

Northwest Passage Child & Adolescent Center & Northwest Passage Prairieview Residential Program (Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Ellen Race Admissions Contact: Carey Lillehaug Email: CareyL@nwpltd.org Phone: (715) 327-4402 Fax: (715) 327-4470 Address: 203 United Way Dr. Frederic, WI 54837 Website: www.nwpltd.org	Gender: Coeducational / Girls only Ages: 6 - 18 in Assessment / 12 - 17 in Prairieview Grades: 1 - 12 Enrollment: 12 in Assessment and 16 in Prairieview Duration: 30-days in Assmt. / 3-12 months in Prairieview Founded: 1994
NATSAP Member Since: 2011	 Airport: Minneapolis, MN (MSP)

Northwest Passage Child & Adolescent Center provides comprehensive clinical assessment for male and female clients, ages 6-18 and our Prairieview Program – an intensive residential mental health program serves females ages 12-17.

While for some, an assessment is an appropriate first step, clients may also be admitted directly into Prairieview without attending the assessment program.

Assessment Overview:

Our interdisciplinary format of assessment includes focus on neuropsychological evaluation, family, psychiatric, educational and behavioral, health/medical and, when necessary, chemical health. Our assessments are completed in a highly integrated team model that is more intensely beneficial than traditional outpatient evaluation services. Our assessment generates a comprehensive clinical conceptualization and a dynamic treatment plan designed by the interdisciplinary team to address the needs of both the child and family.

Prairieview Overview:

Northwest Passage Prairieview, formerly known as Northwest Passage III, provides a small group (two units of 8 girls each) therapeutic and skill-building experience. Prairieview addresses the need to increase self-esteem, develops healthy coping skills, promotes positive relationship-building and social skills, and encourages connections within the community. Emphasis is placed upon living a therapeutic lifestyle through nature, relaxation, nutrition, exercise, relationships, giving back, and individual spirituality.

Our treatment approach includes integrated Dialectical Behavioral Therapy (DBT), psychiatric services, expressive arts programming including our unique In a New Light photography project, equine-assisted therapy, and individual, group, and family therapy. Northwest Passage programs, including Prairieview, are capable of working with and managing the safety needs of many clients with chronic self-harm behaviors and suicidal ideation.

The program is located in the same facility as Northwest Passage Child and Adolescent Center but has separate living, educational, and recreational areas. Prairieview utilizes many regional resources such as wooded areas for hiking, cross-country skiing, and camping, as well as the rivers and lakes for swimming and canoeing.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Licensed as a Residential Care Center by the State of Wisconsin; Dept. of Health and Family Services; Wisconsin Department of Public Instruction; AdvancED

Professional Affiliations: NATSAP-Full Member; Wisconsin Association of Family and Children's Agencies (WAFCA)