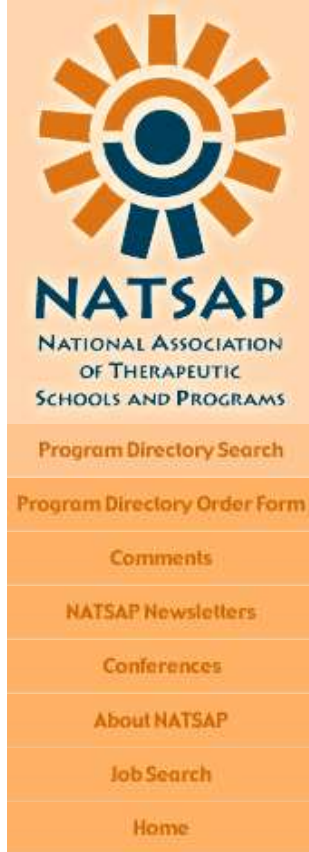




Ascent

(Wilderness Program)

Gender:	Coeducational	Phone:	(800) 974-1999
Ages:	12 to 17		
Grades:	n/a	Fax:	(208) 267-2295
Enrollment:	52	Email:	ascentadmissions@cedu.com
Duration:	6 to 8 weeks	Website:	www.cedu-ascent.com
Founded:	1992		
		Admission Contact:	Reid Treadaway
Address:	Box 230 Naples, ID 83847	Executive Contact:	Scott Hess, MA. LMFT

ASCENT is a life-changing intervention for troubled teens. ASCENT is a research-proven therapeutic intervention with an exceptional safety record, a time-tested history, and an innovative design. The program successfully provides consistent limit setting, positive reinforcement for appropriate behavior, and therapeutic consequences for inappropriate behavior. Young adults learn the tools necessary to approach life with greater confidence and to succeed.

ASCENT provides a therapeutic adventure program for adolescents ages 13 to 17 who are experiencing moderate emotional and behavioral difficulties. While no two students participating in ASCENT are identical, most share several of these characteristics and behaviors: low motivation, defiance, poor family relationships, declining school performance, learning difficulties, poor decision-making skills, experimentation with drugs or alcohol, poor impulse control, running away, manipulation, identification with negative peer cultures, and a history of depression or anxiety.

ASCENT interrupts a child's negative behavior patterns, enhances feelings of self worth, fosters introspection, and improves family relationships. ASCENT's four program phases balance emotional growth, meaningful work, physical challenge, and therapeutic guidance in a highly structured environment. Students spend their first weeks in an established base camp where they begin to get physically healthy, adjust to a new structure and outdoor lifestyle, and prepare for more demanding course activities. Highly experienced outdoor educators and clinicians with outstanding credentials staff ASCENT. The low children-to-staff ratio ensures a level of attention and safety to support each child to succeed both as an individual and as a member of a working team. ASCENT teaches teens to improve honest communication with parents, develop positive social skills with adults and peers, and take responsibility/accountability for actions within a positive peer culture. A two-day family workshop re-connects the family. ASCENT focuses on stabilization of symptoms and behaviors in order to return the child to the home or prepare him or her for a longer-term placement.

Individual Psychotherapy Available: [Yes](#)

Accreditation, Licensure, Approval: [License in the State of Idaho as a "Childrens Outdoor Therapeutic Program"](#)

Professional Affiliations: [NATSAP-Full Member, OBHIC](#)

NATSAP National Association of Therapeutic Schools and Programs | [727.442.7667](#) | [P.O. Box 4949, Clearwater, Florida 33758](#)

