

Location

Englishton Park is located in Lexington, Indiana and sits on the former estate of Captain William English, a famous statesman in the history of Indiana. Located just off the Ohio River, this picturesque, 250 acre estate is an ideal setting for a residential program. Englishton Park fulfills Captain English's bequest to use his estate to help troubled children.



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THREE SPRINGS
Englishton Park

General Information

Englishton Park is a therapeutic educational community that serves boys ages 12-18 with significant emotional and behavioral problems.

For over 35 years a historic building located on the Englishton Park estate has been the site of a "Summer Program" for emotionally troubled children from the area. The new residential program continues the summer program's tradition of healing while utilizing all the benefits the grounds have to offer. The estate offers numerous amenities including: a newly renovated residential living space and school, two lakes, hiking trails, and a ROPES course.

The program is operated by Three Springs, Inc., a national leader in adolescent treatment programs and was created through a partnership with the Southeast Indiana Special Education Roundtable and the Englishton Park Estate. Three Springs operates over 20 adolescent treatment programs in 10 states.

Mission Statement

The mission of Three Springs is the healing and restoration of children and their families. Every resource at our disposal, be it financial, human or operational, is directed toward this purpose. Our efforts will always be governed by the principles of honor, respect, teamwork, responsibility, accountability and honesty.

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A Therapeutic
Educational
Community
for Boys



Helping Troubled Children Discover Lasting Solutions

Our Philosophy

It is common for youth to have difficulty adjusting to the tremendous developmental challenges that occur during adolescence. These challenges combined with Social, Family, and biological factors can cause confusion. This confusion can be exhibited through feelings of isolation, feeling odd or different, and a sense of being incomplete. These powerful emotions have youth reaching out for any relief or distraction they can find. Often the relief and/or distraction comes in the form of drugs and alcohol, acting out in school and at home, delinquent behavior, a misguided sense of adventure, isolation, and depression. Youth come to us feeling alienated from themselves and the world.

These developmental issues are the reason behind our treatment approach and for our focus on Therapeutic Milieu, Peer Empowerment Model, and Family Support. Milieu Therapy makes every moment of the waking day an experiential exercise; an opportunity for growth and change. Peer Empowerment focuses on youth helping each other and gaining confidence through a sense of community. This foundation of community helps youth feel empowered, which enables support and confrontation in a safe environment. Youth encourage each other to be accountable to others and responsible for self. This understanding gives each youth a new sense of control for their life through building healthy coping skills and habits. Each day youth feel more a part of the peer community, which enables them to reach out and reconnect to the world. Community service projects will enable youth to help themselves by helping others. Family Support programming will encourage family reunification through family therapy and family seminars.



Therapeutic Community

Englishton Park operates under a dynamic Cognitive Behavioral Model with Intensive Group, Individual and Family Counseling. Through a peer empowerment model, we provide Substance Abuse Therapeutic Groups, Experiential Learning Activities, Living Skills, Conflict Resolution Groups, and Special Needs Groups (adoption, divorce, grief/loss). In addition Residents and Parents are provided Growth Seminars and Aftercare Services. Englishton Park will utilize every aspect of the program to address the direct needs of the residents and their families. In the therapeutic community all members will be involved in the goal of reuniting families.

Educational Community

A year-round academic program offers education for each resident as part of his individualized, multi-disciplinary treatment plan. Upon admission, teachers review each resident's transcript and administer achievement tests to assist in developing an individualized educational curriculum. The academic team strives to meet standards set by the Indiana Department of Education using the latest best practice strategies and cutting edge interventions.

Residents can earn and receive course credits that are transferable to his next academic setting. Continuous learning takes place allowing the resident to be successful, possibly for the first time in his academic experience. Recognizing the importance of computer skills, we provide access to computers in each classroom. In addition, we have access to research materials in a new, well-equipped traditional library.

Activity Therapy

Activities are important for building coping skills, enhancing time management skills, developing a strong work ethic, and living in a positive environment. Youth will have daily involvement in developing and strengthening leisure skills through Fitness Activities, Experiential Learning and Adventure Therapy. Englishton Park's new ROPES course with upper and lower elements help develop trust and create an environment for team building. The Activity Therapy Program promotes the values of emotional release, social ability, physical exercise, spiritual development and creative self expression through our flexible activity therapy program.

Admissions

Children most likely to succeed will have an IQ of 80 or above, however children with lower IQ's will be evaluated to determine their ability to function in the community. Common Diagnosis include: Depression and other Affective Disorders, Oppositional-Defiant Disorder, Conduct Disorder, Impulse Control Disorder, ADHD, Substance Abuse (not primary diagnosis) and Personality Disorder features. Other diagnosis may be accepted after review of clinical information.

Englishton Park has an open enrollment policy. Children can be referred to the program through a variety of sources including: Special Education Departments, Human Services Agencies, Court Systems, Psychologists, Psychiatrists, Physicians and Private Families.

Englishton Park has experience working with a variety of different payor sources. To make a referral to Englishton Park please call 812.889.3992

