

Gateway Academy, LLC

(Residential Treatment Center)

CONTACT

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NATSAP Member
Since: 2002



PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 - 17
Grades: 9 - 12/College Prep
Enrollment: 44
Duration: 8 to 10 months
Founded: 2002



Airport: Salt Lake City, UT (SLC)

Gateway Academy, an owner operated residential program, is dedicated to the healthy development, education and healing of adolescent boys. We provide a safe and nurturing environment through five integrated programs: 1) therapy that is individualized, 2) education that is personal, 3) community that is empowering, 4) outdoor adventures that are therapeutic, and 5) fitness that is focused to prime the brain.

Gateway serves boys ages 14 to 17 struggling with depression, anxiety, impulsivity and attention problems, social and nonverbal learning difficulties, diminished self-esteem, relationship problems, identity and developmental issues, executive functioning and academic deficits.

Grounded in our relationship and brain-based approach, each young man receives an individualized balance of intense therapy, demanding accredited schooling, outdoor experiential learning and comprehensive fitness programming. Through staff mentoring, peer interactions, group activities, and volunteer service, boys learn self-advocacy, life skills, and self-confidence.

Highly credentialed clinicians ensure the disciplines of academics, therapy and experiential activities are dynamically integrated. Specifically, each young man receives weekly individual and family therapy, daily specialized groups, and on-site psychiatric services as needed. Weekend outdoor education solidifies therapeutic gains as activities are intentionally designed to allow students to test clinical gains and grow emotionally, intellectually, and physically. Gateway is purposefully located in an urban community to ensure access to community-based activities and resources. The final phase of each boy's time at Gateway, called the Gateway Phase, is carefully designed and individualized with the purpose of allowing students to experience a less structured environment, while continuing to receive therapeutic support and mentorship. Students begin to navigate their own schedule, increase their personal responsibility and autonomy, manage homework and chores and engage in employment or service and leisure activities in our local community. As a result, each student develops skills they can take home to their own neighborhood to establish value and connection.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services, AdvancEd; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)