

CooperRiis Healing Community

(Residential Treatment Center)

CONTACT

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PROGRAM OUTLINE

Gender: Coeducational
 Ages: 18+
 Enrollment: 60
 Duration: 2 to 6 months
 Founded: 2003



NATSAP

Member Since: 2012



Airport: Charlotte Douglas Int'l

Philosophy and Conceptual Models: Our program is based on the recovery concepts of enhanced mental health recovery. Via the supportive, therapeutic milieu where staff and residents live, work, and grow together, we strive for optimal health for all. In addition to nutrition, and exercise, we add the best of modern psychiatry, psychology, substance abuse counseling, complementary modalities, and a work and service program. Through person-centered planning, each resident and their family are encouraged to join the recovery process. Outcomes and results are tracked across the Seven Domains® of Recovery.

Who Are Our Residents: CooperRiis accommodates residents who are 18 years of age or above and who are willing and stable enough to participate in the program. Residents range from the young students and homemakers to professionals such as doctors, dentists, or lawyers. Typical diagnoses include schizophrenia, schizoaffective disorder, bipolar disorder, major depression or anxiety disorders. Some residents experience borderline personality disorder, and half may have a history of substance abuse or addiction. The 'first episode' college student may use CooperRiis for a Gap Semester and learn how to avoid a lifetime of mental illness. The older person who has faced multiple mental health challenges may also use CooperRiis to recover their dreams and mental health.

Costs and Scholarships: Our fee is \$14,500 per month with scholarship available after the second month of residency for those who qualify. We offer up to six months of scholarship (rate reduction) in our core programs with additional scholarships available in our community programs. Rates are reduced based on the resident's family's ability to pay. The Community Programs have lower costs as the resident moves toward greater independence. We award over two million dollars in scholarships to over half of our residents each year.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: North Carolina Department of Health and Human Services

Professional Affiliations: NATSAP-Full Member; International Society for Psychological Treatments of Schizophrenias and other Psychoses; American Residential Treatment Association; Association of Therapeutic Communities