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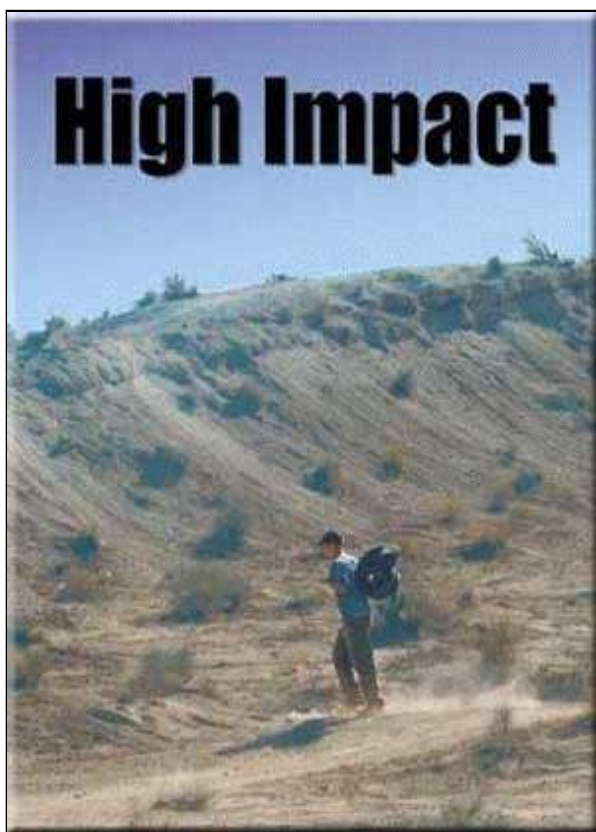
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Parent Resources Hotline



Cost Effective 28 Day High Impact Program **Go To:**

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The Problem

More teens than ever before are in need of help. Even the best of homes are being affected by a nationwide problem, and parents are looking for new solutions. Over fifty percent of all teens use alcohol or drugs. Teens now account for over a fourth of all Sexually Transmitted Diseases. Truancy and violence by teens have increased tremendously.

In the next 24 hours...

- 1,439 Teens will attempt suicide
 - 2,795 Teenage girls will become pregnant
 - 15,006 Teens will use drugs for the first time
 - 3,506 Teens will run away
- (Figures based on national averages)

If you feel that your teen has strayed or is on a path of self destruction, one where you have not been able to deter even with your best efforts then this is where High Impact comes in. Just the simple fact that you are reading this signifies that you are aware of the consequences if drastic measures are not taken. Early intervention is critical to successfully turning your teen back in the right direction.

Who We Are And How We Can Help You

High Impact is located on a ranch in Baja, California just over the U.S. border. This ranch setting along with the rigors of an authentic Military type schedule provide teens an excellent place to sort out their problems and to begin a new lease on life. High Impact is a physically and mentally challenging experience, one that requires constant supervision. We maintain 24 hour round the clock supervision and interaction with participants. We teach values, acceptable behavioral norms and proper respect for authority. Camp leaders emphasize teamwork and core family values.

What We Offer

High Impact offers defiant teens a 28 plus day experience that is well defined and well structured. This experience is designed to help Teens replace destructive attitudes and behaviors with new perspectives and direction in their lives. This is accomplished by focusing on the three R's of Reality, Respect, and Responsibility. These are the very qualities that many teens lack yet desperately need in order to successfully transition into adulthood. Notwithstanding, the major emphasis of the High Impact experience is to help participants gain an appreciation for home and family by learning to take total and complete responsibility for themselves.



Camp Values

Reality: Today's Teens are given more while having to do less to earn it than any previous generation. Instead of being appreciative of this generosity, many teens begin feeling an entitlement. Teens often feel they are entitled to current privileges and comforts without any effort on their part. This is far from reality. In nature, if you want warmth, shelter or food you must do something to procure it. High Impact operates under this same premise. Participants experience a lifestyle that reflects what it would be like for them if they did not have what their parents, or others have provided for them. All participants live in tents, sleep on the floor and cook their own meals on an open campfire. This back-to-the-basics experience creates a whole new attitude of appreciation for home and family.

Respect: The entire High Impact experience is designed to teach respect. This includes respect for others, property, self, authority figures, and more important; respect for rules and expectations. The program offers a military-type regimentation including a strong set of rules with high expectations and follow through. Failure to follow rules or commands will bring immediate consequences. Participants quickly develop a solemn respect for rules, orders, and authority figures. The program is also physically challenging with a significant amount of marching with backpacks on a daily basis. Through this process, participants develop a new-found respect for themselves and others.





Responsibility: High Impact views the act of personal responsibility as a critical character trait that must be internalized in order for any individual to achieve success in society. Every aspect of the program focuses on participants becoming responsible. This begins with taking responsibility for basic needs such as warmth, food, and shelter. Respectively, participants are also held responsible for their attitudes, behaviors and actions. Once participants demonstrate the ability to be appropriately responsible for their selves, they become eligible to participate in the Camp Leadership Program. This effective training program requires participants who qualify to take responsibility for others as well as themselves.

How We Operate

- Young men and young women who arrive at High Impact are taken through the same but gender segregated training throughout the camp experience. Defiance is an overriding character trait among new arrivals, but it is also the trait most often lost almost immediately.
- Generally, participants arrive with immature, undeveloped and unfocused thoughts on appropriate behavior and conduct. The only thing they have in common is their defiance and lack of focus. By channeling that defiance into a positive direction through reality-based training, High Impact successfully channels inappropriate attitudes and behaviors into positive ways to approach family, home and life.
- Living quarters are rustic. Learning how to make a proper bed-roll, build a fire, prepare food out of doors, gather wood, purify water and properly dispose of refuse become daily routines. Staff members conduct routine drills to facilitate growth and foster discipline needed for change in participants.
- Day-to-day living is designed to help participants come to an all-new awareness of family and home. The value of gratitude and hard work are continually reinforced during this reality-check experience.
- Participants are continually evaluated throughout the experience; successful completion depends on staff and peer evaluations of each individual's progress. Our "gender separated" compound creates an environment with minimal distraction.
- Finally, the Camp Director at High Impact has enjoined all staff members and instructors to approach teaching and task learning in such a way as to reinforce core family values, positive individual performances, personal responsibility and team building. Don't delay enrolling your difficult, struggling and defiant teen. Early intervention is critical to successfully turning your teen back in the right direction.



For more information on how we can help you and your troubled teen please call toll free...

1-800-793-5156

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