

Cedar Ridge Academy RTC

(Residential Treatment Center)

CONTACT

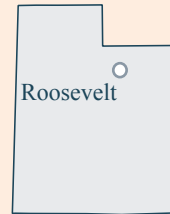
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NATSAP Member

Since: 2016

PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 18
Grades: 6 - 12
Enrollment: 50
Duration: 14 months avg.
Founded: 1997



Airport: Salt Lake City Int'l (SLC)

Cedar Ridge Academy is a residential treatment center that specializes in working with youth who have issues such as anxiety, depression, low self-esteem, childhood trauma, mild to moderate substance abuse, ADD/ADHD, and anger management problems.

Our mission is to guide youth in a process of positive internal change by helping them acquire the skills and self-knowledge they need to form healthy relationships with others and utilize their individual inner strengths to become mature, well-balanced, productive persons. Cedar Ridge Academy is dedicated to the concept of using the least restrictive means necessary to induce change, helping students to utilize their internal resources to grow and mature, given the right tools and environment.

Our program functions on a system of trust levels which measure and promote the students' trust in themselves, the trust of their peers, and the trust of the program staff. Licensed therapists implement individual service plans based on an exposure desensitization model to help students address the underlying fears that precipitate their negative behaviors. Regular physical activity and low-key competitive athletics help develop character and physical well-being. The program seeks to help youth become physical, emotionally, and spiritually congruent.

Our accredited high school provides individualized and direct instruction academics geared to teaching students how to be lifelong learners. We emphasize preparation for higher education and can also accommodate those who struggle to learn. With an average class size of 8 students, our certified teachers have the opportunity to meet individual needs and to build relationships with their students. Our guidance counselor helps students with test preparation and college applications.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; AdvancEd; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member