

THREE
SPRINGS

Our Programs

Different Treatment Options for Different Needs

Your child is like no other. Each child has unique traits and individual talents that must be sought out and examined.

Three Springs knows that one treatment plan will not work for every child, particularly those children with behavioral and emotional issues. Our trained admissions coordinators will work with you and your family to take into account past behavior, attitude and actions. After we examine this thorough history of your child's behavior we will suggest an appropriate Three Springs program to help your family.

Three Springs offers three distinct programs: outdoor therapeutic, transitional living and secure residential.

- Our short-term outdoor therapeutic program is for early intervention; it addresses problems that have the potential to become more serious if ignored.
- Our long-term outdoor therapeutic programs are structured for more serious behavioral problems.
- The Three Springs transitional living programs help adolescents adjust to home and community life by re-introducing them to outside schools, work and family.
- Our secure residential programs are for adolescents with extreme emotional and behavioral problems.



Student Profile

Every child at Three Springs has different needs and experiences, but typically there are several common denominators:

- Difficulty responding to structure and rules
- Limited success in building relationships with authority figures or peers
- Lack of recognition of the needs, wants and rights of others
- Unhealthy risk taking, jeopardizing their safety and their family's well being
- Poor or rapidly deteriorating academic performance
- Low self-esteem
- Poor communication skills
- Defiance of authority

The degree of these behaviors, in addition to other factors, determines which program will best benefit your child.

Caring Professionals Dedicated to Helping Your Child

You only want the best for your child - which is why you're concerned with getting them the best treatment available. And that is why we set up strong safeguards for your child by hiring only the best counselors, family service providers and staff members in our field.

Three Springs' highly qualified staff has a minimum of a Bachelor of Arts or Sciences as well as field-specific training and extensive Three Springs training. All programs are staffed with consulting psychologists and psychiatrists. Direct Care Counselors, who will be working with your child on a daily basis, hold at least a bachelor degree in social science or therapeutic recreation. Family Service Workers, who will be working with the whole family, have a minimum of a masters degree in counseling or a related field of study.

In addition to their prior education and yearly on-going training, the Three Springs staff is required to attend our counselor orientation training. This

intensive program specific training program assures continuous growth and development of staff teamwork and skills.



Academic Excellence for Balanced Growth

Our superior educational staff meets all requirements for licensure and accreditation. All courses are taught by certified teachers who have specialized training in their subject areas. Each program has a private school located on campus, which is appropriately licensed. For more information on individual program accreditation and licensing, see the program descriptions.



The Total Life Approach - Healing Mind, Body and Spirit for a Lasting Solution

At Three Springs we believe that each individual is capable, if they choose, to acquire the skills to think, feel and behave differently. This philosophy does not dismiss the clinical validity of diagnoses and disabilities. However, our focus is on the practical realities of teaching your child how to positively cope with the "here and now" in order to address individual issues.

Our programs offer your child a unique combination of traditional psychiatric and psychological treatments. In addition many of our programs offer experiential and adventure based outdoor services, such as ROPES courses, hiking, rafting and alpine towers. We utilize the group process model, which helps adolescents work towards solutions to daily problems. The emphasis is on goal setting and achieving positive thinking and redirection. Our Positive Peer Culture approach focuses on monitoring and modifying inappropriate and even extremely delinquent behavior problems.

While the group process is the primary therapeutic intervention for lasting change, Three Springs recognizes the need for other therapeutic efforts. Psychiatric and psychological services, individual counseling, family counseling, substance abuse counseling/education, abuse victims counseling and special educational services are just a few of the additional treatment services available to your child. These services will more specifically address your child's needs while supporting and complimenting the group process model.

A total life approach - mind, body and spirit - combined with group and individual therapy as well as consequential responsibility, heal the past while the kids deal with the present. Your child is held personally responsible for any and all decisions they make. Each decision has a very real consequence that directly relates to the problem at hand.



Tell Us About Your Child

In order to help you understand what program might be appropriate for your child we encourage you to click [here](#) and answer a few simple questions about your child's behavior.



send this link to a friend

1-888-758-4356