

HOUSE RESTRICTION GUIDELINES

1. When a person loses 51 points or more, House Restriction (HR) starts the next day.
2. HR students must participate in school and complete chores.
3. No conversation is allowed except with staff approval. This should be kept to a minimum. Conversation needs to be about chores, treatment material, etc.
4. The only material the student is allowed to work on is homework or treatment work, even if there is no school. No books, games, drawing, art, sewing or letter writing. House Restriction is not designed to be fun or entertaining.
5. Students are not allowed to receive mail or phone calls.
6. Limited bathroom time and opportunity to speak with staff. This is not a time for counseling. We encourage the students to review their behaviors that placed them on HR.
7. Point Cards are still in effect.
8. If this seems punitive, it probably is. Consider the behavior that accompanies the consequences.
9. Students must eat meals last and be at the end of the line during bathroom breaks and medication dispensing.
10. If it is the HR student's laundry day, they may do it. They must ask staff each time they need to go to the laundry room.
11. If HR is missed for any reason (sick day, etc.) it must be done the next day.
12. Showers are allowed before school and during the 15-minute period before bed, NOT in the middle of the day.

House restriction is designed to eliminate all unnecessary distractions so that students can fully process problematic behaviors and choices that resulted in point loss and HR.

*These guidelines are subject to modification
under special circumstances as deemed necessary by Academy staff.*