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About Casa by the Sea

Casa by the Sea is just a little over 50 miles south of San Diego, California. It is located at a remote beach facility near the seaport town of Ensenada, Mexico. The setting is beautiful, peaceful, and conducive to change.

Casa by the Sea provides an effective program for teens who are struggling in their home, school, or community. This Program is specifically designed to help teens replace inappropriate attitudes, behaviors, and habits with new, productive ones.

Ensenada is an excellent location for the Program because it offers the benefits of a foreign site, with easy access to the U.S. At Casa by the Sea, students are enriched and effectively impacted by a unique cultural experience in Mexico's warm, simple surroundings. Students learn Spanish, which further enhances the process of change.



The benefits of a foreign site are numerous. First, the students are put into an entirely new environment, away from the negative friends and influences that have adversely affected their lives. Second, the teens discover that they are in an unfamiliar culture. As a result, the teens tend to be much more teachable and open to change and direction. Third, a foreign experience helps broaden the teen's insight, awareness and perspective. Fourth, a foreign setting is much more impacting and instills a greater appreciation for home and family. Fifth, not only do the teens get the help they need, but a valuable foreign experience that they will likely remember and appreciate the rest of their lives. Additionally, due to the greater value of the U.S. dollar in Mexico, the Program can provide its services at a significant reduction of cost to families. All of these reasons make Mexico an excellent option for teens needing to make changes in their lives.

The Program consists of several key components: effective behavior modification, a series of highly motivational "emotional growth seminars" called TASKS, progressive academic curriculum, a structured daily schedule that includes daily personal development courses.

TASKS

(Teen Accountability, Self-Esteem and Keys to Success)

Students participate in a series of seminars designed specifically for Casa by the Sea. During the TASKS seminars & workshops, teens work on specific issues such as: accountability, honesty, integrity, trust, choices, responsibility, anger and especially self-esteem. While the student is completing his or her series of seminars then the parents are invited to attend, in the United States, a Parent Seminar and monthly Parent Support Meetings. The culmination of the TASKS Program is when parents and students are invited to attend two effective Parent/Child Workshops. These are designed to assist each family in rebuilding the family unit and become the foundation for the After-Care Program.



Academics

Casa by the Sea has an extremely progressive academic program. The curriculum is individualized and competency based, allowing students to work at their own pace and maximize the learning process. Students are not held back by other teens in the class, lesson plans, teachers' schedules, course offerings, or class availability. The students are tutored by a teacher and in some cases, it is possible to complete courses on an accelerated basis. Each student is assessed upon admission and then assisted in designing their specific course of study.



Behavior Modification

High standards exist. Inappropriate behavior is confronted, consequences are assessed and the behavior is redirected. Appropriate behavior is reinforced and rewarded. A merit system is used requiring each teen to earn their status and privileges through a standard program using a level system.

Activities On and off grounds activities provide a proper balance of recreation, exercise, learning, personal development and social opportunities. Initially all activities are on grounds. Over a period of time teens may earn the privilege of participating in off campus activities; which could include sight-seeing, water sports, beach outings, and cultural events, etc. Mexico is well suited for these types of experiences.



Personal Development Courses

Ongoing Emotional Growth and Personal Development Courses are an important part of the overall program. These courses intermittently utilize resources such as: professional audio & video tapes, selective reading material, special workshops and group feedback sessions.

Costs

Compared to other programs with similar services, Casa by the Sea is a cost-effective program at **\$70** per day plus processing fees.

GROWING AND WINNING Teens develop and grow through the balanced schedule of behavior modification, academics, personal development courses, health fitness, and recreation. This daily structure provides the catalyst for students to develop positive habits. Positive habits not only create success, but also allow teens to feel better about themselves. Once an appropriate self-esteem is established, the teens become **INTERNALLY MOTIVATED**: This means they will want to do the right thing for the right reasons; not because the parents or the Program desires them to, but because they want to, having experienced the positive benefits for themselves. Once this is accomplished, the war is over. The family structure can be restored.



Working with parents is a key component to the success of the Program. Families have frequent phone contact with their child's Family Representative and when appropriate, the teen is included. Communication with the family is instrumental in addressing issues, creating a family purpose and vision, reaching understandings, and setting goals. Casa by the Sea's staff is committed to each teen and their family's success.

WARRANTY

If a student completes the Program, having fulfilled all stages and criteria, the student may be re-admitted to the Program for up to 60 days of free tuition, if he or she should slip into old attitudes or behavior patterns before the age of 18.

Casa By the Sea has many options available that can help fund this program. If you would like to learn more, please contact us at 1-800-637-0701 or fill out the [following form](#) so we can better assist you.

CASA BY THE SEA
A Specialty Program for Teens

1-800-637-0701



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