

Logan River Academy

(Residential Treatment Center)

CONTACT

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PROGRAM OUTLINE

Gender: Coeducational
Ages: 12 - 18
Grades: 8 - 12
Enrollment: 60
Duration: Average is 12 months
Founded: 2000



NATSAP Member
Since: 2000

Airport: Salt Lake City, UT (SLC)

Logan River Academy is a premier adolescent residential treatment center offering a family of specialized services of the highest quality and ethical standards. We are dedicated to improving the lives of our students and families. We offer safe, caring, structured, therapeutic environments, promoting positive change. Our five distinct and specialized programs are:

- **ESSENCE:** Two dorms serving male students with autism spectrum disorders;
- **Foundations:** Two dorms serving boys who struggle with depression, anxiety, boundary issues, learning problems, family issues and substance use;
- **Maple Rise:** A separately located country home serving female students;
- **Tavasi:** A transitional living dorm for students that have successfully completed a previous treatment program;
- **Y.A.:** A dorm for 18 year old students

Each of these small and intimate programs offer specialized programming to students with specific diagnoses and needs. All students participate in a fully accredited school and an exceptional adventure learning program, keeping students active and learning new skills.

At Logan River Academy we have an overarching philosophy that we call the Principle-Based Model. This model is based on five principles for effective living: honesty, respect, accountability, fairness and caring. These principles guide how we train our team, how we work with our students, and what we expect our students to learn while here. We believe that as a student learns, incorporates and internalizes these principles, they will find great success. Within this model, we utilize Cognitive-Behavioral Therapy (CBT) and Dialectical-Behavioral Therapy (DBT) as guiding therapeutic modalities. This model provides an atmosphere where our students learn and utilize CBT and DBT skills, while incorporating the 5 principles for effective living in their lives.

Our goal is to help each student develop the necessary skills to succeed at home, in school and in the community. This is accomplished through the concerted efforts of the family, the treatment team and an individualized treatment plan. Each student receives individual, group and family therapies by licensed therapists. The treatment plan is implemented in a safe, structured, and supportive living environment. Substance abuse intervention is available for students with that need. All faculty members are certified and the curriculum includes 8th through 12th grade classes and small class sizes.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Department of Human Services, Office of Licensing; AdvancED; California Non-Public School Accreditation

Professional Affiliations: NATSAP-Full Member