

Newport Institute

(Residential Treatment Center)

CONTACT

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NATSAP Member
Since: 2020

PROGRAM OUTLINE

Gender: Coed - male and female only,
 as assigned at birth
Ages: 18 - 27
Grades: N/A
Enrollment: 30
Duration: 30 - 60 days
Founded: 2008



Airport: John Wayne Airport (JWA); Los Angeles Int'l Airport (LAX)

All Newport Institute homes are 6 bed, residential style treatment facilities providing services for Young Adults (ages 18-27), suffering from primary mental health disorders. We are located in both Northern and Southern California, in various affluent neighborhoods that offer safe and serene environments for our clients to heal and focus on their ailments. Our staffing ratio is approximately 3.38 staff to every 1 client, which provides us with the ability to offer the necessary amount of oversight and attention to each client individually. These staff include Psychiatrists, Nurse Practitioners, RN/LVNs, LMFT/LPCC/LCSWs, AMFT/APCCs, CADC-IIs, Care Coordinators, Teachers/Tutors, Culinary Staff, Intake specialists and discharge planners, facilities technicians, and housekeeping. We believe in the balance between the mind, body and spirit, and our holistic approach is designed to achieve that balance. Our service offerings include various therapeutic modalities including but not limited to; Attachment Based Family Therapy, CBT, DBT, Equine assisted EMDR, ACT, Somatic Experiencing, Relational Trauma Repair and many others. We also offer Kundalini Yoga, Equine Therapy, Adventure therapy, Music Therapy, Art Therapy, MMA, and more. Our teachers and tutors spend 10 hours per week working with clients on their academic/life goals which include; completing HS, completing/continuing college or college prep, trade/career evaluation, life skills development, aptitude testing etc. Our culinary teams work tirelessly to procure and produce foods that are natural and organic in nature with no processed ingredients, and that also are appetizing and delicious. Lastly, as we believe that family involvement in treatment is paramount to success, our program is designed to include the family heavily through Attachment Based Family Therapy and our Family Program.

Accreditation, Licensure: State of California Department of Social Services; Joint Commission
Professional Affiliations: NATSAP - Provisional Member; International Association of Eating Disorder Professionals (IAEDP); National Alliance on Mental Illness (NAMI); National Association of Behavioral Healthcare (NABH)