

Catalyst Residential Treatment, LLC

(Residential Treatment Center)

CONTACT

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PROGRAM OUTLINE

Gender: Boys Only
Ages: 13 - 18
Grades: 9 - 12/College Prep
Enrollment: 48
Duration: 9 months average
Founded: 2006



NATSAP Member
Since: 2007

Airport: Salt Lake City, UT (SLC)

The mission of Catalyst is to create opportunities for meaningful change and success for all those associated with the program. We believe that with the proper care and environment, we help facilitate and accelerate the process of change in each individual and family. Our vision is to lead boys on the path to manhood and true independence, and to lead families on the path to wholeness.

Catalyst is a clinically-driven substance abuse and dual diagnosis residential treatment center for boys ages 13 to 18. Catalyst is operated in two large beautiful homes, each providing living quarters for 24 students. Surrounded by many acres of open space on the outskirts of Brigham City, Utah, Catalyst is just 50 minutes north of Salt Lake City.

Catalyst provides truly individualized treatment based on a foundation of a thorough assessment of each youth upon admission as well as on-going assessments on a weekly basis. Each therapist carries a caseload of no more than eight youth and we are very staff intensive with a true staff-to-youth ratio of one-to-four. We also pride ourselves on the professionalism of our staff, as we train in workshops on a regular basis.

Our treatment model is truly holistic in addressing the six major areas of each youth's life including the family, heart, body, mind, soul and friends core elements. We help youth and families on the path to healing and balance in all of these important areas of their lives.

Youth also gain significant personal experience with healthy living in Catalyst by participating in three types of experiential activities: music, exercise and sober fun. Youth participate in healthy exercise on a daily basis and have opportunity to take part in a triathlon and gain a real sense of personal accomplishment, if they choose. Sober-fun activities include snowboarding, mountain biking, camping, hiking, swimming and the like. Youth involvement in challenging and other experiential and recreational activities provides a very useful avenue for assessment and treatment of youth issues which may not be revealed in traditional "talk" therapy.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools through Catalyst Preparatory Academy

Professional Affiliations: NATSAP-Full Member