

## New Haven

(Residential Treatment Center)

| CONTACT                                                                                                                                                                                                                                                                                                                                           | PROGRAM OUTLINE                                                                                                                                                                      |
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| <b>Executive Contact:</b> John Stewart<br><b>Admissions Contact:</b> Jacqueline Fairbanks<br><b>Academic Contact:</b> Larissa Taylor<br><b>Email:</b> admissions@newhavenrtc.com<br><b>Phone:</b> (888) 317-3958<br><b>Fax:</b> (801) 794-9558<br><b>Address:</b> 2172 E 7200 S.<br>Spanish Fork, UT 84660<br><b>Website:</b> www.newhavenrtc.com | <b>Gender:</b> Girls Only<br><b>Ages:</b> 12 - 18<br><b>Grades:</b> 7 - 12/College Prep<br><b>Enrollment:</b> 107<br><b>Duration:</b> Average 10 - 12 months<br><b>Founded:</b> 1995 |
| <b>NATSAP Member</b><br><b>Since:</b> 1999                                                                                                                                                                                                                                                                                                        |  <p>Spanish Fork</p>                                                                              |
|                                                                                                                                                                                                                                                                                                                                                   | <b>Airport:</b> Salt Lake City, UT (SLC)                                                                                                                                             |

New Haven's school and therapeutic haven facilitates positive change and healing in families struggling with troubled adolescent girls. New Haven offers girls with emotional or behavioral problems a feeling of retreat, a safe place where they can learn empowerment skills and discover their maximum social, emotional and academic potential. We believe that long-lasting change occurs when six areas are addressed: Love, Locus of Control, Family, Selflessness, Values, and Spirituality. We emphasize Family Therapy. We provide girls with the experiences and the structure to learn how to give and receive love and respect. They increase their self-esteem, and take responsibility for choices and consequences, then realign their lives with their individual values systems and spiritual orientation. Parents experience renewed hope and belief in their ability to parent and positively influence their daughter and their other children.

New Haven is for girls ages 12-17 who may experience problems including but not limited to the following: mood disorders such as depression and anxiety, trauma-related issues, drug abuse, manipulation, low motivation, hopelessness, low self-esteem, entitlement, and family relationship difficulties. Also, we commonly treat eating disorders, addiction, ADD, Learning Disabilities, oppositional-defiance, personality disorders and attachment disorders. We do not treat Conduct Disorders, pregnant girls or severe psychosis.

New Haven fulfills its mission through the following: An accredited High School and Jr. High School; close ties to local universities; exceptional client service; reliable and frequent communication with parents, programs and Educational Consultants; medication management supervised by psychiatric staff; rigorous psychological and educational testing; thorough transitional and aftercare services; Masters or Doctorate level therapy (family and individual weekly); Equine-assisted therapy and experiential therapies; and a 1 - 4 direct contact, residential staff-to-student ratio.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; JCAHO: Joint Commission Accreditation; AdvancED/Northwest Accreditation Commission; Student and Exchange Visitor Information System (SEVIS)

**Professional Affiliations:** NATSAP-Full Member