

Chrysalis

(Therapeutic Boarding School)

CONTACT

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PROGRAM OUTLINE

Gender: Girls Only
Ages: 13 - 18
Grades: 8 - 12
Enrollment: 40
Duration: 12 - 18 months
Founded: 1998



NATSAP Member
 Since: 2000



Airport: Glacier Park International, MT (FCA)

Chrysalis is a therapeutic boarding school for adolescent girls ages 13-18. Nestled in beautiful northwest Montana, location is crucial to our treatment modality of identity formation. Eureka and the surrounding area allows us to expose students to a variety of activities ranging from downhill skiing, hiking, rock climbing, biking, and numerous community service opportunities.

A Chrysalis student is one who has lost her sense of identity and is trying to figure out who she is, and who she wants to be. Our students are relationally motivated, but have lacked the skills to maintain healthy friendships. We believe that healing happens in relationship, thus we utilize a family systems approach both within a student's family, as well as how the treatment team functions on campus.

A student's treatment team has members from the residential, clinical, academic, and adventure teams, and is facilitated by the clinical and program director. The treatment team meets weekly, and makes data informed treatment decisions. Students and families are regularly completing surveys that allow us to measure a student's progress. Our surveys continue two years after treatment.

Chrysalis academics focus on reigniting a passion for learning and getting girls back on track for high school graduation. With seven full time teachers for 40 students classes are small. Every student has an academic adviser whom she meets with weekly, as well as daily executive functioning check ins. Our students are typically college bound, and some choose a gap year program.

In short, Chrysalis helps a student build connections, heal wounds, and find strengths. We believe that a student's strengths are just as genuine as her struggles. Family involvement is crucial, and happens through weekly family therapy calls, weekly social calls, family weeks, parent retreats, international service trips, and of course local and home visits.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: Montana Department of Labor and Industry, Board of Private Alternative Adolescent Resident and Outdoor Programs; National Independent Private Schools Association (NIPSA); AdvancEd

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)