

Diamond Ranch Academy - Crystal Springs

(Residential Treatment Center)

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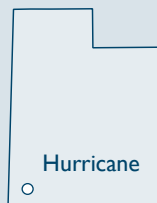
PROGRAM OUTLINE

Gender: Girls Only
 Ages: 12 to 17
 Grades: 7 to 12
 Enrollment: 60
 Duration: 10 to 12 months
 Founded: 1999



NATSAP

Member Since: 2012



Airport: St. George

Diamond Ranch Academy (DRA) is a premier licensed Youth Residential Treatment Center, located in Utah's beautiful color country. Our mantra is "Healing Families One Youth at a Time" and we are dedicated to creating life-long positive change in the lives of our students and their families. Typical diagnoses that are appropriate at DRA include, but are not limited to: Clinical Depression, Anxiety, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Personality Disorders, Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Substance Abuse.

DRA is designed to equip young women with self-worth and an understanding of how to navigate the struggles women face in today's society. We provide our students with opportunities to learn and practice appropriate boundaries with boys and men and how to maintain healthy relationships. DRA incorporates a sophisticated Therapeutic Milieu that uses a well refined "Token Economy" which integrates and reinforces individual accountability in all aspects of student life. In a gentle, yet firm way, teens learn that in real life, there are always naturally-occurring rewards and consequences for their choices.

All students are provided with a Utah-licensed Doctoral or Masters level therapist. Our therapists are creative in developing individual treatment plans which integrate all aspects of DRA's Milieu. DRA offers Individual Therapy, Group Therapy, Family Therapy, Equine Therapy, and AA/NA groups. In addition, DRA offers eight parenting seminars yearly.

DRA's accredited academic program is specifically designed to empower students by providing individual support from certified teachers in a traditional classroom environment. Mastery learning empowers students to develop the academic skills, foundation of knowledge, and confidence needed for success in the classroom. Special Education personnel assist with identifying students with learning disabilities and providing services of existing Individual Education Plans (IEP).

Competitive athletic teams and extracurricular clubs are an important part of DRA. Athletic teams and extracurricular clubs include activities such as: Volleyball, Basketball, Softball, Soccer, Track and Field, Dance, Cheer, Guitar, Choir, Speech and Debate, Art, Fishing, and Small Animal Care.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed with Utah Department of Human Services Northwest Association of Schools and Colleges, SEVIS Accredited

Professional Affiliations: NATSAP - Full Member; EAGALA