

CALO

(Residential Treatment Center)

CONTACT

Phone: (573) 365-2221
 Executive Contact: Alex Stavros
 Admission Contact: Nicole Fuglsang, MA, NCC, LPC
 Email: nfuglsang@caloteens.com
 Fax: (573) 365-2224
 Address: 130 Calo Lane
 Lake Ozark, MO 65049
 Website: www.caloteens.com

PROGRAM OUTLINE

Gender: Coeducational
 Ages: 12 to 18
 Enrollment: 48
 Duration: Varies
 Founded: 2006



NATSAP

Member Since: 2007



Lake Ozark

Airport: Springfield, Columbia, Kansas City, St. Louis

The vast majority of residential treatment centers across the country should be categorized as generalists, behavior modification generalists. They use rewards and consequences to treat a multitude of issues and disorders. In trying to discover a behavior modification generalist, look for any one of the following: level systems, tokens, points, time-out rooms, forming-up in lines, or lists of earned privileges. As residential treatment has matured, similar to most healthcare and education fields, this generalist, one-size-fits-all approach has lost its appeal. There are many presenting problems that are not well grouped together. Simply put, specialist care is needed for many emotional and behavioral issues, particularly those that derive from childhood trauma. CALO was created with this need for specialty care in mind. CALO espouses a true relational approach to create change from the inside out, heart first and behavior second.

At CALO, we treat a very specific subset of the struggling teen population: we heal the effects of childhood trauma using an attachment paradigm. Adopted teens and emotionally unstable teens with a history of trauma (often abuse or neglect) are our focus. Our teens are damaged in the areas of empathy, altruism, and relationship formation. Healing this damage requires that lasting change be created within the context of safe relationships, not by virtue of consequences and rewards.

One major problem with generalist programs using behavior modification as the primary treatment methodology for traumatized and attachment disordered children is that behavior modification mimics an abuse environment. Traumatized and emotionally broken teens have already learned how to survive in controlling environments. They know how to keep quiet and look as if they are compliant in order to escape punishment. Behavior modification produces changed behavior for these teens but does not create internal change. CALO is a relationship-based change program. Creating safe, repetitive, and meaningful relationships with parents or guardians, therapists, residential coaches, and even purebred Golden Retrievers (what we call "transferable attachment") are at the heart of our treatment model.

The following would be examples of a teenager profile CALO would specialize in treating: a teenager with a foster care history struggling to connect with parents and caregivers; a teen who was abused as a toddler and now cannot maintain emotional control; a foreign-adopted teen who is not fitting in at home or at school, is hateful to parents, and is draining emotional resources from his/her adopted family; a teen with an undetermined but probably neglected/abused history who is charming but manipulative (a survivor) and only shows his/her true character around parents and siblings; a challenging teen who was adopted at birth but who suffered from a neglectful and reckless biological mother.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Missouri, Department of Social Services, Children's Division, Residential Treatment Facility; Joint Commission (JCAHO) Accreditation; Approved Private Agency, Missouri Department of Elementary and Secondary Education

Professional Affiliations: NATSAP-Full Member