

**DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES
CORRECTIVE ACTION PLAN**

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License #: **493-14-001**

Organization Name: **Timber Ridge School**

Date of Inspection: **01-13-2025**

Program Type/Facility Name: **14-001 Timber Ridge Level C RTC**

<u>Standard(s) Cited</u>	<u>Comp</u>	<u>Description of Noncompliance</u>	<u>Actions to be Taken</u>	<u>Planned Comp. Date</u>
12VAC35-46-70. - Each provider shall guarantee resident rights as outlined in § 37.2-400 of the Code of Virginia and in the Rules and Regulations to Assure the Rights of Individuals Receiving Services from Providers Licensed, Funded, or Operated by the Department of Mental Health, Mental Retardation and Substance Abuse Services (12VAC35-115).	N	Timber Ridge Level C RTC This regulation was NOT MET as evidenced by: See OHR citation below.		

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12VAC35-115-110. C. (7) - The provider's duties. 7. Providers shall not use seclusion or restraint for any behavioral, medical, or protective purpose unless other less restrictive techniques have been considered and documentation is placed in the ISP that these less restrictive techniques did not or would not succeed in reducing or eliminating behaviors that are self-injurious or dangerous to other people or that no less restrictive measure was possible in the event of a sudden emergency.	N	Timber Ridge Level C RTC This regulation was NOT MET as evidenced by: During an internal investigation the provider determined the following: - Individual 1 was escalated and aggressively approaching staff and attempting to push past staff. - Employee 1 placed Individual 1 in a supine restraint and secured Individual 1's left arm. - Employee 2 secured Individual 1's right arm. - Employee 3 secured Individual 1's legs. - Individual 1 was placed in a supine restraint immediately, rather than attempting a less restrictive technique such as escort or a standing restraint.	PR) 02/04/2025 - Employee 1 has been retrained on TCI-crisis-co-regulation techniques - Employee 1 also reviewed Breathing during a restraint and the possible effects to include asphyxia - Employee 1 reviewed TCI videos of the protective stance and de-escalating conflict - Employee 1 has completed an in-person TCI refresher with a TCI instructor to explain crisis co-regulation techniques as well as answer any questions - Employee 1 has reviewed with a TCI trainer the techniques for managing situations where an aggressive student approaches a staff member. Discussion covered strategies such as maintaining space and using a hand gesture to reinforce boundaries. - A review of the restraint video of this incident was conducted, during which specific details and suggestions were highlighted, focusing on opportunities to apply alternative techniques. Also, a review of a restraint video where the correct interventions were applied was demonstrated with Employee #1. OHR/OLR) Accepted 02/05/2025	2/7/2025

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General Comments / Recommendations:				
I understand it is my right to request a conference with the reviewer and the reviewer's supervisor should I desire further discussion of these findings. By my signature on the Corrective Action Plan, I pledge that the actions to be taken will be completed as identified by the date indicated.				
_____ Cassie Purtlebaugh, Human Rights		_____ (Signature of Organization Representative)		_____ Date
C = Substantial Compliance, N = Non Compliance, NS = Non Compliance Systemic, ND = Non Determined				