

Living Well Transitions

(Transitional Independent Living Program)

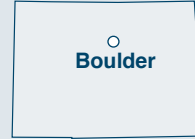


Member Since: 2006

Phone: (303) 245-1020

Admission Contact: Julie Randall

Gender: Coeducational
 Ages: 18+
 Grades: N/A
 Enrollment: 15
 Duration: 9 to 12 months
 Founded: 2004
 Email: info@livingwelltransitions.com
 Fax: (303) 245-1001



Address: P.O. Box I
 Boulder, CO 80306-1356
 Airport: Denver

Website: www.livingwelltransitions.com

Living Well Transitions is a therapeutic, independent-living program for young men and women ages 18+. Our goal is to help young adults create a happy, healthy and rewarding life of independence. We strive to teach our clients how to reduce the harm from high-risk behaviors, while creating a balance in life between opportunity and responsibility.

Appropriate candidates for our program include those aged 18+ who are admitted voluntarily and are capable of caring for themselves in an independent living environment. Our highly trained clinical teams, consisting of Masters level mental health professionals, provide both cognitive and insight-based therapeutic methodologies to assist our clients in achieving personal success. A customized transition plan is developed for each client and is modeled on the five elements of our program: Life, School, Work, Relationships, and Meaning. Services available include individual and group psychotherapy, family counseling, life-skills training, vocational support and assistance, educational support and assistance, community networking, clinical assessment and diagnosis, crisis intervention, and consultation.

Managing the responsibilities of adult life takes time, practice, and support. When these responsibilities are coupled with the challenges posed by learning disabilities, social anxiety, chronic impulsivity, or symptoms related to psychological disorders, they can seem overwhelming. However, the maintenance of these responsibilities is also fundamental to fostering self-esteem and ultimately to one's creation of a successful life.

Individual Psychotherapy Available: Yes

Professional Affiliations: NATSAP-Young Adult Affiliate Member