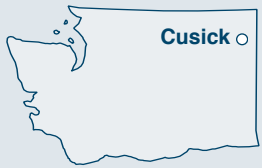
Life Designs Ranch

(Young Adult Program)

Member Since: 2000

Phone: (509) 445-0185

Executive Contact: Vince Barranco (509) 445-0666
Admission Contact: Vince Barranco (509) 671-2487
Clinical Director: Kim Mlinarik, LMHC, CDP



Gender:	Coeducational		
Ages:	18 to 26		
Grades:	Optional High School/GED		
Enrollment:	14		
Duration:	5 to 7 months		
Founded:	1998	Address:	10302 N. LeClerc Rd.
Email:	admissions@lifedesignsranch.com		Cusick, WA 99119
Fax:	(208) 439-4422	Airport:	Spokane

Website: www.lifedesignsranch.com

Life Designs Ranch prepares young people for responsible adulthood, in an age when many students find college to be frightening at first and they are paralyzed by the challenges and choices in the "real world". We specialize in leadership training and the transition into adulthood, where the foundation for autonomy is addressed and created. Life Designs offers a safe but challenging "homelike" environment where this important introspective journey can take place.

Life Designs Ranch works to empower young adults to explore who they are: their values, talents and passions. Students learn to take action toward their personal goals, confronting their fears and former ways of self-sabotage. Our experiential learning style uses the home environment and daily work around the 29-acre ranch to teach "transferable skills" that will apply to any relationship, living situation, or job. Art, music, animal therapy and nature are also used as teaching tools. The curriculum is self-empowerment: personal identity, leadership, finance, work ethic, psychology, home management, family living, problem-solving, friendships, personal fitness, recreation and leisure. Students graduate with a well-defined future plan. Parent growth parallels student progress through educational workshops and bi-weekly communication that fosters post-adolescent parenting.

Our staff is excellent at creating an ideal learning climate and "real life" situations where students create new thought patterns and actions for positive self-empowerment. Whether a student needs to complete high school or is a college graduate, Life Designs offers the building blocks for success.

Individual Psychotherapy Available: Yes
Professional Affiliations: NATSAP-Young Adult Affiliate Member