

**DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES
CORRECTIVE ACTION PLAN**

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License #: **493-14-001**

Organization Name: **Timber Ridge School**

Date of Inspection: **11-17-2025**

Program Type/Facility Name: **14-001 Tmber Ridge Level C RTC**

<u>Standard(s) Cited</u>	<u>Comp</u>	<u>Description of Noncompliance</u>	<u>Actions to be Taken</u>	<u>Planned Comp. Date</u>
12VAC35-46-70. - Each provider shall guarantee resident rights as outlined in § 37.2-400 of the Code of Virginia and in the Rules and Regulations to Assure the Rights of Individuals Receiving Services from Providers Licensed, Funded, or Operated by the Department of Mental Health, Mental Retardation and Substance Abuse Services (12VAC35-115).	N	Tmber Ridge Level C RTC This regulation was NOT MET as evidenced by: See OHR citation below.		
12VAC35-115-110. A. - Each individual is entitled to be completely free from any unnecessary use of seclusion, restraint, or time out.	N	Tmber Ridge Level C RTC This regulation was NOT MET as evidenced by: "Restraint" means the use of a mechanical device, medication, physical intervention, or hands-on hold to prevent an individual from moving his body to engage in a behavior that places him or others at imminent risk. Each individual is entitled to be completely free from any unnecessary use of seclusion, restraint, or time out. CHRIS A#20250072 Provider substantiated for unnecessary use of restraint based on the following: Individual #1 report and video footage revealed the following:	PR) 12/05/2025 Employee # 1 received retraining on TCI techniques by a certified TCI Instructor that included: a review of the criteria for use of the small child restraint step-by-step explanation of when the intervention is appropriate, the importance of assessing a student's size and risk level before selecting any physical intervention. OHR/OLR) Accepted 12/11/2025	10/30/2025

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		◦ Individual #1 had just finished a phone call and began to walk toward the front door of the cottage in an attempt to go out of assigned area. ◦ Employee #1 approached Individual #1 from behind and performed a bear-hug on Individual #1 and lowered Individual #1 to the floor. Employee #1 then initiated a supine restraint with the assistance of Employee #2 and Employee #3. ◦ Restraint began at approximately 5:21 pm and lasted until 5:29 pm. ◦ Individual #1 only showed one sign of aggression during beginning of restraint when Employee #3 attempted to hold Individual #1's legs and Individual #1 looked as if to attempt to kick Employee #3. ◦ Employee #4 switched out on Individual #1's legs with Employee #3 and Employee #5 switched out on right arm with Employee #2 at approximately 5:23 pm. ◦ Individual #1 at this point was not struggling or attempting to aggress toward staff; however, the restraint continued for an additional 6 minutes. • Employee #1's performance of a bear-hug on Individual #1 and lowering Individual #1 to the floor is not in compliance with provider's standards. • Employee #1 performing a bear hug, lowering Individual #1 to the floor, and initiating a supine restraint for attempting to go out of the assigned area was an unnecessary use of a physical restraint		

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		as Individual #1 was not engaging in behavior that placed Individual #1 or other at imminent risk. This is a violation of 12VAC35-115-110(A).		

General Comments / Recommendations:

I understand it is my right to request a conference with the reviewer and the reviewer's supervisor should I desire further discussion of these findings. By my signature on the Corrective Action Plan, I pledge that the actions to be taken will be completed as identified by the date indicated.

Cassie Purtlebaugh, Human Rights

(Signature of Organization Representative)

Date

C = Substantial Compliance, N = Non Compliance, NS = Non Compliance Systemic, ND = Non Determined