New Roads Treatment Centers

(Transitional Independent Living, Residential Treatment, Outpatient)

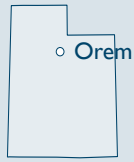
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NATSAP
Member Since: 2010

PROGRAM OUTLINE

Gender: Coeducational
Ages: 17.5 to 28
Grades: N/A
Enrollment: 40
Duration: 3 to 9 months
Founded: 2009



Airport: Salt Lake City, Utah

New Roads Treatment Centers offers a service-rich and co-occurring enhanced treatment continuum, which includes detoxification, residential treatment, sober independent apartment living, intensive outpatient, and outpatient. Each of the programs is designed specifically to address the developmental needs of young adults. Our evidence-based therapeutic approaches, provided by seasoned staff, provide coping strategies that can be used in the "real world", which allows our clients to ensure their continued success.

Our detoxification program offers medication-assisted detox, which helps clients effectively complete their detoxification so they can enter primary care either here at New Roads or another referring program. Residential treatment is intensive inpatient care, typically lasting 90 days. In the Transitional Program clients live in a drug and alcohol free apartment, while participating in intensive and effective treatment at a professional and comfortable outpatient clinic.

At New Roads Treatment Centers, our programs boast a multi-disciplinary staff, including psychotherapists and life coaches. All are trained in effective and comprehensive addiction and mental health treatment, including the life skills development typically needed by clients at this stage of recovery. Our addiction-trained Medical Director is available to our clients as needed, ensuring physical and psychiatric health.

Clients attend individual therapy, life skills classes, 12-step meetings, etc. in order to continue to fortify their healthy living plan. Clients learn to become self-sufficient and accountable not only to staff, but to one another. The therapeutic culture that has been created consists of a network of positive peers, which helps create a safe and drug-free environment.

Individual Psychotherapy Available: Yes
Accreditation, Licensure: Office of Licensing (State of Utah) Outpatient, Residential Treatment, and Detoxification
Professional Affiliations: NATSAP-Associate Member