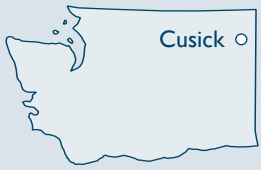
Life Designs, Inc.

(Young Adult Program)

CONTACT		PROGRAM OUTLINE	
Phone:	(509) 445-0185	Gender:	Coeducational
Executive Contact/Admissions Contact:	Vince Barranco (509) 671-2487	Ages:	18 to 30
Program Contact:	Clay Garrett (435) 773-8703	Grades:	GED, High School at Transition House
Email:	lifesesignesclay@gmail.com	Enrollment:	Open
Fax:	(509) 931-1714	Duration:	6 to 18 months
Address:	10302 N. LeClerc Road Cusick, WA 99119	Founded:	1997
Website:	www.lifedesignsinc.com		

NATSAP

Member Since: 2000



Airport: Spokane

Life Designs prepares young people for responsible adulthood, in an age when many students find college to be frightening at first and they are paralyzed by the challenges and choices in the "real world". We specialize in leadership training and the transition into adulthood, where the foundation for autonomy is addressed and created. Life Designs offers a safe but challenging "homelike" environment where this important introspective journey can take place.

Life Designs works to empower young adults to explore who they are: their values, talents and passions. Students learn to take action toward their personal goals, confronting their fears and former ways of self-sabotage. Our experiential learning style uses the home environment and daily work around the 30-acre property to teach "transferable skills" that will apply to any relationship, living situation, or job. Art, music, animal therapy and nature are also used as teaching tools. The curriculum is self-empowerment: personal identity, leadership, finance, work ethic, psychology, home management, family living, problem-solving, friendships, personal fitness, recreation and leisure. Students graduate with a well-defined future plan. Parent growth parallels student progress through educational workshops and bi-weekly communication that fosters post-adolescent parenting.

Our staff is excellent at creating an ideal learning climate and "real life" situations where students create new thought patterns and actions for positive self-empowerment.

Kedlin House is the new extended living phase of Life Designs located in Spokane, WA. Students can extend their stay an additional 12 months and can go to school, work, or both while in an urban setting with continued guidance from Life Design's staff.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Young Adult Affiliate Member, IECA