

Explorations

(Small Residential Program, Outdoor Therapeutic Program)



Member Since: 1999

Phone: (406) 827-3863

Executive Contact: Penny James

Admission Contact: Penny James or Leona Gollen

Gender: Coeducational, Girls Only, Boys Only
Ages: 12 - 18 & 19 - 30
Grades: 7 - 12
Enrollment: 10 - Residential
 39 - Outdoor Program
Duration: 12 to 18 months - Residential Program
 2 months - Outdoor Program
Founded: 1989
Email: info@explorationsMT.com
Fax: (406) 827-4072



Address: P.O. Box 1469
 119 South Hill Road
 Trout Creek, MT 59874
Airport: Spokane, WA

Website: www.explorationsmt.com

Explorations offers a variety of unique and relevant program choices that meet the needs of today's teens and young adults. For 20 years, we have provided innovative, diverse offerings that promote healthy families. We promise individualized attention and small groups. We support reunification of families through integrated parent involvement. We prioritize successful, supported transitions at the conclusion of our offerings.

HomeBase Residential looks and feels like home! Students, ages 13 – 18, practice solutions to 'every-day-life' problems in a real life environment. Students live in a therapeutic home while balancing out the challenges of family, school and personal endeavors. Students attend school or complete distance learning and participates in individual and group therapy. Parent involvement is supported. Mentors are nurturing, but firm, and teach effective life skills.

Big Sky Summer Adventures serves girls and boys ages 13 – 18, in separate offerings. We teach self-reliance, responsibility and accountability through rigorous adventures such as backpacking, rock-climbing, and rafting. Therapy is integrated into the adventure curriculum. Parents may participate on a weeklong trip with their teen. We offer separate 7 week Adventure Programs for boys and girls, a 21-day boys Leadership Course and a 26-day young Women's Empowerment Course. Courses are perfect for those floundering but not emergent in their behaviors. Students typically do not require the intensity of a wilderness intervention program but need more emotional support than a typical summer camp.

AfterCare transition support is available. AfterCare includes extensive transition plans, collaboration with home resources, in-home visits and/or family intensive weekends, and weekly therapeutic contact.

Custom-Designed Experiences are available year-round for families, parents, young adults, or siblings. We specialize in designing experiences to promote positive change and pro-active life choices. Extensive therapy, creative outdoor pursuits, and education are integrated to meet the needs of the student, young adult or entire family.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensure through Montana Board of Private Alternative Adolescent Residential Programs (PAARP)

Professional Affiliations: NATSAP-Full Member; Association for Experiential Education (AEE), National Association of Therapeutic Wilderness Camps (NATWC)