NATSAP

Guiding the way

2020 - 2021 DIRECTORY

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The National Association of Therapeutic Schools and Programs

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No member of the National Association of Therapeutic Schools and Programs may discriminate on the basis of race, color, national or ethnic origin in their programmatic or admission policies, or in their scholarship, loan, or extracurricular programs.

National Association of Therapeutic Schools and Programs (NATSAP)

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About The National Association of Therapeutic Schools and Programs

NATSAP was created in January of 1999 to serve as a national resource for programs and professionals assisting young people beleaguered by emotional and behavioral difficulties. NATSAP publishes a directory annually to inform professionals, programs, and families about the many therapeutic residential placement alternatives available to help struggling young people.

Listed alphabetically, the schools and programs in the 2020 - 2021 Directory are diverse. From therapeutic boarding schools and residential treatment centers to wilderness therapy programs and group homes, the directory's listings offer a wide range of programmatic types, lengths of stay and services to meet the needs of a variety of troubled people. The upper section in each listing provides the reader with pertinent contact and program information, while the paragraph section is split into three parts describing operational philosophy, candidate and population specifics and an overview of how services are provided.

Matching the services of a particular school or program to the specific needs of a person is arguably the most important decision that will ever be made on behalf of that person. The NATSAP directory is not intended to supply enough information to make a placement. NATSAP encourages programs, professionals and families to have appropriate academic and psychological testing conducted and to use multiple informational resources before suggesting or pursuing a placement for any young person in any program.

Each person has his or her own specific needs that must be determined in detail before placement in any program is appropriate. Since NATSAP has no means of determining the needs of people whose counselors or families may be using this directory, we do not recommend specific programs.

The National Association of Therapeutic Schools and Programs is a volunteer membership organization supporting professionals and programs in their efforts to help troubled people. NATSAP is not an accrediting or licensing body. All members that serve adolescents are either licensed by their respective state or accredited by one or more nationally-recognized accreditation bodies.

All programs listed in the *2020-2021 Directory* are members as of August 31, 2020.

Program Definitions

Outpatient/Non-Residential Programs – These programs are designed to serve youth and young adults who can benefit from community-based treatment including, but not limited to: outpatient therapy, recreational therapy, community service, academics, mentoring, coaching and support with addictions. These programs are overseen by a licensed clinician, and when offering academic credits, must have appropriate accreditation. Day treatment models, as well as community-based mentoring and counseling models, which include in-home and community interventions, may be typical of this category.

Residential Treatment Centers – The focus of these programs is behavioral support. Medication management and medical monitoring is generally available on-site. These facilities treat adolescents with serious psychological and behavior issues. These facilities provide group and individual therapy sessions. They are highly structured and offer recreational activities and academics.

Specialty Psychiatric & Behavioral Hospitals – Specialty Psychiatric Hospitals, are hospitals or wards specializing in the treatment of serious mental illness, such as clinical depression, schizophrenia, and bipolar disorder. Psychiatric hospitals vary widely in their size and grading. Some hospitals may specialize only in short-term or outpatient therapy for low-risk patients. Others may specialize in the temporary or permanent care of residents who, as a result of a psychological disorder, require routine assistance, treatment, or a specialized and controlled environment.

Therapeutic Boarding Schools – These schools generally provide an integrated educational milieu with an appropriate level of structure and supervision for physical, emotional, behavioral, familial, social, intellectual and academic development. These schools grant high school diplomas or award credits that lead to admission to a diploma granting secondary school. Each school will vary in their approach to the emotional and behavioral needs of the child and we urge parents to review this approach with the professional that has been working with their child to ensure appropriate placement. Placement at these boarding schools can range from 12 months to 2 years depending on the program's therapeutic components.

Therapeutic Day Schools – Unlike Therapeutic Boarding Schools, these schools do not have a residential component and provide services during the day. However, similar to Therapeutic Boarding School, these schools generally provide an integrated educational milieu with an appropriate level of structure and supervision for physical, emotional, behavioral, familial, social, intellectual and academic development. These schools grant high school diplomas or award credits that lead to admission to a diploma granting secondary school. Each school will vary in their approach to the emotional and behavioral needs of the child, and we urge parents to review this approach with the professional that has been working with their child to ensure appropriate placement. Placement at these boarding schools can range from 12 months to 2 years depending on the program's therapeutic components.

Program Definitions

Transitional Independent Living Programs / Young Adult Programs – These programs are designed to serve young adults over the age of 18 years who could benefit from a safe, supportive environment and life skills training as they transition into adulthood. Many offer access to community-based self-help groups such as 12 step programs and may have a psychiatric component. Generally, these programs offer educational programs that are linked to community colleges or universities or provide schooling at their location. Volunteering, employment arrangements, community service, and re-integration into the community at large are general components of the programs. Many operate on a small residential model and transition to a community-based, independent living apartment model. Young Adult Programs are designed to work exclusively with young adults and may not be able to be fully licensed or accredited as an entity but have therapeutic services that are overseen by a licensed clinical professional.

Wilderness Therapy Programs / Outdoor Therapeutic Programs – These programs subscribe to a diverse treatment model that incorporates a blend of therapeutic modalities but do so in the context of wilderness environments and backcountry travel. The approach has evolved to include client assessment, development of an individual treatment plan, the use of established psychotherapeutic practice, and the development of aftercare plans. Outdoor behavioral health programs apply wilderness therapy in the field, which contains the following key elements that distinguish it from other approaches found to be effective in working with adolescents: 1) the promotion of self-efficacy and personal autonomy through task accomplishment, 2) a restructuring of the therapist-client relationship through group and communal living facilitated by natural consequences, and 3) the promotion of a therapeutic social group that is inherent in outdoor living arrangements.

Ethical Principles

Members of the National Association of Therapeutic Schools and Programs (NATSAP) provide residential, therapeutic, and/or education services to children, adolescents and young adults entrusted to them by parents and guardians. The common mission of NATSAP members is to promote the healthy growth, learning, motivation, and personal well-being of program participants. The objective of member therapeutic and educational programs is to provide excellent treatment for program participants, treatment that is rooted in good-hearted concern for their well-being and growth, respect for them as human beings and sensitivity to their individual needs and integrity.

Therefore, all NATSAP member programs strive to:

1. Be conscious of, and responsive to, the dignity, welfare and worth of our program participants.
2. Honestly and accurately represent ownership, competence, experience, and scope of activities related to our program and to not exploit potential clients' fears and vulnerabilities.
3. Respect the privacy, confidentiality and autonomy of program participants within the context of our facilities and programs.
4. Be aware and respectful of cultural, familial and societal backgrounds of our program participants.
5. Avoid dual or multiple relationships that may impair professional judgment, increase the risk of harm to program participants or lead to exploitation.
6. Take reasonable steps to ensure a safe environment that addresses the emotional, spiritual, educational, and physical needs of our program participants.
7. Maintain high standards of competence in our areas of expertise and to be mindful of our limitations.
8. Value continuous professional development, research, and scholarship.
9. Place primary emphasis on the welfare of our program participants in the development and implementation of our business practices.
10. Manage our finances to ensure that there are adequate resources to accomplish our mission.
11. Fully disclose to prospective candidates the nature of services, benefits, risks and costs.
12. Provide informed, professional referrals when appropriate or if we are unable to continue service.
13. NATSAP members agree to not facilitate or practice reparative therapy.

NATSAP's Role

NATSAP is not a referral or placement agency, or an accreditation or licensing organization. We are a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people.

About NATSAP's Members

NATSAP's membership is composed of programs, both established and new, that have made a commitment to following national standards.

All programs that oversee adolescents applying for membership or renewing in NATSAP must:

1. Be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally accredited behavioral health accreditation agency — Joint Commission, COA, CARF, DNV GL, AEE or TFA
2. Have therapeutic services with oversight by a qualified clinician
3. Aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice

Questions to Ask Before Making A Final Placement Selection

You will probably never have to make a more important decision in your life than placing your child in a residential treatment facility, whether it is a therapeutic boarding school, a wilderness/outdoor behavioral program or a residential treatment center. As we have indicated on our website and provided in many of our articles, we presume you have explored all options before deciding to send your child to a residential program. By now, you have selected one or more that you believe will best serve your child. Before making that final decision, we highly recommend that you take the time to explore the following very important areas concerning your child's care in the facility. We urge you not to make a decision until you have explored all of these factors.

Overall

- What makes your program a good choice for my child (medical, therapeutic, academic factors)?
- What kind of supervision is there as the child progresses through the day?

Admissions

- What are your admissions criteria?
- What criteria exclude a child from consideration?
- When will space be available? How many clients are enrolled?
- What patient consents are needed, if any?
- What play/entertainment activities are available?
- Who reviews my child's application? What are their credentials?
- What are the costs? What does this cost cover?
- Are there additional costs? If so, what are they?
- How long will the admissions process take?
- Who will I be meeting with during the admissions process?
- Will I be able to say goodbye to my child after the admissions process is complete?

Licensing and Accreditation

- Are you licensed by the State? What type of license? What State office issued the license?
- Are you accredited by a mental health agency, such as Joint Commission, Council on Accreditation (COA), Commission on Accreditation of Rehabilitation Facilities (CARF), DNV GL, Association for Experiential Education (AEE) or The Teaching Family Association

Questions to Ask Before Making A Final Placement Selection

Licensing and Accreditation (Cont'd)

- Do you have a Clinical Director? What are his/her credentials? May I meet him/her? What is their degree of involvement with the child? Are they on-site full-time?
- What are the credentials of the staff that will be working with my child? Specifically the credentials of the counselors and/or therapists. Are they certified? Licensed within your State?
- With what organizations are you affiliated?

Therapeutic Model/Clinical

- Is there a description of your therapeutic model using terminology one can use to gain a better understanding through further research?
- How would you describe your therapeutic model? How is the child's behavior shaped?
- Will my child be receiving clinical therapy? How often?
- What will be expected of the parents during the program?
- Do you provide family therapy? How is it executed?
- Do you provide group therapy? If so, who facilitates the therapy sessions? Are there specific group therapies offered? (i.e. adoption issues, drug/alcohol abuse, etc.)
- How is my child's progress judged? Who participates in determining my child's progress?

If applicable:

- By what means will the child improve their understanding of their true nature? Be able to sense the onset of issues? Be able to cope with these issues?
- How closely involved are the psychiatrists/medical staff involved? What is the link between the neurological assessment and medication and the therapeutic components of the treatment and between the medical and therapeutic staff?

Academics

- Do you provide an academic curriculum?
- If so, what is the core curriculum?
- Are you accredited by a national or regional accrediting agency? Is this accreditation through a 3rd party? If so, what is their name?
- Do you have teachers? If so, are they certified or licensed within your State? Academic qualifications? Special Ed qualifications?
- How many students are in a class?
- Is your academic curriculum internet/computer based?
- Do you offer high school credits that can be transferred to other educational institutions?
- Do you award high school diplomas? Of the graduates, what percentage go to college? What do the others do?
- Any vocational training? Vocational certificates?
- What accommodations are available for needs defined by IEPs or by their equivalences?
- How heterogeneous are the classes? How much individual instruction is the norm and how are varied skill levels accommodated?
- What percentage of your student body fails courses they do not like?
- Will a student transitioning to a public school at the same grade level be on par academically?
- Is the academic program a 12-month program?
- Is homework given regularly? How is its accomplishment managed?

If applicable:

- Do any neuro-psychological or therapeutic assessments influence the teaching style?

Questions to Ask Before Making A Final Placement Selection

Medical

- Can my child be on medication while at your facility?
- Who is responsible for the medication management? His/her credentials?
- Where is the medication stored? Who has access to the medication?
- Who administers the medication? What is their training?
- How will the efficacy of the child's medication be assessed both initially and thereafter?

If applicable:

- Will there be a physiological/neurological component and how will that be used to inform the choice of medication? How/when will the parents be notified?
- How does the interaction between the medical (and medicinal), therapeutic, and academic staff ensure integrated treatment?

Direct Care Staff

- What type of training is provided to your direct care staff?
- What are their duties and qualifications?
- Do you perform background checks? Who does the background check? How extensive is it?
- Do you provide on-going training for your staff?
- What is the staff experience level and qualifications and what is the staff's stability?

Risk Management

- What measures do you have in place to keep my child safe?
- What are your discipline procedures with resistant students? How are outbursts handled and what means are used to obtain control? Quiet room upon request? Locked room? Restraints? Sedation?
- How do you deal with risk-taking behaviors? (i.e. running away, self-harm, etc.)
- Will my child be exposed to other students that have more negative behaviors? Will children with criminal pasts interact with my child?
- What if my child becomes ill? Do you have a nurse on staff? Will you transport my child to medical facilities? In case of a medical/psychological emergency, how close is the nearest fully capable emergency facility?
- How do you handle children at risk of suicide?
- What special programs do you offer, for example, for children that have experimented with drugs?
- What steps do you take to negate risky behavior–for example, checking medication?
- How do you handle allegations of abuse? What protections are there for the children and staff? How high in the organization does the person handling abuse complaints report to?

Questions for Specific Program Types

- *Short Term Outdoor/Wilderness Program*
  - How do you handle severe weather?
  - How do you handle emergencies?
  - What type of food do you provide?
  - How do you manage personal hygiene?
- *Long Term Residential Specific*
  - Are you a locked facility? Locked for how long? Any opportunity to go outside? To play sports? What relief is offered?
  - Is there 24-hour awake staff supervision?
  - How often will I see my child?
  - Will I be able to speak with my child on the telephone?
  - Will I be able to write and receive letters?
  - What is the reporting structure to parents? Periodic? At decision points?
  - Who is the parental point of contact?
  - How are parents kept in-the-loop? What are parental roles and expected interactions, if any?

Questions to Ask Before Making A Final Placement Selection

Success Rate / Outcomes

- What is your success rate?
- Do you administer an outcome study? If so, where is that data?
- Do you have students return to your program? What percentage?
- What percentage of your graduates are subsequently hospitalized?
- What constitutes successful treatment? What criteria are used to evaluate the degree of success achieved? Who evaluates success?
- What percentage do not succeed therapeutically after spending enough time so that more time would not help?
- How much follow-up do you do and what kind of data do you collect?

Transition / Next Step

- How many of your students return home after the program? If they don't return home, where do they go?
- Will your program help us assess what is the next best step? The kind of care required in the next step?
- Will I need an educational consultant to plan a next step? Do you compensate an educational consultant for any reason?
- Do you provide aftercare?
- If there are transitions between discrete components of the program, how is continuity maintained?
- If the child will transition to an outside program, what arrangements will be made to prepare the child for a smooth transition?
- How will your products (e.g., reports/assessments) be useful in the next step?
- Do you help prepare the child for the activities of daily living?
- When pertinent, how do you assist re-integration into the family?

More Information

NATSAP has more information on the selection of the appropriate placement plus other important information on our web site www.natsap.org. We encourage you to review the Parent and Referring Professional section of our web site.

NATSAPConnect Mobile App

Powered by: TechieForLife
www.natsapconnect.com

As part of ongoing real project-based learning opportunities, students in the **TechieForLife** program have designed and programmed this app from the ground up for NATSAP and will continue to make enhancements.

NATSAPConnect is not available in the App Store. This app is an internal industry app only available through NATSAP as a service to educational consultants and NATSAP members. This app has been created and is supported by students at TechieForLife.

NATSAPConnect users can now:

- Connect quickly to schools and programs on handheld devices
- Add personal notes, pictures, and contacts
- Use clickable map links to easily locate destinations
- Search more effectively with updated capabilities
- Stay current with directory changes and updates
- Discover new school and program resources

Instructions to download the app & get connected can be found on the NATSAP Homepage. Please visit www.natsap.org and click on the NATSAPConnect icon to get started.

NATSAP's Accreditation Rule

At our 2020 Annual Conference, we made a very big announcement. Beginning June 30, 2023, **ALL** program members of NATSAP **MUST** be nationally accredited. **Due to the impact of COVID-19 on our member programs, the original January 1, 2023 effective date has been changed to June 30, 2023.**

What are the benefits of all NATSAP programs being accredited?

It would improve safety and treatment effectiveness for programs. This would give us a stronger voice, one that could be heard with more authority and influence on Capitol Hill.

It would allow NATSAP to focus on what it does best, supporting programs, and would shift pressure to assure quality to the bodies that specialize in those standards.

Here are the details:

If you aren't yet accredited, you do have some time. The expectation is for all NATSAP member programs to be accredited by June 30, 2023.

Any one of the following accrediting bodies are approved accreditors:

- Association for Experiential Education (AEE)
- Commission on Accreditation of Rehabilitation Facilities (CARF)
- Council on Accreditation (CoA)
- DNV GL
- Joint Commission
- The Teaching Family Association

NATSAP Research Designated Program (RDP)

The Board of Directors of NATSAP has long realized that our profession has the responsibility of providing data that examines the impact and effectiveness of our programs. To this end NATSAP has sponsored an outcome research project in collaboration with Dr. Michael Gass at the University of New Hampshire for the past decade. This work has resulted in a permanent data base and led to numerous conference presentations, and scholarly articles aimed at documenting the effectiveness of NATSAP programs. However, the database has relied in large part on a handful of programs who have contributed the majority of data to this effort.

The Board has decided it is now time to push our efforts to the next level and make clear to consumers that not all programs are alike, and those who honestly examine their work and contribute to the scholarly, professional, and practical understanding of the effects of our interventions deserve to be set apart and receive the proper recognition for their efforts. To this end, the Board of NATSAP has established the new status of Research Designated Program (RDP) to be given to programs that apply and demonstrate they are involved in supplying data that is aimed at evaluating NATSAP program effectiveness and increasing the understanding of our programs impact on youth and their families.

The RDP is a NATSAP endorsement designed to acknowledge programs that track outcomes using a normed and valid measure that is designed as an outcomes measure. There are three levels:

Bronze = 70% of Admit census sampled

Silver = Bronze + 70% of discharge data

Gold = Silver + 25% of 6 & 12 months post discharge data

Providers can be an RDP without participating in the Golden Thread or the NATSAP research network.

How to Join:

For NATSAP programs not using the Remote Research Director service, complete the following application: **www.natsap.org/rdp_app**

For Petree Consulting customers using the Remote Research Director service, email Mike Petree (mike@remoteresearchdirector.com)

If you are already an RDP member and have questions about renewal, please contact Mike Petree (mike@remoteresearchdirector.com)

NATSAP Member Benefits

As a member of NATSAP, the following benefits are available:

- **National & Regional Conferences -** All NATSAP members are encouraged to attend and present at our Annual and Regional Conferences, which occur throughout the year. A few of the many benefits of attending include professional development, continuing educational credits, and networking. Members may also promote their schools, programs, and businesses by exhibiting at conferences at preferred member rates.

- **Link 'n Learn Workshops -** Link 'n Learn is an innovative service that allows educational consultants and NATSAP programs to meet and network. Programs and Educational Consultants are given time to learn about and get to know one another.

- **NATSAP Leadership Summit -** The purpose of the NATSAP Leadership Summit is to create a dedicated, private, and confidential space for NATSAP program leaders to meet and discuss program development, professional growth, best practices, needed improvements, and other issues best suited to a closed group format.

- **Government Representation -** The NATSAP Government Relations Committee seeks to analyze all legislation coming from Capitol Hill that will affect member programs. Through the committee, NATSAP formulates responses that would best support our members' beliefs. Our government representation takes several forms, including: Washington Fly-in day when members can meet key legislators to discuss issues of importance; review of and commentary on recently-introduced legislation; participation in hearings; and participation in key coalitions, among others.

- **Participation on Committee -** One of the best ways to maximize your membership in NATSAP is to participate in one of our many committees addressing various needs of programs and professionals in our field. Our Committees can only benefit from the new ideas that representatives from our member programs bring. Committees include: Membership, Member Services, Government Relations, Research, Best Practices, Education, Public Relations, and Diversity, Equity, and Inclusion.

- **Public Relations -** NATSAP has retained a professional public relations firm to help outside entities understand and appreciate the work our member programs do. A Public Relations Toolkit has been created to help member programs interface with the public in their local communities.

- **Participation in Coalitions -** NATSAP seeks to align with various other like-minded organizations on a wide spectrum of issues and projects. We will continue to belong to various coalitions and will consider partnerships that provide a greater voice in issues of importance to our membership.

- **Networking -** NATSAP seeks to create a strong network of programs and individuals across North America. A variety of regional and annual conferences are held during the year to promote networking amongst our membership. Conferences are a place to circulate new research and ideas contemplated or implemented in member programs. NATSAP events also provide a chance for programs to meet with various suppliers of goods and services.

- **Vendor Discounts -** NATSAP has negotiated rate reductions for member programs with Food and Supply Source, Jiffy Lube, Satmodo, PersonalRx, HotelStorm and more.

- **Surveys -** NATSAP conducts periodic surveys on topics of interest to members. Past surveys have addressed employee salaries, how member programs impact the local and regional economy, and educational consultant/program relations.

NATSAP Member Benefits (cont'd)

- **Research Designated Program (RDP) -** The Board has decided it is now time to push our efforts to the next level and make clear to consumers that not all programs are alike, and those who honestly examine their work, and contribute to the scholarly, professional, and practical understanding of the effects of our interventions deserve to be set apart and receive the proper recognition for their efforts. To this end the Board of NATSAP has established the new status of Research Designated Program to be given to programs that apply and demonstrate they are involved in supplying data that is aimed at evaluating NATSAP program effectiveness and increasing the understanding of our programs impact on youth and their families.

- **Outcomes Research Project -** NATSAP and the University of New Hampshire are working in cooperation to study the long-term effects of residential treatment centers and wilderness programs on clients. This provides a unique opportunity to quantify the benefits of attending our programs well beyond student graduation. Outcomes are a key component guiding NATSAP's Best Practices Committee. The Journal of Therapeutic Schools & Programs is circulated on a yearly basis to augment the findings of our outcome research.

- **Webinars -** NATSAP Webinars are a new service provided to enhance the knowledge of our member organizations. We provide live web broadcasts on our website from industry experts on various issues that may affect our members. Previous webinars are stored on our website in the member portal and can be viewed at any time.

- **Monitoring of Applicable Federal Grants -** NATSAP regularly monitors Federal grants for those that may be beneficial and applicable to our membership. Qualifying NATSAP members are welcome to apply for grants directly with the government.

- **We Are NATSAP -** We Are NATSAP is our quarterly newsletter which focuses on the latest news and events occurring at member programs. Participation is open to all NATSAP Member Programs.

- **Online Continuing Education -** NATSAP has partnered with the Telemental Health Institute to offer discounted training seminars for NATSAP members who are interested in the legal, ethical, and clinical issues relevant to evidence-based distance counseling and other technology-mediated best practices.

- **Membership Directory Listing -** Inclusion in NATSAP Membership Directory with widespread distribution, in both printed and electronic versions. Deadlines apply for the printed version.

- **TEACH-NOW -** The National Association of Therapeutic Schools and Programs (NATSAP) is excited to announce our latest collaboration with TEACH-NOW, in order to increase high-quality certified teachers in NATSAP member programs and in schools around the globe!

Program/School Membership Levels

Full Membership: (only programs with Full Membership have voting rights). Programs applying for Full Membership must be in operation beginning with the first client admission for 2 years or more and must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth, adolescents, and young adults or accredited by one or more of the following: Joint Commission, COA, CARF, DNV GL, AEE or TFA. This category includes non-residential treatment programs. (Educational accreditation is not accepted as licensure.)
- have therapeutic services with oversight by a qualified clinician
- aspire to the NATSAP Ethical Principles and Principles of Good Practice

***A young adult program is defined as a program that is exclusively designed to work with young adults aged 18 and older.**

Provisional Membership: Programs applying for Provisional Membership must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth, adolescents or young adults, or accredited by one or more of the following: Joint Commission, COA, CARF, DNV GL, AEE or TFA
- have therapeutic services with oversight by a qualified clinician
- aspire to the NATSAP Ethical Principles and Principles of Good Practice

***The Provisional Member is approved for a period of 2 years. At that time the program is subject for review by the membership committee for an extension of the provisional membership.**

Associate Program Membership: This category includes unlicensed or non-accredited residential, non-residential programs, or Young Adult Programs. Programs applying for the Associate Program Membership must:

- be in operation beginning with the first client admission for at least one year prior to applying for membership
- be unlicensed/non-accredited programs serving an adult population of 18 and older
- have therapeutic services implemented by a state-licensed mental health provider
- aspire to the NATSAP Ethical Principles and Principles of Good Practice

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Academy at Sisters

(Therapeutic Boarding School)

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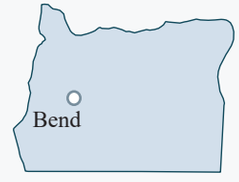
NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 13 - 18
Grades: 8 - 12/College prep
Enrollment: 20 - 25 students
Duration: 12 - 18 months
Founded: 1994



Airport: Redmond, OR (RDM)

The Academy at Sisters is a small, safe, therapeutic boarding school designed specifically to help youth address challenges such as: depression, anxiety, academic decline or school avoidance, social media misuse, relationship issues, family conflict, adoption, attachment, trauma, gender issues, and substance use.

Academy at Sisters emphasizes a strength based, relational model, with a focus centered in Accountability and Cognitive Awareness. Additionally, components of DBT and Mindfulness allow youth to identify their patterns and practice alternative methods of coping both in the moment and long term. Individual, Group, and Family Therapy is facilitated by Licensed Therapists, and supported on a daily basis by experienced and caring staff.

Equine Assisted Psychotherapy is a key component of our program. Youth participate in individual, group, and family therapy using the horses. Youth also have the opportunity to participate in our Horsemanship program to learn the basics of connecting with horses while enjoying both on and off campus riding experiences.

The Academy offers an accredited academic component utilizing the Proficiency Based Model of traditional and experiential learning which encourages youth to integrate and maximize individual learning styles. Classes are facilitated by certified masters' level teachers who are skilled at making learning relevant and fun. Youth who meet criteria, are eligible to transition into the local high school to practice their new skills in a "real world" setting.

Recreational and community partnership opportunities are abundant and round out the overall experience at the Academy. Identifying ones purpose and passion in the community and in nature, affords youth the opportunity to connect and build relationships through leadership and service.

Accreditation & Licensure: *Oregon Department of Human Services; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Central Oregon Program Alliance*

AIM House

(Young Adult Program)

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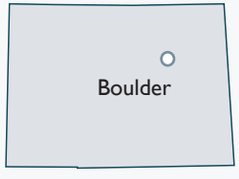
NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 25
Grades: High school and college
Enrollment: 35
Duration: 6 months
Founded: 1999



Airport: Denver International, CO (DEN)

AIM House is an individualized, live-in mentoring program for young men ages 18 and older who are having difficulty with the transition to adulthood. Our goal is to help participants cultivate personal awareness and discover their unique place in the world. To this end, we provide a positively structured living environment and a supportive, personalized program that includes:

- Group, Individual, and Family Therapy
- Life Skills Coaching
- Vocational Coaching and Internships
- Academic Mentoring and Access to Academic Institutions
- Relapse Prevention and Support
- Health and Wellness Instruction
- Creative Accelerator Program
- Positive Peer Support
- Integrative Psychiatry

AIM House gives participants a unique opportunity to reach beyond self-imposed limitations and determine their own success. Our committed team works to creatively address the specific emotional, behavioral, and educational needs of each participant, preparing them for the future while increasing self-confidence in the here and now. This holistic approach is designed to help AIM House residents move forward with their lives in a real world setting.

Professional Affiliations: *NATSAP - Associate Member*

Aloft Transitions

(Young Adult Program)

CONTACT

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NATSAP Member
Since: 2018

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 30
Grades: N/A
Enrollment: 14
Duration: 12 - 18 months
Founded: 2012

Airport: Boise, Idaho (BOI)

Aloft Transitions is a residential life transition program for young adults 18 to 30 years old. Our clients participate in a therapeutic milieu which centers on preparing for an independent life through life skills coaching, career training, clinical counseling, and educational mentoring. Our aim is to successfully prepare each client for life as an ethical and responsible adult. The program focuses on attribute and value development, couched in a framework of relationship building, and mentoring from caring adult mentors. Clients also participate in frequent clinical counseling and group therapy. Aloft's supportive and structured environment allows the approach to be individualized with each client per their individual needs and goals.

Professional Affiliations: *NATSAP - Associate Member*

Alpine Academy
(Residential Treatment Center)

CONTACT

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NATSAP Member Since: 2001

PROGRAM OUTLINE

Gender: All genders (non-binary)
Ages: 12 - 18
Grades: 7 - 12
Enrollment: 70
Duration: 15 months
Founded: 2001

Airport: Salt Lake City Int'l (SLC)

What if residential treatment didn't feel like treatment? What if healing could take place in a safe, nurturing family environment? What if a teen could not only recover credit, but also discover that they love learning? What if the most productive therapy took place not only in the therapist's office, but also in natural environments? Two gender affirming campuses - one for males and one for females - provide all of this through use of the Teaching-Family Model, which is nationally recognized as an evidence-based method of treatment.

The Model uses a relational, brain-based learning approach that is proven to heal trauma and effect lasting change, creating an environment where students feel seen, heard, and safe. Ten students reside in each of our homes, which are lived in and managed by "professional parents" who are highly trained and certified in the Model. These Family Teachers, along with their support team, know each student and family individually. This allows for continuous, immersive therapeutic work to take place.

Advanced training and certification in evidence-based, cutting-edge modalities enables our therapists to help students develop insight, heal trauma, strengthen the family, establish identity, and see their potential. DBT, EMDR, Family Systems, ACT, and equine are integrated into daily therapeutic work, individualized to each student's needs.

Alpine is accredited by COGNIA in affiliation with Northwestern Accreditation Commission and recently scored 376.5 in educational quality - far above the national average of 278-283. Classrooms are led by direct instruction from highly qualified teachers that are certified in core subjects and have Special Education endorsements. Small class sizes, individual tutoring time, credit recovery/remediation, weekly academic outings that focus on experiential learning, and opportunities for advanced coursework are just a few elements of our individualized academic approach.

Accreditation, Licensure: *Cognia; State of Utah, Department of Licensing; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; Teaching-Family Association; National Association of Private Special Education Centers (NAPSEC)-Full Member; Young Adult Transition Association (YATA); Small Boarding Schools Association (SBSA)*

ANASAZI Foundation
(Wilderness Therapy Program)

CONTACT

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NATSAP Member Since: 2002

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 12 - 31+
Grades: N/A
Enrollment: 40
Duration: 49 days minimum
Founded: 1988

Airport: Phoenix, AZ (PHX)

The mission of Anasazi Foundation is to prepare parents and children to turn their hearts to one another, begin anew, and walk in harmony in the wilderness of the world.

Anasazi's outdoor behavioral health care services are effective for adolescents and young adults with mood and behavioral concerns. Treatment addresses depression, anxiety, substance abuse, oppositional behavior, relational problems, school failure, self-harming behaviors (eating disorders, cutting, suicidal ideation, etc.), attachment, poor social skills, lack of motivation, entitlement, and other issues related to a lack of self-regulation and moral identity.

Youth and young adults with parents who are willing to play an active role in treatment are more likely to achieve the desired outcomes. Parents participate in an admissions-day orientation; attend a relationship workshop; consult weekly (via phone or in person) with their child's therapist; join their child in the wilderness for the final two nights/three days of the program; and participate in seven weeks of post discharge parent shadowing.

Founded by wilderness therapy pioneers Larry Olsen and Ezekiel Sanchez, the nurturing approach at Anasazi summons introspection and personal responsibility - it powerfully invites a change of heart that promotes a lasting change of behavior.

Treatment is individualized and provided by a licensed and credentialed staff specializing in child and adolescent psychology, marriage and family therapy, social work, nursing and experiential education. Staffing ratios are 2:1 and group sizes range from 3-8. Aftercare and alumni services are available to support and sustain changes made while at Anasazi. Fees may be covered by insurance. Anasazi is a non-profit (501c3) organization. Funds are raised throughout the year to assist families with little or no financial resources.

Accreditation, Licensure: *Arizona Department of Health Services, Office of Behavioral Health Licensing, Level II Behavioral Health Care Provider; Joint Commission; Association for Experiential Education (AEE)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; OBH Council, Accredited Outdoor Behavioral Healthcare Program*

ARCH Academy (Adolescent Recovery of Cumberland Heights)

(Residential Treatment Center - Substance Abuse)

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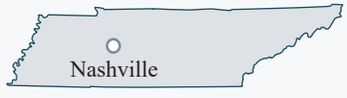
NATSAP Member Since: 2009

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 14 - 18
Grades: 8 - 12 (onsite private school)
Enrollment: 30
Duration: 1 - 6 months
Founded: 1985



Airport: Nashville, TN (BNA)

ARCH Academy relocated to its brand new 67 wooded acre campus in spring of 2020. ARCH Academy is committed to its 35 plus year tradition of providing the highest quality of care possible in a cost-effective manner (40 plus in-network insurance companies), for adolescents and their families who are at risk for, or suffering from substance abuse or substance dependency issues, in addition to common co-occurring issues. Treatment encompasses the physical, mental, emotional, and spiritual dimensions of recovery by offering professional excellence, the principles of the Twelve Steps, proven clinical intervention and a safe, loving environment.

We specialize in adolescent males ages 14-18 who have a primary addiction diagnosis and common co-occurring issues such as depression, anxiety, ADHD, low self-esteem, trauma, and grief. Our boys start off in a 30-day primary intensive program and transition to the traditional program with progress dependent lengths of stay up to 6 months.

ARCH Academy provides a combination of recovery/education and therapy delivered through individual, group, didactic and experiential modalities. Therapeutic approaches include CBT, DBT, 12 steps, Trauma informed interventions, EMDR and other proven approaches. Our program also utilizes experiential and adventure-based programming: Zip-line, high and low ropes course, equine therapy, music assisted therapy, art therapy, pottery, canoeing, hiking, and other activities geared towards reaching this population. Understanding that we are additionally treating the family unit we provide a 3 day intensive family program, family sessions, structured visitation, and regular zoom calls for check-ins.

School services are provided on site by a TN State licensed school on campus. Our teaching principle, teachers, and tutors provide a combination of on-line curriculum and direct instruction.

The facility is set up to have a campus feel with comfortable residential cabins, dining hall with Chef prepared meals, medical unit with onsite nursing and psychiatric services, work out gym, basketball court, and several outdoor areas for relaxing, meditation, and soaking up the benefits of nature.

Accreditation, Licensure: *State of Tennessee Department of Mental Health and Substance Abuse Services; Tennessee Department of Education; Commission on Accreditation of Rehabilitation Facilities (CARF); Joint Commission; Tennessee Department of Education*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; National Association of Addiction Treatment Providers (NAATP)*

Arrowhead Youth and Family Services

(Residential Treatment Center)

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NATSAP Member Since: 2017

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 12 - 21
Grades: N/A
Enrollment: 42
Duration: 9 months
Founded: 1945

Airport: Quad City Int'l, IL (MLI)
Chicago O'Hare Int'l, IL (ORD),
Chicago Midway Int'l, IL (MDW)

Arrowhead is a residential treatment center and academy located in Coal Valley, Illinois. Our midwestern campus offers a peaceful, simple backdrop for treatment and education. Since 1945, we have been working with troubled teens that are having difficulties at home, in school, or the community. Our goal is to offer them life skills to get them pointed back in the right direction. We encourage the youth to build strong relationships with their families, our staff, and the community at large. We foster family involvement in treatment and education to support and nurture the youth as they confront and overcome the challenges that affect their behavior.

Our back to basics, wholistic approach to the healing process focuses on all aspects of the youth's life, preparing them for the future they want and deserve. At Arrowhead, our mission is to motivate youth at risk to become responsible young men by providing the highest quality counseling, education, and social services to youth and their families.

Accreditation, Licensure: Council on Accreditation (COA); Illinois Department of Children and Family Services; Illinois State Board of Education
Professional Affiliations: *NATSAP - Full Member; Alliance for Strong Families and Communities; Illinois Residential Providers; Illinois Association of Private Special Education Centers (IAPSEC)*

Ascend Healthcare

(Residential Treatment Center - Substance Abuse)

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NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 12 - 18
Grades: 7 - 12
Enrollment: 12
Duration: 45 days
Founded: 2017

Airport: Los Angeles Int'l, CA (LAX)

Ascend Healthcare offers counseling and rehabilitation services in a residential setting to clients ages 12 - 17 that accepts adolescents through recommendation from mental health practitioners, as part of Individualized Education Programs, and private placement by the parent/guardian. The program is designed to strengthen client resilience and self-efficacy through psycho-educational groups and daily practical application throughout their duration in the program. Ascend believes that fostering a safe and warm therapeutic environment empowers clients to engage in deep and meaningful therapeutic work.

Ascend offers many evidence-based treatments such as Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Acceptance and Commitment Therapy, 12-step programming, and Mindfulness-based practice. The facility also offers many experiential treatments such as cross-fit style exercise, yoga, music therapy, art therapy, equine therapy, drama therapy, therapeutic writing and poetry therapy, and process groups. If appropriate, the facility will also provide individual sensorimotor therapy or Eye Movement Desensitization and Reprocessing (EMDR) therapy for more trauma-focused work. Weekends include intensive multi-family days, community- based volunteer work, community- based outings, horticulture, and surf therapy.

Clients have a minimum of two private therapy session per week and one individualized family session per week with a licensed therapist. Clients also see the Ascend psychiatrist a minimum of one time per week during the duration of their treatment. As a program with a strong LGBT+ inclusivity policy, Ascend is passionate about honoring each client's unique identity and experience.

The on-site education program is highly individualized, offering remediation for low academic performers, college counseling for clients just graduated or about to graduate high school, and full collaboration with primary educational placement to keep assignments current while residing in treatment. The clinical program is designed to help clients build self- acceptance, learn distress tolerance, connect with others, become honest and vulnerable, strengthen executive functioning, identify values, and take action.

Accreditation, Licensure: *CCL CA; Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

Ashcreek Academy

(Residential Treatment Center)

CONTACT

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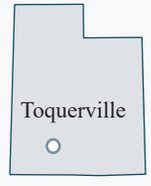
Website: www.ashcreekacademy.com

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: Male only, as assigned at birth
Ages: 13 - 17
Grades: 8 - 12/College Prep
Enrollment: 35
Duration: 10 - 12 months
Founded: 2012



Airport: Saint George, UT (SGU),
Las Vegas, NV (LAS)

Ashcreek Academy is a residential treatment center for adolescent males, 13-18 located in Toquerville, UT. Our mission includes three main points: Character, Challenge, and Community.

*Enhancing CHARACTER (Gaining a vulnerable and emotionally authentic sense of self)
*Accepting CHALLENGE (Accept and welcome emotional challenge in the growth process)
*Understanding COMMUNITY Living (Connect with family and others through empathic, authentic communication, action, and gratitude)

We work through these things with an Experiential focus, looking through a Trauma lens. We provide high quality, evidence-based clinical services, top-notch academics, unique fitness and horsemanship programs and low staff to student ratio, all within a warm, nurturing, and healthy living environment. The Ashcreek mission is to meet students "Where they are," helping them heal the past and rebuild new and healthy pathways with their families.

We utilize a strength-based approach, reconnecting our students to their passions and interests. Ashcreek gives each young man the opportunity to reclaim his true identity, creating a fresh start and the necessary tools to lead him to success. We teach the importance of service and the importance of giving to others. Our student's live in a compassionate environment that prepares them for transition to young adulthood. Most of all, we believe in the healing power of reconnecting sons to their family.

The Ashcreek program is intentional with the design of every aspect of their program. Every program component, every class offering, every activity is specifically planned and designed to bring our students to the ultimate aim of healing the past and creating a hopeful future. We do this by building relationships with each student, we teach our students to have respect, we teach our boys about responsibility, and we create opportunities for the boys to have many experiential experiences.

Accreditation, Licensure: *State of Utah, Department of Human Services; Cognia, National Accreditation Commission; Joint Commission; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Membership*

Asheville Academy for Girls

(Therapeutic Boarding School)

CONTACT

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Website: www.ashevilleacademy.com

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 10 - 14
Grades: 4th - 11th
Enrollment: 40
Duration: 9 - 12 months
Founded: 2012

Airport: Asheville Regional, NC (AVL)

Mission Statement:
Asheville Academy for Girls is a therapeutic boarding school exclusively for girls ages 10-14. Our program works because we do more than just "talk" about it - we provide the 24/7 nurturing, relational, and developmentally appropriate environment that middle school girls need to grow and thrive. At Asheville Academy we empower young girls to restore and repair relationships with themselves, families, and peers.

When your daughter enters Asheville Academy, she'll be brought into a safe environment, which combines an individualized clinical approach, accredited academics, and a deep dedication to fostering community. She will be welcomed by other girls facing similar challenges. Our dynamic clinical approach reflects the unique and personal needs of each girl through individual, group, and family therapy sessions. Perhaps one of Asheville Academy's greatest strengths is our uniquely effective equine and animal therapy program. These methods help girls develop through self-reflection, taking responsibility, and nurturing and caring for others. Your daughter will develop the confidence and resilience needed to face life's challenges, rebuild damaged relationships, communicate clearly, and cope with emotional trauma in a healthy way.

Asheville Academy's innovative learning environment is specifically designed to help your daughter succeed academically. Our fully accredited instructors are dedicated to your daughter's success. Given our small class sizes, instructors take into account individual learning styles and focus heavily on building academic fundamentals. By removing the challenges of the traditional school environment, our girls are empowered to take success into their own hands. Asheville Academy: it's where girls find themselves.

Accreditation, Licensure: *Commission on Accreditation of Rehabilitation Facilities (CARF); Cognia*
Professional Affiliations: *NATSAP - Full Member*

Aspiro Adventure

(Wilderness Therapy Program)

CONTACT

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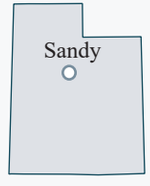
NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 28
Grades: N/A
Enrollment: 8 participants per group
Duration: 9 - 11 weeks
Founded: 2006



Airport: Salt Lake City Int'l (SLC)

Aspiro is a clinically advanced Wilderness Adventure Therapy program that not only provides a dynamic clinical treatment model, but fully integrates evidence based psychology within the constructs of sequential high adventure components. The program takes treatment out of the confines of a traditional facility setting and utilizes the real world, front and back country environments, to craft therapeutic experiences which provide real time assessment and skill-building opportunities. Students engage in activities such as mountain biking, rock climbing, rappelling, alpine skiing, canyoneering, snowshoeing, and backpacking to gain confidence and self- mastery which aid in their therapeutic growth and experience.

The Aspiro clinical team utilizes empirically based approaches to therapy consisting of Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Family Systems Therapy, Adventure Therapy, Motivational Interviewing. individual therapy, group therapy and family therapy which take place on a weekly basis. A formalized Individualized Treatment Plan is also developed for each participant. An emphasis is placed on family systems therapy, including regular weekly communication, therapeutic assignments and a mid-program family seminar on site. Through this hands-on, integrated clinical model, participants gradually begin to develop healthier relationships, learn new, healthy coping strategies, and enhance emotional/behavioral regulation skills, social skills and life skills that lead to future success. The goal is to help participants develop a higher level of self-efficacy and eliminate negative unhealthy behaviors.

Appropriate candidates are adolescent males and females, ages 13-17, and young adult males and females, ages 18-28, with a history of mild to moderate behavioral problems, low self-esteem, academic underachievement, anxiety, depression, ADD/ ADHD, adoption, attachment issues, learning disabilities, drug/alcohol use, processing difficulties and family conflict. One unique aspect of Aspiro is a specialized group called Vantage Point that focuses more specifically on adolescents and young adults dealing with neurodevelopmental challenges, autism spectrum diagnosis, executive function, social and learning deficits.

Accreditation, Licensure: *State of Utah Office of Licensing, Department of Human Services; Outdoor Behavioral Health Council (OBHC); Association for Experiential Education (AEE)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program - SILVER (RDP)*

At the Crossroads

(Transitional Independent Living Program & Young Adult Program)

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NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 25
Grades: N/A
Enrollment: 36
Duration: 9 - 12 months
Founded: 2005

Airport: Cedar City (CDC),
Saint George (SGU)

At the Crossroads utilizes a strength based relational approach. Years of research have shown that the greatest indicator of treatment gains is dependent on the strength of the therapeutic relationship. We do not seek to micromanage, control, punish, or manipulate young adults into compliance. Through developing trust and respect, we use "collegial" relationships to influence and coach clients toward greater mental, emotional, and physical health. We establish a culture of attraction not coercion. The less the client feels they are in a "treatment program" but rather a "supportive treatment community," the greater likelihood of that client developing real internal change that is not artificially manipulated because the container provided little real-world experience for trial and error.

ATC prides itself on being an individualized and client-centered program based on the young adults' unique needs, and as such, we have worked tirelessly to hone multiple therapeutic modalities utilizing evidence based treatment. ATC has an established treatment team of clinicians with their own unique training, backgrounds, and experiences. Our multi-disciplinary clinical team allows us to pair young adults enrolling at ATC with the clinician most suited to their therapeutic needs and personalities. A highly individualized treatment plan will be developed for each student based upon their assessment - taking into account their unique challenges, strengths, needs, and goals. Each one of our clients is unique and ATC aims to honor that.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program - BRONZE (RDP)*

Back2Basics Outdoor Adventures

(Young Adult Program)

CONTACT

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Flagstaff, AZ 86001
Website: www.back2basics-soberliving.com

NATSAP Member
Since: 2020

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 18 - 30
Grades: N/A
Enrollment: 20
Duration: 180 days
Founded: 2010

Airport: Flagstaff, AZ (FLG)

Back2Basics Outdoor Adventure Recovery is an up to six month outdoor adventure recovery program for young adult males, from 18-30, with substance abuse issues looking for a positive and meaningful life. In our program, clients are exposed to a weekly combination of wilderness and residential programming which have proven to be successful in recovery. Back2Basics combines residential therapeutic counseling with experiential outdoor adventures to treat individuals with addictions and co-occurring disorders and lead them through rehab and recovery into long-term sober living. The program is highlighted by spending time in the beautiful serene Northern Arizona wilderness where individuals are physically challenged, their minds are cleared, and they learn ways to defeat old addictive thinking patterns through various outdoor adventures.

The residential component is truly about going back to the basics and practicing simple life skills. Residential life provides clients the opportunity to participate in therapeutic individual and group counseling, therapeutic mindfulness-based yoga, 12- step meetings, recreational activities, nutritional/culinary classes, and community integration. B2B also conducts several assessments that are part of treatment, which include psychiatric, nutritional, and medical/physical assessments. B2B scope of practice addresses family dysfunction, trauma, addiction recovery, failure to launch, anxiety, depression, and life skill development. A six-month program ensures the client has time to get into a sober routine, make healthy life decisions, build strong male friendships, learn how to step out of their comfort zone, and face their fears while having the support necessary to stay on the road to long term recovery.

Accreditation, Licensure: *Arizona Department of Health Services, Office of Behavioral Health; Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

Bayes Achievement Center

(Residential Treatment Center)

CONTACT

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Huntsville, TX 77340-2485
Website: www.bayescenter.com

NATSAP Member
Since: 2013

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 6 - 22
Grades: K - 12
Enrollment: 95
Duration: 1 month - Open
Founded: 1993

Airport: Houston (IAH)

Bayes Achievement Center (BAC) is a state-licensed and nationally-accredited Residential Treatment Center and Day School program serving boys and girls ages 6 - 22 with severe behavioral problems. We serve students with a wide range of exceptionalities including emotional and behavioral disorders, autism, and intellectual disabilities. The one characteristic common to all of our students is that the severity of their behaviors prevents them from being successful in less-restrictive environments.

Our mission is to help the children and young people who are most in need have the best life possible. To this end, we will accept any student into our program regardless of the severity of his behavior. Once in our program, we are committed to our students; there is no problem behavior that will get them expelled. We believe that children need loving care and treatment regardless of their behavior, and rejecting them from treatment for misbehavior worsens their condition and society's ultimate burden.

In our teaching homes, we offer a warm, caring, and comfortable atmosphere that replicates the home environment. There, our students engage in the same activities that they would do at their own homes. They learn chores, prepare snacks and meals, play games, swim, shoot hoops, and spend time in the community.

In the classroom, for many of our students, their past history of failure in school has led them to believe that misbehaving is the only thing they can do well. By helping them end their negative behavioral cycles while at the same time providing them with top-quality individualized education, our students begin to experience success in school for the first time in their lives. With increased success comes increased self-confidence. A new positive behavioral cycle begins which propels them towards transitioning back home, graduation, vocation, or college.

Accreditation, Licensure: *Texas Department of Family and Protective Services; Joint Commission; California Department of Education; Illinois State Board of Education*
Professional Affiliations: *NATSAP - Full Member; National Association of Special Education Teachers (NASET); Designated School of Excellence*

Benchmark Transitions

(Young Adult Program)

CONTACT

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Website: www.benchmarktransitions.com

NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 18 - 28
Grades: High School/College/Technical/ Vocational
Enrollment: 42
Duration: 30/60/90 days; 6 - 12 months
Founded: 1993

Airport: Ontario International (ONT)

For over 25 years, Benchmark Transitions, a family-owned and operated long-term residential treatment and transitional living program in Southern California, has provided one of the longest running programs geared toward treating young adults. We understand that the needs young adults are different than those for older adults. Our programs are tailored to this demographic, individualized, and integrate families in the process every step of the way.

Our program is ideal for at-risk young adults who require immediate primary treatment for mental health and cooccurring substance use disorders, as well as for those who are "stuck" at home, needing additional support to achieve independence.

We provide a nurturing community-based setting where young adults can address their behavioral health and create an effective strategy to help them transition into confident, functioning adults. Our focus is helping adults recover their health, regain their family relationships, focus on new friends, and develop independence in a sober, supportive environment.

Benchmark Transitions offers a full continuum of care individualized for each client's unique treatment needs. Our services include sub-acute detoxification, primary residential treatment, a day treatment program, intensive outpatient treatment program, and extended care with structured transitional and sober living.

Our program goes beyond the clinical counseling, behavioral and mental health therapy, and alcohol and drug addiction support provided by most residential treatment centers. We also provide educational, vocational, and life skills assistance to help these young adults gain resilience and emerge into adulthood successfully.

We offer an onsite, integrated high school component that allows students to earn their degree and have partnerships with local community colleges, universities, and vocational schools, which provide life skills training, including finance management and employment readiness.

Accreditation, Licensure: *State of California Department of Health Care Services (DHCS); National Private Schools Association Group (NPSAG); Joint Commission*
Professional Affiliations: *NATSAP - Full Member; California Consortium of Addiction Programs & Professionals (CCAPP); National Association of Addiction Treatment Providers (NAATP); Young Adult Transitional Association (YATA), founding member*

Big Sky Academy
(Therapeutic Boarding School)

CONTACT

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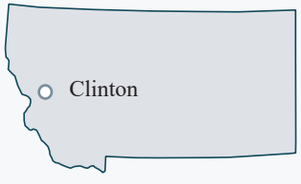
NATSAP Member
Since: 2020

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17
Grades: N/A
Enrollment: 42
Duration: 12 - 18 months
Founded: 2019



Airport: Missoula Airport (MCO)

Big Sky Academy provides a fully integrated therapeutic and experiential milieu conducted within the framework of Positive Peer Culture (PPC), a values-based and process-oriented model utilizing a system of cognitive strategies and interventions. PPC strives for long-term change by teaching and internalizing pro-social values of altruism, responsibility, acceptance, self-worth, and autonomy.

By "integrated," we mean that all aspects of the therapeutic and social milieu revolve around the core concepts of PPC and that the individual, group, and family therapy sessions are integrated into the PPC milieu. In other words, all types of social interactions, including therapy sessions, share a commonality of purpose: to teach a positive value system based upon the concepts of altruism, responsibility, self-worth, acceptance, and autonomy. Formalized group therapy sessions act as a teaching catalyst for the therapeutic work that permeates a student's day.

In PPC, the students are an integral part of the helping process and are fully incorporated into the social and experiential milieu. The students' meaningful participation in the helping process results in the development and internalization of altruism, responsibility, self- worth, acceptance, and autonomy. These qualities are developed as the treatment process exposes and provides insight into the student's previously unsuccessful efforts to discover and develop identity, acceptance, and a self-concept based upon negative behaviors.

Integrating the students into the PPC milieu recognizes and capitalizes on the fact that adolescents are modeling their behavior most strongly after other peers and are most driven by the need for acceptance of their peer group. Students are asked and taught to become of service to their peers and to take a meaningful role and responsibility in helping others. As they learn how to be of value to others, students develop the self-worth necessary to establish and maintain more positive and productive relationships, self-efficacy, and goals.

Accreditation, Licensure: *Montana Department of Health and Human Services; Cognia*
Professional Affiliations: *NATSAP - Provisional Member*

Black Mountain Academy
(Therapeutic Boarding School)

CONTACT

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Black Mountain, NC 28711
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NATSAP Member
Since: 2018

PROGRAM OUTLINE

Gender: Males, including transgender
Ages: 13 - 18
Grades: 9 - 12
Enrollment: 25
Duration: 15 months
Founded: 2016

Airport: Asheville Regional, NC (AVL)

Black Mountain Academy is a small boarding school for boys that feels like home and is specifically designed to support the individualized needs of students with learning differences, social, and executive function deficits. We teach our students transferable skills in the areas of emotional regulation, executive function, and daily living with a dynamic, comprehensive approach that enriches the learning experience. Black Mountain Academy provides opportunities that foster academic, social, emotional, and personal development.

Accreditation, Licensure: *Commission on Accreditation of Rehabilitation Facilities (CARF); Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE*

Blue Ridge Therapeutic Wilderness

(Wilderness Therapy Program)

CONTACT

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Clayton, GA 30525
Website: www.blueridgewilderness.com

NATSAP Member
Since: 2004

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 30
Grades: 9 - 12
Enrollment: Groups of 8 - 10
Duration: 8 - 10 weeks
Founded: 2002

Airport: Atlanta, GA (ATL)

Since 2002, our wilderness therapy program has helped young people and their families to thrive. We strive to provide a superior, integrated wilderness experience to help all individuals and families define their values and overcome their struggles. Our techniques combine the healing wilderness environment with evidence-based therapeutic approaches that teach individuals and families the skills needed to be aware of and act on their values. Removed from the distractions of daily home life, students experience the abundance of the beautiful Blue Ridge Mountains, where they live 24/7 in nature with other students and our supportive field staff. Here, teens and young adults rediscover their resilience, unearth ways to align with their values, and explore practices that lead to health. Located in the North Georgia and Western North Carolina mountains, Blue Ridge's licensed outdoor program provides sophisticated clinical treatment in an immersive nomadic wilderness model. Foundational transformation for families occurs through utilizing individualized clinical treatment, together with intensive family-focused support, and whole-body health and wellness.

Accreditation, Licensure: *Georgia Department of Human Resources - Outdoor Therapeutic Camp; North Carolina Department of Human Services - Outdoor Habilitative Camp; Association of Experiential Education*
Professional Affiliations: *NATSAP - Full Member; Outdoor Behavioral Health Council*

BlueFire Wilderness Therapy

(Wilderness Therapy Program)

CONTACT

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Gooding, ID 83330
Website: www.bluefirewilderness.com

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 11 - 17; 18+
Grades: 6 - 12
Enrollment: 60
Duration: 8 - 12 weeks
Founded: 2013

Airport: Boise, Idaho (BOI)

BlueFire Wilderness Therapy is a comprehensive and licensed intervention for teens and young adults who are struggling in different aspects of their daily lives. We provide a state-of-the-art and progressive treatment approach by incorporating a multidisciplinary treatment team to participate in the treatment planning and implementation for every child and family. We utilize an ideal balance of wilderness expeditions, high-adventure activities, weekly equine therapy, individual and group therapy, academic work, service projects, and family connections, all designed to deliver treatment opportunities and life-skills attainment.

Going above and beyond traditional wilderness therapy interventions, BlueFire involves a breadth of experiences from a multidisciplinary treatment team (Psychologist, Primary Therapist, Recreation Therapist, Academic Director, Equine Specialist, Physician, Psychiatric PA, RN). This progressive approach means that every client and family gain the benefit of a team of professionals who understand the comprehensive and subtle aspects that can be gained in the outdoor setting. End goals are substantiated and supported by a comprehensive treatment plan involving input from all disciplines.

BlueFire immerses each client in the wilderness program setting to interrupt the pattern of negative behaviors, elicit a true desire for life change, and identify a concrete plan for long-term success. We work in concert with parents and involved professionals to determine the most appropriate plan for long-term progress. As part of this family systems approach, parents participate in a multi-day family workshop in which they witness their child's successes and address behavioral progress and ongoing concerns within the parent-child relationship. Preparing for transition (either home or placement) is the final emphasis of treatment.

Located at the base of Idaho's Sawtooth Mountains, 1.5 hours from Boise, BlueFire's experienced team members are pioneers of wilderness therapy. We believe that our combination of wilderness environment and adventure activities creates the ideal therapeutic milieu in which to help clients recognize and build upon their sense of self-worth. Our multidisciplinary treatment team provides a comprehensive and highly individualized treatment plan for every child and family. There is no level system.

Education is an important aspect of BlueFire. While we understand that many of our clients are failing or not attending school regularly, we aim to help get them on the right track with their educational goals. Initially, we endeavor to help our clients gain confidence in their ability to learn and perform tasks. The curriculum at BlueFire, educational testing, learning styles assessments, and career and academic assessments are designed to find the root cause of problems and provide solutions and coping skills needed for success.

Accreditation, Licensure: *State of Idaho, Department of Health & Welfare Child Care License*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE*

Boulder Creek Academy

(Therapeutic Boarding School)

CONTACT

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Address: 147 Emerson Lane
Bonners Ferry, ID 83805
Website: www.bouldercreekacademy.com

NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 18
Grades: 9 - 12
Enrollment: 45
Duration: 16 months
Founded: 1993

Airport: Spokane, WA (GEG)

At Boulder Creek Academy, students rediscover their social and academic confidence. Our students range between 13 and 18 years old. The common thread running through our student population is that they have all experienced difficulty finding success in their previous environment, and our goal is to ignite their new passion for life.

A portion of our students have been diagnosed with ASD Level 1, while others carry a range of diagnoses from NVLD, depression, anxiety, ADHD, social communication disorder, learning disabilities, processing speed issues, and executive functioning deficits. Hence, our therapeutic approach encompasses a multitude of clinical modalities; including, but not limited to DBT, CBT, EMDR, Neurofeedback, equine assisted therapy, and our therapeutic canine program. Family plays an important role at Boulder Creek Academy. In addition to individual and family therapy, we offer family workshops and adventure experiences with staff support to help create a healthy family system.

Boulder Creek Academy is recognized for its small, yet diverse classroom setting and credentialed teachers. We are Idaho Special Education certified; California NPS approved and are certified through Cognia. Our teachers, in conjunction with our Special Education Coordinator, offer a variety of academic interventions to address learning differences. Another unique and highly beneficial feature of Boulder Creek Academy is our Learning Center. This provides one-on-one support for our students to thrive in the classroom.

Successful implementation of Restorative Practices as our central behavior management tool sets us apart from other school settings. Our use of restorative circles has proven to be extremely effective at promoting emotional, social, and physical safety on our campus.

Boulder Creek provides a balanced approach to academics, therapy, and character development. We are located on 119-acres at the base of the Cabinet Mountains in North Idaho, with abundant mountains and lakes for recreation to match the changing seasons.

Accreditation, Licensure: *State of Idaho, Department of Health Welfare, Childcare; Idaho Department of Education Approved Special Education Program; Northwest Accreditation Commission (NWAC); California Department of Education/ Non-Public School Certification; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Independent Education Consultants Association (IECA); Idaho High School Activities Association*

Bridge House

(Young Adult Program)

CONTACT

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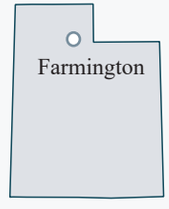
Farmington, UT 84025
Website: www.bridgehousehealth.com

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 55
Grades: N/A
Enrollment: 17
Duration: 3 - 4 months
Founded: 2017



Airport: Salt Lake City, UT (SLC)

Bridge House is a diagnostic and assessment oriented residential treatment center for adults ages 18-55. Situated in a home-style, comfortable residential setting, stabilization, assessment, and treatment are provided for adults struggling with mental illness and substance abuse disorders. Each component of the Bridge House program is designed to assist individuals in gaining a better understanding of their illness, as well as, assisting them in acquiring the skills required to live a life with purpose and fulfillment. Bridge House operates from the belief that people struggling with psychological, cognitive, emotional, and behavioral problems are capable of experiencing wellness. Using a combination of compassion, care, diagnostic expertise, and clinical sophistication, Bridge House individualizes a course of care for each resident that is unique and personalized.

Bridge House provides 24-hour supervision and 24-hour nursing on-site. In addition to group therapy, individual therapy, family therapy, and recreational activities, all residents participate in a thorough battery of diagnostic assessments. The primary focus of the experience is to help residents and family members better understand the underlying reasons for behavioral, emotional, academic, social, vocational, and functional issues leading to impairment in day-to-day adaptation and functioning. Assessment is conducted following a period of stabilization, while the resident is feeling stable, clean and sober, eating well, and getting enough rest. Assessment through immersion and integration is emphasized as residents engage in normative daily activities.

Prior to discharge, a comprehensive Bridge to Health Report will be compiled and shared with the resident. This document will summarize assessment results from each clinical discipline and review results from all formal assessments which were conducted during the resident's stay. This comprehensive approach to assessment will provide unparalleled guidance for the resident, his or her family, the Bridge House treatment and diagnostic team, and future service providers.

Accreditation, Licensure: *State of Utah dept of Human Services office of Licensing*
Professional Affiliations: *NATSAP - Full Member; Association for Community Integration Programs (A4CIP)*

The Brooke Whitted Center

(Young Adult Program)

CONTACT

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/ Dr. Diana Kon, Ed.D.
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Chicago, IL 60637
Website: www.bw-center.org

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 25
Grades: College Freshmen to Masters Level
Enrollment: 15
Duration: 1 - 2 years
Founded: 2016

Airport: Chicago, IL - O'Hare (ORD),
Chicago, IL - Midway (MDW)

The Brooke Whitted Center (BWC) is a co-ed, specialized, transitional living program for young adults ages 18 to 25 who have mental health challenges and/or high-functioning autism. The BWC assists college-capable emerging young adults as they further develop and master strategies for emotionally coping with stress, anxiety, and/or depression in daily life. The program focuses on helping participants develop executive functioning skills, habits, and routines so they can manage the demands of engaging in self-care, having an active social and family life, complete academic and vocational courses, and work in either competitive employment or volunteer service jobs. The BWC is located in Chicago, a city that offers tremendously rich diversity, where participants engage in a wide variety of educational, vocational, social, and cultural opportunities. BWC has two locations within Chicago to facilitate a complete array of services and opportunities, including academic, employment, cultural, and recreational experiences. The Brooke Whitted House serves as the Center's full-time residence in a modern condominium building located near the University of Chicago. Being located immediately adjacent to an internationally renowned university provides additional academic, employment, cultural, and recreational opportunities within easy walking distance on one of the nation's most famous campuses. BWC's Loft is located on Michigan Avenue in Chicago's South Loop. At the Loft, participants can engage in structured programming and various therapies, or they can seek support or just socialize and rest during the day without having to travel back to the residence.

The BWC offers full-time, 24-hour, customized care and support, with a clinically educated and trained staff that's awake and available even during the overnight. A team of residential counselors and licensed clinical professionals offers structured programming to increase skills acquisition, practice, and mastery. Participants are provided with twice weekly individual, group, and biweekly family psychotherapy through approaches that are individualized to each participant's needs. Onsite psychiatric, medication administration, and nursing services are included in the program structure and costs. Participants receive academic and vocational support within the program. The BWC offers participants an immersive opportunity to engage in complete treatment while carrying out their own life plan, with both given equal importance.

Accreditation, Licensure: *State of Illinois Department of Regulation*
Professional Affiliations: *NATSAP - Associate Member; Young Adult Transition Association (YATA)*

Building Bridges

(Residential Treatment Center)

CONTACT

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Thompson Falls, MT 59873
Website: www.buildingbridgesinc.net

NATSAP Member
Since: 2002

PROGRAM OUTLINE

Gender: Male only, as assigned at birth
Ages: 14 - 18
Grades: 8 - 12
Enrollment: 24
Duration: 12 - 18 months
Founded: 1996

Airport: Missoula, MT (MSO),
Spokane, WA (GEG)

Nestled in the scenic mountains of northwestern Montana, Building Bridges is dedicated to helping young men develop the tools and skills necessary to improve relationships, experience academic success, and ultimately live a healthy life. For over 25 years, it has been our sole mission to help young men and their families overcome their challenges and realize their true potential.

Building Bridges is a residential program for young men, ages 14-18, who are struggling with emotional and behavioral issues such as substance abuse, ADHD, anxiety, depression, adoption/attachment issues, trauma, learning disabilities, oppositional defiance, bipolar, etc. Through close contact with their counselor, in a small nurturing environment, a Building Bridges student will work on his behaviors and choices to begin to rebuild his life. Building upon each success, we empower our students to experience the joys and pride of personal growth and achievement.

Using an individualized, multidisciplinary approach we tailor a plan unique to each student. Each student's plan begins with a framework that focuses on their personal areas of growth through individual, family, and group therapy. Our students are able to draw on the tools they have learned to make significant changes in their behavior patterns. A student who successfully completes our program is able to return home confident in themselves and their abilities.

Focus on academics is a key component in our program. Students are given ample layers of support and are encouraged to challenge themselves both academically and socially. Our students are exposed to a wide variety of academic experiences. For those that are ready, this includes full-time enrollment in a public school in a peer supportive environment.

Building Bridges is a licensed through the Montana Department of Health and Human Services as a Chemical Dependency Treatment Center. All of our counselors, at minimum, hold a degree in Psychology or related field, as well as being Licensed Addiction Counselors.

Accreditation, Licensure: *Montana Department of Public Health and Human Services*
Professional Affiliations: *NATSAP - Full Member; Private Alternative Adolescent Residential Program (PAARP)*

Calo
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Nicole Fuglsang **Admissions Contact:** Rachel Vandevoort **Academic Contact:** Abby Mayer **Email:** admissions@caloteens.com **Phone:** (866) 919-8275 **Fax:** (573) 746-2224 **Address:** 130 Calo Lane Lake Ozark, MO 65049-9208 **Website:** www.caloteens.com	**Gender:** Coed - male and female only, as assigned at birth **Ages:** 9 - 20 **Grades:** 3 - 12 **Enrollment:** 74 girls / 74 boys **Duration:** 12 months **Founded:** 2006

NATSAP Member
Since: 2007

Airport: Columbia, MO (COU), Springfield, MO (SGF), Kansas City, MO (MCI), Saint Louis, MO (STL)

Calo was created with the need for specialty care in mind. With over a decade of outcomes, Calo enrolls students ages 9 to 17 affected by early-life adverse experiences. Calo adopts a true relational based treatment approach to create change from the inside out - heart first, and behavior second. Calo achieves emotional and behavioral regulation through playfulness and spontaneous, connective experiences. The program utilizes Dyadic Developmental Psychotherapy and a proprietary therapeutic model, an evidence-based and effective treatment for trauma and disorders of attachment, to restore trust and heal relationships. Nestled in the beautiful woods of Lake of the Ozarks, our serene and homey campus is an ideal therapeutic setting for our students. At Calo Teens, students with developmental trauma in need of relationship-based interventions are our focus. We were the first treatment center specialized to serve adoptive families and we continue to work with our families on the trauma/loss associated with relinquishment. In 2020, Calo opened two transition homes for emerging young adults completing the Teen program who would benefit from learning independent living skills before transitioning home. These homes serve students ages 17 to 20 and are separated by gender.

Accreditation, Licensure: *Missouri Department of Social Services, Children's Division; Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full Member; National Association of Psychiatric Health Systems (NAPHS) – Full Member; Association for the Training of Attachment in Children (ATTACh); Attachment and Trauma Network (ATN); American Adoption Congress (AAC)*

Cascade Academy, LLC
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Brad Gerrard **Admissions Contact:** LeaKae Roberts **Academic Contact:** LeaKae Roberts **Email:** bgerrard@cascadeacademy.com **Phone:** (435) 562-5800 **Fax:** (435) 604-7042 **Address:** 430 West 200 North PO Box 1114 Midway, UT 84049-1114 **Website:** www.cascadeacademy.com	**Gender:** Female Only, as assigned at birth **Ages:** 13 - 18 **Grades:** 6 - 12 **Enrollment:** 26 **Duration:** 9 - 12 months **Founded:** 2020

NATSAP Member
Since: 2020

Airport: Salt Lake City, UT (SLC)

Cascade Academy is licensed by the State of Utah as a 26-bed Residential Treatment Facility serving teenage girls 13-18 years old who struggle with severe anxiety, OCD, and OCD related disorders. Cascade Academy's treatment approach utilizes traditional evidence-based treatment modalities: Cognitive Behavioral Therapy (CBT), Exposure Response Prevention (ERP), Dialectical Behavior Therapy (DBT), Acceptance Commitment Therapy (ACT), and Motivational Interviewing (MI). Individual, family, group and recreational therapy along with individualized, sequential exposures are a key component of their treatment. In addition to using evidence-based therapeutic approaches, Cascade Academy implements daily exercise, meditation and mindfulness, yoga, nutrition and service into their treatment plan. A focus on a healthy balance emotionally, socially, mentally and physically is the core of their program.

There are a few key points that set Cascade Academy apart from other treatment programs:

1. **Early Introduction of Technology:** Within the first few weeks students are given access to their technology. Email, texts, and social media are all monitored to discover negative patterns and behaviors that may be exacerbating the student's disorder. Education and training are given regularly regarding healthy technology and social medial use.
2. **No Blackout Period:** Immediate, frequent contact with family as initiated by the student. This provides the student's therapist valuable information as to the dynamics in the family and those interactions that may "trigger" the student.
3. **No Level System:** Because each treatment plan is individualized, progress through the program is unique to each student. As students challenge their comfort zones and get comfortable being uncomfortable they navigate true to life experiences that prepare them for life after Cascade.
4. **Home Practice:** Students will graduate from Cascade Academy only after they have been able to demonstrate success at home. During this home practice students remain enrolled at Cascade Academy continuing individual and family therapy.

Accreditation, Licensure: Utah *Department of Human Services, Office of Licensing; Alta Independent*
Professional Affiliations: *NATSAP - Provisional Member; Anxiety & Depression Association of America (ADAA); International OCD Foundation (IOCDF)*

Catalyst Residential Treatment, LLC

(Residential Treatment Center)

CONTACT

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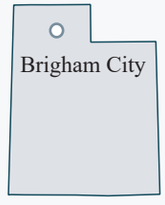
Brigham City, UT 84302
Website: www.catalystrtc.com

NATSAP Member
Since: 2007

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 13 - 18
Grades: 9 - 12 / College Prep
Enrollment: 48
Duration: 9 months average
Founded: 2006



Airport: Salt Lake City, UT (SLC)

The mission of Catalyst is to create opportunities for meaningful change and success for all those associated with the program. We believe that with the proper care and environment, we help facilitate and accelerate the process of change in each individual and family. Our vision is to lead boys on the path to manhood and true independence, and to lead families on the path to wholeness.

Catalyst is a clinically-driven substance abuse and dual diagnosis residential treatment center for boys ages 13 to 18. Catalyst is operated in two large beautiful homes, each providing living quarters for 24 students. Surrounded by many acres of open space on the outskirts of Brigham City, Utah, Catalyst is just 50 minutes north of Salt Lake City.

Catalyst provides truly individualized treatment based on a foundation of a thorough assessment of each youth upon admission as well as on-going assessments on a weekly basis. Each therapist carries of caseload of no more than eight youth and we are very staff intensive with a true staff-to-youth ratio of one-to-four. We also pride ourselves on the professionalism of our staff, as we train in workshops on a regular basis.

Our treatment model is truly holistic in addressing the six major areas of each youth's life including the family, heart, body, mind, soul, and friends core elements. We help youth and families on the path to healing and balance in all of these important areas of their lives.

Youth also gain significant personal experience with healthy living in Catalyst by participating in three types of experiential activities: music, exercise, and sober fun. Youth participate in healthy exercise on a daily basis and have opportunity to take past in a triathlon and gain a real sense of personal accomplishment, if they choose. Sober-fun activities include snowboarding, mountain biking, camping, hiking, swimming, and the like. Youth involvement in challenging and other experiential and recreational activities provides a very useful avenue for assessment and treatment of youth issues which may not be revealed in traditional "talk" therapy.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia*
Professional Affiliations: *NATSAP - Full Member*

Chamberlain International School

(Therapeutic Boarding School)

CONTACT

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Middleboro, MA 02346
Website: www.chamberlainschool.org

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 11 - 22
Grades: 6 - 12 / Post Grad
Enrollment: 98
Duration: 365 days
Founded: 1976

Airport: Boston, MA (BOS),
Providence, RI (PVD)

Chamberlain School is a private, non-profit, co-educational Therapeutic Boarding and Day School for students' ages 11-22 founded in 1976. Chamberlain offers degree granting academics and intensive clinical services to students who require a high level of structure and care at this point in their lives. Students are capable and talented children and young adults within the average to superior range who are faced with multiple complex diagnoses who tend to be emotionally fragile. Often family systems and peer relationships have become strained.

Diagnoses include, but are not limited to, a combination of any of the following: ADHD; ASD; ASD; OCD; Depression; Mood Disorders; Anxiety; Attachment; Trauma; Self esteem; BPD traits; atypical psychosis/ schizo affective disorder. Many have a wide range of specific learning disabilities.

Chamberlain's on-grounds school accommodates many learning styles and needs. From multi-modality and project based instruction to creative assessment of learning the approach is designed to maximize student academic potential. Life skills, general education, and college prep curriculum are offered. SAT prep and administration, as well as state mandated testing, small class sizes and student to faculty ratio, Speech Language and OT.

Masters level clinicians offer individual, group, and family therapy, one on grounds Psychiatrists and nursing dept. round out the clinical team. The clinical focus is Cognitive Behavioral Therapy with a strengths based approach. Within the clinical department, many therapists specialize in areas such as Family Therapy, DBT, ERP, Grief and Loss, Play Therapy, and Trauma. Parent Workshops and Parent Support groups are offered throughout the year and weekly communication between families and therapist are ongoing.

Accreditation, Licensure: *Massachusetts Department of Elementary and Secondary Education; Massachusetts Department of Early Education and Care; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Massachusetts Association of Approved Private Schools (MAAPS); National Association of Private Special Education Centers (NAPSEC)*

Cherokee Creek Boys School

(Therapeutic Boarding School)

CONTACT

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Westminster, SC 29693
Website: www.cherokeecreek.net

NATSAP Member Since: 2009

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 10 - 15
Grades: 5 - 10
Enrollment: 42
Duration: 15 - 18 months
Founded: 2003

Airport: Spartanburg/Greenville, SC (GSP)

Cherokee Creek Boys School (CCBS) is Cognia accredited, state-licensed therapeutic boarding school for boys, ages 10-15, grades 5-10. Our students have a "softer profile" with challenges including, but not limited to: ADD/ADHD, depression, anxiety, oppositional behavior, learning style differences, high functioning Autism, academic frustration/failure. Our students also struggle with issues related to divorce, adoption, abandonment, bullying, trauma, grief and loss. Our small enrollment (42 students), home-like lodge in the woods and warm, nurturing staff make CCBS the, "small school with a big heart," where boys can be boys.

FAMILY PROGRAMMING: women's retreats, family seminar, family treks, father & son treks, alumni leadership camp, transition services. **THERAPY**: Individual, group, family, equine. **ACTIVITIES**: morning PE, league sports, music lessons, language classes, trek program, religious opportunities, community volunteerism.

Our mission is an important part of our community: '*We are a learning community that challenges boys, and their families, to discover what is real and true about themselves and the world around them.*'

Accreditation, Licensure: *South Carolina Department of Social Services; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program - SILVER (RDP); Gurian Model School; Southern Association of Colleges and Schools (SACS); Southern Program Collaborative*

Cherry Gulch

(Therapeutic Boarding School)

CONTACT

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Emmett, ID 83617
Website: www.cherrygulch.org

NATSAP Member Since: 2006

PROGRAM OUTLINE

Gender: Male only, as assigned at birth
Ages: 10 - 15 years old (must be 14.5 or less at admission)
Grades: 4 - 9
Enrollment: 50
Duration: 8 - 18 months
Founded: 2005

Airport: Boise, ID (BOI)

Cherry Gulch is passionate about providing early intervention and prevention to help boys reach their full potential and become well-rounded pro-social young men. We are dedicated to providing outstanding academic and therapeutic services to students and their families in the context of a safe, supportive environment and work toward "Building Brighter Tomorrows for the Boys of Today."

Cherry Gulch is a ranch style therapeutic boarding school designed specifically for 10 to 14 year old boys. Our services are appropriate for boys with various difficulties including oppositional-defiance, depression, ADHD, learning differences, low self-esteem, poor motivation, anger, anxiety, family conflict, and other behavioral and emotional problems.

A unique therapeutic environment is provided on our beautiful 200-acre ranch, with small animals and horses, where every experience is educational and therapeutic in a fun purposeful environment. We strive to provide the most effective therapeutic strategies into the student's daily life. We offer at least 10-15 hours of scheduled therapeutic services a week but much more therapy takes place as life unfolds and a therapeutic moment arises. Our therapeutic services take shape as creative approaches to empirically based treatments and include individual, group, and family therapy, with experienced masters level therapists. We also offer equine assisted psychotherapy, social thinking, emotional literacy (RULER), neuro-technology, occupational therapy and adoption group and a wide variety of active experiential learning and therapeutic activities.

Cherry Gulch utilizes brain-based learning strategies in an experiential hands-on learning environment. We offer small class sizes, experienced credentialed teachers, and individualized academic plans. Parents are very important to our program and the success of our students and we offer a number of resources for parents including training them on the structure of our program and helping them implement the same program in their home. We maintain a high staff-to-student ratio and have highly skilled and compassionate staff.

Accreditation, Licensure: *State of Idaho, Department of Health and Welfare; Student and Exchange Visitor Information System (SEVIS); Cognia; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program - BRONZE (RDP); Association of Children's Residential Centers (ACRC)*

Chrysalis
(Therapeutic Boarding School)

CONTACT

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Eureka, MT 59917
Website: www.chrysalisschoolmontana.com

NATSAP Member Since: 2000

PROGRAM OUTLINE

Gender: Female only, as assigned at birth
Ages: 13 - 18
Grades: 8 - 12
Enrollment: 40
Duration: 14.5 months
Founded: 1998

Airport: Glacier Park International, MT (FCA)

Located in Eureka, Montana, Chrysalis is a small therapeutic boarding school for girls ages 13-18. Since 2008, it has been an accredited therapeutic boarding school through the National Independent Private Schools Association (NIPSA). Every five years, the NIPSA board visits to ensure that Chrysalis is meeting/exceeding standards and continually improving its processes to meet the evolving needs of our clients. Chrysalis is also certified by the Montana Department of Health and Human Services and is a member of the AEP association for experiential education.

Chrysalis treats a variety of clinical issues which include but are not limited to: anxiety, depression, trauma, relationship struggles, ADHD, and learning differences. Students at Chrysalis have demonstrated that a mental health diagnosis has prevented them from thriving in a healthy and functional way in a less structured environment, and they now require a higher level of care.

Treatment is provided through several modalities. Every student receives at least one hour of individual therapy per week, one hour of family therapy per week, and 3-4 hours of group therapy per week, each facilitated by a licensed Master's level clinician. Modalities utilized include Family Systems, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, EMDR, Trauma Yoga, and Acceptance and Commitment Therapy. We also employ experiential modalities such as animal centered therapy. In addition to formal therapy, students participate in a wide variety of adventure actives (skiing, biking, climbing, hiking, mountain biking, rafting, etc.) on a weekly basis. Informal, yet intentional therapy occurs as part of such activities, which also help to build self-esteem and conquer feelings of self-doubt, past failures, and/or debilitating fear and anxiety. The adventure therapy program also includes bi-annual internation trips. Tuition includes one trip for each student. These trips are an excellent time for students to expand their world view; the trips have a cultural, adventure, and service component

Accreditation, Licensure: *Montana Department of Public Health and Human Services; National Independent Private Schools Association (NIPSA); Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program - BRONZE (RDP)*

Clearfork Academy
(Residential Treatment Center)

CONTACT

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Fort Worth, TX 76135-9560
Website: www.clearforkacademy.com

NATSAP Member Since: 2019

PROGRAM OUTLINE

Gender: Male only, as assigned at birth
Ages: 13 - 18
Grades: 9 - 12
Enrollment: 35
Duration: 90 days, 8 weeks for IOP
Founded: 2016

Airport: Dallas/Fort Worth Int'l Airport (DFW)

Clearfork Academy is a Christ-centered recovery community that serves adolescent boys between 13-18 years old who are entangled in the physical, mental, social and spiritual bonds of chemical dependency. We offer a structured and therapeutic environment where teen boys experience freedom from addiction. From the first phone call until discharge, Clearfork Academy delivers the highest quality substance abuse treatment possible.

Each week a Clearfork core value will be brought forth in hopes that each teen will adopt the "core behavior" that represents the value. To say something has little to no value in today's culture, we want to see action! Therefore, honoring god, self, and others becomes supremely valuable having a unified core is essential to recovery and sustainable mental health. We call it a "common - unity." We teach that sacrifice is about going the extra mile and doing things that are uncomfortable. We know that without transparency we will never get to the core of an issue, so there is a commitment to bringing our true self to every interaction. We are painfully committed to helping create a new legacy for our teens. This requires constant support and guidance from every team member. Excellence can often be over looked but we ask everyone at Clearfork to give their best every single time, without exception. Lastly, we are obsessed with making our life's full of fun, laughter, and ultimately joy. We know this life is difficult and each step should be taken as lightly as possible.

It's our hope that in the 13 weeks of programming we can build rapport, repair the brokenness inside, and create new strategies for wholistic sober living for each teen and his family. Ultimately, we believe a new legacy will begin for each teen that walks onto our campus.

Accreditation, Licensure: *The State of Texas, Substance Abuse Treatment License; Joint Commission*
Professional Affiliations: *NATSAP - Provisional Member; National Association of Addiction Treatment Providers (NAATP); Substance Abuse and Mental Health Services Administration (SAMHSA)*

ClearView Communities, LLC

(Residential Treatment Center & Young Adult Program)

CONTACT

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Frederick, MD 21701
Website: www.clearviewcommunities.org

NATSAP Member
Since: 2013

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 60+
Grades: N/A
Enrollment: 36
Duration: +/- 1 year average
Founded: 2011

Airport: Baltimore, MD (BWI)

The mission of ClearView Communities is to create a superior therapeutic residential experience for persons with serious mental illness and co-occurring disorders. CVC offers a unique and comprehensive program for adults with serious mental illness who are seeking recovery and independent living in the community.

ClearView Communities is a CARF accredited residential treatment program for adults with serious mental illness located in Frederick, MD. CVC is a high quality, recovery-oriented model that utilizes a community-based orientation to programming.

ClearView Communities was founded by the SC Herman Foundation, and has been serving individuals since the program opened on October 24, 2011. CVC owns/operates five beautiful homes in neighborhoods throughout the city. The main campus is situated on a three-acre campus that includes a 12,000 square foot treatment center and two 6,000 square foot group homes. The office/treatment center provides the space for the following activities:

- Psychiatric Services
- Treatment and discharge services
- Individual Therapy
- Group Therapy
- Employment Specialist Services
- Yoga/art therapy
- Nursing/medical records suite
- Fitness Center
- Computer lab
- Teaching kitchen
- Game Room
- Great Room

Accreditation, Licensure: *State of Maryland Department of Health and Mental Hygiene; Commission on Accreditation of Rehabilitation Facilities (CARF)*
Professional Affiliations: *NATSAP - Full Member; American Residential Treatment Association (ARTA); Association for Community Integration Programs (A4CIP); Independent Educational Consultants Association (IECA)*

Clearview Horizon, Inc.

(Residential Treatment Center & Therapeutic Boarding School)

CONTACT

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Admissions Contact: Mary Louise Thielbahr
Academic Contact: Tina Sawyers
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Phone: (406) 847-5850
Fax: (406) 847-4242
Address: 20 Bear Foot Lane
PO Box 83
Heron, MT 59844
Website: www.clearviewhorizon.com

NATSAP Member
Since: 2001

PROGRAM OUTLINE

Gender: Female only, as assigned at birth
Ages: 13 - 21
Grades: 8 to college
Enrollment: 33
Duration: 18 - 24 months
Founded: 1997

Airport: Spokane, WA (GEG)

Clearview Horizons is a therapeutic boarding school for girls set in the beautiful mountains near the year-round resort town of Sandpoint, Idaho. Parents send girls here from every state to take advantage of our expert therapists. Enrollment is year-round and can happen very quickly. Clearview Horizon is for girls age 13-21 with life-controlling issues such as addictions, self-harm, or inappropriate behaviors that may be threatening their future. We treat the emotional underpinnings of inappropriate or self-harming behaviors. Our therapists work best with girls who are acting out, self-harming, or making poor decisions due to emotional issues stemming from: major trauma or loss in their life, abuse, death of a loved one, or attachment disorders related to adoption.

With expert psychotherapists, Clearview cares up to 33 girls in a gorgeous mountainside facility that was once a prestigious corporate hunting lodge. Our multi-disciplinary team is dedicated to helping each girl start on a new and more productive path in life. Residents in the Clearview therapeutic boarding school for girls receive an individual treatment plan aligned with their medical, emotional, and psychological needs. Clearview has online curriculum that is accredited directed by a certified teacher. Clearview Horizon is a non-threatening, structured, yet nurturing and caring therapeutic boarding school for girls who are making poor choices and need to develop stronger interpersonal and academic skills. Our Christian staff specializes in working with adopted girls and girls who have attachment disorders or a history of abuse or a major loss in their life.

Accreditation, Licensure: *Montana Department of Public Health and Human Services (DPHHS); Cognia; Commission on the Accreditation of Rehavilitation Facilities (CARF); Joint Commission*
Professional Affiliations: *NATSAP - Full Member; Better Business Bureau (BBB); American Association of Christian Counselors (AACC)*

Compass Rose Academy

(Residential Treatment Center)

CONTACT

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Admissions Contact: Madeline Spring, M.A., LMHC
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Wabash, IN 46992
Website: www.compassroseacademy.org

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Female only, as assigned at birth
Ages: 14 - 18
Grades: 6 - 12
Enrollment: 20
Duration: 9 - 12 months
Founded: 2012

Airport: Fort Wayne Int'l Airport (FWA/KFWA)

Compass Rose Academy provides a positive, nurturing environment for teenage girls ages 14-18 struggling with depression, anxiety, ADHD, bipolar disorder, and issues related to trauma, attachment, or adoption with a variety of acting out behaviors including running away, drug use, risky sexual behavior, self-harm, and defiance.

Our Growth Model blends intensive clinical services into a holistic Christian environment to treat body, mind, and spirit. Compass Rose Academy's clinical program features a neuroscience-informed, affect-based approach that utilizes the central role of experience in the therapeutic process. The clinical program also incorporates DBT skills, EMDR, and equine therapy to address emotion regulation, mindfulness, and trauma recovery. The evidence-based and trauma-informed Teaching-Family Model is implemented in the milieu for effectively teaching and training students in positive social/interpersonal skills.

Compass Rose emphasizes highly active family engagement through the Rallyest parent portal, weekly family engagement groups, weekly virtual family therapy, monthly parent support group, and quarterly intensive Parent Weekends.

Our beautiful 700-acre wooded campus setting includes a fitness center, gymnasium, an indoor pool, outdoor activity fields including two softball fields and a fully functioning Greenhouse, Garden Center & Café business.

In addition to an online component for credit recovery and acceleration, Compass Rose Academy's academic program offers innovative and rigorous opportunities based on a Project-Based learning model as well as STEAM courses and vocational opportunities for students.

Accreditation, Licensure: *Indiana Department of Child Services; Indiana Department of Education and Metropolitan School District of Wabash County; Council on Accreditation (COA)*
Professional Affiliations: *NATSAP - Full Member; American Association of Christian Counselors (AACC)*

Confluence Behavioral Health

(Wilderness Therapy Program & Young Adult Program)

CONTACT

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Thetford Center, VT 05075
Website: www.confluencevt.com

NATSAP Member
Since: 2018

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 28
Grades: N/A
Enrollment: 12
Duration: 60 - 90 days
Founded: 2016

Airport: Burlington, VT (BTV)

Confluence brings together a unique blend of clinical services, wellness programming and experiential interventions to unlock an individual's potential to heal, change, and grow. Our mission is to foster a supportive and challenging environment where young adults can build insight, motivation and skills to pursue meaningful goals. This whole-person health approach draws out the resilience and focus from young adults to overcome challenges that have kept them stuck. We are committed to providing high-quality mental health treatment in a safe and affirming setting where participants realize their fullest potential.

Confluence is a state-licensed residential treatment program for young adults 18-28 years old who are experiencing mental health, emotional, relational, and substance use challenges. Set in the beautiful Green Mountains of Vermont, our wilderness and horticultural programing draws on the health promoting value of outdoor experiences. Participants' interaction with the natural world encourages them to engage differently with their environment and in their relationships. This shift opens new opportunities to deepen emotional awareness, manage stress proactively, expand empathy, and build executive functioning skills.

The foundation of Confluence is based on personalized treatment services. Each participant completes an initial comprehensive assessment and an individualized treatment plan. Weekly individual therapy sessions and daily group therapy assist participants in addressing treatment goals. Wellness programming focuses on nutrition, sleep, exercise, and mindfulness to encourage healthy daily habits. Wilderness excursions offer challenges that build resilience and improve self-esteem. Therapeutic horticulture nurtures calm, focus, and introspection. Family integration helps families best understand the challenges their young adult children are facing and to make changes that support improved relationships and better communication. These interventions are informed by individual treatment goals and are incorporated into each experience throughout the week. Together the process helps struggling young adults emerge, empowering action towards wellness, and leading lives of meaning and purpose.

Accreditation, Licensure: *State of Vermont, Department of Disability Aging and Independent Living (DAIL)*
Professional Affiliations: *NATSAP - Full Member; Vermont Businesses for Social Responsibility (VBSR); Northern New England Collaborative*

CooperRiis
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Eric A Levine, Ed.D **Admissions Contact:** Michelle Nirde **Email:** hope@cooperriis.org **Phone:** (828) 894-7140 **Address:** 101 Healing Farm Ln Mill Spring, NC 28756 **Website:** www.cooperriis.org	**Gender:** All Genders (non-binary) **Ages:** 18+ **Grades:** N/A **Enrollment:** 85 **Duration:** 30-90 days (Asheville) & 3-6 months (Farm) **Founded:** 2003

NATSAP Member
Since: 2019

Airport: Asheville Regional, NC (AVL)

Our healing mission is to improve the lives of individuals struggling with mental health challenges or other mental health challenges, by helping them work towards achieving their highest levels of functioning and fulfillment. CooperRiis' progressive residential healing communities and transitional living program are located in the scenic mountains of Western North Carolina in Asheville and Mill Spring. We offer hope and healing to adults who struggle with mental health challenges. Our approach is not based on "quick fixes" but grounded in research and the proven healing power of community in a residential setting. Our philosophy: mind and heart working together. Simply put, we believe that whole person care, delivered in a community setting is the most powerful and effective way to address challenging mental health issues. In our healing community, we embrace a holistic approach to recovery that emphasizes three specific and often interrelated areas of focus: Community Work & Service, Clinical Support, and Holistic Health and Wellness. Since 2003, CooperRiis has helped over a thousand individuals move from being stuck in despair to realizing their dreams of a more active, fulfilling, and independent life. At CooperRiis, we believe that recovery from serious mental illness is possible!

Accreditation, Licensure: *State of North Carolina Department of Health and Human Services Division of Health Service Regulation NC; Commission on Accreditation of Rehabilitation Facilities (CARF)*
Professional Affiliations: *NATSAP - Full Member; American Residential Treatment Association; International Society for Psychological and Social Approaches to Psychosis; Young Adults Transition Association (YATA); The Consortium of Therapeutic Communities; Mental Health America (MHA); Association for Community Integration*

Cornerstones of Maine
(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jake Gelles **Admissions Contact:** Aaron Rumsey **Academic Contact:** Erin Altschule **Email:** info@cornerstonesofmaine.com **Phone:** (800) 588-6898 **Fax:** (888) 395-4451 **Address:** 20 Fairfield Hill Road Kennebunkport, ME 04046 **Website:** www.cornerstonesofmaine.com	**Gender:** All genders (non-binary) **Ages:** 18 - 28 **Grades:** N/A **Enrollment:** 36 **Duration:** 9 months **Founded:** 2015

NATSAP Member
Since: 2017

Airport: Portland International Jetport (PWM)

Cornerstones of Maine is a clinically-driven transition program designed to assist men, women, and gender nonconforming young adults (ages 18 to 28) in their journey to becoming independent. Our nine to twelve month program provides a therapeutic, resident-centered approach that gives structure and support based on each resident's individual needs. To accomplish the task of preparing young adults for independence, we utilize an experiential model that places our residents directly into academic classes at local universities, employment at local businesses, mentorships, and volunteer opportunities. Through these real-world experiences residents learn habits and skill sets that will enable them to perform successfully in their future endeavors and uncover and challenge the self-created obstacles that have prevented their success in the past.

The Cornerstones of Maine founders are psychologists, who developed the program based on contemporary research and their own extensive experience, providing psychotherapy and support to adolescents and young adults. Cornerstones of Maine is most well known for its therapeutic milieu staffing model, wherein our staff work directly in our program houses throughout the day with our residents. This enables us to provide our residents with as much support and structure as they need and facilitates a very individualized and personalized program experience. Our staffing support is delivered in the following areas: therapeutic work, executive functioning, education, independent living, health and wellness, professional development, and interpersonal growth.

The Cornerstones of Maine program is based in three beautiful homes in southern Maine. In our Kennebunkport location residents enjoy a more rural locale, living on ten acres of wooded land, just ten minutes from the ocean. In our two Portland locations our residents enjoy living directly in the middle of one of the most interesting cities in the northeast.

Professional Affiliations: *NATSAP - Associate Member; Young Adult Transition Association (YATA)*

Deschutes Wilderness Therapy

(Wilderness Therapy Program)

CONTACT

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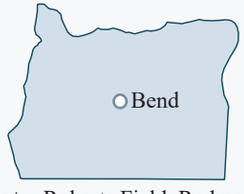
Bend, OR 97701
Website: www.newvisionwilderness.com

NATSAP Member Since: 2013

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 13 - 18
Grades: N/A
Enrollment: Rolling enrollment
Duration: 10 week average
Founded: 2012



Airport: Roberts Field, Redmond Oregon (RDM)

Deschutes Wilderness provides an intensive, individualized, and thorough healing process. Our nationally recognized, individually tailored wilderness challenge programs lead the way in relational model wilderness therapy. This program is designed for struggling youth needing immediate and longer-term treatment, and combines a challenging wilderness experience with an intensive clinical immersion. Deschutes's intervention services are designed to be a catalyst for positive change by fostering an encouraging atmosphere with an emphasis on safety, family involvement, and mastery. Deschutes Wilderness offers individualized treatment plans and optional psychological evaluations, as well as addressing family dynamics and academic needs.

Accreditation, Licensure: *Department of Human Services - Office of Licensing and Regulatory Oversight, Outdoor Youth Program; Association for Experiential Education (AEE); Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; Outdoor Behavioral Health Council (OBHC)*

Devereux Glenholme School

(Therapeutic Boarding School & Therapeutic Day School & Transitional Independent Living Program)

CONTACT

Executive Contact: Noah Noyes
Admissions Contact: David Dunleavy
Academic Contact: Morgan Fulks
Email: ddunleav@devereux.org
Phone: (860) 868-7377
Fax: (860) 868-0269
Address: 81 Sabbaday Lane
Washington, CT 06793
Website: www.theglenholmeschool.org

NATSAP Member Since: 2015

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 10 - 21
Grades: N/A
Enrollment: 125
Duration: 2.5 years
Founded: 1968

Airport: Bradley International, CT (BDL)

The Glenholme School is an independent, co-educational, special needs boarding and day school for students with high functioning ASD, ADHD, OCD, Tourette, depression, anxiety, and various learning differences.

Established for 50 years, the school provides a positive, nurturing setting and individualized services designed to help students develop competence socially, emotionally, and academically.

Glenholme is a part of Devereux Advanced Behavioral Health, a leading non-profit behavioral healthcare organization that supports many of the most vulnerable members of our society.

Academics: The academic program is highly individualized and caters to each student's talents and capabilities. Academic life involves a strong commitment to optimizing the development of intellectual, personal, and social skills. The comprehensive curriculum, which encompasses college preparatory and career development courses, supports students of all ability levels and results in a high school diploma.

The Arts: Integrated in all facets of school life, the visual and performing arts program stimulates a greater understanding of social, emotional, academic, and behavioral aspects. Every student has the chance to share their creative talents through the use of state of the art facilities and equipment.

Clinical and Behavioral Services: Glenholme utilizes principles of ABA and PSIS to help students accomplish their goals and meet their needs in a socially acceptable manner. Vast amounts of research guide and support the treatment approaches and every adult is trained to implement the PBIS model. The combination of therapeutic services makes the program highly efficient and effective.

The Transition Program: The hallmark of a successful young adult includes strong social capabilities, effective problem solving, and the ability to manage competing demands. While developing these qualities, college-bound or career-oriented individuals reach higher levels of independence.

Summer Program: The Summer Program encompasses morning academics and dedicated afternoon social instruction that help young people build confidence, friendships, tolerance, and respect for others.

Accreditation, Licensure: *New England Association of School and Colleges (NEASC); Connecticut Department of Children & Families; Connecticut State Board of Education; New York State Board of Education; California Department of Education; District of Columbia Office of the State Superintendent of Education (OSSE); Illinois State Board of Education; Massachusetts Department of Elementary and Secondary Education; New Jersey State Department of Education; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Connecticut Association of Independent Schools (CAIS); Small Boarding Schools Association (SBSA); Connecticut Association of Private Special Education Facilities (CAPSEF); Independent Educational Consultants Association (IECA)*

Diamond Ranch Academy - Crystal Springs

(Residential Treatment Center)

CONTACT

Executive Contact: Cody Wardle
Admissions Contact: Dan Borchardt
Academic Contact: Jerome Eason
Email: troy@dra.school
Phone: (435) 635-4297
Fax: (888) 838-8183
Address: 433 S. Diamond Ranch Pkwy.
Hurricane, UT 84737
Website: www.diamondranchacademy.com

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: Female only, as assigned at birth
Ages: 12 - 17
Grades: 6 - 12/College Prep
Enrollment: 24
Duration: 10 - 12 months
Founded: 1999

Airport: Saint George, UT (SGU)

Diamond Ranch Academy - Crystal Springs is a premier licensed Residential Treatment Center located in beautiful southern Utah. We are dedicated to creating positive change in the lives of our students and their families. Typical diagnoses that are appropriate with our student population include: Depression, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse.

We have created a unique Therapeutic Milieu that uses a well-refined "Token Economy." Students learn individual accountability and understand naturally occurring rewards and consequences for their choices. All students are provided with a licensed Doctoral or Masters level therapist. Our therapists are creative in developing individual treatment plans that integrate all aspects of our Milieu. We offer Individual, Group, Family, Art, and Equine Therapy. Additionally, we offer AA/NA groups on and off campus.

Through our therapeutic program, students are taught to value themselves and to develop healthy self-confidence. Students learn emotional regulation, sobriety, respect, accountability, healthy relationships, and service. Our accredited academic program empowers students by providing individual support from certified teachers in a traditional classroom environment. Mastery based learning helps students develop the academic skills and confidence needed for success in the classroom. Special Education personnel can help identify a student's learning disabilities as well as provide services to those with existing Individual Education Plans (IEPs). Students have access to the following: transcript preparation, college test preparation, assistance with the college application process, and academic planning.

Competitive athletics and extra curricular clubs are an important part of the student's daily life. These opportunities allow students to improve individual talents and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect, and humility. These opportunities include, but are not limited to, Art, Volleyball, Basketball, Dance, Cheer, Hiking, Yoga, Horseback Riding, Choir, Speech/Debate, Skateboarding, and Small Animal Care.

Diamond Ranch Academy Mission: Provide a safe environment of choice and accountability, and cultivate individual spirituality. Empower students toward academic achievement and lifelong learning. Provide a therapeutic atmosphere of self-discovery and emotionally healthy relationships

Accreditation, Licensure: *State of Utah,Office of Licensing, Department of Human Resources; Utah State Office of Education; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member*

Diamond Ranch Academy - Lava Falls

(Residential Treatment Center)

CONTACT

Executive Contact: Cody Wardle
Admissions Contact: Dan Borchardt
Academic Contact: Jerome Eason
Email: admissions@dra.school
Phone: (435) 635-4297
Fax: (888) 838-8183
Address: 433 S. Diamond Ranch Pkwy.
Hurricane, UT 84737
Website: www.diamondranchacademy.com

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: Male only, as assigned at birth
Ages: 12 - 18
Grades: 6 - 12/College Prep
Enrollment: 48
Duration: 10 - 12 months
Founded: 1999

Airport: Saint George, UT (SGU)

Diamond Ranch Academy - Lava Falls is a premier licensed Residential Treatment Center located in beautiful southern Utah. We are dedicated to creating positive change in the lives of our students and their families. Typical diagnoses that are appropriate with our student population include: Depression, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse. We have created a unique Therapeutic Milieu that uses a well-refined "Token Economy." Students learn individual accountability and understand naturally occurring rewards and consequences for their choices.

All students are provided with a licensed Doctoral or Masters level therapist. Our therapists are creative in developing individual treatment plans that integrate all aspects of our Milieu. We offer Individual, Group, Family, Art, and Equine Therapy. Additionally, we offer AA/NA groups on and off campus. Through our therapeutic program, students are taught to value themselves and to develop healthy self-confidence. Students learn emotional regulation, sobriety, respect, accountability, healthy relationships, and service.

Our accredited academic program empowers students by providing individual support from certified teachers in a traditional classroom environment. Mastery based learning helps students develop the academic skills and confidence needed for success in the classroom. Special Education personnel can help identify a student's learning disabilities as well as provide services to those with existing Individual Education Plans (IEPs).

Students have access to the following: transcript preparation, college test preparation, assistance with the college application process, and academic planning. Competitive athletics and extra curricular clubs are an important part of the student's daily life. These opportunities allow students to improve individual talents and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect, and humility. These opportunities include, but are not limited to, Track and Field, Football, Basketball, Baseball, Soccer, Speech and Debate, Art, Performing Arts, and Small Animal Care.

Diamond Ranch Academy - Lava Falls Mission Statement: Provide a safe environment of choice and accountability, and cultivate individual spirituality. Empower students toward academic achievement and lifelong learning. Provide a therapeutic atmosphere of self-discovery and emotionally healthy relationships.

Accreditation, Licensure: *State of Utah,Office of Licensing, Department of Human Resources; Utah State Office of Education; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member*

Discovery Academy
(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Brent Hall, LMFT **Admissions Contact:** Melanie Evans **Email:** brenth@discoveryacademy.com **Phone:** (801) 374-2121 **Fax:** (801) 373-4451 **Address:** 105 North 500 West Provo, UT 84601 **Website:** www.discoveryacademy.com	**Gender:** Coed - male and female only, as assigned at birth **Ages:** 13 - 18 **Grades:** 7 - 12/College Prep **Enrollment:** 82 **Duration:** 6 - 18 months **Founded:** 1989

NATSAP Member Since: 1999

Airport: Salt Lake City, UT (SLC)

Discovery Academy is a clinical boarding school located in Provo, Utah for adolescents aged 13-18. We offer separate programming in a small school environment for just 24 boys and 12 girls. Discovery Academy is an excellent bridge from previous treatment programs to a more academically-oriented therapeutic approach. We are able to help students break out of the treatment bubble and step-down into the community while continuing to address trauma, attachment, and other previous treatment issues.

Treatment protocols in academics, clinical, and residential living focus on a balance of experiential and relationship- based therapeutic experiences. Discovery Academy serves three types of students: bright academic underachievers who have been unsuccessful in their previous academic settings; students with learning disabilities who have not achieved academic success; and students who have made poor peer and/or lifestyle choices often getting them behind in school.

Our students have been diagnosed with ADHD, depression, substance abuse, attachment, and similar conditions. Each student has the opportunity to excel at Discovery Academy through individualized academic plans and therapy designed to challenge and inspire both the student and family.

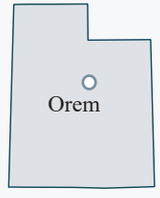
Accredited by the State of Utah and the Northwest Accreditation Commission, Discovery Academy offers math, science, English, and history, as well as Advanced Placement courses and college preparatory work. On occasion, our boys and girls programs are combined for meaningful activities like student government, service projects, and extra-curricular clubs. Our students who have achieved the highest Honor Phase are allowed to work in the community or take additional academic courses through two neighboring universities, giving them a chance to practice real-life in real time, all with continuing clinical and academic support.

Discovery Academy clinicians use traditional therapy in combination with experiential therapies like drama, art, horticultural, high and low ropes courses, and real-time residential learning activities. Aftercare options are also available.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Northwest Accreditation Commission (NAAS); Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; American Psychological Association (APA)*

Discovery Connections
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Brent Hall, LMFT **Admissions Contact:** Melanie Evans **Email:** brenth@discoveryconnections.com **Phone:** (801) 374-2121 **Fax:** (801) 373-4451 **Address:** 1834 South Sandhill Rd Orem, UT 84058 **Website:** www.discoveryconnections.com	**Gender:** Coed - male and female only, as assigned at birth **Ages:** 13 - 18 **Grades:** 8 - 12/College Prep **Enrollment:** 12 **Duration:** 6 - 18 months **Founded:** 2010



NATSAP Member Since: 2011

Airport: Salt Lake City, UT (SLC)

Discovery Connections is composed of two 12-bed residential treatment centers specializing in working with students who benefit from a small environment and individualized support in an urban environment. Each campus focuses on helping 13-17 year-old male or female adolescents who have struggled in a larger treatment milieu. These students can be socially manipulative and need a smaller clinical setting to aid in the development of a more behaviorally authentic response to social stimuli and environmental stressors.

Connections South serves students who have struggled with emotional immaturity, relationships with their peers, executive functioning deficiencies, and can serve students who need support around life skills. Our students find success in our smaller environment, despite not being well served in larger treatment environments due to overt and oppositional behaviors, executive functioning, and processing deficiencies and rigid thinking errors. We are able to provide a larger staff presence in order to give our students the opportunity to build social skills through daily service and leadership experiences in the community.

Connections North focuses on utilizing governing principles to direct and help boys to become a positive influence to each other to perform and act in acceptable ways. Students gain experience in a Career Development program which evaluates and trains each young man in a practical setting based on his interests and abilities. This specialized programmatic component is utilized to help both the student and parents understand career aptitude and educational needs. Students are actively involved in community-based vocational and service opportunities. Experiential activities are the foundation of students' therapeutic success.

Each student has the option of a traditional or non- traditional educational track (such as a GED). Connections offers a personalized mastery-based, tutorial learning atmosphere where teachers are licensed educators along with a special education teacher in each classroom to help with individual student's needs.

Accreditation, Licensure: *State of Utah, Office of Licensing, Dept of Human Services; Northwest Accrediting Commission (NAAS); Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; American Psycological Association (APA)*

Discovery Ranch
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Clinton Dorny **Admissions Contact:** Shelly Thomas **Academic Contact:** Allison Anderson **Email:** clintd@discoveryranch.net **Phone:** (801) 489-3311 **Fax:** (801) 489-3355 **Address:** 1308 S 1600 W Mapleton, UT 84664 **Website:** www.discoveryranch.net	**Gender:** Male only, as assigned at birth **Ages:** 13 - 18 **Grades:** 7 - 12 **Enrollment:** 60 **Duration:** 10 months **Founded:** 2005

NATSAP Member Since: 2005

Airport: Salt Lake City, UT (SLC)

Discovery Ranch combines the power of traditional therapy and experiential therapy to create a clinically sophisticated, relationship based residential treatment program for boys ages 13-18.

Troubled teens with emotional and behavioral issues receive the help they need through relationships and experiences in a strength based environment.

Our brand of emotionally rich experiential therapy is effective because it lowers students' defenses and createsva safe environment for change. It doesn't look or feel like traditional therapy. Our experiential program is more than just filling time. It's a mind set. Students progress faster because they have more opportunities to practice what they are learning.

Therapeutically intense and carefully supervised, students learn who they really are as they work side by side with therapists and staff who model, motivate, and mentor. Many students have come to the ranch behind in school or struggling to find success in learning. At Discovery Ranch, we take your child's education as serious as our own learning and growth and have worked hard to create an academic atmosphere that allows students the one on one attention and focus that is needed to kick start their love of learning and future high school and college success! Many of our students who have progressed through our accredited academic program have begun to find success and enjoyment in their studies and have left better prepared for higher education opportunities.

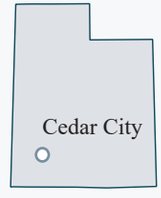
At Discovery Ranch, we don't rescue students from difficult life experiences.We teach them how to deal with them. We model, mentor, and motivate, giving our students the tools they need to recognize and regulate their emotions and behaviors.

Our treatment model is built on a foundation of experiential therapy to create strong relationships. Therapists, mentors, teachers, and staff work side by side with our students every day. This experiential approach makes students more open to the therapeutic process.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD*

Discovery Ranch for Girls
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Andrea Burgess **Admissions Contact:** Sarah Yardley **Academic Contact:** Elizabeth Grant **Email:** sarahy@discoveryranchforgirls.com **Phone:** (855) 667-9388 **Fax:** (435) 865-9584 **Address:** 4928 North 4500 West Cedar City, UT 84721 **Website:** www.discoveryranchforgirls.com	**Gender:** Female. including transgender **Ages:** 13 - 17 **Grades:** 8 - 12 **Enrollment:** 60 **Duration:** 9 - 12 months **Founded:** 2013



NATSAP Member Since: 2013

Airport: Cedar City (CDC)
Saint George (SGU)

Discovery Ranch for Girls (DRG) is a residential treatment center located on a spectacular 60 acre campus just ten minutes from Cedar City, Utah. DRG's open campus is designed for experiential therapy in residential living, academics, and ranch responsibilities. Our treatment team protocol is founded on helping students develop self-esteem and identity through skill mastery. Discovery Ranch serves students ages 13-18 who struggle with a variety of emotional and behavioral issues such as anxiety, depression, eating disorders, adoption, self-harm, substance abuse, etc.

Relationships underscore our competency based model. Students, mentors, and therapists participate together in equine activities, caring for newborn calves, high and low ropes courses, community service projects, and academics.

DRG offers one of the most veteran therapeutic teams in the industry. All therapists are licensed Master's and PhD level practitioners with an average of 19 years experience each working with adolescents. Clinically intensive, each student receives individual, group, and family therapy sessions each week. Real time therapeutic intervention through relationship based interaction is the heart of our program.

Discovery Ranch for Girls specializes in student centered academics. Students and parents work with teachers and therapists to develop a customized education plan with specific learning goals. Then, therapeutics and academics work in tandem to achieve a competency based progression. Coursework is fully accredited by the State of Utah and taught by licensed educators. Academics are complimented by remedial assistance, experiential learning activities, and small learning communities. Special education and IEP/504 assistance is also available.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD*

Dragonfly Transitions
(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Mona Treadway, PhD, LCSW **Admissions Contact:** Destiny Young **Academic Contact:** Elizabeth Hasty, MAT **Email:** Destiny.Young@dragonflytransitions.com **Phone:** (541) 850-0841 **Fax:** (866) 341-3053 **Address:** 505 N 9th Street Klamath Falls, OR 97601 **Website:** www.dragonflytransitions.com	**Gender:** All Genders (non-binary) **Ages:** 18 - 26 **Grades:** High School/GED and College **Enrollment:** 58 **Duration:** 9 - 12 months **Founded:** 2000

NATSAP Member Since: 2005

Airport: Medford, OR (MFR)

Dragonfly Transitions is a therapeutic transition program for young men and women ages 18-26.

Dragonfly Transitions has three distinct locations: The Homestead, Klamath Falls, and Ashland. The ultimate goal is to integrate Dragonfly students back into the flow of life in a healthy, adaptive, and sustainable way. The program is interwoven into the community. Students are expected to build a weekly schedule that includes academics, apprenticeship/volunteer work, therapy, groups, exercise, and recreation. Students are mentored to learn how to connect with their community to build a meaningful and sustainable social network and healthy recreational outlets.

Dragonfly owns and operates a café and organic farm that provide opportunities for job skills training. Dragonfly has a multidisciplinary treatment team comprised of mentors, therapists, program directors, academic coordinators, fitness director, a medication manager, and a psychiatrist. This multidisciplinary approach allows the team to make use of the teachable moments that invariably occur in everyday living.

Dragonfly Transitions is designed to address problems that result from:

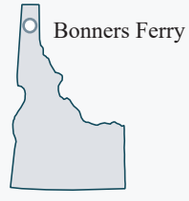
Mood and Anxiety Disorders
Substance/Technology Abuse
Delayed Emotional Development
Adjustment Disorders
Trauma
Adoption
ASD

We are on a mission to help take anxiety, depression, and suicide from all-time highs of today to all-time lows by 2028.

Accreditation, Licensure: *Oregon Department of Human Services, Transitional Living; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Young Adult Transition Association (YATA)*

Echo Springs Transition Study Center
(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Chris Ankney **Admissions Contact:** Emily Phillips **Academic Contact**: Serena Sprungl **Email:** chris@echo-springs.com **Phone:** (208) 267-1111 **Fax:** (208) 267-1122 **Address:** 321 Kootenai Trail Road Bonners Ferry, ID 83805 **Website:** www.echo-springs.com	**Gender:** All Genders (non-binary) **Ages:** 18 - 26 **Grades:** N/A **Enrollment:** 25 **Duration:** 10 - 14 months **Founded:** 1993



NATSAP Member Since: 2009

Airport: Spokane, WA (GEG)

Echo Springs Transition Study Center empowers young adults to live effective and productive lives. Our students identify their interests, assess their strengths and weaknesses, and learn to manage their challenges.

We facilitate the opportunity to re–envision their dreams. Students learn they can accomplish realistic goals. Echo Springs supports students in the transition from passive onlooker to active participants in their own lives.

Echo does great work with the students we work with. We also know that the students we work with are part of a larger family system. In any family system, there is a constellation of issues and dynamics that impact the student, and which in turn the student's growth while at Echo will shape and impact.

Also, in any family system the principle of homeostasis is in effect: the system wants to remain in status quo, no matter the degree of dysfunction. When one part of the system (the student) begins to shift and change, the system (family dynamic) may unconsciously apply a force to keep the changing part within the current homeostasis.

Adding family work for our families addresses the family dynamic and in doing so, can allow space and momentum for the students to grow beyond where they might without the support of family work.

Accreditation, Licensure: *National Independent Private School Association (NIPSA)*
Professional Affiliations: *NATSAP - Associate Member; Young Adult Transition Association (YATA)*

EDGE Learning & Wellness Collegiate Community

(Transitional Independent Living Program & Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: David Ventrelle **Admissions Contact:** John Conway **Academic Contact:** Anne Walchak **Email:** jconway@edgelearningcommunity.com **Phone:** (224) 616-2655 **Fax:** (224) 616-2655 **Address:** 63 East Lake Street #310 Chicago, IL 60601 **Website:** www.edgelearningcommunity.com	**Gender:** All Genders (non-binary) **Ages:** 18 - 24 **Grades:** College **Enrollment:** 18 **Duration:** 6 - 10 months **Founded:** 2011

NATSAP Member Since: 2011

Airport: Chicago, IL - O'Hare (ORD), Chicago, IL - Midway (MDW)

The transition from adolescence to adulthood isn't easy for anyone, but the right structure, support, and expertise can provide individuals with the foundational skills they need to develop and grow. EDGE Collegiate Learning and Wellness Community is for young adults motivated to achieve success in life. We equip students who would benefit from a support-rich, substance-free environment to be responsible, autonomous adults.

EDGE Collegiate believes that a successful program must address all of the elements of an individual's development. Our curriculum focuses on both learning and wellness to build the skills, connections, and support that students need to achieve a healthy and fulfilling lifestyle. Our 7 dimensions of Wellness include:

- Educational
- Social
- Physical
- Emotional
- Spiritual
- Environmental
- Financial/Career

To facilitate learning, EDGE Collegiate utilizes individualized assessments that evaluate the student's educational support and life skill development needs, augmented by career advice, study halls and peer support, to establish a foundation and identify a constructive path forward. The EDGE Collegiate community is comprised of young adults committed to building the skills to further their education, pursue new opportunities, and create an individual plan to achieve their goals. From a structured living environment in the heart of Chicago, a dedicated team of live-in staff provides direction and support. Our team includes clinicians, learning coaches, life coaches, and mentors.

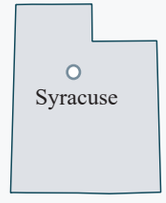
Screening and admissions is based on the premise of matching a student's needs to our program's offerings. There is a written application, reviewed by the admissions team and then, if the student appears appropriate for the program, an interview is scheduled with the family. Upon admission, students complete a writing assessment as well as wellness, learning, and daily living skills assessments that inform the development of individual learning & life management.

Accreditation, Licensure: *Council on Accreditation (COA)*
Professional Affiliations: *NATSAP - Full Member; Association for Experiential Education (AEE)*

Elevations RTC

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Judi Jacques **Admissions Contact:** Tamra Foy **Academic Contact:** Ryan Mortensen **Email:** admissions@elevationsrtc.com **Phone:** (801) 773-0200 **Fax:** (801) 784-9085 **Address:** 2650 West 2700 South Syracuse, UT 84075 **Website:** www.elevationsrtc.com	**Gender:** All Genders (non-binary) **Ages:** 13 - 18 **Grades:** 8 - 12 / College Prep **Enrollment:** 70 **Duration:** 8 - 10 months **Founded:** 2014



NATSAP Member Since: 2014

Airport: Salt Lake City, UT (SLC)

Elevations provides an intensive, highly professional, therapeutic program utilizing an interdisciplinary approach. Our program includes; college preparatory academics, therapeutic recreation activities, and individual, family, and group psychotherapy. On-site medical/psychiatric services are also available to all students.

Students may be experiencing issues such as depression, anxiety, attention challenges, mood disorders, negative relationships, academic difficulties, history of trauma, substance use, impaired daily functioning, and other associated psycho-behavioral concerns.

Students are housed in small single gender therapeutic communities which allow for student mentoring, team accountability and peer oriented social development. Unlike dormitory living, the school setting is coeducational to provide students with a more traditional high school experience. All classes are taught by teachers who are credentialed in their subject area. Our class size averages 8-12 students allowing for more individualized instruction and support.

Our clinical philosophy is based upon Systemic, Relational, and Social Learning theories. Within the integrated framework of these three theories, the treatment team at Elevations individualizes treatment based on the family's needs. The clinical care provided relies on Evidence Based Practices which are well-documented, effective approaches to treatment. Individual, group, and family therapy are provided by masters or doctoral level clinicians. Our clinical program includes 25+ hours of weekly clinical/therapeutic services, expertise in ADHD & Executive functioning, Trauma work utilizing EMDR and Trauma-Focused CBT, Substance Use, Dialectical Behavioral Therapy, and Art Therapy. Elevations offers 6-8 on-site Parent Seminars per year.

Our Therapeutic Recreation Services address the adolescent's need for physical, emotional, and mental outlets through structured physical fitness, outdoor education, experiential education, community service learning, and leisure education opportunities. These activities are intended to support goals set forth by each student's treatment team. Regular consultations with the clinical team and medical staff ensure that student's needs are being met along with a high standard for safety in all activities.

Accreditation, Licensure: *Joint Commission; Utah Department of Human Services, Department of Licensure; Utah State Board of Education; Cognia; California Department of Education as a Non-Public School; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP-Full Member, Association of Children's Residential Centers (ACRC)*

Elk River Treatment Program

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Karen O. Lee **Admissions Contact:** Kathy DeMellier **Academic Contact**: Richard White **Email:** info@elkrivertreatment.com **Phone:** (866) 906-8336 or (256) 518-9998 **Fax:** (256) 518-9941 **Address:** 4812 Commercial Drive NW Huntsville, AL 35816 **Website:** www.elkrivertreatment.com	**Gender:** Coed - male and female only, as assigned at birth **Ages:** 12 - 18 **Grades:** 6 - 12 **Enrollment:** 60 **Duration:** 18 weeks **Founded:** 2005

NATSAP Member
Since: 2006

Airport: Huntsville, AL (HSV), Birmingham, AL (BHM),

Elk River Treatment Program (ERTP) is a therapeutic treatment program located in north Alabama on 120 acres. ERTP specializes in treating dual diagnosis in a secure residential setting. Our program is empirically derived based on a cognitive behavioral therapy approach for the effective assessment and treatment of children from ages 12 - 18. ERTP's experienced, professional treatment team provides evidenced-based treatment that challenges and guides our clients to a path of self-awareness while encouraging teamwork and individual skill development.

The program is accredited in Behavioral Health Care by The Joint Commission and licensed by the State of Alabama Department of Youth Services. The year-round, college-prep academic program for grades 6 - 12 is accredited by Cognia (formerly AdvancED).

ERTP's philosophy is founded on the knowledge in which the causes of adolescent emotional, behavioral, and substance abuse problems are recognized as complex and typically multi-determined. Contributing agents can be bio-chemical makeup, personality type, specific developmental or learning disabilities, family structure and functioning, and social environment. Typically, a combination of these factors, which we identify as core issues, have caused significant disruption in the appropriate cognitive, emotional, and behavioral development of the adolescent.

Recognition and treatment significantly impact ingrained maladaptive behavioral and emotional patterns and assist in the development of healthier coping skills. We believe in focusing on the 'here and now' issues of the adolescent's life by utilizing a reality-based approach which through the use of cognitive behavioral techniques, emphasizes the development of problem solving, coping, self-help, and socialization skills.

These techniques are aimed at helping the adolescent recognize and change thought processes in order to change inappropriate behaviors. Change in the irrational thinking and/or thinking errors results in a more appropriate set of behaviors. We provide on-site and virtual parent coaching throughout the child's stay.

Accreditation, Licensure: *Huntsville - Madison County Chamber of Commerce; State of Alabama Department of Youth Services; Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full member; Association of Experimental Education (AEE); BBB of North Alabama; Association for Training on Trauma and Attachment in Children (ATTACh); Huntsville Madison County Chamber of Commerce; Nashville Chamber of Commerce; Better Business Bureau of North Alabama (BBB)*

Ellenhorn

(Outpatient / Non-Residential - Therapeutic Only)

CONTACT	PROGRAM OUTLINE
Executive Contact: Ross Ellenhorn **Admissions Contact:** Meghan Chella **Email:** info@ellenhorn.com **Phone:** (617) 491-2070 **Fax:** (617) 600-0060 **Address:** 406 Massachusetts Avenue Arlington, MA 02474 **Website:** www.ellenhorn.com	**Gender:** All Genders (non-binary) **Ages:** 18+ **Grades:** N/A **Enrollment:** 44 **Duration:** 276.21 days avg **Founded:** 2005

NATSAP Member
Since: 2018

Airport: Boston, MA (BOS), Providence, RI (PVD)

At Ellenhorn, our goals for each client are psychiatric and social recovery, the two given equal importance. While many programs split these objectives — viewing treatment of psychiatric symptoms as separate from a person's attainment of their rightful role in the world — we see the full achievement of each goal as dependent on the realization of the other. Social recovery is most likely to occur when a client receives thoughtful and coordinated pharmacological care that takes into account how psychiatric symptoms, as well as medication side effects can impede leading a satisfying, productive life in the community. At the same time, the best pharmacological care occurs when a doctor is part of a team of treaters (clinicians, therapists, and others) dedicated to supporting a client's engagement with the world. When psychiatrists are members of such a close-knit team, they are able to make better, more finely-tuned treatment decisions that lead to precisely targeted care, the avoidance of overmedication or improper medication, and treatment that can safely help some clients become medication-free. We believe that the mutually dependent goals of psychiatric and social recovery are impossible to achieve without a strong collaborative relationship with our clients. That's why our clients are leaders in their own care. We place their goals for the future front and center in our treatment.

Ellenhorn's time-tested and evidence-based treatment model, called the Program for Assertive Community Treatment (PACT), is endorsed by both the National Alliance for the Mentally Ill (NAMI) and the Substance Abuse and Mental Health Services Administration (SAMHSA), as the prime model for psychiatric recovery.

Professional Affiliations: *NATSAP - Associate Member; Association for Community Integration Programs (A4CIP)*

Equinox RTC
(Residential Treatment Center)

CONTACT

Executive Contact: Kyle Gillett
Admissions Contact: Wes Selent
Academic Contact: Bonnie Richardson
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Phone: (828) 436-2200
Fax: (877) 712-4959
Address: 2420 Middle Fork Road
Hendersonville, NC 28792
Website: www.equinoxrtc.com

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: Male, including transgender
Ages: 14 - 18
Grades: 8 - 12
Enrollment: 36
Duration: 9 - 12 months
Founded: 2017

Airport: Asheville Regional, NC (AVL)

Equinox is a licensed (NCDHHS and CARF) Residential Treatment Center that works with boys ages 14 - 18 located just outside of Asheville, North Carolina. We specialize in the treatment of trauma, loss, and attachment issues with sub-specialties in anxiety, mood disorders, and addictive behaviors. We are relationship-focused and implement trauma-informed, neurologically-based and adventure-intensive therapy. Our boys participate in regular crossfitstyle workouts and eat healthy home-cooked foods. Our school is Cognia accredited and SEVIS approved.

Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal hero's journey, creating an environment conducive to healing from trauma of all varieties (i.e., loss, abuse, PTSD, bullying, and other traumatic experiences), as well as attachment issues. Because many trauma survivors also suffer from comorbid anxiety, mood disorders, low self esteem, addictions, and other unhealthy coping mechanisms, Equinox provides state-of-the-art treatment for all of these issues.

Each week our students receive 3 hours of individual/family therapy and another 15+ hours of group therapy, experiential interventions and/or adventure therapy-all guided by a multidisciplinary treatment team made up of our masters and Ph.D. level therapists; psychiatrist; nursing, academic, and residential staff; and the student's parent(s). Students struggling with addictions or compulsive behaviors of any type participate in our non-12-step addictions program which includes individual, family, and group intervention with a LCAS. Equinox also emphasizes physical fitness and nutrition-including daily crossfit-style workouts. Our academic classes are Cognia accredited and taught in a conventional classroom setting by certified secondary education and special education teachers. Implementing all of the above in an owner-operated setting, Equinox facilitates each student's journey away from being a victim of his traumatic experiences towards becoming the hero of his own life story.

Accreditation, Licensure: *North Carolina Department of Health and Human Services; Student and Exchange Visitor Information System (SEVIS); Commission on Accreditation of Rehabilitation Facilities (CARF); Cognia*
Professional Affiliations: *NATSAP - Full Member*

Evangelhouse Christian Academy
(Therapeutic Boarding School)

CONTACT

Executive Contact: Mark D. Barrentine, LCSW
Admissions Contact: Mark D. Barrentine, LCSW
Academic Contact: Mark D. Barrentine, LCSW
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Phone: (800) 924-4012
Fax: (866) 223-6842
Address: PO Box 139
Saint Martinville, LA 70582
Website: www.evangelhouse.com

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: Female only. as assigned at birth
Ages: 12 - 18
Grades: 6 - 12
Enrollment: 14
Duration: 12 - 24 months
Founded: 1995

Airport: Baton Rouge, LA (BTR),Lafayette, LA (LFT), New Orleans, LA (MSY)

The Evangelhouse therapeutic boarding school was established in 1995 to serve Christian families with a quality residential treatment option for troubled teen girls. In its quest to do so, Evangelhouse pioneered a treatment model that blends licensed behavioral healthcare with the structure of a traditional Christian boarding school. Since then, it has evolved to become the premier non-denominational Christian option in the marketplace of high-quality teen residential treatment centers.

Evangelhouse is designed for students who struggle with social problems, emotional distress, trauma, depression, family conflict, anxiety, the misuse of social media, or self-destructive habits. For some, our school can be a step-down from more intensive treatment programs allowing them a safe transition toward home. For others, it is an alternative to options like residential treatment centers, wilderness programs, boot camps, drug rehab programs, or other psychiatric treatment that provide the wrong environment, are too intensive or are not a fit for their needs.

Complete our admission assessment at www.evangelhouse.com.

Accreditation, Licensure: *State of Louisiana, Department of Education Division of Non-Public Schools, Alternative School Classification; Student and Exchange Visitor Information System (SEVIS); Joint Commission*
Professional Affiliations: *NATSAP - Full Member; American Association of Christian Counselors (AACC)*

Evoke Cascades
(Wilderness Therapy Program)

CONTACT

Executive Contact: Rick Heizer
Admissions Contact: Leah Shingler
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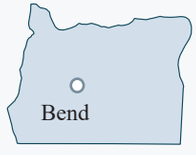
Phone: (541) 382-1620
Fax: (541) 382-1817
Address: 20332 Empire Avenue, Suite F-7
Bend, OR 97703
Website: www.evoketherapy.com

NATSAP Member Since: 2006

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 30
Grades: 8 - 14
Enrollment: 45
Duration: Individualized duration, 8-9 week average
Founded: 2005



Airport: Redmond, OR (RDM)

Evoke Cascades is a clinically focused intervention to teach adolescents and young adults accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each client and include flexible lengths of stay, single gender and coed treatment groups, daily group therapy, and individualized therapy sessions with Masters and Doctorate level therapists.

Adolescent: Evoke Cascades adolescent program works with students ages 13 to 17 with a range of emotional and behavioral issues including depression, learning differences, oppositional defiance, attention deficit, attachment, and substance abuse disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance and may be experiencing parent-child conflict. Evoke Cascades is a flexible 8-10 week program (average stay) designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility and improve family relationships. Participants may earn high school credits.

Adult: Evoke Cascades young adult program offers two distinct groups. A recovery group is available, which works with clients struggling with substance abuse and/or dependency, utilizing a dual-diagnosis approach, that is, both clinical and 12-step methodology for working with clients ages 18-28. Substance abuse treatment goals include understanding the nature of addiction, learning to live a sober lifestyle, relapse prevention, and managing school and/or employment difficulties. Additionally, Evoke offers a young adult coed group that works with individuals who struggle with various mental health issues, such as depression, anxiety, lack of self-esteem, trauma, self-harm, relationship difficulties, family issues, anger management, attention issues, and mild eating disorders. Treatment plans are individualized for each participant and include flexible lengths of stay, group therapy, and individual therapy with Masters and Doctoral level therapists.

Evoke Cascades provides a highly impactful therapeutic experience that is on average 8-10 weeks. There is a significant family component, structured to teach parents new skills designed to support their child's growth. There is a strong focus on assisting parents and referring professionals in planning appropriate aftercare. Parents, therapists and referring professionals take part in weekly phone calls. Parents typically are also involved in a mid-program visit in the field. The cost is $565 per day plus a $3500 enrollment fee. Scholarships are available. Evoke serves clients from all over the United States as well as international clients.

Accreditation, Licensure: *Oregon Department of Human Services, Office of Licensing and Regulatory Oversight; Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER*

Evoke Entrada
(Wilderness Therapy Program)

CONTACT

Executive Contact: Katelyn BeVard
Admissions Contact: Steve Kirk
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Phone: (435) 674-9310
Fax: (435) 674-9309
Address: 2711 Santa Clara Drive
Santa Clara, UT 84765-5466
Website: www.evoketherapy.com

NATSAP Member Since: 2005

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 28+
Grades: 8 - 14
Enrollment: 50
Duration: 8 - 10 week average
Founded: 2004

Airport: St. George, UT (SGU); Las Vegas, NV (LAS)

Evoke Entrada is a clinically focused intervention to teach adolescents and young adults accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each client and include flexible lengths of stay, single gender and coed treatment groups, daily group therapy, and individualized therapy sessions with Masters and Doctorate level therapists.

Adolescent: Evoke Entrada adolescent program works with students ages 13 to 17 with a range of emotional and behavioral issues including depression, learning differences, oppositional defiance, attention deficit, attachment, and substance abuse disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance and may be experiencing parent-child conflict. Evoke Entrada is designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. Participants may earn high school credits.

Adult: Evoke Entrada's adult program supports a dual-diagnosis approach to working with adults 18 to 28+ in the wilderness. It utilizes both clinical and 12-step methodology in order to treat the whole person. The majority of our clients come to us with a dual diagnosis. We specialize in mental health treatment areas like depression, anxiety, lack of self-esteem, bipolar disorder, self-harm, relationship difficulties, family issues, anger management, attentional issues, and mild eating disorders. Our substance abuse treatment areas include learning to live a sober lifestyle, understanding the stages of addiction, relapse prevention, dealing with school and/or employment difficulties, and developing an overall Ego strength. Entrada is a therapeutic program with adult clients participating on their own volition and retention of all individual rights.

Evoke Entrada provides a highly impactful therapeutic experience that is on average 8-10 weeks. There is a significant family component, structured to teach parents new skills designed to support their child's growth. There is a strong focus on assisting parents and referring professionals in planning appropriate aftercare. Parents, therapists and referring professionals take part in weekly phone calls. Parents typically are also involved in a mid-program visit in the field. The cost is $565 per day plus a $3500 enrollment fee. Scholarships are available. Evoke serves clients from all over the United States as well as international clients.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; Outdoor Behavioral Health Council (OBHC); Association for Experiential Education (AEE)*

Explorations
(Therapeutic Boarding School)

CONTACT

Executive Contact: Penny James
Admissions Contact: Penny James
Academic Contact: Penny James
Email: info@explorationsmt.com
Phone: (406) 827-3863
Fax: (406) 827-4072
Address: PO Box 1469
119 South Hill Road
Trout Creek, MT 59874
Website: www.explorationsmt.com

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17
Grades: 7 - 12
Enrollment: 10 - 12
Duration: 12 - 18 months / Residential
21 - 58 days / Summer
7 - 21 days / Custom Family
Founded: 1989

Airport: Spokane, WA (GEG

For over 27 years, Explorations has offered unique and relevant program choices, promising individualized attention within small groups. We are one of the most experienced adolescent transition options in the country, having been a part of hundreds of student transitions back to their homes, to boarding school or onto college. Our yearlong residential program provides a safe bridge for students to practice living in the 'real world' in healthy and productive ways. Our summer-only outdoor offerings propel students into the coming school year with restored confidence and self-esteem.

Co-ed students, ages 13 - 18, get traction in 'everyday life' challenges while living in a family-based, therapeutic home environment in our HomeBase Residential program. Counselors at HomeBase are nurturing, but firm, and teach valuable life skills. Students attend the local public school or enroll in credit recovery courses under the guidance of tutors. We strive to create a more normative environment during which students learn to balance the needs of school, home, family, and personal endeavors - with support. Our therapist meets with students individually and in group and conducts family therapy via phone or Skype. We prioritize parent involvement through parent coaching calls, regular updates, visits, and Parent Weekends. Outdoor activities such as skiing occur during weekends and everyone shares in the workload of the home.

Explorations Summer Leadership Adventure serves girls and boys, ages 13 - 18. Our Summer Adventure course is perfect for students who are floundering in school or at home, yet do not require the intensity of a wilderness intervention. Students participate in high adventure activities such as rockclimbing, kayaking, and backpacking and earn certifications. Students learn the value of service by volunteering their time to worthy causes such as Habitat for Humanity. In addition to beautiful and pristine destinations in our backyard, our students have also traveled to Alaska and the Puget Sound in Washington. Experienced and certified adult mentors guide and encourage our students, side-by-side, in nature's classrooms. Students may earn up to 2 high school credits.

We craft custom-Designed Adventure experiences for families, parents, young adults, or siblings. We specialize in designing innovative experiences during which outdoor pursuits, therapy and education are integrated to meet the needs of the student or entire family.

Accreditation, Licensure: *Montana Department of Public Health and Human Services*
Professional Affiliations: *NATSAP - Full Member; Association for Experiential Education (AEE)*

Family First Adolescent Services
(Residential Treatment Center)

CONTACT

Executive Contact: Graham Barrett
Admissions Contact: Neal Hoontis
Academic Contact: Jessica Smith
Email: gbarrett@familyfirstas.com
Phone: (561) 252-6741
Fax: (561) 828-0783
Address: 700 Village Square Xing
Ste 101
Palm Beach Gardens, FL 33410-4532
Website: http://familyfirstas.com

NATSAP Member
Since: 2019

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 13 - 17 (18 if still in high school)
Grades: 7 - 12
Enrollment: 26
Duration: 90 days
Founded: 2014

Airport: Palm Beach International (PBI), Fort Lauderdale/Hollywood, FL - Int'l (FLL)

Family First Adolescent Services is an insurance friendly adolescent treatment center for mental health, substance abuse, trauma, problematic gaming, and behavioral issues.

Offering a boutique experience with2 :1 staff to client ratio, beautiful campuses, and a clinically advanced program developed specifically for teens, that is both challenging and nurturing.

The unique clinical approach at Family First is intensive, dynamic and highly effective. When clients enter our program, they receive a minimum of five individual therapy sessions with their primary therapist in their first seven days of treatment, in addition to initial assessments. Family First therapists work with small client case loads, allowing the best and most attentive care for our clients and their families.

At Family First, we hold that continuing education while receiving treatment is a valuable and esteem building prospect. Our Education Specialists assist each client with individualized academic support, coordinate and case manage the client's workload with their home school, tutor clients on specific areas of need, and report to the client's family on progress in the class room.

In addition to weekly family therapy sessions, clinician-led groups are offered twice a week to parents and family members, covering material such as the biology of the adolescent mind, coping strategies and survival styles, family systems, identity and self-agency development, skills practice and processing, explored through interactive presentation. Families are provided with personalized support, assignments tailored to their specific family dynamics, weekly updates from the clinical, programming, and academic teams, as well as ongoing contact and support from our case managers.

Family First is on the cutting edge of trauma informed care, as the fi rst adolescent program to utilize the Neuroaffective Relational Model (NARM), with all our clinical staff certified as NARM practitioners.

Accreditation, Licensure: *State of Florida, Department of Children and Families; State of Florida, Agency for Health Care Administration; Division of Health Quality Assurance; Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

Foothills At Red Oak Recovery

(Residential Treatment Center - Substance Abuse)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jack Kline **Admissions Contact:** Meg Nygren **Academic Contact:** Kurt Arsenault **Email:** megn@redoakrecovery.com **Phone:** (866) 300-5275 **Fax:** (828) 683-4345 **Address:** 108 Executive Park Asheville, NC 28801-2426 **Website:** www.foothillsatredoak.com	**Gender:** Male Only, as assigned at birth **Ages:** 14 - 17 **Grades:** N/A **Enrollment:** 16 **Duration:** 60 - 90 days **Founded:** 2019

NATSAP Member
Since: 2020

Airport: Asheville Regional Airport (AVL / KAVL)

Foothills at Red Oak Recovery is located just outside of Asheville, North Carolina and specializes in the unique needs of adolescent boys between the ages of 14 to 17 who struggle with trauma, mental health, and substance abuse. Our team understands the unique challenges this age group faces. Whether it is the pressure of performing well in school, the stress of what will come next, or the anxiety of dealing with peers, we understand how the developing mind of a teen works and what types of therapeutic interventions and treatment modalities will best set them up for success.

Our relational approach to evidence-based clinical practices helps support adolescent boys and their families in wellness and recovery. This trauma-focused clinical approach includes individual therapy, group therapy, milieu therapy, family therapy, equine therapy, and recreation therapy. In addition to traditional group and individual therapy, therapists at Foothills at Red Oak Recovery facilitate therapy utilizing numerous experiential interventions. These include equine therapy, ropes course, adventure activities, sports, yoga, and mindfulness.

One of the building blocks for maturity and growth in teens is education. However, mental health, traumatic experiences, and substance use issues interfere with learning. Often, they become obstacles to achieving a successful educational experience. When teens enter a therapeutic teen treatment center, many families worry that their loved one will continue to fall behind on their educational goals. Foothills at Red Oak Recovery takes pride in continuing the education of our clients during their time with us. We understand how essential education is to the development of teens and adolescents. By providing educational support in coordination with your loved one's school both on-site and online, our clients are able to keep up with their studies as they progress through treatment.

Accreditation, Licensure: *North Carolina, Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF)*
Professional Affiliations: *NATSAP - Provisional Member*

The Foundation for Independent Living, Inc.

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Andre L. Wright **Admissions Contact:** Andre L. Wright **Email:** awright@filinc.org **Phone:** (954) 968-6472 **Fax:** (954) 968-5045 **Address:** 1367 Lyons Road Coconut Creek, FL 33063 **Website:** www.filinc.org	**Gender:** All Genders (non-binary) **Ages:** 18+ **Grades:** N/A **Enrollment:** 70 **Duration:** Lifespan **Founded:** 1985

NATSAP Member
Since: 2017

Airport: Fort Lauderdale/Hollywood, FL - International (FLL)

The Foundation for Independent Living, Inc. is a private, community-based program for adults with varying cognitive disabilities and developmental delays. Located in beautiful South Florida, this long-term residential living program is the ideal destination for young adults who are ready to "Navigate the world with their Differences." Here at FIL, we serve the specific needs of high functioning learning disabled adults, at least 18 years old, who don't require the structure of a group home, but still need guidance and supervision to live on their own. Toward the end, program goals aim at providing a residence separate from family but assuring a level of supervision that will meet all crisis and emergency needs. Happily founded in 1985, FIL truly became a program which would enhance individual's journey into the adult world; a place they proudly call home." Basic requirements for admission are a diagnosis of a learning disability, a recent psychological evaluation, and an assessment of independent living skills. Our program is designed to stress all the elements in a normal routine of life—waking up by one's self; preparing meals, going to work, making a budget, paying bills, and recreational pursuits.

- Established in 1985 by parents
- Co-ed program, Minimum IQ 70+
- Age range - 18 through lifespan
- Modern apartment living
- Continual Life Skills Trainings
- Healthy Café - Daily meal program
- Off-site Enrichment Center facility
- On-Site Residential Staff available 24/7, 365

Accreditation, Licensure: *State of Florida Agency for Healthcare Administration, Residential Treatment Facility (ARTA); Joint Commission*
Professional Affiliations: *NATSAP - Associate Member*

Foundation House

(Transitional Independent Living & Wilderness Therapy Program)

CONTACT

Executive Contact: Patrick Babcock
Admissions Contact: Patrick Babcock
Academic Contact: Daniel Schmader
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Phone: (207) 767-1717
Fax: (888) 245-3952
Address: 160 Preble St.
Portland, ME 04101
Website: www.foundationhouse.com

NATSAP Member Since: 2014

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 17 - 35
Grades: High School - College
Enrollment: 55
Duration: 6 months
Founded: 2002

Airport: Portland International Jetport (PWM)

Foundation House is an extended-care, transitional behavioral health care program for young adult men. Since 2002, we have pioneered a unique and dynamic approach to helping residents build a solid bridge between treatment for alcohol and drug abuse to living a full and sober life in the real world.

We are built to meet a cross-section of behavioral health needs, ranging from co-occurring and acute clinical care to motivational and executive functioning issues. Most of our clients have attended a therapeutic wilderness program, primary treatment program, or therapeutic boarding school.

Accreditation, Licensure: *State of Maine Department of Human Services, Intensive Outpatient (IOP)*
Professional Affiliations: *NATSAP - Full Member; National Association of Addiction Treatment Providers (NAATP)*

Fulshear Treatment to Transition

(Young Adult Program)

CONTACT

Executive Contact: Nikki Garza
Admissions Contact: Helaine Sandler
Academic Contact: Monique Otufangavalu
Email: hsandler@fulsheartransition.com
Phone: (818) 917-4861
Fax: (979) 793-3034
Address: 10514 Oberrender Road
Needville, TX 77461
Website: www.fulsheartransition.com

NATSAP Member Since: 2004

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 18 - 24
Grades: College/GED/High School
Enrollment: 46
Duration: 9 months
Founded: 2004

Airport: Houston, TX - Hobby (HOU), Houston, TX (IAH)

Fulshear is a treatment to transition program for women ages 18 to 25. We use evidence-based interventions to treat trauma, substance issues, personality disorders, cutting, and other challenges. Our Ranch is nestled in the countryside just outside of Houston, Texas. Our independent-living apartments are located in Stafford, Texas, just a few minutes from Houston.

Fulshear's mission is to: Provide opportunities for each woman to restore her personal power, choose a personal design for her life, and create a positive influence in her community. Our vision is to help launch healthy, strong, and influential women. This begins on The Ranch where you'll separate yourself from the noise around you and focus on your own personal health and well-being. Specific assignments are given to help teach and encourage the idea of personal health. These assignments are part of your therapeutic and community work. Fulshear uses an Adult Attachment Model, a proprietary approach that focuses on our innate need to connect with others.

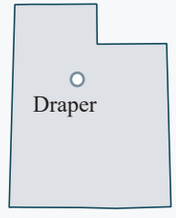
We look at actions/behaviors/diagnoses through the lens of attachment, which allows for creativity in interventions in helping our clients to move forward in their lives. It provides a unique way of understanding how and why our clients have come to rely on certain ways of getting their needs met. Our clients start at The Ranch and then transition into independent living with assistance in education, employment, counseling, and life skills to help clients create lives they will be passionate about living.

Accreditation, Licensure: *Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE; Young Adult Transition Association (YATA)*

Gateway Academy, LLC
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Karen Flynn, JD **Admissions Contact:** Laura Kemper, MSW **Academic Contact:** Casie Buckner-Munteanu, MS **Email:** karenflynn@gatewayacademy.net **Phone:** (801) 523-3479 **Fax:** (801) 788-0577 **Address:** 11706 South 700 East Draper, UT 84020 **Website:** www.gatewayacademy.net	**Gender:** Male, including transgender **Ages:** 14 - 17 **Grades:** 9 - 12 **Enrollment:** 44 **Duration:** 8 to 10 months **Founded:** 2002

NATSAP Member
Since: 2002



Airport: Salt Lake City, UT (SLC)

Gateway Academy, an owner operated residential program, is dedicated to the healthy development, education, and healing of adolescent boys. We provide a safe and nurturing environment through five integrated programs: 1) therapy that is individualized, 2) education that is personal, 3) community that is empowering, 4) outdoor adventures that are therapeutic, and 5) fitness that is focused to prime the brain.

Gateway Academy serves boys ages 14-17 struggling with depression, anxiety, impulsivity and attention problems, social and nonverbal learning difficulties, diminished self-esteem, relationship problems, identity and developmental issues, executive functioning, and academic deficits.

Grounded in our relationship and brain-based approach, each young man receives and individualized balance and intense therapy, demanding accredited schooling, outdoor experiential learning and comprehensive fitness programming. Through staff mentoring, per interactions, group activities, and volunteer services, boys learn self-advocacy, life skills, and self-confidence.

Highly credentialed clinicians ensure the disciplines of academics; therapy and experiential activities are dynamically integrated. Specifically, each young man receives weekly individual and family therapy, daily-specialized groups, and on-site psychiatric services as needed. Weekend outdoor education solidifies therapeutic gains as activates are intentionally designed to allow students to test clinical gains and grow emotionally, intellectually, and psychically. Gateway is purposefully located in an urban community to ensure access to community-based activities and resources. The final phase of each boy's time at Gateway Academy, called the Gateway Phase, is carefully designed and individualized with the purpose of allowing students to experience a less structured environment, while continuing to receive therapeutic support and mentorship. Students begin to navigate their own schedule, increase their personal responsibility and autonomy, manage homework and chores, and engage in employment or service, and leisure activities in our local community. As a result, each student develops skills they can take home to their own neighborhood to establish value and connection.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Health and Human Services; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD*

Green Chimneys
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Dr. Edward Placke **Admissions Contact:** Lara Signorini **Academic Contact:** Jerry Newell **Email:** info@greenchimneys.org **Phone:** (845) 279-2995 x119 **Fax:** (845) 279-4013 **Address:** 400 Doansburg Rd Brewster, NY 10509 **Website:** www.greenchimneys.org	**Gender:** All Genders (non-binary) **Ages:** 7 - 21 **Grades:** K - 12 **Enrollment:** 102 **Duration:** 32.6 months **Founded:** 1947

NATSAP Member
Since: 2019

Airport: Westchester (HPN), Laguardia (LGA), John F. Kennedy (JFK), Stewart Int'l (SWF)

Green Chimneys School is designed for students who have been unsuccessful in a traditional educational program and who benefit from a small, structured, and therapeutically supportive setting. Our philosophy is based on the belief that if children are given a chance to explore and discover their inherent strengths in a safe and structured nature-based environment, their self-esteem, compassion, coping, and social skills will improve.

Our accredited special education school offers therapeutic education in accordance with NY State Next Generation Curriculum including Regents, Career and Technical Education and Career Development and Occupational Studies in small class sizes of 8:1:2 or 12:1:2. The NY State Curriculum is blended with experiential, animal and nature-based classes along with related services such as individual therapy, occupational therapy, and speech and language services.

Our residential clinical services offer a variety of evidence-based therapies and therapeutic treatments via individual and group counseling, family therapy, and monthly parent trainings. We offer in-house psychiatric services including genetic testing to provide more individualized psychiatric services based on DNA information. Our 24 hour Health and Wellness Center provides routine medical treatment as well as dietician and nutritional counseling.

Green Chimneys, through the Sam and Myra Ross Institute, is recognized as a worldwide leader in nature based education and therapy, research, and advocacy. Our large, open campus lends itself to an array of organized recreational programming which is fundamental to the social, emotional, behavioral, and educational development of our students. Our team of educators, clinicians, therapists, farm/wildlife experts, and outdoor specialists are trained in a multitude of therapeutic interventions to assist our students with social-emotional, self-regulation, and coping skills to achieve the success they deserve.

Green Chimney is a NY State Approved School, licensed by several oversight agencies, including NY State Education Department and accredited by the Council on Accreditation.

Accreditation, Licensure: *New York Office of Children and Family Services; New York State Department of Education; Council on Accreditation (CoA); New York State Department of Education*
Professional Affiliations: *NATSAP - Full Member; Association of Residential Centers (ACRC); Council of Family and Child Caring Agencies (COFFCA); 853 Coalition*

Greenbrier Academy for Girls

(Residential Treatment Center & Therapeutic Boarding School)

CONTACT

Executive Contact: Rachel Call
Admissions Contact: Tracey O'Dell Caruso
Academic Contact: Cristiano Melo
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Phone: (877) 788-8422
Fax: (866) 603-3939
Address: PO Box 798
Alderson, WV 24910
(Program located in Pence Springs, WV)
Website: https://greenbrieracademy.com

NATSAP Member Since: 2016

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 54
Duration: 4 - 12 months
Founded: 2007

Airport: Roanoke, VA (ROA)

The Greenbrier Difference
Greenbrier Academy for Girls offers an immersive program specifically designed to reestablish a student's core beliefs. This is done through the collaborative effort of experiences, therapy, academics, and a supportive community of sisterhood.

Every aspect of the Greenbrier program is designed to immerse our students in the therapeutic process. We are not a boarding school with a therapy program. We don't teach then talk. Greenbrier IS the therapy program in and of itself.

When a teenager acts out or becomes withdrawn, those are symptoms of false beliefs that have become embedded through intense emotional experiences. While those experiences may not have been an obvious trauma that she's even aware of, they have distorted her self-perception and caused her to honestly believe thoughts such as; "I am unlovable." or "I am defective."

Until those beliefs are resolved and corrected, a student will continue to suffer the emotional and behavioral symptoms they create.

Greenbrier has designed a framework where community, academics, signature programs (experiences), and family healing collaborate and connect to deconstruct those false beliefs and shepherd students toward deep, lasting change.

Our Block Semester Structure
Greenbrier Academy's year-long program is broken down in to three, distinct, four-month block semesters. While each block focuses on its own therapeutic objectives that build upon the progress made in the previous block, our block semester program allows families to enroll for one or two blocks rather than committing for an entire year.

Although the full year of our program is most effective and recommended for most students, our first block semester will provide students a solid foundation and strategies for real change. Each block utilizes the full framework of Greenbrier's therapeutic interventions; however, the emphasis, purpose, timing, and frequency of those interventions vary with each block's focus.

Accreditation, Licensure: *West Virginia Department of Health and Human Resources; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; Mid-Atlantic Association of Programs and Schools (MAAPS)*

Grove School

(Therapeutic Boarding School)

CONTACT

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Academic Contact: Sean Kursawe
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Fax: (203) 245-6098
Address: 175 Copse Road
Madison, CT 06443
Website: www.groveschool.org

NATSAP Member Since: 1999

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 12 - 23
Grades: 7 - 12/College Prep
Enrollment: 140
Duration: 2 years
Founded: 1934

Airport: New Haven, CT (HVN), Hartford, CT (BDL)

Established in 1934, Grove School is a family-run, co-educational, therapeutic boarding school nestled in the shoreline community of Madison, Connecticut. It is a therapeutic milieu for adolescents with social, emotional, and learning challenges that have impacted the quality of their lives. We accept students who are ages 12 or older and in grades 7-12 with average to above average intelligence. We work with students across the diagnostic spectrum including students with diagnoses of ADD/ADHD, Depression, Mood Disorders, Anxiety Disorders, Eating Disorders, Nonverbal Learning Disorders, Asperger's Syndrome, or Learning Disabilities. With a seamless program of clinical services, college preparatory education, and diverse activities, Grove School focuses on the development of meaningful relationships and personal growth.

Grove School's clinical approach uses contextually-based psycho-dynamic psychotherapy delivered in individual sessions twice a week, weekly group therapy, family therapy, and milieu therapy. Our clinical staff is composed of 5 psychiatrists and 12 psychologists, LCSWs, LMFTs, and Art Therapists. All students work with a treatment team comprised of a psychiatrist, therapist and advisor.

The academic curriculum accommodates the individual learner while offering a rigorous college preparatory education including AP courses. We have over 30 certified Content Area and Special Education teachers who instruct small classes with a student: teacher ratio of 6:1. Services such as Supervised Study Hall, tutorials and SAT/ACT preparation are available to students. Activities appeal to students' wide range of interests and include team and individual sports, over 20 club options, fine arts, theatre, music, outdoor adventure, and yoga. Our ASTEE program (Alternative Site Therapeutic and Educational Experiences) offers excursions such as ski trips, Caribbean trips, and service trips.

The Transition Program is for students who have graduated from high school, but need additional support and structure for their transition into adulthood. These students participate in therapy, attend community college courses, maintain employment in the community, and live in a supported home environment.

Grove School strives to be a therapeutic milieu for young people who are experiencing emotional and learning challenges that affect the quality of their lives. By weaving the various facets into a seamless whole, we provide and extraordinary opportunity for personal growth and the development of meaningful relationships.

Accreditation, Licensure: *State of Connecticut, Department of Children and Families; New England Association of Schools and Colleges; State of Connecticut, State Board of Education; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; American Academy of Child & Adolescent Psychiatry (AACAP)*

Havenwood Academy, Inc.

(Residential Treatment Center)

CONTACT

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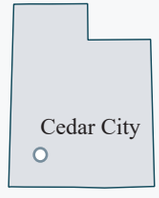
Fax: (435) 586-2727
Address: 246 E Fiddlers Canyon Rd
Cedar City, UT 84721
Website: www.havenwoodacademy.org

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 12 - 18
Grades: 7 - 12
Enrollment: 16
Duration: 1 year
Founded: 2014



Airport: Cedar City (CDC),
Saint George (SGU)

Havenwood Academy is a residential treatment center for girls from ages 12 to 18. Havenwood Academy is deeply trauma-focused and the majority of students are adopted. All have a significant trauma history. At Havenwood, relationships are the change agent. Therapy, groups, residential living, experiential interventions, and schooling are designed around the concept of attunement in relationship with others as a means of healing the traumatized brain.

Havenwood Academy provides a wide range of therapies custom designed for each student including individual, family, group, experiential and the informal therapy embedded within the residential component.

Havenwood Academy also provides equine therapy using the EAGALA model allowing students to develop a trusting relationship with a horse and thereby learn essential life skills such as communication, building trust and problem solving. Havenwood Academy also takes advantage of its location surrounded by National Parks and other natural wonders by involving students in outdoor activities such as rock climbing, hiking and other outdoor recreational activities. These activities have a clinical focus and are meant to safely increase stress but conclude with a successful outcome. Experiential therapies are the backbone of trauma related care.

While students are enrolled in Havenwood Academy, parents and family members are expected, where appropriate, to participate in weekly family therapy and to follow a program designed by Havenwood Academy and their individual therapists to create a better home environment to increase the chances of permanent and meaningful change for the student and the family.

Havenwood Academy is licensed by the Utah Department of Human Services, Division of Licensing and is accredited by the Joint Commission Behavioral Health. Havenwood (through its affiliate Havenwood Schools) is accredited by Cognia and provides a full range of accredited educational, remedial and career services.

Accreditation, Licensure: *Utah State Department of Human Services, Office of Licensing; Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full Member*

Heartspring School

(Residential Treatment Center)

CONTACT

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Academic Director: Stephen Perry
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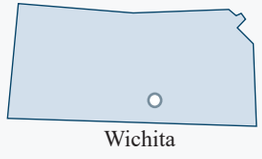
Wichita, KS 67226
Website: www.heartspring.org

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 5 - 21
Grades: K - 12
Enrollment: 72
Duration: 3.5 years (average)
Founded: 1934



Airport: Dwight D. Eisenhower National Airport (ICT)

Heartspring's school program is truly a unique educational setting that encompasses all areas of a student's life, including education, residential living, psychological, and medical care as well as therapies such as speech-language pathology and occupational therapy.

We are a nonprofit day and residential school serving ages 5 through 21 from across the country. We serve students impacted by developmental disabilities such as Autism Spectrum Disorder. Most of our students have challenging behaviors that interfere with their academic, home, and community life.

Accreditation, Licensure: *Kansas Department of Health and Environment; Kansas State Department of Education; California Department of Education; Illinois Board of Education; Washington Department of Education; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Association of Directors of Development and Admissions and Marketing (ADDAM); American Psychological Association; National Association of School Psychologist; America Speech and Hearing Association; American Association of Occupational Therapy; Kansas Association of Occupational Therapy; National Board of Certification of Occupational Therapy*

The Heritage Community

(Residential Treatment Center)

CONTACT

Executive Contact: Keven Downs
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Fax: (801) 226-4696
Address: 5600 Heritage School Drive
Provo, UT 84604
Website: www.heritagertc.org

NATSAP Member
Since: 2001

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17.5
Grades: 7 - 12
Enrollment: 115
Duration: 12 - 14 months
Founded: 1984

Airport: Salt Lake City, UT (SLC)

The Heritage Community hosts 3 unique programs for students aged 12-18: Spark Academy, Elevate Academy for Boys and Elevate Academy for Girls. Located on a scenic 19 acres at the base of Mount Timpanogos, the Heritage Community combines the amenities of a large campus with the specialized care and intensity of a small program.

Spark Academy offers industry-leading neurodiverse treatment for both male and female students on the autism spectrum or for students with similar deficits in emotion regulation, executive functioning, and adaptive life skills. Spark Academy focuses on skill-development, promoting growth of neuro processes to regulate self and gain skills for competency. Spark Academy students attend school in small coed classrooms with project-based learning led by Special-Education certified teachers.

Elevate Academy for Boys engages and empowers students who have checked out of life, school, or family due to depression, anxiety, attachment or secondary substance abuse disorders. Boys in the Elevate Academy reengage in themselves and their life and learn how they can be empowered to manage their moods and emotions and take control of their future. Elevate boys attend school in small class sizes with teacher-led instruction by Special-Education certified teachers.

Elevate Academy for Girls offers a unique clinical program for girls who suffer from trauma, depression, anxiety, attachment or secondary substance abuse disorders. They might be self-medicating or self-harming as a result of traumatic experiences. Girls in the Elevate Academy learn skills to engage in life, be accepting of themselves, manage their emotions and appreciate their own intrinsic value. Elevate girls attend school in small class sizes with teacher-led instruction by Special-Education certified teachers.

All students in a Heritage Community program live in gender-specific, family-like homes where they learn to develop healthy relationships with their coaches and peers. Spark Academy occupies the North end of the Heritage Community campus and Elevate Academy occupies the South end of the campus. Both academies rotate use of community resources such as the high school gymnasium, sports field and baseball diamond, high school auditorium, equine therapy horses, mountain bikes and outdoor adventuring equipment, rock climbing wall, non-denominational Worship Center and chaplain, and more.

Accreditation, Licensure: *State of Utah; Department of Human Services; Office of Licensing as a Residential Treatment Center; California Department of Education Non-Public School; Joint Commission; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member*

Hillside®

(Residential Treatment Center)

CONTACT

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Address: 690 Courtenay Drive NE
Atlanta, GA 30306
Website: www.hside.org

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 7 - 21
Grades: 1 - 12
Enrollment: 72
Duration: Approximately 6-8 weeks, open ended
Founded: 1888

Airport: Atlanta, GA (ATL)

Hillside® offers comprehensive short-term residential treatment for children and adolescents, along with outpatient services in Atlanta through our Experience DBT Day Program, as well as Virtual DBT IOP and Intensive In-Home Therapy services for clients throughout the state of Georgia.

Our residential program provides psychiatric and therapeutic care in a structured and 24/7 supervised environment. Our specialty is in working with clients who struggle with primary mood or anxiety disorders, symptoms of severe mood dysregulation, self-harming behaviors, or suicidal thoughts and gestures.

Hillside® is the first, and currently only, residential treatment program to become a DBT-Linehan Board of Certification, Certified Program™. Hillside's clinicians have been intensively trained in standard DBT as well as in additional modalities of treatment such as Animal Assisted Therapy and Theraplay®. We also have clinicians with advanced training in DBT-Prolong Exposure protocol, DBT-PTSD, DBT-C (for prepubescent children), and Radically-Open DBT for overcontrolled population.

Adjunctive therapeutic services-such as Horticultural Therapy, Recreational Therapy, and Therapeutic Drumming - are incorporated into the day-to-day schedule for every client.

Hillside Conant School is accredited by AdvancED. Our clients work with licensed and certified teachers in a small class size and highly supportive classroom environment to continue their academic work. Our school can also accommodate clients who are enrolled in virtual class to continue their coursework while in treatment. Our goal is not only to empower and encourage our clients to succeed academically, but also to learn how to show up to life and stay.

Active family involvement is encouraged and required throughout treatment.

Accreditation, Licensure: *Georgia Department of Community Health; Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full Member; Southern Programs Collaborative (SPC); Multi Agency Alliance for Children (MAAC); Atlanta Regional Collaborative for Health Improvements (ARCHI)*

In Balance Academy

(Therapeutic Boarding School)

CONTACT

Executive Contact: Patrick Barrasso
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Fax: (520) 722-9676
Address: 6107 E. Grant Rd
Tucson, AZ 85712
Website: www.inbalranch.com

NATSAP Member
Since: 2007

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 14 - 17.8
Grades: 9 - 12
Enrollment: 50
Duration: 12 months
Founded: 2004

Airport: Tucson, AZ (TUS)

In Balance Academy is a nationally recognized therapeutic boarding school developed around a clinically sophisticated model that effectively blends evidence-based, research-proven traditional, and non-traditional therapy and the Twelve Steps of Alcoholics Anonymous. In Balance Academy serves young men, ages 14-17.8, who are struggling with substance abuse and other co-occurring disorders.

Located in beautiful southern Arizona, less than one hour from Tucson, In Balance Academy offers an atmosphere conducive to self-reflection and serenity. Our program provides young men with a unique experience that inspires self-evaluation, discovery, and growth. We believe that in order for a young person to be successful in recovery it is our responsibility to instill in them that recovery can be not only rewarding, but fun as well. Most importantly, our program offers the invaluable gift of recovery from chemical dependency and other mental health challenges.

In Balance Academy provides the following cutting edge, evidence based treatments and activities:

- Individual and family therapy
- Intensive Therapeutic Specialized Groups including; Depression, Anxiety, Trauma Recovery, Adoption, Anger Management, CBI, DBT, Family Issues, Divorces Recovery, Relationships, and Transitions.
- A comprehensive and integrated 12-Step-based recovery program
- Family education and support
- Equine assisted therapy
- Experiential, adventure-based therapy
- Trauma treatment, including EMDR .
- Treatment of co-occurring disorders
- Cognitive Behavior Therapy
- Motivational Interviewing
- Individualized academic program designed to ensure success
- College prep courses: SAT/ ACT testing preparation
- College application counseling and assistance
- Leadership and motivational training
- Wilderness "success" programs
- "Recovery through Service" projects
- A Positive Peer Culture
- Family Weekends three times per year; including intensive family therapy workshops, educational workshops, sibling supports, and fun/bonding activities.
- Numerous expeditions, including but not limited to: hiking in Zion, Utah; camping in Havasupai, Grand Canyon; snowboarding in the White Mountains; recovery conferences; sweat lodges; and an opportunity to participate in an international expedition.

Accreditation, Licensure: *Arizona, Department of Health Services, Bureau of Medical Facilities; Joint Commission; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE*

Innercept

(Residential Treatment Center & Young Adult Program)

CONTACT

Executive Contact: George Ullrich, M.D.
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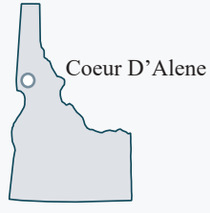
Address: 1115 N Ironwood Drive
Coeur D' Alene, ID 83814
Website: www.innercept.net

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 28
Grades: 7 - 12
Enrollment: 66
Duration: 6 months minimum
Founded: 2004



Airport: Spokane, WA (GEG)

Offering the widest continuum of programs in the field, lnnercept seeks to change the face of mental health treatment. Our team' s deep, personal passion for this work is at the heart of how we are reversing the stigma of mental health. Based in beautifully appointed home-environments and buildings, the programs serve both adolescents and young adults. It is a soft landing for individuals seeking refuge from a constellation of complex mental-health and physical complexities that have yet to be fully addressed.

Our dynamic team is led by a psychiatrist, Dr . George Ullrich, who is board certified in Adult as well as Child and Adolescent Psychiatry. He is devoted full-time to the care of the lnnercept programs and relies on a team that includes two full-time nurse practitioners, several clinical psychologists, and masters-prepared therapists, nurses, teachers, dietitians, program leaders, and staff from administrative, admissions, stabilization, and resident advisors groups, all devoted to working solely for the residents enrolled at lnnercept. Our breadth of licensed professionals with advanced degrees and caregiver ratios uniquely position us to provide the highest level of attention to those in our care. Using interactive engagement, the team helps the students build self-confidence as they develop a better understanding of who they are and how they can meet their potential.

lnnercept' s programs include the Adolescent Intensive, Adolescent Transition, Adolescent Stabilization, "Coeur" young adult assessment center, Young Adult Stabilization, Young Adult Intensive, Young Adult Transition, the Young Adult Ingage Transition Programs, and our outpatient services.

This continuum of care allows lnnercept to help residents and their families from moment to moment, during mental health or behavioral scenarios that may emerge. The team provides diagnostic clarity, tailor-made therapeutic and academic plans, and transformative experiences as residents learn a life practice that will provide the framework for a healthy, happy life.

Accreditation, Licensure: *Idaho State, Department of Health and Welfare; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; American Academy of Child and Adolescent Psychiatry (AACAP)*

Intermountain

(Residential Treatment Center)

CONTACT

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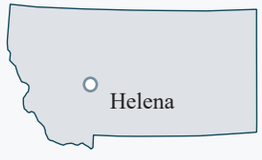
Address: 500 S. Lamborn Street
Helena, MT 59601
Website: www.intermountainresidential.org

NATSAP Member Since: 2001

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 4 - 13 at admission
Grades: K - 8
Enrollment: 32
Duration: 12 - 24 months
Founded: 1909



Airport: Helena, MT (HLN)

The mission at Intermountain, "Healing Through Healthy Relationships", reflects our developmental relational treatment approach. By seeing the developmental needs underlying the maladaptive behavior, and meeting those needs through deep relationships, treatment provides a fully orchestrated approach in which every aspect of the child's life presents an opportunity for growth and change.

Our 111 year-old nonprofit program offers an environment in which care and nurture are difficult to resist. We have over 35 years of experience using the developmental relational approach, which is continually refined by incorporating findings from broad areas of research to reach a sophisticated clinical understanding and to provide treatment of complex childhood challenges.

Candidates for success in our program are children whose problems include: attachment and relationship disruption, developmental trauma, grief and loss, aggression, poor social skills, depression and anxiety, high functioning autistic spectrum disorder, mood disorder, ADHD, inappropriate boundaries, emotional dysregulation, academic struggles, and IQ > 85.

Nestled in the foothills of the Rocky Mountains, children live in family-style cottages with all private bedrooms. The 40-acre grounds include an education center, playground, and hiking trails. Countless outdoor and community activities are incorporated into daily life such as skiing, swimming, hiking, fishing, camping, backpacking, and canoeing. Our Intermountain School provides individualized plans that are tailored by our certified teachers to the unique learning styles and abilities of each student. Technology assistance such as SMART boards and Chromebooks are integrated into the classrooms. Related services and activities include Speech and Language, Occupational Therapy, PE, Bal-A-Vis-X, music, art, social skills, and community sports teams. Family participation is critical to the success of the child. We embrace the whole family, the whole child and respect each individual's uniqueness, knowing their strengths, challenges, and development are never in isolation, but always in interaction.

Mission: Healing through Healthy Relationships
Vision: Relational and emotional health through transformative, integrated care
Values: In all that we do, create a supportive environment that promotes healthy change and growth.

Accreditation, Licensure: *Council on Accreditation (COA); Montana Department of Public Health and Human Services (DPHHS); Cognia; California Non-Public Schools, Washington Non-Public Schools, Illinois Non-Public Schools*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) -GOLD; Association for Training on Trauma and Attachment in Children (ATTACh)*

Ironwood Maine

(Residential Treatment Center)

CONTACT

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Academic Contact: Molly Feeney
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Phone: (207) 342-3655
Fax: (207) 342-3731
Address: 67 Captain Cushman Road
Morrill, ME 04952
Website: www.ironwoodmaine.com

NATSAP Member Since: 2007

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 18
Grades: 7 - 12, plus college courses
Enrollment: 35
Duration: 9 - 12 months
Founded: 2006

Airport: Augusta, ME (AUG), Bangor, ME (BGR), Portland, ME (PWM)

Ironwood is a residential treatment center committed to helping families in crisis with troubled teens. Our aim is to assess and treat the causes of behavior, while providing self-esteem building activities and life-enriching experiences along with rigorous academic studies - all within our home-like environment. We strive to reunite youth and their families through clinical therapy, relationship building, hard work, and shared experiences in a safe, secure, and therapeutic learning environment.

Ironwood's approach is designed to work with kids who struggle with a variety of different challenges including: oppositional defiance, adoption issues, addictions, grief, bereavement, mood disorders, social and familial withdrawal, hopelessness, learning disabilities, post-traumatic stress, anxiety, depression, and association with a negative peer group. We are not designed to work with kids struggling with a history of major violence, psychotic disorders, or sexual aggression.

Ironwood offers a highly structured treatment program with twice weekly individual therapy sessions, three times weekly group therapy sessions, family therapy, satisfying physical work, adventure based experiences, and a wide range of special interest programs including equestrian, equine assisted psychotherapy, canine training, art, culinary, horticulture, and nature studies. Ironwood, an accredited Maine approved secondary school, offers a full and individualized academic program taught by certified high school teachers and administrators. Experienced education staff provide daily teaching, supervision, and tutoring.

Adolescents leave Ironwood with the necessary skills for effective communication and healthy social interaction, a repertoire of refined coping skills, a more positive association with the learning experience, feelings of pride for their accomplishments and a hunger for more success.

Through counseling, self-reflection, simple living, discipline and engaging work, teens adopt proactive behaviors necessary to lead a productive life as a contributing family member and community citizen

Accreditation, Licensure: *State of Maine, Department of Health & Human Services; State of Maine, Department of Education; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; New England Association of Schools and Colleges (NEASC)*

Journey Academy

(Residential Treatment Center & Therapeutic Day School)

CONTACT

Executive Contact: Susan Fette
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Academic Contact: Alissa Napier
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Fax: (707) 823-3410
Address: 1800 Gravenstein Hwy N
Sebastopol, CA 95472
Website: tlcjourneyacademy.org

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 22
Grades: High School or 9 - 12
Enrollment: 30
Duration: 8 - 10 months
Founded: 1975

Airport: Santa Rosa (STS)

If your child has been bullied, cast out, isolated, or traumatized, they may internalize the pain. Internalizers turn their feelings inward. They can withdraw from their friends. Or push family away. Or refuse to get out of bed. They can cut themselves with sharp things. Or act in erratic ways. Or say they want to die. What's clear is that they are hurting. And you feel powerless to stop it. We can help.

At Journey Academy, we work with troubled teens who are bright and capable, but struggling to find their place in the world. We serve teens who are spiraling inward and downward.

Journey Academy is dedicated to providing education and trauma informed support to high school aged youth experiencing emotional and academic challenges. We provide a safe, therapeutic environment specializing in a relationship-based approach that embraces each individual's unique strengths.

Treatment is guided by evidenced based practices to help youth who are challenged by any of the following:

- Identity Development
- Depression
- Anxiety
- Self-Harm
- Low Self-Esteem
- Academics
- Impulsivity
- Family and Peer Relationships

Through a family-systems and relationship-based approach we help families come together in healthy, new ways. Students are given support to thrive academically, enhance their social, and emotional well-being, gain independent living skills, and step into their true potential.

Journey Academy is a private, nonprofit, nonsectarian organization dedicated to providing permanence, shelter, education, guidance, emotional healing, and support to family systems. A variety of expertly structured environments are provided so children, youth, and families can realize a richer life experience and discover hidden potential, developing character, and a self-identity that is positive and productive in the community.

At Journey Academy, treatment is guided by the strength-based philosophy of…
Connections to Self, Others, and the Community

Accreditation, Licensure: *Joint Commission; California Department of Education Non-public High School; Department of Social Services, Community Care Licensing; Sonoma County Department of Mental Health*
Professional Affiliations: *NATSAP - Full Member; California Alliance for Child and Family Services (CACFS); Human Rights Campaign (HRC)*

Journey Home West

(Transitional Independent Living Program)

CONTACT

Executive Contact: Keoni Anderson
Admissions Contact: Kim Peterson
Email: admissions@solsticertc.com
Phone: (801) 444-0794
Fax: (801) 444-0793
Address: PO Box 160623
Clearfield, UT 84016
(Program located in Layton, UT)
Website: www.journeyhome.com

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 16 - 21
Grades: N/A
Enrollment: 10
Duration: 7 months
Founded: 2012

Airport: Salt Lake City, UT (SLC)

Journey Home West is a step-down program for females ages 16-21 who have successfully completed a more intensive therapeutic program. Journey Home West is a 10 bed program, located in Layton, Utah.

The clients at Journey Home West are young women who struggle with a variety of presenting problems such as:
Depressive Disorders, Anxiety, Body Image Issues, Learning Disorders, Low Self-Esteem, and Others.

Journey Home helps clients who have received prior, more intensive treatment, who have demonstrated significant progress; indicating their readiness for life-skills based transitional living program. The emphasis with these clients is to assist them in maintaining success in academic, vocational, emotional, social, and career goals and plans.

The Journey Home focuses on 5 key areas:
Education, Healthy Living, Social Integration, Personal Responsibility, and Life Skills.

The individual plan and goals of each client revolve around each of these five areas.

Clients participate in weekly individual and group therapy sessions, as well as bi-weekly family therapy sessions. Clients attend a local high school or college, and learn to take responsibility of a variety of life-skills oriented topics, such as:

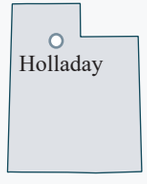
Meal Preparation, Shopping, Budgeting, Maintaining Cleanliness of Living Space and Property, Transportation, Time Management, Gaining Employment, Appropriate Recreation, Personal Hygiene, Nutrition, Fitness, etc.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Health*
Professional Affiliations: *NATSAP - Full Member*

Journey Home Young Adult

(Transitional Independent Living Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Keoni Anderson	**Gender:** Female, including transgender
Admissions Contact: Jenn McMurry	**Ages:** 18 - 23
Email: admissions@solsticertc.com	**Grades:** N/A
Phone: (801) 444-0794	**Enrollment:** 10
Fax: (801) 444-0793	**Duration:** 6 - 9 months
Address: 2765 E. Blue Spruce Drive Holladay, UT 84117	**Founded:** 2019
Website: www.journeyhomeyoungadult.com	



NATSAP Member
Since: 2019

Airport: Salt Lake City, UT (SLC)

Journey Home Young Adult is designed as a 6-12 month step down transition program for young adult women ages 18-23. The home-like setting offers therapeutic support and the opportunity for greater freedoms, responsibilities, and practice as an independent young adult. At Journey Home Young Adult clients can further education and gain independent living skills. Based on structure, support, and mentoring, young women emerge from Journey Home Young Adult emotionally and intellectually equipped to successfully launch into a fulfilling life.

A typical client in the Journey Home Young Adult program is a young lady who has made significant strides in areas of emotional development, self-motivation, self-confidence, and a sense of emotional maturity. They have specific goals they are committed to in the areas of academics, vocational and career choices. Our clients are focusing on emotional, physical, and relational health.

Journey Home Young Adult is located in beautiful Salt Lake City, Utah. Nestled in the foothills of the Wasatch Mountains, our location offers the opportunity for clients to engage in a wide variety of activities. We are privileged to have vast canyons to explore in our backyard while being minutes from bustling city life.

Downtown is the place for live music, festivals, shopping, dining, farmers markets, and nightlife. Our clients will enjoy everything that Salt Lake City has to offer.

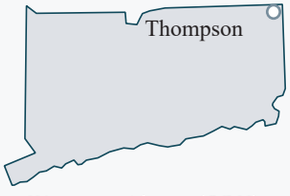
Our location offers many exciting opportunities for outdoor enthusiasts. We are located minutes from some of Utah's most popular canyons such as Big Cottonwood Canyon, Little Cottonwood Canyons, Mill Creek Canyon, and Parleys Canyon.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Health*
Professional Affiliations: *NATSAP - Full Member*

JRI - River Run Academy @ Susan Wayne Center

(Residential Treatment Center & Therapeutic Day School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Amy Kriedemaker	**Gender:** All Genders (non-binary)
Admissions Contact: Amy Kreidemaker	**Ages:** 11 - 21
Academic Contact: Tina Mannarino	**Grades:** N/A
Email: tmannarino@jri.org	**Enrollment:** 45
Phone: (860) 928-5900 ext 4223	**Duration:** 12 - 24 months
Fax: (860) 963-0100	**Founded:** 2008
Address: 75 Church Street Thompson, CT 06277	
Website: www.jri.org/susanwayne	



NATSAP Member
Since: 2017

Airport: Worcester Airport (ORH)

The Susan Wayne Center of Excellence is a program for youth who have experience difficulty managing their emotions and behavior. We are trained in a treatment approach called "ARC" (Attachment, Regulation, and Competency). The ARC program is designed to help students who have experienced trauma and stressful life events. Our center sits on 38 scenic acres of land, with two main buildings on campus. The Carriage House is a residence for our students and the Schoolhouse is where both residential and day students spend their days working on academics, life skills, vocational skills, and participating in hand-on learning in the arts, trades, and sports.

River Run Academy, the clinical school at the Susan Wayne Center of Excellence, located in Thompson, Conn., offers intensive educational, vocational, and clinical services for mild to moderately cognitively impaired students. We specialize in educating students who have mild to moderate cognitive impairment, but may also have concurrent mental health, behavioral, and medical issues. We accept students ages 11-21, who identity as male, female, transgender, or are gender non-conforming. Our student capacity is 45.

The Mission of River Run Academy is to engage and empower of diverse students in a fun, educational, and supportive environment through focusing on their individual competencies and strengths, while building meaningful relationships, improving self-regulation skills, and preparing them for successful futures.

We provide individualized instruction to meet each student's unique educational needs and do not exceed a 6:1 staff to student ratio. We encourage each student to proceed at his or her own pace in order to master the academic and social skills needed to reach their full potential. Students attend classes for a regular academic year and in addition may participate in our extended school year per their IEP.

Accreditation, Licensure: *State of Connecticut Department of Children and Families; State of Connecticut Department of Education; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Connecticut Association of Private Special Education Facilities (CAPSEF)*

Kaizen Academy
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Kris Kilpatrick **Admissions Contact:** Janis Taylor **Academic Contact**: N/A **Email:** kris@kaizenrtc.com **Phone:** (801) 798-5448 **Fax:** (801) 504-1159 **Address:** PO Box 1674 Spanish Fork, UT 84660 **Website:** www.kaizenrtc.com	**Gender:** Male Only, as assigned at birth **Ages:** 13 - 18 **Grades:** 9 - 12 **Enrollment:** 15 **Duration:** 9 - 12 months **Founded:** 1989

NATSAP Member
Since: 2011

Airport: Salt Lake City Int'l (SLC)

Kaizen is a residential treatment center working with Non-Adjudicated young men (ages 13-18) who are struggling with Sexual Behavior Problems. These boys often deal with trauma, attachment issues, social difficulties, emotional dysregulation, and/or other complex challenges.

Each boy that admits at Kaizen Academy goes through a thorough assessment process looking at need for sex specific treatment and appropriate fit, all while being involved in all everyday activities and programming. With our heavy focus on creating a healthy family system, Kaizen is designed to help each boy and family have a uniquely crafted experience that will be the most beneficial to help support them through treatment while at our program and moving forward with life.

In addition to our clinical work, Kaizen is committed to experiential and high adventure activities to help our boys develop confidence and a deeper sense of self. Boys at our facility will participate in mountain biking, kayaking, snow shoeing, fishing, camping, paintball, and many other recreational and confidence building activities. The mission of Kaizen is to help every child feel deeply loved, highly valued, and securely connected.

Mission: Instill hope, inspire excellence.

Accreditation, Licensure: *State of Utah, Office of Licensing, Utah Department of Human Services; Cognia*
Professional Affiliations: *NATSAP - Full Member; Association for the Treatment of Sex Abuser (ATSA); Utah Network on Juveniles Offending Sexually (NOJOS); National Adolescent Perpetration Network (NAPN)*

Kolob Canyon RTC
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jack Hinman **Admissions Contact:** Kaysha Sorensen **Academic Contact:** Susan Mackert **Email:** info@kolobcanyonrtc.com **Phone:** (435) 865-1437 **Fax:** (435) 865-1439 **Address:** 1338 East 600 South New Harmony, UT 84757 **Website:** www.kolobcanyonrtc.com	**Gender:** Female, including transgender **Ages:** 14 - 18 **Grades:** 7 - 12 **Enrollment:** 12 **Duration:** 9 - 12 months **Founded:** 2002

NATSAP Member
Since: 2005

Airport: Cedar City (CDC), Saint George (SGU), Las Vegas (LAS)

The Kolob Student: Treatment is designed exclusively for girls 14 to 17 years of age suffering from depression, low self-esteem, trauma, and difficulties in her relationships with herself and others. Kolob Canyon's census is intentionally limited to 12 girls in order to maximize one-to-one interaction with peers, staff, teachers, and therapists. Student-to-staff ratios are low and therapists with small caseloads maintain a family-like environment.

Goal and Guiding Principle: Kolob Canyon's program is specifically designed using a relational model, to assist its students to create relationships that will enhance an enduringly positive sense of self. This overarching goal is met through a clinically intense blend of traditional and non-traditional therapy delivered in a safe, supportive, and nurturing environment. Therapists have experience with adoption, separation, attachment/loss, substance abuse, eating disorders, social and trauma issues.

Clinical Intensity: Treatment is clinically intensive. Each week students receive 3 hours of individual therapy and family therapy (via the phone), equine or recreational therapy, and daily group therapy. Kolob Canyon uses outdoor and recreation therapy, taking advantage of our location on a picturesque horse ranch in Southern Utah's Canyon Country, right outside of Zion National Park. Therapists are trained in trauma therapy, DBT, and equine therapy.

Family Involvement: Parents are encouraged to participate in their own family change process in tandem with their daughter's program. Regular family therapy, Parent Seminars, family recreation trips, campus therapeutic visits, home visits, and the creation of an extensive Home Contract are integral parts of the family change process.

Academics: The intensive and college focused educational program is fully accredited and employs credentialed teachers in small group settings. Academics are designed to work with girls' learning style and help develop positive self-esteem. Students benefit from hands-on learning, including drama, art, and recreation classes.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Independent Educational Consultants (IECA)*

La Europa Academy
(Residential Treatment Center)

CONTACT

Executive Contact: Robbi O'Kelley
Admissions Contact: Brooke Densley
Academic Contact: Lucy Terzis
Email: rokelley@laeuropa.com
Phone: (801) 268-9300
Fax: (801) 268-9303
Address: P.O. Box 575780
Murray, UT 84157
Website: www.laeuropaacademy.com

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 14 - 17
Grades: 9 - 12
Enrollment: 36
Duration: 9 - 12 months
Founded: 2005

Airport: Salt Lake City, UT (SLC)

La Europa Academy is a clinically and academically intensive program designed to serve female adolescents from 14-17 years of age. We provide a treatment program that helps young women find themselves through creative expression while developing the skills they need to overcome their current challenges.

Therapy: At La Europa we offer a comprehensive and fully integrated DBT program to address complex clinical issues such as depression, bi-polar, anxiety, trauma, sexual abuse, drug and alcohol abuse, eating disorders, emerging personality disorder, and other relational and emotional problems. Our Master's level therapists are all DBT trained and provide weekly individual and family sessions.

La Europa also provides a second layer of clinical intervention with our expressive therapies. Students participate in expressive therapies groups with master's level, nationally board certified therapists four times per week. We offer art, music, dance/movement, sand try, psychodrama, and therapeutic writing expressive therapy groups.

Academics: At La Europa, our belief is that a strong and challenging academic program is an important component of helping our students heal, develop resiliency and competency and establish future direction. The academic component includes college-preparatory high school on site, traditional academic classrooms with direct instruction, full-time licensed teachers in all core subjects, a full-time learning specialist, and small class room sizes.

Transition Support: La Europa provides a unique program component that offers an elevated level of transition support. When students reach a certain level in the program and are demonstrating successful skill generalization, they have the option to transition to Mosaic House in order to assess their readiness for the next step.

Students who would not be appropriate for La Europa Academy are those with active psychosis, conduct disorder, aggressive behavior and criminal behavior or present a high run risk.

Mission:
At La Europa Academy, we empower young women and their families to strengthen resiliency by providing specialized clinical, expressive, academic and skill-based interventions that promote emotional healing and facilitate sustainable change.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services*; *Cognia*
Professional Affiliations: *NATSAP - Full Member*

Lake House Academy
(Therapeutic Boarding School)

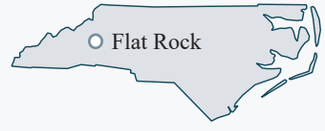
CONTACT

Executive Contact: Heidi Strand
Admissions Contact: Erika Mackeyt
Academic Contact: Deana Hintz-Collins
Email: hstrand@lakehouseacademy.com
Phone: (828) 329-7441
Address: 447 Lily Pad Ln
Flat Rock, NC 28731
Website: www.lakehouseacademy.com

NATSAP Member
Since: 2020

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 12 - 16
Grades: 6 - 12
Enrollment: 30
Duration: 9 - 12 months
Founded: 2010



Airport: Asheville Regional, NC (AVL)

Lake House Academy is a therapeutic boarding school for girls, ages 12-16, nestled against the backdrop of a small lake in the Blue Ridge Mountains of North Carolina. Treatment is specifically designed for the early adolescent girl and her family. Lake House students exhibit disruptions in relationships stemming from emotional traumas such as adoption, grief or loss, and family conflict or divorce. Students may be dealing with anxiety, depression, low self-worth, impulsivity, difficulty expressing or managing emotions, difficulty recognizing social cues, difficulty making and maintaining friendships, disorganization, and academic difficulties.

Lake House Academy utilizes a proprietary clinical model known as the Interpersonal Growth Model. It is founded in the basis of relationships and therefore begins with a Secure Caregiving System for not only the student but family. The culmination and goal of the Interpersonal Growth Model is creating current experiences of secure attachment, thus leading to growth.

Girls receive individual weekly therapy and group therapy. Sustainable long-term change for students includes the family and therefore family work is an integral part of the clinical model. Families participate in weekly family therapy, quarterly parent seminars, and a home study. Clinical interventions include Theraplay, Dyadic Developmental Psychotherapy, Canine Assisted Therapy, and Neurofeedback.

Students attend classes Monday-Friday year-round allowing for the continuation of academic resilience. Each student is created an Individualized Academic Plan which works alongside the Master Treatment Plan. It is a working document that is updated and reviewed, identifying a student's strengths and areas for growth, and provides a road map for academic success.

Activities abound and weekly community integration is intentional. Students enjoy caring for the chickens and garden, swimming, canoeing, paddle boarding, and hiking on campus. Off campus activities include going to the park, YMCA, festivals, museums, bowling, and much more.

Accreditation, Licensure: *National Independent Private School Association (NIPSA)*
Professional Affiliations: *NATSAP - Full Member*

Lakemary Center, Inc.

(Residential Treatment Center & Therapeutic Day School)

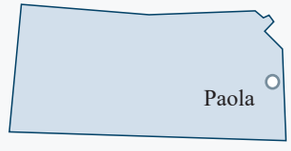
CONTACT

Executive Contact: Amanda Martell
Admissions Contact: Sarah Base
Academic Contact: Marcy Seaman
Email: admissions@lakemary.org
Phone: (913) 557-4000
Fax: (913) 557-4910
Address: 100 Lakemary Drive
Paola, KS 66071
Website: www.lakemary.org

NATSAP Member
Since: 2013

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 6 - 21
Grades: K - 12
Enrollment: 65
Founded: 1969



Airport: Kansas City International (MCI)

Lakemary's Psychiatric Residential Treatment Facility provides 24/7 therapeutic treatment for children ages 6-21 with dual diagnosis of intellectual/developmental disabilities, including Autism Spectrum Disorder, and a psychiatric disorder. Our program utilizes a reward system called Positive Behavior Intervention and Support. PBIS focuses on giving expectations, providing limits, and reinforcing appropriate behaviors as they occur. Lakemary's school is a year round, K-12 accredited school. Each child benefits from services and supports designed to meet their individualized Education Plan, and have access to art, music, recreational, occupational, speech, and language therapies.

Accreditation, Licensure: *Kansas Department of Aging and Disability Services (KDADS); California Department of Education Commission on Accreditation of Rehabilitation Facilities (CARF); California Department of Education; Illinois Department of Education; Washington Department of Educcation*
Professional Affiliations: *NATSAP - Full Member; Interhab, Inc; The National Association for the Dually Diagnosed (NADD); National Association of Private Special Education Centers (NAPSEC); (Association of Directors of Development and Admissions and Marketing (ADDAM); California Association of Private Special Education Schools (CAPSES)*

Launch Centers

(Young Adult Program)

CONTACT

Executive Contact: Jose Hernandez
Admissions Contact: Clint Green
Academic Contact: Dr. Kami Dexter
Email: megan@launchcenters.com
Phone: (424) 832-7627
Fax: (424) 832-7629
Address: 1849 Sawtelle Blvd #100
Los Angeles, CA 90025
Website: www.launchcenters.com

NATSAP Member
Since: 2019

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 35
Grades: High School and higher education/college
Enrollment: 30
Duration: 180 days
Founded: 2012

Airport: Los Angeles Int'l Airport (LAX)

Launch Centers provides substance use, mental health, or dual diagnosis outpatient treatment for those individuals who have found themselves sidetracked by chemical dependency issues or a co-occurring disorder with a sincere desire to improve their lives. Our PHP/IOP/OP program is an exceptional option for students who desire to continue with their studies while also receiving treatment for a substance addiction, mood disorder, or dual diagnosis. For those who are employed, the flexibility of an outpatient program provides freedom to remain engaged in the workplace while in treatment. An outpatient program is also a essential step-down from an inpatient treatment program, allowing the young adult to continue to receive therapy and support in early recovery. The Launch Centers outpatient program seeks to empower young adults, helping them define their purpose in life and set new life goals using an integrated and systemic approach. Each branch of the program, including the therapeutic support and educational and occupational guidance, takes the individual closer to realizing their potential as an independent, productive human being.

Accreditation, Licensure: *State of California, Department of Healthcare Services*
Professional Affiliations: *NATSAP - Full Member*

The Learning Clinic

(Residential Treatment Center & Therapeutic Day School)

CONTACT

Executive Contact: Raymond W. Ducharme, PhD
Admissions Contact: Tara Scanlon
Academic Contact: Rob LeGary
Email: tscanlon@thelearningclinic.net
Phone: (860) 774-1036
Fax: (860) 774-1037
Address: 476 Promfret Road
Brooklyn, CT 06234
Website: www.thelearningclinic.org

NATSAP Member Since: 2017

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 5 - 22
Grades: N/A
Enrollment: 50
Duration: 4 years
Founded: 1980

Airport: Worcester Airport (ORH)

The Learning Clinic provides a comprehensive program of academic, clinical, and residential components that all support and embrace the school mission. TLC recognizes that every student is unique with varying strengths and weaknesses, and that often their developmental age does not match their chronological age. The program adjusts to personalize and individualize programs to meet the needs of its varied population. The Learning Clinic has an admissions process where potential students are considered to ensure appropriateness of the placement. The program considers individual student needs and develops personalized interventions and lesson plans to support students to make progress on their academic, clinical, and social goals.

Our education program is entirely personalized, and teachers and students create a plan each day, with goals and objectives for each academic and social activity. The Learning Clinic utilizes effective assessments and teaching tools to provide optimal and individual learning environments, with additional support for vocational shadowing and work study.

In addition to teaching and residential staff, we offer counseling and testing to help each child meet the challenges of choosing a career or vocation. Our staff includes clinicians who work with parents, teachers, and house parents to identify treatment goals and to measure progress. The Learning Clinic provides residential care in a home like setting. Families participate in planning home visits on weekends and holidays, with regular community activities a part of each student's schedule.

Note: Our educational services began in September, 1984. Residential services were added in January, 1986.

Accreditation, Licensure: *NEASC - New England Association of Schools & Colleges; Connecticut Department of Children and Families; Connecticut State Department of Education*
Professional Affiliations: *NATSAP - Full Member; Massachusetts Association of 766 Approved Schools (MAAPS); National Association of Private Special Education Centers (NAPSEC)*

Legacy Outdoor Adventures

(Young Adult Program)

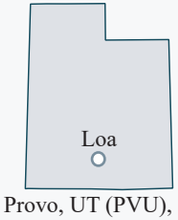
CONTACT

Executive Contact: Gil Hallows
Admissions Contact: Chris Davis
Email: info@legacyoutdooradventures.com
Phone: (435) 836-2272
Fax: (435) 836-2274
Address: PO Box 400
Loa, UT 84747
Website: www.legacyoutdooradventures.com

NATSAP Member Since: 2016

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 39
Grades: N/A
Enrollment: 47
Duration: 70 - 90 days
Founded: 2011



Airport: Provo, UT (PVU), Salt Lake City, UT (SLC)

Legacy Outdoor Adventures is a unique blend of residential treatment and outdoor behavioral healthcare. We use the power of a treatment center with the healing of wilderness and the self-efficacy of adventure to support us in guiding clients on a journey of self-discovery and healthy growth. We specialize in working with young adults who are struggling with behavioral issues, substance use, lack of self-confidence or sense of purpose, or simply struggling with taking the final step to transition into adulthood.

A meaningful wilderness adventure facilitated by expert guides and a licensed therapist provides a very powerful environment for growth. We use challenge and adventure to engage our clients and add texture to the outdoor experience. The wilderness is an optimum setting for individuals struggling with substance abuse to find new meaning in their lives.

The time at the treatment center focuses on intensive treatment programming. During the three treatment center days, we provide a total of 17 hours of group work, including 7 hours of group therapy by licensed clinicians and 10 hours of milieu and Psycho-educational groups facilitated by staff under the direction of a therapist. Each client also has at least two individual sessions per week with a therapist. Being at the treatment center provides a space for clients and staff to process and reflect, gives clients access to showers and laundry facilities, and provides opportunities to practice self-care and basic life skills.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Association of Experiential Education (AEE); Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Healthcare Council (OBHC)*

Lindner Center of HOPE

(Residential Treatment Center)

CONTACT

Executive Contact: Jennifer Pierson
Admissions Contact: Raijean Watkins
Email: tom.parker@lindnercenter.org
Phone: (513) 536-0537
Fax: (513) 536-0419
Address: 4075 Old Western Row Rd.
Mason, OH 45040
Website: www.lindnercenterofhope.org

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 and older
Grades: N/A
Enrollment: 25
Duration: 20 days
Founded: 2008

Airport: Cincinnati/Northern Kentucky (CVG)
Dayton, OH (DAY)

Lindner Center of HOPE is a comprehensive mental health center located near Cincinnati, Ohio. Premier Comprehensive Assessment and Residential Treatment Programs at Lindner Center of HOPE Lindner Center of HOPE's exceptional assessment programs for mental health and addictions are set in a serene therapeutic environment and staffed by impressive treatment teams. We go beyond other programs with in-depth assessment and prepare patients for their next level of care.

Finding clarity in diagnosis is essential to receiving proper treatment and achieving wellness. Making a decision before you know what you're actually trying to treat can send you down a long road toward the wrong solution and even do more harm than good. To address this issue, our programs meet patients and families where they are and work with them to reach success.

Start Your Journey with Lindner Center of HOPE

CLARIFYING AND ACCURATE DIAGNOSIS Comprehensive diagnostic assessments and evaluations in comfortable, residential settings. (Child and Adolescent Assessment is now completed via an intensive outpatient model.)

MEDICATION MANAGEMENT AND STABILIZATION Safe and professionally staffed environments with 24-hour nursing in residential programs

ONGOING AND TIMELY EXPERT FEEDBACK Onsite full-time, highly trained, and credentialed high level clinicians and dedicated treatment team with specialties in Mood Disorders, Addictive Disorders (including internet addiction,) OCD/Anxiety, ADHD, Thought Disorders, and Complex CoMorbidity

VALUABLE AND BENEFICIAL TREATMENT INITIATION Evidence-based individualized and group therapy sessions in residential programs

INDIVIDUALIZED NEXT STEPS TREATMENT RECOMMENDATIONS Thoughtful time saving and cost saving treatment planning with appropriate treatment recommendations in collaboration with referring professional

Accreditation, Licensure: *Joint Commission; State of Ohio, Department of Mental Health and Addiction Services (MHAS)*
Professional Affiliations: *NATSAP - Full Member*

Little Keswick School

(Therapeutic Boarding School)

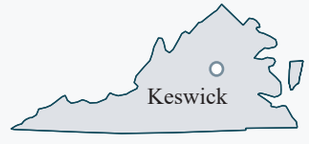
CONTACT

Executive Contact: Marc Columbus
Admissions Contact: Melissa Dagitz
Email: mnorder@littlekeswickschool.net
Phone: (434) 295-0457
Fax: (434) 977-1892
Address: P.O. Box 24
Keswick, VA 22947
Website: www.littlekeswickschool.net

NATSAP Member
Since: 2007

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 9 - 18
Grades: 5 - 12
Enrollment: 35
Duration: 2 years
Founded: 1963



Airport: Charlottesville, VA (CHO)

Located on 25 pastoral acres outside Charlottesville, Virginia, Little Keswick School has been serving boys with social/emotional challenges and learning disabilities for 54 years. Our small therapeutic non-profit school provides warm and nurturing relationships, intensive clinical interventions, and individualized education for 35 boys in a highly structured environment. Boys between nine and fifteen years of age are admitted from throughout the country and abroad to work on issues related to executive functioning, social and relationship challenges, collaboration, personal competence, and learning issues. Intellectual levels of our students range from low-average to superior.

Boys accepted carry a combination of the following or related diagnoses: Attention Deficit or Attention Deficit/Hyperactivity Disorder, Specified Learning Disabilities, Anxiety Disorders, Obsessive Compulsive Disorder, Attachment issues, Autism Spectrum Disorders, Tourette's Disorder, Depression, Oppositional Defiant Disorder, and Bipolar Disorder. The school does not accept severely emotionally disturbed children, children in conflict with the law, have a drug abuse history, or with sustained patterns of physical aggression. Our boys tend to be gentler and less sophisticated. We set a high standard of academics while maintaining a balance with therapeutic and social development for each student. Staff use a multi-disciplinary approach to treat the whole child emphasizing brain-based learning and an adapted social thinking curriculum to develop each child's unique sense of self.

All students participate in individual, group, and family therapies provided by two experienced Ph.D. psychologists, a licensed clinical social worker, as well as our consulting child psychiatrist, who also manages pharmacology for all of the students. Individual, integrated, and group occupational therapy, speech and communications therapy, and art therapy are optional services.

A wide array of residential activities are offered, including: art, woodworking, therapeutic horseback riding, creative arts, athletics, soccer, basketball, swimming, fishing, canoeing, mountain biking, rock climbing, hiking, Boy Scouts, and music instruction.

Little Keswick School's philosophy of education encompasses both academic and social/emotional growth for each student. Recognizing that every child has his own individual capabilities, his environment is structured in order that he is able to achieve his potential growth through the development of a positive self-concept. Emphasis is placed on self-respect and respect for others.

Accreditation, Licensure: *Department of Behavioral Health and Developmental Services; Commonwealth of Virginia Department of Education; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; National Association of Private Special Education Centers (NAPSEC); Virginia Association of Independent Specialized Education Facilities (VAISEF)*

Logan River Academy
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE

Executive Contact: Larry Carter
Admissions Contact: Cheyenne Timbimboo
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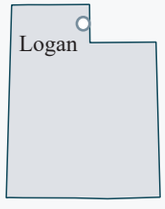
Address: 1683 S Highway 89/91
Logan, UT 84321
Website: www.loganriver.com

Gender: All Genders (non-binary)
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 70
Duration: Avg. 12 months
Founded: 2000



NATSAP Member
Since: 2000

Airport: Salt Lake City, UT (SLC)

Logan River Academy (LRA) is a residential program in Logan, UT helping teens of all genders 12-18 years old with a neurodiverse profile. Our program emphasizes a balance between a structured residential environment, therapy, and education. Students regularly participate in outdoor activities, sports, recreation, fitness activities, and service projects. A multidisciplinary team approach is used, in which therapists, teachers, mentors and medical staff work together to coordinate the highest level of care for each individual student.

Our student profile includes: depression, anxiety, autism spectrum traits, ADHD, unhealthy technology habits, emotional dysregulation, learning differences, OCD, mild substance use, and trauma.

Clinical services include a variety of treatment modalities utilized to help students achieve an improved level of functioning, diminish symptoms, and become productive members of their families and communities. Students receive individual, family and group therapy weekly. We use evidence-based therapy models and techniques to help our students reach their potential. Treatment modalities include: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Acceptance and Commitment Therapy, Eye Movement Desensitization Reprocessing (EMDR), Equine Therapy, Virtual Reality Therapy, and Neurofeedback.

LRA has a full 8-12th grade academic curriculum. Our school atmosphere has a traditional feel with a variety of built-in accommodations, including two resource classrooms led by special education certified teachers. Class sizes are small, with attentive and supportive staff who help guide each student to reach their academic potential. For interested students, college preparation guidance counseling is available.

Accreditation, Licensure: *State of Utah, Department of Human Services, Office of Licensing: Cognia; California Non-Public School Accreditation; Student Exchange Visitor Information System (SEVIS); Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

Maple Lake Academy
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE

Executive Contact: Nichol Holwege
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Address: PO Box 175
Payson, UT 84651
Website: www.maplelakeacademy.com

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 30
Duration: 18 - 24 months
Founded: 2005

NATSAP Member
Since: 2007

Airport: Salt Lake City Int'l (SLC)

Maple Lake Academy's mission is to offer the highest quality clinical and academic programs for girls and boys who are struggling with the challenges of learning disabilities and emotional/behavioral problems. Students who enroll at Maple Lake Academy must have a diagnosis/traits of a learning disability (LD, LDNOS, PDDNOS, NLD, Asperger's Disorder, High Functioning Autism) in conjunction with emotional/behavioral issues (such as Depression, Anxiety, OCD, ODD, Social Phobia, Bipolar Disorder, etc.). Students who have histories of aggression toward staff or peers in previous placements or school settings, have active eating disorders, or are currently using drugs would not be appropriate candidates for Maple Lake Academy.

Maple Lake Academy offers an excellent clinical program that includes weekly individual and family therapies, several group therapies per week, recreation therapy four times a week, and equine therapy three times a week. We also provide weekly specialty groups that focus on life skills and social skills developments. Students are also involved in assorted leisure and skill building opportunities weekly.

Our academic program truly focuses on the individual. Each student participates in developing a SEOP (student educational occupational plan) that is formulated to help the student address unique learning challenges. In addition, each student will become an expert about learning disabilities and will have coping strategies in hand when his/her program is completed at Maple Lake Academy.

A main focus at Maple Lake Academy is to help each student develop the ability to advocate for him/herself in future academic and employment situations.

Our residential program is also an intensive program that teaches daily living skills and social/communications skills. Our staff are well trained in working with our student population and have the knowledge, patience, consistency, and nurturance needed to work with our students. We are dedicated to our students and families!

Accreditation, Licensure: *State of Utah, Department of Human Services, Office of Licensing; Cognia*
Professional Affiliations: *NATSAP - Full Member*

Meridell Achievement Center

(Residential Treatment Center)

CONTACT

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PO Box 87
Liberty Hill, TX 78642
Website: www.meridell.com

NATSAP Member
Since: 2001

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 11 - 17
Grades: 5 - 12
Enrollment: 134
Duration: 30 - 180 days
Founded: 1961

Airport: Austin, TX (AUS)

Meridell is a medical model residential treatment center located 30 miles north of Austin in the Texas Hill Country. We provide the highest quality of care in a nurturing and healing manner. Our staff includes board-certified child & adolescent psychiatrists, a pediatric neurologist, licensed master level counselors, registered nurses, neuropsychologist, psychologist, recreational therapists, and mental health technicians.

Behavioral programs specialize in the treatment of adolescents ages 13-17 with issues including major depression, bipolar disorder, anxiety disorders, ADHD, PTSD, high-end autism spectrum disorders, learning disorders, and developing personality disorder traits. Neurobehavioral programs specialize in the treatment of children and adolescents ages 11-17 who have both psychiatric and neurological bases for their behaviors. The majority of these patients have been unsuccessful in traditional psychiatric settings. Neuropsychological and neurophysiological assessments are part of their diagnostic workup.

The Ki Charter Academy at Meridell Achievement is fully accredited for middle and high school students. Students are Meridell patients exclusively. Faculty specialize in working with this population and all are certified both in their respective core subject areas and special education.

Accreditation, Licensure: *University of Texas Texas Department of Family and Protective Services TX; Texas Education Agency; Joint Commission; Texas Education Agency*
Professional Affiliations: *NATSAP - Full Member; American Neuropsychiatric Association (ANDA); American Psychiatric Association; American Neuropsychological Association; American Psychological Association (APA); Independent Education Consultant Association (IECA)*

Montana Academy

(Therapeutic Boarding School)

CONTACT

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Marion, MT 59925
Website: www.montanaacademy.org

NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 50
Duration: 12 - 14 month plus optional transition program
Founded: 1997

Airport: Glacier Int'l Airport (FCA/KGPI)

Established in 1997, Montana Academy is a non-profit, co-educational, therapeutic boarding school located in Northwest Montana.

Known for a unique combination of clinical sophistication, ambitious academics and an effective therapeutic program, the leadership and staff at Montana Academy bring more than 175 years of cumulative experience to students and their families. Our approach in working with adolescent struggles requires a coordinated and sustained effort which promotes developmental maturation through healthy relationships.

Montana Academy's clinical, academic, and program structures have been designed from this understanding and promote this goal – to help struggling students move on to academic and interpersonal successes, which follow from a restoration of normal adolescent maturity.

For the past two decades, Montana Academy has taken an approach that places character development at the heart of our developmental model in helping young people mature. Our community is one in which we combine a comprehensive array of therapeutics, college preparatory academics, and a robust offering of experiential and skill-building programmatic opportunities.

Montana Academy strives for an integrated coeducational community in which engagement in each of these areas informs an understanding of and engagement with the other, ultimately leading to the development of mature character.

Accreditation, Licensure: *State of Montana, Department of Health and Human Services; Joint Commission; National Independent Private Schools Association (NIPSA); Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Independent Educational Consultants Association (IECA); National Council for Private Schools Association (NCPSA)*

Monuments
(Residential Treatment Center)

CONTACT

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Parowan, Utah 84761
Website: www.monumentstc.com/

NATSAP Member
Since: 2019

PROGRAM OUTLINE

Gender: Male only, as assigned at birth
Ages: 14 - 17
Grades: 9 - 12
Enrollment: 40
Duration: 8 - 12 months
Founded: 2018

Airport: Cedar City Regional (CDC), Saint George Regional (SGU), McCurran Int'l (LAS)

Monuments is a therapeutic school and treatment center that serves adolescent young men and their families. Utilizing the benefits of clinical expertise, true horsemanship, progressive education and a community-based living environment, Monuments creates a unique relational experience immersed in relevant learning. Through customized treatment and individual success plans, each young man will find true self-efficacy and life-long change. These collaborative plans are supported through individual, family and group therapy; an accredited, individualized high school experience; and coupled with a rich craftsman and entrepreneurial focus. Our mission is to assure that each young man comes out of placement with a new and empowering narrative that helps him take responsibility for the decisions that set the course for his future. Monuments was designed to work congruently across all treatment modalities, creating an atmosphere conducive to ultimate healing and lasting change.

Accreditation, Licensure: *State of Utah, Department of Human Services; Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

Moonridge Academy
(Residential Treatment Center)

CONTACT

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Address: 9450 West 2400 South
Cedar City, UT 84721
Website: www.moonridgeacademy.com/

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 11 - 14
Grades: 6 - 10
Enrollment: 16
Duration: 9 - 12 months
Founded: 2003

Airport: Cedar City Regional (CDC), Saint George Regional (SGU), McCurran Int'l (LAS)

Moonridge Academy is a clinically intensive program for younger girls, ages 11-15. Located in beautiful Southern Utah. With a maximum size of 16 girls, Moonridge Academy provides individualized treatment and clinical sophistication in a warm, nurturing environment. Treatment is age-adjusted for the younger population and is a safe environment without the concerning influences of older girl issues. Girls at Moonridge receive individual therapy twice weekly, family therapy once, and 5 groups a week. Families are very involved in treatment. Girls participate in weekly all-day recreation therapy activities and monthly three-day recreation trips. School is Monday-Friday, teacher led classrooms with direct instructions, grades 6-10.

Moonridge Academy girls address issues such as depression, anxiety, self-harm, school refusal, family conflict, sexual boundaries, computer addiction, attention issues, and low-level substance abuse.

Moonridge believes that young girls heal through relationships, improving confidence, being physically active, and above all: laughing and experiencing joy in life again. We have horses, dogs, and cats. Our girls climb, rappel, kayak, ski, hike, play, and volunteer. We use creative and customized treatment for our girls including equine therapy, DBT, sandtray therapy, and play therapy.

Accreditation, Licensure: *State of Utah, Department of Human Services; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE*

NBI Ranch
(Residential Treatment Center)

CONTACT

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Address: 22333 North Commerce Parkway, Suite 3
Weston, FL 33326
Website: www.nbiweston.com

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18+
Grades: N/A
Enrollment: 8
Duration: 30 - 60 - 90 days
Founded: 2000

Airports: Fort Lauderdale, FL (FLL), Miami, FL (MIA)

NBI is an eight-bed residential setting for adults (18+) typically diagnosed with severe obsessive-compulsive disorder (OCD), an anxiety disorder or a related condition who need more than outpatient treatment alone, but do not meet the criteria for being in a hospital or a more restrictive residential setting. Residents might also be impacted by various co-morbidities that complicate their clinical presentation. NBI Ranch is also an appropriate environment for step-down from inpatient or other facilities. All residents attend nearby intensive treatment at the Neurobehavioral Institute (NBI) during weekdays; however, some residents may also be engaged in work or educational experiences, as well. Transportation between NBI Ranch and NBI is provided. Length of stay generally ranges from one to several months.

NBI Ranch is situated in the rural town of Southwest Ranches, in the Fort Lauderdale vicinity and is designed to feel like a comfortable and warm home. Staffing includes 24-hour wake staff, with at least one Residential Counselor (RC) always on premises when a resident is present. RC's provide structure, support and encouragement, collect real time behavioral observations data, monitor how residents implement and generalize the strategies they are learning in treatment, stay in close contact with NBI's clinical staff and facilitate a wide varity of individual and group life skills, socialization, exercise, and entertainment activities. Healthful meal plans and good eating habits are supported by consultations with a Registered Dietician.

The mission of NBI Ranch is to be a place where those affected by OCD, anxiety disorders, and related conditions can appreciate and enjoy life beyond whatever symptoms and challenges they are presently experiencing and focus on developing the skills and personal resilience they will need to take the next positive steps in their journeys.

Accreditation, Licensure: *State of Florida, Agency for Healthcare Administration*
Professional Affiliations: *NATSAP - Associate Member; International OCD Foundation (IOCDF)*

New Haven Residential Treatment Center
(Residential Treatment Center)

CONTACT

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Address: 2172 E 7200 S.
Spanish Fork, UT 84660
Website: www.newhavenrtc.com

NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 13 - 18
Grades: N/A
Enrollment: 80
Duration: Average 10 - 12 months
Founded: 1995

Airport: Salt Lake City, UT (SLC)

New Haven empowers adolescent girls, ages 13-17, with the skills to overcome life's traumas. The word that comes to mind when describing the girls who come to New Haven, is powerful. We specialize in complex issues such as traumatic stress, family problems, relationship issues, depression, anxiety, self-harm, suicidal idealization, attachment, eating disorders, substance abuse, and personality disorders. Most of the students we work with are struggling with two or more of these challenges.

Our girls are smart and capable but come to New Haven burdened by months or years of emotional pain or behavioral dysfunction. For these girls, things have stopped working at home, at school, and in life. However, our experience working with complex emotional and psychiatric issues means that 80% of our graduates never need another residential placement. We know that every one of our girls is part of a family system that is also suffering, so our treatment approach brings nurturance, healing, and support to the whole family. New Haven students come from all over the United States and the world. We welcome international students.

Young women need a framework for positive decision making based on values such as compassion, service, creativity, and integrity. Without such a framework, navigating the storms of adolescence can seem impossible. The New Haven Values Program creates an opportunity for our students and their families to connect as they discover, clarify, and live out their own and their family's values. Doing so allows them the opportunity to create, repair, or strengthen its own unique foundation.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Joint Commission; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Multi-Service Eating Disorders Association (MEDA); Association of Children Residential Centers (ACRC)*

New Leaf Academy
(Therapeutic Boarding School)

CONTACT

Executive Contact: Deveney Marshall
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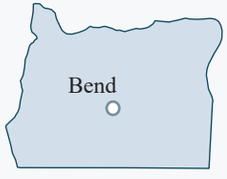
Phone: (541) 318-1676 or (877) 820-5050
Fax: (541) 318-1709
Address: 63140 Dickey Rd
Bend, OR 97701
Website: www.newleafacademy.com

NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 10 - 15
Grades: 4 - 10
Enrollment: 28
Duration: 15 - 18 months
Founded: 1997



Airport: Redmond-Bend (RDM)

Our goal at New Leaf Academy is to effectively facilitate lasting behavioral, social, and academic change through a therapeutic, nurturing, family-like environment that meets the specific developmental needs of the pre-adolescent and early adolescent female (including those identifying as female or non-binary). New Leaf Academy offers a structured, clinical, and educational program for youth ages 10 through 15 at time of enrollment who need extra help and guidance in achieving their social, familial, and academic goals. New Leaf students struggle with issues ranging from attention deficit disorder, spectrum disorders, anxiety & mood disorders, PTSD, impulsivity, attachment issues, and a range of learning differences.

A New Leaf student often lacks personal boundaries, is unable to read social cues, exhibits difficulty making and maintaining friendships, and demonstrates an inability to participate or adhere to family rules, values, and relationships. The students at New Leaf receive individual, group, and family therapy working closely with our clinical team of licensed therapists. Individual treatment plans help families create a successful environment for their child to return home. Our developmentally-based program is designed to help foster improved family communication and functioning; build a renewed connection with parents, guardians, and siblings; generate a willingness in the student to follow rules and submit to parental authority; build her social and interpersonal skills; instill an ability to identify and manage feelings appropriately; and to help generate improved academic performance.

Activities include equine therapy and horsemanship, 4-H bunny program, hiking, camping, skiing, snowboarding, competitive sports, art, dance, choir, and community service. Our school uses a variety of traditional and experiential teaching strategies which include teacher led instruction, hands-on learning, field trips and group projects. We focus both on the academic content of a traditional grade appropriate curriculum as well as on development of specific tools, strategies, and skills to be successful learners in the future. New Leaf Academy graduates know how to advocate for themselves and achieve in a school environment. New Leaf Academy provides a comprehensive aftercare program designed to support the transition from New Leaf Academy to a student's next step. Our dedicated, full-time aftercare therapist works closely with the student, family and other professionals prior to and after transition from New Leaf Academy to ensure the most successful transition possible.

Through relationship, respect, and therapy we support families and children to reconnect, rediscover and heal.

Accreditation, Licensure: *Oregon Department of Human Services/Children, Adults & Families; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member*

New Summit Academy of Costa Rica
(Therapeutic Boarding School)

CONTACT

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Address: Educacion Nueva Cumbre
Aptdo # 159-4013
Atenas, Alajuela, Costa Rica 20501
Website: www.newsummitacademy.com

NATSAP Member
Since: 2007

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 32
Duration: 10 months+
Founded: 2005

Airport: (SJO) Aeropuerto Juan Santamaria, Alajuela, San Jose, Costa Rica

Both New Summit Academy (high school) and The Bridge (young adult gap program) thrive on our unique Supportive Immersion model which implements an empathic, empowering, process-based structure that guides students in becoming self-starters who are on a journey of true lifelong learning and growth. NSA works with up to 32 males (ages 14-18). The Bridge hosts young adults (ages 17.5-23) in our supportive community house or at differing levels of immersion in our local community. Our students may struggle with anxiety, depression, confidence, nontraditional learning styles, motivation, decision-making, family dynamics, executive functioning, identity, social anxiety, or substance abuse. Students are bright, creative (often musical or artistic), sensitive, passionate about an interest, active, accountable, capable of insight-building, interested in attending college, open to other cultures, and committed to personal growth.

Our innovative high school integrates our US-accredited academic program with personal growth objectives, experiential education adventure, and cultural immersion activities. Dynamic teachers, small class sizes, and individualized support improve student motivation, engagement, and executive functioning skills. Therapeutic sessions and groups are empowering and emphasize relationship-building and ownership of one's process. Therapists and parent coaches work with families at workshops and via telephone.

Our signature Aventura program and cultural immersion activities build important skills outside of a traditional office or classroom environment. The Experiential Education department involves students in planning healthy weekend recreational activities, as well as regular service and cultural immersion with local families and communities.

We also provide a quality transition program for students before graduation as well as a separate, independent young adult gap program (The Bridge) for students who have (or have almost) completed a high school diploma and need a supportive gap experience with cultural immersion, internships, service, Spanish, and travel.

Accreditation, Licensure: *PANI (Patranato Nacional de Infancia de Costa Rica—child welfare organization); Cognia (academic)*
Professional Affiliations: *NATSAP - Full Member*

New Vision Wilderness Therapy (Northwoods)

(Wilderness Therapy Program)

CONTACT

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Website: www.newvisionwilderness.com

NATSAP Member
Since: 2020

PROGRAM OUTLINE

Gender: All Genders (non-binary
Ages: 10 - 17
Grades: N/A
Enrollment: N/A
Duration: 90 days
Founded: 2007

Airport: Wausau/Marshfield, WI (CWA)

New Vision Wilderness (NVW) is a specialty wilderness therapy treatment program that is clinically intensive, highly specialized, and trauma-informed. NVW was founded and designed to heal the consequences of early childhood stress. Our students have experienced grief and loss in their lives and many students are adopted. This early stress, often referred to as Complex Developmental Trauma, manifests itself in controlling behaviors such as defiance and opposition, as well as debilitating behaviors such as anxiety and depression.

NVW is a the nation's premier relational model wilderness therapy program and integrates the latest research on adverse childhood experiences. Our 'relationship-centered' approach coupled with a safe environment and effective clinical interventions serve as the backbone to our success and reputation. We have created a student-centered Mastery Program where each student navigates through an area of interest, at their own pace, with the guidance of the NVW team members.

NVW has highly skilled clinicians in the team facilitating 1:1 sessions with our students in a full clinical immersion. Our students meet with their primary Therapist between 2-3 hours per week for individual sessions, immersed in the woods, and are supplemented by group therapy and additional meetings with other Clinical specialists.

Our interventions are unique, specialized and appropriate, and include Brainspotting and Heartmath stress reduction techniques. Our Family Services offers a variety of services and resources to current and alumni families including webinars, family intensives, support groups, and more. All NVW staff are thoroughly trained in how to build, maintain, and utilize secure relationships to support deep healing in our students. To supplement our clinical model, we operate as a nomadic backpacking program. We use high adventure experiences such as canoeing, rock climbing, cross country skiing, snowshoeing, and fishing to help engage and connect with our students.

Accreditation, Licensure: *Association for Experiential Education (AEE); Cognia*
Professional Affiliations: *NATSAP - Full Member; Outdoor Behavioral Health Council (OBHC), Central Oregon Program Alliance (COPA)*

Newport Academy - Connecticut

(Residential Treatment Center)

CONTACT

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Bethlehem, CT 06751
Website: www.newportacademy.com

NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 15 - 20
Grades: 9 - 12; college
Enrollment: 40
Duration: 30 - 120 days, average
Founded: 2008

Airport: Tweed New Haven Airport (HVN), Hartford Bradley Airport (BDL)

At Newport Academy, we believe in sustainable healing. We bring teens and young adults from self-destruction to self-esteem by treating the underlying causes of maladaptive and high-risk behavior. Newport Academy is a different kind of teen rehab center. Through our clinical expertise and integrated care, we empower individuals and restore families. We provide the safety, support, and, above all, the unconditional love that individuals and their families need to heal.

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with mental health issues, eating disorders, and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, and comprehensive holistic programs that encompass clinical therapy, academic support, and experiential practices.

Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of adolescents and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower teens and restore families.

Newport Academy focuses on healing the underlying causes of self-destructive behaviors through an integrated approach that includes CBT, DBT, EMDR, guided imagery, Motivational Interviewing, equine-assisted psychotherapy, art therapy, yoga, meditation, and other experiential and therapeutic modalities. With a staff to resident ratio of five to one, we offer compassionate, attentive care. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling each week.

Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psychoeducational, experiential, and process-oriented activities throughout the entire treatment process.

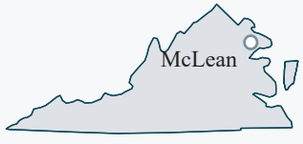
The Newport Academy clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist, and Dr. Michel Mennesson and Dr. Prakash Thomas, who are board-certified in Child and Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietitian, a Clinical Nutritionist, and Nurse Practitioner.

Accreditation, Licensure: *State of Connecticut Department of Children and Families; Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

Newport Academy - Virginia

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Joe Procopio **Admissions Contact:** Cassie Pastula **Email:** admissions@newportacademy.com **Phone:** (866) 987-1088 **Address:** 1318 Kurtz Road McLean, VA 22101 **Website:** www.newportacademy.com	**Gender:** Female Only, as assigned at birth **Ages:** 12 - 17 **Grades:** 5 - 12 **Enrollment:** 8 **Duration:** 30 - 60 days **Founded:** 2008



NATSAP Member
Since: 2020

Airport: Dulles Int'l Airport (IAD)

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with mental health issues, eating disorders, and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, and comprehensive holistic programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of adolescents and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower teens and restore families.

Newport Academy focuses on healing the underlying causes of self-destructive behaviors through an integrated approach that includes CBT, DBT, EMDR, guided imagery, Motivational Interviewing, equine-assisted psychotherapy, art therapy, yoga, meditation, and other experiential and therapeutic modalities. With a staff to resident ratio of five to one, we offer compassionate, attentive care. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling each week.

Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psycho-educational, experiential, and process-oriented activities throughout the entire treatment process.

The Newport Academy clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist, and Dr. Michel Mennesson and Dr. Prakash Thomas, who are board-certified in Child and Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietitian, a Clinical Nutritionist, and Nurse Practitioner.

Accreditation, Licensure: *Virginia Department of Behavioral Health and Developmental Services; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; Independent Educational Consultant Association; International Association of Eating Disorder Professionals (IAEDP); National Association of Behavioral Healthcare (NABH)*

Newport Academy - Northern CA

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Joe Procopio **Admissions Contact:** Blake Kinsey **Academic Contact:** Ryan Fedoroff **Email:** admissions@newportacademy.com **Phone:** (866) 987-1088 **Fax:** (203) 586-1205 **Address:** 5 Maoli Dr San Rafael, CA 94903 **Website:** www.newportacademy.com	**Gender:** Coed - male and female only, as assigned at birth **Ages:** 12 - 18 **Grades:** 9 - 12 **Enrollment:** 12 **Duration:** 45 - 60 days **Founded:** 2008

NATSAP Member
Since: 2019

Airport: San Francisco Int'l (SFO)

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with mental health issues, eating disorders, and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, and comprehensive holistic programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of adolescents and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower teens and restore families.

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Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psycho-educatio nal, experiential, and process-oriented activities throughout the entire treatment process.

The Newport Academy clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist, and Dr. Michel Mennesson and Dr. Prakash Thomas, who are board-certified in Child and Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietitian, a Clinical Nutritionist, and Nurse Practitioner.

Accreditation, Licensure: *State of California Department of Social Services; Joint Commission*
Professional Affiliations: *NATSAP - Provisional Member*

Newport Academy - Washington State

(Residential Treatment Center)

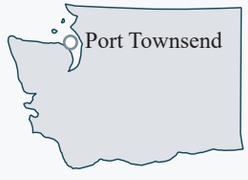
CONTACT

Executive Contact: Jamison Monroe
Admissions Contact: Blake Kinsey
Academic Contact: Ryan Fedoroff
Email: admissions@newportacademy.com
Phone: (866) 987-1088
Fax: (203) 586-1205
Address: 3804 Hastings Avenue West
Port Townsend, WA 98368
Website: www.newportacademy.com

NATSAP Member
Since: 2019

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 14 - 24
Grades: 9 - 12
Enrollment: 8
Duration: 45 days
Founded: 2008



Airport: Seattle/Tacoma International (SEA)

Newport Academy is a series of evidence-based healing centers for teens, young adults, and families struggling with mental health issues, eating disorders, and substance use disorders. With locations across the United States, Newport Academy offers a family-systems approach, providing gender-specific, individualized, and comprehensive holistic programs that encompass clinical therapy, academic support, and experiential practices. Offerings include residential treatment centers, Partial Hospitalization Programs, Intensive Outpatient Programs, and Therapeutic Day Schools. Newport Academy nurtures the physical, psychological, social, educational, and spiritual needs of adolescents and their families, from a foundation of compassionate care, clinical expertise, and unconditional love. Our primary mission is to empower teens and restore families.

Newport Academy focuses on healing the underlying causes of self-destructive behaviors through an integrated approach that includes CBT, DBT, EMDR, guided imagery, Motivational Interviewing, equine-assisted psychotherapy, art therapy, yoga, meditation, and other experiential and therapeutic modalities With a staff to resident ratio of five to one, we offer compassionate, attentive care. Treatment consists of a minimum of 30 hours of clinical and experiential therapy and 20 hours of academic study and counseling each week.

Newport Academy comes from a family-systems approach to healing. Families participate in a Parent Orientation, weekly individualized family therapy sessions, a Saturday Family Program, and a Parent Intensive. Sustainable healing at Newport Academy is about supporting the whole family, and we engage the family with psycho-educational, experiential, and process-oriented activities throughout the entire treatment process.

The Newport Academy clinical team is led by Dr. Barbara Nosal, PhD, licensed Marriage and Family Therapist, and Dr. Michel Mennesson and Dr. Prakash Thomas, who are board-certified in Child and Adolescent Psychiatry. The Newport Academy disordered eating program is led by a Registered Dietitian, a Clinical Nutritionist, and Nurse Practitioner.

Accreditation, Licensure, Approval: *Washington State Department of Health; Joint Commission*
Professional Affiliations: *NATSAP - Provisional Member*

Newport Institute

(Residential Treatment Center)

CONTACT

Executive Contact: Joe Procopio
Admissions Contact: Cassie Pastula
Email: admissions@newportacademy.com
Phone: (866) 603-4896
Address: 9881 Deerhaven Drive
Santa Ana, CA 92705
Website: www.newportacademy.com

NATSAP Member
Since: 2020

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 18 - 27
Grades: N/A
Enrollment: 30
Duration: 30 - 60 days
Founded: 2008

Airport: John Wayne Airport (JWA); Los Angeles Int'l Airport (LAX)

All Newport Institute homes are 6 bed, residential style treatment facilities providing services for Young Adults (ages 18-27), suffering from primary mental health disorders. We are located in both Northern and Southern California, in various affluent neighborhoods that offer safe and serene environments for our clients to heal and focus on their ailments. Our staffing ratio is approximately 3.38 staff to every 1 client, which provides us with the ability to offer the necessary amount of oversight and attention to each client individually. These staff include Psychiatrists, Nurse Practitioners, RN/LVNs, LMFT/LPCC/LCSWs, AMFT/APCCs, CADC-IIs, Care Coordinators, Teachers/Tutors, Culinary Staff, Intake specialists and discharge planners, facilities technicians, and housekeeping. We believe in the balance between the mind, body and spirit, and our holistic approach is designed to achieve that balance. Our service offerings include various therapeutic modalities including but not limited to; Attachment Based Family Therapy, CBT, DBT, Equine assisted EMDR, ACT, Somatic Experiencing, Relational Trauma Repair and many others. We also offer Kundalini Yoga, Equine Therapy, Adventure therapy, Music Therapy, Art Therapy, MMA, and more. Our teachers and tutors spend 10 hours per week working with clients on their academic/life goals which include; completing HS, completing/continuing college or college prep, trade/career evaluation, life skills development, aptitude testing etc. Our culinary teams work tirelessly to procure and produce foods that are natural and organic in nature with no processed ingredients, and that also are appetizing and delicious. Lastly, as we believe that family involvement in treatment is paramount to success, our program is designed to include the family heavily through Attachment Based Family Therapy and our Family Program.

Accreditation, Licensure: *State of California Department of Social Services; Joint Commission*
Professional Affiliations: *NATSAP - Provisional Member; International Association of Eating Disorder Professionals (IAEDP); National Alliance on Mental Illness (NAMI); National Association of Behavioral Healthcare (NABH)*

Northwest Passage - Riverside

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Kira Yanko **Admissions Contact:** Carey Lillehaug **Academic Contact:** Andy Flottum **Email:** CareyL@nwpltd.org **Phone:** (715) 866-8301 **Fax:** (715) 866-5163 **Address:** 7818 Moline Road Webster, WI 54893-8545 **Website:** www.nwpltd.org	**Gender:** Male, including transgender **Ages:** 12 - 17 **Grades:** 6 - 12 **Enrollment:** 26 **Duration:** 8 - 12+ months **Founded:** 1978

NATSAP Member Since: 2016

Airport: Minneapolis, MN (MSP)

Northwest Passage Riverside is an intensive therapeutic residential treatment program. The treatment experience of this program is designed to address each client's mental health issues while promoting the ability to live a therapeutic lifestyle. Treatment and programming are designed for clients with pervasive and complex issues including mood disorders, anxiety, ADHD, Autism Spectrum Disorder, developmental trauma, psychosis, maladaptive personality traits, significant social skills deficits, history of self-harm and/or suicidal ideation, and challenging behavioral issues.

The 70-acre Riverside campus is located along the Clam River in northwestern Wisconsin and offers a home-like environment with single bedrooms. The campus also has an indoor gymnasium, school, an expressive arts building (that includes a woodshop and pottery space), and an abundance of outdoor space, including a yurt along the banks of the river. Riverside clients enjoy many staff supervised off grounds activities including nature photography expeditions through our one-of-a-kind In a New Light programming – a nationally-recognized nature-based photography project.

Riverside uses integrated Dialectical Behavioral Therapy (DBT) within the clinical model. Clinical services include weekly individual, group, and family therapy. Family visits are incorporated into treatment in order to help clients and families practice communication and relationship skills learned in therapy. Riverside programming centers around the understanding that sustainable change occurs when our clients connect with their community, explore their identity, develop their passions, appreciate time in nature, attend to their relationships, discover effective recreation opportunities, learn healthy nutritional habits, and move their bodies.

Our accredited educational services help clients reconnect with their role as students and make academic progress. With only 26 beds, and clients living in homes of 8-9 kids each, Riverside offers a significantly individualized treatment experience for clients who have often either struggled to engage in previous services or for whom traditional outpatient services have been unsuccessful.

Accreditation, Licensure: *State of Wisconsin, Department of Children and Families; Cognia; Council on Accreditation (COA)*
Professional Affiliations: *NATSAP-Full Member; Wisconsin Association of Family and Children's Agencies (WAFCA)*

Northwest Passage Child & Adolescent Center / Prairieview Program

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Ellen Race **Admissions Contact:** Carey Lillehaug **Academic Contact:** Andy Flottum **Email:** CareyL@nwpltd.org **Phone:** (715) 327-4402 **Fax:** (883) 485-5163 **Address:** 203 United Way Dr. Frederic, WI 54837 **Website:** www.nwpltd.org	**Gender:** All Genders (non-binary) **Ages:** 6 - 18 in Assessment / 12 - 17 in Prairieview **Grades:** 1 - 12 **Enrollment:** 12 in Assessment and 16 in Prairieview **Duration:** 30-days in Assmt. / 3-12 months in Prairieview **Founded:** 1994

NATSAP Member Since: 2011

Airport: Minneapolis, MN (MSP)

Northwest Passage Assessment provides comprehensive clinical assessment for male and female clients, ages 6-18 and the Prairieview Program provides intensive residential mental health program serves females ages 12-17.

The programs are located in the same facility on the Frederic campus but have separate living, educational, and recreational areas. While an assessment is an appropriate first step for some, clients may also be admitted directly into Prairieview without attending the assessment program.

Assessment Overview:
Our interdisciplinary format of assessment includes focus on neuropsychological evaluation, family, psychiatric, educational and behavioral, health/medical and, when necessary, chemical health. Our assessments are completed in a highly integrated team model that is more intensely beneficial than traditional outpatient evaluation services. Our assessment generates a comprehensive clinical conceptualization and a dynamic treatment plan designed by the interdisciplinary team to address the needs of both the child and family.

Prairieview Overview:
Northwest Passage Prairieview provides a small group (three units of 8 girls each) therapeutic and skillbuilding experience. Prairieview addresses the need to increase self-esteem, develops healthy coping skills, promotes positive relationship-building and social skills, and encourages connections within the community. Emphasis is placed upon living a therapeutic lifestyle through nature, relaxation, nutrition, exercise, relationships, giving back, and individual spirituality.

Our treatment approach includes integrated Dialectical Behavioral Therapy (DBT), psychiatric services, expressive arts programming including our unique In a New Light photography project, equine-assisted therapy, and individual, group, and family therapy. Northwest Passage programs, including Prairieview, are capable of working with and managing the safety needs of many clients with chronic self-harm behaviors and suicidal ideation.

Prairieview utilizes many regional resources such as wooded areas for hiking, cross-country skiing, and camping, as well as the rivers and lakes for swimming and canoeing.

Accreditation, Licensure: *Licensed as a Residential Care Center by the State of Wisconsin; Dept. of Health and Family Services; Wisconsin Department of Public Instruction; Cognia; Council on Accreditation (COA)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; Wisconsin Association of Family and Children's Agencies (WAFCA)*

Novitas Academy
(Therapeutic Boarding School)

CONTACT

Executive Contact: Amee Hardy
Admissions Contact: Melissa Proctor
Academic Contact: Carleen Schnitker
Email: ameeh@novitasacademy.org
Phone: (208) 954-5085
Fax: (208) 473-7256
Address: 2627 N. Plaza Rd.
Emmett, ID 83617
Website: www.novitasacademy.org

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 28
Duration: 1 - 2 years
Founded: 2014

Airport: Boise Airport (BOI / KBOI)

Located on 26 acres of majestic river front property, Novitas Academy is a unique therapeutic boarding school for boys ages 14-18 and grades 9-12 accredited by Cognia. Novitas is a relationship-based program that strives to help our students build their self-esteem and self-confidence through discovering and nurturing their strengths, passions, and dreams.

Our program is designed to meet the needs of young men struggling with:

- ADHD
- Executive functioning deficits
- Learning differences
- Adoption issues
- Social skills challenges
- Relationship concerns
- Mild autism spectrum
- Lack of academic motivation
- Mild behavioral and emotional problems

Academically, Novitas uses a blended learning approach that consists of project-based learning, differentiated instruction, and individualization. The school meets students where they are and challenges them to form knowledge that they need to join higher education, vocational education, or entry to a job. Novitas offers credit recovery classes, career development local internships, and college and career preparation. Students also have the opportunity to attend a local professional technical academy which offers an array of hands on vocational training.

Therapeutically, each student has an on-campus therapist and is assigned a staff advocate. The boys receive individual, group, and family therapy each week in order to work on goals that help them become their best selves.

The mission is to provide students a safe, therapeutic, and nurturing learning environment in order to facilitate a successful transition into early adulthood. Students are inspired to believe in themselves, their dreams, and their visions. They are encouraged to be innovative, entrepreneurial, outside-the-box thinkers who pursue their interests and passions.

"With inspiration from the Ruler Approach, Anatomy of Peace, and modified Collaborative Problem Solving, in addition to the books Grit, Mindset, and David and Goliath, we have created a relational strength based program that inspires students to achieve their goals." says Dr. Andy Sapp, Founder & Owner of both Cherry Gulch and Novitas Academy.

Accreditation, Licensure: *State of Idaho Department of Health and Welfare; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; National Association of Private Special Education Centers (NAPSEC); Children and Adults with Attention Deficit Disorder (CHADD); Learning Disabilities Association of America (LDA)*

Onward Transitions, LLC
(Transitional Independent Living Program & Young Adult Program)

CONTACT

Executive Contact: Tracy Bailey
Admissions Contact: Tracy Bailey
Email: tracy@onwardtransitions.com
Phone: (207) 712-1181
Fax: (207) 221-6183
Address: 594 Congress St
Portland, ME 04104
Website: www.onwardtransitions.com

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 30
Grades: N/A
Enrollment: 15
Duration: 12 - 15 months
Founded: 2015

Airport: Portland International Jetport (PWM)

Onward Transitions in Portland, Maine, and Onward Transitions Online is a small, independent, owner-operated program for up to 15 bright, motivated, emerging adults in the final stages of learning to live on their own. OT supports actual sustainable independent living and autonomy from two city locations supplemented by or pivoted to 100% virtual accommodations when necessary due to COVID. Participants (members), ages 18-30, never live with us; they live in their own apartments throughout the city, selected according to personal preferences and resources. OT Online members participate with the entire community from ANYWHERE.

Members are curious, intelligent, kind, and motivated to live on their own. Common challenges include anxiety, depression, and/or executive functioning. OT provides weekly individual and group therapy, and family work by our full-time, on-site master's level therapists trained in ACT. The typical length of stay is 12-15 months. Our Neighbors service offers step-down support, when appropriate, for the member to stay connected with therapy and milieu.

Each member has their own individual schedule based on their commitments to work, learning, service, and Onward Transitions. While operating face to face, members gather for meals, therapy, coaching, and any of our 15 group offerings at two locations; the Pine House near the campus of USM, and The Hay, a historic suite of offices, and common areas in the Arts District of Portland. Both are easily accessible by public transportation. OT runs shuttles for members twice daily to program locations. When "shelter in place mandates" occur, all program pivots to 100% virtual OT Online.

Full-time coordinators for wellness, career/academic exploration, and community connection meet with members throughout the week. OT locations are open for drop-in visits or food prep, spontaneous gatherings, snacks, and camaraderie with other members and specially trained staff. Additionally, OT provides regularly scheduled apartment consults, drop-in access and brunch and dinner at the Pine House, and events and appointments at the Hay 6 days a week.

Please call for the lastest COVID program modifications.

Accreditation, Licensure: *State of Maine, Department of Professional and Financial Regulation; Office of Professional and Occupational Regulation - Board of Alcohol and Drug Counselors*
Professional Affiliations: *NATSAP - Associate Member; Young Adult Transition Association (YATA); Northern New England Collaborative*

Open Sky Wilderness Therapy

(Wilderness Therapy Program)

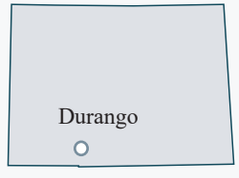
CONTACT

Executive Contact: Emily Fernandes
Admissions Contact: Tere Snodgrass
Academic Contact: Melia Snyder, Ph.D., LPC, REAT
Email: tere@openskywilderness.com
Phone: (970) 382-8181
Fax: (970) 382-9494
Address: P.O. Box 2201
Durango, CO 81302
Website: www.openskywilderness.com

NATSAP Member Since: 2006

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: Adolescents 13 - 28+
Grades: N/A
Enrollment: 62
Duration: Average 70 days
Founded: 2005



Airport: Durango, CO (DRO)

Open Sky's holistic wilderness program engages the transformational power of nature to strengthen relationships, foster growth, cultivate awareness, and develop overall health and wellness. Our unique approach combines traditional therapeutic approaches, naturopathic philosophy, innovative substance abuse treatment, whole foods nutrition, and healthy outdoor living for all of our students.

Open Sky works with male and female adolescents, ages 14-17, and male and female young adults, ages 18-28, in a separate adult program. Our clinicians effectively treat a variety of behavioral and emotional issues. The average group size at Open Sky is seven, to provide for a higher level of individualized care.

Open Sky is designed around developing physical, mental, emotional, and spiritual well-being. Students participate in yoga and meditation on a daily basis. Other opportunities for spiritual growth include ceremonies, solos, sweat lodges, and vision quests.

Our therapy utilizes the most current, proven methods for healing. Open Sky has a PhD-level Research Director who guides outcome studies on the effectiveness of our program and is well-versed in current trends in psychotherapy literature and adolescent treatment.

The comprehensive programming provided by our Family Services team supports the family systems approach employed by Open Sky. This is the centerpiece of the Open Sky experience and is integral to a student's success. Families participate in weekly therapeutic phone calls, weekly conference-call support groups, interactive webinar presentations, parent Wellness Weekends, and a field-based family reunion and graduation process at the conclusion of the program. Our customized Family Quest wilderness adventures support and actualize the parallel growth experienced by individual students and their families.

Open Sky Wilderness Mission Statement:
We inspire people to learn and live in a way that honors values and strengthens relationships.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; State of Colorado, Department of Human Services*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Healthcare Industry Council (OBHIC); Association for Experiential Education (AEE)*

outBACK Therapeutic Expeditions

(Wilderness Therapy Program)

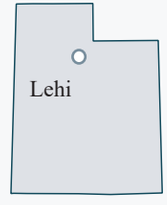
CONTACT

Executive Contact: McKay Deveraux, LCSW
Admissions Contact: Theresa Wardle, LCSW
Academic Contact:
Email: brbrown@outbacktreatment.com
Phone: (801) 766-3933
Fax: (801) 766-3932
Address: 50 N 200 E
Lehi, UT 84043
Website: www.outbacktreatment.com

NATSAP Member Since: 2002

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 13 - 17
Grades: 8 - 12
Enrollment: 42
Duration: 10 weeks
Founded: 2001



Airport: Salt Lake City, UT (SLC)

outBACK Therapeutic Expeditions is a highly effective, clinically informed treatment program dedicated to bringing families BACK together. Utilizing the wilderness as an alternative to traditional treatment settings, we guide students (13-17) and families in their process of reconnecting to Self, re-engaging with Family, and recommitting to Purpose. Our clinically sophisticated methods incorporate evidence-based psychological practices into an intentional program designed to yield the highest clinical value for students and families. Our assessment and evaluation systems combine the work of multiple therapists for each student enrolled at outBACK. Primary therapists who manage and oversee the treatment process for students are set up to delve deeper into the psycho-social-emotional challenges of their students due to the addition of Associate Therapists within group milieu. Associate Therapists are immersed in the group daily to teach/reinforce various clinical skills/workshops and work closely with Primary Therapists to provide additional layer of clinical insight. This model provides four times more therapy than typical wilderness programs and can provide much larger savings for parents seeking insurance reimbursement. In addition to this unique treatment design, a purpose-driven adventure therapy, focused on transition readiness, is integrated into the program and all families work with a dedicated family therapist on family-focused interventions.

We at outBACK, believe in maximizing the amount of information, instruction, and insight gained throughout treatment. We understand it is critical to utilize a strength-based approach without level systems and increase industry standards of clinical oversight throughout programming.

The range of emotional/behavioral challenges may include Depression, Anxiety, Trauma, Adoption/ Attachment Issues, Oppositional Defiance, Attention Deficit, Learning Differences, Digital/Media Addictions, ASD Level 1, Substance Use, and Family Conflict. Programming overview includes assigned Primary Therapist plus access to Associate Therapists for each student, individualized treatment planning, individual therapy, group therapy, flexible lengths of stay, daily group processing sessions, adventure therapy, mid-stay parent seminar/visit, weekly parent communication, and optional family expeditions.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Association of Experiential Education (AEE); Outdoor Behavioral Healthcare Council (OBHC); Cognia - Academic*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Healthcare Council (OBHC); Association for Experiential Education (AEE)*

Oxbow Academy
(Residential Treatment Center)

CONTACT

Executive Contact: Shawn Brooks
Admissions Contact: Tiffany Silva & Troy Abplanalp
Academic Contact: Cindy Lindsay
Email: tiffanys@oxbowacademy.net or troya@oxbowacademy.net
Phone: (855) 676-4272
Fax: (435) 436-9465
Address: 11479 East 15900 North Mt Pleasant, UT 84647
Website: www.oxbowacademy.net

NATSAP Member Since: 2007

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 12 - 18
Grades: 9 - 12 / College Prep
Enrollment: 52
Duration: 11 - 14 months
Founded: 2006

Airport: Salt Lake City, UT (SLC)

Oxbow Academy offers a specialized therapeutic environment for young men with sexual behavioral problems (SBP). SBP may present as excessive use of pornography, inappropriate touching, or other compulsive sexual behaviors.

The first phase of treatment is a consolidated 90-day evaluation at our Evaluation Center Campus. Students provide their therapists with a full sexual disclosure, which is validated using a clinical polygraph. After successful completion of the process, all relevant information is submitted to an independent, licensed psychologist chosen by the parents. Each participating psychologist specializes in adolescent psychosexual evaluations, including Sexual Behavioral Risk Assessment (SBRA). This independent assessment allows parents to receive an unbiased evaluation complete with treatment recommendations.

After completing the evaluation period, students who require sex-specific treatment will go to either our East or West Campus House. Both houses use the same experiential approach and provide compassionate therapeutic treatment. West Campus houses neurotypical students.

East Campus House is for students with developmental delays or disorders in addition to sexual issues.

These issues include:
Autism spectrum characteristics (ASD); Pervasive Developmental Disorder (PDD); Non-verbal Learning Disorder (NLD); Recognizing and decoding social cues

Founded on the experiential therapy model, our program encourages students to develop healthy relationships with peers and mentors while engaging in activities like equine therapy, art, and outdoor activities. Therapists are either certified or are becoming Certified Sexual Addiction Therapist (CSAT®). In addition, students receive instruction in core subjects from licensed, state-accredited teachers.

Among students, 50% have learning disabilities, 60% are adopted, and all possess a minimum IQ of 80. Because accountability is critical to recovery, Oxbow helps families navigate any mandatory reporting or legal issues that may result from their son's behavior. When needed, we have systems in place to communicate directly with the courts. Oxbow assists students in finding second chances. New Hope, New Help, No Secrets.©

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Joint Commission; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; International Institute for Trauma and Addiction Professional (IITAP); Society for the Advancementof Sexual Health (SASH); Certified Sex Addiction Therapist (CSAT®)*

Pacific Quest
(Young Adult Program)

CONTACT

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Address: 301 Kalanianole St. Hilo, HI 96720
Website: www.pacificquest.org

NATSAP Member Since: 2013

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 24
Grades: 9 - 12
Enrollment: 28
Duration: 60 - 90 days
Founded: 2004

Airport: Hilo International Airport

Pacific Quest at Reeds Bay is a clinically-innovative, outdoor therapeutic program for young adults (18-24) located on the Big Island of Hawaii. Over the past ten years, Pacific Quest has worked with young adults struggling in environments that allow them to make discoveries in safe, structured, experiential, and natural ways. Pacific Quest provides sustainable living skills for young adults through outdoor programming and offers a holistic, yet highly clinical approach to individualized treatment.

Life at Pacific Quest is a community-living experience, providing young adults opportunities to practice relevant and essential life skills. Pacific Quest provides a very structured environment with room to achieve individual goals and make personal choices. The program structure, curriculum, focus on wellness and the community-living environment, help to provide a solid foundation which fosters awareness and development. Owned and operated by a veteran team of professionals with hundreds of years of combined program experience, Pacific Quest offers a unique approach to treatment that is individualized for each student.

Accreditation, Licensure: *Cognia; State of Hawaii Department of Health*
Professional Affiliations: *NATSAP - Associate Member; NATSAP Research Designated Program (RDP) - GOLD*

PATH at Stone Summit Inc.

(Residential Treatment Center)

CONTACT

Executive Contact: April Stein, Ph.D.
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Danby, VT 05739
Website: www.pathatstonesummit.com

NATSAP Member
Since: 2019

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 30
Grades: N/A
Enrollment: 10
Duration: 6 months
Founded: 2015

Airport: Albany Int'l Airport (ALB)

PATH at Stone Summit is a small, 10-bed residential program located in the Green Mountains of Vermont. Our focus is on helping young adults transition from adolescence to adulthood. The program is psychodynamically based, offering individual therapy four times a week in the context of a homelike environment. Because most emerging adults struggle not only with self-understanding but also how to function effectively in their academics or burgeoning career, we also provide daily vocational counseling and skills-building groups.

PATH offers three phases to residents: First, mentalizing and exploring themselves in the context of their history and dynamics while building skills by working in our home and/or our small farm; second, once residents feel ready to practice these skills in a larger community, they begin working in our larger community while remaining in our residence and continuing therapy work. Our vocational counselor helps residents find volunteer jobs/internships, take college courses, or find paying positions within the community for approximately 10-15 hours per week; third, as residents feel more stable and comfortable in their outside activity, we work with them to transition out of the house and back into home, school, or community. The average stay at PATH is approximately six months.

Accreditation, Licensure: *State of Vermont, Agency of Human Services, Department of Disabilities, Aging and Independent Living, Division of Licensing and Protection*
Professional Affiliations: *NATSAP - Full Member*

Pine River Institute

(Residential Treatment Center - Substance Abuse & Therapeutic Boarding School)

CONTACT

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Address: 180 Dundas Street West, Suite 1410
Toronto, Ontario M5G 1Z8
Website: www.pineriverinstitute.com

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 19
Grades: 8 - 12
Enrollment: 36
Duration: 12 months average
Founded: 2001

Airport: Toronto, ON - International (YYZ)

Pine River Institute (PRI) is a not-for-profit residential treatment program for youth ages 13 to 19 struggling with addictive behaviours and frequently other mental health issues. Students can self-refer or be referred by parents, other family members, teachers, or health care professionals. Admission is voluntary. We offer continuous intake and variable length of stay. We have a 36-bed capacity, 29 beds funded by the Ontario Ministry of Health (for Ontario residents), and 7 private pay beds.

The staff team is comprised of experienced professionals including psychologists, social workers, addiction specialists, creative arts therapists, wilderness therapists, certified teachers, and child and youth care workers. We have a consulting MD who visits our campus bi-weekly. The student to staff ratio is 4:1.

We are an integrated family-centered program where wilderness, therapeutic, and academic elements come together in a unique treatment and education model. Every student, upon entering the program, spends 6-8 weeks in wilderness before moving to the residence treatment phase. Youth live and work in nature in groups of up to eight, with three staff. Our campus is situated about 60 miles northwest of Toronto. The residential program includes individual, group, and family therapy, expressive arts, athletics, recreation, outdoor education, community service, life skills, and traditional academic offerings.

Educational engagement is a key element of our program. We are staffed by certified teachers and an Educational Assistant from the Upper Grand District School Board. All students are working toward a Secondary School Diploma or Certificate or are enrolled in online post-secondary courses.

Another unique strength of Pine River Institute is our program evaluation and research strategy. We are committed to making a meaningful contribution to best practices knowledge. We are a member of the research consortium for NATSAP and serve on their Ethics Review Board.

Accreditation, Licensure, Approval: *Ontario Ministry of Health and Long-Term Care; Ontario Ministry of Education; Council on Accreditation (COA)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Association for Experiential Education (AEE); Addiction Mental Health Ontario (AMHO)*

Polaris Teen Center, LLC

(Residential Treatment Center)

CONTACT

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Address: 4981 Amigo Ave
Tarzana, CA 91356
Website: www.polaristeen.com

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 17
Grades: 8 - 12
Enrollment: 18
Duration: 45 days
Founded: 2014

Airport: Los Angeles International (LAX)

Polaris Teen Center is a residential treatment center providing girls and boys ages 13 to 17 with high quality clinical care. Given the complex and sensitive nature of the psychological, biological, and/or familial background of the clients we serve, we offer specialized treatment modalities in order to comprehensively treat behavioral, social, and emotional difficulties.

Each client attends at least three individual sessions a week with a licensed clinician. Each family member attends two family sessions (in person or via phone) per week with a licensed clinician. Each client also sees with a board certified adolescent psychiatrist for assessment and medication management when needed. Group therapy is offered multiple times a day and is either topical (healthy relationships, body image, life story), clinically focused (DBT, trauma focused) or experiential in nature (art, creative writing, music). We also offer a weekly family psycho education and process group. School is held five days per week, led by a credentialed teacher who ensures that each client is meeting his/her educational goals.

With an average length of stay of 45-60 days, the focus of the clinical work at Polaris is primarily psychiatric stabilization and improvement in functioning, so that the teen may successfully transition to the next phase of their recovery, be that a therapeutic boarding school, extended care, or outpatient setting.

We are able to accept some insurance plans that have out of network benefits for residential treatment. We are especially mindful of working with referral sources and outside providers in helping to create a solid plan for the next phase of recovery.

We provide adolescents with a safe haven for recovery, growth, and healing. Teen mental health issues can be caused by a variety of factors: trauma, biological predisposition, environmental factors at home or in school and so forth. We deeply understand the need for a thorough clinical evaluation and personalized treatment planning to ensure a successful long-term impact. Our clinically trained staff treats the whole person using customized, tailored strategies for teens struggling with depression, anxiety, bipolar, and other mood disorders. We also treat subsequent secondary destructive behaviors like self- harm, substance abuse, and eating disorders.

Accreditation, Licensure: *State of California, Department of Social Services, Community Care Licensing Division; Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

PRN for Families

(Outpatient/Non Residential)

CONTACT

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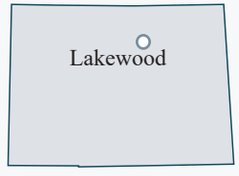
Phone: (888) 762-5973
Fax: (303) 941-1000
Address: 11949 W. Colfax Avenue
Lakewood, CO 80215
Website: www.prnforfamilies.com

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 10 +
Grades: N/A
Enrollment: 20
Duration: 120 days +
Founded: 2003



Airport: Denver, CO (DEN)

PRN's Preservation & Reunification Services provides intensive, in-home crisis intervention, family assessment, comprehensive planning, follow up, counseling, and life-skills for families who have children or teenagers who are out of control or at imminent risk of being separated from their family. Families are also serviced who require transitional or reunification services to safely reunite them with their children following an out-of-home placement. Tracks by PRN, provides customized services to young adults who are transitioning back into the community, a college living environment or an independent living situation. Using comprehensive wraparound services, our goal is to provide a seamless transition in order to empower the student as they reach this important milestone.

Accreditation, Licensure: *Joint Commission*
Professional Affiliations: *NATSAP - Full Member; California Consortium of Addiction Programs and Professionals (CCAPP); Association for Addiction Professionals; National Association of Social Work (NASW)*

Project Patch

(Residential Treatment Center)

CONTACT

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Fax: (360) 690-8498
Address: PO BOX 820209
Vancouver, WA 98682
(Business Office address. Program is located in Garden Valley, ID)
Website: www.projectpatch.org

NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17 (Girls must place before 17, boys before 17.5)
Grades: 6 - 12
Enrollment: 36
Duration: 6 - 12 months
Founded: 1984

Airport: Boise Airport (BOI)

Project Patch Youth Program is a licensed and accredited therapeutic residential treatment program and school which houses up to 36 residents ages 12 to 17. The Youth Program staff is comprised of 40 dedicated members, including a team of therapists who hold master's degrees and either an LCSW, LMFT, or MSW license, our psychiatric medication management provider, and our MD level medical director.

The Girls' Program focuses on helping young women struggling with depression, anxiety, and self-harming behaviors. The Boys' Program focuses on helping angry young men, who are isolating from help, addicted to technology, struggling with depression, and underperforming at school. Both programs help clients learn how to best build healthy relationships and set boundaries

All of our clients complete an intensive therapy program of Dialectical behavior therapy. Each client works with their therapist on a treatment plan, gaining the skills and healing necessary to return home safely to continue their development. Individual, group, and family therapy is provided by our team. Family visits and parenting weekends are core to our program. The Family Experience, a retreat for the entire family, is included within 12 months of graduation.

The accredited education program features licensed teachers who use an individualized dynamic learning system that helps students succeed where they may have failed in other environments.

Our beautiful 169-acre campus is nestled in a secluded valley surrounded by mountains and bordered by a scenic river in southern Idaho.

Project Patch accepts children regardless of creed, religion, gender, or race. Our faith-based ministry focuses on teaching teenagers their worth and value in the eyes of their Creator. While we are unable to accommodate individual religious practices other than those provided, all are respected.

We bill insurance and offer a sliding scale rate to those unable to afford residential treatment.

Accreditation, Licensure: *Joint Commission; State of Idaho, Department of Health and Welfare; Cognia; State of Idaho Board of Education*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER*

Red Mountain Sedona

(Transitional Independent Living Program)

CONTACT

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Sedona, AZ 86351
Website: www.redmountainsedona.com

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 28
Grades: N/A
Enrollment: 43
Duration: 8 - 10 months
Founded: 2014

Airport: Phoenix, AZ (PHX)

We work with young adults ages 18 and up, who are failing to gain traction in life due to behavioral and/or emotional challenges such as trauma, drug and alcohol abuse, poor life skills, emotional challenges (anxiety and depression), and compulsive behaviors. Our students may have completed previous treatment and are ready to launch into a full, rich life. Our students are willing to change from the inside out, engaging in a path of mindfulness, healthy relationships, community engagement, spiritual and emotional depth, and personal transformation.

Our students engage in a daily matrix of training the mind, body and spirit including mindfulness, martial arts, yoga, recovery work (12-Steps, SMART Recovery, etc.), life skills, therapy (individual, group, and family), and recreational activity. We help our students to find their joy, develop real-life skills to handle life on life's terms, and turn imagination into reality. We help them cease from harmful and immature behaviors, replacing these behaviors with healthier choices which instill wisdom competence, confidence, self-esteem, and determination.

Mindfulness is an ancient practice with cutting-edge connotations. Through the simple act of noticing-becoming mindful of habitual thoughts and patterns - students learn to interrupt their self-destructive patterns of thought and behavior, and re-wire the brain to pause before acting, and make better choices.

Our graduates embody our core values of Mindfulness, Safety, Compassion, Confidence, and Growth. They have established goals and are clear on how to reach them, are strong and healthy in mind, body, and spirit, have healed their interpersonal relationships, and are engaged in positive activities and choices on a daily basis.

Accreditation, Licensure: *Arizona Department of Health Services, Office of Behavioral Health Licensing*
Professional Affiliations: *NATSAP - Full Member; Better Business Bureau (BBB)*

Red Oak Recovery®

(Young Adult Program)

CONTACT

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Fax: (828) 683-4345
Address: 108 Executive Park
Asheville, NC 28801
Website: www.redoakrecovery.com

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 30
Grades: N/A
Enrollment: 32 (males); 20 (females)
Duration: 60 - 90 days
Founded: 2014

Airport: Asheville Regional Airport (AVL / KAVL)

Red Oak Recovery® is located in the pristine Blue Ridge Mountains just outside of Asheville, North Carolina. We specialize in the treatment of young adult men, ages 18-30, and are a clinically dynamic, trauma intensive substance abuse, and mental health treatment program. Inspiring transformation and self-exploration in a safe environment, we utilize the latest research-supported clinical modalities to ensure positive and lasting outcomes. Our focus is on clinical care and addressing issues in an integrated fashion to move towards healing of the entire person.

Our developmentally specific treatment methods take into account clients' unique stories, trauma history, gender challenges, substance abuse history, relapse triggers, and mental health issues. Our multi-credentialed (clinical addictions and mental health) master's level clinicians integrate research-based practices with complementary modalities to help clients honor themselves, recognize their self-worth, and pursue positive, lasting change.

Red Oak Recovery® focuses on the unique needs of young adult men that are impacted and recovering from trauma, substance abuse, and/or co-occurring disorders. Some of these include, but are not limited to, anger, low self-esteem, anxiety, depression, and social and emotional development. Our young adult men's program helps to begin building the steps to be successful in long-term recovery, become more self-sufficient, identify triggers that can lead to relapse, build healthy relationships, and learn positive coping skills. Our focus is on clinically sophisticated care as the result of blending our extensive experience, current research, and proven clinical modalities. In addition to individual therapy, we incorporate group therapy, psycho-education, adventure and experiential therapy, nutritional counseling, and community and relationship building in our program to develop lasting change on an emotional and spiritual level.

Accreditation, Licensure: *State of North Carolina, Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF)*
Professional Affiliations: *NATSAP - Full Member, NATSAP Research Designated Program (RDP) - GOLD*

RedCliff Ascent

(Wilderness Therapy Program)

CONTACT

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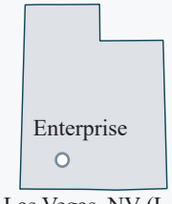
Address: 709 E W Main St
Enterprise, UT 84725
Website: www.redcliffascent.com

NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 17
Grades: 6 - 12
Enrollment: 35
Duration: 80 days
Founded: 1993



Airport: Las Vegas, NV (LAS), Saint George, UT (SGU

Founded in 1993, RedCliff Ascent has set the standards for effective therapeutic wilderness treatment program for adolescents with emotional and behavioral struggles for over 25 years. RedCliff Ascent is the optimal treatment environment for adolescents who have been unsuccessful in traditional treatment settings and who are struggling to manage their life in an age-appropriate way.

RedCliff Ascent therapists, all PhD and Masters level clinicians, provide treatment using an Integrated Care Model which looks at more than just the diagnosis of the adolescent. Integrated Care treats the entire individual including their emotional, physical, relational, and academic wellbeing. This approach is ideal as it prepares an adolescent for their future after wilderness therapy.

RedCliff utilizes the wilderness to disrupt dysfunctional patterns that have impeded relationships and maturity. Our approach encourages a child to develop appropriate relationships and coping skills through accomplishment and competency. The qualified and professional Field Guides at RedCliff plant the seeds of social and emotional success during one-on-one sessions, group activities, and by example and mentoring. True to traditional wilderness therapy, these seeds are nourished through hiking, experiential education and adventure, and providing the opportunity for physical, social, and emotional growth.

Enrollment at RedCliff Ascent is open-ended. Because the program is achievement based, length of stay will vary from student to student. Clinical and operational functions are directed by one of the most veteran on-site management teams in the industry.

RedCliff is licensed by the State of Utah to provide a therapeutic wilderness experience for adolescents, ages 13-17. Our sister program, Medicine Wheel, treats young adults ages 18 and up.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Association for Experiential Education (AEE); Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD*

River Stones
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE

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Redlands, CA 92373
Website: www.riverstones.org

Gender: Male Only, as assigned at birth
Ages: 11 - 17
Grades: 6 - 12
Enrollment: 12
Duration: 30 - 120 days
Founded: 2000

NATSAP Member
Since: 2020

Airport: San Bernardino, CA (SBD)

River Stones is a highly sought after residential treatment program located in Southern California in the quaint city of Redlands. River Stones treats boys ages 11-17 struggling with mental health, behavioral, and substance abuse issues. For the past 20 years River Stones has effectively and efficiently delivered high quality mental health treatment to teens and their families with excellent results. Our reputation has been built on providing innovative treatments that are evidence based, steeped in best practices, and deliver positive outcomes in a loving, home-like setting. River Stones has a relentless pursuit to create and discover innovative strategies to better the lives of youth and families. Our interventions have been reviewed and tested by top schools including Pomona College and University of California Irvine and published in industry journals. We understand how painful mental health issues can be for families, and we are committed to helping alleviate and heal that pain so that families can get back to enjoying one another.

Our highly qualified team of professionals include: Psychiatrists, Psychologists, Marriage and Family Therapists, Clinical Social Workers, nurses, recreational therapists, and youth development specialists. Our experienced clinical team engages families and kids that struggle with a variety of issues and diagnoses such as:

- Attention Deficit/Hyperactivity Disorder
- Depression
- Lack of Motivation
- Anxiety
- Post Traumatic Stress Disorder
- Trauma
- Sexual Abuse
- Physical Abuse
- Oppositional Defiant Disorder
- Reactive Attachment Disorder
- Tech/gaming Dependence
- Family Discord

Our clinical team members are not only competent, they are loving, compassionate and deeply care about progress of your child and the happiness of your family. Hundreds have families have entrusted their children to our care over the past 20 years with life changing results.

Accreditation, Licensure: *Commission on Accreditation of Rehabilitation Facilities (CARF); Community Care Licensing, Division of California, Department of Social Services*
Professional Affiliations: *NATSAP - Provisional Member*

Sandhill Center
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE

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Address: 15 Jemez Drive
Los Lunas, NM 87031
Website: www.sandhillcenter.org

Gender: Coed - male and female only, as assigned at birth
Ages: 5 - 13 upon admission
Grades: K - 8
Enrollment: 32
Duration: 18 months
Founded: 2004

NATSAP Member
Since: 2015

Airport: Albuquerque Airport (ABQ)

Sandhill Center treats children, ages 5 to 14, with a variety of diagnoses. The common denominator amongst all the children at Sandhill is significant emotional dysregulation impacting their ability to function at home, in school, or in their communities. Many of the children that come to Sandhill have been diagnosed with the following: Autism Spectrum Disorder, Mood Disorder, Anxiety, Reactive Attachment Disorder, ADHD, and Oppositional Defiant Disorder. They may exhibit poor social skills, social withdrawal, difficulties in peer relationships, impaired judgment, impulsivity, poor anger management, mild to moderate aggression, lying, and stealing to mention just some of the problem behaviors.

Our holistic approach addresses a child's needs on all levels by integrating our treatment philosophy into every aspect of a child's day and creating a therapeutic web. This is done in a relationally-based, clinical approach that is grounded in the Neurosequential Model of Therapeutics (NMT) developed by Bruce Perry, M.D., Ph.D. and The Child Trauma Academy in Houston, Texas. Our individualized approach uses a variety of interventions designed to target the disorganized areas of the brain and develop capacities needed to improve functioning. Understanding the holistic approach, using exercise, diet, animal assisted therapies, individual therapy, family therapy, while incorporating somatosensory interventions keeps us at the forefront of treatment. Students attend the small private school, Del Rio Academy, that works closely to ensure each child's varied academic needs are met, while incorporating the important therapeutic interventions to improve learning readiness.

Accreditation, Licensure: *State of New Mexico Children, Youth, and Families Department*
Professional Affiliations: *NATSAP - Full Member*

ScenicView Academy
(Transitional Independent Living Program)

CONTACT	PROGRAM OUTLINE

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Admissions Contact: Alex Johnson
Academic Contact: Jared Stewart
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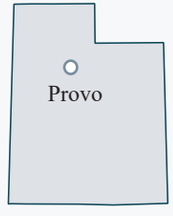
Fax: (801) 226-8298
Address: 5455 N River Run Drive
Provo, UT 84604
Website: www.svacademy.org

Gender: All Genders (non-binary)
Ages: 18 - mid 30's
Grades: N/A
Enrollment: 54
Duration: 2 - 3 years
Founded: 2001



NATSAP Member
Since: 2018

Airport: Salt Lake City, UT (SLC)

Located at the mouth of Provo Canyon, in Provo, Utah, ScenicView Academy is a nationally recognized nonprofit school for adults with autism spectrum disorders and learning disabilities. Through residential and day programming, we empower young adults with skills for an independent, productive, and fulfilling life.

The student population at ScenicView is 60% male, 40% female, and ranges from age 18-32. Each student is given an opportunity to personalize ScenicView's curriculum to their own independent living goals. The length of the program varies, for each student, but generally last between 18 months and 3 years.

ScenicView teaches independent living skills in a variety of settings, including residential, vocational, and academic milieu. The program emphasizes skill acquisition in the following areas:

- Executive Functioning
- Self-Regulation
- Speech & Communication
- Openness to learn
- Job readiness
- Employment
- Functional Academics
- Outside Education
- Personal Care
- Housing
- Transportation
- Money Management
- Benefit Management
- Relationships
- Health & Fitness
- Leisure

To provide support, and with regard to the population ScenicView Academy serves, individual, family, and group therapy are offered as a service to all student. Focusing on executive functioning and self-regulation, as well as openness to learn, therapists allow for students to explore independence in a safe and productive manner. In addition to therapy, each student is assigned a Service Coordinator, who functions as a guide to help students develop and reach for their goals for increased independence.

Scenic View Academy Mission: We empower young adults on the autism spectrum and those with other learning differences with skills for an independent, productive, and fulfilling life.

Accreditation, Licensure: *State of Utah, Department of Human Services, Office of Licensing; National Commission for the Accreditation of Special Education Services*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE; National Association of Private Special Education Centers (NAPSEC)*

Second Nature Wilderness Family Therapy, LLC
(Wilderness Therapy Program)

CONTACT	PROGRAM OUTLINE

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Fax: (435) 738-2046
Address: 382 W. Main Street
Duchesne, UT 84021
Website: www.second-nature.com

Gender: All Gender (non-binary)
Ages: 13 - 17
Grades: 9 - 12
Enrollment: 80
Duration: 1 - 3 months
Founded: 1998

NATSAP Member
Since: 1999

Airport: Salt Lake City, UT (SLC)

Founded in 1998, Second Nature Uintas is a licensed treatment program for adolescents in Utah. Located two hours east of Salt Lake City, Second Nature Uintas provides sophisticated clinical treatment in an outdoor setting and uses the wilderness to create an intensive initial impact, identify coping skills, teach accountability and communication skills, develop healthy emotional and behavioral habits, and improve relationships.

Second Nature Uintas works with adolescents age 13-17 who struggle with mental health issues, trauma, behavioral problems, developmental issues, oppositional defiance, substance abuse/dependence, learning disabilities, academic issues, attachment issues, and relational difficulties. Treatment plans are individualized and include flexible lengths of stay, single gender groups, daily group therapy, and individualized therapy sessions with doctorate level therapists. A psychiatrist is available for students in need of medication management.

Family support is critical to the program. Second Nature's parent program teach new skills to help support growth and provides families with personal support through weekly phone calls with the therapists, field visits or parent/child phone calls, alumni parents mentors, multi-day workshops, support groups, and comprehensive online resources. Parents, therapists and consultants work together in planning aftercare.

Students enrolled in the program may experience difficulties in school as a symptom of their struggles; therefore an academic component is critical as part of treatment plan. Students are provided a curriculum packet, which contains a carefully tailored academic curriculum accredited by Cognia. Science, English, P.E., and Psychology credits contextually based in the wilderness experience. Lessons are created to continue the child's education and challenge the student to develop skills for academic and classroom success. Students receive academic credits for completed coursework.

Safety is our number one priority and Second Uintas has an outstanding safety record. Each group is comprised of highly trained field instructors and staff-to-student ratios exceeds state requirements.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE*

Sedona Sky Academy

(Residential Treatment Center)

CONTACT

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Academic Contact: Jason Metzger
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Address: 3095 Coronado Trail
Rimrock, AZ 86335
Website: www.sedonasky.org

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Female, including transgender
Ages: 11 - 17
Grades: 8 - 12
Enrollment: 50
Duration: 10 - 12 months average
Founded: 2014

Airport: Phoenix, AZ (PHX)

Sedona Sky Academy is a specialized school, serving middle school girls ages 11-14 and high school girls ages 14-18, who may be struggling with a variety of issues that have previously limited their success.

We are unique in that we offer the best features of both therapeutic boarding schools and residential treatment centers. We provide high quality, evidence-based clinical services, top-notch college preparatory academics, a unique full array of expressive, performing and experiential arts, and a low staff to student ratio, all within a warm, nurturing, and healthy living ennvironment.

The Sedona Sky mission is to meet students “Where they are,” helping them heal the past and rebuild new and healthy pathways with their families. In this regard, we hold firmly to the core beliefs that each student is unique, powerful, and has a bright future ahead of them. We utilize a strength-based approach, reconnecting our students to their passions and interests. We teach self-advocacy and help our students learn to make healthy lifelong choices.

We focus on four important tenants:

We are relational. This means that our staff is focused on building healthy relationships and working as strong mentors, demonstrating boundaries with care and consistency.

We are intentional. Every program component, every class offering, every activity is specifically planned and designed to bring our students to the ultimate aim of healing the past and creating a hopeful future.

We are developmental. We are aware of and understand the developmental needs of teenage girls to belong to a community that accepts them, cares for them, and holds them accountable for their actions, ultimately helping them make healthy choices and build self-esteem and self-care.

We are experiential. We know that teenagers learn not only by reading, listening to lectures, and taking notes, but also by being actively involved with all five senses for maximizing learning.

Accreditation, Licensure: *Arizona Department of Health Services; Joint Commission; Student and Exchange Visitor Information System (SEVIS); National Independent Private School Association (NIPSA); Cognia*
Professional Affiliations: *NATSAP - Full Member*

Shelterwood Academy

(Residential Treatment Center - Substance Abuse)

CONTACT

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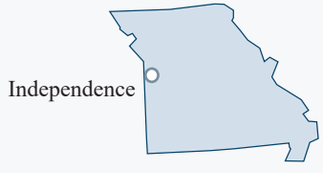
Address: 3205 N. Twyman Rd.
Independence, MO 64058-3211
Website: www.shelterwood.org

NATSAP Member
Since: 2013

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 13 - 21
Grades: 7 - 12
Enrollment: 65
Duration: 7+ months
Founded: 1980



Airport: Kansas City International (KCI)

Shelterwood is a fully accredited therapeutic boarding school on 200 acres of beautiful rolling hills in Missouri. We provide the kind of respite and care that parents recommend to friends and students rave about years later. With almost a one-to-one staff to student ratio, we are able to provide the individual attention that struggling teens require. Shelterwood provides a therapeutic environment for those who are experiencing emotional, behavioral or academic problems. These behaviors are typically mild to moderately severe and include depression, manipulation, anxiety, grief, substance misuse, conflict with authority, and learning difficulties.

Whether we are in the classroom, playing in our spacious gymnasium, supporting each other on our ropes course, working alongside one another on a community service project, or saddling up a horse and riding together, our staff helps teens look beneath outward behaviors and uncover the pain that limits their progress. We believe that there is hope found in Jesus and with internal change, teens often experience real freedom.

Our school is ideally suited to ensure teens also receive a top-notch accredited education while they are rebuilding their lives. From our science and computer labs, to our swimming pool, tennis courts and dorm lounges, our students have opportunities to explore, and expand their various talents in a nurturing environment. Research has proven that youth who attend Shelterwood improve significantly in terms of behavior, family relations, social values, and school grades.

Our unified treatment approach includes:
• Multi-Disciplinary assessment
• Individual growth and re-entry support plans
• Individual, group, and family counseling
• Cognitive behavioral brain function, art, recreation, and sand tray therapies
• Equine, vocational, life skills, outdoor recreation, & positive peer culture programming
• Medication management
• Spiritual retreats and service trips
• Family therapeutic retreats

Accreditation, Licensure: *Cognia; State of Missouri, Department of Social Services Childrens Division; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Evangelical Council for Financial Accountability (ECEA); American Association of Christian Counselors; Independent Education Consultants Association (IECA)*

Shepherd's Hill Academy
(Therapeutic Boarding School)

CONTACT

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Address: 2200 Price Road
Martin, GA 30557
Website: www.shepherdshillacademy.org

NATSAP Member
Since: 2014

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17
Grades: 7 - 12
Enrollment: 36
Duration: 1 year
Founded: 2001

Airport: Atlanta International (ATL), Greenville-Spartanburg (GSP)

Shepherd's Hill Academy (SHA) is a nature-based, therapeutic boarding school. Our 12-month program provides a 5-to-1 student-to-staff ratio for teen boys and girls ages 12-17. Our gender-separate programs each have a maximum capacity of 18 students. A unique faith-based approach and authoritative community provide an unplugged environment to foster healthy relationships, promote identity formation, and work through the challenges of life.

SHA bolsters a fully accredited academy dedicated to helping teens develop a positive and successful future by offering a quality college preparatory education as well as college and career counseling. Our small class sizes enable teachers to give students individual attention during the instructional day.

Our direct care staff receives over forty hours of training in their field annually. Such training includes de-escalation techniques, safety interventions, and emotional support methods. Staff also receive training in our unique eight-step approach to relationships through our Relationship Model, exclusive to SHA.

Therapy at SHA is holistically-focused and empirically-based. Our team of licensed clinicians creates an accepting environment delivering weekly individual, group, and equine relationship therapy. Individualized treatment plans are developed for each family. SHA also addresses issues of spirituality as they pertain to each individual.

Our therapists provide personalized care by addressing issues such as abandonment, trauma, Depressive Disorders, Bipolar Disorders, Anxiety Disorders, PTSD, Reactive Attachment Disorder, Substance Abuse Disorders, and other concerns by utilizing evidence-based modalities including CBT, DBT, Mindfulness, Family Systems Therapy, creative art, and expressive therapies, sand tray, and addiction recovery treatment.

During their time at SHA, teens also work toward core life skills. Youth engage in peer accountability, tending livestock, gardening, and building wilderness shelters. SHA facilitates biannual parent conferences and monthly parent workshops where families are able to work toward familial goals and encourage transformation and reconciliation within the family system.

Accreditation, Licensure: State of *Georgia, Department of Human Services, Outdoor Child Caring Programs; Georgia Accrediting Commission*
Professional Affiliations: *NATSAP - Full Member; American Association of Christian Schools (AACS); Georgia Association of Christian Schools (GACS); American Association of Christian Counselors (AACC)*

Shortridge Academy
(Therapeutic Boarding School)

CONTACT

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Address: 619 Governors Rd
Milton, NH 03851
Website: www.shortridgeacademy.com

NATSAP Member
Since: 2013

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 45
Duration: 10 - 14 months
Founded: 2002

Airport: Manchester, NH (MHT)

Guided by a Positive Youth Development (PYD) perspective, Shortridge Academy provides a therapeutically supportive and inspiring educational community. We support the cognitive, emotional and social development of bright yet struggling adolescents by utilizing clearly defined, goal-directed plans, evidenced-based strategies, and an accredited college preparatory academic curriculum, We accomplish our Mission through sustained review and application of best practices while embracing the "Six C's" of Positive Youth Development (Competence, Confidence, Connection, Character, Caring, and Contribution) in everything we do. Grounded in the authoritative parenting style, our approach allows us to fully engage our students and their individual strengths. Shortridge Academy utilizes well-trained and supervised staff, and positive peer influence to promote emotional healing, fulfillment of academic potential, character building, improved family relations, and the development of interpersonal, and decision-making skills. Individualized Positive Development Plans systematically developed by clinicians, teachers, and parents build on the strengths of each student and guide the use of programmatic, academic, and therapeutic strategies and activities from an authoritative, partnership-based perspective.

In addition to a year-round academic curriculum and schedule, programming includes weekly individual, group, and family counseling. Recreational activities and clubs include skiing,climbing, surfing, hiking, fencing, mountain biking, and various sports. Students also regularly go to the gym, movies, bowling, and other regional activities and events. On-campus activities include a full music studio, photography with dark room, mountain bike shop, hiking/snowshoeing, ice skating, and more. Community service programming includes volunteering opportunities in the local area.

Accreditation, Licensure: *State of New Hampshire, Department of Health and Human Services; New England Association of Schools and Colleges (NEAS&C); New Hampshire Department of Education*
Professional Affiliations: *NATSAP - Full Member*

Skyland Trail

(Residential Treatment Center & Young Adult Program)

CONTACT

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Atlanta, GA 30329
Website: www.skylandtrail.org

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18+
Grades: N/A
Enrollment: 32
Duration: 3 - 6 months
Founded: 1989

Airport: Atlanta, GA (ATL)

Located in Atlanta, Skyland Trail is a nationally recognized nonprofit mental health treatment organization offering primary psychiatric residential and day treatment programs for adults ages 18 and adolescents. Our adult and adolescent residential programs are open during the COVID-19 pandemic; a negative PCR test is required prior to admission.

Our adult program treats adults ages 18 and older with bipolar illness, major depression, schizophrenia, anxiety disorders, and borderline personality disorder. A dual diagnosis program helps clients with a co-occurring substance use disorder, and a specialized program helps young adults navigate their first episode of psychosis. Our evidence-based mental health treatment teams include young adults with first episode psychosis, cognitive behavioral therapy (CBT), and dialectical behavior therapy (DBT). The Rollins Campus provides a specialized residential treatment environment with private rooms for young adults ages 18 to 25. During the COVID-19 pandemic, young adult clients admit to a precautionary facility at South Campus before integrating into the residential community at Rollins Campus.

Our adolescent program treats teens ages 14 to 17 with major depression, bipolar illness, and anxiety disorders. The residential program provides evidence-based psychiatric treatment, experiential therapy, educational support, and family programming. The continuum of care includes day treatment and IOP as step down programs. The J. Rex Fuqua Campus is home to our adolescent program and offers private client rooms and bedrooms, therapeutic and educational spaces, and outdoor recreational areas.

Our holistic treatment model integrates strategies to help clients improve mental health, physical wellness, social relationships, and school or career success. We work in partnership with clients to create individualized mental health treatment plans that meet their psychiatric needs. Our evidence-based treatment model has earned The Gold Seal of Approval from the Joint Commission since 1995.

Accreditation, Licensure: *Joint Commission; State of Georgia, Department of Human Resources*
Professional Affiliations: *NATSAP - Provisional Member; Behavioral Health Services Coalition (BHSC); Employee Assistance Professional Association (EAPA); Metro Atlanta Therapeutic Network (MATN); National Alliance on Mental Health (NAMH); American Residential Treatment Association (ARTA)*

Skyland Trail - Adolescent

(Residential Treatment Center)

CONTACT

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NATSAP Member
Since: 2020

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 14 - 17
Grades: N/A
Enrollment: 6
Duration: 80 days
Founded: 1989

Airport: Atlanta, GA (ATL)

Located in Atlanta, Skyland Trail is a nationally recognized nonprofit mental health treatment organization offering primary psychiatric residential and day treatment programs for adults ages 18 and adolescents. Our adult and adolescent residential programs are open during the COVID-19 pandemic; a negative PCR test is required prior to admission.

Our adult program treats adults ages 18 and older with bipolar illness, major depression, schizophrenia, anxiety disorders, and borderline personality disorder. A dual diagnosis program helps clients with a co-occurring substance use disorder, and a specialized program helps young adults navigate their first episode of psychosis. Our evidence-based mental health treatment teams include young adults with first episode psychosis, cognitive behavioral therapy (CBT), and dialectical behavior therapy (DBT). The Rollins Campus provides a specialized residential treatment environment with private rooms for young adults ages 18 to 25. During the COVID-19 pandemic, young adult clients admit to a precautionary facility at South Campus before integrating into the residential community at Rollins Campus.

Our adolescent program treats teens ages 14 to 17 with major depression, bipolar illness, and anxiety disorders. The residential program provides evidence-based psychiatric treatment, experiential therapy, educational support, and family programming. The continuum of care includes day treatment and IOP as step down programs. The J. Rex Fuqua Campus is home to our adolescent program and offers private client rooms and bedrooms, therapeutic and educational spaces, and outdoor recreational areas.

Our holistic treatment model integrates strategies to help clients improve mental health, physical wellness, social relationships, and school or career success. We work in partnership with clients to create individualized mental health treatment plans that meet their psychiatric needs. Our evidence-based treatment model has earned The Gold Seal of Approval from the Joint Commission since 1995.

Accreditation, Licensure: *Joint Commission; State of Georgia, Department of Human Resources*
Professional Affiliations: *NATSAP - Provisional Member; Behavioral Health Services Coalition (BHSC); Employee Assistance Professional Association (EAPA); Metro Atlanta Therapeutic Network (MATN); National Alliance on Mental Health (NAMH); American Residential Treatment Association (ARTA)*

Solstice East
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE

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Weaverville, NC 28787
Website: www.solsticeeast.com

Gender: Female, including transgender
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 48
Duration: 8 - 12 months
Founded: 2012

NATSAP Member
Since: 2015

Airport: Asheville Regional (AVL), Charlotte, NC (CLT), Greenville/Spartanburg (GSP)

Solstice East is a clinically sophisticated residential treatment center for female and transidentified students between the ages of 14 and 18 and utilizes a combination of cognitive behavioral, family systems, and experiential therapies. Solstice East specializes in trauma, attachment, and loss. Our secondary clinical focus is on addictions, including process addictions and substance abuse. Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal Hero's Journey, creating an environment conducive to healing from trauma of all varieties (i.e. loss, abuse, PTSD, bullying, and other traumatic experiences).

Solstice East is a 60-bed facility, located in Weaverville, NC. Solstice East is licensed through NC Department of Health and Human Services, as well as accredited by CARF. The school is accredited by Cognia, allowing school credit to transfer to any school or college in the country. Academic classes (provided on campus) are taught in a conventional classroom setting by certified secondary education and special education teachers. Our school is certified by SEVIS through the US Department of Homeland Security, allowing us to accept international students.

Each week our students receive 3 hours of individual/family therapy and another 15+ hours or group therapy and experiential interventions (including Trauma-Focused Equine Assisted Therapy (TF-EAP), DBT, and other specialty groups), all guided by multidisciplinary treatment team made up of our Master's and Ph.D.-level therapists; psychiatrists; nursing; academic and residential staff; and the student's parent(s). Common focuses for the students include:

• Trauma and Loss • Depression • Anxiety • Addiction and Substance Abuse • Eating Disorders • Self-Harm • Suicidal Ideation • ADD/ADHD • Adoption and Attachment Issues • Family Conflict • Academic Problems • Processing Difficulties • Social Anxieties • Emotional Distress

Solstice East also emphasizes physical fitness and adventure-based therapy, with daily workouts and weekly off-campus activities including: mountain biking, canoeing, camping, hiking, whitewater rafting, and more!

Accreditation, Licensure: *State of North Carolina, Department of Health and Human Services; Cognia; Commission on Accreditation of Rehabilitation Facilities (CARF); Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member*

Solstice West RTC
(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE

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Address: 1904 W. Gordon Ave.
Layton, UT 84041
Website: www.solsticertc.com

Gender: Female Only, as assigned at birth
Ages: 14 - 18
Grades: 9 - 12
Enrollment: 44
Duration: 12 months
Founded: 2008

NATSAP Member
Since: 2009

Airport: Salt Lake City, UT (SLC)

Solstice West is a clinically sophisticated residential treatment center for female and transmale students between the ages of 14 and 18 and utilizes a combination of cognitive-behavioral, family systems, and experiential therapies. Solstice West specializes in trauma, attachment, and loss. Our secondary clinical focus is on addictions, including process addictions and substance abuse. Our relationship-based approach emphasizes high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal Hero's Journey, creating an environment conducive to healing from trauma of all varieties (i.e. loss, abuse, PTSD, bullying, and other traumatic experiences).

Solstice West is a 44-bed facility, located in Layton UT. Solstice West is licensed through the State of Utah Department of Human Services. The school is accredited by Cognia, allowing school credit to transfer to any school or college in the country. Academic classes (provided on campus) are taught in a conventional classroom setting by certified secondary education and special education teachers. Our school is certified by SEVIS through the US Department of Homeland Security, allowing us to accept international students.

Each week our students receive 3 hours of individual/family therapy and another 12+ hours or group therapy and experiential interventions (including Trauma-Focused Equine Assisted Therapy (TF-EAP), DBT, and other specialty groups), all guided by multidisciplinary treatment team made up of our Master's and Ph.D.-level therapists; psychiatrists; nursing; academic and residential staff; and the student's parent(s). Common focuses for the students include:

• Trauma and Loss • Depression • Anxiety • Addiction and Substance Abuse • Eating Disorders
• Self-Harm • Suicidal Ideation • ADD/ADHD • Adoption and Attachment Issues • Family Conflict
• Academic Problems • Processing Difficulties • Social Anxieties • Emotional Distress

Solstice West also emphasizes physical fitness and adventure-based therapy, with daily workouts and weekly off-campus activities including: mountain biking, canoeing, camping, hiking, whitewater rafting, and more!

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia*
Professional Affiliations: *NATSAP - Full Member, Non Public Schools (NPS)*

Sonia Shankman Orthogenic School

(Residential Treatment Center)

CONTACT

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Chicago, IL 60637
Website: www.oschool.org

NATSAP Member
Since: 2011

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 5 - 21
Grades: K - 12
Enrollment: 120
Duration: 12 - 18 months
Founded: 1915

Airport: O'Hare International, (ORD); Chicago Midway Int'l Airport (MDW)

Continuing nearly a century of tradition, we at the Orthogenic School - also referred to as the O-School - continue to provide the highest quality of care and education to a maximum of 42 students in our Residential Program and an additional 36 students in our Therapeutic Day School. The O-School distinguishes itself by providing individualized attention to the unique needs of all children who pass through our "Yellow Door." We provide intensive therapeutic milieu treatment for children and adolescents, ages 5 through 21, who struggle with severe emotional challenges and/or high-functioning autism disorders. Our student population is co-ed, regardless of age group, and students arrive from diverse backgrounds. We welcome all sexual orientations and gender identities. We provide a comfortable and nurturing family-like environment staffed by a talented, devoted, and well-educated, multidisciplinary team of professionals. Individual, group, and family therapies are key components of our therapeutic regimen. The culture modeled by our staff allows children to develop healthy and meaningful relationships. We offer a path to hope and achievement as students move toward becoming healthy, happy, productive, and independent young adults. And we help children feel emotionally strong, socially connected, successful in school, and optimistic about their futures.

O-School's success rests on striking a balance between providing supportive residential treatment intervention and offering a strong academic program. Our residential staff members are clinically educated and highly trained. Our direct care staff holds bachelor's degrees or higher, supervisor and managers have master's degrees, and most are clinically licensed. In addition, each student receives regularly scheduled individual, group, and family psychotherapy. We prepare students to succeed educationally and socially so they can return to their local school programs, attend less restrictive therapeutic boarding schools, or transition to post-high school education. At the O-School, we offer departmentalized and college preparatory classes for high school, junior high, and elementary students. Each classroom has the benefit of licensed educators, content area expertise, and instructional technologies. Our curriculum combines strategies for diverse learners with ambitious learning standards, and our consistently low student-to-instructor ratios enable departmentalized instruction across a wide array of content areas. Founded in 1915, our time-tested and well-functioning residential milieu promotes individual autonomy while building a strong sense of community. With the help of our nursing staff, board certified and nationally recognized experts provide quality psychiatric and medical services.

Accreditation, Licensure: *Illinois, Department of Children and Family Services; Council on Accreditation (COA); Illinois Department of Human Services; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; Child Welfare League of America (CWLA); Association of Children's Residential Centers (ACRC); National Association of Private Special Education Centers (NAPSEC); Illinois Association of Private Special Education Centers*

Sorenson's Ranch School

(Residential Treatment Center)

CONTACT

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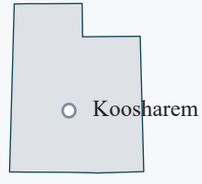
Website: www.sorensonranch.com

NATSAP Member
Since: 2019

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 12 - 17
Grades: 6 - 12
Enrollment: 80
Duration: 18 months
Founded: 1983



Airport: Salt Lake City, UT (SLC)

Sorenson's Ranch School is a privately owned and operated therapeutic boarding school and residential treatment facility that has provided services to students 12 to 18 for over 30 years. The school is accredited through the Cognia, The Joint Commission, and the Utah DHS.

The School's philosophy is that all children are potential successes if given the right options. Our mission is to help all students stabilize and recreate their lives while acquiring skills and tools necessary to their future. The Sorenson methodology centers around consistency and firmness delivered with love and care. The school aims to help young people function successfully both with their parents and in society. Sorenson's find its "big wilderness" setting conducive to its goal of redirecting troubled youth. Clinical services are provided under the supervision of a licensed mental health professional. The client participates in individual, family, and group therapy according to needs as outlined in the multi-disciplinary team treatment plan.

Our contingency-based behavior modification approach provides consistent predictable consequences for behaviors. Over time, this helps the students make the connection between action and consequences. This is the foundation necessary for taking personal responsibility, not only for behaviors, but also for emotional attitudes.

Academics are a coordinated part of the treatment experience at SRS. School progress is based on mastery of the material so that no one student is pressured by arbitrary expectations nor is the student held back should he want to work faster than his peers. SRS believes that poor performance in school is a symptom of other issues such as low self-esteem, depression, Reactive Attachment Disorder, ADHD, substance abuse, and family conflicts. By utilizing a multifaceted approach of individual and group therapy, experiential learning, behavior modification, positive mentoring, and individualized learning students are able to realize their full potential.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; Eagala*

Spring Ridge Academy

(Therapeutic Boarding School)

CONTACT

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Address: 13690 S. Burton Rd.
Mayer, AZ 86333
Website: www.springridgeacademy.com

NATSAP Member
Since: 2011

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 13 - 17
Grades: 9 - 12
Enrollment: 70
Duration: 14 - 18 months
Founded: 1997

Airport: Phoenix, AZ (PHX)

Spring Ridge combines a clinically sophisticated therapeutic approach and rigorous college prep academics. Not only are students immersed in an environment dedicated to fostering maturity and confidence, the entire family is included in the process, creating an atmosphere of change, collaboration, and hope. SRA students are bright, creative, unique individuals who are struggling to manage their lives. Often these young women are involved in a variety of destructive and/or avoidant behaviors and are in danger of sabotaging their relationships and academic careers. The SRA student is capable and talented but lacks the self-esteem and self-discipline necessary to succeed. Many of the young women who come to SRA may be struggling with one or more of the following: Trauma, anxiety, depression, ADD/ADHD, family conflict, defiance, entitlement, isolation, grief and loss, negative peer group, technology abuse, academic underachievement, substance abuse, attachment/adoption issues, and struggles in managing relationships. Families who are appropriate for Spring Ridge Academy are willing and able to see the important role family systems play in the change process and follow treatment recommendations.

Our therapeutic approach utilizes a combination of family systems and developmental models to create a comprehensive scope of treatment and preparation to return to the demands of life after treatment. Our clinicians are all trained in somatic forms of therapies and EMDR.

Therapeutic services:
Weekly individual therapy
Daily group therapy
Weekly family therapy
Psychiatric services
Therapeutic intensive workshops
Aftercare planning and support
Creative and supportive interventions
Comprehensive Recovery Support

Academic Highlights:
AP Courses – Calculus, History and Literature
SAT and ACT prep course and testing site
Foreign Languages in French and Spanish
Fine Arts
Dance, Yoga, and Acro Yoga

Extra Curricular Highlights:
Athletics
Self Defense
Horseback Riding
Choral and Instrumental Music
Photography
Hiking
Cooking
Skiing
Ceramics

Accreditation, Licensure: *Arizona Department of Health Services, Behavioral Health Division; Cognia; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member*

Spruce Mountain Inn

(Young Adult Program)

CONTACT

Executive Contact: Candace Beardsley, MSSW, LICSW
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Aaron Aldridge, LCMHC
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Email: info@SpruceMountainInn.com
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Fax: (802) 454-8011
Address: 155 Towne Ave, PO Box 153
Plainfield, VT 05667
Website: www.SpruceMountainInn.com

NATSAP Member
Since: 1999

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 28
Grades: N/A
Enrollment: 22
Duration: 10 months avg
Founded: 1982

Airport: Burlington, VT (BTV)

Since 1982, Spruce Mountain Inn has provided care for individuals, aged 18-28, who struggle with mental health issues that impact mood and daily functioning. Our program is designed to provide clients with intensive support as they gain the skills needed for successful independent living.

The clients we serve typically address issues such as:

- Anxiety
- Depression
- Bipolar Disorder
- Trauma
- Substance abuse
- Technology abuse

Treatment occurs in a small home-like setting and includes weekly individual psychotherapy, services to assist in goal-setting, assistance with activities of daily living, psychiatric treatment, and on-site residential support. Additionally, residents enjoy a wide range of wellness activities, outdoor recreation, and expressive arts programs. The program is also designed to help residents connect with the local community through volunteerism, education, employment, and recreation.

Spruce Mountain Inn residents can progress through a specially designed step-down housing continuum that allows them gradual levels of independence while still in treatment. Such experiences can provide opportunity to practice and hone the skills needed for navigating a successful, independent life.

Our program maintains an intentionally small client census, and we typically provide a one to one resident to staff ratio, ensuring that residents are intensively supported by a team which includes:

- a Master's-level Clinical Case Manager
- a Psychotherapist
- in-house Consulting Psychiatrist
- Career & Education Development Coordinator
- Support Worker and the Addictions Counselor, as needed

Accreditation, Licensure: *State of Vermont, Agency of Human Services, Therapeutic Community Residence*
Professional Affiliations: *NATSAP - Full Member; American Residential Treatment Association (ARTA); Young Adult Transition Association (YATA)*

Star Guides
(Wilderness Therapy Program)

CONTACT

Executive Contact: Matt Bulkley
Admissions Contact: Robin Reber
Academic Contact: Keely Roper
Email: info@therapyassociates.net
Phone: (800) 584-4629
Fax: (435) 275-4256
Address: 377 E Riverside Dr
Saint George, UT 84790
Website: www.starguides.net

NATSAP Member Since: 2019

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 13 - 17
Grades: 6 - 12
Enrollment: 30
Duration: 90 - 150 days
Founded: 2013

Airport: Cedar City (CDC)
Saint George (SGU)

STAR Guides has been uniquely designed for adolescent males and females ages 13-17 combating compulsive sexual behaviors including pornography addiction, reckless online behaviors, inappropriate touching and other destructive behaviors. Frequently these behaviors are driven by unresolved trauma, attachment issues, social challenges, and emotional dysregulation. The program is a particularly effective intervention for those who have been unsuccessful in the past in breaking free from these behaviors. Completely unplugged from technology and modern society, treatment revolves around development of coping skills for managing difficult emotions and problems through learning to live in the remote high desert of Utah. This life changing experience proves youth with the foundation to build their adult life with an improved set of coping skills and the confidence from having successfully completed a truly difficult undertaking.

Length of stay ranges between 90 and 150 days. Individual therapy occurs twice weekly with group therapy occurring daily. The treatment process includes completing a sexual history and verifying its accuracy with the use of a therapeutic polygraph. Sexual Behavior Risk Assessment (SBRA) And Psycho-Sexual Evaluations are provided in cases where these assessments are needed. Program clinicians assist families in the legal reporting process where mandated reporting is necessary. Clinicians also work with parents through a parenting component assisting parents to maximize their role in the treatment process. The program provides specific treatment tracks for addictions, trauma, and offending issues.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE; International Institute for Trauma and Addiction Professionals; Society for the Advancement of Sexual Health*

Summit Achievement
(Wilderness Therapy Program)

CONTACT

Executive Contact: Nichol Ernst
Admissions Contact: Shannon Palentchar
Academic Contact: Liam Bryer
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Address: 69 Deer Hill Rd.
Stow, ME 04037
Website: www.summitachievement.com

NATSAP Member Since: 2000

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 20
Grades: 7 - PG
Enrollment: 32
Duration: 8 - 10 weeks
Founded: 1996

Airport: Portland, ME (PWM)
Boston, MA (BOS)

Summit Achievement is a licensed residential treatment program in the State of Maine. Students participate in a hybrid curriculum that involves 4 nights per week on our campus, attending school and participating in intensive individual, family, and milieu therapy. Students that spend 3 nights of each week on adventure activities backpacking, canoeing, or rock/ice climbing in the White Mountains of Maine and New Hampshire.

Students can also transition to Summit Traverse (either from Achievement or another wilderness program), a short-term therapeutic boarding program that allows the same level of intensive therapy while attending school 5-days per week, with structured, healthy weekend activities to work on implementing the skills learned during the wilderness experience.

Both Achievement and Traverse have weekly family therapy by video-conference, phone, or in person, and families are assigned a parent coach and work through our unique parent curriculum. Students have overnight visits and in the Traverse program will work up to week long visits at home to practice newfound skills within their family system.

Accreditation, Licensure: *State of Maine, Department of Health and Human Services; Association for Experiential Education (AEE)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Outdoor Behavioral Healthcare (OBH)*

Sunrise RTC

(Residential Treatment Center)

CONTACT

Executive Contact: Brad Simpson
Admissions Contact: Marcy Clark
Academic Contact: Krista Nugent-Perry
Email: Marcy.Clark@sunrisertc.com
Phone: (435) 635-1185
Fax: (801) 405-7591
Address: 65 North 1150 West
Hurricane, UT 84737
Website: www.sunrisertc.com

NATSAP Member Since: 2006

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 13 - 18
Grades: 8 - 12
Enrollment: 76
Duration: 10 - 12 months
Founded: 2000

Airport: Las Vegas, NV (LAS);
Saint George, UT (SGU) Hurricane

Sunrise provides therapeutic healing and engaging academics to adolescent girls, ages 12 - 17, who are bright curious, and capable and have struggled with deep-rooted emotional issues that have kept them from reaching their full potential. Many have experienced trauma, chemical dependency, mental illness, depression, anxiety, and/or low self-esteem. Our fully-integrated, relational DBT program creates a supportive, loving environment providing the girls opportunities to practice DBT skills throughout each day. Our evidence-based clinical model stems from a long practice of gathering and analyzing data during treatment and for years after transition, so that each girl is supported by our multi-disciplinary treatment team, in the treatment that best meets her needs in that particular moment.

We empower our girls to make Real Life Change by creating opportunities for them to participate in the community through: service-learning activities; college attendance; team sports; art and music; internships and recreational experiences. Our in-town and at-home Transition Programs provide ongoing support to Sunrise students and their families after graduation.

At Sunrise, we envision a world where girls make peace with their past, thrive in the present, and move boldly into their futures, for a life of emotional health, personal growth, and independence.

Accreditation, Licensure: *State of Utah, Department of Human Services, Residential Treatment; Cognia; Equine Assisted Growth and Learning Association (EAGALA) Certified; Joint Commission; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER*

SUWS of the Carolinas

(Wilderness Therapy Program)

CONTACT

Executive Contact: Daniel Fishburn
Admissions Contact: Josh Gunalda
Academic Contact: Daniel Fishburn
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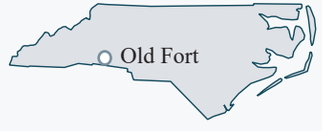
Phone: (828) 668-7590
Fax: (828) 668-3162
Address: 363 Graphite Rd.
Old Fort, NC 28762
Website: www.suwscarolinas.com

NATSAP Member Since: 2002

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 10 - 17
Grades: N/A
Enrollment: 73
Duration: 8 - 10 weeks
Founded: 2000



Airport: Asheville, NC (AVL)

Located outside of Asheville in Old Fort, North Carolinas, SUWS of the Carolinas is a dynamic, multi-faceted treatment program that offers therapeutic care to adolescents between the ages of 10-17, since our inception in 2000. Our distinct programs (Phoenix Outdoor, Seasons, and SUWS CORE) offer a wide range of treatment options for adolescents struggling with issues such as depression, anxiety, family conflict, school refusal, problematic substance use, behavioral issues, and more. Each program has master's level, licensed therapists who are dedicated to providing the highest level of care for our students.

Each one of our comprehensive and unique programs offers the following:

- Individual treatment plans
- Flexible lengths of stay
- Rolling admissions
- Intensive individual and group therapy
- Optional psychological and educational testing
- Weekly therapist-parents sessions via phone
- Weekly treatment planning sessions with staff
- Family Programming
- Comprehensive parenting website with additional utilities
- Low student to staff ratio

It is our goal at SUWS of the Carolinas to not only find a good fit for the student and family within one of our programs, but to utilize the many highlights of the programs to help students prepare themselves for a bright future.

Accreditation, Licensure: *North Carolina, Department of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF); Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE; American Society of Addiction Medicine; Outdoor Behavioral Health Council (OBHC); Association for Experiential Education (AEE)*

Tamarack Center
(Residential Treatment Center)

CONTACT

Executive Contact: Tim Davis
Admissions Contact: Christopher Dal Pra
Academic Contact: Mark Wilhelms
Email: tdavis@tamarack.org
Phone: (509) 326-8100
Fax: (509) 326-9358
Address: 2901 W. Fort George Wright Dr.
Spokane, WA 99224
Website: www.tamarack.org

NATSAP Member
Since: 2006

PROGRAM OUTLINE

Gender: All genders (non-binary)
Ages: 12 - 17
Grades: 7 - 12
Enrollment: 16
Duration: 4 months
Founded: 1984

Airport: Spokane, WA (GEG)

Tamarack Center is a 16 bed psychiatric residential treatment center for youth ages 12 - 17. We utilize DBT as our treatment model. We are licensed through the State of Washington as well as accredited by the Joint Commission. We are also Tricare certified.

Accreditation Licensure: *Washington State Department of Health; Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

Telos Academy
(Residential Treatment Center)

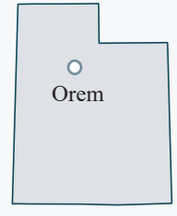
CONTACT

Executive Contact: Barry Fell
Admissions Contact: Kristin Williams
Academic Contact: Kevin Kuykendall
Email: info@telosrtc.com
Phone: (801) 426-8800
Fax: (801) 426-8825
Address: 870 W. Center St.
Orem, UT 84057
Website: www.telosrtc.com

NATSAP Member
Since: 2004

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 13 - 17
Grades: 9 - 12
Enrollment: 48
Duration: 11 months
Founded: 2004



Airport: Salt Lake City, UT (SLC)

The mission of Telos is to create inspiring interpersonal relationships that invite and assist all people to move toward their ultimate potential.

The typical student at Telos is bright but underachieving. Many of our students get lost in traditional academic settings, needing a higher level of individualized support. Telos students tend to be soft hearted, behaviorally mild and clinically complex. Typical issues preceding enrollment to Telos include:

- Information processing issues
- Anxiety and/or depression
- Low self-worth
- School avoidance
- Family conflict

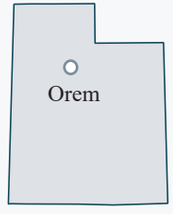
Telos staff exemplify a kind and patient way of being, relational coaching and a gift for connecting with young people. Telos employees are deeply trained on "the ten pillars of Telos," which include individualized treatment, effective parenting, healthy living, evidence-based treatment, and other important principles and practices.

Telos is a principles-based program. While rules, consequences, and structure are components of our program, real change occurs through relationships with staff who model the importance of principled living. Going beyond rewards and consequences, students learn the "why" behind rules, increasing the likelihood they will adopt new ways of living that long outlast their time in the program.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia; Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD*

Telos U
(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Craig LaMont **Admissions Contact:** Becca Jolley **Email:** sdowns@telos.org **Phone:** (801) 877-5300 **Fax:** (801) 426-8825 **Address:** 600 S. Geneva Road Orem, UT 84058 **Website:** www.telos.org	**Gender:** All Genders (non-binary) **Ages:** 18 - 30 **Grades:** 9 - 12 **Enrollment:** 32 **Duration:** 11 months **Founded:** 2016



NATSAP Member
Since: 2017

Airport: Salt Lake City, UT (SLC)

Telos U is a support program for young men and women ages 18-30. The program aims to reach each student's ultimate potential by maximizing internal fulfilment with minimal external support. Telos U provides clarity and coaching to help each student develop meaningful contributions to their unique, supportive community.

Student services include:

1. College support track
2. Vocational training track
3. IT track
4. On and off-campus employment
5. Clinical services (individual, family, and group therapy)
6. High levels of support
7. Life coaching
8. Executive function coaching
9. Fitness coaching
10. Social skills coaching
11. Executive function skill-building spaceship simulators

Telos U addresses problems resulting from:

- Technology overuse
- Trauma
- Learning differences
- Information processing challenges
- Mood and anxiety disorders

Telos U facilities include on and off campus apartments designed for maximum support, a full sports arena, a crossfit gym, game rooms, and on-site learning centers.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services*; *Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full Member*

Three Points Center, LLC
(Residential Treatment Center & Therapeutic Day School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Dr. Norman E. Thibault, LMFT **Admissions Contact:** Millie Anderson **Academic Contact:** Dr. LuAnne Forrest **Email:** info@threepointscenter.com **Phone:** (435) 635-0636 **Fax:** (435) 304-0004 **Address:** 1500 E 2700 S Hurricane, UT 84737 **Website:** www.threepointscenter.com	**Gender:** Coed - male and female only, as assigned at birth **Ages:** 12 - 17 (11 years old upon review) **Grades:** 5 - 12 **Enrollment:** RTC - 27 girls/27 boys; TBS - 10 girls/10 boys **Duration:** Open **Founded:** 2014

NATSAP Member
Since: 2014

Airport: St. George, UT or McCarran Int'l Airport

Three Points Center is a residential treatment center designed exclusively for adopted adolescents and their families.

We are designed to cultivate relationships, develop trust, and honor perspective, and feelings. Like most other treatment centers, we are adept at managing the behavioral concerns that would lead a parent to place his or her child in residential treatment, but that is just the beginning of who we are. All of our activities, interventions, treatment planning, parental and family work is designed around the core needs of the adoptive family - we don't focus on behaviors. And we don't label your child as "the problem." We have consulted with many of the most esteemed professionals in adoption research to develop a program worthy of working with this population.

We utilize current research and a variety of modalities to work with your family to achieve treatment goals. We have a proprietary Wild-Mustang program wherein our residents work with and train these beautiful animals while they work on themselves. With an understanding of Complex Trauma and an emphasis on family unity and connection, our program is designed to bring a sense of safety and well-being to your child.

We understand the dynamic of adopted families and strive to create a treatment milieu to address core needs in a non-judgmental and compassionate treatment milieu. We believe that adoptive families are the best families in our nation, and our goal is to bring to light the significant challenges that many of our families face in order to better provide those resources and healing they richly deserve.

Accreditation, Licensure: *State of Utah Department of Health and Human Services, Cognia*
Professional Affiliations: *NATSAP - Full Member, American Adoption Congress (AAC); The Association for Training on Trauma and Attachment in Children (ATTACh); The Attachment Trauma Network (ATN); Southern Utah Progrm Alliance*

Trails Carolina

(Wilderness Therapy Program)

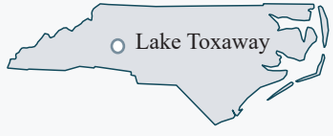
CONTACT

Executive Contact: Graham Shannonhouse
Admissions Contact: Julia Andrick
Academic Contact: Liz Chancellor
Email: admissions@trailscarolina.com
Phone: (828) 885-5920
Fax: (828) 885-3010
Address: 500 Winding Gap Rd.
Lake Toxaway, NC 28747
Website: www.trailscarolina.com

NATSAP Member
Since: 2009

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 10 - 17
Grades: 7 - 12
Enrollment: 36
Duration: 60 - 70 days
Founded: 2008



Airport: Asheville, NC (AVL),
Charlotte, NC (CLT),
Greenville/Spartanburg, SC (GSP)

Trails Carolina is a wilderness therapy program for pre-teens and adolescents ages 10-17. Our clinically sophisticated and time-tested program engages students through wilderness therapy, mindfulness and yoga, equine relational therapy, adventure activities, intentional transitions, and academic engagement. Removed from the distractions of screens, peers and everyday modern life, students gain personal insight, build self-esteem, work towards improving communication and relationships within the family, and practice new skills for living a healthier and more rewarding life.

Trails Carolina is an industry leader with outcome data that demonstrates program efficacy. Trails uses the proven elements of wilderness therapy, clinical theory and evidenced-based psychotherapies with a residential and academic base camp model to create a program that is clinically driven and results focused. Students join single-gender, age-appropriate groups that meet their developmental, emotional and mental health needs. Each group is led by an experienced, licensed therapist.

Our academic program allows students to work on issues that may be getting in the way of their academic success and to rebuild their academic confidence. In the classroom, students are inspired and engaged by our dynamic educators. Our curriculum is accredited and students earn transferable credits in English, Science, History, Health and Physical Education.

We are the first wilderness therapy program in the country to put extensive resources in place to support families. Parents are actively involved and gain powerful new parenting skills, develop a better understanding of their student and are empowered to help their child transition their Trails Carolina experience back home.

Located in just outside of Asheville, North Carolina, Trails Carolina guides students and parents on a journey of self-discovery that is profound and life-changing.

Accreditation, Licensure: *Commission on Accreditation of Rehabilitation Facilities (CARF); North Carolina, Department of Health and Human Services, Division of Health Service Regulation; Cognia*; Outdoor Behavioral Healthcare Council
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD; Association of Experiential Education (AEE)*

Triumph Youth Services, LLC.

(Residential Treatment Center)

CONTACT

Executive Contact: Tom Filipe
Admissions Contact: Brenda McDowell
Academic Contact: Joette Hayden
Email: michelle@triumphyouthservices.com
Phone: (435) 538-5061
Fax: (435) 538-5066
Address: 62 South 950 West
Brigham City, UT 84302
Website: www.triumphyouthservices.com

NATSAP Member
Since: 2010

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 12 - 17
Grades: 7 - 12
Enrollment: 47
Duration: 9 months
Founded: 1998

Airport: Salt Lake City, UT (SLC)

Triumph Youth Services is a first class adolescent male residential treatment center for boys ages 12-17. Triumph Youth Services' commitment and mission help empower young men and their families to make positive and lasting changes that will ensure a successful tomorrow.

Triumph Youth Services currently operates multiple Residential Treatment Centers and community based outpatient services available to youth across the US. Triumph Youth Services is located in Brigham City, Utah, just 58 miles north of the Salt Lake City International Airport. Triumph Youth Services specialize in treating emotional disturbances, substance dependence substance abuse, depression, oppositional defiance, non-compliance, and more. Our program duration is 6-12 months or can be tailored on a case-by-case basis, regarding the long term treatment plan and/or education plan. Each Triumph Youth Services program utilizes Positive Peer Culture.

Our theoretical makeup is centered around evidence based therapy which is founded on the cognitive behavioral treatment model. This model promotes a safe and therapeutic program at all times in the least restrictive environment. Professionally licensed mental health professionals provide individual, family and group therapy sessions to each student, while overseeing all therapeutic components of the program. All Triumph Youth Services staff are trained and certified in the Positive Control Systems non-violent crisis intervention program. It focuses on reliable and safe measures of behavior intervention that does not include aversive, excessive force procedures.

Academics are a primary focus at Triumph Youth Services. The school, Triumph Academy, is a non-profit 501c3 organization and is fully accredited through NCA CASI, NWAC and SACS CASI, and the program and teachers are certified by the Utah State Board of Education.

Accreditation, Licensure: *Utah Department of Human Services, Office of Licensing; Utah State Board of Education; North Central Association Commissions on Accreditation and School Improvement; Cognia*
Professional Affiliations: *NATSAP - Full Member; Better Business Bureau - Utah (BBB); NFIB (NFIB); Southern Association of Colleges and Schools*

True North Wilderness Program

(Wilderness Therapy Program)

CONTACT

Executive Contact: Tyler Maves
Admissions Contact: Courtney Merrill
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Fax: (802) 583-1104
Address: P.O. Box 857
Waitsfield, VT 05673
Website: www.truenorthwilderness.com

NATSAP Member
Since: 2009

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 14 - 25
Grades: N/A
Enrollment: 42
Duration: 70 - 90 days
Founded: 2005

Airport: Burlington International (BTV)

True North Wilderness Program is located in the Green Mountains of Vermont. Our goal is to provide opportunities that inspire and empower our students and their families to reach their full potential. True North students typically present with anxiety, depression, anger, avoidance, oppositional defiance, learning differences, academic difficulty, problems with peer and family relationships, and experimentation with substance abuse. Our small groups are carefully structured to be a safe and supportive environment for our students to establish strong foundations for the future.

True North's therapeutic process is grounded in the wilderness environment. As students become adept at living and taking care of themselves in the outdoors, they begin to build the confidence and sense of capability that will sustain the learning and emotional growth process. Our caring and dedicated staff members support students as they explore core issues and develop new tools for a healthy and successful future. The challenges and rewards of outdoor living and group dynamics create opportunities for students to improve communication skills, accept more personal responsibility, build success and self- esteem, and establish positive and supportive relationships with others. Students use the landscape around them to explore their personal strengths and skills and address limiting behaviors.

Our stunning field areas offer students a beautiful setting for the various programming opportunities. During summer months, adolescents practice Leave No Trace camping and hiking in a nomadic backpacking model. Young adults participate in a variety of recreational activities such as rock climbing, canoeing, kayaking, paddle boarding, fishing, and frisbee golf. During the winter months students are located on the well-established campus of Windridge Camp in Roxbury, VT. Students sleep in heated structures at night while adolescents maintain a hiking-based, expedition model program and young adults continue with adventure programming such as cross-country and downhill skiing, snowboarding, and rock climbing.

Accreditation, Licensure: *Vermont Department of Child and Family Services*
Professional Affiliations: *NATSAP - Full Member, NATSAP Research Designated Program (RDP) -GOLD*

Turning Winds Academic Institute

(Residential Treatment Center)

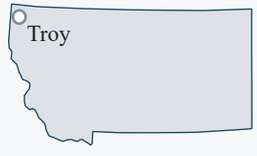
CONTACT

Executive Contact: Owen Baisden
Admissions Contact: Eric Loesch
Academic Contact: Marcine Holmes
Email: owen@turningwinds.com
Phone: (800) 845-1380
Fax: (406) 295-5420
Address: 31733 S Fork Yaak Rd
Troy, MT 59935
Website: www.turningwinds.com

NATSAP Member
Since: 2005

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 13 - 17
Grades: 6 - 12
Enrollment: 32
Duration: 12 - 18 months
Founded: 2002



Airport: Spokane, WA (GBO)

Turning Winds seeks to offer a blended approach to treatment that supports our clients holistically and makes treatment more diversely accessible to families. By offering a dynamic model, we're able to offer families all the benefits that matter most to them.

We are a relationship based dual diagnosis long-term residential treatment facility. We utilize a strength-based and solution-oriented program that empowers our clients to become the engine behind their recovery. We recognize that their isn't commonly a single issue that our clients are struggling with. Instead, our clients come to us with a variety of mental health, addictive, behavioral, and educational problems that are coupled together. With this in mind, Turning Winds has created a one of a kind therapeutic environment that draws from several therapeutic elements- residential treatment, outdoor recreation, service opportunities, and academic credit recovery - and combines them into one, life changing experience.

Residential Treatment Services: Turning Winds residential programming is designed to create a sustainable change through intensive therapeutic and educational support that is provided twenty-four hours per day, seven days a week. We work with most insurance companies. Turning Winds offers 24 hour nursing, an on site child psychiatrist, and a psychiatric nurse practitioner to serve the medical and psychiatric needs of our program participants.

Outdoor Recreated: Turning Winds believes in the transformational power of the outdoors and nature. This experience allows adolescents to learn how to become more self-sufficient, develop problem solving skills, and improve interpersonal communication and teamwork in a group setting.

International Service Experience: Turning Winds provides its clients with the opportunity to travel across borders and cultures to serve in international communities in the Spring and the Fall. We have provided service to communities in Costa Rica, Peru, Panama, Guatemala, Ghana, Greece (Refugee Camp), and Thailand.

Academic Recovery: Turning Winds seeks to turn hearts and minds towards a brighter future as we challenge each teen to achieve personal excellence in their academics. For every six months that a teen is enrolled at Turning Winds, they can recover up to a year, or more, of academic credits.

Accreditation, Licensure: *Montana, Health and Human Services Department; Commission on Accreditation of Rehabilitation Facilities (CARF); Cognia*
Professional Affiliations: *NATSAP - Full Member*

Uinta Academy RTC, LLC

(Residential Treatment Center)

CONTACT

Executive Contact: Russ Pryor
Admissions Contact: Russ Pryor
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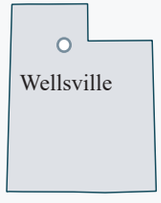
Phone: (435) 245-2600
Fax: (435) 245-2605
Address: PO Box 387
Wellsville, UT 84339
Website: www.uintaacademy.com

NATSAP Member
Since: 2004

PROGRAM OUTLINE

Gender: Female Only, as assigned at birth
Ages: 12 - 17 and 18 - 21
Grades: 7 - 12/Post Grad
Enrollment: 60
Duration: 11 - 18 months
Founded: 2003



Airport: Salt Lake City, UT (SLC)

Uinta Academy is a residential treatment program for young women, ages 13 through 17 years, and adult women, ages 18 through 21 years. Uinta Academy is nestled in the scenic Cache Valley of northern Utah where the students reside in five large homes. Our approach effectively and expertly blends gender-specific clinical therapies with an evidence-based therapeutic milieu to foster healthy identity development in young women. Through the therapeutic guidance of an expert team of clinicians and educators, our students build a sense of competence and strong self-esteem. Uinta Academy is uniquely designed to treat trauma-based disorders, attachment/adoption disorders, mood disorders, ADHD, Social Learning Disorders, and academic underachievement. We employ several experiential therapies in order to help our young women engage in their individual therapeutic processes. Our comprehensive equine program, which includes horse ownership, equine assisted psychotherapy, riding, and natural horsemanship, teaches transferable relationship skills. Uinta Academy's hallmarks include our integrated transition program, an individualized academic program, integrated cultural arts experiences, extra-curricular clubs and service opportunities, explorations trips, a focused on healthy lifestyle choices, and horticultural therapy.

Accreditation, Licensure: *Utah Department of Human Services Licensing Office; Student and Exchange Visitor Information System (SEVIS); Cognia*
Professional Affiliations: *NATSAP - Full Member; Association for the Treatment and Training in the Attachment of Children (ATTACh)*

University Neuropsychiatric Institute

(Specialty Psychiatric & Behavioral Hospital)

CONTACT

Executive Contact: Ross VanVranken, LCSW
Admissions Contact: Tina Halliday, LCSW
Academic Contact: Jacob Hansen
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Phone: (801) 587-9321
Fax: (801) 585-6363
Address: 501 Chipeta Way
Salt Lake City, UT 84108
Website: www.healthcare.utah.edu/uni

NATSAP Member
Since: 2015

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 4 - 17
Grades: K - 12
Enrollment: 25
Duration: UNI CAT: 4 - 6 weeks
Founded: 1986

Airport: Salt Lake City, UT (SLC)

The Comprehensive Assessment and Treatment (CAT) Program at the University Neuropsychiatric Institute offers a 4-6 week, comprehensive clinical evaluation for ages 4-18 in a safe and secure environment. Our multi-disciplinary treatment team will assess psychiatric and medical conditions, provide behavioral and educational assessments, psychological testing, therapy, and when necessary, address chemical dependency issues. The program consists of inpatient care in our beautiful, state-of-the-art facility, which includes secure outdoor play area, ROPES challenge course, psychological and neuropsychological testing, therapy provided by our psychologists, medical evaluation provided by our board-certified pediatricians, active family involvement throughout the assessment period, and appropriate evidence based treatments throughout the program with daily contact with the psychiatrist.

Too often children and adolescents enter treatment programs without an accurate diagnosis or a clear understanding of what is to be gained by the treatment. The CAT program will help provide an understanding of the child/adolescent and create a dynamic, individual treatment plan that will facilitate the most appropriate match of community resources with the patient's specific needs.

Beginning in January 2020, the CAT program will also provide comprehensive assessment and treatment for young adults (ages 18-30) in a residential environment.

Accreditation, Licensure: *Utah Department of Health, License for Hospital, Centers for Medicare and Medicaid Services; Cognia; DNV GL*
Professional Affiliations: *NATSAP - Full Member*

Urban Edge Denver

(Transitional Independent Living Program & Young Adult Program)

CONTACT

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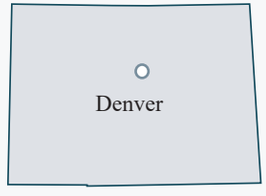
Address: PO Box 2862
Denver, CO 80211
Website: www.urbanedge-denver.com

NATSAP Member Since: 2016

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 18 - 28
Grades: N/A
Enrollment: 10
Duration: 6 - 12 months
Founded: 2015



Airport: Denver Int'l Airport (DIA)

Urban Edge is residential and community based mentorship immersion for young adults who are looking for a strategic way to push their lives forward. We help clients become intrinsically successful, professionally inspired, and self-sufficient all at the same time.

Urban Edge was founded with the intention of creating a lasting community of motivated young adults in one of our greatest cities. The Urban Edge concept was born out of the growing awareness that young adults need to transition somewhere they're passionate about. Urban Edge provides the opportunity for clients to learn, and live a productive lifestyle in a dynamic city where they may want to establish roots.

Professional Affiliations: *NATSAP - Associate Member; Young Adult Transition Association (YATA)*

Valley View School

(Therapeutic Boarding School)

CONTACT

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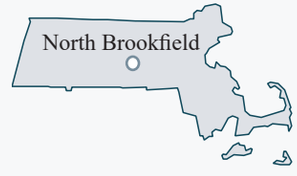
Fax: (508) 867-3300
Address: 91 Oakham Road
PO Box 338
North Brookfield, MA 01535
Website: www.valleyviewschool.org

NATSAP Member Since: 2002

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 10 - 16 on admission
Grades: 6 - 12/College Prep
Enrollment: 30
Duration: 2 - 3 years
Founded: 1970



Airport: Boston, MA (BOS)

Valley View School is built upon a model of a distinctly structured yet highly nurturing therapeutic milieu. The program is designed to meet the developmental and emotional needs of middle school adolescent boys. Valley View is a private, not for profit, residential preparatory school providing a supportive therapeutic educational environment for 40 boys between the ages of 11 and 15 on admission. Typical Valley View students may present attentional problems (ADD and ADHD), mood difficulties and oppositional behavior. Valley View does not admit boys who are abusing drugs or have been diagnosed as being psychotic. Valley View students may be boys who are not functioning up to capacity in school, are psychologically intimidating their parents, have difficulty channeling their physical energy in meaningful ways, or may appear overly lethargic. These boys have been characterized as "learning disabled", "unmotivated", "hyperactive", or "disruptive" in the classroom setting. With a maximum of 40 students in the school and an average of five students in each class, Valley View School can provide intensive remedial instruction. Classes focus on the development and strengthening of skills in basic subjects, including language arts, mathematics, social and physical education, history, and art. An extensive computer facility and Smart Boards in the classrooms integrate current technology into the entire academic curriculum

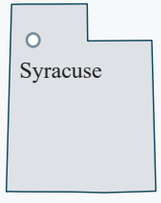
Valley View offers a twelve-month comprehensive program. Students participate in a wide range of physical and recreational activities, including competitive athletics, In addition, three clinical psychologists see boys in individual therapy sessions. A board-certified psychiatrist also makes regularly scheduled consultation visits to monitor psycho-pharmacological issues where appropriate. The typical period of enrollment at the school is 18 months to two years. A student can earn a recognized high school diploma from Valley View School, however, most students continue their education in a traditional public or private secondary school.

Accreditation, Licensure: *Commonwealth of Massachusetts, Department of Early Education and Care; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member*

ViewPoint Center

(Specialty Psychiatric & Behavioral Hospital)

CONTACT	PROGRAM OUTLINE
Executive Contact: Jennifer Wilde **Admissions Contact:** Randi Nelson **Email:** rnelson@viewpointcenter.com **Phone:** (877) 808-3088 **Fax:** (801) 784-9086 **Address:** 2732 West 2700 South Syracuse, UT 84075 **Website:** www.viewpointcenter.com	**Gender:** All Genders (non-binary) **Ages:** 12 - 17.9 **Grades:** N/A **Enrollment:** 20 **Duration:** 6 weeks **Founded:** 2007



NATSAP Member
Since: 2014

Airport: Salt Lake City, UT (SLC)

The ViewPoint Center is a comprehensive therapeutic assessment facility licensed as a specialty psychiatric hospital. ViewPoint employs two tracks, to be used independently or in succession, to accommodate the individualized needs of each patient.

ViewPoint Center offers a short-term stabilization track provides a safe and nurturing environment that helps to psychiatrically and clinically stabilize a patient, so that they can return to a program or boarding school in a matter of 1-3 weeks.

The assessment track provides a comprehensive multidisciplinary evaluation involving psychiatry, clinical, medical, academic, neuropsychological, and social milieu functioning. The 6-8 week clinical assessment process provides answers to the most complex diagnostic questions as well as recommendations for longer term treatment. Whether utilizing one or more of these tracks, our programming includes individual, group, and family therapy, motivational interviewing, DBT skills, and psycho-educational groups. Throughout the assessment process, the therapist has frequent contact with the family and, if desired, with their treatment providers. At the end of the therapeutic assessment, each family receives a multidisciplinary report which summarizes treatment while also providing a comprehensive diagnostic picture of the child along with clearly defined recommendations for subsequent treatment.

Accreditation, Licensure: *Joint Commission; Utah Department of Health; Student and Exchange Visitor Information System (SEVIS)*
Professional Affiliations: *NATSAP - Full Member*

Vista Adolescent Treatment Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Matthew Checketts, PhD, LCSW **Admissions Contact:** Raymond Archuleta Jr., MSW, CSW **Academic Contact:** Mike Larson, M.Ed., C.T.R.S. **Email:** raymond@vistatc.com **Phone:** (801) 558-3335 **Fax:** (801) 446-7746 **Address:** 8265 West 2700 South PO Box 69 Magna, UT 84044 **Website:** www.vistatc.com	**Gender:** Male Only, as assigned at birth **Ages:** 13 - 18 **Grades:** 8 - 12 **Enrollment:** 32 **Duration:** 7 - 10 months **Founded:** 1991

NATSAP Member
Since: 2003

Airport: Salt Lake City, UT (SLC)

Vista Magna is a residential treatment program for adolescent boys and is focused on building relationships that make a significant impact on a teen's ability to work through behavioral and emotional difficulties. Our clinicians work with reduced caseloads of only 8 - 10 students each to allow for increased one-on-one interaction throughout the week. Due to this strong relational approach to therapy and school, progress is more steady and our students' average length of stay is generally shorter than industry standards - between 7 and 10 months.

Our typical student may be working on some of the following in his therapy:

- Depression
- Anxiety
- Substance Abuse
- Attachment Difficulties
- Executive Functioning
- ADHD
- Trauma
- Oppositional Defiant Disorder

Vista is a Cognitive Behavioral program that also utilizes Dialectical Behavior Therapy (DBT) to help students to identify patterns in their lives that are destructive. An individualized approach to the 12 Steps in addition to other recovery models are available to those who are struggling with substance abuse, and this allows each student to confront the topic openly and confidently with our licensed drug and alcohol counselors.

Weekly recreational outings off-campus include a wide variety of activities that allows each student to develop new skill sets and to nuture a higher degree of self-confidence in trying new things. Some of these are:

- Hiking
- Fly-fishing
- Golf
- Indoor rock-climbing
- Snowboarding and skiing
- Mountain biking

Vista's full service private school is called Stansbury Academy. With a full time teaching staff and well-established curriculum, Vista's students receive their high school educations while participating in therapeutic services. Stansbury Academy is fully accredited by the Northwest Accreditation Commission and boasts a reputation of premium academic services to its students, almost all of whom move on to successful college experiences.

Accreditation, Licensure: *State of Utah, Office of Licensing, Department of Human Services; Cognia; Northwest Association of Accredited Schools (NAAS)*
Professional Affiliations: *NATSAP - Full Member*

Waterfall Canyon Academy

(Residential Treatment Center)

CONTACT

Executive Contact: Richard Dimick
Admissions Contact: Bree Green
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Address: 3375 Harrison Blvd
Ogden, UT 84403
Website: www.waterfallcanyon.com

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: Coed - male and female only, as assigned at birth
Ages: 13 - 20
Grades: 7 - 12
Enrollment: 26
Duration: 18 months
Founded: 2005

Airport: Salt Lake City, UT (SLC)

Waterfall Canyon Academy is a community based therapeutic program that offers a continuum of care and services. Our continuum starts with a highly structured residential placement and progress toward transitional living, Advanced transitional living and support services. This allows students at Waterfall Canyon Academy to benefit from services for an extended period of time before "aging out", if they choose.

Waterfall Canyon Academy provides each student an individualized treatment plan along with weekly individual therapy, family therapy, and multiple options for group therapy. Our therapist have their offices located onsite and inside the program homes, where they can interact with all of the students both casually and formally. In addition, our trained staff are facilitating skills development classes daily and providing "in the moment" modeling, feedback, and assistance.

Waterfall Canyon Academy has access to a variety of academic settings. Our own Oak Grove School offers academic services to our middle and high school students. The school is accredited through Cognia and prides itself on providing a positive and memorable educational experience. Our students have access to the Ogden Weber Applied Technology College and Weber State University, both within close proximity of our programs.

Accreditation, Licensure: *State of Utah Office of Licensing - Department of Human Services; Cognia*
Professional Affiliations: *NATSAP - Full Member*

Waterford Country School, Inc.

(Therapeutic Boarding School)

CONTACT

Executive Contact: Stacy Lowry
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Address: 78 Hunts Brook Road
Quaker Hill, CT 06375
Website: www.waterfordcountryschool.org

NATSAP Member
Since: 2017

PROGRAM OUTLINE

Gender: Male, including transgender
Ages: 11 - 18
Grades: 8 - 12
Enrollment: 10
Duration: 1 year
Founded: 1922

Airport: T.F. Green, (PVD)

Waterford Country School has been serving children and families for nearly 100 years. The Therapeutic Boarding Program provides a spectrum of services to youth who cannot be served in their home communities because of special educational and behavioral health needs.

Our evidenced based, trauma informed treatment model, developed by Cornell University, is called CARE (Children and Residential Experiences) and focuses on the relationships between the child and staff. We do not utilize traditional behavioral incentive systems, but instead work with the youth in moments of crisis to determine the cause of the behavior and teach better coping skills. The more a youth struggles the more opportunities we give them to be successful rather than taking opportunities away, as traditional behavioral systems often do.

The Therapeutic Boarding Program was established in 2017 for middle-school and high-school aged boys. The campus is located on 320 acres in a rural area and youth reside and attend school on our grounds. The school also educates approximately 60 day-students from surrounding towns with an average classroom size of 6-8 students with one teacher and one aide in each classroom. We have a farm on our campus with over 80 animals including alpaca, goats, sheep, pigs, horses, birds, reptiles and small mammals. The programm encourages the youth to interact with animals during and after school hours.

We place youth from across the country with a variety of struggles such as anxiety, depression, school avoidance behaviors, high functioning autism, and many more. Some of our youth are placed by school districts and others by parents who self-fund the placement.

Services include individual, group, and family therapy that is strengths based and trauma informed, numerous recreational activities, participation in community athletics, and specialized education in a structured classroom setting. There are many experiential opportunities, both in the classroom and on the farm. Youth are also participants on the Challenge Ropes Course, where teamwork, trust, and personal achievement are the focus. There are also many opportunities for community integration through local events, employment and volunteer opportunities.

Accreditation, Licensure: *State of Connecticut Department of Education; State of Connecticut Department of Children and Families; Council on Accreditation (COA)*
Professional Affiliations: *NATSAP - Full Member; Connecticut Community Non-profit Alliance; The Children's League of Connecticut; Association of Children's Residential Centers (ACRC); Connecticut Council on Administrators of Special Education (ConnCASE); Connecticut Association of Private Education Facilities (CAPSEF)*

WayPoint Academy
(Residential Treatment Center)

CONTACT

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Fax: (801) 396-7036
Address: 9091 E 100 S
Huntsville, UT 84317
(Please contact school for physical address.)
Website: www.waypointacademy.com

NATSAP Member Since: 2013

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 13 - 18
Grades: 9 - 12
Enrollment: 36
Duration: 10 - 12 months
Founded: 2013

Airport: Salt Lake City, UT (SLC)

WayPoint Academy, a residential treatment program, utilizes a highly specialized, therapeutic approach in treating young men (14-18) whose lives have been overtaken by anxiety. We provide individualized care that transcends the generalist approach, for we recognize the devastating impact anxiety causes teens and their families.

Our Mindful Completion Model is a unique and innovative approach designed to address anxiety, mood, executive functioning, learning, and healthy identity development. WayPoint's holistic model increases students' distress tolerance and resiliency by identifying and addressing factors that fuel anxiety. We provide the necessary skills, tools, and practice for lifestyles no longer driven by fear and avoidance.

Some of the 8 elements of the Mindful Completion Model are based on years of replicated studies, while others make use of new scientific findings.

Psychotherapy increases distress tolerance through specific therapeutic approaches and techniques, family involvement, and education. Nutrition plays a key role in health and well-being. Cardiovascular Fitness decreases anxiety and depression and improves academic performance. Education improves confidence and increases optimism through achieving academic needs and goals, thereby contributing to present and future successes. Education is designed to meet the learning profile of males. Life Skills furthers competence and independence through the development of practical skills. Executive Function enhances one's ability to navigate life's obstacles and complete promotes interpersonal relationships, negotiation, and community involvement. Recreation/Service/Adventure provides opportunities for developing life passions, acquiring new skills and providing service to others.

Accreditation, Licensure: *Utah Department of Human Services, Office of Licensing; Joint Commission; Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - GOLD*

Wediko School
(Residential Treatment Center)

CONTACT

Executive Contact: Greg Stoddard
Admissions Contact: Katie Walsh; M.Div., LICSW
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Phone: (603) 478-5236
Fax: (603) 478-2049
Address: 11 Bobcat Blvd.
Windsor, NH 03244
Website: www.wediko.org

NATSAP Member Since: 2005

PROGRAM OUTLINE

Gender: Male, including transgender
Ages: 11 - 19
Grades: 6 - 12
Enrollment: 44
Duration: 12 month average
Founded: 1989

Airport: Manchester, NH (MHT)

Located on a 450-acre lake-front campus, the Wediko School offers therapeutic and educational services for boys in middle and high school (grades 6-12) in a safe, therapeutic, and educational environment. Wediko clinicians work closely with the student's family and referring professional with the goal of returning the child to his home and community, or a less restrictive school, as soon as possible.

Wediko works with students who are struggling with complex psychiatric profiles and disruptive behaviors. Often, students do not fit neatly under the criteria of a specific diagnosis or they have been diagnosed with multiple disorders, including, but not limited to:

- Bipolar Disorders
- Depression & Depressive Disorders
- Anxiety Disorders
- Attention Deficit Hyperactive Disorder (ADHD or ADD)
- Reactive Attachment Disorder
- Post Traumatic Stress Disorder
- Asperger's Disorder
- Non-Verbal Learning Disorder (NVLD)

Wediko's therapeutic and educational milieu is the primary intervention. The core of the milieu is the Wediko staff, clinicians, and teachers who develop strong relationships with each student, focus on the student's strengths, and use positive behavioral interventions to teach and reinforce pro-social coping strategies.

Individualized treatment plans for each student include: school, daily group therapy, family therapy, psycho-pharmacological evaluations, and visits home to practice skills learned at Wediko. Additional options may include, individual therapy, psychological and educational testing, and issue specific group therapy.

Collaboration between all the important adults in the child's life (family, school, and referring professional, therapist, mentor, etc.) ensures everyone understands and is in agreement on how to best help the child and what he and the family needs for a successful transition home. Families are essential partners in the therapeutic process. Family therapy is family centered and individualized to meet the needs of each family.

Accreditation, Licensure: *State of New Hampshire, Department of Health and Human Services; State of New Hampshire Department of Education; Illinois State Board of Education; New Jersey Department of Education; Washington Office of Superintendent of Public Instruction*
Professional Affiliations: *NATSAP - Full Member; Association of Children's Residential Centers (ACRC)*

West Ridge Academy
(Residential Treatment Center)

CONTACT

Executive Contact: Janet Farnsworth
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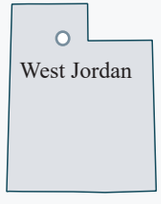
Phone: (801) 282-1000
Fax: (801) 282-1198
Address: 5500 West Bagley Park Drive
West Jordan, UT 84081
Website: www.westridgeacademy.org

NATSAP Member
Since: 2016

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 9 - 18
Grades: 8 - 12
Enrollment: 50
Duration: 8 months
Founded: 1964



Airport: Salt Lake City, UT (SLC)

West Ridge Academy is a licensed residential treatment center; we serve pre-teens and adolescents, ages 9 through 18. Our beautiful campus is located in West Jordan, Utah -- about 30 minutes south & west of Salt Lake City -- in a lovely residential community with lots of amenities and opportunities for outdoor, athletic, service, and other types of activities on our campus and right nearby. Our 50-acre campus is surrounded by neighborhoods and businesses that have grown up around us; we have been part of this local Utah community for over 50 years.

We offer a continuum of services including residential treatment, with intention to support the needs of our kids and families in the communities where they live. We offer services such as outpatient therapy, day treatment, as well as emergency stabilization for those in need of short-term placements. Music and the arts, a high-school sanctioned sports program and varied recreational therapy offerings are some of the highlights of our program.

Accreditation, Licensure: *Utah Office of Licensing; Commission on Accreditation of Rehabilitation Facilities (CARF); Cognia*
Professional Affiliations: *NATSAP - Full Member*

WestBridge, Inc.
(Residential Treatment Center)

CONTACT

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Admissions Contact: Corinne Glejzer
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Phone: (603) 634-4446
Fax: (603) 606-7826
Address: 660 Chestnut Street
Manchester, NH 03104
Website: www.westbridge.org

NATSAP Member
Since: 2018

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 18+
Grades: Post Secondary
Enrollment: 10
Duration: 12 months
Founded: 2001

Airport: Manchester, NH (MHT)

WestBridge excels at treating men, ages 18 and above, who experience symptoms of chronic psychiatric and co-occurring substance use disorders. Incorporating an integrated, multi-disciplinary team approach, we utilize evidence-based practices to support the long-term recovery of our participants. Family Education and Support is a core component of our program, along with psychiatric, cognitive behavioral, physical health, vocational and educational interventions. Individualized lengths of stay provide optimal structure and support to help ensure that our participants have a high degree of success. WestBridge offers Residential and Assertive Community Treatment levels of care at our Manchester, NH location.

Accreditation, Licensure: *State of New Hampshire, Dept of Health and Human Services; Commission on Accreditation of Rehabilitation Facilities (CARF) International*
Professional Affiliations: *NATSAP - Full Member; National Association of Addiction Treatment Providers (NAATP); American Residential Treatment Association (ARTA); The Association for Addiction Professionals (NAADAC); Association for Community Integration Programs; Legit Script Certified*

Whetstone Academy

(Therapeutic Boarding School)

CONTACT

Executive Contact: Dr. John L. Singleton
Admissions Contact: Chass Armstrong
Academic Contact: Jennifer Lassausaie
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Phone: (864) 723-7384
Fax: (864) 638-6099
Address: 186 Brians Lake Rd
Mountain Rest, SC 29664
Website: www.whetstoneacademy.com

NATSAP Member Since: 2018

PROGRAM OUTLINE

Gender: Male, including transgender
Ages: 10 - 15
Grades: 5 - 9
Enrollment: 24
Duration: 12 months
Founded: 2011

Airport: Spartanburg/Greenville, SC (GSP)

Founded in 2011, Whetstone Academy is a CARF and AdvancED accredited therapeutic boarding school for young students. Tucked away in the foothills of the Blue Ridge Mountains near the Chattooga River in South Carolina, our 57-acre campus boasts a lake for recreation and an active farm with many animals and birds. We proudly serve students in grades five through nine at time of admission. As a therapeutic boarding school, our vision is to provide a safe and dynamic setting where students can develop the needed tools to have effective skills and strategies for life; a "launching pad" where, through four areas: Behavioral, Academic, Social, and Emotional where our young students gain the skills to be successful in life.

At Whetstone Academy, students experience change and growth through an integrative program of individualized and group therapy, as well as academics that recognizes the needs of the whole child. Utilizing adult-guided peer interactions, students are encouraged to re-examine and rethink their perceptions of the world and to recognize and appreciate the opportunities that life holds for them.

Our program focuses on development of personal responsibility and commitment to family, school, and community through a relationship-based model. Our expressive arts therapy program offers extensive opportunities for healthy self-expression and creativity. Our progressive, accredited, college preparatory academic curriculum is designed to assess age, interests, and learning styles, while developing individual schedules that stimulate each child to rediscover the excitement of learning.

Whetstone's mission as a therapeutic boarding school is to guide students in establishing a secure BASE (behavioral, academic, social, and emotional skills) with an emphasis on relationships through a farm-based model.

Accreditation, Licensure: *Commission on Accreditation of Rehabilitation Facilities (CARF); Cognia*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE*

White River Academy

(Residential Treatment Center)

CONTACT

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Admissions Contact: Robin Reber
Academic Contact: Kris Cary
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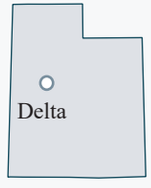
Fax: (435) 213-2810
Address: 275 W 100 S
Delta, UT 84624
Website: www.whiteriveracademy.com

NATSAP Member Since: 2014

PROGRAM OUTLINE

Gender: Male Only, as assigned at birth
Ages: 12 - 17
Grades: 6 - 12
Enrollment: 36
Duration: 18 months
Founded: 2006



Airport: Salt Lake City Int'l (SLC)

White River Academy is a private residential treatment center and school for boys 12 to 17.6 years old. We use a cognitive-behavioral approach combining aspects of both the Positive Peer Culture Model and the Developmental Vacation strategies created by our own Dr. Daniel M. Sanderson. Along with our private and family therapy group sessions we offer a variety of specialized therapy groups such as Equine Therapy, Mental Resilience and Self Discipline, Healthy Masculinity, Life Skills, Healthy Lifestyles, etc.

We adhere to all the Utah State Board of Education Standards established by Cognia Global Commission under Northwest Accreditation Commission. Upon admission, clients with behavioral, emotional, and learning disabilities are provided with a Private Schomay concentrate on their academic program while also working on their therapeutic issues.

Part of the requirements to graduate f is for the clients to work on 16 achievements and complete two service learning projects. Areas of achievement development include career, citizenship, educational, physical social, and spiritual categories.

Our staff are trained in therapeutic approaches, policies and procedures, and Positive Control Systems. The boys have 24/7 supervision by our staff as well as security cameras that are in our common areas with exception to our bathrooms. The boys participate in recreational activities within the community and the families come for parent weekends that are held on a quarterly basis.

We encourage the boys to live a healthy lifestyle. The boys are not allowed to engage in behavior that would be harmful to themselves or others. Clients have the responsibility to treat others respectfully, fairly, and impartially. They are to follow the rules, procedures, schedules, and staff directions. Parents are also encouraged to participate in frequent family therapy sessions and exchange daily emails.

Accreditation, Licensure: *State of Utah, Office of Licensing; Cognia*
Professional Affiliations: *NATSAP - Full Member*

Yellowbrick Consultation and Treatment

(Specialty Psychiatric & Behavioral Hospital)

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Website: www.yellowbrickprogram.com

NATSAP Member Since: 2016

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 14 - 35
Grades: N/A
Enrollment: 50
Duration: 6 months
Founded: 2005

Airport: O'Hare Int'l (ORD; Chicago Midway Int'l (MDW)

Yellowbrick is a nationally recognized trauma and research-informed intensive treatment center for adolescents & emerging adults ages 14-35 affiliated with the Northwestern Feinberg School of Medicine and The Chicago Psychoanalytic Institute.

Yellowbrick works with adolescents & emerging adults who have become stalled in their development. We have worked effectively with a broad range of diagnosis given our developmental focus. For those emerging adults who can no longer safely or effectively live on a campus, at home with parents, or in their own apartment, we provide a residential platform of apartments with skilled staff support. For individuals with "Extreme Experiences", Yellowbrick provides an extensive array of home health and community integration services in concert with neuro-modulation interventions noted below.

Yellowbrick provides an after-school IOP for adolescents which emphasizes self-regulation and social effectiveness. Psychotherapy focuses on and is approached through multiple combinations of family work, including multiple family group.

Yellowbrick's Life Strategies Program (LSP- IOP) is organized around the developmental emotional needs and maturing brain systems of emerging adults. LSP is an intensive in-depth individual and group psychotherapy program for those in The Residence or as a day program for outpatients. The LSP focuses on the clinical dimensions of access to emotional experience, self-regulation, and the process of establishing and sustaining adaptive attachments. There are also late afternoon specialty services for eating disorders, addictions, and trauma recovery. We are currently engaged in creating and launching a new initiative to address individuals suffering with chronic pain. All patients work with a career and education specialist to re-establish traction with aims and ambitions. Expert assistance for those with learning and executive function disabilities is available.

Yellowbrick's Center for Clinical Neuroscience provides neuro-modulation services such as pharmaco-genomically informed collaborative psychopharmacology, neurofeedback, deep TMS, DTCS, cognitive and executive function enhancement, yoga and therapeutic body work, and CBT in support of brain hygiene, wellness, and sleep.

Accreditation, Licensure: *State of Illinois, Department of Financial and Professional Regulation II; Joint Commission*
Professional Affiliations: *NATSAP - Full Member*

Youth Care

(Residential Treatment Center)

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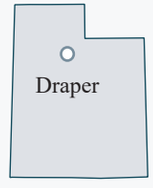
NATSAP Member Since: 1999

PROGRAM OUTLINE

Gender: All Genders (non-binary)
Ages: 11 - 18
Grades: 6 - 12
Enrollment: 60
Duration: 3 - 4 months
Founded: 1989



Airport: Salt Lake City, UT (SLC)

For over 30 years, Youth Care has provided clinically intensive and individualized interventions for the complex student. We specialize in working with teenagers experiencing emotional or behavioral problems such as: Pregnant teens, Thought Disorders, self-injurious behaviors, Mood Disorders, physical and sexual abuse, Reactive Attachment Disorder, Autism Spectrum Disorder, substance abuse, anxiety, Gender Identity Disorder, and Oppositional Defiant Disorder. Our small, home-like environment combined with a respectful approach provides the safe framework students and families require to promote rapid engagement and positive change. Our program offers a seamless continuum of care that features Youth Care, Residential, and Day Treatment programs. Because we are IN NETWORK with most insurance companies, we're seeing anywhere from 60-120 days of coverage under our RTC benefit and/or Day Treatment licensure.

Our clinically intensive program features Master or PhD therapists who provide three hours of individual therapy and one hour of family therapy per week. Students are involved in twenty plus hours of group therapy (seven of which are by a licensed therapist). Additionally, the students are assessed weekly by our psychiatrists and nursing teams. The program offers full chemical addiction counseling which includes a weekly individual session and group therapy that is substance abuse specific. The student will also have the opportunity to attend community based AA and NA group meetings weekly. Youth Care offers a variety of therapeutic approaches to help students. Youth Care offers a DBT (Dialectical Behavioral Therapy) program where therapists, teachers, and line staff are all trained to help students implement their skills into their daily living.

Students attend school for a full day where they are taught by Utah Certified Teachers. Their curriculum is matched with their home school requirements. Students participate in small, interactive classes where they are taught not only subject matter but techniques for improving school appropriate behaviors. Graduation ceremonies are available for students earning a High School diploma.

Accreditation, Licensure: *State of Utah Office of Licensing, Department of Human Services, Residential Treatment; Cognia, Joint Commission*
Professional Affiliations: *NATSAP - Full Member; NATSAP Research Designated Program (RDP) - BRONZE*

Individual Professional Members

Individual Professional Members are:

- Educational Consultants
- Psychologists
- Psychiatrists
- Lawyers
- Licensed Counselors and Therapists
- College/University Professors
- Other Referring Professionals

Members participate in NATSAP's common mission of promoting healthy growth and personal well being of program participants to become a part of the vision and mission of NATSAP.

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- An application for a NATSAP Affiliate Membership is voluntary on the part of the applicant and is designed to provide organizations the opportunity to show their commitment to the ethics and standards upheld by the National Association of Therapeutic Schools and Programs and its members.
- Acceptance as an Affiliate Member is based upon completion of the application in full and receipt of the Annual Dues and is accepted with the acknowledgment of the applicant that the application is complete.

Members participate in the NATSAP common mission of promoting healthy growth and personal well being of program participants to become a part of the vision and mission of NATSAP.

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Web: www.helloalleva.com
Expertise: Database Management

Years ago we recognized a need for better technology in the behavioral health space. With proven backgrounds in health software, we got to work developing a new product that would push the boundaries of technology to simplify and streamline the daily tasks of medical professionals. We understood that the less time they spent inputting notes and managing medications the more time they could spend with patients. From there, we were inspired to put similar technology right into the hands of the patients themselves, providing accessible tools and resources to help nurture recovery.

Today, Alleva is comprised of a talented group of individuals dedicated to providing world-class software to the behavioral health industry that offers premium care to those who need it. Our team includes licensed therapists, industry professionals and experienced software developers who are passionate about helping the helpers.

ASSISTED INTERVENTIONS, INC. — 231 Windsor Ave | Rockville Centre, NY 11570

Executive Contact: Joseph Carroll
Phone: (516) 567-4651
Email: josephcarroll@assistedinterventions.com
Web: www.assistedinterventions.com
Expertise: Interventionist; Transport; Other

Assisted Interventions has steadily become a recognized leader in the intervention and transport of at-risk adolescents. Our understanding of the needs of the child's family is something often looked at as a whole. At Assisted Interventions, we recognize that every child, every family and every crisis warrants individualized attention. Our evidence based approach to intervention and transport affords us the ability to personalize the process, thus retaining the child's dignity through an approach based on compassion, resulting in safe transport.

BESTNOTES — PO Box 5578 | Twin Falls, ID 83303

Executive Contact: Nicole Hovey
Phone: (855) 489-1792
Fax: (866) 554-3793
Email: nhovey@bestnotes.com
Web: www.bestnotes.com
Expertise: Database Management; Insurance; Other

BestNotes is a CRM/EHR specifically designed for NATSAP Programs.

Affiliate Members (Cont'd)

BLUESTEP SYSTEMS, LLC — PO Box 1085 | Farmington, UT 84025

Executive Contact: Roy D. Rasband
Phone: (801) 336-3043
Email: rrasband@vorrohealth.com
Web: www.bluestep.net
Expertise: Database Management, Other

BlueStep offers a dynamic web-based solution for therapy notes, group session, assessment charting, and medication administration records. We also extend to other crucial aspects of your organization including HR/Staffing, Marketing, and Facility Maintenance. With BlueStep's Connect Technology we can help your organization foster key relationships over the Internet with FamilyConnect™ and AlumniConnect™. Additionally, we allow you to customize, create, and edit any report, form, field or module according to your specific needs.

LAKE TAHOE PREPARATORY SCHOOL — PO Box 2180 | Olympic Valley, CA 96146

Executive Contact: William Grant
Phone: (530) 583-8665
Fax: (530) 581-1111
Email: bill.grant@laketahoeprep.org
Web: www.laketahoeprep.org
Expertise: Aftercare

Lake Tahoe Preparatory School is a grade 9-12 California boarding school and day school in the beautiful Sierra Nevada near Lake Tahoe. We offer a rigorous academic program that emphasizes close interaction between faculty and students and focuses on each student's individual needs. Supervised two-hour study halls each school night, along with our average class size of seven students, assure individual attention, and create a climate of academic success for every student.

MOUNTAIN SPRINGS PREPARATORY ACADEMY — 1454 South Campus Drive | Cedar City, UT 84720

Executive Contact: Jon Larsen
Phone: (435) 867-5555
Fax: (435) 867-0005
Email: swilson@mountainspringsprep.com
Web: https://www.mountainspringsprep.com/
Expertise: After Care

Mountain Springs Preparatory Academy (MSPA) is a boarding school that specializes in transition, step-down and practice. Through a full-range of wrap around services, we are specifically designed to help students who are stepping down from a higher level of care (i.e. residential treatment, therapeutic boarding school, or wilderness program) to prepare for their next step in life. We utilize a solution-focused model that allows students the opportunity to make choices and assess how much the students have internalized the skills they have learned in their prior treatment. MSPA provides many of the components of a traditional boarding school.

Affiliate Members (Cont'd)

PARKER BOUNDS JOHNSON FOUNDATION/ WILDERNESS FOR LIFE

PO Box 1989 | Lake Oswego, OR 97035

Executive Contact: Liz Bounds
Phone: (503) 810-9100
Email: info@pbjwilderness4life.org
Web: www.wilderness4life.org
Expertise: Other

1) GRANTS: PBJF provides financial support via grants for young people in-crisis to attend selected wilderness therapy programs located throughout the United States--our primary focus is to serve those young people in need who reside in Oregon and Washington; 2) INFORMATION RESOURCE: PBJF acts as an information resource for families and the community about wilderness therapy programs and how to access them for their child or young adult; 3) SUICIDE PREVENTION: Provide community outreach education & research funding for suicide prevention that addresses and includes mental health, addiction & substance abuse issues; 4) COMMUNITY SUPPORT: Create community through ongoing local events and activities that promote a sense of belonging, a healthful lifestyle and connection to the wilderness-- for all wilderness therapy program graduates and their families as well as graduates and families of continuing therapeutic schools and transitional living programs, who live in Oregon and Washington.

ROCK POINT SCHOOL

1 Rock Point Road | Burlington, VT 05408

Executive Contact: Hillary Kramer
Phone: (802) 863-1104 x112
Fax: (802) 863-6628
Email: hkramer@rockpoint.org
Web: www.rockpointschool.org
Expertise: Supportive Boarding School

Rock Point School is a small, supportive, engaging boarding school serving about 35 high school students. The school sits on 130 acres on Lake Champlain, just minutes from the wonderful college town of Burlington, Vermont. Our students have often found themselves off-track academically, socially, or personally. At Rock Point, they are seen for who they are, what strengths they have, and in what ways they need to be supported. With small classes, individualized attention, a tight-knit community, leadership opportunities, many art offerings (stained glass, photography, painting, theater, and drawing), hiking, skiing/snowboarding, gardening, community-based services (therapy, support groups), and more, students are able to fit in and stand out.

SUMMIT STRATEGIC SOLUTIONS, LLC

1990 Main St | Ste 750 | Sarasota, FL 34236

Executive Contact: David Nissen
Phone: (321) 663-1040
Email: david@summitstrategic.biz
Web: www.summitstrategic.biz
Expertise: Other

Summit Strategic Solutions provides consultation and advisory services to help behavioral healthcare providers increase enterprise value and make a more meaningful impact. As cofounder and former Managing Director of Pasadena Villa, I ran and later sold one of the country's most successful adult residential treatment facilities. I now help others improve operations, grow their businesses, increase profits, and navigate the increasingly complex sale process. Areas of expertise include operations, turnaround and change management, business development, new program development, and sell side diligence to help owners maximize enterprise value.

Affiliate Members (Cont'd)

TECHIE FOR LIFE

640 E 700 S, | Ste 206 | Saint George, UT 84770

Executive Contact: Jason Grygla
Phone: (435) 574-9393
Email: GetStarted@TechieForLife.com
Web: www.TechieForLife.com
Expertise: Other

We're a specialized mentoring program that includes school and work training, wrapped in a college living experience.

WISE ROOTS PARENTING

PO Box 270643 | Louisville, CO 80027

Executive Contact: Brooks Witter
Phone: (720) 340-5260
Email: info@wiserootsparenting.com
Web: www.wiserootsparenting.com
Expertise: Other

Wise Roots Parenting partners with treatment programs to educate and engage parents by delivering online, on-demand, psycho-educational content that teaches parents what they need to know to parent for a successful young adult launch.

Our stand-alone educational platform delivers parents over 60 videos, worksheets and written content created to speak directly to the pain, challenges, and hopes of a parent of an adolescent or young adult in treatment.

In addition to our online learning platform, Wise Roots Parenting also contracts with treatment programs to provide individualized, client-centered, and evidence based parent coaching. Working with Wise Roots Parenting, treatment programs can offer the parents of their clients 24/7 access to top-tier educational content as well as individualized coaching that delivers powerful results in the arena of parent engagement, growth, and collaboration.

Program Members: By State

State	Program / School	Phone
ALABAMA	Elk River Treatment Program	(256) 518-9998
ARIZONA	ANASAZI Foundation	(480) 892-7403
	Back2Basics Outdoor Adventures	(928) 814-2220
	In Balance Academy	(520) 722-9631
	Red Mountain Sedona	(855) 998-5272
	Sedona Sky Academy	(928) 300-5353
	Spring Ridge Academy	(928) 632-4602
CALIFORNIA	Ascend Healthcare	(310) 359-9403
	Benchmark Transitions	(800) 474-4848
	Journey Academy	(707) 823-7300
	Launch Centers	(424) 832-7627
	Newport Academy - Northern California	(866) 382-6651
	Newport Institute	(866) 382-6651
	Polaris Teen Center, LLC	(818) 616-8650
	River Stones	(909) 748-7141
COLORADO	AIM House	(303) 554-0011
	Open Sky Wilderness Therapy	(970) 382-8181
	PRN for Families	(888) 762-5973
	Urban Edge Denver	(800) 781-1493
CONNECTICUT	Devereux Glenholme School	(860) 868-7377
	Grove School	(203) 245-2778
	JRI - River Run At Susan Wayne Center	(860) 928-5900 x4223
	The Learning Clinic	(860) 744-1036
	Newport Academy - Connecticut	(866) 382-6651
	Waterford Country School, Inc.	(860) 440-4352
FLORIDA	Family First Adolescent Services LLC	(561) 252-6741
	The Foundation for Independent Living, Inc.	(954) 968-6472
	NBI Ranch	(954) 217-1757
GEORGIA	Blue Ridge Therapeutic Wilderness	(888) 914-1050
	Hillside®	(404) 875-4551
	Shepherd's Hill Academy	(706) 779-5736
	Skyland Trail	(404) 315-8333
	Skyland Trail - Adolescent	(866) 528-9593
HAWAII	Pacific Quest	(808) 937-5806
IDAHO	Aloft Transitions	(208) 365-8049
	BlueFire Wilderness Therapy	(208) 494-9505
	Boulder Creek Academy	(877) 348-0848
	Cherry Gulch	(208) 365-3437
	Echo Springs Transitional Study Center	(208) 267-1111

Program Members: By State

State	Program / School	Phone
IDAHO (CONT'D)	Innercept	(208) 661-7178
	Novitas Academy	(208) 954-5085
ILLINOIS	Arrowhead Youth and Family Services	(309) 799-7044
	The Brooke Whitted Center	(773) 420-2596
	EDGE Learning and Wellness Collegiate Community	(224) 616-2655
	New Summit Academy of Costa Rica	(800) 609-9496
	Sonia Shankman Orthogenic School	(773) 420-2900
	Yellowbrick Consultation and Treatment	(847) 869-1500
INDIANA	Compass Rose Academy	(260) 569-4757
KANSAS	Heartspring School	(316) 634-8700
	Lakemary Center, Inc.	(913) 557-4000
LOUISIANA	Evangelhouse Christian Academy	(800) 924-4012
MAINE	Cornerstones of Maine	(800) 588-6898
	Foundation House	(207) 767-1717
	Ironwood Maine	(207) 342-3655
	Onward Transitions, LLC	(207) 712-1181
	Summit Achievement	(207) 697-2020
MARYLAND	ClearView Communities, LLC	(240) 439-4900
MASSACHUSETTS	Chamberlain International School	(508) 947-7825
	Ellenhorn	(617) 491-2070
	Valley View School	(508) 867-6505
MISSOURI	Calo	(866) 919-8275
	Shelterwood Academy	(816) 249-5350
MONTANA	Big Sky Academy	(406) 825-2600
	Building Bridges	(406) 827-9853
	Chrysalis	(406) 889-5577
	Clearview Horizon, Inc.	(406) 847-5850
	Explorations	(406) 827-3863
	Intermountain	(406) 457-4778
	Montana Academy	(406) 858-2339
	Turning Winds Academic Institute	(800) 845-1380
NEW HAMPSHIRE	Shortridge Academy	(603) 755-3096
	Wediko School	(603) 478-5236
	WestBridge, Inc.	(603) 634-4446
NEW MEXICO	Sandhill Center	(505) 866-9271

Program Members: By State

State	Program / School	Phone
NEW YORK	Green Chimneys	(845) 279-2995 x119
NORTH CAROLINA	Asheville Academy for Girls	(828) 419-8100
	Black Mountain Academy	(828) 357-4383
	CooperRiis	(828) 894-7140
	Equinox RTC	(828) 436-2200
	Foothills At Red Oak Recovery	(828) 318-0148
	Red Oak Recovery®	(828) 318-0148
	Solstice East	(828) 484-9946
	SUWS of the Carolinas	(828) 668-7590
	Trails Carolina	(828) 885-5920
OHIO	Lindner Center of HOPE	(513) 536-0537
OREGON	Academy At Sisters	(541) 389-2748
	Deschutes Wilderness Therapy	
	Dragonfly Transitions	(541) 850-0841
	Evoke Cascades	(541) 382-1620
	New Leaf Academy	(541) 318-1676
SOUTH CAROLINA	Cherokee Creek Boys School	(864) 647-1885
	Whetstone Academy	(864) 723-7384
TENNESSEE	ARCH Academy	(844) 272-4674
TEXAS	Bayes Achievement Center	(936) 291-3391
	Clearfork Academy	(817) 382-8463
	Fulshear Treatment To Transition	(818) 917-4861
	Meridell Achievement Center	(800) 366-8656
UTAH	Alpine Academy	(435) 228-0100
	Ashcreek Academy	(435) 841-0704
	Aspiro Adventure	(801) 454-3805
	At The Crossroads	(435) 627-1788
	Bridge House	(435) 640-7552
	Cascade Academy, LLC	(435) 562-5800
	Catalyst Residential Treatment, LLC	(435) 723-4600
	Diamond Ranch Academy - Crystal Springs	(435) 635-4297
	Diamond Ranch Academy - Lava Falls	(435) 635-4297
	Discovery Academy	(801) 374-2121
	Discovery Connections	(801) 374-2121
	Discovery Ranch	(801) 489-3311
	Discovery Ranch for Girls	(855) 667-9388
	Elevations RTC	(801) 773-0200
	Evoke Entrada	(435) 974-9310
	Gateway Academy, LLC	(801) 523-3479
	Havenwood Academy, Inc.	(435) 592-5929

Program Members: By State

State	Program / School	Phone
UTAH (CONT'D)	The Heritage Community	(801) 226-4600
	Journey Home West	(801) 444-0794
	Journey Home Young Adult	(801) 444-0794
	Kaizen Academy	(801) 798-5448
	Kolob Canyon RTC	(435) 865-1437
	La Europa Academy	(801) 268-9300
	Legacy Outdoor Adventures	(435) 836-2272
	Logan River Academy	(866) 755-8400
	Maple Lake Academy	(801) 798-7700
	Monuments	(800) 559-1980
	Moonridge Academy	(435) 586-9585
	New Haven Residential Treatment Center	(888) 317-3958
	outBACK Therapeutic Expeditions	(801) 766-3933
	Oxbow Academy	(855) 676-4272
	RedCliff Ascent	(435) 238-7155
	ScenicView Academy	(801) 226-2550
	Second Nature Wilderness Family Therapy, LLC	(435) 738-2040
	Solstice West RTC	(801) 444-0794
	Sorenson's Ranch School	(435) 638-7318
	Star Guides	(800) 584-4629
	Sunrise RTC	(435) 635-1185
	Telos Academy	(801) 426-8800
	Telos U	(801) 877-5300
	Three Points Center, LLC	(435) 635-0636
	Triumph Youth Services, LLC	(435) 538-5061
	Uinta Academy RTC, LLC	(435) 245-2600
	University Neuropsychiatric Institute	(801) 587-9321
	ViewPoint Center	(877) 808-3088
	Vista Adolescent Treatment Center	(801) 558-3335
	Waterfall Canyon Academy	(801) 621-3901
	WayPoint Academy	(801) 690-7000
	West Ridge Academy	(801) 282-1000
	White River Academy	(435) 659-2368 x101
	Youth Care	(800) 786-4924
VERMONT	Confluence Behavioral Health	(802) 727-0019
	PATH At Stone Summit Inc.	(802) 293-2900
	Spruce Mountain Inn	(802) 454-8353
	True North Wilderness Program	(802) 583-1144
VIRGINIA	Little Keswick School	(434) 295-0457
	Newport Academy- N. CA	(866) 987-1088
WASHINGTON	Newport Academy - Washington State	(866) 987-1088
	Project Patch	(360) 690-8495
	Tamarack Center	(509) 326-8100

Program Members: By State

State	Program / School	Phone
WEST VIRGINIA	Greenbrier Academy for Girls	(877) 788-8422
WISCONSIN	New Vision Wilderness (Northwoods)	(866) 978-1560
	Northwest Passage - Riverside	(715) 866-8301
	Northwest Passage Child & Adolescent Center	(715) 327-4402
INTERNATIONAL		
CANADA	Pine River Institute	(416) 955-1453
COSTA RICA	New Summit Academy of Costa Rica	(800) 609-9496

Program Members: By Gender

All genders (non-binary)	Phone
AIM House	(303) 554-0011
Alpine Academy	(435) 228-0100
ANASAZI Foundation	(480) 892-7403
Ascend Healthcare	(310) 359-9403
Aspiro Adventure	(801) 454-3805
At The Crossroads	(435) 627-1788
Bayes Achievement Center	(936) 291-3391
Blue Ridge Therapeutic Wilderness	(888) 914-1050
BlueFire Wilderness Therapy	(208) 494-9505
Boulder Creek Academy	(877) 348-0848
Bridge House	(435) 640-7552
The Brooke Whitted Center	(773) 420-2596
ClearView Communities, LLC	(240) 439-4900
Confluence Behavioral Health	(802) 727-0019
CooperRiis	(828) 894-7140
Cornerstones of Maine	(800) 588-6898
Devereux Glenholme School	(860) 868-7377
Dragonfly Transitions	(541) 850-0841
Echo Springs Transitional Study Center	(208) 267-1111
EDGE Learning and Wellness Collegiate Community	(224) 616-2655
Elevations RTC	(801) 773-0200
Ellenhorn	(617) 491-2070
Evoke Cascades	(541) 382-1620
Evoke Entrada	(435) 974-9310
Green Chimneys	(845) 279-2995
Grove School	(203) 245-2778
Hillside®	(404) 875-4551
Innercept	(208) 661-7178
Intermountain	(406) 457-4778
Ironwood Maine	(207) 342-3655
Journey Academy	(707) 823-7300
JRI - River Run At Susan Wayne Center	(860) 928-5900 x4223
Lakemary Center, Inc.	(913) 557-4000
Legacy Outdoor Adventures	(435) 836-2272
Logan River Academy	(866) 755-8400
NBI Ranch	(954) 217-1757
New Vision Wilderness (Northwoods)	(866) 978-1560
Northwest Passage Child & Adolescent Center	(715) 327-4402
/Prairieview Program	(866) 978-1560
Onward Transitions, LLC	(207) 712-1181
Open Sky Wilderness Therapy	(970) 382-8181
Pacific Quest	(808) 937-5806
PATH At Stone Summit Inc.	(802) 293-2900
Pine River Institute	(416) 955-1453
Polaris Teen Center, LLC	(818) 616-8650
PRN for Families	(888) 762-5973
Red Mountain Sedona	(855) 998-5272

Program Members: By Gender

All genders (non-binary) Cont'd	Phone
RedCliff Ascent	(435) 238-7155
ScenicView Academy	(801) 226-2550
Second Nature Wilderness Family Therapy, LLC	(435) 738-2040
Shortridge Academy	(603) 755-3096
Skyland Trail	(404) 315-8333
Skyland Trail - Adolescent	(866) 528-9593
Sonia Shankman Orthogenic School	(773) 420-2900
Spruce Mountain Inn	(802) 454-8353
Summit Achievement	(207) 697-2020
SUWS of the Carolinas	(828) 668-7590
Tamarack Center	(509) 326-8100
Telos U	(801) 877-5300
Trails Carolina	(828) 885-5920
True North Wilderness Program	(802) 583-1144
Turning Winds Academic Institute	(800) 845-1380
University Neuropsychiatric Institute	(801) 587-9321
Urban Edge Denver	(800) 781-1493
ViewPoint Center	(877) 808-3088
West Ridge Academy	(801) 282-1000
Yellowbrick Consultation and Treatment	(847) 869-1500
Youth Care	(800) 786-4924

Program Members: By Gender

Coed - male and female as assigned at birth	Phone
Aloft Transitions	(208) 365-8049
Benchmark Transitions	(800) 474-4848
Big Sky Academy	(406) 825-2600
Calo	(866) 919-8275
Chamberlain International School	(508) 947-7825
Deschutes Wilderness Therapy	(541) 312-4316
Discovery Academy	(801) 374-2121
Discovery Connections	(801) 374-2121
Elk River Treatment Program	(256) 518-9998
Explorations	(406) 827-3863
The Foundation for Independent Living, Inc.	(954) 968-6472
Heartspring School	(316) 634-8700
The Heritage Community	(801) 226-4600
Launch Centers	(424) 832-7627
The Learning Clinic	(860) 744-1036
Lindner Center of HOPE	(513) 536-0537
Maple Lake Academy	(801) 798-7700
Meridell Achievement Center	(800) 366-8656
Montana Academy	(406) 858-2339
Newport Academy - Connecticut	(866) 382-6651
Newport Academy - Northern CA	(866) 987-1088
Newport Academy - Washington	(866) 987-1088
outBACK Therapeutic Expeditions	(801) 766-3933
Project Patch	(360) 690-8495
Sandhill Center	(505) 866-9271
Shelterwood Academy	(816) 249-5350
Shepherd's Hill Academy	(706) 779-5736
Sorenson's Ranch School	(435) 638-7318
Star Guides	(800) 584-4629
Three Points Center, LLC	(435) 635-0636
Waterfall Canyon Academy	(801) 621-3901

Program Members: By Gender

Female only, as assigned at birth	Phone
Chrysalis	(406) 889-5577
Clearview Horizon, Inc.	(406) 847-5850
Compass Rose Academy	(260) 569-4757
Diamond Ranch Academy - Crystal Springs	(435) 635-4297
Fulshear Treatment To Transition	(818) 917-4861
Havenwood Academy, Inc.	(435) 592-5929
Journey Home West	(801) 444-0794
La Europa Academy	(801) 268-9300
New Haven Residential Treatment Center	(888) 317-3958
Solstice West RTC	(801) 444-0794
Spring Ridge Academy	(928) 632-4602
Sunrise RTC	(435) 635-1185
Uinta Academy RTC, LLC	(435) 245-2600

Female, including transgender	Phone
Academy At Sisters	(541) 389-2748
Asheville Academy for Girls	(828) 419-8100
Discovery Ranch for Girls	(855) 667-9388
Greenbrier Academy for Girls	(866) 978-1560
Journey Home Young Adult	(801) 444-0794
Kolob Canyon RTC	(435) 865-1437
Lake House Academy	(828) 329-7441
Moonridge Academy	(435) 586-9585
New Leaf Academy	(541) 318-1676
Sedona Sky Academy	(928) 300-5353
Solstice East	(828) 484-9946

Program Members: By Gender

Male only, as assigned at birth	Phone
ARCH Academy	(844) 272-4674
Arrowhead Youth and Family Services	(309) 799-7044
Ashcreek Academy	(435) 841-0704
Back2Basics Outdoor Adventures	(928) 814-2220
Building Bridges	(406) 827-9853
Catalyst Residential Treatment, LLC	(435) 723-4600
Cherokee Creek Boys School	(864) 647-1885
Cherry Gulch	(208) 365-3437
Diamond Ranch Academy - Lava Falls	(435) 635-4297
Discovery Ranch	(801) 489-3311
Family First Adolescent Services	(561) 252-6741
Foothills At Red Oak Recovery	(828) 318-0148
Foundation House	(207) 767-1717
In Balance Academy	(520) 722-9631
Kaizen Academy	(801) 798-5448
Little Keswick School	(434) 295-0457
Monuments	(800) 559-1980
New Summit Academy of Costa Rica	(800) 609-9496
Novitas Academy	(208) 954-5085
Oxbow Academy	(855) 676-4272
Red Oak Recovery®	(828) 318-0148
River Stones	(909) 748-7141
Telos Academy	(801) 426-8800
Triumph Youth Services, LLC	(435) 538-5061
Valley View School	(508) 867-6505
Vista Adolescent Treatment Center	(801) 558-3335
WayPoint Academy	(801) 690-7000
WestBridge, Inc.	(603) 634-4446
White River Academy	(435) 659-2368 x101

Male, including transgender	Phone
Black Mountain Academy	(828) 357-4383
Equinox RTC	(828) 436-2200
Gateway Academy, LLC	(801) 523-3479
Northwest Passage - Riverside	(715) 866-8301
Waterford Country School, Inc.	(860) 440-4352
Wediko School	(603) 478-5236
Whetstone Academy	(864) 723-7384

Program Members: By Age Group

Program	From Age	To Age	Phone
Intermountain	4	13 at admission	(406) 457-4778
University Neuropsychiatric Institute	4	17	(801) 587-9321
Sandhill Center	5	13 upon admission	(505) 866-9271
Sonia Shankman Orthogenic School	5	21	(773) 420-2900
The Learning Clinic	5	22	(860) 744-1036
Northwest Passage Child & Adolescent	6	18 in Assessment /	
Center / Prairieview Program	12	17 in Prairieview	(715) 327-4402
Lakemary Center, Inc.	6	21	(913) 557-4000
Bayes Achievement Center	6	22	(936) 291-3391
Lindner Center of HOPE	6 and older		(513) 536-0537
Green Chimneys	7	21	(845) 279-2995
Hillside®	7	21	(404) 875-4551
Little Keswick School	9	18	(434) 295-0457
West Ridge Academy	9	18	(801) 282-1000
Calo	9	20	(866) 919-8275
Heartspring School	9	21	(316) 634-8700
Asheville Academy for Girls	10	14	(828) 419-8100
Cherry Gulch	10	14	(208) 365-3437
Cherokee Creek Boys School	10	15	(864) 647-1885
New Leaf Academy	10	15	(541) 318-1676
Whetstone Academy	10	15	(864) 723-7384
Valley View School	10	16	(508) 867-6505
New Vision Wilderness (Northwoods)	10	17	(866) 978-1560
SUWS of the Carolinas	10	17	(828) 668-7590
Trails Carolina	10	17	(828) 885-5920
Devereux Glenholme School	10	21	(860) 868-7377
PRN for Families	10+		(888) 762-5973
Moonridge Academy	11	14	(435) 586-9585
Meridell Achievement Center	11	17	(800) 366-8656
River Stones	11	17	(909) 748-7141
Sedona Sky Academy	11	17	(928) 300-5353
BlueFire Wilderness Therapy	11	17; 18+	(208) 494-9505
Youth Care	11	18	(800) 786-4924
Wediko School	11	19	(603) 478-5236
JRI - River Run At Susan Wayne Center	11	21	(860) 928-5900 x4223
Chamberlain International School	11	22	(508) 947-7825
Lake House Academy	12	16	(828) 329-7441
Big Sky Academy	12	17	(406) 825-2600
Diamond Ranch Academy - Crystal Springs	12	17	(435) 635-4297
Explorations	12	17	(406) 827-3863
Newport Academy - Virginia	12	17	(866) 987-1088
Shepherd's Hill Academy	12	17	(706) 779-5736
Sorenson's Ranch School	12	17	(435) 638-7318
Sunrise RTC	12	17	(435) 635-1185
Tamarack Center	12	17	(509) 326-8100
Triumph Youth Services, LLC	12	17	(435) 538-5061
White River Academy	12	17	(435) 659-2368 x101

Program Members: By Age Group

Program	From Age	To Age	Phone
The Heritage Community	12	17.5	(801) 226-4600
Alpine Academy	12	18	(435) 228-0100
Ascend Healthcare	12	18	(310) 359-9403
Diamond Ranch Academy - Lava Falls	12	18	(435) 635-4297
Elk River Treatment Program	12	18	(256) 518-9998
Evangelhouse Christian Academy	12	18	(800) 924-4012
Havenwood Academy, Inc.	12	18	(435) 592-5929
Logan River Academy	12	18	(866) 755-8400
Maple Lake Academy	12	18	(801) 798-7700
Newport Academy - Northern California	12	18	(866) 987-1088
Oxbow Academy	12	18	(855) 676-4272
Waterford Country School, Inc.	12	18	(860) 440-4352
Arrowhead Youth and Family Services	12	21	(309) 799-7044
Uinta Academy RTC, LLC	12	21	(435) 245-2600
Grove School	12	23	(203) 245-2778
Northwest Passage - Riverside	12	17	(715) 866-8301
Three Points Center, LLC	12	17	(435) 635-0636
Project Patch	12	17	(360) 690-8495
ViewPoint Center	12	17.9	(877) 808-3088
ANASAZI Foundation	12	31+	(480) 892-7403
Ashcreek Academy	13	17	(435) 841-0704
Cascade Academy, LLC	13	17	(435) 562-5800
Discovery Ranch for Girls	13	17	(855) 667-9388
outBACK Therapeutic Expeditions	13	17	(801) 766-3933
Polaris Teen Center, LLC	13	17	(818) 616-8650
RedCliff Ascent	13	17	(435) 238-7155
Second Nature Wilderness Family Therapy, LLC	13	17	(435) 738-2040
Spring Ridge Academy	13	17	(928) 632-4602
Star Guides	13	17	(800) 584-4629
Telos Academy	13	17	(801) 426-8800
Turning Winds Academic Institute	13	17	(800) 845-1380
Family First Adolescent Services	13	17	(561) 252-6741
Elevations RTC	13	17.6	(801) 773-0200
Academy At Sisters	13	18	(541) 389-2748
Black Mountain Academy	13	18	(828) 357-4383
Boulder Creek Academy	13	18	(877) 348-0848
Catalyst Residential Treatment, LLC	13	18	(435) 723-4600
Chrysalis	13	18	(406) 889-5577
Clearfork Academy	13	18	(817) 382-8463
Discovery Academy	13	18	(801) 374-2121
Discovery Connections	13	18	(801) 374-2121
Discovery Ranch	13	18	(801) 489-3311
Ironwood Maine	13	18	(207) 342-3655
Kaizen Academy	13	18	(801) 798-5448
New Haven Residential Treatment Center	13	18	(888) 317-3958
WayPoint Academy	13	18	(801) 690-7000
Pine River Institute	13	19	(416) 955-1453

Program Members: By Age Group

Program	From Age	To Age	Phone
Summit Achievement	13	20	(207) 697-2020
Waterfall Canyon Academy	13	20	(801) 621-3901
Clearview Horizon, Inc.	13	21	(406) 847-5850
Shelterwood Academy	13	21	(816) 249-5350
Journey Academy	13	22	(707) 823-7300
Aspiro Adventure	13	28	(801) 454-3805
Deschutes Wilderness Therapy	13	28	(541) 312-4316
Innercept	13	28	(208) 661-7178
Evoke Entrada	13	28+	(435) 974-9310
Open Sky Wilderness Therapy	13	28+	(970) 382-8181
Evoke Cascades	13	30	(541) 382-1620
Blue Ridge Therapeutic Wilderness	13	30	(888) 914-1050
Foothills At Red Oak Recovery	14	17	(828) 318-0148
Gateway Academy, LLC	14	17	(801) 523-3479
In Balance Academy	14	17	(520) 722-9631
La Europa Academy	14	17	(801) 268-9300
Monuments	14	17	(800) 559-1980
Skyland Trail - Adolescent	14	17	(866) 528-9593
ARCH Academy	14	18	(844) 272-4674
Building Bridges	14	18	(406) 827-9853
Compass Rose Academy	14	18	(260) 569-4757
Equinox RTC	14	18	(828) 436-2200
Greenbrier Academy for Girls	14	18	(866) 978-1560
Kolob Canyon RTC	14	18	(435) 865-1437
Montana Academy	14	18	(406) 858-2339
Novitas Academy	14	18	(208) 954-5085
Shortridge Academy	14	18	(603) 755-3096
Solstice East	14	18	(828) 484-9946
Solstice West RTC	14	18	(801) 444-0794
Vista Adolescent Treatment Center	14	18	(801) 558-3335
Newport Academy - Washington	14	24	(866) 987-1088
True North Wilderness Program	14	25	(802) 583-1144
Yellowbrick Consultation and Treatment	14	35	1-847-869-1500
New Summit Academy of Costa Rica	15	18	(800) 609-9496
Newport Academy - Connecticut	15	20	(866) 382-6651
Journey Home West	16	21	(801) 444-0794
Foundation House	17	35	(207) 767-1717
Journey Home Young Adult	18	23	(801) 444-0794
Cornerstones of Maine	18	28	(800) 588-6898
Urban Edge Denver	18	28	(800) 781-1493
Back2Basics Outdoor Adventures	18	30	(928) 814-2220
PATH At Stone Summit Inc.	18	30	(802) 293-2900
EDGE Learning and Wellness Collegiate Community	18	24	(224) 616-2655
Fulshear Treatment To Transition	18	24	(818) 917-4861
Pacific Quest	18	24	(808) 937-5806
AIM House	18	25	(303) 554-0011

Program Members: By Age Group

Program	From Age	To Age	Phone
At The Crossroads	18	25	(435) 627-1788
Echo Springs Transitional Study Center	18	26	(208) 267-1111
Newport Institute	18	27	(866) 603-4896
Benchmark Transitions	18	28	(800) 474-4848
Confluence Behavioral Health	18	28	(802) 727-0019
Dragonfly Transitions	18	28	(541) 850-0841
Spruce Mountain Inn	18	28	(802) 454-8353
Aloft Transitions	18	30	(208) 365-8049
Onward Transitions, LLC	18	30	(207) 712-1181
Red Oak Recovery®	18	30	(828) 318-0148
Telos U	18	30	(801) 877-5300
Launch Centers	18	35	(424) 832-7627
Bridge House	18	55	(435) 640-7552
ClearView Communities, LLC	18	60+	(240) 439-4900
The Brooke Whitted Center	18	25	(773) 420-2596
Red Mountain Sedona	18	28	(855) 998-5272
ScenicView Academy	18	Mid 30's	(801) 226-2550
Legacy Outdoor Adventures	18	39	(435) 836-2272
CooperRiis	18+		(828) 894-7140
Ellenhorn	18+		(617) 491-2070
NBI Ranch	18+		(954) 217-1757
Skyland Trail	18+		(404) 315-8333
The Foundation for Independent Living, Inc.	18+		(954) 968-6472
WestBridge, Inc.	18 and over		(603) 634-4446

Program Members: By Type

Non-residential/Outpatient Centers
Ellenhorn
PRN for Families

Residential Treatment Centers
Alpine Academy
ARCH Academy
Arrowhead Youth and Family Services
Ascend Healthcare
Ashcreek Academy
Bayes Achievement Center
Benchmark Transitions
Building Bridges
Calo
Cascade Academy, LLC
Catalyst Residential Treatment, LLC
Clearfork Academy
ClearView Communities, LLC
Clearview Horizon, Inc.
Compass Rose Academy
CooperRiis
Diamond Ranch Academy - Crystal Springs
Diamond Ranch Academy - Lava Falls
Discovery Connections
Discovery Ranch
Discovery Ranch for Girls
Elevations RTC
Elk River Treatment Program
Equinox RTC
Family First Adolescent Services
Foothills At Red Oak Recovery
Gateway Academy, LLC
Green Chimneys
Greenbrier Academy for Girls
Havenwood Academy, Inc.
Heartspring School
The Heritage Community
Hillside®
Innercept
Intermountain
Ironwood Maine
Journey Academy
JRI - River Run At Susan Wayne Center
Kaizen Academy
Kolob Canyon RTC
La Europa Academy
Lakemary Center, Inc.
The Learning Clinic

Residential Treatment Centers (Cont'd)
Legacy Outdoor Adventures
Recovery Center for Women
Lindner Center of HOPE
Logan River Academy
Maple Lake Academy
Meridell Achievement Center
Monuments
Moonridge Academy
NBI Ranch
New Haven Residential Treatment Center
Newport Academy - Connecticut
Newport Academy - Northern CA
Newport Academy - Washington
Northwest Passage - Riverside
Northwest Passage Child & Adolescent Center / Prairieview Program
Oxbow Academy
PATH At Stone Summit Inc.
Pine River Institute
Polaris Teen Center, LLC
Project Patch
River Stones
Sandhill Center
Sedona Sky Academy
Shelterwood Academy
Skyland Trail
Skyland Trail - Adolescent
Solstice East
Solstice West RTC
Sonia Shankman Orthogenic School
Sorenson's Ranch School
Sunrise RTC
Tamarack Center
Telos Academy
Three Points Center, LLC
Triumph Youth Services, LLC
Turning Winds Academic Institute
Uinta Academy RTC, LLC
Vista Adolescent Treatment Center
Waterfall Canyon Academy
WayPoint Academy
Wediko School
West Ridge Academy
WestBridge, Inc.
White River Academy
Youth Care

Program Members: By Type (Cont'd)

Residential Treatment Centers - Substance Abuse
ARCH Academy
Foothills At Red Oak Recovery
Lindner Center of HOPE
Pine River Institute
Shelterwood Academy

Specialty Psychiatric & Behavioral Hospitals
University Neuropsychiatric Institute
ViewPoint Center
Yellowbrick Consultation and Treatment

Therapeutic Boarding Schools
Academy At Sisters
Asheville Academy for Girls
Big Sky Academy
Black Mountain Academy
Boulder Creek Academy
Chamberlain International School
Cherokee Creek Boys School
Cherry Gulch
Chrysalis
Clearview Horizon, Inc.
Devereux Glenholme School
Discovery Academy
Evangelhouse Christian Academy
Explorations
Greenbrier Academy for Girls
Grove School
In Balance Academy
Little Keswick School
Montana Academy
New Leaf Academy
New Summit Academy of Costa Rica
Novitas Academy
Pine River Institute
Shepherd's Hill Academy
Shortridge Academy
Spring Ridge Academy
Three Points Center, LLC
Valley View School
Waterford Country School, Inc.
Whetstone Academy

Therapeutic Day School
Devereux Glenholme School
Journey Academy
JRI - River Run At Susan Wayne Center
Lakemary Center, Inc.
The Learning Clinic

Transitional Independent Living Programs
At The Crossroads
Devereux Glenholme School
EDGE Learning and Wellness Collegiate Community
Foundation House
Journey Home West
Journey Home Young Adult
Onward Transitions, LLC
Red Mountain Sedona
ScenicView Academy
Urban Edge Denver

Wilderness Therapy Programs
ANASAZI Foundation
Aspiro Adventure
Blue Ridge Therapeutic Wilderness
BlueFire Wilderness Therapy
Confluence Behavioral Health
Deschutes Wilderness Therapy
Evoke Cascades
Evoke Entrada
Foundation House
New Vision Wilderness (Northwoods)
Open Sky Wilderness Therapy
outBACK Therapeutic Expeditions
RedCliff Ascent
Second Nature Wilderness Family Therapy, LLC
Star Guides
Summit Achievement
SUWS of the Carolinas
Trails Carolina
True North Wilderness Program

Program Members: By Type

Young Adult Programs
AIM House
Aloft Transitions
At The Crossroads
Back2Basics Outdoor Adventures
Benchmark Transitions
Bridge House
The Brooke Whitted Center
ClearView Communities, LLC
Confluence Behavioral Health
Cornerstones of Maine
Dragonfly Transitions
Echo Springs Transitional Study Center
EDGE Learning and Wellness Collegiate Community
The Foundation for Independent Living, Inc.
Fulshear Treatment To Transition
Innercept
Launch Centers
Legacy Outdoor Adventures
Onward Transitions, LLC
Pacific Quest
Red Oak Recovery®
Skyland Trail
Spruce Mountain Inn
Telos U
Urban Edge Denver

RDP (Research Designated Program) Approved

The National Association of Therapeutic Schools and Programs (NATSAP) recognizes the need and responsibility to conduct appropriate research on its professional practices. In this vein, NATSAP has undertaken a major initiative to encourage all members to demonstrate that they examine their practice in a meaningful way. Programs that demonstrate this commitment are invited to apply, and receive upon examination by the NATSAP Research Committee, the status of a NATSAP RESEARCH DESIGNATED PROGRAM (RDP).

Bronze Programs

At The Crossroads
Black Mountain Academy
BlueFire Wilderness Therapy
Cherry Gulch
Chrysalis
Fulshear Treatment To Transition
In Balance Academy
Moonridge Academy
ScenicView Academy
Second Nature Wilderness Family Therapy, LLC
Star Guides
SUWS of the Carolinas
Whetstone Academy
Youth Care

Silver Programs

Alpine Academy
ANASAZI Foundation
ARCH Academy
Aspiro Adventure
Cherokee Creek Boys School
Deschutes Wilderness Therapy
Discovery Academy
Discovery Connections
Evoke Cascades
Evoke Entrada
Greenbrier Academy for Girls
Northwest Passage Child & Adolescent Center
Project Patch
Sunrise RTC

Gold Programs

Discovery Ranch
Discovery Ranch for Girls
Dragonfly Transitions
Gateway Academy, LLC
Intermountain
Legacy Outdoor Adventures
New Haven Residential Treatment Center
Open Sky Wilderness Therapy
outBACK Therapeutic Expeditions
Oxbow Academy
Pacific Quest
Pine River Institute
Red Oak Recovery®
RedCliff Ascent
Shelterwood Academy
Summit Achievement
Telos
Trails Carolina
True North Wilderness Program
WayPoint Academy

SEVIS (Student and Exchange Visitor Information System) Approved

Programs

Academy At Sisters
Alpine Academy
Ashcreek Academy
Asheville Academy for Girls
Boulder Creek Academy
Chamberlain International School
Cherokee Creek Boys School
Cherry Gulch
Chrysalis
Devereux Glenholme School
Diamond Ranch Academy - Crystal Springs
Diamond Ranch Academy - Lava Falls
Discovery Academy
Discovery Connections
Discovery Ranch
Elevations RTC
Equinox RTC
Evangelhouse Christian Academy
Evoke Cascades
The Foundation for Independent Living, Inc.
Gateway Academy, LLC
Greenbrier Academy for Girls
Grove School
Heartspring School
The Heritage Community
In Balance Academy
Innercept
Kolob Canyon RTC
Little Keswick School
Logan River Academy
Maple Lake Academy
Montana Academy
Moonridge Academy
New Haven Residential Treatment Center
New Leaf Academy
Novitas Academy
outBACK Therapeutic Expeditions
Pine River Institute
RedCliff Ascent
Sedona Sky Academy
Solstice East
Solstice West
Sonia Shankman Orthogenic School
Sorenson's Ranch School
Spring Ridge Academy
Summit Achievement
Sunrise RTC
Telos Academy
Telos U
Turning Winds Academic Institute
Uinta Academy RTC, LLC
Valley View School
ViewPoint Center
Waterfall Canyon Academy
West Ridge Academy
White River Academy

Acronym Definitions

A4CIP	Association for Community Integration Programs
AAC	American Adoption Congress
AACAP	American Academy of Child & Adolescent Psychiatry
AACC	American Association of Christian Counselors
AACS	American Association of Christian Schools
AAMFT	American Association for Marriage and Family Therapy
AANE	The Asperger / Autism Network
AARTC	American Association of Residential Treatment Centers
ABCT	Association of Behavioral and Cognitive Therapies
ACA	American Camp Association
ACATA	Alliance Counteracting Alcohol and Tobacco Advertising Targeting Youth
ACCT	Association for Challenge Course Technology
ACRC	Association of Children's Residential Centers
ADAA	Anxiety and Depression Association of America
ADDAM	Association of Directors of Development and Admissions and Marketing
AED	Academy for Educational Development
AEDP	Association of Eminent Domain Professionals
AEE	Association for Experiential Education
AHHA	American Holistic Health Association
AHHAP	Association of Halfway House Alcoholism Programs
AIHM	Academy of Integrative Health and Medicine
AMCAP	Association of Mormon counselors and Psychotherapists
ANPA	American Neuropsychiatric Association
APA	American Psychological Association
ARHE	The Association of Recovery in Higher Education Affiliate
ARS	Association of Recovery Schools
ARTA	American Residential Treatment Association
ASI	Accreditation Services International
ASW	Autism Society of Wisconsin
ATN	Attachment and Trauma Network
ATSA	Association for the Treatment of Sexual Abusers
ATTACh	Association for Training on Trauma and Attachment in Children
CAADE	California Association for Alcohol and Drug Educators
CACFS	California Alliance for Child and Family Services
CAIS	Connecticut Association of Independent Schools
CAMFT	California Association for Marriage and Family Therapy
CAPS	Christian Association of Psychological Studies

Acronym Definitions (Cont'd)

CAPSEF	Connecticut Association of Private Special Education Facilities
CAPSES	California Association of Private Special Education Schools
CARF	Commission on Accreditation of Rehabilitation Facilities
CCAPP	California Consortium of Addiction Programs & Professionals
CHADD	Children and Adults with Attention Deficit Disorder
CITA	Commission on International and Trans-Regional Accreditation
COA	Council on Accreditation
CSW	Clinical Social Work
CWLA	Child Welfare League of America
DESE	Department of Elementary and Secondary Education
DHCS	Department of Health Care Services
DoPL UT	Department of Professional Licensing of Utah
EAGALA	Equine Assisted Growth and Learning Association
EAP	Employee Assistance Professional Association
ECEA	Evangelical Council for Financial Accountability
EDC	Eating Disorder Coalition
EEC	Department of Early Education and Care
EIA	Education Industry Association
GACS	Georgia Association of Christian Schools
GAIS	Georgia Association of Independent Schools
GAPSEC	Georgia Association of Private Schools for Exceptional Children
GISA	Georgia Independent Schools Association
HRC	Human Rights Campaign
IADDA	Illinois Alcoholism and Drug Dependence Association
IAEDP	International Association of Eating Disorders Professionals
IASE	International Association for Statistical Education
IECA	Independent Educational Consultants Association
IiTAP	International Institute for Trauma and Addiction Professional
IOCDF	International OCD Foundation
IOP	Intensive Outpatient
ISBE	Approved Provider of Illinois
ISPA	Independent Small Programs Alliance
ISPS-US	International Society for Psychological and Social Approaches to Psychosis - United States Chapter
KDH&E	Kansas Department of Health & Environment
LDA	Learning Disabilities Association of America
LICSW	Licensed Independent Clinical Social Worker
LMHC	Licensed Mental Health Counselor
LMHCC	Labor / Management Health Care Coalition
MAAPS	Massachusetts Association of Approved Private Schools

Acronym Definitions (Cont'd)

MADC	Maryland Addiction Disorders Consortium
MADSEC	Maine Administrators of Services for Children with Disabilities
MALA	Michigan Assisted Living Association
MEDA	Multi-Service Eating Disorder Association
MHA	Mental Health Association Children with Disabilities
MPA	Maine Principles Association
MPY	Middlesex Partnerships for Youth
NAADAC	The Association for Addiction Professionals
NAANAD	National Association of Anorexia Nervosa and Associated Disorders
NAAS	Northwest Accreditation Commission
NAATP	National Association of Addiction Treatment Providers
NADD	The National Association for the Dually Diagnosed
NAIS	National Association of Independent Schools
NAMI	National Alliance on Mental Illness
NAPHS	National Association of Psychiatric Health Systems
NAPN	National Adolescent Perpetration Network
NAPS	National Association of Private Schools
NAPSEC	The National Association of Private Special Education Centers
NARA	Northern Arizona Recovery Association
NASP	National Association of School Psychologists
NASW	National Association of Social Workers
NATWC	National Association of Therapeutic Wilderness Camping
NBCDI	National Black Child Development Institute
NCA CASI	North Central Association Commission on Accreditation and School Improvement
NCPSA	National Council for Private School Accreditation
NCTRC	National Council for Therapeutic Recreation Certification
NEASC	New England Association of Schools and Colleges
NEDA	National Eating Disorders Association
NHASEA	New Hampshire Association of Special Education Administrators
NIPSA	National Independent Private Schools Association
NN4Y	National Network for Youth
NNDC	National Network of Depression Centers
NOJOS	Network on Juveniles Offending Sexually
NPSAG	National Private Schools Association Group
NSC	National Safety Council
NWAC	Northwest Accreditation Commission
NWEA	Northwest Evaluation Association

Acronym Definitions (Cont'd)

OBHC
Outdoor Behavioral Health Council

OBHIC
Outdoor Behavioral Healthcare Industry Council

OBHRC
Outdoor Behavioral Healthcare Research Cooperative

OPERA
Oregon Prevention Education and Recovery Association

OSSE
District of Columbia Office of the State Superintendent of Education

PAARP
Private Alternative Adolescent Residential Program

PANI
Patranato Nacional de Infancia de Costa Rica -child welfare organization

PWSANE
Prader-Willi Syndrome Association of New England

PWSAUSA
Prader-Willi Syndrome Association

RDP
NATSAP Research Designated Program

SAATB
Secondary School Admission Test

SACAVA
Substance Abuse Certification Alliance of Virginia

SACS
Southern Association of Colleges and Schools

SAMHSA
Substance Abuse and Mental Health Services Administration

SASH
Society for the Advancement of Sexual Health

SBSA
Small Boarding School Association

SBSI
Strength Based Services International

SEVIS
Student and Exchange Visitor Information System

SHRM
Society for Human Rights Management

SSATB
Secondary School Admission Test

TAADAS
Tennessee Association of Alcohol, Drug & other Addiction Services

TAATP
Tennessee Association if Addiction Treatment Providers

TABS
The Association of Boarding Schools and Colleges

TACC
Tennessee Association of Children's Centers

TAPG
Therapeutic Adventure Professional Group

TCA
Treatment Communities of America

TFA
Teaching-Family Association

USPRA
United States Psychiatric Rehabilitation Association

VAISEF
Virginia Association of Independent Specialized Education Facilities

VBSR
Vermont Business for Social Responsibility

WAFCA
Wisconsin Association of Family and Children's Agencies

WFMH
World Federation for Mental Health

WISER
Washington Independent Services for Education Resources

YATA
Young Adults Transition Association

NATSAP 2020 - 2021 Directory Order Form

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