

New Haven

(Residential Treatment Center)

CONTACT

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PROGRAM OUTLINE

Gender: Girls Only
Ages: 12 - 18
Grades: 7 - 12/College Prep
Enrollment: 106
Duration: Average 10 - 12 months
Founded: 1995



Spanish Fork

NATSAP Member
Since: 1999



Airport: Salt Lake City, UT (SLC)

New Haven excels in providing a therapeutic safe haven and school to facilitate healing in families. Adolescent girls and their parents have experienced significant emotional and behavioral problems which require New Haven's sophisticated clinical setting. Healing and positive change is provided through a structure of individual, family, and group therapies along with psychiatric care. Each of our 7 homes (on 3 campuses) has a sophisticated treatment team made up of the caregivers that work in that home- therapists, recreation therapist, residential supervisors, education, nursing and clinical administration. The long-lasting positive change families experience is based upon a systemic/family focus transformation through New Haven's Values Program- Family, Love, Locus of Control, Selflessness, Spirituality, and Values. Our students and families need trauma focused care and healing which typically are associated with a number of other occurring challenges such as mood disorders (i.e., depression, anxiety), parent-child conflict, PTSD, self-harm, school refusal, low motivation, hopelessness, low self-esteem, and entitlement. We also commonly treat eating disorders, addictions, ADD/ADHD, Learning Disabilities/Challenges, opposition-defiant disorder, personality disorders and attachment disorders. Parent involvement is required.

Our Academics is progressive addressing specific needs of students who are experiencing Learning Challenges, twice-exceptional and gifted, or are in the mainstream of learning. Special Education services provide the learning strategies needed for each student to be successful academically. Education is provided in a classroom setting with full-time teachers. We provide opportunities for team-based sports, exercise, nutrition, dietician, and fitness.

New Haven is an industry leader in research outcomes to be used in assessment and treatment intervention planning. We engage families in research for two years post-graduation.

Hobble Creek is our newest campus addition located in a serene, mountain setting where students who need an intimate, small home setting for enhanced healing supported by increased individualized attention by masters level therapists, artistic and mind-body based healing strategies, and an adventure program to facilitate empowerment and confidence.

Individual Psychotherapy Available: Yes

Accreditation, Licensure: State of Utah, Office of Licensing, Department of Human Services; Joint Commission Accreditation (JCAHO); AdvancEd Accreditation; Student and Exchange Visitor Information System (SEVIS); Association of Children's Residential Centers (ACRC)

Professional Affiliations: NATSAP-Full Member; NATSAP Research Designated Program (RDP)