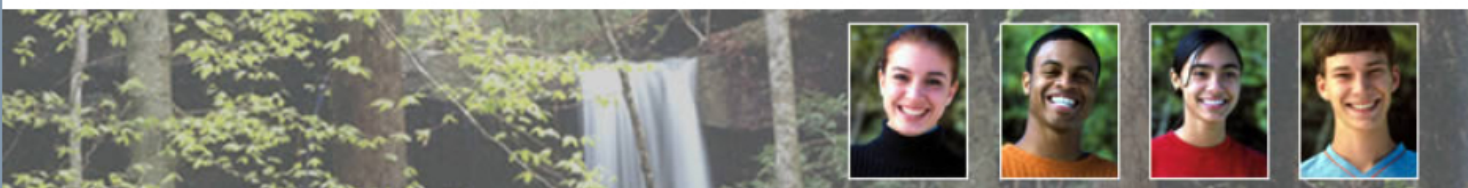


## THREE SPRINGS

Helping Troubled Children Discover Lasting Solutions

Talk To Someone Who Can Help

888-758-4356



[Home](#) [About Us](#) [Troubled Teens](#) [Residential Programs](#) [When To Act](#) [Employment](#) [Contact Us](#)

### Residential Programs

[Adolescent Residential Treatment Philosophy](#)  
[Selecting A Residential Treatment Program](#)  
[Education](#)  
[Types of Adolescent Programs](#)  
[Three Springs Treatment Programs - A Typical Day](#)  
[Access to Professional Staff](#)  
[Family Involvement](#)  
[Safety](#)  
[Success Rate](#)  
[Letters](#)  
[Program Cost](#)

[Home](#) > [Residential Programs](#) > [Adolescent Residential Treatment Philosophy](#)

### Adolescent Residential Treatment Philosophy

Three Springs understands your concerns as a parent for a compassionate, effective adolescent residential treatment philosophy for your child. Our programs address the issues of troubled adolescents in a positive way, treating the whole child – mind, body, and spirit, in a group model that is proven to be highly successful.

Our [adolescent residential programs](#) have been helping adolescents discover lasting solutions since 1985. [Click here for more information about educational opportunities.](#)



#### An Adolescent Residential Treatment Program that Improves the Mind

Treating the whole child involves improving the mind. For many of our students, school was a major difficulty. Three Springs' on-site private accredited school provides children with an opportunity to succeed.

Your child will have a complete academic assessment, leading to an education plan. **Our superior educational staff has specialized training and offers innovating teaching methods to accommodate special needs, gifted students, and youth that have rejected traditional approaches.**

Our on site schools meets all requirements for licensing and accreditation **in their state**. Your child may graduate directly from a Three Springs school with a real high school diploma, or we can transfer credit hours to local schools.

[For more information on Educational Opportunities Click Here](#)

#### An Adolescent Residential Treatment Program that Strengthens the Body

Many of our children come to us in poor physical condition. **Physical exercise is an important part of our approach to healing the whole child**, strengthening the body while clearing the mind and rejuvenating the spirit.

[Campus locations](#) have been chosen for their **quiet, rural settings**. Your child will experience a beautiful panorama of nearby mountains, streams and wildlife.

Depending on the program, residents participate in [experiential educational activities](#), such as **equine therapy, hiking, rafting, ropes courses and more**. Many teens get in trouble looking for adventure in the wrong places. Our adventure programming offers your child the chance to gain insight into their own behaviors while learning [safe, productive ways to have fun](#).

## An Adolescent Residential Treatment Program that Heals the Spirit

At Three Springs we believe individuals are capable of acquiring the skills to think, feel and behave differently. Combining traditional therapy with [positive peer culture](#), we help your child learn how to cope with the "here and now" in addressing life issues.

Our [residential programs](#) utilize the group process model, which helps adolescents work towards solutions to daily problems. **The emphasis is on goal setting and achieving positive thinking and redirection.** Our Positive Peer Culture approach focuses on monitoring and modifying inappropriate and even extremely delinquent behavior problems.

**Residents experience a sense of community and learn the importance of respect and individual responsibility.** They learn the value of supporting one another's efforts while encouraging each other through life's challenges. Each day provides an opportunity for residents to move from needing support to offering support to other group members.

We recognize the need for other therapeutic tools; **psychiatric and psychological services, individual counseling, substance abuse counselling/education and abuse victims counselling** are additional services available to your child which support the group process model. Family counseling is also a part of the program. [Family involvement](#) is critical to your child's success.

**A total life approach – mind, body and spirit** – combined with therapies appropriate for your child, will help heal the past, so your child can deal with the present. The end goal is for you and your child to have a successful future.

### The Time is Now

Don't wait until a crisis occurs. Click here to learn about [when you should act](#), or [contact Three Springs](#) to arrange for a tour and to find out more about our services. Upon entering the program, your child will begin receiving the help he or she needs.