

**DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES
CORRECTIVE ACTION PLAN**

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License #: **493-14-060**

Organization Name: **Timber Ridge School**

Date of Inspection: **09-09-2022**

Program Type/Facility Name: **14-060 Timber Ridge SA RTC**

<u>Standard(s) Cited</u>	<u>Comp</u>	<u>Description of Noncompliance</u>	<u>Actions to be Taken</u>	<u>Planned Comp. Date</u>
12VAC35-46-70. - Each provider shall guarantee resident rights as outlined in § 37.2-400 of the Code of Virginia and in the Rules and Regulations to Assure the Rights of Individuals Receiving Services from Providers Licensed, Funded, or Operated by the Department of Mental Health, Mental Retardation and Substance Abuse Services (12VAC35-115).	N	Timber Ridge SA RTC This regulation was NOT MET as evidenced by: See OHR citation below.		

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12VAC35-115-110. C. (7) - The provider's duties. 7. Providers shall not use seclusion or restraint for any behavioral, medical, or protective purpose unless other less restrictive techniques have been considered and documentation is placed in the ISP that these less restrictive techniques did not or would not succeed in reducing or eliminating behaviors that are self-injurious or dangerous to other people or that no less restrictive measure was possible in the event of a sudden emergency.	N	Timber Ridge SA RTC This regulation was NOT MET as evidenced by: CHRIS Abuse #2022052/Incident Date: 8.23.22 "Restraints for behavioral purposes" means using a physical hold, medication, or a mechanical device to control behavior or involuntarily restrict the freedom of movement of an individual in an instance when all of the following conditions are met: (i) there is an emergency, (ii) nonphysical interventions are not viable, and (iii) safety issues require an immediate response. Providers shall not use seclusion or restraint for any behavioral, medical, or protective purpose unless other less restrictive techniques have been considered and documentation is placed in the ISP that these less restrictive techniques did not or would not succeed in reducing or eliminating behaviors that are self-injurious or dangerous to other people or that no less restrictive measure was possible in the event of a sudden emergency. • Provider initiated an unauthorized restraint (in the form of a physical escort) for behavioral purposes in an attempt to control the individual's behavior (move him from one area of the service setting to another area). ◦ Individual #1 was yelling loudly/cussing in the service setting at the onset of the intervention. Yelling/cussing is not a behavior that suggests danger to self or others, requiring the use of physical restraint. • There is no evidence that less restrictive techniques were exhausted in an attempt to obtain the desired behavior.	PR) 09/30/2022 Video was reviewed with OHR Advocate and Provider Administrative Staff. Corrective Response is that Administrative Staff conducted debriefing/post crisis response with the staff involved in the restraint, which included supervisory staff. The debriefing indicated that staff did take appropriate measures to attempt to de-escalate the situation for a period of time, and included taking other students outside to play to allow time to de-escalate the situation. The debriefing reviewed that since the individual was in his room and not posing a danger to others, that more time could have been given to the individual to self de-escalate, and that staff must use patience, rather than expediency when managing behaviors. In addition, Timber Ridge School conducts 3 hours of Therapeutic Crisis Intervention training each quarter, and de-escalation options and behavior support techniques are reviewed, along with avoiding power struggles, crisis co-regulation and techniques of "emotional first aid" for clients. The techniques have been reviewed with the staff involved at this time, and essentially it was recommended that they attempt to give an individual increased time to self regulate to de-escalate. The full campus training schedule for Therapeutic Crisis Intervention will be offered to staff by 11/01/22. OHR/OLR) Accepted 10/03/2022	9/30/2022

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General Comments / Recommendations:				
I understand it is my right to request a conference with the reviewer and the reviewer's supervisor should I desire further discussion of these findings. By my signature on the Corrective Action Plan, I pledge that the actions to be taken will be completed as identified by the date indicated.				
_____ Cassie Purtlebaugh, Human Rights		_____ (Signature of Organization Representative)		_____ Date
C = Substantial Compliance, N = Non Compliance, NS = Non Compliance Systemic, ND = Non Determined				