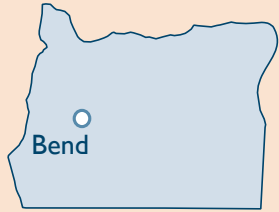


Academy at Sisters

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Betsy Jacobson Warren Admissions Contact: Chesley Strowd Academic Contact: Lachlan Leaver Email: cstrowd@academyatsisters.org Phone: (541) 389-2748 Fax: (541) 389-2897 Address: PO Box 5986 Bend, OR 97708-5986 Website: www.academyatsisters.org	Gender: Girls Only Ages: 13 - 18 Grades: 8 - 12 Enrollment: 24 Duration: 12 - 18 months Founded: 1994
NATSAP Member Since: 1999	 Airport: Redmond, OR (RDM)

The Academy at Sisters is a small, safe, therapeutic boarding school designed specifically to help young women address challenges such as: depression, anxiety, academic decline and school avoidance, social media misuse, relationship issues, family conflict, adoption and substance abuse.

Academy at Sisters employs a program model centered in Accountability and Cognitive Awareness. Additionally, components of DBT and Mindfulness allow youth to identify their patterns and practice alternative methods of coping both in the moment and long term.

Individual, Group and Family Therapy is facilitated by Licensed Therapists, and supported on a daily basis by experienced Treatment Coordinators.

Equine-Assisted Psychotherapy is a key component of our program. Youth participate in individual, group and family therapy using the horses. Youth also have the opportunity to participate in our basic horsemanship program and learn basic Western or English riding skills.

The Academy's Accredited Academic component utilizes a Proficiency Based Model of experiential learning which encourages youth to integrate and maximize individual learning styles. Classes are facilitated by masters level teachers who are skilled at making learning relevant and fun. Youth who meet criteria, are eligible to transition into the local high school to practice their new skills in a "real world" setting.

Recreational and community service opportunities are abundant and round out the overall experience at the Academy. Identifying ones purpose and passion in the community and in nature, affords youth the opportunity to connect and build relationships through leadership and service.

Individual Psychotherapy Available: Yes

Accreditation & Licensure: Oregon Department of Human Services; AdvancED; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; Oregon Alliance of Children's Programs; Coalition of Advocates for Equal Access for Girls and National Network for Youth