

Mountain Homes Youth Ranch

(Outdoor Therapeutic Program/Wilderness Program)



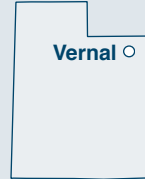
Member Since: 2005

Phone: (435) 781-2450

Executive Contact: Rob Caldwell

Admission Contact: Rob Caldwell

Gender: Coeducational
 Ages: 12 to 17; 18 to 25
 Grades: 5 to 12
 Enrollment: 40
 Duration: 12 to 15 weeks
 Founded: 1996
 Email: robc@mhyr.com
 Fax: (435) 781-2442



Vernal

Address: 247 S. Vernal Ave.
 Vernal, UT 84078
 Airport: Grand Junction, CO
 Salt Lake City, UT

Website: www.mhyr.com

Mountain Homes Youth Ranch is a licensed therapeutic wilderness program in the state of Colorado. The program uses an outdoor setting to bring out behavioral issues in youth ages 12 – 18. Youth learn to make positive choices throughout their stay in the program as a means to experience natural positive consequences for themselves during their time at Mountain Homes as well as upon returning home. Students gain positive coping skills in the programs that can be directly applied to real life situations with family, peers, at school, and in social activities.

Mountain Homes Youth Ranch is selective in the types of students that are accepted into the program. Students are screened thoroughly through the Clinical Assessment Team. MHYR only accepts students that are appropriate for their program and that we feel we can genuinely help. Because of the screening process, some students are declined. Our goal is to give every youth a life-changing and emotional growth experience. Parent feedback informs our program that youth gain maturity, positive coping skills, improve self-esteem, and are able to make positive choices upon returning home. Our selection process contributes to a very high success rate with the youth that come to the program.

Students accepted into the program display a variety of emotional and behavioral problems. We accept students displaying behavior related to ADD/ADHD, ODD/OCD, peer pressure, low self-esteem, runaway history, anger management, anxiety, substance abuse, lack of motivation, school related problems, respect and defiance. We do not accept students who have major health problems, have a history of physical violence, or students who are currently suicidal.

Safety is a priority at Mountain Homes. We lease a 15,000 acre ranch in Western Colorado where students live in tents in a beautiful wilderness setting. We do not use BLM or Forest Service lands. Having our own ranch provides an ability to control for safety issues related to campers, hikers, and hunters. Staff are screened thoroughly and trained weekly regarding positive interventions to handle negative behavior. The program is overseen by Program Directors that combine over 30 years working with at-risk teens.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Colorado, Department of Human Services, Division of Child Care

Professional Affiliations: NATSAP-Full Member, OBHIC