

[about three springs](#)

[our programs](#)

[parents](#)

[professionals](#)

[partnerships](#)

[employment](#)

[contact us](#)

[privacy](#)

[Outdoor Therapeutic](#)

[Transitional Living](#)

[Secure Residential](#)

[Program Locations](#)

[Program Descriptions](#)

[Contractual Programs](#)

[Typical Day](#)

THREE
SPRINGS

CHOICES Program, Trenton, AL

Who We Are

Three Springs' CHOICES program was established to provide 14 to 18 year old males from Blount, Marshall and Jackson county Alabama with an alternative to placement in a Department of Youth Services detention facility. The goal of the program is to provide these adolescents, who have a history of delinquent and/or ungovernable behavior, with an opportunity to learn the skills needed to make positive changes in their behavior and lives.

Placement is court ordered or referred through the Department of Youth Services. Potential residents must meet with established admission criteria and be determined appropriate for participation.

How We Help

CHOICES treatment services include a variety of experiential, outdoor based activities that are both educational and therapeutic.

Outdoor Adventure

The outdoor nature of the program is highly structured and goal oriented. Activities include vocational projects, recreational therapy, rope courses and alpine tower training. The residents safely confront fears, insecurities and negative beliefs about their ability to overcome obstacles. This increases self-confidence and can have a long-term, positive impact on their ability to successfully deal with difficult situations. Individual, group and family counseling are also provided to address the emotional and behavioral difficulties of the adolescent.

On-site Education

Educational services for the CHOICES program are offered in an on campus, private licensed school. Residents are required to attend school and they receive academic instruction five days per week. Both regular and special education services are offered.



- Department of Youth Services



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