

Auldern Academy

(Therapeutic Boarding School)

CONTACT

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PROGRAM OUTLINE

Gender: Girls only
 Ages: 14 to 19
 Grades: 8 to 12/College Prep
 Enrollment: 60
 Duration: 12 to 18 months
 Founded: 2001



NATSAP

Member Since: 2002



Siler City

Airport: Raleigh-Durham

Auldern Academy is a therapeutic boarding school offering an excellent academic curriculum, an outstanding therapeutic program both in a warm, nurturing environment. Our goal is to prepare young women academically, emotionally, and socially for the challenges of the coming college years.

Young women who succeed at Auldern are academically capable, but there is some concern about the risks they may face in more traditional schools. They most likely will have completed some prior therapeutic or wilderness program and bring with them an awareness of, and willingness to continue to address personal issues.

Auldern Academy offers a college preparatory 9th through 12th grade academic curriculum, which includes Honors coursework. Our small classes rarely exceed ten students, allowing the student and her teacher to have a high level of interaction, communication and LD accommodations. In addition, Auldern Academy offers a strong visual arts program that includes ceramics, photography, drawing, and painting. Evening enrichment classes include yoga, dance, horseback riding, guitar and choir. Students are able to form and join clubs such as fitness, drama, tennis and reading.

Auldern Academy's Counseling Services Program is built upon a gender specific, evidence based curriculum designed specifically to help young women in their quest for confidence, emotional health, and relational healing. The Counseling Services Program is staffed by master's level clinicians who provide support in the form of both individual and group counseling. Clinicians are available to interact informally and help students on an as needed basis. Specialized substance abuse and trauma counseling is also available to those who need these services. Upon admission, each student is partnered with a clinician who helps her create a Personal Growth Plan to help her keep focused on goals.

Our Student Life department strives to create a nurturing and caring community, filled with camaraderie and fun. Our goal is to create a warm, safe atmosphere while teaching girls to take responsibility for their living situation. During their time at Auldern, they develop the confidence, integrity and compassion that will lead them to success as young adults. Most importantly, Auldern girls learn to build friendships built on honesty and trust. Weekends are enriched with a large variety of activities allowing girls to interact with the robust Chapel Hill and Raleigh communities.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: National Independent Private School Association (NIPSA) - Therapeutic Certification - Level III; North Carolina Department of Education, Non-Public School Accreditation; National Independent Private School Association (NIPSA) and AdvancEd (formerly SACS/CASI)—Academic Accredited
 Approved by SEVIS

Professional Affiliations: NATSAP-Full Member; Small Boarding School Member