

New Summit Academy of Costa Rica

(Therapeutic Boarding School)

CONTACT	PROGRAM OUTLINE
Executive Contact: Heather Tracy, Ed.D. Admissions Contact: Marcela Pereira Academic Contact: Martin Naffziger, M.Ed. Email: info@newsummitacademy.com Phone: (414) 921-1388 Fax: (561) 892-3853 Address: Aptdo # 159-4013 Atenas, Alajuela, Costa Rica 20501 Website: www.newsummitacademy.com	Gender: Boys Only Ages: 15 - 18 Grades: 9 - 12 Enrollment: 32 Duration: 12 months+ Founded: 2004
NATSAP Member Since: 2007	 Airport: Aeropuerto Juan Santamaria, Alajuela, (SJO) San Jose, Costa Rica

New Summit Academy Costa Rica nurtures and empowers students toward healthier lifestyles through problem-solving & processing experiences to become more relationship-based, goal-driven, resourceful global citizens. Our innovative therapeutic boarding school accomplishes our mission by integrating our US- accredited academic program with personal growth objectives and experiential education activities.

NSA works with up to 32 males (ages 15-18) who are in grades 9-12. Students may struggle with anxiety/ depression, self-confidence, nontraditional learning styles, motivation, decision-making, difficult family dynamics, attention and executive functioning, identity, isolation, social problems, oppositional defiance or substance abuse. NSA students are bright, creative (often very musical or artistic), sensitive, passionate about an interest, active, accountable, capable of insight-building, social, interested in attending college, open to other cultures and are committed to personal growth.

NSA provides a holistic approach that integrates the flow of the academic, therapeutic, and recreational aspects of a student's life. Dynamic teachers are key to student motivation and engagement in NSA's academic innovative, college prep curriculum. Small class sizes and individualized guidance provide quality teacher attention for their particular learning strengths and weaknesses, as well as the ability to participate in class and improve their executive functioning skills by building good academic habits. Therapeutic strategies are empowering and emphasize process and relationship-building over behavior modification techniques. Students participate in individual therapy, community groups (3+ times a week) and peer-driven Honor Council Meetings. Milieu therapists participate in recreational activities and our signature Aventura program to build natural therapeutic relationships outside of a traditional office environment. Therapists and parent coaches work with families at workshops and via telephone. The Experiential Education department involves students in planning healthy recreational activities on weekends as well as regular community service and cultural immersion opportunities with local families and communities. Furthermore, NSA's Aventura program (which therapeutically engages students in Costa Rica's amazing outdoor laboratory at least 12 weeks a year) gives students experiences they will never forget!

NSA also provides a quality transition program & transition house for students before graduation as well as a separate, independent young adult program (Summit to Summit) for students who have completed high school diplomas and need a gap experience with therapeutic support, and a plethora of internships, community service and travel.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: PANI (Patanato Nacional de Infancia de Costa Rica—child welfare organization); AdvancEd

Professional Affiliations: NATSAP-Full Member; New Learning Resources, Inc.