Northbound Treatment Services

(Young Adult Program)

CONTACT

Executive Contact: Paul Alexander
Admissions Contact: Greg Rosenbaum
Email: admissions@livingsober.com
Phone: (866) 538-4356
Fax: (949) 650-5171
Address: 4343 Von Karman Ave, Suite 100
Newport Beach, CA 92660
Website: www.livingsober.com

NATSAP Member
Since: 2012

PROGRAM OUTLINE

Gender: Coeducational
Ages: 18 - 35+
Grades: GED/College
Enrollment: 65
Duration: One semester minimum
Founded: 1986



Airport: Orange County, CA (SNA)

At Northbound Treatment Services, we know that the label – co-occurring disorder, dually diagnosed, concurrent disorder, co-morbid disorder – is not as important as the suffering individual. We know that more than half of all individuals who enter addiction treatment have at least one mental disorder in conjunction with their addiction. For clients suffering from a mood, thought or anxiety disorder in conjunction with an alcohol or drug problem, we embrace a total recovery model. Research demonstrates that treatment of substance abuse and mental health issues should be on an equal basis.

The Northbound Academy balances recovery with higher education endeavors. The Academy combines the structure of drug and alcohol treatment with higher education. Our residential school program provides students with the necessary structure and time to internalize positive change and succeed in college, graduate school, or trade school. Northbound also offers an on-site certification for Drug and Alcohol Counseling. This unique combination has proven to be more beneficial and successful than drug and alcohol treatment alone.

Individual Psychotherapy Available: *Yes*
Accreditation, Licensure: *California Department of Drug and Alcohol; CARF*
Professional Affiliations: *NATSAP - Young Adult Affiliate; National Alliance on Mental Illness (NAMI); National Association of Addiction Treatment Providers (NAATAP)*