

Austen Riggs Center

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Suzanne Dewey Admissions Contact: Eric Plakun Email: info@austenriggs.net Phone: 1-800-51-RIGGS Fax: (413) 298-4020 Address: 25 Main Street P.O. Box 962 Stockbridge, MA 01262 Website: www.austenriggs.org	Gender: Coeducational Ages: 18 and older Grades: N/A Enrollment: 60 Duration: 6 weeks minimum Founded: 1919
NATSAP Member Since: 2013	 Airport: Great Barrington Airport (GBR)

Founded in 1919, the Austen Riggs Center is an open, voluntary psychiatric hospital and residential treatment center that specializes in longer-term treatment for diagnostically complex adults.

We offer a range of interventions within an integrated psychodynamic framework. An emphasis is placed on patient authority and responsibility while examining the meaning behind behaviors and how behaviors impact relationships.

Patients have individual, four times/week psychodynamic psychotherapy sessions with a Doctoral level clinician along with support and counseling from an interdisciplinary team that follows each patient from admission to discharge. The team includes a therapist, psychopharmacologist, substance use disorder counselor, social worker, nursing care coordinator, a therapeutic community staff member and others. The goal of treatment at Riggs is to help “treatment-resistant” patients become people taking charge of their lives.

Alongside the work we do with patients is the work of our Erikson Institute, which conducts research and provides educational opportunities including a four-year, post-doctoral training program in psychoanalytic studies accredited by the ACPEinc.

Austen Riggs is located in Stockbridge, Massachusetts, three hours from New York City, two hours from Boston and one hour from Albany, New York. The historic buildings that make up the campus are located along Norman Rockwell's Main Street.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Massachusetts Department of Mental Health, Joint Commission

Professional Affiliations: NATSAP-Full Member; American Hospital Association; National Association of Psychiatric Health Systems; American Residential Treatment Association