

THREE SPRINGS

Helping Troubled Children Discover Lasting Solutions

Talk To Someone Who Can Help

888-758-4356

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Positive Peer Culture

Your Child Will Learn the Benefits of Positive Peer Culture

Every parent understands the power of peer pressure. Negative peer influence can cause your child to participate in destructive behavior. But positive peer culture can encourage your child to participate in constructive behavior.

Our program utilizes and stresses the importance of the group process in treatment. All children want to belong and be accepted. **Three Springs takes the strong, persuasive power of positive peer culture and uses it for positive change.**

Children encourage one another to reach goals they have set for themselves and for their group. **Your child will learn that their behaviors and actions affect the entire group.** This immediate feedback on behavior teaches your child consequences and the importance of responsibility.

We have found that under the supervision and guidance of skilled Group Counsellors, residents are able to impact one another in a manner which **produces lasting change.**



How the Positive Peer Culture Encourages Responsible Thinking and Behavior

Within a positive peer culture, each youth is faced with the challenge of learning responsible thinking and behavior. While this occurs through the involvement of both staff and youths, **the youths are seen as the most critical component in the process because of their ability to influence one another.**

Positive peer culture teaches youths that the development of responsible behavior and thought comes only from helping one another or "bringing the next youth up." With positive peer culture, the focus is not on **whether a youth wants to receive help, but whether he is willing to give help.**

Your child will work towards the following goals, to :

- Eliminate inappropriate behaviors
- Develop pro-social values
- Develop skills to become productive, contributing members of society
- Develop academic, vocational, social and personal potential
- Accept full responsibility for behavior
- Achieve a sensitivity to the impact of one's behavior on others
- Acquire a positive self-image
- Develop the ability to be empathetic and caring
- Gain a sense of mastery and control in life
- Develop skills in communication and understanding

- Build skills in being assertive as opposed to aggressive
- Learn to work with others within norms and standards to achieve goals
- Learn to help others so all can excel
- Care enough to confront
- Embrace challenge and change
- Recognize negative influences, beliefs, thoughts and behaviors
- Develop self-discipline and control
- Develop problem solving and decision making skills
- Recognize and accept feelings and express them appropriately
- Develop coping skills

Residents accomplish these goals through daily schedules that are aimed at developing your child's respect for authority, self-control, self-discipline and establishment of a work ethic.

To see a typical day at [Three Springs treatment programs](#), [click here](#).

[Read letters from parents and residents who've participated in our programs.](#)

Three Springs Has a Long History of Success

Since 1985, Three Springs has helped thousands of troubled children and their families.

[Click here to learn more about our long history of successful treatment.](#)

Your Child Receives Professional Care

Three Springs recognizes the need for additional therapeutic efforts, which are part of our comprehensive program. Included among these are psychiatric services, family sessions, educational services, outdoor treatment programs, substance abuse education, eating disorder education and abuse victim's treatment.

[Click here to learn if the time to act is now.](#)

[Or contact Three Springs to see if our programs are right for your child.](#)