

Alpine Academy

(Residential Treatment Center)

CONTACT	PROGRAM OUTLINE
Executive Contact: Christian Egan Admissions Contact: Jill McIntyre Academic Contact: Angie Alvey Email: admissions@alpineacademy.org Phone: (435) 228-0100 Fax: (435) 843-5416 Address: 1280 Whispering Horse Drive Erda, UT 84074 Website: www.alpineacademy.org	Gender: All genders (non-binary) Ages: 12 - 18 Grades: 7 - 12 Enrollment: 70 Duration: 15 months Founded: 2001
NATSAP Member Since: 2001 	 Airport: Salt Lake City Int'l (SLC)

What if residential treatment didn't feel like treatment? What if healing could take place in a safe, nurturing family environment? What if a teen could not only recover credit, but also discover that they love learning? What if the most productive therapy took place not only in the therapist's office, but also in natural environments? Two gender affirming campuses - one for males and one for females - provide all of this through use of the Teaching-Family Model, which is nationally recognized as an evidence-based method of treatment.

The Model uses a relational, brain-based learning approach that is proven to heal trauma and effect lasting change, creating an environment where students feel seen, heard, and safe. Ten students reside in each of our homes, which are lived in and managed by "professional parents" who are highly trained and certified in the Model. These Family Teachers, along with their support team, know each student and family individually. This allows for continuous, immersive therapeutic work to take place.

Advanced training and certification in evidence-based, cutting-edge modalities enables our therapists to help students develop insight, heal trauma, strengthen the family, establish identity, and see their potential. DBT, EMDR, Family Systems, ACT, and equine are integrated into daily therapeutic work, individualized to each student's needs.

Alpine is accredited by COGNIA in affiliation with Northwestern Accreditation Commission and recently scored 376.5 in educational quality - far above the national average of 278-283. Classrooms are led by direct instruction from highly qualified teachers that are certified in core subjects and have Special Education endorsements. Small class sizes, individual tutoring time, credit recovery/remediation, weekly academic outings that focus on experiential learning, and opportunities for advanced coursework are just a few elements of our individualized academic approach.

Accreditation, Licensure: Cognia; State of Utah, Department of Licensing; Student and Exchange Visitor Information System (SEVIS)

Professional Affiliations: NATSAP - Full Member; NATSAP Research Designated Program (RDP) - SILVER; Teaching-Family Association; National Association of Private Special Education Centers (NAPSEC)-Full Member; Young Adult Transition Association (YATA); Small Boarding Schools Association (SBSA)