

Life of Purpose Treatment Center

(Young Adult Program)

CONTACT	PROGRAM OUTLINE
Executive Contact: Andrew Burki, MSW Admissions Contact: Sarah Babaa Email: sbabaa@lifeofpurposetreatment.com Phone: 1-888-PURPOSE Fax: (561) 447-8991 Address: 3848 FAU Blvd., #100 Boca Raton, FL 34431 Website: www.lifeofpurposetreatment.com	Gender: Coeducational Ages: 17 - 29 Grades: College Level Enrollment: 25 Duration: 60 days Founded: 2013
NATSAP Member Since: 2014	 Boca Raton Airport: Palm Beach Int'l Airport (PBI / KPBI)

For those whose education has been unraveled or disrupted by addiction or alcoholism, LIFE OF PURPOSE offers the opportunity to pursue academic goals alongside a comprehensive continuum of care.

Our program will go beneath the surface of addiction to unveil triggering issues of the addiction process, such as low self-esteem, lack of direction or purpose in life, traumatic events, family turmoil, angst in interpersonal relationships, learning disabilities, physical pain, depression, anxiety and other mental health issues.

Our therapists draw from a multi-disciplinary background to incorporate elements from various cognitive-behavioral and psychoanalytic techniques. We also employ individually planned nutrition and physical exercise programs as well as meditation practices. Additionally, LIFE OF PURPOSE utilizes traditional approaches such as group therapy. Our groups are uniquely focused and carefully tailored to the needs of our college bound client population. Groups meet several times daily (which helps accommodate the class schedules of our clients as they begin to reintegrate into university), always with different topics ranging from experiential to group processing dynamics. All clients also have their individual therapist to meet with several times per week for intensive therapy and counseling. At LIFE OF PURPOSE we understand that a focused individual and client-specific group therapy is absolutely essential for healing and growth.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Florida Department of Children and Families
Professional Affiliations: NATSAP-Young Adult Affiliate; Yoga Alliance