

Gateway Academy

(Residential Treatment Center)

CONTACT

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PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 - 18
Grades: 9 - 12/College Prep
Enrollment: 32
Duration: 8 to 10 months
Founded: 2002



NATSAP Member
Since: 2002

Airport: Salt Lake City, UT (SLC)

Gateway Academy is an owner operated residential program dedicated to the healthy development, education and healing of adolescent boys. We provide a safe and nurturing environment through five integrated programs: 1) therapy that is individualized, 2) education that is personal, 3) community that is empowering, 4) outdoor adventures that are therapeutic, and 5) fitness that is focused to prime the brain. The Gateway difference comes from the purpose and intent infused in every aspect of our programs.

Gateway Academy serves boys ages 14 to 17 struggling with depression, anxiety, impulsivity and attention problems, social problems, diminished self-esteem, oppositional problems, substance abuse difficulties at home, relationship problems, nonverbal learning problems, difficulties in executive functioning and academic deficits, identity and developmental issues and other comparable difficulties. Young men with these issues are mentored in personal, social and intellectual development.

Grounded in our relationship and brain based approach, each young man receives an individualized balance of intense therapy, demanding accredited schooling, outdoor experiential learning; and comprehensive fitness programming. Gateway's small, home-like environment provides the nurturing boys need to thrive and the safety to practice positive relationships. Through staff mentoring, peer interactions, group activities, and volunteer service, boys learn self-advocacy, life skills, and self-confidence.

Gateway Academy's intensive treatment is run by highly credentialed clinicians that ensure the disciplines of academics, therapy and experiential activities are dynamically integrated. Specifically, each young man receives weekly individual and family therapy, as well as daily specialized groups according to their individual needs. Each young man is also provided on-site psychiatric services as needed. Additionally, Gateway's weekend outdoor experiential learning program utilizes outdoor adventures as a means to solidify therapeutic gains and foster personal growth. Individual and group experiential activities are intentionally engineered to allow students to test clinical gains and to grow emotionally, intellectually and physically. Gateway is purposely located in an urban community to ensure our students have access to opportunities to develop their external assets. Through participation in community-based activities and service our students learn how to connect, access resources, and contribute to the community they live in. As a result, each student develops skills they can take home to their own neighborhood to establish value and connection.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member