

Little Keswick School

(Therapeutic Boarding School)

CONTACT

Executive Contact: Marc Columbus
Admissions Contact: Terry Columbus
Academic Contact: Jody Berkey
Email: lksinfo@littlekeswickschool.net
Phone: (434) 295-0457
Fax: (434) 977-1892
Address: P.O. Box 24
 Keswick, VA 22947
Website: www.littlekeswickschool.net

PROGRAM OUTLINE

Gender: Boys Only
Ages: 9 - 18
Grades: 5 - 12
Enrollment: 35
Duration: 2 years
Founded: 1963



NATSAP Member
Since: 2007

Airport: Charlottesville, VA (CHO)

Located on 25 pastoral acres just outside Charlottesville, Virginia, Little Keswick School has been serving boys with social/emotional challenges and learning disabilities for 53 years. Our small therapeutic non-profit school provides warm and nurturing relationships, intensive clinical interventions, and individualized education for 34 boys in a highly structured environment that ensures that they develop successfully.

Boys between nine and fifteen years of age are admitted from throughout the country and abroad to work on issues related to executive functioning, social and relationship challenges (neuro-developmental, dynamic, or experiential in nature), collaboration, personal competence and learning issues. Intellectual levels of our students range from low-average to superior. Depending on their continuing clinical and educational needs, students can stay through their eighteenth year, with most requiring two years of immersion in our therapeutic community to attain the gains necessary for a successful transition.

Boys accepted carry a combination of the following or related diagnoses: Attention Deficit or Attention Deficit/Hyperactivity Disorder, Specified Learning Disabilities, Anxiety Disorders, Obsessive Compulsive Disorder, Attachment issues, Autism Spectrum Disorders, Tourette's Disorder, Depression, Oppositional Defiant Disorder and Bipolar Disorder. The school does not accept severely emotionally disturbed children, children in conflict with the law, have a drug abuse history or who have sustained patterns of physical aggression. Our boys tend to be gentler and less sophisticated or worldly. We set a high standard of academics while maintaining a balance with therapeutic and social development for each student. Staff use a multi-disciplinary approach to treat the whole child emphasizing brain-based learning and an adapted social thinking curriculum to develop each child's unique sense of self.

All students participate in individual, group and family therapies provided by two experienced Ph.D. psychologists, a licensed clinical social worker, as well as our consulting child psychiatrist, who also manages pharmacology for all of the students. Individual, integrated, and group occupational therapy, speech and communications therapy and art therapy are optional services. A wide array of residential activities are offered, including: art, woodworking, therapeutic horseback riding, creative arts, athletics, soccer, basketball, swimming, fishing, canoeing, mountain biking, rock climbing, hiking, Boy Scouts and optional music instruction.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Department of Behavioral Health and Developmental Services; Commonwealth of Virginia Department of Education; Virginia Association of Independent Specialized Education Facilities; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member, The National Association of Private Special Education Centers (NAPSEC)