

New Haven

(Residential Treatment Center)

CONTACT

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PROGRAM OUTLINE

Gender: Girls Only
 Ages: 13 to 17
 Grades: 7 to 12, college prep
 Enrollment: 70
 Duration: Average 10 to 12 months
 Founded: 1995



NATSAP

Member Since: 1999



Spanish Fork

Airport: Salt Lake City

New Haven's school and therapeutic haven facilitates positive change and healing in families struggling with troubled adolescent girls. New Haven offers girls with emotional or behavioral problems a feeling of retreat, a safe place where they can learn empowerment skills and discover their maximum social, emotional, and academic potential. We believe that long-lasting change occurs when six areas are addressed: Love, Locus of Control, Family, Selflessness, Values, and Spirituality. We emphasize family therapy, and we provide girls with the experiences and the structure to learn how to give and receive love and respect. They increase their self-esteem, and take responsibility for choices and consequences, then realign their lives with their individual values systems and spiritual orientation. Parents experience renewed hope and belief in their ability to parent and positively influence their daughter and their other children.

New Haven is for girls ages 13-17 who may experience problems including but not limited to the following: depression, drug abuse, manipulation, low motivation, hopelessness, low self-esteem, entitlement, and relationship difficulties. Also, we commonly treat mood disorders, anxiety, eating disorders, addiction, ADD, Learning Disabilities, oppositional-defiance, personality disorders, trauma-related issues, and attachment disorders. We do not treat Conduct Disorders, pregnant girls, or severe psychosis.

New Haven fulfills its mission through the following: An accredited High School and Jr. High School; close ties to local universities; exceptional client service; reliable and frequent communication with parents, programs, and Educational Consultants; medication management supervised by psychiatric staff; rigorous psychological and educational testing; thorough transitional and aftercare services; Masters- or Doctorate-level therapy (family and individual weekly); Equine-assisted therapy and experiential therapies; and a 1-4 direct contact, residential staff-to-student ratio.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; JCAHO: Joint Commission Accreditation; Northwest Accreditation Commission

Professional Affiliations: NATSAP-Full Member; Student and Exchange Visitor Information System (SEVIS)