

Gateway Academy

(Residential Treatment Center)



Member Since: 2002

Phone: (801) 463-7888

Executive Contact: Julie Brown, LCSW

Admission Contact: Melissa Hickman, LCSW

Gender: Males Only
Ages: 14 to 17
Grades: 8 to 12
Enrollment: 40
Duration: 7 to 9 months
Founded: 2002
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Address: 2487 South 700 East
Salt Lake City, UT 84106
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Website: www.gatewayacademy.net

Gateway Academy is a residential program designed to give young men every advantage in their transition back to family, relationships and life. Gateway Academy is resolute that each young man receives an individualized balance of intense therapy; demanding accredited schooling; outdoor experiential learning; and comprehensive fitness programming.

Gateway Academy has two homes: a 16-bed Victorian home, and a 16-bed Ranch style home. Each home is intentionally small in size so as to impact each young man on a rare and individual level. Gateway Academy serves boys ages 14 to 17 struggling with depression, anxiety, impulsivity and attention problems, social problems, diminished self-esteem, oppositional behaviors, substance abuse difficulties at home, relationship problems, nonverbal learning problems, difficulties in executive functioning and academic deficits, identity and developmental issues, and other comparable difficulties. Young men with these issues are mentored in personal, social and intellectual development.

Gateway Academy's intensive treatment program is run by highly credentialed clinicians that ensure the disciplines of academics, therapy and experiential activities are dynamically integrated. Specifically, each young man receives weekly individual and family therapy, as well as daily specialized groups according to their individual needs. These groups include: Adolescent Male Development, Trauma Resolution, Anxiety and Depression, Information Processing Skills, Drug and Alcohol, Adoption, and Transition. Each young man is also provided on-site psychiatric services as needed. Additionally, Gateway's weekend outdoor experiential learning program utilizes outdoor adventures as a means to solidify therapeutic gains and foster personal growth. Individual and group experiential activities are intentionally engineered to allow students to test clinical gains and to grow emotionally, intellectually and physically.

Gateway Academy also offers an individualized academic program structured to assist each youth to attain their academic potential. Specifically, in response to new developments in neuropsychology and neuroscience, Gateway has carefully designed its therapeutic and academic program by integrating targeted exercise, movement and cognitive fitness activities known to augment learning, improve academic performance and enhance therapeutic results. Gateway Academy's academic program is provisionally accredited by the Northwest Association of Accredited Schools. The therapeutic and academic components are augmented by community service projects, independent living skills, and community resource networking.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Residential Treatment

Professional Affiliations: NATSAP-Full Member