

Gateway Academy

(Residential Treatment Center)

CONTACT

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PROGRAM OUTLINE

Gender: Males Only
 Ages: 13 to 21
 Grades: 8 to 12/College Prep
 Enrollment: 32 (16 in each house)
 Duration: 7 to 9 months
 Founded: 2002



NATSAP

Member Since: 2002



Airport: Salt Lake City

Gateway Academy is a residential treatment program dedicated to the healthy development and healing of adolescent boys. Gateway's small, home-like environment provides the nurturing boys need to thrive and the safety to practice positive relationships. With integrity and respect, Gateway ensures our students feel empowered and valued, build healthy relationships, make thoughtful decisions, develop life skills, become life-long learners and achieve their personal best. We accomplish this through five integrated programs: 1) Therapy that is individualized, 2) Education that is personal, 3) Outdoor adventures that are therapeutic, 4) Community that is empowering, and 5) Fitness that is focused. Every interaction, activity, and experience is individualized and intentionally designed to ensure each boy's healthy development, healing and growth.

Gateway Academy's, four owners play a powerful role in leadership, program operations and management, and ongoing incorporation of current research. Gateway's intensive treatment program is facilitated by highly credentialed clinicians with expertise in multiple therapeutic methodologies and techniques. Each young man receives weekly individual and family therapy, daily group therapy and on-site psychiatric services. Gateway's weekend program utilizes outdoor experiential education adventures as a means to solidify therapeutic gains and help students push themselves in therapy and school.

Gateway also offers an accredited academic program structured to challenge and support each boy within his own ability and learning style. Gateway's therapeutic and academic components are augmented by community service projects, independent living skills, community resource networking and therapeutically supported transition to adult living. What distinguishes Gateway from other residential treatment centers is our emphasis on brain-based learning and healing within the context of relationships. Gateway utilizes "Sparks" – a scientifically proven targeted movement approach proven to boost brain power and enhance learning and healing. Put simply, by understanding what's happening in an adolescent's brain at this formative stage of development – and by individualizing his treatment through therapy rooted in relationships – we ensure our students learn, grow and heal.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Northwest Accreditation Commission

Professional Affiliations: NATSAP-Full Member