IEP and 504 Plans. Advanced students have opportunity to attend a local junior college for dual high school and college credit.

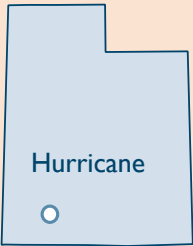
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana License - Board of Alternative Adolescent Residential Programs(PAAR); Student and Exchange Visitor Information System (SEVIS); CA Non-Public School Statutes; 501(C)(3) non-profit; State of Montana - Academic Accreditation; Northwest Accreditation Commission (NWAC)

Professional Affiliations: NATSAP-Full Member

Sunrise RTC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Dave Prior Admissions Contact: Nicole Andra Academic Contact: Janette Thompson Email: davidp@sunrisertc.com Phone: (435) 635-1185 Fax: (435) 635-1187 Address: 65 North 1150 West Hurricane, UT 84737 Website: www.sunrisertc.com	Gender: Girls Only Ages: 13 - 17 Grades: 8 - 12 Enrollment: 60 Duration: 7 - 9 months Founded: 2000  NATSAP Member Since: 2006 Airport: Las Vegas, NV (LAS)

Located in Hurricane, Utah, Sunrise is a licensed residential treatment center and boarding school for adolescent girls ages 13 through 17 whose emotional or behavioral issues are interfering with their ability to succeed in school, at home, or in a mainstream setting. Sunrise offers customized programming that is designed to help girls excel academically and heal emotionally. Because of our customized programming and in-town location, we are able to offer four programs under one roof: intervention/assessment, treatment, college-preparatory school and transition. All aspects of our program are designed to form a healing milieu that combines the warmth of a home, the safety of a residential treatment center, and the community access of a transition program. Sunrise embraces the whole family with therapeutic support to accelerate a healing process that is systemic and therefore, sustainable. Our licensed therapists have the clinical expertise to effectively treat a wide range of issues that include depression/anxiety, borderline personality disorder, trauma, bipolar, substance abuse, low self-esteem and learning differences. Our clinical team is foundationally trained in DBT.

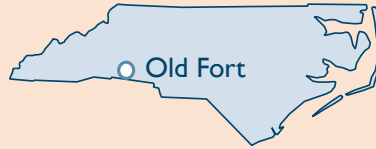
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; EAGALA Certified, Joint Commission Accredited

Professional Affiliations: NATSAP-Full Member

SUWS of the Carolinas

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Shawn Farrell Admissions Contact: Josh Gunalda Academic Contact: Shawn Farrell Email: admissions@suwscarolinas.com Phone: (888) 828-9770 Fax: (704) 496-2265 Address: 363 Graphite Rd. Old Fort, NC 28762 Website: www.suwscarolinas.com	Gender: Coeducational/ Single Gender Groups Ages: 10 - 17 Grades: N/A Enrollment: 73 Duration: 6 - 8 weeks Founded: 2000
NATSAP Member Since: 2002	 Airport: Asheville, NC (AVL)

SUWS of the Carolinas is a therapeutic wilderness program with a focus on short-term, high impact clinical intervention and assessment. Located in the Blue Ridge Mountains in Western North Carolina, the program uses the outdoors as an alternative to conventional treatment environments, while engaging students using traditional therapeutic methods. The wilderness setting removes modern distractions, simplifies choices and teaches valuable lessons. As a result, students begin to accept responsibility for personal decisions, address individual and family issues, and become invested in their own personal growth. In addition to extensive therapeutic services, SUWS of the Carolinas also features an academic component, equine assisted psychotherapy, access to a board-certified psychiatrist and comprehensive testing. Families also benefit from a strong family program and thorough transition planning starting on day-one.

SUWS of the Carolinas revolutionized wilderness treatment by offering unique niche groups, providing a homogeneous environment for treatment resistant children and teens. SUWS, serves adolescent male and females ages 13-17 who are struggling with a range of academic, behavioral, emotional, mental health issues. Students are placed in gender-specific groups and work with therapists who specialize in trauma, adoption issues, depression, anxiety, low self-esteem, ADHD and oppositional behavior. Seasons is a co-ed group for students ages 10-13, who deal with entitlement issues, poor emotional regulation, high family conflict, depression and poor impulse control. Students in this group learn concrete social and behavioral skills to better help them navigate situations appropriately.

Phoenix Outdoor assists students 14-17, who have co-occurring substance use and mental health disorders. Students in this group are engaged through the 12-Step program, yoga, therapeutic-drumming, Neurofeedback and relapse prevention. Finally, the newest program, Approach, is a social learning group for students who are living with autism spectrum disorders, nonverbal learning disorders, pervasive developmental disorders or severe social deficits. Similarly to the Seasons program, students in this group learn and practice concrete skills to improve their social functioning as well as their executive functioning skills.

SUWS of the Carolinas uses a multi-faceted treatment approach that is highly effective in helping students and their families. Findings from the Center for Research, Assessment and Treatment Efficacy showed significant symptom improvement and increased adaptive living skills, including academic performance and dealing with family and social conflict.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF)

Professional Affiliations: NATSAP-Full Member; AEE; NATWC; OBHIC

Sweetwater Program

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Kim Sines Admissions Contact: Musomi McDowell Email: lweichelt@cottonwoodtucson.com Phone: (800) 877-4520 Fax: (520) 743-2189 Address: 4110 W. Sweetwater Dr. Tucson, AZ 85745 Website: www.cottonwoodtucson.com	Gender: Girls Only Ages: 13 - 17 Grades: 9 - 12 Enrollment: 8 Duration: 90 days Founded: 1984
NATSAP Member Since: 2000	 Airport: Tucson, AZ (TUS)

The Sweetwater Program is 90-day program for girls ages 13-17 that has been designed to help girls and their families to recover and make those changes necessary to improve the quality of their lives. The Sweetwater Program places a strong emphasis on scholastics, offering both structured classroom hours as well as a therapeutic curriculum designed to further the intellectual, emotional and spiritual growth of each girl. Our Sweetwater program is a recipient of the Woodbury Reports, Inc. "Excellence in Education Award" having been selected on the basis of our excellent reputation for producing positive and consistent results with at-risk young girls and their families.

The Sweetwater Program utilizes a unique and engaging approach to the treatment of co-occurring disorders. This approach allows for the use of various treatment modalities that offer opportunities for introspection, insight, skill development, and social integration. Our program treatment for co-occurring disorders such as:

- Chemical Abuse/Dependency
- Depression
- Anxiety
- Low Self-Esteem
- Trauma
- ADD/ADHD
- Eating Disorders
- Grief and Loss
- Self-Harm Behavior
- Family Conflict

Treatment is enhanced by a week-long, intensive family program, designed to enrich family relationships. Family members are offered classes in effective parenting and communication skills. The **Sweetwater Program** also includes comprehensive aftercare planning that targets the patient's ongoing treatment needs. Aftercare recommendations may support a return home to engage in outpatient therapy and individual counseling or admission to a therapeutic boarding school.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Arizona Department of Health Services; Bureau of Residential Facilities Licensing; Commission on Accreditation of Rehabilitation Facilities (CARF)

Professional Affiliations: NATSAP-Full Member; NAADAC; Better Business Bureau; Tucson Chamber of Commerce

T.C. Harris School

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Audra Whitworth Admissions Contact: John Soderberg Email: admissions@tcharris.com Phone: (877) 854-1024 Fax: (765) 488-4217 Address: 3700 Rome Dr. Lafayette, IN 47905 Website: www.tcharris.com	Gender: Coeducational Ages: 6 - 21 Grades: K - 12 Enrollment: 108 Duration: 12 - 18 months Founded: 2000
NATSAP Member Since: 2012	 Airport: Lafayette, IN (LAF)

T.C. Harris School is dedicated to advocating for and providing services to students who are diagnosed with a wide range of intellectual/developmental disabilities and emotional disturbances, helping them find greater independence, gain emotional and behavioral control and achieve positive outcomes. It is our philosophy to respond to the needs of each student on an individual basis and provide appropriate therapeutic care and educational opportunities.

Student behaviors can range from verbal outbursts to physical aggression or self-injurious behaviors. Our goal is to guide each student's development of the social, emotional, behavioral, academic and functional skills necessary to enable them to make better choices and, in turn, help them successfully return to their home, school and community.

T.C. Harris School offers full and partial day school programming for area students as well as community based living in group homes and residential living for students who require services 24 hours a day. Our school operates year round and is entirely dedicated to students with special education needs of all levels - our students may be on diploma track, working toward a certificate of completion, functioning near to grade level or be working on the most basic pre-academic skills.

Day School Program:

Our on grounds special education program is accredited as a Freeway School by the State of Indiana Department of Education. This program focuses on academics, life skills instruction and behavior supports addressing the individual education needs of each student. We incorporate therapeutic and cognitive supports to ensure that our students are successful.

Group Homes:

Treatment within our homes focuses on teaching students skills to increase their independence in a community setting to ensure they can be successful in their own community when they transition from services.

Open Residential Program:

Our open residential program is a supportive environment that provides a student with consistency, stability and safety while they work with their treatment team on gaining independence, increase self-esteem and behavioral control.

Autism, Care, & Extensive Supports (ACES):

A specialized program designed for students with Autism Spectrum Disorders, low-incidence syndromes, genetic disorders and neurological handicaps are areas of expertise. Students in the ACES program traditionally are diagnosed with moderate to profound intellectual disabilities and require hand-over-hand care.

Secure Residential Program:

A comprehensive treatment program for students with behaviors that are uncontrollable, unpredictable or dangerous, needing additional structure and supervision. Youth may be acutely aggressive and/or self-injurious.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Indiana Department of Child Services; Indiana Department of Education; National Association of Special Education Teachers as a School of Excellence

Professional Affiliations: NATSAP-Full Member; National Association of Private Special Education Centers; Indiana Council of Administrators of Special Education; Indiana Association of Residential Child Care Agencies; Prader-Willi Syndrome Association

Tamarack Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tim Davis Admissions Contact: Christopher Dal Pra Email: tdavis@tamarack.org Phone: (509) 326-8100 Fax: (509) 326-9358 Address: 2901 W. Fort George Wright Dr. Spokane, WA 99224 Website: www.tamarack.org	Gender: Coeducational Ages: 12 - 17 Grades: 6 - 12 Enrollment: 16 Duration: Flexible 3 - 12 months Founded: 1984  NATSAP Member Since: 2006 Airport: Spokane, WA (GEG)

Tamarack Center is a small 16-bed medical model residential psychiatric treatment for adolescents ages 12-17. Tamarack Center's mission focuses on providing individualized focused care in a safe and therapeutic atmosphere. At the base of Tamarack's treatment philosophy is the concept of relationships. It is our belief that through a healthy, developmentally appropriate relationship, youth can begin to face their emotional difficulties and prepare for the future. Healthy relationships provide the path for reintegration back into the family and the community.

Typical diagnoses areas treated include:

- Depression
- PTSD
- ADHD
- OCD
- Bi-Polar Disorder
- Reactive Attachment Disorder
- Thought Disorders
- Oppositional Defiant Disorder

Treatment at Tamarack is provided in the context of milieu therapy. Residents learn how to live with each other on a daily basis. Problems of living are discussed, solved and new approaches to old patterns of behavior are developed and utilized. Individualized behavior programs for each resident supplement the general milieu expectations. Each resident has an individualized treatment plan which is updated on regular basis to ensure that current specific problem areas are being addressed.

Individual, group and recreational therapies are used to address treatment issues. Family participation and communication is stressed through weekly family therapy, e-mail access with their child, and our shadowing program which has parents shadow their child through the program activities to observe staff interventions and communication techniques. Additionally, Tamarack also provides a unique group family function called "Family Matters" which encompasses parent support group, parent education and family interaction activities provided to the families in a relaxed and supportive atmosphere. Each resident is assigned a Masters level family specialist, a nurse and primary counselor, who work under the supervision of a psychiatrist. Education is individualized with each resident having their own computer to utilize for schoolwork.

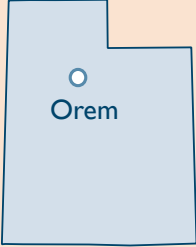
Individual Psychotherapy Available: Yes

Accreditation Licensure: Washington State Department of Health, The Joint Commission, Tri-Care Certified, Spokane District 81

Professional Affiliations: NATSAP-Full Member; American Association of Children's Residential Centers (AACRC)

Telos Residential Treatment Center, LLC.

(Residential Treatment Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tony Mosier Admissions Contact: Kristin Williams Academic Contact: Kevin Kuykendall Email: tonym@telosrtc.com Phone: (801) 426-8800 Fax: (801) 426-8825 Address: 870 W. Center St. Orem, UT 84057 Website: www.telosrtc.com	Gender: Boys Only Ages: 13 - 17 Grades: 9 - 12 Enrollment: 48 Duration: 11 months Founded: 2004
NATSAP Member Since: 2004	 Airport: Salt Lake City, UT (SLC)

The mission of Telos is to create inspiring interpersonal relationships that invite and assist all people to move toward their ultimate potential.

The typical student at Telos is bright but underachieving. Many of our students get lost in traditional academic settings, needing a higher level of individualized support. Telos students tend to be soft hearted, behaviorally mild and clinically complex.

Telos staff learn and practice a high standard of care. A kind and patient way of being, relational coaching and a gift for connecting with young people are qualities exemplified by our staff. Telos employees are deeply trained on “the ten pillars of Telos,” which include individualized treatment, effective parenting, healthy living, evidence-based treatment and other important principles and practices. Employees are certified in important professional competencies designed to promote excellence and best practices across all program domains. A hallmark of our program is the ability of staff to get clinical interventions out of the therapist’s office and into the larger milieu, thus maximizing the power of quality residential treatment.

Telos is a principles-based program. While rules, consequences and structure are components of our program, real change occurs in a special therapeutic environment combined with staff’s efforts to model the importance of principled living. Going beyond simple behavioral conditioning, students learn the “why” behind rules, increasing the likelihood they will adopt new ways of living that long outlast their time in the program.

Our gold-standard multidisciplinary treatment team values diversity among therapeutic interventions. In addition to intensive individual, family, group and recreational therapy, Telos offers triathlon training and competition, service projects, family days, community activities, a full I-A varsity sports program, student government, executive function skill building program, “above and beyond” aftercare support and the clinically rich “principles program.”

Telos provides true individualized treatment, family involvement, staff that live the principles we teach, quality improvement and diagnostic precision. As an owner-operated program, we are committed to reaching our own “telos.”

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Accredited

Professional Affiliations: NATSAP-Full Member; The Joint Commission

Three Points Center, LLC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Glenn Thibault Admissions Contact: Norman Thibault Email: info@threepointscenter.com Phone: (435) 632-7767 Fax: (435) 304-0004 Address: 150 N. State St. La Verkin, UT 84745 Website: www.threepointscenter.com	Gender: Coeducational Ages: 12 - 17 (11 years old upon review) Grades: 6 - 12 Enrollment: Up to 20 girls/20 boys Duration: Open Founded: 2014
NATSAP Member Since: 2014	 Airport: St. George, UT or McCarran Int'l Airport

Three Points Center only serves adopted adolescents and their families.

Three Points Center provides comprehensive, valuable, and necessary services to adopted adolescents and their families for the primary purposes of healing wounds, understanding identity, and drawing closer, every day. The owners, managers, and employees of Three Points Center have developed treatment procedures designed to support the highest levels of quality care and we will work to exceed these standards, every day.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah Department of Health and Human Services, Northwest Accreditation Commission

Professional Affiliations: NATSAP-Associate Member, Association for the Treatment and Training in the Attachment of Children; American Adoption Congress

Timber Ridge School

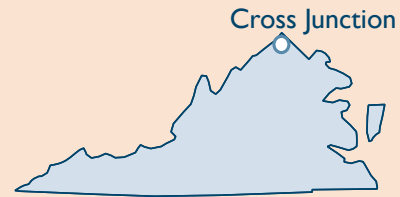
(Residential Treatment Center)

CONTACT

Executive Contact: John Lamanna
Admissions Contact: Tim Elliott
Academic Contact: Susan Groom
Email: info@trschoool.org
Phone: (540) 888-3456
Fax: (540) 888-4511
Address: P.O. Box 3160
 Winchester, VA 22604
Website: www.TimberRidgeSchool.org

PROGRAM OUTLINE

Gender: Boys Only
Ages: 10 - 21
Grades: 6 - 12, pre-GED, post-secondary
Enrollment: 60 - 75
Duration: 4 - 12 months
Founded: 1969



NATSAP Member
Since: 2014

Airport: Washington Dulles (IAD)

Nestled in the northern Shenandoah Valley sitting on a tranquil log home campus, much like a small college setting, one will find Timber Ridge. Our services and programs are designed to transform the life of an at-risk adolescent boy with a goal of reuniting him successfully with his family and community. With over 45 years of experience, our proven residential and community-based programs focus on the whole student, emphasizing physical and emotional health, educational achievement, vocational interests, independence, and social interaction to help every child achieve his greatest potential.

Admission is open to male students between the ages of 10 and 18, yet students may remain in the program until they turn 22. Acceptance is based on a pre-placement assessment interview that determines if our facility is the least restrictive setting for the young man and his ability to fully access our clinical, academic, and residential treatment program options.

Students admitted are actively displaying various levels of emotional distress, attachment and trauma related behavior, social maladjustment, or non-compliant behavioral disorders. Specifically, they have exhibited inappropriate behavior across home and community settings, poor attention spans, hyper vigilance, legal issues, substance abuse, authority conflicts, disrupted peer and/or family relationships, and inadequate emotional self-regulation levels. Past school performance is often marked by patterns of truancy, emotional instability, inattentiveness, intellectually disability, and difficulty maintaining academic progress in the mainstream and/or alternative day programming. Consequently, these behaviors ultimately prevent a student from reaching their potential.

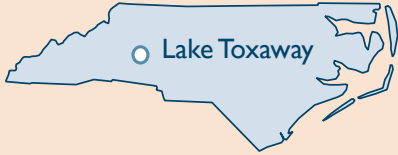
Our array of services include residential/academic goal-based treatment, enhanced residential services, academic day school, diagnostic and assessment, and dedicated substance abuse treatment. Students participate in ongoing individual, group, and family counseling sessions while attending our fully-accredited middle and high school. Students are also offered a variety of activities including an interscholastic competitive sports program. Timber Ridge School SHAPES students' lives by providing Safety, Hope, Advocacy, Preparation, Empowerment, and Success.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed by the Virginia Department of Behavioral Health and Development Services and Virginia Department of Education and accredited by Council on Accreditation (COA), AdvancED-Southern Association of Colleges and Schools
Professional Affiliations: NATSAP - Full Member; National Association of Private Special Education Centers (NAPSEC); Virginia Coalition of Private Provider Association (VCOPPA), Virginia Association of Independent Specialized Education Facilities (VAISEF)

Trails Carolina

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Graham Shannonhouse Admissions Contact: Dottie Lank Academic Contact: Brian Johnson Email: admissions@trailsnc.com Phone: (828) 885-5920 Fax: (828) 885-3010 Address: 500 Winding Gap Rd. Lake Toxaway, NC 28747 Website: www.trailsnc.com	Gender: Coeducational Ages: 10 - 17 Grades: 9 - 12 Enrollment: 36 Duration: 60 - 70 days Founded: 2008
NATSAP Member Since: 2009	 Airport: Asheville, NC (AVL), Charlotte, NC (CLT), Greenville/Spartanburg, SC (GSP)

Designed for struggling adolescents ages 10 to 17, Trails Carolina is a comprehensive therapeutic wilderness program set amid the tranquil North Carolina Mountains. Developed specifically to address the “whole child”, our proven methods and clinical therapies help change troubling behavior, guide adolescents up new paths of self-awareness, lead families toward reunification and healing and re-engage students in an appreciation of academic challenge and learning.

Trails Carolina operates from the premise that a student’s ability to effectively integrate their wilderness experience into real-world skills is every bit as important as the program experience itself. For this reason, a comprehensive and educational family inclusion program is built into the program model. Parents and caregivers are expected to actively participate in their child’s experience by working with their student’s therapist to complete a course curriculum which parallels the curriculum of their child and by participating in parents workshops designed specifically to address their family’s needs. Parents are empowered to help their child better transition their Trails Carolina experience to their “real” lives, as well as enhance the student’s experience by being an active participant in the growth and recovery of the family unit. Additionally, students take part in a comprehensive, experiential-based academic program that helps to continue their formal education while on trail. This ensures that a very central part of an adolescents life (school and schoolwork), is not sacrificed as part of a necessary intervention. Academics are presented in such a manner as to re-frame the educational experience to elicit excitement in the task of learning. This better prepares the student to more seamlessly return to a challenging academic environment with an improved attitude towards learning and without significant disruption in their academic coursework.

Trails Carolina integrates clinically sophisticated and research-based modalities including equine therapy (EAP), group and individual therapy with licensed therapists, structured academics with a certified teacher and comprehensive family inclusion to provide students with an impactful experience that encourages and supports self-awareness and confidence and develops unique and effective tools to ensure continued post-program success.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commission on Accreditation of Rehabilitation Facilities (CARF), North Carolina Department of Health and Human Services, Division of Health Service Regulation

Professional Affiliations: NATSAP-Full Member, Association of Experiential Education (AEE)

Triumph Youth Services, LLC.

(Residential Treatment Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Sterling Lyman Admissions Contact: Brenda McDowell Academic Contact: Joette Hayden Email: info@triumphyouthservices.com Phone: (435) 538-5063 Fax: (435) 538-5065 Address: 62 South 950 West Brigham City, UT 84302 Website: www.triumphyouthservices.com	Gender: Boys Only Ages: 13 - 18 Grades: 7 - 12 Enrollment: 64 Duration: 6 - 12 months Founded: 1998
NATSAP Member Since: 2010	 Airport: Salt Lake City, UT (SLC)

Triumph Youth Services is a first class Adolescent Male Residential Treatment Center for troubled teenage boys ages 12-18. Our Triumph Youth Services mission "Building individuals of truth, integrity and accountability who inspire faith in a Higher Power and become leaders in a quest for excellence" empowers us to help troubled teenage boys and their families in making positive and lasting changes that will in turn ensure a successful tomorrow.

Triumph Youth Services was founded in 1998 and began by providing services to adjudicated youth in Utah for the Department of Human Services Division of Juvenile Justice Services. We quickly earned the respect of local families, communities and professionals. As Triumph Youth Services reputation has grown, its services have become more sought after, leading to an increased number of programs and services.

Triumph Youth Services currently operates 4 Residential Treatment Centers and community based outpatient services available to youth across the globe. Triumph Youth Services is located in Brigham City Utah, just 58 miles north of the Salt Lake City International Airport. Triumph Youth Services Residential Treatment Centers specialize in treating Emotional Disturbance, Substance Dependence, Substance Abuse, Depression, Oppositional Defiance, Non Compliance and more. Our program duration is 6 -12 months or can be tailored on a case-by-case basis regarding long term treatment plan and/or educational plan. Each Triumph Youth Services program utilizes Positive Peer Culture in conjunction with a behavioral level system which consists of a total of four levels which must be completed in order to graduate the program successfully.

Our theoretical makeup is centered around evidence based therapy which is based on the cognitive behavioral treatment model that promotes a safe and very therapeutic program at all times in the least restrictive environment. Professionally licensed mental health professionals provide individual, family and group therapy sessions to each student while overseeing all therapeutic components of the program. All Triumph Youth Services staff are trained and certified in the Positive Control Systems Non Violent Crisis Intervention Program. It focuses on reliable and safe measures of behavior intervention that does not include aversive, excessive force procedures.

Academics are a primary focus here at Triumph Youth Services our school the Triumph Academy is a nonprofit 501c3 organization and we are fully accredited currently entering our tenth year of accreditation with Northwest Association of Accredited Schools and the Utah State Office of Education.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Utah Department of Licensing; Utah State Office of Education; Northwest Accreditation Commission (NWAC)

Professional Affiliations: NATSAP-Full Member; Utah Private Provider Association 501c3

True North Wilderness Program

(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Tyler Maves Admissions Contact: Courtney Merrill Email: info@truenorthwilderness.com Phone: (802) 583-1144 Fax: (802) 583-1104 Address: P.O. Box 857 Waitsfield, VT 05673 Website: www.truenorthwilderness.com	Gender: Coeducational Ages: 14 - 22 Grades: N/A Enrollment: 42 Duration: 56 - 70 days Founded: 2005
NATSAP Member Since: 2009	 Waitsfield Airport: Burlington International (BTV)

True North Wilderness Program is located in the Green Mountains of Vermont. Our goal is to provide opportunities that inspire and empower our students and their families to reach their full potential. True North students typically present with mild depression, anger, anxiety, oppositional defiance, learning differences, academic difficulty, problems with peer and family relationships and experimentation with substance abuse. Our single gender groups are carefully structured to be a safe and supportive environment for our students to establish strong foundations for the future.

True North's therapeutic process is grounded in the wilderness environment. As our students become adept at living and taking care of themselves in the outdoors, they begin to build the confidence and sense of capability that will sustain the learning and emotional growth process. Our caring and dedicated staff members support students as they explore core issues and develop new tools for a healthy and successful future. The challenges and rewards of outdoor living and group dynamics create opportunities for students to improve communication skills, accept more personal responsibility, build success and self-esteem, and establish positive and supportive relationships with others. Students use the landscape around them to explore their personal strengths and skills and address limiting behaviors.

Our stunning field areas are nestled in the heart of the idyllic Green Mountains of central Vermont, and offer students a variety of educational and recreational activities which are designed to allow them to take full advantage of these scenic locales. During the winter months students are located on the well established campus of Windridge Camp in Roxbury, VT. Students sleep in heated winter cabins at night while still maintaining a hiking-based, expedition model program. Students will complete a personal portfolio that will help them to stay connected to new skills and confidence as they transition to the next step. We work closely with families, schools and referring professionals to support a successful transition process. Parents and families can expect professional guidance and support from our clinical team and will have the opportunity to complete weekly parent curriculum assignments. The parent curriculum offers parents insight into their child's True North experience while allowing them to explore family dynamics. True North offers two-day intensive parent workshops designed to increase each family member's awareness of family patterns and support positive growth within the whole family. Our Masters and Doctoral level therapists work together with field guides, students, and families to create individualized treatment plans. Our field guides are chosen for their experience and their ability to be positive role models and all of them carry first aid, CPR and related therapeutic certifications.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Vermont, Agency of Human Services; Department for Children & Families; Vermont Department of Education

Professional Affiliations: NATSAP-Full Member

Tucson Transitional Living

(Transitional Independent Living & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: John Cimino Admissions Contact: William Skinner Email: info@tucsontransitionalliving.com Phone: (520) 795-3367 Fax: (520) 795-3291 Address: 1309 N Venice Ave Tucson, AZ 85712 Website: www.tucsontransitionalliving.com	Gender: Coeducational Ages: 18 - 25 Grades: N/A Enrollment: Open Duration: 6 - 12 months Founded: 2012
NATSAP Member Since: 2013	 Airport: Tucson International TUS

Tucson Transitional Living is a three phase residential program dedicated to the recovery of young adults ages 18 to 25. Our campus is located in Tucson near the University of Arizona and Pima Community College. TTL consists of eight casitas, a gym, volleyball court, meditation area and swimming pool. Located in a residential area, TTL retains a safe and comfortable home environment. Phase 1 (Transitional Living) is a three to six-month program. Our residents are deeply immersed in 12-step recovery and successfully complete the first 9 steps within 90 days with a qualified outside sponsor selected by staff. This technique allows them to speak, learn, and incorporate the language and principles of recovery. TTL's curriculum includes individual and group therapy, life skills, community service, work ethic and time management skills. TTL also incorporates other activities geared towards becoming independent young adults. Phase 2 (Sober University) is a six-month program. It continues all activities from Phase 1 along with an extensive educational and career component. Residents are coached in submitting educational forms, writing resumes, and pursuing careers. Students take a minimum of 12 college credits and are closely monitored to ensure the student's success. Students apply for and acquire employment. Phase 3 (Independent Living) is entirely voluntary and requires a three-month minimum commitment. We provide safe, sober, affordable housing for those students who wish to remain in Tucson to further pursue their education and/or career goals. The students have the opportunity to stay for up to one year while remaining part of our sober community and "giving back" to those just beginning their journey.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Camino Real Recovery Center; Mary Fuller-Fougerousse, PMHNP, BC, PLLC; Dr. Jennifer Dvoskin, PsyD; Dr. George Goldman, PsyD; Jerry Harmon, LISAC, CADAC, ICADS

Professional Affiliations: NATSAP-Young Adult Associate Member

Turn-About Ranch

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Michelle Lindsay Admissions Contact: Shane Young Academic Contact: Sherri Steele Email: mlindsay@turnabout ranch.com Phone: (800) 842-1165 Fax: (435) 826-4261 Address: 280 North 300 East Escalante, UT 84726 Website: www.turnabout ranch.com	Gender: Coeducational Ages: 12 - 17 Grades: 7 - 12 Enrollment: 51 Duration: 100 day program Founded: 1989
NATSAP Member Since: 1999	 Airport: Las Vegas, NV (LAS)

As the sun rises over the Utah desert, Turn-About Ranch is already bustling with activity. The rooster's crow marks the start of the day as animals wait to be fed. Our students wake early, enjoy a hearty breakfast and then turn their energy toward a day packed with school, therapy, ranch projects and horsemanship experiences.

Students participate in a rotating schedule of activities. Some attend our fully accredited school, while others practice new skills and riding techniques during horsemanship sessions led by experienced instructors. As a working horse and cattle ranch, students complete projects every week that contribute to the functioning of the ranch. Through cutting wood, harvesting crops, hauling hay and community service, teens learn valuable lessons in teamwork, leadership, coping with frustration and the value of hard work. Highlights of ranch life include riding horses, hiking and cattle drives through the beautiful vistas surrounding the ranch.

Therapy plays an important role in change and is integrated into everything we do at Turn-About Ranch. Students participate in weekly individual and group counseling sessions, in addition to participating with their therapist in ranch projects. Parents also participate in weekly counseling and phone updates with their child's therapist. At mid-term and graduation, families participate in face to face family therapy, ropes course, horse experiential activities, family sculptures and parenting workshops which prepare parents for the transition home.

Turn-About students have many opportunities to enjoy and be inspired by solitude and the beautiful natural environment that makes Escalante a unique place for healing. At dusk, the ranch falls silent as teens enjoy a few minutes of quiet; to read, journal or write letters home. As they look back on the day, students are satisfied seeing the results of their labor and sleep well knowing they contributed to something bigger than themselves.

Insurance accepted.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED; CARF; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Turning Winds Academic Institute

(Therapeutic Boarding School)

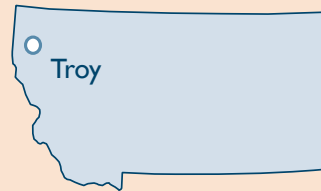
CONTACT

Executive Contact: Owen Baisden
Admissions Contact: John Baisden
Academic Contact: Owen Baisden
Email: admissions@turningwinds.com
Phone: (208) 267-1500
Fax: (208) 267-1600
Address: 31733 S. Fork Rd.
 Troy, MT 59935
Website: www.turningwinds.com

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: Coeducational
Ages: 13 - 17
Grades: 7 - 12/College Prep
Enrollment: 45
Duration: 12 - 18 months
Founded: 2002



Airport: Spokane, WA or Kalispell, MT

Turning Winds Academic Institute is a co-ed, therapeutic, boarding school that is accredited by Northwest Accreditation Commission (NWAC). We believe that each student has the capacity to learn, that individual strengths have different learning modalities, and that high expectations are necessary in order for the student to reach their highest potential.

Turning Winds Academic Institute stands out as an elite academic provider. Turning Winds Academic Institute is an official ACT and SAT testing site and offers these tests quarterly. Preparation courses are also offered for these tests. Furthermore, we are also an official testing site for the GED. Turning Winds Academic Institute also offers College-Level Examination Program (CLEP) preparation for students. CLEP provides students with the opportunity to demonstrate college-level achievement through a program of exams in undergraduate college courses. Students can earn up to six credits for each test. There are 2,900 colleges that grant credit and/or advanced standing for CLEP exams.

An indispensable part of the Turning Winds Academic Institute is the therapeutic program. The clinical services are overseen by our Clinical Director who is licensed in the state of Montana. Upon admission, each resident is assessed by our Clinical Director, including through the use of formal testing, to determine their unique psychosocial and mental health needs. Then an individual treatment plan is created by the treatment team in order to address the needs of that individual.

Turning Winds Academic Institute also offers a unique outdoor experience for each student within the TREC program. TREC is a powerful experience which consists of a structured, outdoor journey to remote yet accessible wilderness; the individual is challenged to learn about the self and the environment.

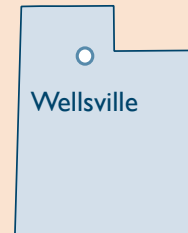
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; Northwest Accreditation Commission; National Independent Private School Association

Professional Affiliations: NATSAP-Full Member; NWAC Academic; NIPSA Clinical; NIPSA Academic

Uinta Academy (Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: R. Jefferey Simpson Admissions Contact: R. Jefferey Simpson Academic Contact: Valerie Giacalone Email: info@uintaacademy.com Phone: (435) 245-2600 Fax: (435) 245-2605 Address: PO Box 387 Wellsville, UT 84339 Website: www.uintaacademy.com	Gender: Girls Only Ages: 12 - 18 and 18 - 21 Grades: 7 - 12/Post Grad Enrollment: 52 Duration: 12 to 14 months Founded: 2003
NATSAP Member Since: 2004	Airport: Salt Lake City, UT (SLC)



Uinta Academy is a therapeutically intensive residential treatment/academic program serving girls ages 13-17 and young adult women ages 18-21. Our comprehensive services include psychiatric care, individual therapy, family therapy, group therapy, recreational therapy, equine assisted psychotherapy, and an integrated transition program. Uinta Academy uses a cognitive-behavioral clinical approach in concert with an extremely effective milieu that focuses on building strengths, developing self-esteem, and teaching social, academic, and executive functioning skills.

Treatment and support take place in a nurturing, positive, and family-style environment. Every girl participates in daily physical fitness activities, Yoga, weekly recreational activities, meal planning and cooking, school clubs, and monthly explorations activities which include trips and cultural arts outings. Each girl gets her own horse for which she is responsible and participates in weekly equine-assisted therapy, riding, and Parelli natural horsemanship. Uinta's Cultural Arts Program enhances the girls' lives and provides a medium for self-awareness and artistic creativity. All students participate in educational and recreational activities such as sports, hiking, horseback riding, skiing, the cultural arts, service projects, and gardening.

Uinta's academic program is an accredited, year-round educational experience, where each girl has an individualized educational program tailored to meet her needs. Students who are behind are able to catch up to grade level. All classes are taught by state certified teachers. Elective courses include 5 foreign languages, art, photography, and music instruction. Specialized education programs can be provided, such as university level study and vocational training.

Uinta Academy serve females who are experiencing emotional and behavioral problems, including but not limited to: Depression, Bipolar Disorder, Attention Deficit Disorder, Borderline Personality Disorder, Post-Traumatic Stress Disorder, Oppositional-Defiant Disorder, Asperger's Syndrome, substance/alcohol abuse, adoption/attachment issues, anxiety, eating disorders, low self-esteem, self harm issues and academic struggles including learning disabilities. Exclusion criteria: violent tendencies, full scale IQ <90, adjudication.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; SEVIS; AdvancED
Professional Affiliations: NATSAP-Full Member; Northern Utah Alliance; Association for the Treatment and Training in the Attachment of Children (ATTACH)

University Neuropsychiatric Institute

(Specialty Psychiatric & Behavioral Hospital)

CONTACT

Executive Contact: Ross Van Vranken
Admissions Contact: Tina Halliday
Email: tina.halliday@hsc.utah.edu
Phone: (801) 587-9321
Fax: (801) 585-5845
Address: 501 Chipeta Way
 Salt Lake City, UT 84108
Website: www.healthcare.utah.edu/uni

NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: Coeducational
Ages: 4 - 18
Grades: N/A
Enrollment: 14
Duration: 4 - 6 weeks
Founded: 1986



Airport: Salt Lake City, UT (SLC)

The Comprehensive Assessment and Treatment (CAT) Program at the University Neuropsychiatric Institute offers a 4-6 week, comprehensive clinical evaluation for ages 4-18 in a safe and secure environment. Our multi-disciplinary treatment team will assess psychiatric and medical conditions provide behavioral and educational assessments, psychological testing, therapy, and when necessary, address chemical dependency issues. The program includes inpatient care in our beautiful, state-of-the-art facility, which includes secure outdoor play area, ROPES challenge course and equine therapy, psychological and neuropsychological testing and therapy provided by our psychologists, medical evaluation provided by our board certified pediatricians, active family involvement throughout the assessment period, and appropriate evidence based treatments throughout the program with daily contact with the psychiatrist. Too often children and adolescents enter treatment programs without an accurate diagnosis or a clear understanding of what is to be gained by the treatment. The CAT program will help provide an understanding of the child/adolescent and create a dynamic, individual treatment plan that will facilitate the most appropriate match of community resources with the child/adolescent's specific needs.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Det Norske Veritas Healthcare, Inc.. Department of Health and Human Services, Centers for Medicare and Medicaid Services

Professional Affiliations: NATSAP-Full Member

Valley View School

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Philip G. Spiva, PhD Admissions Contact: Rick Bulger, MSW Email: info@valleyviewschool.org Phone: (508) 867-6505 Fax: (508) 867-3300 Address: 91 Oakham Road PO Box 338 North Brookfield, MA 01535 Website: www.valleyviewschool.org	Gender: Boys Only Ages: 10 - 15 Grades: 6 - 12/College Prep Enrollment: 56 Duration: 2 - 3 years Founded: 1970 A map of the state of Massachusetts with a small circle indicating the location of North Brookfield in the western part of the state.
NATSAP Member Since: 2002	Airport: Boston, MA (BOS)

Valley View School is built upon a model of a distinctly structured yet highly nurturing therapeutic milieu. The entire program is designed to meet the developmental and emotional needs of younger (middle school) adolescent boys.

Valley View is a private, not for profit, residential preparatory school providing a supportive therapeutic educational environment for 56 boys between the ages of 11 and 16. These are youngsters who have often experienced difficulties getting along with their families, the world around them and themselves. Typical Valley View students may present attentional problems (ADD and ADHD), mood difficulties and oppositional behavior. Valley View students may be boys who are not functioning up to capacity in school, are psychologically intimidating their parents, have difficulty channeling their physical energy in meaningful ways or may appear overly lethargic. The majority have had difficulty in traditional schools and although bright are sources of frustration to their families. Historically, traditional classroom methods and practices have generally frustrated rather than encouraged students who go to Valley View. These boys have been characterized as “learning disabled”, “unmotivated”, “hyperactive” or “disruptive” in the classroom setting. With a maximum of 56 students in the school and an average of six students in each class, Valley View School can provide intensive remedial instruction. Classes focus on the development and strengthening of skills in basic subjects, including language arts, mathematics, social and physical education, history and art. An extensive computer facility and Smart Boards in the classrooms integrate current technology into the entire academic curriculum. Valley View School does not deal with “alienated youngsters” including those with significant abuse problems and those who have been diagnosed as being psychotic.

Valley View offers a twelve-month program, and boys are accepted only on that basis. There are 11 full-time academic teachers, all with appropriate degrees in their subject matter, offering a college preparatory curriculum. Seventeen residential staff supervise the program on evenings and weekends. Students participate in a wide range of physical and recreational activities, including competitive athletics. In addition, three clinical psychologists spend a number of days at the school to see boys in individual therapy sessions. A board-certified psychiatrist also makes regularly scheduled consultation visits to monitor psycho-pharmacological issues where appropriate. The typical period of enrollment at the school is two to three years. A student can earn a recognized high school diploma from Valley View School, however diplomas are infrequently conferred since most students continue their education in a traditional public or private secondary school.

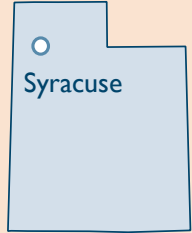
Individual Psychotherapy Available: Yes

Accreditation, Licensure: Commonwealth of Massachusetts, Department of Early Education and Care; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member

ViewPoint Center

(Specialty Psychiatric Hospital)

CONTACT	PROGRAM OUTLINE
Executive Contact: Judith Jacques Admissions Contact: Randi Nelson Email: rnelson@viewpointcenter.com Phone: (877) 808-3088 Fax: (801) 825-8222 Address: 2732 West 2700 South Syracuse, UT 84075 Website: www.viewpointcenter.com	Gender: Coeducational Ages: 12 - 17 Grades: N/A Enrollment: 20 Duration: 6 weeks Founded: 2014
NATSAP Member Since: 2014	 Airport: Salt Lake City, UT (SLC)

The ViewPoint Center is a comprehensive therapeutic assessment facility licensed as a specialty psychiatric hospital. ViewPoint employs two tracks, to be used independently or in succession, to accommodate the individualized needs of each student. The short term stabilization track provides a safe and nurturing environment that helps to psychiatrically and clinically stabilize a student so that they can return to a program or boarding school in a matter of 1-3 weeks. The assessment track provides a comprehensive multidisciplinary evaluation involving psychiatry, clinical, medical, academic, neuropsychological and social milieu functioning. The 4-6 week clinical assessment process provides answers to the most complex diagnostic questions as well as recommendations for longer term treatment. Whether utilizing one or both of these tracks, our programming includes individual, group and family therapy, motivational interviewing, 12-step meetings, DBT skills and psycho-educational groups. Throughout the assessment process, the therapist has frequent contact with the family and, if desired, with their treatment providers. At the end of the therapeutic assessment, each family receives a multidisciplinary report which summarizes treatment while also providing a comprehensive diagnostic picture of the child along with clearly defined recommendations for subsequent treatment.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: JCAHO, Utah Department of Health; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Associate Member

Visions Adolescent Treatment Centers

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: John Lieberman Admissions Contact: Patrick Schettler Email: info@visionsteen.com Phone: (866) 889-3665 Fax: (818) 889-8221 Address: 33335 Mulholland Hwy Malibu, CA 90265-2438 Website: www.visionsteen.com	Gender: Coeducational Ages: 13 - 18 Grades: 7 - 12 Enrollment: 10 Duration: 45 - 90 days Founded: 2002
NATSAP Member Since: 2014	 Airport: Los Angeles Int'l Airport (LAX / KLAX)

Visions Adolescent Treatment Centers

Successfully Providing Mental Health, Substance Abuse and Family Treatment Since 2002.

MISSION

Visions Treatment Centers offers a comprehensive clinically-based treatment option for adolescents and their families. Visions' multi-modal approach to treating complex issues relies on a team approach including family, previous treatment professionals, teachers, community experts and Visions' team of unparalleled clinicians.

CANDIDATES

Visions serves males & females ages 13 to 18. Our adolescents are struggling with mental health and dual diagnosis issues. All adolescents entering the residential program must have a parent or guardian available to participate in family programming.

SERVICES

The structure of Visions Residential is a safe, supportive, intensive program filled with daily activities that help the resident come to terms with their problems in order to make positive choices that will lead them to a healthy and productive life.

Our treatment team consists of highly skilled professionals who use effective techniques and current modalities. Visions' medical doctors, licensed therapists and counselors will work directly with the client to provide a clinically sophisticated treatment experience.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of California Department of Social Services

Professional Affiliations: NATSAP-Full Member; National Association of Addiction Treatment Professionals

Vista Adolescent Treatment

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Matthew Checketts Admissions Contact: Raymond Archuleta Academic Contact: Ned Heitz Email: raymond@vistatc.com Phone: (801) 558-3335 Fax: (801) 250-8483 Address: 8265 West 2700 South Magna, UT 84044 Website: www.vistatc.com	Gender: Boys Only Ages: 14 - 18 Grades: 6 - 12 Enrollment: 32 Duration: 6 - 9 months Founded: 1991
NATSAP Member Since: 2003	 Magna
	Airport: Salt Lake City, UT (SLC)

Therapy: Therapy at Vista totals 14 hours per week, including group therapy, individual and family therapy, substance abuse counseling and psychiatry. Proven methods include Cognitive Behavioral Therapy and Dialectical Behavioral Therapy.

Staffing: Vista employs a full-time psychiatrist, 4 full-time therapists, 2 substance abuse counselors, a recreational therapist, 8 full-time teachers, several part-time teachers, and staff supervisors who oversee the milieu staff.

Substance Abuse Counseling: Vista has 2 Substance abuse counselors that work closely with each of the primary therapists. AA and NA meetings are held on and off campus and a modified 12-step model is integrated into the therapy of each student to whom it applies.

Recreation: Balance is a key component to any program. Vista has a full-time recreational therapists that takes students off campus each week to go rock climbing, golfing, skiing/ snowboarding, hiking, fly fishing and mountain biking.

For more information, please contact Raymond Archuleta at 801.558.3335.

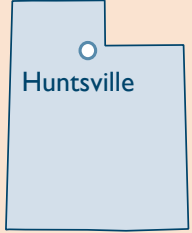
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; AdvancED; Northwest Association of Accredited Schools (NAAS)

Professional Affiliations: NATSAP-Full Member

WayPoint Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jared U. Balmer, PhD Admissions Contact: Emily Leah Academic Contact: Jessica Hartman Email: eleah@waypointacademy.com Phone: (801) 690-7000 Fax: (801) 396-7036 Address: PO Box 488 Huntsville, UT 84317 (Please contact school for physical address.) Website: www.waypointacademy.com	Gender: Boys Only Ages: 13 - 18 Grades: 8 - 12 Enrollment: 44 Duration: 10 - 12 months Founded: 2013  Huntsville
NATSAP Member Since: 2013	Airport: Salt Lake City, UT (SLC)

WayPoint Academy, a residential treatment program, utilizes a highly specialized, therapeutic approach in treating young men (14-18) whose lives have been overtaken by anxiety. We provide individualized care that transcends the generalist approach, for we recognize the devastating impact anxiety causes teens and their families.

Our Mindful Completion Model is a unique and innovative approach designed to address anxiety, mood, executive functioning, learning, and healthy identity development. WayPoint's holistic model increases students' distress tolerance and resiliency by identifying and addressing factors that fuel anxiety. We provide the necessary skills, tools, and practice for lifestyles no longer driven by fear and avoidance.

Some of the 8 elements of the Mindful Completion Model are based on years of replicated studies, while others make use of new scientific findings.

Psychotherapy increases distress tolerance through specific therapeutic approaches and techniques, family involvement, and education. Nutrition plays a key role in health and well-being. Cardiovascular Fitness decreases anxiety and depression and improves academic performance. Education improves confidence and increases optimism through achieving academic needs and goals, thereby contributing to present and future successes. Education is designed to meet the learning profile of males. Life Skills furthers competence and independence through the development of practical skills. Executive Function enhances one's ability to navigate life's obstacles and complete promotes interpersonal relationships, negotiation, and community involvement. Recreation/Service/Adventure provides opportunities for developing life passions, acquiring new skills and providing service to others.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Utah Department of Human Services, Office of Licensing; Joint Commission on Accreditation of Health Care Organizations (JCAHO)

Professional Affiliations: NATSAP-Full Member

Wediko Children's Services

(Residential Treatment Center)

CONTACT

Executive Contact: Amy Sousa, PhD
Admissions Contact: Katie Walsh; M.Div., LICSW
Email: kwash@wediko.org
Phone: (603) 478-5236
Fax: (603) 478-2049
Address: 11 Bobcat Blvd.
 Windsor, NH 03244
Website: www.wediko.org

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: Boys Only
Ages: 11 - 19
Grades: 6 - 12
Enrollment: 44
Duration: 12 month average
Founded: 1989



Airport: Manchester, NH (MHT)

Located on a 450-acre lake-front campus, the Wediko School offers therapeutic and educational services for boys in middle and high school (grades 6-12) in a safe, therapeutic and educational environment. Wediko clinicians work closely with the student's family and referring professional with the goal of returning the child to his home and community, or a less restrictive school, as soon as possible.

Wediko works with students who are struggling with complex psychiatric profiles and disruptive behaviors. Often, students do not fit neatly under the criteria of a specific diagnosis or they have been diagnosed with multiple disorders, including, but not limited to:

- Bipolar Disorders
- Depression & Depressive Disorders
- Anxiety Disorders
- Attention Deficit Hyperactive Disorder (ADHD or ADD)
- Reactive Attachment Disorder
- Post Traumatic Stress Disorder
- Asperger's Disorder
- Non-Verbal Learning Disorder (NVLD)

Wediko's therapeutic and educational milieu is the primary intervention. The core of the milieu is the Wediko staff, clinicians and teachers who develop strong relationships with each student, focus on the student's strengths, and use positive behavioral interventions to teach and reinforce pro-social coping strategies.

Individualized treatment plans for each student include: school, daily group therapy, family therapy, psychopharmacological evaluations and visits home to practice skills learned at Wediko. Additional options may include, individual therapy, psychological and educational testing and issue specific group therapy.

Collaboration between all the important adults in the child's life (family, school, and referring professional, therapist, mentor, etc.) ensures everyone understands and is in agreement on how to best help the child and what he and the family needs for a successful transition home. Families are essential partners in the therapeutic process. Family therapy is family centered and individualized to meet the needs of each family.

Summer Program (Coed): Since 1934, Wediko has offered an intensive short-term residential treatment program from July 5 to August 18.

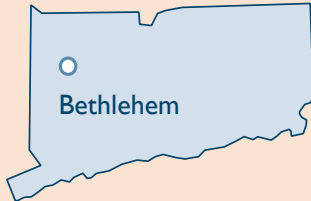
Individual Counseling Available: Yes

Accreditation, Licensure: State of New Hampshire, Department of Health and Human Services; New Hampshire Department of Education; Massachusetts Department of Education; New Jersey Department of Education, Illinois Board of Education, Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; American Association of Children's Residential Centers (AACRC); Massachusetts Association of Approved Private Schools (MAAPS); Independent Small Programs Alliance (ISPA)

Wellspring & The Arch Bridge School

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Dan Murray Admissions Contact: Nancy Thurston Academic Contact: Ralph Scafariello Email: info@wellspring.org Phone: (203) 266-8000 Fax: (203) 266-8030 Address: 21 Arch Bridge Road PO Box 370 Bethlehem, CT 06751 Website: www.wellspring.org	Gender: Girls Only Ages: 10 - 25 Grades: 1 - 12 Enrollment: 26 Duration: 9 - 12 months Founded: 1977
NATSAP Member Since: 2004	 Airport: Bradley International, CT (BDL)

Wellspring is a psychotherapeutic and educational center dedicated to healing through relational approaches -to self, others, creation, and Spirit -which touch and bring forth the wellspring of personal being unique to each individual. Wellspring assists individuals and families in working through the emotional, psychological and educational issues that prevent them from establishing and maintaining healthy and meaningful lives.

Wellspring develops and promotes psychotherapeutic and educational services and approaches that effectively treat, in a comprehensive and personalized way, individuals and families suffering from severe emotional, relational and behavioral problems.

Wellspring works in relationship to families, schools and care givers to build, restore or enhance the ability of clients, students and their families to live productive and rewarding lives in their own homes, schools and communities.

Through teaching, training and the demonstrated effectiveness of our models, we extend our treatment approaches, methods of parenting and the values that underlie them, to our regional communities, to the professional community at large and to public service agencies, in order to enhance their capacity for treatment and prevention.

Wellspring's approach in each of our programs will be inspired by and proceed from a core value that is understood, committed to and mediated by our staff. This cornerstone of our relational approach to treatment and education is an awareness that inherent in each individual is a wellspring of personal being, that is unique, unrepeatable in essence and imbued with spirit. Respect for the sacredness and dignity of each individual, client or staff, proceeds from this belief. In support of this foundational value, each program and service will be designed in size, scope and the holistic nature of its approach to support this personal "heart" of Wellspring as the core of what we do.

Individual Counseling Available: Yes

Accreditation, Licensure: The Joint Commission and New England Association of Schools and Colleges, The State Of Connecticut (Department of Children and Families) and approved by the State of New York and New Jersey

Professional Affiliations: NATSAP-Full Member, American Residential Treatment Association, Children's League of Connecticut, Connecticut Association of Private Special Education Facilities, Connecticut Association of Nonprofits

White River Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Justin Nielson Admissions Contact: Robin Reber Academic Contact: Kris Cary Email: j.nielson@whiteriveracademy.com Phone: (435) 659-2368 ext. 1 Fax: (435) 213-2810 Address: 275 West 100 South Delta, UT 84624 Website: www.whiteriveracademy.com	Gender: Boys Only Ages: 12 - 17 Grades: 6 - 12 Enrollment: 28 Duration: 12 - 18 months Founded: 2002
NATSAP Member Since: 2014	 Airport: Provo Municiple (PVU/KPVU)

White River Academy is a therapeutic boarding school for troubled boys from ages 12 to 17, struggling with interpersonal, behavioral and substance abuse issues. Located near the Great Basin in Delta Utah, the academy creates a safe atmosphere for the treatment and rehabilitation of the students. The calm surroundings add an essence of solitude from society, but allow for the students to build a community of support with each other.

Treatment includes deliberate and holistic treatments, as well as activities and methods to truncate negative patterns of behavior. Through various forms of therapy, students learn how to reshape the negative views of their life, sometimes sitting in sessions with family members if needed. While receiving treatment, the academy enrolls students in a variety of classes to help promote education and positive character values.

Whether due to a mental disorder or addiction, troubled boys from all walks of life can learn to better themselves and thrive in society. The focus is not only on rehabilitation, but on helping the student find his passion through service to others and family. The academy is more than just a second chance at graduating school, as students utilize their passion and investment in the community to foster personal growth. Students learn how to become better individuals and accept responsibility for past actions. After graduation, students have a passion for life with a focus on service and dedication to family.

We also have an international program for international students who meet the criteria of students at White River Academy. White River Academy has a track record of success turning around the lives of troubled teens. Call our 24/7 Admissions Hotline at 866-636-0108 or visit our website at www.whiteriveracademy.com to watch and read patient reviews about their treatment experiences at White River Academy.

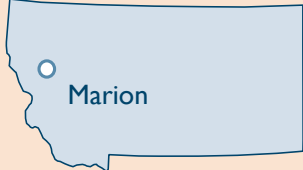
Individual Counseling Available: Yes

Accreditation, Licensure: NAAS, Utah State Office of Education, The Department of Human Services, Office of Licensing, Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member

Wilderness Treatment Center

(Residential Treatment Center & Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Nancy Brekke Admissions Contact: Ben Dorrington Email: info@wildernesstreatmentcenter.com Phone: (406) 854-2832 Fax: (406) 854-2835 Address: 200 Hubbart Dam Rd Marion, MT 59925 Website: www.wildernesstreatmentcenter.com	Gender: Boys Only Ages: 14 - 24 Grades: N/A Enrollment: 35 Duration: 60 - 67 days Founded: 1983
NATSAP Member Since: 1999	 Airport: Kalispell, MT

Wilderness Treatment Center believes that chemical dependency among adolescents and young adults can effectively be treated by providing a specialized program designed to treat both personal and social problem areas. Our program provides specific activities and a unique setting to allow for personal growth, self-confidence, better decision-making skills and leadership growth. We combine group work and extensive therapy with personal inventory assessments to help residents develop the self-esteem, physical fitness, responsibility and trust necessary to gain freedom from chemical dependency.

Wilderness Treatment Center is a 60-day, in-patient program for males, 14-24 years of age that have been diagnosed “chemically dependent” by a licensed counselor and subsequently referred to an in-patient treatment center.

We provide a comprehensive treatment experience designed to deliver the essentials of traditional chemical dependency treatment and the opportunity for patients to develop new personal standards and ethics. The structured residential daily schedule involves individual and group counseling and therapy, thought-provoking lectures and discussions, AA and NA meetings, and individual work and living responsibilities. The 16-21 day “true” wilderness experience utilizes the Outward Bound philosophy to build trust, accountability, self-respect, and the hard-earned self-confidence and humility that come from accomplishing challenging goals in the wilderness. A licensed Chemical Dependency Counselor is present for the duration of every expedition, maximizing the therapeutic value.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana Department of Public Health and Human Services; Association of Experiential Education Accreditation

Professional Affiliations: NATSAP-Full Member; AEE; NAADAC

WinGate Wilderness Therapy

(Wilderness Therapy Program)

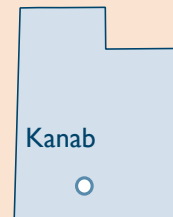
CONTACT

Executive Contact: Shayne Gallagher
Admissions Contact: Brad Matheson
Email: brad@wingatetherapy.com
Phone: (800) 560-1599
Fax: (435) 376-2880
Address: P.O. Box 347
 Kanab, UT 84741
Website: www.wingatewildernesstherapy.com

NATSAP Member
Since: 2008

PROGRAM OUTLINE

Gender: Coeducational young adult groups/
 Single Gender adolescent groups
Ages: 13 - 17; 18 - 26
Grades: 9 - 12
Enrollment: 80
Duration: 8 - 10 weeks
Founded: 2008



Airport: Saint George, UT (SGU), Las Vegas, NV (LAS), Salt Lake City, UT (SLC)

WinGate utilizes a strengths based approach to recognize potential in even the most challenging of students. Proper, thorough assessment coupled with proven treatment strategies implemented in a supportive environment, create the WinGate difference. It begins with our deep-seated belief that every student is unique, gifted, and capable of dramatic emotional and behavioral transformation.

As a result, we seek to provide a nurturing yet challenging environment where students can grow, gain perspective, and attain a new level of maturity, while addressing their specific behavioral issues and problems. We combine the best practices of the wilderness with the best clinical techniques in order to take wilderness therapy to a dramatically higher level of integration and results.

WinGate Wilderness Therapy program provides a powerful and proven intervention for students struggling with a variety of emotional and behavioral problems including but not limited to; academic under achievement, family conflict, oppositionality, substance abuse, depression, personality disorder traits, trauma, poor self image, learning differences, mood instability, negative peer association and groups, ADD and ADHD, anger management, grief and loss, body image issues, lack of motivation and direction, adoption and others.

An average length of stay is eight weeks.

What you can expect from WinGate:

1. Accurate clinical assessments that start the day your child enters the program.
2. Extensive family participation including a parent seminar during the first part of your students stay.
3. A unique and different model that invites changes and encourages strengths in your student.
4. Preparation for the next step to insure a seamless transition.

Students average 8-10 weeks in the program. Admissions are year round, 7 days a week. Licensed therapists spend 2 days/1 night in the field each week and call parents weekly. Truly individualized treatment plans. Parents attend a parent seminar shortly after enrollment. Students earn semester credits by completing the accredited high school curriculum and also complete service learning projects.

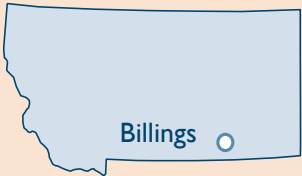
Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; Accreditation Services International (ASI)

Professional Affiliations: NATSAP-Full Member

Yellowstone Boys and Girls Ranch

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Christi Beals Admissions Contact: Megan Olszewski Email: info@ybgr.org Phone: (406) 655-2125 Fax: (406) 656-0021 Address: 1732 South 72nd St. West Billings, MT 59106 Website: www.ybgr.org	Gender: Coeducational Ages: 7 - 18 Grades: K - 12 Enrollment: 77 Duration: 12 - 18 months Founded: 1957
NATSAP Member Since: 2011	
	Airport: Billings, MT (BIL)

Yellowstone Boys and Girls Ranch (YBGR) is an accredited and fully licensed Psychiatric Residential Treatment Facility for emotionally disturbed youth located in Billings, Montana. Clients receive individual, family, group, recreation, and animal assisted therapies. All psychological services and psychotropic medications are provided under the direction of a board certified child psychiatrist. Education services are provided on campus at an accredited K-12 school that offers regular education and special education.

Program Highlights:

- 24-hour medical clinic, fulltime child and adolescent psychiatrist on staff
- Fully staffed school administration including a superintendent, principal, school psychologist, and school counselor
- Vocational and life skills education
- Substance abuse services and spiritual care available
- Recreational programming includes horsemanship and organized sport opportunities
- Staff are certified to stabilize crisis behaviors and provide physical intervention if necessary
- Guest housing for family visits

Admission Criteria:

- YBGR is licensed to serve boys 7-18 and girls 12-18 years old.
- Youth have been diagnosed by a mental health provider to have social and/or emotional difficulties that require 24-hour care. Primary diagnoses include: PTSD, anxiety disorder, Asperger's, High Functioning Autism, depression, bipolar disorder, obsessive-compulsive disorder, ADHD.
- Youth may also have substance abuse issues.
- Youth must have an IQ of average intelligence or greater.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Montana Department of Public Health and Human Services Psychiatric Residential Treatment Facility License, COA Accreditation, State of Montana Board of Public Education and Office of Public Instruction Certified, AdvancED/NWAC Accreditation, California Department of Education Certified, Illinois State Board of Education Certified.
Professional Affiliations: NATSAP-Full Member; Alliance for Children and Families, Montana Children's Initiative, Association of Directors of Development Admission Marketing (ADDAM)

Youth Care

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Trina Packard, MEd Admissions Contact: Charles Falatea Academic Contact: Josh Vineyard Email: admissions@youthcare.com Phone: (800) 786-4924 Fax: (801) 553-7124 Address: 12595 S. Minuteman Dr. Draper, UT 84020 Website: www.youthcare.com	Gender: Coeducational Ages: 11 - 17 Grades: 6 - 12 Enrollment: 43 Duration: 3 - 4 months Founded: 1989
NATSAP Member Since: 1999	 Airport: Cincinnati/Northern Kentucky (CVG) Dayton, OH (DAY)

For over 25 years Youth Care has provided clinically intensive and individualized interventions for the complex student. We specialize in working with teenagers experiencing emotional or behavioral problems such as: Pregnant teens, Thought Disorders, self-injurious behaviors, Mood Disorders, physical and sexual abuse, Reactive Attachment Disorder, Autism Spectrum Disorder, substance abuse, anxiety and Oppositional Defiant Disorder. Our small, home-like environment combined with a respectful approach provides the safe framework students and families require to promote rapid engagement and positive change. Our program offers a seamless continuum of care that features Youth Care, Independent Community Placement and Day Treatment. Because we are IN NETWORK with most insurance companies, we're seeing anywhere from 90-120 days of coverage under our RTC benefit and/or our Day Treatment license.

Our clinically intensive program features Master or PhD therapists who provide three hours of individual therapy and one hour family therapy per week. Students are involved in twenty plus hours of group therapy (seven of which are by a licensed therapist). Additionally, the students are assessed weekly by our psychiatrist and nursing team. The program offers full chemical addiction counseling which includes a weekly individual session and group therapy that is substance abuse specific. The student will also have the opportunity to attend community based AA and NA group meetings weekly. Youth Care offers a variety of therapeutic approaches to help students. Youth Care offers a DBT (Dialectical Behavioral Therapy) program where therapists, teachers, and line staff are all trained to help students implement these skills into their daily living.

Students attend school for a full school day where they are taught by Utah Certified teachers. Their curriculum is matched with their home school requirements. Students participate in small, interactive classes where they are taught not only subject matter but techniques for improving school appropriate behaviors. Graduation ceremonies are available for students earning a High School diploma.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Joint Commission; AdvanceED (Pine Ridge Academy)

Professional Affiliations: NATSAP-Full Member



Individual Professional Members

Individual Professional Members are:

- Educational consultants
- Psychologists
- Psychiatrists
- Licensed counselors and therapists
- College and university professors
- Other referring professionals

Members participate in NATSAP common mission of promoting healthy growth and personal well being of program participants to become a part of the vision and mission of NATSAP.

Individual Professional Members: By State

ALABAMA

Lorri Hanna, MA, CTRS, LPC

Barefoot Souls, LLC

1708 Shades Park Dr.

Homewood, AL 35209

Phone: (612) 867-2232

Email: lhanna@barefootsoulswellness.com

Web: www.barefootsoulswellness.com

ARIZONA

Gail Curran

Optimal Edu Options

9725 W. Marco Polo Rd.

Peoria, AZ 85382 (see other AZ location)

Phone: (602) 904-1282

Fax: (877) 563-5774

Email: gail@optimaleduoptions.com

Web: www.optimaleduoptions.com

Gail Curran

Optimal Edu Options

1870 Orange Grove Rd

Tucson, AZ 85704 (see other AZ location)

Phone: (602) 904-1282

Fax: (877) 563-5774

Email: gail@optimaleduoptions.com

Web: www.optimaleduoptions.com

Doreen Ellis

Educational Consultant/Psychotherapist

1485 W. State Route 89A

Sedona, AZ 86336

Phone: (928) 301-1821

Email: doreen@doreenellis.com

Web: www.doreenellis.com

Judge Mason

Judge Mason Educational Consultant

150 Devils Kitchen Dr.

Sedona, AZ 86351

Phone: (928) 284-5719

Fax: (928) 284-5802

Email: judge@judgemason.org

Web: www.judgemason.org

Lynn Presley

Presley Consulting ETC

10165 N. 92nd. St., Ste. 101

Scottsdale, AZ 85260

Phone: (480) 239-4482

Email: lynn@presleyconsultingetc.com

Web: www.presleyconsultingetc.com

Individual Professional Members: By State

CALIFORNIA

Shayna Abraham, MA, CEP

Prepare to Bloom, LLC
P.O. Box 31520
Walnut Creek, CA 94598
Phone: (650) 888-4575 or (925) 940-9621
Email: shayna@preparetobloom.com
Web: www.preparetobloom.com

Tauni Aikin

Anchor Risk Management & Safety Solutions
2901 W. Coast Hwy., Suite 200
Newport Beach, CA 92663
Phone: (909) 435-5916
Email: tauni@anchorriskandsafety.com
Web: www.anchorriskandsafety.com

Harriett Bay

Harriett Bay & Associates
11726 San Vicente Blvd., Suite 370
Los Angeles, CA 90049
Phone: (310) 476-5867
Fax: (310) 476-5938
Email: harriettbay77@gmail.com
Web: www.harriettbay.com

Kim Bierwolf

Ventura County Human Services Agency
5627 Tull Street
Ventura, CA 93003
Phone: (805) 901-8269
Fax: (805) 654-3464
Email: bierwolfkc@yahoo.com

Douglas Bodin

The Bodin Group
5050 El Camino Real, Suite 101
Los Altos, CA 94022
Phone: (650) 937-1111
Email: info@thebodingroup.com
Web: www.thebodingroup.com

Mark Burdick

Burdick Psychological and Placement Services Int'l
2443 Fillmore St, Suite 380-3396
Palo Alto, CA 94115
Phone: (650) 380-2011
Fax: (831) 603-3018
Email: info@drburdick.com
Web: www.drburdick.com

Gwen Campbell

Gwen Campbell and Associates
32123 Lindero Canyon Rd., Suite 201
Westlake Village, CA 91361
Phone: (818) 706-8801
Fax: (818) 706-9920
Email: gcampbelladvocate@gmail.com
Web: www.gwencampbelladvocate.com

Bob Casanova

McClure, Mallory, Baron & Ross
1160 North Dutton Ave., Suite 250
Santa Rosa, CA 95401
Phone: (707) 544-7000
Fax: (707) 544-7006
Email: bcasanova@mmbredu.com
Web: www.bobcasanova.com

Individual Professional Members: By State

CALIFORNIA (Cont'd)

Kay Davison

IECA Consultant
 Certified Educational Planner
 1300 Bristol St. North, Suite 100
 Newport Beach, CA 92660
Phone: (949) 833-7899
Fax: (949) 261-0262
Email: kaydavison4@gmail.com

Brandi Elliott

Powell & Elliott Collaborative, LLC
 PO Box 825
 Lake Arrowhead, CA 92352
Phone: (951) 317-3151
Fax: (909) 336-1942
Email: bmelliott@verizon.net
Web: www.powellandelliott.com

Mike Ferguson

Ferguson Behavioral Health Consulting
 2001 Wilshire Blvd., Suite 505
 Santa Monica, CA 90403
Phone: (800) 624-2650
Fax: (310) 943-0379
Email: info@fergusonbhc.com
Web: www.fergusonbhc.com

Karen Fessel

Autism Health Insurance Project
 1111 Via Media
 Lafayette, CA 94549
Phone: (510) 325-0975
Fax: (480) 287-8292
Email: karen@autismhealthinsurance.org
Web: www.autismhealthinsurance.org

Sara Frampton, Ph.D.

Sara Frampton Ph.D. & Associates
 16935 West Bernardo Drive, Suite 114
 San Diego, CA 92127
Phone: (858) 755-7843
Fax: (858) 485-6676
Email: osaraf@aol.com
Web: www.AdvocacyAssociates.net

Alicia Goldman, LCSW

ASG Consulting
 P.O. Box 460177
 San Francisco, CA 94146
Phone: (415) 680-7508
Fax: (415) 970-5037
Email: Alicia@asgedconsulting.com
Web: www.Asgedconsulting.com

Lynn Hamilton

Hamilton & Associates
 P.O. Box 30552
 Santa Barbara, CA 93130
Phone: (805) 845-9444
Email: l.hamilton@schoolfinders.com
Web: www.schoolfinders.com

Kristen Hayes

K Hayes PR
 Trabuco Canyon, CA 92679
Phone: (949) 899-3088
Email: khayespr@gmail.com
Web: www.Khayespr.com

Individual Professional Members: By State

CALIFORNIA (Cont'd)

Jennifer Heckman

Educational Connections-CA, LLC
560 Oxford Ave., #1
Palo Alto, CA 94303
Phone: (650) 941-4662
Fax: (650) 858-1466
Email: heckman@educationalconnections.com
Web: www.educationalconnections.com

Alice Jackson, M.S.

Jackson Associates
1044 Sir Francis Drake Blvd, Suite 1
Kentfield, CA 94904
Phone: (415) 999-6394
Fax: (415) 532-2206
Email: alicebjackson@me.com
Web: www.jackson-edcounseling.com

Joan Klein

Klein and Associates Educational Therapists and Consultants, Inc.
5000 North Pkwy. Calabasas, Suite 103
Calabasas, CA 91302
Phone: (818) 222-8534
Fax: (818) 880-8148
Email: joan_Kleinedtherapist@yahoo.com

Randi Klein, MS, LMFT, LPCC

Klein and Associates Educational Therapists and Consultants, Inc.
31416 Agoura Rd. Suite 100
Westlake Village, CA 91361
Phone: (818) 870-0268
Fax: (818) 706-0141
Email: rkleinedconsult@me.com

Bill Lane

Bill Lane & Associates
720 Seagirt Ct.
San Diego, CA 92109
Phone: (858) 488-5319
Email: bill-lane@sbcglobal.net
Web: www.billlaneandassociates.com

Anne Lewis

Anne Lewis, Inc.
1482 East Valley Road, J631
Santa Barbara, CA 93108
Phone: (805) 691-1030
Email: annelewis100@gmail.com
Web: www.teenhelpcenter.net

Eli Merritt, MD

Merritt Mental Health
3786 20th St.
San Francisco, CA 94110
Phone: (415) 285-3774
Fax: (888) 373-5916
Email: emerritt@merrittmentalhealth.com
Web: www.merrittmentalhealth.com

Susan Miltner, MA, CEP

Virginia Reiss & Miltner Associates
980 Mangolia Ave., #8
Larkspur, CA 94939
Phone: (415) 461-4788
Fax: (415) 461-4626
Email: smiltner@reissmiltner.com
Web: www.reissmiltner.com

Individual Professional Members: By State

CALIFORNIA (Cont'd)

Jill Porter

Porter Associates, Inc.
1850 Castellana Rd.
La Jolla, CA 92037
Phone: (858) 454-5528
Fax: (858) 454-5580
Email: jill@portered.com

James Powell

Powell & Elliott Collaborative, LLC
P.O. Box 825
Lake Arrowhead, CA 92352
Phone: (951) 315-8320
Fax: (909) 336-1942
Email: jimpowellphd@verizon.net
Web: www.powellandelliott.com

Jessica Romeyn, PsyD

Therapeutic Solutions for Young Adults
8033 Sunset Blvd.
Los Angeles, CA 90046
Phone: (323) 362-2934
Fax: (323) 400-4584
Email: drjromeyn@gmail.com
Web: www.drjromeyn.com

Paula L. Rudy

Educational Consultant
P.O. BOX 493576
Redding, CA 96049
Phone: (530) 244-2200
Email: paula@paularudy.com
Web: www.paularudy.com

Nicole C. Shelton, MEd, MS

College Living Experiences
Monterey, CA 92013
Phone: (831) 262-0566
Email: nshelton@experiencecle.com
Web: www.experiencecle.com

Teri Solochek, PhD

Solochek & Associates, Inc.
6700 Fallbrook Ave., Suite 235
West Hills, CA 91307
Phone: (818) 348-8248
Fax: (818) 348-8243
Email: Doctorteri@aol.com

COLORADO

Steven Antonoff

Antonoff Associates, Inc.
265 South Fairfax St.
Denver, CO 80246
Phone: (303) 333-8413
Fax: (720) 746-5954
Email: eduadvise@comcast.net
Web: www.schoolbuff.com

Michelle Grappo

RNG International Educational Consultants, LLC
383 Corona St., Suite 322
Denver, CO 80218
Phone: (720) 627-6940
Email: michelle@rnginternational.com
Web: www.rnginternational.com

Individual Professional Members: By State

COLORADO (Cont'd)

Rebecca Grappo, MEd, CEP

RNG International Educational Consultants, LLC
383 Corona Street, Suite. 403
Denver, CO 80218
Phone: (720) 627-6940
Fax: (303) 773-0679
Email: rebecca@rnginternational.com
Web: www.rnginternational.com

Pamela Jobin, MEd, CEP

Educational Consultant, IECA, CEP
655 Leyden Street
Denver, CO 80220 (see other CO location)
Phone: (303) 882-2010
Fax: (888) 899-4345
Email: Pam@ejobin.com

Pamela Jobin, MEd, CEP

Educational Consultant, IECA, CEP
425 South Cherry Street
Glendale, CO 80246 (see other CO location)
Phone: (303) 882-2010
Fax: (888) 899-4345
Email: Pam@ejobin.com

Robert Meltzer

Northlight Family Services
8771 Wolff Ct., Suite. 215
Westminster, CO 80031
Phone: (303) 650-2944
Fax: (303) 650-1607
Email: rob@northlightfamily.com
Web: www.northlightfamily.com

Kelly Ryan

GPS Family Consulting
3124 S. Parker Rd, Suite A2-420
Aurora, CO 80014
Phone: (303) 369-9907
Fax: (303) 745-2119
Email: kryan@gpsfamilyconsulting.com
Web: www.gpsfamilyconsulting.com

Eileen Scheibe

Equinox Counseling and Wellness Center
2480 W 26th Ave, Suite B-330
Denver, CO 80203
Phone: (303) 564-7974
Email: ecscheibe@equinoxcounseling.com
Web: www.equinoxcounseling.com

Melissa Shanahan

Educational Pathways
1330 County Rd 83
Boulder, CO 80302
Phone: (303) 588-9851
Email: melissa@educationalpathway.com
Web: www.educationalpathways.com

Individual Professional Members: By State

CONNECTICUT

Samantha Bernstein

Nightingale Educational Consulting, LLC
537 Westover Rd
Stamford, CT 06902 (see also NH location)
Phone: (203) 716-1855
Email: samantha.bernstein@me.com
Web: www.NightingaleEd.com

Camille M. Bertram "Cammie"

THE BERTRAM GROUP, LLC
120 Riders Ln.
Fairfield, CT 06824
Phone: (203) 255-2577
Fax: (203) 255-4713
Email: cammie@thebertramgroup.com
Web: www.thebertramgroup.com

G. Frederick Dickson (Rick)

Dunbar Educational Consultants
161 Cherry Street
New Canaan, CT 06840
Phone: (203) 972-0730 Ext. 3
Fax: (203) 966-5530
Email: rdickson@dunbarconsultants.com
Web: www.dunbarconsultants.com

Meghan Lahey

Steinbrecher & Partners
225 Main St., Suite 203
Westport, CT 06880
Phone: (203) 227-3190
Email: meglahey@steinbrecherconsulting.com
Web: www.steinbrecherconsulting.com

Daria M. Rockholz, PhD

School + College Consulting Services
270 Greenwich Ave.
Greenwich, CT 06830 (see also NY location)
Phone: (203) 313-0734
Fax: (203) 532-5576
Email: daria@dariarockholz.com
Web: www.dariarockholz.com

Lisa Schwartz

Lisa Schwartz, LLC
42 Spriteview Ave.
Westport, CT 06880
Phone: (203) 216-6863
Email: lschwartz25@gmail.com

Michele Shackelford, PhD

Shackelford Educational Consulting, LLC
8 Titus Road
Washington Depot, CT 06794
Phone: (888) 909-5424
Email: michele.shackelford.phd@gmail.com
Web: www.shackelford-ec.com

Diederik van Renesee

Steinbrecher and Partners
225 Main St., Suite 203
Westport, CT 06880
Phone: (203) 227-3190
Fax: (203) 221-0182
Email: drenesse@aol.com
Web: www.steinbrecherconsulting.com

Individual Professional Members: By State

DISTRICT OF COLUMBIA

Tom Harvey

The School Counseling Group
4725 MacArthur Blvd. NW
Washington, DC 20007

Phone: (202) 333-3530 ext. 11

Email: tom@schoolcounseling.com

Web: www.schoolcounseling.com

Peter Sturtevant

The School Counseling Group, Inc.
4725 MacArthur Blvd., NW
Washington, DC 20007

Phone: (202) 333-3530

Fax: (202) 333-3212

Email: peter@schoolcounseling.com

Web: www.schoolcounseling.com

FLORIDA

Michael Bishop

Bishop Educational Consulting
4817 Tea Rose Ct.
Lutz, FL 33558

Phone: (813) 454-1050

Email: dr.michael.bishop@gmail.com

Web: www.besteducationalconsultant.com

Marcy Dorfman, LCSW

Judi Robinovitz Associates
750 Park Of Commerce Blvd. # 120
Boca Raton, FL 33487
(Offices also in Palm Beach Gardens, Wellington,
Weston, and Coral Springs)

Phone: (954) 635-7161

Email: marcy@scoreatthetop.com

Web: www.scoreatthetop.com

**Raymond S. Estefania, MS, LMHC, CAP, CIP,
ICADC**

Family Recovery Specialists
9350 S.W. 72nd St., Suite 175
Miami, FL 33173

Phone: (305) 595-7378

Fax: (305) 595-7380

Email: Restefania@bellsouth.net

Web: www.familyrecoveryspecialists.com

Catherine M. Hunt, LCSW

Greenwood Associates, Inc.
30250 Emmetts Court
Wesley Chapel, FL 33543

Phone: (813) 447-9370

Email: catherinehunt0@gmail.com

Web: www.greenwdassoc.com

Elaine Morgan, EdM

Morgan & Murrah Associates
P.O. Box 540654
Orlando, FL 32854

Phone: (407) 636-1004

Email: Elaine@MorganMurrah.com

Web: www.morganmurrah.com

Martha Moses

Martha Moses and Associates
8100 SW 81 Dr., Suite 277
Miami, FL 33143

Phone: (305) 273-0041

Fax: (305) 273-7879

Email: martha.moses@gmail.com

Web: www.marthamoses.com

Individual Professional Members: By State

FLORIDA (Cont'd)

Jill Rickel, MS, CEP

Academic Options, Inc.
2233 N Commerce Parkway Suite 1
Weston, FL 33326
Phone: (954) 843-9251
Fax: (954) 839-9443
Email: jrickel@academicoptionsAO.com
Web: www.academicoptionsAO.com

Jason Robinovitz

Judi Robinovitz Associates Educational Consulting
6250 Coral Ridge Dr., Suite 190
Coral Springs, FL 33076
Phone: (954) 510-0600
Fax: (954) 510-0602
Email: Jason@ScoreAtTheTop.com
Web: www.scoreatthetop.com

Judi Robinovitz

Judi Robinovitz Associates Educational Consulting
750 Park of Commerce Blvd., Suite 120
Boca Raton, FL 33487
Phone: (561) 241-1610
Fax: (561) 241-1605
Email: Judi@ScoreAtTheTop.com
Web: www.scoreatthetop.com

Amy F. Weinberger, MS.Ed

The Thinking Center
5949 Approach Road
Sarasota, FL 34238
Phone: (941) 345-7575
Fax: (941) 923-9520
Email: thinkingcenter@gmail.com
Web: www.thinkingcenter.com

GEORGIA

Ellen V. Brown MA, LPC

Atlanta Educational Consultants
6000 Lake Forrest Dr., Suite 475
Atlanta, GA 30328
Phone: (678) 429-6574
Fax: (404) 506-9186
Email: Brownellenv@aol.com
Web: www.atleduconsultants.com

Lisa Cheyette

One Oak Educational Consulting
1115 Upper Hembree Rd.
Roswell, GA 30076
Phone: (770) 406-6883
Email: lisa.cheyette@gmail.com
Web: www.oneoakconsult.com

Dr. J. Todd George

Atlanta Psychological Services
2308 Perimeter Park Drive
Atlanta, GA 30341
Phone: (770) 457-5577
Fax: (770) 457-5599
Email: JToddGeorge@aol.com
Web: www.atlantapsychological.com

Jean Hague

Jean Hague & Associates
1201 Peachtree Street, NE
400 Colony Square, Suite 200
Atlanta, GA 30361
Phone: (404) 872-9128
Fax: (404) 870-9093
Email: jeanhague@aol.com

Individual Professional Members: By State

GEORGIA (Cont'd)

Heather Hayes

Heather R. Hayes, LLC
327 Dahlonega St., Suite 1901A
Cumming, GA 30041
Phone: (800) 335-0316
Fax: (888) 743-6307
Email: heather@heatherhayes.com
Web: www.heatherhayes.com

BJ Hopper

BJ Hopper & Associates
3400 Peachtree Rd., Suite 1539
Atlanta, GA 30326
Phone: (404) 814-1394
Fax: (404) 759-2810
Email: bhopper719@aol.com
Web: www.bjhopper.com

Holly Hunter

SafePassage Adolescent Services®
13309 Freemanville Road
Alpharetta, GA 30004
Phone: (770) 667-7467
Fax: (770) 667-6999
Email: holly@hunterpi.com
Web: www.safepassagetransport.com

Rosemary G. Tippet, MA

Educational/Therapeutic Consultant RGT, LLC
2391 Paces Ferry Road, Suite 202-A
Atlanta, GA 30080
Phone: (770) 313-8488
Email: rosemarytippet@charter.net
Website: www.rosemarytippet.com

Christie Theriot Woodfin, MEd, LPC, CEP

Woodfin & Associates, LLC
1708 Peachtree St. Suite 310
Atlanta, GA 30309 (also has LA location)
Phone: (404) 249-9898
Fax: (404) 506-9660
Email: cwoodfin@bestschoolforyou.com
Web: www.bestschoolforyou.com

IDAHO

Andrew Bryan

Independent Educational Consultant
512 W. Idaho, Suite 102
Boise, ID 83702
Phone: (208) 484-5835
Email: andrewcbryan@hotmail.com
Web: www.emergingyoungadults.com

Kristie Campbell, CEP

Independent Educational Consultant
PO Box 1107
Bonners Ferry, ID 83805
Phone: (208) 267-5550
Fax: (888) 385-1157
Email: kristie@woodbury.com
Web: www.strugglingteens.com

Individual Professional Members: By State

IDAHO (Cont'd)

Clay Garrett

Venture Transitions, LLC
780 N.Wrenco Rd.
Sandpoint, ID 83864
Phone: 1-800-960-3185
Email: ventureclay@gmail.com
Web: www.venturetransitions.com

Lon Woodbury

Woodbury Reports, Inc.
7119 Second St.
PO Box 1107
Bonners Ferry, ID 83805
Phone: (208) 267-5550
Fax: (208) 267-9127
Email: lonwoodbury@gmail.com
Web: www.strugglingteens.com

ILLINOIS

Gwendolyn Hales

Great Lakes Educational Consulting
400 Central Ave., Suite 200
Northfield, IL 60093
Phone: (847) 441-8911
Fax: (847) 881-0724
Email: greatlakesconsult@gmail.com
Web: www.greatlakesconsult.com

Kim Jenkins

One Oak Educational Consulting
778 Frontage Rd., Suite 113
Northfield, IL 60093
Phone: (773) 288-9156
Fax: (877) 479-1806
Email: Kim@OneOakConsult.com
Web: www.OneOakConsult.com

Karen Mabie

The School Solution
346 Jackson Ave.
Glencoe, IL 60022
Phone: (847) 242-0865
Fax: (847) 835-0345
Email: kmabie@theschoolsolution.com
Web: www.theschoolsolution.com

Jeanette Spires

Jeanette Spires & Associates
111 Fallstone Dr.
Lake Forest, IL 60045
Phone: (847) 234-7211
Fax: (847) 234-7227
Email: jeanette@jeanettespires.com
Web: www.jeanettespires.com

Imy Wax

The Aspire Group
1320 Carol Ln.
Deerfield, IL 60015
Phone: (847) 945-0913
Fax: (847) 945-6475
Email: imy@theaspiregroup.com
Web: www.imywax.com

Individual Professional Members: By State

LOUISIANA

Nancy W. Cadwallader, CEP

Collegiate Advisory Placement Service
PO Box 66371
Baton Rouge, LA 70896
Phone: (225) 928-1818
Email: cadwallader@att.net
Web: www.capsbr.com

Heidi Molbak

Seed Starter Educational Consulting
2532 Jefferson Ave.
New Orleans, LA 70115
Phone: (504) 352-1249
Email: heidi@theseedstarter.com

Christie Theriot Woodfin

Woodfin & Associates, LLC
New Orleans, LA 70115 (see also GA location)
Phone: (866) 942-0345
Fax: (404) 506-9660
Email: cwoodfin@bestschoolforyou.com
Web: www.bestschoolforyou.com

MAINE

Darrell Fraize, MEd, LCPC, LADC

Onward Counseling & Coaching
6 Hoyts Ridge Rd.
Brighton, ME 04009
Phone: (603) 452-8225
Fax: (207) 803-8044
Email: onwardlcpc@gmail.com
Web: www.onwardlcpc.com

MARYLAND

Joshua Cohen, PhD

Cohen Psychological Health Providers (CPHP)
966 Hungerford Dr., #32A
Rockville, MD 20850
Phone: (240) 606-3093
Fax: (301) 315-6302
Email: joshuamcohenphd@verizon.net
Web: www.CPHPRockville.com

Mindy Goodman

New Chapters Consulting & Counseling
11620 Reisterstown Rd., #935
Reisterstown, MD 21136
Phone: (443) 506-1662
Email: newchaptersconsulting@gmail.com
Web: www.newchaptersconsulting.com

Individual Professional Members: By State

MARYLAND (Cont'd)

Gale Saler

Gale Saler & Associates
8613 Hidden Hill Ln.
Potomac, MD 20854
Phone: (301) 509-9033
Email: galesaler@gmail.com

Deborah Shawen

Independent Educational Consultant
304 West Chesapeake Ave.
Baltimore, MD 21204
Phone: (410) 303-0589 or (410) 321-5612
Fax: (410) 321-5614
Email: deborahshawen@gmail.com
Web: deborahshawen@gmail.com

Pamela M. Tedeschi, MEd, CEP

Tedeschi Educational Consulting
10220 River Rd., Ste 111
Potomac, MD 20854
Phone: (301) 951-0131
Fax: (301) 951-1024
Email: pamela@pmtedcon.com
Web: www.pmtedcon.com

MASSACHUSETTS

Eileen Antalek, EdD

Educational Directions, Inc.
33 Lyman St., Suite 200
Westborough, MA 01581 (see other MA location)
Phone: (508) 870-1515
Fax: (508) 870-1505
Email: eileen@educationaldirections.com
Web: www.educationaldirections.com

Eileen Antalek, EdD

Educational Directions, Inc.
73 Lexington Street
Newton, MA 02466 (see other MA location)
Phone: (508) 870-1515
Fax: (508) 870-1505
Email: eileen@educationaldirections.com
Web: www.educationaldirections.com

Cynthia Cohen

Pathway Partners
4 Creamery Rd.
Great Barrington, MA 01230
Phone: (212) 722-2447 or (917) 754-5284
Fax: (917) 591-8055
Email: cynthia@pathwaypartners.info
Web: www.pathwaypartners.info

Marilyn F. Engelman

Educational Directions, Inc.
33 Lyman St., Suite 200
Westborough, MA 01581
Phone: (508) 870-1515
Fax: (508) 870-1505
Email: mengelman@educationaldirections.com
Web: www.educationaldirections.com

Individual Professional Members: By State

MASSACHUSETTS (Cont'd)

Gretchen Felopulos

McMillan, Howland & Spence
266 Beacon Street
Boston, MA 02116
Phone: (617) 536-4319
Fax: (617) 539-9031
Email: gretchen@mcmillaneducation.com
Web: www.mcmillaneducation.com

Leslie Goldberg

Goldberg Center for Educational Planning
25 Braintree Hill Park, Suite 309
Braintree, MA 02184
Phone: (781) 848-8800
Fax: (781) 848-4444
Email: leslie@edconsult.org
Web: www.edconsult.org

Renee Goldberg

Educational Options
5 Suburban Rd., Suite 605
Worcester, MA 01602
Phone: (508) 304-9672
Fax: (508) 304-9267
Email: renee@optionsined.com
Web: www.optionsined.com

Louise Kreiner

New England Educational Advisory Service
PO Box 949
Amesbury, MA 01913
Phone: (978) 388-1578 or (954)972-5329
Fax: (978) 388-1873
Email: lk@newenglandeducationadvisors.com

Lisa M. Kulpinski

Licensed Psychologist
15 Lyman Rd.
North Andover, MA 01845
Phone: (801) 556-1870
Email: lkulpinski3@hotmail.com

Sarah McMillan

McMillan, Howland & Spence
266 Beacon Street
Boston, MA 02116
Phone: (617) 536-4319
Fax: (617) 539-9031
Email: sarah@mcmillaneducation.com
Web: www.mcmillaneducation.com

Sean Rose

Breakthrough Educational Consultation, LLC
100 Grove St., Suite #406
Worcester, MA 01605
Phone: (508) 304-0811
Fax: (774) 243-1522
Email: sean@breakthroughconsultation.com
Web: www.breakthroughconsultation.com

Margie Schaffel, MEd, LICSW

Schaffel Educational Consulting
76 Badford St., #26
Lexington, MA 02420
Phone: (617) 320-0177 or (617) 608-9024
Email: margie@schaffeledconsulting.com
Web: www.schaffeledconsulting.com

Individual Professional Members: By State

MASSACHUSETTS (Cont'd)

Alexandra Steinert-Evoy

McMillan, Howland & Spence
266 Beacon Street
Boston, MA 02116

Phone: (617) 536-4319

Fax: (617) 539-9031

Email: alex@mcmillaneducation.com

Web: www.mcmillaneducation.com

Cara Voutselas

Pivot Educational Consulting, LLC
4 Ladyslipper Ln.
Acton, MA 01720

Phone: (987) 760-2455

Email: cjvoutselas@gmail.com

Web: www.pivoteducational.com

MICHIGAN

Connie M Wood MS

A Circle of Hope Counseling
200 E. Big Beaver
Troy, MI 48083 (see also OH location)

Phone: (248) 519-1212

Email: conniewood@acircleofhope.net

Web: www.acircleofhope.net

MISSOURI

Danna Albright

Cornerstone Educational Consulting, LLC
7710 Carondelet Ave., Suite 204
St. Louis, MO 63105

Phone: (314) 609-7994

Email: danna@cornerstone-ec.com

Web: www.cornerstone-ec.com

Russell Hyken

Educational & Psychotherapy Services, LLC
1201 Bellevue Ave.
St. Louis, MO 63117

Phone: (314) 691-7640

Fax: (314) 647-6305

Email: rhyken@ed-psy.com

Kim Robinson

Dunbar Educational Consultants
1029 Highway Z
Silex, MO 63377

Phone: (573) 485-3695

Email: kim01958@yahoo.com

Web: www.dunbarconsultants.com

D. Christopher White, MSW

Cornerstone Therapeutic and Educational
Consulting, L.L.C.
7710 Carondelet Ave., Suite 204
St. Louis, MO 63105

Phone: (314) 494-8248

Fax: (314) 727-4340

Email: chris@cornerstone-ec.com

Web: www.cornerstone-ec.com

Individual Professional Members: By State

MONTANA

Mark Parlett

Fresh Tracks Educational Consulting
P.O. Box 862
Manhattan, MT 59741
Phone: (406) 579-6793
Email: tmparlett@gmail.com

NEBRASKA

Doug Czyz

Boys Town
13603 Flanagan Blvd.
Boys Town, NE 68010
Phone: (402) 498-1973
Email: doug.czyz@boystown.org
Web: www.boystown.org

NEW HAMPSHIRE

Samantha Bernstein RN, MA

Nightingale Educational Consulting, LLC
P.O. Box 120
West Peterborough, NH 03458
Phone: (203) 716-1855
Email: samantha.bernstein@me.com
Web: www.nightingaleed.com

Elizabeth Hall, EdM

Hall Educational Resources
176 High St.
Exeter, NH 03833
Phone: (781) 304-4716
Fax: (781) 989-8120
Email: elizabeth@halleducationalresources.com
Web: www.halleducationalresources.com

Marylou Marcus

Marylou Marcus LLC
139 Carley Rd.
Peterborough, NH 03458
Phone: (603) 924-6888
Email: marcusedconsult@myfairpoint.net
Web: www.maryloumarcus.com

David Parker

Parker Education
33 Pheasant St.
Concord, NH 03301
Phone: (603) 228-4209
Fax: (603) 410-6241
Email: dparker@parkeracademy.com
Web: www.parkeracademy.com

Individual Professional Members: By State

NEW JERSEY

Pamela Bard

Academic Counseling Services, LLC
1 Lenox Pl.
Maplewood, NJ 07040
Phone: (973) 761-0744
Email: pamelabard@comcast.net

Nancy Greene

Creative Educational Options, LLC
103 Carnegie Center, Suite 101
Princeton, NJ 08540 (see also PA location)
Phone: (610) 213-3599
Fax: (215) 699-8171
Email: nancyvgreene33@gmail.com
Web: www.creative-ed-options.com

Ruby Laufer OTR/L

Dobson Educational Services
82 Woodbine Ave.
Little Silver, NJ 07739
Phone: (732) 804-4919
Fax: (732) 936-1778
Email: rubyL@comcast.net
Web: www.dobconsult.com

Lucy Pritzker, MS

Educational Resources Unlimited
66 Elm Street #8
Westfield, NJ 07090 (see also NY location)
Phone: (914) 232-4000
Fax: (908) 728-0586
Email: Lucy@eruconsults.com
Web: www.eruconsults.com

Dr. James Roche

Educational Guidance Associates
P.O. Box 336
Lincoln Park, NJ 07035
Phone: (973) 694-9598
Email: drjimroche@hotmail.com
Web: www.educationalguidanceassociates.com

Lexy Spett

Collaborative Therapeutic Consulting
375 Brownstone Ct.
Wyckoff, NJ 07481
Phone: (201) 688-3208
Fax: (201) 632-6545
Email: lexyspett@gmail.com
Web: www.thectcplan.com

Joanna Strauch

Compass Educational Consultants, LLC
10 Fieldstone Dr.
Clinton, NJ 08809
Phone: (907) 268-2266
Fax: (907) 730-7188
Email: jstrauch@compassedcon.com
Web: www.compassedcon.com

Anita Targan

Anita Targan Associates
2 Gloucester Pl.
Morristown, NJ 07960
Phone: (973) 538-7607
Fax: (973) 538-3713
Email: anitatargan@optonline.net
Web: anitatargan@optonline.net

Individual Professional Members: By State

NEW YORK

Stephanie Crossman, JD

Crossman Educational Consulting, LLC

113 West 89th St., #2A

New York, NY 10024

Phone: (917) 923-0305

Email: stephanie@crossmanconsulting.com

Web: www.crossmanconsulting.com

Myrna Harris

Harris/Kramer Associates, LLC

51 Bedford Rd., Suite 12

Katonah, NY 10536

Phone: (914) 401-4442

Email: Myrna@HarrisKramer.com

Web: www.HarrisKramer.com

Jacob Gelles

Cornerstones of Maine

42 South Portland Avenue

Brooklyn, NY 11217

Phone: (914) 225-0383

Email: jacob.gelles@gmail.com

Web: www.cornerstonesofmaine.com

Jane E. KolberJane E. Kolber, CEP

142 East 71 St.

New York, NY 10021

Phone: (212) 734-1704

Fax: (212) 772-7397

Email: JEKWFK@aol.com

Jodi Liston

Harris Kramer Associates, LLC

51 Bedford Road

Katonah, NY 10536

Phone: (914) 401-4442

Fax: (914) 471-9758

Email: jodi@harriskramer.com

Web: www.HarrisKramer.com

Barbara Posner

Educational Resources Unlimited

9 Edgemont Rd.

Katonah, NY 10536

Phone: (914) 232-4000

Fax: (908) 728-0586

Email: barbara@eruconsults.com

Web: www.eruconsults.com

Lucy Pritzker, M.S.

Educational Resources Unlimited

9 Edgemont Rd.

Katonah, NY 10536 (see also NJ location)

Phone: (914) 232-4000

Fax: (908) 728-0586

Email: Lucy@eruconsults.com

Web: www.eruconsults.com

Daria M. Rockholz, Ph.D.

School + College Consulting Services

40 Park Avenue

New York, NY, 10016 (see also CT location)

Phone: (203) 313-0734

Fax: (203) 532-5576

Email: daria@dariarockholz.com

Web: www.dariarockholz.com

Individual Professional Members: By State

NEW YORK (Cont'd)

Ellen Ross

Blue Tomato Center for Individual Learning and
Critical Thinking
736 Broadway, Floor 11
New York, NY 10003
Phone: (212) 387-0447
Fax: (212) 677-0045
Email: ellen@bluetomato.us
Web: www.bluetomato.us

Judith Russell

Judith M. Russell, Educational Consultant
36 North Ridge St., Apt. C
Rye Brook, NY 10573
Phone: (914) 419-0585
Email: russeju@yahoo.com

Marilyn Siegel, LCSWR

Marilyn Siegel LCSW LLC
80 East 11th St., Suite 223
New York, NY 10003
Phone: (917) 922-1826
Fax: (646) 304-5625
Email: marilynhsiegel@gmail.com

Dana Stahl

Educational Alternatives LLC
35 Lily Pond Ln.
Katonah, NY 10536
Phone: (914) 907-9144
Email: danaconsults@gmail.com
Web: www.educationalalternativesllc.com

Tracey Spencer Walsh

Law Office of Tracey Spencer Walsh
379 West Broadway
New York, NY 10012
Phone: (917) 566-2677
Email: tracey@spencerwalshlaw.com
Web: www.spencerwalshlaw.com

NORTH CAROLINA

Kimberly Davis

Kimberly Davis Educational Consulting
P.O. Box 383
Huntersville, NC 28070
Phone: (704) 458-8929
Fax: (704) 631-4993
Email: kim@daviseducationalconsulting.com
Web: www.daviseducationalconsulting.com

Mary Jane Freeman

The Davidson Center
452 S. Main Street, Suite 110
Davidson, NC 28036
Phone: (704) 892-4533
Email: maryjanef43@gmail.com
Web: www.davidsoncenter.com

Individual Professional Members: By State

NORTH CAROLINA (Cont'd)

John Huie

John Huie & Associates
1333 Merrimon Ave.
Asheville, NC 28804
Phone: (828) 252-8062
Email: John@johnhuie.com
Web: www.johnhuie.com

Brooke Judkins

UNIFY Families
43 Grove Street, Suite 3
Asheville, NC 28801
Phone: (828) 803-0824
Email: unifyfamilies@gmail.com
Web: www.unifyfamilies.com

Milton Little, PhD

Burke-Little & Associates Inc.
411 Morris St.
Durham, NC 27701 (see TN & VA locations)
Phone: (919) 622-0887
Fax: (919) 287-2950
Email: burklittle@aol.com
Web: www.burke-little.com

Erika L. Mackey

Carolina Collaborative Educational Consulting
408 Acorn Falls Ct
Holly Springs, NC 27540
Phone: (919) 398-3177
Email: emackey@2ceconsulting.com
Web: www.2ceconsulting.com

Carrie Ritter

Independent Educational Consultant
1010 Ivy Lane
Raleigh, NC 27609
Phone: (832) 381-7888
Email: rittercm@gmail.com

Nikki Rogers

Peak Educational Consulting
1008 Blackburn Rd.
Apex, NC 27502
Phone: (919) 244-4268
Email: nrogers@peakeducationalconsulting.com
Web: www.peakeducationalconsulting.com

Jesse Quam

John Huie & Associates
22 Woodbend Lane
Black Mountain, NC 28711
Phone: (828) 423-6469
Email: jdquam@yahoo.com
Web: www.johnhuie.com

Individual Professional Members: By State

OHIO

John Hunt

Jason William Hunt Foundation
1070 Ridgepoint Dr
Batavia, OH 45103
Email: john@jwhf.org
Web: www.jwhf.org

Connie M Wood MS

A Circle of Hope Counseling
9435 Waterstone Blvd Suite 140
Cincinnati, OH 45249 (see also MI location)
Phone: (513) 271-4044
Email: conniewood@acircleofhope.net
Web: www.acircleofhope.net

OREGON

Ann Davidson

Educational Connections, LLC
1012 SW King Ave., Suite 301
Portland, OR 97205
Phone: (503) 478-9727
Fax: (503) 478-9726
Email: davidson@educationalconnections.com
Web: www.educationalconnections.com

Andrew Odden

Blue Phoenix Educational Consulting
6555 NW Vineyard Dr.
Corvallis, OR 97330
Phone: (541) 760-8505
Email: andyodden@comcast.net
Web: www.bluephoenixeducationalconsulting.com

Patricia Phelan

Educational Connections, LLC
1012 SW King Ave., Suite 301
Portland, OR 97205
Phone: (503) 478-9727
Fax: (503) 478-9726
Email: phelan@educationalconnections.com
Web: www.educationalconnections.com

Sanford Shapiro

The Bend Learning Center and LDResources
404 S.W. Columbia St., Suite 140
Bend, OR 97702
Phone: (541) 383-3208
Email: sanfordshapiro@me.com
Web: www.ldresources.org

Pamela Sheffield, PsyD

Educational Connections, LLC
1012 SW King Ave., Suite 301
Portland, OR 97205
Phone: (503) 478-9727
Fax: (503) 478-9726
Email: sheffield@educationalconnections.com
Web: www.educationalconnections.com

Individual Professional Members: By State

PENNSYLVANIA

Michael Balotti

Redwood Educational Services, LLC
3516 New Queen Street
Philadelphia, PA 19129
Phone: (215) 888-1318
Fax: (888) 627-3069
Email: mike@consultredwood.com
Web: www.consultredwood.com

Richard J. Baroody, Jr.

Baroody Associates
105 N 2nd Street, #402
Philadelphia, PA 19106 (see also SC location)
Phone: (610) 331-5329
Fax: (215) 525-2830
Email: Richard@baroodyassociates.com
Web: www.baroodyassociates.com

Joseph Dobson

Dobson Educational Services, Inc.
8238 Germantown Avenue
Philadelphia, PA 19118
Phone: (215) 242-3587
Fax: (215) 242-3588
Email: jpd@dobconsult.com

Nancy Greene

Creative Educational Options, LLC
1062 E. Lancaster Ave., Suite 9
Bryn Mawr, PA 19010 (see also NJ location)
Phone: (610) 527-3000
Fax: (215) 699-8171
Email: nancyvgreene33@gmail.com
Web: www.creative-ed-options.com

Rachel Sobel

College Possibilities, LLC
333 East Lancaster Avenue, #342
Wynnewood, PA 19096
Phone: (610) 642-8708
Email: rachel@collegepossibilities.com
Web: www.collegepossibilities.com

RHODE ISLAND

Nancy A. Black, LICSW

SUCCEED Educational Consulting
2444 East Main Road
Portsmouth, RI 02871
Phone: (401) 683-6210 Ext. 1
Fax: (401) 683-6212
Email: nancyann310@gmail.com
Web: www.you-can-succeed.org

Individual Professional Members: By State

SOUTH CAROLINA

Richard Baroody

Baroody Associates
21 Marsh View Drive
Hilton Head, SC 29928 (see also PA location)
Phone: (610) 331-5329
Fax: (215) 525-2830
Email: Richard@baroodyassociates.com
Web: www.baroodyassociates.com

May Peach

The Price Group Educational Planning Services
3104 Devine Street
Columbia, SC 29205
Phone: (803) 252-5777
Email: mpeach@thepricegroup.com
Web: www.thepricegroup.com

Louise R. Slater

The Price Group Educational Planning Services
3104 Devine Street
Columbia, SC 29205
Phone: (803) 252-5777
Fax: (803) 252-4333
Email: lslater@thepricegroup.com
Web: www.thepricegroup.com

Beth Venable

Venable Educational Consulting
P.O. Box 1259
Clemson, SC 29633
Phone: (864) 710-0391
Email: bethven@gmail.com
Web: www.bethvenable.com

TENNESSEE

Brenda Loring

EduPlanners
4525 Harding Rd., Suite 204
Nashville, TN 37205
Phone: (615) 269-3322
Email: brenda@eduplanners.com
Web: www.eduplanners.com

Milton Little, PhD

Burke-Little & Associates Inc.
865 Elm Hill Pike
Nashville, TN 37210 (see NC & VA locations)
Phone: (615) 965-3099
Fax: (919) 287-2950
Email: burklittle@aol.com
Web: www.burke-little.com

TEXAS

Lindy Kahn, MA, CEP

Kahn Educational Group, LLC
6717 Vanderbilt St
Houston, TX 77005
Phone: (713) 668-2609 or (800)664-2609
Email: lkahn@educationalconsulting.com
Web: www.educationalconsulting.com

Janet Nicholas

Deviations, Inc./Trails Less Traveled
25511 Budde Rd, Suite 502
The Woodlands, TX 77380
Phone: (713) 882-4268
Fax: (281) 252-4702
Email: janet@janetnicholas.com
Web: www.janetnicholas.com

Individual Professional Members: By State

TEXAS (Cont'd)

Deborah Ann Spagnoletti
Educational Consulting of Houston
2202 Duraven Ln.
Houston, TX 77019
Phone: (713) 962-8506
Fax: (832) 203-7465
Email: ECHdas@aol.com
Web: www.echusa.com

UTAH

Ellen Behrens, PhD
Westminster College
1840 South 1300 East
Salt Lake City, UT 84105
Phone: (801) 832-2300
Email: ebehrens@westminstercollege.edu

Dana Cox, MSW
Safeguard, Inc.
P.O. Box 1247
Ogden, UT 84409
Phone: (801) 763-1319
Fax: (888) 700-0035
Email: info@safeguardas.com
Web: www.safeguardas.com

Sarah Finney
Finney Consulting
3390 Oakwood Street
Salt Lake City, UT 84109
Phone: (801) 486-4743
Fax: (801) 386-5161
Email: sarah@finney.consulting
Web: www.finney.consulting

Jenney G. Wilder
All Kinds of Therapy
P.O. Box 1976
Salt Lake City, UT 84103
Phone: (202) 630-2563
Email: jw@allkindsofeducation.com
Web: www.allkindsofTHERAPY.com

James Meyer
Meyer Education and Family Services
P.O. Box 680813
Park City, UT 84068
Phone: (435) 659-1343
Email: james@meyerefs.com
Web: www.meyerefs.com

Tim Thayne
Homeward Bound
770 East Main St, #215
Lehi, UT 84043
Phone: (801) 768-1441
Email: tim@homewardbound.net

Individual Professional Members: By State

VERMONT

Benjamin Mason
Mason Associates
P.O. Box 59
Charlotte, VT 05445
Phone: (802) 425-7600
Fax: (802) 425-7601
Email: ben@masonconsult.com
Web: http://www.masonconsult.com

Lee W. McLendon, MA, MEd
McLendon Educational Consulting
P.O. Box 359
Waterbury Center, VT 05677
Phone: (802) 244-0606
Fax: (802) 244-6866
Email: leewmcl@mac.com

VIRGINIA

Cathy Byerly
Independent School Options
218 N. Lee Street, Suite 323
Alexandria, VA 22302
Phone: (703) 671-8316
Fax: (703) 997-8438
Email: cbyerly@independentschooloptions.com
Web: www.independentschooloptions.com

Kay C. Ford
CKC Consultant Tour Services
PO Box 72852
Richmond, VA 23235
Phone: (804) 837-1535
Email: kay@ckctours.com
Web: www.ckctours.com

Milton Little, PhD
Burke-Little & Associates Inc.
4860 Cox Road
Richmond VA 23060 (see NC & TN locations)
Phone: (804) 278-9055
Fax: (919) 287-2950
Email: burklittle@aol.com
Web: www.burke-little.com

WASHINGTON

Dana Dean Doering, ARNP
Dean Doering & Associates
200 West Mercer St., Suite E-100
Seattle, WA 98119
Phone: (206) 324-3344
Fax: (866) 281-6677
Email: dana@deandoering.com
Web: www.deandoering.com

Sheila Giasson
Dean Doering & Associates
200 West Mercer St., Suite E-100
Seattle, WA 98119
Phone: (206) 324-3344
Fax: (866) 281-6677
Email: sheila@deandoering.com
Web: www.deandoering.com

Individual Professional Members: By State

Web: www.compasconsultingwi.com

WISCONSIN

Judith Bessette

Compass Educational Consulting, LLC

N43 W33223 Glen Parc Cir

Nashotah, WI 53058

Phone: (414) 581-9146

Email: drjudib@mac.com



Affiliate Members, Business Partner Members and Student Members

- **Affiliate Membership** - For organizations or companies that provide services and products expressly designed to supplement services rendered by regular NATSAP member programs. These organizations must serve the program clients. Examples: transportation companies, educational facilities, et al.
- **Business Partner Membership** - For organizations or companies that provide services and products to NATSAP member programs. Examples: Insurance agencies, food service companies wilderness equipment companies, etc.
- **Student Membership** - For students enrolled in undergraduate or graduate programs related to the work performed by our member programs.

Members participate in the NATSAP common mission of promoting healthy growth and personal well being of program participants to become a part of the vision and mission of NATSAP.

Affiliate Members: By State

CALIFORNIA

West Shield Adolescent Services
16033 Bolsa Chica Road, #104-350
Huntington Beach, CA 92649
Executive Contact: Allen Cardoza
Phone: (800) 899-8585
Fax: (866) 874-9588
Email: contactus@westshield.com
Web: www.westshield.com

COLORADO

Vive Family Support Program
1150 Maxwell, Suite 200
Boulder, CO 80304
Executive Contact: Dave Herz
Phone: (303) 449-2516
Email: dherz@vivenow.com
Web: www.vivefamilysupportprogram.com

Georgia

Brightstone Transitions
PO Box 2971
Cumming, GA 30028
Executive Contact: Tim McMahon
Phone: (770) 530-5176
Fax: (686) 807-7440
Email: tim@brightstonetransitions.com
Web: www.brightstonetransitions.com

MARYLAND

Potomac Pathways
7945 MacArthur Blvd., Suite 214
Cabin John, MD 20818
Executive Contact: Brooke Brody
Phone: (301) 987-7284
Fax: (240) 630-8847
Email: bbrody@potomacpathways.org
Web: www.potomacpathways.org

New York

Freedom Institute
515 Madison Avenue 21st Floor
New York, NY 10022
Executive Contact: Rachel Russell
Phone: (212) 838-0044
Email: rachel.russell@freedominstitute.org
Web: www.freedominstitute.org

Academics West
124 W79th Street, Suite 1B
New York, NY 10538
Executive Contact: Dr. Evan Flamenbaum
Phone: (212) 580-0080
Fax: (212) 580-0047
Email: evan@academicswest.com
Web: www.academicswest.com

UTAH

Mountain Springs Preparatory Academy
1957 Royal Hunte Drive, Suite 100
Cedar City, UT 84720
Executive Contact: Jon Larsen
Phone: (435) 691-0245
Email: larsen.mspa@gmail.com
Web: www.mountainspringsprep.com

VERMONT

Mansfield Hall
371 Pearl St.
Burlington, VT 05401
Executive Contact: Grant Leibersberger
Phone: (802) 870-0862
Email: grant@mansfieldhall.org
Web: www.mansfieldhall.org

Affiliate Members: By State (Cont'd)

WEST VIRGINIA

Q & A Associates

PO Box 657

Davis, WV 26260

Executive Contact: Audrey Peavey

Phone: (304) 642-1980

Fax: (888) 600-7427

Email: audreypeavey@yahoo.com

Web: www.qa-associates.com

Business Partners: By State

ALABAMA

Cobbs Allen

115 Office Park Drive, Suite 200
Birmingham, AL 35223

Executive Contact: Billy Blair

Phone: (205) 874-3621

Email: bblair@cobbsallen.com

Web: www.cobbsallen.com

NEW JERSEY

GroupRx

255 Valley Boulevard
Wood Ridge, NJ 07075

Executive Contact: Lawrence Margolis

Phone: (201) 430-7300

Email: larry@grouprx.net

Web: www.grouprx.net

PENNSYLVANIA

Forging Futures

139 Freeport Rd.
Pittsburgh, PA 15215

Executive Contact: Susan Weiner

Phone: (412) 944-3008

Fax: (412) 291-3379

Email: info@forgingfutures.com

Web: www.forgingfutures.com

Program Members: By State

State	School	Phone
Alabama	Elk River Treatment Program	(866) 906-8336
Arizona	ANASAZI Foundation	(480) 892-7403
	In Balance Ranch Academy	(520) 722-9631
	Sedona Sky Academy	(928) 567-1322
	Spectrum College Transition Program	(480) 443-7331
	Spring Ridge Academy	(928) 632-4602
	Sweetwater Program	(800) 877-4520
	Tucson Transitional Living	(520) 795-3367
California	Active Recovery Network	(858) 704-4264
	Benchmark Transitions	(800) 474-4848
	The Help Group's Project Six/The Commons	(818) 267-2600
	Morningside Recovery	(866) 942-0095
	Newport Academy - Female	(866) 382-6651
	Newport Academy - Male	(877) 628-3367
	Newport Academy Therapeutic Day School	(877) 628-3367
	Northbound Treatment Services	(866) 538-4356
	Optimum Performance Institute	(888) 814-5985
	Visions Adolescent Treatment Centers	(866) 889-3665
Colorado	AIM House	(720) 289-1525
	Collegiate Coaching Services	(303) 635-6753
	Forest Heights Lodge	(303) 674-6681
	Living Well Transitions	(303) 245-1020
	Open Sky Wilderness Therapy	(970) 382-8181
Connecticut	The Devereux Glenholme School	(860) 868-7377
	Grove School	(203) 245-2778
	Newport Academy - Female	(877) 628-3367
	Newport Academy - Male	(877) 628-3367
	Newport Academy Therapeutic Day School	(877) 628-3367
	Wellspring & The Arch Bridge School	(203) 266-8000
Florida	Life of Purpose Treatment Center	(888) PURPOSE
	Pasadena Villa	(877) 845-5235
Georgia	Second Nature Blue Ridge	(706) 212-2037
	Shepherd's Hill Academy	(706) 779-5766
	Skyland Trail	(404) 315-8333
Hawaii	Pacific Quest	(808) 937-5802
Idaho	BlueFire Wilderness Therapy	(208) 610-3232
	Boulder Creek Academy	(877) 348-0848
	Cherry Gulch	(208) 365-3437

Program Members: By State

State	School	Phone
Idaho (cont'd)	Echo Springs Transition Study Center	(208) 267-1111
	Innercept	(208) 665-7178
	Northwest Academy	(877) 882-0980
	Northwest College Support	(877) 485-2776
	Novitas Academy	(208) 954-5085
	Project Patch	(360) 690-8495
Illinois	EDGE Learning & Wellness Collegiate Community	(224) 616-2655
	Sonia Shankman Orthogenic School	(773) 420-2900
Indiana	Compass Rose Academy	(260) 569-4757
	T.C. Harris School	(877) 854-1024
Kansas	Heartspring School	(800) 835-1043
	Lakemary Center, Inc.	(913) 557-4000
Louisiana	Evangelhouse Christian Academy	(800) 924-4012
	New Beginnings ARC	(337) 942-1171
Maine	Foundation House	(207) 791-2002
	Ironwood Maine	(877) 496-2463
	Summit Achievement	(207) 697-2020
Maryland	Clearview Communities, LLC	(240) 439-4900
Massachusetts	Austen Riggs Center	(800) 51-RIGGS
	Chamberlain International School	(508) 946-9346
	Eagleton School, Inc.	(413) 528-4385
	Latham Centers	(774) 353-9237
	Merck Center at Youth Villages-Germaine Lawrence	(781) 859-1233
	Valley View School	(508) 867-6505
Michigan	Rose Hill Center	(248) 534-5530
Missouri	Calo Preteens	(877) 879-CALO
	Calo Teens	(877) 879-CALO
	Shelterwood Academy	(800) 584-5005
Montana	Building Bridges	(406) 827-9853
	Chrysalis	(406) 889-5577
	Clearview Horizons, Inc.	(406) 847-5850
	Explorations	(406) 827-3863
	Intermountain	(406) 457-4778
	Monarch School	(406) 847-5095
	Montana Academy	(406) 858-2339
	Summit Preparatory School	(406) 758-8100
	Turning Winds Academic Institute	(208) 267-1500

Program Members: By State

State	School	Phone
Montana (cont'd)	Wilderness Treatment Center	(406) 854-2832
	Yellowstone Boys and Girls Ranch	(406) 655-2125
New Mexico	Sandhill Child Development Center	(505) 866-9271
New Hampshire	Mountain Valley Treatment Center	(603) 989-3500
	Shortridge Academy	(603) 755-3096
	Wediko Children's Services	(603) 478-5236
North Carolina	Aulder Academy	(919) 837-2336
	CooperRiis Healing Community	(828) 894-7140
	Four Circles Recovery Center	(877) 893-2221
	Red Oak Recovery	(828) 318-0148
	Second Nature Blue Ridge Carolina	(828) 230-9832
	Solstice East	(828) 484-9946
	SUWS of the Carolinas	(888) 828-9770
	Trails Carolina	(828) 885-5920
Ohio	Lindner Center of HOPE	(513) 536-0537
Oregon	Academy at Sisters	(541) 389-2748
	Bridges Academy	(541) 318-9345
	Cascade Crest Transitions	(866) 357-6357
	Dragonfly Transitions	(541) 850-0841
	Evoke at Cascades	(866) 411-6600
	New Leaf Academy	(541) 318-1676
	New Vision Wilderness	(855) 689-8326
	Rimrock Trails Adolescent Treatment Services	(541) 447-2631
South Carolina	Cherokee Creek Boys School	(864) 647-1885
Tennessee	Cumberland Heights	(615) 356-2700
Texas	Bayes Achievement Center	(936) 291-3391
	Fulshear Treatment to Transition	(801) 423-5324
	The Menninger Clinic	(713) 275-5000
	Meridell Achievement Center	(800) 366-8656
Utah	Alpine Academy	(800) 244-1113
	Ashcreek Ranch Academy	(435) 215-0500
	Aspiro Group, Inc.	(801) 349-2740
	Birdseye RTC	(801) 798-9077
	Catalyst Residential Treatment, LLC	(435) 723-4600
	Center for Change	(888) 224-8250
	Diamond Ranch Academy - Crystal Springs	(435) 635-4297
	Diamond Ranch Academy - Lava Falls	(435) 635-4297

Program Members: By State

State	School	Phone
Utah (cont'd)	Discovery Academy	(801) 374-2121
	Discovery Connections	(801) 800-8033
	Discovery Ranch	(801) 489-3311
	Discovery Ranch for Girls	(435) 865-9574
	Elevations RTC	(866) 952-7930
	Eva Carlston Academy	(801) 449-0089
	Evoke Entrada	(855) 411-6600
	Expedition Therapy Associates	(435) 899-1750
	Falcon Ridge Ranch	(435) 635-5260
	Gateway Academy, LLC	(801) 553-2436
	Heritage Schools, Inc.	(801) 226-4600
	Kolob Canyon RTC	(435) 592-3220
	La Europa Academy	(801) 916-5696
	Logan River Academy	(866) 755-8400
	Maple Lake Academy	(801) 798-7700
	Medicine Wheel at Redcliff	(800) 898-1244
	Moonridge Academy	(435) 592-3220
	New Haven	(888) 317-3958
	Oakley School	(435) 783-5001
	Outback Therapeutic Expeditions	(801) 766-3933
	Oxbow Academy	(435) 436-9460
	Red Rock Canyon School	(435) 673-6111
	RedCliff Ascent	(435) 878-2868
	Second Nature Uintas	(435) 738-2040
	Solstice West	(801) 444-0794
	Sunrise RTC	(435) 635-1185
	Telos Residential Treatment Center, LLC	(801) 426-8800
	Three Points Center, LLC	(435) 632-7767
	Triumph Youth Services, LLC	(435) 538-5063
	Turn-About Ranch	(800) 842-1165
	Uinta Academy	(435) 245-2600
	University Neuropsychiatric Institute	(801) 583-2500
	ViewPoint Center	(877) 808-3088
	Vista Adolescent Treatment	(801) 558-3335
	WayPoint Academy	(801) 690-7000
	White River Academy	(435) 659-2368 ext 1
	WinGate Wilderness Therapy	(800) 560-1599
	Youth Care	(800) 786-4924
Vermont	Spruce Mountain Inn	(802) 454-8353
	True North Wilderness Program	(802) 583-1144
Virginia	The Discovery Schools of Virginia	(434) 983-5616
	Little Keswick School	(434) 295-0457
	New Lifestyles, Inc.	(540) 722-4521
	Timber Ridge School	(540) 888-3456

Program Members: By State

State	School	Phone
Washington	Gray Wolf Ranch	(360) 385-5505
	Life Designs, Inc.	(509) 671-2487
Washington (cont'd)	Penrith Farms	(509) 447-0665
	reSTART Life, LLC	(800) 682-6934
	Tamarack Center	(509) 326-8100
Wisconsin	Genesee Lake School	(262) 569-5510
	Northwest Passage - Lakeshore	(715) 327-4402
	Northwest Passage Child & Adolescent Center & Prairieview Residential Treatment Program	(715) 327-4402
	Rogers Behavioral Health	(800) 767-4411

International Programs

Canada		
Ontario	Pine River Institute	(416) 955-1453
Costa Rica		
Alajuela	New Summit Academy of Costa Rica	(414) 921-1388

Program Members: By Gender

Female - Only Programs

Phone

Academy at Sisters	(541) 389-2748
Alpine Academy	(800) 244-1113
Aulder Academy	(919) 837-2336
Center for Change	(888) 224-8250
Chrysalis	(406) 889-5577
Clearview Horizons, Inc.	(406) 847-5850
Compass Rose Academy	(260) 569-4757
Diamond Ranch Academy - Crystal Springs	(435) 635-4297
Discovery Ranch for Girls	(435) 865-9574
Eva Carlston Academy	(801) 449-0089
Evangelhouse Christian Academy	(800) 924-4012
Falcon Ridge Ranch	(435) 635-5260
Fulshear Treatment to Transition	(801) 423-5324
Kolob Canyon RTC	(435) 592-3220
La Europa Academy	(801) 916-5696
Merck Center at Youth Villages-Germaine Lawrence	(781) 859-1233
Moonridge Academy	(435) 592-3220
New Haven	(888) 317-3958
New Leaf Academy	(541) 318-1676
Newport Academy - Female (CA Location)	(866) 382-6651
Newport Academy - Female (CT Location)	(866) 628-3367
Sedona Sky Academy	(928) 567-1322
Solstice East	(828) 484-9946
Solstice West	(801) 444-0794
Spring Ridge Academy	(928) 632-4602
Sunrise RTC	(435) 635-1185
Sweetwater Program	(800) 877-4520
Uinta Academy	(435) 245-2600
Wellspring & The Arch Bridge School	(203) 266-8000

Program Members: By Gender

Male - Only Programs

Phone

Ashcreek Ranch Academy	(435) 215-0500
Birdseye RTC	(801) 798-9077
Bridges Academy	(541) 318-9345
Building Bridges	(406) 827-9853
Catalyst Residential Treatment, LLC	(435) 723-4600
Cherokee Creek Boys School	(864) 647-1885
Cherry Gulch	(208) 365-3437
Cumberland Heights	(615) 356-2700
Diamond Ranch Academy - Lava Falls	(435) 635-4297
Discovery Connections	(801) 800-8033
Discovery Ranch	(801) 489-3311
Eagleton School, Inc.	(413) 528-4385
Forest Heights Lodge	(303) 674-6681
Foundation House	(207) 791-2002
Gateway Academy, LLC	(801) 553-2436
Gray Wolf Ranch	(360) 385-5505
In Balance Ranch Academy	(520) 722-9631
Little Keswick School	(434) 295-0457
New Summit Academy of Costa Rica	(414) 921-1388
Newport Academy - Male (CA Location)	(866) 628-3367
Newport Academy - Male (CT Location)	(866) 628-3367
Northwest Passage - Lakeshore	(715) 327-4402
Novitas Academy	(208) 954-5085
Oxbow Academy	(435) 436-9460
reSTART Life, LLC	(800) 682-6934
Spectrum College Transition Program	(480) 443-7331
Telos Residential Treatment Center, LLC	(801) 426-8800
Timber Ridge School	(540) 888-3456
Triumph Youth Services, LLC	(435) 538-5063
Valley View School	(508) 867-6505
Vista Adolescent Treatment	(801) 558-3335
WayPoint Academy	(801) 690-7000
Wediko Children's Services	(603) 478-5236
White River Academy	(435) 659-2368 ext 1
Wilderness Treatment Center	(406) 854-2832

Program Members: By Gender

Coeducational/Single Gender Groups Programs	Phone
AIM House	(720) 289-1525
BlueFire Wilderness Therapy	(208) 610-3232
Calo Preteens	(877) 879-CALO
Calo Teens	(877) 879-CALO
The Discovery Schools of Virginia	(434) 983-5616
EDGE Learning and Wellness Collegiate Community	(224) 616-2655
Evoke at Cascades	(866) 411-6600
Four Circles Recovery Center	(877) 893-2221
Genesee Lake School	(262) 569-5510
Heritage Schools, Inc.	(801) 226-4600
Maple Lake Academy	(801) 798-7700
New Vision Wilderness	(855) 689-8326
Northwest Passage Child & Adolescent Center & Prairieview Residential Treatment Program	(715) 327-4402
Outback Therapeutic Expeditions	(801) 766-3933
Project Patch	(360) 690-8495
RedCliff Ascent	(435) 878-2868
Second Nature Blue Ridge	(706) 212-2037
Second Nature Uintas	(435) 738-2040
SUWS of the Carolinas	(888) 828-9770
WinGate Wilderness Therapy	(800) 560-1599

Program Members: By Gender

Coeducational Programs

Phone

Active Recovery Network	(858) 704-4264
ANASAZI Foundation	(480) 892-7403
Aspiro Group, Inc.	(801) 349-2740
Austen Riggs Center	(800) 51-RIGGS
Bayes Achievement Center	(936) 291-3391
Benchmark Transitions	(800) 474-4848
Boulder Creek Academy	(877) 348-0848
Cascade Crest Transitions	(866) 357-6357
Chamberlain International School	(508) 946-9348
ClearView Communities, LLC	(240) 439-4900
Collegiate Coaching Services	(303) 635-6753
CooperRiis Healing Community	(828) 894-7140
The Devereux Glenholme School	(860) 868-7377
Discovery Academy	(801) 374-2121
Dragonfly Transitions	(541) 850-0841
Echo Springs Transition Study Center	(208) 267-1111
Elevations RTC	(866) 952-7930
Elk River Treatment Program	(866) 906-8336
Evoke Entrada	(855) 411-6600
Expedition Therapy Associates	(435) 899-1750
Explorations	(406) 827-3863
Grove School	(203) 245-2778
Heartspring School	(800) 835-1043
The Help Group's Project Six/The Commons	(818) 267-2600
Innercept	(208) 665-7178
Intermountain	(406) 457-4778
Ironwood Maine	(877) 496-2463
Lakemary Center, Inc.	(913) 557-4000
Latham Centers	(774) 353-9237
Life Designs, Inc.	(509) 671-2487
Life of Purpose Treatment Center	(888) PURPOSE
Lindner Center of HOPE	(513) 536-0537
Living Well Transitions	(303) 245-1020
Logan River Academy	(866) 755-8400
Medicine Wheel at Redcliff	(800) 898-1244
The Menninger Clinic	(713) 275-5000
Meridell Achievement Center	(800) 366-8656
Monarch School	(406) 847-5095
Montana Academy	(406) 858-2339
Morningside Recovery	(866) 942-0095
Mountain Valley Treatment Center	(603) 989-3500
New Beginnings ARC	(337) 942-1171
New Lifestyles, Inc.	(540) 722-4521
Newport Academy Therapeutic Day School	(877) 628-3367
Northbound Treatment Services	(866) 538-4356
Northwest Academy	(877) 882-0980
Northwest College Support	(877) 485-2776

Program Members: By Gender

Coeducational Programs (Cont'd)

Phone

Oakley School	(435) 783-5001
Open Sky Wilderness Therapy	(970) 382-8181
Optimum Performance Institute	(888) 814-5985
Pacific Quest	(808) 937-5802
Pasadena Villa	(877) 845-5235
Penrith Farms	(509) 447-0665
Pine River Institute	(416) 955-1453
Red Oak Recovery	(828) 318-0148
Red Rock Canyon School	(435) 673-6111
Rimrock Trails Adolescent Treatment Services	(541) 447-2631
Rogers Behavioral Health	(800) 767-4411
Rose Hill Center	(248) 534-5530
Sandhill Child Development Center	(505) 866-9271
Second Nature Blue Ridge Carolina	(828) 230-9832
Shelterwood Academy	(800) 584-5005
Shepherd's Hill Academy	(706) 779-5766
Shortridge Academy	(603) 755-3096
Skyland Trail	(404) 315-8333
Sonia Shankman Orthogenic School	(773) 420-2900
Spruce Mountain Inn	(802) 454-8353
Summit Achievement	(207) 697-2020
Summit Preparatory School	(406) 758-8100
T.C. Harris School	(877) 854-1024
Tamarack Center	(509) 326-8100
Three Points Center, LLC	(435) 632-7767
Trails Carolina	(828) 885-5920
True North Wilderness Program	(802) 583-1144
Tucson Transitional Living	(520) 795-3367
Turn-About Ranch	(800) 842-1165
Turning Winds Academic Institute	(208) 267-1500
University Neuropsychiatric Institute	(801) 583-2500
ViewPoint Center	(877) 808-3088
Visions Adolescent Treatment Centers	(866) 889-3665
Yellowstone Boys and Girls Ranch	(406) 655-2125
Youth Care	(800) 786-4924

Program Members: By Age Group

Program	From Age	To Age	Phone
Intermountain	4	13	(406) 457-4778
University Neuropsychiatric Institute	4	18	(801) 583-2500
Forest Heights Lodge	5	14	(303) 674-6681
Meridell Achievement Center	5	17	(800) 366-8656
Sandhill Child Development Center	5	17	(505) 866-9271
Sonia Shankman Orthogenic School	5	18	(773) 420-2900
Heartspring School	5	21	(800) 835-1043
Northwest Passage Child & Adolescent Center & Prairieview Residential Treatment Program	6	18	(715) 327-4402
Lakemary Center, Inc.	6	21	(913) 557-4000
T.C. Harris School	6	21	(877) 854-1024
Bayes Achievement Center	6	22	(936) 291-3391
Yellowstone Boys and Girls Ranch	7	18	(406) 655-2125
Genesee Lake School	7	22	(262) 569-5510
Latham Centers	8	22	(774) 353-9237
Rogers Behavioral Health	8	30	(800) 767-4411
Calo Preteens	9	14	(877) 879-CALO
Little Keswick School	9	18	(434) 295-0457
Eagleton School, Inc.	9	22	(413) 528-4385
Cherry Gulch	10	14	(208) 365-3437
Second Nature Blue Ridge Carolina	10	14	(828) 230-9832
Cherokee Creek Boys School	10	15	(864) 647-1885
New Leaf Academy	10	15	(541) 318-1676
Valley View School	10	15	(508) 867-6505
SUWS of the Carolinas	10	17	(888) 828-9770
Trails Carolina	10	17	(828) 885-5920
The Devereux Glenholme School	10	21	(860) 868-7377
Timber Ridge School	10	21	(540) 888-3456
Wellspring & The Arch Bridge School	10	25	(203) 266-8000
Moonridge Academy	11	14	(435) 592-3220
BlueFire Wilderness Therapy	11	17	(208) 619-3232
Youth Care	11	17	(800) 786-4924
The Help Group's Project Six/The Commons	11	18	(818) 267-2600
Wediko Children's Services	11	19	(603) 478-5236
Chamberlain International School	11	22	(508) 946-9348
Grove School	11	23	(203) 245-2778
New Vision Wilderness	11	25	(855) 689-8326
Lindner Center of HOPE	11	+	(513) 536-0537
Diamond Ranch Academy - Crystal Springs	12	17	(435) 635-4297
Diamond Ranch Academy - Lava Falls	12	17	(435) 635-4297
Explorations	12	17	(406) 827-3863
Falcon Ridge Ranch	12	17	(435) 635-5260
Heritage Schools, Inc.	12	17	(801) 226-4600
Northwest Passage - Lakeshore	12	17	(715) 327-4402
Project Patch	12	17	(360) 690-8495
Shepherd's Hill Academy	12	17	(706) 779-5766

Program Members: By Age Group

Program	From Age	To Age	Phone
Tamarack Center	12	17	(509) 326-8100
Three Points Center, LLC	12	17	(435) 632-7767
Turn-About Ranch	12	17	(800) 842-1165
ViewPoint Center	12	17	(877) 808-3088
White River Academy	12	17	(435) 659-2368 ext 1
Alpine Academy	12	18	(800) 244-1113
The Discovery Schools of Virginia	12	18	(434) 983-5616
Elk River Treatment Program	12	18	(866) 906-8336
Eva Carlston Academy	12	18	(801) 449-0089
Evangelhouse Christian Academy	12	18	(800) 924-4012
Logan River Academy	12	18	(866) 755-8400
Maple Lake Academy	12	18	(801) 798-7700
New Haven	12	18	(888) 317-3958
Newport Academy - Female (CA Location)	12	18	(877) 628-3367
Newport Academy - Male (CA Location)	12	18	(877) 628-3367
Newport Academy Therapeutic Day School - CA	12	18	(877) 628-3367
Oxbow Academy	12	18	(435) 436-9460
Red Rock Canyon School	12	18	(435) 673-6111
Rimrock Trails Adolescent Treatment Services	12	18	(541) 447-2631
Merck Center at Youth Villages-Germaine Lawrence	12	19	(781) 859-1233
Uinta Academy	12	21	(435) 245-2600
ANASAZI Foundation	12	31+	(480) 892-7403
Ashcreek Ranch Academy	13	17	(435) 215-0500
Elevations RTC	13	17	(866) 952-7930
Menninger Clinic	13	17	(713) 275-5000
Outback Therapeutic Expeditions	13	17	(801) 766-3933
RedCliff Ascent	13	17	(435) 878-2868
Second Nature Blue Ridge	13	17	(706) 212-2037
Second Nature Uintas	13	17	(435) 738-2040
Sedona Sky Academy	13	17	(928) 567-1322
Spring Ridge Academy	13	17	(928) 632-4602
Sunrise RTC	13	17	(435) 635-1185
Sweetwater Program	13	17	(800) 877-4520
Telos Residential Treatment Center, LLC	13	17	(801) 426-8800
Turning Winds Academic Institute	13	17	(208) 267-1500
Academy at Sisters	13	18	(541) 389-2748
Birdseye RTC	13	18	(801) 798-9077
Boulder Creek Academy	13	18	(877) 348-0848
Bridges Academy	13	18	(541) 318-9345
Calo Teens	13	18	(877) 879-CALO
Catalyst Residential Treatment, LLC	13	18	(435) 723-4600
Chrysalis	13	18	(406) 889-5577
Discovery Academy	13	18	(801) 374-2121
Discovery Ranch	13	18	(801) 489-3311
Discovery Ranch for Girls	13	18	(435) 865-9574
Ironwood Maine	13	18	(877) 496-2463

Program Members: By Age Group

Program	From Age	To Age	Phone
New Beginnings ARC	13	18	(337) 942-1171
Triumph Youth Services, LLC	13	18	(435) 538-5063
Visions Adolescent Treatment Centers	13	18	(866) 889-3665
WayPoint Academy	13	18	(801) 690-7000
Pine River Institute	13	19	(416) 955-1453
Summit Achievement	13	19	(207) 697-2020
Mountain Valley Treatment Center	13	20	(603) 989-3500
Clearview Horizons, Inc.	13	21	(406) 847-5850
Shelterwood Academy	13	21	(800) 584-5005
Innercept	13	24	(208) 665-7178
WinGate Wilderness Therapy	13	26	(800) 560-1599
Aspiro Group, Inc.	13	28	(801) 349-2740
Open Sky Wilderness Therapy	13	28	(970) 382-8181
Evoke at Cascades	13	30	(866) 411-6600
Evoke Entrada	13	30	(855) 411-6600
Center for Change	13	+	(888) 224-8250
Discovery Connections	14	17	(801) 800-8033
In Balance Ranch Academy	14	17	(520) 722-9631
La Europa Academy	14	17	(801) 916-5696
Montana Academy	14	17	(406) 858-2339
Aulder Academy	14	18	(919) 837-2336
Building Bridges	14	18	(406) 827-9853
Compass Rose Academy	14	18	(260) 569-4757
Cumberland Heights	14	18	(615) 356-2700
Gateway Academy, LLC	14	18	(801) 553-2436
Kolob Canyon RTC	14	18	(435) 592-3220
Monarch School	14	18	(406) 847-5095
Novitas Academy	14	18	(208) 954-5085
Shortridge Academy	14	18	(603) 755-3096
Solstice East	14	18	(828) 484-9946
Solstice West	14	18	(801) 444-0794
Summit Preparatory School	14	18	(406) 758-8100
Vista Adolescent Treatment	14	18	(801) 558-3335
Oakley School	14	19	(435) 783-5001
True North Wilderness Program	14	22	(802) 583-1144
Spectrum College Transition Program	14	24	(480) 443-7331
Wilderness Treatment Center	14	24	(406) 854-2832
New Summit Academy of Costa Rica	15	18	(414) 921-1388
Gray Wolf Ranch	15	25	(360) 385-5505
Northwest Academy	16	18	(877) 882-0980
Optimum Performance Institute	17	28	(888) 814-5985
Life of Purpose Treatment Center	17	29	(888) PURPOSE
Foundation House	17	35	(207) 791-2002
AIM House	17.5	+	(720) 289-1525
Cascade Crest Transitions	18	23	(866) 357-6357
Benchmark Transitions	18	24	(800) 474-4848
Dragonfly Transitions	18	24	(541) 850-0841

Program Members: By Age Group

Program	From Age	To Age	Phone
Echo Springs Transition Study Center	18	24	(208) 267-1111
EDGE Learning and Wellness			
Collegiate Community	18	24	(224) 616-2655
Fulshear Treatment to Transition	18	24	(801) 423-5324
Medicine Wheel at Redcliff	18	24	(800) 898-1244
Pacific Quest	18	25	(808) 937-5802
Tucson Transitional Living	18	25	(520) 795-3367
New Lifestyles, Inc.	18	26	(540) 722-4521
Spruce Mountain Inn	18	27	(802) 454-8353
Four Circles Recovery Center	18	28	(877) 893-2221
Collegiate Coaching Services	18	30	(303) 635-6753
Life Designs, Inc.	18	30	(509) 671-2487
Northwest College Support	18	30	(877) 485-2776
Red Oak Recovery	18	30	(828) 318-0148
reSTART Life, LLC	18	30	(800) 682-6934
Living Well Transitions	18	32	(303) 245-1020
ClearView Communities, LLC	18	45	(240) 439-4900
Active Recovery Network	18	+	(858) 704-4264
Austen Riggs Center	18	+	(800) 51-RIGGS
CooperRiis Healing Community	18	+	(828) 894-7140
Morningside Recovery	18	+	(866) 942-0095
Pasadena Villa	18	+	(877) 845-5235
Penrith Farms	18	+	(509) 447-0665
Rose Hill Center	18	+	(248) 534-5530
Skyland Trail	18	+	(404) 315-8333
Expedition Therapy Associates	18	26+	(435) 899-1750
Northbound Treatment Services	18	35+	(866) 538-4356

Program Members: By Type

Residential Treatment Centers

Alpine Academy
 Ashcreek Ranch Academy
 Austen Riggs Center
 Bayes Achievement Center
 Birdseye RTC
 Building Bridges
 Calo Preteens
 Calo Teens
 Catalyst Residential Treatment, LLC
 Center for Change
 Compass Rose Academy
 CooperRiis Healing Community
 Cumberland Heights
 Diamond Ranch Academy - Crystal Springs
 Diamond Ranch Academy - Lava Falls
 Discovery Connections
 Discovery Ranch
 Discovery Ranch for Girls
 Eagleton School, Inc.
 Elevations RTC
 Elk River Treatment Program
 Eva Carlston Academy
 Explorations
 Falcon Ridge Ranch
 Forest Heights Lodge
 Gateway Academy, LLC
 Genesee Lake School
 Gray Wolf Ranch
 Heritage Schools, Inc.
 Intermountain
 Ironwood Maine
 Kolob Canyon RTC
 La Europa Academy
 Lakemary Center, Inc.
 Latham Centers
 Lindner Center of HOPE
 Logan River Academy
 Maple Lake Academy
 Merck Center at Youth
 Villages-Germaine Lawrence
 Meridell Achievement Center
 Moonridge Academy
 Mountain Valley Treatment Center
 New Beginnings ARC
 New Haven
 Newport Academy - Female
 Newport Academy - Male

Residential Treatment Centers (cont'd)

Northwest Passage - Lakeshore
 Northwest Passage Child & Adolescent Center &
 Prairieview Residential
 Treatment Program
 Oxbow Academy
 Pine River Institute
 Project Patch
 Red Rock Canyon School
 Rimrock Trails Adolescent Treatment Services
 Rose Hill Center
 Solstice East
 Solstice West
 Sonia Shankman Orthogenic School
 Sunrise RTC
 Sweetwater Program
 T.C. Harris School
 Tamarack Center
 Telos Residential Treatment Center, LLC
 Three Points Center, LLC
 Timber Ridge School
 Triumph Youth Services, LLC
 Turn-About Ranch
 Uinta Academy
 Visions Adolescent Treatment Centers
 Vista Adolescent Treatment
 WayPoint Academy
 Wediko Children's Services
 Wellspring & The Arch Bridge School
 White River Academy
 Wilderness Treatment Center
 Yellowstone Boys and Girls Ranch
 Youth Care

Residential Treatment Centers - Eating Disorders

Center for Change
 Newport Academy - Female
 Newport Academy - Male

Residential Treatment Centers - Substance Abuse

Cumberland Heights

Program Members: By Type

Specialty Psychiatric & Behavioral Hospitals

The Menninger Clinic
Rogers Behavioral HealthViewPoint Center
University Neuropsychiatric Institute
ViewPoint Center

Therapeutic Boarding Schools

Academy at Sisters
Auldern Academy
Boulder Creek Academy
Bridges Academy
Chamberlain International School
Cherokee Creek Boys School
Cherry Gulch
Chrysalis
Clearview Horizons, Inc.
The Devereux Glenholme School
Discovery Academy
The Discovery Schools of Virginia
Evangelhouse Christian Academy
Grove School
Heartspring School
The Help Group's Project Six/The Commons
In Balance Ranch Academy
Innercept
Little Keswick School
Monarch School
Montana Academy
New Leaf Academy
New Summit Academy of Costa Rica
Northwest Academy
Novitas Academy
Oakley School
Sedona Sky Academy
Shelterwood Academy
Shepherd's Hill Academy
Shortridge Academy
Spring Ridge Academy
Summit Preparatory School
Turning Winds Academic Institute
Valley View School

Transitional Independent Living Programs

Active Recovery Network
AIM House

Transitional Independent Living Programs (cont'd)

ClearView Communities, LLC
Dragonfly Transitions
EDGE Learning and Wellness
Collegiate Community
Foundation House
Fulshear Treatment to Transition
Living Well Transitions
Newport Academy Therapeutic Day School
Northwest College Support
Spectrum College Transition
Summit Achievement
Tucson Transitional Living

Wilderness Therapy Programs

ANASAZI Foundation
Aspiro Group, Inc.
BlueFire Wilderness Therapy
Evoke at Cascades
Evoke Entrada
Medicine Wheel at Redcliff
New Vision Wilderness
Open Sky Wilderness Therapy
Outback Therapeutic Expeditions
RedCliff Ascent
Second Nature Blue Ridge
Second Nature Blue Ridge Carolina
Second Nature Uintas
Summit Achievement
SUWS of the Carolinas
Trails Carolina
True North Wilderness Program
Wilderness Treatment Center
WinGate Wilderness Therapy

Outdoor Therapeutic Programs

Bluefire Wilderness
Explorations

Young Adult Programs

Active Recovery Network
AIM House
Benchmark Transitions
Benchmark Transitions
Cascade Crest Transitions
ClearView Communities, LLC

Program Members: By Type

Young Adult Programs (cont'd)

Collegiate Coaching Services
 CooperRiis Healing Community
 Dragonfly Transitions
 Echo Springs Transition Study Center
 EDGE Learning and Wellness Collegiate
 Community
 Expedition Therapy Associates
 Foundation House
 Four Circles Recovery Center
 Fulshear Treatment to Transition
 Innercept
 Life Designs, Inc.
 Life of Purpose Treatment Center
 Lindner Center of HOPE
 Living Well Transitions
 Medicine Wheel at Redcliff
 Morningside Recovery
 New Lifestyles, Inc.
 Northbound Treatment Services
 Northwest College Support
 Optimum Performance Institute
 Pacific Quest
 Pasadena Villa
 Penrith Farms
 Red Oak Recovery
 reSTART Life, LLC
 Rose Hill Center
 Shelterwood Academy
 Skyland Trail
 Spectrum College Transition
 Spruce Mountain Inn
 Tucson Transitional Living

SEVIS (Student and Exchange Visitor Information System) Approved

Programs

Phone

Academy at Sisters	(541) 389-2748
Alpine Academy	(800) 244-1113
Aulder Academy	(919) 837-2336
Boulder Creek Academy	(877) 348-0848
Bridges Academy	(541) 318-9345
Chamberlain International School	(508) 946-9348
Cherokee Creek Boys School	(864) 647-1885
Cherry Gulch	(208) 365-3437
The Devereux Glenholme School	(860) 868-7377
Diamond Ranch Academy - Crystal Springs	(435) 635-4297
Diamond Ranch Academy - Lava Falls	(435) 635-4297
Discovery Academy	(801) 374-2121
Discovery Connections	(801) 800-8033
The Discovery Schools of Virginia	(434) 983-5616
Elevations RTC	(866) 952-7930
Evangelhouse Christian Academy	(800) 924-4012
Falcon Ridge Ranch	(435) 635-5260
Gateway Academy, LLC	(801) 553-2436
Grove School	(203) 245-2778
Heartspring School	(800) 835-1043
Heritage Schools, Inc.	(801) 226-4600
Innercept	(208) 665-7178
Kolob Canyon RTC	(435) 592-3220
La Europa Academy	(801) 916-5696
Little Keswick School	(434) 295-0457
Logan River Academy	(866) 755-8400
Medicine Wheel at Redcliff	(800) 898-1244
The Menninger Clinic	(713) 275-5000
Meridell Achievement Center	(800) 366-8656
Monarch School	(406) 847-5095
Montana Academy	(406) 858-2339
Moonridge Academy	(435) 592-3220
New Haven	(888) 317-3958
New Leaf Academy	(541) 318-1676
Northwest Academy	(877) 882-0980
Oakley School	(435) 783-5001
Outback Therapeutic Expeditions	(801) 766-3933
Oxbow Academy	(435) 436-9460
Pine River Institute	(416) 955-1453
Sedona Sky Academy	(928) 567-1322
Solstice East	(828) 484-9946
Sonia Shankman Orthogenic School	(773) 420-2900
Spring Ridge Academy	(928) 632-4602
Summit Achievement	(207) 697-2020
Summit Preparatory School	(406) 758-8100
Turn-About Ranch	(800) 842-1165
Uinta Academy	(435) 245-2600
Valley View School	(508) 867-6505
ViewPoint Center	(877) 808-3088
Wediko Children's Services	(603) 478-5236
White River Academy	(435) 659-2368 ext 1

Acronym Definitions

AACAP	American Academy of Child & Adolescent Psychiatry	MAAPS	Massachusetts Association of Approved Private Schools
AACC	American Association of Christian Counselors	MADSEC	Maine Administrators of Services for Children with Disabilities
AACRC	American Association of Children's Residential Centers	MEDA	Massachusetts Eating Disorder Association
AAMFT	American Association for Marriage and Family Therapy	MHA	Mental Health Association Children with Disabilities
ACA	American Camp Association	MPA	Maine Principles Association
ACATA	Alliance Counteracting Alcohol and Tobacco Advertising Targeting Youth	NAADAC	The Association for Addiction Professionals
ACCT	Association for Challenge Course Technology	NAAS	Northwest Association of Accredited Schools
AED	Academy for Educational Development	NAATP	National Association of Addiction Treatment Providers
AEDP	Association of Eminent Domain Professionals	NAIS	National Association of Independent Schools
AEE	Association for Experiential Education	NAPHS	National Association of Psychiatric Health Systems
AHHA	American Holistic Health Association	NAPSEC	The National Association of Private Special Education Centers
AHHAP	Association of Halfway House Alcoholism Programs	NASW	National Association of Social Workers
AMCAP	Association of Mormon counselors and Psychotherapists	NATWC	National Association of Therapeutic Wilderness Camping
ANAD	National Association of Anorexia Nervosa and Associated Disorders	NBCDI	National Black Child Development Institute
APA	American Psychological Association	NCTRC	National Council for Therapeutic Recreation Certification
ARTA	American Residential Treatment Association	NEDA	National Eating Disorders Association
CAMFT	California Association for Marriage and Family Therapy	NHASEA	New Hampshire Association of Special Education Administrators
CAPS	Christian Association of Psychological Studies	NIPSA	National Independent Private Schools Association
CHADD	Children and Adults with Attention Deficit Disorder	NNY	Northwest Network of Youth
CITA	Commission on International and Trans-Regional Accreditation	NPSAG	National Private Schools Association Group
CWLA	Child Welfare League of America	NSC	National Safety Council
EAGALA	Equine Assisted Growth and Learning Association	NWEA	Northwest Evaluation Association
EAP	Employee Assistance Professional Association	OBHIC	Outdoor Behavioral Healthcare Industry Council
EIA	Education Industry Association	OBHRC	Outdoor Behavioral Healthcare Research Cooperative
GAIS	Georgia Association of Independent Schools	SAATB	Secondary School Admission Test
GAPSEC	Georgia Association of Private Schools for Exceptional Children	SACAVA	Substance Abuse Certification Alliance of Virginia
GISA	Georgia Independent Schools Association	SACS	Southern Association of Colleges and Schools
IADDA	Illinois Alcoholism and Drug Dependence Association	SBSA	Small Boarding School Association
IAEDP	International Association of Eating Disorders Professionals	SBSI	Strength Based Services International
IASE	International Association for Statistical Education	SEVIS	Student and Exchange Visitor Information System
IECA	Independent Educational Consultants Association	SSATB	Secondary School Admission Test
ISPA	Independent Small Programs Alliance	TACC	Tennessee Association of Children's Centers
LDA	Learning Disabilities Association of America	TAPG	Therapeutic Adventure Professional Group
		USPRA	United States Psychiatric Rehabilitation Association
		VAISEF	Virginia Association of Independent Specialized Education Facilities
		WFMH	World Federation for Mental Health

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NOTES

