Kailana

(Residential Treatment Center)

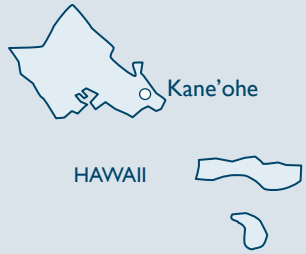
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NATSAP
Member Since: 2010

PROGRAM OUTLINE

Gender: Boys Only
Ages: 14 to 18
Grades: 7 to 12
Enrollment: 24
Duration: 6 to 12 months
Founded: 1993



Airport: Honolulu International Airport

The Kailana model uses culturally-relevant ocean- and land-based experiential activities, including tall-ship sailing. The model fosters positive change and development through experiential, academic, and therapeutic activities in four general areas:

1. Self-Identity and Esteem;
2. Social and Family Relationships and Functioning;
3. Educational and Vocational Abilities and Skills; and
4. Recreational and Physical Competencies.

Land-based activities include growing crops and raising fish on the program's farm, to hiking, camping, ropes courses, and community service projects.

Through the ocean-based component, youth progress from basic water safety skills to outrigger canoe paddling and small boat sailing. Youth then sail on five-day interisland open ocean voyages, planning and crewing three to four voyages before graduation/discharge aboard Marimed's tall-ship, Makani Olu. The ship is a 96', steel hulled, three-masted staysail schooner built in 1997. Makani Olu is a U.S. Coast Guard certified sailing school vessel with berthing for up to 15 students and 5 crew and staff.

Most clinically discharged youth return to their home schools having earned enough credits to work at their age/grade level and with the self-management and social skills needed to be a positive member of the community. Follow up studies show lasting, significant decreases in negative factors twelve months after clinical discharge, (IMO Project Final Evaluation Report, Ap. 2006, The Catalyst Group.)

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Council on Accreditation, U.S. Coast guard, State of Hawai'i Alcohol Drug Abuse Division, Child and Adolescent Mental Health Division, and Office of Health Care Assurance
Professional Affiliations: NATSAP-Full Member, Association of Experiential Education, American Sail Training Association, Hawai'i Youth Services Network, National Network for Youth